

# Dr. Sheri Meyers and Jonathon Aslay: Authors of “Understand Men NOW” and “Chatting or Cheating”

Dating with Dignity Telesummit: [How To Have the Commitment Conversation and Other Tough Relationship Talks](#)



Jonathon Aslay is a defender and protector of women’s hearts around the world. He helps women transform from attracting Mr. Wrong into finding their Mr. Right.

Jonathon, a successful entrepreneur, coach, speaker, and author of *Understand Men NOW ~ the Relationships Men Commit to and Why* and “ONLINE DATING SECRETS REVEALED” teaches the Do’s and

Don’ts of Internet Dating and helps women become date and relationship ready.

Jonathon’s journey from seeking love to teaching women about how to find love started in 2005 after his own divorce and discovering the trials and tribulations of dating online. From his own experience coupled with over 10,000 hours of listening to and coaching women as they shared their heartbreaking stories, Jonathon found his true gift and passion in life as a Heart Champion for women. Jonathon is like A GUY SPY to the male mind who truly understands the way a single or divorced man thinks and acts. He’s a master at helping women recognize and distinguish the difference between men who are looking to get laid from those who are truly ready for love. Through his heart centered, radical honesty coaching style, he helps

answer the questions that baffle women the most when it comes to dating, mating and relating. Jonathon has created a unique website called Understand Men Now dot com which offers dynamic weekly tips, inspirational teleclasses, and coaching opportunities for novice and veteran daters who find themselves dating or in unsatisfying relationships with challenging men. Visit his website [www.UnderstandMenNOW.com](http://www.UnderstandMenNOW.com) to find out more about all the other programs and opportunities he has created for women's dating and relationship enlightenment. Jonathon lives in southern California, has two teenage boys, was single and recently met the love of his life on FACEBOOK.

America's leading love and intimacy expert, Dr. Sheri Meyers, Author of "Chatting or Cheating: How to Detect Infidelity, Rebuild Love, and Affair-Proof Your Relationship" is a licensed Marriage & Family Therapist in Los Angeles, CA. She is among the nation's most frequently quoted and interviewed relationship and infidelity specialists regularly appearing on NBC,ABC,CBS,CNN, FOX and numerous national TV and radio talk shows. Dr. Sheri's compassionate, practical, straight talk and easy-to-apply methods have inspired and helped thousands of men and women face and overcome their most complex and daunting relationship and sexual challenges. In her private practice, online videos, book, and in front of national television audiences, Dr. Sheri transforms the FEAR of change into the FUN of change and shows people how to seize the life and love they've always wanted.