

Chris Pratt is Featured in Unlikely Relationship Movie, 'Jurassic World'



By [Courtney Omernick](#)

Twenty-two years after the events of *Jurassic Park*, there is now a functioning dinosaur theme park, *Jurassic World*. After multiple years of operation and the amount of visitors declining, a new attraction is created to gain new visitors, which backfires. The two main characters, who are ex-partners, are forced to come together in this adventure-packed action-turned-[chick flick](#).

Cupid has the Jurassic-sized movie details.

Should you see it:

You wouldn't think that *Jurassic World* is a chick flick or relationship movie, but there is a catch. The two main characters, Owen (Chris Pratt) and Claire (Bryce Dallas Howard) are exes trying to mend their relationship in order to do what's best for the future of *Jurassic World*. With all the action, and a bit of romance, this film won't disappoint!

Who to take:

This action packed, relationship movie would be great to see with your friends or significant other.

How can you work through your differences with your ex?

Cupid's Advice:

Sometimes, even if we break up with a significant other, we can't avoid them. There might be children involved, you might work together, or have the same friends. Heartbreak hurts, seeing them often shouldn't have to. Below is some relationship advice on how to work through your differences with your ex.

1. Put past arguments behind you: If you're constantly hanging on to negative feelings, you're never going to have a positive conversation/relationship with your ex. Don't bring up past fights, pet peeves, etc. Treat them as if they were a friend, not an enemy.

Related Link: [Former 'Bachelor' Chris Soules: Is it Over Before it Begins?](#)

2. Create boundaries: Even though you still have to be around

your ex, don't let them run your life! Make it clear on when it's appropriate to visit, make phone calls, text you, etc.

Related Link: [Nicki Minaj Fires Back at Celebrity Ex Safaree Samuels After He Releases Telling Single](#)

3. Avoid being each other's crutch: You may be mourning the loss of your relationship with your ex, however, do not seek comfort in their arms! Find friends or family members to confide in.

Have you had to work through issues with your ex? Do you have some relationship advice for our readers? Comment below!

Relationship Movie 'Me and Earl and the Dying Girl' Turns Into a Surprising Chick Flick





By [Courtney Omernick](#)

In the new movie *Me and Earl and the Dying Girl*, Greg is a normal, high school senior whose mom has asked him to spend a majority of his free time with Rachel, a girl in his graduating class who is battling cancer. An unlikely friendship ensues that starts to lead to something more. The movie hits theaters on June 12th.

Check out Cupid's take on this surprising chick flick!

Should you see it:

This relationship movie is a chick flick with a twist! If you've ever had a close friend become your significant other, than you'll enjoy this film's story line. The movie also features breakout stars Thomas Mann, Olivia Cook, R.J. Cyler, and more.

Who to take:

This relationship movie/chick flick would be great to see with your friends or significant other.

How do you know if you should date your best friend?

Cupid's Advice:

Sometimes, you may end up developing strong feelings for your best friend. Should you just remain friends? Should you pursue a relationship with this person? What if it works? What if it doesn't? Taking a relationship to the next level can be filled with a lot of uncertainty. So, cupid has gathered some love advice below.

1. You have fun doing anything with them: Not every task is a fun task, but, if you're doing that task with the right person, it can be. If they seem to make everything entertaining, you might be on to something more.

Related Link: [Kanye West Sends Celebrity Love Kim Kardashian Gushing Anniversary Twitter Message One Day Late](#)

2. Their presence is a present: They don't have to do anything but show up, and you feel happy inside. If this person makes you feel comfortable and at ease just by being there, you may be inclined to take the relationship to the next level.

Related Link: [Dating Advice: How to Get Out of the Friend Zone](#)

3. They go out of their way to make you feel special and want nothing in return: They don't care if you pay them back, or decorate their living room on their birthday. But, they do want to make sure that you get everything you've ever wanted and more.

Have you dated your best friend? Do you have some love advice for our readers? Comment below!

Chick Flick 'Aloha' Features Bradley Cooper as a Lone Wolf



By [Courtney Omernick](#)

Defense worker Bradley Cooper returns to one of his former jobs in Hawaii to team up with pilot Emma Stone in order to stop a satellite launch. While working in Hawaii, he encounters his ex-girlfriend, Rachel McAdams, and has to choose between pursuing a relationship and love life with Rachel or seeing what the future holds with Emma.

Cupid has all your chick flick-inspired dating advice!

Should you see it:

This relationship movie is a chick flick that covers some tough decisions surrounding relationships and love. If you've ever been caught between returning to your past or moving forward, then you'll understand the dynamics of this film. This movie also features John Krasinski, Bill Murray, Bradley Cooper, Alec Baldwin, Emma Stone, and Rachel McAdams.

Who to take:

This film would be great to see with your friends or significant other.

How do you know if it's the right decision to get back together with your ex?

Cupid's Advice:

Breaking away from your past and what's comfortable can be hard for anyone. But, what if you have that longing for it, and it just won't go away? Getting back together with an ex can be tricky. You've both invested a lot of time to the relationship in the past, do you really want to start again? You may find some great dating advice below!

1. You know how to create a successful relationship: Sure, things didn't work out in the past, but, that doesn't mean that you can't try and create a better future. If you know what's most important this time around, and you and your former partner are ready to have a serious talk as to how you can improve your relationship, you might have a shot at getting back together.

Related Link: [Kris Jenner Says She and Celebrity Ex Bruce](#)

[Jenner Were 'A Match Made in Heaven'](#)

2. You miss the person, not the relationship: It's one thing to miss the person, it's another to miss the relationship. You can create a great relationship with anyone if the two of you work at it, but, the right person has to be a part of the equation. If you're missing the actual person's personality, etc., you may want to consider giving your relationship a second chance.

Related Link: [Celebrity Exes Andi Dorfman and Josh Murray Flaunt their Search for Love Online](#)

3. Your ability to handle uncertainty: It could work out, and then again, it couldn't. You must be willing to live with that uncertainty and work on the task at hand: preserving the relationship. If you work on the present, the future will take care of itself.

Have you gotten back together with your ex? Was it the right decision? Comment below!

Relationship Movie 'Playing It Cool' Features a Loveless Chris Evans





By [Courtney Omernick](#)

In the new relationship movie *Playing It Cool*, a screenwriter (Chris Evans) is having a hard time writing a romantic comedy because he doesn't believe in [relationships and love](#). One evening, at a charity banquet, he meets "her" (Michelle Monaghan), and the rest is history.

Check out Cupid's relationship movie review of *Playing it Cool*, which hits theaters May 8th!

Should you see it:

This relationship movie can definitely be categorized as a chick flick. If that's what you're looking to see, then look no further than *Playing It Cool*. This movie is also packed with amazing actors such as Chris Evans, Michelle Monaghan, and more!

Who to take:

This film would be great to see with your friends or significant other.

How can you bounce back after a breakup?

Cupid's Advice:

As explained in the movie, Chris Evans' character has a hard time with relationships and love because his mother abandoned him as a young boy. If you've ever gone through a break-up, it can feel just like abandonment. Sometimes, a breakup can leave you wanting nothing more than to wallow in your bed with a tub of ice cream. Don't worry! Cupid is here to give you advice for bouncing back:

1. Invest in yourself: Now that you will probably be spending more quality time alone, don't view it as being lonely. Take this opportunity to rekindle an old passion or see the world!

Related Link: [What NOT To Do: The 5 Most Devastating Celebrity Break-Ups and Why They Happened](#)

2. Seek support: If you're having a hard time going through life alone, reach out to friends and family. Nothing beats a good weekend with those who really "get" you.

Related Link: [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

3. Give back: Just when you think your life is awful, there is someone out there going through a much harder time. It's important to focus on your growth as a person during this time period. One way you can do that is through volunteer work, mentoring, etc.

How have you bounced back after a break-up? Comment below!

Product Review: Check Out Selfie Tan'n Go Instant Bronzers – Just in Time for Summer!



This post is sponsored by Performance Brands.

By Emma L. Wells

Summer is around the corner, and Selfie Tan'n Go Instant Bronzers are just what you need to be ready for some fun in the sun with your honey! This amazing [beauty product](#) will give

your skin that perfect golden glow without damaging UV rays or harsh chemicals. Check out our product review below!

Product Review: Use This Beauty Product for an Instant Glow!

Selfie Tan'n Go Instant Body Bronzer from Performance Brand is alcohol-, paraben-, DHA-, and fragrance-free, so it's moisturizing for your skin and doesn't have that weird smell that so many other body bronzers have. And unlike other fake tanners, Selfie Tan'n Go uses bursting bronzing beads to eliminate streaks and make application flawless. It even has skin firming and toning properties that help reduce the visibility of fine lines and wrinkles.

Just because the weather's warmer doesn't mean we all have time to relax and catch some rays. Thanks to this instant body bronzer, you can get that beautiful sun-kissed glow in just a few minutes. It's a perfect last-minute product to use while prepping for a dinner date with your man or a pool party with your pals. Not only does Selfie Tan'n Go dry instantly, but it washes off easily with just soap and water.

With this beauty product, you're in charge of your color. Use a thin layer to get a lightly bronzed look, or try multiple applications to get a darker tan.

You'll want to complete your look with Selfie Tan'n Go Instant Face Bronzer. It can be used alone or under makeup. Similar to the Body Bronzer, it's non-comedogenic and fragrance-free and uses revolutionary bronzing beads for a swift, streak-free glow. Plus, you can easily wash it off whenever you want. Use this set of bronzers to quickly get a perfect tan from head to toe!

~~**GIVEAWAY ALERT:** One lucky reader will receive a prize package of Selfie Tan'n Go Instant Bronzers to help them look~~

~~instantly flawless for a summer date! To enter our giveaway, complete the form on our [Contact Page](#) BEFORE 5 p.m. EST on Monday, June 1st. Pick "Giveaways" in the dropdown box and include your address as well as "Selfie Tan'n Go Instant Bronzers Giveaway" in the message field. You may enter the contest only once. Good luck!~~

Open to US residents only.

This giveaway is now closed. Thank you to all who participated!

Relationship Movie 'The Age of Adaline' Features an Ageless Blake Lively





By [Courtney Omernick](#)

After staying 29-years-old for eight decades, Adaline Bowman (Blake Lively) has become a lone wolf, never allowing anyone to get close to her for fear that they will reveal her secret. But, after an encounter with Ellis Jones (Michiel Huisman), her passion for a relationship and love life reignites. However, a weekend with his parents threatens to reveal the secret she's been hiding for so long.

Should you see it:

This relationship movie is a bit of a chick flick with a twist. If that's what you're looking for, than look no further than *The Age of Adaline*. This movie is also packed with amazing actors such as Blake Lively, Harrison Ford, Michiel Huisman, and more!

Who to take:

This film would be great to see with your friends or significant other.

How can you get over your partner's past?

Cupid's Advice:

When we begin to date someone new, we may have a lingering curiosity about his or her past; it's human nature! Everybody has to start somewhere. But, what if your partner's past wasn't as great as you expected it to be? What if he or she isn't interested in giving you details? Below is some dating advice and a few suggestions regarding how to get over their past.

1. Look at your own past: Take a good, hard look in the mirror and decide. Can you fairly judge this person? I'm sure there are a few items in your past that you're not proud of. Don't be so quick to point a finger or criticize.

Related Link: [Relationship Advice: 5 Small Things You Can Do To Increase Generosity In Your Relationship](#)

2. They weren't born yesterday: Especially if your partner has some crazy skeletons, when you learn about them, it can be a blow to the chest. You have to remember that their life didn't start the day they met you and vice versa.

Related Link: [Alternatives to Couples Therapy: Save Your Relationship and Love Life](#)

3. Accept them for who they are: This means that you accept them for both the good and the bad. If you find that you're having trouble shaking his or her past, try using acceptance as the bond that holds your relationship together.

How have you moved beyond your partner's past? Comment below!

Product Review: Get Fit with Gaiam's New Versatile Spring Workout Attire!



This post is sponsored by Gaiam.

By Jenna Bagcal

The start of spring symbolizes new beginnings, whether they are in friendships, love, or your fitness routine. To get ready for summer and shed those extra pounds you might have gained over the long winter months, get fit with Gaiam's new versatile spring workout gear! In this product review, learn about the Curve Capris and the Hooded Petal Long Sleeve Tee, both of which are perfect to wear during your workout and long after you're finished at the gym. These stylish workout

clothes are functional *and* fashionable, so you can plan a fitness [date idea](#) for you and your honey or wear them while running errands after spin class.

Get a Fresh Start With Your Fitness Routine, Thanks to This Gaiam Product Review

In celebrity gossip magazines, stars are photographed going to the gym, grabbing lunch, or walking their dogs in cute and comfortable fitness clothes. Thanks to Gaiam, you can emulate your favorite A-listers with two of the company's products from their new line of spring apparel. Make sure you stay stylish and comfortable, whether you're working out or hanging out!

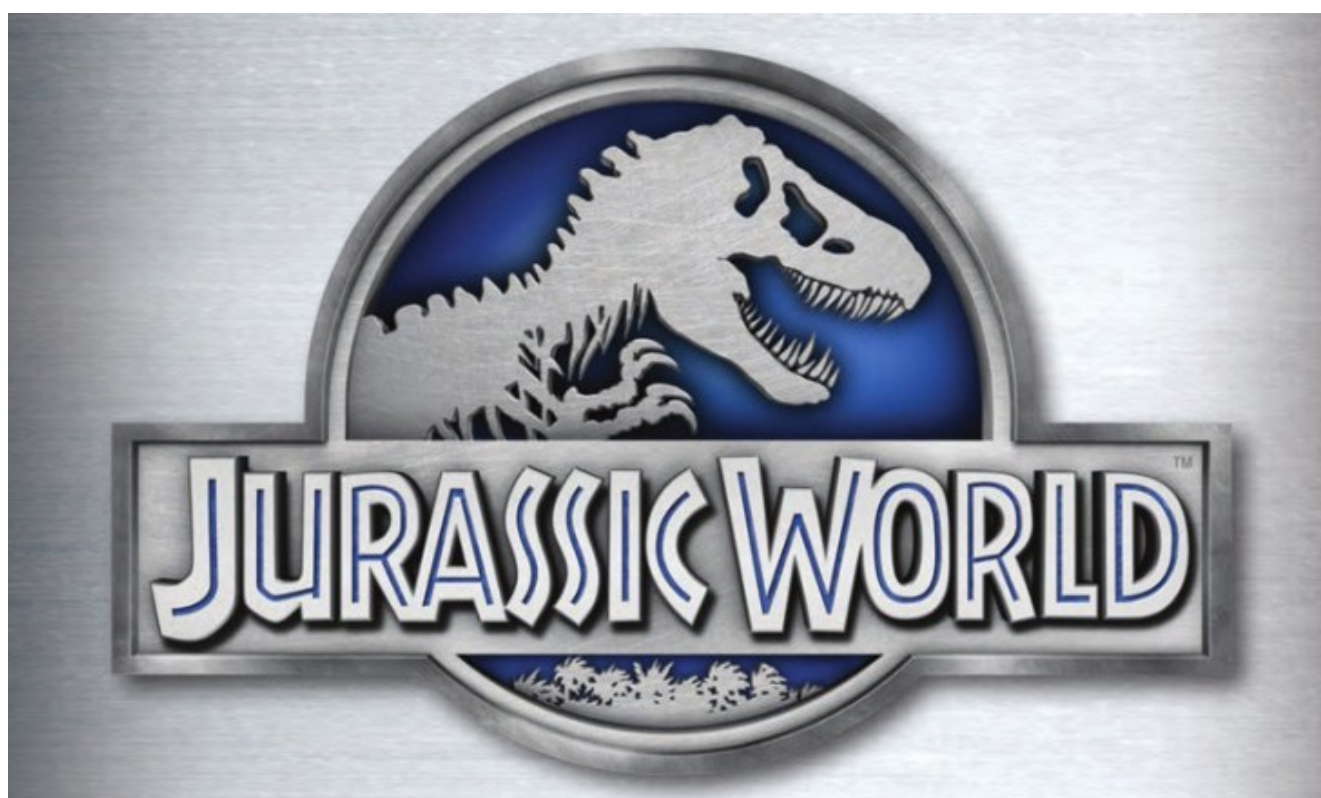
The first item in our product review is the Curve Capris, which fit on the body snugly while still allowing for a wide range of movement during exercise. These capris sell for \$60 and come in five fun colors, from true blue to a funky black gaia print. They feature SOFTech Fabric, a super soft, breathable, and quick-drying fabric that is perfect for warm spring and summer workouts. The mesh detailing and ruching in the fabric adds a fashionable touch to your everyday performance wear. Plus, the wide waistband on adds comfort as well as convenience, thanks to a small pocket inside to store items like keys and chapstick.

Pair your comfy Curve Capris with Gaiam's Hooded Petal Long Sleeve Tee, which can be worn three different ways. This hoodie not only looks and feels great, but the convertibility adds variety to your workout gear and makes it feel like you have three different shirts in one! This \$46 long-sleeve tee comes in three colors and features the ultra-comfortable SOFTech Fabric. The slouchy hood can be worn over the head, off the shoulder, or as a cowl neck to make sure you stay chic

during your workouts or while casually hanging out with your beau.

Both of these products run from sizes small to extra large and can be purchased on Gaiam.com.

Chick Flick 'The Longest Ride' Features Brittany Robertson and Scott Eastwood Living Their Love Story



By [Courtney Omernick](#)

The Longest Ride focuses on a love affair between Luke, a former champion bull rider looking to make a comeback, and Sophia, a college student who is about to start her dream job in New York City. Later in the story, Sophia and Luke make a connection with Ira, whose memories of his romance inspire Luke and Sophia.

This chick flick spans generations and two intertwining love stories to explore the challenges and rewards of enduring love.

Should you see it:

Since this relationship movie is based on a book by Nicholas Sparks, you know it's going to be a tear jerking, inspiring, chick flick! This movie is also filled with gorgeous actors such as Scott Eastwood, Brittany Robertson, Oona Chaplin, Jack Huston, and more!

Who to take:

This film would be great to see with your friends or significant other.

How do you know when your relationship is worth fighting for?

Cupid's Advice:

Every relationship has ups and downs, but if you feel like your relationship has been on the decline lately, it can be hard to determine if now is the right time to let go. Especially if you've been with your significant other for years, you might not want to give up so quickly. Below are

some signs that your relationship is worth fighting for.

1. Check the fundamentals: Relationships are built from trust, honesty, loyalty, commitment, and respect. If your relationship is missing any one of these elements, it could be a sign of trouble. However, if these building blocks are strong in your relationship, it might be worth hanging on to.

Related Link: [Justin Bieber Says He Isn't Looking for a Romantic Relationship Right Now](#)

2. You're still attracted to them: Are the emotional and physical sparks still there? As you both mature in the relationship, bodies and minds change. Being both physically and mentally attracted to the person is important for a strong relationship. If the attraction is still there, you might not want to let go just yet.

Related Link: [Paula Patton Says She's a 'Real Woman Now' Post-Split from Celebrity Ex Robin Thicke](#)

3. You both want to work to save the relationship: You can't expect just one partner to do all of the heavy lifting. If you both are committed to constantly fine-tuning your relationship, it may be worth saving.

How did you know your relationship was worth fighting for? Comment below!

Product Review: Smell Good on Your Next Date Night, Thanks

to Sen7 Fizz!



This post was sponsored by ProductJunkies.com.

By Meranda Yslas

If you want to smell good while you're out on a date, on the way to a meeting, or catching up with friends for drinks, this product review of Sen7 Fizz is for you! It's not easy to carry around a big bottle of perfume, and that's where the Sen7 Fizz comes in handy.

Product Review: Carry Your Favorite Scent With You

The Sen7 Fizz is a refillable perfume atomizer – perfect for people who are always on the go but still want to smell their

best. It's small enough to fit in your purse or pocket, and it can carry whatever powerful scent you like best. With its easy-to-fill system, all you need to do is twist off the spray head from any perfume that you already own, place the Sen7 Fizz on the bottle, and pump it to fill. Just like that, your favorite perfume is now ready to be used whenever and wherever!

Did your man make a last-minute reservations and you don't have time to freshen up? No problem – you can take your go-to scent with you! Pay attention to our product review and consider this dating advice. After all, the Sen7 Fizz is perfect to throw in your favorite clutch on your next date night. It's even small enough to be placed in your carry-on luggage for a flight without any hassle from security. So if you and your beau plan a fun date idea out your home state, you can be sure that you smell nice while you're gone.

The product comes in four different colors. The pink 'Sparkling Diva' atomizer is great when you're feeling flirty and fun, and your hubby can use the sleek, black 'Mr. & Mrs. Bond' holder. Find the case that matches your personality!

GIVEAWAY ALERT: One lucky reader will receive a ProductJunkies.com gift basket that includes: a Sen 7 Fizz atomizer (\$25), a variety of Maskeraide masks (\$72), and a Frais gift set (\$30). To enter our giveaway, complete the form on our Contact Page BEFORE 5 p.m. EST on Monday, May 18th. Pick "Giveaways" in the dropdown box and include your address as well as "Sen 7 Fizz Giveaway" in the message field. You may enter the contest only once. Good luck!

Open to US residents only.

For more information, check out ProductJunkies.com, a site that carries only the newest and hottest personal care items!

Online Dating Site Celebrates Birthday: Match.com Is Turning 20!



This post is sponsored by Match.com.

By Meranda Yslas

The way people find relationships and love has been constantly evolving because of technology, and Match.com was one of the first companies to help with this change. After 20 years, this well-known online dating website has created over a quarter of a billion matches, started more than 10 million relationships,

and helped “make” more than a million babies. If these numbers don’t convince you of Match.com’s reliability, then maybe a few online dating success stories can.

The First Successful Relationship and Love Story on Match.com

In 1995, at the start of the dating site, Bill and Freddi logged in online, not realizing they were going to be the first couple to meet on Match.com. The two had previous marriages that ended, and they were looking for that special someone. “After ending a five-year relationship, a friend told me I had to go on Match.com and meet someone my age and eventually think about getting married again. I met many men and was just about ready to give up before I saw Bill’s profile. He was exactly what I was looking for,” shares Freddi.

Related Link: [Match.com Studies Singles in America](#)

After about a week of emailing and talking on the phone, the two finally met for a lunch date. But it was during the beginning of their second date that Freddi knew Bill was The One. She greeted him at the door with a paper bag over her head after getting a bad perm. “He laughed and loved it, and that was it! It was a done deal,” she says.

After a few years of dating, Bill proposed to Freddi, and the two had their wedding on January 1, 2000. They have been married ever since.

Three Times Is a Charm: Persistence is Key When It Comes to Online

Dating

Of course, Bill and Freddi are not the only success story from Match.com. CupidsPulse.com Founder and Executive Editor [Lori Bizzoco](#) also met her husband on the famous online dating site. Lori first tried Match.com around 1997 after a long-term relationship and love had ended. Although she met several men online, this type of dating was so new and unfamiliar that she didn't pursue it further. Around 2003, Lori's younger sister convinced her to try Match.com again and helped her set up a new profile. The site had grown tremendously since Lori had used it last, and she went on date after date. But when she still wasn't finding that special someone, she gave up on the online dating world for a second time.

Related Link: [Match.com Singles in America Study Breaks Down the World of Modern Relationships and Love](#)

It wasn't until 2006 when she and a friend took a trip to South America that she had a spiritual awakening and premonition that she would meet someone as soon as she got back from the trip and that they would be married the following year (needless to say, the friend she was traveling with thought she had completely lost it). As soon as Lori got home, she made a commitment to enter the process of looking for love with an open mind, and she threw away the long checklist that had been holding her back from finding Mr. Right.

Once again, Lori uploaded a new photo of herself to Match.com and updated her profile. She got dozens and dozens of messages. Within two days, she received a message from a man who she had gone on a date with three years prior but never returned his call when he asked her on a second date. She remembered that he was very successful, good-looking, and nice, but at the time, she wrote him off as not her type. She decided to give him another chance – and it's a good thing she did. They got along great, and NINE WEEKS later, he proposed!

Today, Lori and her husband are still married and have two beautiful daughters.

Lori says, "Match.com is a great way to meet someone if you just open your heart to the opportunity and live in the moment. You may need to go on several dates, and it could take kissing a few frogs before you find someone special, but all it takes is just ONE person for a happily ever after."

Congratulations to [Match.com](https://www.match.com) on 20 years of matching couples and creating romantic relationships!

Product Review: Find Out How My Amazing Blow Dry Secret Will Save You Time





This post is sponsored by Performance Brands.

By Emma L. Wells

Do you want a beautiful blow out without the time and hassle? Then, our product review of My Amazing Blow Dry Secret is for you! This line of haircare products from Performance Brands makes blow drying your hair easier and faster than ever, giving you more time to spend with your honey.

My Amazing Blow Dry Secret Product Review

Prep your hair with the My Amazing Blow Dry Secret Shampoo and Conditioner. This beauty product pair uses coconut oil to lock in moisture, and as a bonus, it smells amazing. Not only does this shampoo and conditioner allow for stress-free styling, but they're color-safe too. They'll leave your hair looking shiny and feeling silky for your next date night.

The concentrated antioxidants and acai fruit extracts protect your hair from the damage and breakage often caused by heat.

Sunflower seed extract stays in your hair to keep repairing it all day long. Plus, it stops hair color from fading. The My Amazing Blow Dry Secret line also uses hydrolyzed vegetable proteins to leave even the most damaged hair looking healthy and naturally voluminous.

The next step to get a salon style blowout is to use the Quick Dry Shake'n Spray. This works as a heat protector, leave-in-conditioner, and anti-static spray. It cuts blow dry time *in half* and can be used on wet, damp, or even dry hair.

Users agree that this beauty product is perfection. People love the smell and texture and attest that it really does cut down your blow dry time. That's great news for when you're rushing out the door for a date! You'll have more time to try a new lipstick color or plan the perfect outfit, and you won't have to worry about leaving your man waiting while you get ready. Happy primping!

~~**GIVEAWAY ALERT:** One lucky reader will receive a prize package of My Amazing Blow Dry Secret beauty products to help them look instantly flawless for a summer date! To enter our giveaway, complete the form on our [Contact Page](#) BEFORE 5 p.m. EST on Monday, May 4th. Pick "Giveaways" in the dropdown box and include your address as well as "My Amazing Blow Dry Secret Giveaway" in the message field. You may enter the contest only once. Good luck!~~

Open to US residents only.

This giveaway is now closed. Thank you to all who participated!

Gaiam Product Review: Stay Fit During Pregnancy with Desi Bartlett!



This post is sponsored by Gaiam.

By [Rebecca White](#)

Learning how to listen to your body is of the utmost importance, especially during pregnancy. While you're waiting for your bundle of joy to arrive, prenatal yoga will calm your mind, relax you, and build your endurance to prepare you for the journey of motherhood. To help pregnant women everywhere, Gaiam has teamed up with renowned yoga expert Desi Bartlett to create a new workout DVD called [Prenatal Yoga Workout with Desi Bartlett](#). With our product review, find out

how you can stay calm throughout your pregnancy and learn some helpful love advice for you and your honey during this time!

Product Review of Prenatal Yoga DVD

Prenatal yoga can be very beneficial for your relationship and love life by keeping you stress-free, fit, and centered. However, it will be even *more* beneficial for your baby as he grows in your belly. “Prenatal exercise, including prenatal yoga, is associated with more efficient oxygen exchange for the baby as well as less clinical interventions during labor and delivery,” Bartlett shares. “It helps with easier labor and delivery as well as recovery time after birth. A sense of calm, security, and trust in our bodies allows mama to remember that her body was designed for this.”

Bartlett, who has over 20 years of experience and has worked with many celebrities, designed the prenatal yoga workout in two sequences so that women would be able to practice yoga in safe, effective segments while achieving inner tranquility. The first sequence is Strong Mama Yoga Workout, which is perfect for increasing strength and endurance, both of which are needed throughout pregnancy and labor. The second sequence is Cool Mama Sequence, which is a great way to maintain flexibility and connect to a deep sense of center and tranquility. Together, they take just over an hour to complete.

The DVD, which currently sells for \$14.98, includes modifications for all three trimesters and allows for adjustments based on energy levels. It also features a warm up and cool down session as well as a Mommy and Me workout for after the baby is born – a quick, six-minute workout designed for new moms to connect with their baby.

Bartlett leaves us with three pieces of advice for staying fit

during pregnancy: Don't forget to breathe; workout for five to ten minutes and see how you feel; and squat! "Enjoy your strength and work with it. If you are feeling more mellow, then allow for that, and take it down a little bit to accommodate your body's needs that day," she explains. "If there is a feeling of weakness, extreme fatigue, or nausea, it's time to stop and consult your medical professional."

Staying fit during pregnancy won't just make your labor and delivery easier. It'll help you bond with your baby and also ensure that you continue to feel sexy for your partner, improving your relationship and love life in amazing ways. You'll be surrounded by good energy before you meet your newest addition!

Product Review: Get Beautiful Hair Like Your Favorite Stars with MACVOIL and Cure.0logy!





This post is sponsored by MACVOIL and Cure.0logy.

By Jenna Bagcal and Shirley Leung

Whether you're preparing for a hot dinner date or just need a quick pick-me-up for your frizzy tresses, you'll definitely want to check out these hair care essentials from MACVOIL and Cure.0logy. If you want to emulate that shiny and thick hair that you see on all your favorite stars in [celebrity photos](#), read more in our product review and discover why you should try the MACVOIL anti-aging products and the Cure.0logy voluminous hair care line.

Product Review: Get Healthy Hair with MACVOIL and Cure.0logy!

Healthy, beautiful hair is an important thing to maintain, but hair care needs are unique to each individual. This product review targets two of the biggest problems that women have when dealing their hair: frizzy texture and a lack of volume. With these products from MACVOIL and Cure.0logy, you can increase your confidence and say "goodbye" to your hair woes.

Think about how great you'll look and feel on your next date too!

When you're browsing your favorite celebrity gossip websites, they are filled with images of A-listers who have shiny and silky tresses. If your hair is looking dull and lackluster, check out the anti-aging hair care line from MACVOIL that works to reverse the damaging effects of the environment and excessive heat styling. These products have everything that you'll need to restore the healthy oils and nutrients that your hair loses over time. Plus, they encourage healthy hair growth from the root. When used in tandem, these items will ensure your hair is in its healthiest state possible.

If you find that your hair is a bit limp and lifeless, then the Cure.ology voluminous set can put the desired bounce back into your tired locks, thanks to their special "keratin nanotechnology." This three-piece set from Cure.ology includes the voluminous shampoo, conditioner, and spray and is recommended for women with normal or fine hair textures. The products are made from a range of beneficial ingredients, such as oats, whole wheat, quinoa, vitamins, and Omega-3. They will give you the boost of volume and texture that you are looking for!

The hair care lines from MACVOIL and Cure.ology are safe for use on color-treated hair and are never tested on animals. All products are also paraben free and contain only natural ingredients.

~~**GIVEAWAY ALERT:** One winner will receive a MACVOIL anti-aging/anti-fade set, and another winner will receive a Cure.ology volume set, valued at 72 dollars each. To enter our giveaway, complete the form on our Contact Page BEFORE 5 p.m. EST on Monday, April 20th. Pick "Giveaways" in the dropdown box and include your address as well as "MACVOIL and Cure.ology Giveaway" in the message field. Be sure to let us know what set you'd prefer too! You may enter the contest only~~

once. Good luck!

Open to US residents only.

This giveaway is now closed. Thank you to all who participated!

Relationship Movie 'While We're Young' Features Ben Stiller Reliving His Youth



By [Courtney Omernick](#)

As a childless couple in their mid-forties, it seems that all of Josh (Ben Stiller) and Cornelia's (Naomi Watts) friends are starting to settle down and have children. While Josh is teaching a class in New York, he encounters Jamie and Darby, a young couple full of life in their relationship and love. After Josh and Cornelia befriend Jamie and Darby and start "living" again, Josh slowly starts to suspect that Jamie might be using him for his professional connections.

Should you see it:

This relationship movie is a bit of a chick flick with a twist. And if that's what you're looking for, than look no further than *While We're Young*. This movie is also packed with amazing actors such as Ben Stiller, Naomi Watts, Amanda Seyfried, Adam Driver, and more!

Who to take:

This film would be great to see with your friends or significant other.

How can you pump some life back into your relationship?

Cupid's Advice:

Especially if you've been with the same person for quite some time, you can eventually get stuck into a routine with them. It may seem to you like the desire you had for them when you first started dating isn't there anymore. You've lost that spark, or connection. Well, if you want to revive what you deem a dead relationship, check out our advice below.

- 1. Take a look at yourself:** Do you know how *you're* contributing to the lull in the relationship? Nobody wants to admit that they're personally responsible. You may think that it's much easier to blame someone else. However, before you start playing the blame game, take a look in the mirror.

Related Link: [Relationship Advice: 3 Ways to Handle Unmet Expectations in Marriage](#)

2. Don't think about what's fair: You'll probably have to practice guiding your partner to a better relationship. It's unrealistic that it will come naturally. It's not fair, and it's going to take some work on your part, but it's what will save your relationship.

Related Link: [Is It Okay to Hoop Up With Your Ex?](#)

3. Be positive: Too often, we provide our partners with negative reinforcement. Now, it's time to change that. Be sure to thank your partner for doing the dishes, compliment them, and smile at them. These small gestures will go a long way.

How have you pumped some life back into your relationship? Comment below!

Product Review: Help Your Friend Move On After a Break-Up With the Bounce Back Box





This post was sponsored by NeverLikedItAnyway.com.

By Shirley Leung

Is your BFF going through a rough break-up? Is she struggling to give away that diamond necklace her ex gave her four years ago? Help her kick her break-up blues goodbye with NeverLikedItAnyway.com, a new and innovative way to let go of your past and move on after heartbreak. Getting rid of those things that remind you of your ex is a great piece of love advice, but it's easier said than done, which is where this site can help. In our product review, discover why NeverLikedItAnyway.com is just what your girlfriend needs for a fresh start! It's the new eBay... but for break-ups.

Product Review: How to Get Over Past Relationships and Love

With the option to buy or sell used items – whether it's as small as a t-shirt that smells like him or as big as a sparkly engagement ring – users can finally get rid of items that are haunting them. For instance, following a divorce, a ring

retailing for 6,000 dollars is being sold for nearly half the price at only 3,400 dollars. Not only does the site help ease people of their woes post-split, but it also acts as a marketplace to score items at awesome deals (or “break-up priced”).

Even without her ex’s “stuff” laying around, a failed relationship and love can be hard to recover from, so the website also includes their [Bounce Back Box](#) to make the process easier for your pal. The box includes over 100 dollars worth of items but sells for only 40 dollars. It’s a great gift if you want to support your newly single friend and can be a good complement to all the love advice you’ve been giving her! Your BFF is sure to start feeling fabulous again with several of the pick-me-up items found in the box, including Elizabeth Mott mascara, Buxom lip gloss, Kitsch hair ties, and online dating passes from Match.com.

Help your friend say “take that!” to her break-up with NeverLikedItAnyway.com and the Bounce Back Box, and be prepared to see her smile again!

~~**GIVEAWAY ALERT:** One lucky reader will receive a Bounce Back Box to help her recover from a broken heart or to share with a friend who needs a pick-me-up! To enter our giveaway, complete the form on our Contact Page BEFORE 5 p.m. EST on Monday, April 6th. Pick “Giveaways” in the dropdown box and include your address as well as “Bounce Back Box Giveaway” in the message field. You may enter the contest only once. Good luck!~~

Open to US residents only.

This giveaway is now closed. Thank you to all who participated!

Relationship Movie 'Home Sweet Hell' Features Katherine Heigl as a Killer Wife



HOMESWEETHELL



Home Sweet Hell. Photo: Vertical Entertainment

By [Courtney Omernick](#)

In the new relationship movie *Home Sweet Hell*, which releases on March 13th, Don Champagne (Patrick Wilson) has a successful business, a perfect wife, perfect kids, and a perfect house. But, when Don's wife, Mona (Katherine Heigl), learns of his affair, his "perfect wife" decides to stop at nothing, including murder, to maintain their "perfect" life.

Should you see it:

If you're getting bored of the standard "chick flick" but enjoy relationship movies with a twist, then you'll love *Home Sweet Hell*! The film is jam packed with comedy, suspense, and crazy.

Who to take:

This film would be great to see with your friends, family members, or significant other.

How can you have the perfect life with your significant other?

Cupid's Advice:

No matter how hard we try to be perfect, relationships and love are filled with flaws. But, fortunately, if you work hard enough at your relationship, you can create a near perfect environment with your partner that is filled with trust and understanding. However, you need to commit to building your relationship every day so that it can stand the test of time. How does one hit the ground running? Find out below!

1. Be yourself from the beginning: If you begin the relationship by trying to be a Stepford wife, what's going to happen when you crack under the pressure? To ensure success, be yourself from day one. This way, your significant other will have proven that you deserve to be loved just the way you are.

Related: [Expert Dating Advice: How to Straddle the Line Between Proactive and Pushy](#)

2. Have a sense of humor: Life is going to be full of ups and downs. However, if you both are able to see the humor in the difficult situations that you go through as a couple, it'll make the hard times not seem so bad after all.

Related: [Relationship Advice Video: Why You're to Blame for Dating Losers and Jerks](#)

3. Give each other the benefit of any doubts: You've already built your relationship on trust. So, don't assume that your partner is doing something to irritate you. Maybe, they don't know that what they're doing is bothering you. Communicate to your partner what is bothering you without assuming the worst of them. Once it's out in the open, make adjustments.

How is your life with your significant other perfect? Comment below!

Gaiam Product Review: Learn Yoga and the Art of Self-Love with Rachel Brathen





Learn how yoga can benefit your relationship & love in this Gaiam product review. Rachel Brathen shares love advice through two new yoga programs. Photo courtesy of Gaiam.

This post is sponsored by Gaiam.

By Jenna Bagcal

One of the first steps of being able to love someone else is to learn how to love yourself. Yoga instructor, motivational speaker, and *Yoga Girl* author, Rachel Brathen, illustrates the importance of this love advice through her yoga programs. As she shares on her website, “My practice is all about self-love. I want people to come to their mat to be happy and to laugh.” In partnership with Gaiam, the fitness guru is offering two digital-only yoga collections: *Find Your Purpose* and *Release & Let Go!* With our product review, find out how you can become the best version of yourself in your everyday life as well as in your [relationship and love](#).

Product Review of Rachel Brathen's Digital Yoga Collections

The first of the two collections is called *Find Your Purpose* and is meant to “leave you feeling empowered, energized, and self-aware.” The skills gained from this yoga collection can put you on the path to loving yourself while simultaneously benefiting your relationship and love life. There are five 20-minute Vinsaya flow practices that are included in this collection, including the *Everything is Ok* flow, which is a calm and nurturing start for your day, or the *Rise & Shine* flow to give you that much-needed burst of energy in the morning.

The second collection from Brathen is called *Release & Let Go!* This program, which also features five 20-minute flows, is designed to target areas in your body where you hold a lot of tension. The yogi encourages you to “listen to what your body is telling you” with *The Shoulder Unfolder*, which targets the shoulders, neck, and upper back. Or you can work up a sweat with the *Twist & Shout*, a series that stretches your body to leave you feeling refreshed. Releasing this stress is an important part of loving yourself and becoming a better you for your significant other.

Both of Brathen's programs are available to purchase on Gaiam.com for \$25 each or \$40 for both. They are available to use on a variety of platforms, including iOS, Roku, Chromecast, Mac, and PC. Since they're digital, you can practice yoga anywhere! So put on your cutest workout clothes, grab your yoga mat, and head to your sweetie's apartment to bond with him while doing these flows.

For more information about these two yoga programs, check out Gaiam.com. Stay tuned for our interview with Rachel about her new book *Yoga Girl!*

Relationship Movie 'Focus' Features Will Smith as a Con Artist



By [Courtney Omernick](#)

In the new relationship movie *Focus*, Nicky Spurgeon (Will Smith) is a con artist who takes a girl named Jess (Margot Robbie) under his wing. Nicky and Jess become romantically involved, and with Nicky's profession, which includes lying and cheating, he decides to end the relationship. The two reunite three years later.

Should you see it:

If you're sick of the standard chick flick, but enjoy a relationship movie with a twist, then you'll love *Focus*! The film is jam packed with action, suspense, and romance.

Who to take:

This film would be great to see with your friends, family members, or significant other.

How can you tell if your significant other is cheating?

Cupid's Advice:

Relationships and love are meant to last. But, unfortunately, they can end prematurely due to one, or both, parties deception or cheating. Sometimes, it can be easy to pin point when the person you're with isn't being faithful. However, most of the time, we don't see the signs. Find out what to look for below!

1. Excuses: If your significant other is usually ready to hang out but now constantly makes different excuses as to why he/she can't see you, they're probably cheating.

Related Link: [Find Out Why Ellen Barkin Called Off Celebrity Engagement to Ben Emmerson](#)

2. Different routine: Usually, your partner comes home, has dinner, and walks the dog. Now, he/she comes home, takes a shower right away, and tries to read a magazine to "unwind." If they're starting to switch up their routine for no apparent reason, they might be unfaithful.

Related Link: [Mandy Moore Ditches Wedding Ring & Spends V-Day with Minka Kelly Amid Celebrity Divorce News](#)

3. Their looks have changed: Has your partner recently lost a lot of weight? Did they buy a new wardrobe? Are they starting

to dress up all the time when they usually dress down? They might be “cleaning up” to impress their fling.

How did you know your significant other was cheating? Comment below!

Product Review: Make M&M'S® a Part of Your Oscars Celebration!



This product review is sponsored by M&M'S®.

By Jenna Bagcal

There are pairs of things that just make sense together, like cookies and milk, peanut butter and jelly, or strawberries and champagne. The same thing can be said for award shows and M&M'S®. With the 87th Academy Awards less than a week away, some of you may be thinking about throwing a viewing party. So why not consider making this delicious chocolate candy a part of your Oscars 2015 celebration? Use this product review for some fun ideas!

Date Idea For An M&M'S® Oscars Celebration

A grand event like the Academy Awards calls for a grand celebration! Even if you're just at home with your significant other or some of your close couple friends, this M&M'S® and Oscars [date idea](#) can make your night red carpet worthy. Before the party starts, make sure you're stocked up with your favorite M&M'S®, whether it's the classic creamy Milk Chocolate, the tasty and crunchy Peanut, or the fun Crispy that are back by popular demand. Their colorful candy shells and chocolate filling will add a festive touch to your celebration. While you're munching on these rainbow confections, make sure to look out for the commercial that M&M'S® will be debuting on the big night.

Check out the videos below for some of Red's Red Carpet Tips to make your celebration on Sunday, Feb. 22 even better!

<https://www.youtube.com/watch?v=kkf3ybtpvis>

<https://www.youtube.com/watch?v=mpAE9su0yHA>

There are a wide variety of treats you can make using M&M'S® that are sure to satisfy any sweet tooth. Add Crispy M&M'S® to brownies for a crunchy surprise, or bake M&M'S® cookies as a fun alternative to your usual chocolate chip version. Get creative with your recipes, and don't be afraid to mix all three varieties together for a completely unique experience! For a final touch to your decor, lay out a "red carpet" path toward the dessert table with the tasty M&M'S® treats you made for your guests.

At the end of the night, send your guests home with some swag bags – just like the Oscars attendees – and fill them with cool and fun items you think they will love. Don't forget to include some M&M'S® in there too!

What are some of your favorite ways to enjoy M&M'S®? Share them with us below and on social media!

Match.com Singles In America Study Breaks Down the World of Modern Relationships and Love





This post is sponsored by Match.com.

By Katelyn Di Salvo

Modern dating has a set of new rules along with new gadgets and online dating apps. With the click of a button or the swipe of a finger, you could make a night of ice cream and Netflix into one filled with wine and gourmet food. It's no secret that technology has changed the dating game in so many ways. As if being single wasn't hard enough, now there's even more to know when you're searching for a relationship and love!

Match.com Reveals Statistics About Singles Looking for a Relationship and Love

In collaboration with The Second City Communications, Match.com and Singles In America (SIA) set up an afternoon of cocktails, food, and fun. In the Cutting Room in New York City, Match.com had a live streaming of their fifth

comprehensive dating survey. The study, conducted by Research Now in association with renowned anthropologist Dr. Helen Fisher and evolutionary biologist Dr. Justin R. Garcia, polled the attitudes and behaviors of 5,675 U.S. single men and women between the ages of 18 and 70+. Their findings shed some light on how to date in the digital world and the ways in which technology is impacting courtship, sexual behaviors, gender roles, and hot-button issues.

This year's results indicate that there is an "etiquette for a new era," meaning that new technology and media lead to new habits and rules for dating. SIA found that both single men and women (54 percent of women and 33 percent of men, to be exact) find misspellings and incorrect grammar to be the biggest text turn-offs. Another thing to keep in mind is many singles find too many selfies to be a bad sign.

Interestingly enough, emojis found their way into the study as well. 51 percent of singles say they use emojis to give their texts "more personality." The most popular emoji's among singles are the wink (53 percent), the smiley (38 percent), and the kiss (27 percent). During the live streaming of the results, Dr. Fisher stated that singles who used these emojis to flirt as well as kiss emoji users were more sexually satisfied.

Another interesting point that came from this year's study was what SIA called "The Clooney Effect." Like George Clooney, men were starting to seek "the new woman": someone who is smart, powerful, and self-sufficient. 87 percent of single men stated they would date a woman who makes "considerably more" money and who is better educated. Similarly, 78 percent of women want their own bank account, and 90 percent want more personal space. Does this mean men are getting lazier? According to Dr. Fisher, that's not the case. "It just means we are seeing the end of the macho man," the relationship expert explains.

As the Match.com Singles In America survey revealed, dating in the modern world means looking for a relationship and

love with more technology at your finger tips. Finding someone special is easier than ever before!

Relationship Movie 'The Last Five Years' Features Anna Kendrick



By [Courtney Omernick](#)

The Last Five Years is a relationship movie adaptation of a hit Broadway musical. The film shows the relationship, marriage, and divorce of Jamie, an author, and Cathy, a

struggling actress, over a five year period.

Should you see it:

If you enjoy a great relationship movie and chick flicks then get ready to witness this love story! From love, to marriage, to divorce, this film is sure to tug at your heartstrings.

Who to take:

This film would be great to see with your friends or significant other.

How do you know when it's time to move on?

Cupid's Advice:

Even some of the most heartfelt romances end in sorrow. In the case of Jamie and Cathy in *The Last Five Years*, their relationship sadly ended in divorce. It can be difficult to decipher whether you and your partner are just going through a rough patch, or if it really is time to break it off. Cupid has provided some insight on how you can tell when it's time to move on below.

1. The relationship brings more pain than joy: If your relationship is leaving you with more tears, anger, and frustration than joy and laughter, it's time to move on. Relationships aren't always going to be perfect, but you shouldn't constantly feel burdened or stressed out either.

Related: [Nicole Scherzinger and Lewis Hamilton Become Celebrity Exes Again](#)

2. You're the one making sacrifices: Relationships are a two way street. Being with another person means that you can't get everything you want. However, you shouldn't always be the one changing plans or delaying future hopes and dreams. Both parties need to give a little.

Related: [Wiz Khalifa Calls Celebrity Ex Amber Rose a 'Foul Creature' on Twitter](#)

3. You believe they'll change: Sometimes, people hang on to their significant other because they expect that what they're going through is just a "phase." However, we tend to forget that people grow and evolve over time. Don't expect the person that you married to be the same person 20 years from now. If who they are really bothers you, get out.

How did you know it was time to move on? Comment below!

Product Review: Have a Valentine's Day Movie Night, Thanks to Hallmark Gold Crown and Feeln!





This product review is sponsored by Hallmark Gold Crown and Feeln.

By Jenna Bagcal

With Valentine's Day a little more than a week away, you're probably planning a special night out with your sweetheart that includes flowers, champagne, and a reservation at an expensive restaurant. But your festivities for this date don't have to include leaving the house. Instead, use this product review as inspiration and consider having a romantic evening indoors! From now until Feb. 14, participating Hallmark Gold Crown stores are offering a month of free movies from the movie streaming service Feeln with the purchase of a Valentine's Day card. This offer is available in-stores only while supplies last!

Valentine's Day Product Review: Feeln

Feeln has a wide selection of Valentine's Day movies that are sure to please you and your partner this year. From Academy

Award-winning films to classic Hollywood movies, they offer a wide variety of choices for you and your loved one. The streaming movie website also showcases exclusive short films and Hallmark Hall of Fame movies that can't be seen anywhere else.

If your guy is into comedies, surprise him with a home cooked meal of his favorite lasagna and a viewing of *Ferris Bueller's Day Off* or *Click*. If you want to set a romantic mood, dim the lights, fill the room with candles, and play *Sleepless in Seattle* or *Big Fish*. Whatever your preferences. Either way, don't forget to pop the cork on your best bottle of wine! Feeln is sure to have a film that's perfect for you and your beau.

The movies on Feeln can be streamed on your computers, but for a more comfortable viewing experience, this service can also be accessed on iPhones and iPads, Android devices, Apple TV, Roku players, Xbox 360, and on your television. No matter where you are, you can enjoy a movie! Just grab a blanket and a big bowl of popcorn (or Valentine's Day chocolates), and snuggle up with your love.

Visit your participating Hallmark store to receive a voucher for a month of free movies with Feeln. The purchase of a Valentine's Day card is required. Ends February 14, 2015.

**Celebrity Interview &
Giveaway: Florist David**

Goldstein Says to “Go the Traditional Route” for Valentine’s Day



This post is sponsored by BloomNation.

By Shannon Seibert

Named by *Entrepreneur* as a Top 5 Silicon Beach Startup to Watch, BloomNation caters to an exclusive and extensive clientele. The florists create and sell unique and hand-crafted original designs. More specifically, My Beverly Hills Florist, owned by celebrity florist David Goldstein, guarantees arrangements that stay away from the cliché, cookie cutter options. In 2004, he opened his floral studios in Los Angeles and Beverly Hills, and since then, he

has catered to some big names in Hollywood, including Dennis Quaid, Russell Simmons, and OWN (the Oprah Winfrey Network). Business flourished due to his European flair, contemporary trends, and stunning style of floral expressions for all occasions and affairs. In our celebrity interview, Goldstein shares his best dating advice and offered his expertise to ensure that your relationships and love thrive on Valentine's Day!

Florist Shares Dating Advice in Celebrity Interview

During the season of love, the floral industry is quite busy! There are a lot of criteria to consider when choosing what flowers to purchase, but there's one major focal point according to Goldstein. "People know about color," he says. "They know about reds, hot pinks, purples, and all of the other passionate colors. These are the colors of flowers that people are most likely to pick." For first dates, people tend to stick to light pinks and softer colors since they're generally safer. "And for new relationships, I would go for hot pinks, specifically peonies," the floral expert advises.

Related Link: [Expert Dating Advice: Valentine's Day Tips](#)

For Valentine's Day, though, he recommends a time-honored flower: "Roses are very common, but they are always classy. The holiday is all about love, so I would definitely go the traditional route," he says.

If you're still struggling with making a decision, Goldstein encourages you to consider your loved one's personality and tastes. "Every flower, in my opinion, is beautiful, but everyone is different," he shares. "English garden roses are definitely my favorite because they're really hard to get your hands on."

The florist agrees that flowers are the go-to gift for women, but this begs the most important question of this celebrity interview: Do men want to receive flowers too? Goldstein thinks so! "Calalillies and darker colors are very manly," he reveals.

No matter what, go with your gut when selecting the perfect arrangement for your love. "Stay away from daisies and carnations," he says. "Otherwise, you can pick out any flower you want, and it will be appreciated."

What Flowers Do Celebrities Prefer?

Being centered in Los Angeles and Beverly Hills has its perks, thanks to the many famous residents! This florist has covered a wide variety of events from celebrity weddings to baby showers, and some are more unusual than others. "I did the wedding for George Pajon Jr. of the Black Eyed Peas in Mexico," he excitedly reveals. "It was right after Valentine's Day, and we did thousands of red roses inside a cave!"

Related Link: [Former 'Bachelorette' Desiree Hartsock Shares Celebrity Wedding Photos](#)

It's no surprise that Goldstein prefers the one-of-a-kind events to the more traditional ones. "Large events are fun, but I personally like more unique occasions, like intimate parties," he explains. His newest project is for nearly 100 celebrities in the music and modeling industries. "Naomi Campbell might show up, and maybe Tyra Banks and Kim Kardashian too," he says about the super-exclusive event.

So what flowers do celebrities enjoy most? "They do a lot of white flowers, like gardenias, orchids, casablanca lilies, and peonies, which are rare," he shares. "We have a couple of celebrities who just don't do roses."

~~GIVEAWAY ALERT: One lucky reader will receive a \$50 coupon~~

~~code for BloomNation, just in time for Valentine's Day! To enter this giveaway, complete the form on our [Contact](#) page. Please select Giveaways in the What Can We Help You With? dropdown and include "Bloom Nation Giveaway" as well as your address and phone number in the Your Message box. The giveaway ends on Tuesday, February 10th at 5 p.m. EST. Good luck!~~

This giveaway is now closed. Thank you to all who participated!

For more on David's work with BloomNation and My Beverly Hills Florist, check out www.bloomnation.com.

Giveaway: Teleflora's Swirls of Love Bouquet is Perfect for Valentine's Day!





This post was sponsored by Teleflora.

By Shannon Seibert

We have arranged – so to speak – the perfect flower arrangement for you to give your partner on Valentine’s Day! Show your honey that you care with the Swirls of Love bouquet (\$99.95) from Teleflora. One lucky winner will even receive this gorgeous gift just in time for the romantic festivities on February 14th! Check out our product review below for more details.

Teleflora Giveaway: Swirls of Love Bouquet

The Swirls of Love bouquet captures the essence of relationships and love through its traditional roses and classical flair. The deep red combined with the vibrant pink make these blooms the ideal present for your loved one. The red roses stand for love and romance, while the pink ones represent appreciation and gratitude – all things you want to tell your partner on this special occasion. The varying sizes

of the roses look beautiful in an artistic glass vase and help you convey feelings that you may not be able to put into words.

Men, flowers have always been the go-to gift for women. There's just something about Valentine's Day that goes hand in hand with flowers, so why stray from tradition? If your sweetheart is a worker-bee, send the bouquet to her office. Or if you live in separate cities, surprise her with them at her home; they'll serve as a sweet reminder that you're spending the special holiday together in spirit.

And women, men love to receive flowers too! A Swirls of Love bouquet will let your sweetheart know that you care and appreciate them. Cook a divine dinner for two, centering the roses in the middle of the table. The roses will set the mood, and he'll be in awe of the second prettiest sight in the room as you enjoy a romantic meal.

Teleflora has been matching the perfect florists to customers for 78 years. With the guarantee of fresh and blossoming flowers, the company markets to just about any occasion you can think of. All of their bouquets are hand-delivered, giving their services a genuine touch for Valentine's Day. Stop and smell the roses by entering our Swirls of Love giveaway from Teleflora now!

~~**GIVEAWAY ALERT: One lucky reader will receive a Swirls of Love bouquet, just in time for Valentine's Day. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on Monday, February 9th. In the subject line, please write "Teleflora Giveaway." You may enter the contest only once. Good luck!**~~

This giveaway is now closed. Thank you to all who participated!

For the Teleflora Swirls of Love bouquet and other flower

arrangements, check out www.teleflora.com.