

Dating Advice: First Date Tips For Women!



On this week's Single in Stilettos [dating advice](#) video, matchmaker Suzanne Oshima talks to relationship expert Matt Adams about what turns a man off on a first date.

First Date Dating Advice From Relationship Expert Matt Adams

On a first date, the biggest turn off for a man is when a woman talks about her relationship goals right off the bat. Yes, men want to know if you want to get married and have kids, but not in the first meeting. Wait to share your relationship and love goals, so that your date can get to know

you and assess what role you'll play in their life.

Related Link: [Dating Advice: How To Get A Man To Call You Back](#)

Listen to this expert dating advice and take the pressure off yourself on the first date. Go out, have fun, and meet new people. Make sure you aren't being negative, either. People don't want to hear about your bad day or why your previous relationships haven't worked out. The experts share their love advice to spin everything into a positive, so you can present your best self first.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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What are your first date tips? Tell us in the comments below!

Relationship Advice: Living Together Doesn't Prepare You For More





In this week's [relationship advice](#) video, matchmaker and dating expert Suzanne Oshima talks to relationship author Duana Welch about why living together doesn't prepare you for more. Check out their [dating advice](#) in the video above!

Relationship Advice On Moving In Together

Although it might be quite shocking and contrary to popular belief, surveys show that moving in together actually won't benefit your relationship and love. It might even make it suffer. The experts say that those who move in together before marriage are more likely to get divorced and cheat on each other.

Related Link: [Dating Advice Reveals What Men Really Want In A Woman](#)

Experts say women may need some relationship advice that when a man asks you to move in, he isn't asking you to marry him. Without that commitment to marriage, men are less likely to propose and more likely to have an affair. If you end up

moving in together before marriage, or before you've set your wedding date, you might end up playing at commitment, instead of fully committing.

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What do you think about moving in together before marriage? Tell us in the comments below!

Dating Advice Reveals What Men Really Want In A Woman





In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about what men really want in a woman. Check out their [dating advice](#) in the video above!

Dating Advice For Women: What A Man Really Wants

1. Respect. Respect can be shown by saying thank you and being grateful for the hard work a man puts into a date. Some women have a sense of entitlement and expect men to do certain things, but our dating advice is to be grateful and honor him.

Related Link: [Relationship Experts Talk Capturing His Attention \(in person!\)](#)

2. A woman who knows how to have fun. No one likes boring dates, with little interaction because it's such a turn off. Listen to this love advice and when you're on a date, put yourself out there and have fun.

Related Link: [Dating Experts Reveal 5 Things You Need To Know](#)

[About Men](#)

3. A bright woman. Men love brilliant women, so communicate your brilliance. Don't be a narcissist or brag about your accomplishments, though. Men gravitate toward intellectual women, so flirt with your brilliance.

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What do you think a man really wants? Tell us in the comments below!

Relationship Advice: How To Get A Ring On THAT Finger!





On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford talk about how long you should wait before you get engaged.

Dating Experts Give Relationship Advice On When To Tie The Knot

Have you been in a relationship and love for a few years and he still hasn't proposed? It seems like we've all been there, but don't fret because the experts have this [relationship advice](#): It's okay to ask him and talk to him about it! If you've been together for 2-4 years, then it's time to have a talk. Don't waste your time when you're dating, because if he likes you, he should put a ring on it.

Related Link: [Dating Experts Reveal 5 Things You Need To Know About Men](#)

You also want to make sure you never give a man an ultimatum and you value what he wants. Marriage is about compromise and it's about both of you, so you need to have a discussion about

it. Learn about where both of you are regarding the idea of marriage, whether you're comfortable financially or even at your career. You never want to force someone into marriage. Listen to this relationship advice, because if he's dodging the talk, that could be a red flag that maybe he isn't ready for marriage.

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How long should you wait before getting engaged? Tell us in the comments below!

Dating Experts Reveal 5 Things You Need To Know About Men





Suzanne Oshima
Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Matt Adams
Dating Specialist
Go Out With Me

On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima and dating expert Robert Manni reveal the five things women need to know about men when they're dating!

Dating Expert Reveals Relationship Advice: 5 Things You Need To Know About Men

1. Men are sexually wired. They think about sex a lot. But, the dating experts say just because he thinks of it, doesn't mean that's his only intent.

2. What you see is what you get. Men say what they think and are straightforward. You can tell a lot by his demeanor, sense of humor, and how he dresses. Unless he's a player. The experts relationship advice is to sort through the players and genuine guys.

Related Link: [Relationship Experts Talk Capturing His](#)

[Attention \(in person!\)](#)

3. Patronizing women. A lot of men tell women what they want to hear, with sex in mind. Women have to be careful and sort out if what they're hearing is true.

4. Men are driven by fear and ego. Men are competitive with each other and are ultimately loners. They don't confide in each other and are left to sort things out on their own. Men have a fear of losing rather than the desire to win.

Related Link: [Expert Dating Advice: How to Make a Relationship and Love Work](#)

5. Men want a solid relationship and love. They are looking for something reliable. Men want a woman who is attractive and a friend they can confide in.

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What do you think women need to know about men? Tell us in the comments below!

Dating Advice: How To Get A Man To Call You Back





On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to dating expert Matt Adams about how to get a man to stop texting you and actually pick up the phone.

Related Link: [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

Matt Adams Reveals Dating Advice On Becoming A Priority In A Mans Life

Are you struggling with how to become a priority in your relationship and love? Then, you've come to the right place, because Matt Adams reveals his best love advice for how to get a man to value you. First, you cannot be needy! Don't require something of the man your dating and instead give him value. For example, text him something interesting or funny that doesn't need a reply.

Related Link: [Expert Dating Advice: What A Man Doesn't Want In A Woman](#)

You can bait him with something, like a mysterious story. Say, "I'm so embarrassed, you'll never guess what I did today." Then, when he replies, you'll respond and say "Too much to text, call me later!" Now, you're setting him up to chase you a bit to get that missing information. It's vulnerable and yet mysterious. If they don't bite the bait, then they probably aren't as interested as you might think.

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For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you get a man to call instead of text? Tell us in the comments below!

Breaking Up: How To Ditch Your "Better Than Nothing" Relationship And Love





On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about ditching those better than nothing (BTN) relationships and love.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

End Your 'Better Than Nothing' Relationships and Love

Have you ever been in a better than nothing relationship and love? The type where a lot of your standards are met, but you just know that this isn't your final choice. If you're in this type of romantic rendezvous, get out of it as soon as possible! "It's a time waster," the relationship experts say.

Related Link: [Relationship Advice Video: 5 Things That Belong On Your Must-Have List](#)

Here are five ways to know when it's time to ditch your BTN

love:

- 1. If they lack one of your must have.** Don't stay with your honey if you aren't fully satisfied.
- 2. If the pain outweighs the pleasure.** Relationships should be happy, not painful.
- 3. If they don't love you enough.** You deserve someone who worships the ground you walk on.
- 4. If you don't love them enough.** You deserve to worship the ground someone walks on.
- 5. If your intuition says so.** Your intuition was created to protect you, so listen to it!

Listen to the love advice above to find out how to end one of these toxic flings!

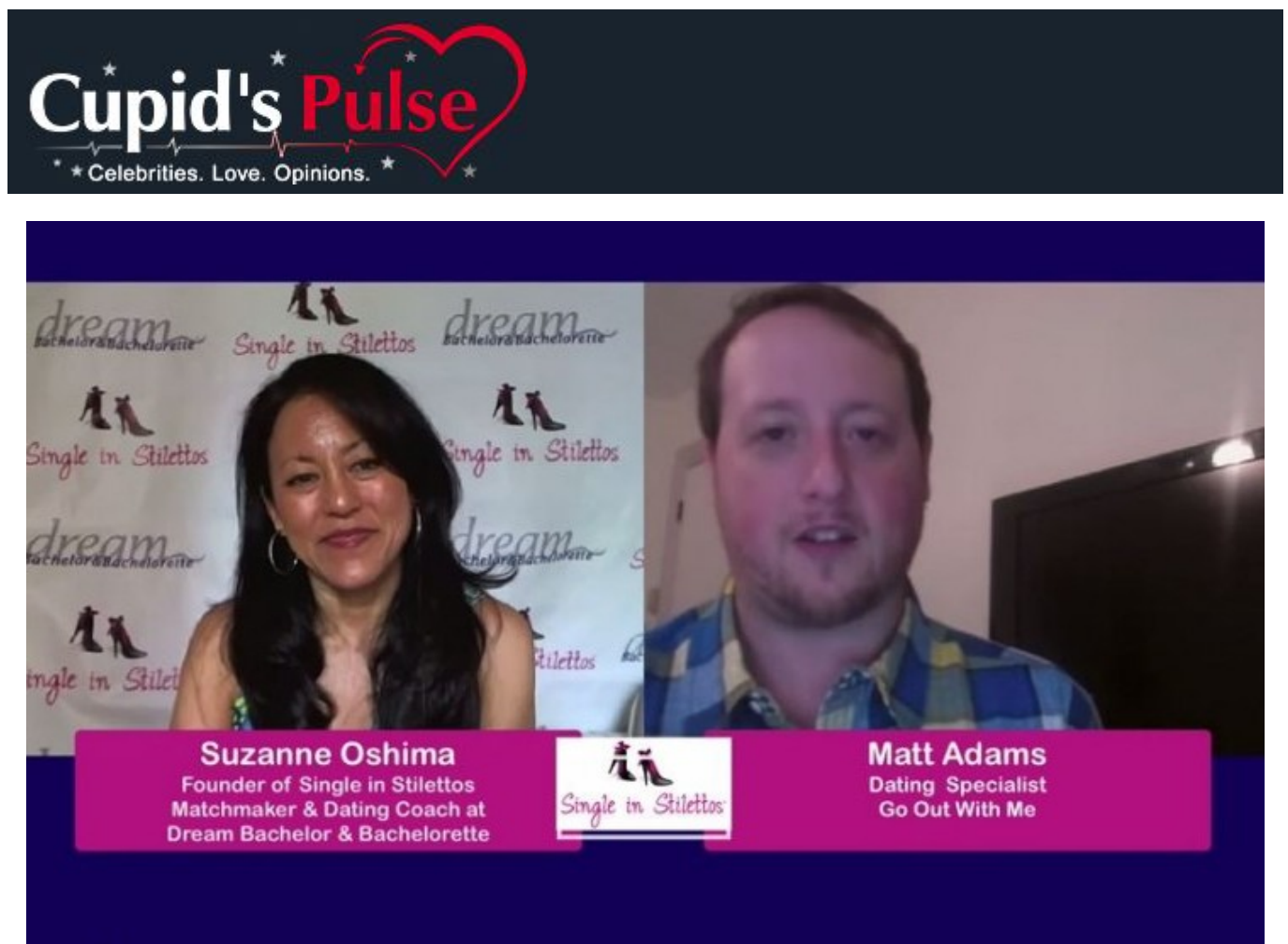
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What do you think about better than nothing relationships? Tell us in the comments below!

Relationship Experts Talk Capturing His Attention (In

Person!)



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to capture his attention (in person!). Check out their expert dating advice above!

Three Tips From Relationship Experts: How To Capture His Attention

1. Appearance. Men are visual creatures, so make sure you're emulating the best version of yourself. You are your brand, so present yourself accordingly.

Related Link: [Expert Dating Advice: What A Man Doesn't Want In A Woman](#)

2. Energy. If you have a positive energy and openness, then people will gravitate towards you, the relationship experts say. Be excited about yourself and your life, because that is attractive.

Related Link: [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

3. Pursue men yourself. Don't be afraid to initiate conversation, ladies. If you want a relationship and love, get out of your head, and go after the guys you want to date.

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For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you capture his attention in person? Tell us in the comments below!

Relationship Advice On Dating Your Ex





In this week's [relationship advice video](#) from [Single in Stilettos](#), matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about dating your ex.

Expert Dating Advice: Should You Date Your Ex?

Make sure you listen to this expert dating advice and ask these three questions before you decide whether or not to go back to your old partner:

1. Do you harbor any resentments? If the issues aren't resolved, then don't go back to your old flame! Here's some relationship advice: You have to go in with a clean slate, if you've made the decision to go backwards, instead of forwards.

Related Link: [Expert Dating Advice: How to Make a Relationship and Love Work](#)

2. What caused the break up? You need to assess what went wrong and what arguments were had. Make sure you know what

you're willing to deal with.

Related Link: [Relationship Advice Video: 5 Things That Belong On Your Must-Have List](#)

3. Is it worth the effort? You need to make sure the circumstances have changed, so you'll nurture a healthier relationship and love.

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Would you get back together with your ex? Tell us in the comments below!

Expert Dating Advice: How to Make a Relationship and Love Work





On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to [dating expert](#) and Robert Manni about how to make a relationship and love work.

Dating Expert Robert Manni Reveals How to Keep Your Relationship and Love Strong

Here are five pieces of expert dating advice to follow if you want a strong relationship and love:

1. Pay attention: As Manni explains, "Guys are not that good at paying attention, and women pay attention to *everything*." If you want to keep your partner happy, be mindful to their needs.

Related Link: [Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!](#)

2. Give your partner the benefit of the doubt: People are very quick to point out if something's not completely right, but a

lot of times, there's a rationale behind people's behavior. Don't jump to conclusions!

3. Have shared values: "A couple can be opposites, but it's the values that count – they need to sync up," the dating expert says. For instance, two people need the same viewpoint on money, trust, and family, which often goes back to how they were raised.

4. Communicate: It's important that neither person shuts down when it comes to communication. Really listen and hear where the other person is coming from. "It's very important that women don't expect men to read their minds and that men are willing to engage about an issue," Manni shares. "Both women and men have to meet each other halfway."

Related Link: [Relationship Advice Video: Three Things Women Don't Know About Men](#)

5. Always keep dating: It's easy to get comfortable and unintentionally take things for granted. "I'm guilty of that all the time," the relationship author of *The Guy's Guys Guide to Love* admits. "You have to keep the mindset – and the heartset – that the person you're with is somebody that you're constantly wooing."

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Relationship Advice Video: Rejection Is Part of Dating – Get Used to It!



In this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to [dating expert](#) David Crowther about one part of looking for a relationship and love that you *must* accept: rejection.

Expert Relationship Advice About Rejection

As Oshima says, "Nobody likes rejection." For some people, if they face too much rejection, they want to stop dating all

together, which is a huge mistake. According to the relationship advice video, it can affect us physically. For instance, we may experience a tight feeling in our chest or the blood rush to our face. "With the proper outlook and a grandiose goal, it's something you can overcome," Crowther explains.

Related Link: [Relationship Advice Video: Should I Date More Than One Man?](#)

The dating expert also discusses the idea of the default future, which means that, if you keep doing what you're doing, you're going to continue following the same path. Instead, you must step outside of your comfort zone and put yourself in the position to be rejected. Eventually, you'll realize that those guys aren't the right fit for you anyways!

Check out the rest of his love advice in the video above!

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Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks





In today's [relationship advice video](#), Single in Stilettos founder and matchmaker Suzanne Oshima talks to dating expert Matt Adams about the number one thing a man wants in a woman *after* looks.

Expert Love Advice from Dating Expert Matt Adams

According to Adams, he looks for physical attraction first and a good personality second. "It's really what attracts me to them," he reveals. "If you don't have as juicy of a personality, you've got to work on that a little bit." There's more to this expert love advice though: Most of the men who the dating expert counsels want a woman who adds value to their lives. "Are you fun? Are you flirty? Are you adventurous?" he asks. "What are you doing to help his life? Those kind of things are how a man is assessing you as you're going through the dating process."

Related Link: [Expert Dating Advice: What a Man Doesn't Want in a Woman](#)

Watch the video above for more great expert love advice!

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Hey guys! What do you look for in a potential partner? Tell us in the comments below.

Relationship Advice Video: 5 Things That Belong On Your Must-Have List





On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about the five things that belong on your must-have list.

Relationship Advice Video Reveals What To Have On Your Must-Have List

While some relationship experts assert that you need to throw away your must-have list, others give love advice about what you need to be looking for when it comes to your next relationship and love. The relationship advice video above reveals the 5 things that belong on every woman's must-have list:

Related Link: [Dating Experts Say Your List Of Must-Haves Isn't That Important!](#)

1. Someone who is kind and respectful: Your gold standard should be someone who expresses kindness even when things aren't going his way. You don't want to be with someone who

will take it out on you when they've had a bad day.

2. Someone who wants the same amount and type of intimacy: Everyone has a different attachment style, but you need to align yourself with someone who has the same style as you. If you are secure and want to cuddle a lot, you can't be with someone who is avoidant and doesn't want to spend time with you.

3. Someone whose past won't ruin your future: The biggest indicator of how someone will act in the future is their past. If your partner has a harrowing story, make sure they learned from it and overcame the obstacles thrown their way.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

4. Someone who is at least as into you as you are into them: Science proves that men fall harder and faster during the falling in love stage of a relationship and love. If your man isn't as into it as you are, take a step back and reevaluate.

5. Someone who heals rather than worsens your own issues: The reason we get into intimate partnerships is to have a good time, so make sure you're having a *great* time with someone who makes your life happier.

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What do you think every woman should have on her must-have list? Tell us in the comments below!

Expert Dating Advice: What A Man Doesn't Want In A Woman



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about what men don't want in a woman. Check out their expert dating advice above!

Expert Dating Advice For Women

In any relationship and love, you are 50 percent of the equation. So before you start blaming the man for how he acts

on a first date, start thinking about what *you're* contributing to the conversation. Follow this expert dating advice and remember these three things that men don't want in a woman:

1. A sense of entitlement: Men hate women who are entitled and self-centered. Just think: You wouldn't like it if one of your girlfriends acted that way! It completely turns them off and puts a bad taste in their mouth. Don't be demanding or have expectations when you aren't giving anything back. A man wants a woman who really appreciates him.

Related Link: [Relationship Experts Reveal 5 Ways To Survive A First Date](#)

2. Someone who is boring: Men also hate it when a woman looks bored on a date and, in turn, is boring to hangout with. If you look at your phone on a date and only reply with one word answers, then you need to start putting yourself out there. Don't be scared to let loose! Beware, though, because you also can't just keep talking about yourself. You need to ask him questions too and engage in conversation.

Related Link: [Dating Experts Say Your List Of Must-Haves Isn't That Important!](#)

3. Someone who is superficial: Never play the superficial card. Men don't like having superficial conversations, like talking about your shoes or tanning regimen. Why would you talk about those things on a date? If you're nervous and shy, stray away from these topics because it makes you look dumb and entitled (see #1!).

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What do you think men don't want in a woman? Tell us in the

comments below!

Love Advice for Women: He's Definitely Interested...But He's Not Pursuing Me!



Suzanne Oshima

Founder of Single in Stiletto
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Matt Adams

Dating Specialist
Go Out With Me

In this week's [relationship advice video](#) from [Single in Stiletto](#), matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about what to do when a guy is definitely interested but isn't pursuing you.

Dating Experts Share Love Advice For Women

Has a guy ever gone out with you and acted into you but then pulled back suddenly and temporarily? If so, don't worry! It happens to women all of the time, and we have some love advice for you. Relationship experts agree that he may be too shy or scared to evolve the relationship and love. While you don't want to come across as demanding or sassy, you can still ask him what's going on in a cute way, like by sending him a text that says you miss him. If you're vulnerable with him, hopefully, he'll be vulnerable with you too.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

However, if this game continues over a long period of time, follow this love advice and just say, "Next!" Your time is valuable, and so are you. Know your self worth, and don't become that desperate, nagging woman. Dating should have a push-pull dynamic with *both* parties initiating conversation and dates. If you're trying to develop the relationship and he doesn't respond, then you're wasting your time and his. You'll need to pull back and kindly stop initiating anything.

For more relationship advice videos and additional information about Single in Stiletto's shows, click [here](#).

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What would you do if he was interested but not pursuing you? Tell us in the comments below!

Relationship Experts Reveal 5 Ways To Survive A First Date



On this week's dating advice video from [Single in Stilettos](#), matchmaker Suzanne Oshima and [relationship author](#) Robert Manni give us five ways to survive a first date. Check out what these relationship experts have to say!

Dating Advice Video: Best First Dates Tips For Women

1. Make a good first impression: These relationship experts remind us that you only get one chance to make a great first impression. Within three seconds of meeting you, a man will

decide whether or not he wants to see you again, so make those three seconds count!

Related Link: [Dating Experts Give First Date Tips](#)

2. Don't show up late: If you aren't punctual, then you're telling your date that you don't respect their time. If you're running late, make sure to send a text at least 10 minutes before you're supposed to be there, just to be courteous.

3. Don't drink too much: Men hate it when a woman gets too "sloppy" on a date and can't handle whatever amount of alcohol she drinks. After all, no one wants to date a lush!

4. Have an exit strategy: He's nice, but you aren't feeling it. If that's the case, don't waste your time – or his. Be polite and tell him that you think he's great, but there just isn't a connection. Most of the time, he'll appreciate your honesty.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

5. Don't have sex with him: Can you have sex with a man on a first date? Sure. But will it work out? Highly unlikely. Men can have sex with anyone with no emotional connection, so if you're just looking for sex, then go ahead. But if you want a relationship and love, then you should wait!

If you follow these first date tips, you're more likely to succeed at getting a second date...and a third date and a fourth date!

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What is your best first date tip? Tell us in the comments

below!

Dating Experts Say Your List Of Must-Haves Isn't That Important!



On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to [dating expert](#) Marni Kinrys about why your list of must-haves isn't as important as you may think.

Expert Love Advice About Your List of Must-Haves

Do you ever wonder why you can't find a relationship and love to last a lifetime? The truth is, you probably have a long list of must-haves and ridiculous expectations. Dating experts agree that women put too much pressure on men. For instance, they expect them to be charismatic and witty, like the guys we see in movies; however, in real life, these type of men are usually the jerks.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

If you have a list of must-haves that is impossible to meet, listen to this expert love advice: Open your parameters and help a man out instead of waiting for him to fail! Add to the conversation and ask your date questions so he can feel more confident. Remember that you're looking for a life partner, and it just doesn't matter how tall he is or if he has a full head of hair. The more closed off you are and the more things you have on your list, the longer you'll be single. We all have a picture perfect man in our heads, but we need to let go of that idea in order to give the right guy a chance.

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What's your best love advice for meeting The One? Tell us in the comments below!

Relationship Advice Video: Should I Date More Than One Man?



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating consultant David Crowther about dating multiple people at once. Check out their best love advice in the video above!

Relationship Advice Video Reveals That You Should Date More Than One

Man At A Time

Finding a relationship and love that will last a lifetime can take awhile. That's why these two dating experts agree that you should never date only one man at a time *unless* you've decided to be exclusive with someone. According to this relationship advice video, you don't want to put all of your eggs in one basket!

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

To follow their dating advice, date several men at once and weed out the people who aren't right for you. As time goes on, you'll get to know your dates on a more intimate level and eventually discover who isn't a good fit for you. When that happens, you can move on to someone who is more compatible with you for a long-term relationship.

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Dating Experts Share Best Online Dating Advice





In this week's [relationship advice video](#), matchmaker Suzanne Oshima talks to dating expert Matt Adams about online dating tips, including how to email a man and what to include in your profile. Don't miss this helpful online dating advice!

Consider This Online Dating Advice!

If you're searching online for your next relationship and love, then this dating advice may help you find The One. Dating experts agree that the message you send to a potential partner should be very personal. For example, tell him that he caught your attention and then say something about his profile. You can compliment a picture he has or discuss common interests. It's smart to show him that you read his profile and then invite him to reply back. "If you want to stand out, stay away from short greetings," Adams says.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

However, you don't just need to be concerned with his profile

but with yours as well. Make sure you have good photos that will capture his attention and that it's well written. "If you aren't getting responses back, that means something's going on with your profile," Oshima advises.

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Share your best online dating advice with us in the comments below!

Relationship Advice Video: Two Quick Ways To Figure Out If He's The One





On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about how to figure out if he's The One.

Related Link: [Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?](#)

Relationship Author Shares Love Advice On Figuring Out If He's The One

1. Look, lean, and listen: First, lean close to your date; then, look directly in their eyes; and lastly, listen to what they have to say. While you're doing these three things, ask him open-ended questions. According to this relationship advice video, this method completely disarms people because everyone wants someone who will listen to them.

The relationship author encourages you to ask *this* question: "You know, I've had some relationships that didn't work out, and I imagine you have as well. Can you tell me what your ex

would say when asked why you're not still together?"

2. Write a list of every single thing that you want in a life partner: Welch shares her love advice and says you need to write everything from the sublime to the ridiculous on the list. Then, divide it into must-haves (the shorter list) and put everything else on your wants.

When you go on a date, find creative ways to learn if there are any deal breakers. Look at dating as a job interview. You don't want to wait until you're already in love to ask those important questions!

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Love Advice: How To Increase Your Chances Of Meeting The One





In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to increase your chances of meeting The One. Check out their best love advice in the video above!

Relationship Experts Discuss How To Increase Your Chances of Finding Love

Finding a relationship and love isn't always easy. With that thought in mind, dating experts believe that there are things you can do to actively attract the right person. Consider these three dating tips if you're ready to find your soul mate:

- 1. Pay attention to the people in front of you:** Instead of looking online or through an app, start to notice the people you see every day. Maybe it's time to ask out that guy from the coffee shop!

Related Link: [Dating Experts Give First Date Tips](#)

2. Be thankful for the dates you do have: Show some gratitude for the dates that you're going on. Even if he's not the right man for you, you can still appreciate the time you spend together. Remember that you can learn something from everyone you meet!

Related Link: [Expert Dating Advice: How to Find True Love Fast](#)

3. Give yourself permission to have the love you really desire: If you're clear about your wants and needs, then you'll be one step closer to finding your soul mate. Still, you don't want to make a long list of impossible expectations. You're trying to *attract* the right man, not detract the right man!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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What's your best love advice for attracting The One? Tell us in the comments below!

Dating Experts Give First Date Tips





On this week's [Single in Stilettos](#) show, matchmaker Suzanne Oshima and dating expert Des O'Connor discuss first date tips for women.

Relationship Advice Video Reveals First Date Tips

Women often go on a first date and expect to have a connection right away. However, that doesn't always happen. According to this [relationship advice video](#), these two dating experts believe that chemistry can grow over time. Don't decide if you'll go on a second date based on your initial feelings or lack thereof. If your date has potential, then plan a second date – you don't know where it will end up!

Related Link: [Why Are You Single? Dating Experts Answer That Dreaded Question](#)

As these relationship experts say, you need to have a plan in place when you go on a date. Make sure you don't talk too much about yourself. Guys are turned off by that. Instead, ask

questions and show an interest in what your date does. First dates are kind of like an interview process for a relationship and love, so make sure the date is interesting! When in doubt, just remember that you can't change a first impression.

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What first date tips do you have? Tell us in the comments below!

Why Are You Single? Dating Experts Answer That Dreaded Question





In this relationship advice video, matchmaker and [relationship expert](#) Suzanne Oshima talks to relationship author Tinzley Bradford about how to answer the dreaded question, “Why are you single?”

Dating Experts Reveal How to Handle a Dreaded First Date Question

When you’re on a first date, the question about why you’re single is bound to come up. Dating experts say that this question will immediately bring down the energy of the date, and you’ll find yourself searching for the best way to answer it. So, here are some great tips to get past this dreaded question with confidence:

Related Link: [Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!](#)

1. Take a lighthearted attitude and use humor. The worst thing you can do is get defensive when someone asks you that question on a date. Be lighthearted, laugh, and ask the

question right back. After all, they're single, too!

2. Let them know that you don't want to be in a relationship for the sake of being in a relationship. Make sure your date knows that you want to find the right person to be part of your life; you don't want to be with just anyone.

3. Be honest and tell them you haven't had the chance to focus on a relationship until now. You can be honest and tell your date that dating hasn't been your priority because you've been busy with other things, like your career.

These dating experts say it's inevitable that you will get asked this question at some point, but it's important to not get insecure. Instead, use your sense of humor and put a positive spin on it. And then...you can change the subject to a topic that makes you feel more comfortable!

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Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!





Relationship advice video, matchmaker Suzanne Oshima talks to relationship author Robert Manni about how to improve your chances of finding love.

Relationship Advice Video Gives Tips On Finding Love

We all know that finding someone special isn't easy. If it were, then everyone would be in love, right? In this [relationship advice video](#), these dating experts agree that, with these four tips, your chances of finding a relationship and love will increase.

Related Link: [Expert Dating Advice: The Secrets Men Will Never Tell You](#)

1. Put the gadgets away: Your cell phone, computer, or tablet is creating a barrier between you and any man that wants to meet you. By holding your phone or looking at your laptop in a coffee shop, it seems like you're busy and don't want to be bothered.

2. Pay attention: It's important to pay attention and be fully present. Notice the men around you and be open to meeting them organically.

3. Get real: Be realistic and clear about who you are and what you're looking for. Once you know what you want, don't focus on a long list of "must haves." If you do, you'll be single for a long time!

4. Reach out: If you had a great time, it's important to acknowledge and follow-up after the first date. Be available and don't wait too long to schedule the second date. You don't want him to lose interest.

For more relationship advice videos and additional information about Single in Stiletto's shows, click [here](#).

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