

# Celebrity News: Celebrities In Trouble with the IRS



By [Whitney Baker Johnson](#)

Everybody dreads tax season – and celebrities are no different. Sure, it's a huge pain to gather all of your receipts and organize your files, but it's even worse if you owe money to Uncle Sam. Of course, you can always ignore that looming deadline and file late, although some people take this extension for granted. Many folks – famous or not – try to

avoid payment for years, resulting in millions of dollars owed. Let's take a look at a few celebrities who have gotten in trouble with the government.

**1. Nicolas Cage:** It's no secret that Cage makes a lot of moola. It's estimated that the movie star brought in over 40 million dollars in 2009 alone. Still, he managed to blow every penny – and then some. By 2010, he owed the IRS around 14 million dollars. At the time, he owned 15 houses, four yachts and a Gulfstream jet. Ultimately, the bank repossessed his home in Bel Air, and the Internal Revenue Service (IRS) auctioned off a few more. He's now living a modest life in Las Vegas and still paying off his debt. Lesson learned!

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**2. Ozzy and Sharon Osbourne:** In 2011, it was reported that this Tinseltown twosome owed more than 1.7 million dollars in back taxes. Fortunately, the couple acted immediately and paid off their debt only a few days later. Sharon even released a statement saying that she hoped “none of this reflected negatively” on their moral character. Good for them!

**3. Wesley Snipes:** Poor guy ended up in jail for his tax debt! He received a three-year sentence for tax evasion and owed over two million dollars to the IRS. Unlucky for him, he spent his 50<sup>th</sup> birthday in a minimum security Pennsylvania prison last August.

**4. Lindsay Lohan:** This girl just can't stay out of the tabloids. In December 2012, it was reported that Lohan's bank accounts were frozen until she paid off her debt of over 230 thousand dollars. Allegedly, she owes taxes from as far back as 2009. Given that she's already facing court cases on both coasts, let's hope she gets this situation taken care of before she ends up in any more trouble.

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**5. Pamela Anderson:** This beach babe knows what it's like to be on bad terms with the IRS too. With a tax bill of over 450 thousand dollars, she joined the cast of *Dancing with the Stars* during its tenth season, hoping to make some extra money. Unlike other celebrities, she was open about her problems, working hard to pay off her debt.

**What celebrities would you add to our list? Tell us in the comments below!**

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# Relationship Advice: 7 Secrets to Make a Long- Distance Relationship Smokin' Hot





By Dr. Diana Kirschner

You meet a hottie and it is a glorious, soul mate relationship. You are dreaming about an amazing future with this great match, who definitely feels like the One. The only problem is, he or she lives a long way away from where you are, and you are afraid that this will be the kiss of death for the whole relationship.

Your fear is well founded—long-distance relationships have lots of built-in obstacles. Consider what recently happened to Michelle Williams and Jason Segel. Jason couldn't let go of his successful LA life to come and be with Michelle in Brooklyn. And by most reports, this played a big role in Michelle breaking up with him because she felt that in this kind of a distant situation she simply could not commit to him.

You wonder: *Just how do you keep a long-distance relationship smokin' hot so you can have the happiest-ever-after you are dreaming about?* Here are seven secrets:

**1. Bookend your days with connection.** Each morning and every night make sure you talk with your Beloved on the phone. This will cement you in as a regular part of their day.

**2. Utilize technology.** Use Skype or the phone strategically to bond with your partner and keep the spark alive.

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**3. Text or call throughout the day...** so that you are in contact and talking about what is happening for each of you.

**4. Take turns coming to stay with each other.** During this time make sure you have a lot of fun and intimacy, which releases oxytocin, the bonding hormone. Over time make these visits longer so that you can see how you do as a couple when you are living together.

**Related:** [Tips for Making a Long Distance Relationship Work](#)

**5. Be supportive.** If your Beloved has a crisis, drop everything and be as supportive as possible. Show him or her that they come first in your life.

**6. Consider making a sacrifice.** If the relationship is growing for a year or more in a way that feels more intimate, committed and nourishing, consider making the sacrifice of giving up the life you have in order to move in with your long-distance partner. If you do this, take time to work out a contract about what your partner will do so that he or she is supporting you and making his or her own sacrifices to establish your new life together with the least stress possible for you.

**7. Make it possible for your partner to move.** If you do feel

that the relationship has been developing well for a year or more, but moving in with your partner is not feasible: discuss with him or her what you would be willing to provide in terms of financial, emotional, networking, job search or other support if your partner would consider moving in with you or into housing together in your area.

When you use some of these tips, a long-distance relationship can work out to be your happiest-ever-after! So give it a try and see if you and your Beloved can grow together despite the obstacles involved. True lasting love is well worth it.

*Dr. Diana Kirschner starred in a PBS TV Special on love. She is the best-selling author of **Love in 90 Days** and **Find Your Soulmate Online in Six Simple Steps**. Through her unique phone/Skype free coaching program Dr. Diana has helped thousands all over the world find and keep a passionate lasting love relationship! Her free Dating Tips & Relationship Advice newsletter is available at [www.lovein90days.com](http://www.lovein90days.com).*

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## Relationship Advice: Why We Are Insecure About Relationships





By Sheila Blagg for GalTime.com

Insecurities. We've all got 'em. The million dollar question is, is it possible to get rid of them? Although most of us will probably never be completely insecurity-free, I believe that it is possible to work toward a goal of reducing our insecurities. First, we have to pinpoint where they stem from.

Your insecurities may be the cause of one simple comment made by a schoolmate. Or, maybe a "loved one" voiced a critique that has stayed with you no matter how hard you've tried to shake it. For me, many of my insecurities are a result of my relationship with my father.

I grew up with a father who assured me that I'd never be good enough. He also cemented into my head that I was a mistake and

that I ruined his life. After my father was through with me, my first husband continued feeding my insecurities with comments that told me that I should have been better than I was. Whether he was comparing me to my friends, the wives of men that he worked with, or any other woman, I always fell short of the person he felt I should be.

## **Whose Problem is it Anyway?**

I now know that the people who went out of their way to bring me down are the ones who have the insecurities, not me. My father and my first husband made themselves feel better by making me feel "less than."

Take a look at your life, your insecurities, and ask yourself "Did I get here on my own?" Is each self-criticism something that you truly do not like about yourself, or are your insecurities the result of the unkind words or actions of someone else? The majority of my insecurities were rooted in me by someone else. They are not mine to own, nor do I allow them power in my life any longer.

Make a list for yourself. Write down all of the positives that you like about yourself. Make a list of the negatives, too. Then, as you are reading the good and the bad, ask yourself, "Is this truly how I feel, or has someone made me feel this way?"

Keep the positives on your list; they work for your better good. But, if you come across a negative that started from someone else's actions or words, then it's not yours to own. Get rid of it.

Analyzing and owning (or not owning) your positives and negatives is not an easy process, but it's also not as hard as you may think. Every day, take steps to rid yourself of any and all negativity by reinforcing the belief that you are strong, beautiful, loved, and important. Anything other than positive thoughts have no place in your life, so I want you to



reject all negatives as soon as you possibly can.

Fill yourself with your chosen positive thoughts every single day. Plant your seed, water it, and watch it grow. The more you believe in yourself, the less power others have over you and your future. You control your thought process. You control what you allow to take root in your life. Do the work, get rid of the bad, and start your life as *you* want it.

Take the first step. The results will be more than worth it!

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# Celebrity Couples Who Don't Need Marriage to Prove Their Love





By Andrea Surujnauth

Some celebrities tend to run off and get married at the drop of a hat, while others seem to be doing their best to avoid walking down the aisle. After years of dating and one paparazzi shot after another, none of these celebrities have been spotted with a rock on their finger. We took a look at some celebrity couples that seem content to just be dating their sweethearts rather than getting hitched. Will they eventually tie the knot? Who knows, but until then, they belong on our Celebrity Couples Who Don't Need Marriage to Prove Their Love list:

**Kourtney Kardashian and Scott Disick:**

Here is a couple that has been through it all...except marriage.

They have been dating for years and display their relationship on the Kardashian's shows *Keeping Up With the Kardashians*, *Kourtney and Kim take New York*, and *Kourtney and Kim Take Miami*. The couple has two children, Mason and Penelope. After all these years of dating and two children later, Kourtney still has not been spotted sporting a diamond of any kind.

### **Goldie Hawn and Kurt Russell:**

The sweet *Overboard* couple have been together since 1983. They have a son, Wyatt Russell. Hawn has two children from a previous marriage and Russell has a son from a previous marriage. Their children has since made them grandparents. After decades of tying the knot on screen in their multiple movies together, they have yet to take the big step in real life.

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### **Oprah Winfrey and Stedman Graham:**

This couple has been exclusive since 1986 but after all the years of being in love, they have not officially jumped the broom. In November 1992, the couple made a step towards marriage when they got engaged, however, the wedding ceremony did not take place and we have not heard of anything since.

### **Michael Jordan and Yvette Prieto:**

This long-time love story seems to have one hitch: no plans on getting hitched! They got engaged on Christmas Eve of 2011, but since then, there has been no talk of marriage from either party. Will the plans stop at an engagement? We'll find out!

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### **Lebron James and Savannah Brinson:**

Maybe it's a trend with the basketball players these days, but

it seems like James is following Jordan's game plan. After proposing to his high school sweetheart in 2011, James has not made any moves since. Now they have two kids and only engagement under their belt. Is the marriage in the works? No word about that for the past two years!

### **Kristen Bell and Dax Shepard:**

This couple decided to take a stand against California by not getting married. They got engaged in 2010 and have a daughter together, however, they refuse to get married until California passes a law allowing gay marriage.

**What are your reasons for not getting hitched? Comment below and let us know!**

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## **Relationship Advice: 5 Must-Knows When Dealing with an Addicted Partner**





By Dixie Somers

Dealing with an addicted partner can be one of the hardest things that you may ever have to go through. Day in and day out, it's the same thing over and over again. As soon as you walk in the door, you notice that they're either drunk or high on some sort of drug. Whether they're drinking hard liquor, using drugs, or addicted to sports exercising, putting up with their antics is something that you shouldn't have to deal with. If you've tried to reason with them in the past, but haven't gotten anywhere with possible recovery options, these five must-knows can help you in dealing with your addicted partner and putting them on the right path to sobriety:

### **Put Yourself First**

You are not able to help your partner if you can't even help yourself. If you are also struggling with addiction, it's time to break the habit and get clean. By putting yourself and your health first, your partner may notice a change and want to get clean as well. Even if you do not have an addiction, simply dealing with someone who does can put a major toll on your health and well-being. Take the wife of Guns N' Roses rocker Slash. She helped him seek help and get sober after he was diagnosed with congestive heart failure from continued drug use. Make sure you take time out of the day to spend to yourself, healing yourself emotionally and psychologically to be in the best place possible.

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### **They Are Who They Are**

Before you can help your addicted partner, you must realize that they are who they are and that you are not able to change them if they are not willing to receive the help. They must want to put in the time and effort that it takes in recovering before they will reach true sobriety. Catherine Zeta Jones was a smoker until she was caught by the media smoking while pregnant. She realized the danger she might be posing to her children, and this encouraged her to quit for good.

### **Educational Material**

To deal with these sorts of addictions, you will want to educate yourself on the types of substances that they are using and why they may be turning to drugs and alcohol as a crutch. You must know what you're dealing with in order to effectively help them. Books and 12-step meeting programs will provide you with a little more insight into the current addictions that they are facing and how you can be there for them.

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## **Do Not Enable Their Habits**

Enabling your partners habits will never help them to recover. You must put your foot down and say enough is enough. Do not provide them with money to purchase drugs or go out to get them alcohol. According to experts at DelrayRecoveryCenter.com, Enabling will only further their disease and addiction.

## **Going to Meet With Them**

Attending meetings with your loved one will show them that you support them on their road to recovery. You can participate in these meetings by simply being there, hearing the stories of others and sharing your stories which can be a very helpful recovery method. If your like Grey's Anatomy star Eric Dane's wife, encouraging them to get help is a great way to get them started. Attending meetings can also be encouraging for lasting sobriety.

*This article was written by Dixie Somers and coauthored by Stanley Martinson. Dixie is freelance writer and blogger who loves writing about entertainment, family, and health and topics.*

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# **Relationship Advice: Online Dating Isn't a Threat to Monogamy—It's a Blessing**





By Terri Trespicio for [GalTime.com](http://GalTime.com)

Online dating is revolutionizing all relationships – whether you’re dating or not.

For most of recorded history women did not have romantic options. You married the dude who your family deemed appropriate, and he likely lived within a quarter mile, and you stayed with him for life, like or not.

When I interviewed Dan Slater, author of *Love in the Time of Algorithms* (excerpted in *The Atlantic*, in a piece called “A Million First Dates”) on my show on Sirius XM, he agreed that it’s changing the way we view commitment. He also said that those who are happy don’t have that much to worry about.

But for those of you in less-than-ideal situations, or



relationships that have gone south, online dating—even if you don't actually use it – creates this sense of options. That this doesn't have to be it for you.

This is the best news ever. Because if the only way you think you can “keep” a man or woman is by eliminating his or her other options, that means you want an inmate, not a life mate.

The internet didn't invent options—it just brought them a little closer—made it a little easier, yes. But if you were under the impression that disconnecting someone's internet is all you need to do to keep someone from having options? Yeah, that's not gonna work.

Look, I've struggled with this myself – I worried that the more options someone had, the less likely he was to choose me. That's not a technology problem. That's a self-esteem problem.

Could someone decide to be with someone else instead of me? Of course! Always. That's something you can't ever protect yourself against – not you, not me, not anyone. But what I'm realizing is that what I'd rather have is someone who chooses me and continues to choose me, regardless of the other options.

Lest you think I'm not a romantic, I'll remind you that there's nothing romantic about being stuck in something going nowhere fast. You don't get points for martyrdom. Just a sucky life.

While everyone's freaking out about online dating killing love, rarely do we realize those options can work in reverse. Competition – even the idea of it – works in everyone's favor. The idea of options not only makes your partner hop to, but makes you bring it as well. Because throwing your relationship into park once you've “landed” him is a sure way to end the forward momentum. The whole “oh yeah where are you going to go” argument just doesn't hold water anymore.

People will always gravitate toward coupling – and long-term coupling. Monogamy itself isn't dying – but commitment for its own sake is. The idea that you'll only ever want one person is not true for most people (and that's being generous). So if having other options means you're able to leave something that isn't working anymore, then that alone is worth the price of posting a profile.

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## **Relationship Advice: 10 Ways to Keep the Honeymoon Phase Going Strong**





By Jennifer Harrington

Love takes time and hard work to nurture. And, for newlyweds, this is especially true, following the intensity and attention that accompany a wedding and honeymoon. What are some practical ways for newlyweds to keep the honeymoon phase going strong, and the spark alive as the marriage progresses? Here are ten ideas to keep your love sizzling:

### **Don't stop celebrating**

While the wedding and honeymoon have passed, it doesn't mean you have to stop the celebrations. Take opportunities to pause from daily life and acknowledge special milestones in your relationship. Have a special night together when your wedding pictures come back from the photographer. Plan a trip back to

your reception venue to mark your six-month wedding anniversary. Planning these types of activities will give you a reason to look back at how far you've come together, as well as an opportunity to make new memories together.

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### **Pencil in a regular date-night**

As some couples settle into their relationships, regular date nights can become less frequent. Don't make that mistake. Make it a priority to schedule dates with your sweetie. Dates are important because they allow you to spend time and share experiences with your partner. You can take turns planning your outings to ensure date night is always something new to anticipate!

### **Plan thoughtful surprises**

Everyone loves a spontaneous, thoughtful gesture. Surprises can range from extravagant to simple, but it ensures your chosen one feels special and loved. They can be especially important when you know your partner is going through a rough or busy time.

### **Embrace a new hobby**

While you and your partner have hobbies you already pursue individually and together as a couple, it's also a great idea to adopt a new hobby together! Choosing a hobby together and pursuing the hobby can be a very gratifying way to learn together, and can also be an interesting way to learn more about your honey. From dancing to cooking lessons, the options for hobbies you can do as a pair is limitless!

### **Get away**

Plan a long weekend or vacation. Not only is it a great way to check out different places and experience a new destination

with your better half, it's an opportunity for you to spend time together uninterrupted by the people and tasks you face every day. One great idea is to make a list of places you'd like to visit someday with your partner. Consult this list as you plan future getaways and cross things off your travel "bucket list" together! Need inspiration? Check out this list of the 50 most romantic places on Earth!

### **Book club for two**

Reading the same book and discussing it can be a fun, easy, and thought-provoking way to bond. Aim to read a book together each month and you can take turns selecting the book. Not only will you end up reading some books different than your usual selections, but you will have guaranteed fodder for conversation as you both make your way through the novel.

### **Branch out**

While quality one-on-one time together is crucial, it's also important for you and your partner to have a close knit group of friends and family. Taking the time to nurture and build your social network together can be a great way to establish and deepen your relationships with others as you nurture your social life together as a couple. Spending time with others is fun, and will also give you the support you need as you navigate life together. An easy way to incorporate this idea is establishing a regular date night with another couple!

### **Spice up your routine**

Newlywed actress Anne Hathaway recently said, "Mellow doesn't always make for a good story but it makes for a good life." This quote means that everyday life can be routine, mellow and sometimes boring. Cherish the fact that you've found your life partner, but always be on the ready to find ways to mix up your routine so things always feel fresh. Instead of the usual Monday nights you hit the gym together, make plans to go rock climbing instead. If you always order in pizza on Fridays

after a long week at the office, mix it up and take an Italian cooking class instead one week! These are small and easy changes, but will help you escape the rut that people can sometimes feel when they are in an established routine.

**Related:** [4 Steps to a Stronger Long-Term Relationship](#)

### **Keep talking**

When relationships are new, it's easy to soak up every word and story your new love interest says. Keep this in mind, and look at each day as a new opportunity to learn more about your life partner. Listen to the stories and jokes, and be sure to ask questions when you want to know more about a particular experience or point-of-view. The more you communicate, the deeper your relationship will be, and the better foundation you will have to avoid future conflicts.

### **Don't sweat the small stuff**

When you spend every day with a person, it's easy to become frustrated and annoyed by some of their habits. So your partner sings really loud in the shower, or forgets to tell you when they used the last of the toothpaste. Is it worth it to pick a fight? Probably not, because little fights (over nothing) over time can cause problems in your relationship. Pick your battles! Remember, this is your soul mate – try to overlook a few little things and focus on the wonderful person you are spending your life with.

**What are some other ideas to help keep the romance alive after the honeymoon is over? Tell Cupid your suggestions!**

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# Dating Advice: 5 Red Flags in Online Dating Profiles



By Kelly Rouba for Galttime.com

If you're looking for love and feel like you just aren't meeting the right type of people, online dating *can* be a great alternative to the typical dating scene.

"Dating sites do increase the number of people, at least in principle, (who are) interested in meeting you," says Dan

Sapen, Ph.D., a clinical psychologist who runs a private practice in Long Island, NY.

But navigating these vast online dating pools can be tricky.

“Dating sites sell the most powerful thing of all—the promise of love and/or sex. The responsibility for making it work or making it a disaster rests both with the seller and the customer. But, as we’ve all heard, let the buyer beware,” Sapen cautions.

According to Sapen, if you are a woman who is looking for a mate online, you can “assume Mr. X is trying to impress you enough to get you to go out with him with as little delay as possible. Assume he is not interested in giving you a complete listing of accurate, relevant facts.”

Sapen says some dating profiles remind him of sales pitches used by traveling salesman back in the good old days.

“Fancy talkers would roll into towns full of hard-working miners and poor folk with little education or money and convince them that the mystery liquid in the bottle would solve their problems.”

The same goes for guys looking to reel in vulnerable women, so it’s best to bypass profiles that sound too good to be true.

“With dating sites, a candidate’s sales pitch, based on the information he wants you to believe, mostly comes long before there is any chance the two of you will be in the same room. So, what is he going to tell you about his status, his success, or his financial security that will get you into the same room with him?”

Stacie Ikka, a relationship expert and founder of the dating consultancy *Sitting In A Tree*, shared this example of an online dating profile to avoid:

*“I consider myself an honest and stand-up guy. I enjoy skiing,*



*soccer, and cycling. Although, I don't box, I am a avid fan of boxing. I think I am a pretty darn good cook. I love trying out new recipes. I like to travel and at least take one big trip a year. Guilty Pleasure: I still watch South Park.*

When I do go out on dates, they are with very attractive females so after a few minutes you better win me over with your personality or else I move on. I am looking to date and have it turn into something long term but want to find that special girl to do it with. I am not looking for someone to hang out with, if you are emailing me to do so, it means there is something wrong with you and you don't have any friends and aren't good enough to be around me.

Please have a picture when you email, if you don't i'll just assume you are fat or very ugly or both and I don't have time for that. You might be very nice and have a great personality but there are fit girls who have that too so why would I settle for less?

I have a nice job downtown around the financial district. *Please at least be able to pay for half on the date. I won't be paying for you (at least not at first) so you better be able to pay your own way. Sorry I have to admit that was out of line. What I should have said is, don't expect to be going to upscale restaurants and have me pay for everything. (I don't mind picking up the coffee tab on the first date!!) I want an equal, not a freeloader!! If you are a picky eater, than you are not the girl for me.*

*Quick Question: Why is the "average" female body 20 pounds overweight? They should really refer to the BMI when choosing a body type. I think it's a conspiracy of some sorts. I know my comments may seem rude but I am being brutally honest. Thanks for your time and best of luck!"*

Unlike the sample profile above, some may be worded in such a way that women think they've found a catch, though the person

is actually someone to avoid. To help online daters discern fact from fiction and guard their hearts, Ikka says there are at least five red flags to look for when perusing profiles (while keeping in mind that her remarks are generalizations and that there are exceptions as well as alternate perspectives, intentions, and interpretations).

## **1. Me, me, me**

Some profiles overuse the word “I,” and the person focuses too much on himself/herself. It is about what he/she wants, needs, or is looking for with little to no mention of what the lucky suitor will get in return.

“A well-balanced person and, therefore, a well-written online dating profile that accurately depicts one’s personality, preferences, and relationship goals will ensure that the profile covers what they’re looking for in addition to what they are willing to contribute to a relationship. You should be able to glean some observations around whether the person is a giver, a taker, or both by the way the individual packages their profile,” Ikka says.

## **2. Attractive picture but few words**

“In these cases, [typically] this is a person who is accustomed to getting by on their looks and, perhaps, their looks alone,” Ikka says. She adds that this type of profile also suggests superficiality, lack of substance, and/or laziness.

## **3. Negative positioning**

These profiles often use words like “can’t, won’t, don’t, shouldn’t, or wouldn’t. ” They contain statements, such as “I won’t date someone who doesn’t have a job.” or “You shouldn’t be too opinionated or you’re not for me.”

“These profiles indicate a variety of potential difficulties with their authors, including control issues, a negative perspective on life (or at least on dating), a sense of entitlement, or a victim’s mentality—basically nothing that one should find attractive right off the bat,” she says.

A former client of Ikka’s had a profile that fit this description when she started working with him, she shares. In it, he wrote, “If you’re not fit and into exercise, don’t bother contacting me.” After reading that, Ikka quickly worked with him to change the wording in order to make him sound more approachable.

“I helped him understand that his value of wanting to lead a healthy lifestyle and wanting to find a partner who was like-minded was understandable (but that) he could communicate the exact same thing in a more positive manner. Ultimately, we changed the text to read, ‘Because I value my health and enjoy staying active...I am looking to meet someone who shares the same or similar interests and fitness goals.’”

## **4. Window shoppers**

“These are people who are active on a website but who have not paid for a membership,” Ikka explains. In some instances, “this is a huge red flag because they have no skin in the game and are one foot in, one foot out. You can identify these people only when you go to contact them and realize that you’re not able to or your message goes unanswered; this is because they are not able to access messages, flirts, or e-cards because they are not paying for those services. In that case, do you really want to date someone who can’t even commit to their own online dating profile?”

## **5. Monologues**

“Although people who write long-winded profiles typically have the best of intentions, it is often an indication of what’s in

store when you meet them in person,” Ikka says, adding, “It can be innocent and chalked up to a lack of dating experience, an attempt to be everything to everyone, an autobiography, or, in its worst form, it can be a preview to the ‘it’s-all-about-me’ show.’”

Ikka believes online dating profiles should be like movie trailers.

“The purpose is to whet the audience’s appetite, create interest and perhaps some intrigue and mystique, and then let those wanting more opt to buy a ticket to see the full movie. In this case, by reaching out through some form of communication.”

Having to watch for red flags, like these, can make online dating seem daunting. “Some of the problem lies with the fact that the two of you are starting out backward. In the real world, there will be eye contact, body language, scent, and the ability to witness social behavior,” Sapen says.

“The good and hopeful news here is that a woman who is honest with herself, is willing to separate reality from imaginary romance, and who understands that real communication (in a real room, where eyes and hands can be seen, words considered, aroma savored, body language studied, and social behavior observed) stands the best chance of finding a lover for now or for forever, who is really a match based on the realities of sexual chemistry and interpersonal harmony.”

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**Celebrity News : 5 Best**

# Celebrity Pranks



By [Whitney Baker Johnson](#)

Everybody loves a good prank – and celebrities are no different. Of course, their pranks usually get more attention than those executed by everyday folks. They have endless means at their disposal (including a fan base to share the funny news) and often take pranking to a whole new level. In honor of April Fools' Day, we pulled together this list of our five favorite celebrity pranks (in no particular order):

**1. George Clooney versus Brad Pitt:** These two leading men are involved in an ongoing war of pranks both on and off film sets. It started when Clooney put a bumper sticker on Pitt's car that read, "I'm gay and I vote." In response, Pitt bought a few ads in the Hollywood trade papers about Clooney being twice named *People* magazine's "Sexiest Man Alive." Wonder what these actors have up their sleeves next!

**2. Ashton Kutcher versus Justin Timberlake:** Who can forget MTV's show *Punk'd*, which was created, hosted and produced by Kutcher? One of the best pranks was played on Timberlake. One of Kutcher's friends posed as someone from the Internal Revenue Service and told Timberlake that he owed over a million dollars in taxes and that they were going to take all of his possessions – even his dogs. The "Suit & Tie" singer was nearly brought to tears before Kutcher revealed the truth.

**Related Link:** [April Fools' Pranks to Play on Your Significant Other](#)

**3. Sarah Silverman and Matt Damon versus Jimmy Kimmel and Ben Affleck:** Silverman paired up with Damon to prank then-boyfriend Jimmy Kimmel. Their hilarious video has had almost four million views on YouTube! To retaliate, Kimmel teamed up with Affleck, Damon's BFF, and created another video that featured Cameron Diaz, Brad Pitt, Don Cheadle and more.

**4. Taylor Swift versus Keith Urban:** To ensure that her tour with Urban ended on high note, Swift decided that pranking was a must. The country starlet, along with a few of her band members, dressed up in full KISS makeup and outfits and rushed the stage while Urban performed "Kiss a Girl." Certainly made for a memorable photo op!

**5. Khloe Kardashian and Nicole Richie versus Kim Kardashian:** In 2010, Khloe and Nicole teamed up to prank Khloe's big sister, Kim. They hacked into her Twitter account and posted hilarious updates until the reality star figured it out.

Luckily, she was a good sport about the joke and later tweeted, “That was hands down the funniest April Fools’!!”

**Which celebrity prank do you love most? Tell us in the comments below!**

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## **Relationship Advice: 5 Lessons to Learn from Celebrity Divorce**





By Dixie Somers

The pain of divorce is a well-known one in our society today. Lending to this general awareness is the constant influx of celebrity break-up news that seems to flow endlessly. Although viewed negatively by some, such news can provide high-profile educational experiences. Take a lesson from these celebrities. Here are five lessons we can learn from celebrity divorces:

### **Watch the Signs**

Sometimes it can be conveniently blissful to ignore certain signs. Ignoring the signs can lead to even greater heartache and woes in the future. Take it from Elin Nordegren, ex-wife of golf legend Tiger Woods. According to various reports, Elin had ignored many troubling signs of the dozens of affairs.



Today, Lindsey Vonn is dating Woods. Apparently she isn't one for signs either.

**Related:** [Is Divorce the Best Option?](#)

### **Don't Rush**

Time and time again, we see the perils of marrying too quickly. Britney Spears became infamous for rushing to the altar in such a fashion. After a very quick, whirlwind romance excursion, Spears and Jason Alexander got married in a Las Vegas chapel. Sure, they had known each other for a long time before. But the topic of marriage had been fairly instantaneous and unplanned; so too was the decision to end it merely days later.

### **Get a "Prenup"**

Prenuptial agreements protect the marrying parties and their individually owned assets and worth. For chivalry, for love, or maybe just for sheer lack of knowing, some go without any such protective measures. The results seen can be devastating: Mel Gibson paid \$425-million, Michael Jordan paid \$168-million, Madonna paid approximately \$80-million – the list goes on. Talk with a Lexis Nexis lawyer to make sure you've done your prenuptial agreement right.

**Related:** [Demi Moore Proves There's Hope After Divorce](#)

### **Don't Cheat**

In case you didn't know it, cheating is bad, destructive, and a quick end to an otherwise successful marriage. Take Jesse James for example. He had it all – wealth, a name, reputation, career, and last but certainly not least, Sandra Bullock, America's sweetheart as his wife. So what does the genius do? Cheat. We have seen the sad results for James as Bullock has moved on.

### **Be Sure**

It's always important to understand your potential partner in marriage on a deep level. You need to really "know" them. Kris Humphries found this out with his brief and now alleged "fake, staged" marriage to socialite celebrity, Kim Kardashian. We still can't figure out if we should pity Kris and his situation, or simply point to it all as one big public service announcement.

There you have it; five more reasons to be take a second look before saying your vows. If your getting married, do it right. Take a few tips from these celebrity divorce stories.

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## **Relationship Advice: Can Love Conquer All?**





By Jane Greer, PhD for GalTime.com

Actors Michelle Williams and Jason Segal recently announced their official break-up after spending much of the last year trying to make their bi-coastal romance work. She lives in New York City with her seven-year-old daughter, Matilda, and he lives in Los Angeles. The couple cited busy schedules and irreconcilable distance as the reason for the end of their partnership. It raises the question, when is love not enough?

Many people would like to think that finding love is the answer to most problems, and, in the name of it, one or both people in a relationship should be willing to uproot their lives or let go of important aspects of their individual routines. Jason made numerous cross-country trips over the course of their connection. Michelle's waterfront loft in

Brooklyn became his home away from home, and he could often be seen playing at a local playground with Matilda. But despite all of that, his life remained rooted in California, where his professional commitments run deep. If the reports are true, then in the end, the pull for each of them to hold onto their own lives won out over the desire to maintain their relationship. This may have surprised fans, and forces us to wonder, when is it time to make that hard call – to call things off?

Two people can be drawn to each other and still have strong personal or professional ties that don't suit the other person. What if you're committed to a neighborhood and everything that goes along with that, wanting to give your children stability? Or what if one person's job can be found in only one part of the country and he or she must live there, no questions asked? Or you are dealing with two different religions that initially didn't cause a problem, but as you begin to make a life together, you are looking to your partner to convert to your religion and they don't want to?

When it becomes a matter of feeling that you are being asked to literally give up your identity, core values, and beliefs, so that the necessary change is equivalent to losing yourself, then that is the point when compromise can instead become too much of a sacrifice. And if one does give up their sense of self, then what is relinquished for love can really take a toll with the relationship crumbling under the pressure and resentment.

By Michelle and Jason taking responsibility for their respective individual needs, they prevented this from happening. For them, dropping everything for love was not a viable option. And in the end it seems that Michelle didn't expect, or even want, Jason to leave his career to further immerse himself into her family. For them, sadly, love did not conquer the obstacles they faced.

Has distance ever ended a relationship for you?

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# Celebrity Couples Who Are Unlucky in Love



By Andrea Surujnauth

Celebrities' love lives are made public for the whole world to see and to judge. But even though some celebrities are all over the place with their love interests, that doesn't mean that there is no hope for them. A big celebrity that we all had our doubts about was Jennifer Aniston. From a broken engagement with Tate Donovan to a relationship with Paul Rudd to a failed marriage with Brad Pitt to a brief fling with Paul Sculfor to short relationships with both Vince Vaughn and John Mayer, Aniston has a long list of past unions that simply didn't work out. Now Aniston has finally found her leading man, Justin Theroux. The two started dating in 2011 and got engaged a year later. So although we thought Jennifer Aniston couldn't find love, after all these years she has finally found "the one."

The question is, are celebrities really that much different than us? Or do their love lives just look dysfunctional because they are always in the public eye? Let's take a look at a few more celebrities who have had trouble finding love and you can decide for yourselves:

### **Britney Spears:**

Britney Spears became a pop idol sensation during the early 1990's. She began a relationship with Reg Jones from 1995 but ended it in 1997. She had a brief fling with Jason Gedart in 1997. By 1998 Spears moved on to begin her infamous relationship with Justin Timberlake. Their relationship lasted four years, and then Spears then moved on to her producer and dance choreographer, Wade Robson. They were together from 2001-2002. By 2003, Spears was rumored to be dating Tom Brady, Fred Durst, Nick Carter, Jared Leto, and Columbus Short. 2004 was Spears' wildest year yet. She got married...twice! First up at the alter was Jason Alexander, who was Spears' childhood friend. They were hitched during a drunken night in Vegas and annulled the marriage a few days later. Husband number two was Kevin Federline, one of Spears' background dancers. The two

were together for three years and had two kids together. Spears then dated J.R Rotem, Issac Cohen, Howie Day, Criss Angel, and Adnan Ghalib. Spears then found love with Jason Trawik. The two were engaged for three years, but decided to call the wedding off. Lately, Spears has been seen with a new boyfriend named David Lucado, an employee at a law firm.

**Related:** [Celebrities That Remained Friends After Dating](#)

### **Taylor Swift:**

Taylor Swift may be young, but she already has quite a reputation with the fellas. Swift first began a romantic relationship with Joe Jonas of the Jonas Brothers in 2008. This relationship didn't last very long because Swift moved onto her "You Belong With Me" co-star, Lucas Till. By the summer of 2009, Swift switched over to new boy toy, Taylor Lautner. The relationship was over by December of 2009. In 2010, Swift fired up a relationship with John Mayer, which only lasted a few months. Jake Gyllenhaal was Swift's next victim. They broke up in 2011. Conor Kennedy was the next heartthrob to date Swift. This relationship lasted a few months as well. She went on to One Direction's Harry Styles and the two broke up after a while.

### **John Mayer:**

John Mayer has quite a long list of love interests. Here is only a handful of the women on Mayer's list...just to name a few. In 2002 John Mayer was reportedly dating actress Jennifer Love Hewitt. The relationship was short-lived. He then moved on to dating Jessica Simpson in 2006. However, by the next year, Mayer began dating Minka Kelly. That only lasted a few months as well because by the year after that, 2008, Mayer began an on-again off-again relationship with Jennifer Aniston. He was apparently serious about her since he reportedly told Rolling Stones that the breakup "was one of the worst times of my life." He bounced back pretty quickly

since by a little while after the breakup, he began dating Taylor Swift which lasted from 2009-2010. He then moved on to Katy Perry. The two seem to have an on-again off-again relationship going on. Lets see how long this one lasts!

**Related:** [Single Traits to Lose so You Can Move Forward in a Relationship](#)

### **Demi Moore:**

In 1980, Moore was married to Freddy Moore. Their marriage lasted 5 years. In 1985, she became engaged to Emilio Estevez. The two had plans to wed in 1986 but called it off. By 1987, Moore was married to husband number two, Bruce Willis. The two were married for 13 years and had 3 daughters together. They were divorced in 2000. She then began a relationship with Asthon Kutcher who is 16 years younger than her. After dating for two years, Kutcher and Moore were married in September 2005. The marriage lasted a while but the two announced their divorce in 2011. Infidelity was rumored to be the cause of the divorce.

**Who are some other celebrities who have had trouble finding love? Share your thoughts below.**

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## **Relationship Advice: What To Know Before You Say 'I Do'**







By Nicole Noonan

Asking the right questions and identifying what issues are deal breakers for you before getting married is important for everyone, whether or not you live a life in the spotlight. Addressing possible issues enables you to work through potential differences or, in the worst-case scenario, have the ability to walk away should you reach an impasse. If there are serious warning signs before you head down the aisle, marriage is not going to fix them! Here are some important tips:

**Related:** [5 Celebrity Couples Who Said 'I Do' in Vegas](#)

### **Know the Financial History**

Marriage is a huge step in anyone's life, and it is important you prepare yourself not only emotionally, but financially as

well. Love doesn't pay the rent or mortgage. When you marry someone, their credit history soon become yours too. Ask your significant other, "what is our ultimate financial goal regarding annual income? By what means and through what efforts can we achieve this?"

### **Know the Family**

When you marry someone, you also marry that person's family. Kris Humphries married not just Kim Kardashian, but the whole Karadashian/Jenner clan. Your future spouse comes as a family package, so it's important for each of you to know what you are getting into. Ask yourself, "what place does your partner's family play in our family life? How often do we visit or socialize together?"

### **Know the Friends**

The phrase "you are whom you hang out with," is one to consider. Get to know your partner's friends before you head down the aisle. Also, introduce your own friends. Often our friends can see things about our relationships that we cannot. Socialite Sale Johnson Rashad did not like Ahmad Rashad becoming friendly with Tiger Woods. Now they are divorcing.

### **Know Plans for Religion and Children**

According to reports, SNL's Fred Armisen broke up with Mad Men's Elizabeth Moss because her religion was more important to her than their marriage. Elizabeth is a devoted Scientologist. Others, such as Jennifer Lopez & Marc Anthony, and Tom Cruise, Nicole Kidman and Katie Holmes also were rumored to have parted ways because of religion. It is important to discuss what religion, if any, you will embrace as a family. One or both partners might suddenly feel strongly about raising their children a certain way.

### **Know Each Other's Goals**

Are you both comfortable with the other's level of ambition? It is important that partners considering marriage understand what each believes is a success. You should be comfortable and supportive of your spouse's success as much as your own. A marriage may start with both partners at the same "level," but one partner then has greater success than another. This could lead to envy and resentment. In the case of Chris Judd and JLo, he was a choreographer when they married and she a dancer. What a difference a year makes it cost JLo \$14 million.

### **Identify Roles**

Talk about the roles you envision for your marriage. Will one stay at home with the children or will both parties work? Do you see yourself in an "I Love Lucy" role where wife stays home and father is the breadwinner? Perhaps there is a balance, like in Angelina Jolie and Brad Pitt's relationship, where they take turns doing movies so one is always with the children. You and your significant other need to be on the same page.

### **Most Importantly Know WHO you are Marrying**

Take the time to really learn about your significant other. Regardless of what your friends and family may be pressuring you to do, or what your biological clock says, you do not need to be rushed into a marriage. It should be seen as the biggest commitment of your life. Though not everyone has the same view of marriage, Renee Zellweger and Kenny Chesney met in January 2005, married in May 2005 and had the marriage annulled that September, citing "fraud." Other examples of rushing to the alter include Dennis Rodman and his bride Carmen Electra, and the lengthy marriage of Britney Spears and her childhood friend, Jason Alexander, married for just 55 hours.

Nicole Noonan is the Executive Director of BBL Churchill Group, a Divorce Finance company that provides essential

funding to people involved in divorce proceedings, enabling them to pay legal fees, expert costs and living expenses when they are due. Noonan is dedicated to bettering the lives of her clients, utilizing her legal background and business education to provide solutions for those in need.

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## **Celebrity Couples: More Like Us Than We Want To Admit?**





By Marcus Osborne for Galttime.com

[Celebrity couples](#) have been the target of admonition and admiration for years. The Jekyll and Hyde reaction to whatever the latest or hottest pop culture pairing happens to be is as over the top as ever. I've always theorized that these couples' break-up rates aren't as dramatically different from the general population.

## Why Do We Love Celebrity Break-ups?

Most of these famous relationships end. But most relationships generally come to an end at some point, don't they? We pay so much attention to couples that split that we pay no attention to the ones that stick it out. And there seems to be a certain glee, an almost joyous countdown to celebrity break-ups. And

each and every statement and action made by our Hollywood couples is parsed...just looking for a crack in the armor.

**Related Link:** [The Simplest Tip to Save Your Relationship](#)

The recent “controversy” is over actor/director Ben Affleck’s comments about his marriage to celebrity love Jennifer Garner upon accepting this year’s Academy Award for Best Picture. His quote: *“I want to thank you for working on our marriage for 10 Christmases. It’s good; it is work, but it’s the best kind of work, and there’s no one I’d rather work with.”*

In the minds of merry cynics and professional antagonists around the nation, this one statement was read as a subliminal confession of matrimonial strife. And that reaction is just silly.

What Affleck said was about as honest and realistic a statement as you’ll ever hear any celebrity offer on a public stage. Marriage is work. Relationships and love in general are work. Once we get past the honeymoon stage in any coupling, we start the work. The hard work. So what message can we really take from Affleck’s statements? I see the glass as half full. You’ve got a husband and wife who acknowledge that sustaining a long-term relationship requires dedication and diligence. It’s not a fairy tale. There’s a clear-eyed, beer-goggle free vision of relationships by this pair, which in all likelihood, has been the reason they’ve managed to stay together for ten years and two kids.

**Related Link:** [5 Things Men Want Women to Know](#)

## What Celebrity Couples Can Teach Us

So can we learn anything from celebrity couples? From my perspective, there’s no more to be learned from them than from any other couple. The spotlight shines on their mistakes and break-ups so much brighter than on their successes that it

would be easy to conclude that there's not a positive example among the bunch. Even in the face of overwhelming evidence, couples that have shown strength and staying power, we cast a jaundiced eye at them because they don't fit our established narrative; celebrity marriages don't last.

But in truth, if we're objective, we can use married celebrity couples' successes *and* failures as reminders and templates of what good relationship choices and a grounded perspective about what it takes to create a sustainable partnership can offer us. In other words, if you're basing your lifestyle on Taylor Swift and her boyfriend-of-the-week-club instead of Ben Affleck and Jennifer Garner's brick-by-brick, love-is-work edict, you're pretty likely to be unfulfilled if your goal is something lasting and meaningful.

There are many, many examples of Hollywood couples that continue to roll on: Tom Hanks and Rita Wilson, Ted Danson and Mary Steenburgen, and Will Smith and Jada Pinkett Smith; even Danny Devito and Rhea Pearlman in spite of their rocky times, have managed to hang on. Because they realize that Affleck was right: It's *work*..but it's the best kind of work.

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## Celebrity Couples Keeping the Faith Alive





By Jennifer Harrington

Hollywood is a glamorous place that can most certainly be a challenging place to raise well-adjusted, grounded children. Over time, we have seen celebrity couples try unique parenting tactics to bring up their children right, while in the spotlight. In fact, some celebrities turn to faith and religion as they navigate parenthood. Here is a look at a few stars who have relied on spirituality during their parenting journeys.

### **Tom Cruise**

Tom is undoubtedly the most famous Scientologist, and his controversial religion was rumored to be a primary cause of his recent divorce from Katie Holmes. While their young



daughter Suri spends the majority of her time with her mom, Tom is still committed to being a strong influence in his child's life (in fact, Suri frequently calls her father when he is on-location filming). It's likely he will try to pass along his core religious beliefs to his daughter. Tom also raised his two oldest children (with ex-wife Nicole Kidman) in the Scientology faith.

**Related:** [Sources Say Tom Cruise and Katie Holmes are 'Incredibly Happy' Post-Divorce](#)

### **Mel Gibson**

Before recent scandals tarnished Mel's reputation, he was most well-known for being an established Hollywood actor and devout Catholic. In fact, he directed and produced *The Passion of the Christ* in 2004. Mel is the father of eight children, and is very outspoken about his religious convictions. Despite the rumors that persist that some of his offspring are wild and fun-loving, there's no doubt Mel attempted to raise the kids with a Catholic-based foundation.

**Related:** [Three Ways to Background Check Your Next Date](#)

### **Kirk Cameron**

Kirk, who was a major star in the 1980s on the hit television show *Growing Pains*, abandoned his teen heartthrob status after became a born-again Christian at age 17. In fact, after he developed a relationship with Jesus, he began to insist that storylines be edited to remove anything he thought too adult or inappropriate for the show. He is now a husband and father of six children, as well as a full-fledged evangelist. He currently co-hosts a religious-themed television show.

Like everybody else, celebrities have different beliefs, but it's not often you see celebrities outspoken about their dedication to a given religion, and even less frequently you can cite a parent in Hollywood guiding their offspring with

faith.

Tell Cupid: what are the biggest benefits for celebrities keeping the faith alive, and raising their children in a religious home?

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## Relationship Advice: The Most Powerful Tool to Help You Find Your Soul Mate





By Sue Frederick

Intuition can navigate you successfully toward finding true love as effortlessly as a dream in the night. It works better than dating sites, speed dating, or singles' events. Love is the gateway to your intuition. You'll never be as intuitive as when you fall in love because your energy centers are most open and receptive, and your monkey-mind quiets down. You look into a stranger's eyes and remember him from another time. You know when he'll call. You feel his embrace long before it actually happens. And you sense what he's feeling even when the two of you are apart.

We're all a little more comfortable with intuitive loving than we are with intuitive living—using intuition for our everyday life and career choices. Yet we can tap into this portal of sacred guidance whenever we open our hearts. When you fall in

love, nurture this sacred gateway to the unknown. When you're not in love, love anyway. It will open the door to your divine intuition.

### **What to Do Before Going On a First Date**

Before going on a first date (especially a blind date) write down your date's name and place your hand over it. Close your eyes and do a short meditation with mantra or sacred sound to quiet your mind. Now ask to see what the person looks like and feel their energy. If the energy you feel and the person you see makes you smile and giggle, that's a "yes" from your intuition. Your higher self is telling you that this person will be a loving presence in your life.

**Related:** [Five Conversations to Avoid on the First Date](#)

If the energy feels bad in your stomach and makes you feel anxious, cancel the date. If the energy you feel revs up your sexual chakra, that's telling you what the focus of this relationship will be. If you don't feel a loving warm energy in your heart while picturing and feeling this person's energy, this probably won't be a long-lasting or fulfilling relationship.

**Related:** [6 Great First Date Questions \(and 4 to Skip\)](#)

Also, if you have the person's date of birth, decipher their birth path by adding up all the numbers in their day, month and year of birth. Write his name and birth path on a sheet of paper. Put your hand on this information and meditate to quiet your mind. Ask to feel the person's energy and understand his journey. Ask if this person is someone you should connect to for your highest good. Pay attention to the feeling you get and note whether it's positive or negative. Write down any thoughts about this person that come to you during your meditation. Trust your gut. If it feels bad, don't pursue this person no matter how beautiful they look or how perfect they

seem.

Keep practicing. Use this intuitive technique with potential hires at your workplace or to decide whether to take a new job. The more you use your intuition, the more you'll trust it. Eventually you'll realize how good you are at trusting your intuition.

You are now becoming a master of intuitive living, an approach that will put you right into the juicy flow of your life and bring you love, success, and happiness each day.

*Sue Frederick's is the author of "[I See Your Soul Mate: An Intuitive Guide to Finding & Keeping Love](#)," and her work, described as a "breath of fresh air" and "an enlightened new perspective," has been featured in the New York Times, CNN, Real Simple, Complete Woman, Yoga Journal, Natural Health, Fit Yoga, and Nexus Magazines.*

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## **Expert Dating Advice: Who Do We Really Think Should Pay for the First Date?**





By Jdate for Galtime.com

Every first date comes to that same awkward point: *Is he going to offer to pay? Should she take a stand and put down cash? Does anyone go Dutch anymore?*

According to the State of Dating in America report, findings from a survey of more than 2,700 U.S. singles between the ages of 18 and 60 compiled by [JDate](#) (authors of this post) and ChristianMingle.com, 78% of single men believe the man should pay on the first date, and 55% of single women agree.

“The more things change, the more things stay the same!” says Rachel Sussman, a New York-based marriage and family therapist and licensed clinical social worker. Sussman partnered with JDate and ChristianMingle to analyze the State of Dating in

America's findings and provide her expert insights.

"In this society, maybe men are brought up being told it's their responsibility to pay their way, at least on the first date," Sussman says. "In general, men believe they should be the ones paying, and that's the message that's reinforced in media and culture."

So, is it safe for ladies to relax and presume that the man will always pay for a first date?

"Some women are more comfortable paying their own way," Sussman says. "If a woman prefers to pay for the first date – or at least her half – that's her prerogative, and her date should respect that."

Here are a few tips from dating experts on how to avoid that potentially awkward wallet-grab on the first date:

- Be up front. If the findings of the report are right, a majority of women AND men expect that the man will pay for the first date. If you want to buck the trend, just say so.
- Show gratitude, but don't feel indebted. Of course, it's always best to thank whoever foots the bill. But since that person chose to pay, and the other party shouldn't feel like they owe anything!
- Consider going Dutch! Splitting the bill in half might seem outdated but it allows both parties to feel they contributed.
- If you're going on first dates frequently – for example, meeting several different people you've been chatting with online – consider getting coffee instead of going out to a restaurant. You'll feel less romantic pressure and will save both parties time and money.

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# Ready for Love: Three Extraordinary Men



By Sammi-T for TVGrapevine.com

36 WOMEN WILL COMPETE TO FIND TRUE LOVE ON THE NEW NBC RELATIONSHIP SERIES 'READY FOR LOVE,' PREMIERING APRIL 9 AT 9/8c.



NBC announced today that its new relationship show *Ready for Love* has revealed the 36 women who will have the opportunity to compete for true love. The women have a chance to find romance with three successful and handsome men, hand-selected by executive producer Eva Longoria (*Desperate Housewives*). The series, from Longoria's UnbeliEVAble Entertainment, Renegade 83 and Universal Television, focuses on three extraordinary men – Ben Patton, an international financier from Dallas, Texas; Tim Lopez, a member of the popular music group Plain White T's from Austin, Texas; and Ernesto Arguello, an entrepreneur with a social vision from Miami, Florida – who are committed to finding their soul mate.

Giuliana and Bill Rancic will host the series, where preeminent matchmaker Amber Kelleher-Andrews, relationship author Tracy McMillan and professional dating coach Matthew Hussey will help the men find their perfect matches.

Listed below are the women vying for the men's affections.

#### **BEN'S MATCHES:**

ALLIE WAGNER (Age: 26) – Resides in Cincinnati, Ohio – Wagner can brighten up any room with her smile. She is the opposite of shy; she loves the spotlight; and she and her twin sister, Mandy, grew up in Kentucky competing in numerous beauty pageants. She currently works as an event coordinator. Wagner thinks her love of family makes her the perfect match for family-oriented Ben.

ANGELA ZATOPEK (Age: 24) – Resides in Houston, Texas – Zatopek is a sassy, savvy communications executive. Zatopek devotes a lot of her time to philanthropy and even helped build a school in Uganda. She values her faith and therefore has made the decision to save herself for marriage. Zatopek believes her Christian upbringing has shaped her attitudes towards love and marriage and believes it will make her a perfect match for Ben.

BETH RICHMAN (Age: 30) – Resides in Charlotte, North Carolina – Richman studied business management and human resources at Ohio State and now works for a medical device company in Charlotte. She loves to travel and believes Ben is the perfect mate with whom to tackle new adventures.

JADE DHIR (Age: 24) – Resides in Austin, Texas – Dhir is an independent and outgoing woman who is dedicated to spending a lot of time with her family. She considers herself to be very driven and believes her over-achieving nature will make her a great match for career-oriented Ben.

KARI KRAKOWSKI (Age: 27) – Resides in Dallas, Texas – Krakowski thinks that Patton is the perfect man for her. They met when she first moved to Dallas and soon began dating. Due to their busy schedules, they ended it and decided it would be best to remain friends. She is now ready to take a leap of faith and fight for true love. Krakowski thinks her previous personal connection with Ben will reignite their flame.

KATIE COYLE (Age: 34) – Resides in Pella, Iowa – Coyle is a mother to two wonderful children. She lives by the philosophy that life is too short not to be happy. In 2011, she had a health scare in which she made a full recovery but decided to never again take life for granted. In her spare time, she enjoys running, Pilates, yoga and boxing. Coyle thinks her energetic lifestyle makes her the perfect match for Ben.

KRISTINA ZAPATA (Age: 26) – Resides in Los Angeles – Zapata is dedicated to her family and her education. She studied broadcast journalism at the Universidad Catolica de Colombia to work towards her dream of becoming a Spanish news broadcaster. Zapata is very dedicated to her career but also makes sure she has plenty of time to relax. She thinks her balance of career and free time are a perfect match for Ben's life plans.

LYNSEE GONZALES (Age: 26) – Resides in Portland, Oregon –

Gonzales is a small-town girl that turned her dreams of becoming an international model into a reality. She has traveled around the world to pursue her career, modeling for print publications and working the runway. She recently ended her relationship with her adulterous fiancé and is looking forward to a fresh start. Gonzales thinks it is time to focus on love and be the wife of Ben's dreams.

RACHEL BRIESE (Age: 26) – Resides in Schaumburg, Illinois – Briese is a fun-loving girl with a quirky personality. She is a self-proclaimed video-game junkie who is also obsessed with sci-fi movies and *Star Wars*. Briese loves being different and won't change her seemingly nerdy ways for anyone. She believes that if she stays true to herself, then a genuine, great guy like Ben will love her for who she is.

RENAE VIRATA (Age: 31) – Resides in Houston, Texas – Virata is a go-getter. After earning a Bachelor of Science degree from Vanderbilt, she worked as a marketing consultant. Virata then took a risk and chose to quit her high-paying job to begin her own Internet start-up company. Virata believes her enthusiastic lifestyle would be the perfect match because she emulates Ben's ambitious work ethic.

SENECA BERNIARD (Age: 34) – Resides in Los Angeles – Bernard is a woman that uses her intellect to be a positive contribution to the world. She studied law at Loyola Law School and obtained her Masters in Business Administration from Keller Graduate School of Management. She currently works as a public defender. Bernard believes her level of success will make her a great half to a power couple with Ben.

TARYNN FRANCO (Age: 26) – Resides in San Francisco – Franco has a love for traveling, learning about different cultures and trying new things. Her appetite for adventure and exploration has led her to a career in the private aviation industry. Franco appreciates a night on the town with her best friends, but currently longs for a man that gives her a good

reason to stay home. She believes her desire for adventure will be a perfect match for Ben's love of travel.

### **TIM'S MATCHES:**

ALEXIS RODRIGUEZ (Age: 23) – Resides in Scottsdale, Arizona – Rodriguez is a recent college graduate. She currently enjoys her time working as a local radio personality in Arizona but can't wait to start her career. Rodriguez believes that her fun nature and closeness with her family is the perfect match for Tim, who shares similar family values.

CHRISTINA RIGAUD (Age: 25) – Resides in New Orleans, Louisiana – Rigaud is a classically trained pianist who graduated from the University of Arizona with a degree in English. The avid cook and gardener started a non-profit organization helping others learn how to raise fish and grow vegetables in a sustainable environment. She is looking for a man that is as passionate about life as she is. Rigaud believes she and Tim will bond through their shared music backgrounds.

DANIELLE DUFF (Age: 27) – Resides in Tucson, Arizona – Duff is a committed and loyal woman. After being married for nine-and-a-half years, Duff and her ex-husband realized they were not meant for each other and divorced. She believes that her overall readiness for love and experiencing the same loss as Tim makes their duo a perfect match.

HAILEY CLARK (Age: 31) – Resides in Indialantic, Florida – Clark is an elementary school art teacher by day and an expressionist painter by night. In fact, her paintings have been featured in several local art shows. Clark believes that her compassion for others and quirky sense of humor will be a perfect match for Tim's open personality.

JENNA REEVES (Age: 23) – Resides in Austin, Texas – Reeves is young but wise beyond her years. Unlike most of her peers, Reeves is ready to settle down and find her husband right away. She loves her life and prides herself on her

determination in becoming the first in her family to finish college. Reeves believes her open-minded and free-spirited personality reflects Tim's same attitude towards life.

LANA SEARS (Age: 26) – Resides in Kansas City, Missouri – Sears is the girl next-door that most guys want to take home to introduce to their parents. The self-described tomboy grew up in a small farm town, has never had a problem dating and usually finds herself in a serious relationship. Although fond of committed relationships, Sears is very independent and likes for her partner to be the same. She believes that her independent mindset would be a perfect match with Tim's rock-star lifestyle.

LEAH TROGAN (Age: 27) – Resides in Austin, Texas – Trogan is a close friend of Tim. She is a makeup artist, but her biggest accomplishment is raising her son, Ryder, as a single mother. Trogan has known Tim for seven years and is looking forward to finally sharing her true feelings for him. She thinks that friendship makes for the best relationships.

LISA CONLON (Age: 32) – Resides in Vernon, Connecticut – Conlon has her hands full with her music career and is studying to receive her doctorate in music. She insists that music keeps her balanced in a relationship. When her mother was diagnosed with cancer, Conlon transferred schools to act as her mother's caretaker. Conlon believes that her dedication to both music and her loved ones would make her a perfect match for Tim.

SARA LAVAGNINO (Age: 30) – Resides in Franklin, Tennessee – Lavagnino is characterized as a strong and determined woman. She and her identical twin sister are very close and have a singing group called the Lava Girls, but she also works as a licensed real estate agent. She has faced adversity with the loss of her fiancé to cancer but credits that experience to making her a good partner and continues to search for love. Lavagnino believes both she and Tim are ready to find love

again after persevering through painful loss.

SARA MOORE (Age: 28) – Resides in Charlotte, North Carolina – Moore is a self-described “girly girl.” She is currently working on obtaining a Master’s degree in teaching. She is a laid-back Southern belle who loves to laugh, watch sports and believes Sundays should be devoted to God and football. Moore believes her Southern roots will wrangle in the Texas part of Tim’s personality.

SIHAM BENGOUA (Age: 25) – Resides in Philadelphia, Pennsylvania – Bengoua is a self-sufficient woman who created her own hair-care business to finance her studies at Temple University, where she studied marketing. A few years ago, she lost her sister, and although she describes it as the worst time of her life, she knows it made her stronger. Bengoua believes that her dedication to loved ones will make her the perfect wife for Tim.

TAONAYA FLEURY (Age: 31) – Resides in Miramar, Florida – Fleury wants to make a difference in this world and is looking to earn a Master’s degree in marriage and family counseling. In addition, Fleury and her cousin are looking to start a charity for sickle cell disease. Fleury believes that her deep-rooted understanding of commitment reflects Tim’s belief that love is eternal.

#### **ERNESTO’S MATCHES:**

ALBA REYES (Age: 30) – Resides in Houston, Texas – The perfect combination of beauty and brains, Reyes has it all. She graduated from law school, and currently works in health law while she postpones taking the bar. In addition, Reyes was crowned Miss Puerto Rico in 2004 and the second runner-up for Miss Universe. Reyes believes she is more ready than ever to find true love and felt a spark when she saw Ernesto’s video.

ELIZABETH CAPELA (Age: 30) – Resides in Dallas, Texas – Capela is dependable, honest, and an overall giving person. As a

fifth-grade English teacher, Capela thrives on putting her heart into her lessons and helping her pupils grow. Her role in helping educate the youth will mesh nicely with Ernesto's charitable role in helping the less fortunate.

ERICA LARSON (Age: 25) – Resides in Addison, Texas – Larson is a recent graduate of Texas State University with a degree in fashion merchandising and currently works in the fashion industry. She enjoys dancing, cheerleading, swimming, reading and traveling. After watching her parents happily married for 38 years, she believes in true love and is ready for someone who will love her unconditionally. Larson believes Ernesto's similar upbringing will make for a long-lasting relationship.

KATIE CROSBY (Age: 26) – Resides in Chicago, Illinois – Crosby has lived with a "live life to the fullest" attitude since the tragic passing of her brother. While she misses him dearly, her relationship with her family has remained strong. Crosby has spent the past few years focusing solely on work, but now wants to put her attention on love. Ernesto's giving nature left her inspired and she would love to partner in his philanthropic endeavors.

KRISTEN SIKORSKI (Age: 25) – Resides in Austin, Texas – Sikorski is a no-nonsense Texas woman who was raised on a ranch by her father and mother. Although she is an elementary school teacher, she majored in history and enjoys war movies and military facts. Sikorski was wowed when she saw Ernesto's video and knows she is ready to take on the full-time role as wife for a family man such as Ernesto.

LISA MARIE HALL (Age: 30) – Resides in Covina, California – Hall's friends describe her as funny, sweet and giving. While working as a children's theme park performer in America and Japan for the past 10 years, she prides herself on making others happy. In her free time she likes to stay active by dancing, skating and biking. Hall is looking for a man that can keep up with her on new adventures, and she believes

Ernesto is that guy.

MANDY WAGNER (Age: 26) – Resides in Studio City, California – Wagner is the State Director of Pure American Girl Pageants that aims at making its participants humble and genuine, as well as competitive. Wagner's twin sister, Allie, is also a participant on the show and their parents are excited for them to find the right guy. Wagner believes her down-to-earth family and genuine nature makes her and Ernesto the perfect match.

OLIVIA MATTI (Age: 26) – Resides in Sterling Heights, Michigan – Matti is energetic, fearless, and fierce. She claims that her tough love attitude gives her a charm that other women lack. Matti needs someone that can match her energy and give her the passionate relationship that she desires. Matti, like Ernesto, has never been in love and believes they'll bond over waiting to share those special three words with the right person.

SHANDI FINNESSEY (Age: 33) – Resides in Los Angeles – Finnessey is a driven woman, who isn't afraid to break boundaries. In fact, she became the first woman from Missouri to win the Miss USA title in 2004. She's currently a TV host on an entertainment Web series and has modeled in numerous magazines. Finnessey values family and religion and she believes Ernesto's similar upbringing will make them the perfect match.

SONIA LETTIG (Age: 29) – Resides in Los Angeles – Lettig graduated magna cum laude from Villanova and then went to receive her Master's degree from Pepperdine University. She has a background in human resources and professional development. Sonia is currently a business development director for an online fundraising company that raises money for charity, which allows fulfilling her passion of organizing community service events and giving back. Lettig thinks her charitable nature makes her a great match for Ernesto since



he's always giving back to his community.

SUMMER BURNS (Age: 31) – Resides in Austin, Texas – Already a loving mother to a three-year-old son, Burns is ready to complete her family portrait with a husband. As a single mother, she has developed the perfect combination of strength and compassion. She would like her son to have a father figure and, based on his video, she believes Ernesto is the right fit for her family.

VICTORIA MORA (Age: 24) – Resides in Chicago, Illinois – Mora has a free-spirit attitude, but is grounded and humbled by her tight-knit Mexican family. She wants to be with a man that is confident and willing to take on anything by her side. According to Mora, love is a two-way street and she will be the most loving and supportive partner as long as she receives the same respect. Mora believes Ernesto's confidence is the perfect match for her challenging nature.

***Ready for Love*** is produced by UnbeliEVABLE Entertainment, Renegade 83, and Universal Television. Longoria (*Desperate Housewives*), Jason Ehrlich (*The Bachelor, The Bachelorette*), Greg Goldman (*Secret Millionaire, Don't Forget the Lyrics!*), David Garfinkle (*Blind Date, The 5th Wheel*) and Jay Renfroe (*Blind Date, The 5th Wheel*) serve as executive producers.

Longoria created UnbeliEVABLE Entertainment, her own production company, which develops films, and television shows, that have been sold to NBC, ABC, CW, ABC Family, and VH1. Additionally, UnbeliEVABLE Entertainment produces The NCLR Alma Awards on NBC.

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# Expert Dating Advice: When It's Best to Keep It in the Friend Zone



By Ashley DelBello

We could go on and on about different scenarios where it's best to keep it "just friends" with that particular someone within your social circle – whether it be a coworker, someone in your close group of friends or a person that one of your

friends has previously dated. Most of the time we know it's probably not a good idea, but it's only natural to wonder about taking it a step further when you think there may be a stronger connection. So what about those situations where we are curious if there could be something more? Cupid spoke with the relationship experts on how best to navigate.

"The friend zone is a tricky space. We all want to make that Hail Mary pass, but we don't always prepare for it not working out," said author of "You Are WHY You Eat" and licensed clinical psychologist Ramani Durvasula, Ph.D. "That doesn't mean that it won't work since many great relationships start as friendships, but you need to be prepared."

**Related:** [David Arquette Says That He's Entered the Friend Zone with Courteney Cox](#)

**With coworkers.** The first step is to make sure they've made some sort of indication that they might also want to take the relationship to the next level and then to think about how it could impact your job and reputation at work in the future. "It's very important that you discuss beforehand what happens if it doesn't work out. Can you go back to just being friends? Will it become awkward? How will you acknowledge each other at work," said relationship expert and celebrity life coach Melanie Mar.

"Tread lightly in the workplace and think about the ramifications," adds Durvasula. "If it's all that then one of you may need to consider jumping ship from the company."

For those of you that do decide it's worth the risk, Mar advises that you need to distinctly separate your professional and social lives. "For example, if you're dating someone from work, when you go out together on a personal level, work must never be discussed and you need to date as you would any other person – discussing family values, upbringing, future planning, those types of things, but steer away from any shop

talk.”

**Related:** [‘Bachelor’ Sean Lowe Explains Why He Sent Home Leslie](#)

**With your friends.** We’ve been warned several times that friends and sex don’t mix, but we hardly ever listen. “We all like to think we are so evolved, but don’t think you can have that one night stand and go back to hanging out and hearing about each other’s new flames. Sex changes the chemistry of a friendship. Are you willing to toss it for that night if you have no intention of taking it further,” asked Durvasula. It could be potentially damaging to your friendship and you will both need to decide if it’s worth the sacrifice so take the time to really think about how it will affect the relationship down the road.

And if you do want to pursue it romantically? “You probably already know a lot about each other since you’re in the same friend group, but my advice would be to not discuss your mutual friends as you run the risk of keeping it buddy-buddy when you need to take it to a romantic level. Change your behavior patterns around each other and keep the focus on courting and romancing – even more so than meeting someone in a bar or online because you’re making a distinct shift from a platonic relationship into a new romantic relationship,” said Mar.

**A friend’s ex.** Just don’t do it – that situation is rarely ever a good idea and just ends up being more drama than it’s worth. “Karma’s a bitch. Before you take up with your girlfriend’s ex-boyfriend or ex-husband, think about the implications. She may say she is not hurt, but is it worth it? Men come and go, but honor and girlfriends are forever,” said Durvasula.

Going from friends to something more is possible – you just need to think it through and be mindful of what could happen if it doesn’t work out before you make the transition.

Tell us: When do you think it's best to keep it in the friend zone? Have there been situations that have totally gone wrong? On the flip side, any tips from those who have made the successful transition from friends to lovers?

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## Is Tiger Woods Capable of Being Monogamous with Lindsey Vonn?





By Susan Trombetti, CEO of Exclusive Matchmaking and Relationship Expert

The breaking news this week is that pro golfer Tiger Woods and popular skier Lindsey Vonn are officially dating. Many are skeptical of this situation, as Tiger is still getting over his reputation as a cheater stemming from the scandal with his ex-wife, Elin Nordegren. Well, let me just say that Tiger has so many cheating scandals in his history that I doubt he could be faithful again unless there are some drastic changes involving his inner circle, lack of opportunity to cheat, and possible therapy.

**Related:** [Kourtney Kardashian and Beau Get Therapy](#)

Why, you ask? For one thing, he is surrounded by “yes” people who’s financial situation is dependent on Tiger. I don’t see

them becoming moral against all odds and tying him up when he has the urge to cheat. They are loyal to him and will enable what isn't good for him just to make him happy. They may rationalize: "It's just women, and boys will be boys."

Other celebrity examples of this is Anna Nicole, who was surrounded by enablers like her attorney, and Michael Jackson, who was backed up by his doctor. These are drastic examples, but it's hard to say "no" when your boss says "jump". In Tiger Woods' case, he has his inner circle and his mother enabling his addiction to cheating. Plus, he has a history of it, as his dad cheated in the past. This is all he knows. In my opinion, what he really needs is some therapy or a 12 step program to become fully aware of the reasons behind his bad behavior and poor choice in so many trashy women. Then, Lindsey may have a chance.

**Related:** [Get Date Therapy and Get in Touch With Your Ideal Mate](#)

Here are some signs that a guy might be a serial cheater and unable to commit:

1. He excludes the word "faithful" in his marriage vows and takes issues with it like South Carolina governor Mark Sanford.
2. He tells you he cannot be faithful to any one woman. Let's face it, that is what they are saying when he tells you he cheated on all his exes.
3. They have an addiction to cheating like David Duchovny.
4. They have cheated in the past, like Eddie Cibrian or Bill Clinton.
5. They are powerful men who think the rules don't apply, like Silvio Berlusconi and Arnold Schwarzenegger.

6. They are men with big egos, deep pockets, and lots of opportunity, like Kobe Bryant and Tiger Woods.

7. They tend to go for the “bad boy” or “bad girl” like Sandra Bullock did with Jesse James.

*Susan Trombetti is an expert matchmaker and member of the Professional Matchmakers Association. She has helped many discerning singles discover long-term relationships and partnerships that are both rewarding and fulfilling through her business, Exclusive Matchmaking.*

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## **Celebrity Couples That Remained Friends After Dating**







By Jennifer Harrington

Dating in Hollywood's spotlight can be thrilling and challenging for celebrities. While it can be intense for the stars to navigate love with their partner under the microscope of the media and paparazzi, it's even more problematic when couples break-up and part ways. As we know, breaking up is hard to do and many couples do not remain on amicable terms. However, here is a look at several celebrity couples who have managed to stay friends after ending their romance.

### **Demi Moore and Bruce Willis:**

Demi and Bruce were married for over a decade, are parents to three daughters, and also have the "biggest drama-free divorce in Hollywood". During Demi's six-year marriage to Ashton

Kutcher, it was widely publicized that Bruce spent time with Demi, Ashton, and the kids (the gang appeared everywhere together from red carpets to exotic vacations!). When Demi and Ashton's marriage dissolved, Bruce was a shoulder for his former wife to cry on. So what's the secret to the harmony between them? Many speculate it is their shared devotion to their kids, and the fact that their union dissolved without any rumors of infidelity.

**Related:** [Demi Moore Proves There's Hope After Divorce](#)

### **Reese Witherspoon and Ryan Philippe:**

Reese and Ryan married young and split after seven years of marriage. The marriage produced two children, and the grounds of divorce were reported as "irreconcilable differences". However, in the several years that have passed since they parted ways romantically, it's apparent that this duo has stayed tight and they have a fantastic friendship. In fact, Ryan and Reese are frequently spotted (with Reese's current husband, Jim Toth) watching their son's soccer games together! Hollywood insiders believe the secret to Reese and Ryan's friendship is open lines of communication and talking through any issues that come up.

**Related:** [Reese Witherspoon Says Married Life Feels Great](#)

### **Kendra Wilkinson and Hugh Hefner:**

Kendra became a star by living in the Playboy mansion as one of Hugh's girlfriends. Kendra ended her romantic relationship with Hugh, but the couple remained so friendly that Kendra and Hank Baskett were married at the Playboy mansion, and it was initially reported that Hugh would give the bride away during her wedding ceremony! Kendra has a young son with Baskett, and she's made it known she wants her son to call Hugh "The Godfather". Recently, Kendra was quoted saying she wanted to kill Hugh's current wife, Crystal Harris, because she is skeptical of her intentions. This statement is evidence of the

deep friendship between Kendra and Hugh; it's obvious these two always have the others best interest in mind, and they aren't afraid to stand up for each other when necessary!

It's certainly not common for celebrity couples to remain friends after the romance fizzles, but it is reassuring to see how these couples have made it work and stayed close. There are obviously lessons to be learned from Demi and Bruce, Reese and Ryan, and Kendra and Hugh. Tell Cupid: what do you think is the most important advice for two people transitioning from lovers to buddies?

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## Why 'Bachelor'-Inspired Values Matter in Relationships and Marriage





By Susan Shapiro Barash, Author of *The Nine Phases of Marriage*

What could be more appealing in today's slick, fast paced society than to watch a dashing handsome bachelor who is also pristine make his commitment known to us? It is little wonder that 28-year old Sean Lowe captured the attention and curiosity of so many female viewers.

And while the heat was on to see his final choice and we waited with baited breath, it was refreshing to learn about a young, charismatic man who has a traditional attitude toward marriage and family. On March 11th when Catherine won Sean's heart, it underscored how much values mean in a relationship. Not only were we watching this couple move forward with great anticipation, but this next step also jolted us into thinking about what it takes for a marriage to be successful.

## **The Pillars of a Love Relationship**

According to the media, the lucky couple hopes to start a family right away, and this of course is a big part of the picture. When it comes to commitment in a love relationship, there are other factors as well. The foundation of a solid relationship and marriage include:

**1. Honesty and respect:** There is no better way to build the relationship and sustain it through the ups and downs of daily life.

**Related:** [Justin Bieber Proves Honesty is the Best Policy](#)

**2. Commitment and Communication.** A couple should, ideally, discuss their views in depth on the following (in no particular order) family –including in-laws, friendship, children, work ethics, finances, and religion ahead of time with full disclosure, in order to secure the relationship.

**Related:** [How to Communicate to Get What You Need](#)

**3. Flexibility and Understanding.** Both parties should know one another well enough to roll with the punches and support one another in times of need.

## **Shared Values Protect the Relationship**

Many times couples are too caught up in the excitement and the passionate phase of a new relationship and pending marriage to address the important issues stated above. The problem here is that if expectations are implicit and not fully discussed and recognized, this can lead to problems later. If a couple is not prepared as a team for the ups and downs of life (illness, loss of job, problems with children, relocation) and has not discussed the 'what if's, there can be friction ahead and this can drive a wedge into the relationship.

It is wise to remember not only that life throws us curve balls, but that it is our esteem for one another, our shared

points of view and methods of coping that will get us through.

*Susan Shapiro Barash is the author of 13 books on women's issues and is frequently sought after by national media to comment on gender and relationships issues. Most recently, she appeared on ABC's 20/20 to discuss "The Truth About Lying" in marriages. In her recent Huffington Post piece, "It's Wives Who Want More Sex and They Are Getting It," Barash reveals some surprising statistics she found about wives and their intimate relationships.*

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## **Expert Relationship Advice: The Simplest Tip to Save Your Relationship**





By Laurel House for Galttime.com

Sure, he says he loves you even without makeup on, and that's sweet, but that doesn't mean you have permission to now only wear makeup when you get gussied up to go out with the girls!

Remember at the beginning of your relationship as you were shaving your legs and perfectly coiffing your pubs thinking "I can't imagine ever not wanting to take the time to do this..." What happened?

### **...Because He Isn't Suddenly Blind**

Like women, men want to feel wanted, needed and loved. They also want to feel like you are putting effort into the relationship. Just because you've moved in together, or you've been going out for a year, doesn't mean that suddenly he's

blind. You can't just kill off the sexy girl that you once were- the one who seduced him, then wonder why the girl at the office wearing the short skirts and giving him attention is getting his attention back. It's time to put some effort into your relationship!

### **Make Up Your Mind and Your Attitude Will Follow**

But you're just not as attracted to him as you once were? You prefer lounging in sweats at home, keeping your hair in an unkempt ponytail, and wearing your cozy mismatched bra and panties? Mindset is a big part of it. Feel sexy, you will act sexy. Dress up, shave your legs, and adjust your attitude! Flirt with him when you go out. YES, flirt! You may have already gotten him, but that doesn't mean that now you should just talk about that annoying chick at work, the frustrating thing your mom said, how stressed you are that you are gaining weight, and how you found yet another gray hair on your head! Come on now... do you think that's sexy? Do you think that's going to make him want you? Do you think that kind of conversation is going to make you want him? No. The answer is no, it's not.

### **Like Using Your Fancy Silverware**

Similar to using your fancy silverware and china instead of keeping it stuffed in the back of the cabinet (really, what are you saving it for? USE your nice stuff, enjoy it! You only live once...). Wear your sexy lingerie- often! You might think that he doesn't notice it. You might feel like every time you put it on, he is too tired and passes out without getting an eye full of how hot (and uncomfortable) you have secretly been all night! And maybe you're right, maybe he doesn't notice, but he will notice if you're not wearing it...

### **Happened to Me...**

I know because I did it. It happened to me. After one too many "rumors" and inappropriate glances to other chicks, I couldn't



take it anymore. Why was my guy paying so much attention to every hot chick he saw?! After two years, we ended up ending it. A few months later, when we could both be honest without fear of repercussions, I asked him why the roving eye. He said that I stopped trying. I didn't make him feel sexy or wanted. I didn't flirt with him and give him naughty glances and say sexy things under my breath. He became... normal to me- like putting on socks with my running shoes. Just something you do. It wasn't exciting anymore. This is the same guy who I found breathtakingly sexy and couldn't keep my eyes, hands, skin, or mouth off of when we first met.

But remember the first time you put those brand new running shoes on and what a total thrill it was? Same thing... kind of. Like getting all of that coveted china for your wedding, then never using it. Like putting your treasured diamond necklace in a safety deposit box for safe keeping. Why have it if you don't use it. Any night, day, even breakfast can be a special occasion- if you make it one. I know... sexy lingerie isn't as comfortable as cotton panties. Well having a lackluster relationship is worse. Believe me. It's time to try...

AND, GUYS.... RECIPROCATE THE EFFORT, PLEASE.

xx

Laurel

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**Top 5 Hot Hair Tips You  
Should Be Taking from**

# Celebrities



By Dixie Somers

Many celebrities are known for having great hair. It's no surprise that people want to recreate their styles for themselves ... and their partners. Here are five hot celebrity hair tips that can easily get you that fresh look for your next hot date:

## Blunt Bangs

Have you just gone through a rough break up and you're looking to spice up your look? Go with the blunt bangs. Celebrities like Jessica Biel and Olivia Wilde often wear blunt bangs. It's a simple style to have done at a hair salon (or at home with the right experience). To get this look, hair will be combed forward, in front of the face. Then it will be cut straight across to the desired length. An easy way to maintain it is to simply use a flat iron on low heat, or use a round brush and blow dryer.

### **French Braids**

Going on a hike or a fishing trip with your man? It's time to try out the French braids. Rihanna and Anne Hathaway have been spotted many times with this look. It takes only minutes to achieve. Simply choose the desired location of the braid(s) and separate dry hair from that area into three equal sections. Then braid those sections and tie the end. Straight hair is easier to braid and looks neater, so a flat iron can be used for curly or frizzy hair.

**Related:** [Date Idea – Road Trip Your Way to Romance](#)

### **Soft Wave Curls**

Going out for a night on the town with your girls? Hit the club like a celebrity with the soft wave curls. Beyonce and Megan Fox frequently dawn soft wave curls. It's one of the most versatile hairstyles that look great on almost everyone. This look is simple to achieve, all that is needed is hairspray and a curling iron. The first step is to separate dry hair into small sections. The next step is to grab each section, one at a time (holding the hair at the ends), and lightly spray each section. Last, with a medium sized curling iron on low heat, wrap each section around the barrel for about ten seconds.

**Related:** [Beyonce NYC Sleek Styles](#)

## **Sleek and Straight**

If you've got a fancy dinner date with your boyfriend, the sleek and straight is a classy look you can't go wrong with. Mila Kunis and Jennifer Aniston love this look and it only takes two products to get the same results. All that is required is a flat iron and a protective heat spray. First, lightly apply the spray (it will protect hair from excessive heat damage and also add shine). Then, flat iron dry hair by grabbing one small piece at a time. Using a flat iron that is one to two inches is recommended.

## **Slicked Back**

Want to go for something a little different, but still classy? Show your boyfriend you've got the guts to do something new with your hair. The slicked back look is fresh and sexy, so it will turn heads. Jennifer Lawrence and Hayden Panettiere regularly wear this style casually and on the red carpet. It can be worn in two ways. One way is the wet look. To get this style, simply apply hair gel and comb hair in a backward direction. Another way is the soft look. It's the same procedure, just replace the hair gel with hairspray. It may seem simple, but it's in style right now.