Celebrity Couples Who Look Hot At a Pool Party





By Diamon Hall

Celebrities might have busy schedules, but as soon as they get a break, they take full advantage of it with fun-filled vacations. Snapshots of poolside parties and romantic strolls on the beach hit the tabloids each day, documenting their experiences. Take a look at our list of five hot famous couples at some of the top vacation spots:

- 1. Ryan Seacrest and Julianne Hough: American Idol personality, Ryan Seacrest, and his young hottie, Rock of Ages star Julianne Hough, took some time off from the big screen to enjoy a vacation together. Hough, 22 and her man, Seacrest, 36, were spotted jet skiing together in Miami. "The couple said they had spent so many days apart, they really wanted to chill," a source told People. Well, they certainly couldn't stay apart on this fun-filled escape.
- 2. Ciara and Amar'e Stoudemire: R&B singer Ciara showed off

her "goodies" on Miami Beach with her new honey, New York Knicks star Amar'e Stoudemire. Ciara certainly wasn't the only one showing off her body though. Stoudemire trotted through the sand shirtless, but with New York Knicks shorts on and flaunting his many tattoos. Nothing shows off a new couple better than a beachside vacay.

- 3. Ashley Tisdale and Zac Efron: Ashley Tisdale enjoyed her 26th birthday beachside with *High School Musical* costar Zac Efron, according to *People*. The 23-year-old hottie, Efron, was spotted giving Tisdale a piggyback ride as the two marked the VnC Cocktails and Heineken Light-sponsored milestone in Malibu, Calif. "So happy zacary made it to my party," Tisdale tweeted.
- 4. Katie Holmes and Tom Cruise: These two hot stars took a splash in the water on a beach side getaway. Holmes, 31, showed off her bikini body while lounging by the pool in Miami Beach, Fla. Holmes certainly didn't let her sexiness go to waste and gave hubby Tom Cruise, 48, a passionate kiss.
- **5. Channing Tatum and Jenna Dewan:** This Hollywood couple was spotted along the shore during their stay at Viceroy Anguilla in the Caribbean. Both are usually seen on the big screen, but decided to get away and take a dip in the tropical islands.

Who doesn't love to kick back and relax on enjoyable vacations? These popular couples took their escapes to a much higher level. Working in Hollywood can be very hectic, so we definitely don't blame them!

Mending Hugh Hefner's Broken Heart





By Ronnie Ann Ryan

MBA, CCC - The Dating Coach

Less than a week after fiancée Crystal Harris called off her nuptials to Hugh Hefner, the scorned husband-to-be rebounded by publicly showcasing his new girlfriend— Shera Bechard, the November 2011 Playboy Playmate. To me, that's the definition of a true playboy, and it suits Hef perfectly. After all, he is the original founder of the Playboy brand.

When questioned by fans and hecklers about moving on so quickly, Hugh claimed that Shera is the remedy for his broken heart. As a professional dating coach, one thing I know for sure is that the heart takes time to heal. If Hefner was truly crushed by Harris leaving him, then he's certainly in no position to have already moved on. Whether you're a man or a woman, a new love interest is not the antidote for heartbreak. Finding someone else so quickly is not a healing strategy; it's simply a rebound. In my opinion, the chances of

things going well for Shera and Hugh are quite slim at best.

If you want to heal and find lasting love, you'll have to recover from the pain of breaking up with your past partner first. Otherwise, you could be leading yourself and the new flame down another hurtful path. Here are some tips to help you move through the healing process in a healthy way:

- 1. Give yourself time to recover: Spend time alone, with friends and family. Be with people who love you so that you can regain your inner strength.
- 2. Take good care of yourself: Get a massage, energy balance, makeover, new hairstyle, or start working with an exercise trainer. Take healthy steps to improve your self-confidence.
- 3. Shift negative thinking to positive self-talk: If you spend a lot of time blaming and berating yourself, stop. Learn how to speak nicely to yourself with positive inner dialoguing. It's a lot like being your own dating coach! Tell yourself that love is out there, and it's only a matter of time before you find it.
- **4. Relax and enrich your life:** There's no hurry. Rushing will only lead to mistakes again. Instead, take your time, and build a rich and interesting life for yourself. When you're enjoying yourself you inevitably become more attractive.

Ronnie Ann Ryan — The Dating Coach has helped thousands of people transform their love lives from disaster to finding healthy, loving relationships. You can find her on her website, www.NeverTooLate.biz.

Amy Winehouse Unexpectedly and Sadly Joins the 27 Club





By Whitney Baker and

Imani Brammer

Lady Gaga said it best: "Amy changed pop music forever, I remember knowing there was hope, and feeling not alone because of her. She lived jazz, she lived the blues." With her soulful voice, peculiar demeanor and unruly habits, Amy Winehouse wowed audiences despite sometimes tripping on stage, throwing her shoes at people and struggling to stand up straight. Her fans still loved her. Now, with her music still echoing in their ears, they're left with an all-too-obvious reminder that life is short.

At 3:54 pm on Saturday, July 23, 2011, 27-year-old jazz-influenced soul singer Winehouse was reported dead. She was found in her London home, and a police source confirms that there were no sign of drugs near her body. A toxicology report may take weeks to complete, and until then, the cause of her death is unclear. Even so, Winehouse battled with a

long-term — and well-known — drug addiction. Suspicions are in the air as to whether her addiction to crack cocaine, heroin, alcohol, ecstasy, ketamine and cigarettes may have played a part in her untimely death. Although she checked into rehabilitation centers at various times throughout her career, she believed that her illness was manic depression rather than alcohol or drug dependency.

As she was off-and-on with checking into rehab, she was similarly off-and-on with her marriage to Blake Fielder-Civil. With their shared drug abuse and Winehouse's penchant for adultery and violent, drunken moments, the marriage was severely damaged. In January 2009, Fielder-Civil divorced Winehouse after she admitted to adultery in court papers.

Her failed marriage may have caused Winehouse to sink deeper into depression. However, it seems like she tried to reinvigorate her love life through her most recent relationship with Reg Traviss, a film director. Their love was still going strong as recent as April, but took a downward spiral last month when Traviss ended their relationship. Heartbroken and inconsolable, Winehouse briefly checked into Priory Rehab Clinic in London and then proceeded to cancel her European tour. Traviss wanted to play a positive role in her life, but realized that he couldn't make her stand strong against her drunken demons, reported Celebs.

According to Drug Addiction Treatment, Traviss did the right thing:

"... your reasons for leaving must be based on the best interests of all concerned. The decision should come after all other options have been thoroughly explored, and/or you've come to the realization that by staying, you're doing more harm than good — harm to you, your spouse and your family."

Revealing how important love was to Winehouse, many of her songs were dedicated to her relationships — both the good and

bad parts of romance. For instance, in her ballad "Love is a Losing Game," she sang about how she lost to love and laments the trouble that it has caused:

"Love is a losing game
One I wish I never played
Oh what a mess we made"

In addition to using her music as an outlet for her pain, Winehouse may have used her drug addiction to wipe away her sorrows and regrets. But can addiction really cure a broken heart? Perhaps she should've looked to love as the ultimate reason to overcome her addiction. Just as both of these forces made their mark in WInehouse's life, this uniquely talented artist unequivocally impacted the lives of her fans. There will surely be a gaping hole in the world of music.

Sadly, with her early and unexpected death, Winehouse joins the 27 Club, an ironic club of deceased, influential rock artists who died at age 27, generally with some sort of controversy surrounding their death. Winehouse was aware of this group, also known as the Forever 27 Club or Club 27, and sometimes referenced its existence in interviews. Now, her name will be remembered along side legends like Jimi Hendrix, Janis Joplin and Kurt Cobain. May their souls rest in peace.

In light of Winehouse's death, what celebrity passing has most affected you and why? Share your thoughts below.

5 Reasons To Play Hooky From

Work With Your Honey





By Andrew Pryor

You're sitting at your computer at work and you've had it up to "here" with the pile of papers sitting on your desk. All you can think about is an afternoon escape. After all, the work will still be there when you get back. If you're contemplating calling in sick or checking out early, double up with your partner so that you can really enjoy the day. A vacation for two is much more fun than one. Here are five ready-made reasons to hop the cubicle walls and make time for yourself and your loved one:

- 1. Celebrate a promotion: If you've just picked up a new title and a pay raise, what better way to celebrate than to spend some time off with someone you love? He or she can accompany you to an early and fancy dinner date where you can toast your latest success.
- 2. Get an early start on happy hour: If you leave half an hour early, it should be five o'clock by the time you hit your favorite bar. Meet your partner there and think back to the

first time you bought him or her a drink.

- 3. Adopt or create your own holiday: Whether it's Talk Like A Pirate Day, Flying Spaghetti Monster Day or the birthday of a celebrity you've always worshiped, find a reason to celebrate, and take time off from work. Here are a few silly suggestions for the month of July from BrownieLocks.com.
- **4. It's a nice day outside:** Look out the window, feel the sunshine hitting your face and imagine lying in the grass with the love of your life. Life is too short to spend eight hours of your day indoors, so find an out-of-the-way spot you and your honey can call your own.
- **5. You don't need a reason at all:** The best things in life are unexpected. Come home early and surprise your husband, wife, partner or lover with a sensuous and lovely day together. Sometimes, you don't need an excuse to spend a day away from work you just need someone to make that day worthwhile…and maybe a 'broken' alarm clock.

Do you have any ideas about how to escape the workday with your partner? Share them with us in a comment below.

How to Deal With Life After Divorce





By Mark Shields

Divorce can be a truly painful experience, and people deal with the aftermath in different ways. Some begin to see the light at the end of the tunnel quickly, while others continue to foster darkness and deeper feelings of pain and loss. The key is to choose the path that leads you towards the light by keeping yourself active, staying close with friends, developing new relationships and becoming a healthier person mentally, physically and spiritually.

Stay Active

Once divorced, you may find you have much more time on your hands to participate in activities you've always wanted to do. Have you ever wanted to take a tennis lesson? Now is the time to do it! You might also consider joining an adventure group who experiences the wonders of the outdoors and who climbs, bikes, hikes or simply meanders through the paths and trails of nature. There are organizations of all kinds that don't necessarily call themselves 'support' groups, but just turn out to be supportive. It's a great way to meet new and interesting people and to get in touch with yourself. Some other ideas include: book clubs, ballroom dancing and taking fitness classes at a gym. No matter what your interest, do some research to find your niche.

Write

Writing is another way to exfoliate your pain. Grab a leather journal, and begin a journey. Write down everything you feel, think and dream without anyone looking over your shoulder. There should be no one there to judge your; you're just answering to yourself. It's a great way to cleanse your system of all of the hurt and pain you've recently experienced.

Hang with Friends

Staying close with those you care about is important. How many times have you been there for your friends when they were having a tough time? Just try to remember that you're not burdening your friends when you need them during the divorce process. Feeling lonely in an empty house? Call up a pal and go for a walk or watch a funny movie together. Being surrounded by love in this hard time is one of the best forms of medicine, as long as you open up and allow them inside to comfort you.

Be Healthy

You will also want to get on a health routine if you haven't already started one. Working out helps boost your endorphins and can turn sadness and sorrow upside down, giving you hope and happiness. Join a gym, a hiking club or a sports team. Even just getting out there for and walking your pain away can be just what you need.

No matter what you do, let go of your past and live in the present. Once you've used these ideas to fully move on, you can look forward to your future.

Mark Shields is a partner at the law offices of Gillespie, Shields & Durrant. His specialties as a Phoenix family lawyer include Paternity and Grandparent's rights. He has been practicing law in Arizona since 1997.

5 Of Our Favorite Celebrity Beach Bum Couples





By Melissa Tierney

We aren't the only one's trying to hit the beach this season to escape the hot summer heat. Sizzling celebrity pairs can be spotted in Miami, Los Angeles and the Hamptons, soaking up some rays and having fun in the sand. If you're lucky, you may spot your favorite duo while you're taking an ocean dip. Here are a few of the celebrity beach bum couples that we'd love to join at the beach:

1. Kim Kardashian and Kris Humphries: This newly engaged couple has been all over the media lately and one of the last trips they made caused a huge splash. The duo traveled to Puerto Vallarta, Mexico in late May, and by looking at the pictures of them, it seemed like they had a blast together.

The couple played in the ocean and embraced on the beach — talk about summer lovin'.

- 2. Justin Bieber and Selena Gomez: The teenage royalty twosome hit Maui in May and turned heads when they were spotted smooching in the sand. Things have gotten serious for the young lovebirds as Gomez was even seen visiting Bieber's family in Canada this spring. We wonder if they love her as much as we do.
- 3. Ice-T and Coco: The hip-hop couple showed their overwhelming love for each other on the hot beach of Miami in February. Rapper Ice-T kept it cool while his wife, former Playboy model Coco, showed off her sexy beach body in an itty-bitty bikini. The couple, who have been married for five years, now have their own reality show, *Ice Loves Coco*, every Sunday night on E.
- 4. Kristin Cavallari and Jay Cutler: The ex-reality star went to Cabo San Lucas in April on a romantic getaway with beau Jay Cutler and came back engaged what a treat. Love was definitely swirling around this pair as they spent their weekend hand-in-hand walking in the sand before Cutler popped the question. We don't know what was more blinding: the bright sun or her new 5.2 carat engagement ring.
- **5.** Reese Witherspoon and Jim Toth: These newlyweds celebrated their nuptials by having a fun-filled getaway in Belize with Witherspoon's two kids. The new family came back with some nice color. They were just in time for Witherspoon to promote her latest movie, Water for Elephants, and accept the generation award at the MTV Movie Awards. Good thing they got to enjoy an exotic getaway before heading back to work.

Who's your favorite celebrity beach bum couple? Share your thoughts below!

5 Post-Wedding Tips for Newlyweds





By <u>Terri Orbuch PhD</u>

Adapted from her book, "5 Simple Steps to Take Your Marriage from Good to Great"

Congratulations! You've survived one of the most difficult and stressful events in your relationship: the wedding. Now the two of you are settling in for the long haul. If you're like the vast majority of newlyweds, the next 6-12 months will be some of your happiest. Relationship researchers call this "the honeymoon period," and it's characterized by a sense of newness and possibility.

But how can you keep that freshness and optimism going after the initial glow wears off? Here are five post-wedding tips that have been shown to build and strengthen marriage bonds, derived from my landmark Early Years of Marriage (EYM) study:

Don't hide anything when it comes to money.

When happy couples in the EYM study were asked if their spouses were completely open and honest about money, their answers differed significantly from those of the unhappy couples in the study. Nearly 8 out of 10 happy couples said they "never" feel their spouse tells them things that aren't completely true about money, compared with only 54% of the other couples. **The take-away:** Money secrets and lies erode marital happiness.

Empty your "pet peeve pail" frequently.

My study found that couples who failed to talk about the small things that bothered them, letting those pet peeves grow into big resentments, were more likely to be unhappy in their marriages down the road. If you hate that she leaves her hair in the sink, tell her nicely. If you hate that he smokes cigars in the car, discuss it fairly. **The take away:** If you ignore small annoyances, they add up to major discontent over time.

Make each other feel appreciated-daily.

My research shows that the accumulation of small acts of kindness is more essential for building a strong marital bond than occasional grand gestures and big pronouncements. At least once a day, make your spouse feel loved, appreciated, noticed, valued, or respected. Give her a surprise kiss or ask her advice; make his favorite meal or give him a heartfelt compliment. The take away: Frequent acts of caring reinforce long-term intimacy in marriages.

Don't forget to have fun-together.

The happiest couples in my EYM study characterized their spouse as someone they enjoyed spending time with. Too often,

as marriages mature, partners tend to look outside the marriage for friends and entertainment. Seek out fun activities to do with your spouse. Incidentally, studies show that doing an activity that's new to both of you restimulates the feel-good excitement associated with dating. **The take away:** Avoid relationship ruts by actively seeking fun, laughter, and novelty.

Make your circle bigger.

My research found that husbands, in particular, are happier when their wives have good relationships with their extended family. Also, the couples in my EYM study who made an effort to get to know-but not necessarily share—their spouse's friends were more likely to be happy in the long term than couples who maintained separate friends. **The take away:** It takes a village to make a marriage happy.

Psychologist Terri Orbuch PhD, known as The Love Doctor, is a research professor, a long-time marriage and family therapist, and a popular love advisor on radio, TV, and peoplemedia.com, most recently seen on NBC's Today. Project director of the landmark, NIH-funded Early Years of Marriage Project, the longest-running study of married couples ever conducted, she is author of 5 Simple Steps to Take Your Marriage from Good to Great (Random House). You can find out more about her at www.drterrithelovedoctor.com.

How Social Media Changed Mila Kunis' Dating Life





By <u>Imani Brammer</u>

Surrounded by dust tracks and equipped with camouflage and war gear in the middle of Afghanistan, there is a Mila Kunis fan. This Kunis fan likes Mila so much, that he set aside time from his Marine Corps schedule to make a video asking Kunis to the Marine Corps Ball, November 18, in Greenville North Carolina. This fan goes by the name of Scott Moore ... and that's Sergeant Scott Moore to us.

It turns out that the *Friends With Benefits* star had no idea what was going on until the topic was introduced to her during an interview with <u>Fox</u>. When Fox broke the news to her, though she was shocked, she automatically said "yes," after a bit of persuasion from her co-star, Justin Timberlake.

"Do it for your country," said Timberlake.

"I'll do it for you," Kunis said into the camera, speaking to Moore.

Let's face it — Moore has guts, not only when it comes to fighting for his country, but also when it comes to putting himself out there for love. What he did was such a sensation

that his video can now be viewed on the Internet, from anywhere in the world. If it weren't for his public invitation, the news would have never landed in Kunis' ears. Social media has officially changed his dating life.

Fortunately, Moore's image will be altered for the better too. But social media isn't always healthy for your dating life. It can make, break, destroy and rebuild. Though a cliché, this remains true. Here are five ways the media can change a dating relationship:

- 1. Over the river and through the woods are rumors and rumors galore: Gossip has a bad effect on a relationship. However, it can be difficult to ignore when it's so easy to locate via social media vehicles. The worst thing you can do is allow it to take over your life.
- 2. How about some privacy, eh?: No. No, no, no. With media in your life, there is no privacy...unless you're really, really good at being secretive. If you want some intimacy in your relationship, don't post conversations on Twitter or your Facebook wall.
- 3. Live up to what he/she expects: People try the best to live up to what the public expects of them. Social media can lead to pressure to portray yourselves as a "perfect couple." The fact is, there's no such thing. Let go of expectations as much as you can, and live in the present.
- 4. Lasting impression: Social media can leave a lasting impression on your love life. You never want to regret the memories you've had, but if all of it revolved around false rumors on Twitter and drunken tagged pictures on Facebook, it can be hard to look back positively on your relationship.
- **5. Growth:** Then again, there's always a bright side to it all. Social media makes it so much easier to stay in touch or check-out a potential partner. Of course, you can't rely solely on the new technology but it is a good method of

finding out information about someone you're interested in dating.

Have something to add? Share your comments below!

10 Cool Summer Date Ideas to Heat Up Your Relationship





By Andrew Pryor

It's a known fact that opposites attract, but even those destined for each other need to find common ground. So this season, if you can't stand the heat while your partner is soaking up the sun — or if you're basking in 100 degree temps while your lover is counting the days to December — try switching things up a bit. Here are five fiery and five frosty things to do with your significant other this summer:

- 1. Schedule a hot stone massage for two: Heat is a natural tension reliever, so enjoy this relaxing experience together. Give your stressed out muscles a rest and take your mind off of your problems, whatever they may be.
- 2. Indulge in exotic and spicy cuisine: Thai, Indian, Moroccan, Cajun pick your picante poison and indulge in a fiery mouthful. Spicy food is an aphrodisiac, so don't be afraid to stimulate your senses.
- **3. Throw it on the grill:** Whether it's charcoal or gas, bring some sizzle to your summer with a delicious barbecue. Cook up a feast, and have an outdoor date together.
- 4. Light some fireworks: Watching sparks fly and explode across the night sky is the perfect way to ignite the passion in your relationship. Brighten up your evening with a fireworks display and hope for a bright and engaging future with your loved one. Just be sure to check whether setting off these bad boys is legal in your state!
- **5. Catch fireflies in your backyard**: Sure it's a childhood pastime, but sometimes, old traditions are the best ones. Stumbling around in the twilight, holding hands and grasping at blinking lights is a perfect way to work up a sweat and make great memories.
- 6. Make homemade ice cream: This is another traditional pastime that deserves to be brought back. Dump sweet cream and sugar in a bowl and whip up a cool and tasty treat for your sweetheart. Then sit on the porch and watch the sun set, one hand holding a cone while the other arm is draped around your partner's shoulder. How sweet it is indeed!
- 7. Take a refreshing swim: It's the greatest way to beat the heat in the summertime what more needs to be said? Just try to stay away from crowded public pools and beaches. Find your own private spot if you can.

- 8. Keep cool with a water balloon fight: Why not make keeping cool fun? Instead of standing in front of a fan or sticking your head in a freezer, get your playful aggression out with a water balloon barrage.
- **9. Celebrate Christmas in July:** The summer isn't known for snowmen and sleigh bells, but you can bring some holiday spirit to a summer climate. Dig out that plastic tree from the attic, sing carols to each other and exchange gifts 'just because.'
- 10. Go skydiving: It's a radical suggestion, but there's nothing more invigorating and life affirming than feeling the wind whip past your face while you're thousands of feet above the ground. Try it with your loved one and you'll always have a story to tell your friends.

Do you have any hot or cold weather ideas to stir up a relationship? Share them with us in a comment below.

Top Five Reasons Why Women Fall Out of Love





By Julia Slovich

Although stories of cheating men have been dominating the news lately and falling out of love seems to be happening a lot more frequently than people are falling in love, the situation isn't exclusive to men. Losing those loving feelings for your husband or boyfriend can happen just as easily to women. If you've experienced this in the past or maybe you're going through it with your partner now, the first step is to be aware of why it's happening. Follow these five reasons your fairy-tale romance could be slipping away:

1. Feeling Adored

It's important that a woman feels appreciated by her partner. Men are usually good at this in the beginning of a relationship when it's still new, but as the novelty ends, the attention may die down, too. Just look at Jennifer Aniston and John Mayer. She broke up with him because he was obsessed with Twitter, telling her that he was too busy for her, but in the meantime, his Twitter page was saturated.

2. Bored to Tears

We want excitement! And, if we can't have that, give us variety. If a relationship gets into a rut and you end up doing the same things every weekend or having sex in the same positions every time, a woman can get bored and lose interest

altogether. Both people need to put some work into the relationship or they'll find themselves quickly falling out of love.

3. Honeymoon is Over

Sometimes, we can be completely unrealistic and think that our relationship will turn out alright because "we love each other so much." Unfortunately, that's not always the case. Once the honeymoon phase is over, the reality of the relationship can be a slap in the face. Pamela Anderson and Kid Rock were married for a mere four months before they called it quits. Both agreed that it was time to end it, and Pam said that they just weren't meant to be together. It's easy to ignore all of the red flags when you're caught up in romance and passion.

4. Lack of Chemistry

Most women are looking for that spark that makes them feel all tingly and giggly whenever their man touches or looks at them. However, a relationship can't be built on sparks alone. Eventually they will fade if the relationship doesn't have substance.

5. Emotionally Disconnected

Poor communication (or no communication at all) is one of the main reasons women fall out of love. We need to feel connected to our partners emotionally as well as physically in order to love and be loved. When there's little communication, some women will shut down. Maria Shriver was extremely unhappy in her marriage to Arnold Schwarzenegger. Apparently, they hadn't been spending much time together in the last few years, and she was frequently absent from Sacramento where Arnold was the governor. If that doesn't signal a problem, nothing does.

It happens to the best of us. Sometimes we just fall out of

love, but if you don't want to be another divorce rate statistic and want to make it work with your partner, use these five signs as a starting place to determine what may be going wrong and see if there's a way to fix it before it's too late.

Julia Slovich is a writer passionate about health, fitness & blogging. When she's not running with her dog she can sometimes be found writing about <u>laser liposuction</u>, cooking and a myriad of other topics.

Celebrity Breakups: Who Burned Who?





By Tanni Deb

Celebrities might seem like they have it all - a successful career, beautiful looks and a significant other who everyone runs after. Though their lives may appear perfect, don't be

fooled by the glitz and glamour of Hollywood's shine. We all know that some romances don't last, and the following pairs are no exception. Here are five celebrities who were bitten by the cheating bug — and then burned by their former flame:

- 1. Britney Spears and Justin Timberlake: Timberlake admitted to falling in love with Spears when they first met on the set of *The Mickey Mouse Club* in 1993. "I was infatuated with her from the moment I saw her," he told CBS News. The couple started dating five years later, but ended their relationship in 2002 when Spears allegedly cheated on Timberlake with choreographer Wade Robson. Shortly after their split, Timberlake released 'Cry Me A River,' a revenge song for Spears. However, the N'Sync singer later told MTV, "The song is not about her. The video is about me."
- 2. Meg Ryan and Dennis Quaid: This actor pair divorced after she was caught cheating with Russell Crowe while filming Proof of Life in 2000. She used Quaid's infidelity to explain her own actions and accused him of adultery throughout their marriage. Quaid fought back and said, "It was eight years ago, and I find it unbelievable that Meg continues publicly to rehash and rewrite the story of our relationship." Although Quaid and Crowe both have new loves in their lives, the You've Got Mail star remains single.
- 3. Valerie Bertinelli and Eddie Van Halen: Bertinelli revealed to Oprah Winfrey in 2008 that she and her ex-husband cheated on each other. "He claims to this day that I cheated first, but I don't know," she said. "I don't know about the timing." Although their 25-year marriage ended in 2006, they remain friends. Bertinelli even attended Van Halen's wedding to Janie Liszewski in 2009.
- **4. Elizabeth Edwards and John Edwards:** When John Edwards admitted to having an affair, his wife Elizabeth Edwards got the ultimate revenge. In her will, which was released on

January 2011, she left all of her possessions to her children. Well, can you really blame her? After all, who bothers leaving something to their cheating spouse?

5. LeAnn Rimes and Eddie Cibrian: This couple is a double whammy. Rimes not only ruined her own marriage, but also Cibrian's, as the couple cheated on their spouses with each other while filming Northern Lights. They eventually tied the knot this year, despite rumors about Cibrian cheating on Rimes with his estranged wife. The saying "once a cheater, always a cheater" comes to mind in this situation.

Have a couple in mind who didn't make this list? Let us know in a comment below!

Choose the Perfect Perfume for Your Guy





By Sarah Ellis

A smell can ignite a flood of memories. Your mom's perfume may remind you of snuggling with her as a child, and your fruity body splash may remind you of awkward middle school days where you passed notes to your best friend and giggled about your crush. Your first boyfriend's cologne may remind you of your first kiss and innocent love. And like these memories all hold a special place in your heart, you want your perfume to be a sort of signature, right?

Perfume is personal. It's meant to be an intimate adornment — something that's noticed when your guy leans in to give you a kiss or gets a whiff when he whispers in your ear. And I'm here to tell you there's more to buying perfume than choosing it by how it smells in the bottle.

Have you ever noticed how you'll spritz a perfume sample in the air at the store, fall in LOVE with it, make the purchase, but later realize that it doesn't smell quite as good as you remember? Perfume actually reacts with your body chemistry, which can affect the way it smells after you wear it.

There's one rule you MUST follow when choosing a scent: Don't choose a perfume based on which celebrity endorses it or by how adorable the product packaging is, no matter HOW posh they make the bottle look! If you're investing in perfume, you don't want to be wasting money on a scent that you'll end up hating. Trial and error is crucial.

The most common scent categories:

- Musky
- Floral
- Fruity
- Fresh
- Amber or Oriental
- Wood or Pine
- Citrus
- Gourmand (a fancy term for dessert fragrances, typically

vanilla, cake, or other decadent treats)

Perfumes are pretty complex in nature, as they're made up of "notes" that take on different layers. There are top, middle and base notes that, when played together properly, mix into a lovely scent. The top notes are immediately recognizable when you apply the perfume. The middle notes will emerge right after the top note dissipates, and you may not notice the base notes for up to 30 minutes after you've applied the scent. Different combinations of these categories make up different fragrances. Mixologists spend their days playing with different essential oils and finding unique combinations.

If you're unsure of what type of fragrance you prefer, get playful! Although most of us run away from perfume counters while shopping, discussing fragrance with an expert is truly fascinating. Take a shopping pal and ask some questions! Have fun playing, but don't be pressured to purchase immediately. Spritz the fragrance in key areas: wrists, neck, decolletage (because it sounds classier than cleavage), or behind the ears. But don't overdo it! Perfume is meant to be intimate, not overpowering.

And ask your guy what kind of scent he prefers. Everyone has different tastes, and while you should ALWAYS choose for yourself first, it's fun to indulge your guy in this way. My high school boyfriend *loved* vanilla perfume, and it was fun to get compliments on how lovely I smelled!

Find your signature scent, and it will serve you through the years. It will also bring back a flood of memories as you grow and change.

While Sarah Ellis wouldn't exactly label herself as a perfume expert, her time spent working the beauty counter certainly did give her a one up on the average shopper! In her day job, she enjoys sharing style advice for pairing affordable handbags with equally fabulous ensembles at Handbag Heaven.

And she's always on the lookout for affordable ways to be more fabulous.

Top 10 Ways to Score a Summer Hottie





By Deana Meccariello

July's arrival brings wishes of summer love, as there are two full months ahead of us to enjoy the sand, surf, and all things sunny. So what are you waiting for? Get out there and score yourself someone scorching to spend the long days (and steamy nights) with. Here are 10 surefire ways to get your hands on your hottest summer fling yet:

1. Make the first move: You'll never get anywhere if you don't take action. When you're out and about, don't be shy — go right up to that hottie and strike up a conversation. This is

much more productive then staring at him wide eyed across a crowded bar.

- 2. Spend a night out on the town: An evening filled with bright lights is a great way to meet someone new. If you're in the New York City area, rooftop lounges like the Empire Hotel and Hudson Terrace offer a romantic atmosphere, along with a gorgeous view, while you're chatting up your perfect match.
- 3. Beach it: Head to the coasts or nearby lakes if you're not by the ocean, since they're packed with potential beaus just waiting for you to find them. New York is home to many beaches like the beautiful Hamptons, and New Jersey and Massachusetts are great nearby destinations if you want to head out of the state for a weekend.
- **4. Volunteer:** Donating your time to a worthy cause is another way to expand your social circle and potential love pool. Not only will you do good for others, you'll also meet some great prospects for summer love. Bonus: You know they're just as generous with their time as you are, making for a great mate!
- 5. Indulge in a water sport: Let's face it guys love any excuse to get wet, and hanging out by the water is another great way to grab someone's attention. Rent a boat or a jet ski with a few girlfriends and have some fun. You're bound to see a bunch of guys doing the same exact thing, and it's an easy and enjoyable way to meet new people while working on your tan. Just don't forget the SPF!
- **6. Participate in a triathlon:** Not only will training for this kind of event get you into great shape, but it will give you tons of opportunities to meet up for workouts with the sexy athletes that are sure to catch your eye. Shy about exercising with a dude? No real man can resist any excuse to prove his manliness to the ladies or a woman with

confidence.

- 7. Get involved in a summer league: A guaranteed way to meet that summer catch is by joining a co-ed sports league like beach volleyball or softball. This will introduce you to a whole new group of active people looking to have a fun summer, just like you!
- 8. Take your pup to the dog park: If you're a dog lover, taking your hound out to play will definitely help you get noticed by potential suitors. This will give you a chance to meet new people with common dog-related interests, like how you secretly let your furry friend kiss you on the mouth when no one's looking.
- **9. Relax at a coffee bar:** America is coffee crazy, and many cafés come equipped with a cozy ambiance that encourages people to socialize with each other. Grab a cup of joe and get to know your fellow java lovers who knows, the caffeine in your triple shot espresso might stir up the pot in your love life!
- 10. Get rowdy at game night: Sports bars are a great place to meet that sizzling summer hottie. Take it easy on the drinks, but don't be afraid to show your sports knowledge with the bar regulars. You'll impress your friends along with that sexy single about to buy you a beer.

Give these tips a try and hopefully, you'll find your very own summer hottie! Did we miss one of your guy-nabbing ways? Share with us below!

5 Royal Summer Wedding Trends





By Brea Gunn

If you're like the rest of the world, you've heard about the royal wedding. And if you're like most brides, you were there in front of your television taking copious notes. It's a good thing you did, too, because this summer, it's all about royal inspiration.

You need not copy Kate and William exactly, as there's plenty of room for interpretation. Because Kate's taste is so classic, many of your guests may think that you came up with these ideas all by yourself!

1. The Ring

The talk of the year leading up to the wedding was Kate's ring. The beautiful sapphire has rekindled the wedding world's romance with gemstones. Sure, there are diamonds, and they'll always be a girl's best friend, but how about thinking outside of the box for your rings? There are a number of beautiful choices, from sapphires to rubies, to opals and

beyond.

2. Fascinators

If you loved all of the fascinators, raise your hand! And for the record, they do not have to be large, ugly hats. They can be simple, eye catching and brilliant. Large or small, fascinators can compliment the bride's ensemble or dress up the wedding party. If you want to pull in a full royal wedding feel, ask your guests to wear their own hats and fascinators.

3. Blushers

Blushers, though once reserved for solemn church weddings, are definitely making a comeback this summer. Whether you choose a short birdcage-style blusher, or decide to go the full yard with an elbow dusting blusher, you really can't go wrong. The accessories are beautiful, and they create a soft frame around the face, which is truly elegant.

4. Lace

Kate brought lace back in a big way. Once considered too traditional, Kate's use of delicate lace was brilliant. You can add lace touches to your wedding gown, your bridesmaid and even your decor. Lace is a great way to soften the focus and add a touch of old-world elegance.

5. Monochromatic Color

Monochromatic colors for the bride and bridesmaisd have also increased in popularity, thanks to Pippa's stunning gown. More and more brides are favoring a simple elegance for their palate, and an all-white wedding is a fantastic way to accomplish this. The sheer elegance will stun your guests, and the white backdrop just screams for brilliantly colored flowers, accessories and decor.

Brea Gunn writes about New York weddings and shares wedding business marketing tips for the bridal business.

Our 5 Best Summer Date Movies





By Diamon Hall

Going to the movies is a reliable, low-key date idea. However, they might be more enjoyable if the film has a love or relationship theme to it. Want to know our top picks for you and your honey to look forward to this summer? Take a look at these five, which are sure to get your hearts' melting:

1. The Ledge (July 8): Terrence Howard stars as a police officer named Hollis in this sexy and suspenseful thriller. Gavin, played by Sons of Anarchy's Charlie Hunnam, is tangled up in a love affair with his evangelical neighbor's wife Shauna (Liv Tyler). Suspense comes into play when Gavin is

reeled into a life or death situation by Shauna's husband, Joe (Patrick Wilson). Hold onto your date until the end of this romantic thriller.

- 2. Friends With Benefits (July 22): This comedy stars Justin Timberlake as Dylan, a potential recruit who gets reeled into the Big Apple by headhunter Jamie (Mila Kunis). Despite their immediate attraction to each other, they realize they're everything they've been running away from in a relationship. Deciding to keep it strictly physical, this sexy duo learn that a "no strings attached" affair is almost impossible.
- 3. A Little Help (July 22): Dental hygienist Laura Pehlke (Jenna Fischer) not only loses the love in her marriage, but also loses her husband to a heart abnormality. Her mother, Joan (Lesley Ann Warren), and sister, Kathy (Brooke Smith), step in to help and offer advice on how to cope with her husband's death and deal with her angry and hostile son, Dennis (Daniel Yelsky). In the midst of all the confusion, Laura discovers that the only person she can truly confide in is Kathy's husband, Paul (Rob Benedict), who's had feelings for her since high school. Twenty years later, circumstances draw them closer to each other despite their obvious complications. Watch to see how this craziness ends.
- 4. Crazy, Stupid, Love (July 29): In this comedy, Cal Weaver (Steve Carrell) is in his 40s and life couldn't possibly get any better for him. After all, who wouldn't want to have a good job, big house, great kids, and married to his high school sweetheart? Unfortunately, his dream life quickly takes a turn for the worst when he discovers his wife cheated on him and wants a divorce. However, this corny guy can barely snag a date. Friend Jacob Palmer (Ryan Gosling) happens to be a player and tries to work his magic and get Cal to score with the ladies. See what happens when Cal realizes that no matter how he tries to change, his heart is one thing that can't be replaced and it seems to keep leading him back to where he began.

5. One Day (Aug. 19): After only one day together (their college graduation), Academy Award nominee Anne Hathaway and Jim Sturgess (Across the Universe) begin an undying friendship. Their characters, Emma Morley and Dexter Mayhew, keep their friendship alive by remembering key moments of their relationship every July 15. But somewhere between their laughter and tears, the two discover what that graduation day really meant to them, which leads to a renewed passion for life — and love for each other.

Hopefully this list provided you with some good movie date ideas. Let us know what you think of each movie after you've seen them in a comment below!

Lessons To Learn from Hugh Hefner and Crystal Harris





By Single City Guy

As we all know, Hugh Hefner has gone through another breakup. His ex-fiancée, Crystral Harris, dumped Hugh days before their wedding. Hugh had his reaction to the situation, causing everyone to laugh and then sympathize. For a man who started an empire based on beautiful women, it's hard to believe he still hasn't found "the one." In honor of the Hef, here are three lessons we can learn from the now-ended relationship:

Don't Give Up Everything Unless It's Worth It

Crystal Harris came into the light after the reign of Hef's ex-girlfriends Holly Madison, Bridget Marquardt and Kendra Wikinson, the original *Girls Next Door*. This also comes after Holly and Hugh's relationship (a whole other drama-filled story, which we won't get into). Originally, Crystal wasn't alone, as she filled the role of the head girl, paired with twin sisters. Eventually, Hef gave up the twins to focus all of his attention on Crystal. While giving up extra girlfriends isn't exactly what I'd call noble, Hugh was willing to give up a part of his lifestyle to please the one he loved. Everyone has done this at some point in their lives. We've given up something we're used to in order to appease another.

Before making sacrifices, here are two questions you should ask yourself: 1) Is he or she worth it? and 2) What is he or she giving up?

Know What You're Getting Into

I'm often surprised by the breakup stories that I hear. It seems that a lot of them stem from one member of the couple thinking that the other should make drastic changes for him or her. The thing is, if you're a Boston Red Sox fan and you fall in love with a New York Yankees fan, he or she isn't going to change team allegiance just because of you. You have two choices when it comes to a relationship: either accept who

someone is, for what they are, or don't date them!

When Crystal Harris told <u>People</u>, "It doesn't make sense to have so many women around, but still have a marriage," she has a very valid point! If she were talking to any other guy, but Hugh Hefner, I would agree with her statement 100 percent. However, Hugh had been living the same lifestyle for a long time prior to meeting Crystal. She knew his style before getting married, but chose to ignore it until the last possible moment.

When Life Gives You Lemons, Find A New Date

At 85, you would think a guy would give up on finding new women in his life. Not Hugh Hefner. It's the reason every guy admires him and hopes to be just like him. In the last six years, Hugh has had six different girlfriends, and according to reports, is on girlfriend number seven. The lesson here is, when everything is down and out, try, try, again.

Single City Guy is a 30-something blogger, from New York City, who writes about dating in the city from the male perspective. Having started the blog in his late twenties, Single City Guy is written a way to help bridge the gap that existed for male dating advice, while providing a male voice in the world of dating blogs.

Same Sex Marriage Legalized in New York State





By Imani Brammer

New York is wearing a new face of liberty. On Friday, June 24, 2011 the Empire State became the sixth and largest state in the union to legalize gay marriage. After a long battle, Governor Andrew Cuomo passed the vote 33-29. As the leader of the campaign to legalize same sex marriage in his state, Cuomo was determined to get this law passed. For Cuomo, it was not solely about politics. According to <u>The New York Times</u>, his girlfriend, Sandra Lee, has a gay brother. So this issue hit very close to home. "Same sex marriage is at the heart of leadership and progressive government," said Cuomo. "I have to do this."

Gay couples can now look towards a bright future. Getting married is a stamp that symbolizes solidity, strength, and everlasting love. No longer will the gay couples of New York feel a sense of legal doubt when it comes to the validity of their relationship. "It makes you feel like we're equal," said 45-year-old Tim Ford. He is now engaged to marry his companion of 18 years, Michael Beltran. "We can celebrate with friends in New York and not have it be, in some people's eyes,

Hugh Hefner Parties In Kandyland With New Girlfriend Ann Sophia Berglund





It looks like Hugh

Hefner isn't too heartbroken after his ex-fiancé Crystal Harris called off their marriage. It's either that or he's a pretty good actor. The 85-year-old *Playboy* mogul stepped onto the red carpet at The Karma Foundation's Kandyland Party at the Playboy Mansion this past Saturday with Miss January 2011 playmate Ann Sophia Berglund. Along with his new girlfriend — who is also Crystal Harris's best friend — he partied the night away with celebrities, playmates and other party-goers.

Hefner's ex-bride-to-be said one of the major issues in their

relationship was his love for other women. "It doesn't make sense to have so many women around but still have a marriage," Harris said, according to <u>People</u>. "It doesn't make sense, so it was the right thing. I wasn't the only woman in Hef's life and it wasn't going to stay that way after the marriage."

After Hefner confirmed that his wedding with Harris was canceled, a friend told <u>Popeater</u>, "He will die of a broken heart." At least that's what his friend assumed. Hefner tweeted, "The breakup is a heartbreaker, but better now than after the marriage ... I just missed a bullet."

Do you think the Playboy tycoon is really over his ex-fiancé and did Harris have a good reason for canceling the wedding? Let us know what you think below!

4 Ways to Celebrate Being Single on Independence Day





By Tanni Deb

The Fourth of July commemorates America's freedom from England, but why not celebrate it this year for a different reason? If you're single, raise a toast on July 4 for not just America's independence, but also your own! After all, when did you last appreciate your status as an independent woman? If it's been awhile since you've glorified your singleness, here are a few ways to commemorate your self-sufficiency this Independence Day:

- 1. Hang with friends: Being single doesn't necessary mean that you have to be lonely. Celebrate the Fourth of July with friends at the beach, or throw a barbecue together in someone's backyard. Being able to spend time with your crew without feeling like you have to drag your other half along will remind you of why singleness is awesome and will also help you appreciate your friends for always being there.
- 2. Strengthen your familial bond: Another great way to celebrate this holiday is with the family. Cherish your moments together while on a picnic at a nearby park or while watching fireworks (whether it's in person or on TV) with your loved ones. Knowing that you can count on blood ties when you're enjoying the single life is always reassuring!
- 3. Go clubbing: Grab a friend or two and check out the best

new bars and clubs in your area. Keep the group small — this will force you to go out of your comfort zone and talk to other clubgoers and bar hoppers. It's nice to expand your social circle with both new guy and girl friends. Dance the night away with your newfound pals — just be sure to stay safe!

4. Hit the road: If you're on your own, why not plan a trip to a place you've been longing to visit? Traveling solo will allow you to learn more about yourself and make new connections. Best of all, no one can stop you from going wherever you please.

If you follow any of these four tips, let us know how your holiday went. If you know other ways for singles to have a great time on Independence Day, share with our readers in a comment below.

Cupid Exclusive: Former Bachelorette Winner Jesse Csincsak Gives His Take on Ashley Hebert's Hong Kong Action





As we all saw last

night on *The Bachelorette*, it was an emotional evening for Ashley. She put a "period" on her "dot dot dot" relationship with Bentley and had to confess her secret meeting (and feelings) for the bad boy to the remaining bachelors. Here's what our resident *Bachelorette* expert Jesse Csincsak had to say about the episode:

We've been waiting for Bentley to return for weeks. When Ashley spoke with him in Hong Kong, were you surprised by anything he said to her?

Bentley is so used to talking to girls until they are totally confused, and then they just do exactly what he wants. Nothing Bentley said to Ashley last night made any sense!

We all know Bentley was never truly interested in Ashley. So why do you think he kept saying things like if things didn't work out with her and the guys, she had the option of looking him up in Salt Lake City?

He figured worst case scenario, "we can hook up"! That's it.

It was good to see Ashley finally get mad at Bentley. What do you think happened for her to see the light and realize he was a jerk?

You have to remember a lot happens in the editing room. There could have been hours of conversation we didn't see, so there

is no telling what set her off. It could have been as simple as the producers telling her about his antics; who knows!

Ames surprised Ashley with the kiss in the elevator. What were your thoughts during the steamy elevator smooch?

I think Ames kissed her in the elevator because the producers got him drunk and told him to do it. That was not an Ames move! An Ames move would have been reciting her poetry in a foreign language!

We've heard many times that the other guys don't like Ryan. Do you think he acts different around Ashley, and do you see a spark between them?

I think Ryan is being kept there by producers. He is getting roses because it creates drama, which is great TV. There is no real connection there in my book.

Ashley confided in J.P. during their one-on-one date. This was a brave move — do you think she did it because she feels J.P. may be "the one" she selects for the final rose, and she wants a clear conscience as she moves forward in the journey with him?

ABC is trying to sell us J.P. as the winner. I think J.P. is getting way to much camera time to be the winner; usually the winner is a sleeper that doesn't get a lot of camera time. I could see Mickey coming back during the Exotic Dates and becoming one of the final two. With that being said, I think Ashley telling J.P. was all produced!

Some of the guys had pretty strong reactions when they found out Ashley had seen Bentley again. Did you expect the response from the guys, and which guy's reaction surprised you the most?

I wasn't surprised by the reactions at all. I loved that Mickey went home; that's an Ohio boy for you! I would have

done the same thing. Mickey — I got nothing but love for you, bro!

Blake was the guy to go home this week. Why do you think Ashley sent him home?

I think Blake got sent home simply because he called Ashley out.

Ashley was extremely emotional this week. Even though the "dot dot" with Bentley is over, do you think Ashley is in the right frame of mind to fall in love?

I think Ashley knows exactly what she wants. I think that the production end of the show is just slowing the process down. She needs to just do whatever it is that she would normally do and not try to please producers. The show would come across a lot better!

Want more Bachelorette insider insights? Check out the Bachelorette Beatdown this evening. The Beatdown is hosted by Jesse himself, and he is always joined by notable show alums, who will certainly have plenty to say about the reappearance of Bentley!

Top 10 Qualities George Clooney Looks for In a Woman





By Greg Buckskin

Single ladies around the world can now rejoice! George Clooney has officially separated from his latest girlfriend, Elisabetta Canalis.

The couple has called off their relationship, leaving the dating pool wide open for Clooney, one of Hollywood's most attractive men. If you've got your eye on this "sexiest man alive," you're not alone. But do you have what it takes to attract this notorious bachelor? Here are the top 10 qualities he looks for in a woman. See if you measure up!

- 1. Foreign beauty: If you're from a country outside of the U.S., your odds of landing Clooney have significantly gone up. Celine Balitran (France), Mariella Frostup (Norway) and Canalis (Italy) are just a few of his "foreign affairs."
- 2. Big name actress: One of the most successful men in Hollywood would surely be attracted to an equally successful actress. And rightfully so, since both understand the demands and stresses that come with the job. Clooney's past women have resumes almost as impressive as his; just take a look at Julia Roberts, Charlize Theron, Kelly Preston and Renee Zellwegger. But don't plan on starring in a movie alongside George to win his affection. It appears he doesn't date his co-stars at least, not during filming.

- **3. Piercing eyes:** Clooney prefers a few physical features on women, one of them being incredibly piercing eyes. Preston, Roberts, Theron, Lucy Liu and Canalis all share the striking eyes trait.
- **4. Pouty lips:** Going along with physical features, Clooney's also attracted to a pouty lips. Exes Karen Duffy, Roberts, Theron, Zellwegger and Canalis have incredibly full lips that they use to their full advantage.
- **5. Exotic:** This actor gravitates toward exotic looking woman. We need to look no further than Huma Abedin, Liu and, of course, Canalis to determine that this is certainly a look that draws George.
- **6. Astrological sign? Scorpio:** Yes, it must be in the "stars" for a relationship with Clooney to work. Three of his exgirlfriends Celine Balitran, Roberts and Mariella Frostrup are Scorpios. He certainly likes a determined, passionate and exciting woman in his life all famous Scorpio characteristics.
- 7. Age: No cougars need apply! Clooney tends to date women much younger than himself. Sarah Larson was 18 years his junior, while he had a good 17 years on his latest ex.
- 8. Not the marrying kind: If you're the kind of person who wants a commitment that ends with a diamond on your finger, go ahead and look elsewhere. This bachelor is notoriously famous for steering clear of husband-territory. In fact, out of all of his exes, Clooney has only married one Talia Balsam. After their relationship ended, he declared that he would never marry again. So far, no other woman has been able to convince him otherwise.
- **9. Attention seeking:** When you're with Clooney, all attention is on him. If it's your time to shine, move on to the next man. He's dated some pretty famous names, but when it's time for the red carpet or movie premieres, all eyes, all attention

and cameras immediately focus on him.

10. Model-esque looks: And lastly, if you don't have long lean legs, stunning facial features and gorgeous hair, don't waste your time. This man is definitely attracted to model-type women, including Vendella Kiresbom Thomessen, Traylor Howard and Lisa Snowdon.

Do you measure up? If you can count yourself among at least a few of the top 10 qualities Clooney covets, then what are you waiting for? It's time to see if you can catch the most recent eligible man in Hollywood!

When he's not out skiing the Utah powder, Greg Buckskin is a writer and blogger for Comcast. USDirect.com — home to Comcast Cable Deals.

5 Ways to Reignite the Spark In Your Relationship





By Andrew Pryor

There are always moments in a relationship when the sizzle fizzles out, the passion becomes predictable and burning desire turns into yearning for a simple spark. This weekend, take the initiative and find a new way to strike a match with your perfect match:

- 1. Light a bonfire: Keep your passion for each other from going up in smoke by lighting a roaring fire, whether you're at the beach or in your backyard. Nothing inspires and creates a warm and soulful connection like sitting together in front of a bonfire.
- 2. Take a camping trip: If you're super outdoorsy, try living off the land for a few days. Not only is it the perfect opportunity to be at one with nature, but you'll also be close to your significant other. Sparks are sure to fly when you're cuddled up by the fire, roasting marshmallows and making s'mores.
- **3. Have dinner by candlelight:** If neither of you like to get your hands dirty, why not spend the night in? The flickering candlelight allows you to see your partner in a new, smoldering light. Just make sure you've picked a designated dish washer before getting too cozy.
- 4. Go to a rock concert: Sure it may be crowded, but when you

hold your lighters up during that one special song, you'll each know whom your flame is burning for.

5. Revisit the past: The best way to reignite a dying flame is to take each other back to a time when your love burned bright. So take her to an old movie, play an old song for him on the piano, or drive to the hangout where the two of you first met. Remember why you fell in love, and hopefully, your engines will roar back to life.

What's your favorite way to get your relationship's spark back? Let us know in a comment below!

9 Frugal Dating Tips for Cost-Conscious Lovebirds





By Andrea Woroch

Summer is the season for romance as singles and couples seek

magical moments amid the sunny and hot weather. However, creating a magical date can be a nerve-wrecking experience, depending on the dating situation. Thinking about what to wear, wondering if he/she will like you or stressing over what you will talk about is enough to make someone go crazy. With so much to think about, the last thing you need to worry about is your wallet.

Lucky for cost-conscious lovebirds, there are plenty of ways to spark a romantic connection without blowing your budget. Here are nine ways to enjoy a memorable yet inexpensive summer date:

- 1. Time-sharing babysitting: Finding a competent and dependable babysitter is often an expensive nightmare. It's almost enough to make a parent want to stay home. When you think about it, however, many others face the same situation. Why not swap services with neighbors, co-workers, family or friends for a free night or afternoon out? Otherwise, consider sharing one babysitter among a coupe of families and splitting the cost. Consider searching SitterCity.com for vetted babysitters in your area who will match your needs and budget.
- 2. Avoid alcohol: Even if you find a cut-rate meal (early bird special, anyone?), a couple drinks can greatly add to the bill. You might want to hit a restaurant that doesn't serve booze or make it an afternoon date. Otherwise, plan to drink and dine at a restaurant or bar that offers happy hour prices which is usually in the early evening. You can enjoy most drinks and food at very reasonable prices.
- **3. Date with gift cards:** Buy a gift card at a discount from sites such as CardAvenue.com. They will save you anywhere from five to 50 percent on restaurants and other entertainment activities.
- 4. Plan a freebie: Dating doesn't always have to mean dinner

- and a movie. Some activities like hiking, biking or visiting farmers' markets don't cost a dime and tend to reveal more about your partner than a standard date.
- **5. DIY date night:** Create your own dinner with a picnic in a local park. For a romantic touch, pack portable speakers with a pre-mixed playlist on your iPod as well as a bottle of wine and a few chocolate-covered strawberries for dessert. Not only is this DIY date an inexpensive alternative to a night on the town, but you'll score extra brownie points for taking the time to plan this special event.
- **6. Get smart advice from smartphones:** Use your mobile phone to find local deals and date ideas. The Date Night iPhone app for example will help you find unique, interesting and affordable events that are sure to impress. The app randomly selects a "thing to do" for your next evening on the town, some of which won't bust your budget.
- 7. Dial into daily deals: Groupon, Living Social and other group-buying coupon companies offer some great deals up to 50 percent off on such entertainment experiences as wine tastings, boat tours, museums and comedy clubs. If you're worried about appearing "cheap," redeem the offer when your date is in the restroom.
- **8. Go cultural:** Many libraries and coffee shops offer free poetry readings and musical entertainment. Look for art gallery tours or free museum days to improve your cultural IQ while impressing your date.
- **9. Create a thrifty movie night:** Instead of dishing out \$20 for two movie tickets plus cost of popcorn, candy and soda, plan a romantic movie night at home. Pick-up a free DVD from your local library or a new release for just a dollar from Redbox. Then dim the lights and serve some freshly popped popcorn or your date's favorite candy for a theater-like experience.

Consumer Savings Expert Andrea Woroch has been featured as a media expert source on NBC's Today Show, FOX & Friends, MSNBC, ABC News NOW and many more. For more savings tips follow @AndreaWoroch.

Our 5 Favorite Celebrity-Athlete Couples





By Diamon Hall

With Kim Kardashian's recent engagement to Kris Humphries and Candice Crawford's late-May nuptials, these lovely celebrities are currently hot topics of conversation. While these two couples are currently reveling in the limelight, there are plenty more popular athlete-celebrity couples in Tinseltown. Check out our favorite five:

1. Gisele Bundchen and Tom Brady: This famous Hollywood couple

starred in Zimbio's "Top 10 Sizzling Couples" list, so it's only right to include them on this list. The New England Patriots quarterback and gorgeous Brazilian supermodel are a match made in heaven.

- 2. Kim Kardashian and Kris Humphries: There's just no way anybody could tune this couple out, as they've saturated the media lately after news broke of their engagement. It didn't take Kardashian long to find true love after her relationship with Miles Austin of the Dallas Cowboys faded. Since Humphries is the forward of the New Jersey Nets, and we all know about her previous long-term relationship with Reggie Bush of the New Orleans Saints, it's obvious she's a big fan of athletes. However, since the basketball star dropped nearly \$2 million on the reality star's engagement ring, it seems he's an even bigger fan of hers.
- 3. Candice Crawford and Tony Romo: Crawford didn't receive clothes, shoes, or handbags for her 24th birthday. Instead, she got a ring and a marriage proposal from Dallas Cowboys quarterback Tony Romo. While it's safe to say that Romo is over pop star Jessica Simpson, we all know one thing this gentleman definitely prefers blondes! Now, Crawford is no longer just known as the younger sister of *Gossip Girl* star Chace Crawford, but for her love life with such a prominent sports figure.
- 4. La La Vasquez and Carmelo Anthony: New York Knicks star Anthony and former television personality and current actress Vasquez tied the knot last July, and the whole world saw how they prepared for their big day on VH1 reality show, La La's Full Court. This couple seems to glow in all their pictures together and are still happily married, living in New York with their 4-year-old son, Kiyan.
- **5. Khloe Kardashian and Lamar Odom:** Kim certainly isn't the only Kardashian who made this list. Younger sister Khloe and Los Angeles forward Lamar Odom also rank as one of Hollywood's

well-known athlete-celebrity couples. Many questioned this pair's relationship because they only dated for a month before they married. However, these two are continuing to enjoy marital bliss, and their E! reality show, *Khloe'* and *Lamar*, finished its first season on May 31.

Love is definitely in the air with these five athletecelebrity couples. Which one is your favorite? Let us know below!