

Top 5 Most Traveled Celebrity Couples



By Nisha

Ramirez and Kayla Garritano

Once you get past the daunting task of packing and getting through airport security, traveling can be a great way to bond with your partner. Whether you decide to take a road trip through the 50 states or hop on a plane headed around the world, visiting a new place and learning a new culture can bring the two of you closer. [Celebrity couples](#) are always seen traveling together, and just like them, you could have your very own [romantic getaway](#).

These celebrity couples have taken

traveling to the extreme:

1. Ethan Zohn and Jenna Morasca: Ethan Zohn won the hit reality TV show *Survivor Africa*. His girlfriend, Jenna Morasca, won *Survivor Amazon*. After being together for eight years, the adventure loving couple took traveling to new heights and joined the cast of *The Amazing Race* in September. Zohn and Morasca hoped the competition across the world would help them relieve stress following Zohn's battle against Hodgkin's disease.

2. Kylie Jenner and Tyga: It seems Kylie Jenner and her on-again off-again beau Tyga are always jet setting someplace new. Whether it's Mexico, the Caribbean, Turks and Caicos, or Miami, they seem to prefer tropical locals. They even sometimes bring Cairo, Tyga's song with Blac Chyna, on their trips with them. It's a true family affair!

Related Link: [Take a Walk on the Wild Side of the Caribbean](#)

3. Jay-Z and Beyonce: These two hip-hop and R&B superstars are always hopping on planes. From laid-back summer vacations to mixing work and pleasure, Jay and Bey have racked up a large number of frequent flyer miles. While [Beyonce](#) was working on her album, 4, the married couple took to France for some R&R and long studio hours. The travel time worked like magic, because Beyonce's album was a success and she became pregnant with their first child. In September, a month after the pregnancy announcement, the new parents vacationed in Hvar, Croatia.

4. [Prince William, Duke of Cambridge](#) and [Catherine, Duchess of Cambridge](#): Traveling is a part of William and Kate's new life together, and they take it in stride. After their lavish wedding, the royal couple took a trip around Canada and the west coast of the United States this year. The North America tour took place from June 30, 2011 to July 10, 2011. Getting

to see the world is just one of those royal perks!

Related Link: [Date Idea: Travel Abroad without Leaving the Country](#)

5. [Nikki Reed](#) and [Ian Somerhalder](#): When this pair got married in 2015 secretly in California, their next step was their honeymoon, planning an extravagant trip around the world. They started with Mexico, then headed to Brazil in less than a week. They were shortly seen together at a film festival in Nice, France. Happy in love, and happy in travel!

Where are the most exciting places you've traveled? Share your experiences below.

**Tips For A Happy
Friendsgiving—It's Like
Thanksgiving, But A Whole Lot
Cooler**





By Kayla

Garritano

Have you gotten an invitation yet to one of the hottest new trends for Thanksgiving? If you haven't, you may very well be getting one soon. Skip [date night](#) and have a "Friendsgiving"—aka: a Thanksgiving celebration with friends. The big difference is you get to call all the shots and do it your own way. Friendsgiving can happen on Thanksgiving Day, but most people host them a few weeks before so they can enjoy both. Typically Thanksgiving with family is a traditional holiday and on the conservative, tame side (if you've had relatives fall asleep in the Lazy-Boy right after the meal, you'll know what we're talking about), but Friendsgiving can be anything you want! Now aren't you excited to throw your own Friendsgiving?

These expert tips will help you make your Friendsgiving fun and festive:

1. The Invitation List. It's a good rule of thumb to invite friends who are grateful to share your table. Stick with a

good group of people who are unlikely to create stress or drama. Try to invite like-minded friends and those that you think will get along well. Set a simple rule upfront that some topics are off limits such as politics, religion and how the Cubs won the World Series.

2. Keep It Simple. There is very little point in hosting a dinner party if you don't enjoy it. The easiest way to do this is by keeping everything simple. What's most important is your guests are happy and comfortable. Set a minimal table with a couple of candles and a little nature, like pinecones or greenery in a glass vase. Skip the formal dinner setting—save that for a family Thanksgiving or Christmas. Make it even easier by setting up a buffet table where your guests can help themselves. This also makes clean up faster.

3. Set a Meal Theme. Since this isn't a traditional Thanksgiving, feel free to have a little fun. Pick a theme such as Throwback Thanksgiving and have friends bring side dishes that were popular in another era. You can also ask your guests to dress the part. It will make for a memorable Friendsgiving! You can also step completely away from the typical fare of turkey and mashed potatoes and go with Mexican, Italian or Asian. Or be bold and order pizza with store bought pies. Shortcuts are welcome here. You're not trying to impress your mother-in-law with this one. Just remember to ask everyone to bring a side dish to help make your job easier, go potluck for the entire meal or order it from a local restaurant.

Related Link: [Date Idea: Friendsgiving](#)

4. Delegate Responsibilities. These are your friends and they're going to want to help you out and you should let them. It will make the day so much more relaxing if you're not stressing and overworked in the kitchen. If you have friends that are meeting for the first time, helping out is a great ice breaker. Jot down the tasks on post-it notes and have

every one grab one on their way in the door. You may find your boyfriend's best friend doing dishes with your old college roommate. What an easy way to get the conversation going, "How about your wash and I'll dry?"

5. Don't Forget the Entertainment. No Friendsgiving would be complete without entertainment! Are any of your friends musically inclined? If so, have them bring their instruments and get a sing-a-long going. Another fun activity is karaoke. You can pick up a home karaoke machine very reasonably or find one used. Put on some fun music and encourage everyone to pick a song. A simple homemade photo booth will also keep the fun going. Just hang a sheet or tablecloth on the wall, lay out some props and signs to hold (like "Friendsgiving 2016—Where You Can Pick Your Friends"). You can simply use the camera on your phone or let your friends use their own phones for photos.

6. Give Back at Your Friendsgiving. In America, 1 in 5 kids are struggling with hunger. Your Friendsgiving can make a difference. By hosting a No Kids Hungry Friendsgiving, your guests can have fun enjoying your dinner party while also giving to a worthy cause. No Kid Hungry will offer tons of resources to make your event a success from fundraising tips to exclusive chef recipes. Or you can simply ask each guest to bring a canned good to the dinner to donate to the local food pantry.

Related Link: [How Celebrities Celebrate Thanksgiving](#)

7. Don't Forget to Uber. Dinner parties like Friendsgiving usually include cocktails and wine. Relaxing and having a couple of drinks is expected. Just make sure your guests get home safely by calling Uber or for a taxi.

Jeffrey Welder is the Marketing Director and Interior Decorating Expert at Vânt Wall Panels. Vânt Wall Panels completely transform a room in just minutes. Inspired spaces

make for inspired living. It's the most innovative, cost and user-friendly wall décor system ever created. They're perfect for every room in the house from the kitchen and bedroom to the living room and office. Learn more about Vânt by visiting <https://www.vantpanels.com/>. You can follow them [Instagram](#), [Facebook](#), [Twitter](#), [Pinterest](#).

Dating Advice: Five Ways Social Media Can Help Your Relationship



By Diamon

Hall and Kayla Garritano

Perhaps you reconnected with the girl who used to pinch you on

the playground, the professor who inspired you to land your dream job or a long lost distant relative who lives in Germany. Whatever it may be, websites like Facebook, Twitter, LinkedIn, Snapchat, or Instagram are used in many different creative ways. In fact, it seems that people can hardly function without social media nowadays. It helps you keep in touch with family, friends and even people you wouldn't normally communicate with if it weren't for those sites. If social media can help you in the platonic aspects of your life, then it can certainly help your love life, whether that means meeting a new flame or enhancing a relationship you already have.

This [dating advice](#) can help you use social media to find that special someone:

1. More ways to keep in touch: Just like social media can help you keep in touch with family and friends, it can also help you keep in touch with your mate. You may not always be able to pick up your phone to call or even shoot a text. If you're at work and there's a computer available, it's probably easier to log on to a social site like Facebook and chat for a quick minute or send a personal message just to say, "I love you."

2. Dig deeper before the first date: If you're just meeting someone for the first time and about to go on your [date night](#), social media can greatly assist you in figuring out who this person is and what you can expect. Although you shouldn't judge solely on what you read online, the image someone gives off via social media sites can be telling. Browse through their identifying information, photos, and friend's comments. Often times it's insightful to see how a potential partner interacts with others.

Related Link: [Relationship Experts Q&A: Does Social Media Stalking Create False Intimacy?](#)

3. Stay close even when distant: You or your honey may have to go out of town without the other sometimes, such as going on a business trip. You can upload pictures of yourself to let them know what's occupying your time while they're not there on Instagram or Facebook. Twitter also lets you update followers about your life as many times as you want. Snapchat, you're just a picture away from sharing with your partner the most current unflattering photo you could take, or putting a goofy filter on. Facebook has even incorporated video chat on their site, which is a great way to seemingly shrink the distance between the two of you.

4. Communicate more with his or her family: Social media is a way around being the shy one at the extended family dinner table. Your partner's family is going to want to see you in person sometimes, but for the other times, talk to them via a social site. They'll be thrilled to know you think enough of them to include them in your virtual social life. Plus, they get a chance to see what you and your partner do with the pictures you up!

Related Link: [Love Advice Q&A: How Do I Show My Interest In Someone Online?](#)

5. Meet through mutual friends: Sometimes you meet the love of your life through mutual friends. Social media makes it easier to find mutual friends. Whether it's by a retweet that you share, or a like on a friend's picture, it's a simple gesture to know that they exist. You can even sneak into a friend's snapchat when she's sending silly pics to her closest friends. Plus, you can go the extra mile and "follow" or "friend" them. Who knows what could happen!

How has social media helped your relationship? Share your experiences below.

5 Celebrity Couple Breakups: Say It Isn't So



By Tanni

Deb and [Katie Gray](#)

They say everything happens for a reason, so we can only hope that these recent [celebrity couple](#) breakups are for the best – because we loved watching their romantic fairy tales unfold. Whether they were married with children, engaged, or just dating for awhile, we will miss these [celebrity relationships](#). The important thing is to take away the positive from any situation and grow from it!

Cupid has compiled 5 Celebrity Couple Breakups: Say It Isn't True

1. Lady Gaga & Taylor Kinney: Music icon and actress, Lady Gaga, dated actor Taylor Kinney for five years. The pair met on the set of her music video in 2011. Kinney popped the question and proposed on Valentine's Day and Gaga had a huge diamond ring to set it in stone. They announced afterwards that they were both calling the engagement off, which was a surprise to fans. However; Lady Gaga recently stated she still cares about him and her new album has beautiful ballads.

2. [Taylor Swift](#) & Tom Hiddleston: "Say you'll remember me, standing in a white dress, staring at the sunset, babe," is one of the many love song lyrics of singing superstar, Taylor Swift. She was in a relationship with Tom Hiddleston after dating musician and DJ, Calvin Harris. Rumor has it that Hiddleston wanted to be more public with the relationship than Swift did, which led to their breakup. Regardless; the two had some great times together, and she will be coming out with some amazing new love songs!

Related Link: [Celebrity Couples We Want To Reunite](#)

3. Jana Kramer & Mike Caussin: Country singer, Jana Kramer, and former NFL star, have separated. The celebrity couple have a baby daughter together, Jolie Rae. According to the news, Caussin had to go to rehab for unidentified reasons, but Kramer is staying strong and doing everything she can for their babygirl. We know that these two will be able to co-parent and do what is best for their beautiful baby!

4. [Angelina Jolie](#) & [Brad Pitt](#): The separation of actors and icons, Angelina Jolie and Brad Pitt, rocked the world and caused a media frenzy. Jolie filed for divorce, citing irreconcilable differences. Pitt announced to People magazine that he was saddened by it and was just concerned about their

children. There have been reports of cheating and arguing over parenting. Every couple has their ups and downs. Our only hope is that these two can co-parent together in a healthy way, and move onto happy futures!

Related Link: [Celebrity Couple Engagement Rings](#)

5. Jennifer Meyer & Tobey Maguire: Actor Tobey Maguire and his wife Jennifer Meyer, sadly split after nine years of marriage. The celebrity couple have two children together. They issued a joint statement, saying, "As devoted parents, our first priority remains raising our children together with enduring love, respect and friendship." We applaud them for remaining positive and focusing on their children!

What celebrity couple breakups shocked you? Comment below.

Budget-Friendly Tips for Holiday Weddings





By Cara

Davis and Kayla Garritano

The countdown to the holidays has begun! The holiday season can be the only time of year that's simultaneously joyous and stressful. For some, this season will bring with it the event of a lifetime: a wedding. Those planning holiday winter weddings have several opportunities to save money and lessen the stress burden for themselves and their guests. You can be glamorous like a [celebrity wedding](#), but keep it all in a budget!

These tips will be sure to give you a holiday wedding that won't break the bank!

1. Deck the halls: Most event locations will have already decked the halls for the holidays, allowing you to piggyback their efforts for a low-cost wedding. Go with Christmas hues of gold, red and green – or go for a silvery winter blitz. Strings of white Christmas lights will transform any room into a holiday paradise. Beautiful, and affordable.

2. Silver bells: Create budget large-scale ornaments as decorations using styrofoam balls. Spray-paint them and cover them in glitter. Or you can create groupings of bare branches spray-painted white and covered in silver glitter. Sounds like a winter wonderland! Paper ornaments can play as great wedding invitations or wedding favors.

3. Seasons eatings: Comfort food is a popular winter wedding choice (think soups, pasta, pot pies and mac-n-cheese). Don't shy away from cost-cutting measures like serving family-style or buffet. Consider a hot chocolate, cider, eggnog or coffee bar to which your guests can immediately help themselves (plus, you'll save hundreds by skipping the alcohol).

Related Link: [5 Celebrity Couples Who Got Engaged Over The Holidays](#)

4. Marshmallow world: Gingerbread houses make quaint table centerpieces, as do natural greenery and berries. Cocoa mixes or cookie cutters also make inexpensive wedding favors. You can also buy a bunch of marshmallows, chocolate and graham crackers to make a s'mores kit!

5. Peace on Earth and online: Couples are increasingly using online wedding planning tools, like creating or sending save-the-date and invitations online, personal websites and online RSVP services. They are also using social media to communicate wedding details. Brides and grooms also have the option of registering online for gift cards at sites like CardAvenue.com, which is a great option for guests already overwhelmed with holiday shopping lists.

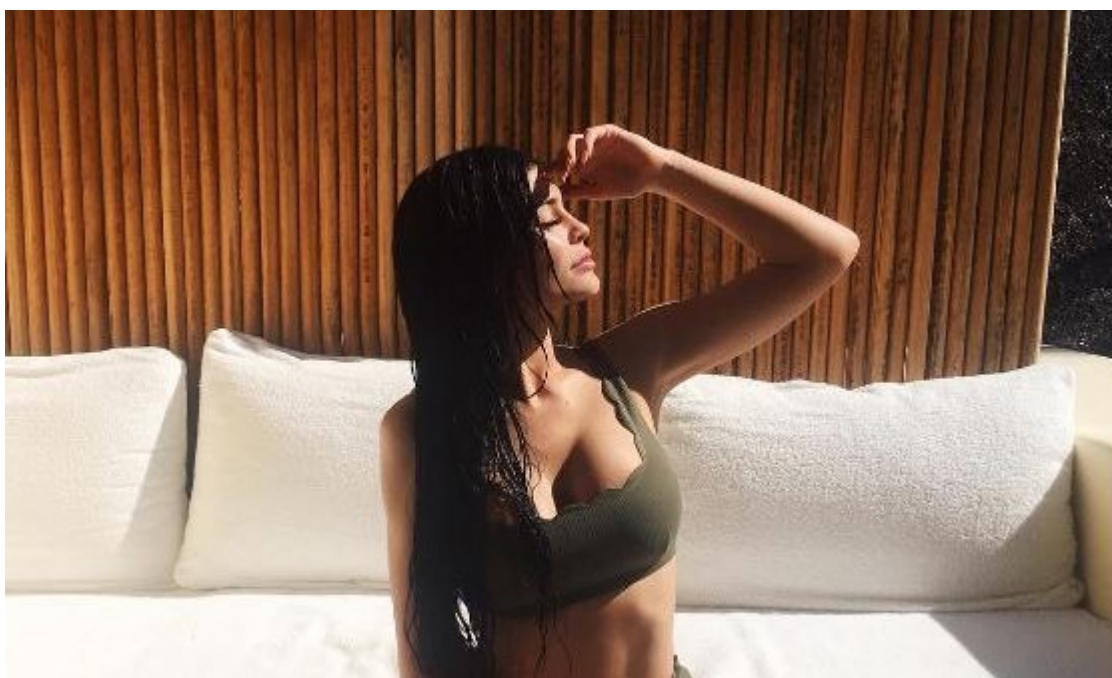
Related Link: [Reap the Benefits of Cutting Costs on Your Big Day](#)

6. Jingle Bell Rock: If you chose to have your wedding around the holidays, it's likely a favorite time of year for you. As such, incorporating favorite holiday tunes into your wedding reception is a must, and a fantastic way to get your guests

into the holiday spirit. Pandora or Spotify are excellent, economical methods to pipe in some yuletide carols at the appropriate time during your reception.

If you had a holiday wedding, how did you save money? Comment below!

10 Holiday Gift Ideas Your Special Someone Will Love Just in Time for Date Night



By Linda

Guma and Kayla Garritano

The start of the holiday season means the inevitability of

shopping for the perfect gifts for all of your loved ones. And with the holidays comes the romance. If you get to spend the holidays with that special someone, make sure it's one to remember. The more consideration you put into your present, the more meaningful it'll be. So, when you're on [date night](#) with your partner for a special holiday treat, make sure they open a present they'll be sure to love.

If you're looking for gift ideas that don't involve the usual or traditional ugly Christmas sweater for your partner this year, Cupid is here with some relationship advice and ideas:

1. Personalized compilation: Make a personalized CD or playlist for your partner by putting together his or her favorite tracks. Don't forget to include any romantic tunes that remind you of special moments you experienced together, such as your first slow dance. And, of course, mix it up with some holiday numbers, to celebrate with the joyous spirit.

2. Customized calendar: Nothing says "I care about you" more than something home made. With a new year fast approaching, a calendar can come in handy. Select 12 photos of you and your partner and paste them on the pages for each month. Circle important dates, and write headers for your anniversary, among other special occasions.

3. Matching wrist watches: This is a great way to punch up your style, as well as a guilt-free way of pampering yourself with a present. Buy matching watches and ask your jeweler to engrave a message on the back, such as your names and the words "forever" and "always."

Related Link: [Relationship Advice: 10 Holiday Date Ideas For Long Time Couples](#)

4. Tickets to your favorite show: If you're really not into personalized gifts, you can always find a thoughtful way to experience something together. Buy two tickets to a show that you and your partner both love, whether it's a movie, a concert or a ballet performance of *The Nutcracker*. Surprise your partner to a dinner at a [famous restaurant](#), followed by their favorite show.

5. Photo frame collection: It's a simple idea, but a classic way to keep the loved ones close at hand. Buy your significant other a silver-plated frame, and insert a photo of the two of you. To make it extra mushy, inscribe "I love you," or a love sonnet by your partner's favorite poet.

Related Link: [Relationship Advice: Four Reasons to be Thankful for Your Partner](#)

6. Massage coupons: A thoughtful way to express your love this holiday season is to create some free massage coupons. Your partner will surely appreciate them after a stressful day and finally get the chance to relax a little with you.

7. Breakfast-in-bed tray: You don't have to rise and shine for this celebration. Treat yourselves to a bed tray and the luxury of having breakfast in bed together. Maybe pop in a movie and just cuddle under the covers!

8. Vacation getaway: Be spontaneous! Organize a weekend trip for two. Choose a tropical place to escape the winter chill or simply tour a neighboring town you've never visited. Your partner will appreciate your effort to plan the holiday trip. It's a great way to get away from your daily routines and reconnect with your honey.

Related Link: [The Holiday Gift Guide For New Couples](#)

9. Get-out-of-chores passes: Get your arts-and-crafts on by making some paper passes to let your partner skip out on their chores. You'll have to take over the cooking or cleaning probably, but it's a great way to show your love, and it can be a fun, goofy way to get out of something, all in good fun!

10. Lovers pillowcases: Get some personalized pillowcases to touch up your bed. For instance, you can get some signs embroidered that say "His" and "Her," or "Mr. Right" and "Mrs. Right." If you want to keep with the holiday theme, decorate it with some snowflakes and mistletoe. It's a different take on putting your face on a mug or a t-shirt. Make it your own!

Got any creative ideas for what to get your partner this Christmas? Share your ideas below.

Celebrity News: Best Ugly Christmas Sweaters





By [Katie](#)

[Gray](#)

It's now sweater weather for our favorite celebrities and [celebrity couples](#). 'Tis the season to be jolly and take out your cute, ugly Christmas sweaters! Regardless of your religion and what holidays you celebrate, everyone likes to rock an "ugly Christmas sweater" in the winter time. In fact, it's super common to have these sweater-themed parties. Whether you're going to a party, a red carpet event, work or are staying at home, it's always fun to sport one of these looks during this time of the year. Deck the halls with lots of cozy, cute, ugly Christmas sweaters!

Cupid has compiled the five best celebrity ugly Christmas sweaters:

1. 5 Seconds of Summer: Boy band 5 Seconds of Summer includes: Calum Hood, Ashton Irwin, Michael Clifford, and Luke Hemmings. Not only can they sing, but they can rock the ugly Christmas sweater look effortlessly! Last year at the huge Jingle Ball radio event, each member wore a personalized ugly sweater just for the occasion!

2. Harry Styles: Pop singer Harry Styles enjoys a good, “Christmas jumper,” as he has posted previously on his Instagram. His name says it all – he has style – even in an ugly Christmas sweater!

3. Sofia Coppola: Film director and actress, Sofia Coppola, is all for a good theme. She directed the musical comedy “A Very Murray Christmas” in New York City, so she wore a Bill Murray ugly Christmas sweater to fit the theme! All is merry and bright indeed.

Related Link: [Celebrity Couples We Want To Reunite](#)

4. Tia Mowry & Cory Hardrict: The celebrity couple that wears ugly sweaters together, stays together. Husband and wife, and fellow actors, Tia Mowry and Cory Hardrict both wore bold ugly Christmas sweaters on the red carpet last year to the premiere of “The Night Before” film.

Related Link: [Best Celebrity Couple Engagement Rings](#)

5. Giuliana Rancic: She’s a member of the *Fashion Police* on E!, but that doesn’t mean she minds wearing something outrageous from time to time. Giuliana Rancic, entertainment host, wore a Christmas sweater last winter in New York City for the Kohl’s Holiday Gifting Truck.

What are your favorite celebrity ugly Christmas sweaters? Comment below!

5 Reasons To Play Hooky From

Work With Your Honey



By Andrew

Pryor and Kayla Garritano

You're at work, staring at your computer, avoiding the pile of papers sitting on your desk. Right now, all you're thinking about is an afternoon escape. If you're contemplating calling in sick or checking out early, see if you can plan a day with your partner so you can make it a "sick day" to remember. It's not like your work is going anywhere. Besides, what's a day off to have fun if your partner can't be there with you?

Cupid has five reasons to hop the cubicle walls and give you some [date ideas](#) with your significant

other:

1. Celebrate a promotion: If you've just picked up a new title and a pay raise, what better way to celebrate than to spend some time off with someone you love? They can sweep you away to a late lunch or a fancy dinner date where you can toast your latest success.

2. Get an early start on happy hour: It's five o'clock somewhere! If you leave work early, you should have plenty of time to hit your favorite bar. Meet your partner there and think back to the first time you bought him or her a drink. Nothing like some good drinks, a couple laughs and nice memories.

Related Link: [Balance Work and Love Like a Celebrity Couple](#)

3. Adopt or create your own holiday: Whether it's Talk Like A Pirate Day, Flying Spaghetti Monster Day or the birthday of a celebrity you've always worshiped, find a reason to celebrate, and take time off from work. You can keep the holiday going every year and create some unique traditions!

4. It's a nice day outside: Look out the window, feel the sunshine hitting your face and imagine lying in the grass with the love of your life. Life is too short to spend eight hours of your day indoors, so find an out-of-the-way spot that you and your honey can call your own.

Related Link: [Relationship Advice: Keep Your Relationship Strong When You Share Home and a Workplace](#)

5. No reason: The best things in life are unexpected. Come home early and surprise your partner with a sensuous and lovely day together. Sometimes, you don't need an excuse to spend a day away from work – you just need someone to make that day worthwhile...and maybe a 'broken' alarm clock.

Do you have any ideas about how to escape the workday with your partner? Share them with us in a comment below.

Relationship Advice: Does Time Apart Heal Betrayal?



By Dr.

Jane Greer

Tiger Woods opened up about his relationship with ex-wife Elin Nordegren this week. The couple ended their [celebrity relationship](#) and marriage in 2010 after Tiger's cheating scandal, but now they have managed to build an amicable friendship. With time, Elin seems to have gotten past the betrayal of her ex-husband's infidelity, which is a challenge for many couples. Tiger and Elin share two children, so this

must be a welcome development for all of them.

While some couples are able to find higher ground and continue to make their marriage work after an affair, others realize that the intensity of the pain of the incident is just too much and that they are better apart, as was the case for Elin and Tiger.

Either way, initially there can be so much anger that it takes effort to not drag the children into it. This can be especially difficult if the spouses have parted and find themselves alone. The one who was betrayed feels that their whole world is turned upside down, and wants to get back at the person who did this to them and caused so much unhappiness. It is tempting to say terrible things about them to the people who are closest to you – your kids. The natural inclination is to want to get them on your side and have them take up arms against the person who caused this upheaval. The impulse to have the children understand what you are going through and why can be powerful.

How, then, can you avoid this urge, and instead let them know they still have two solid parents they can continue to depend on? How can you protect them from your own fury, and the negative energy that is coming from both sides, while navigating your way to a place of, if not forgiveness, at least of tolerance and understanding? How can you lead them to a solid foundation of security so that even if there is trouble between parents, they know they can count on the fact

that both mom and dad will continue to be stable forces in their lives?

Consider this [relationship advice](#). To begin with, understand that they are not the ones who should be supporting you through this. They need your support, so the goal is to try not to burden them with your rage. Of course, that is easier said than done. The first step is to find an outlet elsewhere because you will need to talk about it, and choosing people other than your kids to unload on is a great start. You can find solace and confide in anyone from a therapist or counselor to friends and other family members. Work to insulate your children so they don't have to go through the raw emotion that you are going through. Steer clear of sharing the bad things your spouse did to you with the kids as much as you can. Finally, give yourself time which will hopefully lessen the sharpness of the betrayal, and eventually allow you to share at least a cordial relationship.

The hope is to find a way to provide a harmonious family environment despite the rift in your marriage. When both parents can come back together and share an affable connection, as Elin and Tiger have done, this can become easier to do. The distance between Tiger and Elin may have been just what they needed to move past their relationship as lovers, then fighters, and eventually continue forward in a solid friendship.

Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com.

Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](#) for her latest insights on love,

relationships, sex, and intimacy.

Dating Advice: Five Ways to Get Your Partner to Put Down the Phone When You're On a Date



By Deana

Meccariello and Kayla Garritano

Have you ever felt like you had to send your date an email or text across the dinner table just to get his or her attention? In the age of technology, sometimes a smart phone can be more threatening to your relationship than another person. With

communication so readily at your fingertips, these days it's hard for some people to interact on a deeper level. Between checking emails, staying updated on everybody's status on Facebook and Twitter, and "liking" pictures on Instagram, a real conversation can be hard to come by.

This [dating advice](#) will help your partner put down the phone when you're together:

1. Practice what you preach: Put your own cellular device away. How can you get mad at your date if you indulge in the same bad behavior as they do? Quit constantly glancing at your phone. It makes you look anxious, like you have somewhere else to be or are waiting for a message from somebody. Make sure you're not texting, either. This may be the most annoying thing a person can do on a date. It tells your date that they do not have your full attention. Your top priority should be the person across the table from you. And above all, don't take a call. We understand that emergencies happen; however, unless it is a loved one, let it go to voicemail.

2. Make a subtle comment: If they're texting away every two minutes, say something like, "Well, aren't you Mr./Ms. Popular?" Hopefully, they'll hear the hint of sarcasm and put the phone back in their pocket for the remainder of the evening.

Related Link: [Dating Advice Q&A: Is It Ever Okay To Go Through Your Partner's Phone?](#)

3. Just ask: Communication goes a long way in any relationship. Instead of making your date be a mind reader, just tell them that the constant cell phone use bothers you and that you would like your time together to be intimate and personal. Sometimes the direct approach is the

best approach.

4. Set limitations: Obviously it's not possible to ban cell phones from your relationship completely. Every once in a while, there will be an important work-related email, emergency or a friend in need. Make a compromise. Say that on date night you would like their cell phone to be on silent and out of sight for the few hours when you are at dinner or watching a movie together. Realize that when the two of you are just lounging around, you can't expect to shut themselves off from the world. After all, while you should be the most important thing to them, don't give them the idea that you think the world revolves around you. With reasonable limitations, your partner should be willing to compromise.

Related Link: [Five Ways To Get His Undivided Attention](#)

5. Give him a taste of his own medicine: As a last resort, one day when you are doing something that they love to do, pay a little more attention to your cellular device than to them. Text your girlfriends, check your Facebook, send an email and post a tweet. Keep this up until he says something to you about it. Maybe then they'll understand what it feels like to you.

Do you have any tips to keep your partner's attention on you and not his phone? Share your comments below.

Dating Advice: How to Turn Your Man into a Gentleman



By Deana

Meccariello and Kayla Garritano

Okay ladies, we've all been there. Your man isn't being a gentleman to you, so now what? Make it known. Make sure you deal with these issues from the get-go, because if you don't, you will end up resenting your partner and the relationship will ultimately fail. We wouldn't want that!

This [relationship advice](#) will help turn your man into a gentleman!

1. Be vocal: As with any relationship issue, communication is key. Tell him that his actions make you feel unappreciated and disrespected. Lay out what he does that you find rude and tell him how to fix it. If he has to choose between your relationship or holding open a door for you, hopefully he will change accordingly. Make him think about his actions before he lets the door hit you on the way out.

2. Ignore his actions: If you want your boyfriend to pick you up at the door, rather than honking the horn for you like some sort of taxicab service, when that horn starts blaring outside your home, simply ignore it. When he calls your cell phone, don't answer it. That way, not only will he be forced to exit the car and cross your threshold to call for you, but he'll also recognize the message you are trying to send him.

Related Link: [Guys Edition: How to Behave Like A Gentleman](#)

3. Mention another relationship: Try talking about a friend's relationship and how cute it is when her boyfriend holds the door for her or pulls out the chair so she can sit down. Holding another man in high regard will spark the alpha male complex, making him want to be better than another man.

4. Follow the movies: Make a date night that's a marathon of romantic movies. Seeing you swoon over Humphrey Bogart in *Casablanca* or watching you tear up at the grand gestures Ryan Gosling makes for Rachel McAdams in *Notebook* will show your partner the type of man you are longing for him to be.

Related Link: [Relationship Advice: The Guy's Guide to Dating Like a Man](#)

5. Dress fancy, be fancy: Sometimes a man will learn by example. Take him to a nice restaurant for dinner, or host a fancy dinner party where all these people, including the men, are dressed to impress. Hopefully, your man will follow and take a lesson on how to act.

How have you gotten your man to become a gentleman? Comment below!

5 Date Ideas To Maximize Daylight Savings



By Linda

Guma and Kayla Garritano

After a long, hot summer of late night festivities, followed by fall work hours that extend past 6 p.m., we could all use an extra hour of sleep so our bodies can catch up. Well, soon enough it will be here. On November 6, we'll turn back the clocks again to mark the end of Daylight Savings Time. While most of us are probably happy about gaining that extra hour of sleep, why not maximize those 60 extra minutes by spending it with your partner? Here is some [dating advice](#) on ways to capitalize on a little romance:

These [date ideas](#) will be sure to

give you the best use out of that one extra hour!

1. Rise and shine: Of course, not all of us are nocturnal. If you and your partner are early risers, there's no need to bother resetting your biological clocks. Take advantage of that additional time by going for a morning jog together before you start your respective daily routines. To save some energy, you've got to use some energy. Other ways to be creative with dates early in the day include morning swims, sweet mimosas at a nearby cafe, or breakfast in bed.

2. Last call: If you and your partner prefer sleeping in and staying up late, feel free to unleash your night owl tendencies. Bars and clubs will be open an hour later, which also means that last call for drinks will be extended as well. After grabbing cocktails at your favorite lounge, hit the club and dance the night away.

Related Link: [Date Idea: Dance the Night Away](#)

3. Fall cleaning: This may sound like a big drag, but it'll be worth it once it's over. You and your partner can make a game of tidying up together. Get rid of things you no longer use and make way for newer items. The sense of accomplishment will serve as a bonding activity and you if you aren't currently living together, be sure to save a drawer or two for him.

4. Take a chill pill: Sometimes, you just need to relax after the constant hustle and bustle of your busy life. Use the extra time to fuel your energy for the rest of the day. You can find romantic ways to unwind together, such as snuggling in bed or taking a bubble bath. Even the enjoyment of a local bookstore or a movie can be fun.

Related Link: [Famous 'Couples' Star in Best Movies for a Rainy Day](#)

5. Bucket List: Take the time to sit over some wine and plan out some exciting events for the future. You and your partner will each need a pen and paper. Each jot down creative activities and places you've always wanted to visit, your own personal bucket list. After you're done, consult each other's lists and then sketch out a tentative plan to create a joint list. You'll have some fun talking about the unordinary activities you want to do, and the unique places you want to go. It'll definitely be some good conversation!

What can you do to make the most of Fall Back? Share your ideas below.

Relationship and Dating Advice for Love Birds Who Don't Agree Politically





By Justin

Lavelle, [Peoplelooker.com](https://www.peoplelooker.com)

For some of us, political points of view are the 'bottom line', the test against which we measure compatibility with another person. Don't believe me? A poll by Wishbone concluded that 47% out of 10,000 respondents said they wouldn't date someone with different political views.

This tells us clearly that many would rather avoid the issues that come with different political beliefs and also confirms why so many people marry or date within a specific cultural or religious community.

Are you one of the 47%? Are you on Team Trump or Team Hillary? Consider this [relationship advice](#). You can find a match with dating sites that are specifically geared towards your candidate of choice, such as MapleMatch (anti-Trump – it will

match you with Canadians so you can move, in the event of a Trump win), TrumpSingles (boasting “The number one dating site for those who still believe in Making Dating Great Again”), or LiberalHearts (their catchphrase? “Uniting single Democrats, progressives, environment and animal rights activists who are like in mind and liberal in love”).

For many couples, it isn't until a real rabble-rouser of a candidate emerges that the differences become obvious. Case in point: Donald Trump. Most of us evolve slightly in our political views over time, as our lives change and we grow older, but it's rare enough for people to switch political sides completely. So, it makes sense to start as you mean to finish and not date people that you know you are going to disagree with on some very fundamental issues in your lives. That said, if you do end up at different ends of the political spectrum, a little mindfulness will go a long way so that you can still have a strong and healthy relationship. Here's some [dating advice](#) on getting through an election year unscathed, when you and your partner disagree, politically:

- If you're actively playing the dating game or seriously considering marriage, your ideal has to be someone who shares some of your core values. Hanging out at different ends of the political spectrum isn't necessarily a deal breaker if you can agree on topics that are personally important to both of you. After all, a person is not their politics, unless they happen to be running for President, so eliminating everyone who isn't a card carrying Democrat, for example, might be limiting your scope a little too much. But if you can't agree on even the most basic things, it's probably a sign that it wasn't meant to be and might be time to move on.
- You've met that perfect someone who turns out to be a right wing Conservative. You are a liberal Democrat. Are you doomed? Not necessarily. It can be possible to agree to disagree and make a list of topics that aren't

permitted at the dinner table or anywhere else!

- If you do decide to run the gauntlet and talk politics with your partner of opposing views, do it respectfully and demand the same of them. You can hear each other out without fighting. The couples who agree on absolutely everything are few and far between, so know that differences are okay, and can even be something to be celebrated.
- How a person comes to their political beliefs matters too! If your partner has done a lot of research and reading, you can be sure that their positions are considered and measured. If they rely on television sound bites and Twitter for their political beliefs and are backing someone based on those featherweight points, you should probably be a little more concerned. The person who doesn't think like you do but has come to those beliefs through a process of due diligence deserves your respect, don't you think?
- Even a strongly divided set of beliefs can find some common ground, some areas where you can both agree. Democrats and Republicans in the House can cross the aisle on some issues, so you should be able to manage it as well. Ultimately, many more centric points of view are much closer than they are divided. It's a question of finding that compromise position for the greater good. After all, what's a relationship if not based on compromise and mutual respect?
- Accept that your partner of differing views isn't likely to change and badgering them about it isn't going to help. They may soften or adjust their position on specific issues, but ultimately, very few people cross the aisle for good. This is a good time to practice the idea of 'do unto others': don't try and change them!
- How important are your political views to you? How about your new or prospective partner? Someone can be of a political view without being really active or vocal about the issues of the day. In other words, how much do

your political differences really make in your day to day lives? Not much? Then don't worry about it, you'll probably be just fine!

Justin Lavelle is the Chief Communications Officer at [PeopleLooker](#). PeopleLooker is your go-to source to check whether your new online or in person date is who they say they are. PeopleLooker is a leading source of online background checks and contact information. PeopleLooker allows individuals to find more information about people, phone numbers, email addresses, property records and criminal records in a way that's fast, easy and affordable.

Relationship Advice: The Baby Predicament





By Dr.

Jane Greer

Former reality TV star Heidi Montag is hopeful that she'll be starting a family next year with her husband Spencer Pratt. He hasn't always been fond of the idea of fatherhood, admitting he's "baby blocking" her. However, Heidi believes she can change his mind about having a [celebrity baby](#). This is something that many couples go through – one partner is absolutely ready to become pregnant, but the other is either not sure or is against it.

It is typical for spouses to find themselves in this predicament than to be on the exact same page at the exact same time about when to expand their twosome. Dr. Jane Greer continues with [relationship advice](#):

There are many variations on the theme of why one or the other

is not ready for the responsibility of offspring. Perhaps there is the fear that the connection the couple shares will change with the arrival of a baby, and one person might worry that the love and attention he or she gets now will shift and it could end up feeling more like a loss than a gain. Or possibly someone is concerned about being financially settled before embarking on the adventure of parenthood. Maybe it is just the looming responsibility itself that holds one partner back, and on occasion people are dealing with their own childhood experiences that might color their desire to be a parent. Or in some cases one partner has been married before, and has a child with that first spouse and might not be eager to do it again. Whatever the reason, the back and forth can begin for couples before they even become engaged, and can sometimes be a deal breaker if there is no way to reach an agreement or even leave open the possibility of it happening one day. More often than not, though, the relationship will move forward with the hope that the partner who is holding out will come around. What do you do then if you find yourself married and ready, but your spouse is not sure or still saying no?

Related Link: [Reality Stars Who Found Real Love](#)

The first thing to do is to set aside time to discuss your concerns. When you do sit down to talk this through, allow each of you to share your respective vision of your life together and the role that having children will or will not play in your future. Assuming you were up front about your desire to have a family from the beginning, it is important to remind your partner that you were clear from the get-go. Establish if this is a “not now” or a “not ever” situation. Assuming it is the first, ask your partner to describe what they are feeling and what is holding them back. Ask if their feelings have changed at all over time. See if there is anything you can do, or that you can do together, to make your spouse more comfortable with the idea.

Related Link: [Heidi Montag & Spencer Pratt Lock Lips on a Ski Trip](#)

Having this conversation with each other, and having a chance to share your honest feelings, will help to bring you together as a team so you can feel like you are on the same side rather than being opponents who want different outcomes. Talk about a timeframe that feels agreeable to both of you, and decide on a point in the future when you can either revisit the discussion or when you might be able to take first steps toward the goal of having a baby. As long as the door is open, and you know the subject hasn't been tabled forever, you will hopefully be able to avoid feeling controlled and resentful.

The objective is that by the time you reopen the discussion you will find yourselves on the same page. Only time will tell if this will be the case for Heidi and Spencer.

Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Relationship Advice: 5 Things

to Know Before Dating a Funny Guy



By Kayla

Garritano

When you're dating someone, you should always be able to laugh. After all, isn't laughter the best medicine? Now, say you meet a new guy, and you go on a series of [date nights](#) with him. You realize he cracks a lot of jokes, and you're laughing along. You got yourself a funny guy! However, you may need to know a few things before you continue dating him. Cupid is here to help with some [dating advice](#):

These pieces of advice will help you when you're dating a funny guy!

1. You may have to get used to him: A sense of humor can

depend on the guy you're dating. Is he more sarcastic? Is he good with puns? The more you keep dating him, the more you'll adapt to his humor. And who knows? Maybe you'll even catch the same humor, and you'll be cracking your own jokes!

2. Not every joke is a joke: Humor hides emotions sometimes. Guys don't always joke around because they're trying to be funny. There may be an underlying problem, and they're covering it up by inducing laughter. But have no fear, just communicate with him and everything will be fine! You'll know when there's a difference between humor and sorrow.

Related Link: [Relationship Advice: 10 Emotional Stages of Being in a New Relationship](#)

3. He will make your day better: Rough day? Your guy will be sure to make you smile with some corny joke that he was saving for that moment. When you want to talk, he will be serious enough to listen, but know when it's the right time to make you laugh.

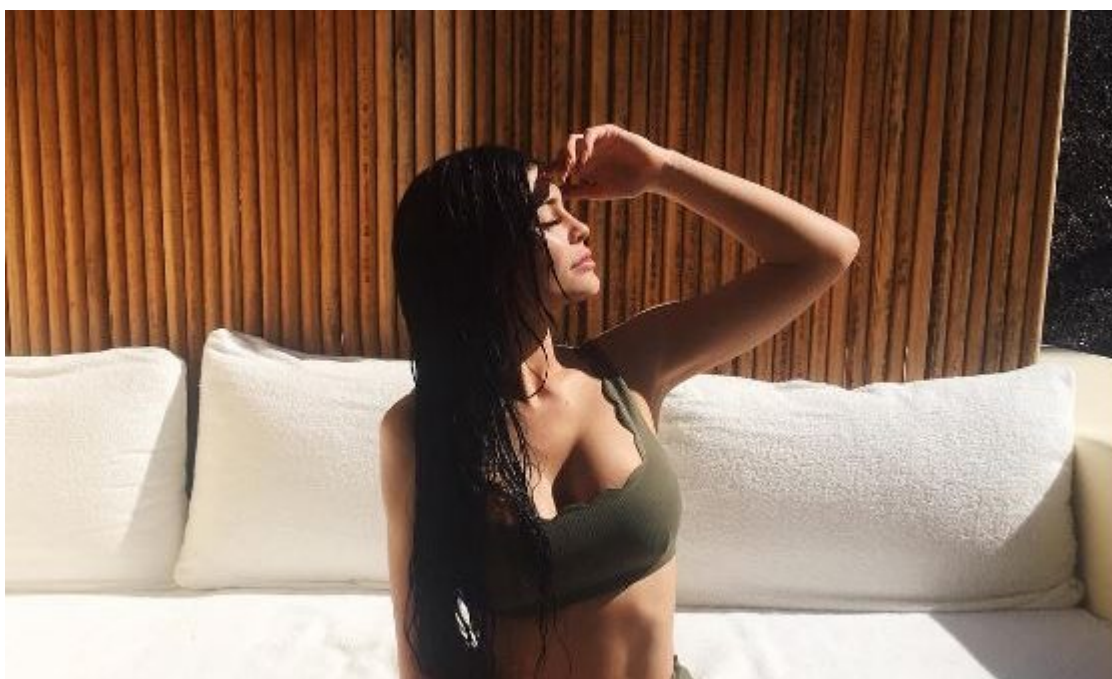
4. They aren't titled as the "funny guy": Just because they are funny doesn't mean their new identity when being introduced to people is the "funny one." They don't like being labeled just as much as anyone. They may be funny, but they don't have a sense of humor when it comes to that title!

Related Link: [Celebrity Couples Who Always Make Us Laugh](#)

5. They can be serious: A funny guy knows when it's time to be serious and when it's time to be funny. He can't crack a joke during a tragic event and expect to receive good feedback from that. He should have the right judgement on when it's time to be serious.

Have you ever dated a funny guy? What do you wish you knew before dating him? Comment below!

5 Celebrity Couples Who Are Nailing Long-Distance Relationships



By [Katie](#)

[Gray](#)

[Celebrity couples](#) are just like any other couples, which sometimes entails being in a long distance relationship. [Celebrity relationships](#) can nail the long-distance aspect when they have good communication, are both dedicated and put in extra effort. Whether these celebrities send photos, write love letters or FaceTime, they have found the secrets to making long distance work. For some, it's only a temporary situation and for others, it is sporadic sequences.

Cupid has compiled five celebrity couples who are nailing long-distance relationships:

1. Sarah Michelle Gellar & Freddie Prinze Jr: Sarah Michelle Gellar and Freddie Prinze Jr. got together in 1997 and have been happily together ever since. They've even appeared in the *Scooby-Doo* films together! They are one celebrity relationship that find a healthy balance between work and play, privacy and publicity. It's evident that they make it work while they have to be apart. To this day, they post sweet photos together and are still very much in love.

2. Tom Hanks & Rita Wilson: Since they were married in 1988, Tom Hanks and Rita Wilson have been making their marriage work. They are both successful actors and that entails having different filming schedules. In addition, they have to have travel for appearances and events. Hanks and Wilson are genuine people and are a positive relationship to emulate. They have been together well over 20 years. We love them!

3. Elton John & David Furnish: Elton John has been with his partner David Furnish for over two decades. The music superstar has to tour for his concerts, therefore; sometimes there is bound to be distance. The celebrity couple got married when same-sex marriage was legalized. They have traditions together, such as sending one another a card every single Saturday. How sweet!

Related Link: [Bigger Is Better: Best Celebrity Engagement Rings](#)

4. David & Victoria Beckham: Megastars David and Victoria Beckham are one of our favorite celebrity marriages. They were together for 11 years before they had to deal with a long-distance relationship and marriage because David Beckham was

living in California for his professional soccer career. At the time, Victoria Beckham was splitting her time between Los Angeles and London. They have beautiful children and are making their marriage work. Cheers to the Beckhams!

Related Link: [Celebrity Couples We Want To Reunite](#)

5. Claire Danes & Hugh Dancy: Actress Claire Danes is a class act. She's very talented at the craft of acting. She has also been married to Hugh Dancy for years. When she is filming, that means they have to be in a long-distance marriage until filming wraps. She has stated that the little things like sending photos are what makes it work. You must pretend that you are really with each other in person, and continue to keep in touch and do things that you would in person.

Who are your favorite celebrity couples that make long-distance relationships work? Comment below!

Relationship Advice: 5 Ways Therapy Can Help Your Relationship





By Kayla

Garritano

Sometimes, you and your partner can go through a rough patch, where it'll take more than the two of you to solve the problem. Breaking up isn't a solution for you, because you want to be together. In order to make a strained relationship work, you want to find help. With that being said, therapy may be the way to go. Follow these pieces of [dating advice](#) to see how therapy can help make your relationship stronger!

These pieces of relationship advice will help to grow your connection with your partner and ensure a happy life with each other!

1. You'll be able to speak and listen: In therapy, a lot of it has to do with speaking what's on your mind in order to figure out what the problem is. You'll be able to speak your feelings, and your partner will be able to listen. Then the roles switch. You get to hear what they have to say while they talk it out. These two abilities will help you to grow as a

couple. You'll learn how to speak how you feel and to listen to your partner in the proper way.

2. You'll get to know yourself better: By going to therapy, you may be able to unveil underlying problems you had, without even knowing it. This will help you accept yourself with any flaws you may have. Your partner will be doing the same. You will learn that it's better to realize your problems first, because that may open the door to solving a problem with your partner.

Related Link: [Relationship Advice: Why Isn't It Easy to Say Goodbye?](#)

3. You'll understand your partner's problems: Your partner has the opportunity, just like you, to pour their heart out and open up. You get the chance to hear what they have to say and will learn more about them. If you're in a relationship, isn't it best to get to know more about the one you're dating, problems and all?

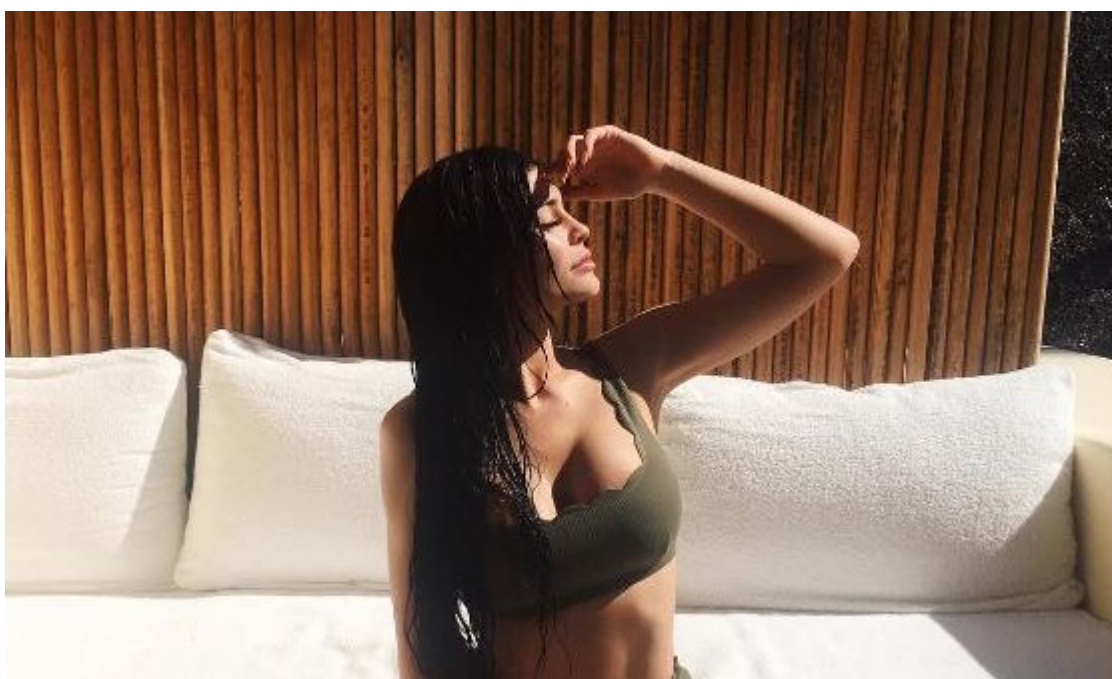
4. Your sex life gets help: A lot of couples go to therapy because they have a dull sex life. Sex is supposed to be intimate, and you're supposed to have a connection with the person you're sharing the moment with.

Related Link: [Cameron Diaz: Is Sex the Answer to Relationships and Love?](#)

5. No more repetitive arguments: You and your partner may constantly argue over one particular problem. Constantly fighting over it will not solve anything. Once you go to therapy and acknowledge the problem, your relationship could get "unstuck" and move forward.

How did therapy work for you and your partner? Comment below!

5 New Celebrity Couples To Watch



By [Katie](#)

[Gray](#)

Ah, there's nothing like new love! Whether these stars are frequently in the public eye or are more private and keep to themselves, there is no denying that there are new [celebrity couples](#) stirring the pot right now. Who knows? It may lead to [celebrity weddings](#) and celebrity babies down the road. The future is bright when these stars align. When [celebrity relationships](#) flourish, it makes us very happy!

Cupid has compiled the 5 new celebrity couples to watch:

1. Gigi Hadid & Zayn Malik: The supermodel and the singer have been one of our favorite celebrity couples since they started dating. They first announced they were an official celebrity couple on Instagram, and they have been pretty picture perfect ever since. Gigi has been rockin' the Victoria's Secret runway, has a new fashion line with Tommy Hilfiger and even starred in Zayn's 'Pillow Talk' music video! They were seen together publicly at The Met Ball and seem to be doing fantastic!

2. Emma Roberts & Christopher Hines: Emma Roberts has been working hard. She starred in James Franco's *Palo Alto* and has appeared on TV in *Scream Queens*. The actress finds a lot of time to read novels as well. She started dating Christopher Hines recently this summer when the pretty pair were spotted in London together!

Related Link: [Celebrity Couples We Want To Reunite](#)

3. French Montana & Iggy Azalea: Rappers and hip-hop artists French Montana and Iggy Azalea are an official item! The two were spotted together on a fun-filled trip to Cabo San Lucas and have been an item ever since. We are hoping they will create some music together now!

4. Leonardo DiCaprio & Nina Agdal: Hollywood heartthrob, Leonardo DiCaprio, is one of the most talented actors in the industry. He's no stranger to dating Victoria's Secret angels, and now he's dating a new one! Nina and Leo began dating this summer, and they have been vacationing all over the world ever since. The celebrity relationship that travels together, stays together!

Related Link: [Bigger Is Better: Best Celebrity Engagement](#)

[Wedding Rings](#)

5. Jojo Fletcher & Jordan Rodgers: Who doesn't love watching *The Bachelorette*? Jojo and Jordan went public in August, appeared happy in love on *Good Morning America*, and the two love birds have been vacationing a lot! As they say on the show, these two definitely WILL accept the final rose!

Who are your favorite celebrity couples to watch? Comment below!

Relationship Advice: How to Stop Dating Bad Boys



By

Creshawna Parker-Davis

Find yourself going after the same guy time and time again? You know the type: the guy who doesn't make you better, yet does an awesome job at stringing you along, but you have no idea where your relationship stands? Yeah, that can be confusing. It's like craving a highly carbonated and artificial soft drink. It's no good for you, but you want it anyway. Hey, no judgement here; however, while it's satisfying at the moment, it can be detrimental in the long run if you form a bad habit.

What do you do if you find yourself stuck dating these same type of guys over and over? Cut it off, and kick 'em to the curb. Here's some [relationship advice](#) to help you stop dating bad boys for good.

Realize you can't change him.

Men, or people in general really, aren't projects. While you may be able to teach him how to wash dishes or to turn the TV off once he's finished playing his video games, don't attempt to do a man-over, as it may not go so well.

Be with someone who loves you for you.

Just as you can't, or shouldn't, attempt to change someone, don't be with someone who wants to completely change you. Growth is no doubt a good thing, but if your significant other is trying to change your style of clothes, your friends and make you into someone you're not or don't aspire to be, leave.

Related Link: [Relationship Advice: What NOT to Do In Your Marriage, Thanks to Celebs](#)

Be realistic.

If you're not happy with the way things are currently going in your relationship, especially during the early stages, that's a good sign that you should leave. If things aren't going too well now, don't assume placing an exclusive label on the relationship will make it any different.

Related Link: [Dating Advice: 10 Things You're Over-Analyzing In Your Relationship](#)

Make a list of what you want in a man.

Make a list of the qualities you want in a man. Do you want someone to take you on a [date night](#) every week? Write it down. Do you want someone who calls you to say goodnight instead of just sending a text? Yep, you guessed it ... write it down. Once you create this list, keep it handy to remind you of what it is that you'd like to have in a man, and make changes as necessary.

Step outside of your comfort zone.

There's nothing wrong with having a type, but sometimes going outside of your safety zone can be a good thing. If you've never considered dating someone who typically isn't the bad boy you'd go for, try it out. Not only does this get you one step closer to leaving the bad boys alone for good, but it also allows you to learn something new.

What are some ways you ditched bad boys for good? Share your comments below.

Relationship Advice: Why Isn't It Easy to Say Goodbye?



By Dr.

Jane Greer

Some say [Ben Affleck](#) is waiting to find out if his [celebrity ex Jennifer Garner](#) wants to reconcile with him. Despite their [celebrity divorce](#), they have remained close. According to a source, many people feel Jennifer is stringing Ben along and “making him jump through hoops.” They say she’s acting hot and cold, and he has no idea where they stand as a couple or a family. It can be very frustrating to remain in limbo and not know what to expect. Many people find themselves in this situation after a break-p or an attempted break-up.

Sometimes the road to splitting up

permanently isn't clear, and there can be lots of fits and starts before either reaching the final end of a relationship, or deciding to give it another solid try. Why is it so hard for people to let go, sometimes even if they are officially divorced? Check out the following relationship advice:

The most compelling reason people continue to hold on is the fact that they have a shared history. The person who might be an ex-partner has a sense not only of who you are, but who you were with them and during your time together. To then say good-bye to them can also feel like saying goodbye to who you were during your relationship. Another thing that can keep you hopeful, even if you aren't happy right now, is the possibility that something will change and the good times you once shared and the positive aspects of the relationship will resume.

Related Link: [Jennifer Garner Source Says Ben Affleck's Alleged Celebrity Affair Was the 'Ultimate Betrayal'](#)

Another thing that can keep the glue between you from completely giving way is if one of you wants to hold on more than the other. When this happens, the one who isn't ready to finally end it might persist with calls, emails, and texts which can increase the doubts the other might feel as well as any guilt feelings he or she might have about ending the relationship in the first place. The partner who wants to continue to be together might also make assertions that they

will change whatever behavior may have led to the unhappiness between you. They might even start to do it, which can make the other person stick around with the hope that the negative behaviors will disappear completely. As a result, a couple can often seesaw because even small changes can increase optimism and give someone the stamina they need to be willing to try to give it another shot. In the case of a betrayal, when the initial and intense anger diminishes, there can be a willingness to give the person a chance to rebuild your trust. Also, when there are children involved, as there are with Jennifer and Ben, there is often a desire to keep the family together for their sake. That can be one of the strongest driving forces of all. Whatever the case, certainly if a lot of loving feelings remain it is hard to imagine life without them in it.

Related Link: [Lessons From Jennifer Garner and Ben Affleck](#)

The question becomes, how do you know if you are wasting your time, holding on with the hope that the happiness will be rekindled or the bad behaviors will change when there is the chance that neither of those things is likely? How can you know how much time to give it before reaching the decision to finally call it quits? Are there any strategies to employ for ending a relationship?

If you are moving forward with the intent to give your relationship a try and see if things can work out, it's good to be clear about what specific changes you are looking for and how long you are willing to wait to see if they actually take place. For example, if you are looking to see if you can trust your partner again, the only real way to do that is to give them enough time to show through their actions that what they say and do is worthy of your trust. But if months go by and you continue to be disappointed because the promised changes aren't happening, or they have happened once but were never followed up on, that can be a good indicator that things aren't really going to be different from what had been

upsetting you all along, and if you want to be happier it is time to let go. Ideally, you or your partner can look for counseling, which can help you either get your relationship back on track or help you reach the difficult decision that it really is time to say good-bye to each other.

It appears that Jennifer and Ben continue to share loving feelings, as well as children, and therefore remain open to the possibility of reuniting as a couple. Here's to hoping for the best!

Please tune in to the 'Doctor on Call' radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy.

6 Celebrity Weddings We Can't Wait To Watch





By [Katie](#)

[Gray](#)

We're going to the chapel and we're going to watch [celebrity weddings](#)! When our favorite [celebrity couples](#) have been in celebrity relationships for some time, we can't help but envision their futures together – and that includes celebrity weddings and celebrity babies! We wish these successful six celebrity couples all of the happiness in the world.

Cupid has compiled the 6 celebrity weddings we can't wait for:

1. Kate Upton & Justin Verlander: Talk about pitch perfect! Justin Verlander, baseball pitcher for the Detroit Tigers of the MLB, is dating supermodel, Kate Upton. We know that their celebrity wedding would be gorgeous! Verlander has a net worth of \$60 million and his annual salary is \$28 million. The *Sports Illustrated* model is also super successful. We can't wait to watch this love story unfold, they are America's Sweethearts.

2. Kevin Hart & Eniko Parrish: Comedian Kevin Hart is known

for making us laugh! Hart and Eniko Parrish have been giving us major relationship goals. They were at the top of our anticipated weddings list, and they just tied the knot in a luxurious ceremony on August 13th. They are now on a honeymoon in St. Barts and we can't wait to see their photos! We look forward to the day they decide to have celebrity babies.

3. Miranda Kerr & Evan Spiegel: Supermodel Miranda Kerr and Snapchat CEO Evan Spiegel, are engaged, and we cannot wait to see their wedding pics! They are so cute. When they announced their engagement, they did it with a special custom Snapchat filter – how appropriate!

Related Link: [5 Celebrity Couples We Want To Reunite](#)

4. Kendrick Lamar & Whitney Alford: Hip hop recording artist Kendrick Lamar is engaged to his longtime girlfriend, Whitney Alford, and we are excited to watch their celebrity wedding take place. Lamar is a cousin of Nick Young, who plays for the Los Angeles Lakers.

5. [Robert Pattinson](#) & FKA Twigs: The *Twilight* star, Robert Pattinson, got engaged last year to singer FKA Twigs. He gained a lot of notoriety and fame by playing vampire, Edward Cullen, in the *Twilight* saga. Although this is real life and they aren't vampires, we can't wait to see their love story grow.

Related Link: [Bigger Is Better: Top 6 Celebrity Couple Engagement Rings](#)

6. Pippa Middleton & James Matthew: We can't get enough of the royal family! Princess Kate Middleton's sister, Pippa Middleton, is engaged! James Matthew, the future groom, is a hedge fund manager, and he surprised her when he popped the question. She was spotted sporting a gorgeous engagement ring the very next day and the engagement notice informed us that they will wed next year. Woohoo!

What upcoming celebrity weddings are you excited to watch?
Comment below!

Our 10 Favorite Celebrity Couple Athletes



By [Katie](#)

[Gray](#)

Ahhh, there is nothing like our favorite [celebrity couple athletes](#)! The couples that workout together, play sports and support one another on the sidelines – stay together. Our favorite athletic couples vary in sport: baseball, football, basketball, hockey and so forth. Many of these [celebrity relationships](#) have led to gorgeous [celebrity weddings](#) and beautiful celebrity babies.

Cupid has compiled our 10 favorite celebrity couple athlete couples:

1. Tom Brady & Gisele Bundchen: The world's most famous supermodel and former Victoria's Secret angel, Gisele Bundchen, is married to NFL star Tom Brady. The two have cute celebrity babies together and live a healthy lifestyle. Frequently, she is spotted cheering him on at games, and in the past, the SuperBowl!

2. Jermichael & Courtney Finley: The Green Bay Packers football team are the best in the NFL and have won numerous SuperBowl titles. On the team, Jermichael Finley is an asset, but he also is known for being a husband and father. He's married to Courtney Finley, and the two are one of the cutest couples who are underrated for sure. The proud parents always support one another on social media, on the field, at home and so forth. Major relationship goals!

3. Justin Verlander & Kate Upton: MLB pitcher for the Tigers, Justin Verlander, and supermodel, Kate Upton, are a pretty pair. They are our favorite engaged celebrity couple, and we can't wait for the wedding!

4. Kroy Biermann & Kim Zolciak: Don't Be Tardy For The Party! Kim Zolciak came into the public eye when she starred on Bravo TV's *The Real Housewives of Atlanta*. She then got her own spin-off show with her husband, Kroy Biermann, who plays in the NFL. This celebrity couple is the modern day *Brady Bunch*!

5. Nick Young & Iggy Azalea: Rapper Iggy Azalea has been dating Nick Young, who plays for the L.A. Lakers. He's also the cousin of hip hop artist, Kendrick Lamar. This celebrity relationship is going strong! How cute are they?

Related Link: [5 Celebrity Couples We Want To Reunite](#)

6. Stephen & Ayesha Curry: You've probably heard Drake rap about NBA star Stephen Curry. Does the line "Steph Curry with the shot" ring a bell? Not only is he one of the best players in the entire NBA, off the court he's also happily married to Ayesha Curry. We love this down to earth couple.

7. Shakira & Gerard Pique: Her hips don't lie! Pop star Shakira is known for her dance moves. However, she's also a great wife to Gerard Pique, professional footballer for Barcelona. She's a fantastic mother, too, and works hard. In fact, her net worth of \$300 million dollars proves it.

8. Carrie Underwood & Mike Fisher: Country cutie [Carrie Underwood](#) is not only a talented singer and performer, but is also a great wife and mother. She had a celebrity wedding to Mike Fisher, professional hockey player, in 2010. Then, the couple introduced their celebrity baby boy in 2015.

Related Link: [Bigger Is Better: Top 6 Celebrity Couple Engagement Rings](#)

9. Jessie James & Eric Decker: Country singer-songwriter Jessie James married NFL star Eric Decker in 2013. The Minnesota native plays for the New York Jets. They then welcomed a beautiful baby girl, Vivianne Rose. In 2014, they starred in an E! reality series, *Eric & Jessie: Game On*.

10. Ryan Braun & Larisa Fraser: Ryan Braun plays for the Milwaukee Brewers and is one of the cutest players in the MLB – hands down. He's married to actress and model, Larisa Fraser.

Who are your favorite celebrity couple athletes? Share in the comments below!

Celebrity Videos: 5 Steamiest Movie Kisses



By [Katie](#)

[Gray](#)

One of the best parts about romantic comedies is that moment when the main characters finally have their big first kiss. The entire plot in these movies usually builds up to that one big moment. The stars align, we hear the appropriate music playing in the background, and it's as if we can see birds flying around the couples' heads. Some of our favorite [celebrity couples](#) star in these movies! We love watching these [celebrity relationships](#) on the silver screen in the form of celebrity videos.

Cupid has compiled the five best

steamy movie kisses:

1. ***Titanic***: “I’ll never let go!” Arguably one of the most romantic films of all time is *Titanic*. The 1997 James Cameron film starred [Leonardo DiCaprio](#) and Kate Winslet. To this day, it remains a classic! There are a few kisses in a few scenes of this movie that earn it a spot on our top kiss list.

2. ***Spiderman***: This will go down as one of the most epic kisses of all time! The famous *Spiderman* kiss is iconic. Tobey Maguire and Kirsten Dunst starred in the 2002 flick, and it is definitely one of the best steamy movie kisses. This comic book classic is one for the books.

Related Link: [5 Celebrity Couples We Want To Reunite](#)

3. ***Juno***: *Juno* is a cute movie and is cleverly written. In fact, Diablo Cody won the Academy Award for ‘Best Screenplay’ for it! Juno and Paulie Bleeker finally tell each other how they feel about one another, and kiss, toward the end of the film. The scene is also made comedic, as their friend looks on at cheer practice. They are young, fresh and genuine. The sincerity of this couple earns them a spot on our list.

4. ***Walk The Line***: The love story of Johnny Cash and June Carter is truly inspiring! Watching the biopic, *Walk The Line*, is beautiful, too. Joaquin Phoenix and [Reese Witherspoon](#) star in the film, and at the end they share a steamy kiss on stage. It’s definitely one of the steamiest movie kisses of all time. “Because you’re mine, I walk the line” is right! The role even earned Witherspoon an Oscar for “Best Actress” and Phoenix and Witherspoon both won Golden Globes for their portrayals as well. This true love story gives us all hope. Johnny Cash was once asked about his idea of paradise and he replied, “This morning, with her, having coffee.” Perfection!

Related Link: [Bigger Is Better: Top 6 Celebrity Couple](#)

[Engagement Rings](#)

5. *The Notebook*: Is there anyone on this planet who hasn't seen *The Notebook*? Author, Nicholas Sparks, outdid himself with this one when he wrote the book the movie is based upon. The film became an instant romantic classic, just as the novel was a #1 New York Times Bestseller. The movie starred Ryan Gosling and Rachel McAdams, and there are a couple of steamy kisses in the film that top our list! "If you're a bird, I'm a bird."

What are your favorite movie kisses? Tell us in your comments below!

Dating Advice: 7 Things to Remember While on Vacation with a New Love





By [Josh](#)

[Ringler](#)

Vacations can be a great way to solidify your relationship, or a way to start a new one! While there are plenty of ways to get your relationship to the next level, a vacation with a new love interest is one of the best for sure. With that being said, there are some things that you have to consider while on vacation to keep the relationship smooth when you come back home! Follow these pieces of [dating advice](#) to avoid some turbulence on the way home!

These pieces of relationship advice will make vacation great and it will help keep that loving, honeymoon feeling when you two get home!

1. New scenery, same you: Just because you are not at work and are not in the comfort zone of your home area, that doesn't mean you should act completely differently. While [celebrity couples](#) on [celebrity vacations](#) sometimes use vacations as a

change of pace, you and your partner are probably using the trip to be together for a few days. That's something special that shouldn't be wasted.

2. Be romantic: Obviously, things between the two of you have been romantic if you planned a trip together. But don't make that be a reason to forget about all the other romantic gestures that got your love to this level. There are countless ways to get romantic on a trip, and your imagination should be able to come up with one thing per day to show how much you love your partner.

3. Be affectionate: This one seems like a no-brainer, but in all the craziness that is traveling, it can sometimes be forgotten. Hold hands, let them rest your head on your shoulder on a nap on the plane, or just give a little random peck on the cheek. Showing affection will really help intensify your love over the course of this trip!

Related Link: [Relationship Advice: 4 Ways to Keep Your Long-Term Relationship Hot this Summer](#)

4. Find a way to surprise your partner: Vacations are the perfect time to create memorable surprises. Cute romantic gestures, hidden as surprises, are a great piece of dating advice. Set up a romantic candle lit dinner on the beach, or plan a day trip to a hidden waterfall. Whatever it is, your partner will be happy, so don't forget to surprise her or him if you can!

5. Be spontaneous: While this one goes along with surprises, it is also different. Instead of surprising your partner with a day trip, discuss it. Maybe after breakfast head into the local town, or find a local eatery to try for dinner. Communication is the key to success in a relationship, so talk about doing something crazy, but fun. Consider skydiving!

6. Use this experience: Being together 24 hours a day for a few days may be something new for your relationship. There may

also be habits that you did not know about your partner until now. A great piece of relationship advice is to use the time as a learning experience to really assess if your relationship is built to last. Get closer to your partner by talking about things that may not come up at work or home, and use the time together to really see if the two of you have wedding bells in your future!

Related Link: [Relationship Advice: 5 Ways to Break Your Routine & Keep Things Fresh](#)

7. The trip will end: Unfortunately, not everything is meant to last, except for your relationship, hopefully! The trip will be over before you know it, and life will return to normal, but that doesn't mean you should forget about the romantic getaway when you return home. There should be no regrets when you get home, so take advantage of your time together to have an amazing time with each other!

How did your vacation with your partner go? Did you follow these pieces of relationship advice? Let us know in the comments below!