'DWTS' Contestant Antonio Sabato Jr. and Partner Cheryl Burke Are "Still Going Strong"





Ву

Sarah Batcheller

Antonio Sabato Jr. and Cheryl Burke are revving up their engines for Halloween week on *Dancing with the Stars*! Even though last week's Salsa earned Sabato some blunt feedback from the judges, who referred to his dancing as "stiff," the soap opera veteran is taking the constructive criticism in stride and using it to improve as he prepares to do the Viennese Waltz on tonight's show. The saucy duo also promises a group dance that will blow audiences away. As for Sabato's other show *Fix it and Finish It*, the crew is migrating to

Cleveland to take on their next task. Check out our <u>celebrity</u> interview with the actor below!

Antonio Sabato Jr. Talks Group Dance in Celebrity Interview

We were so happy to see you back with Cheryl last week, and your Salsa was our favorite dance yet! How did it compare to your previous dances for you?

ASJ: Well, being back with my partner and working with her was great. Being away from her made me miss her and reminded me of how great a teacher she is. Getting back together made it better after being apart. Now, we just want to keep dancing stronger and better. Every week, we put a lot of time and effort into the show and our dancing. It's been almost two months of hard work, but we're still going strong.

Related Link: Antonio Sabato Jr. on His 'DWTS' Journey So Far: "I Have a Passion with Everything I Do"

How did Cheryl's dad's health scare bring the two of you closer?

ASJ: My family and I are behind her and will support her whenever she needs it. No show is more important than family, so I was willing to do whatever it took to make sure she got whatever she needed.

We'd love to talk a bit about your storytelling process. Do you help Cheryl come up with the concept for each dance?

ASJ: No, it's all Cheryl. I'm not much involved in that. I get the routine from her, and we go step-by-step. It's all on Cheryl.

What about the costumes? Do you have any say in what you wear?

ASJ: That's all Cheryl again! She comes up with the costume, and we work with a designer. She lets me add in my opinion, but all the creative is Cheryl and the designer.

Related Link: 'DWTS' Pro Tony Dovolani on Betsey Johnson: "She's Never Felt Pretty in Her Life"

Julianne Hough commented that it's obvious you take to heart the judges' comments and apply them the following week. So how will you keep in mind their feedback as you rehearse this week?

ASJ: I'm focusing on improving my lines, footwork, and posture. There are so many notes to keep track of and to improve on each week. I have no background in dance, so it's important for me to take what the judges and Cheryl give me and apply it to the dance. It's extremely difficult work but very rewarding at the end!

Tonight is the group dance, and you have an awesome team! What have rehearsals been like so far? Anything you can reveal about your dance?

ASJ: They've been good. We work really well together and have the whole routine down. It's tough because we all have to be in sync and have our own dance to do as well. Plus, it's a complicated routine. We don't have a lot of hours to work on it as a team, so when we do, we have to focus and get down to business as soon as possible.

And finally, what's next with the Fix It and Finish It crew?

ASJ: We get to Cleveland this week to start production, and I'm looking forward to it!

Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Watch him on Dancing with the Stars on Mondays on ABC at 8/7c!

Antonio Sabato Jr. on His 'DWTS' Journey So Far: "I Have a Passion with Everything I Do"





By <u>S</u>

<u>arah Batcheller</u>

Impressed doesn't even begin to sum up the fan's opinion of Antonio Sabato Jr.'s Bollywood performance during partner switch-up week on ABC's *Dancing with the Stars*. While viewers missed his dynamic dancing with partner Cheryl Burke, he and Allison Holker really turned up the heat with kicks, jumps, and stunts. Much to Sabato's pleasure, judge Julianne

Hough noted his passion and said he was "most improved." Find out more from the Fix It and Finish It host in our exclusive celebrity interview below!

Exclusive Celebrity Interview with Antonio Sabato Jr. About 'DWTS

What was running through your mind when you found out you were dancing Bollywood?

ASJ: Excitement! I was very excited because I love Bollywood. I knew it would be fun and was very happy to get to do it.

Allison mentioned how high energy this dance is. Was it harder to learn than past dances because of the quick pace?

ASJ: In some ways, it was, and in some ways, it wasn't. The good thing is that I felt really comfortable in it from the beginning. Actually, I'm feeling more comfortable with dancing as a whole. Some weeks, it's hard, and some weeks are easier, but I love all the challenges. I think I had more fun learning Bollywood because it's a happy kind of dance, and that made it a fun challenge.

Related Link: 'DWTS' Star Antontio Sabato Jr. on Switch-Up
Partner Allison Holker: "I Couldn't Ask For Anyone Better!"

How did your chemistry with Allison compare to it with Cheryl? Did you agree with the judges when they noted the disconnect between the two of you?

ASJ: It's about the dance and what we tried to do. There's a chemistry when you dance with a great partner, and it worked with Allison as well as Cheryl. They're both amazing dancers, and I'm fortunate to dance with Cheryl and to work with Allison. I've never danced before, so I'm learning as a student and come in with no expertise.

No, I didn't agree with the judges. That was their opinion as judges. I know that I had a great time in the dance. They are supposed to judge, and it didn't take away from what we did on the floor.

We love that Julianne commented on how passionate you are each week — that had to feel good! Where does that passion come from?

ASJ: I have a passion with everything I do. When I do something, I want to do it the best I can. I take pride in the life I have and the choices I make. I'm blessed to be on a show like *DWTS*. I guess the passion is in my blood — the passion to work hard on something. I'm Italian, and we are a very passionate people.

Julianne also called you "most improved" on *Good Morning*America last week. We'd love to know your thoughts on this sweet comment!

ASJ: HUGE compliment coming from her. I totally respect her as a dancer, a performer, and now a judge. As soon as I see her, I will thank her and let her know how grateful I am for what she said.

What was it like watching Cheryl dance with Alfonso Ribeiro? Any jealousy?

ASJ: Nah, I was happy for both of them. They were so good. Alfonso has been dancing his entire life, and I've been looking forward to watching people that know how to dance get to dance. It's so fun to watch. I was very supportive of both of them, especially Cheryl.

Is there anything you learned from Allison that you'll be using during training this week?

ASJ: I'm learning so much from every dance I do, and I enjoy every different move and song. I learned with Bollywood to

relax even more and to have more fun. I've learned to pay attention to every step and to loosen up. That's what I'm going to take with me this week as I do the Salsa with Cheryl.

Related Link: 'DWTS' Pro Tony Dovolani on Betsey Johnson: "She's Never Felt Pretty in Her Life"

When we first spoke with you, you mentioned your family would be in the audience each week. What sort of feedback have they been giving you?

ASJ: My family is being very supportive of me. They love the show; they love to dance; and they love to get to see me dance. We're always there together, and it's a blessing. They love it. All my friends come and see me and support me, and it makes it so special.

Lastly, you're still shooting *Fix It and Finish It* while you're competing. How is Louisville?

ASJ: We had our last shoot there on Friday, and now, our crew moves to Cleveland. I really love the city a lot, and hopefully, I can run into LeBron!

Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Watch him on Dancing with the Stars on Mondays on ABC at 8/7c!

'DWTS' Star Antontio Sabato Jr. on Switch-Up Partner Allison Holker: "I Couldn't

Ask For Anyone Better!"





Sarah Batcheller

Antonio Sabato Jr. is still impressing fans with what seems like natural-born talent on *Dancing with the Stars*. Last week, judge Carrie Ann Inaba called him "the heartthrob of the season" after he performed the Samba with partner Cheryl Burke. He also won over the audience by dedicating the performance to his mother and paying tribute to the year his family came to the United States. This week bares new possibility, as Sabato and the other contestants switch partners. The *General Hospital* actor is looking forward to dancing Bollywood with new pro Allison Holker — read our celebrity interview below to find out more about their training!

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How did learning the Samba compare to the other dances you've

done this season? Do you have a favorite so far?

ASJ: They're different in technique, but to me, they're all new, so they're all challenging. They are a lot of fun and having Cheryl teach me has made the challenge that much more enjoyable. Right now, I don't have a favorite one. So far, each one has been unique in its own way — it's hard to say!

Related Link: 'DWTS' Star Antonio Sabato Jr. on Dancing with His Wife: "It Will Be So Special for Us Both"

We love that you dedicated this week's dance to your mom. Anything you can share about the support she's given you during *DWTS* so far?

ASJ: My mom comes from the dancing world, so her guidance has been invaluable. She advises me on how to relax more and gives me tips for my posture. She's been amazing, explaining to me how to attack a dance through feeling the music and through your body. Those things have been very helpful, and I am so indebted to her for her support.

How did it feel when Carrie Ann called you "the heartthrob of the season"?

ASJ: Hey! I was flattered. Anything coming from the judges is helpful and very kind. I take it as compliment from her, as beautiful as she is.

You looked a bit disappointed when the judges shared their scores. What were you thinking in that moment?

ASJ: Obviously, you want to earn the highest score possible, but honestly, that's not what my reaction was about. The disappointment wasn't related to the scores but for my own mistake in the dance. You probably wouldn't see it on TV. I knew it, and Cheryl knew it, but I didn't want to let it get to me.

Related Link: 'DWTS' Star Antonio Sabato Jr. on His First

Antonio Sabato Jr. on Bollywood Dance in Celebrity Interview

Tonight is the switch-up. We know you were disappointed to leave Cheryl for a week! What can you tell us about training last week?

ASJ: I've been paired with Allison Holker, and we're doing Bollywood, which is full of color. I'm not wearing any shoes, completely barefoot. We're working really hard, putting the hours in to make it as fun for everyone else as it will be for us.

I've known Allison and her husband, and she's another person I can learn from. I'll take what I learn back to Cheryl and continue to grow. I couldn't ask for anyone better, but I do miss Cheryl.

And lastly, what's been going on this week with Fix It and Finish It? Where are you currently filming?

ASJ: We're still in Louisville, a beautiful town with beautiful people and projects. We just finished up three projects this week, and we have three next week. Then, we're off to Cleveland.

Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Watch him on Dancing with the Stars on Mondays on ABC at 8/7c!

'DWTS' Pro Tony Dovolani on Betsey Johnson: "She's Never Felt Pretty in Her Life"





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Sarah Batcheller

Tony Dovolani has been a professional dancer on ABC's hit show Dancing with the Stars since season 2, and he finally won the coveted mirror ball trophy when he was paired with Melissa Rycroft during season 15. This year, he was partnered with fashion designer Betsey Johnson, and they were a fan favorite to say the least. Beginning the season with the notorious boa mishap, the pair climbed the rankings and became an exquisitely entertaining team for audiences to watch. Sadly, Dovolani and Johnson were eliminated during week four. Still, the pro is in high spirits as he gushes about his strong

relationship with Johnson and his beautiful family in our exclusive celebrity interview.

Exclusive Celebrity Interview with 'DWTS' Pro

The DWTS veteran says that what keeps him coming back to the show every season is his love for teaching, his passion for fitness, and his desire to live a happy life. His partnership with Johnson is proof of these wholesome intentions. He fondly recalls asking her about the most important thing that she learned from him, and her answer was, "The love for people you have." According to Dovolani, she added, "You don't just care about my dancing; you care about my well-being, and you want me to go on to live a good and healthy life." As if it weren't difficult enough for us to deal with their elimination already!

Related Link: 'DWTS' Pro Tony Dovolani on His Marriage: "My Wife is My Queen"

Dovolani took the chivalry up a notch by designing Johnson's dresses and picking out her hair and makeup each week. The fashion legend expressed to him that "she's never felt pretty in her life. I thought, 'That's so sad.' Here is somebody who has made so many people feel so beautiful for so many years," he explains. "I wanted to give it back to her, and I was honored and humbled to be given that opportunity. I wanted to make her the center of attention instead of her always making other people the center of attention!"

The fitness guru says that what was most unique about their relationship, that's never been true with any of his previous teammates, is that Johnson had more to offer than what meets the eye. He was able to "get to her" and show America who she really is. "If I could describe her in one word, it would be

joyful," he added.

Dovolani was surprised when the pair was eliminated, especially given that his golden gal showed such an improvement. "I don't know what happened; I think people thought we were safe," he admits. "But we had a glorious, glorious journey each week."

Tony Dovolani Talks Celebrity Marriage

The pro dancer's loving nature extends to his home life as well. He happily boasts that he and his wife Lina dance together often. She even takes dance lessons at his studio in Connecticut. "I don't teach her though — if I did, she wouldn't be my wife anymore!" he says with a laugh. When it comes to being active with his three children, they especially love using the giant trampoline that he built for them in their backyard.

Related Link: 'DWTS' Star Antonio Sabato Jr. on Dancing with His Wife: "It Will Be So Special for Us Both"

To keep the spark alive in his <u>celebrity</u> <u>marriage</u>, Dovolani recognizes the importance of taking time away from bills and other responsibilities. It could be going to the movies or taking a simple walk in the park, but he believes you need that opportunity to connect with one another. "Take time to celebrate each other and see how your partner is doing," he advises in our exclusive celebrity interview.

Given his passionate attitude, it's no surprise that he gushes about how wonderful his relationship is. "I couldn't even imagine not being married," he shares. "When I look at the way my wife takes care of the kids, the house, and me, I think she's a more powerful woman than any man could ever be. Lina

gives me strength; she gives me confidence; she gives me everything."

You can keep up with Tony on Twitter @TonyDovolani. Tune in for Dancing with the Stars on Mondays on ABC at 8/7c!

'DWTS' Star Antonio Sabato Jr. on Dancing with His Wife: "It Will Be So Special For Us Both"





Dancing with the Stars duo Antonio Sabato Jr. and Cheryl Burke have stopped at nothing to climb to the top tier of dancers on this season of the hit ABC show. The former soap opera star attributes their success so far to his partner's excellent teaching ability. Although they ended up in jeopardy at the start of last week's show, their performance during week three — a flirty Foxtrot — solidified their status as worthy competition to the other pairs. Meanwhile, Sabato's DIY show, Fix It and Finish It, has brought the two to Louisville, Kentucky, to rehearse for this week's sultry Samba. Luckily, in this week's celebrity interview, we were still able to catch up with the star and get the lowdown on last week's episode and his hectic schedule! Plus, we asked him about his celebrity marriage to wife Cheryl.

Celebrity Interview with 'DWTS' Pro

What was your first thought when you found out you were in jeopardy on last Monday night? Was it harder to focus on the Foxtrot knowing it might be your final dance?

ASJ: No, my mind was actually just focused on the dance, and I didn't let it affect me. When I get put in that position, I take it as I go in order to be positive for the dance. I concentrate on what's coming up and don't worry about anything else.

During training last week, you said the most important thing to you is having fun. So tell us: What's been the most fun part of this experience so far?

ASJ: Having a trainer like Cheryl teaching me all kinds of new dances and just *how* to dance. She's so great at explaining everything to me. I've never danced before and never as much as I do now. She's great at teaching me about different music and different styles of dance.

Related Link: 'DWTS' Star Antonio Sabato Jr. on His First Week: "I Do Everything Cheryl Tells Me To!"

We agree with Erin — we thought this was your best dance yet! How did you feel about the judges' comments and scores?

ASJ: I take the judges' comments back to the training and use it to motivate me to do better next week. They know what they are doing, and I don't let it ruin my night. I take it as advice and move on.

Anything you can reveal about this week's dance? Have you changed anything about your approach during rehearsals?

ASJ: There's nothing I can say about this week, but be sure to watch! My approach has been to work as hard as I can doing my two jobs at the same time: Fix It and Finish It and DWTS. I only get a limited amount of time to rehearse, which has allowed me to focus. I'm used to getting into the hectic schedule of traveling from Los Angeles to cities like Louisville, where I am now, along with the daily schedule of hours of training.

Antonio Sabato Jr. Opens Up About Celebrity Marriage

In our first interview, you mentioned using your newly acquired dancing skills with your wife Cheryl. Have you practiced any of your moves with her yet?

ASJ: Not yet, because I haven't been home. As soon as we're done each Monday, I'm off to shoot *Fix It and Finish It*. When we have the time, we will have our dance, and it will be so special for us both.

Related Link: 'DWTS' Contestant Antonio Sabato Jr. Reveals His First Dance: The Cha-Cha!

As always, we want to check-in and see how *Fix It and Finish It* is going. Do you have a favorite episode or moment during this season so far?

ASJ: There are just so many to mention because we've done 61 shows and not one is better than another. All the people and families we help are so giving and happy when the job is done. I have to say that all 61 episodes thus far are my favorite!

Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Watch him on Dancing with the Stars on Mondays on ABC at 8/7c!

'DWTS' Star Antonio Sabato Jr. on His First Week: "I Do Everything Cheryl Tells Me To!"





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rview by Lori Bizzoco. Written by Shannon Seibert.

It looks like Jagger has some moves! Last Monday, Antonio Sabato Jr. captivated the audience with his first dance on ABC's hit show Dancing With the Stars. The former General Hospital star kicked off season 19 with a fiery Cha-Cha. Sabato and partner Cheryl Burke were criticized by the judges for his lack of "hip action" and scored a lackluster 25 out of 40. In our celebrity interview, we asked him a few questions about his first week on the dance floor as well as his new home improvement series Fix It or Finish It.

Related Link: 'DWTS' Contestant Antonio Sabato Jr. Reveals His First Dance: The Cha-Cha!

Celebrity Interview: Antonio Sabato Jr. Opens Up About His First Dance on *DWTS*

How did you feel about your Cha-Cha and about being the first one to go out on the floor?

ASJ: I thought it went well. When you're out there in front of an audience, the energy is amazing. You can't help but turn the perfomanace up a notch. Going first is challenging — it's all over before you know it!

We hear you are doing the Rumba on tonight's show. What techniques or strategies are you and Cheryl working on to help you loosen up a little more? The chemistry is great, so that's an amazing start!

ASJ: I'm just trying to relax and be in the moment and let the steps come naturally. I do everything that Cheryl tells me to!

Related Link: 'DWTS' Pro Tony Dovolani on His Marriage: "My Wife is My Queen"

We see that you visited Mario Lopez the other day. Did he give you any tips or secrets based on his experience on DWTS?

ASJ: No secrets - he just told me to have fun.



Antonio Sabato Jr. filming for 'Fix It or Finish It.' Photo: Bellum Entertainment / Andrew Doyle

Lastly, how are things going with Fix It and Finish It?

ASJ: Fantastically! The ratings have been really good, and we just found out that Rive Gauche has picked up the show to sell it internationally. It's a great experience, and I love that I get to help people every single day.

Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Watch the actor on Dancing with the Stars on Mondays on ABC at 8/7c!

Celebrity Interview: 'DWTS' Contestant Antonio Sabato Jr. Says His First Dance is The Cha-Cha!





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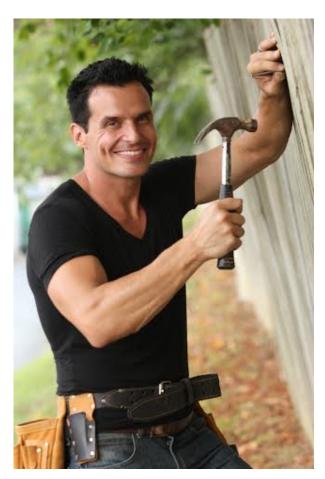
rview by Lori Bizzoco. Written by Sarah Batcheller.

Hailing from Rome, Italy, Antonio Sabato Jr. first grabbed America's attention as an underwear model for Calvin Klein before playing Jagger Cates on the popular soap opera *General Hospital*. Now, he's impressing us with even more talent, as he takes on two new roles: DIY expert on *Fix It and Finish It* and contestant on season 19 of *Dancing With the Stars (DWTS)*. The busy father of two found some time to chat with us as he enthusiastically tackles both endeavors while on the road!

Antonio Sabato Jr. Talks Current Projects in Celebrity Interview

In our celebrity interview, the TV host says that taking on two projects at once is something he can definitely handle, and he clearly intends to succeed at both, stating, "Challenges are something that I love confronting face on — and Fix It and Finish It is a huge challenge! We're doing 150 shows in a year across the country; it's a lot of renovations,

demolitions, and things like that." His wife Cheryl will be helping with the building projects as well.



Antonio Sabato Jr. on 'Fix It and Finish It.' Photo courtesy of Bellum Entertainment / Photographer: Andrew Doyle

Then, Sabato got the call to do *DWTS*, which he describes as a "blessing." The family man didn't originally intend to put his dancing shoes on though. "My first thought was that I couldn't do it. It's up to my producers and my team because *Fix It and Finish It* was my main priority. They all worked it out, and now, we have a busy, seven-day schedule each week," he explains. "*DWTS* is something that I considered for a long time. My fans and my family are so happy that I'm doing it." His daughter, who will be in the audience each week with his wife and other kids, is especially excited about the show,

being that she is the real dancer of the celebrity family.

Related Link: Brooke Burke-Charvet Says 'Dancing With the Stars' is "Unpredictable and Evenly-Matched"

Reality TV Star Opens Up About *DWTS* and Celebrity Marriage

Sabato says that his greatest sources of support are his "two Cheryls," one being his wife and the other being his DWTS partner, Cheryl Burke. Of his <u>celebrity marriage</u>, he says, "I can't wait to dance with my wife! I'm definitely picking up some stuff, and hopefully, I'll be somewhat of a dancer relatively soon. Then, I can take those moves and have a nice time with her." We can't wait to see more of this celebrity relationship on both of Sabato's shows!

When it comes to Burke, he shares, "When they asked me who I wanted to dance with, I said Cheryl — and I got her! She's everything that I need and then some. She's tough and kind. I like to push myself, and she just pushes me to another level."



Antonio Sabato Jr. on 'Fix It and Finish It.' Photo courtesy of Bellum Entertainment / Photographer: Andrew Doyle

It's clear that the actor believes life is about embracing new experiences. "It's about taking chances, trying new things. I don't like to follow the herd. I do whatever I feel like doing," the reality TV star says in our celebrity interview. "I feel like doing things that come my way, and I just take it one day at a time. DWTS is another opportunity to do something that is quite amazing, actually, in such short amount of time. You can't refuse that!"

Related Link: <u>'DWTS' Pro Tony Dovolani on His Marriage: "My</u> Wife is My Queen"

As for his first dance, he reveals that he'll be doing the Cha-Cha on tonight's episode. "I'm looking forward to learning

any dance since I don't have any dancing background. We've been rehearsing for about a week and a half now," he explains. "What a challenge — it's mental, physical, and emotional. But you have to make life interesting!"

It's no surprise that his longtime fans are a great source of encouragement. He knows that he's "still Jagger to them" and gushes, "It's incredible. They keep everything going. They supported me from day one. They're still supporting me now. Doing *DWTS* is for them as well. I have the best fans in the world."

You can keep up with Antonio on www.facebook.com/Antonio-Sabato-Jr-38146293272/. Don't forget to tune in to Fix It and Finish It each weekday — check local listings for times and stations in your area. You can also catch him on Dancing With the Stars, which premieres on ABC on Monday, September 15th at 8/7c!

'Bachelor in Paradise' Reality TV Star Michelle Money on Relationship and Love with Cody Sattler





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rview by Lori Bizzoco. Written by Sarah Batcheller.

If you've been watching *Bachelor in Paradise*, you've most likely declared Michelle Money as your spirit animal by now. The witty, warm-hearted Utah native originally appeared on Brad Womack's season of *The Bachelor* and later on *Bachelor Pad 2*. Now, in paradise, this single celebrity mom has swept away audiences with her humor and impeccable style (we mean *impeccable*). On the show, she's the resident beauty guru, getting the girls beautified for their dates. At home, Money is mother to nine-year-old Brielle and works as a hair stylist while filming her YouTube show, MMandL.

Michelle Money Talks About Looking for a Relationship and Love on Reality TV Again

This Salt Lake City lady was determined to find a relationship and love this time around, even though she was initially apprehensive. But true to her fearless form, Double-M decided to take the leap, affirming, "When they approached me with the

show, I was pretty skeptical about going back on television for a third time, but they presented the format to me as being a lot more realistic in terms of finding a relationship." Money also admits, "After going on *The Bachelor*, it was appealing to me to find someone who has had the same experiences that come with reality TV, like being recognized in public and having to deal with the editing."

Related Link: 'Bachelor in Paradise' Drama: AshLee Frazier
Says She Wishes She Could Take Back Quarrel With Clare
Crawley

When it comes to love, fans still swoon over the heartwarming relationship between Money and Bachelor Pad 2 teammate and exboyfriend Graham Bunn, hoping that "MoneyBunn's" love will prevail. However, the BIP fan favorite insists that their relationship is based on a special bond between friends. "We've been through a lot of unique experiences with each other that brought us closer, and it kind of just evolved from that," she explains in our celebrity interview. "It's hard for people to wrap their heads around it because they see how much we love and care about each other, but we just aren't compatible in a romantic/long-term relationship/marriage way."



Cody Sattler and Michelle Money. Photo courtesy of Michelle Money's Instagram.

Having your BFF by your side for six weeks is definitely helpful when you're navigating the unpredictable waters of paradise. In fact, Bunn's right-hand girl had his back when news came out that his new boo AshLee Frazier had been badmouthing castmate, Clare Crawley. Money was also at Bunn's side when he got sick and had to excuse himself from the rose ceremony. Money admits that she initially thought Frazier would be a great catch for her ex. "AshLee is a sweet woman," she said, "She was kind to me, and she was kind to everyone. There's a lot of really sweet things she did for everyone that you don't get to see."

But her mind started shifting when she realized that there was another side to the personal organizer. "It was very obvious that when the cameras were on, it was a different version of AshLee," she says. "AshLee had two different personalities. And knowing Graham the way I know him, that's not something he's interested in." The single mom goes on to explain the type of guy her ex is by saying, "Graham is very compassionate and soft, and he should be with someone who's consistent, who's always who they are. It became clear that AshLee wasn't that girl."

Related Link: <u>'Bachelor in Paradise' Contestant Jesse Kovacs</u>
Denies Threesome: 'I Fell Asleep"

Protecting her ex and friend Crawley was just the start, the Utah native became a real heroine on the show when she went out of her way to confront Jesse Kovacs about treating Christy Hansen in a less-than-gentlemanly fashion and dishing that he'd hooked up with multiple girls. "For all the women in America," Money said encouraging Hansen to stand up to Kovacs and herself when he decided to leave the show ahead of time, realizing he wouldn't be getting a rose. "We have all experienced someone like Jesse in our lives, who makes you feel degraded or disrespected," Money says. "Sometimes, you want to brush it off, but that just enables them to continue their behavior, and I'm not down with that." Money knew that Christy had been through a lot in previous relationships and lost her self-respect. "People will treat you the way you let them treat you," she adds. "Christy's an amazing woman, but the longer she keeps letting guys treat her that way, the longer it will continue to happen. She needed to know her feelings were valid and what happened wasn't her fault."



Cody Sattler and Michelle Money. Photo courtesy of Michelle Money's Instagram.

Single Celebrity Mom Opens Up About New Boyfriend Cody Sattler

But while the hair stylist was putting her energy into helping her friends and fancying them up for their dates, an unexpected Cody Sattler arrived on the beach, and the SLC sweetheart finally got to have something of her own to talk about. Sattler, 28, who appeared on Andi Dorfman's season of The Bachelorette, tore into Tulum and swept Money right off her feet. Their blossoming relationship and love changed everything for her. "Coming out of the experience with Robert and feeling pretty rejected and sorry for myself and then having this guy come in who was full-throttle was a total contrast of emotions pretty quickly," she said. "I wondered if he was being serious, being real, and really meant what he was saying to me. But after talking to Graham, my girlfriends, and the producers, everyone agreed that he was genuine."

Money tells us that one thing we don't get to see on the show is how genuinely interested and compassionate Sattler is in the fact that she's a mom and has a daughter. "He loves talking about her and asked me a lot of questions," she says. "That's not easy to find."

Money has not yet confirmed whether the two are still dating and if he's relocated from Chicago to Utah, as many rumors claim, but the happiness in her voice could be an indication that these lovebirds are ready to fly! So, until next week we're holding on for the final episode of *Bachelor in Paradise* to see where the road will take them!

Michelle and MMandL co-host Laura Armstrong have teamed with Emminent beauty to launch a skincare line that can now be found at TheBeautyDestination.com. You can keep up with Michelle on Twitter @MoneyMichelle. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

'Bachelor in Paradise' Reality TV Star Jesse Kovacs Apologizes: "I Acted Like a No Class D-Bag"





Inte

rview by Lori Bizzoco. Written by Ann Luther.

On this week's episode of *Bachelor in Paradise*, Jesse Kovacs escaped Tulum, Mexico, in his typical controversial fashion. The villainized cast member departed the reality TV show with regrets and without a relationship and love. In all the chaos of his exit — the accusations, the name-calling, the confrontations, *and* the yelling — it was difficult to

understand just what happened in paradise and why. Luckily, we got an exclusive interview with Kovacs and heard his side of the story.

Related Link: <u>'Bachelor in Paradise' Contestant Jesse Kovacs</u>
Denies Threesome: "I Fell Asleep"

Reality TV Star Opens Up About Controversial Celebrity Hook-Up

We all know the magic of television editing can turn anyone's character sour, but Kovacs testifies, "I feel like trying to explain what happened on the episode would be a cop-out. I can't blame anything on editing." He goes on, "There were certain things that were suggested that never happened, but all the statements made by me and others really were said."

In his last moments on camera, Kovacs was accosted in his exit car by three heated women: Christy Hansen, Michelle Money, and Lacy Faddoul. The scene was intense. "I have no idea why they were upset after I left." The San Diego native added, "I never wanted a drama-filled confrontation. I just wanted to leave."

But we all know what he said in front of and outside of the confessional camera. After the show, the winemaker told us that he "never had the intention of being disrespectful," but then he conceded, "I made some pretty stupid statements about Christy, and I feel horrible." The 32-year-old admits that he called Hansen and apologized. "I acted like a dick, and Christy wanted to let me know." He also "hashed it out" with Money post-show.

The style in which Kovacs went out was by no means gentlemanly, but he defends his actions. "I left as soon as I felt like my time was up. No connection was happening, and I didn't want to waste any one's time. And I know people probably think I already wasted every one's time, but

everything happened so fast." He must have done something right, though, because he says he still talks to most of the guys. Plus, "Lucy [Aragon] and Michelle are still friends...I think."

Related Link: Jesse Kovacs on 'Bachelor in Paradise'
Controversy: "Guy Talk Isn't Always Meant to be Shared"

The whole ordeal surrounding his celebrity hook-up was a lot to handle, but reflection brings both perspective and clarity. Kovacs wants everyone, especially his parents, to know that he's sorry. In a statement to us, he explains: "To my Mom and Dad, I'm sorry you had to sit through that, and please stay off my Twitter for a while. I acted like a no class d-bag, and although all the things being said about me aren't true, they are well-deserved."

We look forward to what comes next for Jesse Kovacs, the Liquid Lounge co-owner, reality TV star, and self-proclaimed d-bag!

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

'Bachelor in Paradise' Contestant Jesse Kovacs Denies Threesome: "I Fell

Asleep"





Βv

Ann Luther

After this week's episodes of *Bachelor in Paradise*, you'd think the show was set in the Bermuda Triangle instead of Mexico. The scrumptiously scandalous moments were centered around none other than Jesse Kovacs, who arrived on Monday night's episode and was swept away on not one but *three* dates with beautiful ladies on the show: Jackie Parr (from Sean Lowe's season), Christy Hansen (from Juan Pablo Galavis's season), and Lucy Aragon (also from Galavis's season).

Related Link: <u>Jesse Kovacs on 'Bachelor in Paradise'</u> <u>Controversy: "Guy Talk Isn't Always Meant to be Shared"</u>

Jesse Kovacs Talks About Celebrity Flings on *Bachelor in Paradise*

It's easy to see why these women were drawn to the handsome newcomer, but Kovacs thinks it was more than just an instant attraction. "I don't feel like the girls were smitten. I think I was open-minded and didn't act as if I was unavailable," he shares in our exclusive celebrity interview. "Plus, both Christy and Lucy asked other guys on dates. I may have been the last option."

Smitten or not, the bachelorettes asked Jesse Kovacs for his company, and he said yes every time. "As far as attraction goes, I thought Jackie was hot. Christy and I had fun on our date too," the reality TV star explains. "I'm all about meeting new people and experiencing new places, and that's what I tried to do." He added about the often nude Aragon: "I actually didn't want to go on the date with Lucy at first. I was exhausted and had been sick, so I didn't think I had the energy. Ultimately, we had a blast, and I'm glad I hung out with her."

Hung out he did— with both women. There was a gasp-inducing, extremely suggestive scene depicting Aragon joining Kovacs and Hansen in a rather intimate setting. Rumors of a threesome surged the Internet as quickly as you can say "o-m-g!" However, the California winemaker insists, "There was no threesome. I fell asleep."

At the end of Tuesday's *Bachelor in Paradise* episode, he gave the rose to Hansen — but don't expect the pair to be as lovey dovey as some of the other couples by next week's show. "I literally was only there a couple days, and it's ridiculous to think you can just fall for someone in such a short time," he says of their brief celebrity fling.

Related Link: 'Bachelor in Paradise' Drama: AshLee Frazier

Says She Wishes She Could Take Back Quarrel With Clare Crawley

The blue-eyed co-owner of Liquid Lounge in downtown San Diego will be gracing our television screens for at least another week. Apparently, there may be even more drama to come for poor Jesse Kovacs. He lets us in on what those teasing trailers may have left out for our gossip-hungry pleasure: "I'm not sure they will show this, but I get confronted by a few castmates. Basically, they wanted to tell me how much of a coward I was. Not sure that makes any sense — it didn't to me." We shall see...

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Jesse Kovacs on 'Bachelor in Paradise' Controversy: "Guy Talk Isn't Always Meant to Be Shared"





Inte

rview by Lori Bizzoco. Written by Shannon Seibert.

Fans recognize Jesse Kovacs from season five of *The Bachelorette*, where he fought for Jillian Harris's heart, and season one of *Bachelor Pad*, where he caused drama with exgirlfriend Elizabeth Kitt. Now, he is standing at another rose ceremony, waiting to see if he will get a rose on *Bachelor in Paradise* tonight. "It's funny because, during this rose ceremony, I was sick as hell. I don't think they show it, but I was off in the jungle puking my brains out," Kovacs tells us in our celebrity interview. "So I wasn't even concerned about getting a rose."

Related Link: Former 'Bachelor Pad' Exes Elizabeth Kitt and Jesse Kovacs Offer Advice on Dating and Love

Jesse Kovacs Talks About Return to Reality TV for *Bachelor in Paradise*

Arriving in Tulum, Mexico this week, his first date was with Jackie Parr (Sean Lowe's season). He knew nothing about the format of the show; he did, however, know that it was worth it

if finding relationship and love was a possibility. "It's all about the experience for me," he shares. "If you're openminded, you can meet someone anywhere. It doesn't matter if it's on reality TV or if you're in the coffee shop, at a bar, or at the post office."

What wasn't aired is that Robert Graham pulled him aside and gave him a brief rundown of the situation. "I did know that Marquel and Jackie went on a date but still felt confident that she would want to go on a date," he confirms. He also says that everyone was super nice and inclusive. "Graham Bunn and I pretty much hung out the entire time," he adds.

When the winemaker first got to the island, he had three or four days of date after date after date and then a rose ceremony, leaving him with little free time to get to know any of the guys except for his roommates. "I'm talking with the guys in my hut as if I were talking to any of my buddies about a girl I was seeing, totally not realizing that there were microphones in the ceiling," he reveals. "Certain things were relayed back to the girls — and of course, guy talk isn't always meant to be shared."

Related Link: <u>'Bachelorette' Star Marcus Grodd Is Engaged to</u> 'Bachelor in Paradise' Costar

Teasing his storyline further, he admits that something happens that leads to tension between him and one of the guys. Plus, he gets mixed up in a big misunderstanding that causes him to head home early. "That will all come out later," he assures us. He says that he looked like the bad guy, although he was telling the truth about what happened.

Despite everything, Kovacs doesn't have any regrets and speaks highly of his experience. "It is what it is. Realistically, I should've known better." Given he walked into a similar storm between AshLee and Clare, we had to get his opinion on the situation with the ladies. "I definitely feel like AshLee is

always concerned about how she will be portrayed," the reality TV star says. "Her edit or cut was the most important thing to her. I noticed this right away."

His Recent Relationship and Love Life

He may not have found a relationship and love on *Bachelor in Paradise*, but we do know is that he had a serious girlfriend since viewers last saw him on *Bachelor Pad*. "She was in San Diego, and I was living in Los Angeles. We spent every weekend together — we'd go to the beach, and I'd bring a bottle of wine," he candidly shares. "We moved in together, started a business, and then split up seven months ago."

Outside of the show, Kovacs tells us that he isn't looking to settle down again anytime soon. Instead, he's staying busy with his entrepreneurial endeavors. He recently opened a lounge called Liquid in downtown San Diego, and he's still managing Kovacs Brothers Wine with his brother. "We have some wine that we're probably going to release in early September, and then we're going to be harvesting again," he says of what's next.

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune into Bachelor in Paradise on ABC on Mondays at 8/7c!

'Bachelor in Paradise' Drama:

AshLee Frazier Says She Wishes She Could Take Back Quarrel With Clare Crawley





Вν

Sarah Batcheller

Audiences were left with mouths agape and eyes wide after last night's episode of <u>Bachelor in Paradise</u>. As the competition heightens in Tulum, Mexico, the ladies are baring their claws and bringing some World War III-style drama to the tiki hut. In particular, reality TV star AshLee Frazier has left everyone shuddering in fear…and well, we hate to say we told you so!

Exclusive Celebrity Interview about Bachelor in Paradise Drama

In our <u>exclusive celebrity interview</u> with the Texas native on Aug. 5, Frazier admitted that she stirred the pot in paradise, informing us, "There's a little quarrel that happens with me and another cast member. Unfortunately, I wish it didn't happen, but it did. I wish I could take that part back, for sure." Regardless of the drama, sources tell us that Capital L stays for the entire *BIP* season.

Related Link: 'Bachelor' Contestant AshLee Frazier and Game Inventor Rob Ridgeway Sing for Love at Match.com Event

Clare Crawley, who is currently coupled with Zack Kalter (a contestant from Desiree Hartsock's season of *The Bachelorette*), lashed back at Frazier after finding out that the Houston fashionista was bad-mouthing Crawley to her man. While sharing a hammock, Frazier dished to Kalter about Crawley's rumored sexual rendezvous with Juan Pablo Galavis (from *The Bachelor* Season 18, when Crawley finished as the runner-up) and called her "cuckoo" in an effort to change Kalter's mind about his budding relationship and love with Crawley. She didn't realize until after the damage was done that a hidden camera captured her every word.

Frazier's move may have been less about a vendetta against Crawley (who asked Frazier's *BIP* beau Graham Bunn on a date on the first episode) and more about closing in on Kalter. In our previous interview with Frazier, she stated, "The whole point of going to paradise was to meet Graham. There were no ulterior motives." But a source close to us says that Frazier was good friends with Kalter before going on the show and that she may have had a desire to "team with him" if things didn't work out with Bunn.

Related Link: 'Bachelor in Paradise' Star AshLee Frazier: "My

Goal Was to Know Graham Bunn"

In tonight's episode, audiences will witness what happens after Bunn refuses a rose from Frazier, walks off, and is followed by ex-girlfriend-turned-bestie Michelle Money. What's interesting about this turn of events is that Frazier previously told us that she enjoyed her time with Money and that the single celebrity mom gave Frazier her blessing to go after Bunn.

We haven't seen any developing friendships between Frazier and the other girls, but her closest ally is yet to arrive; Christy Hansen from Juan Pablo's season shows up tonight. "When Christy comes in the house, she is such a doll," Frazier shared. "She and I become really good friends. It's so nice to make a really good friend." We can't wait to see all the new match-ups!

You can keep up with AshLee (and Bachelor in Paradise fashion!) on her fashion blog and Twitter @ashleefrazier. Don't forget to catch her and the rest of the cast on Mondays at 8/7c on ABC. Plus, a special episode airs TONIGHT at 8/7c!

'Bachelor in Paradise' Contestant Chris Bukowski Talks Friendship with Michelle Money and Celebrity

Break-Up from Elise Mosca





Ву

<u>Sarah Batcheller</u> and <u>Whitney Johnson</u>

If you tuned in to the third episode of *Bachelor in Paradise* last night, then you saw a new side of reality TV contestant Chris Bukowski. In an exclusive celebrity interview, CupidsPulse.com had the chance to speak to the Illinois native, and he expressed that this sensitive, softer side of him is more true to form than what was previously portrayed on the small screen, stating, "This is the side that my friends and family see everyday."

Exclusive Celebrity Interview with

Chris Bukowski

Choosing to leave Mexico because of a knee injury, Bukowski asked his new *BIP* love interest Elise Mosca to head home with him. When Mosca accepted, Bukowski gave his final rose to BFF Michelle Money, in order to extend her chance at finding a relationship love on the show. "She [Money] is one of my closest friends in the reality TV world and the real world," the reborn fan-favorite says. "She deserves someone to share her life with, and I want to see that happen for her. She's truly an amazing person, and I wanted to give her the opportunity to find someone amazing for herself."

Related Link: <u>'Bachelor in Paradise' Newcomer Chris Bukowski</u>
Says Dates with Elise Mosca Were "Spectacular"

It's no surprise that the blue-eyed entrepreneur appreciates being portrayed in a more positive light. He's glad that the *Bachelor in Paradise* audience finally saw who he truly is, concluding, "Something that everyone in my life will say about me is that I'm honest. If people were more honest to themselves and to each other, there'd be a lot less bullshit in this world — and on reality TV!"

Bachelor in Paradise Star Talks Celebrity Break-Up

While there's no doubt that fans were surprised to see this version of Bukowski, what everybody really wants to know is how his whirlwind romance with Mosca netted out. Bukowski shares that Mosca stayed in Chicago with him for six days after they left Tulum and that they dated for about a month after that. Unfortunately, though, the two lovebirds couldn't make it work. "I broke it off because we were at two very different points in our lives," the Bracket Room owner admits of their celebrity break-up. "I wasn't confident that Elise

was the right girl for me and didn't want to lead her on to believe anything different."

Sources close to us say that the adorable couple were flown back to Mexico before filming of *Bachelor in Paradise* ended with the intention of updating the rest of the cast (and viewers, of course!) on the status of their relationship and love. They also shared that this scene never played out because the producers wanted Chris Bukowski to propose, but he wasn't ready to.

Related Link: Chris Bukowski Says "Paradise Wasn't Paradise for Me"

Despite their celebrity breakup, the currently-single restaurant owner only has nice things to say about Mosca. "It's tough for me to hear people say she's crazy when she's only crazy about falling in love," he explains. "She's a nice, genuine girl, and I've never heard anyone who knows her say a bad thing about her. She's very caring and will make someone very lucky one day...as long as she lays off the sequin outfits!" he jokes.

Bukowski also encourages *Bachelor in Paradise* fans to "not punish someone for wanting to be loved. All we need is love, and love is actually all around," he says in reference to the movie *Love Actually*. He adds, "I love that movie, by the way!"

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

'Bachelor in Paradise' Newcomer & Reality TV Star Chris Bukowski: "Paradise Wasn't Paradise For Me"





Ву

Sarah Batcheller

We followed-up with *Bachelor in Paradise* contestant Chris Bukowski about his arrival to Tulum, Mexico and the stir he caused on his first night there. For those of you who haven't been watching, the four-time *Bachelor* franchise veteran went on what appeared to be a great date with Clare Crawley and ended the evening with a controversial ocean frolic and a lot of kissing with Elise Mosca. "After the whole makeout session, I don't think Clare and I spoke another word to each other," the reality TV star says in our <u>celebrity interview</u>.

Related Link: <u>'Bachelor in Paradise' Star Chris Bukowski Says</u>

Dates with Elise Mosca Were "Spectacular"

Reality TV Contestant Opens Up About Relationships and Love

Bukowski, a master at making a memorable first impression, arrived with a date card and asked Crawley to spend a day of pampering with him. The heartbreaker left her looking all giddy and happy, despite the warning about him that she got from the others. He confirms, "Clare and I had a great date, and I do regret not pursuing our relationship and love further, but at the time, it seemed like there was no romantic connection there."

The real chemistry he felt on *Bachelor in Paradise* was with Mosca, who had already formed a connection with Dylan Petit. But when asked if it was love at first sight, he says, "I didn't have an instant attraction to Elise. I barely knew who she was. The two girls I was initially considering taking on the date were Clare and Lacy Faddoul."

We all know that there's more to these love triangles than what reality TV reveals. And although the show paints Bukowski as the bad boy, he maintains that he's better than that. "I don't think anyone will ever be happy with editing, but at this point, it's all pretty funny to me. Can't take this stuff too seriously!"

At the end of the episode, he receives a default rose from Mosca (after she was rejected by Petit and gave an awkward speech about what women "deserve" in a partner), but he assures us that what we saw go down on *Bachelor of Paradise* wasn't *that* dramatic. "Dylan and I squashed the whole thing at the rose ceremony, but that wasn't shown," the restaurant owner shares in our celebrity interview.

Celebrity Interview with *Bachelor* in *Paradise* Star

You may have noticed on episode 2 that Bukowski wasn't hanging out with the rest of the cast while Petit took Sarah Herron on a one-on-one date. It turns out that he was further courting his new crush: "I definitely hung out with Elise more than what viewers saw. I actually setup a makeshift date on the beach that wasn't aired."

Related Link: 'Bachelorette' Contestant and Hopeless Romantic Chris Bukowski Wants His "Fairytale Ending"

As much as we love Bukowski for adding some spice to the season, it doesn't look like a good start to "happily ever after" for the *Bachelor in Paradise* newcomer. Although he won't reveal any teasers about next week's episode, he does leave us with this closing thought: "I didn't feel the need to be there any more. Paradise wasn't paradise for me..." According to sources, he'll excuse himself next week and leave paradise.

Back home, Bukowski watched the show with former Bachelor/Bachelorette contestants Jaclyn Swartz, Christy Hansen (who will be arriving in paradise soon), and some other friends.

We can't wait to see what happens next Monday night!

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

'Bachelor In Paradise' Star Chris Bukowski on Celebrity Romance with Elise Mosca: Dates Were "Spectacular"





Inte

rview by <u>Whitney Johnson</u>. Written by <u>Sarah Batcheller</u> and Shannon Seibert.

Bartlett, Illinois native Chris Bukowski was the fourth runner-up on Emily Maynard's season of *The Bachelorette* and was seen as a main competitor on season 3 of the *Bachelor Pad*. Since his initial reality TV appearance, he has molded himself into quite the entrepreneur as the owner of The Bracket Room, a sports bar and lounge in Arlington, Virginia. Earlier this summer though, Bukowski put his business on the back burner and returned to the small screen

with the hope of finding a celebrity romance on *Bachelor in Paradise* (fourth time's a charm, right?).

Chris Bukowski on Looking for Relationship and Love on Reality TV

Related Link: <u>'Bachelorette' Star Marcus Grodd Is Engaged to</u> 'Bachelor in Paradise' Costar

He recently created quite a media frenzy when he "crashed" the premiere episode of Andi Dorfman's season of *The Bachelorette*. We saw on the *Men Tell All* episode that host Chris Harrison wouldn't let Bukowski come to the stage and meet her. "I was totally thrown off-guard when Chris said something to me — I wasn't miked or anything. He kind of bombarded me!" he shares in our exclusive celebrity interview. Still, he says that final pick Josh Murray "seems like a good guy for Andi."

When he got the call for *Bachelor in Paradise*, it was no surprise that he was open to the experience. "The producers approached me about it, and I figured, 'Why not?' I was able to take time off from the restaurant, so it worked out really well in that sense. When you have an opportunity to be on reality TV, it's hard to say no!"

Bukowski shows up on the island in tonight's episode and is immediately surrounded by familiar faces, including AshLee Frazier. Although he and Frazier were friends prior to the show, he says she was too busy with Graham Bunn to spend any time with him. "I knew almost everyone there, which made it a little hard to find a relationship and love. Obviously, if something was going to happen, it would've already."

Related Link: <u>'Bachelor in Paradise' Star AshLee Frazier: "My Goal Was to Know Graham Bunn"</u>

Bachelor in Paradise Celebrity Romance and Fling

Still, that didn't stop him from having a celebrity fling. The restaurant owner had a brief "showmance" with castmate Elise Mosca and gushes that their dates were "simple but at the same time spectacular — not your normal, real world dates." He also states that their celebrity romance is "too good to spoil" for Bachelor in Paradise fans, refusing to share any of the hot details.

Evidently, a happy ending isn't in the cards for this entrepreneur, though. Sources close to us reveal that Bukowski only stays in paradise for two episodes, sending himself home next week. Still, he doesn't blame the show's format for his failure to meet someone special. "I've seen it work on reality TV before, so it was worth a shot. Plus, it's really hard to find a relationship and love in the real world! At the end of the day, I just wanted to have a good time — and I did."

In regard to the Jesse Kovacs drama that audiences are wildly anticipating later this season, the blue-eyed contestant admits, "I'm definitely caught up in some of my own controversy on tonight's episode, but I'm not around when Jesse gets there, so I'm not sure what kind of trouble he got into." Well, now we're awaiting two scandals! Make that three gossip-worthy moments as we watch ousted Michelle Kujawa's love life unravel...

Another source shares that Bukowski and fellow *Bachelor in Paradise* contestant Christy Hansen (who hasn't shown up in Tulum, Mexico yet) became good friends prior to the show after meeting in Chicago. Unfortunately, Hansen arrives in paradise *after* Bukowski is gone, so audiences won't get to see them together. While the hopeless romantic clarifies that they're not dating, he won't confirm whether or not he's

single.

Related Link: New Beginnings for Old Flames on 'Bachelor in Paradise'

Back in the real world, Bukowski maintains his determination to find love, as many of his fans witnessed during his recent search for "Deerfield Abby." The Bachelorette veteran describes how he and fashion blogger Dana Weiss of Possessionista tracked her down: "Dana saw that I posted on Facebook that I was looking for someone in Deerfield, Illinois. Once Dana and I connected, it turned into quite the extensive search and got way bigger than I thought it would. Dana is amazing, and she definitely helped find the Abby I was looking for, but it turns out that Abby has a boyfriend, which is why her friend was so mad about Dana's post. At the end of the day, it was settling to be able to find her even though nothing happened from it — except for now I have about 15 new friends named Abby."

As his time on *Bachelor in Paradise* comes to an end (for now, at least), his business continues to flourish. "We just signed a deal that will open two more Bracket Room's," he says enthusiastically. "We'll have one at Reagan National Airport and Dulles International Airport, both in Washington, DC." He's also launching a cold-pressed juice brand this December in Chicago. "I'm not releasing the name for another couple of weeks though."

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

New Beginnings for Old Flames on 'Bachelor in Paradise'





Ву

Shannon Seibert

We've seen them fight for love, fall in love, and lose love. But the game has changed again! A number of beloved alumni from *The Bachelor* and *The Bachelorette* shows returning to reality television to give finding The One another shot. ABC is launching a new series called *Bachelor in Paradise* and sending a group of former contestants to Tulum, Mexico, to see if the romantic sparks fly as old flames are reunited and new couples are introduced.

Related Link: AshLee Frazier Says, "I Want to be Well-Rounded Before I Fall in Love"

On Monday, August 4th, the show will premiere with 14

previous *Bachelor* and *Bachelorette* contestants. On the first episode, two of the women will fail to receive roses and be sent packing; the following week, the men will face the same elimination. This pattern of goodbyes will continue throughout the show. Of course, there's a twist: In addition to two people heading home each week, two more alum will join the cast.

Fan favorites, including Chris Bukowski, AshLee Frazier, Jesse Kovacs, and Michelle Money, will be heading to paradise. Additionally, three of the current *Bachelorette* Andi Dorfman's cast-off are returning to the small screen: Marcus Grodd, Dylan Petit, and Cody Sattler. Not only is the cast attractive, but there is bound to be fun, flirting, and tons of drama!

Related Link: Former 'Bachelorette' Star Chris Bukowski Wants
His "Fairytale Ending"

During the show's seven-week run, we'll watch our favorite contestants face competition and avoid obstacles on their mission to find love. Be sure to tune in for the tantalizing moments, shocking surprises, and epic love stories, all unfolding in a tropical paradise!

Do you have any predictions for the show? Share them with us in the comments below!

Exclusive Celebrity Interview: 'The Bachelorette'

Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right





Inte

rview by Whitney Johnson. Written by Elizabeth Kim.

Fans were overjoyed when Desiree Hartsock, who finished as fourth runner-up on Sean Lowe's season of *The Bachelor*, was named the next *Bachelorette*. The bubbly brunette captured our hearts even more as we watched her search for true love. It was a gift from Chris Siegfried — a journal filled with a heartfelt message to her and poetry he had written — that ultimately convinced her that she had found Mr. Right. Following his moving proposal in Antigua, the couple moved in together in Seattle, Washington, and are enjoying life since their celebrity engagement.

Related Link: Desiree Hartsock Says 'Love Can Be Unpredictable'

Reality TV Star Discusses Life Since *The Bachelorette*

In our exclusive celebrity interview, the reality TV star happily admits that there haven't been any rude awakenings and attributes their success so far to good communication. "From our time getting to know each other on the show as well as seeing each other while the show was airing, we had a great idea of what it would be like living together," she explains. "We work well together because we already disclosed all of our little quirks."

They're also lucky enough to live close to *Bachelor* alums Jason and Molly Mesnick. "They have been so great to us, and it's nice to share a common bond," she says of the celebrity couple. "We'll get together with them whenever possible for dinner or even just to hang at their house with Riley, their adorable baby girl."

Although Hartsock may be best known for her role on *The Bachelorette*, she's also an accomplished designer. While working toward a degree in fashion design, she fell in love with the bridal industry and eventually worked as a stylist in various bridal salons. She also worked for a plus-size women's contemporary brand that gave her the experience and appreciation of designing clothes that flattered all shapes. She even designed and created the dress she wore to fellow *Bachelor* stars Lowe and Catherine Giudici's wedding.

Related Link: Sean Lowe and Catherine Giudici's Wedding

After devoting so much of her life to the bridal industry, some may think that Hartsock feels pressured to have the ultimate celebrity wedding. But true to her easygoing nature,

she isn't stressing over every detail. With an engagement party coming up in a few weeks, the famous couple are in the beginning stages of planning their nupitals. "We are working on setting a date," she shares in our exclusive celebrity interview. And lucky for fans, she adds, "We're open to having it televised and still planning for the fall." As if the prospect of a televised wedding wasn't daunting enough, she also plans to design both her wedding and reception dresses.

The former Bachelorette is working with award-winning designer Maggie Sottero to help her visions come to life. "I have worked with many designers in the past and found that Maggie Sottero is the most sought-after designer because of the company's commitment to ensuring a bride's happiness as well as providing the best fit possible." She coyly adds that, while she doesn't want to give too many details away, one thing is for sure: "Both dresses will reflect my personality in different ways. I love to dance and be comfortable, so my reception gown will cater to that, while the ceremony gown will be more romantic."

Desiree Hartsock Gives Love Advice

Given her reality TV past, she knows what Juan Pablo Galavis, who competed for Hartsock's heart, and the current season's *Bachelor* hopefuls are experiencing. Of the remaining ladies, she says, "There is definitely chemistry with Nikki, Andi, and Renee as well as with Clare. I don't like to choose favorites, but I do like Renee's demeanor and personality." No matter who Galavis picks, Hartsock advises the women to focus on their potential future with Galavis rather than worry about the other girls.

Related Link: Why Confidence is So Important in Dating

It certainly takes a level of self-assurance to be vulnerable in front of millions of viewers, but Hartsock believes that confidence is key to finding love on *or* off the screen. "My

love advice is to know your self-worth and what you deserve, to be confident in who you are, to let him pursue you, to be independent and not desperate, and to be yourself."

With such a dismal track record, past stars of *The Bachelor* and *The Bachelorette* may also want to heed the designer's advice for dealing with broken hearts. "The way that I have always gotten over break-ups is knowing that things happen for a reason, and no matter the circumstance, there is always something more or better to come," she says. "Although it can be really tough to do, it's important to hold on to the hope that there is someone out there who will be everything you deserve and more and to not dwell in the hurt or past, but keep pushing forward with each new day."

To learn more about Desiree visit her website, www.desireehartsock.com/. The Bachelor airs on Monday nights on ABC at 8 p.m. ET!

Find Out Details About 'The Bachelor' Winner Catherine Giudici's Celebrity Wedding Gown!





Louisa Gonzales

with the media and their fans.

The final countdown to the celebrity wedding of celebrity couple Sean Lowe and Catherine Giudici from *The Bachelor* is on! The event will be shown live on ABC in a series first from 8-10 p.m. ET on Sunday, January 26th. The happy celebrity couple first got engaged in Thailand in the 17th season of *The Bachelor*. The gorgeous duo are only days away from tying the knot and in the meantime have been making their way around New York, sharing their engagement experiences and wedding details

The big day is coming up quick for this happy celebrity couple and 'The Bachelor' fans are dying to know more about this celebrity wedding.

Related Link: The LOWEdown on 'The Bachelor' Wedding of Sean Lowe and Catherine Giudici

The famous couple was on *Good Morning America* on Wednesday morning, and the major topic of discussion was, of course, Giudici's celebrity wedding gown. Every bride-to-be knows the dress is one of the most important elements on a girl's big day. Lowe's fiancée gushed about her gown and shared that she can't wait for everyone to see it. She described it as "perfect" and "sexy," saying she has always felt like the "cute girl" but is finally ready to show the world her more womanly side.

The reality television starlet didn't reveal too much about her dress, as she wants it to be a surprise, but says it goes with the "grown sexy" theme of the wedding. Some fans of *The Bachelor* are tuning in to see the lovers say their vows, but for many of the viewers, it's all about finally getting a glimpse at the wedding gown! Lowe even revealed that, come the big day, he'll only be focused on his bride in her dress.

The happy celebrity couple also told anchor Lara Spencer that they're "anxious" and "ready" to say their I do's in front of family, friends, and, of course, fans. By just watching the lovebirds in this exclusive interview, one can see how their eyes light up when they talk about each other and how happy they make one another. Interestingly enough, we learned that the one most likely to cry first during the ceremony will be *The Bachelor* stud, confirmed by Lowe himself.

Related Link: 'Bachelor' Sean Lowe Says Catherine Giudici Was 'Proud' of His 'DWTS' Debut

The excitement won't stop after the ceremony; the reception is sure to be a blast as well. Given the fact that Lowe is a former *Dancing with the Stars* contestant, lots of boogieing will definitely occur. The Hollywood couple will share there first dance to "One Woman" by the Randy Rogers Band, a song picked by the future groom.

The couple stated that, while they want their wedding to be traditional in the sense they're getting married in a Christian ceremony officiated by Lowe's father, the wedding reception is going to be more modern and festive. The soulmates want their special day to be full of laughter, smiles, and love for themselves and all who witness it — us included!

Be sure to watch The Bachelor wedding special on Sunday, January 26th at 8 p.m. ET on ABC.

Ali Fedotowsky Tells Us How to "Attract More Love and Happiness" Into Our Lives





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Ali Fedotowsky is no stranger to ABC's The Bachelor and The Bachelorette. She was a contestant vying for Jake Pavelka's affection in season 14 of The Bachelor and later starred on season 6 of The Bachelorette. Well-versed in love, relationships and reality television, Fedotowsky is now putting her dating and media expertise to work on a new blog about the popular dating competition show. Additionally, she has continued her foray into the world of the small screen as the host of 1st Look, the Emmy Awardwinning travel show from NBC. In an exclusive interview, this adorable TV personality opens up about the current season of The Bachelorette, moving on after heartbreak and her happy relationship with Kevin Manno, host of Abby's Ultimate Dance Competition.

The bubbly blonde has a unique point of view to share with readers of her E! blog. "I kind of feel like my time as the bachelorette was a lifetime ago, so I don't have any emotional connection to the show," she explains, "but I do enjoy watching with my girlfriends. And I definitely have a different perspective on what it's like for Desiree. I know firsthand that it's not easy!" Fedotowsky remembers her time on the reality series as one the most stressful and emotional times of her life but says that being a contestant on The Bachelor was "just fun!" She enjoyed her time hanging out with the girls and talking about boys. The big life lesson she learned from her experience on the shows is to be honest with yourself: "I don't think it changed the way I date. It just made me trust my instincts more."

Related Link: <u>Bachelorette 9, Episode 7: Confession in Madeira</u>

Given their similar circumstances, Fedotowsky has become friends with the current bachelorette, Desiree Hartsock. The two hit it off while filming a special that will air during tonight's *Men Tell All* episode. "Desiree is as sweet and down to earth in person as she is on the show. I really have

nothing but wonderful things to say about her," the television personality remarks. Wondering if they shared secrets about the end of this season? "When we hung out, I told her to please not tell me anything. I didn't want her to think I would try to pressure her for those details. I'm there as a friend, not to interrogate her!" However, Fedotowsky did tell us that she is rooting for Chris but that she "will be happy with whoever she [Desiree] picks because she's happy! She'll pick the guy she falls for; that's not for me to judge."

Fedotowsky is no stranger to love and heartbreak. She was lucky enough to find her happy ending on *The Bachelorette* with Roberto Martnez, but the couple called it quits after an 18-month engagement. When it comes to moving forward after a broken heart, she suggests staying as busy possible. With this thought in mind, she's thankful for her role as host of the travel show *1st Look*. "It was good timing for me since I was in a transitional period of my life." Of course, this adventure-filled opportunity doesn't come along for everyone. "Volunteer," she advises. "I've done that in the past, and it not only keeps you busy but makes you feel good."

Related Link: Lessons from Justin and Selena: Should You Get Back with Your Ex?

It's no secret that the Los Angeles native has jumped back into the dating scene. She confirmed her relationship with Manno in April, and the pair was recently spotted celebrating his 30th birthday in Nuevo Vallarta, Mexico. When they're not soaking up the sun south of the border, the twosome enjoys playing "darts or any sort of game, like Bingo or bowling."

And for those of you just dipping your toes into the water after a split, the starlet shares this sage wisdom: "Get out there and do what makes you happy! I really feel that, when you show everyone that you love and respect yourself, you attract more love and happiness into your life."

Be sure to tune in for tonight's Men Tell All episode on ABC at 8/7 pm c. To learn more about Fedotowsky, you can connect with her on facebook.com/MissAliElaine or Twitter @AliFedotowsky. You can also check out her blog for E! and her travel show, 1st Look.

Jaime Ray Newman Celebrates Rooftop Baby Shower





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Shannah Henderson for Celebrity Baby Scoop

Jaime Ray Newman, star of ABC's *Red Widow*, and her husband, Guy Nattiv, were showered with love by family and friends like Lindsay Price at their recent rooftop baby shower

in West Hollywood. Planned by celebrity event guru, Renee Simlak, and hosted by DaddyScrubs, a line of "I'm The Daddy" gifts and apparel, the co-ed affair gave guests a chance to honor the welcoming of Jaime and Guy's first child, a daughter due in August.

At the event, Jamie opened up to Celebrity Baby Scoop about her baby shower and how her pregnancy has been going. She also went on to talk about her upcoming projects and what she's looking forward to the most in becoming a first-time mom.

Related Link: Jessica Simpson Celebrates Her Baby Shower

CBS: What was your favorite part about the baby shower today?

JRN: "My favorite part was seeing all of my family and friends in one little venue. It was great to be surrounded by people who I haven't seen in six moths...they can't believe my belly! Our wedding was in Israel and we didn't have an American wedding, so this kind of made up for our wedding, because it was a co-ed event. It was overwhelming and wonderful to see everyone in one place."

CBS: How has the pregnancy been going?

JRN: "Thankfully, I've been feeling really good. Now I'm starting to slow down and my feet are getting a little tired, but up until now I've had a lot of energy and I've felt great! I love being pregnant."

CBS: What are you looking forward to the most in becoming a mom?

JRN: "All of the endless nights of sleep I am going to get. [laughs] I am just excited to have something bigger than me and Guy out there. You get so self-involved and wrapped up in yourself, especially in our business, so it will be really nice to have something more significant than us."

CBS: What's the best advice you've gotten from your mom friends?

JRN: "Don't be scared to take hand-me-downs. When someone is finished with one thing, say, 'I'll take it!' Babies grow out of things so quickly."

Related Link: Jill Zarin Says, 'Women Can Have It All But Not All At the Same Time'

CBS: Do you have any baby names picked out yet?

JRN: "Yes, but I'm not saying anything! [laughs] You'll know in six weeks. We've had the name picked out for a couple of years."

CBS: How do you plan on balancing motherhood with your career and everything you have going on?

JRN: "There are many actresses who've done it beautifully before me, so I know I'll be able to do it. Somehow I'll work it out. My husband and I are starting to produce, so that will give us more freedom. People have kids and careers every single day."

For the rest of the interview visit celebritybabyscoop.com/2013/07/05/celebrates-rooftop-shower

Bachelorette 9, Episode 1: The Animal Kingdom





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<u>Jared Sais</u>

You may remember my recaps from season 17 of <u>The Bachelor</u> with Sean Lowe. Well, I'm back to analyze Desiree Hartsock and her suitors on season 9 of <u>The Bachelorette</u>. To get ready for last night's premiere, I brushed up on my notes from last season and examined Desiree's past non-verbal cues (her baseline) to help me determine what man will be the last one standing. Join me for another amazing, shocking and addictive season of <u>The Bachelorette</u>!

First, let's take a look at the men worth talking about.

When Desiree first met **Drew**, her eyes widened; she smiled from mouth to eyes; and she even did a little "mmm" sound when he walked inside. The attraction is there, but will he be a winning personality? I would say that, with his dashing smile, he'll be around for a while.

Tone and pitch are two of the most important ways to tell if someone is attracted to someone else, and when **Robert** started to speak to the lovely bachelorette, his voice went lower, and her voice shot up. These two definitely have chemistry. Another non-verbal cue was Desiree widening her eyes. When someone likes what they see, their eyes widened to let more light in.

Related Link: Desiree Hartsock Is the New 'Bachelorette!'

I can't decide what I think about Ben bringing his son with him, but I know one thing for sure: Desiree was melting. Her inner eyebrows rose; her eyes got a bit wet; her lips puckered; and her head did a side tilt. These are four nonverbal cues that signify the "aww" reaction. After she showed these quick facial expressions, I knew that all Desiree wanted to do was hug Ben and his little boy. She even asked for a hug, whereas the first 24 guys went in for the hug. Desiree was eager to find similarities during her one-on-one time with Ben, and once she did, he got the first rose. He definitely has some tough competition though.

And then there was "ab man." Desiree was attracted to Zak W., which was his saving grace because it's a risky move to make a first impression like that. So why didn't he wear a shirt? Because it's like *Animal House*. Some guys are peacocks and dress up to showcase themselves, while other men are bulls and clash it out.

I think Juan Pablo is the most interesting man in the world. The only thing he's missing is a Dos Equis, but he made up for that with what he first said to Desiree, "Who's Juan? Juan Pablo." Yeah, he has a catch phrase. Very smooth. He also has a relaxing way of speaking; his voice is soft, slow and charming. It's not always what you say but how you say it, and whatever that guys says sounds good. There will be plenty of non-verbal information on him to come, but sadly, his time was cut short due to a random soccer game. Of course, a

competition broke out to prove to Desiree that they could kick a ball well. Very animalistic, right?

Now, let's take a look at the men who will make an early exit. Knights, magicians and bad dancers — oh my! What the heck was going on? #youarenotgettingarose

Will won't stick around for long, but I'll take a high five on the way out.

Related Link: Who Is Your #PerfectBachelor? Tell Us and Enter to Win a Pair of Brilliance Diamond Earrings!

As for **Jonathan**, I have no words other than wow. He has no game and no class. During their time together, the brunette bachelorette showed extreme non-verbal cues of fear and stress: the corners of her mouth stretched straight back to the ears; her eyes widened; and her eyebrows raised. She showed these micro-expression a lot and was also very defensive around him, tightening her body and pulling herself a way from him.

When you're in extreme stress, your body goes into alert mode as you try to put space between you and the stressful object or person. Desiree put her hands in front of her as he was leading her away. In other situations, people may do the following non-verbal signs: arms folded across their chest, leaning away to create space, hands clutched in front of themselves and/or an object (like a purse or glass) held directly in front of themselves. Given Desiree's response to Jonathan, I knew he would be eliminated.

Diogo came out in a full suit of armor, which is worse then coming out in a wedding dress. Need I say more?

And finally, there was Larry, who reminded me of Superman: bad dancer by day (with his glasses on) and superhero doctor by night (with his glasses off). If you also want to see a great expression of awkwardness/fear, take a look at their

introduction scene: Larry rips Desiree's dress while teaching her a dance move, and then he curses as he walks into the house. The camera pans to a quick shot of Des, and you see the corners of her lips pulled back to ears and her eyes widened as they roll down. That is a fearful, awkward look.

Jared Sais is co-author of the website <u>The Non-Verbal Game</u>, where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Brooke Burke-Charvet Says 'Dancing With the Stars' Is "Unpredictable and Evenly-Matched"





Ву

Whitney Baker Johnson and Sarah Ribeiro

Brooke Burke-Charvet is a star in so many ways: actress, model, *Dancing With the Stars (DWTS)* winner and now cohost. Given her past dancing record (she won season 7), it's no surprise that *DWTS* is something she holds near and dear to her heart.

"I loved the experience of learning how to dance. It was an incredible life lesson. Hosting the show and being such a big part of the *DWTS* family does make me want to dance again, but I doubt that I'd be able to pull off dancing and hosting at the same time!"

As for the current season, the co-host thinks it will be full of surprises until the finale (which airs tonight). "Every couple brings something different to the ballroom," she shares. "I love how unpredictable and evenly-matched it is this year. On some nights, when I think a certain couple will shine, another couple surprises me. That's the beauty of the show. At this point, I have no idea who will take home the coveted mirror ball trophy. Even if I had a favorite, I wouldn't tell you anyways!"

Related Link: Brooke Burke-Charvet Shares Love Life Secrets

But despite keeping her favorite couple to herself and juggling multiple activities and roles, the most important role seems to be that of being a good mom to her children and wife to husband David Charvet. "We [David] and I try to get out once a week, just the two of us. Our golden rule is that we can talk about anything but the kids. We do a lot of double dates, and we love the local hot spot in Malibu, Nobu, which is only five minutes away from our house. A really important part of our relationship is to carve out that time just for us."

In addition to balancing her personal life with her hectic schedule, Burke-Charvet has another challenge and it happens during allergy season. Each spring, she's faced with excessive sneezing, runny nose and itchy, watery eyes. This is not something that fares well in her busy career. Knowing that she isn't alone when it comes to seasonal allergies, Brooke is partnering with Claritin on the Claritin Clear Challenge to get the message out to others who are going through this. Claritin keeps her healthy while she carries on with her busy life at home and in the spotlight.

"My allergy symptoms slow me down as a mom," she reveals. "And it can also be really embarrassing when you're on television. Claritin really works for me, so I teamed up with them to take their Claritin Clear Challenge and share my story."

Related Link: With Claritin, The Difference Is Clear

Of course, Burke-Charvet has faced worse health problems than allergies. Last year, she announced that she had thyroid cancer and underwent preventative surgery. Even so, just like her allergies, she didn't let her diagnosis get in the way of living a normal life. "All of it was hard, but as a public figure, I have a responsibility to share personal things when I think other people can grow from them," she explains. "I was

astonished to learn how many women have been diagnosed with thyroid cancer and have had thyroidectomies. I hope sharing my story was comforting for those people."

It wasn't a one-way street though. "I certainly learned a lot from the exchange on social media. The outpour of love, support and prayers from everyone around the country really helped me manage my own fears, and I'm happy that I was able to control the story and share it. We all learned from one another — that's why I'm so open and vocal on social media."

It's no wonder this strong, courageous and likable woman won DWTS!

Be sure to watch $Dancing\ With\ the\ Stars$ on ABC tonight at 8/7c to see who wins — and to see how Claritin helps Burke-Charvet stay allergy-free.

For more information about Burke-Charvet, follow her on <u>Twitter</u> or check out her Web site, <u>Modern Mom</u>.

The Bachelor's Sean Lowe Blogs About Women Tell All





Andrea Surujnauth

The Bachelor's Sean Lowe blogged about his experience with the Women Tell All special on <u>People</u>. The women who were sent home in *The Bachelor* came back to discuss what happened in the show with Lowe. "Walking out and taking a seat in front of the women was such a surreal experience. Having 20-plus 'exes' in the same room is a bit daunting, but I was happy to see them nonetheless," blogged Lowe. He goes on to discuss the love he felt for Desiree, although their relationship did not work out and he mentions the sadness he felt when he sent Sarah home. Lowe then begins to blog about his reunion with AshLee. When Ashlee came over to sit on the couch, she told Lowe that she always viewed him as a southern gentleman, and she was very disappointed that he didn't come check on her after he sent her home. "This totally caught me off guard," blogged Lowe. "I wanted to be as nice as possible, but I also wanted to tell her that once you don't receive a rose, you know you only get a brief moment to talk it over before going home. She wasted that moment by not saying a word. That's why Chris Harrison says, "Take a moment and say your goodbyes." I don't want to sound unsympathetic, but that's how the show works." Lowe continues to express his confusion as to why Ashlee felt this

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way about him. "I don't know what I may have said that would have given AshLee the impression she got, but I am sorry if I said anything at all that misled her because that was truly not my intention."

How can you stick up for yourself when someone says something untrue about you?

Cupid's Advice:

When someone says something untrue about you, your first reaction is to stick up for yourself. But how can you stick up for yourself without seeming defensive? You want to tell them that they are wrong but you do not want to create a scene otherwise it will look what the other person is saying is probably true since you are making such a big deal about it. Cupid is here to help you figure out the right way to stick up for yourself:

- 1. No personal digs: Do not get personal or attack the person that is saying untrue things about you. Defending yourself does not have to mean putting down anyone else or stooping down to anyone's level. If you attack someone, you will be no better than them.
- 2. Speak calmly: Yelling or screaming will not help you make your point. As a matter of fact, it will make you look guilty. Speak as calmly as possible while still getting your point across. Tell them they are wrong and say why they are wrong. Calmly tell them that it is hurtful when they say untrue things about you.
- 3. Be understanding: Once you tell the person that they are wrong and why, do not expect them to apologize or believe you. Do not force anyone to change their attitude. If you spend your time trying to do so, you will just be putting stress on yourself. It is not worth it. Everyone has their own opinion and not everyone will like you. Just accept it and move on.

How do you stick up for yourself when someone says something untrue about you? Comment below.

The Bachelor 17, Episode 9: Sean Lowe Sends AshLee Frazier Home





Jared Sais

On last night's episode of <u>The Bachelor</u>, Sean Lowe and his final three ladies traveled to Thailand for the highly-anticipated overnight dates. So what did their body language reveal about Sean's chances for finding true love? Read on to

Lindsay

First, let's analyze one of Sean's micro-expressions. When speaking about the potential for Lindsay to be his future wife, Sean raised his eyebrows, meaning he was surprised about this possibility. I'm sure the raised eyebrows were related to Lindsay's first night in a wedding dress and how Sean thought she was crazy (as did I). But now, to everyone's surprise, she's in the top three (two!).

As for body language, when Lindsay was speaking with Sean on the beach, she did two very common non-verbal cues that indicated she was sexually frustrated. She let her voice drop to a whisper and also bit her lip. Both cues mean one thing: that there is a strong attraction between these two and that spending <u>intimate</u> time together is on their minds.

By nodding her head as she said, "I am ready to settle down," Lindsay affirmed that she was telling the truth.

When Sean asks if "this woman" could be his wife, I am reminded of Bill Clinton when he spoke about Monica Lewinsky. I knew Bill was lying when he used the phrase "that woman" instead of her name. This word choice is so telling because it puts distance between the two people involved. So while Sean may like Lindsay, he likes AshLee and Catherine more.

Also, when answering this question, Sean did a big shoulder shrug as he said "yes," meaning that he's unsure of what he just said.

As a side note, did anyone else want that sidecar motorcycle? I would also like to say that I'm in the bug club too. Yep, I've eaten a bug.

Related Link: The Bachelor 17, Episode 8: Home Sweet Home

AshLee

When she was talking about Sean, AshLee did a micro-expression of a smile plus a nose wrinkle, which is a sign of flirtation. Now, a wrinkled noise could mean disgust, but when combined with a true smile (as it was in this case), it's a positive sign.

When they were together and speaking on the couch back in the hotel, Sean showed micro-expressions of sadness. He got emotional when speaking about his future with AshLee, revealing that he really likes her.

Moving on to their body language, AshLee did a head tilt, which is one of the most common non-verbal cues of attraction and flirtation.

Both had gazing eyes, a sign of strong feelings. When your pupils and eyes widen, it's an indicator that you like what you see. The reason behind this idea is that, when you like something or someone, you let more light come in and allow your pupils to dilate so that you can see more clearly.

As Sean said, "I am falling in love with her," he was speaking the truth. He nodded and looked straight ahead; there was no sign of deceit.

When Ashlee was crying in her video at the end, you can see Sean's Adam's apple jump a few times, which indicates strong emotion. He was sad seeing AshLee sad. Knowing what ultimately happens, I wonder if that was a turn-off for him. Plus, he showed shame when viewing her video — I'm pretty sure had had already decided that he was sending her home.

Related Link: The Bachelor 17 Predictions: Who's the Best Fit for Sean?

Catherine

When Sean said, "I can see myself marrying you," he does a

full smile, showing that he honestly means what he said.

As for Catherine, she had open hand gestures (palms shown and faced towards Sean). When kissing on the boat, Sean held her around the neck, which indicates extreme attraction and sexual lust. When girls toss their hair or tuck their hair behind their ear, one of the main purposes of doing so is to show their neck, which is a non-verbal cue of vulnerability and attraction. As they kiss, Sean caresses her neck, meaning Sean and Catherine have crazy intense feelings for each other. Remember that sometimes the most meaningful and romantic touches are on the neck.

When Catharine gets the letter about the fantasy suite, she responds by saying "I would love to" and does a double shoulder raise, not a shrug. This non-verbal cue is a sign of flirtation.

When he said that she was smoking hot, he had bedroom eyes: the lowering of his head with eyes that gaze upwards, right into Catherine's eyes. Sexy, right?

"Can I see myself marrying Catherine? The answer is yes." See, he used her name, unlike when he said an almost identical sentence about Lindsay.

Also, whether we realize it or not, music plays a big role in how we feel about the girls. A lot of people forget to pay attention to the music, but I guarantee it played a major role in whom you liked and didn't like.

Conclusion

Honestly, I was leaning towards AshLee as the runner-up with Lindsay going home tonight. This is the second week that Sean's non-verbal cues towards Lindsay have been strange and off-putting. But there can only be one winner, and my money is on Catherine — so I'm still in the game!

I wonder if Sean picked AshLee to go home tonight because of something that happened in the fantasy suite, something that we didn't see. I did notice one thing that might indicate a clash of personalities. On their date, AshLee's wine glass was almost empty, while Sean's wine glass was almost totally full. This difference could be a sign that Sean might see AshLee as a "wild girl."

On a similar note, AshLee may have been a bit too intimidating for Sean. I wonder if she moved too fast. Or did something happen off-camera that put a doubt on their future together? Either way, I can't wait to tune in next week and see what AshLee says on *The Women Tell All* special!

Jared Sais is co-author of the website The Non-Verbal Game. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.