

Bachelorette 9, Episode 3: Dangerous Dodgeball Date



By [Jared Sais](#)

They called it right in the trailers when they said “drama” was about to go down on last night’s episode of ‘[The Bachelorette](#)’! There were dangerous games of dodgeball and one mad ex-girlfriend who came out of the woodwork.

Desiree has quite a cast of men vying for her attention. All of these guys were flexing and puffing their chests out, showing nonverbal portrayals of dominance.

Guys usually do this when they see a girl they like; men will take up more space to show how big and strong they are to impress the girl in question. It’s right out of the rules of animal kingdom, and not much different than gorillas beating their chests.

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Brooks

When Brooks injured himself while playing dodgeball he held Des's hand and she did a comforting rub both on his hand and back. The tone and pitch of her voice changed and you could tell that she really cared. She also toasted Brooks while all the other guys were surrounding her. He remained on her mind and at the end of the night, the kiss between them was full of romance and passion.

Body Language of Chris and Des

There was a lot of leaning in happening with Chris and Des and the two weren't shy about caressing each other. This is one of the easiest ways to identify if someone likes you or not. They also rested their heads on one other which is a big tell of how comfortable they feel together. I am very comfortable with moving Chris into my top 5. Although I am not sure I would put him over Brooks. As of right now, I am still predicting a Brooks win and Chris in 2nd place.

Brian's Ex-Girlfriend

During the whole Brian's ex-girlfriend fiasco I started asking myself if Des was truly upset? I have to say it was a bit staged and I am sure she got the news before going on camera. Des had responses that appeared forced and she did more acting than naturally caring about what was happening. Des also had pinched lips which is a tell-tale sign that she was angry about the situation, but I don't think she was all that into Brian anyway. She acted angry but my guess is that she was probably feeling more awkward.

Tears were not real from Brian's ex-girlfriend and though she was screaming a lot I didn't see much anger. I think Brian was guilty of something but not everything. Did Brian sleep with his ex before he left for the show? Yes, but they truly could have been broken up before the show started. You could actually see Brian's ex-girlfriend smile as she got back in the limo. I think she was purposely trying to get Brian kicked

off the show. I also want to point out her facial expressions didn't even show 50% sadness nor anger. When trying to portray sadness the inner corners of her eyebrows barely rose up and though her voice seemed sad there were no tears or dimples in her chin. As for anger, she was good at screaming but other than that she only had a hint of glaring eyes, which are a telltale for anger. There were a lot of facial expressions that were lacking, maybe she had Botox before coming on the show. The full story was not told and I know Brian was telling the truth about his feelings not being there for his ex-girlfriend.

Casey

I think Casey and Des are better friends than lovers. I didn't really see crazy romance. Not to mention that although they shared a crazy experience together, their date never really did heat up due to the Hurricane that was taking form when they were on top of the roof.

Related Link: [Bachelorette 9, Episode 2: Quote Me Now](#)

The one-on-one with Juan

Who Juan? Juan Pablo won. Well he won the contest but I didn't see any nonverbal cues that told me they were so romantically crazy about each other. Their date was cute but not steamy. Des never dropped her hand full of popcorn as they kissed. Either their kiss was not the kiss of a soulmate or that popcorn was unbelievably amazing.

On to Bryden

Des stated that he is "reserved" and "doesn't make the first move." Bryden reserved? Doesn't make the first move? Hmmm hmmmm please tell me more about how he's in this to win Des's heart. This guy is definitely seeing someone at home or is not feeling Des. When he stated, "When we kiss it's awesome," he closes his eyes and actually shakes his head no. This tells me it's not as awesome as he wants to portray. He also does a

shoulder shrug which is usually a nonverbal tell of a lie.

Ben and his evolving game

Ben took the words right from my post that I wrote last week. I stated he would have to stop playing the single dad card and play a different game to show he's a bachelor and fun, just as he did this week. I guess I know just as much about the game of dating, as I know about reading people's body language, micro expressions, and lie deception.

So lets recap the big news of this week. Chris will definitely be in the top 5, I have him going number two overall, maybe number three if Drew picks up his game. So far three guys made it into my top 5: Brooks, Chris, and Drew. With two spots left we will see within the next week or two who fills the full list of top 5 bachelors.

Let me know your thoughts on what men you like so far and who you think will be Desiree's future husband.

Bachelorette 9, Episode 2: Quote Me Now





By [Jared Sais](#)

The episode last night was very insightful. Before you read this post and the non-verbal communication cues that I saw on last night's episode, I want to clarify that I am a fan of Desiree! I know it may not seem that way given what I am observing, but I am just calling it what it is from my years of training in body language. Please note, that I like Desiree a lot! My head is shaking "yes" and my hands and feet are NOT crossed! So on to the analysis:

Last night, I focused on three specific competitors as I was watching the show, these were the guys that caught my attention when it came to reading their physical cues. I think you would agree:

Ben

If you read my first post, I was a bit iffy on Ben using his kid to get an advantage with Desiree. Though brilliant, I thought it was sneaky when it came to playing this dating game. It appears that my first impression was correct! I am not saying that Ben is a bad guy. What I'm saying is that he's sneaky. I feel that he's looking at this as a competition and game. He might be genuine when it comes to winning Desiree's heart but, in doing so, he will play all angles and win at any cost.

One thing is for sure, he will need to change up his approach soon. This means that he can't use his kid anymore. "Why," you may ask am I saying that? Well, though Ben's kid came to the rescue again in this episode, I noticed that Desiree pulled back a bit. Desiree showed signs that she was open to the idea that he had a kid but pulling out this card every time is going to hurt him.

It's simple, "If I say 'yes' but I shake my head 'no,' this should send a signal to you that I am not being honest, as my body is contradicting my words." When Desiree said, "I am very open" –referring to the idea of Ben having a child–her body language was very closed off. Her hands, though under a blanket, were interlocked and her body was pulled in tight. Though Desiree is always cold, I have studied her body language enough to determine when she's cold vs. when she is defensive and not open to the situation. I know for a fact that if Ben keeps talking more about his kid, Desiree will soon find issue with it. Right now it's cute, but soon reality will sink in and Desiree will be turned off. For Ben to make it to my top 5, he has to make himself a bachelor and move away from being labeled as the single father.

Related: [Bachelorette 9, Episode 1: The Animal Kingdom](#)

Additionally, Desiree said about Ben's son, "he is your love and your joy." Then she pinched her lips, which usually is a sign of anger or disapproval. She also disconnected her eye contact, meaning she lost some interest in what he was saying on the topic. Finally, she rolled her eyes. All of this equals anger or jealousy. Her nonverbal language stated that she wants to be the love, the joy of the man she chooses to be with for the rest of her life. She wants to be the center of attention, not number two. And for a young girl, I think that's more than fair. Right now, Desiree hasn't come to grasp the reality surrounding the responsibility of entering a relationship with a man that she won't really get to know as well as she should when marrying someone with a child. Not to

mention that she will have to be the stepmom of his child which creates a lot of added responsibility. This is probably more than she bargained for initially. Ben knows that he is playing a different ball game and it is most likely why he is playing dirty and pulling out all the stops to keep this reality from Desiree.

Desiree will eliminate Ben but it won't be for another few episodes.

Bryden

From ever lasting smiles to their double arm hold, you might think he's your pick to be Desiree's husband! But, I noticed that he wasn't fully enjoying himself. He was a bit disconnected at times and not willing to commit. In fact, the big nonverbal cue that gave me the impression he was not feeling Desiree (and I will go as far as saying he might have a girlfriend back at home) was during the pool scene. Bryden's arm was relaxing on the side of the pool as his forearm came right in-between him and Desiree, he was creating space and putting up a barrier. What probably seemed to come off as shy, came off to me as defensive and pulling back. Bryden seemed to show contempt when speaking to Desiree, telling me he wasn't feeling it as much as he was trying to portray. Also, he showed a lot of fake smiles, meaning he would smile only with half of his face, usually the mouth region.

From my past articles, I have written about the difference between a genuine smile and a fake smile, but an easy way to know the difference between the two is by thinking of a forced smile when taking a picture. You smile with only your mouth, but when you really find something funny or are really happy, you smile with your entire face, mouth, cheeks and eyes. So when Bryden was only smiling with his mouth, I knew he was faking this emotion. Finally, I think Desiree likes him more than he likes her. I am looking forward to seeing how this plays out, all I know is that he is not into her as of now.

Feelings can change and you can start to like someone more as time goes on but I just don't think this is the case with him. I just don't see him going to the end.

Related: [Desiree Hartsock is the New 'Bachelorette!'](#)

Brooks

The second guy that I am picking for my top 5 is Brooks! My first was Drew. I think both of them will easily make it to the hometown episodes, though I don't have the other picks just yet. Let's talk about Brooks...

There were long looks of passion and genuine smiles. Both were sincerely laughing and having so much fun. What really popped out to me was the double kiss. That's something people who have been in relationships for a long time tend to do, not something you see on a first date. This was a very telling sign to me, as it should be to anyone reading this column.

If Brooks is just himself and the genuine, caring man he has portrayed to be so far, he will be Desiree's husband. I know this is a wild prediction as it is so early in the season but they held each other like they were soulmates and looked into each others eyes like they never wanted to look anywhere else. They danced the same way and the vibe was totally different with them than anyone else so far. Yes, I know, "so far," but I have been studying flirtation for about a decade now and I know when something is real, and this was 100% real and passionate and, most importantly, telling. They showed their hands and I am sure Brooks will be in the top 5 if not her husband by the end of the show.

Here is a side nonverbal fun fact on tonight's episode. When Desiree was "lost" driving, I knew she wasn't really scared or lost. The nonverbal micro expression of being scared includes:

- eyebrows raise

- eyes widened
- lips stretch back towards the ears

Desiree did a micro expression of fear in episode one when interacting with the guy who kept wanting to take her to the room alone. So, When I didn't see any of these signals of her being scared, I knew she knew exactly what she was doing and where she was going.

Let me know your thoughts, on what men you like so far and who you think will be Desiree's future husband.

Celebrity News: Should We Be Worried About Ben and Jen's Marriage?



By Jared Sais

It all started during the Oscars when Ben Affleck stated his marriage to Jennifer Garner was “work.” He recently hosted *Saturday Night Live* (SNL) and addressed his choice of words in his monologue. So after analyzing both speeches, there’s something you all must know. There is no better place to start than by looking at the couple’s non-verbal cues at the Oscars.

Jen appeared to be genuinely touched and demonstrated loving support for her husband. Before he even spoke, the actress was already showing signs of joyful tears, the same emotion you would see at a wedding. These feelings get even stronger when Ben starts to speak about her.

First, her inner eyebrows are raised, indicating that she was very emotional. When her inner eyebrows are raised, you also see wrinkling on her forehead. This cue is just a side effect of her raised inner eyebrows, but it helps to indicate that she’s truly feeling this emotion since deep wrinkles are hard to fake. Finally, she shows the trifecta of strong emotional feelings as her chin dimples and bulges.

You may think these three non-verbal cues indicate sadness, but don’t be fooled! Jen was extremely happy and proud of Ben. In addition to the cues above, she showed the following cues of joyfulness: smiling with the addition of dimples and crow’s feet (wrinkling at the corner of her eyes). Crow’s feet is a powerful cue used to identify a sincere smile versus a fake smile, which only happens near the mouth. A true smile includes the mouth, cheeks and eyes – everything that Jen was showing.

Of course, we all want to know what Jen was thinking when Ben started talking about their relationship being “work.” She showed three notable non-verbal cues. First, she tilted her head to the side, which indicated that she was wondering a bit about where Ben was going with his speech. She was surprised but not offended by what he said.

She also sat up straight and slightly tilted her chin upwards, indicating that she was curious about what Ben was saying and perhaps getting a bit uncomfortable. You may have thought the Oscar winner was digging himself in a hole with his comments, but his wife didn't show any signs of anger. Instead, she appeared to just be pondering what he said.

Finally, Jen did a shoulder shrug when Ben said, "It's a lot of work, but it's the best kind of work." This shrug demonstrates complete agreement. She knows he's speaking the truth and saying it with all the [love](#) in the world. Relationships do require a bit of work, especially in the hectic celebrity world.

Related Link: [What We Can Learn from "the Work" Celeb Couples Do](#)

Now, let's move on to Ben's non-verbal cues during his Oscar speech. First, you will see Ben do a double-take (look twice at Jen or at least in her direction), as if he was almost reminded to thank her in his speech. In this case, the spontaneous nature actually made his speech more from the heart rather than prepared or scripted.

When Ben mentions her name, his voice cracks slightly. As we all know, when we are very emotional, our voices will sometimes crack. Usually, it's in an effort to hold back further emotions like tears. We will see this happen again at the end of his speech when he thanks his kids.

One other thing worth mentioning is that Ben has open arms when he says, "There's no one I rather work with." This motion tells me that he truly means what he says. Open arms when talking is a clear sign of trustworthiness. We might not think of work meaning love, but for this celebrity couple, "work" means just that.

SNL is where we see that everything is okay between the

twosome. Before Ben brings Jen out, he speaks about the public and media misunderstanding his statement that their marriage is work (around 2:00). When Ben says, "That's just not it," he also starts to shake his head no. His non-verbal cues are reinforcing his words, a clear sign that he's telling the truth. So I can immediately confirm that he didn't mean anything but love for Jen in his speech.

When his wife comes on stage (about 2:30), both of them show strong eye contact right from the beginning – a primary sign of intimacy and romantic chemistry. If they weren't so connected, Ben would have been more involved with the audience. Instead, they both light up when they see each other. It almost seems like they're distracted by one another's presence – a sure sign of true love, especially when on television. When the duo hugs and kisses hello, Ben's right hand moves to Jen's lower back as he rubs her. People who are very attracted to each other usually show it by touching the lower back, and rubbing is a very [intimate](#) and comforting non-verbal gesture.

Related Link: [Ben Affleck Says Wife Jennifer Garner is "More Perfect Than I Am"](#)

Jen returns the affection but putting her right hand on Ben's chest, which is also a very loving gesture that reveals an intimate relationship. Her left hand goes to Ben's lower back as well. Throughout all of these hand movements, they are maintaining eye contact and smiling very proudly and sincerely at each other.

The most important non-verbal cue of all occurs when you see Jen almost fall. This misstep happens because she is so secure with Ben that she puts all her weight on him. Once Ben moves, she has to regain her balance because she was using Ben as her pillar, something that only happens when you truly trust and love someone.

When they say goodbye to each other (about 4:00), the SNL host pulls his wife closer and whispers something along the lines

of “I love you very much” in her ear. We see Jen’s eyes roll towards Ben to give him her full attention. She then shows a real smile and says “I love you too” before she walks off stage.

So the only thing between Jen and Ben is love and lust. Yes, there is work involved in maintaining a long-term relationship or a healthy marriage, but it’s similar work to a stay-at-home mother or father. It’s hard work, but it’s work we put in to make something special last.

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Bachelorette 9, Episode 1: The Animal Kingdom





By [Jared Sais](#)

You may remember my recaps from season 17 of [The Bachelor](#) with Sean Lowe. Well, I'm back to analyze Desiree Hartsock and her suitors on season 9 of *The Bachelorette*. To get ready for last night's premiere, I brushed up on my notes from last season and examined Desiree's past non-verbal cues (her baseline) to help me determine what man will be the last one standing. Join me for another amazing, shocking and addictive season of [The Bachelorette](#)!

First, let's take a look at the men worth talking about.

When Desiree first met **Drew**, her eyes widened; she smiled from mouth to eyes; and she even did a little "mmm" sound when he walked inside. The attraction is there, but will he be a winning personality? I would say that, with his dashing smile, he'll be around for a while.

Tone and pitch are two of the most important ways to tell if someone is attracted to someone else, and when **Robert** started to speak to the lovely bachelorette, his voice went lower, and her voice shot up. These two definitely have chemistry. Another non-verbal cue was Desiree widening her eyes. When someone likes what they see, their eyes widened to let more light in.

Related Link: [Desiree Hartsock Is the New 'Bachelorette!'](#)

I can't decide what I think about Ben bringing his son with him, but I know one thing for sure: Desiree was melting. Her inner eyebrows rose; her eyes got a bit wet; her lips puckered; and her head did a side tilt. These are four non-verbal cues that signify the "aww" reaction. After she showed these quick facial expressions, I knew that all Desiree wanted to do was hug Ben and his little boy. She even asked for a hug, whereas the first 24 guys went in for the hug. Desiree was eager to find similarities during her one-on-one time with Ben, and once she did, he got the first rose. He definitely has some tough competition though.

And then there was "ab man." Desiree was attracted to Zak W., which was his saving grace because it's a risky move to make a first impression like that. So why didn't he wear a shirt? Because it's like *Animal House*. Some guys are peacocks and dress up to showcase themselves, while other men are bulls and clash it out.

I think Juan Pablo is the most interesting man in the world. The only thing he's missing is a Dos Equis, but he made up for that with what he first said to Desiree, "Who's Juan? Juan Pablo." Yeah, he has a catch phrase. Very smooth. He also has a relaxing way of speaking; his voice is soft, slow and charming. It's not always what you say but how you say it, and whatever that guys says sounds good. There will be plenty of non-verbal information on him to come, but sadly, his time was cut short due to a random soccer game. Of course, a competition broke out to prove to Desiree that they could kick a ball well. Very animalistic, right?

Now, let's take a look at the men who will make an early exit. Knights, magicians and bad dancers – oh my! What the heck was going on? #youarenotgettingarose

Will won't stick around for long, but I'll take a high five on the way out.

Related Link: [Who Is Your #PerfectBachelor? Tell Us and Enter to Win a Pair of Brilliance Diamond Earrings!](#)

As for **Jonathan**, I have no words other than wow. He has no game and no class. During their time together, the brunette bachelorette showed extreme non-verbal cues of fear and stress: the corners of her mouth stretched straight back to the ears; her eyes widened; and her eyebrows raised. She showed these micro-expression a lot and was also very defensive around him, tightening her body and pulling herself a way from him.

When you're in extreme stress, your body goes into alert mode as you try to put space between you and the stressful object or person. Desiree put her hands in front of her as he was leading her away. In other situations, people may do the following non-verbal signs: arms folded across their chest, leaning away to create space, hands clutched in front of themselves and/or an object (like a purse or glass) held directly in front of themselves. Given Desiree's response to Jonathan, I knew he would be eliminated.

Diogo came out in a full suit of armor, which is worse then coming out in a wedding dress. Need I say more?

And finally, there was Larry, who reminded me of Superman: bad dancer by day (with his glasses on) and superhero doctor by night (with his glasses off). If you also want to see a great expression of awkwardness/fear, take a look at their introduction scene: Larry rips Desiree's dress while teaching her a dance move, and then he curses as he walks into the house. The camera pans to a quick shot of Des, and you see the corners of her lips pulled back to ears and her eyes widened as they roll down. *That* is a fearful, awkward look.

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micro-expressions and lie deception as they relate to life and love.

Celebrity Couple: Can Robert Pattinson and Kristen Stewart's Love Survive Scandal?



By [Jared Sais](#)

Robert Pattinson and Kristen Stewart constantly leave people guessing. After news broke that Kristen cheated with her *Snow White and the Huntsman* director Rupert Sanders, Rob immediately moved out of the home they shared, causing many people to believe that the duo was calling it quits. However, in the months since then, they've been seen together quite

frequently, even doing press together for the final installment of the *Twilight* series. Most recently, the couple resurfaced in Los Angeles after Rob spent two months in Australia to film *The Rover*. So has our favorite vampire really forgiven his leading lady for breaking his heart? Our celebrity detective is here to analyze their body language and tell you what he thinks.

Related Link: [Kristen Stewart and Rob Pattinson Reunite in L.A. After Two Months Apart](#)

Picture #1 (top left moving counter clockwise)

One of the first things I noticed in this photo was that Rob was hiding his hands behind his back, which is a way of trying to be open and not seemed closed off. My guess, though, is that he's using self-touching gestures to relax or make himself feel more comfortable with the given situation. Usually, a self-touch is as simple as rubbing your hand with your thumb.

Rob also has facial expression of contempt rather than happiness, as only one side of his face is showing any real movement (the main criteria for the expression of contempt). You may notice that he is barely leaning towards the fan or into the picture, meaning he doesn't really want to be there and would rather get back to his night. Given his past with Kristen, Rob may want to get away from her as well.

Now, let's look at Kirsten. It's clear that she's excited to take this photo, which is ironic because she's not known to be enthusiastic with paparazzi or fans. If you look at other examples of Kristen with her fans, she's always showing a more serious look, but this time, it's the exact opposite. So what does that mean? Easy: Kristen's in panic mode and keeps thinking (hoping) that everything's okay with her relationship. This response typically happens when someone cheats. She wants to reassure both Rob and herself that things

are fine and back to normal. She's even acting like things are better than before.

One more thing: As the trio pose for the picture, you can see the fan and Kristen lean towards each other, while Rob is almost pushed to the side. Once again, we see that he didn't want to be in the picture or do the "celebrity" thing. He just looks awkward.

Picture #2

Although Rob is smiling, it's less than Kristen's smile, meaning that someone else in the car is giving him a hard time or that he hasn't yet let go of the fact that she was unfaithful, preventing him from fully enjoying his evening out.

You see that Rob's hand is holding up his head. He may just be tired from his trip home, but generally, tilting the head down means shy or vulnerable because it's the body's way of covering the throat. Boxers and professional fighters will do this move to protect themselves from getting hit in those sensitive areas.

Kristen is leaning towards Rob just slightly, with her hand (not her body) reaching for her man's affection. You can see, though, that she's acting a bit more comfortable in this situation. Her leg is up, showing that she's relaxed. Plus, she's smiling in a genuine way.

As a side note, it might just be a late night for both of them, but I have a hunch, mainly by observing both their eyes and non-verbal cues, that they might be under the influence of alcohol. That would explain quite a lot.

Related Link: [Kristen Stewart Apologizes for Making People Angry](#)

Picture #3

I love this picture mainly for Rob's facial expressions. Sure, we can't see his eyes behind his sunglasses, but I can still tell he's not happy. He can't help but feel hurt. You can also see that his lips are a bit pinched, meaning he's angry.

Kristen isn't really showing much emotion. It looks like she's processing information and/or focusing on something.

I know the tabloids are stating that these two lovebirds are better than ever, but I don't believe the hype. Rob is still very hurt, and Kristen is trying to make everything better. Only time will heal this couple, but if that doesn't work, Rob will eventually end things for good. Sadly, as of now, it seems like Rob still isn't sure of his relationship; he's stuck in his head rather than enjoying his time with Kristen.

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Expert Dating Advice: What Beyoncé's Body Language Says About Her Love for Jay-Z





By Jared Sais

Beyoncé and Jay-Z have one of those rare celebrity relationships that seems like the real deal. In this candid chat with Oprah Winfrey on *Oprah's Next Chapter*, the pop superstar opens up about their four-year marriage, divulging never-before-shared details about their union and family life. CupidPulse.com's celebrity detective is here to reveal some non-verbal cues that you may have missed – and to determine if their love will last.

(0:18) Beyoncé says, “I would not be the woman I am if I didn't go home to that man.” She uses her fist to help highlight her feelings for Jay-Z. You can take her closed fist to represent her husband being her rock. Even her voice starts to crack, indicating strong emotions about their relationship.

Related Link: [Beyonce Hugs Jay-Z After Super Bowl Halftime Show](#)

Many of you may be thinking that a closed fist means anger, but if you look closely, you will clearly see that her fist is more of a political pointer. Bill Clinton did this gesture a lot when he wanted to emphasize a point to the public. So she's not angry; she's “crazy in love” with her man!

(0:29) Oprah asks the singer, “How has he helped you?” Beyoncé's head does a slight rollback as her eyes widen and

her eyebrows rise. Together, these three non-verbal expressions mean that Jay-Z has always been there for her, supporting her in so many ways. When someone gets overloaded with information or feelings, they tend to have this reaction. It's important to note that Beyoncé was not overloaded by the question but by the numerous ways that Jay-Z has helped her throughout the years. Then, to confirm my analysis, she answers Oprah's question by stating "on so many levels."

(0:46) When talking about her relationship, Beyoncé explains that it's nice to "just have someone you just like, you know?" She leans in towards Oprah to stress the significance of Jay-Z in her life, not only as a lover but as a friend too. She then confirms her feelings by nodding her head "yes" as her hands hit her leg – another way to emphasize her words. All of these are non-verbal cues that I look for to determine if someone is telling the truth.

Related Link: [Beyonce and Jay-Z Sing Coldplay Song to Each Other in Her Documentary](#)

Throughout this interview, the entertainer didn't tell any lies or try to hide anything from the viewers. It's easy to see that she truly loves Jay-Z and is grateful for their life together. I think this couple will last a very long time, if not forever.

As a side note, I also believe that Beyoncé is pregnant again. She guards her stomach with at least one hand throughout the interview and also talks in a very soft voice. I would say she's glowing, but she's always glowing, right? I think it's a post-Super Bowl baby, so I expect her to make the big announcement in about six months when she's in Brooklyn on tour. Keep your eyes open to see if I'm right!

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The Bachelor 17, Finale: Sean Lowe Proposes to Catherine Giudici



By Jared Sais

Can you believe that this season of [The Bachelor](#) is over? Do you think Sean Lowe found his perfect match in Catherine Giudici? Let's take a look at the body language on last night's finale and see what it tells us...

Catherine

Similar to a white lie, white manipulation is when people

manipulate for what they deem a good reason. Catherine is guilty of this behavior when she is talking one-on-one with Sean. Although she means what she's saying (she's not lying), there are times when she talks for his ears rather than from her heart.

After their one-on-one-date, as they said goodbye, they shared a long, loving hug, and both were wrapped around each other with a strong hold. You can even see Sean's forearm muscle tighten. Sean's hand went down to Catherine's butt, and he taps his hand on her (showing dominance and support) as she whispers, "I love you." Remember that a whisper is a sign of lust. Then, the couple's hands go from a tight hug to holding one another as if they were dancing. **This is it: Catherine's the winner.** I don't even need to watch the end of the show. After Catherine won (no surprise), they held each other again in this same way.

Sean breathes a sigh of relief when saying "I am so glad you're here." The blonde beefcake truly enjoys and cherishes her company; you can think of him as "at home" with Catherine. Think about when you come home from a long, hard day at work, and you can finally sit down and relax. You take a deep breath of relief; that's the same feeling Sean has when he's with her.

One micro-expression that's important to point out is Sean's genuine smile when looking at his future fiancée. Plus, his nose wrinkles, which is a strong sign of flirtation. Sean also pulled Catherine closer instead of Catherine pulling him closer, which is different than Sean and Lindsay's relationship because Lindsay usually reaches towards Sean for affection.

The bachelor and the Seattle native had an incredibly sincere kiss when they parted ways. Sean had a strong grip on her and showed a genuine and long-lasting smile with crow's feet around his eyes.

Catherine used open palms when speaking about Sean, showing her openness and vulnerability when sharing her feelings. Her voice cracks a bit throughout the show, meaning she's feeling strong emotions. It's a non-verbal sign of genuine sadness or a strong emotion of joy (happy tears).

It's important to note that both ladies showed real tears when talking to Sean's parents. If you've read my articles since the beginning of this season, you already know the difference between real tears and fake tears. If not, check out my past recaps [here](#).

Additionally, there were a lot of things that both ladies said that seemed like they were almost reading a script. They both started talking in a rhythm or a beat when asked personal questions by his family. Criminals or people telling lies usually use this speech pattern to try to cover up their actions or guilt.

Finally, when Catherine is walking to Sean to see if she would get his heart and that final rose, she bit half of her lip as the other half sticks to the side, indicating that she's nervous and scared. I would be too if I were her!

Related Link: [The Bachelor 17 Predictions: Who's the Best Fit for Sean?](#)

Lindsay

I noticed a definite lack of eye contact when she was talking to the bachelor. It could be a culture thing, but it's most likely nerves; she feels uncomfortable with "emotional talks."

While there was a lot of sexual tension when Lindsay and Sean were talking about their future, one of Sean's arms was limp when they were kissing and sending up the lanterns. So he wasn't feeling the romance as much as usual; I think he already knew that his wishes for love, happiness and family were coming true with Catherine.

Lindsay kept looking at Sean when his parents asked a question, which tells me that she looks to him for approval. It also shows how dominant Sean is in their relationship.

We saw a great example of a non-verbal lie when Lindsay told Sean that she was okay after he didn't propose to her. At first, she nods her head yes but then shakes it no. This behavior was one of the things that I used throughout the season to identify any lies that Sean or the girls told. Still, Lindsay handled the bachelor's rejection with a lot of grace.

Related Link: [The Bachelor's Sean Lowe Blogs About Women Tell All](#)

Sean & His Family

Let's take a moment to talk about the bachelor and his skeptical yet supportive family.

First, when Sean said, "I know my family will love Lindsay as well," he shook his head no, meaning he doesn't believe what he's saying.

Both his parents showed crow's feet (wrinkles near their eyes) that represent true happiness when talking with Catherine.

His family members all shook their heads no when saying positive comments about both women, which tells me that they don't believe what they're saying. His mother, father, sister and brother-in-law have more doubt than they share with the bachelor, and they don't feel like either of these girls is right for him.

It's easy to see that Sean's mom is very emotional. When she starts crying, Sean instantly takes care of her, which explains his behavior with many of the contestants this season (always being the protector, giving roses to the girls who cried and shared sad stories). Maybe he had a soft spot for

these ladies due to his emotional mother.

Conclusion

As a side note, **Lesley M.** and the host, Chris Harrison, had some sexual tension! She looked into his eyes as she pushed her hair back over her ears. They also reach out and touch each other on the back and arms. Lesley then bites her lower lip. Definitely some flirting going on!

It's been an absolute pleasure working with CupidsPulse.com and being the body language expert during this season of *The Bachelor*. I had an amazing time using non-verbal cues to better understand Sean and the girls each week. I'm so thankful to my readers, and I hope you all have learned some non-verbal tricks during this journey.

Good luck in your search for love!

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love. You can sign up for his individual or group non-verbal classes or his wingman services by e-mailing him at jaredsais@gmail.com.

The Bachelor 17, Episode 9: Sean Lowe Sends AshLee Frazier Home



By Jared Sais

On last night's episode of [The Bachelor](#), Sean Lowe and his final three ladies traveled to Thailand for the highly-anticipated overnight dates. So what did their body language reveal about Sean's chances for finding true love? Read on to find out!

Lindsay

First, let's analyze one of Sean's micro-expressions. When speaking about the potential for Lindsay to be his future wife, Sean raised his eyebrows, meaning he was surprised about this possibility. I'm sure the raised eyebrows were related to Lindsay's first night in a wedding dress and how Sean thought she was crazy (as did I). But now, to everyone's surprise, she's in the top three (two!).

As for body language, when Lindsay was speaking with Sean on the beach, she did two very common non-verbal cues that indicated she was sexually frustrated. She let her voice drop to a whisper and also bit her lip. Both cues mean one thing: that there is a strong attraction between these two and that

spending [intimate](#) time together is on their minds.

By nodding her head as she said, “I am ready to settle down,” Lindsay affirmed that she was telling the truth.

When Sean asks if “this woman” could be his wife, I am reminded of Bill Clinton when he spoke about Monica Lewinsky. I knew Bill was lying when he used the phrase “that woman” instead of her name. This word choice is so telling because it puts distance between the two people involved. So while Sean may like Lindsay, he likes AshLee and Catherine more.

Also, when answering this question, Sean did a big shoulder shrug as he said “yes,” meaning that he’s unsure of what he just said.

As a side note, did anyone else want that sidecar motorcycle? I would also like to say that I’m in the bug club too. Yep, I’ve eaten a bug.

Related Link: [The Bachelor 17, Episode 8: Home Sweet Home](#)

AshLee

When she was talking about Sean, AshLee did a micro-expression of a smile plus a nose wrinkle, which is a sign of flirtation. Now, a wrinkled nose could mean disgust, but when combined with a true smile (as it was in this case), it’s a positive sign.

When they were together and speaking on the couch back in the hotel, Sean showed micro-expressions of sadness. He got [emotional](#) when speaking about his future with AshLee, revealing that he really likes her.

Moving on to their body language, AshLee did a head tilt, which is one of the most common non-verbal cues of attraction and flirtation.

Both had gazing eyes, a sign of strong feelings. When your

pupils and eyes widen, it's an indicator that you like what you see. The reason behind this idea is that, when you like something or someone, you let more light come in and allow your pupils to dilate so that you can see more clearly.

As Sean said, "I am falling in love with her," he was speaking the truth. He nodded and looked straight ahead; there was no sign of deceit.

When Ashlee was crying in her video at the end, you can see Sean's Adam's apple jump a few times, which indicates strong emotion. He was sad seeing AshLee sad. Knowing what ultimately happens, I wonder if that was a turn-off for him. Plus, he showed shame when viewing her video – I'm pretty sure had already decided that he was sending her home.

Related Link: [The Bachelor 17 Predictions: Who's the Best Fit for Sean?](#)

Catherine

When Sean said, "I can see myself marrying you," he does a full smile, showing that he honestly means what he said.

As for Catherine, she had open hand gestures (palms shown and faced towards Sean). When kissing on the boat, Sean held her around the neck, which indicates extreme attraction and sexual lust. When girls toss their hair or tuck their hair behind their ear, one of the main purposes of doing so is to show their neck, which is a non-verbal cue of vulnerability and attraction. As they kiss, Sean caresses her neck, meaning Sean and Catherine have crazy intense feelings for each other. Remember that sometimes the most meaningful and romantic touches are on the neck.

When Catharine gets the letter about the fantasy suite, she responds by saying "I would love to" and does a double shoulder raise, not a shrug. This non-verbal cue is a sign of flirtation.

When he said that she was smoking hot, he had bedroom eyes: the lowering of his head with eyes that gaze upwards, right into Catherine's eyes. Sexy, right?

"Can I see myself marrying Catherine? The answer is yes." See, he used her name, unlike when he said an almost identical sentence about Lindsay.

Also, whether we realize it or not, music plays a big role in how we feel about the girls. A lot of people forget to pay attention to the music, but I guarantee it played a major role in whom you liked and didn't like.

Conclusion

Honestly, I was leaning towards AshLee as the runner-up with Lindsay going home tonight. This is the second week that Sean's non-verbal cues towards Lindsay have been strange and off-putting. But there can only be one winner, and my money is on Catherine – so I'm still in the game!

I wonder if Sean picked AshLee to go home tonight because of something that happened in the fantasy suite, something that we didn't see. I did notice one thing that might indicate a clash of personalities. On their date, AshLee's wine glass was almost empty, while Sean's wine glass was almost totally full. This difference could be a sign that Sean might see AshLee as a "wild girl."

On a similar note, AshLee may have been a bit too intimidating for Sean. I wonder if she moved too fast. Or did something happen off-camera that put a doubt on their future together? Either way, I can't wait to tune in next week and see what AshLee says on *The Women Tell All* special!

Jared Sais is co-author of the website The Non-Verbal Game. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

The Bachelor 17 Predictions: Who's the Best Fit for Sean?



By Jared Sais

Last night's *The Bachelor: Sean Tells All* special told us a lot about Sean Lowe's connections with the final three women, but did it reveal who he would propose to on the upcoming finale? After Desiree was sent home, it was tough to know who has Sean's heart. Based on his body language, here are my predictions.

Lindsay

It may come as a surprise, but I saw a micro-expression of hate when the bachelor spoke about Lindsay. He used words that indicated he didn't want her, so I say Lindsay is out.

That means Sean's final choice is between AshLee and

Catherine.

Related Link: [The Bachelor 17, Episode 6: Chemistry in Canada](#)

AshLee

I think AshLee would've been my number one, but maybe I'm just bias. I personally like her a lot. A problem with AshLee? Sean's a Christian boy. AshLee may be sweet, but Catherine's morals move her to my number one pick for Sean.

Catherine

I think Sean's into the total package of Catherine. Sexually, though, he likes AshLee more. The question is: Will Sean pick the girl who he feels the most chemistry with (AshLee) or the girl who may be a better overall fit (Catherine)? And I think the answer is Catherine.

Related Link: [The Bachelor 17, Episode 5: Sean Lowe's Mistakes & Top Picks](#)

In my opinion, the ranking for Sean's final picks are as follows:

#1 – Catherine

#2 – AshLee

#3 – Lindsay

We'll all have to tune in next week to see who makes it to the finale!

Who do you think will receive Sean's final rose – and an engagement ring ? Tell us in the comments below.

Jared Sais is co-author of the website The Non-Verbal Game. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

The Bachelor 17, Episode 8: Home Sweet Home



By Jared Sais

Last night's episode of [The Bachelor](#) featured the four coveted hometown dates and there were a lot of tells when it came to body language. Based on Sean's behavior, it was obvious to me that he's attracted to these girls, but he isn't ready to move forward with anyone just yet. It looks like reality just hit him on the hometown dates that the goal of the show is marriage. He says he's excited for that next step, yet he's showing extreme signs of anxiety: heavy breathing, lack of eye contact and shrugging. Sean is more uncertain about his future than ever before.

On that note, let's get started...

AshLee

If anything, Sean's extreme nervousness towards AshLee is telling of his strong feelings for her. However, he showed shame when kissing her by looking down right away. He also looked down and showed shame again when he said, "I'm so happy I'm here."

AshLee's really in love with Sean. She looks at him with admiring eyes (wide eyes that are paired with a strong gaze and slightly raised eyebrows). Of course, she also has a huge smile with crow's feet (wrinkles around her eyes).

Related Link: [The Bachelor 17, Episode 7: Victory in St. Croix!](#)

Now, let's move on to AshLee's parents. Her father and mother showed anger when hearing about the dates with Sean, especially the romantic comments, yet they were happy to see their daughter's reaction to the bachelor. They were trying to play bad cops, but you could see flashes of smiling beneath it all. Additionally, micro-expressions of sadness – a dimpled chin, lowering of his corner lips, raising of his inner eyebrows, loss of eye contact – came across AshLee's father's face when he was talking about the first time he saw her. It's easy to see that AshLee has a great family.

After asking about possibly proposing to AshLee, Sean took a deep breath, a sign of relief mixed with anxiety. He really likes her, and asking that question was a big step for him.

Projected Ranking: #1

Family: A+

Sean's Lust Level: A+

Drama: 0 out of 10

Hometown Location: A

Catherine

We heard a giggly laugh from Sean at the start of their date, so he was happy to see her. However, when he said, "When I am with Catherine, I can see my wife," he did a major shoulder shrug to non-verbally indicate his uncertainty about the statement.

Sean went in for a kiss, which would normally be a huge indicator of his attraction. Instead, I noticed a slight body flinch from Catherine, meaning that she only intended to hug him. What many viewers saw as something big was nothing more than a non-verbal fake out.

Maybe Catherine isn't quite sure of her relationship with Sean either. When she was chatting her sisters, she used the phrase "try it out" as she spoke about marriage. She couldn't give a definite yes. Her choice of words allowed her to dodge the question. Plus, when she said she was crazy about Sean, she shook her head no, which means she's either lying or she's not as crazy about him as she says. I think she likes him a lot, but isn't ready for marriage or mature enough to make such a big commitment just yet.

When speaking to Catherine's mother, Sean had his hand in his pocket, which is a sign of intimidation. He also had his feet/legs crossed and pointed at the door, indicating that he doesn't plan on leaving this conversation but would like to flee the room because he is very uncomfortable. Even his body is facing away from her. Still, as Sean was opening up to Catherine's mother, I could tell he was being genuine by his use of open hand gestures (talking with his hands with palms facing up or towards the other individual).

Projected Ranking: #3

Family: B-

Sean's Lust Level: B+

Drama: 4 out of 10

Location: A-

Lindsay

Sean ran to Lindsay for a hug when they first saw each other, a sign of strong affection and excitement.

He later said, "Lindsay could be the one who I could spend most of my life with." When saying "could be the one," he did a shoulder shrug, which is an accrete non-verbal cue meaning maybe...so his words align with his actions. However, when finishing that sentence with "spend most of my life with," Sean did a micro-expression of anger (lips pinched, eyes glaring, eyebrows lowered). I wish I could ask him why he felt anger at this moment, but it was either towards himself, Lindsay, or the situation. Also, let's focus on the word "most." He could've said "my whole life" or "forever," but instead, he used non-committal language.

We can't forget to discuss Lindsay's parents too. Her mom did a hand steeple, showing that she is the dominant one. Her dad might be a two-star general, but Sean was focused on pleasing the wrong person! Lucky for our 'Bachelor', Lindsay's mom used gestures of openness, showing that she really liked him.

Projected Ranking: #2

Family: A

Sean's Lust Level: A+

Drama: 2 out of 10

Location: C+

Related Link: [10 Steps to a Remarkable Relationship](#)

Desiree

I immediately knew that Des's ex-boyfriend was a fake. The actor never showed any real signs of anger or jealousy. He

even flashed a smile during his encounter with Sean. The bachelor, though, definitely didn't know that it was prank, as he showed body language of anger (closed fists) and defensiveness (crossed arms).

Of course, we have to analyze Des's brother's behavior. He called Sean out on liking other girls...and I can't really blame him. Sean might not have liked what he said, but you'd think he'd understand where he was coming from, right? Unfortunately, that's not the case, as Sean's non-verbal cues were very negative after their chat.

Let's observe their facial expressions too. They were primarily those of anger, sadness and shame. I think Sean was truly hurt by Des's brother, mostly by the "playboy" comment. I wonder how much of Sean's actions on *The Bachelor* were his true self versus the producers directing him. I feel like he might not have wanted to be as much of a flirt as he actually was.

Projected Ranking: #4

Family: F

Sean's Lust Level: A+

Drama: 8 out of 10

Location: A

Rose Ceremony

At the end of the day, family drama was the deciding factor. Des would have been in the top three if her brother would have just been quiet, but instead, he stole the spotlight and, in doing so, ruined his sister's chances with Sean. On one hand, I agree with the bachelor. On the other side, though, I think having an overprotective brother is better than feeling like you'll never fit in, as Sean stated about Catherine's family. After all, an overprotective brother may come around. Though I

knew he would ultimately send Des home, I would've picked Catherine.

Be sure to check back in tomorrow for my thoughts on tonight's *The Bachelor: Sean Tells All* special!

Jared Sais is co-author of the website The Non-Verbal Game. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love. For more information and to download a free PDF of the speech he gave at NYC's Single In Stilettos, click [here](#).

The Bachelor 17, Episode 7: Victory in St. Croix!



By Jared Sais

Since there were only six girls left on this week's episode, I

really wanted to hone in on each of their non-verbal cues and micro-expressions to determine their true feelings for the bachelor. I also focused a lot on Sean's reaction to each of them to see how he really feels about the remaining ladies.

Let's start with the first one-on-one date...

AshLee

AshLee was the one girl brave enough to tell Sean the truth about Tierra. As she was talking to Sean about the drama, she showed micro-expressions of anger: pinching her lips, lowering her eyebrows and glaring her eyes. She also revealed feelings of contempt when speaking about Tierra by moving only one side of her face.

In response, Sean said, "When she tells me something about Tierra, I believe it." As he says it, Sean shakes his head no and shrugs, telling me that he doesn't believe what he just said.

Even so, when he's on the beach talking with Ashlee about Tierra, Sean puts his hand on his head with his thumb pointing down, meaning a thumbs down to Tierra. I think he's really beginning to wake up, even if it is *very* slowly.

At the start of their dinner together, the bachelor asked her if there was anything else he needed to know before meeting her family, and when she replied "yes," he gulped, which is a sign of fear. He also showed a micro-expression of surprise with his raised eyebrows and the widening of his eyes.

Sean smiled big enough to have crow's feet (wrinkling at the corners of her eyes) when speaking with her, so he really likes AshLee. You don't show that much emotion (the fear, the surprise and the genuine happiness) if you don't like someone.

Of course, he shook his head no as he said, "I think you're perfect the way you are," meaning that he's still not sold on

her just yet. He also shrugged as he told her that he had no questions at this point, revealing that he's either lying or not being 100 percent truthful.

As for AshLee's feelings for Sean? She nodded to confirm that she was telling the truth when she said she loved him.

Related Link: [The Bachelor 17, Episode 6: Chemistry in Canada](#)

Tierra

It's no surprise that Tierra showed feelings of contempt when speaking about the other girls. What is surprising is that Sean also showed signs of contempt multiple times. I think (hope) her drama is finally getting to him.

Tierra totally fibbed and told Sean that she tried bonding with the other girls in the house. As soon as she stopped talking, she started licking her lips and put her hands up to pull back her hair on both sides of her face. Her body language showed that she's trying to manipulate Sean by lying to him about her feelings towards the girls and also about her feelings for him.

Of course, Tierra did her famous eyebrow raise. And when she said the above comment about the other girls and herself, her right eyebrow rose for a long period of time. This eyebrow raise is a sign of cynicism. The funny thing is she did this facial gesture after something she said, meaning that even *she* doesn't believe the words that just came out of her mouth.

The tone and pitch of Tierra's voice also gave away her true feelings. Both were very choppy as she spoke, revealing that her words were not actually true.

As she was speaking to "her boyfriend," Sean had his lips pinched, meaning he was bit angry with either her or the situation.

The drama queen revealed her own anxiety when she played with

her straw throughout dinner. The body goes under a great deal of stress when lying, so it tries to cover that stress up by releasing it through agitated movements and fidgeting.

Related Link: [Tierra Causes Drama on 'The Bachelor,' Ladies Against Her](#)

Lindsay

Based on Sean's tone and pitch as he spoke about Lindsay, it was easy to see that he'd give her the group date rose. He slowed down his speech and emphasized his feelings for her. He really is crazy about her. Although he has strong feelings for Desiree and Catherine as well.

Lesley

Her body language told me that she wants to feel more in love with Sean than she does. She really, truly likes him, but she may not be in love with him as she had hoped. When she talked about loving him, she did a lot of shrugs and other non-verbal gestures which mean "I don't know."

The sad thing is that I don't think the show revealed everything that happened between this couple. It seems a bit weird that they really got along last week, but then this week, there was a lack of...well, everything. Their connection was strained on both sides. I really thought she would make it to the top three, but after this date, I didn't know if she'd end up with a rose.

Sean, you did a great job by getting rid of dramatic Tierra and her "sparkle", but I have to say, I think you should have kept Lesley around. I think you guys would have been great for each other, but then again, we didn't really see what happened between you two. Still, I count this week as a major victory. Bye bye, Tierra!

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The Bachelor 17, Episode 6: Chemistry in Canada



By Jared Sais

Since this episode is the second one this week, let's jump right into it...

Catherine

So we finally got to see a one-on-one date with Sean and Catherine, and it looks like I need to add her to my top picks. I think Catherine has something no other girl has to

offer. She is fun, cute and sexy – she’s a triple threat. Or better yet, she’s a quad threat since she also had a sad story to tell.

When Sean talked about her during his interviews, he really lit up. His eyes widened, and he had a smile from ear to ear. Also, remember from one of my previous articles that, when Sean is really, truly happy, his vein shows on his forehead, either near his eyes or above it. That happened again last night, so I know that he was very happy with his time with Catherine.

Related Link: [The Bachelor 17, Episode 5: Sean Lowe’s Mistakes & Top Picks](#)

The Big Disaster Date

Tierra

Well, here we go again – Tierra’s hurt – but this time, it’s for real. I am reminded of the story of “The Boy Who Cried Wolf.” There are only so many times that she can fake cry or “fall down the stairs.” Now that she’s really hurt, no one believed her.

I lived in Buffalo for about five years, where snow and freezing weather were the norm. I know what you can fake, and Tierra definitely didn’t fake lips that blue and skin that pale. BUT (and trust me, there is a but) that doesn’t mean she didn’t play off the situation. Tierra had mild hypochondria – oh sorry, I mean hypothermia – and she acted like she had frostnip (the first stage of frostbite) or even frostbite. Just to give you a point of comparison: My good friend had frostnip, and she couldn’t walk for three days. She had crutches and stabbing pains in her feet and hands for a week.

So Tierra, you might have gotten cold, but you also got a cold shoulder from Sean when he gave the rose to Lesley. Ouch.

Even so, I knew she'd get a rose before the show was over, and I've narrowed it down to two explanations. The first reason is that the producers know we all love to hate her, and they, of course, want the highest ratings possible.

Second, Sean is a sap and really likes her and her drama. Some men are "care takers," meaning that they like taking [care](#) of women. Sean most likely falls into this category, seeing as he always gives roses to the girls who tell him stories about their difficult lives. "Care takers" want to feel like they are needed, so the more these girls cry and act dramatic, the more likely Sean is to give them a rose.

AshLee

As you know, I love giving real world examples of non-verbal facial expressions. When AshLee had to jump into the ice water, she presented a great non-verbal expression of fear: eyes wide-open, eyebrows raised and corner of lips pulled straight back towards the ears.

Selma

Selma and Sean had a great run. That kiss was where it went downhill though. It was the kiss of death. It was a peck with very little emotion behind it. Sometimes, a kiss is the true test of chemistry, and in this case, there wasn't much there.

As a side note, Selma's laugh may have been the cutest/weirdest laugh that I've ever heard.

Sarah

I really liked Sarah. Like I said in yesterday's post, she was one of my top picks for Sean. So Sarah, if you come across this article, I'll help you find love. Come join me in my VIP non-verbal communication class!

Related Link: [QuickieChick's Video Dating Tips: Be the Only One on Your Man's Mind](#)

Desiree

Well, she got over her rough patch with an amazing date. If you're keeping track, she's been one of my favorites since day one, and she's still on my top five list. I think she has many of the qualities that the bachelor wants in a partner. If she wants to win that final rose, she must be herself and keep things fun and spontaneous for Sean.

In Montana, their body language was off, but this week, they re-kindled things big time. I want to point out how one bad comment about Tierra (in Sean's eyes, at least) negatively affected Desiree and Sean's chemistry, even if it was only for a week. I think this date brought her back in the spotlight.

Tune in next week to see what happens when Sean and the remaining ladies head to the magical island of St. Croix!

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The Bachelor 17, Episode 5: Sean Lowe's Mistakes & Top Picks





By Jared Sais

I had a big problem with Sean this week. Maybe it started when he gave the rose to Tierra over Jackie. Did anyone else actually scream at the television? He's incredibly clueless to Tierra's true colors. Sean, wake up! You're a wreck, so you're picking a girl who is a wreck herself.

I really questioned the bachelor when he said, "I don't want to be naïve. I want people to tell me these things." Whenever someone tries to tell him something negative about someone else, he sends her home! In doing so, he's eliminating the girls who truly care for him and giving roses to the girls with a ton of issues. At least tell me that producers have a role in the eliminations to make me feel better.

Enough about Sean. Let's talk about the girls!

Lindsay

While kissing Lindsay, Sean had a limp arm, which tells us that he wasn't really into their kiss. When you really like a girl, your arms reach out for her.

Later in the date, Lindsay jumped into Sean's arms – a non-verbal cue of really strong attraction and very loving emotions towards someone. So she definitely likes him more than he likes her.

Related Link: [Sarah Darling Talks 'The Bachelor,' Country Music and Her Top Pick for Sean Lowe!](#)

Desiree

After Sean announced that the blue team was coming back, Desiree revealed her anger by pinching her lips and licking her front teeth. In all fairness, the girl did drink fresh goat milk to earn her spot at dinner.

She showed surprise through her wide eyes and raised eyebrows when she didn't receive a rose on the group date. Honestly, I was surprised too. It seems like any negative news immediately makes Sean question the show's process. He needs to realize that nobody is perfect and that there are ups and downs in every relationship.

Overall, the body language between Sean and Des isn't as positive as it once was. For instance, when they were sitting on the couch, Sean's body was pointed away from her, which is the opposite of what you do when you like someone.

Before we move on to the next girl, let's consider this: Does Sean asking for the blue team to come back mean that he missed the company of someone on that team? Maybe Lesley, Catherine, Daniella or AshLee?

AshLee

When AshLee was talking about her time on the show so far, she reached for the back of her neck, a non-verbal sign for "pain in my neck," frustration or annoyance. Even so, she was telling the truth about her positive feelings for Sean. She was implying that it's a pain for her to be competing for his heart (and who can really blame her?).

Tierra

One thing was clear: Sean did not like that Tierra crashed his date and surprised him. When speaking with her outside, his

heavy breathing indicated that he was thinking “not again.” Of course, it won’t matter because she will manipulate Sean with yet another story, and Sean will give her yet another rose.

Related Link: [The Bachelor 17, Episode 4: Deception of Love](#)

Lesley M.

Lesley is the girl who Sean went to for wisdom. She has to make sure she doesn’t fall into the “friend zone” next week. I expect a lot of touching and a big romantic scene with Sean and Lesley on an upcoming episode.

Top Picks

So who do I think Sean will pick as his top five ladies?

1. Lesley M.
2. Lindsay
3. AshLee
4. Selma
5. Desiree

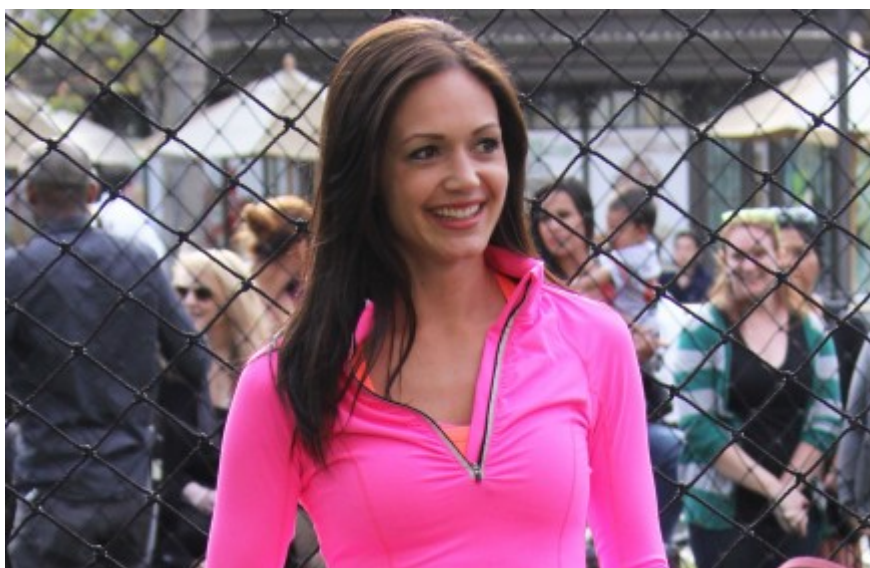
Just for comparison, here are my top five picks for Sean:

1. AshLee
2. Lesley M.
3. Jackie
4. Desiree
5. Sarah

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#). He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they

relate to life and love. For more information and to download a free PDF of the speech he gave at NYC's Single In Stilettos, visit www.thenonverbalgame.com.

The Bachelor 17, Episode 4: Deception of Love



By Jared Sais

For this week's analysis of [The Bachelor](#), I focus on identifying lies and true feelings rather than my top picks for Sean. Read on to see if you agree with my assessments of Selma, Tierra, Amanda, Sarah and Leslie H.

Selma

Throughout her one-on-one date with Sean, Selma was incredibly close to the bachelor: they locked their hands together and wrapped their arms around each other. She was literally

draping herself over him. Proxemics, or the study of space, indicates closeness, and there was definitely a strong attraction between these two.

When Sean asked her if she was okay with rock climbing, Selma replied, "Alright." But based on her non-verbal cues, she was thinking, "Heck no!" First, her pitch and tone went down to almost a whisper, a sign of extreme fear and anxiety. Second, her body revealed the truth: as she was replying, she shook her head "no."

Additionally, the phrase "alright" is a way to say no. It's the same as "sure," which is not a decisive yes and more of an "I don't know." If you ever say something to your loved ones, and they respond with an "alright" or "sure," they aren't completely on board with whatever you asked. They might even go back on their word later.

As for Sean and Selma's date night...no kiss? No problem! Ladies, I'm going to share a little secret with you: if you hold back and your man gets mad and calls things off, he's not worth dating. If he really likes you, holding back will actually make him subconsciously try even harder to get what he didn't originally receive. In this case, I know for a fact Sean will give Selma a rose. And boom, I typed it, and it happened. Men want what they can't have. Psychology wins once again.

Related Link: [The Bachelor 17, Episode 3: The Good, The Bad and The Ugly](#)

Tierra

Let's talk about the non-verbal cues associated with real and fake tears. During real tears, the inner eye brows will go up towards the forehead; a bulge will be created in the middle of the eyebrows; and the corners of your lips will curl down. Your chin might also dimple. Of course, there are usually

tears, and your nose may drip (tears don't only drain through your eyes; they also come from your nose). Additionally, there is a lack of eye contact and a dazed look.

It's easy to fake the bulge in between your eyebrows; it's easy to fake the lowering of your corner lips; and it's easy to fake the chin dimple. It's a bit harder to fake the inner brows rising towards your forehead, and it's really hard to fake tears and a runny nose. It's also really hard to get your eyes to look as they do when you're truly upset. But what is almost impossible to do is all of these actions at once. It takes a ton of practice to get it right, and Tierra just doesn't have that much skill.

So are Tierra's tears real or fake? 100 percent fake. The giveaway is her smirk at the end.

Amanda

Amanda's nail biting may just be a habit, but it's also a sign of anxiety. So when she said that she had done roller derby before, I could easily tell she was lying – even though her words were very confident. One of the main ways to tell if someone is lying is by identifying deviations within his or her story. Similar to Selma, Amanda lied with a deviation between her non-verbal behavior and her verbal communication.

As a side note, I liked that Amanda actually confessed and told the truth about playing the sympathy card.

Sarah

Sarah shrugged when she said she was "so happy." Shrugging is a non-verbal cue that indicates that you don't mean exactly what you're saying, which is different from lying. If I said that I loved a movie but shrugged, I may have hated the movie, but I could've just liked it as well.

Related Link: [The Bachelor 17, Episode 2: Love or Lies?](#)

Leslie H.

Did you notice the tears in her eyes? Sure, she was upset, but it wasn't all sadness. The majority of what she felt was anger. That's right, she had all the signs of being pissed off, including pinching her lips and licking her front teeth. I bet her hands were making fists because she was furious. There was no hiding how she felt.

Conclusion

The information in this article can be used to counter the lies that people tell us everyday. In the game of love, people are very good at making us feel loved or special. Some people, though, try to manipulate our emotions and make us feel how they want us to feel (like Tierra with her fake crying). So remember this as you search for love: it's not about finding just any guy or girl; it's about finding a quality person who is worthy of your affection. These tips will help you read others and figure out if they truly love you or are just deceiving you.

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The Bachelor 17, Episode 3:

The Good, The Bad and The Ugly



By Jared Sais and

Erika Nitz

The Bachelor was action-packed and filled with a lot of underlying emotions that presented themselves nonverbally. No clear winner is coming out of the pack just yet, but let's touch on the the good, the bad and the ugly of last night's episode...

The Good

Lesley M.

Sean looks at Lesley like she's the eighth Wonder of the World, and they are definitely hitting it off. After all, their first kiss broke the Guinness record for the longest on-camera kiss. It started out cute with both of them blushing and smirking a lot, but it quickly became awkward. Leslie's hand in the middle of his chest seemed to have a slight hint

of “pushing away.” There was no real emotion, which is to be expected when you have a large audience cheering for you.

Their second kiss made up in emotion what the first one lacked. While rubbing Sean’s head (her favorite move), her entire body and legs are fully facing her guy. This girl is falling hard! That second kiss could have easily escalated into something more.

Remember that important things get held close to the body. When Lesley and Sean kissed on the rooftop, she had a tight grasp on Sean but a light grasp on the rose, as it’s tilted away from her. This indicates that Lesley’s priority is the man and *not* the rose.

On a psychological note, it’s worth pointing out that Lesley has a lot of similarities with Emily Maynard, who dumped Sean in season eight of *The Bachelorette*. It will be interesting to see if he picks someone similar to a woman who rejected him in the past.

AshLee

When Sean is truly happy, his veins show above his eyes and on his forehead. If you don’t see them, he’s putting on a show. During Sean’s interaction with AshLee, this was happening constantly, and he can’t stop smiling when they’re together. What does that mean? It means Sean had a *really* good time with AshLee, and Lesley M. might have some serious competition. No way of telling if AshLee is The One yet, but she is getting a lot of positive non-verbal cues from Sean.

Related Link: [Host Chris Harrison Says New ‘Bachelor’ Sean Lowe Is “So Sincere”](#)

The Bad

Desiree

Desiree called out Amanda, and a lot was revealed in the fight

for the rose. It is clear that having a rose is more important to Amanda than having Sean. In this scenario, however, Desiree is the bad one. Even though she got Sean's last rose, there is something a bit off about Desiree. When talking to Sean, she gives weird looks and has a creepy tone to her voice. Sean, beware! You might want to steer clear...that is unless you like your women a little bit crazy (see Lindsay below).

The Ugly

Kacie

Kacie went from golden girl to bottom of the barrel in one conversation. She would have had the upper hand, landing in the top five, if it wasn't for the story she had shared with Sean. When Kacie told him about the drama between Desiree and Amanda, she unknowingly removed her halo and associated herself with the negativity of the other two ladies. In the past, blameless bearers of bad news were forever associated with the messages they reported. The origins of the age old phrase "don't shoot the messenger!" came about because of this negative psychological association.

Related Link: [The Bachelor 17, Episode 2: Love or Lies?](#)

Lindsay

Kacie's unintentional downgrade of herself as well as Desiree and Amanda left Lindsay unscathed. Subsequently, she received the rose on the group date.

Dear, sweet, and slightly crazy Lindsay showed up on the first night in a wedding dress and regularly brings up marriage in conversation. The average person would run for the hills in this scenario, but Sean seems to be sticking around, leaving us to think that he might like his girls a little too close to the deep end.

It's a good thing that *The Bachelor* series allows Sean to have

multiple dates. A girl can only hide her true self for a short period of time before cracks start to appear. Between Lindsay, Kacie and Desiree, the plot thickens as true colors begin to emerge.

On a final note, Sean is playing his own psychological game. For example, while AshLee was sharing a deeply emotional story about her adoption with him, he chimed in with a perfectly timed comment about how he would like to adopt. Additionally, in one moment, we'll hear him say, "I could be falling for her," and in the very next moment, he's kissing a different girl. Sean is toying with these women and showing that the person who's playing the game of *The Bachelor* the best...is the bachelor himself!

Jared Sais is co-author of the website The Non-Verbal Game along with Passport To Love TV Host Erika Nitz. He is an expert in nonverbal communications, body language and micro-expressions as they relate to life and love. For more information and to download a free PDF of the speech they gave at NYC's Single In Stilettos, visit www.thenonverbalgame.com.

The Bachelor 17, Episode 2: Love or Lies?





By Jared Sais

We can't help but wonder about the girls when watching this (and every) season of [The Bachelor](#). Who is genuinely nice? And who is a wolf in sheep's clothing? Who's in it for love, and who just wants fame? Of course, the biggest question we ask ourselves is: who is Sean's future wife?

So in the spirit of *The Bachelor*, I will give out fives roses to the girls whose body language and non-verbal cues—for better or worse—most captured my attention in last night's episode. Do you know who's falling in love and who's lying to get what she wants?

Related: [Sean Lowe Hopes to Find a Wife and Mother on 'The Bachelor'](#)

Kristy

It is quite obvious to viewers that Kristy has an ulterior motive for being on the show. If you haven't caught on to this, maybe this quote will help: "I am getting the rose and books, and we are sailing away."

Don't be fooled by her good looks, charm and natural ability in front of the camera. This girl has one thing on her mind: fame. Let me ask a question: Are you bringing Sean on a ship that is sailing away with you, your book deal and your rose? You might be saying that she intends for the rose to

represent Sean. Why not just say Sean then? When anyone uses an object to represent a person, it's never a good sign. People are not objects, and it's clear that Kristy thinks of Sean as just that: an object.

Sarah

Let's start from the helicopter. There was the obvious non-verbal cue of Sean putting his arm around Sarah's back. As many of you know, that's a sign of sexual attraction. If you're at a bar or a club, you might be victim to this move. As many of you will notice someone attractive, do a walk by and gently place your hand on their back to carefully get by them. What you're actually doing is showing that you're interested.

Sarah plays with her hair a lot, which is something that girls do both out of habit and when they flirt. So, how do I know the difference? When Sarah plays with her hair out of habit, she does it sparingly. When she starts talking to Sean alone, the amount of times that she touches her hair increases. With almost every sentence she says, she's moving her hair away from her face and revealing a very sexy part of her body, her neck.

A big sign that Sarah is genuinely into Sean is a simple facial expression. If you look closely, you might see Sarah's nose wrinkle and eyes widen as she smiles at Sean. If there was no sign of a smile or widening of her eyes and just a solo nose wrinkling, I would say that's more disgust and a big negative. But that's not the case here. Sarah is flirting with him and clearly very interested.

Related: [5 Bachelor and Bachelorette Couples We Can Learn From](#)

Though there is a lot more to consider from Sarah's date, I leave you with this idea: Sarah is not as innocent as she is portraying herself to be. Even so, there is definitely some chemistry between her and Sean. But the girl I focus on next

may have more of an edge.

Lesley M.

She said it the best when she said, "Something must have been wrong with my body language." Lesley, you're absolutely right – there were four major reasons why that kiss never took place.

–Lesley never tilted her body fully toward Sean; she only looked at him with the majority of her body still facing the table. This positioning did two things: it blocked her off and made her less approachable, and it also confused Sean and made him second-guess himself.

–The second thing I noticed was a lack of touch. There was never an escalation of touching. They stayed holding hands. However, as Sean looked for definite approval and an "it's okay to kiss me" sign, he never saw it.

–The third thing Lesley did wrong was her hand remained in front of her. This body language is the same as crossing your arms or holding a purse in front of you. She blocked herself off without meaning to do so.

–The fourth thing is there was no obvious sign of flirting. Okay ladies, if you get one thing out of this article, it should be this: guys are not the best at picking up your flirting cues. If you think you are sending out an obvious sign that you like us, chances are we didn't notice it or we convinced ourselves that we're crazy and a pretty girl like you would never flirt with us. So flirt hard until we get the hint.

Now, what did Lesley do right that made her second chance with Sean end with a kiss? Her body was fully facing Sean, and she had more open body language when speaking with him. She made her intentions fully known when she put her hands on his shirt and went in for the kiss. As they parted ways, Sean reached

for her hands. You might have noticed that Sean's thumbs were on top of Lesley's hands, his way of giving thumbs up to her (in this case, two thumbs up).

Desiree

If every week were just like this week, Desiree would be the last woman standing. They could not keep their hands off each other from the moment they stepped out of the limo; the chemistry of these two is through the roof. You can see it and hear it in their voices. But the biggest cue of how much they like each other came from two nonverbal cues and one big verbal statement.

When Desiree and Sean were talking, Desiree did a very flirtatious facial expression: she smiled as her eyes widened and her nose wrinkled (just like Sarah). This positive facial expression indicates a very strong liking for Sean.

Related: [Is Kim Kardashian Still Upset that Kanye West Shared their Pregnancy News? What Their Body Language Tells Us](#)

The other nonverbal cue was the pitch and tone of her voice. As they talked more and opened up with each other, Desiree's voice went into whisper and sounded more loving. This shift only happens when you are extremely interested in someone. Also, if someone whispers, you naturally move closer to hear him or her better, a perfect tactic to draw Sean closer for a kiss. Sneaky, isn't it?

Lastly, the most revealing verbal statement was that Sean mentioned multiple times that he wants to be married to someone who can be his best friend. After Desiree talked about her relationship with her family and the connection that her father and mother have with each other, Sean was quick to add that he "is working on making Desiree his best friend."

Plus, Sean already has a nickname for her: Dez. It's definitely the start of something special for these two!

Kacie

Both seemed to have crushes on each other when they first met. Can this be fate? The attraction is still there, and once again, we get a first hand look at how easy it is to communicate a false impression. Sean left their initial meeting feeling like Kacie was not interested in him, so he thought of her as a friend. The good news is that they talked it out and both revealed that they have feelings for each other.

This relationship marks trouble for Dez, as Kacie already knew Sean and proved to be a good friend. There is a theory that states the more times you see something or someone, the more you will like them. Because Sean knew Kacie before the season started, she already is one step ahead of the rest of the girls.

I think this could turn into the battle of Dez versus Kacie. But it's a long road to love, and something tells me we haven't seen anything yet.

Honorable Mentions:

My roses are gone, but there are two more women that I must mention.

I could write a book about **Tierra**, but let's just focus on this quote: "I feel like this is not a competition. I am not going to let any girl stop me from getting the rose." Fantastic – well, I am glad this isn't a competitive game for you. Now that you have let the world know you're here for the rose, how do you feel about Sean? Notice anything in common with Kristy?

At the end of the show, when Sean didn't give a rose to **Diana**, he said he didn't want to keep her away from her kids if he didn't see any potential for love. I have a soft spot for single mothers looking for love, so Diana, I would love to

find you a genuine man to be with for the rest of your life. I thought you were amazing, and if there are any single mothers out there, you all deserve roses in this world.

I hope I answered some of your questions, but if I didn't, please leave them in the comments below. I shared my top picks for Sean – **who do you hope he gives a rose to next week? Share your thoughts below.**

Is Kim Kardashian Still Upset that Kanye West Shared Their Pregnancy News? What Their Body Language Tells Us



By Jared Sais

When Kanye West recently publicized that he and his girlfriend Kim Kardashian are expecting their first child at his concert in Atlantic City, some reports indicated that Kim wasn't thrilled with her beau's impromptu announcement. But after ringing in the New Year together and with their bundle of joy arriving in only a few months, our celebrity detective analyzed some recent photos to see if Kanye is still in the doghouse and if he will be keeping up with this Kardashian for the long haul.

Related Link: [Kim Kardashian Steps Out and Embraces Pregnancy Curves](#)

Picture #1: Holding Hands (moving clockwise from the top left)

From the time we are children, we learn that holding hands is not only a way to show comfort and unity, but it's a form of affection as well. Since we get pleasure simply from the act of touching, holding hands naturally feels right, especially when it's with those we genuinely care about. That's why I always tell students in my seminars that frequent massages are one of the keys to a healthy relationship. In this photo, it's easy to see that Kimye are definitely feeling secure and strong in their love for each other. Kanye leads his girlfriend in the traditionally dominant position with open body language and a broad, slightly puffed out chest.

Kanye has his other hand in his pocket (usually a defense mechanism designed to shield one's self from discomfort) and is sporting a half-full smile (possible sign of preoccupation or worry). Even so, it could be nothing more than an indication that, unlike his bombastic stage persona, the rapper is still unaccustomed to having his personal life – especially his relationship – on display for all to see.

Picture #2: A Genuine Gesture of True Love

If you thought holding hands was cute, look how Kanye and Kim exchange two of the most frequently used non-verbal signs for

attraction: Kanye with his arm wrapped around Kim, pulling her close, and Kim with her hand literally latching on to Kanye. This is certainly a common display of affection for Kim, who employed the same clothing grasp on her (not yet ex) husband Kris Humphries. This expression of fondness is at least consistent, if not genuine.

Kanye's left hand is still in his pocket, and he's continuing to exhibit his uneasiness with his surroundings (bizarre as it might seem for someone as brash as Kanye). Just because he is a performer doesn't mean he is immune to wanting to shy away or hide from time to time. But since celebrities don't always have that luxury, the most frequently employed non-verbal is to place your hand as close to yourself as possible in a comforting, defensive position.

It's what he is doing with his right hand that tells me that Kanye genuinely loves Kim. He embraces her with an open hand, showing that he is open to her love and is allowing himself to be a little vulnerable.

More importantly, Kim and Kanye employ two of the distinct signs of non-verbal flirtation by smiling while gazing into each other's eyes (despite him getting caught mid-blink) and tilting their bodies towards each other. As we learned in my previous article about J. Lo and Casper Smart, closeness implies closeness, and once again, these two are inseparable.

Related Link: [Pregnant Kim Kardashian and Baby Daddy Kanye West Spend NYE in Vegas](#)

Picture #3: A Perfectly Posed Photo

Despite the fact that this photo features a posed Kanye and Kim (meaning they both had time to prepare themselves), it is nonetheless revealing. A picture does say a thousand words, and in this case, the picture says adorable, as it perfectly captures their feelings for each other. Their arms and hands are interlocked, but like everything, the devil is in the

details. Time to break out the trusty magnifying glass! Zoom in on their hands, and you will see that Kim's left thumb is positioned directly on Kanye's left hand in an almost-caressing manner, an obvious and revealing sign of love and affection.

Kim is absolutely glowing, and even though a Lance Bass look-a-like is giving a more natural smile in the background, it is clear that she is very much in love with Kanye, evidenced by her tilted head that is gently nuzzled into Kanye's. As for Kanye, though he is not smiling, his chin is up and his right eyebrow is raised just a bit, displaying how proud he feels about his relationship with Kim.

Conclusion

Kim is head-over-heels in love with Kanye and has definitely forgiven him for letting their pregnancy news slip. While Kanye might be in more of the lust phase now, by the time their child is born, I suspect that he 'll prove that this relationship can only be "made in America." It's a love that will last much longer than many people expected.

LeAnn Rimes Discusses Her Affair with Eddie Cibrian: What Her Non-Verbal Cues Tell Us



By Jared Sais

It's been a tumultuous three years for LeAnn Rimes, a timeframe that includes her divorce from ex-husband Dean Sheremet and her very public affair with – and subsequent marriage to – *Northern Lights* co-star, Eddie Cibrian. Despite the fact that Rimes and Cibrian will celebrate their two-year anniversary in April, questions still persist as to what really happened during one of the most epic celebrity cheating scandals of the decade. But never fear: CupidsPulse.com's very own celebrity detective is here to analyze [this clip](#) from a recent interview with Rimes and E!'s Giuliana Rancic.

**Author's Note: The video begins with an often overlooked aspect of television interviews: music. Music can be a very powerful instrument and one that greatly affects the emotional experience of a visual event (that's why the best soundtracks are inseparable in our minds with great moments in television, film and, of course, music videos). It's crucial to ignore the music and focus only on Rimes's non-verbal expressions and body language, which are quite revealing on their own.*

Related Link: [J. Lo and Casper Smart: What Their Body Language Says About Their Love](#)

(0:09) After Rimes is asked, “Why act on it when you’re both married and you both have families?,” she responds by saying that it’s a “huge question” and flashing a masking smile, which differs from a fake smile in that its purpose is to mask a different emotion – in this case, sadness.

(0:10) A second later, a melancholy Rimes shoots her head down, exhibiting the number one sign of shame as she thinks about her role in the scandal and the after effects that she and Cibrian might still be experiencing.

(0:13) With her head still down, Rimes shows a micro-expression of fear: lips parted and the corners of her mouth widen. She’s most likely worried about how she will look if she is not careful in her response to this difficult and personal question.

(0:15) Before she raises her head to answer the question, she licks her lips, which can be an indication that a person is about to tell a lie. When we lie, our body is forcing itself to do something unnatural, so it goes into a state of stress; one’s mouth will often dry up, which is usually countered by licking the lips. Keep this in mind because the next thing Rimes says is “I never, ever in my heart want to hurt anyone.” Immediately after answering, she looks to Rancic to see if what she said has been positively received. This is a key giveaway that either what she just said wasn’t true or it was prepared since she needs to gauge whether or not it was accepted.

(0:26) Hand gestures can mean many things, but Rimes mainly uses her hands to tell us a story about her and her ex. By bringing her hands far apart when she says “separate,” she indicates both emotional and physical distance with Sheremet. Her hands then become interlocked when she says “super-connected,” which tells us that she did not feel that way in her first marriage.

(0:44) Rimes's hands continue to tell the story of her relationship to Sheremet, even doing a folding or "breaking" motion when she says the word "break." She believes what she is saying, making a confirming head nod and moving her hands up and down when she says, "You can't break what's broken."

(1:00) Rimes starts to cry, and if you look at her left hand, it remains in the "break" position. This action could be her remembering a specific instance of something negative that transpired in their relationship, or it could represent what she is feeling at this moment.

Related Link: [LeAnn Rimes Breaks Down Over the Ending of Her First Marriage](#)

(1:02) Certain non-verbal cues have crossed-over into the general consciousness of people to the point where it is essentially part of our known behavioral language, and "the raised index finger" is one we all know. It means, "Wait, I need a moment," and Rimes uses it as she gathers herself. She then tell us that nobody could possibly know how much anguish they all experienced throughout this process – something that she seems to regret.

(1:03) Here, Rimes exhibits the prototypical facial expression for sadness: inner eyelids are raised, a little bulge appears in the middle of her eyebrows, lip corners are pulled down, and the chin is a bit dimpled. This look is followed by Rimes putting her hand in front of her face with her fingers pointing upwards. This gesture is commonly thought to be an indication of lying, but to be more accurate, it is both a blocking mechanism – she physically uses her hand to mask what her face can no longer hide (sadness) – and a gesture to muffle whatever is about to come out of her mouth.

Conclusion

Rimes is clearly upset, but her lack of actual tears makes the exact reason why unclear. It seems like she is more upset at

the result of the scandal (her rocky relationships with her ex-husband, Cibrian's ex-wife and perhaps even Cibrian). In the end, I think she might be a little broken herself and is simply trying to cope with the situation as best she can. Ultimately, if she is truly happy with Cibrian, all this strife will have been worth it. However, if she isn't and their relationship goes sour, her theory that "only unbreakable relationships are unbreakable" may have unfortunately been proven right again.

Do you think LeAnn Rimes and Eddie Cibrian are meant to be? Tell us in the comments below!

J. Lo and Casper Smart: What Their Body Language Says About Their Love





By Jared Sais

Since they began dating over a year ago, Jennifer Lopez and her much-younger beau, Casper Smart, have faced their fair share of rumors: from breakups to makeups, nobody ever thought this couple would last. Most recently, they were spotted at Tiffany & Co. in Australia – could an engagement be in their future? To better understand the truth about their relationship, I analyzed the four photos below.

Related Link: [Extravagant Celebrity Gifts Within Reach of Your Budget](#)

Picture #1 (moving clockwise from the top left): Casper's Body Language

Casper is strutting his stuff, puffing out his chest (literally inflating himself and, perhaps, his ego), flashing a big grin and projecting a ton of confidence with his straight, head-up walk. This action could be overcompensation in order to prove to the press, his [girlfriend](#) or himself that he deserves her and this sort of attention. Of course, he could also be showing pride – and when you're a 25-year-old dude dating J. Lo, why wouldn't you be proud?

Picture #2: Casper as Protector

For a four-year-old, Emme is actually quite poised, as she isn't crying or burying her head. She is showing some sort of

hesitation by extending both arms towards Casper and creating a closed-off barrier between her and the paparazzi. Emme has a startled, deer-in-the-headlights look – a mixture of surprise, fear and confusion. Still, she trusts Casper to protect her, clenching *both* her hands with his and literally reaching for that extra sense of security. This behavior indicates that Emme finds strength and support in Casper, who assumes the role of protector as he leads both ladies. J. Lo, unfazed by the cameras and sporting her patented forced, fake smile, is the consummate professional. Even so, she refuses to abandon her motherly instinct as she protectively extends her hand to guide Emme to safety.

Picture #3: Establishing Shot of Comfort

To accurately interpret non-verbal cues, you must establish baseline traits for comparative analysis. This picture is a great example since, once again, J. Lo has her “paparazzi face” on: she remains unfazed by the photographers and might as well be on stage. Casper is in a variation of his comfort position; having ones’ hands close to the body is a typical and safe default position. He also has a relatively neutral face, which usually means “do not disturb” (utilized universally on subways and airplanes). There is a ton of non-verbal action going on behind the couple, as their bodyguard is giving someone the death stare along with the pinched lips of anger. Whoever it is, they are about to have a very unpleasant experience.

Picture #4: Proxemics & Closeness

Proxemics are observations dealing with space as an elaboration of culture, which means that closeness implies...closeness. Since facial expressions are easily faked (something J. Lo does quite often), proxemics can be an accurate indicator of how close a couple truly is. Consider, for example, how difficult it is to be near someone you dislike or the frequency of couples retreating to separate

areas after an argument. We have an instinctual need to be social, and there are countless studies detailing how human contact releases endorphins (that's why hugging relieves stress and why the correct handshake can lead to a promotion). So how close are these two? As you can see, they are literally intermingled, which says that on an intimate level, things are going great. However, there is more to a relationship than a physical connection.

Conclusion

The jury is out on whether J. Lo and Casper are in it for the long haul, so hold off on any name mash-ups for now. However, if they can overcome an 18-year age difference, which inherently has a ton of pitfalls, I vote for J-LoCa because it's definitely going to be a wild and crazy ride.

Do you think J. Lo and Casper's love will last? Tell us in the comments below!