

Expert Love Advice: 10 Signs That He's Just Not That Into You



By [Jared Sais](#)

The world of dating is hard to maneuver by yourself. If you ever find yourself wondering if your date is going to call you again, follow my [expert love advice](#) to figure out if he likes you...or not. Here are 10 signs that he's just not that into you:

Dating Expert Reveals 10 Ways to Know If He's Into You Or Not

1. He doesn't make eye contact: A man will lovingly gaze into a girl's eyes if he likes her. Heck, a man will awkwardly stare shamelessly at a girl when he likes her! To most men, it's the only move they have when they flirt. If they aren't looking at you, it's the biggest sign that they're not interested in a relationship and love.

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2. He doesn't text you back: A man will usually text you after a date to make sure you got home okay. But after that, if you text back and he doesn't respond, that means he's not interested. A man who wants to see you again will set the next date up while you're still on the first date. If the first date ends and there isn't talk of a second date or he doesn't follow up with a text, the odds aren't good that you'll see

him again.

3. He pays attention to his phone during your date: Looking at his phone during a date means one thing: boredom. As a dating expert, I came up with an easy way to remember this rule: more phone equals less interested and less phone equals more interested.

4. He talks about other women: Well, this one is simple: If he's speaking about or looking at other women, he's either a creep, or he sees you as more of a friend than a potential partner. You'll need to get his attention and show him you can be sexy and more than just a pal. Those other women have nothing on you!

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5. He shows a lack of emotion: Simply put, a man who cares for you is interested in you. If you're sad and there's a huge lack of empathy, then chances are, he doesn't even cherish your friendship. My expert love advice is to lose him fast, as he isn't a good friend or the right fit for you romantically.

6. He makes excuses: "I can't see you tomorrow." "I have to wash my hair." "Oh, I can't go to that bar with you because I'm busy." Excuses can be practical at first, but one after the other means one thing: He's just not that into you. Also, look for excuses that don't make any sense.

7. He only calls if he needs you or at a late hour: As a relationship expert, I think these two scenarios sound like booty calls. Maybe he's only interested in a physical relationship with you. That's when you get the late night calls or dates that always seem to be watching movies at his place.

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8. He shows a fake smile: A fake smile is seen as the polite thing to do, but it means that there's a lack of happiness and good vibes. If there's no interest, someone will fake smile, as they'd rather not be rude. By the next day, though, a text message will say that they're just not feeling it.

9. He doesn't contact you after a date: It's the easy way out. Many of us are guilty of not texting or returning messages as a way to ignore the situation completely.


10. He touches you as a friend: Think about how he touches you: Shoulder touches (friend) versus thigh touches (sexual attraction) and upper back (friend) versus lower back (sexual attraction) are two examples. Touching may be seen as good no matter what, but that isn't so. A touch on the top of your head (which usually symbolizes dominance or that you did a "good job") doesn't mean the same thing as a touch on your chest with a flat palm (a non-verbal cue of trust and love).

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they relate to relationships and love.

Relationship Expert: The Economic Reality Of Divorce Is No Excuse For

Irresponsible Parenting



 By Rosalind Sedacca, CCT

While the economy is turning up, middle- and lower-class Americans are still struggling with financial challenges. Many couples that are ready to call it quits in their [relationship and love](#) are postponing the divorce decision because they can't afford it or the two-home reality in their future. As a relationship expert, here is my love advice for how to cope with the economic reality of divorce.

Relationship Expert Shares Love Advice About Divorce

Does postponing divorce mean couples are finding new ways to get along and reconsider their marriages? I've seen some cases where the relationship and love survives because they put off breaking up. But for many, it just means adapting to continued states of unhappiness and coping with disappointment and frustration. This approach, of course, does not bear well for the children of these unions. They experience the negative consequences of a distressed marriage whether their parents split up or choose to stay together because of economic factors.

Too many couples are so financially dependent on one another that they can't make a clean break. But, at the same time, they've lost their emotional interdependence, which helps a partnership thrive during outside challenges. Without the affection and emotional connection, they're basically roommates sharing a home and living expenses.

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Seven-Year Itch

The problem is that they're also parents of children who may be more confused than ever about life at home. Mom and Dad are still married and together – but are they? It's a big concern for therapists, school guidance counselors, clergy, and others who understand children's emotional and psychological needs during times of high stress. There are no clear resolutions for today's economic challenges or for parents caught up in making the divorce decision. However, staying together in a marriage that continues in "form" can only be a damaging situation for the kids. That's because those marriages often fail to focus on the emotional safety and security factors that children need in order to thrive, feel self-confident, and express themselves.

Dating Expert Gives Tips For Moving Ahead – In Or Out Of A Marriage

Parents, whatever you do, stop and ask yourself some fundamental questions before moving ahead, whether you choose to stay in your marriage or get divorced:

- Despite economic stress, are we taking the time to give our children the loving attention they deserve?
- Are we as parents providing a loving environment for our children, either in the same residence or two separate abodes?
- Are we providing the nurturing values and personal time we want to instill in our children despite our own challenges as adults?
- Are we creating rituals with one or both parents so our children feel that we still are a "family" regardless of the form it takes?
- Should we be seeking outside professional help to make sure our children are feeling safe, secure, loved, and peaceful in their home environment(s)?

- Are we being honest with our children about our circumstances without sharing adult details with them that would be confusing and burdensome at their age?
- Are we restraining from arguing, badmouthing each other, and creating tension? Are we avoiding bitterness, sarcasm, or other negativity when the children are present?
- Are we reminding our children how much we love them and will continue to love them regardless of changes in where and how we live?

Related Link: [Relationship Expert Talks About Helping Kids Through Divorce](#)

As a dating expert, I know that how you answer these questions will determine the quality of life your children experience, whether they are residing in one residence or two. Always remember: You are parents first and a couple struggling with marital or divorce issues second. Isn't that the way it should be?

For more information about and expert relationship advice from Hope After Divorce, click [here](#).

Rosalind Sedacca's Child-Centered Divorce Network provides free articles, an e-zine, coaching services and other valuable resources for parents at www.childcenterreddivorce.com. Her signature ebook, How Do I Tell the Kids about the Divorce? A Create-a-Storybook Guide to Preparing Your Children – with Love! is also available at www.howdoitellthekids.com.

Relationship Advice Video: Should I Date More Than One Man?



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating consultant David Crowther about dating multiple people at once. Check out their best love advice in the video above!

Relationship Advice Video Reveals That You Should Date More Than One Man At A Time

Finding a relationship and love that will last a lifetime can take awhile. That's why these two dating experts agree that you should never date only one man at a time *unless* you've decided to be exclusive with someone. According to this relationship advice video, you don't want to put all of your eggs in one basket!

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To follow their dating advice, date several men at once and weed out the people who aren't right for you. As time goes on, you'll get to know your dates on a more intimate level and eventually discover who isn't a good fit for you. When that happens, you can move on to someone who is more compatible with you for a long-term relationship.

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Love Advice: What Makes A Great Online Dating Profile



By [E!'s Famously Single Dating Coach, Laurel House](#)

Most dating experts agree that, when it comes to online dating, creating your profile is of the utmost importance. In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) says, "Online dating isn't a game!" Her best love advice is to have a strategy to invite the right people into your life and eliminate the wrong people.

E!'s *Famously Single* Dating Expert Laurel House Talks About Online Dating

It's no surprise that the relationship expert believes that photos play a major role in your online dating profile. "This is especially true for a woman's profile because men are visual creatures, while women are emotional creatures," she shares. Make sure that your photos are high quality and that

they show your best self-living your best life. Your pictures should be a visual biography of where you hang out, what activities you enjoy, and who you like to hang out with. “All of these things reveal who you are,” House explains.

Related Link: [Dating Expert Shares Number One Rule of Successful Online Dating](#)

However, the most important element to your profile is that “it’s an authentic depiction of who you are. Your profile should make the reader feel like they’re getting a good sense of *you*.” In order to do so, you may need to hire someone to write it for you – and that isn’t a bad thing! House’s love advice can teach you how to create your best profile and also how to evaluate the profiles of potential dates.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What elements do you think make a great online dating profile? Tell us in the comments below!

Celebrity Couple Predictions: Prince Harry, Ryan Seacrest and Vanessa Williams



 By [Shoshi](#)

If you’re looking for the [latest celebrity news](#), then you’ve

come to the right place! Recently, these famous couples have made headlines for two new romances and a Fourth of July wedding. Read on for my celebrity couple predictions!

A Royal Celebrity Couple Prediction

Prince Harry and Jenna Coleman: Rumor has it that Prince Harry is dating *Dr. Who* actress Jenna Coleman. They were seen getting cozy...but that doesn't mean much. If I was in the same room as Prince Harry, I'd be trying to get cozy with him too! It's been said that the prince has been thinking about settling down, which means that every woman he's seen speaking to for longer than a second will be called "wife material."

As for his relationship with Coleman, it's a nice flirtation. She is cute and laid-back enough, but she won't be his princess. Cressida Bonas would have a better chance of Harry putting a ring on it. However, she shouldn't hold her breathe either.

While Prince Harry and his big brother Prince William are like night and day, Harry has paid close attention to the celebrity marriage of William and Kate, and he wants a similar love in his life. The woman that will steal Prince Harry's heart is someone who loves life just as much as him. I don't see that he has met The One yet, but when he does, it will be a quick courtship.

Related Link: [Prince Harry Is Caught Romancing Potential New Celebrity Love Jenna Coleman](#)

Ryan Seacrest and Hilary Cruz: Is it ever a surprise anymore when Ryan Seacrest starts dating a younger beautiful woman? It's like he picked up where George Clooney left off! The new love interest in his life is former Miss Teen USA and actress Hilary Cruz. Don't knock yourself out trying to remember what movies she's been in – there are about three acting credits to

her name. Recently, the two were spotted at the airport right before they hit a yacht in the South of France. Sources say that Seacrest is smitten. I would say what 40-year-old man isn't smitten with a hot 26-year-old who wants to be with him?

I would love to report that the television personality has met the love of his life, but it looks like just another notch on his belt. Their relationship is a casual one, but they both will benefit from it: Seacrest gets a gorgeous woman on his arm among other things (if you know what I mean), while Cruz gets her name in the press. A win-win!

Related Link: [New Celebrity Love: Ryan Seacrest Is Dating Former Miss Teen USA Hilary Cruz](#)

Vanessa Williams Celebrates Her Celebrity Marriage

Vanessa Williams and Jim Skrip: The ever-stunning Vanessa Williams married Jim Skrip on the Fourth of July. Now, that is one way to never forget an anniversary! It is the third celebrity marriage for the actress, and it looks like three times *is* the charm. There isn't much information about Skrip online. The celebrity couple met on a trip to Egypt, and they dated for about a year before getting hitched. Let's just say that they have a grown folks relationships: no games, age-appropriate, and willing to do what they have to do to make it work. From looking at their photos, they look pretty happy together. After being in two marriages that didn't work out, this one should last for Williams. Congratulations to the newlyweds!

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

Dating Experts Share Best Online Dating Advice



In this week's [relationship advice video](#), matchmaker Suzanne Oshima talks to dating expert Matt Adams about online dating tips, including how to email a man and what to include in your profile. Don't miss this helpful online dating advice!

Consider This Online Dating Advice!

If you're searching online for your next relationship and love, then this dating advice may help you find The One. Dating experts agree that the message you send to a potential partner should be very personal. For example, tell him that he caught your attention and then say something about his profile. You can compliment a picture he has or discuss common interests. It's smart to show him that you read his profile and then invite him to reply back. "If you want to stand out, stay away from short greetings," Adams says.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

However, you don't just need to be concerned with his profile but with yours as well. Make sure you have good photos that will capture his attention and that it's well written. "If you aren't getting responses back, that means something's going on with your profile," Oshima advises.

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about *Single in Stilettos* shows, click [here](#).

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Share your best online dating advice with us in the comments below!

Relationship Advice: 4 Reasons To Leave The Past In The Past



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

One of the hardest decisions in life is knowing when to walk away from a relationship and love. It's no secret that romance is hard work, but when your love life becomes more work than it's worth, you have to realize that, while fighting for love is admirable, you might be fighting for a lost cause. As relationship experts, we know that when the connection begins to unravel, sometimes, there's no coming back. And while that may be hard to accept, take our [relationship advice](#) and stick to your guns when you decide to pull the trigger on an unhealthy relationship.

NYC Matchmakers Give Relationship

Advice: Never Get Back With Your Ex!

Take our expert love advice and remember these four reasons to never to get back with an ex:

1. Trust is token: There's a reason that you decided to break up with your partner in the first place. Whether it was because of cheating, lying, or even abuse, once the trust is lost, there's no coming back. Relationships are built on trust, which is nearly impossible to earn back because you will always be wondering what else they lied about and feel the need to track every move they make. It's also hard for them to break the cycle. Even if you get back together and they try to fix the issue at hand, the chances of them slipping up are high. It'll feel like you're waiting for them to mess up, which is not a healthy foundation for a partnership.

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2. Never settle: You may feel the urge to get back with them because it feels comfortable. You know them inside out and don't have to put yourself back on the market. But by settling for someone who you know in your heart is not right for you, you're not giving love a fair shot. If someone broke the trust and you're considering taking them back, think again. If they were the right match for you and loved you, they would not have betrayed you. While everyone deserves a second chance, you will quickly learn that you can't change someone. While you're trying to change your ex into someone you want them to be, you could be missing ample opportunities to meet your soul mate.

3. Staying is harder than moving on: We all know that when it comes to a break-up, the hardest part is moving on. And while time heals all wounds, it's a very painful and sometimes long

process to get over someone that you loved. Getting back together with your ex may seem like a short-term solution, but it's not. The only thing harder than moving on from your relationship is moving forward in it. Getting over the betrayal or trust issues and being able to move past the reasons that you initially broke up is very difficult.

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4. It's not worth the ego boost: If your boyfriend broke up with you and wants to get back together, you will be tempted because it is a boost to your ego that he wants you back. And if you broke up with your boyfriend, he will probably try to earn the trust back and get back together because it is a blow to his ego that you rejected him. When it comes to deciding whether you want to get back together, you cannot let your ego (or his) cloud your judgement. If you get back together for the wrong reasons or what seems like a good idea in the moment, you will quickly regret it.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Expert Love Advice: How To Tackle That Nagging Seven-Year Itch



 By Amy Osmond Cook for [Divorce Support Center](#)

Can you remember the first time you were in love? Do you remember how the mere image of your partner took control of your thoughts? Your actions? Your view of the world? Life was vibrant and hopeful. Most of us can relate, but fast forward seven years, and the crowd thins a little. The intensity has dimmed or even disappeared long ago. Were we wrong about that person...or are we just incapable of maintaining a lasting [relationship and love](#)?

Relationship Expert Shares Love Advice On Seven-Year Itch

As a relationship expert, I know that there's some empirical truth behind the matrimonial seven-year itch. According to the US Census Bureau, statistics continually support this behavior pattern and offer a theory showing that, after seven years of marriage, most couples have raised their children and have realized they don't want to be around each other anymore.

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In an article for *PsychologyToday*, author Dario Maestriperi, Ph.D., referred to the findings of anthropologist Helen Fisher. She theorized that humans may have a predisposition to being serial monogamists. This means that "people are socially bonded to one partner at a time but don't stick to the same partner their whole life." Instead, they switch from partner to partner. This often follows a four- to seven-year pattern.

So how do you explain those couples who defy the odds of statistics and anthropological patterns? What is it about the pair that remains together for 30-plus years that we could emulate in our own love life? Here is some expert love advice about what those enduring relationships have that yours may not:

1. The relationship is flexible: Most long-term goals need to

adapt to endure, and the same holds true for long-term relationships. An article for eharmony.com warns of adhering to patterns that don't work or weaken a partnership. For example, if one or both of you start taking the other one for granted, if either or both of you adopt a condescending tone in communicating with your spouse, or if you start seeking comfort and support from someone other than your spouse, the healthy relationship can break down. "To help avoid long-term unhealthy side effects that can lead to the seven-year itch, it's important to change those relationship-weakening patterns and habits," the article reads. "In doing so, you may discover what you love about each other and ultimately deepen the bond you share."

In an article for *PsychologyToday*, author Robert Taibbi, LCSW, stresses the importance of updating your vision. "What do you both envision in the next year, five years, or ten years? It's not so important what you say as you both have the ability to say it," he explains. "This is what will help you both narrow the gap between your daily life and your inner needs."

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2. Communication, communication, communication: Communication is a habit that should emerge during the early dating stages and continue throughout a marriage. Make it a habit to express your needs. Moreover, be sure to ask your partner what his or her needs consist of as well. This doesn't mean you'll always agree, but it will teach you how to handle conflicting views. In the eharmony.com article, we are reminded to expect bumps in the road. "The goal is not to avoid them at all costs but to understand how to navigate them in healthy, effective, loving ways," it says.

3. Partners choose happiness over the need to be right: It often comes down to choosing one or the other. Are you drawn to having the last word? Do you relish those opportunities

when you have proven your partner wrong? Is defending your point of view worth taking it to the mat at every opportunity? If so, you may win the battle, but you are destined to be alone at the end of the war. “By letting go of the desire to always be right at any cost, you give yourself and your partner permission to enjoy life again,” says eharmony.com. “A happy relationship AND less stress? Sounds like a win-win.”

Problems will certainly make a regular appearance in your relationship, whether motivated by self-serving strategies or not. In this case, long-term couples understand the importance of solving problems when they arise. They know that unresolved problems or unchecked behavior creates an unhappy environment. “It just becomes another land mine that you have to carefully walk around,” writes Taibbi. “If you’re always looking down at where you are stepping, you never can really look at each other.”

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So how can one scratch that dreaded seven-year itch? Our relationship advice is to make sure your partnership is important to you. Expert love advice shows that, by maintaining flexibility, communicating, showing respect for your partner’s opinions, and handling conflict openly and with fairness, you can uphold the value of your relationship and enjoy an itchy-free future with the one you love.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Relationship Advice Video: Two Quick Ways To Figure Out If He's The One



On this week's [Single in Stiletto](#)s relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about how to figure out if he's The One.

Related Link: [Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?](#)

Relationship Author Shares Love Advice On Figuring Out If He's The One

1. Look, lean, and listen: First, lean close to your date; then, look directly in their eyes; and lastly, listen to what they have to say. While you're doing these three things, ask him open-ended questions. According to this relationship advice video, this method completely disarms people because everyone wants someone who will listen to them.

The relationship author encourages you to ask *this* question: "You know, I've had some relationships that didn't work out, and I imagine you have as well. Can you tell me what your ex would say when asked why you're not still together?"

2. Write a list of every single thing that you want in a life partner: Welch shares her love advice and says you need to write everything from the sublime to the ridiculous on the list. Then, divide it into must-haves (the shorter list) and

put everything else on your wants.

When you go on a date, find creative ways to learn if there are any deal breakers. Look at dating as a job interview. You don't want to wait until you're already in love to ask those important questions!

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Dating Advice: What to Do When You're Not His Priority



 By [David Wygant](#)

Are you a priority in your [relationship and love](#)? If not, you may need to step back and reconsider your romance. You seem to be making more excuses than he does: He's working too much; he's dealing with family issues. What you're doing is validating the fact that you're nothing more than a booty call for him. Shocking, right? Deep down, you probably already know this truth. Let's dig even deeper.

Relationship Expert Gives Dating Advice About Being A Priority

As a relationship expert, I'm going to confess something to

you right now. I think my fellow men who read this article are going to be pissed at me when they do. A lot of them are going to lose out on some wonderful booty calls once this truth is exposed and out in the open.

Related Link: [Expert Relationship Advice: Is Getting Hitched Irrelevant These Days?](#)

When I'm dating a woman, I prioritize her over everything. I was once in a relationship and love where I actually got invited to go see President Obama's inauguration. I got invited to mingle with the Washington D.C. elite, to schmooze with the most powerful people in the country. Here's the thing: The woman I was dating wasn't invited. She told me I needed to go because it's something she thought would be a blast for me – a once-in-a-lifetime experience. I went. After two days, I missed her so much, and I realized I wasn't enjoying the moment without her. So I changed flights, got on a plane, and surprised her by coming home. She was, at that time, my priority. My best piece of relationship advice is to find someone who will do that for you.

Whenever a man is in love, the woman he's dating becomes his main concern. When we fall in love, we can't wait to see you, no matter how much work we have on the table or how much our kids are screaming their heads off. No matter what we're going through, we will always make it important to be with you.

So if you're with a man who doesn't do that, he's probably constantly making up those famous "man excuses" – things like, "I'm really stressed about work right now," "I'm concentrating on building my business," "I've got too much on my plate right now," or "I enjoy the time we have together. Can we just keep things the way they are?"

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When a man does that, he's telling you that you're not what he

really wants. He loves sleeping with you; he loves having sex with you; he loves hanging out with you...but he's just not willing to fully commit to you. Those are the cold, hard facts. When a man is stringing you along, and you're not at the top of his list, you need to have "the talk" and say something like, "We obviously want two different things. I want a relationship, and you want a once-a-week thing. Unless you're willing to commit to me and spend more time together, I can't keep going down this path." The reason is, if you keep things as they are, your relationship will keep getting grayer and grayer and harder to define.

You see, most men don't want to give up that situation because they're getting what they want. And most men are so bad at finding women to have sex with them that they're not willing to give it up! They'll say anything to keep things the way they are.

My dating advice is simple: You need to cut him loose. You need to find a man who will make you his number one concern. When a man really falls for you, you'll be his priority no matter what. That's what you want, and that's what you deserve. Don't settle for anything less.

David Wygant is an internationally-renowned dating and relationship coach, author of the new book [Naked](#), and speaker. Through his boot camps, personal coaching, and his [website](#), his dating advice has transformed the lives and relationships of hundreds of thousands of people from every corner of the globe.

Dating Expert Gives Love Advice On When To Date After a Break-up



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) knows how important it is to jump back into the dating world after a break-up and the questions that come up after a break-up. "Getting back out there isn't always the purpose of getting into a relationship," the dating expert explains. "You need to be alone, focus on yourself, and move on in a healthy way. But going out, flirting, feeling sexy, and being picked up in the early post-break-up stage can show you that there truly are lots of fish in the sea."

Dating Expert From E!'s *Famously Single* Talks About Dating After a Break-Up

In this week's relationship advice video post, the *Screwing the Rules* dating expert shares the six steps that you should complete before you start dating again after a break-up:

Related Link: [Dating Expert Shares Number One Rule of Successful Online Dating](#)

1. Put an end to social media friendships: You don't want to see what your ex is up to. You don't want the temptation nor

do you want to reach out. That means you might need to block them on Facebook and unfollow them on Instagram.

2. Write down the bad: It's way too easy to fantasize about the amazing moments you shared. Instead, remind yourself of all of the bad things. Write down a list of why you broke up in the first place and then read it whenever you need a reminder.

3. Refresh your look: It's time to make yourself feel attractive again. Get back into the gym. Get a facial. Do *something*. Just think it through before you dramatically alter your hairstyle!

Related Link: [Relationship Expert Shares Best Love Advice for How To Break Up Over Email](#)

4. Reconnect with yourself: Break-ups are all about bummers with benefits, so extract the good from the bad. Think about what lessons you learned, how you changed, and what you're going to do differently next time.

5. Explore your passions: Indulge in a class that you've always wanted to take. Join a group and go on hikes with like-minded people. Sign up for a cooking class and learn how to make Spanish tapas. You have time to spare now and maybe even some money, so start working on yourself again.

6. Stop crying and start online dating: This is a chance to window shop your future options. It also simultaneously keeps you busy late at night when you're feeling the most lonely, sad, and tempted to reach out to your ex.

For more love advice from Laurel House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

When did you start dating again after a break-up? Tell us your story below!

Love Advice: How To Increase Your Chances Of Meeting The One



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to increase your chances of meeting The One. Check out their best love advice in the video above!

Relationship Experts Discuss How To Increase Your Chances of Finding Love

Finding a relationship and love isn't always easy. With that thought in mind, dating experts believe that there are things you can do to actively attract the right person. Consider these three dating tips if you're ready to find your soul mate:

1. Pay attention to the people in front of you: Instead of looking online or through an app, start to notice the people you see every day. Maybe it's time to ask out that guy from the coffee shop!

Related Link: [Dating Experts Give First Date Tips](#)

2. Be thankful for the dates you do have: Show some gratitude for the dates that you're going on. Even if he's not the right

man for you, you can still appreciate the time you spend together. Remember that you can learn something from everyone you meet!

Related Link: [Expert Dating Advice: How to Find True Love Fast](#)

3. Give yourself permission to have the love you really desire: If you're clear about your wants and needs, then you'll be one step closer to finding your soul mate. Still, you don't want to make a long list of impossible expectations. You're trying to *attract* the right man, not detract the right man!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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What's your best love advice for attracting The One? Tell us in the comments below!

Leading Non-Verbal Expert Shares Online Dating Love Advice



 Interview by [Jared Sais](#). Written by [Rebecca White](#).

Relationships and love are not always easy to find, and in this day and age, many people turn to online dating as they search for that special someone. This approach can be

extremely effective, but it's important to keep a few things in mind in order to increase your chance of finding The One. In our celebrity interview, Dr. Paul Ekman, an expert in non-verbal communication, shares his best [love advice](#) to help you get through a first date with someone you met online.

Dr. Paul Ekman Shares Love Advice For Online Dating

Before you even go on a date, chat with your potential partners on Skype or FaceTime. That way, you'll be able to tell if they're authentic from the get-go. You can watch their facial expressions and hear their tone and pitch, gathering the non-verbal cues needed to get a better understanding of who they are. After all, you can't tell if they're lying via e-mail or text!

Related Link: [Love Advice: How To Tell If a Guy Likes You](#)

When it comes to your first date, Dr. Ekman's expert dating advice is simple: Be prepared to ask the right questions. He recommends that you find out the answers to these five questions below:

1. What do you like to do on vacation? If you can't travel together, you can't live together! Find out what your date likes to do for fun and see if you have any similar interests.

2. Why didn't your previous relationships and love work out? Really listen to how your date responds to this question and be on the lookout for any red flags. Of course, there are a few acceptable answers, like illness or death of a past lover and differing opinions about topics such as having kids or where to live.

3. Do you have a good relationship with the opposite sex

parent? If the answer is no, they may look to you to fill that void. A bad relationship with any parent could cause issues in your love life, as they may have a skewed perspective of the family unit.

4. What is your online dating history? While this question isn't a necessity, it's helpful to know what sort of online dating success your date has had thus far. How long have they been looking for love online? How many dates have they been on?

Related Link: [Dating Expert Gives Five Body Language Cues to Look For on a First Date](#)

5. What type of relationship do you want? Asking this question on a first date will let you know if you should continue this particular romance. If you have different answers, then it's time to move on!

Besides these verbal questions, don't forget to look for classic non-verbal cues while you're on the first date. Is your date leaning towards you? Are their eyes dilated? Are they making eye contact with you? These are all positive signs! Dr. Ekman even has a training tool called micro expressions, which can help you learn how to read people. Be sure to keep this love advice in mind the next time you go on a first date.

What questions would you ask on a first date? Let us know by commenting below!

Expert Love Advice Q&A: When Do I Send A Friend Request After A First Date?



Question from Mandy G.: I went on a first date with a great guy this weekend, but we didn't make plans to see each other again. I want to connect with him on Facebook without seeming overeager. How soon can I send him a friend request?

Keep reading for [expert love advice](#) from our relationship experts!

Relationship Experts Discuss Facebook Friend Requests

[Suzanne K. Oshima, Matchmaker](#): My expert love advice is that sending a Facebook friend request after a first date is way too soon. When you send it prematurely, you run the risk of it being ignored, which will put you in an awkward situation. If he ignores your request, you may think he's not interested in you. But what it may really mean is that he's not ready to let you in to snoop through his personal life after just one date. Let's be honest: The first thing you will do is go through all his photos and posts to try to figure out what's up with his relationship and love life and if he's dating anyone else! There's plenty of time to get to know him digitally, so wait until several dates in to send that friend request. Otherwise, you may find yourself un-friended from a guy that you just met!

Related Link: [Dating Advice Q&A: Can I Blog About My Relationship and Love Life?](#)

Paige Wyatt, Reality TV Star: Sending a new guy a friend request on Facebook is a lot simpler than you think. First, you must do a quick sweep of your own page. Make sure there's nothing embarrassing or off-putting posted on there. Don't forget to check your tagged photos! Then, send him a request. If he accepts within minutes (as people often do, thanks to the Facebook app), send him a quick message, something short and sweet to let him know you had a great time on your date. If he doesn't accept your request for a few days, don't automatically assume he's ignoring you. He may not be an avid Facebook user, and in that case, it's better to stay connected via text message instead.

Related Link: [Q&A: Should I Tell My Friend Her Crush Has Been Facebook Messaging Me?](#)

[Robert Manni, Guy's Guy](#): Although there is nothing wrong with sending him a friend request, look at the bigger picture. You just went on a date with this guy, and it sounds like you want to see him again. Although there are no set rules, ending a date without plans to reconnect is usually not a great sign. Consider this dating advice: If this guy wants to see you again, he will reach out soon. Adding him as a Facebook friend is a nice gesture, but I doubt it will do anything to stoke the romantic fires.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How soon would you send a friend request after a first date? Share your love advice with us in the comments below!

Relationship Expert Talks About Helping Kids Through Divorce



 By Debbie Bartashius-Ceresa

Whose divorce is it? Perhaps this sounds like a strange question when talking about the Hilary Duff and Mike Comrie custody dispute or the battle of where Jodie Sweetin and Morty Coyle's little Beatrix will attend pre-school. But as a [relationship expert](#), I know that a divorce can cause many losses, especially for the children.

Relationship Expert on Losses of Divorce

There is truth that divorce is a family matter, but in the end, it's the couple who is ending their relationship and love together. The kids are merely in the midst of a war zone, and the damage to them can be immense. Divorce, like death, creates losses for everyone involved. Children can experience any or all of the following:

Related Link: [Expert Dating Advice: Should You Give Your Ex a Second Chance?](#)

1. Loss of expectations: We teach our children to love, trust, and be loyal to us. Children think that their family will always be together. Think about the many stories you've read to your kids; most of them have a family that stays together.

Children are also exposed to the vows and commitments parents make to each other through movies and religion. Try to imagine how confused a child feels when they're told that their parents can no longer keep this pledge.

2. Loss of trust: Children have a difficult time dealing with the conflicting feelings of love and divorce. These emotions tend to cause the child to believe that their parents are distrustful.

3. Loss of familiarity and routines: A divorce sometimes causes a move from one home to another or a change of schools. Everything that was familiar and routine in the child's life is disrupted.

4. Loss of safety: What makes you feel safe? Most of us feel stable when we are in our day-to-day routine and our comfort zone. Oftentimes, children caught in the battle lose their sense of safety.

Expert Love Advice For How To Help Your Child Through Your Divorce

As a relationship expert, I look at celebrity divorces, such as the Duff-Comrie and Sweetin-Coyle cases, and see that they create an awareness of how to understand the effect of break-ups on our children. My expert love advice, whether you're dealing with a divorce of your own or someone close to you, is to focus on the kids. The following can help your child:

Related Link: [Romantic Relationship Advice: From Roadkill to Recommitment](#)

1. Don't "fix" feelings: Be there to listen to your child without trying to tell them how to feel. Every child is different and reacts to a divorce uniquely. The problem with emotions that are sad, negative, or painful is that we try to

fix them. We don't try to change or fix good feelings. Remember that feelings are feelings.

2. Find a safe zone: Give your child a place to express any happy, sad, or painful emotions. You need to be able to listen, hear, and acknowledge their feelings. This safe zone also means not taking sides with the other parent.

3. Complete your own emotions: The world isn't perfect. Divorce happens. Every divorce is unique; your feelings are unique. Taking actions to complete your own emotions with your divorce will give you the ability to hear and listen to your children.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on Amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit debbieceresa.com.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Experts Give First Date Tips



On this week's [Single in Stiletto](#) show, matchmaker Suzanne Oshima and dating expert Des O'Connor discuss first date tips for women.

Relationship Advice Video Reveals First Date Tips

Women often go on a first date and expect to have a connection right away. However, that doesn't always happen. According to this [relationship advice video](#), these two dating experts believe that chemistry can grow over time. Don't decide if you'll go on a second date based on your initial feelings or lack thereof. If your date has potential, then plan a second date – you don't know where it will end up!

Related Link: [Why Are You Single? Dating Experts Answer That Dreaded Question](#)

As these relationship experts say, you need to have a plan in place when you go on a date. Make sure you don't talk too much about yourself. Guys are turned off by that. Instead, ask questions and show an interest in what your date does. First dates are kind of like an interview process for a relationship and love, so make sure the date is interesting! When in doubt, just remember that you can't change a first impression.

For more relationship advice videos and additional information about Single in Stiletto shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What first date tips do you have? Tell us in the comments below!

Relationship Expert Shares 8 Powerful Celebrity Women Who Will Change Your Life



 By [Sandra Fidelis](#)

It's not easy balancing a successful career and a thriving relationship and love life. We, as modern women, have so much on our plates. The pressure of being a power player in the business world while maintaining a healthy relationship can be a big challenge. But as a [relationship expert](#), I know nothing is impossible.

Relationship Expert Shares How Powerful Celebrities Will Change Your Life

Related Link: [Relationship Expert Shares Must-Dos for Career Women](#)

The following ladies (some of the most powerful and successful women in the world) serve as great models for how to balance your work and relationship and love life. They show us the value of having both a great career and a thriving partnership.

1. Zoe Saldana. The starlet recently made celebrity news over her announcement that her husband, Mark Perego, opted to take on her surname. The *Avatar* actress and her dedicated artist

husband juggle successful careers. Now, they add family to the mix after the birth of their celebrity babies, twins Cy and Bowie.

2. Pink. The singer began dating her motocross racer husband Carey Hart in 2001. After briefly separating in 2003, they announced their celebrity engagement in 2005 and married in 2006. The famous couple separated again in 2008, but reconciled in 2010. They welcomed daughter Willow soon after. Pink travels the world balancing family, her music career and Carey's motocross team.

3. Ellen DeGeneres. She's Hollywood's darling and along with wife Portia DeRossi an advocate for the LGBT community. The celebrity couple is going strong and Ellen credits Portia with being someone who truly gets her, supports her and wants the best for her. As a relationship expert, I know that's what we all want in a partner.

4. Jennifer Aniston. Jennifer is like a fashionable, cool older sister. We've watched her go through a painful celebrity divorce and date Hollywood's most eligible bachelors. After finally settling down with fiancé Justin Theroux, Jennifer continues to be a power player in Hollywood. Her star has only continued to rise. Her range has expanded from a leading lady in romantic comedies to taking on more complex roles such as in her recent film *Cake*.

Related Link: [Expert Love Advice: What to Do If Your Job Intimidates Your Partner](#)

5. Giselle Bundchen. Recently Giselle hung up her stilettos and announced that although she'll keep working in the modeling world, she won't be modeling for pay. Her hubby Tom Brady posted a sweet message about her accomplishments and what an inspiration she is to him. Aww!

6. Angelina Jolie Pitt. Mrs. Jolie Pitt credits her hubby Brad Pitt with being her rock. He supported her through her recent

health issues as well as her work behind the camera. The Hollywood couple raises six children together and makes managing two high-profile careers look easy.

7. Oprah. Oprah has always had a lot on her plate. These days, she's running her own network, interviewing newsmakers and attempting to raise the world's consciousness with her hit show *Super Soul Sunday*. She's managed to maintain a low-profile relationship with her spiritual partner of 28 years, Stedman Graham. That may very likely be the reason it has lasted as long as it has.

8. Beyoncé. Beyoncé is consistently featured on Forbes list of most powerful women in the world. She credits her relationship with husband Jay-Z with giving her the strength and confidence to be fearless in her career choices and endeavors.

Related Link: [How to Balance a New Relationship and Love Life with a Booming Career](#)

These women serve as great models for managing a hectic lifestyle while maintaining happy, thriving marriages and relationships. I know it may be difficult to compare your life to the women on this list (considering that all of them have access to assistance and support that most women only dream of having). These women have also figured out how to be the powerhouses that they are without intimidating and alienating their partners. This can certainly be a challenge for modern women. But these women have proven that you can have great love and a great career.

[Sandra Fidelis](#) is a relationship expert, best-selling author and speaker with a great talent for helping single women get off the dating merry-go-round and finally meet the right man.

Dating Expert Shares Number One Rule of Successful Online Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) discusses the rules of online dating.

Dating Expert Laurel House, part of E!'s '*Famously Single*' Talks About Being Honest In Your Online Dating Profile

If you've ever tried online dating, then you know how hard it is to create the perfect profile. But don't worry, because relationship author and dating expert Laurel House shares her best love advice about the number one rule of successful online dating. "Make sure your online dating profile is honest!" she shares. In this week's relationship advice video, the dating expert will help you understand how to turn off the wrong partner while simultaneously turning on the right one.

Related Link: [Relationship Expert Shares Best Love Advice for How To Break Up Over Email](#)

The relationship expert believes that "the most essential but often ignored strategy when it comes to online dating is elimination." This means that you need to focus on turning people away who you would never be interested in to begin

with. “You can try to narrow your reach within the preferences section, but many people don’t actually look at those preferences,” House shares. They also don’t address some of the more important particulars, including the personality traits. If you have a sarcastic side, be sure to mention that! Honesty is the number one rule of online dating.

One of the benefits of online dating is that you are able to expand your reach, but you don’t want to attract the wrong people. “You need to take a proactive approach,” the dating expert says. “If you say you are a lover of the finer things in life, guys who can appreciate and afford those things will find that a turn on. Men who are turned off by a woman who likes expensive things will not contact you. And that’s a good thing.” At the end of the day, you want to find somebody who understands and shares your lifestyle preferences. “You’re not there to please everyone,” House says. “You’re there to weed out the ones who might take issue with elements of who you are and what they’re expectations are of you.”

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think the number one rule of online dating is? Tell us your story below!

Why Are You Single? Dating

Experts Answer That Dreaded Question



In this relationship advice video, matchmaker and [relationship expert](#) Suzanne Oshima talks to relationship author Tinzley Bradford about how to answer the dreaded question, “Why are you single?”

Dating Experts Reveal How to Handle a Dreaded First Date Question

When you're on a first date, the question about why you're single is bound to come up. Dating experts say that this question will immediately bring down the energy of the date, and you'll find yourself searching for the best way to answer it. So, here are some great tips to get past this dreaded question with confidence:

Related Link: [Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!](#)

- 1. Take a lighthearted attitude and use humor.** The worst thing you can do is get defensive when someone asks you that question on a date. Be lighthearted, laugh, and ask the question right back. After all, they're single, too!
- 2. Let them know that you don't want to be in a relationship for the sake of being in a relationship.** Make sure your date knows that you want to find the right person to be part of your life; you don't want to be with just anyone.
- 3. Be honest and tell them you haven't had the chance to focus**

on a relationship until now. You can be honest and tell your date that dating hasn't been your priority because you've been busy with other things, like your career.

These dating experts say it's inevitable that you will get asked this question at some point, but it's important to not get insecure. Instead, use your sense of humor and put a positive spin on it. And then...you can change the subject to a topic that makes you feel more comfortable!

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Dating Expert Gives Five Body Language Cues to Look For on a First Date



By [Jared Sais](#)

First dates aren't always easy. If you ever find yourself wondering how a date went, then use my [expert love advice](#) to look for clues during the date. There are five main body language cues to consider: making eye contact, showing a real smile, leaning in, "peacocking," and using a flat palm on the chest.

Dating Expert Talks Body Language On a First Date

1. Making eye contact: Eye contact is the first non-verbal cue I look for because it is the gateway to truth and emotions. Your eyes smile. They love, they hate, and they lie. When you are on a first date, I would look for these four main eye movement cues:

a. Eye to eye contact: Eye to eye contact shows respect and a liking. We tend to hold eye contact (in American culture, that is) of people we like, respect, and find attractive.

b. Elevator eyes: Elevator eyes are when your date looks you up and down. It's a sign that they find you attractive, but it may also be a sign that your date wants you for only one thing. As a dating expert, I find this type of eye movement to be disrespectful.

c. Wandering eyes: This form of eye movement is a type of flirting with the outside community. It's checking out other people during a date with you. Now, I'm not saying your date should hold perfect, elongated, and constant eye contact. In fact, that would be weird and creepy. But if you constantly see your date not looking at you when you're speaking and doing elevator eyes at other women as they walk by, I would say that's a big red flag.

d. Dilation of pupils: This is a very good sign but extremely hard to spot. If you do spot their eyes dilating, that means that your date finds you attractive and likes the way you look.

Related Link: [Expert Dating Advice: Is He Going to Dump Me? Your Partner's Body Language Before a Break-Up](#)

2. Showing a real smile: Well, easy enough...or is it? As a dating expert, the smile is the second non-verbal cue I would

look for on a first date. A real, true smile involves the entire face – from your eyes to your cheeks to your lips. If you see wrinkles on the corner of their eyes, that's a great sign. Those wrinkles are called crow's feet, and they're a big part of observing a true smile. Also, in a real smile, you will see the cheeks rise and puff up a bit. Finally, look at the mouth. If their teeth show or there is a big grin where the tips of the mouth raise up a lot, that too is a non-verbal cue of a genuine smile.

Here's the catch: You should see almost all of these things happen at once for it to be a real emotion of happiness. In a fake smile, only the mouth will move. You will rarely see any movement in the eyes, and the cheeks may only move slightly.

3. Leaning in: When speaking with your date, take note if they are leaning in or leaning towards you. This non-verbal cue shows interest in what you're saying and/or that they're interested in you. If you notice they're leaning away from you, this would indicate that they're not interested, as they are creating distance between the two of you. Distance is one of the number one indicators of attraction. The closer you two are, the more they like you and feel comfortable in your presence.

Related Link: [Expert Dating Advice: How to Spot a Man Who Only Wants One Thing](#)

4. "Peacocking": Just like the bird, we too strut our stuff. There are four main ways we use this strategy when trying to impress someone:

a. Clothes: The clothes we wear can catch someone's eye, and we often use what we wear to impress others. A nice watch, that dress that fits like a glove, even those beautiful earrings are all used to capture the attention of that special someone.

b. Dramatic hand and body gestures: Non-verbal cues that are

used to catch the attention of others can all fit into this category of “peacocking.” Big hand gestures that take up a lot of space or flipping your hair are both ways people use their body to “peacock.”

c. Space/dominance: Taking up more space than usual or using space to grab attention, like renting out a VIP table at your favorite bar, demonstrates a way to use space as a “look at me” tool to grab the attention of people.

d. Tone and pitch: How we speak and the tone we use can be a way to grab attention from others as well. Accents or even singing your favorite song at a karaoke bar are ways to use tone and pitch to “peacock” to others.

5. Using a flat palm on the chest: This non-verbal cue is a sign of trust. When speaking with someone, if you see them make this hand gesture, they are being genuine and sincere. They are showing you trust and honesty. This is a non-verbal cue that can let you know the person you are with has let down their guard and is ready to open up to you. When you see this non-verbal cue, it would be nice if you reciprocated by opening up a bit to them as well. As a relationship expert, I’ve come to believe if the person you are with places their palm on your chest, that is one of the biggest compliments you can receive. It shows complete trust, loyalty, and love for you.

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they relate to relationships and love.

Expert Dating Advice: Should You Give Your Ex a Second Chance?



 By Amy Osmond Cook for [Divorce Support Center](#)

In the latest celebrity news, actress Pamela Anderson recently announced that her celebrity divorce to two-time husband, Rick Salomon, was final. In retrospect, she realized she never should have traveled down that path a second time. In contrast, my aunt Marie Osmond reunited with and remarried her first husband, Stephen Craig, 26 years after they divorced. This [celebrity couple](#) is fantastic together, and I'm thrilled to see them back together. As Uncle Donny stated in *People.com*, "These two people are right for each other."

Deciding whether or not your ex is the ultimate soul mate for you can be a complicated decision, and it's one that requires some soul-searching. Six percent of people remarry their former spouse, and sometimes, it results in happiness, while other times, the old problems flare up again. As a relationship expert, I think the wisdom behind that decision largely depends on what caused the marriage to break up in the first place and what changes are happening now. My expert dating advice would be to consider these three reasons for remarrying your spouse and these three reasons to move on:

Expert Dating Advice For Giving Your Ex a Second Chance

1. You're able to forgive each other: What was once considered a deal breaker to your marriage may take on a different look

as time passes. In her *Huffington Post* article, “Remarrying Your Ex-Spouse,” author Lois Tarter believes the ability to forgive comes with time, stating, “If the two ex-spouses worked on themselves while apart and they are in a better place, they may be able to forgive their spouse for all that went wrong.”

Related Link: [Expert Dating Advice For Finding Love After Divorce](#)

2. Bad timing caused the break-up: Could it be the right guy came along at the wrong moment? If so, follow my expert dating advice and look at the personal growth of both of you during the time apart. “Sometimes, two people feel that they need to grow a bit on their own in order to be fully committed to a marriage,” wrote Tarter.

3. The problem wasn't the marriage: In some cases, it was the baggage that was brought into a marriage that cast a destructive shade on the relationship and love. Rachel Clark, who blogs for Psychology.com as “Marry, Divorce, Reconcile,” refers to her own experience when she writes, “It was never the marriage. It was a habit of thinking that questioned and doubted, that spawned negativity instead of positivity. And I can say that came from my childhood because my own parents had divorced.”

Relationship Expert Gives Reasons to Move On

1. Toxic behavior is ruining the relationship: As we witnessed with Anderson, a failure to acknowledge the effects of unhealthy behaviors can doom a relationship and love. It's like opening the refrigerator door, hoping to find something to eat, not finding anything, and closing the door, only to open it again a few seconds later in the hopes that something new appeared. That type of thinking is irrational, and so is

thinking the same negative behavior patterns will not have an adverse effect on you as they once did.

Related Link: [Romantic Relationship Advice: From Roadkill to Recommitment](#)

2. You are remarrying for the wrong reasons: Contrary to most Disney movies, remarrying your ex-spouse for the sake of the children, the grandparents, to save the family farm, or any reason that lies outside of genuine love for this person is sure to end in disaster for the second time.

3. Your ex-spouse has moved on: If your former spouse has invested his time and affections into another, your time speculating what could have been is over. "Life would be so much easier for everyone involved if our feelings of desire, love, and attachment were reciprocated," was an opinion shared on truthaboutdeception.com. "But more often than not, these basic emotions do not align themselves that way."

By taking an honest look at the reasons behind your split, you may be facing an opportunity to make right what went wrong long ago. Or you may be proud of your ability to escape a destructive relationship that left your heart as empty as your checking account. Either way, toying with the prospect enables you to confirm your choices and feel good about what is to come.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!



Relationship advice video, matchmaker Suzanne Oshima talks to relationship author Robert Manni about how to improve your chances of finding love.

Relationship Advice Video Gives Tips On Finding Love

We all know that finding someone special isn't easy. If it were, then everyone would be in love, right? In this [relationship advice video](#), these dating experts agree that, with these four tips, your chances of finding a relationship and love will increase.

Related Link: [Expert Dating Advice: The Secrets Men Will Never Tell You](#)

1. Put the gadgets away: Your cell phone, computer, or tablet is creating a barrier between you and any man that wants to meet you. By holding your phone or looking at your laptop in a coffee shop, it seems like you're busy and don't want to be bothered.

2. Pay attention: It's important to pay attention and be fully present. Notice the men around you and be open to meeting them organically.

3. Get real: Be realistic and clear about who you are and what you're looking for. Once you know what you want, don't focus

on a long list of “must haves.” If you do, you’ll be single for a long time!

4. Reach out: If you had a great time, it’s important to acknowledge and follow-up after the first date. Be available and don’t wait too long to schedule the second date. You don’t want him to lose interest.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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Celebrity Couple Predictions: Leighton Meester, Sofia Vergara and Taylor Swift



 By [Shoshi](#)

The latest celebrity news has been filled with juicy relationship gossip, including a [celebrity pregnancy](#) announcement, a famous couple prepping for their celebrity wedding, and a singer finally settling down. Check out my predictions for the three celebrity couples below and find out what’s next in their relationships and love lives!

Latest Celebrity News About Three Celebrity Couples

Leighton Meester and Adam Brody: It was recently announced that Leighton Meester and Adam Brody are expecting their first celebrity baby together, sending *Gossip Girl* and *The O.C.* fans into a tizzy. I predict that their little bundle of joy will be a very cute baby, though one doesn't have to be a psychic to see that.

Related Link: [Celebrity News: Leighton Meester Says She's Never Been Dumped](#)

I have to admit that I see something in their celebrity marriage that says that this famous couple won't be together for the long haul – that's something that I've noticed since they first got married. What I see could also be a rough patch down the road that leads to a little time apart; they may find their way back to each other. Only time will reveal the outcome of this relationship and love!

This celebrity couple has let it be known that they want a bunch of kids, and I see four children circling Meester. Once this baby comes, it's possible that the actress will focus on being a mother for a while – a bummer to her fans but a bonus to her baby.

Sofia Vergara and Joe Manganiello: I can't help but still give this famous couple the side eye. For some reason, I keep seeing Vergara and Manganiello thrown together for publicity purposes. My psychic juices say "staged." While they make one dynamite-looking couple, there is something that is a bit off about them. Their body language doesn't read like a couple crazy in love. Maybe the need for companionship is what brought them together.

Now, Vergara is saying that she would like to have celebrity babies with Manganiello, even though she previously said that

having more kids was not a priority. I don't see any more kids in her future, at least not any that she'll give birth to. Until Vergara and Manganiello walk down the aisle together, I can't see them as a serious pair. If they do go through with it, their celebrity marriage will be short-lived. May they prove me wrong! I do wish them the best.

Related Link: [Rumored Celebrity Couple Taylor Swift and Calvin Harris Kiss and Hug at 2015 Billboard Awards](#)

Taylor Swift and Calvin Harris: I love to see [Taylor Swift](#) stepping out with her new man, DJ and music producer Calvin Harris. They make a nice-looking couple. Harris is known for being a bit of a playboy, but it looks like things are progressing well with the songstress. Cheating rumors have surfaced over the past few days – and they won't be the last ones. We can expect more gossip and women throwing themselves at Harris because they want to cause trouble between him and Swift.

When I first saw them together, I didn't see this relationship lasting for more than a few minutes, but it looks like the tide has turned. In fact, it seems like it could go longer than most of Swift's romances. As you probably know, the singer's past relationships have lasted for about ten minutes, and people have often wondered why she can't seem to keep a man around. I see Swift and Harris in a relationship for about a year and a half to two years. I don't see wedding bells, but you can expect for Swift to write nice songs about her new guy.

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

Relationship Expert Shares Best Love Advice for How To Break Up Over Email



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares her best love advice about how to break up with someone over email. "An email break-up doesn't have to be a bitchy break-up," she explains. "It can be the preferred way of breaking up because you're able to truly express how you feel." In this week's relationship advice video, the relationship expert helps you understand when it's necessary to break up over email and what type of relationship and love you need to have for it to be the preferred method.

E!'s *Famously Single* Laurel House Shares Love Advice On Breaking Up Over Email

The dating expert believes that, if your relationship meets these three qualifications, then an email break-up is the way to go: You've been dating for less than six months; you're not living together, and you haven't said I love you. Or if your relationship can be described by one of these circumstances, email is the best way to end it: It's a long-term digital relationship; you're unable to connect with your partner

in another way; he's truly an asshole who cheated on you or conned you; or he's dangerous.

Related Link: [Love Advice Video: How To Say Goodbye To Your Ex For Good](#)

An email break-up is best for these romances because "you have the opportunity to explain yourself without being sidetracked." Most likely, the person you're dating is a good person, but you're just not into it. They don't "deserve a hasty brush off because you feel bad." When you write the email, remember that you need to be honest and vulnerable and tell them what's happening in your mind and why it's not working for you. End your email by saying that you'd be happy to discuss it over the phone if they want to.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Have you ever broken up with someone over email? Tell us your story below!