

Ask the Guy's Guy: Should I Stick Around to Feel the Spark Again?



By [Robert Manni](#)

Question from Riley A, "I feel distant in my relationship. I feel like we're growing apart, but I want to grow together. I don't know what to do. Should I end it, and maybe find the spark in someone else? Or stay and wait for the romance to come back?"

Should you wait for the spark to

come back? Or move on?

Hi Riley:

It can be challenging when you reach the point in a relationship when things feel stagnant and that special spark is missing.

It sounds like you want to keep things going so I suggest you take a step back and consider where your relationship began, where it has led you, and how you feel about it now. Ask yourself why things may have changed and what circumstances may have affected the current lack of sparkles. The answers are usually right there when we become still and look inside.

Related Link: [Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?](#)

I also suggest broaching the subject with your partner. Ask him how he feels about things if he has any issues, and where he sees the relationship going. That will also provide context for where your relationship stands and its future possibilities.

Every relationship is different and every couple has to find their own ways to make things work if this is what they both really want.

Take the time to look inside, then trust your gut and intuition. Ultimately, this is about your finding the happiness and love you deserve.

Good luck.

Robert Manni

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com

More about the Guy's Guy:



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Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly “Guys’ Guy’s Guide” exploring current guy-focused topics.

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Read more at [Cupid’s](#).

Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?



By [Robert Manni](#)

Question from Kaylee M: "My boyfriend and I have been together for a while now, and we both know we're going to end up together for a while. But, he might have to take a job that's 6 hours from my home, and that might be an issue for me. I'm very close to my family and not sure if this is a move I want to do. What should I do?"

Boyfriends moving away, should you

go with him?

Hi Kaylee:

You have a lot of variables to consider before making a decision about this move. It's great that you have a strong bond with your boyfriend, that he has a great opportunity, and he wants you to join him. Now it's time to ask yourself questions. What are the opportunities for you if you join him? Do you have a career where you currently live? If so, can you get a transfer to the new locale or easily find a similar job there? Have you visited this location? Did you like it, and could you see yourself living there? Do you know anyone there? How difficult would it be to visit your family if you move?

Six hours by car is substantial, but it's not like moving across the country. You mentioned seeing yourself together with your boyfriend "for a while". How long is a while? Is it long enough to pick up and move your life, career, and away from your family? Only you know the answers to what's in your heart and what his intentions are.

Related Link: [Ask The Guy's Guy: What Do I Do If I Have Trouble Opening Up To My Significant Other](#)

I'm not trying to throw water on what could be a great opportunity for both of you. I'm suggesting you consider how all the variables of this move will impact you and your life, friends, and family connections. I'm also wondering what your boyfriend has to say about this opportunity as it relates to you. After all, you will be making a sacrifice since he already has a job set up. Was this opportunity a surprise or something he has been working towards? As you can see, there is a lot for you to consider prior to making a decision. You may discover that it can turn out great for both of you. Or not. Only you can get the answers you need to make a wise decision. After all, your number one priority and consideration is to yourself. Good luck!

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Ask The Guy's Guy: What Do I Do If I Have Trouble Opening Up To My Significant Other



By [Robert Manni](#)

Question from Rachel A, Riverhead, NY: "I have trouble opening up to my significant other. I don't know why I have trouble telling him how I actually feel! How do I fix that?"

It's time to open up to your significant other!

This is an interesting question, Rachel, as more women than you'd expect are experiencing this issue. Unfortunately, for

both men and women, failure to share their feelings over time often results with the relationship ending. Some women I've spoken with are often reticent to instigate a conversation with their man when they have something important to share about their feelings. Often they dance around the subject or hold off on telling their partner exactly how they feel. Over time this can breed resentment in her if she believes her partner does not know how she feels. If not handled properly, it gets worse and can become a deal breaker.

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Sadly, although men need to do a much better job of focusing on their partner's feelings, they do not mind readers. Guys are fairly simple when it comes to dealing with what's on their mind in a relationship. If they say nothing, it usually means that in their mind, everything is fine. When they have a problem, they often bring it up with their partner. Guys usually decide their next move based on how the discussion goes and their partner's response. There is not a lot of subtext in how they communicate. That's why it is important for women to open up to their guys, make sure they hear them loud and clear and are willing to also share their "feelings". I use quotes around "feelings" because we know guys often shut down when they think they're being herded into "the talk". Yes, more quotation marks.

Related Link: [Ask The Guy's Guy: If He Isn't Ready To Date, What Should I Do?](#)

My advice is to be sincere and use the direct approach. Tell your guy what's on your mind and in your heart. Find a time to do this when he is relaxed and open-minded. And I don't mean after sex. Take a walk after dinner, go to the park or the beach, or maybe to an outdoor cafe you both enjoy. Use your intuition to determine when the timing feels right to start the conversation and try to keep it light. I know this sounds like a lot of rules for expressing your feelings, but guys are not great at paying attention to their partners and often need to be informed how she feels in a direct, but loving way.

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Not knowing the details of your situation, I suggest that once

you've gotten him to pay attention and listen, determine in your heart if he is totally present and respectful of your feelings. If not, maybe give him a second chance at another time. Over time though, if you feel like he is not listening and being responsive and it's too difficult getting on his radar, it might be time to seek bluer skies elsewhere.

Hope this helps, Good luck!

Robert

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More about the Guy's Guy:



Robert's podcast has been picked up by **KCAA Radio102.3 and 106.5FM, and 1050AM in So Cal on Wednesday evenings at 8pmPT, iHeart Radio, and Spreaker** along with iTunes, Blog Talk Radio, Stitcher and Tune In. Guy's Guy is growing!

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Ask The Guy's Guy: How Do I Get Through The Holiday Season Being Single?





By [Robert Manni](#)

Question from Meghan G from Babylon, NY: "It's hard being single during the holidays, what are some tips to help me get through being single? Or how can I find someone during this time?"

This is a great question, Meghan. With all the hustle and bustle and last minute shopping during this time of year, it's easy to forget the true meaning of the holidays. Regardless of your spiritual beliefs, I think we can agree that this is a time for giving, gratitude, and love. Granted, this can be tough when you're single and see couples holding hands (some people still do that) walking along the bright and colorfully lit city streets.

Related Link: [Ask The Guy's Guy: If He Isn't Ready To Date, What Should I Do?](#)

Do your best to be grateful for what you have, especially if you are in good health. Then focus on your friends and loved ones. I believe that when we maintain a selfless mindset, good things come our way. Of course, there are no guarantees that you'll wake up on Christmas morning and find Mr. Right perched under your tree, but it's a good start for shifting your thoughts into a love-based mindset. I found that love comes our way when our heart is open. Use the

holiday season to practice making room in your heart for others, including a new partner. Finding love can often be that simple, and it has nothing to do with the time of year.

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Cherish your family and friends and be social. Attend parties you're invited to and spread the love you have in your heart. I believe when we radiate love, we receive love in return. And remember to be kind. What can be the most wonderful time of the year for many can also be a very stressful time for others less fortunate.

Happy holidays and good luck!

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Ask The Guy's Guy: If He Isn't Ready To Date, What Should I Do?





By [Robert Manni](#)

Question from Olivia MacBeth (Binghamton, NY): "What should I do if the guy I really like isn't ready to date yet? Should I keep waiting or should I move on?"

Keep waiting or move on?

When a guy says he "isn't ready to date yet" there are usually only two reasons for his hesitancy to go out with with a great woman like you. The first consideration is that he's coming out of a painful break up and needs time to lick his wounds before jumping back into shark-infested dating waters. If this is the case, I suggest you give him some time. Maybe let him heal for a month or so, but that's it. You both need to get on with your lives. If he needs a little time, make sure he's being truthful, then clock his behavior while his heart "heals" and watch how he handles the situation. Every guy gets dumped, but what often separates one man from another is how they handle challenging matters of the heart. Of course you want to date guy who's in touch with his feelings, but if he's still pining for his ex after a certain period of time, that a signal that it's time for you to move

on.

Related Link: [Ask The Guy's Guy: What to do if You Find Your Partner Using Online Dating Sites](#)

On the other hand, if a guy has not recently come out of a break up but is still hesitant about dating you, that's another story which does not have a happy ending. When a guy is single and available, yet remains non-committal about dating you, that means one of two things. He's either interested in someone else or he's just not that into you. If either is the case, take a deep breath, exhale, hold your head high, and move on.

After all, do you really want to wait around for a guy who is not jumping at the chance to date you? I doubt it.

Hope this helps. Good luck.

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Ask The Guy's Guy: What to do if You Find Your Partner Using Online Dating Sites





By [Robert Manni](#)

Question from Anna B (Binghamton, New York): I recently found my significant other (who I met on online) using an online dating website when I was on it. What should I do next?

Caught partner on online dating site, what should I do next?

The irony to this question is that when you are checking up on your partner online, your profile must be active also. This happened to me a few times and like most singles, I pushed back by asking what she was doing online also. At the time, I thought it was a good idea to keep my options open and in case things did not work out. Truth be told, I was a bad boy and liked window shopping all the beautiful ladies still on the market. Was this fair? Of course not, but at the time I enjoyed meeting new women and did not think I wanted a serious relationship. But all that changed when I was taught a great lesson about dating by the woman who later became my wife.

Related Link: [Dating Advice Q&A: Should I Remain Friends With My Ex Online?](#)

When we met online, she'd just returned to the dating scene after a long-term relationship ended. She signed up for a free three day pass on Match and winked at me. I was the only guy she met. I was having fun dating randomly and thought I was in no hurry to settle on one partner. But when after three great dates she asked me why my profile was still active on the site, she was not accusatory and asked in such an innocent way that I thought she was more curious than snooping. It felt like she was honestly wondering why I kept my profile active on this dating site while we were going out.

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When I thought about it, I realized that I had been dating so much that I'd waded too deep in the online dating pool and forgotten why I was dating in the first place. I was having a blast dating, but deep down, like most singles, I wanted a partner. So, after she asked me this innocent, but loaded question, I told her I'd hide my profile. And it's stayed hidden. The more we dated, the more I liked being with her. She taught me that it was important to give new relationships a fair chance. If things didn't work out, we could reactive our profiles and get on with our lives. Without saying anything more about it, we began dating exclusively and never looked back.

Related Link: [Dating Advice Q&A: How Can You Tell Red Flags From Online Dating?](#)

The moral of the story is that if you find your partner's profile is still active online, ask him or her why and what their intentions are. Ask them if they want to date around or give the relationship a chance to grow. This way, you know where you stand without having to juggle partners and sneak

around. I found this to be a more honest way of dating. So, if you're feeling good about someone, consider giving your relationship the best opportunity to succeed by hiding or shutting down your online presence.

Good luck.

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Ask The Guy's Guy: How to Win a First Date After Meeting Online





By Robert Manni

Question from Gillian L., Manhattan, "Hey Guy's Guy, whats the best way of turning an online connection into a real date?"

You have a match on your favorite dating app and the conversations online are taking off. You're up for hours talking to your match but you're nervous about meeting in person. How can you be sure to impress on a first date when you've already gotten to know each other? How do you make a successful transition from online to in person dating? Read [dating advice](#) from our [relationship expert](#) Robert Manni!

Score That First Date!

We live in a wired world so these days connecting with new people often begins online. As a result, in business and dating, we need to develop an authentic, online voice that others like and can relate to. We make our connections online with a goal of meeting in person to close the deal.

When it comes to dating, after making a new connection online, scoring an in-person meeting can be challenging. With all the texting and emails we send each day, online communications are second nature for us. As a result, some online daters become nervous when it comes to leaving their comfort zone behind the keyboard and actually meeting someone new in person. But, it must be done because no matter how much texting or how many Facebook or Instagram posts you share, romantic connections only happen when you meet face-to face.

Related Link: [Can Technology Make Long-Distance Work?](#)

So, after you've made a potential online love connection how can you quickly and seamlessly move the process ahead? First, keep the online correspondence brief and always pointed towards the ultimate goal of meeting in person. What's worked for me is after exchanging a few brief texts or emails with someone new, I send my number and suggest a phone call. As a guy, this validates that I am who I say I am and is sharing my real phone number. It's a minor display of truth and vulnerability.

Related Link: [Is It Weird If He Doesn't Call Back After A Date](#)

If the woman is interested she would usually send her number. Then, I make the first call. The process may work a bit differently for women. If you are interested in a guy and he's dragging his feet, if everything else feels right send him your number or ask for his. The goal remains the same; exchange numbers and have a phone call. Energy is exchanged when you hear a person's voice for the first time and hold a conversation with them. A phone conversation is a qualifying step before you decide on meeting someone new.

Related Link: [Why Do Men Ask For Photos?](#)

I suggest keeping the call brief. It's easy to get excited and share too many personal details with someone new, but you also can waste a lot of time chatting on the phone with someone

that you don't feel the sparks for in person. Keep the call short and keep the process moving. If things feel right, before breaking off the call, casually suggest meeting up and continuing the conversation in person. Drinks, coffee, whatever feels right for a first "date". If the guy shows any hesitation and does not jump at the chance to meet a woman as dynamic as you in person, move on.

Hope this helps. Good luck!

For more dating advice and to find out more about our dating and technology guru, click [here](#).

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Dating & Technology Q&A: How to Win a First Date After Meeting Online





Question from Andrew L: It's easy to look good online. There's photo editing and time to plan what to say. When you finally meet someone in person after connecting online, there's only one chance to impress. How can I make sure a first date is a win?

You have a match on your favorite dating app and the conversations online are taking off. You're up for hours talking to your match and find that you're both interested in each other. But how can you be sure to impress on a first date when you've already gotten to know each other? How do you make a successful transition from online to in person dating? Read [dating advice](#) from our [relationship experts](#) Suzanne Oshima and Robert Manni!

Dating Advice to Help You Successfully Transition from Online Conversations to a Killer First Date!

[Suzanne K. Oshima, Matchmaker](#): Online dating can seem like a major convenience for people that are too busy to get out there and meet people, but technology can be a setback when it comes to actually meeting someone face to face. In order to win that first date after meeting online, it's important to be

the best version of yourself– both inside and out. When you're able to achieve that level of confidence and self-love, that's when the right man will ask you out.

Having high self-esteem, knowing your self-worth, and understanding exactly what you have to offer a man is key. If you believe it, then he will see it, too. You'll be on your way to that first date in no time! And if he can't see that an amazing woman is right in front of him, then he's probably the wrong man for you!

Related Link: [Relationship Advice: Can You Fall in Love Just By Chatting Online?](#)

[Robert Manni, Guy's Guy](#): There are so many dating apps and websites that today's singles often overanalyze things after making an online connection, sadly never scoring an actual date. When I was single and dating online frequently, I became comfortable approaching women online and responding to the ladies who contacted me first.

If I felt attracted to how a woman presented herself online, I'd send a short note and ask an open-ended question about her profile. If she responded, I'd send my digits. If the woman was still interested, she'd invariably send me her number and I'd make sure to call her by the next day. I'd keep the conversation short and, if things felt right, I'd suggest meeting. This usually led to a first "date" over a beverage. After that first face-to-face meet up things either moved forward or went nowhere. It was that simple.

So, if you see someone you like online, be cool, but make your move. Don't overanalyze. Trust your gut, but keep an open mind. There are a lot of cool people out there just like you. Remember, dating is a fun sport. Good luck.

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Dating & Technology Q&A: Should You Delete Pictures of a Long-Term BF?



Question from Mara S.: My ex and I broke up after having a long-term relationship. Should I take pictures of us down from

social media now that I'm seeing someone new or should the new guy in my life understand that my ex and I had a long history together?

Technology makes it so easy to share with the world the things that matter to you. It's normal to post memories that you want to hold onto, but beware of what message your social media is sending. When you are interested in someone, you devour everything online about them in hopes of learning something new. That's true for someone interested in you. What do you want someone to learn about you from your photos online? Read below for [dating advice](#) from [relationship experts](#)!

Technology Dating Advice that Helps You Know When to Delete Pics of Your Ex

[Suzanne K. Oshima, Matchmaker](#): While you and your ex had a long history together, it's time to take the pictures down and move on with your new guy. There's a great quote by T.D. Jakes that best sums it up, "You can't drive forward looking in the rearview mirror."

[Robert Manni, Guy's Guy](#): My answer is a resounding yes. When it's time to move forward, take down all photos from social media of you with your ex. If you want a new beginning, especially with someone new, you need to send him the right signals about your availability. The past has merit. We live, we love, and we learn, but there must be a reason your former boyfriend is now your ex. If you're having a hard time deleting photos of him off social media, perhaps you are not quite ready to move on. If you truly want a new beginning, then start fresh on social media and give your new suitors the opportunity to see who you are right now. If things work out, they could be the luck one in your pictures. Good luck!

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Dating & Technology Q&A: How to Use Technology to Prevent Your Relationship Going Stale



Question from Kirstie W: When my boyfriend and I first started dating, our texts were fun and exciting. When we saw each other at the end of the day, we still had a lot to talk about

even though we had been texting all day. After being together for six years, texting is non-existent and when we do see each other all we talk about is work. Conversation is getting stale; help!

Long-term relationships face unique challenges. Conversations can be much more in depth because you know each other better. At the same time, conversations can run dry because you already know so much about each other. After awhile, talks are less about discovery and more about supporting each other. This [dating advice](#) from [relationship experts](#) Suzanne Oshima and Robert Manni will help bring excitement back into any relationship!

Dating Advice for When Relationships Go Stale

[Suzanne K. Oshima, Matchmaker](#): Ironically, the effectiveness of our communication with our partners can be damaged by the technology that we surround ourselves with every day. When you're both busy and working throughout the day, it can be difficult to keep in touch and talk about work over technology. When you get home, try to make it a rule to only talk about work for the first 30 minutes of your conversation, and make sure it's about something you need advice or insight on from your spouse.

After that, focus on your relationship and the fun things about your life together, whether it be date nights, your love, or future plans. This way, you'll be able to foster an environment at home with your relationship as the focus without the noise and distraction of technology between you. Keep things real by engaging in face-to-face conversations, and you'll feel much more connected with your partner as a result.

Related Link: [Dating & Technology Q&A: How Do You Handle Dating Someone with an Internet Persona?](#)

[Robert Manni, Guy's Guy](#): The issue here transcends technology. It seems that your day-to-day relationship has become expected and you're counting on technology to solve your problem. Technology can be a helpful tool for keeping the connection strong, but it's a means to an end. I'm sure your partner would welcome fun and sexy text exchanges throughout the day, but the real issue is finding ways of maintaining true intimacy when you are together.

I suggest making it a priority to live in the moment when in each other's company. That means being present: verbally, physically, and even spiritually to maintain your loving connection. Try discussing more than your work when you meet up, even after a hard day. Make it a priority to share meals, drinks, physical intimacy, and your true selves on a regular basis. Technology provides a way of staying connected during the work day, but the most important way to keep the embers glowing is to make the most of your time when you are face to face. Good luck.

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Dating Advice Q&A: Can

Technology Make a Long-Distance Relationship Work?



Question from Jay E.: My girlfriend and I are about to be separated by an ocean and an 8-hour time difference. Technology has made it so much easier to stay connected, but how can we make it feel genuine in a romantic relationship, especially with the large time gap?

Long-distance relationships have been made easier by advancements in technology, but it's still important for you and your partner to find your groove and feel connected despite the distance. Let our [relationship experts](#) help by offering their best [dating advice](#) for using technology in the *right* way! Learn valuable dating tips from matchmaker Suzanne Oshima and relationship author Robert Manni. Here, they answer your question about how technology can make a long-distance

relationship work. Check out their dating advice below!

Dating Advice for Long-Distance Relationships

[Suzanne K. Oshima, Matchmaker](#): A long-distance relationship actually takes a lot more work and effort than a relationship where you both live in the same city. Because you can't see her in person, your only option is to connect with her through virtual forms of communication. While it can be stressful and lonely, technology offers a great way to make it through the hard times.

The great thing is, you both always have your phones on you. So texting is perfect for a quick flirt or to let her know you're thinking of her during your busy work day. However, texting should never be your sole means of communication. To keep your long-distance relationship going, phone calls and FaceTime or Skype are much better for connecting on a more intimate level. Try setting a regular time that works best to have a call. This way, you'll both have something to look forward to that helps make the time apart pass by a little easier and faster

And the truth of the matter is... When it comes to a relationship, no matter how "busy" you both are, you will make time for those things that are important to you! Sure, it may be difficult at first to get past the hurdle of the time difference, but experiment with your communication and never be afraid to try out new things.

Related Link: [Dating Advice Q&A: How Has Technology Changed the Way We Date?](#)

[Robert Manni, Guy's Guy](#): Long-distance relationships are tricky, and unique. Technology helps, but time, distance, and

presence are the key variables for potential success. Circumspection is a good starting point. Ask yourself the following questions: How serious is the relationship? How far away is s/he moving and for how long? Will s/he be close enough so you can see one another on weekends? If not, how long will you be separated? Is this a permanent move? How badly do you want it to work? And what sacrifices are you willing to make to keep things going?

It's great to be romantic, and Skype certainly comes in handy with long-distance relationships, but let's be practical. If your partner is moving to Australia for five years or more, the odds of staying together are less than optimal. If s/he has been transferred to the Chicago office and you're in New York, the odds of success are better due to proximity. The old saying, "Out of sight, out of mind" often rings true in these circumstances. Long-distance relationships can work, but listen to your heart and your head before committing yourself. Good luck.

For more dating advice and to find out more about our dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Dating Advice Q&A: Should I Remain Friends with My Ex

Online?



Question from Sonya M.: Facebook is the official/unofficial way of announcing a relationship. Is it too vindictive to unfriend an ex, or is that the right move when you enter a new relationship?

Social media is a fun way to share your relationship with friends and family, but if that relationship ends, the waters can get a little murky. Let our [relationship experts](#) help by offering their best [dating advice](#) for using social media in the *right* way! Learn valuable dating tips from matchmaker Suzanne Oshima and relationship author Robert Manni. Here, they answer your question about whether or not you should unfriend your ex after a break-up. Check out their dating advice below!

Dating Advice for Unfriending Your Ex on Facebook

[Suzanne K. Oshima, Matchmaker](#): When it comes to dating after a break-up or divorce, it's important to know that removing all traces of your ex on social media isn't about being vindictive – it's about moving on.

This is the last step at the end of your relationship, so now is the time for some “spring cleaning.” Daily reminders of him won't allow you to move forward with your love life, so remember the saying “out of sight, out of mind.” This will remove any temptation to cyber snoop or check in on what he's doing and who he's dating. All in all, if you continue to stay connected, then you're holding on – and this can hold you back from moving forward into another relationship.

Related Link: [Dating Advice Q&A: How Can You Tell Red Flags From Online Dating?](#)

[Robert Manni, Guy's Guy](#): Even though people have become too reliant on social media as their main form of communication, announcing a new relationship on Facebook can feel great and be validating. It's a nice way of putting something out there about yourself that you feel good about for the people you enjoying sharing with.

On the other hand, if you no longer have an offline connection with an ex and do not feel comfortable posting about your new relationship for them to see, it's perfectly acceptable to unfriend them. However, if you remain on good terms and they're cool, there is no harm in staying connected with an ex on Facebook.

There are no strict rules or protocol about this. Listen to your inner compass and do what feels best for *you*. Good luck.

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and technology gurus, click [here](#).

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Dating Advice Q&A: How Do I Get My Husband to Disconnect From His Phone?



Question from Rachel S.: My husband is a general manager, so even when he leaves work, he's still working from his phone.

He doesn't mean to, but lately, he's been so wrapped in his phone that he ignores me when I talk. He seems genuinely apologetic and interested when I get his attention, but it's getting it that's hard. How can I get him to disconnect from his phone at the end of the day?

Technology makes our lives better in so many ways, but it can also be a distraction, especially if you or your partner has trouble unplugging at the end of the work day. Let our [relationship experts](#) help by offering their best [dating advice](#) for using technology, like your cell phone, in the right way. Learn valuable dating tips from matchmaker Suzanne Oshima and relationship author Robert Manni. Here, they answer your question on how to politely encourage your significant other to disconnect from their phone. Check out their dating advice below!

Dating Advice About Unplugging

[Suzanne K. Oshima, Matchmaker](#): When it comes to technology, its biggest strength is also its biggest weakness: It connects us, but it also disconnects us from the ones that are standing right in front of us. Your husband may not be intentionally trying to hurt or ignore you, but in this age of technology and mobile phones, it's easy to get lost in multitasking.

My recommendation is to share with him how his constant connection to his phone makes you feel unimportant and disconnected from him. Then, just ask him to put away the phone on date nights so that the two of you can spend quality time together, uninterrupted by a flurry of notifications and messages. It's the perfect way to reconnect with each other emotionally and romantically after working all day.

Related Link: [Dating & Technology Q&A: Is It Weird If He Doesn't Call Back After a Date?](#)

[Robert Manni, Guy's Guy](#): It all comes down to communication.

In today's culture, we are are tethered to work 24/7, and you may not be aware of some job pressures your husband is experiencing but not sharing. Getting him to open up about work may be a good way of broaching the phone issue.

Another angle is stressing the positives – how much you and your family value your time with him and how important it is for your husband to invest as much energy in you as he does in his job and his phone. A healthy balance between work and home life is critical to any marriage.

A third, wild-card approach is planning a night planned by you featuring some good old-fashion seduction. If that doesn't get him to put his phone down, you may have a bigger issue on your hands. Good luck.

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Dating & Technology Q&A: How Do I Get My Girlfriend to Stop Posting Racy Photos?





Question from David T.: I've been with my girlfriend for a long time. We have a great relationship, but she often posts suggestive photos of herself on social media, and it makes me uncomfortable. How can I get her to keep that part of herself between us instead of for all the world to see?

Dating in the era of social media can be difficult. Parts of your relationship that were once private can now easily be shared online. So what do you do if one partner likes sharing racy photos but it makes the other person uncomfortable? Let our [relationship experts](#) help by offering their best [dating advice](#) for using technology the right way. Learn valuable dating tips from matchmaker Suzanne Oshima and relationship author Robert Manni. Here, they'll answer your question on how to ask your significant other to keep personal parts of your relationship (like racy photos) private. Check out their dating advice below!

Dating Advice About Social Media &

Racy Photos

[Suzanne K. Oshima, Matchmaker](#): I can completely understand why it makes you feel uncomfortable that your girlfriend posts suggestive photos herself on social media, but I'm guessing that this is something she was doing well before you started dating her. While you can't stop her from posting the racy photos, I recommend just being completely honest with her. Share your feelings with her and let her make her own decision about whether she wants to continue posting the photos. If she doesn't want to risk losing you, I'll bet she'll tone it down a bit, but don't expect her to completely stop posting those types of photos, especially on Halloween!

Related Link: [Dating & Technology Q&A: My Partner Fishes For Likes – What Do I Do?](#)

[Robert Manni, Guy's Guy](#): Millennials have little, if any, filters when it comes to posting to their social media pages. Whether they're on Instagram showing their fitness routines and progress pictures or booty shaking on Snapchat, it's all out there for the world to see. And for that reason, and if you and your lady share a clear understanding about your commitment to each other, I do not see this as a major issue. However, if you're uncomfortable with her sharing too many racy photos, ask her why she does this. Is it driven by self-esteem, competitiveness, or narcissism? Or is she simply comfortable in her own skin and wants to celebrate her good looks while she's young and beautiful? Tell her how you feel – because if you don't the world will be watching her while you wait. Good luck.

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Dating & Technology Q&A: Is It Too Soon For Me To Ask Him To Get Off Dating Sites?



Question from Adrienne P.: I started dating this guy a few weeks ago, and everything is going great, but there's one thing that bothers me- he still uses Tinder. I know it's early in the relationship and I don't want to seem controlling but I'd still like him to stop. It just doesn't seem like that'll help us advance forward in this relationship. Am I being unreasonable?

Dating in the era of social media and cellphones can be

difficult. Having many options is something daters expect in case things go wrong. With so many people playing the field it can be hard to find commitment. However do not fret, you can have a successful relationship even if your new partner is still on a dating website. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here they'll answer your questions on whether you should ask your significant other to get off Tinder.

Technology dating advice on whether it's time to give up dating apps.

[Suzanne K. Oshima, Matchmaker](#): You've only been dating him for a few weeks, so you're still in the early stages of dating where you're only getting to know each other and determining if you want to take things further with each other. So, it's a bit premature to ask him to get off of Tinder. However, I do recommend asking him what he's looking for, as you will then find out if he's looking to just date around or if he's looking for a serious relationship. Then based on what he tells you, you can determine if it's worth it for you to invest your time into seeing how things go with him. And if things continue to progress on the right path, then you can have the conversation about getting off of Tinder at the appropriate time.

Related Link: [Dating & Technology Q&A: How Bad Is It To Send Nudes, Really?](#)

[Robert Manni, Guy's Guy](#): These days, daters like keeping their options open, and with all of the options available there's often a disconnect in how two people define a relationship. The only way to find out where things stand is by

asking. Cushioning, maintaining side relations and a constant online presence are standard operating procedure. Tinder is generally viewed as a hook-up app, so if your guy is still active there and you want to move your new relationship forward, ask him if he's open to putting his digital dating presence on hold. If he really digs you, he'll agree. If he rejects the idea or skirts the subject, at least you'll have a better idea where he stands. Since you've only been dating a few weeks, for now he may want to continue playing the field. That's not necessarily a deal breaker. Guys often take more time to "get serious." Regardless, it's better to find out what his intentions are before investing too much of your heart into the relationship. Good luck.

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Dating & Technology Q&A: How Bad Is It To Send Nudes, Really?





Question from Tanya M.: In light of all the Blac Chyna and Rob Kardashian drama, I wanted to ask on behalf of regular people: how bad is it to send nudes between consenting adults? It seems like it's so common in the dating scene now. I'm just not sure what to think of about the whole thing.

Dating in the era of social media and cellphones can be difficult. Communication and instant gratification is what many daters expect when they start seeing someone, especially when it comes to exchanging nude photos. With so many people partaking in voyeur, you may wonder if you should do it too. However if you don't want to, do not fret, you can have a successful relationship with or without nudes. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here they'll answer your questions on whether you should send nude photos or not.

Technology Dating Advice That Gets

Honest About Sending Nudes

[Suzanne K. Oshima, Matchmaker](#): What happened between Blac Chyna and Rob is something that can happen to anyone. While sending nude pictures is more common amongst today's daters, your body is your personal treasure and you should be discerning in who you send those images to. My recommendation is to only send them to a man who you're in a committed relationship with, and not just some man you went out on a few dates with. Because the reality is, once they leave your phone you have no control over where they may end up and there's no recall button after you stop seeing a man.

Related Link: [Dating & Technology Q&A: My Partner Fishes For Likes, What Do I Do?](#)

[Robert Manni, Guy's Guy](#): In the wake of the current Black Chyna – Rob Kardashian drama being played out in the press, I strongly advise that you carefully weigh the pros and cons of sharing digital nude photos of yourself with anyone. Through the media we are now witnessing the pitfalls of how quickly a modern romance can turn ugly, and the ramifications of sharing nude photos even with someone as close with the father of your child. If you are really into a guy and he keeps hounding you for nude photos, stop and think about it before you hit send. When it comes to love I never say never, but unless you're 100 percent confident that you really know and trust this man, I suggest limiting the show to the bedroom or wherever you two get it on. Otherwise, the risks far outweigh the rewards. Good luck.

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Dating & Technology Q&A: My Partner Fishes For Likes, What Do I Do?



Question from Carolyn S.: I've been with my partner for a long time now. I love him, but he's always posting inappropriate stuff (like memes or outrageous status updates) on social media for likes. It's pretty cringe-worthy to watch. Why does he do this? And why is my support not enough? I can't figure out why he needs validation from his peers or strangers online.

Dating in the era of social media can put a strain on

relationships, especially when one party is constantly seeking approval in a negative way. However do not fret, crude internet personas should not be the cause of your breakup (or at least hopefully)! Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here they'll answer your questions on how to handle a partner's inappropriate behavior online.

Technology Dating Advice That Will Help You Deal An Inappropriate Partner Online

[Suzanne K. Oshima, Matchmaker](#): Remember back in high school, how everyone wanted to be the most popular person in school? The one that everyone liked? Well, this is no different. Your partner continually posting on social media is just to get likes and attention from others. While you may think it's inappropriate, I'm going to guess that this isn't something that he was doing before you became a couple. So, as long as it's not harming you or anyone else, don't try to change him. Just let it go and focus on more important things in the relationship.

Related Link: [Dating & Technology Q&A: How Do You Handle Dating Someone With An Internet Persona?](#)

[Robert Manni, Guy's Guy](#): As long as he is only fishing for likes and not other fish, I wouldn't be overly concerned about this fairly common social media behavior. Maybe he feels like he needs validation, and for whatever reason maybe he feels he's not getting the validation he needs at home. A heart to heart conversation usually clarifies underlying relationship issues. Have "the talk" and make sure he shows up with an open

mind. Good luck.

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Dating & Technology Q&A: How Do You Handle Dating Someone With An Internet Persona?



Question from Shan G.: My boyfriend is very popular online. He has a Youtube channel, many subscribers and followers, and a very active social media presence. Our relationship is still new, but I'm not sure how to handle this all. It almost feels like I'm dating a celebrity, and that I'm not on his level. I'm not sure what I should do.

Dating in the era of social media can put a strain on relationships, especially when one party happens to be a popular figure online. But don't let internet fame damage what you have! Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here they'll answer your questions on how to handle a partner's online persona.

Technology Dating Advice That Will Help You Deal With Your Partner's Online Popularity

[Suzanne K. Oshima, Matchmaker](#): What should you do? Absolutely nothing! Don't treat him any differently or put him on a pedestal. He's just your boyfriend, who happens to be an internet celebrity. Trust me, he doesn't want a girlfriend who is also an internet celebrity, he wants you. Have confidence in yourself and just keep being the best version of yourself... the one that attracted him to you in the first place.

Related Link: [Dating & Relationship Q&A: At My Wits End, He Won't Stop Flirting Online. Should I End It?](#)

[Robert Manni, Guy's Guy](#): As a published author, syndicated blogger, and podcaster with a growing audience on social media, I assure you that developing a social media platform is hard work and initially, not

necessarily profitable. Building a personal “brand” requires passion, talent, and lots of time. So unless your guy has an inflated ego I doubt he feels superior. In fact, he may even harbor his own insecurities about his career and bank account relative to your own if you work in a traditional job. If you believe in him, support his dream, enjoy the ride, but never doubt your self worth. I assure you that if he has a good head on his shoulders, he needs you and values your support.

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Dating & Relationship Q&A: At My Wits End, He Won't Stop Flirting Online. Should I End It?





Question from Ashley M.: I have been with my guy for over seventeen years, we're both flirty people, but as of lately he's crossed a line with a particular person. I've warned him and have had discussions about this person he swear is only a friend, but the same thing keeps happening. I've offered him a way out, but he insists that he wants to stay together. I'm not a super jealous person, but I don't want to be disrespected. We're trying to save what we have.

Dating can have its trying moments. Add the internet, social media and electronic devices into the mix, and temptation can creep into your relationship. However, do not fret! Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Technology is here to stay, after all, so take advantage of these amazing tools! Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here they'll answer your questions on how to handle a partner's online flirting.

Technology Dating Advice That Will Help You Deal With Your Partner's Online Flirting

[Suzanne K. Oshima, Matchmaker](#): When you've been with someone for a long time, sometimes the relationship may lose the spark and excitement it once had. Which may cause one person to seek out the thrill of attention from the opposite sex outside the relationship, while still maintaining the security of your relationship. Try to revive and spice up your relationship with flirtations and sexy moves in the bedroom, so he won't feel the need to seek attention elsewhere. If he continues with his behavior with his "friend," then it may be time to try working with a relationship coach who can help you work through the issues at hand. And if that fails, then it may be time to move on to a man who only wants to flirt and be with you.

Related Link: [Dating Advice Q&A: Am I His Catfish?](#)

[Robert Manni, Guy's Guy](#): It's time for "the talk". Seventeen years is a long time, so there must be a strong bond. But, over time little things become big things when they're not addressed. You say he's crossed the line and you feel disrespected. He says she's only a friend and he wants to stay together. Something has to give. I say tell him to get his priorities in order. That means saying goodbye to her and paying attention to you. If he balks or shows any sign of hesitation, it's time to respect yourself and let him go.

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Dating Advice Q&A: Am I His Catfish?



Tammy J.: The guy I've been seeing is nice, but I'm not sure if he's really "into" me. He's also distant and secretive so that makes me anxious. He hasn't gone public with our relationship online but he sends pictures of us to his mother. I want to think this is a good thing, but it kind of feels like he's using me. Could he be catfishing his mom? We haven't officially called each other boyfriend/girlfriend, but I think that's what he's been telling his mom otherwise.

Dating has always been complicated. Add the internet, social media and electronic devices into the mix, and it can get

confusing real fast. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology to navigate your relationships. Technology is here to stay, after all, so take advantage of these amazing tools! Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here they'll answer your questions on determining whether someone is using you as their catfish.

Technology Dating Advice That Will Help You Find A Catfish

[Suzanne K. Oshima, Matchmaker](#): It's time for you to first get clear on what you want and need in a relationship. Once you're clear, then you need to evaluate whether he's meeting your needs. If he is, then just share with him that you're confused as to what you are to him, and just let him clarify things for you. If he's not what you want or need in a relationship, then it's time for you to move on to a guy who is into you and is proud to declare you his girlfriend to everyone.

Related Link: [Dating Advice Q&A: How Can You Know If Someone is Being Honest Online?](#)

[Robert Manni, Guy's Guy](#): Unless you know your guy and his mom well, it's not easy to have a clear picture of their relationship. So, instead of focusing on something you have no control over, have a chat with him about *your* relationship. Since you are not sure where this new "relationship" stands, this is a good time to ask him where he sees things going with you. Don't pressure him, but get to the heart of the matter. If he's into you, he'll let you know. If he wavers or his responses are vague, you might want to reconsider where you're investing your emotions. I doubt you want to be with someone who does not feel the same way about you.

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Dating Advice Q&A: Is It Okay to Start a Relationship via Social Media?



Question from Alex 0.: A few weeks ago, I reconnected with a

friend from college on Twitter. We've been tweeting at each other since then and have plans to meet up this weekend. I feel like our flirtation is going to turn into something more – is it okay to start a relationship via social media?

Dating has always been complicated. Add the internet, social media and electronic devices into the mix, and it can get even trickier. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Online dating is here to stay, after all, so don't be afraid to jump in and catch up with the times! Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here you'll have your questions answered on whether or not it's a good idea to start a relationship through social media.

Technology Dating Advice On Whether You Should Start A Relationship Using Social Media

[Suzanne K. Oshima, Matchmaker](#): Don't even think twice about starting a relationship via social media, it's totally the norm nowadays to meet and date someone who you met over Twitter, Facebook or Instagram. In fact, I know several people who have met the right man/woman that way, and they ended up marrying! And if this relationship turns into something more and you end up getting married, you will have a great love story to tell all your friends and family about how you reconnected with each other over Twitter.

Related Link: [Dating Advice Q&A: Why Do Men Ask for Photos?](#)

[Robert Manni, Guy's Guy](#): It's perfectly normal to begin a relationship on social media. My wife winked at me online and with that one digital exchange, we met in person and have been

together ever since. So, I highly recommend using social media for romance if you are mindful of who you are and what you want out of the relationship. In your case, you already knew the person from college, so reconnecting on Twitter was not technically beginning a relationship on social media. But, you are using your digital re-connection to move the relationship forward. And, that's great. Because, let's face it; no matter how well we text, tweet or craft our Facebook messages, a true connection can only happen when two people get together face-to-face in the "real" world.

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Dating Advice Q&A: Why Do Men Ask for Photos?





Question from Emily O.: I've noticed on a lot chat or IM apps, one of the first things guys ask for is a picture of yourself, even if you have a profile photo displayed or albums filled with photos. It seems like "Can you send a pic," is the norm now? Why is that? And why will some even write you off completely if you're not willing to send a photo right away? I'm not comfortable sending pictures of myself to strangers only 2 minutes into a conversation.

Dating can be complicated. Add the internet, social media and electronic devices into the mix, and it can get tricky real fast. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Online dating is here to stay, after all, so don't be afraid to jump in and catch up with the times! Take time to learn some valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here you'll have your questions answered on whether or not you should send a photo of yourself to a potential beau.

Technology Dating Advice On Whether You Should Send a Pic Online

[Suzanne K. Oshima, Matchmaker](#): The **good** reason: Men are visual creatures, so they may want to see more pics to make sure you actually look like the photos on your profile. The **bad** reason: Men will ask you to send a pic and if they're looking for something more sexy, then it will turn into asking you for a naked pic in the future. If a man writes you off for not sending another photo, then thank him for eliminating himself. He's probably just looking for one thing and he's not worth your time... So, just move on. Next!

Related Link: [Dating Advice Q&A: How Can You Tell Red Flags From Online Dating?](#)

[Robert Manni, Guy's Guy](#): Guys are visual and they enjoy looking at photos of pretty young ladies; and there's lots of photos of good-looking women online. But, at the same time, men get spoiled and some even ask women they've barely connected to- to send more pictures. Unfortunately, sharing more photos will not move a potential relationship forward. My advice to any young woman put into that position is to politely decline. If the guy presses or asks you why not, consider telling him that if he wants another photo of you he can take you out to a nice restaurant and maybe you'll let him snap a photo of you in person. The bottom line is that if a guy needs more photos of you to make a decision, or prefers looking at pictures of instead of spending time with you in person, he's probably not someone you want to invest your time in.

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If you have any questions you would like answered by our relationship experts, please e-mail them to

Dating Advice Q&A: How Can You Tell Red Flags From Online Dating?



Question from Natalie L.: I was seeing a guy a while ago. It didn't work out in the end since he was too immature, but during the brief relationship he said something that stands out in my mind today. He said he had been checking up frequently for months to see if I was still with my boyfriend at the time (and jumped at the chance to be with me once he

saw I was single). I didn't think much of it then but now I see it was kind of creepy. How can I tell red flags from online dating ideally sooner than later to avoid situations like this?

Dating has always been complex dance between couples. Add our modern technology into the mix, and it gets even more tricky to find a partner who is best for you. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Online dating isn't going anywhere, so let's learn how to date properly in this technological age! Here you will learn a few dating tips that will help you avoid online dating red flags before it's too late.

Dating Advice On Deciphering Red Flags Online

[Suzanne K. Oshima, Matchmaker](#): When it comes to online dating, you don't really know someone until you "know" someone. If you rush into the first and subsequent dates, and then a relationship, then you may miss all the red flags along the way. So, it's always best to proceed slowly and get to know him. Dating advice I always recommend is to exchange a few emails, then move it to texting, then a phone call. Then if he seems okay, move it to the first date. And then as you go on more dates, really get to know him, ask questions and get curious. He will start to reveal more and more about himself. And with each step in the process, you will get to know him a little better and either the red flags will start to appear... or you will see that you have a great guy on your hands.

Related Link: [Dating Advice Q&A: How Has Technology Changed the Way We Date?](#)

[Robert Manni, Guy's Guy](#): This is a tricky area. What may have

seemed like creepy behavior could have simply been be a young man waiting his turn for a chance to connect with a lady who sparked an interest. Or, it could be creepy. How can you know? And how can you spot red flags with potential suitors? There is no perfect method to address this common issue. However, deploying a combination of your intuition, common sense, and due diligence will help. When meeting a new guy, ask him for his full name. If he hesitates or gives you incorrect information, it's definitely a red flag. You probably want to Google him, too. If you have mutual connections, get their take on his character. You might also ask him his thoughts about dating, his likes and dislikes, and why he's single. If any of his answers seem shaky, it's a possible red flag. But again, your most important tool when deciding if a new guy "feels" right for you is your gut instincts. Pay attention and good luck!

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How has technology affected your dating life? Share your stories in the comments below.

Dating Advice Q&A: How Has Technology Changed the Way We

Date?



Question from Sandy L.: I'm a recently divorced mom of three who is jumping back into the wonderful world of dating. I can already tell that things are very different than when I was last single! How has technology changed the way we date? Should I definitely try online dating?

Dating can be complicated. Add social media and electronic devices into the mix, and it can get even more tricky to find a compatible partner. This feat is especially challenging for new singles leaving failed marriages. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Online dating is here to stay, after all, so don't be afraid to jump in and catch up with the times!

Technology Dating Advice After Divorce

[Suzanne K. Oshima, Matchmaker](#): Dating after divorce can be scary, exciting and challenging all at the same time. But wait, don't let that scare you... because while things have completely changed since the last time you dated, it's also a really great time to be single. Meeting men has never been easier, especially with the advent of online dating. And while it can seem a little scary to put yourself out there so publicly, online dating is actually one of the best ways to meet someone. Just put together a profile with great photos (men are very visual, so you need to attract him) and an essay that shows your fun personality and what you're passionate about...soon your calendar will be booked up with dates! And if you need more dating advice on how to get back into dating after divorce, you can grab a free copy of my eBook: "Dating After Divorce: A New Beginning."

Related Link: [Q&A: Is It Okay If My Boyfriend and I Text Each Other to Stay in Touch?](#)

[Robert Manni, Guy's Guy](#): Technology has had a huge impact on dating, and it can be a great tool for meeting prospective partners. So, the answer is a resounding "yes" for trying online dating. Here are a few tips to help you get started. Before signing up for any sites or apps, decide what you want from the experience. Save time, psychic energy, and money by limiting your initial foray into the online dating world by signing up for only a few services. Talk to your single friends about their experiences and ask them for dating tips in setting up your profile. Most importantly, don't limit your dating life to the online world. Meeting other singles the old fashioned way—through friends, at work, by taking a class, and just by living your life still works. After all, no matter how successful you are at meeting people online, the real

chemistry test for a new relationship happens when you meet face-to-face.

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