Product Review: Check Out Gaiam's New Athletic Yoga Collection for Men – Just in Time for Valentine's Day!



This post is sponsored by Gaiam.

By Shannon Seibert

With Valentine's Day quickly approaching, it's time to figure out what to get your man for the special holiday. If he seems to have everything he needs, why not get him a gift that will benefit both of you? With Gaiam's new Athletic yoga collection for men, you can improve his health *and* reduce his stress, paving the way for him to be an even better partner. Take a deep breath and help your man find his chi, thanks to our product review of the Athletic maxTowel and Athletic dynaMat.

Product Review: Gaiam's Athletic maxTowel and dynaMat

First, check out the <u>Athletic maxTowel</u> (\$29.98). It's designed to provide the maximum absorbency and the largest coverage to take care of even the biggest of muscles. Towel Dry Tech absorbs twice as much as standard cotton towels and dries in half the time, making sweat vanish almost immediately. This technology makes the towel optimal for any yoga setting. From intense 100 degree hot yoga to a more traditional setting, the Athletic maxTowel is able to absorb even the sweatiest of workouts. That way, your relationship and love won't be negatively affected by your significant other's new workout routine!

At 30 inches wide and 84 inches long, this enormous towel can probably hold both of you on your yoga date, providing the perfect excuse to get even closer to each other. This popular product can even be taken down to the beach or to your local park for a romantic session of sunrise yoga.

Next, take a look at the <u>Athletic dynaMat</u> (\$39.98). This reversible yoga mat is designed to be wider and thicker than most traditional mats, making it perfect for men. The extra space and support will help him feel at ease as he attempts to master even the most challenging poses. It'll even give him the stability he needs to sneak a glance at you in your tight yoga pants!

"The Athletic maxTowel and Athletic dynaMat are the perfect gift for that yoga-loving man in your life," says Executive Editor Lori Bizzoco after her product review. "The oversized towel is soft and plush, and the mat has great support and thickness without being too big and bulky. They're both a great Valentine's Day present for that guy who has it all!"

With the proper equipment from Gaiam, your love will be able to head to the gym with confidence. Maybe he'll even reignite your workout motivation! After all, summer will be here before we know it.

Both the Athletic maxTowel and Athletic dynaMat are available at <u>Gaiam.com</u>.

It's Friends vs. Relationship in 'The Wedding Ringer'





It's time for another chick flick! In *The Wedding Ringer*, Doug Harris is getting married. But, there's a problem; he has no best man. Doug seeks the help of Jimmy Callahan, owner and CEO of Best Man Inc., a company that provides best men for socially awkward guys. While Jimmy prepares for Doug's big day, a bromance between the two begins.

Should you see it:

If you enjoy rom-coms, then this film is for you! The movie also features an amazing cast with actors like Josh Gad, Kevin Hart, and Kaley Cuoco-Sweeting.

Who to take:

This romantic comedy would be great to see with your friends, family, or your significant other.

How do you juggle friends and a relationship?

Cupid's Advice:

Especially if you're used to it being just you and your friends, adding a significant other to the midst of your social life can make things complicated. But, don't worry, you don't have to completely reorganize your schedule. Just incorporate some of our tips below!

1. Update your schedule: Figure out which days of the week you're willing/available to spend time with your significant other. If your friends plan a weekly game night on Thursdays, don't skip it just to hang out with your new flame. Make sure that the time you're spending with your new boyfriend/girlfriend isn't interfering with your friend time.

Related Link: 10 Ways To Give Thanks to Your Partner

2. It's the little things: It can be hard to stick to a schedule every week when so many things can pop up and throw us off our game. If this happens, make sure you're inviting a friend for a quick lunch or dinner if you've been spending more time with your significant other this week/month and vise versa.

Related Link: <u>Should You Date More Than One Person at the Same</u> <u>Time?</u>

3. Integrate them into your friend group: The easiest way to spend equal time with both parties is to do it at the same time! Slowly introduce your new boyfriend/girlfriend to your friend group so that your friends want you to bring him/her to game night or on other outings.

How have you juggled friends and your relationship? Share your stories in the comments!

The Muse Headband from Gaiam Will Help You Relax and Replenish





This post is sponsored by Gaiam.

By Sarah Batcheller

Do you frequently find yourself succumbing to stress caused by your job or family? Is your love life often put on hold because you need to manage that stress? Whether you're a busy bee with no time to relax or you're living a laid-back lifestyle and just want to better tune into your mind, body, and spirit, the Muse: the brain sensing headband from Gaiam is for you. It's constructed to help reduce the stress you experience by giving you real-time feedback on how well you are focusing, thus improving your productivity and allowing you to stop feeling like your plate is too full.

Similar to the way a heart monitor can sense your heart's activity from the outside of your body, Muse can monitor the electrical impulses from your brain that are emitted while thinking, sleeping, and relaxing. The headband then plays noises to you that reflect the state of your mind: The sounds will be peaceful and calm if you're quiet and focused and become louder and more chaotic as your mind wanders. You are then given feedback via your smartphone or tablet to hep you track your improvement. For more details on the science behind Muse, you can visit meetmuse.com.

Related Link: Your Soul Needs Nourishment



The Muse headband from Gaiam in black.

If you're all too familiar with trying to balance your relationship with a busy lifestyle, Muse will allow you to clear your mind and achieve the focus and clarity that is necessary to have a successful, fulfilling love life. It'll also help you set aside that important time for selfimprovement if you're constantly telling yourself you need more "me time." If you don't have trouble managing all the aspects of your life and simply want to nurture your mind, body, and spirit and subsequently improve your love life, then you can use the brain sensor to tap into your health.

Related Link: Clear the Clutter

Many people are raving about their successes with Gaiam's brain sensing headband. In one review, a user claims, "Calming and satisfying — it feels good to know that you have a way to calm your brain down with some simple exercises," while another gushes, "I've been meditating for about a year, and it was so wonderful to get real feedback and learn that my mindfulness practice is actually working! Love it!"

With the new year just beginning, now is the perfect time to get started on a more focused and relaxed life. The Muse headband from Gaiam is the perfect addition to anyone's everyday routine.

For more information, visit Gaiam.com and Meetmuse.com.

'Match' Teaches the Art of Deception





In the new movie *Match*, a husband and wife team interview Tobi Powell, an aging Juilliard dance professor, for a dissertation she's writing about dance in the 1960's. However, as the interview continues, it becomes clear that the couple has an ulterior motive.

Should you see it:

If you enjoy stories about love, art, and responsibility, then this film is for you! The movie also features an amazing cast with actors like Patrick Stewart, Matthew Lillard, and Carla Gugino.

Who to take:

This romantic drama would be great to see with your friends or your significant other. If you're still home for the holidays, you can go with your family too.

How do you deal with deception in a relationship?

Cupid's Advice:

Feeling cheated or deceived in a relationship can be a tough thing to bounce back from. Sometimes, you would rather leave the relationship than try to rebuild. However, there is hope. Below are a few things you can do to help you through the deception in your relationship:

1. Make a decision: The first step to moving on is making a decision. Do you want to save the relationship? Are you willing to put your trust in this person again? Worrying and contemplating just makes things worse.

Related: <u>Four Changes You MUST Make to Avoid Falling Prey to</u> <u>the Unavailable Man</u>

2. Let go of anger: During this time, face your feelings and utilize a journal to get them out. If you need to, burn the

paper afterwards.

Related: How to Defend Against Four Emotional Vampires

3. Take care of yourself: Be sure to eat healthy, drink a lot of water, exercise, and try to laugh as much as you can.

How have you dealt with deception in your relationship? Share your stories in the comments!

Dating as a Single Dad in 'Goodbye To All That'





When his wife unexpectedly tells him that she wants a divorce, Otto Wall must do his best to try and re-enter the dating scene…as a single dad in *Goodbye to All That*.

Should you see it:

If you enjoy new beginnings, watching relationships evolve, and having a good laugh, then this film is for you! The movie also features a great cast including Paul Schneider, Anna Camp, Heather Graham, and more!

Who to take:

This romantic comedy would be great to see with your friends or significant other.

What are the best practices for dating as a single parent?

Cupid's Advice:

After taking a hiatus from the game, you might need a refresher course…especially if you're a single parent. Never fear! Cupid's Pulse has compiled a few tips on some of the best practices for dating as a single parent. Check them out below!

1. Ease into it: Especially if you're newly divorced, take this time to really focus on your kids and their feelings. Make sure that when you're ready to date again, you talk to your kids about it and are without a doubt convinced that this is the next step in your life.

Related: Prince William and Kate Middleton Meet Jay-Z and Beyonce

2. Be honest: If your date doesn't know that you're a single parent before your first meeting, you should let them know your situation right away! Your kids come first, and it's obviously important that you're dating someone who knows that

you have children and isn't thrown off by it.

Related: <u>Chris Brown Says Karrueche Tran Dated Drake and</u> <u>Didn't Visit Him in Jail</u>

3. Avoid multiple introductions: Children can easily get attached to a new 'friend' of mom or dad's. So, be careful with how many different partners you're bringing home and how often. If people keep disappearing on them, kids may become pessimistic about romantic relationships.

What are some other best practices for dating as a single parent? Share your thoughts in the comments!

Our 2014 Holiday Gift Guide





This post is sponsored by Signature Sole Socks, American Born Moonshine, Gaiam, Lovebook Online, LoveyourBling, Mënaji, Play From Scratch LLC, Pish Posh Baby, and Lulu DK. Note that all images were provided by publicists.

By Emily Meyer

Is the holiday season sneaking up on you? Are you still unsure about what to get those special people in your life? Look no further! Here at CupidsPulse.com, we know how stressful this time of year can be, and we're here to help. For our 2014 holiday gift guide, our team found some amazing products to make everyone on your list happy. Take a look below for some of our favorite items:

Signature Sole Socks: If you're searching for that must-have gift for a mom-to-be who needs to relax or a coworker who *always* seems stressed out, we've got just the thing! <u>Signature Sole Socks</u> are cozy, warm, and fashionable. Not only can they be worn when lounging around the house, but they can also be worn with tall boots, short boots, and rain boots. Signature Sole Socks are designed to fit everyone with sizes running from small to large for both males and females. These versatile socks come in a range of colors, including pink, orange, and even leopard and zebra print. Depending on the style, the socks will cost you between \$25 and \$35. You'll be giving more than just one gift when you purchase a pair of Signature Sole Socks: A portion of each sale goes towards a sock donation to children in the hospital. This low-priced gift is sure to make everyone's holiday season a lot more cozy!



American Born Moonshine: Dixie, Original, and Apple Pie flavors.

American Born Moonshine: We know shopping for that special guy in your life can be nearly impossible. But fear no more, we have a gift that he's sure to love! After all, what man doesn't enjoy some good old-fashioned moonshine? Lucky for you, <u>American Born Moonshine</u> has released an Apple Pie flavor that is perfect for the holiday season. Even if American Born Moonshine isn't available in your state quite yet, you can still order it by printing a form found on their website and taking it to your local liquor dealer.

Our favorite drink for the holiday season is the Ginger Snap, which is two ounces of American Born Moonshine in Apple Pie mixed with four ounces of ginger ale. It's the perfect treat to warm you up after a chilly day spent playing in the snow with your loved ones! That special guy in your life will love adding this unique liquor to his bar selection.



900 Calorie Burn DVD and the Petal Back Racer Tank from Gaiam.

Gaiam: Just in time for chilly days, Gaiam has released their latest DVDs and apparel line. With the hustle and bustle of the holiday season, it's often hard to fit in a workout. Thanks to the 900 Calorie Burn DVD with Ashley Borden, exercising each day just got so much easier. With four 25minute routines, there's no excuse not to break a sweat! If you're looking for new workout gear, Gaiam's clothes are not only comfortable but lightweight and warm too. Their apparel is breathable and quick-drying with the softest fabric possible, making these items perfect for your winter workout. The Curve Leggings hug your curves and follow every movement of your body - an ideal choice for your daily yoga session. The Petal Back Racer Tank is flattering and has also been designed to stay in place with every bend and stretch. Even better, both of these items are reasonably priced for under \$100.



LoveBook Online.

LoveBook Online: This unique, personalized gift is sure to please that special someone (or someones!) in your life. LoveBook Online is a website that lets you create a custom gift book that lists all of the reasons you love someone. They even print it, bind it, and ship it for you! Not only is this sweet book sincere and heartfelt, but it's also super easy to make. There are a ton of fun pages with cute quotes like "I love cooking with you" or "I love going on adventures together." They also have humorous stick-figure pictures to go with each phrase. You can include an unlimited number of pages in your hardcover or softcover book. This unique gift idea starts at just \$34.95 and lasts a lifetime. Any hopeless romantic is sure to fall in love with this precious idea!



LoveYourBling: Topaz Teardrop Briolette earrings and Filigree Dangle earrings in rose gold. LoveYourBling: Still struggling to find a present for your boss? LoveYourBling, a California-based handcrafted jewelry company, has amazing items for both women and men. The company is a member of the Artisan Group, which is an organization that is on a mission to introduce Hollywood to the best handcrafted products.

Some of our favorite pieces of jewelry for the holiday season are the Topaz Teardrop Briolette earrings and the Filigree Dangle earrings in rose gold, which are both under \$30. These earrings are dainty and feminine – a nice addition to any Christmas outfit. The site also features gorgeous cufflinks, a great gift for any man. These presents will impress your boss *without* breaking the bank.

For 20% off of anything at LoveYourBling, use the coupon code: **CP2014**. Happy shopping!



Mënaji Clear Shave 3-in-1 Formula.

Mënaji: <u>Mënaji</u>, a skincare line for men, recently released new products to help your beau get ready for the day ahead. Their Clear Shave 3-in-1 Formula will let him shave anywhere, anytime, even without a sink. This product uses a revolutionary unique "dry shave" experience that allows him to get rid of his scruff in one simple step. The CAMO Stick Concealer helps to reduce dark circles and hide scars, bumps, and blemishes. With the holiday season here and so much traveling going on, they have a product to beat those jetlagged eyes too. The 911 Eye Gel is perfect for any man struggling to look good during this busy time of year. These affordable products are sure to make that guy in your life feel like he can conquer the world!



Play From Scratch, LLC: YOXO To Go and YOXObot Orig.

Play from Scratch, LLC: <u>Play from Scratch, LLC</u> is a great place to look for unique gifts for little ones. The toy company keeps even the most creative kids busy through imaginative toys and games made from sustainable materials. The YOXO To Go inspires children to build amazing 3D creations, while the YOXObot Orig comes with everything they need to build an 18-inch tall robot. These items, which have won numerous Creative Child Awards in 2014, will entertain any child age four and above.



Pish Posh Baby: BabyZen YoYo Stroller and the Blooming Baby Bath.

Pish Posh Baby: If you're looking for something for new parents, <u>Pish Posh Baby</u> is your one-stop-shop for revolutionary baby and kid products. They offer items like the BabyZen YoYo stroller, which is incredibly compact, lightweight, and versatile. This fashionable stroller, which comes in a variety of color combinations, is perfect for everyday use and holiday traveling. Both new parents and their little ones won't be able to resist this holiday gift! Another great item is the Blooming Baby Bath, which is handmade from incredibly soft materials and hugs any child to create a safe bath time experience. This hassle-free product makes your kitchen sink an easy bathtub alternative. With the four bright colors to choose from, it will keep even the fussiest baby happy during bath time!



Lulu DK Tattoos: Indigo and

Desert Blue collections.

Lulu DK: We all have a friend who is a wild child at heart, loves being the center of attention, and can be a bit hard to shop for. Luckily, we have a gift that's sure to impress her: Lulu DK tattoos. They have two new gorgeous henna collections: Indigo and Desert Blue, both of which are Indian-inspired. They're even more beautiful, detailed, and intricate than any of their other designs and make for a unique accessory at any holiday soiree.

GIVEAWAY ALERT: One lucky reader will get the chance to win many of the items listed above! The holiday gift guide bundle includes: a pair of Signature Sole Socks; a 900 Calorie Burn DVD from Gaiam; a promo code for LoveBook Online; a pair of Filigree Earrings in rose gold; Mënaji Clear Shave, CAMO Stick Concealer, and 911 Eye Gel; and a YOXO To Go and YOXObot Orig from Play From Scratch. Note that these items will be sent separately. To enter, head over to our <u>Facebook</u> page. Good luck, and happy holidays!

Giveaway is now closed. Thank you to all who participated!

Find the Perfect Present This Holiday Season With the Help of the DSW Gift Guide!





This post is presented by DSW.

By Emily Meyer

Shoe lovers rejoice! Nothing makes a woman happier than a new pair of shoes. This year, picking out that perfect pair of heels or boots for your mother, best friend, or wife may not be as hard as you think, thanks to the DSW Gift Guide!

DSW has something for everyone on your list this year. They offer a huge selection of all types of shoes, including flats, heels, boots, and booties. DSW also has great deals on other accessories, such as handbags, scarfs, and jewelry. This holiday season, they are offering the most perfect gift guide with items under \$25, \$50, and \$75. You will be able to make DSW your one-stop-shop for all the shoe and accessory lovers in your life.

So what do you get for your partner who seems to have everything she could possibly want? No one can ever resist a new pair of <u>shoes</u>! Whether it is the new cute <u>Pink and Pepper</u> <u>Pearl Bootie</u> for her or the <u>Sperry Top-Sider Boat Shoes</u> for him, everyone is guaranteed to love something from the DSW Gift Guide.

Not only are the shoes to die for, but the Gift Guide also includes amazing accessories! With items such as the <u>Kelly & Katie Leopard Twist Cowl Scarf</u>, the <u>Columbia Canvas & Leather Belt</u>, and the stylish <u>Moda Luxe Woven Clutch</u>, you will definitely get that special someone's attention this holiday season.

Whether you are looking for shoes, boots, heels, or accessories this holiday season, DSW is the place for you! Check out their Gift Guide to find great deals on all things fashionable this season.

To find out more about the DSW Gift Guide, follow @DSWshoelovers on Twitter and like DSW on Facebook. Visit their <u>website</u> too!

Let Your Love Shine with Star Registry + GIVEAWAY





This post was sponsored by Star Registry.

By Sarah Batcheller

Nowadays, it's more difficult than ever to pick out a unique present for a loved one. No matter how thoughtful and inspired your ideas may be, someone, somewhere has taken the same idea and outdone it by a thousand. Even though you put so much effort into picking out the perfect present, you still don't feel like your gift-giving aptitude measures up.

Worry no more! We have found the most unique and romantic Christmas gift idea that is literally out-of-this-world. Trillions of light years away, lay presents that no added glitter or chrome paint could ever compete with: the stars! Thanks to the International Star Registry, you can buy and name a star for your own shining star here on earth! Whether it be your significant other, sibling, parent, child, or best friend, no other gift says "I love you" as timelessly as claiming your very own luminous star.

Because we love the idea of such a sweet gift, we wanted to experience the magic first-hand. So, CupidsPulse.com Executive

Editor, Lori Bizzoco received her very own Photographic Sky Chart and praises it as "an amazingly unique and beautiful gift." Fellas, take note because a star is an extraordinary gift for a girlfriend or wife! Nothing says "you light up my life" better.



The Photographic Sky Chart.

Imagine it's Christmas, Valentine's Day, or any other special holiday, and you want to blow away your honey with a present that they never saw coming. Don't be like the majority of people scouring jewelry stores, flower shops or clearing out the designer handbag department. In order to find something that's personal, sentimental, and truly one-of-akind, reach for the stars! The International Star Registry gives you the opportunity to name a star after your cutie, or be creative and give a constellation-esque title inspired by your love. Bizzoco gave hers the star name "Natoria" after her two daughters.

The Photographic Sky Chart that comes with your purchase provides a detailed portrait and the location of your specific star, as seen in the image above. Not to mention, the Sky Chart will come custom framed in a 16" X 20" black frame for added style. Bizzoco's experience was a fabulous one, so make your sweetie feel the love too, and buy a star today! GIVEAWAY ALERT: We're giving away TWO (2) Custom Star Kits with the Photographic Sky Chart (unframed)! To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 27th. In the subject line, please write "Star Registry Giveaway." You may enter the contest only once. Good luck!

Giveaway is now closed. Thank you to all who participated!

Finding New Paths in 'Elsa and Fred'





Elsa, a positive and upbeat woman, meets Fred, a depressed and crabby man, when he moves into her apartment complex after his wife passes away. What starts out as a friendship turns into something more when Fred starts to realize that Elsa's attitude toward life makes her a beautiful person.

Should you see it:

If you enjoy stories of change, relationships, and enlightenment, then this film is for you! The movie also features a great cast with members such as Shirley MacLaine, Christopher Plummer, Marcia Gay Harden, and more.

Who to take:

This romantic comedy would be great to see with your family, friends, or your significant other.

How can you change your partner's sour attitude?

Cupid's Advice:

Everyone has their good and bad days, but sometimes, it can seem like a person is stuck in the negativity and letting their poor attitude weigh them down. It can be especially depressing when you're having the time of your life, and your significant other is on the other end of the "fun spectrum." Below are a few suggestions as to how you can help change your partner's sour attitude.

1. Be the example: Some psychologists say that we begin to act like the individuals we spend the most time with. So, if you're significant other is spending time with you (as they should be), make sure that you're setting the positive tone and being that "role model" that they look to for guidance on how to act.

Related: Andrew Garfield Attends Girlfriend Emma Stone's

Broadway Debut

2. Stay Positive: Even when you're stuck in a sticky situation, stay positive. Make sure that your partner understands how you've managed to stay cheerful so that they know how to act once a similar scene takes place.

Related: Idina Menzel Discusses 'Slutty' Dating Style

3. Show them how much fun you're having: Showing someone how it's done is generally more effective than telling them. And, usually, if people see you're having fun, they'll want to know how they can join the party. Make having a positive attitude seem as effortless and rewarding as possible.

How can you change your partner's sour attitude? Share your stories in the comments!

10 Celebrity Love Affairs with "Normal" People + 'Beyond the Lights' Giveaway!



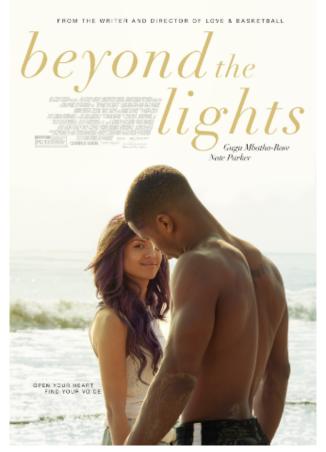


This post was sponsored by Beyond the Lights.

By Sarah Batcheller

We all love to see it when a person who lives in the limelight finds love with someone who is so-called "normal" — someone who does their own grocery shopping and works regular hours to make a regular paycheck. Maybe it's because we like to fantasize about the possibility of finding love with a celebrity ourselves…or maybe it's because romances like these prove that love knows no boundaries.

In the new film *Beyond the Lights*, premiering on Friday, November 14, pop star Noni falls in love with a police officer named Kaz, assigned to protecting her. In honor of the unlikely yet heartwarming relationship depicted in the movie, we've decided to pay tribute to 10 celebrity love affairs with normal people.



'Beyond the Lights' movie poster.

1. Kevin Jonas and Danielle Deleasa: Jonas spotted the former Jersey hairdresser while both were on vacation in the Bahamas with their families. He approached her, and their love blossomed from there. The two are now married and have a daughter.

2. Elizabeth Banks and Max Handelman: The Hunger Games star met her now-husband, a sportswriter and producer, in college in 1992. Banks converted to Judaism upon marrying her true love, and the couple has two sons.

3. Anne Hathaway and Adam Shulman: Hathaway's own princess diaries came true when she married the jewelry designer in 2012, a few years after her previous beau was sent to prison on serious fraud charges.

Related Link: <u>Are Chris Martin and Jennifer Lawrence Back</u> <u>Together?</u> **4. Jon Bon Jovi and Dorathea Hurley:** The rock legend married his high school sweetheart in a Vegas chapel in 1989. They now have four children together.

5. Jessica Alba and Cash Warren: In 2008, the *Fantastic Four* beauty married the son of actor Mike Warren. They now have two adorable daughters, Honor and Haven.

6. Jimmy Fallon and Nancy Juvonen: Everyone's favorite comedic TV personality married his lover, a film producer, back in 2007. The two, who were introduced by Drew Barrymore, are proud parents to their daughter and golden retriever.

7. Julia Roberts and Danny Moder: Roberts met her cameramanhubby on set in 2000 while both were still in other relationships. Since marrying in 2002, the couple has welcomed three children.

Related Link: Jessica Chastain Dishes On Not Dating Other Stars

8. Christian Bale and Sibi Blazic: The brooding Batman star married Winona Ryder's former personal assistant in 2000. They now have two children and are active members of various environmental groups.

9. Matt Damon and Luciana Barroso: Damon married the former bartender in 2005, becoming the stepfather to her daughter. Since then, the couple has had three daughters of their own.

10. Nicholas Cage and Alice Kim: Cage married the former waitress in 2004 while the divorce proceedings of his previous marriage to Lisa Marie Presley were still taking place. Cage and Kim have a son together, who they named Kal-el after Superman.

GIVEAWAY ALERT: One lucky reader will receive a *Beyond the Lights* prize pack with the following items: branded hoodie, branded lip gloss, branded make-up bag, mini poster, soundtrack digital download, and a \$25 Fandango gift card. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 25th. In the subject line, please write "Beyond the Lights Giveaway." You can also enter on <u>Facebook</u>. You may enter the contest only once. Good luck!

Giveaway is now closed. Thank you to all who participated!

Find the Perfect Date Night Outfit Using tagspire!





Interview of the second secon

Inspire those around you with your fashionable holiday wear using Tagspire. This post is sponsored by tagspire.

Written by Shannon Seibert. Photo by Whitney Johnson.

With the impending winter chill, finding a fashion-forward and sensible outfit for date night can be challenging. The holiday season of snuggly sweaters and booties is approaching quickly, giving you the perfect opportunity to share your winter fashion expertise all over social media. If you're already posting your adorable attire on the web, you might as well get paid for it. So our gift to you this holiday season is the newest form of social commerce in the digital age: tagspire.

tagspire is a one-of-a-kind website that allows you to contribute to the fashion world and inspire others while social shopping. The website lets you to post photos of your cover-worthy attire and tag the items that you're wearing so everyone else can duplicate your holiday look and buy it themselves. All you have to do is upload your photo to tagspire and tag each item you want to monetize in the photo. These tags allow other users to find the items you're wearing and purchase online.

The tags aren't limited to links either! Users are able to submit blurbs and ratings for items that will show up just like the tags do. You can even utilize multiple tags to direct traffic to more than one link. Each time someone buys an item that you tag, you will gain a small percentage of commission. Plus, the dashboard allows you to see sell analytics and history. You can enhance your tagspire skills by watching their video tutorial.

Click <u>here</u> to see the post above on tagspire! This website is the ultimate platform for not only showcasing your styling talent but also finding a holiday present for your honey!That new iPhone case he has been vying for? You are now able to find it by typing a brief description into your search bar. That's right; this site isn't limited to apparel either: Users are able to feature a variety of items from electronics and travel accessories to beauty products and home decor.

Since online sales are at an all time high between October and March, sign up for tagspire today to maximize your opportunity to make and save money. Rather than promoting your style in the traditional word-of-mouth way, you can give your audience a visual of what your creation looks like. Happy tagging!

Achieve Flawless Skin this

Holiday Season with Jergens and Make Your Man Fall Even More in Love with You!



This post is presented by Jergens.

By Sarah Batcheller

What is beautiful about the holidays is that it gives everyone in love a lot of moments in the spotlight with their beau – moments ranging from office parties to family gatherings to alone time by the tree. This can be a problem, though, if you haven't prepared your skin for all of that attention. Luckily, <u>Jergens</u> is here to help you achieve flawless skin with just one perfect product. Picture this: You're standing under the mistletoe, and your man comes and wraps his arms around you. You've been waiting for that perfect holiday kiss, but now, all you can think of are those dry spots right around your elbows. Or maybe, you've finally pulled out the sparkly mini-dress that you've been anticipating wearing to your honey's holiday gettogether, but the open back exposes dark spots on your skin that don't match your outfit. Your old BB cream didn't go on sheer, so you were afraid to use it on these noticeable areas of your body. Ladies, put down that product (better yet, toss it in the trash) and pick up Jergens® BB Body Perfecting Skin Cream instead!



Jergens® BB Body Perfecting Skin Cream

Jergens® BB Body Perfecting Skin Cream will not only hydrate and illuminate your skin as soon as you put it on, but it will firm, even, and correct it after only five days of use. Plus, it dries quickly, so there's no need to adjust your usual morning routine to avoid staining your clothes. Better yet, this BB cream goes on sheer and adjusts to your skin tone, so you won't look like you just tried to rub pudding on yourself before that holiday party. Instead, the combination of shea butter, skin-smoothing emollients, and Jergens Firm Perfecting Complex combine to give you luminous, smooth, and firm skin.

| 5 Benefits | Lighter Skin Tones | Medium–Deep Skin |
|---------------|---|---|
| 1. HYDRATE | Superior level of hydration for all skin tones. | |
| 2. ILLUMINATE | Provides subtle sheen to illuminate all skin tones | |
| 3. EVEN | Proprietary Skin Tone Evening Technology evens redness in fair to light skin tones | Proprietary Skin Tone Evening Technology evens discoloration in olive to deep skin tones |
| 4. FIRM | Firm Perfecting® Complex | |
| 5. CORRECT | High blur effect to hide skin imperfections | High level of light reflecting particles to hide skin imperfections |

BB Cream Color Chart for Skin Tones.

Celebrity makeup artist Pati Dubroff swears by this product, so much so that she uses it on her own clients in order to prepare them for the red carpet. Celebrities, including Dakota Johnson, the star of 50 Shades of Grey, have been turned on to this product by Dubroff. At an InStyle event on October 28th, the beauty guru discussed this fabulous product with the guests.



Pati Dubroff speaks to guests at recent InStyle event. Photo courtesy of Single Edition Media.

Jergens® BB Body Perfecting Skin Cream can be found at your local Target or CVS. You can Like Jergens on Facebook and discover even more information about these fabulous products!

For The Love of Cars! Cars.com Launches #newcarface Contest







ALL DRIVE. No drama.

This post is sponsored by <u>Cars.com</u>. By Sarah Batcheller

Buying a new car is a lot like falling in love. You search far

and wide for the one you believe will stick it out with you. As you look, you find that some are too slow, others too fast, some too flimsy, and others too high-maintenance. Like love, you spend a lot of time and effort picking out the right vehicle, so don't you want purchasing a new car to be as rewarding as finding your soulmate?

I remember car shopping for the first time without the help of my parents. I was twenty years old, and I enlisted the help of my boyfriend. At every dealership, he checked the tires, bumpers, and features to make sure I was getting the best deal I could get. He even told off a couple of sales people who he felt were trying to fool me. We found the best fit for me, and you should have seen my #newcarface! It's safe to say that my choice in a guy has paid off — and now, with the Cars.com contest, up to \$25,000 on the car I bought can be paid off too!



Showing off our best #newcarface! Photo courtesy of Whitney Johnson.

With this new Cars.com promotion, you can enter to have

Cars.com pay off up to \$25,000 of your car loan. You can submit an entry on Twitter, Instagram, or Facebook – see specific details below:

Twitter: Upload a photo of your new car and most excited, unprecedented new car face. Use the hashtag #newcarface and mention/tag @carsdotcom in your post.

Instagram: Upload a photo of your new car and happy new car face. Use #newcarface and mention/tag @carsdotcom in your post.

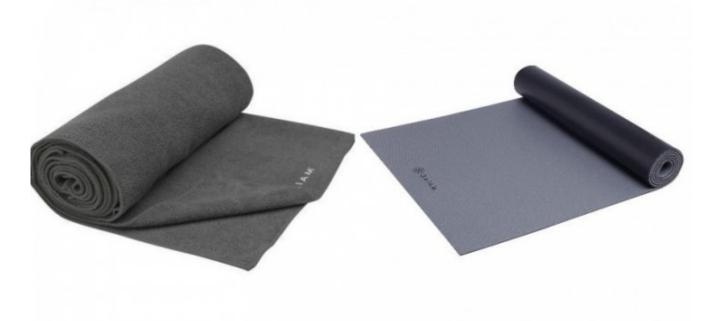
Facebook: Post a photo of your new car and new car face on the Cars.com Facebook wall (as a new post). Be sure to use #newcarface for your entry to be valid.

It's no secret that Cars.com knows how to take the drama out of car buying, and now, they're taking it out of purchasing new cars by paying off up to \$25,000 on a lucky someone's car loan. Good luck!

Note that participants can only submit one entry during the promotional period. Visit the contest website for more examples of #newcarface entries, additional contest details and rules. Open to legal US residents (excluding MD, NJ and TN), 18+ who hold (or whose immediate family member holds) a qualifying vehicle loan or lease. Begins 7/29/14 at 8:00:00 am CST and ends 1/2/15 at 12:00:00 pm CST. Prize value up to \$25k. Subject to the Official Rules at http://bit.ly/1pLUGey. See Official Rules for full details, including eligibility criteria and gualifying vehicle restrictions. Sponsor:Cars.com, a division of Classified Ventures, LLC. Please do not include any personal information, like your license plate number. A "New Car" is considered a new or used car bought or leased on or after 1/1/2012.

'The Theory of Everything' Discusses the Marriage of Space and Time





By Courtney Omernick

The Theory of Everything covers the early life of Stephen Hawking and is his first wife, Jane. The film displays the struggles Stephen faces during the early stages of his diagnosis while he studies, what he calls, "the marriage of space and time." The movie greatly covers his relationship with Jane from love at first sight, to diagnosis, marriage, and beyond.

Should you see it:

If you're interested in the life of Stephen Hawking or relationship dynamics, then get your tickets. The film also features plenty of wonderful actors such as Eddie Redmayne, Felicity Jones, Emily Watson, and more!

Who to take:

This romantic drama would be great to see with your girlfriends or your boyfriend.

How can you best take care of an ill significant other?

Cupid's Advice:

Unfortunately, cancer and other terrible illnesses are all too common. And, if it happens to your significant other, you may be left with more questions than answers. Fortunately, there are many professional books and other resources that can give you advice on how to be a member of their best support system. Cupid has also listed a few tips below:

1. Enlist the help of family and friends: Always remember that you don't have to go through this alone. Reach out to family members and friends and let them know your situation. Once you communicate what's going on, people will be ready to provide emotional support and lend an extra hand.

Related: 'Will and Grace' Actor Sean Hayes Is Engaged

2. Live in the moment: When it comes to having an illness, it's hard to make plans for the future because everything is so uncertain. Make the most of every moment by concentrating on what you do have and what's in front of you right now.

Related: Ricki Lake Files for Divorce From Christian Evans

3. Identify your options: If your loved one is in the hospital, when are visiting hours? What can you do to help

them outside of their physical therapy sessions? Ask plenty of questions and make sure you know how you can help and what is available to you during this difficult time.

How have you taken care of your ill significant other? Share your stories in the comments!

Learn the 20 Steps to Heal a Broken Heart in Lesley Robins' New Book 'The Breakup Book'





This post is sponsored by Lesley Robins.

Interview by Lori Bizzoco. Written by Emily Meyer.

When it comes to bad breakups, Lesley Robins has been through them all. In her new book, *The Breakup Book: 20 Steps to Heal a Broken Heart*, the E! News producer and Young Hollywood contributor walks her readers through a 20-step process to get over your broken heart. Executive Editor Lori Bizzoco recently chatted with the new author about how she managed to thrive after her tough split as well as her best advice for hopeless romantics who are dealing with heartache. Here's what the nationally-recognized journalist had to say:

Why did you organize your book with a 20-step approach?

There is a reason why the chapters go in the order that they do. At the beginning, I'm not telling you to be grateful; I'm not telling you to travel; I'm not telling you to create a new home the day he leaves you. The first chapter just encourages you to *not* be alone. You need love – you lost love; now, go find it.



Lesley Robins talks about new book in an exclusive interview. Photo courtesy of Amanda Boyer.

What inspired you to write your book?

As a journalist, I am a host, reporter, producer, and writer. I had all of these things, but I've always wanted to be an author. So in 2010, my ex and I had broken up for good. It was a few months after that, and I was still in a really dark place. I was out to dinner with my mentor's wife, and I was talking about my breakup and what I was trying to do to feel better. She turned to me and said, "That's your book." It was at that dinner that we discussed that every chapter should be a piece of advice someone gave me to get through the split. We talked about what worked and what didn't work, and I crafted it in that moment.

Related Link: 10 Signs That YourRelationship Has Hit a Dead

It seems like every woman has a story about a bad breakup. Do you think this book will be successful since everyone can relate to it?

We all have a breakup story, yet no one wants to talk about it. We're human, which means we have flaws. The thing I stress is, when you're trying to talk about your breakup, you want a neutral party, someone who is not going to judge you. No relationship is alike, and no breakup is alike. However, at the same time, when we talk about it and we can share our story, it's comforting to know that other people are going through the same thing.

What advice do you give to woman who want to feel confident instead of depressed after a breakup?

You're not going to feel your best right away — and that's okay. I'm giving you permission to be sad, depressed, and pathetic for a minute. That's why the first step is to never be alone. Since you used to have someone by your side 24/7 and now that person is gone, you will need to be surrounded by love. Go find your people!

What do you say to people who feel overwhelmed by the thought of completing 20 steps?

The beautiful thing about these steps is that they can happen simultaneously. You're not going to start them all at the same time, but they will all eventually merge together to form the new you. It is all really about self-love. I think the main thing that I want women to grasp is the importance of being grateful. Be grateful for everything around you – your family, your friends, your career. Be in the moment and focus on what you *can* control.

Related Link: How to Get Through a Breakup and Heal Your Heart

<u>End</u>

Something that I think is really important for our readers to know is that you were in your 30s when this breakup happened. You were thinking about a long-term commitment, even marriage.

In my first draft of the book, I actually didn't include my age. Then, my editor told me I needed to add it. I met my ex when I was 29, and here I was, single again at 36. Any woman reading it gets it. Being single in your 20s is so different from being single in your 30s! So my life became about doing everything by myself, which was a big adjustment. I had to be okay with being on my own.

What was the hardest chapter for you to write?

I think the hardest chapter for me to write was "Go Cold Turkey with your Ex" because I didn't master it for a really long time. But once he got engaged, I went cold turkey. That's when I was finally done. I had no more fight left in me. I went through every emotion I could imagine – and I write about that.

How is your love life going now?

I'm dating, but I'm single. I'm happy and strong, and I'm still a hopeless romantic. The first few months after my breakup, I didn't want to be with anyone. But now, I am back to being the girl who loves romance and finding love. I love it!

GIVEAWAY ALERT: Two lucky readers will receive a copy of The Breakup Book: 20 Steps to Healing a Broken Heart. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 12th. In the subject line, please write "The Breakup Book Giveaway." You can also enter on Facebook. You can enter the contest only once. Good luck!

Giveaway is now closed. Thank you to all who participated!

Pick up a copy of The Breakup Book: 20 Steps to Heal a Broken Heart today! You can keep up with Lesley on Twitter @LesleyMia.

Career vs. Family in '1,000 Times Goodnight'





By Courtney Omernick

For one of the world's top war photographers, Rebecca's life is about to become even more complicated when her husband refuses to put up with her dangerous lifestyle any longer. Even though Rebecca loves both her family and work, she's caught trying to make a decision between the two.

Should you see it:

If you like relationship tension, action, drama, and movies with family dynamics, then this film is for you. The movie also features a great cast such as Juliette Binoche, Maria Doyle Kennedy, Larry Mullen Jr., and more!

Who to take:

This intense drama would be great to see with your family members or significant other because it covers balancing a career and family and showcases the struggles that come with it.

How can you properly balance your love life and career?

Cupid's Advice:

Sometimes, it can be hard enough coming up with a solution for dinner let alone balance work, family, friends, and a love life. But, somehow, many of us make it happen. To ensure that one part of your life doesn't outweigh the other, Cupid has come up with some advice below on how to properly balance your love life and your career.

1. Set and share your goals: First and foremost, it's important that both partners know the goals that the other has in terms of their career and relationship. Sharing these goals lets your partner know they're included in your long-term plans, and that the work you're putting in towards a career will benefit the both of you in the long run.

Related: Leighton Meester Says "Stupid" Split Inspired New Album

2. Prioritize: Now that you have your goals mapped out, it's important to decide what takes precedence. Sometimes, prioritizing can mean eliminating one goal in exchange for another. Find out what really is important to you.

Related: <u>Russell Brand Says 'I Loved' Being Married to Katy</u> <u>Perry</u>

3. Establish expectations: Now that you have goals in mind and have prioritized them, make sure that the both of you establish your expectations with one another regarding these goals and more. This way, you can work on your goals, but you also have an idea as to what your partner wants and needs.

How have you balanced your love life and career? Share your stories in the comments!

10 Films About First Love that Make You Want to Fall in Love All Over Again + A Giveaway!





This post is sponsored by The Best of Me.

By Sarah Batcheller

It's not hard to remember being a teenager, curling up on the couch with your mom, your best girlfriends, or your first boyfriend, hitting the lights, and watching a movie about first love. In those days, the stories of the star-crossed, wild-at-heart, or shy lovers were peepholes into what you hoped would be your own love story one day. They inspired you to see the potential for love in each day and to be wholly devoted when you found it yourself. Even though you're a bit (or a lot) older now, you may find yourself in a situation and still think, "Oh my gosh, this is just like that scene from *The Notebook!*"

It's no surprise that film adaptations of novels by Nicholas Sparks have received widespread acclaim for portraying loves of the century. This Friday, yet another of these Sparks stories is premiering on the big screen: *The Best of Me*. Cupid was inspired by the new movie to bring you a list of our favorite films about first love (in no particular order). Spoiler alerts ahead! 1. The Notebook: We had to start our list with The Notebook. In the film, Allie and Noah meet as teenagers. Noah lives in a small town in South Carolina where Allie's family vacations in the summer. They are torn apart when Allie's parents, who despise Noah for his lower-class status, force their daughter to go home early. The ups-and-downs they endure through the years – both together and apart – make for an epic love story. The most beautiful part is that the tale is being told by an elderly Noah to his wife Allie, who has dementia. Cue the tears!

Related Link: 5 of the Sweetest Movie Moments

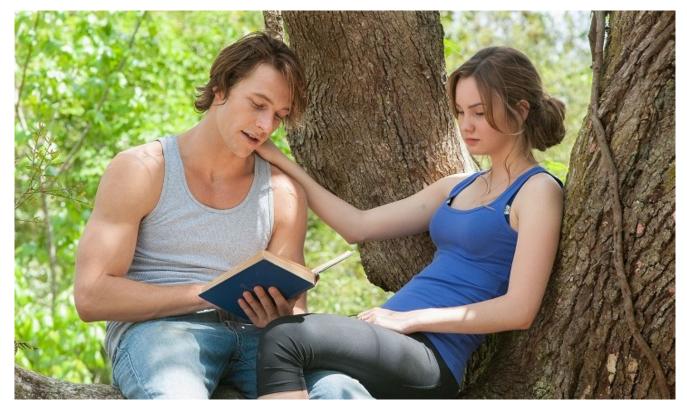
2. The Girl Next Door: This one you probably didn't watch in your pre-teens, but it's still a pretty epic love story. Matthew, a high school student looking to attend Georgetown University, falls in love with Danielle, the girl who moves in next door. Matthew finds out from his friends that Danielle is an ex-adult film actress and accidentally insults her for it. He wins her back but not before an intense encounter with her ex-boyfriend.

3. Never Been Kissed: Josie Geller, a writer for the Chicago Sun-Times, poses as a high school student in order to write a piece meant to inform parents on their kids' behavior. Josie, who was a nerd in high school, is forced by her boss to become one of the popular kids in order to beat out other newspapers with the more interesting stories. While working on the assignment, she falls in love with her English teacher Sam. She nearly loses him when he discovers her true identity but hopes that her newspaper article will win him back. You'll have to watch and see what happens!

4. *A Walk to Remember*: This Nicholas Sparks tale is the tearjerker of all tear-jerkers. Landon and Jamie first meet when Landon is being punished for playing a horrible prank on a classmate. Despite teasing from Landon's friends, they become close when Jamie begins helping Landon with his lines for a school play. They begin a beautiful relationship, and Landon helps Jamie achieve her list of things to do in her lifetime, a lifetime that will be cut tragically short by terminal leukemia. He stays by her side as she battles her illness, and true to his dedication to help her achieve the items on her list, he marries her in the same chapel her parents were wed. Ultimately, his first love changes Landon for the better.

Related Link: <u>5 Best Steamy Movie Kisses</u>

5. The Best of Me: This film, being released this Friday, October 17th, has been widely anticipated by Nicholas Sparks fanatics and romance movie junkies alike. The story follows Dawson and Amanda, who were high school sweethearts. Twenty years after their split, they reunite in their hometown to attend the funeral of a close friend. Amanda is now married and a mother, but the passionate love she once felt for Dawson ignites again. We can already see ourselves curled up on the couch with our besties, rooting for these characters to find their happy ending (although we know better than to think that with Sparks at the wheel!).



A young Dawson and Amanda in 'The Best of Me'. Photo courtesy of Relativity Media / Mammoth NYC.

6. Sweet Home Alabama: Melanie and Jake fell in love as kids and eventually married. When Melanie left him to pursue a career as a fashion designer in New York City, Jake refused to sign their divorce papers. Melanie, who has hidden her Southern roots with a fake last name, travels home to Alabama upon becoming engaged to the mayor's son Andrew and hopes to end her first marriage. While in Alabama, she remembers what she loves about her friends and family. Soon enough, Andrew shows up and discovers the truth about his fiancé. What happens next is anyone's guess!

7. Like Crazy: Jake and Anna meet in college in Los Angeles, where Anna is an exchange student from London. They immediately fall in love, but as soon as graduation hits, her student visa expires. Anna's legal troubles continue, and the couple has to fight even more for the love they share.

8. *My Girl*: This tragedy is particularly heart-wrenching. Vada struggles with understanding life – because of her father's profession as a funeral director, because she lives in a

funeral home, and because she blames herself for her mother's death, which occurred shortly after she gave birth to Vada. Her best friend Thomas accompanies her everywhere, even on her frequent visits to the doctor's office (living in a funeral home has made her a hypochondriac). A tragic loss causes Vada to struggle even more but not before she discovers what true love is.

9. *Grease*: We all know the lyrics to this upbeat soundtrack, don't we? Sandy and Danny fell in love over the summer, but sadly, Sandy has to return to her home in Australia. Suddenly, though, her parents decide to stay, and Sandy heads to Rydell High School, where Danny attends. Danny, who is a greaser, tries to keep up his macho act in front of his friends, upsetting good girl Sandy. Of course, thanks to music, the two eventually end up back in each other's arms.

Related Link: From Bestseller to Film comes 'The Fault in Our Stars'

10. The Fault in Our Stars: Hazel and Augustus meet in a cancer patient support group in Indianapolis. Augustus's illness caused him to lose his leg, while Hazel's cancer is slowly destroying her lungs. The two become close and agree to read each other's favorite novels. They track down the author of Hazel's nominated book down in an effort to find out answers regarding the sudden, mysterious conclusion of the book. Based on a true story, their journey is sure to tug at your heartstrings!

These wonderful movies can really help you understand what all different types of love can look like but even with hundreds of movies out there, it is sometimes extremely hard for a man to know when a woman is attracted to you sexually if there are no clues or signs. Hopefully, these movies will give you some tips and clues.

GIVEAWAY ALERT: One lucky reader will receive a The Best of

Me prize pack, including a branded hoodie, branded lip balm, branded tote bag, branded Kleenex box, branded coffee mug, The Best of Me book by Nicholas Sparks, a soundtrack from the film, a mini poster, and a \$25 Fandango gift card. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on October 30th. In the subject line, please write "The Best of Me Giveaway." You can also enter <u>via Facebook</u>. You can enter the contest only once. Good luck!

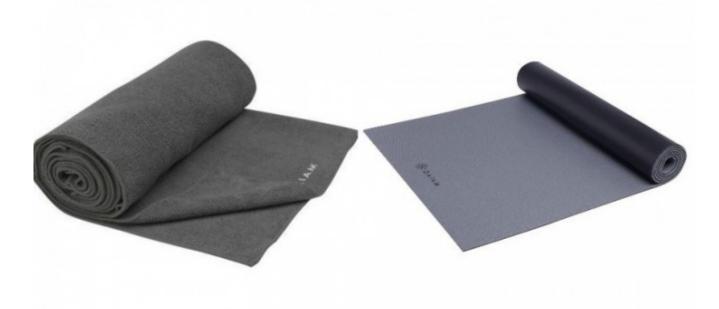
Giveaway is now closed. Thank you to all who participated!



Photo courtesy of Relativity Media
/ Mammoth NYC.

Madeline Zima and Joel David Moore Are #Stuck





By Courtney Omernick

A one-night stand between Holly (Madeline Zima) and Guy (Joel David Moore) turns into the two of them spending more time together than they'd like. After Holly leaves Guy's place, she realizes that she left her car at the bar and needs a ride from Guy. After getting on the highway, the two realize that they will have to make small talk for the next few hours as there is a huge traffic jam backing them up for miles.

Should you see it: If you like romantic comedies and watching how relationships unfold, then this is the film for you. The film also features plenty of breakout stars such as Madeline Zima, Joel David Moore, Abraham Benrubi, and more!

Who to take: This romantic comedy would be great to see with your girlfriends or your boyfriend.

How can you end a short term relationship?

Cupid's Advice:

Sometimes, we get ourselves involved with the wrong people at the wrong time. And, because there are feelings involved with every relationship you have, no matter how short, it's important to end it tactfully and as politely as you can. Below are some tips you can use when looking to end a short term relationship.

1. Determine whether or not you want to pursue the relationship: Give yourself some time to really think about how you feel. You wouldn't want to end the relationship only to beg for the other person to come back a few days later.

Related: Mario Lopez Admits to One Night Stand with Pop Star

2. Do not give false excuses or apologize: If there truly is nowhere for this relationship to go but down the tubes, it's best that you not dance around the issue. Don't give the old fashioned excuse, "it's not you, it's me." And, don't apologize. These are your true feelings.

Related: Mila Kunis and Ashton Kutcher Welcome a Baby Girl

3. Honesty is the best policy: When all else fails, honesty is the best policy. When the other person is clearly more into the relationship than you are, simply say, "I'm going to be honest with you..." and let the truth flow from there.

How have you ended a short term relationship? Share your

Team Up with Timbaland and Win a VIP Trip to Coachella 2015!





This post is sponsored by The Team Up With Timbaland Sweepstakes.

By Whitney Johnson and Shannon Seibert

Music, like love, is a language that isn't necessarily spoken but is still felt by those who experience it. For all of the music lovers out there, we have the perfect opportunity for you. Thanks to Lenovo and Microsoft, music creators and enthusiasts can enter daily to win Lenovo products, other cool tech/music gear, and, of course, the grand prize: a trip for two to Los Angeles as well as two three-day VIP passes to Coachella, one of the largest, most popular music festivals in California, from April 10-12, 2015.

The Team Up with Timbaland Sweepstakes, which is presented by Lenovo and Microsoft, runs from Monday, September 29 until Wednesday, October 22. Encourage your man to enter with you to double your chances of landing this once-in-a-lifetime VIP getaway! Contestants can enter multiple times to increase their chances but are only allowed to enter once per day until the contest ends. You must be 18 or older and a legal resident of the U.S. to enter. Don't miss out on what could be an unforgettable weekend for you and your honey. Listen to the beat of the music and fall deeper in love!

Plus, in early August, Lenovo and Microsoft teamed up with Timbaland to launch a contest that empowered independent musicians as well as their fans. More than 5,000 singers, songwriters, and music artists have entered to be contestants in the Team Up with Timbaland Song Contest – and there are still two days left to enter! The contest has received shout-outs from amazing artists that you and your sweetheart love, including Missy Elliot, Lil Kim, and Snoop Dogg.

After the contest closes on Sunday, September 28, Timbaland and a team of judges will review the entries and judge the songs based on creativity, originality, and recording appeal. They will narrow them down to the top five finalists, who will be announced in mid-October. They will each be given a twoweek surprise musical challenge, and Timbaland will pick one winner, who will receive a day in the recording studio with him in Miami. We wish you all the best of luck! For more information about the Team Up with Timbaland song contest and sweepstakes, click here. Good luck!

Family Chaos Commences in 'What We Did on Our Holiday'





By Courtney Omernick

Doug (David Tennant) and Abi (Rosamund Pike) and their three children travel to the Scottish Highlands for Doug's father Gordie's (Billy Connolly) birthday party. It's soon clear that Doug and Abi's three children are causing the chaos in their relationship.

Should you see it:

If you like a good, family comedy and relationship dynamics, then hurry to the theater! This film also features great actors such as Rosamund Booth, David Tennant, Ben Miller, Billy Connolly, Amelia Bullmore, and more.

Who to take:

This family comedy would be great to see with your friends, family members, or anyone who loves to laugh and family relationships.

How can you and your partner keep the romance alive after having children?

Cupid's Advice:

The old saying goes, "if you think your life is hectic now, wait until you have kids!" However, many of us don't realize how true that statement is until after the first child is born. Now that you're putting your child first, it can be hard to even fathom when you'll have time to plan a date night. So, how can you keep the romance alive after having children? Cupid has some advice below.

1. Don't lose touch: It's surprising how important physical contact is for a person. Dr. Paul Zak states that hugging or kissing at least eight times a day helps with the production of oxytocin in the brain and body. This has great effects on the growth of trust, connection, and empathy.

Related: Eva Mendes and Ryan Gosling Welcome a Baby Girl

2. Make any night special: Date night doesn't have to be the only "special" night in your relationship. Make any night count! After the kids are asleep, cuddle up on the couch, watch a movie, or make some time to talk about your day.

Related: Princess Kate Weighs Malta Trip Amidst Pregnancy

<u>Sickness</u>

3. Flirt throughout the day: Whether it's via email, instant message, or text message, keep the spark going by taking a quick moment to send a sweet message to your partner. Take a few quick moments during your day and before you know it, you've sent a few love notes.

How have you and your partner kept the romance alive after having children? Share your stories in the comments!

Get Five Visible Skin Perfecting Benefits in Just Five Days





This post is sponsored by <u>Jergens</u>.

By Ann Luther

Nothing sparks this girl's confidence like flawless, beautiful skin can. When my skin is at its best from face to feet, I feel like a stunner, and I am ready to take on the world. When I want that coveted, effortlessly perfect look, I have always been a worshiper of the BB cream, but, until now, I have only been able to find it for my face. Now, for the very first time in the United States, I can enjoy skin that's deeply hydrated, illuminated, visibly firm, even, and virtually flawless by using this all-in-one moisturizer for my face and body! It's Jergens BB Body Perfecting Skin Cream, and it is fabulous.

×

I love it because it is so easy to get and use. I pick it up at my local grocery store, but you can get it at any mass retailer or drugstore nationwide for only \$12.99. It is a total steal for what you're getting out of it: five visible skin perfecting benefits in just five days. You can literally start using it on Monday and begin showing yourself off by Friday night. Also, it smells delicious. It's made with shea butter and coconut water and it makes my man go wild. What more could a girl ask for? Nothing!

I kept going on and on about my new radiant skin, so one of my co-workers April decided to go out and try it for herself. She called me about a week later and was raving, "You were so right! My skin has never looked or felt this good." Now, she's telling all of her friends about it. We are both obsessed and trying to bring everyone we know aboard the Jergens BB Body Perfecting Skin Cream train. Won't you join us?

For more information about Jergens, go to their website at www.jergens.com

Dolphin Tale 2: Believe in the Power of Relationships





By Courtney Omernick

It has been a few years since the individuals at Clearwater Marine Hospital rescued Winter, the dolphin. However, she is in need of saving again. Winter's surrogate mother, Panama has passed away, leaving Winter without the only poolmate she has ever known. Since dolphins need to be housed in pairs, it's time for Clearwater to find another friend for Winter.

Should you see it:

If you enjoyed the first film, "Dolphine Tale," you'll definitely want to see how the sequel unfolds. It's also a great film if you're an animal lover and believe in the power of relationships. This film also features a great cast with stars including Morgan Freeman, Ashley Judd, Harry Connick Jr., and more.

Who to take:

This family drama would be great to see with your parents, siblings, or any younger cousins or friends. Also, if you know someone who's seen the first one, invite them along for the second journey!

How do you know you're ready for a new relationship?

Cupid's Advice:

No matter if you're trying to move on from a terrible breakup, or, if you think you're ready to get back in the dating game after taking a hiatus, starting a new relationship can be intimidating. After all, there is so much to consider, and relationships can take an emotional toll. However, Cupid has some advice that will help you decide if you're ready to take the plunge.

1. You're willing to put someone else's interest ahead of your own: There is compromise in every relationship. From watching a movie you hate, to moving to a city for your partner's new job opportunity, relationships are about give and take. And, you have to be willing to make sure that your partner's happiness is just as important as your own. If you feel comfortable putting someone else first, you're ready.

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2. You're ready to accept someone as they are: If you want to enter a relationship in hopes of molding the other person into your ideal significant other; you're not ready for a new relationship. In a relationship, it's all about motivating the other person to be the best version of themselves, not the version you create.

Related: <u>Miranda Kerr After Split With Bloom: "This Is My Time</u> <u>to Explore"</u>

3. You are happy being single: It's true, happiness comes from within. If you're constantly searching for a relationship out of loneliness, you will end up with the first person that shows the slightest interest in you, and not necessarily the

right person for you. Step back and take a deep breath before diving in.

How did you know you were ready for a new relationship? Share your stories in the comments!

Check Out 'Last Weekend'





By Courtney Omernick

Celia Green, played by Patricia Clarkson, gathers her husband, two sons, and their significant others for a holiday at their lake house in Northern California. Unfortunately, her carefully constructed weekend begins to come apart at the seams because of a series of terrible events, including her son's boyfriend's allergic reaction to her cooking.

Should you see it:

If you like the dynamics of families and viewing how their relationships with one another change over time, then this movie is a must see! It was also a staple at the Sundance film festival and features great actors such as Zachary Booth, Joseph Cross, Chris Mulkey, and more.

Who to take:

This family drama would be great to see with your friends, family members, or anyone who loves a bit of relationship tension and comedy.

When should you take your guy home to meet your family?

Cupid's Advice:

Sometimes, it can be hard to tell when your relationship with your man is moving to the next level. But, the time may come when you've decided that it might be time to bring your man home to meet your folks. So, what are the tell tale signs that it really is time to introduce your significant other to the rest of your family? Don't fear; Cupid is here with some advice!

1. You've been together for awhile: You obviously don't want to rush your relationship with your guy, so if things look like they're pretty serious and you've been together for about 3-6 months, then it might be time to bring him home. Chances are, if he likes you, he'll like your family!

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2. You're serious about one another: If you are spending a lot of quality time with one another and you both have talked about your future as a couple, then it looks like things are getting pretty serious between you two. This is a great time to move things forward and introduce him to your family members.

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3. He seems eager: A definitely noticeable sign that your guy is ready to meet your family is if you suggest the meet and greet and he seems excited, or ready to seize the opportunity. Nothing's worse than a guy who gives a nervous look at the suggestion to meet your blood relatives, so make sure he seems happy about the opportunity!

When did you know it was time to bring your guy home to meet your parents? Share your stories in the comments!

The Giver Captures the Idea of a Perfect World





By Courtney Omernick

Based on the 1993 novel by Lois Lowry, this film captures the idea of a perfect world where there is no conflict, racism, or sickness. In this perfect world, every member of society has a specific role. A 16-year-old boy named Jonas is selected to be the receiver of memory and discovers that many years earlier, his forefathers gave up humanity in order to have a stable society.

Should you see it:

If you loved the novel by Lois Lowry, then you'll want to see the film! With cast members including Jeff Bridges, Meryl Streep, Katie Holmes, and Taylor Swift, it's a must see!

Who to take:

If you, your friends, significant other, or family members have read the book or love the acting styles of Jeff Bridges and Meryl Streep, then make sure to buy them all tickets to the show! How do you know if you've found your perfect match?

Cupid's Advice:

With so many different signs and signals to interpret during a relationship, it can be hard to figure out if the person you're with is truly "the one," or if you're just "star struck." So, how can you tell if you and your partner are meant to be? Never fear, Cupid is here!

1. You're comfortable with one another: You both are not afraid to open up to each other and let your "true colors" show. You know you won't be judged when you're with that special someone, so you're able to relax and let yourself become vulnerable.

Related: <u>10 Signs He's Not That Into You</u>

2. You still appreciate the cute stranger: Yes, you heard that right! Even when you're with your perfect match, you can still appreciate the good looking stranger that you've spotted across the room. You understand that you will still be attracted to others, BUT you know better than to act on that impulse.

Related: <u>How to Turn a Friendship into a Relationship</u>

3. You're relationship makes you feel calm: You're not worried about saying or doing something that might upset your partner. You know that the other individual is in it for the long haul. No matter what happens, you both are teammates, and you will get through this life together.

Have you found your perfect match? Share your experience in the comments!