

# 6 Best Rock & Roll Celebrity Couples



By [Katie Gray](#)

Rock & roll! The music industry brings a lot of joy to people's lives. In particular, the genre and subgenres of rock & roll have had a huge impact on the world. It's nice to listen to a song and connect to it on a deeper level. It's comforting when you can relate to music, and it's soothing when you need an escape from reality. Music changes people for the better. With rock & roll, there comes fashion, partying, fun world tours, wild lifestyles, groupies, and there are, of course, rock & roll [celebrity relationships](#) that become iconic. [Celebrity couples](#) that are rock stars live ravishing lives. Everybody wants to rock & roll all night and party

every day!

## **Cupid has compiled the 6 Best Rock & Roll Celebrity Couples:**

**1. Mick Jagger & Bianca Jagger:** Like A Rolling Stone! Rock & Roll legend, Mick Jagger, is famous for many things – most notably being the lead singer of The Rolling Stones. From 1971-1978 he was married to Bianca de Macias, an actress and human rights advocate. She was his first wife and they remain one of the most popular couples of all time. Together they have one child, a daughter, Jade. They are well known for their iconic fashion, jet-setter and party-goer lifestyle. (Long live the glorious and glamorous days of Studio 54!) There is nothing not to love about Mick Jagger and Bianca Jagger as individuals, and the way they roll like a Rolling Stone!

**2. Tommy Lee & Pamela Anderson:** Heavy metal Heaven! Mötley Crüe drummer, Tommy Lee, was married to Pamela Anderson, *Baywatch* Babe and *Playboy* Playmate. Mötley Crüe was formed in LA in 1981 and saw success throughout the 80's, and they've sold over 100 million records worldwide. Tommy Lee also founded rap-metal band Methods of Mayhem and his solo musical projects have also taken off. Their whirlwind romance makes this pretty pair one of the most iconic relationships in heavy metal. They married on a beach, just four days after they met, in 1995. They have two sons together: Brandon and Dylan. They divorced in 1998, and then reunited and split again in 2001. They reunited again in 2008 before splitting, and later on again rekindled the romance. This hot couple has been through it all together: they appeared on the cover of *Rolling Stone* magazine, had their intimate vacation home video stolen from their home causing a media frenzy, and parenting their children together. They are the epitome of Rock & Roll romance.

**3. Kurt Cobain & Courtney Love: Come As You Are!** Kurt Cobain is one of the most influential individuals in the music industry. He is famous for being the lead singer and songwriter of the popular band, *Nirvana*. The group coined the 'alternative rock' genre of music, and made it mainstream. Kurt Cobain married singer, Courtney Love, and both were big into the punk and grunge music scene. Love was the frontwoman of alternative rock band, *Hole*. Their relationship smelled like teen spirit and looked like true love. Kurt Cobain and Courtney Love married and had one child together, daughter Frances Bean Cobain. This couple is the embodiment of the grunge and punk, rock and roll, music community. Sadly, Kurt Cobain died at age 27. His death was ruled as a suicide, with Cobain having left behind a suicide note. His death has sealed his status as one of the biggest legends in music and has sparked a lot of conversation. With his tragic passing, he entered the infamous "27 Club." The club has garnered attention and fascination from all around the world, as many iconic musicians have passed away at the young age of 27. The music of Kurt Cobain and Courtney Love is a gift to the world, because it has heart. "Heart Shaped Box" is a song that we all can relate to.

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**4. Axl Rose & Erin Everly: Sweet Child O' Mine!** Axl Rose, the front man of one of the best rock & roll bands of all time, Guns N' Roses, is a cool dude. Since 2016 he's also the lead singer of AC/DC. Currently Guns N' Roses is on tour, playing their popular hits "Paradise City," "Welcome To The Jungle," "November Rain," "Knockin' On Heaven's Door," among many more. The rockstar has had a variety of relationships and one of his most famous, is with Erin Everly. She is the daughter of Don Everly, of The Everly Brothers, the popular pop duo of the 50's and 60's. Axl Rose, wrote the song Sweet Child O' Mine, about her. Not only did she inspire some of his songs, but

they also were married briefly after being together several years. There are a lot of tabloid articles spanning throughout the decades about the duo, with reports of domestic abuse and cheating allegations. The hard rock singer-songwriter, and the model, were a pretty pair during their time together. It was very evident that they had passion for one another.

**5. Lindsey Buckingham & Stevie Nicks:** Rock, pop, new wave and romance. Stevie Nicks and Lindsey Buckingham are legendary musicians and performers. They are in the band, Fleetwood Mac together. They were previously a couple as well, and when they were an item together – they received nothing but admiration from the public. Even though they ended up splitting after five years, they remain good friends and still perform in the group together. It has recently been announced that Fleetwood Mac, will be touring together soon. Stevie Nicks has had an amazing solo career too, and collectively she's sold over 140 million records between her solo music and her music with Fleetwood Mac. They were one of the best couples of the 70's! The freedom-land of the seventies was such a beautiful time.

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**6. Sid Vicious & Nancy Spungen:** Sex Pistols! Sid Vicious, was the bassist and vocalist, of the influential punk rock band – the Sex Pistols. He had a roller coaster romance with Nancy Spungen. They loved each other but also fought a lot. They were very passionate and loved in the fight. Both of them were addicted to heroin, which had a lot to do with the tumultuous relationship. In 1978 when the Sex Pistols disbanded, they moved to New York City and checked into the Hotel Chelsea under the names “Mr. and Mrs. John Simon Ritchie,” which was his real name. Many famous musicians have lived in the Hotel Chelsea, which is why it is a landmark and is iconic in itself. There have been numerous songs and stories written inside those walls, and in return it has inspired much writing. Leonard Cohen's popular song, “Chelsea Hotel,” is about the Hotel Chelsea and his time with Janis Joplin. While

Vicious and Spungen lived as residents of the Hotel Chelsea, they were on a lot of drugs. In 1978, Spungen was found dead in the bathroom of their room, under the sink at the young age of 20. She was stabbed to death in the abdomen, with only one single stab wound. It was reported that Vicious owned the knife that was used to kill her. He was arrested right away and charged with the murder. However; he pleaded not guilty and was released on \$50,000 bail. He died four months later, at age 21 of a heroin overdose, before he could go to trial, and therefore; the NYPD closed the case. Before that occurred, he attempted suicide and slashed his entire arm with a knife. It was reported he did that and then screamed, "I want to be with my Nancy! I want to be left alone!" There are many different theories about the murder, however. Many believe that Vicious did not kill her, and that it was in fact one of their regular drug dealers. Sid Vicious had his ashes scattered over Nancy's grave, on top of the snow, by his mother. Sid Vicious had written a poem titled "Nancy" before he died. It read, "You were my little baby girl/ And I knew all your fears/ Such joy to hold you in my arms/ And kiss away your tears/ But now you're gone/ There's only pain/ And nothing I can do/ And I don't want to live this life/ If I can't live for you."

**Which rock & roll couple is your favorite of all time? Comment below!**

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## **Relationship Advice: Getting Over a Grudge**



By Dr. Jane Greer

In [celebrity news](#), social media is going crazy after pop star [Taylor Swift](#) decided to release her entire back catalog of music on all streaming services on the same day that [Katy Perry](#) released her new album, *Witness*. It was especially big news because Taylor had previously pulled her songs from Spotify in 2014. Some fans took it to be an intentional act, possibly to take the attention away from Katy on that important day. At the very least, the timing was interesting since Katy has publicly discussed her feud with Taylor multiple times in the last few weeks while promoting her new record. This is the perfect example of two people holding onto a grudge and resentment for a long time.

**For Taylor and Katy, the grudge seems to be born out of creative competition that went on between them, but grudges can be kept over almost anything. Check out this [relationship advice](#):**

Usually at a grudge's core is both people believing that they were wronged by the other person, and feeling justified in their anger, entitled to an apology, and basically hurt by the other person putting their own interest and needs ahead of the friendship. Very often, the pain that the betrayal causes can run so deep that people easily become consumed in their desire for retaliation and/or revenge. When this happens, the goal is to make the other person suffer and pay for the pain they put you through.

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In my book *How Could You Do This To Me?: Learning To Trust After Betrayal*, my chapter "I'll Make You Pay" speaks to the nature of revenge and the toll it takes. When you lock into getting back at the other person, it keeps you connected to that person in a negative way. It is one thing to feel resentful over something a friend has done and decide to end the friendship and not have anything more to do with that person. It is another thing entirely to get mad and end the relationship, but stay connected by way of your anger. It also can be difficult for the people around you who may be drawn into the controversy as they are asked to choose sides, or worry about offending you by wanting to still be involved with the person you are feuding against. Too often there is

collateral damage.

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The question becomes, how do you end a grudge when you feel you have been betrayed? It isn't easy to let go when you believe you have been wronged, but here are a few things to keep in mind as you attempt to do just that. The first step is realizing that if you are in this situation it is like giving bad energy free rent in your mind which could be used for more productive things. If you keep the flame of anger burning you will have less available fuel for engaging in activities and doing things that could actually make you feel good. Recognizing this can help you choose to let go of all these vindictive thoughts so you can begin to shift your focus to what you can do for yourself, something you can control, and away from focusing on what you hope might happen to the other person, which you can't control.

**Related Link:** [Relationship Advice: Does Time Apart Heal Betrayal?](#)

Another option is to deal directly with the person you have a grudge against. If you do go this route, it is important to give up the notion that you are in the right and the other is in the wrong, and that you deserve an apology. Instead, recognize that both of you are dealing with a misunderstanding, and tackle it like a team. Consider saying to the other person that obviously you both have hurt feelings, and that you are sorry for what happened and you hope that is mutual. If you try to get into your view versus theirs, it is likely that tempers might flare and you might end up being accusatory and have a difficult time problem solving. If that should occur, the only choice might be to agree to disagree, and accept that you may never get to the bottom of it, but concur that the relationship matters more and you are willing to put the disagreement behind you. At



that point, you can talk about how to put guidelines in place so you can check things out with each other and be more considerate, so hopefully you can avoid altercations in the future.

Perhaps Katy and Taylor are on the brink of letting go of their grudge, and time will tell.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.*

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## **Relationship Advice: Why Your Superiority Complex May Be Killing Your Marriage (and How to Stop It)**





By David M.R. Covey and Stephan M. Mardyks

You may be married on paper, but are you and your spouse really married *in spirit*? Sure, you live under the same roof, you may share a last name, your finances are intertwined, and you're (presumably) faithful to one another.

**If you're like many "happily" married couples, you haven't really integrated your lives. Instead, you're operating as "married singles"—and it's because you believe your own upbringing is superior to that of your partner. Check out this [relationship advice](#):**

People usually bring two different value systems into their

marriage. Where do they get those values? From their upbringing, naturally. And human nature being what it is, we tend to believe that what we are taught as children is the “right” way to operate.

If you’re not proactive in bridging the schism, the problems that arise from your conflicting viewpoints can kill your marriage (or any other kind of intimate relationship yours might be).

When you disagree on the small things—how to squeeze the toothpaste or arrange the furniture—it’s not that big a deal. But when it comes to more substantial issues, being out of sync can lead to fighting, simmering resentment, and, ultimately, divorce.

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We call this destructive pattern the “Relationship Trap.” It’s actually one of seven traps covered in our book *Trap Tales: Outsmarting the 7 Hidden Obstacles to Success*. In the book, we provide new insights to help you escape the seductive modern-age traps that keep you from reaching your optimal performance and happiness—and our solutions often cut against the cultural grain.

*Trap Tales* teaches readers the art of Trapology, as described through the tale of Alex, a husband and father who has unwittingly fallen into the traps that so many people struggle with. Alex fell into the Relationship Trap because he and his wife failed to discuss their differing values systems. Over the years, Alex left the brunt of the household duties to his wife and spent money on things he wanted while she worried over their increasing debt. Their story no doubt rings true for many couples facing similar problems.

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The Relationship Trap is pervasive today for various reasons. First, women can and do work and no longer have to rely on their husbands for survival. Separation and divorce today are highly common. Plus, it's easier than ever to meet new people online, so people tend not to feel "stuck" with their current partner when things get tough.

The bottom line? Couples need to negotiate their different roles to find harmony in the modern age. This begins with understanding the reasons why we fall into the Relationship Trap:

**1. As mentioned earlier, we believe our upbringing is superior to that of our partner's.** It's very common for each spouse to think the way things were done in their childhood is the right way to operate. Anything that runs counter to their experience is seen as different, weird, or just plain wrong. This applies to both the big things, like how they raise their kids or manage their money, and small things, like how they organize the kitchen. We make these judgments unconsciously and become annoyed at the differences in our spouse or partner.

**2. We fail to shift our mindset from "me" to "we."** Most couples don't spend enough time thinking like a team in their marriage, and the ramifications are serious. If you think of marriage as a sport, too many couples today are running track instead of playing football. But to make their marriages work best, couples must focus on transitioning from me to we and thinking of their marriage as a team sport.

**3. We are unwilling to change, or we agree to change only if our partner changes first.** Finally, couples fall into the Relationship Trap (and get stuck there) because they wait for their spouse to change first. But change is very difficult, and most people tend to avoid it as long as they can. In relationships, this translates to a very long wait. The lack of movement in one partner makes the other partner feel justified in not changing either. But when our partner

attempts to change, our conscience is pricked to reciprocate in kind. Therefore, the best way to encourage change in your partner is to change first yourself.

Here's the thing: The conventional approach to climbing out of the Relationship Trap—"agree to disagree" and focus on other areas in which you are compatible—doesn't work. This approach acknowledges that you can't change others and suggests that you just need to accept each other's differences. However, if you can't create a mutual perspective on important issues, your marriage is likely to remain superficial at best.

To solidify your relationship, you must create a shared vision for your marriage and agree upon a pathway to get there. People typically don't do this because it's easier to simply repeat what they've each seen modeled already. But if you want a strong marriage that goes beyond the superficial, you must do this.

**Here are three steps for creating your shared vision for the future:**

**STEP 1: Plan some time to formulate your shared vision together.** This step is crucial, and to complete it, you need to have time free of distractions and interruptions. Yes, it may feel uncomfortable at first, but you'll quickly see that it is fun and exciting to imagine what you can accomplish in your life together. This exercise will draw you closer as a couple.

**STEP 2: Discuss and come to an agreement on these three crucial issues.**

*How will you manage your finances?*

*How will you raise your kids?*

*How will your household duties be divided and managed?*

Write down and commit to memory your agreement with your partner.

### **STEP 3: When disagreements arise, try this “Trap Inversion.”**

If you have a major disagreement, ask each other how important the issue is on a scale of 1-10 (where 1 is not important at all and 10 is extremely important). Be honest in your assessment. Allow your partner to have their way if they score higher on the scale than you on that particular disagreement.

It's never too late to create a shared story with your partner. And the good news is that the modern world offers so many more opportunities than it ever did in the past. What couples can achieve is limitless if they just take the time to create a plan and work toward it together.

*David M.R. Covey and Stephan M. Mardyks are widely seen as world-renowned experts in the field of global learning and development. They are the cofounders and CEOs of SMCOV, Wisdom Destinations, and TrapTales; and cofounders and managing partners at ThomasLeland, Leading in English, and Streamline Certified. Past experiences include serving as joint COOs at FranklinCovey.*

*Trap Tales: Outsmarting the 7 Hidden Obstacles to Success (Wiley, May 2017, ISBN: 978-1-1193658-9-1, \$25.00) is available at bookstores nationwide, from major online booksellers, and direct from the publisher by calling 800-225-5945. In Canada, call 800-567-4797. For more information, please visit the [book's page](#) on [www.wiley.com](http://www.wiley.com).*

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## **Relationship Advice: Keep Your Man By Becoming a Multi-**

# Faceted Woman



By Megan weks

We can all risk becoming complacent at points in our lives. Therefore, my final tip to share on keeping the man you desire is to become and to remain a multi-faceted woman. This is a woman who is interesting, well-rounded, and has a life beyond the man or children. A big complaint I hear from men in my practice is that women lose their curiosity and sense of adventure about life and become creatures of habit who are addicted to comfort. I want you to know that you can't assume your man will remain attracted to you if you sink into this situation.

# One of my biggest pieces of [relationship advice](#): You must work to keep things fiery and fun!

Do you have multiple interests and passions? If the answer is no, you risk losing your luster over time. In order for your man to remain interested in you for the long term, you need to remain interesting. He needs to know that there is always something he doesn't know about you yet. If there aren't hidden tidbits of information to uncover about you, you've still got a chance to create some mystery about you to keep him interested. Here are some tips to become, and remain, that multifaceted woman who will fascinate him for life:

**1. Learning.** There are so many incredible things to learn about in this life and not enough time to! If you don't have a passion, that's okay. Be on the lookout for anything you feel even a tiny bit curious about because it can snowball into a brand-new interest or hobby. Put yourself in the right situation to learn about it by reading a book or going to a class or event about it. If you find that you never stick with anything or become bored, you need to know that to become great at something, you must be able to work at it, even without passion.

**2. Don't lose yourself in your relationship or your children.** Schedule time for yourself to fuel your personal growth as an individual. This will strengthen your relationship with your partner and will inspire your children to become more well-rounded. My friend Shelley just took her eight-week old baby to Italy last week. She strapped him in the Babybjorn and took a hike to a vineyard with her husband. She came to the city last night with her baby in tow for a grownup dinner, and told us all about her trip. She's living her life and remaining curious and adventurous! I'm telling this story to spark your



inspiration. Tammin Sursok from *Pretty Little Liars* says, “splice up your day in sections. Do a little adult, a little kid.” (source: bravotv.com)

**3. Be daring.** Jack Canfield said that your greatest triumph is on the other side of your greatest fears. What they mean by that is that life starts outside of your comfort zone. Become aware of the fears that keep you stuck, and consciously push yourself forward to the other side of your fears. When you do this, you’ll surprise yourself with your potential and ability for growth, . which will not go unnoticed by your admiring partner!

Take out your pen and paper and create a list of interesting things you will incorporate into your world in the next few months. Looking back, you’ll be surprised and proud of what you’ve accomplished by following through on your list. Your man will be thrilled to sit down with you at dinner to hear what’s new in your ever-changing, ever-expanding world.

[Megan Weks](#) is an international dating and relationship expert who specializes in helping women get the admiration they deserve from men, and to keep it. She is a certified specialist in her field, but one of her biggest credentials is her personal story. Living in New York City for over a decade, Megan has had the opportunity to meet and date many different men. Through working with a relationship guru, she literally changed from crumb-picking and obsessing over men who didn’t deserve her, to being called a “man whisperer” who men (including her now-husband) would never leave. Megan’s career is devoted to helping women who struggle with the men in their lives, to turn it all around and keep the men they desire. Aside from her coaching practice of saving hearts, She writes a monthly love column for *LVBX Magazine* and runs a private online woman’s discussion group where women are supported with these principles.

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# Relationship Advice: Can You Move Too Fast Moving In?



By Dr. Jane Greer

Actress Ariel Winter revealed that she's moved in with her boyfriend, Levi Meaden, after just several months of being together. While this is an exciting next step in the relationship, it raises the question of if it is ever too soon to move in with your significant other.

**Is it how long you've been together, or the quality of the time you have shared that determines when the time to move in with your partner is right? Check out my [relationship advice](#).**

In today's age of Skype, Facetime, and Google Hangouts people can almost be with each other all the time, texting or even Skyping in the middle of the night. When you are in love and spending all your time with your partner, it feels logical to want to take that next step and live with them. If your lives have become entwined, you may feel your relationship is resilient enough to deal with the ins and outs of joint living. Others, though, find that marking the passage of time as a couple helps give them security that the relationship is solid before feeling ready to consider moving in with their significant other. You are already sharing your heart, but are you ready to share your home?

**Related Link:** [New Celebrity Couple Ariel Winter & Boyfriend Levi Meaden Make Red Carpet Debut](#)

The most important thing is to be aware of the responsibilities that come with making a home together, and knowing if you have a deep enough foundation to work through it all as a team. It becomes about more than just the love you share and begins to include housework, the bills, child and or pet care, the actual square footage, who gets more closet space, food shopping, cooking, and whatever else goes along with cohabitating. Much of that requires clear communication about what you both need for yourselves and expect from each other, and most important, the compromise it takes to accomplish it. If you are ready to share the space and

everything that comes with it, that is the first step in knowing you might be ready. Another thing to consider is how involved you have become in each other's lives. Do you spend most of your time together, including each other when making plans with family and friends? Are you basically doing everything as a pair anyway? If so, that is another indication that you might be in a good position to take that next step. Another clue that you might be heading down this road is if you are already pretty much living together at one location, with a lot of your stuff still at your own place and really being inconvenienced because you don't have what you need a lot of the time. In that case, making the decision to consolidate and be in one house or apartment becomes the practical and considerate thing to do.

**Related Link:** [Celebrity Couple News: Ariel Winter Reveals She's Living with Boyfriend Levi Meaden](#)

On the other hand, if it seems like a sacrifice or an effort to make room for your partner, if you feel they are encroaching on your personal space, and or if you feel that your partner is reluctant and unwilling to accommodate your needs, then it might be worth taking some extra time to see where your relationship stands. Similarly, if you worry about losing personal time with your family and friends, about potentially now having to be accountable to your partner for your whereabouts, this is another red flag that you might not be quite ready. Finally, if your relationship has not been stable and you've had a breakup along the way, there is no need to rush into anything. You might stand a better chance of going the long haul if you make sure you have the important tools in place to tackle the daily challenges of living together.

Ultimately it is up to you to sort out where you stand with all of these issues, and determine when making that big decision suits both of you. There is no right or wrong time, it just depends on your own personal situation. It seems Ariel

and Levi are ready, so here's to luck and happiness ahead for them.

Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

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## Relationship Advice: 5 Communication Keys Every Relationship Needs





By Dixie Somers

The strongest relationships don't usually just happen. Relationships take building and work, and they may change or evolve over time. Good communication tends to be at the heart of every strong and long-lasting relationship.

**When people are able to communicate better, they can enjoy happy times more fully and get through bad times without falling apart. Check out this [relationship advice](#):**

### **Listen and Hear**

Humans have a bad habit of wanting to talk and share too much about themselves. This is especially true of extroverts and people with dominating or energetic personalities. People also tend to feel better when they talk about themselves compared

to talking about someone else. It takes thought and practice to force yourself to slow down and avoid talking too much about yourself or dominating every conversation.

Your friend, partner or spouse will be more comfortable and feel closer to you if you stop talking and just listen. This helps the person feel more valued and demonstrates that you care about them.

Importantly, there is a difference between just seeming to listen and really hearing and comprehending what your partner is saying. It can be easy to become a good listening actor: someone who appears to be listening attentively but is really just letting everything go in one ear and out the other. One common therapy trick for listening is to force yourself to repeat or paraphrase what the other person is saying. This can be uncomfortable or sound too much like a therapy session, but it can help to explain to your partner what you are doing and why. It's really all part of communication practice.

**Related Link:** [Top 7 Best-Dressed Celebrity Couples of 2013](#)

### **Honesty and Vulnerability**

Every relationship demands honesty. This is the cornerstone of trust and healthy communication. When both you and your partner fully believe that each of you is being truthful in everything you say, then barriers comes down and neither person feels like they need to hide something or investigate what their partner is telling them.

Showing a person vulnerability can also improve emotional trust and connection in a relationship. Trying to have all the answers all the time or put forth the idea that you are impervious to harsh words or difficult situations may actually make your partner less communicative or emotionally close. It is natural for a person to have sympathy when they see someone they care about being vulnerable, not having all the answers or needing help with a difficult situation. This sympathy is

often the gateway to deeper and more honest conversations.

## **Stay on Topic**

While casual discussion may be whimsical, arguments or disagreements tend to spiral out of control. In an effort to gain the upper hand in the argument, a person may naturally bring up other problems or issues with their partner. This only makes the situation worse and intensifies the argument. Discussing problems and disagreements is a critical part of any strong relationship, but it's important to stay focused. Pick a problem and work through it until it is solved. Even if your partner is being stubborn or obstinate, don't try to load them with more issues. The goal is never to win an argument with your partner. The goal is to resolve the problem.

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## **Body Language**

Nonverbal communication conveys far more than words during a discussion. Only about 7 percent of an average conversation is conveyed through spoken words. About 38 percent of the meaning is conveyed by tone of voice. The remaining 55 percent is conveyed nonverbally through body language, posture or facial expression. These are all averages, of course, and a person's communication style may alter them. Certain people may be more verbal and keep an even tone that often doesn't convey much. They may also be even more non-verbal, often using hands or gestures to express ideas instead of words.

Regardless of the numbers, nonverbal communication is a critical part of any relationship. It is important you keep track of your partner's body language and also be mindful of what you may be communicating with your own. You may be communicating things you don't intend to.

## **Share the Small Things**



Some people believe that long, meaningful and deep conversations with their partner hold more value than small and everyday conversations and events. Research by one team of psychologists suggests the opposite may actually be true. While occasional deep conversations are certainly important and necessary for a true and lasting relationship, the quality of everyday communication was more impactful.

This means sharing the small things that may seem insignificant. There are several reasons behind this phenomenon. First, the small, daily communication keeps a constant but not smothering connection going. Too many deep and heavy conversations may actually be too much for the average person, and they will respond by seeking distance instead of intimacy. Second, the small and everyday details often reveal as much or more about a person than long and deep conversations. An attentive partner will pick up these daily cues and gain better understanding and connection.

Everyone should regard communication as a skill. The good news is that any skill can be learned and even a person who doesn't seem like a very strong communicator now can become better with attention and practice. Be proactive, do some reading or see a counselor for help and strategies to improve and strengthen your relationship. If the relationship doesn't improve or your spouse is simply unwilling to make the attempt, this could be a sign of problems beyond just poor communication. Divorce may be something to consider. It is important for your own health not to remain stuck in a relationship that isn't working or with a person who clearly doesn't show caring or respect for you.

*Dixie Somers is a freelance writer and blogger for business, home, and family niches. Dixie lives in Phoenix, Arizona, and is the proud mother of three beautiful girls and wife to a wonderful husband. Dixie recommends visiting [Divorce Matters](#) if your partner is unwilling to commit to change in an unhappy*

*relationship.*

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# Relationship Advice: How Your Excitement Drives Your Expectations



By Megan Weks

Most recently, we talked about the number one thing you will need to [keep your man around](#). The [relationship advice](#) centered around the deep inner knowing that you are worthy. Usually, when that is sound, the other behaviors fall into place.

However, there are some things that even the most confident women do to sabotage a man's feelings. The second biggest tip I can share for holding onto a man that you desire is to be aware of how your excitement drives your expectations.

**It's important to understand how your excitement is interpreted by your man and manage your expectations in a healthy and attractive way.**

Here is an example. I see many women getting ahead of themselves in their budding relationships. They have leaped way beyond where the relationship actually is at the moment. They are putting the lamp, the book, and the purse on the table before it even has legs. It's important for the relationship to grow and become stabilized before expectations become too strong and create pressure.

**Related Link:** [Relationship Advice: Don't Let Him Be the One Who Got Away](#)

**Your expectations help you do these things:**

1. Lose the mystique and mystery that he loves about you. He really loves not knowing exactly how the relationship will unfold.
2. Decrease the fun for him. Your expectations feel like pressure to him, which simply kills the fun!
3. Make you seem needy. Your expectations can make your energy feel clingy and constricting, which is like taking a can of man repellent out of your purse and spraying it on him.
4. Take away the work that he needs to do to fall in love with

you. Yes, he wants to work for his prize. Ignore this information at your own peril!

**Related Link:** [Dating Advice: 4 Reasons Younger Women In The City Struggle To Forge Meaningful Relationships](#)

**Some tips to help you manage your expectations:**

1. Keep your life intact, the way it was before he came along. Don't assume that each weekend will be reserved for the relationship. When you develop ideas about the way things should be, you'll set yourself up for disappointment. Disappointments from expectations can be damaging to early relationships. If he senses that he is unable to please you because of a series of disappointments, it can be the beginning of the end. If he feels like he's unable to please you, he'll eventually stop trying . He'll find someone who gives more importance to what he does well instead of focusing on his shortcomings.

2. Don't jump to conclusions. When we feel disappointed, we can start to think the worst kinds of thoughts. Give him the time and space to surprise you. If you doubt him and make it known that you have doubts, he will be less inspired to please you!

3. Get your needs met by yourself or others so you require less of his attempts. Don't expect him to fulfill them right from the beginning. It feels much more light and airy to him when your needs are met by you, and his affections are just the icing on the cake!

Don't confuse this with not needing him at all or being too independent, which can backfire. What's cake without icing, anyhow?

Obviously, excitement is part of the dating and relationship process. Otherwise, what would be the point? The tip is, however, to keep your excitement in check so it doesn't explode into a too-early-expectations time bomb. If you want

to keep the man you desire, you'll want to curb your excitement a little until you know for sure it's the real deal.

**Slow and steady wins the race of love.**

*[Megan Weks](#) is an international dating and relationship expert who specializes in helping women get the admiration they deserve from men, and to keep it. She is a certified specialist in her field, but one of her biggest credentials is her personal story. Living in New York City for over a decade, Megan has had the opportunity to meet and date many different men. Through working with a relationship guru, she literally changed from crumb-picking and obsessing over men who didn't deserve her, to being called a "man whisperer" who men (including her now-husband) would never leave. Megan's career is devoted to helping women who struggle with the men in their lives, to turn it all around and keep the men they desire. Aside from her coaching practice of saving hearts, She writes a monthly love column for LVBX Magazine and runs a private online woman's discussion group where women are supported with these principles.*

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## **Celebrity Couple: 10 Reasons Chrissy Teigen and John Legend are Relationship Goals**





By [Katie Gray](#)

In Hollywood, there's a lot of lust and love in the air. Lately it seems that, sadly, marriages and relationships are falling apart left and right in Tinsel Town. This is probably due to the extra pressure and contrasting busy schedules that celebrity couples are faced with. However; our favorite [celebrity couple](#) is still holding it down: [Chrissy Teigen](#) and [John Legend](#). They give us major [relationship](#) goals! Chrissy Teigen is a model and cookbook author – having appeared many times in *Sports Illustrated*. John Legend is a ten time Grammy award winning singer, songwriter and musician. He's also won an Academy Award and a Golden Globe for his music. Legend even wrote a song for Teigen, which melted our hearts: "All of Me." It's dedicated to his love, and she stars in the beautiful music video for it. This pretty pair met on the set of his music video for "Stereo" and have been in love with one another ever since then in 2007. The couple's [celebrity wedding](#) took place in Como, Italy in 2013. Their celebrity baby daughter, Luna Simone Stephens, was born in 2016. This couple is goals, whether they're lounging at home or step out on the red carpet.

# Here are 10 reasons Chrissy Teigen and John Legend are relationship goals:

**1. Down to earth:** This couple is just like the rest of us. They are very real and genuine people, which is why they have the admiration of the country. They posted a cute candid photo of the two of them for their pregnancy announcement. You can tell just by looking at their pictures that they are down to earth. They have been open about the struggles they went through trying to get pregnant, which is something many people face and can relate with. One time back in 2015 they posted selfies at home lounging. Chrissy Teigen tweeted photos of them at 10:46 A.M. and at 2:43 P.M. in the same positions, relaxing. Just like the rest of us, they enjoy being low key at home, and sleeping in, too. Their dogs and four boxes of pizza even joined them during their entire day spent in bed! That is goals.

**2. Always laughing together:** This is a couple who knows that life is better when you are laughing! Whether it's in photos or videos, they are always spotted laughing and smiling together. They love to joke around and have a fun witty banter. All dressed up in formal attire, they went through security and borrowed the equipment to pose for funny pictures with it. One time Teigen even hilariously blew up Legend's spot and tweeted him about how she saw him liking her tweets, while he was in the bathroom. They posted silly videos during Thanksgiving with family using funny filters. Teigen even tweeted Legend, "John is so drunk he keeps humming 50 Cent."

**3. Coolest parents at the playground:** This family couldn't be happier, then when spending time together. They truly bring each other the utmost happiness. A lot of photos are swirling around of them with their baby daughter, Luna. They go on

walks, to the park, take vacations and partake in fun outings for family fun. Not only are they relationship goals and parent goals – we all want them to be our mom and dad!

**Related Link:** [Best Lana Del Rey Lyrics Inspired By Celebrity Relationships](#)

**4. Eating constantly:** Food is life, and Teigen and Legend know this. Teigen released her own cookbook *Cravings* last year in 2016. It is made for people who want realistic recipes. And for people who want it, “spicy, salty, sticky, crunchy, juicy and oozy.” Often times Teigen and Legend will post food photos, as well as pictures and videos of themselves in the kitchen cooking it up. They say the way to someone’s heart is through their stomach, and we all agree that is true. One of their most iconic moments to date, is when Legend was eating chicken off of a tray on Teigen’s body while they were at the pool. This pretty pair has even have taken cooking classes together! What a fun date! We know we are all craving, a relationship like this.

**5. Humble:** Teigen and Legend are very humble and sincere. They are also incredibly proud of one another. When Legend won an Academy Award, Teigen posted proud photos at the Oscars, and selfies that night of them sleeping with the golden Oscar statue in their bed. Often when they are at award shows, the camera catches them dancing and singing in their seats together, it’s so cute! They watch sports together, in matching team apparel.

**Related Link:** [5 Most Romantic Celebrity Couples](#)

**6. Love each other for who they truly are:** All you need in life is, love. This celebrity couple proves that it is true. They are each other’s soulmates. Teigen and Legend both embrace one another for who they really are as people, and accept one another’s interests. During their anniversary one year, Teigen and Legend had a candlelit fancy dinner together.



She let him watch college football on his phone for some of it as a present, because she knows it means a lot to him. Even in a relationship, we still are individuals and shouldn't lose ourselves. We don't have to have all of the same likes and interests, but it's important to realize that if it's important to them, you should realize that, and then it's important to you too. Relationships are all about compromise and acceptance.

**7. Family oriented:** From their interviews and things they post on social media, it's apparent that they are close to their family. In life, family is always the most important thing. Teigen is very close to her mother and they both always have family over. They have family dinners and big celebrations on the holidays. These two love being parents to their baby. Legend went all out for Teigen's first Mother's Day. He had the baby in a themed onesie and captioned the photo, "To my wonderful wife, Luna and I are so lucky to have you in our lives. If our daughter can be even half as awesome as you, I will be so happy and proud. Happy 1<sup>st</sup> Mother's Day!" With Mother's Day approaching soon, we wonder what awesome surprise we can expect from them this year? Time after time, they out do themselves. We can't help but love them!

**8. Loyal:** The key trait of being in a relationship is to be loyal. Legend and Teigen are always on the same team, and that is very important. There was a time when people were "mom-shaming" Teigen, which is not okay. It's also sexist, so Legend stated, "Funny there's no dad-shaming. When both of us go out to dinner, shame both of us so Chrissy doesn't have to take it all. We'll split it." How wonderful is that? We are experiencing a time when women are fighting hard to have equal rights that are deserved and long overdue. This is the height of feminism and it's great that males are also on board supporting the issue, like Legend. A big issue is wage equality and also circumstances like this, mom-shaming. They score a million points in our book for the way they balance

their relationship and maintain fairness!

**9. Their love song:** “All of Me” is a beautiful love ballad that Legend wrote about Teigen. It’s about their relationship and how much he loves her. He dedicated it to her and it is a loving homage to her. She said in an interview about the song, “I did cry when I heard it, I’m emotional, but I really don’t cry at things like that, but yeah, it’s beautiful, and live it’s pretty unreal.” The two of them even star in the amazing music video for the song. (Which is also a piece of artwork by itself.) Watching the video, and listening to the song, it’s evident that their love is true and their bond is strong.

**10. Affectionate:** This couple gives us goals because they know how to display the proper amount of affection. They manage to balance perfectly – not too little, not too much. Even the photo of Chrissy kissing John’s nose was perfection. You can tell when they are hanging out, they can’t keep their eyes off of each other. They literally glow. Relationships are all about affection and passion. Because if you don’t feel strongly about the person you’re with, then you probably shouldn’t be with them. It couldn’t be more crystal clear that these two are truly in love. They take mirror pictures together, dance in waffle houses in evening wear attire, and are often in their own world together – which is how it should really be!

**What are your favorite traits that make Chrissy Teigen and John Legend your relationship goals? Comment below!**

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**Relationship Advice: Don’t**

# Let Him Be the One Who Got Away



By Megan Weks

You've been navigating the sea of men on the dating apps for months. You've been on at least 10 bad dates, and a few okay ones. You've been ghosted by the ones you actually liked. So now that you've finally met a good guy and it's snowballing into something REAL, you're overflowing with joy, relief, and maybe a little bit of nerves. You don't want him to fade away like others have in the past. So, you worry, "How can I keep him around?"

**With these tools in your box, you'll be able to land your man and keep him for life. Here's some [relationship advice](#):**

The number one tip to keep in mind is that you must work on your personal sense of worthiness. This might seem obvious, but it's the primary thing women need to work on to maintain successful relationships. All of our behaviors that are perceived as turn-offs to men come down to our internalized level of worthiness.

**Related Link:** [Five Ways To Get His Undivided Attention](#)

You developed your sense of worthiness when you were a kid. We all naturally input selective information, which can either work for us or against us. It works whichever way we choose (or subconsciously choose), based on a belief from the past. For example, if you had brothers who told you that you were not lovable or unattractive when you were a little girl, you may have continued to believe the lies that you internalized then. Even after you grow into an undeniable foxette, a deep belief may linger that your beauty is only a mirage. No one is exempt from this. Even the gorgeous Jennifer Lopez feels unworthy of true love. According to *E! News*, she said, "It's how you feel as a child, being a middle child and seeming invisible sometimes, and trying to get attention. This is still a work in progress for me."

There are six ways you're showing him you're unworthy. Why not keep him instead?

**1. Being over-accommodating to your man.** Making the relationship easier or more convenient for him. Going out of your way for him frequently. Being overly complimentary.

**2. Feeling guilty, or having a sense of owing him when he does nice things for you.** Being unable to receive his offerings without reciprocating.

**3. Over-giving and care-taking him.** Finding men that need fixing and trying to solve their problems. Becoming his therapist, giving business, career, psychological advice, etc.

**4. Being jealous, doubting his feelings or intentions, and seeking constant reassurance.** Becoming overly concerned with his previous relationships, even though they're over.

**5. Feeling unworthy of his admiration, and wondering why he likes you.** Feeling like you're not enough. Comparing yourself to his exes. Making up excuses for why he could not like a person like you.

**6. Rushing into a relationship before it's determined to be an ideal fit for your life.** Also, staying in the relationship when your needs aren't being met.

If you are signaling these behaviors frequently, he'll catch wind that you're doubting your worthiness inside the relationship. Even if he knows that you're a catch, his mind will have a hard time fighting off the messages you're sending, and he'll eventually conclude that you're not worthy of his love! If you want to keep this great man you've found, you'll need to break through to your deep inner belief system to make sure you truly believe that you're worthy of his love.

**Related Link:** [Relationship Advice: 4 Ways to Keep Your Long-Term Relationship Hot this Summer](#)

Listen to the voices inside that tell you hopeful things about yourself. Those are your truths. Ignore the negative things. To make lasting change on your inner beliefs, you need to tell yourself you're worthy, all the time. Make it your new mantra. Eventually, you're going to believe it deep down inside. We are all here to love and be loved. He sees all of those hopeful things that you believe about yourself. Don't lose sight of that important fact.

[Megan Weks](#) is an international dating and relationship expert who specializes in helping women get the admiration they deserve from men, and to keep it. She is a certified specialist in her field, but one of her biggest credentials is her personal story. Living in New York City for over a decade, Megan has had the opportunity to meet and date many different men. Through working with a relationship guru, she literally changed from crumb-picking and obsessing over men who didn't deserve her, to being called a "man whisperer" who men (including her now-husband) would never leave. Megan's career is devoted to helping women who struggle with the men in their lives, to turn it all around and keep the men they desire. Aside from her coaching practice of saving hearts, She writes a monthly love column for LVBX Magazine and runs a private online woman's discussion group where women are supported with these principles.

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## Relationship Advice: Can Humor Go Too Far?





By Dr. Jane Greer

Caustic comedian Don Rickles has recently [passed away](#). His true talent was in his ability to insult his audience and have them join in and laugh with him, rather than feeling laughed at by him. He had no qualms about going for people's vulnerabilities, whether they were short, bald, late, whatever it might be. His shows centered around those derisive comments about people's looks, their spouses, their jobs, their ethnicity – anything he could find to insult. He went right for the Achilles heel when targeting someone. Nothing was sacred, nothing was off limits. While so many fans were able to enjoy this unique brand of humor, others saw him as mean spirited and potentially hurtful. There is no question that he had his own style and people either loved him or hated him.

**This raises the question of what crosses the line in trying to be**

## funny. How far is too far? Here's some relationship advice.

Many people act like Rickles and will use humor to say something "in jest" that they think is funny or maybe even as a way to express a true issue that is bothering them. How many times are you angry with your partner or spouse and say something mean spirited or devaluing? Often the disparaging thing is said in a joking manner, and is shared only when one or the other feels annoyed. When they are called out on it, they might say, "I was just kidding! Can't you take a joke?" While it might have been meant to be light, comments like that can often feel stunning and cause the other partner pain.

**Related Link:** [Date Idea: Laugh Out Loud Fun](#)

Rickles worked long and hard to develop his style and craft to be able to push the boundaries and get away with truth under the banner of humor. In a relationship, however, whether it be a spouse, girlfriend or boyfriend, sister or a friend, if you think you are being funny and they aren't laughing then you might have gone too far. It's crucial to be aware of when your partner is actually upset or offended by a "joke" you made. If that happens, apologize. Always be open to communicating that you weren't looking to be hurtful, and if it still isn't coming across as funny, consider re-evaluating your choice of "humorous" comments. At the same time, think about what motivated your comment, are you actually upset about something that needs to be discussed directly with your partner? Along those lines, if you are the recipient of the "joke" it is worth considering if there is some underlying annoyance or negative feeling your partner has toward you that is moving him or her to say these things. Either way, it would be good to have a conversation to check out if there is something under the surface that is going on that needs to be dealt with. When one of those comments is lobbed around your house,



if it is unwelcome and unappreciated, seize the opportunity to work through whatever might be fueling it.

**Related Link:** [Celebrity News: Ryan Reynolds Had Ridiculous Birthday Message for Wife Blake Lively](#)

Rickles was good at giving you the punch and the pain killer at the same time. If you went to his show you were basically giving your permission to be verbally attacked, if he saw fit. When you are in a relationship, people think they have permission to take a shot, but that is not always the case. Be aware of your partner's reactions, or speak up if you are feeling unfairly made fun of or ridiculed.

And remember, there really was only one Don Rickles.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](#) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.*

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**Best Lana Del Rey Lyrics  
Inspired By Celebrity**

# Relationships



By [Katie Gray](#)

Lana Del Rey is an amazing singer, songwriter and poet. She is known internationally and is continuously becoming more successful each year. Her popular song *Young & Beautiful* was featured in the film *The Great Gatsby*, she sang *Once Upon A Dream* for the trailer of Angelina Jolie's film *Maleficent*, and she performed during the [celebrity wedding](#) festivities of [Kim Kardashian](#) and [Kanye West](#), as they are admirers of hers. Del Rey is talked about a lot for her distinctive and unique vocal sounds, bold lyrics, music style, and her beautiful appearance. Her genres are alternative, jazz, rock, pop, trip-hop, indie-pop and dream-pop. Her shows always sell out fast and she has garnered millions of fans. Del Rey's new single "Love" is taking the world by storm, and she is set to release

a new album this year. All of her songs are inspired by her life and, more specifically, love. Recently she did an interlude with The Weekend, in the song "Stargirl." She has had [celebrity relationships](#) with rocker Barrie James O'Neill and fashion photographer and filmmaker Francesco Carrozzini. In addition; James Franco, Courtney Love, The Weekend, ASAP Rocky, Marina and the Diamonds, among many others, are all fans of the starlet. Her musical inspiration stems from her own life experiences and relationships.

## **Here are 10 of the best Lana Del Rey songs and lyrics about love inspired by her celebrity relationships:**

### **1. Video Games:**

Lana Del Rey's breakthrough song was "Video Games." It went viral on YouTube when she posted it in 2011 and that was viewed by millions people, which led to her getting a record deal with Interscope records. Del Rey had made the music video herself. It features different shots of her singing, with images of the New York City skyline and the Hollywood horizon spliced throughout. The time in Lana's life that she felt the happiest, with the person she loved more than anything, is the tone of the music video and the song. Images in the video feature footage of the Chateau Marmont in LA, guys skateboarding, a flower blooming, paparazzi, birds flying, the American flag and other images that represent the USA. Although she never discloses the name of her boyfriend that most of her songs about, she has said of this relationship, "I'll love him forever." Also she has disclosed, that she's always singing about the same person and that her songs are all about the same man. The main chorus lyrics are, "It's you, it's you, it's all for you. Everything I do. I tell you all

the time, Heaven is a place on earth with you. Tell me all the things you want to do. I heard that you like the bad girls, honey is that true? It's better than I ever even knew, they say that the world was built for two. Only worth living if somebody is loving you. And baby now you do." The song was a commercial success, peaking at number one in Germany, reaching the top ten position in Belgium, France, the Netherlands and the United Kingdom and peaked at 91 on US Billboard Hot 100 chart and was certified gold. The song won the Ivor Novello Award for 'Best Contemporary Song' in 2012 and was nominated for many other awards after its release.

## **2. Blue Jeans:**

When Lana Del Rey is in a celebrity relationship, she is ride or die. In her hit song "Blue Jeans," she wrote and sang, "'Cause I'm a ride or die, whether you fail or fly, well at least you tried." This is a ballad that has hip hop influences. The official music video stars Bradley Soileau, which many speculate she was in a celebrity relationship with. It was filmed all in black and white and has a romantic noir vibe. The two are filmed in a swimming pool. Lana Del Rey has made it known she loves Elvis and James Dean, and they serve as her inspirations. In "Blue Jeans" she sings, "Blue jeans, white shirt. Walked into the room, you know you made my eyes burn, it was like James Dean for sure." Many speculate this was about an earlier celebrity relationship, with the man she was very much in love with. Part of the lyrics are, "You were sorta punk rock, I grew up on hip hop. But you fit me better than my favorite sweater." Whoever Lana Del Rey is a celebrity couple with, she loves them with her all. She makes it clear in Blue Jeans, "I will love you till the end of time."

**Related Link:** [What's Your Favorite Love Song?](#)

## **3. Shades of Cool:**

Many people knew Lana Del Rey was in an official celebrity

relationship with Barrie James O'Neill. He's a member of the band Cassidy. He was in her duet video of "Summer Wine" which is a cover of the Nancy Sinatra original. (Lana has said that she thinks of herself as a "ganster Nancy Sinatra.") It is said that "Shades of Cool" was written by her about him and their relationship. She sings, "My baby lives in shades of blue. Blue eyes, and jazz, and attitude. He lives in California, too. He drives a Chevy Malibu. And when he calls, he calls for me and not for you." She had ended the relationship, and there were rumors that the pair were engaged. Her lyrics state: "But I can't fix him, can't make him better and I can't do nothing about his strange weather." "Shades of Cool" was released in 2014 and is off of her *Ultraviolence* album and it had a good reception in America but even more so overseas. In Europe the song reached number 3 in Greece, number 37 in France, 19 in Hungary, 40 in Belgium, in Sweden it peaked 43, in Italy 35 and in Spain 31.

#### **4. National Anthem:**

*Red, white, blue's in the sky. Summer's in the air and baby heaven is in your eyes.* Lana Del Rey is reminiscent of La Americana in the 50's and 60's. She has stated in the past that one of the boyfriends she had was very patriotic. Many of her songs talk about America, and feature the American flag. There is a lot of symbolism to 'The American Dream.' Her song titled "National Anthem" in particular embodies this. The music video stars rapper ASAP Rocky. The two are friends, but some people have speculated they were once a celebrity couple. In her original demo for the song, in the video she made, it features Elvis Presley and his wife Priscilla, as well as President JFK. Lyrics in this song are catchy, upbeat and trip hop. She sings, "I'm your National Anthem, God you're so handsome. Take me to the Hamptons, Bugatti Veyron. He loves to romance 'em, reckless abandon, holding me for ransom upper echelon."

**Related Link:** [5 Most Romantic Celebrity Couples](#)

## **5. Born to Die:**

*Come take a walk on the wild side!* The first major studio album by Lana Del Rey was titled "Born To Die." The first song on the track, which was a single as well, is titled the same. "Walking through the city streets, is it by mistake or design? I feel so alone on the Friday nights, can you make it feel like home if I tell you you're mine?" This music video also stars Bradley Soileau, whom she has been linked to as a celebrity couple – although they never confirmed. The song goes, "Don't make me sad, don't make me cry. Sometimes love is not enough and the road gets tough, I don't know why. Choose your last words, this is the last time. 'Cause you and I, we were born to die." She's known for being very private about her life and described herself as an introvert. She went into the music business because she felt it was difficult to make friends in high school and college, and she wanted to be part of a music community like it was in the sixties. She wanted to make her life into a work of art – and she did.

## **6. The Blackest Day:**

After her split from rocker Barrie James O'Neill, her albums *Ultraviolence* and *Honeymoon* released. It is said her songs, 'Black Beauty' and 'The Blackest Day' are about her celebrity relationship with him. It goes in "The Blackest Day," "Ever since my baby went away, it's been the blackest day. All I hear is Billie Holiday, it's all that I play. Because I'm going deeper and deeper, harder and harder, getting darker and darker, looking for love." In the bonus track, "Black Beauty," she swoons, "Sun and ocean blue, their magnificence, it don't make sense to you – black beauty."

## **7. Brooklyn Baby:**

*I think I'm too cool to know ya, you say I'm like the ice I freeze. I'm churning out novels like beat poetry on amphetamines.* It's well known that Lana Del Rey lived in

Brooklyn while she was an up and coming singer-songwriter. Her hit song Brooklyn Baby flows together with lyrics, "Well my boyfriend's in the band, he plays guitar while I sing Lou Reed. I've got feathers in my hair, I get down to poetry. And my jazz collection is rare, I can play most anything – I'm a Brooklyn Baby." She used to play at a lot of small venues scattered around Williamsburg, Brooklyn and in the East Village in Manhattan. She advanced far in the Williamsburg Live Songwriting Contest that used to be held, with her original song "Pawn Shop Blues." She sings of her boyfriend during this time, "They say I'm too young to love you. I don't know what I need. They think I don't understand the freedom land of the seventies."

## **8. Salvatore:**

*Catch me if you can, working on my tan, Salvatore. Dying by the hand, of a foreign man, happily. Calling out my name in the summer rain, ciao amore. Salvatore can wait, now it's time to eat soft ice cream.* This track off of the *Honeymoon* album, is reported to be about her last celebrity relationship with Francesco Carrozzini – the Italian fashion photographer and filmmaker. They made a beautiful pair, but recently it has been reported they are splitting. He actually filmed her music video "Ultraviolence" (the title track of her third major studio album) for her. How sweet to have your boyfriend film you for your own music?! He's the son of Italian Vogue's legendary editor-in-chief, Franca Sozzani who sadly recently passed away. Her upcoming album this year, should feature songs about the recent relationship and what she is going through now.

**Related Link:** [World's 8 Wealthiest Celebrity Couples](#)

## **9. Cola:**

Lana Del Rey makes it known what she likes! Her second studio album titled "Paradise" features a popular song titled,

“Cola.” In it she states flat out, “I got a taste for men who are older, it’s always been so it’s no surprise.” This is about her celebrity relationship with Barrie James O’Neill. Del Rey explained, “My boyfriend is Scottish, he deems American girls very exotic. He deems us all very exotic.” This was in response to how the song made a splash with some sexy and explicit lyrics. With lyrics like, ‘Come on baby lets ride, we can escape to the great sunshine. I know your wife and she wouldn’t mind. We made it out to the other side.’ Nobody is certain for sure who the track is about, but it’s someone who meant a great deal to her. The song also mentions things Lana loves: Pepsi-Cola, cherry pie, diamonds, vanilla and sunshine.

#### **10. Mermaid Motel:**

*You call me lavender, you call me sunshine.* One place in the world that Lana Del Rey has always loved is Coney Island. Her song *Mermaid Motel*, she released back when she went by her original name Lizzy Grant, revolves all around Coney Island and mermaids. There are also references about themes she likes: Brooklyn, Miss America, the National Anthem, roller coasters and summertime. The song was featured on her first album that was titled “Lana Del Rey a.k.a. Lizzy Grant” before they took it down. Her first extended play (EP) was titled “Kill Kill” and the song of the same title also features Coney Island, sand and summertime vibes. These songs were all about her relationship during her early times in her career. Lana Del Rey has stated in the past she had an on-off relationship with someone high up in the music business, but that never got her a record deal, but she respected him very much. In *Mermaid Motel* she talks about living on Neptune Avenue in Coney Island. She sings, “God bless you and God bless me.” But really; God bless Lana Del Rey for bringing all of this amazing music into the world!

**What is your favorite Lana Del Rey song? Share in the comments below!**



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# Relationship Advice: How Far Will You Go for a Relationship?



Dr. Jane Greer

Singer Ed Sheeran found true love on another continent. When he first started dating girlfriend Cherry Seaborn, she lived in New York and he lived in England. The two, who met in school, made that work for a while before Seaborn moved to England to be closer to Ed. The latest buzz is that Ed plans to propose to her soon, sealing the deal that has seen a lot of miles traveled to build their relationship before finally

ending up in the same place. This is not an unusual scenario.

**Since celebrities and singers are so busy on set or on tour, they often meet and even strike up a relationship with someone who lives far away.**

You certainly don't have to be a celebrity or songwriter to travel the world to find love. Sometimes, if you're lucky, work will take you to another place where you might meet someone you feel a connection to, and then you find yourself trying to stay in touch with the hope of building a relationship. Other times you might be forced to become more creative in your pursuit of finding a romantic partner. Whatever the case, while long distance is never easy, it is much more doable these days with all the social media that keeps us connected and has bridged that gap that might literally be between you. With Skype, Instagram, Twitter, Facebook, email, and even a good old-fashioned phone call, people can interact and feel like they are together even when there is a great distance between them. This allows couples to not only feel close, but also to actually get to know each other and begin to date when they aren't in the same town or, in some cases, the same country.

So if you are contemplating broadening your horizons, what is the best way to go about it, especially if your job is not going to take you someplace new? Consider this relationship advice. This might be particularly timely now that Valentine's Day is over and spring is right around the corner, both which might spark your desire to step outside your comfort zone to meet that someone. Here's how to proceed. Use a dating app, which is a great tool in this process. Many people flinch at

the thought of doing so, because they have tried it and it didn't work out, or they had a negative experience, or they feel they should be meeting someone spontaneously instead of in this formalized way. Consequently, they have tried it and won't use it again, or are reluctant to use it in the first place. However, one bad date doesn't translate into all dating apps being useless. Proceeding that way would be like having a cut on your wrist and amputating your arm. By excluding them from your options you could wind up missing out on a terrific way to meet a great person who could be your friend or even more.

So instead of generalizing all dating sites, consider them individually. If you are ready to go abroad, [AnastasiaDate.com](http://AnastasiaDate.com), [AsianDate.com](http://AsianDate.com), and [AmoLatina.com](http://AmoLatina.com) are the apps for you because they specialize in international dating both in Europe and Asia. In using these apps you expand your search far and wide, give yourself the chance to experience the culture of another country, and create the opportunity to build travel into your lifestyle as well, all while achieving your main goal of finding love. Best of luck to Ed Sheeran and his girlfriend. They are the perfect example that absence makes the heart grow fonder.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.*

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# Top 5 Academy Award Nominations if the Oscars Were Based on Love Stories



By [Katie Gray](#)

Oscar weekend is behind us! The annual Academy Awards are always a huge deal. Buzz swarmed around nominated films such as: *La La Land*, *Manchester by the Sea*, *Moonlight*, *Hidden Figures* and *Lion*. Casey Affleck, Ryan Gosling, Denzel Washington, were the top picks for actors in leading roles. All eyes were on Emma Stone, Meryl Streep, and Ruth Negga for actresses in a leading role. Natalie Portman garnered a lot of

attention (as well as an Oscar nomination) for her starring role in, *Jackie*. The film also scored a nom for costume design, which played a huge role, as Jackie O's style is iconic. "Can't Stop The Feeling" from the movie *Trolls* is sure to be the music everyone will jam to all weekend – it got a nomination for Music Original Song. It's an exciting time, and all of the [celebrity couples](#) came out and shine on the red carpet together. Despite the 'Best Picture' flub that occurred this year, it was still the biggest night for film. If the Oscars were based on romantic movies, there are some that would have stood out at the awards ceremony.

## **Cupid has compiled the Top 10 Academy Award Nominations if the Oscars Were Based on Love Stories:**

**1. *Me Before You*:** This love story deserves an Oscar! (Both the book and the film.) The novel was written by Jojo Moyes. The story follows a girl who takes a job, taking care of a man who was in a terrible accident and can't walk or move very much. The film stars Emilia Clarke and Sam Claflin in the lead roles. The story entwines the two characters in a divine way, and you find yourself entwined in the tale of these two. Disclaimer: When you watch it, make sure you have tissues at hand!

**2. *My Big Fat Greek Wedding 2*:** The first film of the same name, won at the Academy Awards. Nia Vardalos has outdone herself again. (She wrote them both, in addition to starring in each.) The sequel that followed up in 2016, picks up where it left off with the Greek family we all love. This time, though, Toula and her husband Ian, are married and have a daughter. It packs the punch, with a bunch of laughs and love. Two things are for certain in life, family and love.

**Related Link:** [Movies to get you in the Mood for Valentine's Day](#)

**3. *The Spectacular Now*:** These 2013 feel-good film makes the list, because it was beautifully made and brilliantly written. It has love and humor. The film stars Miles Teller and Shailene Woodley, who deliver superb performances. The story is based on the novel of the same name. It revolves around high school students in their senior year, as they navigate the coming-of-age stage of their lives. It is incredibly moving, raw and real.

**4. *Passengers*:** Jennifer Lawrence and Chris Patt rule the screen, in *Passengers*. This film is one for the books for sci-fi romantic-drama fans. There is a spacecraft travelling to a planet when issues arrive and a malfunction occurs in one of its sleep chambers. Hollywood heartthrob, Chris Pratt, has his character woken up – 60 years early. He then ends up waking up JLaw's character, and a love story blooms. A match made in science!

**Related Link:** [5 Steamiest Movie Kisses](#)

**5. *Paper Towns*:** This film, based on the bestselling novel by John Green, stars Cara Delevingne and Nat Wolff. The story is a coming-of-age tale about neighbors, love, youth and adventure. Quentin, is a smart student with his whole future ahead of him. He's always love his neighbor, Margo, who is an enigma. As the movie says, "She loved mysteries so much, she became one."

**What are your film nomination choices? Comment below.**

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# Date Idea: Most Romantic Destinations In the U.S.



By [Delaney Gilbride](#) & Linda Guma

If you're lucky enough to have some time off this coming President's Day weekend, what better way to celebrate the coming and going of Valentine's Day than by indulging in some travel and exploration with your honey? Traveling abroad can get expensive and time-consuming, and not all of us have extra money and vacation days to spare. Although places like Venice and Paris are known for their European romance and charm, you can find that same feeling right here in the United States.

# Who says you have to be in Paris to french kiss? Here's some [dating advice](#) on the most enchanted travel destinations in the U.S.

**1. Niagara Falls (NY):** Niagara Falls, known as the Honeymoon Capital of the World, is an ideal romantic spot. One of the many [date ideas](#) for Niagara Falls includes taking a classic Maid of the Mist boat tour with your lover and be captivated by the breathtaking view of the waterfalls. You can also engage in some other fun activities, like going on a Niagara wine tour.

**2. Poconos Mountains (PA):** Whether or not you've just tied the knot, the Poconos is a spectacular destination. The Mountains were home to the first honeymoon resort in 1945. As part of its intimate tradition, Poconos has a famous heart-shaped whirlpool bath for two, as well as many world-class spas.

**Related Link:** [Top 5 Most Traveled Celebrity Couples](#)

**3. Key West (FL):** Surrounded by history, art, and culture, Key West is the southernmost city of the U.S. and an excellent couples' [romantic getaway](#). Enjoy a magical tour of the city during the day and take advantage of the upbeat nightlife. Conclude your day with a passionate and awe-inspiring view of the sunset in Mallory Square, where people gather for the sunset celebration.

**4. Malibu (CA):** An iconic American destination, Malibu is home to an array of public beaches. Enjoy some delicious seafood on the beachfront while bidding the sun farewell for the day or visit a winery in a chateau. Take advantage of an entertaining [date night](#) by hitting up a blues bars, dance hall, or martini lounge.



**Related Link:** [Dating Advice: 7 Things to Remember While on Vacation with a New Love](#)

**5. Rocky Mountains (CO):** If you and your partner are outdoor fanatics, you definitely don't want to miss out on the spectacular landscape of the Rockies. Your trip can be amorous, yet adventurous. Reconnect with your partner and discover peaceful solitude in an intimate cabin. Then escape into nature while surrounding yourself by untouched beauty as you venture off for a hike on Mount Elbert, the range's highest peak.

**Got any other suggestions for romantic American destinations? Share your ideas below.**

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## **5 Most Romantic Celebrity Couples**





By [Katie Gray](#)

Love is in the air! Our favorite [celebrity couples](#) are big when it comes to the romance department. Whether it's the way they look at each other during events, the surprises they do for one another or the way they raise their celebrity babies, it's clear that the love is ever present. These [celebrity relationships](#) give us major goals!

## **Cupid has compiled the five most romantic celebrity couples in Hollywood today :**

**1. John Legend & Chrissy Teigen:** Our hearts just swoon, when we see pictures of celebrity couple John Legend and Chrissy Teigen. This celebrity relationship gives each other all of them. Legend, a singer and musician, and Teigen, a model and cookbook author, dated for four years before getting engaged in 2011 and marrying in Italy in 2013. This past year in 2016, they had their first child together. A beautiful daughter

named, Luna Simone Stephens. They give us major relationship goals!

**2. Blake Lively & Ryan Reynolds:** Spotted: Blake Lively and Ryan Reynolds being couple goals. This celebrity relationship has definitely become “America’s Sweethearts.” Actors, Ryan Reynolds and Blake Lively, met while filming *Green Lantern* in 2010, became an item and married in 2012. They have two daughters, born in 2014 and 2016.

**Related Link:** [Movies to get in the Mood for Valentine’s Day](#)

**3. Jay-Z & Beyoncé:** Music moguls, performance icons and power couple – Beyoncé and Jay-Z have been a married celebrity couple since 2008. They had their sweet daughter, Blue Ivy Carter, in 2012. This celebrity relationship just announced that they are expecting twins! Romance is definitely in the air.

**4. Sarah Michelle Gellar & Freddie Prinze Jr.:** One of the most genuine and romantic celebrity couples in Hollywood, is hands down, Sarah Michelle Gellar and Freddie Prinze Jr. The pretty pair, and fellow actors, have been married since 2002. They have two children together. They even co-starred in the film *I Know What You Did Last Summer* and the *Scooby-Doo* movies together. Now how cute will that be for their kids in real life to watch? You may know her from *Cruel Intentions* and *Buffy The Vampire Slayer*, but these two are slaying when it comes to celebrity relationships!

**Related Link:** [Wealthiest Celebrity Couples](#)

**5. Keith Urban & Nicole Kidman:** Country crooner, Keith Urban, and actress, Nicole Kidman, are a match made in heaven. The married celebrity couple, tied the knot in 2006, in Australia. They have two celebrity babies together. Urban always looks adoringly at Kidman on the red carpet and at events they are photographed at. There are many reports that this celebrity couple are very down to earth.

Who are your favorite most romantic celebrity couples? Comment below.

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## Relationship Advice: Can You Cheat Jealousy?



By Dr. Jane Greer

[Kristen Bell](#) recently shared how her husband, Dax Shepard, was her wingman at the Golden Globes so that she could meet her celebrity crush, Riz Ahmed. This is a perfect example of a relationship where both partners are secure and completely trust that, even though one may find another individual

attractive, it won't challenge their fidelity. It's natural to see others as appealing, even when you're in a committed, monogamous relationship, but it is also important to remember that everyone's physical appearance changes. People get older, and sometimes they get sick. Beauty is not enough to sustain an ongoing romance. If you know in your heart that you're always the most important person to your partner, then even if they have flirtations and/or a crush, it will enable you to tolerate your partner's attention or interest in someone else without feeling threatened.

**So, how do you get the trusting feeling that equips you to joust jealousy? Here's some [relationship advice](#).**

Make sure you take the time to tell and show one another how much they turn you on. If you are able to do this even when someone hasn't taken the time to dress up – when they first wake up in the morning and are makeup free, or are playing with the kids and despite being covered in dirt from the backyard look so manly – it can mean even more because those are the real moments of living. They can bind you in intimacy because you are seeing each other through the eyes of love. Also, be aware of your partner's likes and dislikes so that you can take them seriously. This will help them feel supported, cared about and understood by you, and help keep the air clear so tension doesn't build. You don't have to be the best looking person in the room, just the best in your partner's eyes.

**Related Link:** [Famous Couple Kristen Bell and Dax Shepard Plan Date Nights Mathematically](#)

By following this recipe, you strengthen your bond so that you

can buffer your relationship from other people coming between you. When you have a solid foundation and know that you both have each other's back, it gives you the confidence to handle a passing flirtation knowing that's all that it is, something that is in the moment and will pass. Whether it is meeting one of your high school first loves, an old flame from college, a new work partner, or anyone who might be perceived as a possible intruder, the two of you can remain impenetrable.

**Related Link:** [Expert Relationship Advice: How to Handle a Jealous Girlfriend](#)

Another ingredient in the trust recipe is that when either one of you feels insecure and voices that, it is important to respond with a heavy dose of reassurance. Rather than getting angry, minimizing your partner's feelings, telling them they are being ridiculous and continuing your behavior or ignoring them, instead let them know that it doesn't matter how many people you are talking to because they come first and you only want to go home with them.

Everyone is drawn to other people at times, but attraction and intimacy are two different things. One is instant and the other takes time to develop. If you trust this, and know your connection runs deep, you will be better able to cheat any jealousy that might come up and move forward as a team that nobody can divide. It seems that Kristen and Dax have this recipe under their belts.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on*

love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

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## Dating Advice: Movies to Get You In the Mood for Valentine's Day



By [Katie Gray](#)

Cupid strikes! Now that it is officially February, we are in the month of love. That means that Valentine's Day is just around the corner. Bring on all of the chocolate and

champagne! While we make plans with our significant others, families and friends, [celebrity couples](#) are doing the same. There's no better way to get into the Valentine's Day spirit, than by watching your favorite [celebrity relationship](#) and love stories on screen. In preparation for Valentine's Day, fall in love with these films!

## In this [dating advice](#), Cupid has compiled six movies to get you in the mood for Valentine's Day:

**1. *Valentine's Day*:** The title says it all! The 2010 box office hit film, *Valentine's Day*, revolves around a group of people as they deal with their love struggles and strengths on Valentine's Day. This commercially successful movie was directed by legendary romantic-comedy filmmaker, Garry Marshall. The ensemble cast included: [Jessica Alba](#), [Bradley Cooper](#), [Jessica Biel](#), Patrick Dempsey, Julia Roberts, Jamie Foxx, [Jennifer Garner](#), George Lopez, Emma Roberts, and many more. [Taylor Swift](#) even made her film debut and her song "Today Was A Fairytale" is in it!

**Related Link:** [Top 10 Most Romantic Movie Locations](#)

**2. *Pretty Woman*:** It's always a good time to watch the 1990 hit romantic-comedy, *Pretty Woman*. However; it's especially essential to view it during the Valentine's Day season. The film stars Julia Roberts and Richard Gere, and is directed by Garry Marshall. It depicts a love story between a Hollywood hooker, Vivian, and Edward, a wealthy businessman. She is hired to be his escort for several social outings, and they end up having a deep connection and develop a loving relationship.

**3. *Dirty Dancing*:** Now I've had the time of my life! *Dirty Dancing*, is one of the most successful films of all time. In



2009 it had grossed over \$214 million dollars worldwide. The romantic dance drama, stars Patrick Swayze and Jennifer Grey. It takes place in the summer of 1963 at a resort in the Catskill Mountains, and follows the stories of the guests and employees.

**Related Link:** [World's Wealthiest Celebrity Couples](#)

**4. *When Harry Met Sally*:** The 1987 romantic comedy, *When Harry Met Sally*, has become a cultural hit. The film stars Meg Ryan and Billy Crystal. It's about the path of the main characters, Harry and Sally, on their adventure to New York City. The film became wildly popular and is full of humor, perfect for Valentine's Day vibes.

**5. *Breakfast At Tiffany's*:** What better film to watch for Valentine's Day, than the classic film, *Breakfast At Tiffany's*? It won two Academy Awards and has been critically acclaimed. Audrey Hepburn, Tiffany & Co, and New York, is all you need to feel the love. This 1961 film, is based on the book by Truman Capote.

**6. *Sleepless in Seattle*:** Tom Hanks and Meg Ryan dazzle in the romantic comedy, *Sleepless in Seattle*. This 1993 romantic movie, has garnered critical and commercial success, grossing over \$220 million. This touching and heartfelt movie will have you feeling lots of love. Most importantly, it provides viewers with hope that true love is out there and soulmates are real. It gives the perfect vibes for Valentine's Day.

**What are your favorite movies to get you in the mood for Valentine's Day? Comment below!**

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# Dating Advice: 5 Reasons Why Men Text Instead of Call



By [Jessica DeRubbo](#)

“Wanna go out tonight?” may be a simple text that most men feel is harmless, but it’s something that drives women nuts. What happened to the days of in-person conversations, or perhaps picking up the phone and calling, so you can get to know people, hear their voices, and truly sense how they are feeling? It seems that texting is no longer a trend and has become the norm, and it is getting on the nerves of women everywhere!

# The question is, “Why do men text instead of call?” Cupid did some digging for [dating advice](#), and here are five iron-clad reasons:

**1. It's quick and easy:** If it comes to simple things like what time the two of you are meeting up, or where to go for dinner, shooting off a text takes a lot less time and effort than an actual phone call. Julie Spira, creator of [CyberDatingExpert.com](#), agreed with this idea, saying that many men are busy executives and don't have time to hold an over-the-phone conversation. Sending a text takes less than a minute. Also, it takes away some of the pressure of having to come up with a plan instantly, since through texting, you have time to sit and think about what to type, as opposed to an awkward silence over the phone.

**Related Link:** [Dating Advice Q&A: What Does Texting On A Date Say To Your Partner?](#)

**2. They are copying women:** A few men gave Cupid their opinions on why they opt to text now-a-days rather than calling, and a common response we received was that they are simply following what they see women do. Dan Nainan, a comedian/actor, claims that it seems like the only way to ask women out is through text messaging, because no one wants to talk on the phone anymore. So, if guys are copying what they are seeing, maybe women need to stop sending the wrong message, and start picking up the phone once in a while instead of sending a text.

**3. Fear of rejection:** Just like women, men fear rejection, and what's more embarrassing than making the effort to pick up the phone and call a girl, just to be turned down? Many women seem to forget how intimidating dating is, especially for guys. Dr.

Zach Hill, of [AdultDatingHistory.com](http://AdultDatingHistory.com), explained, saying, "Dating can be intimidating, and hiding behind the screen of a cell phone makes conversations less intimidating. Telephone calls with someone you are not comfortable with just yet are just as intimidating. When you text someone, you have time to think about what you are going to say, how you are going to word it, and you have the advantage of looking it over to make sure everything sounds right. Whereas when you make a phone call, you are put on the spot to speak, and the idea of fumbling your words, saying the wrong thing, speaking too fast or slow, or any other option that may make you appear like an "idiot" is much more probable." I guess when you see it from this perspective, women can get a sense of why men do text instead of call.

**Related Link:** [Dating Advice Q&A: Is It Appropriate to Play Hard to Get Via Texting?](#)

**4. They don't know it bothers you:** If you allow men to continue texting, and you don't say anything about it, then why would they feel anything needs to change? There are easy ways to get your point across, without being too direct. Carole Lieberman M.D, a psychiatrist, says that in order to have your guy call instead of text, simply respond to their text with something cute like, "Hey, would love to hear your voice, give me a call." This will give men the confidence to pick up the phone and actually call.

**5. Men think it's okay to text:** Because texting has become such a common part of everyday life, men have started to think it's fine to just text women instead of calling. Dave Grossman, of [CanoodleOnline.com](http://CanoodleOnline.com), says, "In this era of text messaging, men have decided it's OK to text the women they are dating," and he even admits to doing this himself, but has now become more cautious of it. It's hard to break a habit that has become a part of everyday life, so women need to try to break men from this habit by showing them how much more personal a phone call can be.

Why do you think men choose to text instead of call? Share your thoughts with us below!

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## Dating Advice: 3 Ways to Protect Your Relationship from Reality TV



By TraceyAnne, Relationship Coach and Founder of [FindThatMach.com](http://FindThatMach.com)

When it comes to love and connection with our loved ones, I find it astounding some of the things that I see on reality

TV. *Kendra on Top*, *Real House Wives of Beverley Hills*, and *Keeping Up With the Kardashians* to name but a few, all depict a world that most of us do not live in. The fast cars and expensive seemingly superficial lifestyles don't resonate with us much. These "celebrities" appear to have everything and all done for them from their hair and make-up to holidays planned and designed for them. Our attraction, I believe, is seeing a mix of a world we might like to one day inhabit and the relationships that are very much just like the ones that we have in our own circles.

**This [dating advice](#) can help you keep reality TV from negatively affecting your relationship.**

To see people who appear to 'have it all' fall out with and argue with their close friends, family and spouses can in a weird way give us a sense of comfort. You see, we only get to view the edited versions, so we have no idea what information we're missing. The communication that we see is bad, short and misses so many vital points that I always find myself thinking, "For goodness sake! Perhaps if they had a real conversation about what was really happening, they might be able to get their stuff together." Alas, we watch these shows and it teaches us nothing, just that relationships are hard work and full of drama. Drama that viewers believe is passion and chemistry and what all relationships should have. Relationships take work. A few pieces of advice:

**1. Listen to what they're really saying.**

So often you will see an argument play out that is more about circumstance. These people are fighting in their own corner and simply want to be heard and more likely want to be the person who is 'right'. If they (and us at home) would communicate our feelings, it would honestly move mountains.

The real issues would be spoken about and the couples could find some common ground to move forward.

**Related Link:** [Do Your Friends Influence Your Relationship?](#)

## **2. Don't be fooled by romantic gestures.**

On these TV shows we see the romance of being taken out to dinner, bought flowers and diamonds and it makes us stop and think 'hang on where is this in my life, I don't get that' well I implore you to take stock and think about how many times your other half has made a romantic gesture. Really think about it, I bet they do, and if they don't how often do you? Romance is a two way street!

**Related Link:** ['Millionaire Matchmaker' Reality TV Star Marisa Saks Says Listening Is Key](#)

## **3. Don't allow yourself to become suspicious.**

We sometimes see couples on reality TV get cheated on and hurt. I by no means am suggesting that you ignore or block out if you think your partner may be cheating, what I am saying, is that if you watch these TV shows and your role models are cheaters you may start to become suspicious.

*TraceyAnne, a Relationship Coach and founder of [FindThatMach.com](#); a unique online relationship and dating course helping people find love and what they truly want in life.*

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# **World's 8 Wealthiest Celebrity Couples**



By [Katie Gray](#)

“One for the money, two for the show.” [Celebrity couples](#) are worth a ton of money together, with their assets combined. All around the world, the top power players of every industry make quite a team when they match up with another individual in the same industry. An actor or athlete can have an amazing salary, but when they get together with someone else with the same career, it increases big time. Talk about a touchdown! When you have been in a relationship with your partner for a long time, or become engaged or married, typically the incomes of both parties are put together for the household. A [celebrity relationship](#) is no different. With their abundant net worths, they are able to afford all of the luxuries the world has to offer. Therefore; they also spare no expense when it comes to [celebrity weddings](#) and having [celebrity babies](#). The celebrity relationship that works hard together, plays hard, too!



# Cupid has compiled the world's eight wealthiest celebrity couples:

**1. Bill & Melinda Gates:** Bill Gates is known for being one of the richest individuals in the world. He has a networth of \$85.7 billion dollars. He's an American business magnate, entrepreneur, investor, author, and philanthropist. Since 1994 he's been married to Melinda Gates, who is also a philanthropist and businesswoman. The successful pair are extremely charitable. They have the Bill and Melinda Gates Foundation that has education and world health as initiatives. The couple also launged The Giving Pledge with Warren Buffett that strives to have the world's wealthiest people give a majority of their profits to charity. The couple that gives together, stays together!

**2. Steven Spielberg & Kate Capshaw:** One of the biggest power players in Hollywood, is Steven Spielberg. He's one of the most prominent screenwriters, directors and producers in the business. Spielberg is also a co-founder of DreamWorks Studios. As of last year he had a net worth of \$3.60 billion dollars. In 1991 he married his actress wife, Kate Capshaw. The stars met on the set of *Indiana Jones and the Temple of Doom*.

**3. Beyoncé & Jay Z:** Singers and superstars, Beyoncé and Jay-Z are worth a whopping \$850 million dollars. They make their profits from their music careers, endorsement deals and sponsorships. They spend a lot of their income on their daughter, Blue Ivy Carter.

**Related Link:** [Celebrity Couple Engagement Rings](#)

**4. Victoria & David Beckham:** So posh! Footballer, David Beckham, and fashion designer/former Spice Girl, Victoria Beckham are worth around \$400 million dollars. The pretty pair have modeling deals, celebrity endorsements and their own

brand. David Beckham is one of the most famous soccer players and Victoria Beckham is iconic for being in the pop girl group. They have homes around the world and dote on their children.

**5. Gisele Bundchen & Tom Brady:** Gisele Bundchen, is known for being the world's highest paid supermodel. She has an annual income of \$45 million dollars, and her husband, Tom Brady, makes a hefty \$31 million a year for his career in the NFL. The duo spends their time and money on the environment, their children, and eating clean with a healthy lifestyle. They're together worth \$350 million.

**6. Calista Flockhart & Harrison Ford:** Actor, Harrison Ford, and actress, Calista Flockhart are together worth \$224 million dollars. She earned a lot of money from a Brothers & Sisters contract and he's famous for playing the lead in Indiana Jones and starring in Star Wars. Talk about lights, camera, action! (On screen and off screen.)

**Related Link:** [Celebrity Couples We Want To Reunite](#)

**7. Keith Urban & Nicole Kidman:** Country singer, Keith Urban, and actress, Nicole Kidman, are worth \$200 million dollars. Urban makes his fortune from his album sales and world tours. Kidman makes her money from her film career and endorsement deals – such as with luxury brand Omega.

**8. Kim Kardashian & Kanye West:** This year Kim Kardashian had a net worth of \$105 million dollars. Her husband, rapper Kanye West, has a net worth of \$130 million. The married couple earn income off their fashion brands, products, appearances and endorsement deals. The couple's lavish wedding in 2014 cost a total of \$12 million. They also spoil their kids North and Saint, with designer clothes and the best parties.

**Who are your favorite wealthiest celebrity couples? Share your comments below.**

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# Relationship Advice: How to Compromise on Planning Your Nuptials



By Dr. Jane Greer

Matthew Lewis, who played Neville Longbottom in the *Harry Potter* movies, is engaged to be married to his girlfriend Angela Jones. This will be his first [celebrity wedding](#), but her second. In fact, it was reported that they began dating shortly after she divorced her first husband. Matthew seems to have gotten the proposal right, judging from the photos of the ring and the Paris vacation during which the engagement was

said to have taken place.

**The relationship advice question is, will the fact that she has already had a wedding change the dynamics of, and possibly complicate, the marriage planning that lies ahead for them?**

This is something that happens often when two people decide to spend their lives together. One might have gone through it all before, the big wedding and honeymoon, and the other might be experiencing it for the first time. Sometimes this can affect what each is hoping for as far as their big day goes. For the one who hasn't experienced it before, this might be something they have been dreaming about since they were a little kid. They might have family members who have looked forward to it for years, and may even have strong ideas about how it should play out. For them, the whole idea of a traditional wedding dress and all the fanfare might sound great. The other person, though, might feel they have been there and done that, they might no longer see the appeal of all the details and possible headaches that can go along with planning such a large, involved event. They might even think it would be nice to sneak away to City Hall or Las Vegas and elope. If you find yourself in this situation, how can you reconcile it?

The first thing to keep in mind is the end goal, which is to commit to each other for life. There are so many paths to take to get there, and as long as you find one you will be achieving that all-important objective. Having said that, though, people still want what they want. Make sure you are able to talk about what you each desire and hope for, and

really listen to why each person is requesting what they do. Try to compromise, maybe the person who doesn't want a huge wedding or honeymoon will give in to the big day for the sake of his or her new spouse and family, but will then get to choose the honeymoon destination with the aspiration to keep it low key. Or maybe the reverse could work for you, the one who hopes for a grand occasion will be willing to tone it down but then might opt for an extravagant honeymoon.

Do your best to stay focused on what you want as a couple without giving up what is most important to you as an individual. Be sensitive to your partner's needs, and try to find a middle ground that will work for both of you. That way, each of you can be invested in their wedding.

Hopefully Matthew and Angela will be able to navigate these complicated decisions as they plan their important day. Maybe all they'll need is a little Hogwarts magic.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [Facebook](https://www.facebook.com/DrJaneGreer), and be sure to follow @DrJaneGreer on [Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy.*

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## **Retail Therapy: Celebrity**

# Couples Who Shop Together



By [Katie Gray](#)

The couples who shop together, stay together! [Celebrity couples](#) have the luxury of enjoying the finer things in life together. This entails shopping sprees, romantic getaways, spa days, vacations in paradise and dinner dates at the best restaurants. A [celebrity relationship](#) is typically lavish, which is why it fascinates the public and dominates the tabloids. When you factor in a [celebrity wedding](#) and celebrity babies, that adds a whole new dimension. (Plus more things to shop for!) There is nothing like a little retail therapy to fix anything in your life – sometimes shopping is just what the doctor ordered.

# Cupid has compiled five celebrity couples who love shopping together:

1. **[Kim Kardashian & Kanye West](#)**: Kim Kardashian and Kanye West are known for shopping, donning designer pieces, and being very fashion forward. Through the years they have frequently been spotted shopping together. The husband and wife have been seen leaving Balenciaga together, as well as the Westfield Topanga shopping center, boutiques in Paris, France and they even went on a Black Friday shopping spree. The paparazzi always catches candid photos of them carrying tons of shopping bags.

2. **Will Smith & Jada Pinkett Smith**: One of the longest lasting marriages in Hollywood is Will Smith and Jada Pinkett Smith. The pretty pair is known for shopping together often! They are always spotted at stores hand in hand. Plus, they always are rockin' nice attire for the outings. They even shop for their children at arts and crafts stores. How cute!

**Related Link:** [Celebrity Couples We Want To Reunite](#)

3. **Sarah Jessica Parker & Matthew Broderick**: Sarah Jessica Parker is famous for her portrayal of Carrie Bradshaw on the hit series *Sex and the City*. Just like her character, Parker also has impeccable taste in fashion. She even launched her own shoe line that is available at department stores. She's been married to fellow actor, Matthew Broderick, for years. The happily married celebrity couple even do their grocery shopping together! They also take their children toy shopping as a family, and are known for always teaching their kids to be grateful and give back. Parker has even stated her kids wear hand me downs and are taught the value of hard work. What an amazing family!

**Related Link:** [Celebrity Couple Engagement Rings](#)

4. [Beyoncé](#) & [Jay-Z](#): This music couple knows how to shop! The husband and wife enjoy shopping at designer stores in Milan, mansion shopping in Los Angeles, boutiques in New York City, and all around the world. They are known for dropping a lot of cash on shopping sprees. The proud parents also hit up children stores! Jay-Z took a cue from Beyoncé's song, he liked it so he put a nice ring on it. They've been shopping together ever since and we can't wait to see what they purchase next.

5. [John Legend](#) & [Chrissy Teigen](#): This celebrity couple will always give us relationship goals! John Legend and Chrissy Teigen captivated the world with his hit song "All of Me" and the music video they both star in. They cook together, shop together and parent together. Last month in October, the happy family was spotted shopping with baby Luna at Barney's. We can't wait to see how they spend the holidays as a family!

**What celebrity couple would you like to go shopping with? Share your pick below.**

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## **Relationship Advice: Love At First Sight From a Guy's Perspective**







By [Robert Manni](#)

Although some argue against it, there are studies that show the phenomenon known as “love at first sight” is possible. Partially because we are all connected at a spiritual level, it can be argued that people can actually “know” someone almost instantly, including if they are a good fit for them. But others say that we need to know someone through their actions first before truly falling in love. I think a combination of those intense beginning feelings and the gradual reveal of the person melding with those passionate first impressions makes a case for love at first sight. Remember, modern dating and relationships can be tricky, so heed the following [relationship advice](#) on taking additional steps to validate our initial reactions saves yourself from heartache later.

**Relationship advice for guys on,  
“Love at first sight.” Does it**

# exist?

It's no surprise that men are more visually stimulated than women when it comes to attraction. Frequently, men mistake "lust" or "infatuation at first sight" for love, only to have buyer's remorse when the woman does not live up to their fantasies. But, there is a silver lining. Both men and women can experience love at first sight— it just might not be exactly what they expected. The discussions I've had with women on this topic reveal that for them, love at first sight is more of a process with layers that unfold quickly. Although they may not get an overpowering visceral reaction to a guy instantaneously; what he says, how he looks, his energy, confidence, and how she feels around him all create the possibility for love. This process occurs rapidly in a case of "love at first sight," and can also work for a guy, especially if he has created the space in his heart for new love while also taking the time to look beyond a woman's looks. That's how it happened when I met the woman who became my wife. On the relationship advice of her sister, she signed up for a three-day trial on a popular dating site. She posted a late night selfie without any makeup and winked at me because she liked what I had written on my profile. At the time I'd been happily dating up a storm online and was going to take a pass. But, there was a beautiful simplicity about her in that photo, and especially in her eyes. I studied her face and then re-read her profile. Hers was more of a "hey, this is what I've been doing," instead of the many packaged profiles I'd seen that were built to sell. So, I decided to write back.

**Related Link:** [Relationship Advice: The Guy's Guide to Dating Like a Man](#)

After a few short emails we agreed to have a date night. We met at the corner of West 79th and Broadway in Manhattan. I arrived first and climbed the steps of a church so I could

keep my eyes out for her. When I looked across the street the first person I laid eyes on was a very pretty lady in a green and white summer dress. I knew this was her, and I could not take my eyes off of her as she gracefully approached the church. I was pleasantly surprised because she was even better looking in person than in the photo she'd posted online. I met her halfway as she crossed the street and without thinking hugged her. She reciprocated with a curious smile. As we walked towards the 79th Boat Basin, I took her hand and she accepted mine with a welcoming clasp. All of this felt very natural. Was it love at first sight? Maybe. It sure was a nice beginning. When we sat down to eat she mentioned that she was a vegetarian. I wanted a cheeseburger, but for some reason when I heard this, I ordered something else. Afterwards we walked hand in hand along Riverside Park. When we stopped to sit on a bench, a former online date of mine roller-bladed past us. For some reason I took this as a sign that the woman on her blades was my past and the woman beside me was my present and future. And, I have not eaten meat since that day. Was it love at first sight?

**Related Link:** [Top Dating Secrets of Men](#)

My wife and I have been happily married for six years now and are the proud parents of a wonderful little boy. So is love at first sight possible for men? At least that's how it worked for me. As a relationship expert, this is how I advise readers of my blog and listeners of my radio podcast when they ask questions. With so many wonderful available women looking for a good guy, it's never been a better time to be a man. But to make the most of this opportunity, guys need to follow dating tips that make room for love, and take a little bit of extra time to look beyond a woman's exterior and into her heart.

*Robert is the author of The Guy' Guy's Guide To Love, a novel praised as the "Men's successor to Sex and the City." Robert's website, RobertManni.com, features his syndicated*

*blog, media appearances and other projects.*

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# How to Campaign for a Better Relationship



By Tanni Deb and Kayla Garritano

With Election Day in recent history, the best time to campaign for a better relationship is now. Whether that means leaning to the left with a liberal approach or moving toward the right with a more conservative one, you deserve the best relationship. For future [date nights](#) with your partner, let's make sure you can get their vote towards a better

relationship.

## This relationship advice may win a vote from that special someone:

**1. Figure out what you want in a partner:** Knowing exactly what you want in a partner will help you narrow down your choices, just as you would with a candidate in an election. Otherwise, you'll settle for anyone. You can make a list of pros and cons, or just make a mental note, anything to help you make the right moves.

**2. Figure out what issues/things you can compromise:** Figure out what things you're willing to let go, such as finding a mate who doesn't have certain features or doesn't meet your height requirement. Although compromising is important for a healthy relationship, and this will help you prepare for compromises with your partner in the future, never do it for major issues. For instance, if you want a family in the future, don't make a life with someone who doesn't like children.

**3. Search:** You'll probably need to search in a variety of places before you find your perfect partner. Dating sites, clubs or even attending a party at your friend's house can lead you to your ideal mate. You usually end up finding your perfect partner where you least expect it!

**Related Link:** [How to Deal with Online Dating Rejection](#)

**4. Communicate:** Communication is the key to every successful relationship. It helps avoid misunderstandings, fixes problems, and aids in understanding each other in order to improve your relationship. Ask your partner how their day was, if they have any new interests, and other common questions like that. You should also show that you appreciate your partner by complimenting him or her once in a while.

**5. Listen:** Just like communication, listening is another major factor in a successful relationship. Your interest and focus is important to your partner, and when you show that they have your full attention, it means the world to them. It will also build a sense of respect and trust between both of you.

**6. Think positively:** When you concentrate on the negative aspects, it'll cause tension in your relationship. The next time you have a negative thought about your significant other's actions, come up with a more reasonable explanation for his or her act and then discuss it. If an argument arises, control your tone and figure out what the major issue is or the message your partner is trying to communicate. Lastly, remind yourself frequently of the good times you've spent together.

**Related Link:** [How to Communicate to Get What You Need](#)

**7. Common goals:** Having similar ambitions in life makes your relationship stronger. Figure out what both of you want and where you both want to be in the future. Find common goals and talk about how to achieve them together.

**8. Find time for each other:** Work is important, but for relationships to flourish, it's essential to have time for your significant other. Instead of taking things too seriously, spend time with your sweetheart, have fun and just relax. Whether it's a movie night in, an impromptu [romantic getaway](#), or a date at a [famous restaurant](#), make sure you get your time together.

**9. Get to know him/her:** After you've found the person you think is "The One," date seriously for a while. If you find that the person has way too many red flags or your feelings for him or her aren't strong enough, it's best to end the relationship so you don't drag it out for four more years, or even the rest of your life.

**Related Link:** [Relationship Author Kailen Rosenberg Gives](#)

## [Dating Advice for Finding 'Real Love, Right Now'](#)

**10. Marriage:** Talk about settling down and moving onto the next step in your relationship if you can see yourself married for the rest of your life. Unfortunately with relationships, it's not quite as easy as electing a new candidate whenever you hit a rough patch.

**What methods did you use to find the perfect partner or help change the relationship you're in? Let us know in a comment below!**