## Sink Your Teeth Into 'Vampire Academy'



## BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Based on the best-selling novel by Richelle Mead, *Vampire Academy* follows the life of Rose Hathaway (played by Zoey Deutch). The teen is a Dhampir: half human/half vampire who is destined to protect her best friend Lissa Dragomir, who is a Moroi (mortal vampire). The film is directed by Mark Waters and will be released Feb. 14.

## Should you see it:

If you weren't a big fan of any of the *Twilight* films, don't let that discourage you from watching *Vampire Academy*. Yes, this is another movie about bloodsuckers, but it has an entirely different feel to it. Romance isn't the big theme of

this motion picture. In fact, you'll probably get a sense of girl power and unity once you leave the theater.

## Who to take:

You could probably force your significant other with you, but you will probably have more fun seeing this with a group of your friends. The film is rated PG-13 for violence, bloody images, sexual content and language. Keep that in mind if you have a younger sibling who is dying to have a little family night out with his/her big brother or sister.

Related: Zac Efron Stars in New Film, 'That Awkward Moment'

What are some ways to protect your loved ones without going overboard?

## Cupid's Advice:

When you see the person you care about making the wrong decisions, it can be hard to maintain certain boundaries. You just want to see your loved ones healthy, happy and safe. You can still keep an eye on all the people you love without going to the extreme. Cupid has some tips:

- 1. Ground rules: Everyone craves a sense of stability and that comes from remaining consistent with your ground rules. Make sure your loved ones are aware of the dos and don'ts in and out of your household. Stick to what you say, and don't make excuses for the people you love when they do something wrong.
- 2. Communication: You don't need to follow your loved ones all over town. You need to learn to build trust and give them room to be themselves. Sometimes they will make mistakes, but that's how people grow and learn more about themselves. All they really need is a listening ear. Don't be the person who judges them for their bad decisions. Be the person they go to for consolation and much needed advice.

Related: <u>How to Handle a Clingy Partner in a Relationship</u>

3. Tough love: When the rules are broken, you will need to be the one to put your foot down. You can't let your loved ones get away with wrongdoing. In some instances, people need to learn from their own mistakes. In other cases, they need someone to guide them in the right direction. You don't have to be cruel to get your point across, but when you see the person you care about heading down a wrong path, be there to catch them before it's too late for them to turn back.

What are some other ways to protect your loved ones without going overboard? Comment below.

# Giveaway: Give Your Feet the Attention They Deserve with Foot Cardigan



## BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Foot Cardigan.

## By Leslie Chavez

Sometimes, socks get treated like the younger, less impressive sibling to lingerie in the undergarment family. We all have our share of boring, white or grey mismatched socks — perhaps with holes in the toes. It's far too rare that we treat ourselves to a new pair. Months go by, and we continue to neglect our feet's need to be accessorized, while our derriÃ"re gets all the attention. But socks can be just as fun and flirty as silky slips! With Foot Cardigan's monthly subscription, you'll be receiving creative, exciting socks throughout the year. Your socks will never be overshadowed by another undergarment again.

Foot Cardigan is a monthly sock subscription service that guarantees a new pair of unpredictably funky and unique socks every thirty days. That's right: Each month, they deliver a pair of zany socks to your mailbox, and you won't know what the design is until you open up the package.

What if you don't like the socks you get, you ask? Well, the creators of Foot Cardigan say that this is simply impossible

because "you will love them, wear them, and your life will be better because of them." To see some designs they've sent to their subscribers, check out the #sockstagram feed on Instagram.

The folks at Foot Cardigan say that their socks are made out of "a heartfelt desire to improve the world one foot at a time," along with 75 percent cotton, 20 percent polyester, and 5 percent spandex. Plus, they include the secret ingredients of "1.7 percent laughter, and the last twinkle of a distant dying star."

Put an end to wearing those colorless socks and embellish your arches in Foot Cardigan's outrageously fabulous accessories. It'll be a fun new adventure for your previously neglected feet. And the ongoing anticipation to see which interesting pair you'll get next will no doubt keep you on your toes. Your feet will be delightfully surprised all year round!

GIVEAWAY ALERT: To enter for a chance to win a one-year subscription to Foot Cardigan (valued at \$121), go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to win the contest. We will contact the winner via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is 5pm EST on Monday, February 10th. Good luck!

## Congrats to Sandy Green!

Open to US residents only.

## Giveaway: Send a Beautiful Valentine's Day Bouquet with BloomNation



## BASED ON THE WORLDWIDE BESTSELLER



This post is sponsored by BloomNation.

By Maria Darbenzio

Valentine's Day is known for its wide array of beautiful bouquets. Whether it's classic red roses or a more modern gift of orchids, flowers are the gift that every woman anticipates on this special day. That's why it's important to find a company who has your needs top of mind and believes in delivering the freshest, most unique arrangements. A company such as BloomNation provides their customers with an online marketplace where they can purchase hand-crafted floral pieces from some of the top florists in the United States.

Founded in 2011 by three friends who were sick of the big business middleman, BloomNation is now considered "The Etsy of Flowers." What makes the company unique is that BloomNation florists send out "BloomSnaps" to each client -a snapshot of the bouquet before it is delivered—making sure there is total satisfaction with the final product. They also allow florists in their network to list their own designs and set prices based on their stock. This helps ensure that the flowers will always be fresh. After all, no one wants to open a box of wilted flowers for Valentine's Day.

If you want to get in on the action and experience all that this company has to offer, you have your chance now just in time for Valentine's Day! CupidsPulse.com is giving away two 50 dollar BloomNation gift cards to two lucky winners! That's right! Send a beautiful, fresh bouquet of flowers to your special someone…or be your own Valentine and purchase something for yourself. Either way, you can be happy knowing that the flowers you receive will be the flowers you purchased.

GIVEAWAY ALERT: To enter for a chance to win a \$50 gift card for BloomNation, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest. We will contact the winners via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is Monday, February 3rd at 5 pm EST. Good luck!

## Congrats to Tara Gregory!

Open to US residents only.

## Zac Efron Stars in New Film, 'That Awkward Moment'



## BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Directed by Tom Gormican, *That Awkward Moment* follows three best friends through all of the stages that come with dating someone new. The film stars Zac Efron, Miles Teller, Imogen Poots and Michael B. Jordan.

## Should you see it:

Comedy fans will get a kick out of this new film. Plus, if you're familiar with any other movies Zac Efron or Miles Teller starred in, you surely won't be disappointed with *That Awkward Moment*.

## Who to take:

That Awkward Moment is rated R for sexual content and language throughout. Make sure whoever you decide to drag along with you to the movies is within the appropriate age group. You can see this movie with a girlfriend/boyfriend, with a group of some of your closest friends or you maybe you might prefer to take yourself out on a little date. The choice is up to you.

Related: The Price You Pay for a 'Free Ride' Can End Up Being Your Last

How do you know when it's time to take your relationship to the next level?

## Cupid's Advice:

Dating someone new can be tricky. You have to learn everything about that one specific person — their likes and dislikes, what their goals are, etc. When you're feelings for your partner begin to develop further, finding out if they feel the same way about you is another challenge all on its own. Cupid has some tips:

- 1. Communicate: How you're feeling about the status of your new relationship won't matter if you don't share them with your partner. When you're ready, talk to your honey about maybe taking it up a notch. The easier it is to communicate with your boo, the stronger the two of you will become as a couple.
- 2. Take your time: You don't need to rush how you feel, especially if you haven't been dating your partner for that long. Before you decide to fully commit to the relationship, take the time to figure out if what you're feeling is the real deal.

Related: Zac Efron and Vanessa Hudgens Split

3. You just know: Sometimes you just know when you're ready to get serious with another person. You may be in love. If you

can't stop thinking about your significant other, you miss them when they're away or you just simply can't imagine being with another person, then it might be time to take your relationship to the next level.

How did you know when it was time to take your relationship to the next level? Share your experience below.

## Get Radiant Skin with the BioElixia BodyShaper Bundle!



BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by BioElixia.

By Leslie Chavez

For many women, the start of the new year means a renewed hope in their love lives — which means they want to look and feel their best. If you're seeking brighter and tighter skin for your next date night, the smart solution is BioElixia skin care products, which use science and a blend of natural ingredients to produce a unique skin treatment that really works. The formula is backed by 14 years of research that relies on key healing components, like multi-vitamins, antiaging peptides, and moisturizing oils, that safely and effectively absorb into skin.

## Related Link: 10 Most Beautiful Celebrity Couples

The BioElixia BodyShaper bundle includes everything you need to revitalize your body in the middle of a dry winter. First, the Cellulite Contour Crà me is proven to reduce the appearance of cellulite by an average of 57 percent. The Exfoliating Body Polish uses micro-crystals to refine the skin, while the Radiance Body Cleanser cleanses and moisturizes with fruit enzymes and minerals. Next, the Firming Toning Body Lotion supports all-over skin tightness. Finally, don't forget the Stretch Mark Diminishing Crà me, which improves the visible appearance of stretch marks by an average of 71 percent.

All of these products work together to give your body a toned look and smooth feel that your partner will love. The TPM Dermal Delivery Technology allows the active ingredients such as sweet almond, aloe vera, vitamin E, ginseng, fruit acid, and more to penetrate further into the skin and increase absorption by five times. And it gets better: BioElixia is free of formaldehydes and other harmful chemicals as well as artificial colors and dyes.

## Related Link: <u>Katy Perry's Baby Doll Beauty</u>

Lucky for you, CupidsPulse.com will be giving away a bundle of BioElixia BodyShaper products — including all of the items

mentioned above — to one lucky reader. After a few short weeks, you'll have firmer, healthier skin and the confidence that comes with it. You're sure to be glowing, gorgeous, and toned when your man surprises you with a romantic night out!

GIVEAWAY ALERT: To enter for a chance to win the BioElixia BodyShaper bundle, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest. We will contact the winners via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is Monday, January 27th at 5 pm EST. Good luck!

Congratulations to Ann Marie Rehm!

Open to US residents only.

## The Price You Pay for a 'Free Ride' Can End Up Being Your Last



## BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Directed by Shana Betz, Free Ride follows the journey of Christina (played by Anna Paquin), a woman who desperately wants to be rid of her dangerous relationship. She moves to Florida without warning only to find herself in a much more terrifying situation than the one she was already in. She is thrust into the world of drugs and her only savior is herself.

## Should you see it:

True Blood fans will see a familiar face in this film (Anna Paquin.) If you're not familiar with her work, maybe the drama genre will lure you in. Other actors and actresses to look out for in this movie include Cam Gigandet, Drea de Matteo and Liana Liberato. If you're still on the fence, just think about trying something different if you normally go to the theater to see a comedy or an action film. After all, it's always nice to switch your style up every once in awhile.

## Who to take:

Free Ride might not be the best choice for date night, but this movie would be great to see with a bunch of girlfriends or age appropriate family members. However, you could get away with seeing this film with your boyfriend/girlfriend if the two of you are just looking for something casual to do together.

Related: Anna Paquin and Stephen Moyer Show Off Twin Son and Daughter During Family Outing

What are some healthy ways to end a relationship?

## Cupid's Advice:

Breaking up with someone is never easy. When you know the relationship between you and another person just isn't going to work, it can be hard to get them to realize the same truth. You don't have to act out just to get someone to leave you. Instead, try to do things the right way. Cupid has some tips:

- 1. Be honest: The best way to begin and end anything is through honesty. Don't string your significant other along if you know the two of you aren't meant to be together. Let them know your feelings have changed. They might feel the same. Either way, the breakup will be a lot less difficult as long as both parties are on the same page and understand where the other is coming from.
- 2. In person: Don't break up with someone via email, text or any other way that doesn't involve you meeting your partner in person. Not only is ending a relationship in such an abrupt manner cruel, but it also shows the other person you never truly cared about their feelings. If you still want him/her to be in your life, do the right thing. Break up with your honey in private and let them down gently. Don't play the blame game, but make sure they understand why you don't see things working out between the two of you.

Related: 'The Secret Life of Walter Mitty' Hits Theaters on Christmas Day

3. Keep calm: Breaking up is hard to do, but you need to make sure you do it with class. Don't lose your temper over the small stuff. Your partner is bound to be upset, so brace yourself for some not-so-kind words and actions. No matter what he/she says or does in the heat of the moment, realize it's only out of hurt and anger. Keep your cool and try to be patient with them.

What are some other healthy ways to end a relationship? Comment below.

## Giveaway: Keep Your Dog Clean and Happy with Warren London Products



## BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Warren London.

## By Whitney Johnson

It's no secret that many pet owners want what's best for their furry friends, and Eric Bittman was no different when he created <u>Warren London</u>. Eric and his wife Sara are the proud parents of two Boston Terriers, Maurice and Brittney. When Maurice was six months old, he developed a number of skin allergies. Unfortunately, the recommended shampoo only left his skin drier and itchier, which is why Eric decided to develop his own line of grooming products.

Warren London's main goal is to make innovative luxury spa and grooming products that get great results. The company uses only natural ingredients to ensure that all items are top quality; they're even human tested on top of being dog tested. Each product is made with a simple belief in mind: "Every dog deserves a spa day!"

From shampoos and conditioners to paw revitalizers and facial cleansers, Warren London sells a wide range of products that are sure to keep your dog looking (and smelling) his best. We all know that a clean dog makes a happy partner; after all,

nobody wants to come home from a week-long business trip and be greeted by a smelly pooch who leaves muddy paw prints on their dry clean-only suit.

Plus, for a bit of added fun, the company also has quick-drying, non-toxic, water-based Pawdicure Polish Pens, available in 13 colors and perfect for dog nail art.

My husband and I used the Coconut 2-in-1 Shampoo + Conditioner on our Lab mix, Finn. Just a puppy, he loves to play and run around outside, which means he gets dirty quickly; even so, three days after his bath, he still smelled like coconuts. His coat was particularly shiny and seemed more moisturized despite the Colorado winter air.

We also used the Instant Ear Cleaner on Finn's sensitive ears. He happily obliged while we massaged the solution into his ear canals, and his floppy ears stayed much cleaner than usual.

Lucky for you, one lucky CupidsPulse.com reader will win a Warren London gift bundle that includes: Lavender Shampoo, Hydrating Butter, Deep Cleaning Paw Fizz Tablets, Paw Sani-Scrub, Cucumber Melon Foaming Facial, "Wet Kiss" Dog Cologne, Grapeseed Oil, Instant Ear Cleaner, three Polish Pens, Nail File, and Buffer Block. Grooming your dog should be easy, effective, and, most importantly, fun — and thanks to Warren London products, it can be!

GIVEAWAY ALERT: To enter for a chance to win the Warren London gift bundle, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest and telling us something fun about your dog. We'll contact the winner via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is Monday, January 13th at 5 p.m. ET. Good luck!

## Congratulations to Melissa Mazzur!

# 'The Secret Life of Walter Mitty' Hits Theaters on Christmas Day



## BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Ben Stiller stars and directs in this film based on James Thurber's short story about a daydreamer who escapes reality by sinking into his world of fantasies that involves romance, action and heroism. Walter decides to stop living in his imaginary world when his job, along with his co-worker's, becomes threatened.

## Should you see it:

Ben Stiller fans and Kristen Wiig fans won't have a doubt in their minds about seeing this film. Also, if you have no set plans for the holidays, why not spend the day enjoying a new comedy at your favorite movie theater?

## Who to take:

If it's possible, bring the whole family along with you when you're ready to hit up the nearest Cinemark. After all, it is the holidays. You can fly solo if that's what you prefer or if your loved ones are out of town. This film would be good to see with a boyfriend/girlfriend who has a good sense of humor as well.

Related: Get Ready to Celebrate the Holidays with 'A Madea Christmas'

How do you build up the courage to ask the person you're interested in on a date?

## Cupid's Advice:

Putting yourself out there to another person can be tricky, especially if you're shy or you've experienced a recent heartbreak. Everyone who has experience with the game of love knows that rejection isn't a fun feeling to experience, but sometimes it's worth it. You don't want to be left wondering 'what if', and at least you'll have an idea of where you stand with your crush. Cupid has some tips:

- 1. Be straightforward: Don't play games with a potential love interest. If you're considering another person on a romantic level, let them know how you feel. Being open and honest is considered a turn-on, so don't be shy and go after what you want.
- 2. Show you're interested: Your crush won't know that anything is different between the two of you if you don't show or

express your feelings. Make sure you're making clear that you're interested in them. Call them from time to time. Get to know them on a more personal level. Ask them out for coffee or a simple lunch date. You don't have to move too fast, but you do want to make sure the feelings you have for them are reciprocated. Also, keep in mind that you need to move forward with the relationship at a pace comfortable for both you and your potential honey.

Related: Ben Stiller Says Jennifer Aniston and Justin Theroux
Are Happy

3. Be creative: When it comes to date ideas, you want to keep things simple for awhile. That doesn't mean you can't spice things up and come up with something unique. As you start to get to know your boo, incorporate some of the things they like with your dates. If your love interest is really into the outdoors, go on a hike or try out a mountain bike trail. Visit a local museum if he/she enjoys culture and fine arts.

How did you build up the courage to ask the person you're interested in on a date? Share your experience below.

## Giveaway: Wine and Dine Your Man With Jam Jar Wines



## BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Jam Jar Wine.

## By Kerri Sheehan

No dinner date is complete without the perfect bottle of wine. A dry white wine naturally complements a piece of grilled salmon and some summer vegetables, while a robust red wine pairs perfectly with a medium-rare filet and baked potato. If you're wondering what type of wine to buy for your next dinner date, why not reach for a bottle of Jam Jar Wine?

## Related Link: <u>How Celebrity Chefs Love Their Mates With Food</u>

The company was born in 2009 out of the realization that there aren't a lot of options available to consumers seeking quality sweet wines. Many store-bought wines advertise a clean sugary taste, but in reality, they don't taste so good. That's not the case with Jam Jar Wines! These semiâ€□sweet wines are made from grapes grown in the Western Cape of South Africa, which has a climate ideal for producing wines that offer a balance of sweetness and acidity.

Jam Jar Wines come in two varieties, and both are sure to make any date an all-night affair. The Sweet Shiraz is crafted in a lighter style than the typical Shiraz. With a fruity taste mixed with dark chocolate undertones, it's sure to leave you and your date wanting more. It's a versatile wine, so it goes great with anything from cheeseburgers to banana pudding.

The Sweet White is a 100 percent Moscato wine. This charming, easy-to-drink wine offers juicy flavors of peach, apricot, lychee, and orange blossom. A lively jolt of acidity keeps it fresh and fun. Fancy enough for a special occasion toast yet sweet-natured enough to enjoy every day, this beverage will certainly make your date night memorable.

## Related Link: Date Idea: Wine and Dine

Jam Jar Wine's evocative packaging has a nostalgic, "retro" feel, topped with a screw cap and inspired by classic jam jar lids. With the holidays coming up, it's the perfect time to get your hands on a bottle (or two) of Jam Jar Wine. They're available nationwide with a suggested retail price of \$11.99.

To make drinking your wine even more enjoyable, one lucky CupidsPulse.com reader will win a Jam Jar Wines gift bag (sorry no wine can be included legally in this giveaway). However, the gift bag does include an insulated picnic wine tote (perfect for those romantic dates at the park!), a set of coasters, an apron, and some holiday chocolates.



GIVEAWAY ALERT: To enter for a chance to win the Jam Jar Wines

gift bag, go to our <u>Facebook</u> page and click "like." Leave a comment under our giveaway post letting us know you want to win the contest. We will contact the winner via <u>Facebook</u> when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is 5pm EST on Monday, December 30th. Good luck!

Congratulations Lisa Knight!

Open to US residents only.

## Get Ready to Celebrate the Holidays with 'A Madea Christmas'



BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

A small town gets ready for their annual Christmas Carnival as Madea (played by Tyler Perry) gets persuaded by an old friend to help surprise her daughter with a visit over the holidays. Past relationships are put to the test and new secrets are revealed, while Madea celebrates Christmas her way.

## Should you see it:

Obviously, you'll be seeing *A Madea Christmas* if you're a Tyler Perry fan. If you're not familiar with any of his plays or movies, you might know some of the actors/actresses who will appear on the big screen with him (Chad Michael Murray, Tika Sumpter and Eric Lively). You could also go see the film simply because you're in the Christmas spirit.

## Who to take:

Bring a family member along or a couple of friends. You'll probably end up crying and laughing through the entire movie, so bring someone who can sympathize with both emotions.

Related: Family is Everything in 'Homefront'

What are some ways to bring a family together for the holidays?

## Cupid's Advice:

You might not be feeling any of the Christmas cheer just yet, especially if you can't seem to get all of your family on the same page. Are you having trouble getting all of your loved ones involved in the festivities? Cupid has some tips:

1. Family project: With the holidays vastly approaching, this would be a great time to bring all your loved ones together for a Christmas-related project. Have all of your family members decide on a Christmas tree and decorate it together, or think about doing some secret Santa shopping as a group. Little activities like this will bring all of you closer and

help you figure out ways to work as a team.

2. Family dinner: Pick one day out of the week where every member of your family can be free to meet up for dinner. Keep communication open during the meal. Share your feelings and listen when your loved ones want to discuss any important issues or just normal, everyday topics.

Related: <u>Jennifer Lawrence is Back in 'Hunger Games' Sequel</u> 'Catching Fire'

3. Just relax: Trying to plan a big family get together can be very stressed, especially if your loved ones haven't been in the same room with each other for a long time. Instead of giving yourself anxiety, sit back and let things fall into place. When your family arrives for the holidays, watch television together, have a dance-off competition in your living room or eat ice cream and stay up all night catching up with each other. Christmas isn't about how much money and time you spend getting everything ready — it's about family and being thankful for what you have.

What are some other ways to bring a family together for the holidays? Comment below.

## This Holiday Season, Give the Indulgent Experience of zChocolat



## BASED ON THE WORLDWIDE BESTSELLER



This post is sponsored by zChocolat.

## By Kristin Mattern

From the time when European royals drank chocolate to when chocolatiers formed the delicious candy into bars and truffles, chocolate has always been a luxury treat. Eating chocolate is a sensation, tantalizing taste buds with silky textures and full cocoa flavors. Really delicious chocolate can even excite strong feelings of happiness and sometimes love. zChocolat knows quality matters most in creating a riveting chocolate experience. When giving that special someone a box of chocolates this holiday season, zChocolat's line of gourmet chocolates raises the spatula and goes beyond the bon-bon wrapper.

zChocolat is created in France by World Champion Chocolatier Pascal Caffet and ships worldwide. Each mini masterpiece is made using high-grade, single-origin chocolate from Venezuela, the Ivory Coast, and Bolivia. The devilishly rich ganache is prepared with top-shelf quality butter and cream from Normandy, and even the nuts are ensured to be nothing but the best, hailing from Spain and Italy. These worldly ingredients

combine in 26 different ways to please even the most particular chocolate connoisseur.

Luxury doesn't stop at the wrapper with these chocolate dreams. zChocolat nestles their exquisite creations inside of a gorgeous box for a truly memorable treat. Impress your honey this Christmas by choosing from an elegant handcrafted mahogany box or a holiday-special crimson box. To further customize this stocking-stuffer, you can include a personal photo, logo, or card inside and even have the zChocolate box engraved. Plus, you can hand-select the chocolates to fulfill their coconut cream and chocolate toffee fantasies!

We at CupidsPulse.com had the privilege of indulging in these delectable chocolates, and all we can say is wow! zChocolat more than delivers on its promise of offering superb chocolates. Each piece is creamy and well-balanced, and all of the unique flavor notes from almond to red pepper can be tasted in each bundle of chocolate sublimity. All of the girls in the office agreed that if our man got us zChocolat as a gift, we'd be ecstatic. And now, one lucky CupidsPulse.com reader will get to enjoy a box of decadence as well!

GIVEAWAY ALERT: To enter for a chance to win, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest and what you love most about chocolate. We'll contact the winner via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is December 23rd at 5 p.m. ET. Good luck!

## **Congratulations Barbara Merrill!**

Open to US and Canada residents only.

## Giveaway: "Duck the Halls" Like the Robertson Family With Teleflora's Festive Holiday Arrangements



### BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Teleflora.

By Priyanka Singh

'Tis the season! It's time to ring in the holidays with a beautiful floral arrangement from <u>Teleflora</u>. But that's not all: If you and your beau happen to be huge *Duck Dynasty* fans (like we are at CupidsPulse.com)), Teleflora is partnering

with the Robertson family to make sure your Christmas is extra special this year. With every purchase of either the Holiday Flair Centerpiece, the Jeweled Ornament, or the Send a Hug Cuddle Bears Bouquet, you get access to free downloads from the new album *Duck the Halls – A Robertson Family Christmas*. So you can *really* get into the holiday spirit with fabulous florals and some "duck-tastic" Christmas carol classics!

## Related Link: <u>How to Handle Your Crazy In-Laws Over the Holidays</u>

"Having fresh, festive flowers in our home and on our dinner table during the holidays really helps brings the season to life," said Willie and Korie Robertson, two of the stars of Duck Dynasty. They picked out the Holiday Flair Centerpiece, a hand-blown glass bowl filled with red roses, as their favorite Christmas arrangement. Jase and Missy Robertson prefer the Jeweled Ornament Bouquet, which features fresh roses as well as some beautifully decorated ornaments, while Jep and Jessica Robertson like the Cuddle Bears Bouquet, a sweet polar bear vase filled with red and white florals.

Another one of Teleflora's Christmas arrangements is the lovely Thomas Kinkade's Starry Night, which is a hand-crafted and hand-painted centerpiece. This stunning centerpiece consists of a frosted chapel with a small family arriving on a horse-drawn sleigh surrounded by vivid red roses, pinecones, and red berries. We were lucky enough to receive this beautiful arrangement at the CupidsPulse.com office, and we have no doubt that the breathtaking display will catch your family's attention when you all sit down for Christmas dinner.



Thomas Kinkade's Starry Night.

Related Link: 10 Gift Ideas for That Special Someone
Lucky for you, CupidsPulse.com is giving three readers
Teleflora's beautiful Jeweled Ornament Bouquet. Don't miss out
on this chance to win your very own centerpiece, and be sure
to "Duck the Halls" with the Robertson family's new Christmas
album. Merry Quackmas!

GIVEAWAY ALERT: To enter for a chance to win a Jeweled Ornament Bouquet from Teleflora, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest and telling us the name of your favorite holiday song. We will contact the winners via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is Monday, December 16th at 5 pm EST. Good luck!

Congratulations to Lorenz Privat, Suzanne Church, and Becky Brubaker!

Open to US residents only.

## Family is Everything in 'Homefront'



## BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Directed by Gary Fleder, *Homefront* stars Jason Statham as former DEA agent, Phil Broker. He is widowed father who decides to retire and move to a small town for the sake of his 10-year-old daughter. The film also includes James Franco, Kate Bosworth and Winona Ryder.

## Should you see it:

Jason Statham is known for starring in some pretty action-packed thrillers and this film will be no different. So, if you're a fan of the action genre or you're familiar with any of the actors you'll see on the big screen, take a chance on *Homefront* — you won't be disappointed.

## Who to take:

Don't be surprised if this movie is the first one on your boyfriend's list of must-sees. If you're flying solo over the Thanksgiving holiday, grabbing a bunch of your friends or family members to see this film won't be too out of the ordinary — just make sure they don't mind the fight scenes.

Related: <u>Jennifer Lawrence is Back in Hunger Games Sequel</u>
<u>Catching Fire</u>

How do you help a child get over the loss of a parent?

## Cupid's Advice:

The loss of a loved one is hard on anyone, especially if that person was a parent to a child. For children, a death is harder to understand and it may become more difficult for them to grieve properly and eventually accept that their mom/dad is gone. Cupid is here to help:

- 1. Help them understand: Whether your daughter/son is old enough to understand or not, the actual death of a parent will take him/her by surprise. When the time comes, it's important that you take the time to answer any and all questions your child might have. You need to help them understand why and how the loss of their family member happened. Acceptance won't happen over night and you shouldn't expect it to be patient.
- 2. Don't punish: After the loss of your loved one, your child might act out. The sudden change from good to bad behavior is normal in this situation. He/she is just trying to work out all of their feelings and they don't really know how to react at a time like this, especially if this is the first death in the family. Give your son/daughter some time to try to work out their emotions on their own. If you noticed that nothing has changed for the better after awhile, think about seeing a professional therapist.

Related: How to Support a Partner Whose Ex Passed Away

3. Support them: Your child will need the support from you and the rest of your family now more than anything. All of you will need to be behind each other 100 percent. You can grieve together, help each other accept what's going on and stop each other from doing anything harmful to one another. Being supportive won't just benefit your child, but you as well. Remember, you'll be dealing with the loss just as much as anyone else.

What are some other ways to help a child get over the loss of a parent? Comment below.

## Enter to Win Justin Bieber's 'The Key' to Unlock Your Beau's Heart



## BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Elizabeth Arden.

## By Kerri Sheehan

You've finally plucked up the courage to ask that guy you met last weekend out to dinner. After spending the afternoon picking out the perfect outfit and doing your hair and makeup to resemble a Victoria's Secret Angel, it's time to decide which fragrance will help you turn your crush into your man. If you're looking to unlock your new guy's heart, try a few sprays of Justin Bieber's *The Key*.

## Related Link: Your First Date: What It Will Cost

Teen heartthrob Bieber teamed up with beauty guru company Elizabeth Arden to bring fans the third installment of his fragrance line. This fruity floral musk will leave you smelling like a beautiful flower coated in a liquid lollipop. The scent will be sure to awaken your date's senses, and he'll want to get closer to you so he can take in the bursts of juicy fruit and blooming bouquets. At the end of the night, he'll be dreaming of another night out with you.

The scent's packaging is modern and fresh — a true ode to the pop star's appreciation of cutting edge fashion and

technology. The bottle features a modern, high-gloss white finish with bright gold reflective accents and a weighted key charm. The key represents an authentic symbol from the singer to his fans, reminding them to always believe. As an added bonus, the embellished and sparkling charm can be removed and worn as the perfect finishing touch to any outfit.

Related Link: Justin Bieber's Brazilian Girl Tati Neves Speaks
Out About Night with Singer

Further showing his love for his fans, beginning on October 7th and ending on December 9th, Bieber will release one song every Monday as part of his Music Mondays series. As if checking out his new music wasn't enough, two lucky CupidPulse.com readers will have the chance to each win a bottle of *The Key*. It sounds too good to be true, but you better 'Beliebe' it!

GIVEAWAY ALERT: To enter for a chance to win a bottle of Justin Bieber's The Key, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to win the contest and what your ideal first date is. We will contact the winners via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is 5pm EST on Monday, December 9th. Good luck!

## Congratulations to Maricela Anderson and Carleen King!

Open to US residents only.

# Jennifer Lawrence Is Back in 'Hunger Games' Sequel 'Catching Fire'



## BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

The sequel to *The Hunger Games* begins right where the first left off. Katniss Everdeen (played by Jennifer Lawrence) returns home after winning the 74th Annual Hunger Games with Peeta Mellark (played by Josh Hutcherson). After a brief celebration, the pair must once again leave their friends and family in order to embark on a "Victor's Tour." While visiting the other districts and preparing for the 75th Annual Hunger Games, Katniss realizes that a rebellion is slowly creeping its way into her world.

## Should you see it:

This film will obviously be the first on your list to see if you've already watched its predecessor. The Hunger Games: Catching Fire is one of the most highly anticipated movies to be released this month, so you should definitely stop by your favorite movie theater or drive-in and see what all the fuss is about.

#### Who to take:

The Hunger Games: Catching Fire would be great to see with a boyfriend since it's guaranteed that there'll be plenty of action to keep his attention. Plus, who wouldn't want to see Jennifer Lawrence on a big screen for a couple of hours? If you don't have a significant other to take, a few family members or some girlfriends will do the trick as well.

Related: Top 5 Celebrity Couples That Live Across the Pond

What are some ways to stay connected with loved ones when you're miles apart?

#### Cupid's Advice:

Depending on the type of lifestyle you have, it might not be possible for you to see your family and friends on a regular basis. A situation like this can be tough for a person to handle, especially if they're used to spending time with their loved ones often. Thankfully, with the way technology is set up now, we are able to keep in close contact with the people we love. Cupid has some tips:

1. Call regularly: Whether it's for an hour or a quick five minutes, call your family and friends just to let them know you're thinking about — especially if you're on the road constantly. If your schedule doesn't really allow you the time for much conversation, send a few text messages. Your loved ones want to stay in the loop with your life and they want to make sure you're OK. Keep them updated, it's the right thing to do.

2. Video chat: Technology nowadays makes it possible for almost every individual to see each other face-to-face using a cell phone or laptop. Even if you by chance have neither of these, a portable webcam doesn't cost too much. Besides, seeing your family in real time will be worth the money you spend on the equipment.

**Related:** <u>How to Locally Sail the High Seas With Your First</u> Mate

3. Snail mail: Sending a letter or postcard is your next best option when all else fails. Mailing off little gifts and/or notes to all of the people you care about is a little more personal than just a standard e-mail. Plus, your loved ones will have something of yours to really hold on to until you get back from your travels.

What are some other ways to stay connected with loved ones when you're miles apart? Comment below.

# Be Even More Radiant For Your Next Date With Real Chemistry!



#### BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Real Chemistry.

#### By Kristin Mattern

Radiant, flawless skin is an automatic turn-on for attracting that special guy. Unfortunately, no one has the time or money to visit an esthetician at a fancy spa for facials each week. Not to mention, those in-spa acid peels can irritate or even burn sensitive and allergy-prone skin. Eek! What's a girl to do? Depend on Real Chemistry's 3 Minute Precision Peel!

Real Chemistry is an innovative line of skin care products scientifically formulated to gently yet effectively create instantly clearer, brighter, and softer skin. It's a Nashville-based boutique beauty line created by Karen Griffin, who worked in the healthcare industry for over twenty years and researched cutting edge ingredients for use on a variety of skin types. After finding components suitable to deliver proven results for all skin types, she used them to formulate her unique Real Chemistry products.

The 3 Minute Precision Peel can be used every five to seven days to create more luminous skin by binding to dead surface skin cells and removing these lifeless proteins with no

stinging, burning or itching! It's the perfect addition to your regular beauty routine — you can even use it before going out on a date! The peel will give your skin that extra wow factor without the fear of leaving the house red-faced with a chemical burn. Instead, your cheeks will be flushed with the excitement of the night ahead. Take three, worry-free minutes during your date night prep and use this mask to create a glamorous glow that will knock out your date and make you the bombshell of the evening! We at CupidPulse.com are so impressed with Real Chemistry that we're giving away two 3 Minute Precision Peels in a gorgeous tote bag to one of our readers.

Chemistry 3 Minute Precision Peel bundle, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest and how you will incorporate the peel into your beauty regiment. We'll contact the winner via Facebook when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is December 2nd at 5 p.m. ET. Good luck!

#### Congratulations to Bari Rubin!

Open to US residents only.

## Take a Cue from 'Dancing With the Stars' and Enjoy Celsius

### **Negative Calorie Drink!**



#### BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Celsius.

By Kerri Sheehan

It's no secret that the *Dancing with the Stars* cast works up a sweat practicing and performing all of those dance routines every week. And, to start this year's competitors off on the right foot, Celsius gifted the cast with their negative calorie drink. After all, clinical studies show that drinking a refreshing sugar-free Celsius before exercising (or dancing) helps burn up to 100 calories or more per serving. It also boosts metabolism, reduces body fat, increases endurance, and provides lasting energy to power you through your routine and beyond. Stars of the show like Karina Smirnoff, Witney Carson, Jack Osbourne, Corbin Bleu, and new hottie Gleb Savchenko sipped on a nice cold Celsius to kick off the season premiere.

Celsius is powered by MetaPlus®, a blend of ingredients designed to work together to increase calorie burning over a three-hour period. It will make you feel great and ease your mind knowing that the blend of healthier ingredients such as Green Tea, Ginger, Calcium, Caffeine, Guarana, and Vitamins B and C are fueling your body. Even better, studies show Celsius may reduce body fat, increase endurance, and provide greater resistance to fatigue (which means increased energy).

And the team at CupidsPulse.com knows that looking your best and having more energy is great way to boost your dating life! And, for those couples out there, why not use that extra energy you get from Celsius to surprise your lover with a spontaneous date night. This blend of increased endurance and resistance to fatigue is also what the *Dancing with the Stars* cast needs to wow the judges!

It comes in five delicious natural flavors: two non-carbonated green tea flavors, Raspberry Acai and Peach Mango, as well as three sparkling flavors, including Orange, Wild Berry, and Cola. Celsius is also available in "On-the-Go Stick Packets" or powdered drink mix (30 serving canister) that can be added to water or your favorite non-carbonated beverage for a delicious orange flavor. Grab the healthy alternative negative calorie drink before your next exercise activity and see the difference!

Now, one lucky CupidsPulse.com reader will get to enjoy this fabulous negative calorie drink! We're giving away a swag bag just like the one given to the *Dancing with the Stars* cast. The bag, valued at \$125, includes: a Celsius tank top, a drawstring gym bag, water bottle, one can of each Celsius flavor, and on-the-go-sticks.

GIVEAWAY ALERT: To enter for a chance to win the Celsius gift bag, go to our <u>Facebook</u> page and click "like." Leave a comment under our giveaway post letting us know you want to win the contest and what your workout plans are. We will contact the

winner via <u>Facebook</u> when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is 5pm EST on Monday, November 18th. Good luck!

Congratulations to Claudia Gould!

Open to US residents only.

## Get Slim With Your Man Before The Holidays With BistroMD's 17 Day Diet Meal Delivery & Contest



#### BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by bistroMD. Photo provided by the company.

#### By Priyanka Singh

The holiday season is just around the corner, and it's almost time to bring your family and friends together for all of the festivities. If you're looking to put your best foot forward and unwrap a slimmer you before you sit down for Thanksgiving dinner, then bistroMD's 17 Day Diet Meal Delivery is just the thing for you! Not only will you impress your loved ones, but you'll be the ultimate arm candy for your man after shedding those pesky pounds with this diet program.

Preparing meals will no longer be a hassle since this 17 Day Diet is delivered to you without the fuss of cooking, cleaning, and shopping for ingredients. You get seven breakfasts, seven lunches and seven dinners delivered right to your home for only \$184.90 per week. That means, less time in the kitchen and more time to celebrate with your significant other or mingle with some Christmas cuties.

Sometimes, starting a new diet plan is better when you have a partner to join you, so get your man involved and participate in the 17 Day Diet together. With delicious meals like creamy

mushroom omelets, Mediterranean chicken, and even a nice festive roasted turkey breast meal with gravy, you'll both be full, happy, and healthy.

The 17 Day Diet not only helps you lose weight fast, but it ensures that you keep it off as well! The diet utilizes a process called "metabolic confusion" that provides variations in the meals and enables you to shed pounds on a daily basis. Not only are the meals consistent to the diet plan, but they're also hand-prepared by chefs and can be customized to accommodate your specific dietary restrictions. These meals also do not contain artificial sweeteners, MSG, or trans-fat, so you can feel good about what you're eating and how you look.

Want to win a month's worth of the 17 Day Diet Meal Plan? Enter bistroMD's "Tweet to Lose" contest and you could win breakfast, lunch and dinner for four weeks, delivered straight to your doorstep and valued at \$739. Two other winners will also have a chance to win the 17 Day Diet by bistroMD for one week, valued at \$184.90. Sign up for the contest between Friday, November 1st and Tuesday, November 12th!

If you don't win, you can still get FREE SHIPPING of the 17 Day Diet Delivery FOR LIFE! For more information, follow bistroMD on Twitter and Like them on Facebook. Happy eating!

\*Weight loss of 1-2 pounds per week is typical. Some individuals may lose more or less, based on individual traits.

### Eliminate Stiletto Suffering

## While 'Still Standing' and Staying True to Your Inner Fashionista



#### BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Still Standing.

By Kristin Mattern

Every girl loves her shoes, especially those sky-high heels that give any outfit an instant boost, not to mention an extra thrust of confidence; which comes in handy when trying to dress to impress for a hot date. Sadly, after the initial rush of pleasure from putting on those high-heeled beauties, you can't escape the inevitable pain that comes from standing, walking, or dancing in your stilettos — until now! With Still Standing gel spray, you can wear your favorite pair of shoes without the pain and strut your glamorous stuff all day and

#### into date night!

Founder Lyn Butler was very familiar with the discomfort that stylish heels can cause. From going barefoot under her desk at work to trying gel inserts and carrying fold up flats in her purse, she was in search of a solution. She knew the real problem was that the high heel shifts feet into an unnatural position, pushing them forward into the top of the shoe. This balancing act is an equation for hot, puffy, and irritated feet — something Butler has labeled "Stiletto Suffering" — and as time goes by, the situation only gets worse. Rather then try to get around the problem, she took it head on and decided to try to create a topical formula that would keep feet feeling cool, fresh, and comfortable under duress. And so, Still Standing was born.

Fashionistas everywhere rejoice! Still Standing is true to its word and delivers comfort that lasts up to four hours—perfect for a long set of dancing with your sweetie in the club, or walking the bar strip hand in hand. Utilizing a mix of natural remedies for inflammation and pain, including arnica and aloe, as well as cooling menthol, Still Standing provides temporary relief from the discomfort of your favorite shoes. Now, you can go out on date night in style without worrying that your feet will be throbbing with pain louder than the throb of your heart!

We at CupidsPulse.com tested it out for ourselves, and after several hours of parading around the office followed by a night on the town, *Still Standing* lived up to its word. Some of the girls even took it with them for their evening out with their man. They reported that their feet had never felt more comfortable in their high-heels, allowing them to spend more time concentrating on that good night kiss and less time thinking about the growing ache caused by their shoes. The clear and fast-drying formula allowed us to spray the calming formula and, after just a minute, immediately put our shoes on. Having your feet smell faintly of menthol is a bit odd,

but luckily, the smell wears off quickly thanks to the rapid evaporation technology of the spray. Plus, the calming feeling is worth that moment of minty toes.

While Still Standing does wear off and the effects vary person-to-person, the convenient, purse size bottle allowed us to take Still Standing with us. The spray can be used up to four times in a day, and we found that when we sprayed our feet before going out and in the middle of the night, we never had the urge to remove our heels to hit the dance floor or even on the car ride home! Plus, you can spray Still Standing right over stockings because it is so light and quick drying, making it simple and easy to use while out with your guy — without him noticing. What a difference Still Standing made! This unique spray is a must-have for anyone who loves fashion and enjoys wearing heels either to the office, on date night, or both.

CupidsPulse.com loves *Still Standing* so much that we're giving away two bottles of the spray. Plus, we're offering 5 dollars off with discount code CUPID through November 30th.

GIVEAWAY ALERT: To enter for a chance to win Still Standing spray, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest and when you plan to use your spray. We'll contact the two winners via Facebook when the contest is over, and they will have three days to respond back with their contact information, size and type of t-shirt they would like. The deadline to enter is 5 pm EST on Monday, November 4th. Good luck!

#### Congratulations to Bari Rubin!

For more information on Still Standing and to purchase the product, visit the site at stillstandingspray.com. Connect with them on Facebook and Twitter to read more testimonials about this fantastic product!

## Share Community Love and Fuel the Movement With RipeBrand T-Shirts



#### BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by RipeBrand.

By Priyanka Singh

"Do Good, Feel Good, Look Good" is the motto to live by if you love RipeBrand as much as we do. One important aspect of maintaining a fulfilling relationship is learning how to share love in a positive way RipeBrand aims to do the same thing on a community-wide level. They promote their passion for community awareness in Los Angeles by making three bold-

colored, vegetable-dyed t-shirts labeled grape, pomegranate, and zucchini. Nicholas Chang, a Berkeley graduate, founded RipeBrand as a way to spread the word about youth, health, and poverty issues among young adults and encourage them to volunteer within their local communities.

The shirts are made out of locally-grown cotton, manufactured in California, and printed through a water-based discharge system, which is the cleanest in the industry, according to Chang. The company made Los Angeles the landing spot, but Chang hopes that they can continue to expand across the country and spread the community love outside of "home."

Of course, these super-soft and environmentally friendly t-shirts are more than just a fashion statement. "We have real life problems and real life people, and that's where fashion comes in. It's something you can wear, you can support, and you can get involved with and show people that you're a living symbol of the brand," the founder says. He explains that wearing these shirts symbolizes that getting involved in this movement isn't just a one-time deal; it's a growth process that allows you to "ripen" as you become more aware of what's happening right in your own backyard. When you're in a committed relationship, it's essentially the same process: As you devote more time and effort to your partner, you see your love ripen and grow.

Almost 50 percent of the revenue the company makes goes to non-profit organizations that promote awareness for youth, health, and poverty issues. Currently, there have been eight non-profit organizations that officially launched and partnered with RipeBrand.

Chang has a three-step process that can help you find a way to give back to your community as well. Share a more meaningful experience with your significant other, sit down and take time to think about what you're both passionate about. Then, utilize your resources to do some research on the topic and

learn more about it. And last but not least, get out there in your local community and *just do it*! It's a great way to not only build a stronger bond with your love, but learn how to share the wealth with your own community!

The shirts are available to purchase on RipeBrand.org, but CupidsPulse.com is giving three readers the chance to win one of their own!

GIVEAWAY ALERT: To enter for a chance to win a RipeBrand t-shirt, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest and what you're passionate about in your community. We'll contact the three winners via Facebook when the contest is over, and they will have three days to respond back with their contact information, size and type of t-shirt they would like. The deadline to enter is 5 pm EST on Monday, October 28th. Good luck!

This giveaway is now closed. Thank you to those who participated!

Say Hello and Pick Up a Date With the Help of Some Seriously Friendly Breath Spray!



#### BASED ON THE WORLDWIDE BESTSELLER



This post was

sponsored by hello seriously friendly oral care.

#### By Priyanka Singh

Sometimes, the biggest struggle when it comes to dating is figuring out how to say hello to your crush. Making that first move doesn't have to be so scary anymore, especially if you know how to capture the attention of your potential love interest with confidence.

How do you break the ice when you're out with your friends and notice that cutie across the room? Two words: body language. Make eye contact and don't be afraid to show off your pearly whites. You want to make yourself approachable, and the best way to do that is with a seriously friendly gesture. If they happen to smile back, take the next step and say hi. When you meet someone new, you have a clean slate, so seize the opportunity to make a lasting first impression. Let your true self shine!

If you can't find the courage to say hello, resort to one of your favorite pickup lines. Choose wisely: If you want him to notice your sense of humor or her to realize that you're a sensitive guy, use a pickup line that reflects this part of

your personality. For something casual, say, "My friends bet me that I wouldn't be able to start a conversation with [the most beautiful girl or most handsome guy] in the bar. Can I buy you a drink with their money?"



Photo courtesy of hello seriously friendly oral care.

If you're *still* struggling with introductions, there is one thing that will give you the confidence to step out of your comfort zone: **hello** seriously friendly oral care. With flirty and delicious flavors like Sweet Cinnamint, Pink Grapefruit Mint, Supermint and Mojito Mint, you're sure to score that first date. All of these fabulous flavors are available as hello mouthwash, hello toothpaste and **hello** breath spray.

hello breath spray is super compact, so you can bring it anywhere. Designed by BMW DesignworksUSA, the container is easy on the eyes, whether it's sitting on your bathroom counter or tucked away in your handbag. Plus, hello products also contain no alcohol to dry out your mouth.

No luck making a connection so far? We have one more trick up our sleeve: If he happens to be an animal lover, let him know that **hello** products are not tested on animals and are made in the USA . That might just be the key that unlocks a second

#### date!

If you want to get seriously friendly with some of these different products, check out these stores to purchase hello oral care: Walgreens, Duane Reade, Target, Kroger, Ralphs, Fred Meyer, Stop & Shop, Giant, SOAP.com, Fry's Food and Drug Stores, Dillon's Food Stores, Quality Food Centers, JayC Food Stores, King Soopers, Smith's Food & Drug Stores, Martin's.

#### Happy flirting!

Check out hello seriously friendly oral care on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u> and <u>Pinterest</u>.



Share your favorite pickup lines with us in the comments below!

### 'Grace Unplugged' Shows the

### True Meaning of Success



#### BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Grace Unplugged is a moving film about a young woman, Grace Trey (played by AJ Michalka) who aspires to be a pop star. Her relationship with her father, Johnny Trey (played by James Denton), who gave up fame when he became a Christian is tested when he warns her that the glamorous life isn't what it appears to be.

#### Should you see it:

If you want to see something a little different from the typical rom-com movies, this might be a good choice. *Grace Unplugged* is a faith-based film, so expect to take away a lesson or two when you leave the theater.

#### Who to take:

This film would be good to see with anyone you're close with. Take your friends, family or girlfriend/boyfriend. If you can't manage to get anyone to tag along with you, you'll be perfectly fine going solo on this one.

Related: Should You Listen When Your Parents Advise You to Break Up?

What are some ways to fix a strained family relationship?

#### Cupid's Advice:

When you're on the outs with someone you care about it seems like everything else around you is falling apart as well. Sometimes, the smallest arguments can lead to even bigger problems, which can leave a once strong relationship in shambles. Cupid is here to help:

- 1. Start talking: The first step toward rebuilding your relationship is communication. You probably haven't talked to your loved one since whatever happened between the two of you. Now is the time to readdress the issue without exploding on each other. The first few conversations will be awkward, but you need to define where the two of you stand with each other and see what you need to do to fix the problem.
- 2. Think positive: Think about some of the things you appreciate about your family member. Keep those traits and good qualities in mind when you're in the middle of a disagreement. Remind yourself of all the times he/she has been there for you. The two of you might be going through a rough patch right now, but the love is still there.

Related: 'Things Never Said' is a Journey of Self-Discovery

3. Agree to disagree: If you can't seem to settle the issue without fighting, just agree to disagree. Not every problem will have a clear resolution, especially if you can't see eyeto-eye on the topic. Don't let something silly ruin the

relationship permanently. Move on from whatever is causing you so much trouble and start fresh.

What are some other ways to fix a strained family relationship? Comment below.

# Giveaway: Celebrate Breast Cancer Awareness Month with Gaiam!



#### BASED ON THE WORLDWIDE BESTSELLER



This post is

sponsored by Gaiam.

By Gabriela Robles

This October, celebrate Breast Cancer Awareness Month with two Gaiam products that are sure to get your blood pumping! The Pink Ribbon II yoga mat and Mari Winsor's Pink Ribbon Pilates DVD are great ways to show your support while taking care of yourself. As you may know, Gaiam is always committed to offering merchandise for those who long for an eco-conscious and healthy lifestyle. Being a big advocate for breast cancer awareness, one dollar from each purchase of these products will be donated to breast cancer research.

The Pink Ribbon II mat is lightweight and durable with high-texture that your fingers and toes will love as you break a sweat. It's soft exterior will cushion your body as you hit each pose throughout your workout. To offer a bit of motivation, this mat is decorated with inspirational and uplifting words written in white that form a ribbon to express breast cancer awareness.

Another favorite Gaiam product is celebrity trainer Mari Winsor's Pink Ribbon Pilates DVD. Stay fit with this new DVD that has four new 20-minute power Pilates workouts with one session that focuses on recovery. Each workout includes effective programs that will get you into shape in no time! This DVD even comes with a resistance band for quicker, stronger results.

Lucky for you, CupidsPulse.com is giving away Gaiam's Pink Ribbon II mat and Mari Winsor's Pink Ribbon Pilates DVD to one of our readers! To purchase these items, you can find them on Amazon.

GIVEAWAY ALERT: To enter for a chance to win the Gaiam Pink Ribbon II mat and Mari Winsor's Pink Ribbon Pilates DVD, go to our Facebook page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest and what your fitness goals are. We will contact the winner via Facebook when the contest is over, and they will have three days to respond back with their contact information. The

deadline to enter is 5 pm EST on Monday, October 14th. Good luck!

Congratulations to Diana Devlin!

Open to US residents only.

## Annette Bening Stars in 'The Face of Love'



#### BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Directed by Arie Posin, *The Face of Love* is about Nikki (played by Annette Bening) who still can't seem to get over the death of her husband. While still mourning the loss of her late spouse, she falls for an art teacher who happens to look

exactly like her deceased partner. As Nikki grows increasingly delusional, her new lover Tom (played by Ed Harris) starts on a journey to figure out the mystery behind her loss.

#### Should you see it:

Even though this movie falls under the romance genre, *The Face of Love* is sure to be filled with unexpected laughs considering the fact that Robin Williams, Amy Brenneman and Jess Weixler are just a few of the A-lists who will be included in this film.

#### Who to take:

The Face of Love would be great to see with a group of your closest friends. If your boyfriend/girlfriend doesn't mind a sappy movie here and there, think about taking them along as well.

Related: Lea Michele Dedicates Teen Choice Awards Glee Win to Cory Monteith

What are some ways to get over the death of a partner?

#### Cupid's Advice:

Losing someone you love is tough. It's natural to feel as though you'll never be able to share your heart with another person again, but eventually you'll have to move on and start to live your life. Nobody will ever take the place of the love you lost, but maybe you can make room for something completely different than what you had. Cupid is here to help:

1. Take you time: There's no pressure when it comes to how long it takes for you to grief and get over your tragic loss. Don't rush the process just because you think that's what your late honey would want. He/she would want you to heal on your own time. Dating should be the last thing on your mind while you get yourself back together. If you're looking for a bit of

company, spend more time with your family friends.

2. Distract yourself: Instead of letting yourself wallow in sadness, take up some new hobbies to help distract yourself from the pain. Start hiking, take a painting class, join a support group or show some interest in things that you used to before the tragedy happened. Anything you can do to take your mind off of what happened will help you in the long run.

Related: Gia Allemand's Boyfriend: 'I Don't Love You Anymore'

3. Remember the good times: When you find yourself thinking about your late loved one, reminisce on all of the good times instead of the bad. Focusing on the positive of your relationship rather than the negative will help you with any feelings of guilt or resentment. It'll take some time, but you will get through this.

How did you get over the death of a partner? Share your experience below.