

Giveaway: Become Your Crush's Dream with Someday by Justin Bieber

This post is sponsored by Elizabeth Arden.

By Gabriela Robles

The way you smell can leave a lasting impression on a man. You want to make sure that your scent is attractive and can turn on a man the minute you get close to him. After all, you want to be the girl that he's remembering for the rest of the night. Lucky for you, we've taken the guesswork out of finding a new fragrance: Justin Bieber's *Someday* perfume is exactly what you need to leave an imprint on that special guy.

Someday's aroma is fruity and light yet smooth and enticing, which makes it perfect for both day and night. The notes of juicy pear and wild berries mix alongside the creamy florals and vanilla to create a sweet but deliciously velvet scent. The mandarin, jasmine and soft musks set a tone of flirtatiousness that will keep this fragrance anchored for hours to come. The pop star stated that *Someday* "explains a dream" and that it's all about what the woman wants. If you want to live your fantasy, *Someday* is perfect for you.

This fragrance is kept in an extraordinary lavender glass bottle that will immediately catch your eye. The head of the bottle holds a playful flow of a red and pink blossoming rose in the shape of a heart. There's even a detachable lock-and-key in the form of a silver crystalized heart, which can be used as a keychain if so desired.

CupidsPulse.com is giving away a bottle of *Someday* to one reader. Grab this opportunity to show your crush just how playful you can be!

~~GIVEAWAY ALERT: To enter for a chance to win Justin Bieber's *Someday* fragrance, go to our [Facebook](#) page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest. We will contact the winner via [Facebook](#) when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is 5 pm EST on Monday, July 22nd. Good luck!~~

~~UPDATE: We've extended this giveaway until Monday, July 29th at 5 pm EST! Head over to our [Facebook](#) page and enter now!~~

Congratulations to Amy Heffernan and Melissa Green Hartley!

Celebrity Couples That Reunited

By [Whitney Johnson](#)

There are no set rules in the game of love, and it's easy to question if you're dating Mr. Right or Mr. Right Now. Such doubt often leads to broken hearts, but as many Hollywood pairs have proven, time apart may be just what the doctor ordered during the search for happily ever after. Here are five celebrity couples that reunited after a breakup and found lasting love (for now at least):

Katy Perry and John Mayer: This musically-talented twosome is keeping us all guessing! The couple was first seen together during the summer of 2012; they split briefly in August and then reunited, even spending the holidays together. However, in March 2013, they broke up again. Addressing the split, Mayer reportedly said, "I'm on the same journey as everyone

else. Coupling is a tricky thing.” Even so, as recently as June 2013, they were seen together with pals at Chateau Marmont in West Hollywood.

Related: [Celebrity Couples Who Don't Need Marriage to Prove Their Love](#)

Jessica Biel and Justin Timberlake: Biel and Timberlake first dated for over four years (a lifetime in Hollywood!) before splitting in March 2011. However, they were together again by fall, and in December, Timberlake proposed in the mountains of Jackson Hole, Wyoming. The star-powered duo married in a top-secret ceremony in Italy on October 19, 2012.

Kristin Cavallari and Jay Cutler: This Chicago-based pair first began dating in fall 2010 and confirmed their engagement in April 2011. However, the Chicago Bears quarterback called things off just a few months later. The couple reunited in November 2011 and announced the *Laguna Beach* star's pregnancy in January 2012. They took the next step in their relationship, tying the knot in Nashville on June 7, 2013.

Selena Gomez and Justin Bieber: It's hard to know if these two songbirds are on-again or off-again. The twosome split in November 2012, but always stayed in touch. In April 2013, they confirmed their renewed relationship when the *Spring Breakers* actress flew to Norway to be with her ex-beau. Keeping the romance alive, the couple appears to be going strong at the start of summer.

Related: [Celebrities Who Are Unlucky in Love](#)

Pink and Carey Hart: Pop singer Pink proposed to motocross racer Hart in June 2005, and the couple married soon after in Costa Rica. After two years of marriage, the couple separated in February 2008. However, they remained friends – Hart even appeared in Pink's video for her song “So What!” – and sought marriage counseling in hopes of reconciling. They reunited two years later, and the tattooed twosome have been happily

together ever since.

Tell us: Who is your favorite reunited celebrity couple? Comment below.

New Celebrity Couple: Selena Gomez is Hooking Up with Ed Sheeran

By Petra Halbur

Rumor has it that Selena Gomez has moved on from Justin Bieber and has started seeing singer-songwriter, Ed Sheeran. "They are hooking up," a source told UsMagazine.com. Though Sheeran said that he was single at the MuchMusic Video Awards on June 16, he admitted that he "wouldn't complain" to being paired with a pop star. A second source explained that Gomez is attracted to Sheeran's independence and maturity. "She got sick of having to take care of Justin [Bieber] like he was her child. This is a nice escape from the drama," the source said.

How do you know when it's time to move on from an on-off relationship?

Cupid's Advice:

You can only put up with an on-again-off-again relationship for so long. Eventually, you have to decide whether or not to just move on. Cupid has some advice:

1. The situation isn't improving: If you keep breaking up over the same issues, then chances are those problems are not going

away- ever. If these aren't flaws that you can live with, then you need to break things off now.

2. You're attracted to someone else: If you've noticed someone else who you think could offer you a more stable relationship, that might be a sign to end things with your current partner.

3. You're unhappy: You don't need a long, articulate excuse to justify ending your relationship. If being with your on-off partner isn't making you feel good, then that's validation enough to call it quits.

How did you know when to end your on-off relationship, tell us below.

Relationship Advice from Justin and Selena: Should You Get Back with Your Ex?

By Marni Battista

In recent years, Justin Bieber and Selena Gomez have had quite the whirlwind romance. The two pop stars were in a much-talked-about long-term relationship before they broke up and have subsequently reunited multiple times...although as of publication, their relationship status could easily have changed again. One thing we do know: breaking up and getting back together multiple times is mostly a good indicator that you should NOT get back together. So should *you* get back with your ex?

There's no simple black-and-white answer. The answer will

differ for each person and each situation. For example, if you ask your mom, she'll have a bevy of "solid" advice based on her experiences. Your sister will issue forth another set of breakup rules she created during her formative relationship experiences. Perhaps one best friend says "forget him," while the other, who just reconciled successfully with her ex, urges you to take it slow and give it a try.

If you're considering taking your ex back (and it isn't the fifth time around like Justin and Selena), what do you need to know first? Here are five things Dating with Dignity advises that you think about before you get back together with your ex.

Related Link: [Justin Bieber and Selena Gomez Confirm Rumors That They're Back Together!](#)

1. Why do you want to get back together? Is it because you're lonely? If you feel as if you'd literally be in a relationship with ANYONE – including the Starbucks barista – because you're missing a warm body next to your's each night (and he's not half bad-looking), you might need to reevaluate getting back together with your ex. However, reasons such as "I don't think we gave it a good enough shot" or "We've both been doing a lot of internal work, and I actually think it will be healthier and more fulfilling if we try again" are both good reasons to give it another go.

If you need to think about it, take at least a few hours and really make sure you're getting to the core of why you want to try again. Our best advice is don't respond to his text, email or call immediately. Let it soak in. Consider all the options and **then** form a responsive (rather than reactive), solid reply to his request.

2. Why did you break up? If any of the reasons for breaking up include addiction, behavior dysfunction, physical or emotional abuse or cheating, the answer is always going to be a clear-

cut no. According to most addiction specialists, a person must be sober at least one full year before engaging in a relationship. That said, make sure the timing is right if the reason you broke up involved any form of addiction.

However, if it was a reason such as one of you wasn't fully out of a prior relationship or one of you needed to focus on some "loving myself" time to really be ready for a relationship, a redo could be a good idea to consider.

3. Is the issue something that's consistent or a one-time event? If cheating was the reason you broke up but it was an isolated incident, getting back together can be put on the table. However, if it was consistent cheating or a repetitive cycle of adultery or being disrespectful, the chances your relationship will be successful the second time around are very low. One-time events can be something that each individual can work on over time, but it still absolutely needs to be addressed.

Related Link: [Lessons We Can Learn from Queen of Heartbreak, Taylor Swift](#)

4. How has your life changed since the split? Evaluate your current lifestyle. Has it improved since your breakup? If yes, it's probably a good idea to steer clear of your ex. Perhaps you just didn't feel as good about yourself when you were with him, or your health wasn't a priority because you were so focused on the relationship. In that case, don't even think about it.

But if you feel like giving it another try could improve your quality of life, it may be worth reaching out or responding to him if he's been attempting to contact you. The reason to get back into a relationship isn't because you feel like you need him to be complete or happy. Instead, make sure you're coming from a place of "wanting" the relationship to enhance an already fulfilling and sweet life.

5. Let him show you, not tell you. Is your ex starting to show up repeatedly? Can you see the changes in his life? Did he finalize his divorce or get a new job? Has his demeanor changed? Are your interactions different? Does it really seem as though he's worked on the shortcomings that led to the end of your relationship? Words are great, but actions are everything. So if you can see notable changes in someone, it can be a great indicator of a high chance of success in your "new relationship."

Remember, if you get back together with an ex, you must start over. The time you spent apart allows you a clean break for you to begin to date again. Don't rush into anything and don't try to pick up where you left off. Have realistic expectations and pace the relationship just as you would with a brand new suitor. Hopping into bed with your ex right away and assuming you'll be back to exactly how you were before is a great way NOT to be successful in trying again. Collect data, have fun, make sure to keep your non-negotiables in place, and make sure you keep your three c's top of mind: compatibility, chemistry and communication!

Marni Battista, founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for your self and others. You can contact Marni at marni@datingwithdignity.com.

Celebrity Couple: Justin Bieber and Selena Gomez

Confirm Rumors They're Back Together!

By Andrea Surujnauth

It seems that Jelena is back in the spotlight! Justin Bieber and Selena Gomez are back together and according to [Usmagazine](#), they announced it by posted pics for the world to see. The pictures were posted on each of their Instagrams. One picture shows Bieber with his shirt off and Gomez hugging him from behind. The picture, captioned by Bieber, stated, “‘You’ve been makin music for too long babe come cuddle’ – her.” Rumors about the couple rekindling their love have circulated ever since they were seen kissing backstage during Bieber’s concert in Norway. Gomez also went on record to say that the fans should not take every move they make seriously. The couple broke up in December 2012, but a source close to Gomez said, “Justin pursued Selena and she gave in.” Will the relationship last this time? “Who knows with them?” the source said. “They’re always back and forth!”

How do you keep rumors at bay in your relationship?

Cupid’s Advice:

Rumors can endanger even the strongest relationships. How do you keep your relationship above water in a sea of gossip? Cupid has some suggestions:

1. Comment: When a rumor is being spread about your love life, comment on the rumor if someone asks you. Let them know the truth. If you choose not to comment, the lies will spread and no one will know what is real and what isn’t.

2. Closeness: You and your sweetie need to have a tight bond and trust each other. This way when rumors are being spread,

neither of you will be insecure enough to fall for it.

3. Verbalize: Put the rumor out there for people to see. By acknowledging it in public, people will see that it is clearly just a rumor. Talk about the rumor with your partner so they know that the rumor is floating around so they can help publicly debunk it.

How do you keep rumors at bay in your relationship? Comment below and let us know!

Celebrity Couple: Selena Gomez Admits She Made Justin Bieber Cry

By Meghan Fitzgerald

Selena Gomez was a guest on this Monday's episode of David Letterman. Letterman started off by saying the last time you were on the show, you were with Justin Bieber. [People](#) stated that Letterman continued to say that the relationship is no longer going on. Gomez broke into a smile, saying she is single and that she's good. [NY Daily News](#) describes Bieber and Letterman's last meeting together on the show. Letterman recounted making the 'Biebz' cry, and Gomez chirped in and stated, "That makes two of us!"

What are some ways to apologize for making your partner cry?

Cupid's Advice:

No matter the situation, it is never a great idea to make your

partner cry. Although it is usually inevitable, you should try your hardest not to make your mate shed tears. Did you two get in a fight over money? Over the job you just lost? Or what your parents think of your love? Don't fume up over them, calm your temper and speak like adults. Cupid has some more advice:

1. Flowers: Flowers are pretty much the universal sign for 'I'm sorry.' They show your mate how much you care for them. Not really by how much you spent on them, I mean picking weed flowers won't do. It shows how much they mean to you. Even if you did make your partner cry, the flowers are a symbol for the love you have for your partner. Make sure you pick out their favorite flowers if you really messed up!

2. 'I'm sorry' letter: Letters show words, words show everything in the world. Emotions, feelings, power, strength, love; words can describe anything you wish to say. Say you made your partner cry over a petty fight, quickly grab a pen and paper and start writing away. In the letter, obviously apologize for whatever the situation may be, and express your feelings for your mate. How much they mean to you, how you cannot ever lose them, everything you're thinking.

3. Date: Take your beau out on a date for your mess up. Of course you should always take your partner out every once in a while. However, if you made your partner cry, they deserve a date asap. Take them to their favorite restaurant, or cook a meal at home. Combine the first two with this last one. Bring them flowers and the heartfelt letter you wrote for them on the date and you're all clear!

Have you ever made your partner cry? Explain your experience below!

Why 'Bachelor'-Inspired Values Matter in Relationships and Marriage

By Susan Shapiro Barash, Author of *The Nine Phases of Marriage*

What could be more appealing in today's slick, fast paced society than to watch a dashing handsome bachelor who is also pristine make his commitment known to us? It is little wonder that 28-year old Sean Lowe captured the attention and curiosity of so many female viewers.

And while the heat was on to see his final choice and we waited with baited breath, it was refreshing to learn about a young, charismatic man who has a traditional attitude toward marriage and family. On March 11th when Catherine won Sean's heart, it underscored how much values mean in a relationship. Not only were we watching this couple move forward with great anticipation, but this next step also jolted us into thinking about what it takes for a marriage to be successful.

The Pillars of a Love Relationship

According to the media, the lucky couple hopes to start a family right away, and this of course is a big part of the picture. When it comes to commitment in a love relationship, there are other factors as well. The foundation of a solid relationship and marriage include:

1. Honesty and respect: There is no better way to build the relationship and sustain it through the ups and downs of daily life.

Related: [Justin Bieber Proves Honesty is the Best Policy](#)

2. Commitment and Communication. A couple should, ideally,

discuss their views in depth on the following (in no particular order) family –including in-laws, friendship, children, work ethics, finances, and religion ahead of time with full disclosure, in order to secure the relationship.

Related: [How to Communicate to Get What You Need](#)

3. Flexibility and Understanding. Both parties should know one another well enough to roll with the punches and support one another in times of need.

Shared Values Protect the Relationship

Many times couples are too caught up in the excitement and the passionate phase of a new relationship and pending marriage to address the important issues stated above. The problem here is that if expectations are implicit and not fully discussed and recognized, this can lead to problems later. If a couple is not prepared as a team for the ups and downs of life (illness, loss of job, problems with children, relocation) and has not discussed the 'what if's, there can be friction ahead and this can drive a wedge into the relationship.

It is wise to remember not only that life throws us curve balls, but that it is our esteem for one another, our shared points of view and methods of coping that will get us through.

Susan Shapiro Barash is the author of 13 books on women's issues and is frequently sought after by national media to comment on gender and relationships issues. Most recently, she appeared on ABC's 20/20 to discuss "The Truth About Lying" in marriages. In her recent Huffington Post piece, "It's Wives Who Want More Sex and They Are Getting It," Barash reveals some surprising statistics she found about wives and their intimate relationships.

How to Date Like A Celebrity

By Andrea Surujnauth

You always hear about celebrities going on flashy dates and having such a great time. But how can we experience glamorous dates like that without having to rob a bank? We took some extravagant dates by different celebrities ... and re-modeled them with more reasonable price tags. No need to break a sweat when re-creating these amazing dates:

Justin Bieber and Selena Gomez

The Biebs has a wallet that weighs more than he does, so he had no problem taking Selena Gomez to the Staples Center just to watch the *Titanic* ... all alone. No biggie!

DIY Version:

Throw on a nice outfit. Just because you're watching a movie at home doesn't mean it has to be the same old DVD and pajama routine. No need to wear a dress suit, but give the pajamas a rest today. Get a projector and some yummy popcorn. Turn the lights off, get close and enjoy your at home movie. No LA Lakers arena needed!

Related: [Creative Dating on a Dime for Valentine's Day](#)

Jennifer Aniston and Justin Theroux

This sweet couple decided to have a romantic dinner under the stars. The two were in Paris together and had a nice meal in the Eiffel Tower. Talk about a star-studded date!

DIY Version:

Have a late night picnic in your backyard. Cook something nice, dress up your backyard picnic table with a white table cloth, and light a few tikki torches and candles. Sit out in your backyard and watch the stars while you and your date enjoy a meal. Who needs Paris with a date like that?

Justin Bieber and Selena Gomez (again)

This kid never takes a break from spending all that money. He took Selena Gomez to see a Demi Lovato concert. How sweet! Is it any wonder why girls all around the world go crazy for this teen sensation?

DIY Version:

We all know how much those concert tickets cost. The only seats that are well...sort of.. affordable are the ones all the way in the back. Binoculars anyone? Well instead of wasting money on a terrible date, go see a local band perform. The music is just as great with less crowds.

Related: [Date Idea: Dress Up](#)

Sophia Vergara and Nick Loeb

So this hot couple went to Mexico to see the ruins together. Vergara brought her whole family and ended up getting engaged on top of one of the ruins. The two got permission to climb one of the beautiful ruins where Loeb got down and one knee and proposed to Vergara.

DIY Version:

Here is a date idea with some history thrown in just like Vergara's rendezvous in Mexico but minus the proposal. Go to museum with your beau. Museums usually have one free day and some are even free everyday. How's that for a breathtaking price tag?

What are some ways you re-create celebrity dates? Comment

below and let us know.

Date Idea: Warm Up With Winter Cocktails

By Deanna Atkins

You and your special someone can enjoy what's left of this chilly winter with warm cocktails that are perfect for this time of year. [Indulging](#) in a hot spiked apple cider or learning how to make a hot toddy will set you up for an intimate night that's different from just cracking open a couple of beers or sipping on a glass of wine.

If it's a night for two, you and your [honey](#) can relax by the fireplace with drinks that will make you feel warm inside – and maybe even a little lovey too. Look up recipes to make so you each can try your best at perfecting your own beverages.

Have a soft spot for hot chocolate? Add tequila or peppermint schnapps to this classic drink – and don't forget the whipped cream. Another twist to attempt is adding KahlÃ© to the concoction. If you have a bottle of red wine that has overstayed its welcome in your home, uncork it and add spices, citrus, sugar and brandy to achieve a delicious mulled wine. Light some candles, put on soft music and enjoy tasting each other's signature drinks.

For more [fun](#), host a (warm) cocktail party at your place. Invite close friends over to celebrate winter's end. Have each guest bring over a bottle, a mixer and a garnish, but make sure they know to stay in the theme. Some easy suggestions

include eggnog, rum, Tuaca, bourbon, cinnamon sticks, dried cherries, vanilla and miscellaneous spices. Then, taste everyone's homemade cocktail and judge who made the ultimate drink at the end of the night.

This weekend's date idea can also be done at a bar with your friends and a professional mixologist. Be sure to step out of your comfort zone and try something new. Testing out a variety of unique flavors and spoiling your senses with a delicious drink will spice up your night and refuel your [connection](#) with your man.

What is your favorite winter cocktail? Share below.

10 Most Outrageous Celebrity Valentine's Day Gifts

By Michelle Danzig

With the most romantic day just around the corner, you may find yourself pressured to find the perfect gift to surprise your sweetie. In today's economy, it's hard not to find yourself in the cards, candy and flowers section of the department store, looming over the inevitable three-hour wait for dinner reservations this Valentine's Day. But what would your holiday be like with some extra, disposable income? Look no further than these 10 celebrities who emptied their pockets and went over-the-top with these outrageous Valentine's Day gifts for their significant others:

1. Courteney Cox: Before their recent split, Cox once purchased her then-husband, **David Arquette**, an antique

Carousel horse. The estimated cost of an antique can range anywhere from \$3,500 to \$45,000.

2. Jay Z: With an estimated cost of \$24,000, the rapper and record producer bought his now-wife, **Beyonce** a Platinum covered mobile phone. I wonder if she picked that up while she was dancing in the club with Lady Gaga?

3. George Clooney: Even though it seemed like a fling, in 2008 Clooney splurged \$40,000 for girlfriend **Sarah Larson** on a hotel suite at the Hugh Hefner Sky Village in Las Vegas's Playboy Tower at the Palms Casino Resort. Not only that, but the two had dinner at the exclusive Nove restaurant while watching the Cirque Du Soleil tribute show to the Beatles at the Mirage Hotel and Casino.

Related: [Extravagant Celebrity Gifts Within Reach of Your Budget.](#)

4. Angelina Jolie: If you were anticipating another adoption, think again. Jolie bought hubby **Brad Pitt** a 200-year-old olive tree for £12,000—a little over \$19,000—for Valentine's Day last year. The olive tree was planted at the couple's chateau in France and is said to be a symbol of peace and longevity.

5. David Beckham: The sexy soccer star bought wife **Victoria Beckham** an \$8 million Bvlgari necklace and flew chefs in from her favorite restaurant in London to Spain to prepare dinner.

6. Justin Bieber: Although sadly the teen power couple is no longer involved, the 18-year-old pop star spent \$2000 on singer and Disney Channel star, **Selena Gomez** by buying out an entire florist of his roses, tulips and daisies. Talk about being Justin's girlfriend...

Related: [Valentine's Day Advice: How Successful Women Can Ditch Dating Duds](#)

7. Jerry O'Connell: The *Stand By Me* star once planted over 800

grapevines in the home he shares with fellow actress and [wife](#), **Rebecca Romijn**. The estimated cost of this fruitful investment is \$52,000.

8. Howard Stern: The over-the-top radio personality designed and gave his now-wife, **Beth Ostrosky** a 5.2 carat emerald-cut engagement ring valued at over \$250,000 on Valentine's Day in 2007.

9. Katy Perry: Before filing for divorce in 2012, the singer purchased hubby **Russell Brand** a lilac-colored Bentley Brooklands. Interested in buying this for your sweetie? The base price for a 2009 model is nearly \$341,000.

10. Mike Tyson: Known for some previously extravagant gifts, the former undisputed heavyweight champion purchased a \$2 million bathtub for ex-wife **Robin Givens**.

Get a crazy gift for Valentine's Day? Share your story below!

Justin Bieber and Selena Gomez Reunite in L.A.

By Jessica Conigliaro

Only a month after they called it quits, Justin Bieber and Selena Gomez have been seen together. [UsMagazine.com](#) reports that Gomez spending the night at his house in L.A. It is unknown if they will be getting back together or have even rekindled the romance in any way; however, the two celebrities can't seem to stay away from each other.

How do you know whether to get back with your ex-partner or not?

Cupid's Advice:

Determining whether or not you should get back together with your boyfriend is something a lot of people struggle with. They were a big part of your life and now they are completely removed from it. You are left feeling empty and alone, no matter how the breakup occurred. Here are some ways to tell if you should get back together with your ex, or if the relationship was never meant to last:

1. Offers emotional support: In order to know if you are truly meant to be with someone, you have to figure out what is most important to you; if you are the type of person who needs a sensitive guy that lets you know how he feels, don't settle for anything else. If your ex was not able to support you emotionally, they should remain your ex. However, if you realize the breakup only occurred out of a stupid fight, reconsider the situation.

2. Remember why you broke up: In every relationship there are obstacles to overcome. Having made the decision to end things, there was clearly a major issue between you and your partner. Don't just focus on what you miss in your ex—focus on how bad it got as well. Otherwise, you'll find yourself making the same mistake twice.

3. Ask what your friends think: A great way to get a second opinion on the matter is by asking the people that are closest to you. They usually know what is best for you and will have strong perspectives. If they are completely shocked by the breakup and didn't see it coming, it is possible you made a rash decision out of anger and should try talking to your ex again.

How did you know getting back together with your ex was the right thing to do? Share your experiences below.

Selena Gomez is 'Having a Good Time' Post-Split with Justin Bieber

By Meghan Fitzgerald

Unfortunately, Selena Gomez and Justin Bieber are still broken up. Even though the couple were loved by many, they are learning to deal in separate ways. Gomez has been completely content with their breakup. According to [EOnline.com](#), she said, "I've been recording, having a lot of fun with my girlfriends, having a good time." Bieber on the other hand is not handling the breakup well, reports [People](#). Gomez is even using her breakup to separate herself from her Disney image.

What are some ways to quickly get over a painful breakup?

Cupid's Advice:

Breakups suck. It's as simple as that. They are not easy and they are not something a person wishes for; however, they do happen and there are ways to cope with them. Every person reacts to breakups differently and there are certain ways to get over them. Cupid has some advice:

1. Rebound: Although this may not be the most mature decision, rebounds get your mind away from the situation that you're in. You can simply delve into another person to forget about the person who just broke your heart. This will still hurt and it may not be easy for you to be intimate with someone else however, you will have fun and stop thinking about your ex.

2. Drink your pain away: Similar to the first scenario,

drinking excessively may not be the best situation for you. Depending on how you live your life, drinking may not help you cope. However, for most women, a bottle of wine in, you will not remember the guy who broke your heart. All you will love is the bottle of Cabernet on your counter.

3. Talk to your parents: Who better to help you with your relationship problems than your mother or father? The most wise people on the planet are simply a phone call away. Even if your parents are not always the person you want to talk to, they have so much wisdom to spread. Also, you can cry to your parents and they won't judge you.

Have you got over a breakup quickly? Explain below!

5 Celebrities Who Don't Know How to Date

By Courtney Allen

Some of the hottest celebrities in today's world find their soul mates on the Hollywood forefront. Couples from the likes of Brad Pitt and Angelina Jolie and Justin Bieber and Selena Gomez are deemed "the lucky ones" in just a handful of celebs who have hit the jackpot on love. But for others, dating is nothing more than a love taboo. After endless relationships, dates, splits, and shots at love, these five just can't seem to settle down with the right one:

1. Taylor Swift: If there's one thing Taylor Swift is known for, it's her willingness to share her heart-wrenching and disastrous relationships with the entire world. This seems to

be one of the many reasons why this flawless Cinderella can't find a Prince Charming to last forever. Swift has dated a series of celebrities ranging from from John Mayer to Jake Gyllenhaal and she has the songs to prove it. The musical genius even confessed her dating troubles, telling *British Cosmopolitan*, "I don't know how to make relationships last." Swift may not be able to make them last just yet, but practice makes perfect. The gorgeous musician recently split from One Direction's Harry Styles.

Related: [Celebrities With Too Much PDA](#)

2. John Mayer: Heartthrob John Mayer has a way with musical lyrics, but certainly not with the ladies. The smooth singer and his unfavorable habits were exposed with release of Taylor Swift's "Dear John," in which she calls Mr. Mayer out for a number of wrong-doings during their rocky relationship. The song called fans to speculate the 35-year old brown-eyed boy's past relationships, which includes celebs like Jennifer Anniston, to see if he was a repeat offender of breaking hearts. It's clear Mayer was nothing less than a heartbreaker for Swift. Let's just hope Mayer takes better care of alleged new girlfriend, Katy Perry.

3. Emily Maynard: Both *The Bachelorette's* and *The Bachelor's* Emily Maynard has been in the center of love's battlefield for the past two years. This sweetheart momma has been engaged twice since both shows have ended and still remains single. Her relationship status leaves us wondering exactly how this tan, blonde bombshell's fairy-tale like relationships take a turn for the worst so quickly. Not only are her engagements called off, but they end rather messy with ex-fiancée Brad Womack's insults and Jef Holms' digs on Twitter. Seems like the last thing Miss Maynard needs is for her next few dating experiences to be televised for millions to see.

Related: [Celebrities Who Are Better Off Alone](#)

4. Joe Jonas: One-third of the Jonas' Brothers, Joe Jonas, has had his fair share of dating experiences amongst some of the youngest and hottest Hollywood starlets. His flings include powerhouse singer and actress Demi Lovato, *Twilight* star Ashley Greene, and even girl next door, Taylor Swift. It is said that Miss Swift's "Forever and Always" is all about the boy band's lead singer, but Swift wasn't as forward in revealing who ripped her heart to shreds in this tune. Not much is said about the musician when it comes to dating, but it seems like he has some trouble keeping a girl around for good.

5. Flavor Flav: It's hard to forget Flavor Flav as he was once the face of VH1 for his popular reality television show *Flavor of Love*. The ex-rapper searched for three long seasons for a woman to call his own, with at least twenty five girls to hand-pick for himself, and still ended up with nothing. Flavor Flav did eventually find what he was looking for, but none of the girls from his show proved worthy. Even so, we can't help but think the long chain-wearing goofball has trouble dating after several failed opportunities placed directly in front of him.

Which celebrities do you think have the most trouble dating? Share your thoughts with us!

Prince Harry Says He's 'Thrilled' About Royal Pregnancy

By Meghan Fitzgerald

[People](#) reports that Prince Harry is ecstatic to come home and be an uncle after returning from the war. Kate Middleton and Prince William are expecting their first [child](#) in July. With humor, Prince Harry stated that it is “about time” for the [love](#) birds to have a child. Although Prince Harry is ‘thrilled,’ he also explains to [Hollywood Life](#) that he doesn’t find it fair for the couple to force their [pregnancy](#) news. Harry is looking for ‘the one’ ... someone who isn’t frightened by the royalty.

What are some ways to support your pregnant friend or relative?

Cupid’s Advice:

It is necessary to show your pregnant friends and relatives that you are there for them. No matter the circumstance, it is essential to let them know you are ready to help them out. Here are some other ways to support them:

1. Allow them time alone: Although your [pregnant](#) friend or relative may want you around to assist with baby showers, or do obscure food runs, or just simply be around. It is necessary to give them some time for themselves, let them take a deep breath and relax. A huge way to support them would be to set up a hot bubble bath with a cup of tea and let their emotions fade out.

2. Help with the baby shower: Being pregnant is not always easy. With doctors appointments, constant belly rubs, possible active work, a baby shower seems impossible. Most mothers are ecstatic to celebrate their [baby](#) on the way with a shower. To support your friend or relative, help them with the planning and organization of the shower. Help make invitations, or gather food together. You could also put together a trivia game, or find a venue for the shower. This takes a toll off the mothers’ shoulders.

3. Offer them a foot massage: Yes you may be opposed to this however, think of all the weight and stress that [mother](#) is putting on her feet. A foot massage would allow them to unwind, relieve some stress, and give you a few extra bonus points.

Have ways to support? Explain below.

Selena Gomez Opens Up on Life After Justin Bieber Split

By [Nic Baird](#)

Selena Gomez made several references to [moving on](#) from a [breakup](#) during a private UNICEF benefit concert on Jan. 19, according to a [People](#) source who attended the event. Gomez performed an acoustic cover of Justin Timberlake's "Cry Me a River," which recent [ex](#) Justin Bieber had done in concert a few months before. She "seemed so angry" during the song, the source reports. Gomez told the crowd that she'd "been through a lot the past few months. It's been weird and sad and cool."

How do you move on from a bad breakup?

Cupid's Advice:

Even if you're still balling from a fresh [breakup](#), have hope! Your feelings will settle and things will get better. Life's not over and there's many more worthwhile connections to make. First of all though, you have to move on! Here's how:

1. Understand your feelings: The [end of a relationship](#) can hit hard or fast. And you feel it for sure, but you don't always

know exactly what you're feeling. Obviously talking about with friends and family helps you sort things out. Listen to some music and use it as a catalyst for your thoughts. Make sure to move towards closure, but don't shy away from your emotions.

2. Find perspective: Not to undermine how difficult this is for you, but you're not alone. Ever since we evolved from the alpha male system and his harem of child-bearers, people have been getting [dumped](#). Ask Taylor Swift, she'll tell you! No doubt the effect of a personal tragedy like a significant breakup can't be belittled, but, really, these things happen. Will you persevere despite this undeserved hit?

3. Live life: Go out and enjoy life as a single person. It can be a fantastic experience. You can be whoever you want and act with spontaneity Put more into your life, and you'll get more out of it. Sports, exercise, art, music, new skills, new projects, new friends, old friends, and anything else that raises your interest. Spend your time wisely, even if you suddenly have much more on your hands.

How have you moved on from a broken heart? Share your experiences below!

Justin Bieber and Selena Gomez Break Up 'for Good'

By Nic Baird

Justin Bieber and Selena Gomez have ended their relationship for good, according to UsMagazine.com. Bieber has since been caught, days later, smoking weed in some TMZ photos. Bieber and Gomez did travel to Puerto Vallarta, Mexico, on a New

Year's trip, but the holiday romance was cut short when Gomez abruptly flew home to Los Angeles on Dec. 30 where she spent the New Year with friends at a house party.

How do you know when your relationship is truly over?

Cupid's Advice:

There's nothing more painful than a one-sided relationship. Don't pour your heart down a bottomless pit. Relationships need sharing, vulnerability, and devotion. Find out if your partner has these qualities by looking for these signs:

1. No values: Getting a baseline for the personal values of your partner is a good way to decide if they're ready for a serious relationship. Discuss the principles you hold when you enter into a relationship, such as monogamy and honesty. It should be clear if they're looking for one person, or if they have a constant flirtatious attitude.

2. Separate goals: Does their lifestyle support your relationship? Recognize if they'd rather spend time with you, or go out drinking with mixed company. If they don't have room for you in their schedule, it could be that they're very career oriented, but make sure you're their preference. If they're willing to spend the time to develop as a couple, it shows sincerity.

3. Growing distance: Fostering a connection with your partner, takes time and patience. If they're afraid to open up to you, maybe they're afraid to be honest. Players, though charismatic will be reluctant to share too many details of their life. As zealously enigmatic creatures, the fact that you haven't yet figured out if they're a player or not is a bad sign.

How did you clue in that your relationship was over? Share your experiences below!

Giveaway: The Best Celebrity Fragrances of 2012

This post is sponsored by Elizabeth Arden.

By Whitney Baker

While the season of gift giving is upon us, it is also the season of stress and crowded malls and last minute shopping. With the endless options of presents, how do you ever decide what to get your sister, best friend and co-worker? One idea – something that is unique and smells good to boot – is purchasing a new perfume. With that thought in mind, we decided to round up the best celebrity fragrances of 2012 – and hopefully help you out with some of your holiday shopping. Plus, two lucky CupidsPulse.com readers will win a bottle of Wonderstruck by Taylor Swift!

1. Girlfriend by Justin Bieber: It's no surprise that the pop superstar's first scent, Someday, was the biggest celebrity fragrance launch in history. The name of his second fragrance, which debuted in June of this year, captures a dream-come-true for so many of his fans: to be Justin Bieber's girlfriend. Perfect for the Belieber in your life, Girlfriend combines fruity notes of mandarin and blackberry with exotic scents of pink freesia and star jasmine, topped off with vanilla orchid and luminous musk.

Related Link: [Extravagant Celebrity Gifts Within Reach of Your Budget](#)

2. FAME by Lady Gaga: Of course, this musical sensation makes sure everything she does is one notch above the rest – and the

development of her first fragrance was no different. FAME is the first-of-its-kind black Eau de Parfum: using fluid technology, it is black in the bottle but invisible once airborne. Created with her little monsters in mind, it smells of belladonna, incense and apricot and empowers its wearer with its mysterious scent.

3. Pink Friday by Nicki Minaj: Nicki Minaj partnered with Elizabeth Arden for her debut fragrance, named after her 'Pink Friday' album and world tour. Building off of her signature sound and style, she wanted this scent to be a celebration of her life and a reflection of herself. The fragrance includes mouth-watering fruits, pink foral petals and the warmth of vanilla, musk and woods. If the smell isn't enough to grab the attention of Minaj's Barbz, the outrageous bottle design will surely do the trick.

4. Nude by Rihanna: Described as "sassy and feminine" by the songstress herself, this fragrance – the third one by Rihanna – is a sweet floral and fruity scent with a vanilla background. With a base of sandalwood, orchid and "second skin" musk, the fragrance offers a feeling of intimacy and bare skin to its wearer. The simple yet beautiful bottle design adds a touch of sophistication to the scent as well. As Rihanna said at the fragrance's launch, "It's subtle but makes a statement no matter what."

Related Link: [Top 3 Pre-Date Primping Rituals](#)

5. Wonderstruck Enchanted by Taylor Swift: The newest scent in this country crooner's Wonderstruck fragrance collection, this perfume smells of creamy flowers, like peonies and white freesia, mixed berries and vanilla musk. Of Wonderstruck Enchanted, Swift says, "Wonderstruck is about that moment when you instantly feel a connection to someone, but then there's that feeling of being completely enamored – enchanted – when you know a little more about that someone." It's a perfect present for anyone who loves Swift's honest and heartfelt

lyrics.

~~GIVEAWAY ALERT: To enter for a chance to win a bottle of Wonderstruck by Taylor Swift, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know that you want to enter the contest. We will contact the winners via Facebook when the giveaway is over, and they will have three days to respond back with their contact information. The deadline to enter is 5:00 p.m. EST on Monday, December 24. Good luck!~~

Congratulations to Jessica Wroblewski & Shannon Pacella!

LeAnn Rimes Breaks Down Over the Ending of Her First Marriage

By Nicole Weintraub

LeAnn Rimes is currently married to Eddie Cibrian, though she recently broke down to tears while talking about the ending of her first marriage, according to UsMagazine.com. Prior to becoming Mrs. Cibrian, Rimes was married to Dean Sheremet and Cibrian was married to Brandi Glanville. The two hooked up on the set of *Northern Lights* in 2009 and have gotten married to each other since then. However, Cibrian and Glanville have two kids from their marriage, which has resulted in a fierce media war between Rimes and Glanville over the children. "I never, ever in my heart want to hurt anyone," Rimes opened up about the affair and the divorce. "You can't break what's already

broken," she explained in between sobs regarding her previous marriage. Regardless of the current media frenzy between Rimes and Glanville, Rimes remains hopeful that they can work together in the future to co-parent the two sons.

What are some ways to get over a particularly rough breakup?

Cupid's Advice:

Break-ups are hard to go through, but some are worse than others. Here are some tips on how to get over a specifically nasty one:

1. Close that chapter: Do not try to remain friends with your [ex](#), delete them from your Facebook and try to dispose of anything that would remind you of them. You need to go cold turkey in order to successfully move on.

2. Pick up a hobby: Get out that bucket list you've been putting off and start checking things off. Sign up for a kickboxing class or a zumba class. Experiment in the kitchen to learn new recipes.

3. Postpone dating: Take a break from dating to dote on yourself for a little while. Do what you want to do and don't worry about finding someone else until you're ready to put yourself out there again.

How do you get over rough break ups? Share your experiences with us in the comments below!

Giveaway: Holiday Gift Guide 2012: Our Favorite Gifts for Her

This post is sponsored by Elizabeth Arden, Good Works, Eyedoll Chatter, Native Union, MyMela & EyeMajic.

By Jennifer Ross

The holiday season has just started and already you are overwhelmed with what to buy your loved ones. Do you run around town, waiting in endless lines, hoping to find something perfect for your mother, daughter or wife? Who has that kind of time? Fortunately, thanks to the team at CupidsPulse, you don't have to. To cut down your holiday shopping time—and save your sanity—we have sought out some great holiday gifts she is sure to love. Even better, we are giving away some of these products to a handful of lucky visitors—see italicized notation under each product below. For information on how to enter, scroll down below to the bold copy marked **GIVEAWAY ALERT**.

1. Justin Bieber Girlfriend- perfume and lotion: For the one in love or wanting to be in love, [Justin Bieber's Girlfriend](#) fragrance tempts all your senses. Flirty, personal and inviting, this fragrance is designed to include three unique notes. "The Chance" begins with notes of sparkling pear, crisp mandarin, rich blackberry and mara strawberry. "The Dream" lures you in with notes of pink freesia, star jasmine, apricot nectar, and orange blossom. "The Kiss" excites your mind with notes of Vanilla Orchid and Luminous Musk. Its wrap-around bottle design and revolutionary magnetic bottle cap is fresh, new and designed especially for her heart.

(1) Holiday Giveaway: perfume & lotion set

2. Good Works Metallique Gunmetal Crystal Bracelet: Part of the “Metallique” collection for Good Works, this multi-wrap around bracelet will give any outfit a superior edginess with a feminine flair. The metallic gunmetal leather is glamorized with studded crystals, a circular belt buckle and inspirationally themed phrases to make a bold statement in style.

(4) Holiday Giveaways: gunmetal crystal bracelets

3. Eyedoll Chatter Mineral-Based Cosmetics: Perfect for young girls, [Eyedoll Chatter](#) Mineral-Based cosmetics is a new interactive line of mineral makeup kits that let your tweens and teens build their own colorful, scented shadows, blushes and lip glosses. Better yet, they can share their creations via text, Facebook or Twitter thanks to EyeDoll Chatter’s free iPhone app. Each of these adorable “it kits” comes with six different components. Eye and cheek kits have three all-natural colors and three scented shimmers (think birthday cake, cherry blossom, etc.) made with cosmetic-grade, skin-friendly fragrance. The lip kits have three colored glosses and three scented balms. The idea is to mix and match to your heart’s and your senses’ delight. The looks that can be created range from school-appropriate to party-sensational and they are all something to talk, text and tweet about.

(5) Holiday Giveaways: Hello Kissy Lipgloss Sets

4. Native Union POP Phones: Have something important to say or simply love to chat? The original retro handset from [Native Union](#) allows you to say it with style, anywhere! Manufactured with a high quality speaker and microphone for crisp sound and clarity, this classic 50’s Blakelit design telephone comes in many vibrant colors and patterns, with a luxurious soft-touch texture for improved calling comfort. Access to phone functions are convenient when making calls. It is compatible with notebooks and all mobile devices, including tablets, smartphones and cellphones. Best of all, you can choose from

either a wired or Bluetooth® technology POP phone.

(1) Holiday Giveaway: POP Phone (black)

5. MyMela Bangle Set: For the sophisticated woman at work or out on the town, MyMela Bangle Set will pull together your look wonderfully. Enjoy this set of three black and blue bracelets, hand made in brass, that can be worn individually or all together. Priced under \$15.00, this item is perfect either as a gift or stocking stuffer. Approximate size is 2.5" diameter. Nickel-free hypoallergenic.

6. Eye Majic's Select 16 Kit: For the woman on-the-go, Eye Majic's Select 16 Kit allows her to apply instant eyeshadow flawlessly for any occasion. At \$19.95, the kit comes with 16 applications of eyeshadow (10 matte and 6 pearl colors), one "foxy lady" application, one eye majic eyeliner, one "set in stone" practice application and a demonstration DVD.

~~**GIVEAWAY ALERT:** To enter for a chance to win one of the items listed above, go to our [Facebook](#) page and click "like." Then, leave a comment under our Holiday Gift Guide giveaway post letting us know that you want to enter the giveaway. We will contact the winners via Facebook when the giveaway is over, and they will have three days to respond back with their contact information. The deadline to enter is 5:00 p.m. EST on Monday, December 24th. Good luck!~~

Congratulations to all of our winners!

Lucy Long – Justin Bieber's Girlfriend Perfume & Lotion

Herman Carol – Gunmetal Crystal Bracelet

Karen Miller – Gunmetal Crystal Bracelet

Briana Christina – Gunmetal Crystal Bracelet & Hello Kissy Lipgloss Set

Amy Orvin – Gunmetal Crystal Bracelet & Hello Kissy Lipgloss Set

Diana Devlin – Hello Kissy Lipgloss Set

Leisa Allen – Hello Kissy Lipgloss Set

Sadie Anne Rue – Hello Kissy Lipgloss Set

Moni Lynn – POP Phone

Justin Bieber ‘Hasn’t Stopped Reaching Out’ to Selena Gomez Post-Split

By Jennifer Ross

It’s a game of on-again off-again for these two confused love birds. Selena Gomez and Justin Bieber just can’t seem to decide whether to call it quits or stay together these days. After breaking up on Oct. 31, Bieber has continued to reach out to Gomez, 20. On Friday, Nov. 16, the two had a sushi date that was followed by a horrible fight. Eventually, the couple made up sometime after Bieber had a great night at the American Music Awards. Bieber, 18, and Gomez have also been spotted together in Encino, CA on Nov. 19. The issue between them is Bieber’s inability to stop looking at other girls. “Justin has a wandering eye,” a source reported to UsMagazine.com. Also, Bieber wants to date other girls and possible hold on to Gomez. “He isn’t sold on the possibility that this is forever but isn’t sold on that it’s not.”

How do you know when to call it quits in a relationship?

Cupid’s Advice:

A supportive and loving relationship can be the best thing in life. However, when necessary factors in keeping the relationship strong are abused or broken, it is time to say goodbye. Important factors, such as the three listed below,

will help you to understand when it's time to leave:

1. Avoidance: If either one of you stops talking to the other, especially about important matters in the relationship, it is time to end it all. Your love for each other will only survive with positive, and sometimes negative, communication. Once the communication stops, so does the love.

2. Lack of respect: When the disrespect begins, such as bad name calling or yelling in public, this only leads to breaking up. In order to spend the rest of your life with someone, you and your mate will need more than just love to get you there. Respect to love and care for each other is vital for the times when life's challenges will stress you both.

3. Isolation: If you are in a relationship where your partner is driving all your loved ones away from you, leaving you completely reliant on one him/her for love and support, this is not a good sign. It's one thing for your mate to want to support you. However, this type of support is more like domination. Get out fast!

When did you know to call it quits in a relationship? Share your story below.

Justin Bieber Brings His Mom Patti to the AMA Awards

By Nic Baird

Without ex Selena Gomez at his side, Justin Bieber brought his mom to the 40th American Music Awards, Sunday, according to UsMagazine.com. The 18-year-old pop icon, escorted by mother,

Pattie Mallette, walked down the Nokia Theatre red carpet in Los Angeles and returned as the top winner. Bieber took home the awards for Favorite Pop/Rock Artist, Favorite Pop/Rock Album, and brought his date on stage for his biggest triumph, Artist of the Year. "This is my mom," Bieber said. "She's little, but she's beautiful . . . It's hard growing up with everything going on, with everyone watching me. I wanna always make you proud."

What are some ways family can help you get through a breakup?

Cupid's Advice:

Some great advice, just for life, is to spend time with your family. People used to marry each other, just so two families wouldn't start warring. It's a powerful institution because of the transcending love and zealous loyalty it creates. A significant other could cut you loose, but there's no such thing as breaking up with your family:

1. You're loved: You might feel empty, and incomplete. It's impossible not to doubt your self worth when someone who was crazy about you moments ago now wants to go their separate way. But you are not unloved! Familial love is deep and unconditional. It's there for you to rely on in moments like these.

2. You're supported: Your family has a duty to support you and lift you out of this rut. While you don't always agree with them, they always have your best interests at heart. Tell them what you need and they will rise to the occasion. This isn't charity, or pity, they want to help you, so let them!

3. You're needed: Your family needs your love as much as you need theirs. You're not an affection parasite, you're symbiotic! They know that if you give them the opportunity to help you, you'll be there for them when tragedy strikes. Mothers lift cars when their children are trapped underneath. Don't

underestimate this power!

How has your family supported you after a rough split? Share your experiences below!

Find Out About Justin Bieber and Selena Gomez's Date Disaster

By Nicole Weintraub

It seems that Justin Bieber and Selena Gomez are not completely over, according to UsMagazine.com. It seems the two recently reunited for a date disaster. Arriving separately at the restaurant, the couple got together to try to sort things out over a meal. Before even ordering, the two started arguing, which left Gomez stalking out of the restaurant. Bieber followed her home, but was denied access inside. The singer reportedly cursed and yelled when he noticed he was being photographed. The couple split back in October, which was initiated by Gomez. While rumors are going around that Bieber is texting other girls constantly, it seems that he cannot move on from Gomez. The two dated for two years and are still figuring things out

How can you fix a date that's heading south?

Cupid's Advice:

The worst feeling is when you are on a date and you just know it's going downhill. Here are some ways to turn that date around:

1. Excuse yourself: If you are fighting or are feeling nervous, excuse yourself to the restroom to compose yourself. Calm down and take a few deep breaths before returning.

2. Change plans: If everything about your date is turning out to be a disaster, change the night's agenda. Instead of going out to dinner, go to an arcade to break the ice.

3. Laugh it off: If you are being socially awkward or are fumbling every other word you are saying, laugh it off. Laughing at yourself is a sign of confidence and nothing is sexier than a girl with confidence.

Do you have dating disaster stories? Share your experiences with us in the comments below!

Selena Gomez Beams at Bash Post-Split with Justin Bieber

By Jennifer Ross

Even though her breakup with ex Justin Bieber is still fresh, Selena Gomez is out on the red carpet, looking fabulously single. At Glamour's 22nd Annual Women of the Year Awards in New York City, Gomez looked "bubbly and upbeat," sources reported to UsMagazine.com. "She looked genuinely happy...not like she was sad or bummed out at all." Dressed in all white by Giambattista Valli, with a deep v-neck up top, this singer was especially excited when she won her Woman of the Year award and gave a hopeful speech to the audience. "I just want to share with all the girls out there – you have a voice, you have a chance. Just do what you love."

What are some ways to move on quickly after a breakup?

Cupid's Advice:

Although it's difficult to go through, a breakup is not the end of the world. Sometimes, it can actually be a good thing. You now have time to re-find yourself and do the things you love again that got lost in the relationship. Don't know where to start? Here are three tips to get you moving forward:

1. Clean house: First, collect all the things around your home that remind you of your relationship and move them out. The goal is to make a space that is only yours, not a shrine to a past love. Also, don't worry about getting your things back from your ex. You're better off buying them again than risking a relapse.

2. Make plans: Now that you have free time, make plans for all the things you didn't have time for when you were dating. Meet up with old friends, dust off your surf board or roller blades take up a new class. Whatever it is, get out there again and have fun.

3. Take time: Regardless of whether you or your ex broke up, you are going to need time to heal. Therefore, save some of your time to be alone and reflect back on what went wrong. You must reevaluate the past issues in order not to repeat them.

What did you do to move on quickly after a breakup? Comment below.

Justin Bieber Vaguely Speaks Out About Split with Selena Gomez

By Nic Baird

Pop star Justin Bieber and actress Selena Gomez split on Halloween, according to UsMagazine.com. "I don't know what to say," the tween idol said in an interview with Open House Party, Nov. 10. "I don't know what's going on in my life ... To even assess that it doesn't make sense 'cause I have not made any comment." Since their Oct. 31 breakup, Gomez has been keeping a low profile. However, a Gomez insider saying the couples' challenging schedules and trust issues were at the core of the breakup. The couple had been dating for two years.

What's the best way to begin coping with a recent breakup?

Cupid's Advice:

The sense of loss and loneliness that washes in post-breakup can leave you fragile and bitter. Don't reminisce about the good times. There's no point in dwelling on someone who doesn't want to be a part of your life. Cupid has some advice:

1. Forget the past: While this person may have been important to you only days ago, it's hard to accept that they've lost all relevance to your life. If you saw this person as your partner, and now they can't fill that role, trying to figure out a new dynamic or identity is useless and painful. Don't weigh yourself down with issues that aren't your problem anymore! Move on, and find someone better.

2. Focus on yourself: People always say this, but what does it mean? Basically 'be the person you want to be.' Your sense of worth and purpose are being challenged by this recent breakup,

don't let it dominate your self image. Put more into your life, and that void will start to close up. Sports, exercise, art, music, new skills, new projects, new friends, old friends, and anything to take up your time. Here's your chance to do the things you've always wanted to do without needing your partner's approval. Take advantage, especially if they were the bossy type.

3. Socialize: Olivia Wilde had this to tell *British GQ* about her divorce from Tao Ruspoli: "it's never easy... And anyway, you fall in love again. Oh God, to think that you only fall in love once in your entire life is such a depressing thought." Thanks, Olivia, for reminding us that whatever your feelings are for your ex, they'll soon be overshadowed by a fresh love. Go out and have fun! Rekindle old friendships! Explore your options thoroughly as a newly single bachelor/bachelorette. This doesn't mean start looking for a replacement, instead establish your power as a single individual.

How have you dealt with a recent breakup? Share your experiences below!