

# Stop Counting, Start Eating: Feel Fresh for Fall



Fresh, Gourmet, Delivered Daily

*This post is sponsored by The Fresh Diet.*

If you've ever found yourself uttering in frustration about your favorite actress and how she recently lost so much weight while you've been trying for three months to lose 10lbs, you're definitely not alone. Many people struggle with dieting on a daily basis and unlike the Hollywood megastars whose svelte bodies grace the cover of celebrity magazines and seem to have no problem finding someone to go to dinner with on Saturday night, most single women don't have the luxury of having chefs preparing our food at each meal. Yes, it can all be very frustrating to us regular folks who are stuck counting calories while we're getting ready for a date, commuting to work or trying to fit in our thrice-weekly gym session.



That's why we jumped at the opportunity to test out a one week trial of The Fresh Diet plan and let our visitors know if it was possible to actually diet like a rock star, without actually being one. The Fresh Diet allows you to eat healthy while having delicious gourmet meals delivered to your doorstep. All you do is choose the plan that is best suited for you and select your meals with the online planner.

There's no shopping, preparing, measuring, cooking or cleaning needed. When you're eating for one, you need something that's simple and convenient. Plus, there are over 400 different options to pick from so your palette will never get bored. With The Fresh Diet, you can be served and treated just like your favorite celebrity without all the counting and calculating.



Looking for a fresh start this fall?

Now you can try it out too! Buy One Week, Get Your Next Week 50% off.

This is an incredible deal that is definitely too good to pass up. All you have to do is go to [The Fresh Diet](#) and type in "singles" as the special discount code when you're ready to check out. Don't miss out on this fabulous opportunity to diet like a celebrity and who knows ... maybe you'll end up looking like one too!

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## **Giveaway: Schick Hydro Blast**



Fresh, Gourmet, Delivered Daily

*This post is sponsored by Schick Hydro.*

[Schick Hydro](#) is a complete skin comfort system that refreshes, renews and cares for men's skin by reducing irritation and hydrating throughout each shave. The bold, new designs of Schick Hydro Blast razors combine with an innovative new travel case so men don't have to sacrifice a great shave when they're on the go – they can free their skin wherever they are. Why not buy the complete line for a well-traveled dad for Father's Day?

[Schick Hydro 5 Blast Razor with Travel Case](#): Hydrates and protects skin throughout each shave.

[Schick Hydro 3 Blast Razor with Travel Case](#): Uses a water-activated gel to keep skin lubricated.

Both razors feature skin guards, an advanced hydrating gel reservoir, travel case, new handle and flip trimmer. They are available at food, drug and mass stores nationwide for a suggested retail price of \$7.99 – 8.99.

[Schick Hydro Sensitive and Moisturizing Shave Gel](#): Designed to work with and enhance the performance of the Schick Hydro Blast razors, Schick Hydro Sensitive and Moisturizing Shave Gels help to deliver maximum closeness and comfort. They are available at food, drug and mass stores nationwide for a suggested retail price of \$3.39.

For more information, visit [www.schickhydro.com](http://www.schickhydro.com).

~~**GIVEAWAY ALERT:** *Cupid's Pulse* has teamed up with Schick to give away **two sets of each product to two lucky readers!** To enter, tell us how your on-the-go guy could use this set comment below. Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown. If your email is not included you will automatically be ineligible to win. This giveaway will run until **11:59 PM EST on Saturday, June 18.** Good luck!~~

**This giveaway is now closed.**

Thank you for reading **Cupid's Product Pick!** Visit us weekly for new products and offerings.

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## **Giveaway: Amanda Goldberg and Ruthanna Khalighi Hopper Talk Love, Hollywood and 'Beneath a Starlet Sky'**



*This post is sponsored by Amanda Goldberg and Ruthanna Khalighi Hopper.*

By Krissy Dolor

If you loved 2008's *Celebutantes*, you're in luck – authors Amanda Goldberg and Ruthanna Khalighi Hopper are back with *Beneath a Starlet Sky*, the follow up to their debut novel. In this fiction book, Lola Santisi, daughter of Hollywood royalty and CEO of a struggling fashion line, is trying to balance the New York fashion scene and her doctor beau in Los Angeles. A stroke of luck lands Lola in Cannes to work during the Film Festival – but this balancing act is harder to manage than she realizes. And let's not forget about Kate Woods, Lola's BFF, who just went through a breakup with Lola's brother (can we say awkward?). How will a newly single Kate navigate her love life...which may conflict with her work life?

Though we can't tell you the ending, we *can* bring in Goldberg and Hopper to shed a little insight into their second novel. As these two women themselves are daughters of Hollywood bigwigs (Goldberg's father is film and TV producer Leonard Goldberg and Hopper is actor Dennis Hopper's daughter), they have taken their insider knowledge of the workings of Tinseltown and merged it with some fictional drama to create another chick lit book, worthy of your beach tote.

Goldberg and Hopper took time out of their busy LA touring schedule last month to chat with us via email. Take a look at what they had to say:

***Beneath a Starlet Sky* is a continuation of exploring celebrity lives and is set in the beautiful town of Cannes. What made you choose that location as the backdrop of your new book?**

It's basically the Oscars on a yacht for 10 days. It's chalk full of glamour and fashion. And who wouldn't want to go on a jaunt to The French Riviera?! Reading our book is a lot cheaper than actually trying to get to the South of France and hopefully we'll make you feel as though you were there.

### **Why did you decide to start the novel with heartbreak?**

Well, who can't identify with having had their heart broken? And that theme of love is a big one for us in this book – romantic love, love between friends, love between family. The women characters go on a journey of exploring what's meaningful to them and what's not. And in the end, it's really all about love.

### **Do you think it's harder to find love amidst the glitz and glitter of Hollywood lights?**

It's harder to find the authentic relationships that are built on deep trust and mutual respect. It can be a tough town. And the glare can be distracting. It's important to keep the people you love close.

### **Both of your books have been fiction – do you think you'll ever write about your real-life experiences about dating and/or finding love in Hollywood?**

That's a great idea! We certainly have plenty of material!!

### **Will we see a continuation of Lola and Kate's journey in an upcoming book?**

You never know... they could throw on their Uggs and take a spin at The Sundance Film Festival...

### **What love advice can you share with our readers?**

Don't expect the other person to be anything other than who they are. And a good match means you: Play well. Fight fair. And laugh a lot!!

Cupid thanks Amanda Goldberg and Ruthanna Khalighi Hopper for their time! You can find *Beneath a Starlet Sky* on Amazon and on Facebook. For more on the authors, you can follow them on Twitter: @astarletsky.

~~**GIVEAWAY ALERT:** *Cupid's Pulse has teamed up with St. Martin's Press to give a copy of Beneath a Starlet Sky to one lucky reader! To enter, tell us which celebrity destination you'd like to see Lola and Kate next in a comment below. Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown. If your email is not included you will automatically be ineligible to win. This giveaway will run until 11:59 PM EST on Tuesday, June 21. Good luck!*~~

**This giveaway is now closed.**

*\*Contest restricted to residents of USA/CA*

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## **Sponsored Post: Healthy Relationships Inspire**



**Fresh, Gourmet, Delivered Daily**

*This post is sponsored by AOL and Jeep®.*

Love, a simple four-letter word, is what inspires us at CupidsPulse.com. However, the simplicity of the word is contradicting, because real love is certainly anything but easy to achieve. We see the difficulty of relationships staring at us from the newsstands, television screens and when

we turn on our computer. Now, more than ever, we need to focus our energy on positive relationships and re-frame our thoughts about the negative ones, turning them into lessons we can all learn from instead. When we see a celebrity pair that has survived the odds or decided to work it out, we grow anxiously inspired:

- 1. Jay-Z and Beyonce:** They are hip-hop's power couple. Working in an industry where it's "in" to be single, these two fell for each other and believe in ever lasting love.
- 2. Kelly Ripa and Mark Consuelos:** Kelly is America's sweetheart and has shown us that it's possible to balance marriage, children and a career.
- 3. Prince William and Kate Middleton:** The royal wedding of the century definitely inspired us!

Love takes time, patience and a lot of work despite the fairy tale stories in the media. That's why CupidsPulse.com has teamed up with AOL and Jeep® to encourage single women everywhere to follow their dreams by creating an online inspiration board at <http://www.jeeplegendarylife.aol.com/>.

The **Inspiration Board** is a custom destination that gives you a chance to chronicle all the things that represent you and what you inspire to become – a forum to express your individuality and share with your friends on Facebook. Every woman who creates her own original Inspiration Board is entered to win a weekly random sweepstakes for a \$50 gift card, and all users are entered for a chance to win the \$4,500 Grand Prize – a great way to jump-start your legendary life!

So what are you waiting for? Click here to get started.

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# Sponsored Post: Comfort Food for Singles



Fresh, Gourmet, Delivered Daily

*This post is sponsored by Tabatchnick Fine Foods.*

We've all been there – hungry and needing a pre-date snack before dinner with that new fling. Couple that with summer coming up (hello, bathing suit season!). It takes too much time and energy to find healthier and cheaper alternatives to fast-food, take-out and ordering in.

Everyone knows that soup is good for the soul, but this company has made an effort to deliver wholesome goodness to singletons who only need one serving. [Tabatchnick Fine Foods](#), a leading manufacturer of handcrafted quality soups and other products, just launched their Soup Singles line, great for when you're running late for another online date and don't know if you're having dinner or drinks. This tasty snack can also be enjoyed during lunch or your mid-afternoon snack when your office is blasting the cold air during the scorching summer heat. Whether you're staying in or are on the go, Soup Singles can help get you through your day.

Here are a few more reasons why this product is perfect for you:

**They're portable, affordable and convenient:** Each one comes in

a single serving bowl that is both microwavable and can be heated in a saucepan on the stovetop. Plus, you can get five Soup Singles for \$5 at participating ShopRite Stores.

**There's a flavorful variety:** There are eight tasty flavors, including Barley and Mushroom, Chicken Noodle, Vegetarian Chili, Minestrone, Split Pea, Southwest Bean, Balsamic Tomato Rice and Vegetable.

**They're wholesome and nutritious:** Soup Singles are prepared with the finest and freshest ingredients with less fat, sodium and fewer calories than other canned soups and frozen meals, but are richer and thicker than most canned soups. And because they are frozen, Soup Singles retain more of their nutritional value.

They're SO perfect for one, you can savor each spoonful – and you don't even need to share! Singles need to get the love they deserve and Tabatchnick Fine Foods wants to help. Why not try a Soup Singles today? For more information, visit their Facebook page.

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**Giveaway: Win a Chance to See Bruno Mars in Las Vegas with Jesse and Ann Csincsak, Courtesy of Popchips!**





Fresh, Gourmet, Delivered Daily

*This post is sponsored by Popchips.*

“What Happens in Vegas Stays in Vegas... UNLESS you win BRUNO MARS TICKETS FROM POPCHIPS! That’s one secret you don’t wanna keep!” said former *Bachelorette* contestant Jesse Csincsak, encouraging fans to enter a trip to win for two to Las Vegas and stay at The Palms!

Not only does this giveaway include airfare, but the winner and his or her guest will attend the Bruno Mars concert on June 16, where you’ll be accompanied by Jesse and his wife, Ann Csincsak and meet Bruno backstage!



To enter, “like” the [Popchips fan page](#) Facebook. Then head over to [Jesse’s Facebook page](#), where he has posted three reality TV trivia questions. Email the correct answers to [Jessecsincsak@gmail.com](mailto:Jessecsincsak@gmail.com) and include no more than one paragraph on why YOU should be picked to attend the Bruno Mars concert with him and Ann. The lucky winner will be revealed no later than June 1.

Good luck!

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# Exclusive Giveaway: Jesse Csincsak Chats About 'The Bachelorette's Ashley Hebert, 'Bachelor' Reunions and Life as a New Dad



**Fresh, Gourmet, Delivered Daily**

*This post is sponsored by Lubriderm, Powerbar, Gilchrist and Soams, Beauty Society, "Skinny on Willpower" by Jim Randel, Popchips, Panda Licorice, Alterna Haircare, Cheek'd, Buddah Balm, Eight O'Clock Coffee, Eat Whatever Breath Mints and Pajama City!*

By Jennifer Harrington

As we anxiously wait for the new season of ABC's *The Bachelorette* to begin, several of the former contestants are spending the hiatus having fun mingling and mating up. One of the most talked about events was in Breckenridge, Colorado last month at the semi-annual *Bachelor* and *Bachelorette* reunion. Hosting the shenanigans as always was former contestant, Jesse Csincsak, who received the final rose in Season 4 from DeAnna Pappas. Although Jesse and DeAnna's relationship didn't result in a lifelong romance, Jesse *did*

find love through *The Bachelor* and married Season 13 contestant, Ann Lueders.

**A cold sore ruins  
romance.**

**One dab, eruption  
prevented!**



We had the chance to speak with Jesse and he shared his thoughts on life as a new husband and dad, *The Bachelor* reunion parties and of course, this season's *Bachelorette*, Ashley Hebert! Check out what he had to say:

**First of all, congratulations on being a new dad! How has your life changed since being on *The Bachelorette*?**

After coming off *The Bachelorette*, life took a huge turn. I wanted to fall in love. I knew it was possible after I came off the show, so I started hosting reunions with *Bachelor* alums. I wanted to bring people together, and in turn, I met my wife. I met her at a reunion. Next thing I knew we were getting married and having a little bambino. My son Noah is the light of my life and I couldn't ask for more. The show brought me to everything I wanted in life – it's amazing!

**You coordinate such great reunion weekends for the former contestants. The buzz during last month's party centered around Vienna Girardi and Kasey Kahl. What can you tell us about them as a couple?**

They have been dating for a little while. I think the reason their relationship works is they are both happy-go-lucky, carefree people who want to have fun. I think they'd both also be a great fit for the *Bachelor Pad*, I'd love to see them on that show.

**We're getting excited for next week's premiere of *The Bachelorette*. Recently, show creator Mike Fleiss was quoted**

**saying Ashley will be a “different kind of bachelorette” because of her career ambitions. What do you think?**

Ashley is very young-hearted. She’s still in school. She will need a guy who is comfortable enough in his own skin to know she is her own person and she’ll be going to class with lots of young, hot guys, but she will come home to him. If they can find a guy who is confident in his own skin and knows she has a lot going on, she will have herself one heck of a relationship. She is one of the youngest bachelorettes they’ve ever had, and I think that will make for an interesting season.

**Do you think the new contestants will be scared off by Ashley’s independence?**

The announcement that Ashley would be the bachelorette came very early, so the guys know who she is. It’s not tough these days to Google someone to figure out about their past. What is tough is that a lot of people come on the show with ulterior motives. You have to be careful of the knuckleheads to find the diamonds in the rough.

**What tips would you give the men this season?**

You don’t realize the demographic the show reaches – it’s syndicated in Europe, and even when you go overseas, people recognize you from the show. I didn’t realize that it would affect everyone in my family with my surname. Don’t go on the show because you want people to know who you are; go on the show for the right reasons. Be yourself. Don’t let anyone convince you to do something you wouldn’t otherwise do. That way, when you’re off the show and your life has moved on, people say “you’re just like you were on the show.” I was lucky – I was me no matter what, and it worked out for the best.

**The time period between when the show wraps and when it airs for the public, seems to be the most trying time for the**

***Bachelor/Bachelorette* couple. Given your experience, what advice can you give Ashley and her new guy to keep their relationship alive during these months?**

Go into hiding and get to know each other. Do as many get-togethers as the production company will let you and really take the time to get to know the other person. Do things out of the ordinary that will test your patience with one another. In my relationship experience, that's how you really start to understand how someone is going to be down the road. Another thing to observe is how the other person talks to their parents. If they are respectful when they speak to their parents, that's likely how they will talk to you.

**Are you planning for the next *Bachelor* reunion yet? When and where will it take place?**

There will be a reunion this summer. I can't tell you the location yet, but it will be in the warm weather and plans are underway. And we're in talks to do an online competition so one lucky fan would be able to join the reunion with the *Bachelor* alums for a weekend. I can promise you, this will be the biggest reunion of all-time!

Thanks Jesse, we can't wait! And, thanks for taking the time to speak with us. To read more about Jesse's take on the upcoming season of *The Bachelorette*, check out his website at [www.jessecsincsak.com](http://www.jessecsincsak.com) or visit him on Facebook.

~~**GIVEAWAY ALERT:** CupidsPulse.com has teamed up with Jesse to give away **One Swag Bag from the last 'Bachelor' Reunion Weekend**. To enter for your chance to win, tell us where you think the next *Bachelor* reunion should take place and why in a comment below. One winner will be randomly selected. Please be sure to use your real email address so we have a way of contacting you if you've won. This giveaway will run until **11:59 PM EST on Monday, May 23**. Good luck!~~

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# Giveaway: Diana Kirschner, Ph.D. Discusses Building A Successful, Committed Relationship with 'Sealing the Deal'



*This post is sponsored by Dr. Diana Kirschner.*

By Tanni Deb

Are you or someone you know in a situation where you're having difficulty finding love? Or if you've found The One, do you feel insecure about the future because you don't know where the relationship is heading? If so, psychologist Diana Kirschner, Ph.D., author of *Sealing the Deal: The Love Mentor's Guide to Lasting Love* can help guide you through your love life. As a relationship expert and best-selling author of *Love in 90 Days*, Dr. Kirschner has helped thousands of women find true love. In her latest work, which is based on clinical research and experience, she reveals her strategies of building the perfect relationship, creating a deeper bond,



getting him to commit and how to deal with infidelity. She also discusses how to avoid mistakes that can ruin a relationship, the importance of getting a love mentor, things to know if you're considering marriage and even 13 secrets that will make love last – no matter how long the relationship has been.

Cupid interviewed Dr. Kirschner last month via email about her book. Take a look at what she had to say:

**Why did you choose to write a book geared towards women who are uncertain about the future of their relationship? What was challenging about writing the book?**

I receive a lot of feedback from women who used my first book, *Love in 90 Days: the Essential Guide to Finding Your Own True Love*, to find a terrific man whom they considered to be the One. But sometimes, as they continued dating him, they had anxiety and uncertainty about where things stood. They asked for further advice on how to help things move along from casual to committed.

I have also gotten many emails from women who wanted to turn around a relationship – or even marriage – that was floundering. *Sealing the Deal* is designed to help women solve these love problems. And it works. You can watch the 31-Day Love Life Makeover Challenge, a video series in which I help 45-year old Nadette use *Sealing the Deal* to reignite her relationship with her ex so that they are madly in love.

**In a brief summary of your book, you said that it is possible to “...deepen any relationship – even if you have been dating two months, on and off for 10 years, or in a relationship where you feel uncertain, tense, or afraid that it is ending. Even if your partner has cheated.” Do you think that a relationship can truly survive and be healthy and loving if one of the partners has cheated in the past?**

Yes, because people can realize that they have made mistakes, and grow as individuals. Also when the affair comes out they realize that they may be losing their partner. Which sets the stage to appreciate their partner in a whole new way! So it becomes worth it to them to step up, make apologies and reparations and create a whole new level of connection and commitment.

**What do you think is the most important step in having a healthy, loving relationship?**

Developing loving-kindness towards oneself and towards one's partner.

**Did you write *Sealing the Deal* based on the experiences you've had in your relationship and the advices you received?**

Yes. I had a brilliant Love Mentor who gave me the support and advice that I used to create my own passionate, lasting marriage of over 25 years. These are the same principles I write about in *Sealing the Deal*.

**What is the best advice you can give to women who have a difficult time creating a loving, lasting relationship?**

Find a Love Mentor or coach who can give you the support, smart advice and a bit of a kick in the butt as needed in order to help you move forward in a love relationship.

Cupid thanks Dr. Kirschner for her time! If you're searching for The One or are attempting to keep the passion alive in your relationship, visit Amazon to purchase *Sealing the Deal: The Love Mentor's Guide to Lasting Love*. For more information on Dr. Kirschner and her book, visit her website at [www.LoveIn90Days.com](http://www.LoveIn90Days.com).

~~**GIVEAWAY ALERT:** Cupid's Pulse has teamed up with Dr. Kirschner to give a copy of *Sealing the Deal* to one lucky reader! To enter, tell us what love problem you'd like to solve in a~~

~~comment below. Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown. If your email is not included you will automatically be ineligible to win. This giveaway will run until 11:59 PM EST on Tuesday, May 3. Good luck!~~

**This giveaway is now closed.**

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## **Exclusive Giveaway: 'Shark Tank's' Barbara Corcoran Talks Business, Relationships and 'Shark Tales'**



**Fresh, Gourmet, Delivered Daily** *This post is sponsored by Barbara Corcoran.*

By [Lori Bizzoco](#)

If you're from New York or a fan of ABC's reality show *Shark Tank*, there's no denying that you've heard of Barbara Corcoran, the savvy real estate mogul who started her business with only \$1,000 (given to her by an ex-boyfriend) and parlayed it into a billion dollar company. She now sits among

a panel of business tycoons (all men) as they battle it out to invest their hard earned money into the next big idea or product pitched to them by starving entrepreneurs. For Corcoran, a woman who has been building a business all of her life, she says the show was perfect for her. More than a successful entrepreneur, she is a wife and mother, something she proudly speaks about. She says that most of what she learned about business was by watching her mother helm a household of 10 kids. Her inspiring story is chronicled in her latest book, *Shark Tales: How I Turned \$1,000 into a Billion Dollar Business*.

We had the privilege of speaking with Corcoran, who offered advice to single women who are interested in starting their own career. She also shared what she's looking for when choosing a new business. The answers may surprise you; it's not all about the numbers. Take a look at what she had to say:

### **What's it like being the only woman on the panel?**

It's a HUGE advantage as much as it is a huge disadvantage. The advantage is that no cast remembers my name; they say "Oh, you're the girl on the show." So since I'm the only girl there they can't mix me up with any of the guys who are in suits because my legs are hanging out.

The disadvantage I find that during the actual taping of it is that I have a woman's voice, and they have a camera on each of the sharks for a full 12-hour day. If you were to get a hold of my unedited tape, it would be mostly me saying, "Uh, huh, ah," trying to get attention, and the men mull right over me. Not that I'm a shrinking violet, but they have bigger voices. So I have to work twice as hard as the guys there.

For the entrepreneurs, I think it's an advantage because they are quicker to trust a woman and believe what I have to say over a man regarding what I am promising to them. So there is a huge trust card there that I can leverage from being a

female.

**What type of products are you looking to invest in on the show and what are your goals?**

The things that would interest me have more to do with the individual and less to do with the product:

**1. Handles Pressure:** We watch people on the show unravel; they're nervous. When this happens, I immediately know if I am interested in the entrepreneur without even knowing what their business is or what they are going to say because I am watching them under pressure. You have to be really good in the bad times or you're not going to make it.

**2. Salesperson:** The entrepreneur must be a salesperson. There are so many people with great business ideas, and very often, the reason that they don't have success is because they can't sell their own product. If they can't sell, then I am not in, period – because they're my salesman.

**3. Thankful:** I'm watching to see if they're a thankful person. In many situations in my adult life, if someone isn't thankful for their family, parents, kids and their lucky breaks, then those people can become ugly partners when there are a lot of chips on the table. I want to partner with a nice person.

**4. Hustler:** A tremendous trait that must be there is hustle. There is no way to build a business with just having the right product. Even with the right investors on your back, and if you're on prime-time television with a national platform to sell your product, if you don't have the long-term hustle, you won't make it through the finish line.

So, what I am really focusing on is the individual. If all of those things aren't clicking in my head then I want to get out as quickly as I can. So it's less to do with the product and more to do with the entrepreneur.

**What advice do you have for single women who want to start their own business?**

I watch people who have saved for years and years to start their business, and they either lose the fire or they get into a position where they have too many bills, family responsibilities, etc. The advice I would give is to start early; begin as quickly as you can and as young as you can. Also, a great thing happens when you're young – you're not afraid. The lack of fear is such powerful ammunition, because the older you get and the more experience you get you're more aware of where you may fail, and that can stop you from trying.

**Many women report that they have trouble finding a man who can handle a successful woman. Are there any particular characteristics of the type of men they should be looking for?**

Yes – a secure ego. This is true whether it's your marriage partner, a boyfriend for 10 years or a business partner. What's important is that the person needs to be secure enough in what they've got, versus envying what you've got. That's when the trouble starts.

**You cut ties with your business partner/boyfriend in the beginning of your career. Is there any advice you can share with women who are attached to the purse strings of a man and don't feel they make it on their own?**

I think this quietly erodes your own self confidence and it's a dangerous position to be in. You don't know how much confidence or ability you have until you take that leap of faith. Like anything else that you do in life, it's hard to cut the strings that aren't working for you because you don't know what you are going to replace them with. But trust me – it's worth taking the jump, because you are wasting valuable minutes of your life.

**How do you balance a relationship, motherhood and career?**

The truth is that I haven't done it well; I gave up on it a while ago, and simply by admitting the defeat of that it became much easier. One technique I use is that I definitely separate my business from my family and my family from my business. One day a week is Barbara's day, one day is Kate's day (my five-year-old), another day is *Shark Tank* day, and so on. Separating my life into these compartments takes a lot of stress out of being a bouncing ball.

**In your book, *Shark Tank*, you outline your mother's life lessons by chapter. Do you think any of these can apply to love and relationships?**

One that should apply is No. 3: If the Sofa is Ripped, Cover it with Laughter. Lesson No. 16: Sweep the Corners and the Whole House Stays Clean. Why this applies at home in addition to work is that it means whatever is bothering you, get it out right away. If it sits in the corner, it rots. You need to communicate. That lesson is key to keeping your relationship going. Lesson No. 18: Moms Can't Quit. I can't tell you how many times I was ready in my marriage to call it quits, but you need to figure out a way to make it work. Moms can't quit.

**How do you apply to be on ABC's *Shark Tank*?**

It's a simple process; you go to ABC.com and fill out the form. Pictures are optional, but television is a visual medium so I would suggest making sure you send one in.

**Any last tips on *Shark Tank* or what you are looking for in an entrepreneur?**

The only thing I can say is that I am looking for someone who is flexible and open. That's the most important thing to me. People that aren't open to new ideas and are resistant to change rarely work out. At this point in my life, I want to work with someone who is pleasurable.

Cupid thanks Barbara Corcoran for her time! For more, visit her website at [www.BarbaraCorcoran.com](http://www.BarbaraCorcoran.com), check out her Facebook page and follow her on Twitter: @BarbaraCorcoran. And of course, don't forget to pick up her book, *Shark Tales: How I Turned \$1,000 into a Billion Dollar Business* and watch her every Friday night at 8 PM EST on ABC's *Shark Tank*.

~~**GIVEAWAY ALERT:** *Cupid's Pulse* has teamed up with Barbara Corcoran to give a copy of *Shark Tank* to five lucky readers! To enter, tell us what invention or product you'd pitch to the sharks in a comment below. Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown. If your email is not included you will automatically be ineligible to win. This giveaway will run until **11:59 PM EST on Thursday, May 19.** Good luck!~~

**This giveaway is now closed.**

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## Natori Fragrance



**Fresh, Gourmet, Delivered Daily** This post is sponsored by Parlux  
Fragrances, Inc.

The graceful, sensual allure of the East and the modern elegance of the West create an exquisite balance in the new



eau de toilette version of the effortlessly sophisticated fragrance for women: NATORI from Josie Natori. The sheer new interpretation of the modern classic fragrance will be available at Saks, Bloomingdale's and Neiman Marcus for Spring 2011. Distributed and marketed by [Parlux Fragrances, Inc.](#), the eau de toilette comes in a 1.7 oz size in a translucent violet-tinted glass bottle, priced at \$65.

As part of The Natori Company's commitment to helping with relief efforts in Japan, 10 percent of the sales of all Natori fragrances purchased at [www.Natori.com](http://www.Natori.com) through the end of April will be donated to the [Red Cross disaster relief fund](#).

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## Lenox True Love Frame



Fresh, Gourmet, Delivered Daily

*This post is sponsored by Lenox.*

Show your affection for your significant other by displaying a photo of the two of you in this silver-plated [Lenox True Love Frame](#). Interlocking hearts at one corner of the frame's opening are a romantic touch. The frame holds a 5" x 7" photo and is available at [Lenox.com](http://Lenox.com).

For the romantic at heart, this great frame is not only packed

with love and endearment, but will accentuate the love of the couple framed within. It's great as a gift or to buy for your own cherished photos!

For more information about Lenox, visit their [Facebook page](#) or follow them on Twitter: [@Lenox\\_Corp!](#)

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## Giveaway: Lisa Ann Skincare



**Fresh, Gourmet, Delivered Daily** *This post is sponsored by Lisa Ann Skincare.*

Now you can enjoy chocolate without worrying about calories! The Chocolate Body Lotion from [www.lisaannskincare.com](http://www.lisaannskincare.com) is a decadent treat for your skin. Lisa Ann Skincare uses only **premium** ingredients, such as Fair Trade unrefined shea butter, cocoa butter, aloe, coconut oil, olive oil and essential oils, all designed to sink into your skin easily to give you all the moisturizing you need.

The lotion is not too rich, not too light, and is lightly scented so it doesn't overpower your senses – just enough to make you say, “Hmmm that smells nice!”

## Chocolate Body Scrub

This scrub is for the true chocoholic! When you can't get enough chocolate you can now enjoy Chocolate Body Scrub. Lisa Ann Skincare has taken cocoa powder and chocolate extract and mixed it with sugar, cocoa butter and oils to make a delightful exfoliating treat for your body.

**No Parabens, petrochemicals, sulfates, phlatates.**

Available for purchase at [lisa ann skincare](http://lisaannskincare.com)

Chocolate Body Lotion: \$19.00

Chocolate Body Scrub: \$15.20

~~As a special offer, Cupid's Pulse will give away a **bottle of Chocolate Body Lotion to one lucky reader!** To enter, tell us your favorite chocolate dessert in a comment below. Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown and we will *never* spam you. This giveaway will run until **11:59 PM EST on Saturday, Feb. 26**. We will email you at the address you provided if you've won. Good luck!~~

**This giveaway is now closed.**

Keep up with Cupid on the go by following us at [@CupidsPulse](https://twitter.com/CupidsPulse). Thank you for reading **The Product Beat!** Visit us weekly for new products and offerings.

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# And Our Valentine's Day Giveaway Winners Are...



Fresh, Gourmet, Delivered Daily

Hope everyone had a wonderful Valentine's Day! Without further ado, here are our giveaway winners:

**[Pauly D's E-Cards from StarGreetz](#)**

Nasafi23

Afgzillestmami

breee

Biancabhj

**One \$10 Pinkberry gift card**

Sarina

**CafePress T-Shirts**

Debbie Jackson

Jeannine Mellan

Christian

Jetsrule709

**AXE Buzzed Look Cream Jar**

Mike B

Congrats to all of our winners! Be on the lookout for an email or a direct message on Twitter for information regarding your win.

If you didn't snag one of these giveaways, don't worry – there's still time to enter a [Brenda Novak tote bag filled with goodies](#) or [a set of footed pajamas from PajamaCity!](#) Good luck!

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# Special Valentine's Day Beauty Giveaway from Bestselling Author Brenda Novak!



Fresh, Gourmet, Delivered Daily

*This post is sponsored by Brenda Novak.*

To celebrate Valentine's Day, Cupid's Pulse has teamed up with *New York Times* bestselling author Brenda Novak to offer a **Brenda Novak canvas tote to TWO LUCKY READERS!** But don't think you're getting just the tote bag; included are **Novak makeup bags with THREE lip glosses** named after her **HEAT trilogy** (retail price: \$21 each) and **an autographed set of all three books!**

~~To enter, tell us your next lip gloss worthy occasion — whether it's a steamy first date or a cool and comfortable night with you beau. The best answer wins! Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown and we will never spam you. This giveaway will run until 11:59 PM EST on Thursday, Feb. 17. Check back on Friday, Feb. 18 at 10 AM EST for a post announcing the winners. Good luck!~~

**This giveaway is now closed.**

In the meantime, check out Brenda Novak's special Valentine's Day guest post: 10 Tips To Keeping Your Valentine. For more information, visit her website at [www.BrendaNovak.com](http://www.BrendaNovak.com) and follow her on Twitter: @Brenda\_Novak.

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## **Valentine's Day Giveaway: Look Good with AXE Buzzed Look Cream**



**Fresh, Gourmet, Delivered Daily**

*This post is sponsored by AXE.*

Don't you want to look good when you head out on your hot date? Try Buzzed Look Cream + 15, the newest in [AXE's](#) hair care products for men. Perfect for guys with short hair, this product will protect the scalp from those damaging UVA and UVB rays, all while keeping your hair soft and touchable. In fact, 75 percent of women surveyed\* said they are more likely to run their hands through a buzz cut on a guy because they love the soft feel of it. Want further proof? St. Louis quarterback Sam Bradford and candidate for NFL Rookie of the Year allowed AXE shave his shaggy hair – check out his [new buzz look here](#).

~~And to celebrate Valentine's Day, Cupid's Pulse has teamed up with AXE to offer a jar of AXE Buzzed Look Cream to **ONE LUCKY READER!** Simply tell us what your perfect date night would be in a comment below. The best date wins! Not a dude? Don't worry ladies — you can enter to win for your boyfriend or hubby. Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown and we will *never* spam you. This giveaway will run until **11:59 PM EST on Monday, Feb. 14 — Valentine's Day.** Check back on **Tuesday, Feb. 15 at 1 PM EST** for a post announcing the winners. Good luck!~~

**This giveaway is now closed.**

In the meantime, visit your nearest food, drug or mass retail outlet to find AXE Buzzed Look Cream. A 2.64-oz. jar costs \$5.99 and is enough for 75 uses (i.e. date nights!). For more, visit Axe on their Facebook page and follow them on Twitter: @AXE.

*\*National survey of 1,000 girls 18-34 conducted by StrategyOne in January 2011*

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## **Valentine's Day Giveaway: Sweet and Sour Gifts from CafePress**





Fresh, Gourmet, Delivered Daily

*This post is sponsored by CafePress.*

Single on Valentine's Day? Don't worry – we have gifts for you, too! If you're one of the 44 million people who changed their relationship status to "single" in 2010 (according to Facebook), we have just what you need this holiday: "singles pride" products on CafePress, the go-to website to design whatever you want, on anything you please. In fact, there are more than 358,500 anti-Valentine's Day products on the site – a 12 percent increase from 2009. As for our happily attached readers, yes, there are all kinds of gifts for your sweetheart. From cute, matching shirts to make-you-laugh apparel, you'll find the perfect gift for your sweetheart.

~~To celebrate the holiday, Cupid's Pulse has teamed up with CafePress to offer **ONE VALENTINE'S DAY T-SHIRT** to **FIVE LUCKY READERS!** Simply tell us what your Valentine's Day slogan would read in a comment below. The most creative designs win! Please be sure to use your real email address so we have a way of contacting you if you've won – don't worry, your address won't be shown and we will *never* spam you. This giveaway will run until **11:59 PM EST on Monday, Feb. 14 – Valentine's Day.** Check back on **Tuesday, Feb. 15 at 1 PM EST** for a post announcing the winners. Good luck!~~

**This giveaway is now closed.**

In the meantime, visit [CafePress.com](http://CafePress.com) to find a selection of budget-friendly pro- *and* anti-Valentine's Day gear, perfect for gifts or party décor. For more updates and information, follow them on Twitter: @cafepress.



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# Valentine's Day Giveaway: Pinkberry Introduces Swirly Grams



Fresh, Gourmet, Delivered Daily

*This post is sponsored by Pinkberry.*

[Pinkberry](#), the original tart frozen yogurt brand, introduces the Pinkberry Swirly Gram, a unique Valentine's Day treat that can be delivered to the ones you love all over the country. These packages are Pinkberry frozen yogurts or gift cards that are specially wrapped and decorated with heart-shaped balloons, a hand-written note, and are hand-delivered to the home or office. Choose from Cupid's Swirl (one medium frozen yogurt with toppings for \$10), Take Me Home (five servings packed in a 25 oz. container with toppings on the side for \$20) or Swirly Spree (one gift card for any amount, plus an additional \$2 delivery and packaging fee). In addition, you can choose your Swirly Gram from these three flavors: original, chocolate, or blood orange, each with special Valentine's toppings.

Head over to your closest Pinkberry location and order a Swirly Gram for your loved one – or one for yourself! Swirly Grams are also available on [Pinkberry.com](#) for those who prefer

to shop online. But do note that balloons will not be included for online orders. As Pinkberry says, make hearts swirl this Valentine's Day!

~~To celebrate Valentine's Day, Cupid's Pulse has teamed up with Pinkberry to offer **ONE \$10 GIFT CARD** to **ONE LUCKY READER!** Simply tell us what flavor and toppings you would chose for your own Swirly Gram in a comment below. The most scrumptious combination wins! Please be sure to use your real email address so we have a way of contacting you if you've won - don't worry, your address won't be shown and we will *never* spam you. This giveaway will run until **11:59 PM EST on Monday, Feb. 14 - Valentine's Day.** Check back on **Tuesday, Feb. 15 at 1 PM EST** for a post announcing the winners. Good luck!~~

**This giveaway is now closed.**

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## **Valentine's Day Giveaway: Pauly D's E-Card**



*This post is sponsored by StarGreetz.*

Are you stuck on what to say to your significant other, crush,

or even just your friends on Valentine's Day? Let Pauly D do it for you! Everybody's favorite *Jersey Shore* guido has a new line of e-greetings and ringtones that make for the perfect gift idea. Not only are they hilarious, they're personalized! You can choose exactly what you want Pauly to say in addition to your names. These e-greetings and ringtones are fun, cheap and guaranteed to make you fist pump. If you're tired of throwing grenades on Valentine's Day, head over to [www.StarGreetz.com](http://www.StarGreetz.com) and let @DJPaulyD speak for you. And when the love holiday is over, get Pauly to wish your friends a happy birthday, invite them to your event, or make you laugh until you answer your phone!

~~To celebrate Valentine's Day, Cupid's Pulse has teamed up with StarGreetz to offer **Pauly D's e-cards** to **FIVE LUCKY READERS!** Simply tell us your favorite DJ Pauly D moment from season three of MTV's *Jersey Shore* in a comment below. The funniest moments win! Please be sure to use your real email address so we have a way of contacting you if you've won — don't worry, your address won't be shown and we will *never* spam you. This giveaway will run until **11:59 PM EST on Monday, Feb. 14 — Valentine's Day.** Check back on **Tuesday, Feb. 15 at 1 PM EST** for a post announcing the winners. Good luck!~~

**This giveaway is now closed.**

For more fun gift ideas, follow @stargreetzinc on Twitter.

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**Special Valentine's Day  
Giveaway: Pajama City PJs!**



Fresh, Gourmet, Delivered Daily

*This post is sponsored by PajamaCity.*

PajamaCity manufactures and distributes these PJs for both men and women. This line of pajamas is exactly like the ones we had when we were kids, but are now in adult sizes! Their creation stems from a deep desire to appease the inner-child within both men and women. Also, his and her PJs would be the perfect gift for Valentine's Day!

**Features:**

Sizes: 13 unisex sizes (to fit men and women from 4'4" to 7'0")

Widths: 3 extra-wide sizes (to fit men and women from 5'0" to 6'3")

Standard Features: **roomy cut**, zipper front and kangaroo pockets

Fabric styles: fleece, flannel, waffle knit, velvet, sweatshirt

Flap styles: dropseat or regular back

Foot styles: regular feet, convertible buttoned foot or cottony stocking foot – all with friction dots

**Cost:** \$34.95 to \$44.95.

As a special offer, Pajama City will give away a pair of their footie PJs! To be considered, comment\* on this post below telling us why you want these childhood PJs. The most unique answer wins!

For more Cupid news, follow us on Twitter [@CupidsPulse](https://twitter.com/CupidsPulse). Thank you for reading **The Product Beat!** Visit us weekly for new

products and offerings.

*\*Restricted to U.S. residents only.*

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## Hello Kitty Travel Gear



*Fresh, Gourmet, Delivered Daily* This post is sponsored by Toys R Us and Sears.

READY, SET, GO! Whether you're jet-setting to the slopes or headed to tropical beaches, keep travel items fun and stylish. Let your inner girl shine with the Hello Kitty 15 inch rolling suitcase, which is great for the weekend or overnight stay away from home. Don't forget to pack your neck pillow for comfort so you can get some rest without putting a kink into your plans!

**Cost:** The rolling 15 inch suitcase \$49.99 and is available at Toys R Us. The neck pillow is \$12.99 and you can buy it at Sears.

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# The Ah Ring



Fresh, Gourmet, Delivered Daily

*This post is sponsored by Divine Diamonds.*

Get some serious sparkle that is fun and affordable with **The Ah Ring** from Divine Diamonds! Who deserves a fantastic gift more than you?

Known as the first and only diamond ring for single women to buy for themselves, it's worn on your pinkie. But what does 'Ah' stand for? Available and happy, of course!

By sporting The Ah Ring, you'll join Hollywood celebrities like Oprah, Kate Hudson and Jessica Biel. *Harper's Bazaar* and *The New York Times* have reported on it and it's even been called "the sexiest thing since the stiletto." So what are you waiting for?

**Cost:** Fun, fashionable and affordable, **The Ah Ring** features 11 full cut diamonds set in 14 karat white gold for only \$350.00. Plus it goes from day to night or from casual to dressy and is a top quality, well-made piece of jewelry you'll treasure to show the world you're available and happy – for however long that is!

Exclusively available at [DivineDiamonds.com](http://DivineDiamonds.com).

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## Boa Noite Lingerie Bags



*Fresh, Gourmet, Delivered Daily* This post is sponsored by Luxe Innovations.

**Boa Noite Lingerie Bags** by Luxe Innovations provide a discreet and stylish way to protect your expensive and beautiful undergarments in your suitcase or overnight bag. Packing your intimates in a plastic bag or next to your running shoes is a thing of the past. These beautiful lingerie bags help separate your intimates from your shoes and protect you from embarrassing TSA bag checks.

**Cost:** Boa Noite Lingerie Bags range anywhere from \$35 to \$60 when shopping on their site.

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# AXE Shampoo



Fresh, Gourmet, Delivered Daily

*This post is sponsored by AXE.*

Whether you're meeting your girlfriend's parents or want to meet up with an old flame, you can be sure to find the right shampoo with Axe. They have something for every guy's needs:

- **AXE Downpour Refreshing Mint Shampoo:** Peppermint leaf extract refreshes guys after a stressful day or the morning after a wild party.
- **AXE Heat Igniting Citrus 2 in 1 Shampoo + Conditioner:** Warming spices and citrus fires guys up after a long day at work so they can enjoy themselves at happy hour.
- **AXE Zen Soothing Tea Tree Shampoo:** Real tea tree extract leaves guys calm and centered during a rough weekend with the in-laws or a stressful business trip.

You can find each of these hot products priced as low as \$4.99 for a 12 oz. bottle at The Axe Effect.

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# Cold Sores BeGone



Fresh, Gourmet, Delivered Daily

*This post is sponsored by Cold Sores Begone.*

Check out Cupid's 'must have' product, [Cold Sores Begone](#). It's an herbal topical remedy which instantly aborts the infection, preventing an embarrassing cold sore from surfacing. A few quick dabs to the affected area when the early 'tingle' symptom occurs does the trick. It's a life saver, especially when your appearance is most important.

**Cost:** \$11, available at selected health food stores and [online](#). You can also call (888) 877-6315.

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