

# Parenting Tips: How to Feel Sexy After Motherhood



By Kayla Garritano

No matter what your age, there was a time in your life you felt confident and sexy. When you have children, you begin to lose that confidence because you're so focused on taking care of them. You aren't paying attention to yourself. [Parenting](#) is not an easy task! Eventually, your kids start their own lives, and now you have time to focus on yourself. You just want to feel confident again. Take some of this advice, and you will be sure to feel sexy!

# These parenting tips will help you feel sexy after motherhood!

**1. Love your body:** Not too happy about the weight you've put on? Go for a run, join a gym, or do something that will shape your body into what you want it to be. If you can't sculpt it to how it used to be before children, don't worry! Just make sure you can feel confident, and realize your dedication will show some changes.

**2. Eat the right food:** If you eat cleaner and healthier, your body will thank you. Instead of rushing to eat since you never had time, you now can take the time and make the right food. No junk food or quick meals. You're going to feel the big difference.

**3. Go shopping:** Buy some clothes that make you feel like a million dollars. Try some outfits on, and if you like it, buy it. What styles make you look at yourself and smile? Don't think about if anyone else would like it. It's your style and your body. Feel sexy!

**Related Link:** [Celebrities Who Lose Baby Weight Fast](#)

**4: Have the right mindset:** Don't be so negative when things don't always go right. It takes a lot to make you tell yourself you're sexy. You didn't lose weight in a week? That's okay; don't give up. Be positive and that will help motivate you!

**5. You have the mom power:** You're a mother. You are an empowered, strong, tough woman who has birthed children, raised them, and helped them grow. That is a power that people who aren't moms don't have. You should feel sexy by just knowing you have power and there's something special about you. The look isn't everything; make sure you have the emotion to go with it!

**Related Link:** [Celebrity Mom Molly Sims Shares Secret To Losing Weight In Celebrity Video Interview](#)

**6. Put yourself first:** Ever since you became a mother, your children came first. That's parenting, and it's normal. However, it's good to put yourself first every once in a while. Think about what you want and what you need. You have needs, and you cannot forget that.

**7. Accept yourself:** There's no such thing as perfection. You're going to have flaws, and that's okay. Your body may not be how you imagined it, or how you were expecting it to be. There's always going to be something you don't like about yourself, but that doesn't mean other people notice it. It's time to accept it, move on, and be happy.

**What are some ways you got yourself to feel sexy after becoming a mother? Comment below!**

---

## **Product Review: A High Chair for All Ages**





By [Nicole Caico](#)

Nothing takes up more room in your kitchen than a baby's high chair. When it's time for your little one to sit down for a meal, the high chair may not seem like such an obstacle, but for a majority of the time, it's empty and just taking up space.

**The solution? Provide one seat that doubles in use for baby and adult!**

The [Beyond Junior Y High Chair](#) from Abiie can accommodate everyone from baby to adult. Instead of having to push a bulky high chair into a corner when guests come over, the Beyond Junior chair can be quickly transformed into a seat for your older guests. It's easy to clean, with a waterproof seat cushion and one hand removable tray that can be easily put in the dishwasher. It's also easy to fold for travel or storage.



You can find the Beyond Junior Y High Chair at varying prices, depending on the retailer, all just shy of about \$200. If you're planning to buy a high chair for your little one, the Beyond Junior chair is an investment. It will transform to fit your needs and your child's as they grow.

**This high chair is a must-get! Check out our other product reviews [here](#).**

---

## **Product Review: Listen To Your Baby's Heartbeat On Repeat With "My Baby's Heartbeat Bear"**







*This post is sponsored by “My Baby’s Heartbeat Bear”*

By [Nicole Caico](#)

Hearing your baby’s heartbeat on an ultrasound is one of the most precious sounds in the world. Most expectant moms would listen to their baby’s heartbeat over and over again if it were possible. Well, now it is! Former *Bachelorette* star turned celebrity mom, Ali Fedotowsky gave us the [celebrity news](#) about a product called [My Baby’s Heartbeat Bear](#) on her blog [AliLuvs.com](#).

## **Listen To Your Baby’s Heartbeat Forever With ‘My Baby’s Heartbeat Bear’**

The former reality TV star is in her last month of pregnancy and mentioned the “My Baby’s Heartbeat Bear” as a must-have

item for her nursery. Here's how it works. Expectant moms can choose a Heartbeat Buddy in the shape of a giraffe, teddy bear, hippo, elephant, monkey, lamb and much more. With all of the options offered, there is a Heartbeat Buddy to match every nursery. You can even coordinate the color of the stuffed animal for gender reveals.

Each stuffed animal comes with a heart shaped recorder that can be taken to an ultrasound appointment in order to record the sound of the baby's heartbeat. Once the sound is captured, the recorder is placed inside the stuffed animal, which is then tied and velcroed shut. From that point on, anytime Mom wants to hear the sound of her baby's heartbeat, she can squeeze her Heartbeat Buddy and feel the excitement all over again, and again, and again.

If you're expecting, now is the time to look into buying "My Baby's Heartbeat Bear".

**GIVEAWAY ALERT:** One lucky reader will now have the chance to win a My Baby's Heartbeat Bear by entering our giveaway! The bears are going fast. To enter, complete the form on our Contact Page. Pick "Giveaways" in the drop-down menu and include your name and address as well as "My Baby's Heartbeat Bear" in the message field. Our giveaway ends at 5 p.m. on August 8.

---

## **Product Review: Find Out Why Celebrity Babies Love Lorena**

# Canals Rugs



*This post is sponsored by Lorena Canals Rugs.*

By [Dena Linzer](#)

Your favorite famous couples aren't the only ones living in luxury. Their [celebrity babies](#) enjoy their cozy and stylish bedrooms just as much. Stars like Chrissy Teigen and [Kim Kardashian](#) are head over heels for Lorena Canals rugs, both owning the Galleta. If you're looking for some parenting advice on how to style your child's room, add that chic and comfy look with safe and eco-friendly rugs from [Lorena Canals](#).



# Decorate Your Child's Room Just Like a Celebrity Baby with Lorena Canals rugs

Lorena Canals rugs are more than your typical floor covering; they're free of toxic compounds and chemicals, which means they don't come with that "new carpet smell" that accompanies most synthetic rugs. They are machine-washable, all-natural, hypo-allergenic, *and* functional. Most importantly, they give you peace of mind. You can let your little ones roll around and crawl on these environmentally-friendly rugs with no worries for their safety.

If you enjoy giving back, purchasing one of these rugs will do just that. Buying a Lorena Canals rug helps send children in Northern India to school. Plus, with their own factory, the company is a leader in socially responsible manufacturing and guarantees no child labor.

It's no wonder that Tiffani Thiessen and Kimberly Caldwell are big fans of Lorena Canals rugs for their celebrity babies. These carpets are handmade, so just like your sweet tot, each one is unique. A rug is a perfect accessory to add both function and character to your child's room. With Lorena Canals, you know that your baby is getting the best!

**GIVEAWAY ALERT:** One lucky reader will now have the chance to win the Galleta rug that Chrissy Teigen and Kim Kardashian have just by entering our giveaway! The rugs the celebs have are going fast. To enter our giveaway complete the form on our [Contact Page](#). Pick "Giveaways" in the drop-down menu and include your name and address as well as "Lorena Canal Rugs" in the message field. For additional entries, you'll also need to follow Lorena Canals on [Instagram](#). Our giveaway ends at 5 p.m. on May 16.

*To learn more about or purchase a rug from Lorena*

Canals, visit [LorenaCanals.us](http://LorenaCanals.us).

---

# Product Review: Make Life Easier for You and Your Family with BubbleBum, Poli, and Booginhead



*This post is sponsored by BubbleBum, Poli, and Booginhead.*

By [Mary DeMaio](#)

When you're a parent and constantly on-the-go, your life can be stressful and overwhelming. You're always moving the booster seat in and out of the car. Your little ones spill milk or juice on the floor everyday. And then, there's dinner time! It can sometimes take an hour just to get little Johnny to eat his chicken nuggets. Believe it or not, there are a few products on the market that make parenting a little bit easier. In our [product review](#) below, check out some great items that both you and your baby are sure to love.

## Use This Product Review to Make Life Easier

First, the [BubbleBum](#) is an inflatable car booster seat that guarantees your child's safety and makes travel a lot smoother. It is portable, lightweight and for children between the ages of 4 and 11. This must-have product easily inflates and deflates, which makes it effortless to take along on vacations, beach days, or trips to Grandma's house.

The next product that will make your life simpler is the Poli Sippy Cup. The [Poli Sippy Cup](#) is easy to clean and is BPA-, phosphates-, and lead-free. It has an easy flow of liquids so your child doesn't have any tummy discomfort and also has a soft-chew resistant spout for babies that are teething. There are nursery rhymes featured on every cup, which promote early reading skills.

Finally, thanks to [Booginhead](#), dinner time will never be stressful again. This cool line of Super Power themed tableware and accessories will definitely keep your child entertained throughout the meal. The days of chasing them around the kitchen table with a spoon are behind you. These products have an interesting way of captivating children's

attention with their branded plate colors and bold words that pop. From cups and utensils to plates, these dinner sets are perfect for mixing and matching.

The three items in this product review are sure to make the days much less complicated and chaotic for the entire family. You and your partner will be happy that you have restored order back into your lives (at least for a little while).

*For more information about the products mentioned above, check out [BubbleBum](#), [USA Poli](#), and [BooginHead](#).*

---

## **Baby Fever: Dress and Wrap Your Child in Celebrity Style with These Comfortable & Cozy Products**







*This post is sponsored by The Feltman Brothers and The Ollie World.*

By [Mary DeMaio](#)

[The Feltman Brothers](#) and [The Ollie World](#) bring you the softest, most comfortable and stylish fashion and swaddles for your baby. The Feltman Brothers offer a number of options, from durable newborn pieces to cost-conscious toddler outfits. Your baby will have celebrity style in no time. You and your partner will love dressing your little sweetheart and may even cause you to catch [baby fever](#) (again). The new line is eco-friendly and is made from cotton from Peru. The Ollie World offers a chic designed swaddle line, The Nature Collection, in which lovely pastel colors are sleep inducing and calming for your little one. Both products are a celebrity style must-have this season!

# Celebrity Style: Keep your baby trendy and comfortable in these new collections.

With the new collections from The Feltman Brothers and The Ollie World, the perfect baby essentials are right at your fingertips. In the Pima Cotton Collection from the Feltman Brothers, your child will have everything from blankets, to hats and rompers. With this collection, the Peruvian cotton is made to last over multiple wearings and washings.

“Feltman’s provides the world with authentic and timeless fashion for babies in classic tradition,” states the website. “This reputation is the result of a strong commitment to quality, incomparable fabrics, exclusive designs, and attention to detail.”

**Related Link:** [Celebrity Babies Ride In Style With The Diono Pacifica Car Seat](#)

As for The Ollie World, their new Nature Collection is sure to help comfort your baby to sleep. Not only because of the softness of their fabrics, but because of the lavender, sky, nest, and stone colors.

They offer a variety of swaddle options featuring the “Ollie Swaddle,” which keeps your baby tightly bundled while regulating their temperature. Using Ollie swaddles help babies stay comfortable and cool, and reduces the risk of overheating. It also allows for quick access to diaper changes and is made to grow with your baby through important transitional stages, while supporting them as they hit significant developmental milestones. If baby fever strikes again, you will be all set with the Ollie Swaddle.

**Related Link:** [Olivia Wilde Discusses the Pros and Cons of](#)

## [Parenthood](#)

Both of these unique lines will have your child dressed in fashionable celebrity style from head to toe, and kept comfortably cozy during nighttime and naps. The only issue you will have is deciding which colors to choose from!

*For more information, check out [The Feltman Brother's](#) and [The Ollie World's](#) websites.*

---

**Thanks to DockATot Baby Loungers, Your Child Can Relax in Style**





*This post is sponsored by DockATot.*

By [Dena Linzer](#)

Ever wonder how celebrity babies like to relax? Look no further than the [DockATot](#) baby lounger! If your child struggles to get comfortable during their daytime naps or even while they're in their crib or your bed at night, this lounger will help them get the rest they need. Plus, you won't have to worry about their safety: The ideal hygienic microclimate mimics the womb, and the lounger is 100 percent breathable.

## **Tuck Your Baby Into a DockATot Tonight**

The DockATot baby lounger has a unique shape and design for a snug place for your baby to rest. All materials used are sourced from top-quality suppliers and are Oeko-Tex certified. Plus, all covers are machine-washable and safety-tested.



If you've been itching to plan a vacation inspired by your favorite celebrity couple but don't want to mess up your baby's sleep schedule, a DockATot will calm your worries. It's portable, making it easy for your child to snooze on-the-go. Whether you're enjoying the sunshine at the beach or in a cabin on a snowy mountaintop, your baby will sleep soundly, thanks to the DockATot.

Of course, these celebrity baby loungers are super chic and come in a selection of stylish colors. They're also available in two sizes: Deluxe and Grand. The Deluxe is meant for babies from birth to nine months. It provides a safe sleeping spot, facilitates tummy time, prevents flat head syndrome, and is the perfect place for diaper changes. The Grand is for children from nine months to three years old. It's perfect for bed transitioning, as the air permeable bumpers act like regular bed bumpers to help little ones feel snug and secure in their new big kid beds.

DockATot is a Mom's Choice Award, TillyWig Award and Silver NAPPA Award winner and has earned the National Parenting Center Seal of Approval. It's also won the Must-Have Award among celebrity moms and dads.

*For more information about DockATot, visit [DockATot.com](http://DockATot.com).*

---

## **Celebrity Babies Ride In Style With The Diono Pacifica Car Seat**



*This post is sponsored by Diono.*

By [Emma Malefakis](#)

We are all familiar with the hustle and bustle of the holiday season. There's no doubt that this time of year requires more traveling than usual. Between car rides from one holiday party to the next and long plane rides to visit family living far away, most of your time is spent on the go. Next time you prepare the kids for a long trip, don't do it without the [Diono Pacifica Convertible and Booster Car Seat](#). In the latest celebrity baby news, Hollywood couple Alessandra Ambrosio and Jamie Mazur choose the Diono Pacifica's style and safety for their [celebrity baby](#).

# Every Child is Treated Like a Celebrity Baby with the Diono Pacifica Car Seat

The new Diono Pacifica car seat brings safety to a whole new level with its full steel frame and reinforced extra side wall cushioning for enhanced impact protection from all angles. The Diono Pacifica is perfect for little travelers of different ages and sizes. Its rear facing capabilities protect children who are anywhere between 5 to 50 pounds. Forward facing, it comfortably seats children anywhere from 20-90 lbs with a 5-point harness. The Diono Pacifica is a purchase that will last for years. It even converts into a booster seat as your children grow from 50-120 pounds, or up to 57 inches.

Installation is far from difficult with its unique SuperLATCH system and removing the seat is just as easy. No reason to rethink date night when you can easily remove the seat and give it to your relatives or sitter, if needed. The Diono Pacifica folds flat for travel and is FAA certified, so vacations can be less stressful. Its unique space saving design provides a spacious interior for your child while allowing extra space for other passengers in your growing family. The Safety Synergy technology is also NCAP crash tested, verifying child seat performance in even the most severe accident conditions, ensuring the safest travels for your children.

**GIVEAWAY ALERT:** One lucky reader will now have the chance to own a Diono Pacifica Convertible and Booster Car Seat (Retail Value \$340) just by entering our giveaway! To enter our giveaway complete the form on our [Contact Page](#). Pick "Giveaways" in the dropdown menu and include your name and address as well as "Diono Pacifica Convertible and Booster Car Seat" in the message field. You'll also need to follow us on [Facebook](#), and comment on our Diono Pacifica post. Our giveaway

ends at 5 p.m. on Dec. 21.

Wishing you the best of luck!

*For more details on the Diono Pacifica Car Seat, check out Diono's [www.facebook.com/DionoUSA/?fref=ts](http://www.facebook.com/DionoUSA/?fref=ts), Twitter @DionoUSA, and [www.instagram.com/dionousa/](http://www.instagram.com/dionousa/).*

---

## **Celebrity Interview: Lifestyle Coach Laura Baron Talks Relationship Advice**







By Mackenzie Scibetta

If you're looking for guidance or direction in your life then listening to the unapologetic and uncompromising lifestyle coach Laura Baron may be just what you need. With a background in television, Baron has appeared on countless reality TV shows such as *Bad Girls Club* and *You're Cut Off*, giving contestants a taste of her own philosophy regarding career tips, relationship advice and family affairs. Baron is returning to the small screen as a [relationship expert](#) on Oxygen's new show *Fix My Mom*, which premieres tonight at 9/8 c, where she will tackle the issue of complicated mother-daughter duos who need serious help mending their bond. In our exclusive celebrity interview, Laura Baron offers her professional take on reality TV, dating and divorce.

**Timeless Relationship Advice from**

# Reality TV Life Coach

**In your experience, where have you found that women are most in need of a life coach? And, at what age do you feel this is most common?**

My private clients range from late twenties to late forties. They're usually at a transitional point whether it be in a relationship and love, a job, or getting back to who they really are. A woman reminding herself of her true value is often the underlying theme. But any age and any time is the right time, as long as she's ready to do the work!

**Related Link:** [Relationship Advice on Financial Infidelity](#)

**One of the mother-daughter groups faces a problem because the mother is dating younger men. What advice do you have for mother's who are on the dating scene and don't want to upset their children?**

This shouldn't be about upsetting the children, this should be about setting expectations that EVERY member of the family deserves happiness. I don't subscribe to the idea that mother's should put their lives on hold to satisfy their kids. It's strengthening for kids to see that mom is also a woman and there is life outside of the family. They will grow up with less guilt that their mom sacrificed everything and less obligation to be her sole support. In the process, moms can have open discourse to assure their kids understand she's not looking to replace them or their father, but merely looking to add more love and support into their lives.

**When is it the right time for a parent to start dating again after a divorce or tough break-up? And, how do they ease back into it if they have been out of the dating game for a long time?**

The time is right when that parent feels ready. It's not about

the action of going out to date, it's about the communication at home to make sure the kids feel safe and loved. They can ease back in by starting to have more social times with their same sex friends. Establishing a social life outside of the home is often the first hurdle parents have to get over. Then, get open and say hello.

**We see it time and time again, women settle for second best and end up in unhealthy relationships. What is the one piece of advice you would give to someone to help them avoid or break this pattern?**

To avoid getting in a toxic relationship, before you date others, date yourself. People who get into sub-standard relationships are looking to fill a need. Get honest with what you're working with, so you can both better take care of yourself and also look out for where you're letting someone in for the wrong reasons.

**Related Link:** [Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Existent"](#)

**What are three red flags (not obvious ones) that a woman can look for to know whether or not she is in a toxic relationship from the very beginning?**

1. Pattern of control. Unhealthy partners want to control you and it usually starts small. You deserve authority over all decisions you make.
2. Rude behavior. How people treat others who cannot ultimately 'benefit them' (i.e. waitstaff) is who they ultimately are. Someone who is comfortable belittling or being rude to another human regardless of their perceived status is going to eventually treat you the same way.
3. Woman power. There are men who love women and men who do not. You can tell by how he talks about women, treats the women in his life, and ultimately how he treats you. Choose a man who loves women, that simple.

**What is the best lesson viewers can take away from watching Fix My Mom?**

Change is not limited to these women. Yes, they worked their tails off. Please allow that dedication to inspire you, that ANY RELATIONSHIP CAN HEAL, as long as both people are committed. And as long as women support each other ANYTHING IS POSSIBLE!

*If you want to read more about Laura Baron or receive more advice then check out her website, [www.asklaurabaron.com/](http://www.asklaurabaron.com/) or follow her on Twitter @asklaurabaron and [www.facebook.com/asklaurabaron](http://www.facebook.com/asklaurabaron). Don't forget to tune into Fix My Mom tonight on Oxygen at 9/8 c.*

---

## **Celebrity Mom Molly Sims Shares Secret To Losing Baby Weight In Celebrity Video Interview**





Interview by [Lori Bizzoco](#). Written by Mackenzie Scibetta.

Keeping up with healthy trends is hard enough when you're single, but what about when you're busy balancing work and raising two kids? Model, actress, and [celebrity mom](#) Molly Sims shares that it's easy with simple scheduling and planning ahead. In our exclusive [celebrity video interview](#), Molly Sims opens up further about raising her family and how she keeps her life in harmony.

## **Molly Sims Shares How To Be Healthy as a Celebrity Mom**

Raising a 3-year-old and 6-month old baby is time-consuming. Squeezing in exercise time can seem like an impossible task. Molly Sims' advice for staying fit is to schedule time for yourself, even if it's only five minutes. "Even if you have 20



minutes you can workout,” she says. “Even if it’s at your house, even if it’s on your block.” Sims also shares that you can fit in a workout if you cut time away from other chores, such as getting ready in the morning. “Know what you’re going to wear for the week, it saves a lot of time and a lot of angst,” she added. Getting ahead as much as you can is vital to managing a hectic work week. Also, make sure you carve time out for your significant other! Your relationship and love life is important, so work with your partner as a team in order to balance everything on your to-do list.

**Related Link:** [Celebrity Video Interview: Molly Sims Talks About Her “Rocking Red” Hair: “I Feel Really Good!”](#)

In terms of finding time to eat healthy, Sims suggests always having a pack of almonds or a banana on hand to avoid indulging in sugary snacks when you’re on the go. It’s easy to be tempted by the convenience of fast food when you’re in a hurry, but having a healthy alternative with you will give you no reason to cave.

**Related Link:** [Comedian Wayne Brady On His Modern Family and Celebrity Ex: “We Truly Love Each Other – Like Back to the Wall, Fight Anybody”](#)

Throughout the celebrity video interview, Sims shows a clear sense of self-worth and self-love, demonstrating how important it is to be confident with ourselves. “The best advice I can give woman is feeling good on the inside...it’s really about feeling good with yourself right now,” Sims says. Rather than over-stress yourself with losing weight, first you must set a goal to be happy on the inside. Stress doesn’t have any benefit to our life so you must focus on personal happiness, then move on to weight loss. Sims also shares her own weight loss struggle. After giving birth to her first child she had to lose 85 lbs! Sims proves that even celebrity moms deal with the same weight-loss issues as regular moms.

*You can learn more about Molly Sims by following her on Twitter @MollyBSims or [www.instagram.com/mollybsims/](http://www.instagram.com/mollybsims/).*

*For more videos from [Cupidspulse.com](http://Cupidspulse.com), check out our [Youtube channel](#).*

---

## **Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: “We Carve Out Time for Each Other”**





Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

Fans may recognize Brooke Burke-Charvet from her time on the reality TV show *Dancing with the Stars*, but she's come a long way since then. She is married to musician and actor David Charvet and spends much of her time with her family, promoting a healthy lifestyle. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the actress and model about her relationship and love life, motherhood, and her busy career, including her current partnership with Walgreens for Red Nose Day.

**Related Link:** [Brooke Burke-Charvet Shares Love Life Secrets](#)

## Brooke Burke-Charvet Talks Red Nose Day in Celebrity Video Interview

Celebrated for over 25 years in the UK, Red Nose Day has been a day dedicated to raising money for underprivileged children

and families. On Thursday, May 21, the event will take off for the first time in the United States and include a night full of comedy, music, and fundraising that will help 12 charity organizations lift children and young people out of poverty, both in the U.S. and throughout the world. Burke-Charvet decided to partner with Walgreens for this fundraiser because she likes that “it’s really about children and young families.” Just buying the red rubber nose for one dollar at Walgreens will have an impact: “That money is going to go and make a difference for a lot of different causes – the Boys and Girls club of America, United Way, Feeding America,” the actress says.

As the mother of four children herself, she understands that teaching her celebrity kids generosity and charity is an important lesson. The model reveals that leading by example is the best way to teach your children that hard lesson. “It’s really interesting for them to be able to see it and understand it,” she shares in our celebrity video interview. “You can teach them to be generous and to give.”

Of course, fans remember the health scare that Burke-Charvet faced after being diagnosed with thyroid cancer in 2012. Now, she says, “Everything’s good. My health is perfect.” Her experiences and health issues have helped her recognize that “there’s somebody else somewhere who’s struggling with similar issues.”

**Related Link:** [Brooke Burke-Charvet Finally Weds David Charvet](#)

## **Television Personality Talks About Her Relationship and Love Life**

Although she’s a busy celebrity mom, she makes sure to prioritize her relationship and love life. “We carve out time for each other, which is super important,” she says of her marriage, “even if it’s just having lunch while the kids are







By [Rebecca White](#)

Terri Seymour is famously known for dating Simon Cowell for six years before their [celebrity break-up](#) in 2008. However, the *Extra* correspondent has moved on since then: She announced her celebrity pregnancy with boyfriend Clark Mallon in September and is excited to welcome their daughter into the world later this week. In our exclusive celebrity interview, the TV host opens up about her relationship with her ex and her celebrity baby news.

## Terri Seymour Talks About Celebrity Ex Simon Cowell

As fate would have it, Seymour is due around the same time that Cowell celebrates his son Eric's first birthday. The celebrity exes have remained close friends since their split, and the actress is even Eric's godmother. Of course, the possibility of these two celebrity kids falling in love has

been discussed among their closest friends. “Simon’s joked about that. He’s told me they will date, so we’ll see what happens,” she says with a laugh. “Eric is the most adorable, well-behaved little baby, so I’m sure he’ll grow up to be a lovely young man.”

It’s no surprise that she often wonders how Cowell ended up with such a sweet baby. “I’ve said to Simon before, ‘I can’t believe he’s your child!’ because he’s been so good since he was born,” the star gushes. For her daughter’s sake, she adds that they’ll “just have to make sure he doesn’t get on the naughty side!”

**Related Link:** [Simon Cowell Shares Photo and Gushes About Newborn Son](#)

Clearly, the celebrity exes have maintained a close friendship, despite their relationship and love life not working out so many years ago. “I think sometimes, when you’re in a relationship with somebody and you become such good friends, if you don’t have a terrible break-up, it makes it easier to remain friends,” Seymour shares in our celebrity interview. “If you have a terrible split, then that’s probably not going to happen.”

Cowell has even said that he will be the godfather of Seymour’s baby girl, although the TV host has yet to confirm.

## **TV Host Reveals Difficulties During Her Celebrity Pregnancy**

A pregnancy can be hard on anyone, even more so if you have systemic lupus like Seymour does. “I had a lot of sickness in the first seven months – I felt sick the whole time basically,” she divulges. “Now, I’m just feeling very tired and getting ready for the big day.”

While her lupus had nothing to do with the sickness she felt, her doctors are still monitoring her and the baby closely. "They won't let me go past my due date because of it," the actress says. "They're talking about maybe inducing me a little bit early."

While preparing for a baby is a great bonding experience for a couple, it can also test their partnership. "Pregnancy is really hard on a relationship and love. I think it can be very stressful," Seymour explains. "It can be hard for the guy, I think, when his wife, partner, girlfriend, whoever, is going crazy with all these hormone changes. We can be quite testy on them, like I've been for the last couple months! Towards the end, though, it just brings you even closer together."

**Related Link:** [Simon Cowell Is Having a Baby with Socialite Lauren Silverman](#)

Now that they're in the homestretch, the famous couple is focusing on getting their daughter's bedroom ready. "The nursery is really cute with a little bit of pink," the celebrity mom-to-be says. "It's got this very light-colored and fluffy cloud-like rug. We're just doing the accessories now, like pillows, baskets, and toys. We're trying to make it all cozy."

It's easy to see that the *Extra* correspondent and her celebrity love can't wait to become parents. "I'm definitely most excited about meeting our daughter for the first time," she reveals. "By the time you come to the end of your pregnancy, it feels like it's been going on forever, so you just want to meet your healthy, beautiful, new baby. I'm excited about becoming a mom. It's going to be life-changing."

Still, the host isn't going to let parenthood slow her down. In fact, she's already got a new project in the works: "I'm designing a diaper bag because I've had terrible trouble finding a beautiful, cool bag," she explains. "I'm really

excited about that. I'm hoping it's going to be ready when I have the baby because I still don't have one!"

*You can keep up with Terri on Twitter @terriseymour and [www.instagram.com/officialterriseymour/](http://www.instagram.com/officialterriseymour/).*

---

## **Celebrity Video Interview: Actress Tia Mowry Says, "There's No Such Thing as Balance!"**





Interview by [Lori Bizzoco](#). Written by Shannon Seibert. Perhaps fans best recognize Tia Mowry from the 1990s television series *Sister, Sister*, but she's come a long way since then! Currently playing Stephanie Phillips on the popular Nickelodeon show *Instant Mom*, she channels her real life experiences as a wife and mother for the role: She married actor Cory Hardrict in 2008, and they welcomed their son Cree Taylor into their family in 2011. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the actress about marriage, motherhood, and her busy career, including her current partnership with the National Center for Missing & Exploited Children (NCMEC) and Honeywell.

**Related Link:** [‘Sister, Sister’ Star Tia Mowry and Actor Husband Cory Hardrict Are Expecting](#)



# Tia Mowry on Being a Celebrity Mom

Finding balance can be seemingly impossible when you're a working parent – but Mowry has figured it out. “Be honest with yourself. In my opinion, there's no such thing as balance!” the celebrity mom says with a laugh. “Some days, you're going to be a better mom than other days.” She candidly adds, “I have a three-and-a-half year old at home, but I still consider myself a new mom. I'm still learning new things.”

Of course, there are some days where you just can't do it all. In those situations, she encourages other working parents to lean on their partners. “My husband is extremely considerate,” she shares in our celebrity video interview. “That's better than receiving flowers on Valentine's Day!”

## Actress Shares Relationship Advice in Celebrity Video Interview

Despite her busy schedule, the star still makes time for her favorite date nights with her man – relationship advice that she says is important for keeping the passion alive in a marriage. “It's when we both get dressed up and get sexy for ourselves, for each other. I put on my really nice, sexy dress and red lipstick, and my husband puts on a really nice suit,” she explains. “Then, we go to our favorite restaurant...and really have a great meal and have a great glass of wine.”

**Related Link:** [Date Idea: Spend an Intimate Night Indoors](#)

Mowry also talks with us about her work with the NCMEC and Honeywell and the KidSmartz “Safety Dance” contest. For her, this partnership was a no-brainer. “As soon as you become a mother, you're constantly worrying. My child's safety is my number one priority,” the celebrity mom reveals. For more information about KidSmartz and the current contest, check out their website.

*You can keep up with Tia on Twitter @TiaMowry and [www.facebook.com/TiaMowry](http://www.facebook.com/TiaMowry).*

*For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).*

---

## **‘The Bachelor’ Stars Catherine and Sean Lowe on Celebrity Baby Plans: “Not Anytime Soon”**





Interview by [Lori Bizzoco](#).

It's every *Bachelor* couple's fairytale to walk down the aisle after finding true love on ABC's hit reality TV show. For happy celebrity couple Catherine and Sean Lowe, that fairytale turned into a reality when the couple got hitched in a televised wedding earlier this year. Our executive editor and founder Lori Bizzoco talked to the happy celebrity couple at *OK!* magazine's New York Fashion Week celebration to get the scoop on married life, their recent appearance on *Bachelor In Paradise*, and their [celebrity baby](#) plans.

## ***The Bachelor* Couple Talk Marriage and Celebrity Baby Plans**

**Related Link:** [Ok! Magazine New York Fashion Week Celebration](#)

Since becoming Mr. and Mrs., it's no surprise that the newlyweds have learned a few things about each other. For

instance, Sean reveals, “She’s messy...and I’m a neat freak, so we’re working on that.” Still, marriage is “wonderful” for the pair. “I’m with my best friend all the time, so I can’t ask for anything more than that,” the former *Bachelor* adds.

As fans recently saw, the celebrity couple appeared on the finale of *Bachelor In Paradise* to give the final two pairs – Marcus Grodd and Lacy Faddoul and Cody Sattler and Michelle Money – a bit of relationship advice. While they believe that both reality TV dups will last, they’re particularly excited for newly-engaged Grodd and Faddoul. “If Lacy ends up moving to Dallas to be with Marcus, we’ll be doing some double dates,” Catherine says.

We couldn’t resist asking about their future plans for a celebrity baby. Not anytime soon!” Catherine shares. “But yes, of course, we want a family.”

**Related Link:** [Sean Lowe Writes, “My Wife is Hot and I’m in Love”](#)

In the mean time, the happy couple is enjoying their time together as husband and wife. When it comes to date night outfits, the fashionable graphic designer says, “There is never a go-to. It’s always, ‘What are we doing?’ I need to be appropriately dressed.” Looking lovingly at her hubby, she adds, “I like wearing my hair up because he likes my hair up.”

*Keep up with Sean and Catherine on Twitter: @SeanLowe09 and @clmgiudici!*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

---

# Celebrity Interview: Maternity Expert Rosie Pope Encourages Moms “To Be Really Present in the Moment”



Interview by [Lori Bizzoco](#). Written by Laura Seaman.

Rosie Pope knows all things related to pregnancy and parenting, bringing child care and fashion advice to mothers and mothers-to-be everywhere. She owns Rosie Pope Maternity and Rosie Pope Baby, runs MomPrep classes, and is often featured on television for her mothering expertise. Fans



may also recognize her from the Bravo reality TV show *Pregnant in Heels*. As if that's not enough to keep her busy, she's also the author of *Mommy IQ: The Complete Guide to Pregnancy*.

## Celebrity Interview with Reality TV Star Rosie Pope

The maternity expert and celebrity mom welcomed her fourth child, daughter Bridget Monroe, in March, and luckily, her older kids – son James Roderick, almost 6, son Wellington Reade, 3, and daughter Vivienne Madison, 2 – are happy to have a new baby sister. “The sweetest thing about bringing Bridget into the world is that her siblings are so attentive to her. They want to do everything for her and just be really involved,” she explains in our celebrity interview. This new baby didn't bring the jealousy and clambering for attention like the previous children did, so maybe the fourth time is the charm!

Of course, with summer coming to a close, we asked the London-born star about how having a big family affects their [celebrity vacations](#) and time together. They like to keep it local, though she says they're a “pretty adventurous” bunch. When it comes to transportation, driving is the only option, as you can imagine the hassle of a family of six at the airport. “We're all about the minivan!”

There's one mother that we'll never see driving a minivan, and that's Kate Middleton, the beautiful Duchess of Cambridge. Middleton and Prince William recently celebrated their son Prince George's first birthday, and the media didn't miss a second of the celebration. So how will the royal lifestyle impact the adorable prince's upbringing? “As he gets older, he's going to start being more and more aware of what's going on around him. As a baby, he doesn't realize that there are paparazzi everywhere and that everyone wants to know everything about him.” Of course, his father was also brought

up in the public eye, and he can help his son every step of the way.

**Related Link:** [Prince William and Kate Middleton Attend Church Without Prince George](#)

## **Celebrity Mom Shares Best Relationship Advice**

Whether you're the future queen of England or a mother of two in a small town, you can bet that your marriage will change after you have children. A growing family means more stress and responsibility, but it also brings a new happiness that you didn't have before. Sometimes, it's hard to remember how to be a couple with your partner, but Pope has some relationship advice for every parent to follow.

First, you have to make good communication a priority in your relationship. "It's really, really difficult to communicate with each other when so much is going on. You have to be honest about the things that aren't working and the things that are working," she shares in our celebrity interview. "If you dish it out, you have to be able to take it too. So if you want your partner to be honest with you about things that aren't quite right, you have to be able to handle that."

Next, she encourages you to not wait until Friday night to have a date night. Take advantage of any free time and do something spontaneously! Pope's favorite date night is when her and her husband enjoy some alone time at home. After all of the kids are in bed, her husband cooks a delicious meal, she makes cocktails, and they meet on the porch to have a romantic evening together.

The third must on the maternity expert's list is taking the normal parts of every day and making them special. This could be going to the gym together, taking a trip to the

grocery store, or getting ready together in the morning. Use these seemingly ordinary daily chores to enjoy each other's presence and build on your relationship. Now that your life is busier than ever, you need to appreciate the little things.

**Related Link:** [Make Your Relationship Count This Year](#)

Last on the celebrity mom's list of advice is telling your love story when times get tough to "remind each other of how you used to feel." Now that you're parents, it might be hard to remember when you were both single and just getting to know each other. Think about falling head-over-heels in love with each other and why you thought your partner was the perfect person for you.

Perhaps the most difficult adjustment for new parents to make is finding time to be intimate. Her solution to this situation is, as she put it, very much like going to the gym: "Get creative, make yourself do it, and you won't regret it!" Remind yourself that you have to be intimate as a couple, even with the hustle and bustle of being parents. You have to work for it!

Not only does Pope have the busy life of a wife and mom, but she's also juggling the stress and pressure of an extremely successful career as a maternity expert. Handling it all is simple: "It's about two things. First, you have to be really present in the moment, because you don't have a lot of time to do anything. Savor any minutes that you spend by yourself, with your kids, or while you're at work. You have to be 100 percent present to feel fulfilled and know that you're getting the most out of every moment."

And second, you have to remember that life changes. The kids won't be toddlers forever, so you won't always have to deal with the messes, the need for attention, and the constant craziness of little ones. However, that also means that the positives of the toddler stage will fade. "Now, they want to

play with me all of the time, but I know in a few years, I won't be cool enough," the author says with a laugh.

**Related Link:** [Rosie Pope Welcomes Baby Girl on Mother's Day](#)

Pope is one mother who seems to have it all figured out. And she certainly knows what's *not* in her future: another reality TV show. "Reality TV is crazy, and I don't think I'm that crazy!" Don't rule out a second book – or a fifth child – just yet though. "If I don't have another baby, maybe I'll write another book next year!"

For now, she's focusing on her baby clothing line, Rosie Pope Baby, which launched in February and is continuing to expand. The adorable outfits are available in a variety of sizes, ranging from newborn to two years old. "It's a real marriage between fashion and function," she explains. "I think parents will find it very practical but also very pleasing."

*To see more of Rosie, check out her website, <https://rosiepoppe.com/>. She also responds to questions via social media on her Twitter @RosiePope, [www.facebook.com/RosiePope](http://www.facebook.com/RosiePope), [www.instagram.com/rosiepoppe/](http://www.instagram.com/rosiepoppe/), and [/www.pinterest.com/rosiepoppe/](http://www.pinterest.com/rosiepoppe/).*

---

## Celebrity Interview: Katherine Heigl Says "Family Comes First"





By Shannon Seibert

Katherine Heigl has become the ultimate celebrity mom since adopting her two beautiful daughters, Naleigh, 5, and Adalaide, 2. This September, the actress graces the cover of *Good Housekeeping* and opens up about living in Utah with her husband Josh Kelley and their kids. Heigl recently opened up to *Celebrity Baby Scoop* in a celebrity interview about her experiences with each of her daughters and the pleasures of being a mother.

## Katherine Heigl on Being a Celebrity Mom

Related Link: [Alicia Keys Is Pregnant With Second Child](#)

What was it like starring on *Grey's Anatomy* after adopting Naleigh in 2009?



**KH:** “I would come home angry and frustrated that I’d missed everything with my kid that day. I didn’t get to wake her up from her nap or do bath time or bedtime. I’d have to sneak into her room and kiss her when she was sleeping, hoping not to wake her up. I felt like my priorities were messed up. I was putting so much time and energy into just my work, but I was raised [to believe] that family comes first.”

### **How is living in Utah?**

**KH:** “We had big dreams of expanding our family, moving to the mountains, and having a quieter life. Utah is spectacularly beautiful; the people are wonderful and kind; it’s an easy commute from L.A. – and there’s no traffic!”

**Related Link:** [Megan Fox: “It’s So Hard To Be A Working Mom”](#)

### **How was your experience with adopting Adalaide from Louisiana in 2012?**

**KH:** “We brought her home, and right away, Naleigh was like a little mommy. She’d say, ‘No, no. You’re not holding her right.’ Or ‘She needs to eat again.’ I’d be like, ‘Would you back off? Just give me a minute!’ Naleigh would go off to her ballet classes and other stuff, and I would sit with the baby at home. I would read, and she would lie on my chest, and we’d lie on the couch with, like, four dogs and watch *Friday Night Lights*.”

*For the rest of the celebrity interview, visit [www.celebritybabyscoop.com/2014/08/06/katherine-believe-family/](http://www.celebritybabyscoop.com/2014/08/06/katherine-believe-family/)*

---

# MatchMade Scholarship: Connecting the Children of Match Couples to an Education



*This post is sponsored by [Match.com](https://www.Match.com).*

By [Lori Bizzoco](https://www.LoriBizzoco.com) and Liz Kim

First comes love, then comes marriage, then comes the – well, you know the rest. [Match.com](https://www.Match.com) was launched in 1995, and since then, it has become one of the largest online dating sites in the world. With all those success stories, can you guess how many babies have been “made” through Match.com connections?

Over 1 million! With this thought in mind, Match.com is excited to launch their annual scholarship program, MatchMade Scholarships. One lucky winner will receive \$50,000 towards their first year of college, and their parents will win \$5,000 towards a MatchMade Getaway.

For me, MatchMade hits particularly close to home. I met my husband Drew on Match.com in 2003. He didn't fit my "type," and after our first date, I never called him back – but if at first you don't succeed, try, try again. Drew messaged me for the second time in 2006, and I decided to give him another chance. Nine weeks later, during a whirlwind Valentine's Day trip to Mexico, Drew proposed to me on the beach. After nearly seven years, we are still happily married and have two beautiful daughters, ages 3 and 5.

As parents, Drew and I understand that it's never too early to start thinking about your child's future. College tuitions are more expensive than ever, and Match.com is here to help. For nearly 20 years, happy couples have been sharing their Match.com stories, and now the site wants to hear from your kids. The rules are simple: Children between the ages of 13-20 are asked to creatively tell their parents' love story (who met on Match.com, of course) in a 1-2 minute video.

Need some inspiration? Check out MatchMade's Launch [video](#) on what happens when you ask kids about life and love. These children aren't afraid to tell it like it is, and that's exactly what Match.com wants from the contest entries. Beginning May 5th through June 30th, kids can submit their video creations via MatchMade's website. Whether side-splittingly hilarious or grab-the-tissues moving, only the most creative video will win.

Up to 10 finalists will be chosen in July, and on August 18th, their fate will be in the public's hands. On September 1st, the video with the highest number of shares will be announced, and the winner will receive a grand prize of \$50,000 towards

their first year of college. Of course, Match.com hasn't forgotten about the parents: They will receive \$5,000 towards a MatchMade getaway!

From first emails to walking down the aisle, Match.com wants to hear every heartfelt love story of couples who met on the site. Once you make the video, share it using #MatchMade – the more shares you get, the greater your chance of taking home the grand prize. Now, go grab your camera and get creative!

*Please visit [MatchMade](#) for all of the rules and to enter the contest. Good luck!*

---

## Reality TV Star Farrah Abraham Talks Next Career Move





Interview by Shannah Henderson.

## Exclusive Celebrity Interview with Farrah Abraham

We recognize Farrah Abraham from *Teen Mom* and *Couple's Therapy*, and we'll get to know the reality TV star even better when her special *Being Farrah* airs on MTV later this year. In our [exclusive celebrity interview](#), we chatted with the single celebrity mom about her Valentine's Day plans and upcoming projects.

**Related Link:** [Farrah Abraham Discusses Her Life as a 'Teen Mom'](#)

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).



---

# ‘Bachelorette’ Trista Sutter Talks About ‘Happily Ever After’: “Ryan and I Make It Work for No One But Ourselves”

**Cupid's Pulse**  
★ Celebrities. Love. Opinions. ★



By Kristin Mattern

Reality TV viewers know Trista Sutter from the first season of *The Bachelor* where she grew to be a fan favorite on the show. When she ended as runner-up, ABC chose her as the first star of their new show, [The Bachelorette](#). It was there that she met and fell in love with her husband, firefighter Ryan Sutter. Defying the bleak love statistics of the popular ABC franchise (as of 2013, only three famous couples have gotten hitched out of 25 seasons), Trista and Ryan married in 2003 and have since welcomed two beautiful children – Maxwell Alston and Blakesley Grace. Family life hasn't slowed down this stay-at-home celebrity mom. She regularly contributes to several blogs and most recently wrote a book about the power of gratitude.

**Related Link:** [Reality Stars Who Found Real Love: Trista and Ryan Sutter](#)

## **Celebrity Interview with Former Bachelorette Star Trista Sutter**

*Happily Ever After: The Life-Changing Power of a Grateful Heart* was inspired by Sutter's desire to write about a topic she could speak to authentically and realized that the subject most important to her was gratitude. "It's kept me uplifted during the hard times and grounded during the high times," she says in our celebrity interview. "I truly hope I'm able to encourage happiness in my readers by writing about its value through the stories of my life, others' lives, and the incredible scientific research proving its positive effects." The title stems from the reality TV star's Disney-like romance, but her book also showcases that life isn't perfect. Sutter believes that "if you embrace a grateful heart, your fairy tale will reveal itself through a happier life."



With Thanksgiving only a few days away, the release of Sutter's book is fitting. The mother-of-two says she is most thankful for her relationships with family and friends and the experiences in life that have taught her to cherish her blessings. "Moments full of sadness or strife have made me realize how short life is and helped me to appreciate it," she says.

**Related Link:** [Five Bachelor and Bachelorette Couples We Can Learn From](#)

## Trista Sutter Opens Up About Her Relationship and Love

When it comes to her celebrity marriage, Sutter says her relationship with husband Ryan is based on true love. Asked if they ever feel pressured to stay together because of their reality TV past, the starlet candidly responds, "I wouldn't say that we are pressured to stay together, but I'll admit that I would never want to disappoint our hopeful fans if we were to ever decide that our marriage wasn't healthy anymore. We love each other and make it work for no one else but ourselves." This December, the happy couple will be celebrating their ten-year anniversary, but they're keeping their plans a secret for now!

Over the last decade, their relationship and love has evolved simply because they've become parents and have "two tiny humans to concern themselves with." The charms that keep their fairy-tale marriage under a love spell are simple: "communication, love, respect, trust, honesty, fun, humor, adventure, commitment, friendship, forgiveness, and faith." Quite a long list, but it works for them!

The Sutter's haven't told their son and daughter about their unconventional romance but will do so when the kids are older. When the parents do share their love story, the Colorado natives plan to give this relationship advice: "Be yourself, marry your best friend, and never settle. The fairy tale is out there, and even though everyone suffers through heartache, we need to be grateful for the road that leads us to the eventual path to our soul mate." In the meantime, she and Ryan are focused on filling their children's lives with positivity and every night, they recount the blessings of the day.

**Related Link:** [Love Lesson's From ABC's 'The Bachelor'](#)

Never one to slow down, she is continuing her work by partnering with GloryHaus.com and featuring a line of gifts called "The Grateful Heart Collection," which includes picture frames, wall art, magnets, pillows, jewelry, tote bags, and more – all created with the intention of spreading the word about gratitude. Just in time to start your holiday shopping!

With the next season of *The Bachelor* due to air soon, Sutter advises those women seeking to win the heart of Juan Pablo to have fun, be themselves and make friends!

*To learn more about Sutter and The Grateful Heart Collection, visit her website, [www.tristasutter.com/index.html](http://www.tristasutter.com/index.html). Her book, Happily Ever After: The Life-Changing Power of a Grateful Heart, goes on sale today.*



---

# SnoozeShade Deluxe and BubbleBum Makes Being a Mom Easier!



*This post is sponsored by SnoozeShade Deluxe and BubbleBum.*

By Gabriela Robles

Being out and about with your child can be tricky when it comes to keeping them comfortable and happy. If you've had



this problem over the summer, look no further than SnoozeShade Deluxe and BubbleBum!

SnoozeShade Deluxe sun and sleep shades were made for strollers and car seats to guard your child from pests, weather conditions and the sun. It features smooth, silver exterior fabric and safety-certified snaps. Additionally, the “snooze mode” screen along with a “lookout mode” window filters 97.5 percent of UV rays but allows your child to see outside of their stroller or car seat. SnoozeShade Deluxe is one of 27 finalists in the Red Tricycle Awards’ for “Most Awesome Stroller Accessories.”

Another great product for young kids is the BubbleBum. Created for children ages four to eleven, this inflatable booster seat weighs less than one pound, inflates quickly and fits comfortably in the back seat of any car. The best part is, when you’re not using it, you can just deflate it, pack it up and save it for next time. Offered in black and purple, this seat is sure to keep your children contented. BubbleBum has also been chosen as one of 16 finalists in the 2013 Red Tricycle Awards’ for “Most Awesome Car Seats.”

*Be sure to check out SnoozeShade Deluxe on their website [www.snoozeshade.com/](http://www.snoozeshade.com/), [www.facebook.com/SnoozeShade](http://www.facebook.com/SnoozeShade), and Twitter @SnoozeShade. For more information about BubbleBum inflatable carseat, visit their website [www.bubblebum.co/us/](http://www.bubblebum.co/us/). You can vote for SnoozeShade Deluxe and BubbleBum for the Red Tricycle 2013 Totally Awesome Awards on their website until August 15th!*

---

# Palmer's Spokesperson Ali Landry Chats About Making Her Family a Priority



By Kerri Sheehan

Hollywood mom Ali Landry isn't letting anything slow her down! Perhaps best known as the Doritos Girl from a 1998 Super Bowl commercial, the former Miss USA is now focused on family life. Since marrying film director Alejandro Monteverde in 2006, she's been staying busy thanks to her growing family: her six-year-old daughter Estela, two-year-old son Marcelo, and the newest edition, baby boy Valentin Francesco, who was born

earlier this summer on July 11th.

So does she have any tips for other moms with young kids? Landry answers with a laugh, “No, because I wish they would give me advice!” On a more serious note, she explains, “It’s tough to juggle everything because you want to do everything yourself.” When it comes to adding another child into the mix, Landry believes it’s important to “put your focus on your older children because they’re the ones that realize something is different. They need a little extra love.”

**Related Link:** [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

As many twosomes know, it’s easy to get caught up in being parents and forget the importance of being partners. Landry and her husband, though, always make sure to find time for each other. “Life is really busy, and if we aren’t good as a couple, then we aren’t good for our family. We definitely make our relationship and our family a priority. We don’t take that for granted.”

The 39-year-old actress reveals that little getaways help keep their marriage strong. “We’ll get away from the house and sleep at a hotel for a night, or we’ll do a quick getaway in Mexico. It’s our time,” she explains. “When we’re home, we’re still focusing on the family and what needs to be done around the house. When we remove ourselves from that, whether it’s for a date night or a short trip, we can really let go and focus on each other. We try to do that pretty often.”

As important as her home life is, the television personality isn’t ready to step out of the spotlight just yet. In fact, her role as a mother inspired her recent reprisal as the spokesperson for Palmer’s Cocoa Butter Formula and their national ad campaign. Landry first started using Palmer’s products while pregnant with her daughter. “I was looking through magazines, and there were all these ads featuring some of my celebrity mom friends who were pregnant at the time. I

thought to myself, ‘Oh my gosh, they look so great pregnant! How brave of them to actually show off their bellies! I should really try these products.’ I started using Palmer’s and really loved the results.”

**Related Link:** [10 New Celebrity Moms](#)

The model made her debut as their spokesperson two years ago when she was pregnant with her first son. “Our whole family uses Palmer’s products, and we love them. I am ecstatic to work with them again!” It’s only fitting then that her two older children joined her for the current campaign.

As an alumna of *People* magazine’s 50 Most Beautiful People, Landry says she relies on Palmer’s to keep her skin looking wonderful. She also notes, “I drink a lot of water and always have – you have to hydrate your body from the inside and out. I exercise too.” Of course, balance is key. “I’m not super strict with my diet. If I want cake, I’ll have cake, and if I want ice cream, I’ll have ice cream, but for the most part, I do eat pretty healthy.” This attitude makes her a great mother, a great wife – and a great role model for her fans.

*For more information about Ali Landry, you can follow her on Twitter and Facebook.*

---

## **‘Scary Movie 5’ Actress Molly Shannon Talks About Life’s Biggest Headaches & Being a**

# “Happy Mom”



By [Lori Bizzoco](#)

Actress and comedienne Molly Shannon first stole our hearts on *Saturday Night Live* in the mid-1990s. Since then, her career has expanded to include movie star in *How the Grinch Stole Christmas* and the recently-released *Scary Movie 5*. Additionally, she's a children's author, her book *Tilly the Trickster*, is inspired by her own childhood and the silly antics she used to play. Here, the newly-named Excedrin spokesperson chats about what gives her the biggest headache. Shannon also opens up about life with her husband Fritz Chesnut and their two children, Stella and Nolan. She gives us the inside scoop about how she uses her comedic background and attitude to be a better parent, saying, "I know for sure



that my kids think of me as a happy mom, someone full of joy.”  
For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).

---

## ‘Beverly Hills Nannies’ Star Marika Tsircou Says, “My Baby is My Life”



By Deanna Atkins

ABC Family's new reality series, 'Beverly Hills Nannies,' premiered on Wednesday, July 11th, and although the nannies may run the show, stay-at-home mom Marika Tsirocou brings tons of humor and personality to the table. In the pilot, Marika's nanny, Justin, is blown away by Marika's 10-month-old, Xander's, lavish wardrobe – he's asked to iron the baby's Burberry. The 90210 mommy lives fabulously but always puts her son and husband first.

Marika and husband Kyri were married for seven years before bringing their baby into the world. The couple enjoyed a luxurious marriage filled with exclusive events and dinners, travel and friends, which they put the brakes on entirely to be with their little one at every possible moment. The new mom shares, "All that matters is this little baby; newborns need their mommy all of the time, so you have to make sacrifices."

**Related:** [Jessica Simpson Says, "Motherhood is the Best Thing I've Ever Experienced"](#)

Being an attorney, Kyri endures long work days, but Marika tells us that both her and her husband take shifts with Xander during the week and enjoy trips to the park, zoo and Grandma's house on the weekends. Before Kyri starts his work day, he spends time with Xander: they eat breakfast together and play, while Marika jumps at the opportunity of an extra hour of sleep. The two certainly make a good team, which Marika believes is due to their relationship's strong foundation.

"Before having a baby, we actually took the time to be a couple. We'd already gone through everything together, so we knew that we were in it for the long haul," Marika says. She believes that in order to be the best parents you can be, your relationship needs to be at its strongest. She and Kyri weren't used to dirty dishes piling up or the change in their sex drive, but they knew it wouldn't last and, in time, their relationship returned to normal. Most couples have a hard time realizing that because they're not used to things being

different or difficult.

**Related:** [Three Tips to Enjoy Marriage Despite the Battles](#)

“We are both very different people, and I think that is what makes us work so well together,” reveals the reality star. On the show, Justin claims that Kyri is a lot more laid back than Marika, and she doesn’t hesitate to agree. “He’s calm, cool and collected, while I’m more artistic and always eager to be the center of attention – which is why we complement each other so well.” The love birds accept and embrace each other’s similarities and differences, which truly keeps their union thriving. Because of the success of her own marriage, Marika recommends that people don’t look for a mate who’s exactly like them.

As a stay-at-home parent, Marika doesn’t necessarily need a nanny, but the extra help doesn’t hurt. She prefers to be the one to put Xander down for all of his naps, but when she takes some time for herself to paint, it’s nice to have someone she can count on to watch her pride and joy for that small portion of the day.

The nannies on the show include the most sought-after sitters in the world, but when choosing the perfect nanny, the Beverly Hills mom shares some universal advice. She explains, “You really need to find someone who is loving, compassionate, educated and well-certified.” She also stresses how important it is to trust the person that cares for your child. “I need to know that they’re somebody like me, that they’re going to love this baby like there’s no tomorrow.”

**Related:** [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

All new mothers can relate to the uneasiness of leaving their child in another person’s hands, and that’s why, since Xander was born, Marika has only missed putting him to bed at night twice. Everyone takes a different approach to parenting, but these reality show parents appear to be naturals – and we

think their happy baby would agree.

*You can keep up with the twosome and their Gucci-wearing little guy on ABC Family's new hit show 'Beverly Hills Nannies,' airing on Wednesdays at 9/8 PM CT.*

---

## **EXCLUSIVE: 'Teen Mom' Farrah Abraham Says "I Want a Man Who is the Guy Version of Me"**





By Sarah Ribeiro

In the final season of 'Teen Mom,' which premiered on Tuesday, June 12, we are going to see Farrah Abraham as more than just a teen mom. In the premiere, she makes the decision to move from Iowa to Florida with her daughter Sophia, now three-years-old, to study culinary management and begin her life as an adult.

After reaching fame on the hit MTV series '16 and Pregnant,' she showcased her struggles as a single mother in 'Teen Mom.' Furthering her success, she recently announced her partnership with LA modeling agency Models International as well as the release of her first book, 'My Teenage Dream Ended,' which is due later this summer.

However, she says she won't let her fame get in the way of her relationship with her daughter. "Nothing hinders me from being a great mother," she says. "I will always use my accomplishments to help others and to find more worthwhile



projects for myself.”

**Related:** [‘Teen Mom’ Star Farrah Abraham Thinks About Giving Up Modeling for Daughter](#)

The “Momtrepreneur,” as she calls herself, has reached many achievements outside of her life as a reality television star. She has created her own brand of Italian Hot Pepper Sauce, appropriately named ‘Mom & Me.’ Her motivation, she says, always comes from within: “If you have drive to make a comfortable life for yourself and your family, make no excuses and take action.”

In light of her success, Abraham is focusing on her goals rather than romance. In a touching scene in the ‘Teen Mom’ premiere, she visits the grave of Derek Underwood, Sophia’s father, on what would be his twenty-first birthday. Holding back tears, she recalls her time with Derek and wishes he were there to help her raise Sophia. Despite this lament, she is happy on her own.

Abraham doesn’t want to force herself into finding love and tries to think it through before she says yes to a date. She explains, “Now, I only go on dates if I really like someone, rather than going on dates just because.”

Of course, she has certain criteria that she looks for in a man. It’s important for her to find someone who works well with her hectic life as an entrepreneur and a single mother. “If a guy cannot fit in my life naturally, then I don’t know how he can ever really be a part of it,” she says.

Even so, she emphasizes that her success won’t get in the way of dating. “I want someone who is basically the guy version of me,” she reveals. “He needs to work hard and have a good sense of humor. It’s important that he is intelligent, friendly and family-oriented too.”

**Related:** [Five Top Tips On How To Find “The One”](#)

Dating as a single mother is challenging but Abraham says that honesty makes it easier. "I've learned from other dates that it's best to say you have a child up front, she says. "Guys look at me differently when they think I'm single and twenty-one."

For single parents looking to date, her advice is "Stay true to who you are!" And for those people dating a single parent, she begs that they "be understanding of the time the parent needs to spend with their child."

Although she knows what she wants when it comes to finding the right man, she reveals that we won't see much of her dating on this season of 'Teen Mom.' Instead, she deals with living on her own, raising Sophia, being a student and finding success through her ventures in modeling and writing.

Given her time in the spotlight, Abraham feels like a role model for other single mothers. She encourages them to stay strong and motivated and to find their own happiness. She explains, "Look at me and other single moms who you respect. Try to be a hard-working, Momtrepreneur like them!"

While she's ready for whatever comes next, Abraham is thankful for the hardships she faced during previous seasons of 'Teen Mom' and believes that they've helped her make it this far. "It has inspired me and shown me that no obstacle is too great, that nothing can get in the way of making my wishes and goals come true," she shares. "Everything is at your fingertips – you just have to put your best effort forward to make it happen."

*You can catch Abraham on season four of 'Teen Mom,' which airs on Tuesdays at 10/9CT on MTV. You can also follow her on [Twitter](#) or [Facebook](#). To pre-order her book 'My Teenage Dream Ended,' click [here](#).*