



45 Things You Should Never Say In a Relationship

Nix these toxic phrases from your conversations with your S.O.

By Charlotte Hilton Andersen Sep 28, 2016 98 f t e

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 "If you tell your significant other that they're being crazy, it says to them that you don't respect them or care about their opinion. You're not only insinuating that they are being ridiculous, but that their feelings are insane. It makes the other person feel invalidated for being vulnerable enough to express their feelings. If you love your partner, you want them to feel secure when they are low, not more insecure," says Lori Bizzoco, relationship

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