### 10 Ways to Give Thanks To Your Partner





By Molly Jacob and Melissa Tierney

It's that time of year to give thanks for all the good fortune we have in our lives. Whether it be a successful career, good health or a great family, there's no better way to celebrate Thanksgiving (or strengthen your relationship) than by acknowledging your partner, lover or spouse. We tend to overlook the person who matters most to us, and that's why we've come up with 10 ways that will show your sweetheart how grateful you are that they're in your life:

1. Make a handcrafted gift: A great way to show your partner that you truly care about them is to give them a present with

- a lot of thought. It shows you took the time to create something special for them, so bring out your creative side and make a handmade memento, such as a knit scarf or painted picture frame.
- **2. Take a trip:** Plan a romantic getaway for the two of you, and create new memories. Instead of spending the holidays with your family and following old traditions, create your own that will hopefully stick for years.

**Related:** Olivia Wilde and Jason Sudeikis Enjoy Weekend Getaway in Boston

- 3. Do their chores: Nobody likes to <u>vacuum</u> or dust, but somebody has to do it, especially if you have guests visiting for the holiday season! Offer to take over whatever household tasks your loved one dreads the most to show that you'll do anything to show them how much they mean to you.
- 4. Create a scrapbook: People love looking at old photos that remind them of good times, so put together a collection of photos and other objects, such as movie ticket stubs, that will bring back fond memories. Not only will your partner enjoy reflecting on your relationship, they'll hold onto this precious scrapbook for years to come.
- **5. Help your partner:** The holiday season can be stressful for everyone, so take the time to see what your love needs help with, such as cooking for a dinner party or holiday shopping. Your partner will appreciate your support during this busy time.
- **6. Say how you feel:** Nothing is more meaningful than the words, "I love you," so why not give thanks by sharing how you feel? Leave a love note taped to your honey's bathroom mirror or packed in their lunch!
- 7. List their best qualities: Although your partner knows you love them, sometimes they might want a reminder about why you

do. Write a list of all their best qualities, and handwrite it or print it out on nice stationary so they'll be able to treasure it forever.

8. Have a romantic night: One of the best ways to give thanks to your companion is to have a nice, simple, romantic evening for just the two of you. Snuggle up by the fireplace with a cup of hot cocoa and enjoy each other's company.

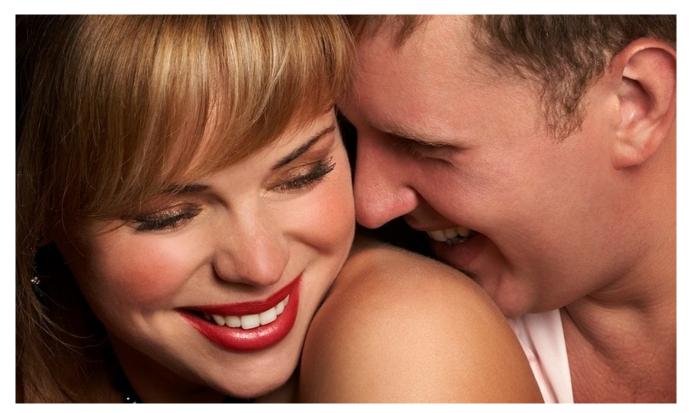
Related: Zac Efron Is Dating Sami Miro

- **9. Start a gratitude journal:** Buy a notebook or journal for the two of you to write down what you appreciate most about each other. This can be great to look back on if you ever face difficult times and serves as a nice reminder about why you two care for each other.
- 10. Say thank you: What better way to give thanks than by saying, 'Thank you for being you"? This may seem simple, but saying these simple words is something we often take for granted.

What other ways can you give thanks to your partner? Share your thoughts below.

# How Celebrities Celebrate Thanksgiving





By Meghan Fitzgerald and Molly Jacob

Thanksgiving is one of the most family-oriented holidays in the United States. Relationships strengthen as families come together in celebration. As fall has now arrived and the leaves have begun to fall, new romances blossom and couples gather at their family houses for a lovely meal. Even celebrities are getting in the spirit of the holiday. Find out how these celebrities celebrate Thanksgiving:

**Ellen DeGeneres:** DeGeneres will be one of the celebrities not eating turkey this season. In 2011, she was Farm Sanctuary's *Adopt-A-Turkey Project* spokesperson, encouraging people to donate money to this organization to adopt a turkey instead of eating one at Thanksgiving dinner. DeGeneres and wife Portia de Rossi are both vegan.

**Oprah Winfrey:** According to *UsMagazine.com*, Winfrey celebrates her Thanksgiving with sweet potatoes spiced with freshly pickled rosemary. She also shared her top secret cranberry recipe with the source. Winfrey keeps a gratitude journal where she records five things she's thankful for. "I've

learned from experience that if you pull the lever of gratitude every day, you'll be amazed at the results," she said.

**Katie Holmes:** Holmes has been spending her Thanksgivings with her immediate family post-split from Tom Cruise. Holmes also runs an annual local turkey trot, according to *Huffington Post*.

**Related:** <u>Making Special Occasions Comfortable for Children</u>
After Divorce

America Ferrera: The actress spends the day with her family and director husband Ryan Piers Williams. While she does her part in the holiday preparations, she says she stays away from the main event: "I don't get very close to the turkey . . . That's not my specialty. I let other people do the Turkey," she told UsMagazine.com.

Related: 10 Ways to Give Thanks to Your Partner

**Kirk Douglas:** Many celebrities volunteer at the Los Angeles Mission on Thanksgiving, and Kirk Douglas is there every year doing his part. The 97 year-old Hollywood icon can be seen dishing up food to those in need. The charity has a center named after his wife, Anne Douglas.

What are some unique ways you celebrate Thanksgiving? Share your experiences below.

#### Is It EVER Appropriate To

#### Date Your Friend's Ex?





By Maggie Manfredi

When it comes to the biffle bible, it is safe to say that the commandment, "Thou shalt not date a friend's ex" is at the top of the list. Friendship is based on trust and honesty and so are monogamous relationships. However, it is always important to follow your heart and to do the things in life that make you happy, so is there an exception to this rule? Possibly, but handle the situation with care. There are many factors and steps to take into consideration before you proceed.

Dr. Deb Castaldo, author of *Relationship Reboot* says, "First and foremost is you must have permission from your friend." So, take your friend out for coffee and spill the ex boyfriend beans. As a third party to their previous relationship, you

should have a good idea of how it ended and if they are on good terms as individuals. Even if the break up was the opposite of Taylor Swift's "Blank Space" music video, you still need to ask your friend if what you are about to do is okay. This shows you care about their feelings and want their respect and blessing. Depending on how the conversation goes, here are 10 things to consider:

- 1. Do not get intimately involved with this potential partner prior to having a conversation with your friend.
- 2. Make sure plenty of time has passed, as it takes awhile to heal after a breakup and your friend will need that time.
- 3. Do not keep secrets from your friend or her exp; in this situation, being open and honest is key.
- 4. Be considerate of your friend's feelings. This person was in their life first so it will be tough for them to picture you filling the same role that they did.
- 5. If your friend says no, it means no. Try not to burn a bridge.
- 6. Don't be afraid to shop around. Dr. Castaldo says, "There are plenty of fish! You may be better off searching elsewhere for a date and a potential mate. "
- 7. If your friend gives you their blessing, ease into the relationship. Be considerate in social settings with mutual friends, and on social media posts.
- 8. Though your bestie may have given you the go-ahead, they still might feel hurt or vulnerable with this new information. Make extra time for them because they have been very good to you.
- 9. If your friend asks you not to date this ex, try not to take it personally. Keep moving forward and be happy to know that your friend is not bullshitting you.

10. Be kind to the people that surround you. You never know when heartache will strike and you will be glad to have real and true friends by your side.

Have you been in this situation before? We would love to hear your perspective! Share with us below.

### Top 10 Most Loving Celebrity Husbands





By Courtney Omernick

It's no doubt that there are many celebrity men we adore and would love to be with. And, there are definitely a few celebrity wives that make us jealous. Below is a list of the most loving celebrity husbands. And, we'd like to remind their wives how lucky they are!

1. Tom Hanks: His marriage to Rita Wilson has set the record in Hollywood with the two being together for 25 years. Tom's stated that it feels like he's been married to Rita for only two years because it's gone by so quickly and he's having so much fun with her.

Related: The First Official Look at Chris Soules on 'The Bachelor'

2. Tim McGraw: Is there a better love story than Tim McGraw and Faith Hill? The country duo has been making it work since 1996 by vowing to never spend more than three days away from each other, creating joint tours, and beautiful love duets.

Related: Ricki Lake Files for Divorce From Christian Evans

- 3. Barack Obama: Yes, being the President is the toughest job in the United States and puts a lot of pressure on the family. But, somehow, Barack makes keeping a marriage together look flawless. Barack always comments on how he couldn't do what he does without Michelle by his side, displays his affection in public, and makes time for his family.
- 4. Justin Timberlake: It's still hard to believe that this guy is off the market, but he makes the best husband! It's been said that Justin's album that was released last year is full of love songs decided to his wife, Jessica, and that when she's at one of his concerts, he sings them right to her.
- **5. Keith Urban:** The country singer fell in love and married Nicole Kidman eight years ago and they have two lovely daughters together. In a recent interview, Nicole talked about

how Keith is an amazing man, would do anything for her, and how he carried her physically and emotionally over the past few months while she was dealing with the passing of her father.

- **6. Michael J. Fox:** Being a star that has battled so much, Michael always lets the press know how much he adores his wife. Michael and Tracy started a foundation to raise money for Parkinson's research and they've been by each other's side since the 80s. Michael was quoted in Redbook Magazine stating, "The best thing that ever happened to me was getting married."
- 7. Ben Affleck: Whenever Ben is on a talk show, you can always find him giving compliments to his wife, Jennifer Garner. And, when Ben accepted his Best Picture Oscar for Argo, he thanked her and openly talked about all of the hard work they'd put into their marriage.
- 8. Brad Pitt: Brad recently married Angelina, but they already have a wonderful history together. He's been by Angie's side through her scare of breast cancer, their multiple adopted children, and more. He's stated that she makes him a better person, and that he's lucky she's in his life.
- **9. Channing Tatum:** The actor met his wife on the set of Step Up, and the rest is history. Channing can't say enough nice things about his beautiful bride and always compliments her as a mom and all-around amazing human being.
- 10. David Bowie: Most people would be surprised that a marriage between a rock star and a supermodel would last two decades. But, in the case of David Bowie, it has. His wife, Iman has stated that David still takes her on date nights and makes her laugh like no one else does.

What celebrity husbands did we miss? Let us know in the comments!

# 10 Celebrity Love Affairs with "Normal" People + 'Beyond the Lights' Giveaway!





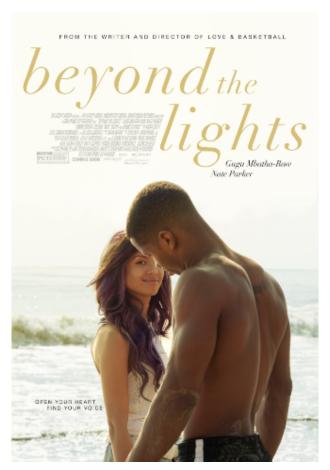
This post was sponsored by Beyond the Lights.

#### By Sarah Batcheller

We all love to see it when a person who lives in the limelight finds love with someone who is so-called "normal" — someone who does their own grocery shopping and works regular hours to make a regular paycheck. Maybe it's because we like to fantasize about the possibility of finding love with a

celebrity ourselves…or maybe it's because romances like these prove that love knows no boundaries.

In the new film *Beyond the Lights*, premiering on Friday, November 14, pop star Noni falls in love with a police officer named Kaz, assigned to protecting her. In honor of the unlikely yet heartwarming relationship depicted in the movie, we've decided to pay tribute to 10 celebrity love affairs with normal people.



'Beyond the Lights' movie poster.

1. Kevin Jonas and Danielle Deleasa: Jonas spotted the former Jersey hairdresser while both were on vacation in the Bahamas with their families. He approached her, and their love blossomed from there. The two are now married and have a daughter.

- 2. Elizabeth Banks and Max Handelman: The *Hunger Games* star met her now-husband, a sportswriter and producer, in college in 1992. Banks converted to Judaism upon marrying her true love, and the couple has two sons.
- 3. Anne Hathaway and Adam Shulman: Hathaway's own princess diaries came true when she married the jewelry designer in 2012, a few years after her previous beau was sent to prison on serious fraud charges.

Related Link: Are Chris Martin and Jennifer Lawrence Back <a href="Together?">Together?</a>

- **4. Jon Bon Jovi and Dorathea Hurley:** The rock legend married his high school sweetheart in a Vegas chapel in 1989. They now have four children together.
- **5. Jessica Alba and Cash Warren:** In 2008, the *Fantastic Four* beauty married the son of actor Mike Warren. They now have two adorable daughters, Honor and Haven.
- **6. Jimmy Fallon and Nancy Juvonen:** Everyone's favorite comedic TV personality married his lover, a film producer, back in 2007. The two, who were introduced by Drew Barrymore, are proud parents to their daughter and golden retriever.
- 7. Julia Roberts and Danny Moder: Roberts met her cameramanhubby on set in 2000 while both were still in other relationships. Since marrying in 2002, the couple has welcomed three children.

Related Link: <u>Jessica Chastain Dishes On Not Dating Other</u> Stars

- **8. Christian Bale and Sibi Blazic:** The brooding *Batman* star married Winona Ryder's former personal assistant in 2000. They now have two children and are active members of various environmental groups.
- 9. Matt Damon and Luciana Barroso: Damon married the former

bartender in 2005, becoming the stepfather to her daughter. Since then, the couple has had three daughters of their own.

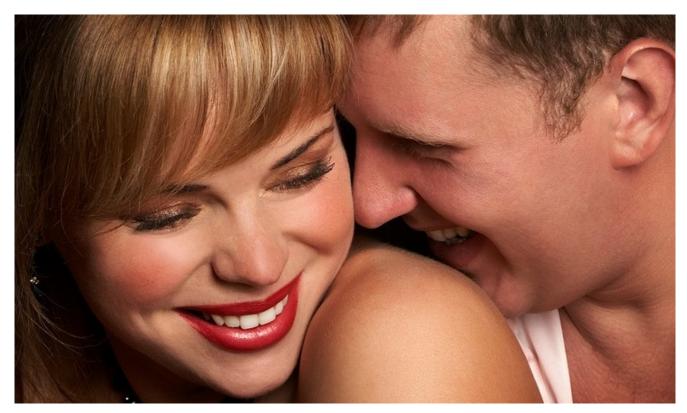
10. Nicholas Cage and Alice Kim: Cage married the former waitress in 2004 while the divorce proceedings of his previous marriage to Lisa Marie Presley were still taking place. Cage and Kim have a son together, who they named Kal-el after Superman.

GIVEAWAY ALERT: One lucky reader will receive a Beyond the Lights prize pack with the following items: branded hoodie, branded lip gloss, branded make-up bag, mini poster, soundtrack digital download, and a \$25 Fandango gift card. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 25th. In the subject line, please write "Beyond the Lights Giveaway." You can also enter on Facebook. You may enter the contest only once. Good luck!

Giveaway is now closed. Thank you to all who participated!

### 5 Ways to Get Your Crush to Notice You





By Molly Jacob

Whether it's the new girl in your office or the cute barista at your local Starbucks that knows how to make your Caramel Macchiato just right, we all get crushes sometimes! The question is, how can you get your devoted to notice you so you can make that transition from crush to significant other? Cupid has some advice:

- 1. Wear some new cologne or perfume: Looking to get the eye of a crush? How about the turn of their nose? Apply some of your best eau de toilette when you know you'll be seeing your future honey. Distinctive smells will get them to notice and remember you.
- 2. Put on something unique: This is also something that can get the attention of your love. Whether it's a bright red headband or a sweater with an interesting pattern, it makes you stand out to your crush and could possibly be a good conversation starter.

Related: Signs Your Crush is Into You

- 3. Pick up on the little things: Being thoughtful is always appreciated. Pay attention to the object of your affection when he or she talks about the joys or stresses in their day. If they mention they have a tough presentation at work tomorrow, ask them in a couple days how it went! Your interest in their life will get them to notice you and your kindness.
- **4. Show an interest:** Your potential boo probably has hobbies and other fun activities they like to do in their free time, so find out about them. Is he interested in football? Ask him about his favorite team. Is she interested in Italian cooking? Ask her for some recipes.

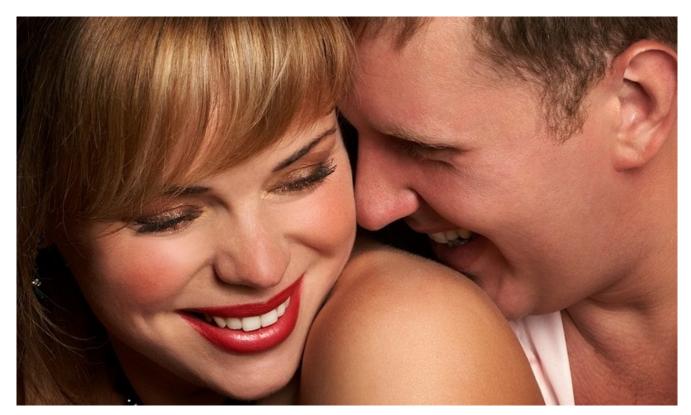
**Related:** <u>New Couple? Khloe Kardashian Parties with French</u> Montana

**5. Body language:** It is nerve-racking to be the person to make the first move, so let your gestures do the talking for you. Strong eye contact, leaning in during conversations, and lots of smiling gets the attention of your crush and lets them know that you're interested in taking it to the next level.

How do you get your crush to notice you? Share in the comments section below!

# 3 Celebrity Men Who Date Women Outside of the Spotlight





By <u>Courtney Omernick</u>

Many times we hear stories about the latest and greatest celebrity couple, but people rarely talk about celebrities who have gone "out of their way" to date "normal" people. Below is a list of a few male celebrities who have chosen to date women outside of the spotlight.

1. Louis Tomlinson: The One Direction mega star decided to find his girlfriend outside of the celebrity world. It has been reported that Louis is currently dating Eleanor Calder, a student at the University of Manchester and former Hollister floor model.

Related: <u>Jennifer Lopez Reveals Ben Affleck Was Her "First Big</u> <u>Heartbreak"</u>

2. Taylor Lautner: The *Twilight* star is currently dating Marie Avegeropoulos. While Marie isn't well known, she does star in the CW show, *The Hundred*, which premiered in March 2014.

Related: Find Out Why Kris Jenner Is 'Livid' at Bruce Jenner

**3. Tom Felton:** The famous *Harry Potter* star fell in love with his current girlfriend while acting in the major film series. Jade Olivia met Tom on set as she was the film's stunt coordinator assistant.

What other celebrity men are dating women outside of the spotlight? Comment below!

# Flirting While In A Relationship: Is It OK?





By Katie Gray

A common question couples are faced with is, "Is it okay to

flirt while I'm in a relationship?" Another is, "If I'm flirting while I'm in a relationship with someone, is it considered cheating?" These are not always simple 'yes' or 'no' answers, as it truly depends on the individuals in the relationship, the degree of flirting, the context of the relationship and many other factors. Obviously, if one of the partners in the relationship is doing more than flirting — that is a big no, no. Clearly, if one partner is just giving someone else an innocent compliment — that is quite alright. The answers and options aren't always crystal clear, however. Cupid has some advice:

#### 1. Get on the same page:

It's often difficult to detect whether flirting in a relationship is harmless or hurtful. Because; the truth is, it can be both. There are a lot of people who believe that flirting is healthy, even if you are in a relationship and indeed committed to that person. Then there are many who adamantly believe that you shouldn't flirt at all if you're serious with someone else. Some claim it's just being friendly, while others say it's cheating. The real way to determine this; is to communicate with your partner and set boundaries. You two should both be on the same page and come to a mutual agreement.

Related: <u>Duchess Kate and Prince Harry: Is it Flirting?</u>

#### 2. Define "flirting" with your partner:

Everyone has a different definition of what 'flirting' actually entails. If the nature of the flirtations are sexual, that is not okay. You should be devoted to the person you're in the relationship with, otherwise you should get out of it. Maybe there are some exceptions if it's meant in a joking and/or sarcastic nature, but that's playing with fire. If you are being secretive and keeping your flirtations a secret from your partner, that is a sign that you shouldn't be doing it.

Another sign it's wrong, is if you feel the need to make excuses and rationalize. If your partner is jealous, that doesn't constitute a good reason to hide something. You should respect how they feel and address it with them. Bravo reality star and relationship coach, Dr. Heavenly says, "I believe it all depends on the relationship." She explains, "I have seen couples that think it is fun to flirt with the opposite sex as long as they don't go too far. Some people find it exciting and they bring that excitement back home to their bedroom. However; I think flirting can be harmful if the person on the receiving end takes it too seriously." It's best for couples to set their own guidelines.

Related: Katy Perry Is Caught Flirting with a New Man

#### 3. Don't set yourself up for failure:

Tiffany Mason, author and owner of Mason Coaching and Consulting, says, "Whether you are in a committed long-term relationship or you recently started dating someone, flirting should not even be in your vocabulary. There are no exceptions when it comes to flirting with someone else other than your partner. You are only setting yourself up for failure if you are even thinking about flirting with someone else."

#### 4. Make sure to measure personalities:

You must take your partner's personality into consideration. Christina Pesoli, relationship expert and breakup coach, blogger for *Huffington Post*, and author of *Break Free from the Divortex*, says, "The best way to evaluate whether flirting is okay or not is to view in context with a person's overall personality. Some people are more flirtatious by nature. If you get into a relationship with someone who is flirtatious by nature, that side of the personality is not a secret to you." She added, "I don't think it's fair or healthy (or fun) to expect them to stop being flirtatious. There's a difference of course, between flirting and having an emotional affair — and

it's true that every affair (emotional or physical) likely began with some flirting."

The real conclusion is that people will always have a different opinion on this, so it's best to discuss it with your partner and find out how they truly feel. That's the only person who should matter on this subject.

### Our Favorite Celebrity Couple Halloween Costumes





By Molly Jacob and Nisha Ramirez

As a child, Halloween is all about trick o' treating and

competing for the title of Candy Ghoul. As a single adult, Halloween means being voted best costume at your Halloween monster bash. As a couple, Halloween is about finding the perfect costumes that will showcase your partnership. And as a celebrity couple, Halloween is all about stepping out as a duo without a budget. Check out our favorite celebrity couple Halloween costumes for inspiration this All Hallows Eve:

- 1. Gisele Bundchen and Tom Brady: Lions, tigers, and...Patriots, oh my! Gisele Bundchen and Tom Brady went for a classic look last Halloween when they dressed up as Dorothy and the Cowardly Lion from the Wizard of Oz. Bundchen, holding a basket with a toy Toto inside, posted an Instagram photo of the adorable couple kissing with the caption, "Having fun with my Lion last night!"
- 2. Lauren Conrad and William Tell: Here's some inspiration for you DIYers: even celebrities like to craft! Lauren Conrad created her tooth fairy costume for Halloween 2013, and her husband (then fiancé) William Tell dressed as a dentist. While Conrad didn't make her own dress for her beautiful wedding last September, she did use her DIY skills for some finer touches.

Related: Lauren Conrad Ties the Knot with William Tell

- 3. Neil Patrick Harris and David Burtka: Neil Patrick Harris and hubby David Burtka, known for their elaborate Halloween outfits, didn't disappoint in 2013 with their Alice in Wonderland themed costumes. Harris and Burtka, dressed as Tweedledee and Tweedledum, made it a family affair when they put their three-year-old twins in Alice and White Rabbit costumes. We can't wait to see what the family dresses as this Halloween!
- **4. Bryan Greenberg and Jamie Chung:** Love is all you need! At least, according to Bryan Greenberg's and Jamie Chung's Halloween costume. The actor couple, who plans to get hitched

sometime in 2015, rocked out in an ensemble inspired by another famous duo: John Lennon and Yoko Ono.

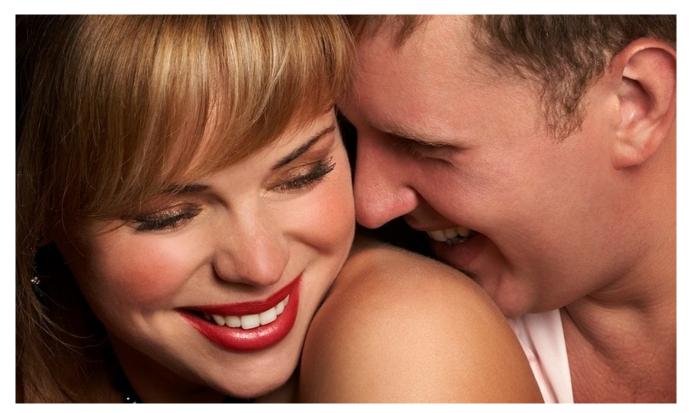
Related: Best Celebrity Inspired Halloween Candy Choices

- **5. Fergie and Josh Duhamel:** It's a scary holiday, so why not be just as frightening? Fergie and Josh Duhamel donned heavy face paint and creepy skeleton costumes in 2013 to celebrate the Day of the Dead. Fergie, whose great-grandmother is Mexican, and Duhamel were inspired by *Dia de los Muertos*. Many famous couples, such as Kate Moss and husband Jamie Hince, also dressed up last year in matching outfits inspired by this holiday.
- **6. Matthew Morrison and Renee Puente:** Quentin Tarantino would be proud of *Glee* star Matthew Morrison and his wife Renee Puente. Last week, the newlyweds dressed as characters from the cult hit, *Pulp Fiction*, for Morrison's annual Halloween (and birthday) party. Staying true to the movie, Morrison (dressed as Vincent Vega) and Puente (as Mia Wallace) even danced like their characters during an interview with *E! News*.

What are your favorite celebrity couple Halloween costumes? Share your comments below.

# 5 Celebrity Couples Who Dress Up For Halloween





By Maggie Manfredi

Halloween is tomorrow, and already the celebrities are out and about donning a wide range of crafty costumes as they take to the streets. From classic Disney characters to trendy media ensembles, it seems like this spooky season will be a creative one for the A-list community. There are a few celebrity couples that always give their all for this haunted holiday, so we are counting down the top five celebrity couples who dress up, and party down for Halloween:

- 1. Fergie and Josh Duhamel: This couple's rocky past is long behind them as they currently stand strong and are one of the cutest little families. The duo has pulled off some spectacular couple's costumes in the past, so we expect nothing less in 2014. Couple costume prediction: weather and the weather man (Fergie would totally rock the wind-blown look and Josh could definitely bring the corny).
- 2. Neil Patrick Harris and David Burtka: This couple always brings their A-game for trick-or-treating. They like to keep it all in the family with their adorable twins in tow. Couple

costume prediction: Something a-la The Wizard of Oz or possible A Midsummer Night's Dream. We expect that the pair will stay in with the twins for candy and family fun, and we're hoping for something as good as their Peter Pan foursome a few Halloweens back. In honor of Neil's recent hosting gig, it's bound to bean academy award winning movie cast.

- 3. Hugh Hefner and Crystal Harris: On the 31st, we tend to see a lot of "bunnies" attending parties and hitting the clubs. But we are excited to see what the real household members of the playboy mansion will wear this year. Couple costume prediction: Romeo and Juliet. There hasn't been a great deal of consistency in the past from the playboy possy, so we predict Crystal and Hugh will pick a famous couple from literature.
- **4. Cindy Crawford and Rande Gerber:** According to UsMagazine.com, Crawford and Gerber have already gotten this Halloween party started. The couple threw it back with a convincing couple costume as Cher and Gregg Allman. We give it a groovy two thumbs up!
- 5. Lauren Conrad and William Tell: These newlyweds have always solidified their spot for cutest couple even when they're not in costume. Whether tooth fairy and dentist or Mary Poppins and Bert the chimney sweep, LC and Tell can pull off anything! Couple costume prediction: Prince Charming and Cinderella...Because the shoe just fits.

Have a celeb couple you love, want to predict their costume? Share it all below!

# Best Celebrity-Inspired Halloween Candy Choices





By <u>Jessica DeRubbo</u> and Molly Jacob

Each year, October 31st brings with it a chance to carve the face of KISS frontman Gene Simmons in your pumpkin, dress up as a sexy version of Jasmine from *Aladdin*, dance to the "Monster Mash" at a masquerade with your honey and, most importantly, stuff your face with as much sugary goodness as you can possibly muster. Even though you'll most likely be clutching your aching stomach the next morning, Halloween and candy are inseparable, because you simply can't have one without the other.

Hollywood isn't innocent either when it comes to indulging in candy on All Hallows' Eve. Celebrities may stay in shape

thanks to strict diets, but everyone has been known to splurge once in a while. In fact, places like Dylan's Candy in New York City honor those celebrity sugar binges by dedicating a whole wall of treats to all of their favorites. Here are five candies that have been officially endorsed (at least verbally) by some of your favorite Tinseltown hotshots:

1. Reese's Peanut Butter Cups: Neil Patrick Harris has a sweet tooth along with his funny bone. The "Gone Girl" star told Entertainment Weekly that the peanut buttery sweet is his favorite movie theater snack. "They are like the crack cocaine of the candy world," said Harris.

Related: Neil Patrick Harris is Married

- **2. Hi-Chews:** Ryan Gosling, according to an interview with *Esquire*, has a candy obsession and "speaks of it the way rich men discuss wine." While Gosling loves many forms of goodies (excluding anything chocolate), he is particularly partial to Hi-Chews. "It's the candy that never quits on you," says Gosling.
- 3. Swedish Fish: While Justin Bieber is known for his love of Sour Patch Kids, the superstar has had a change of heart. Bieber told the *Montreal Gazette* that he is done with his addiction. According to Bieber, his fans kept bringing him the candy to his shows, "so I kept eating them and now, if I eat another Sour Patch Kid, I'm probably going to just throw up." He now sticks to Swedish Fish when he's in the U.S. and Big Foot gummies when he's in Canada.

Related: Justin Bieber and Selena Gomez Reunite at Coachella

**4. Sugar Daddies:** Khloe Kardashian favors Sugar Daddies, according to Wonderwall, and the reason behind it only partly has to do with its taste. She says the hard candy reminds her of her dad because he loved Sugar Daddies. "I just love anything bad for you. Anything bad is good," says Kardashian.

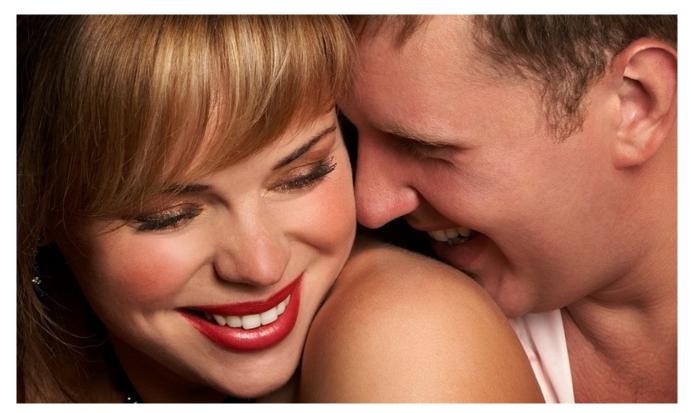
5. UNREAL Candy: Not every celebrity's sweet tooth has to be unhealthy. According to Yahoo!, celebrities such as Tom Brady, Giselle Bundchen, Twitter founder Jack Dorsey and Leonardo DiCaprio are endorsing this "junk-free" brand, which offers alternatives to traditional treats. In a statement DiCaprio said, "By working together to better understand the health of both people and the environment, we can produce healthier food that will benefit large populations of people while minimizing our impact on the planet."

Whether you prefer sweet, sour or chocolaty varieties of candy in your trick-or-treat sack, and whether you're an accountant or a movie star, sugary treats have always been a staple on Halloween.

With that in mind, what's your favorite candy, and why? Share your thoughts below.

#### 10 Fun Halloween Date Ideas





By Emily Meyer

Halloween is just around the corner. This spooky holiday can make for one of the best and most fun date nights for you and your beau. How can it not be fun when you're able to get scared with your partner, have an arm to squeeze and a place to bury your face when you're too afraid to look? Cupid is here with 10 exciting and — maybe a bit frightening — date ideas to help you run into your partner's arms this Halloween:

1. Pick out costumes together: You are never too old to dress up for Halloween. Whether it's two objects that go together like salt and pepper, or an infamous duo like Barbie and Ken, bonding and spending time with your partner in your costumes will be entertaining enough.

Related Link: 10 Signs That You're in Love

2. Decorate for Halloween: There is no better way to get in the Halloween spirit than by decorating your house inside and out. Spend a day with your partner making DIY crafts and finding the most frightening decorations to hang all around your home.

- 3. Plan a murder mystery dinner party: Host a murder mystery dinner party with your partner that your guests will never forget. Start by assigning all of your guests a role to play, one of which is the murderer. During the course of the party, your guests will try to figure out is the mystery. Not only will your party be unique, but it will be a fun way to get into the Halloween spirit with your partner and your friends.
- **4. Scary movie marathon:** What better way to get comfy and cozy with your partner than by watching a scary movie? Take a night and pick out a slew of movies that you and your date will enjoy. Try watching an extra scary movie like 'Saw,' and if that's not your thing, find a more "feel good" Halloween movie like 'Hocus Pocus.'

Related Link: Five Things No One Wants To Hear On a Date

- **5. Take a haunted house tour:** Many cities across the country are now releasing the scariest haunted houses in your area. Go with your partner on a house tour and have a reason to cling onto each other all night.
- **6. Tell scary stories by a campfire:** Break out the hot chocolate or adult beverage and cozy up by a campfire with your date and friends. Tell your favorite scary ghost stories; hopefully everyone will move a bit closer to their dates.
- 7. Carve pumpkins: Carving pumpkins has been a Halloween tradition for decades. Start by going to the pumpkin patch with your date and picking out the best pumpkins you see. From there, enjoy a nice evening relaxing and having fun carving your pumpkins in whichever way you like.
- 8. Go to a local amusement park: During the month of October, many amusement parks have Halloween-themed nights that can be great scary dates for you and your partner. Whether you want to just enjoy the rides in the romantic moonlight or actually

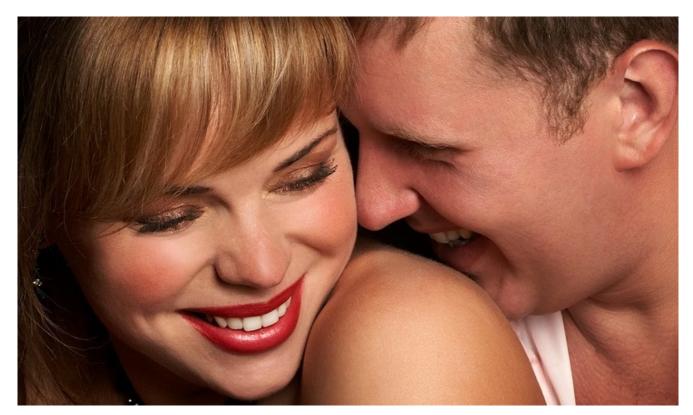
get scared by the frightening decorations of the park, it will be a night to remember.

- **9. Go on a picnic in a graveyard:** Get your blankets and food ready, and go on a picnic with your date in a graveyard. This frightening date will be sure to get you ready for October 31st.
- 10. Get lost in a corn maze: Many local farms put on a haunted house-themed maze where people are just waiting to pop out at you. This haunted evening gives you and your date the perfect opportunity to jump into each other's arms.

Cupid wants to know: what did you and your partner do last Halloween? Tell us in the comments below!

# How to Defend Against Four Emotional Vampires





By Judith Orloff, MD

Adapted from the new book, "The Ecstasy of Surrender"

Many of us are drawn to emotional vampires. From bullies, to clingy lovers, to complainers, emotional vampires wear many different disguises. Intentionally or not, these romantic partners can make us feel depressed, overwhelmed, defensive, wiped out, and angry.

It's important to figure out why you choose to date people who deplete your energy. Then, you need to learn self-defense strategies to keep them at bay. If you don't, you could become a victim of the emotional vampire and develop unhealthy behaviors and symptoms, such as overeating, isolating, mood swings, or fatigue.

Below are four common types of emotional vampires you may unwittingly get involved with, adapted from the book *The Ecstasy of Surrender*, along with some "silver bullet" tips for fending them off.

Type #1: The Passive-Aggressive Person. This type of vampire expresses anger with a smile or exaggerated concern but always

maintains their cool. They are experts at sugar-coating hostility.

**Self-defense Tips:** Let go of self-doubt and trust your gut reactions. Tell yourself that you deserve to be treated more lovingly. Address their behavior. In a calm, firm tone you might say, "I would greatly appreciate it if you can be on time when we go out to dinner." If nothing changes, keep setting limits with this person and scale back on the time you spend with them.

**Type #2: The Narcissist.** For this vampire, everything is about them. They are ego-centric, self-important, and starved for admiration and attention. They may be charming and intelligent until their guru status is threatened.

**Self-defense Tips:** Enjoy their good qualities, but have realistic expectations. Their motto is "me-first," so getting angry or stating your needs won't have any effect on them. Beware of this type, because narcissists lack empathy and are incapable of unconditional love. You may be able to get their cooperation by appealing to their self-interest and showing them how your request will benefit them.

**Type #3: The Anger Addict.** This vampire deals with conflict by accusing, attacking, humiliating, or criticizing. Some anger addicts withhold things, or resort to using the silent treatment to punish you.

**Self-defense Tips:** Don't let their anger wear down your self-esteem. Pause when agitated. Take a few slow breaths to relax, and do not respond until you are in a centered place. Try to stay neutral and balanced, and disarm the person by agreeing with them or acknowledging their position. Then state your case. It's also useful to empathize with anger addicts. Ask yourself what pain or inadequacy makes them so angry.

Type #4: The Guilt Tripper. These types are world-class blamers, martyrs, and drama queens. They know how to make you

feel bad about something by pressing your insecurity buttons.

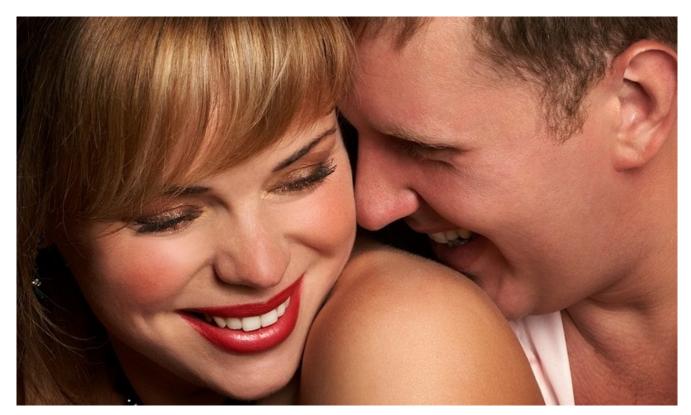
**Self-defense Tips:** Let go of the notion that you have to be perfect. Everyone makes mistakes. If you feel really guilty, find a private place and let yourself cry. You can also reply with a positive statement such as, "I can see your point of view. But when you say \_\_\_, my feelings are hurt. I'd be grateful if you didn't keep repeating it."

\* \* \* \* \*

Judith Orloff MD is a UCLA psychiatrist and author of "The Ecstasy of Surrender: 12 Surprising Ways Letting Go Can Empower Your Life". A New York Times bestselling author, Dr. Orloff teaches workshops nationwide, has given a TED talk on this book, and has appeared on The Dr. Oz Show, Today, PBS, CNN, NPR, and many others. Learn more at www.drjudithorloff.com.

### Celebrity Couples Who Rocked the Cradle





By Emily Meyer

It's not a secret that there are quite a few cradle robbers in Hollywood. Although these celebrity couples span multiple generations, so far they have stood the test of time in the limelight. These couples sure aren't letting age get in the way of their relationships. Below, Cupid has five celebrity couples who are continuing to live happily in ageless love:

1. Megan Fox and Brian Austin Green: This handsome couple certainly does not mind their 13-year age gap. Although both actors have stayed busy, since getting hitched in 2010, the couple has also welcomed two little boys. The Greens continue to be in marital bliss and only seem to be growing stronger as a pair.

Related Link: 5 Reasons Why You Should Date Someone Who's Older Than You

2. Ellen DeGeneres and Portia de Rossi: Even though their 2008 marriage caused quite a stir, most people don't even realize that this famous couple has a large age difference. However,

their 15-year age gap has not stopped the couple from being together since 2004. This power duo has led the way for other same-sex couples to also take a trip down the aisle.

3. Harrison Ford and Calista Flockhart: After meeting at the 2002 Golden Globes, not only did sparks fly, but so did a glass of wine. Even if it was a spilled glass of wine that brought these two together, it seems to have worked because the pair has been together ever since. The strong and talented couple is not dwelling on their 22-year age gap.

Related Link: <u>Celebrity Couples That Have Bounced Back After</u>
Cheating

- 4. Johnny Depp and Amber Heard: After meeting on set in 2010, this mysterious and timeless couple was not actually romantically linked until 2012. The couple has since gotten engaged earlier this year. Nonetheless, the 23-year age difference sure looks good on them.
- 5. This couple takes the crown for having the biggest age gap in Hollywood 6 decades to be exact. Hefner and Harris did not let their 60-year age difference prevent them from getting married and starting a life together. Hefner once tweeted wise words: "When you're in love, age is just a number."

What other celebrity couples have a large age gap? Share what you know in the comments!

# Does Your Dating Radar Need Some Tuning?





By Maggie Manfredi

Swimming through the 21st century dating pool can be a complicated endeavor. Not only are you searching for a soulmate but you have to doggy paddle your way through cringeworthy dating apps, dating websites with a price tag or crowded bars with minimal lighting. It's no easy feat and according to psychologytoday.com, "It's been found that 81 percent of people lie on their online dating profiles, most often about their age, height, weight, and earning power—and that doesn't include photo shopping." So before you go out there with all the liars and the dirty, dirty cheats of the world, you need to make sure your dating radar is as active as your tinder inbox.

1. Be honest with yourself and with others: You can't prevent people from telling you falsities to make themselves look better but you do have control over your own actions. Everyone

has experienced that moment where your finger hovers over the send button as you over analyze every single word in the conversation. Make it easier on yourself and simply make sure your words are truthful.

Related: Should You Date Someone Going Through a Divorce?

- 2. Don't get stuck in the cyber limbo: So you've started chatting with a cutie on OkCupid. You're chatting, and chatting some more...Warning: you are getting caught in the cyber limbo. If you don't feel a spark don't drag along a boring conversation. If you get butterflies every time you get a notification, do not be afraid to make the first move. (Dating app tip, make sure the first in person encounter is at a public place that you are comfortable at or have been to before.)
- 3. Be prepared for rejection: If you are lucky you will get some dates with some interesting people. Not every date is going to be a love connection, that's a fact. Sometimes you may be thinking there is something there but the other person is just not that into you, remember that this is okay. For a monogamous relationship to work there has to be mutual adoration and respect. When you go for drinks or grab a coffee don't set your expectations too high. Dating is supposed to be fun and if someone says thanks but no thanks, think of it positively, as one step closer to love.

Related: 10 Signs That Your relationship Has Hit a Dead End

4. Keep it simple: With all the different dating resources you might find yourself getting caught up in the many ways to meet people. Dating app tip number two, limit yourself to one or two apps/websites so that you do not drown in eligible bachelors or bachelorettes. Though these apps are the greatest because you can find a date while sipping wine in your pajamas, remember that there are plenty of singles out there right now just waiting to meet you in person. So get out

How do you survive singledom? Share your comments below!

# 10 Films About First Love that Make You Want to Fall in Love All Over Again + A Giveaway!





This post is sponsored by The Best of Me.

By <u>Sarah Batcheller</u>

It's not hard to remember being a teenager, curling up on the couch with your mom, your best girlfriends, or your first boyfriend, hitting the lights, and watching a movie about first love. In those days, the stories of the star-crossed, wild-at-heart, or shy lovers were peepholes into what you hoped would be your own love story one day. They inspired you to see the potential for love in each day and to be wholly devoted when you found it yourself. Even though you're a bit (or a lot) older now, you may find yourself in a situation and still think, "Oh my gosh, this is just like that scene from The Notebook!"

It's no surprise that film adaptations of novels by Nicholas Sparks have received widespread acclaim for portraying loves of the century. This Friday, yet another of these Sparks stories is premiering on the big screen: *The Best of Me*. Cupid was inspired by the new movie to bring you a list of our favorite films about first love (in no particular order). Spoiler alerts ahead!

1. The Notebook: We had to start our list with The Notebook. In the film, Allie and Noah meet as teenagers. Noah lives in a small town in South Carolina where Allie's family vacations in the summer. They are torn apart when Allie's parents, who despise Noah for his lower-class status, force their daughter to go home early. The ups-and-downs they endure through the years — both together and apart — make for an epic love story. The most beautiful part is that the tale is being told by an elderly Noah to his wife Allie, who has dementia. Cue the tears!

Related Link: 5 of the Sweetest Movie Moments

2. The Girl Next Door: This one you probably didn't watch in your pre-teens, but it's still a pretty epic love story. Matthew, a high school student looking to attend Georgetown University, falls in love with Danielle, the girl who moves in

next door. Matthew finds out from his friends that Danielle is an ex-adult film actress and accidentally insults her for it. He wins her back but not before an intense encounter with her ex-boyfriend.

- 3. Never Been Kissed: Josie Geller, a writer for the Chicago Sun-Times, poses as a high school student in order to write a piece meant to inform parents on their kids' behavior. Josie, who was a nerd in high school, is forced by her boss to become one of the popular kids in order to beat out other newspapers with the more interesting stories. While working on the assignment, she falls in love with her English teacher Sam. She nearly loses him when he discovers her true identity but hopes that her newspaper article will win him back. You'll have to watch and see what happens!
- 4. A Walk to Remember: This Nicholas Sparks tale is the tearjerker of all tear-jerkers. Landon and Jamie first meet when
  Landon is being punished for playing a horrible prank on a
  classmate. Despite teasing from Landon's friends, they become
  close when Jamie begins helping Landon with his lines for a
  school play. They begin a beautiful relationship, and Landon
  helps Jamie achieve her list of things to do in her lifetime,
  a lifetime that will be cut tragically short by terminal
  leukemia. He stays by her side as she battles her illness,
  and true to his dedication to help her achieve the items on
  her list, he marries her in the same chapel her parents
  were wed. Ultimately, his first love changes Landon for the
  better.

Related Link: 5 Best Steamy Movie Kisses

**5.** The Best of Me: This film, being released this Friday, October 17th, has been widely anticipated by Nicholas Sparks fanatics and romance movie junkies alike. The story follows Dawson and Amanda, who were high school sweethearts. Twenty years after their split, they reunite in their hometown to attend the funeral of a close friend. Amanda is now married

and a mother, but the passionate love she once felt for Dawson ignites again. We can already see ourselves curled up on the couch with our besties, rooting for these characters to find their happy ending (although we know better than to think that with Sparks at the wheel!).



A young Dawson and Amanda in 'The Best of Me'. Photo courtesy of Relativity Media / Mammoth NYC.

- **6. Sweet Home Alabama:** Melanie and Jake fell in love as kids and eventually married. When Melanie left him to pursue a career as a fashion designer in New York City, Jake refused to sign their divorce papers. Melanie, who has hidden her Southern roots with a fake last name, travels home to Alabama upon becoming engaged to the mayor's son Andrew and hopes to end her first marriage. While in Alabama, she remembers what she loves about her friends and family. Soon enough, Andrew shows up and discovers the truth about his fiancé. What happens next is anyone's guess!
- 7. Like Crazy: Jake and Anna meet in college in Los Angeles,

where Anna is an exchange student from London. They immediately fall in love, but as soon as graduation hits, her student visa expires. Anna's legal troubles continue, and the couple has to fight even more for the love they share.

- 8. My Girl: This tragedy is particularly heart-wrenching. Vada struggles with understanding life because of her father's profession as a funeral director, because she lives in a funeral home, and because she blames herself for her mother's death, which occurred shortly after she gave birth to Vada. Her best friend Thomas accompanies her everywhere, even on her frequent visits to the doctor's office (living in a funeral home has made her a hypochondriac). A tragic loss causes Vada to struggle even more but not before she discovers what true love is.
- **9.** *Grease*: We all know the lyrics to this upbeat soundtrack, don't we? Sandy and Danny fell in love over the summer, but sadly, Sandy has to return to her home in Australia. Suddenly, though, her parents decide to stay, and Sandy heads to Rydell High School, where Danny attends. Danny, who is a greaser, tries to keep up his macho act in front of his friends, upsetting good girl Sandy. Of course, thanks to music, the two eventually end up back in each other's arms.

Related Link: From Bestseller to Film comes 'The Fault in Our Stars'

10. The Fault in Our Stars: Hazel and Augustus meet in a cancer patient support group in Indianapolis. Augustus's illness caused him to lose his leg, while Hazel's cancer is slowly destroying her lungs. The two become close and agree to read each other's favorite novels. They track down the author of Hazel's nominated book down in an effort to find out answers regarding the sudden, mysterious conclusion of the book. Based on a true story, their journey is sure to tug at your heartstrings!

These wonderful movies can really help you understand what all different types of love can look like but even with hundreds of movies out there, it is sometimes extremely hard for a man to know when a woman is attracted to you sexually if there are no clues or signs. Hopefully, these movies will give you some tips and clues.

GIVEAWAY ALERT: One lucky reader will receive a *The Best of Me prize* pack, including a branded hoodie, branded lip balm, branded tote bag, branded Kleenex box, branded coffee mug, *The Best of Me* book by Nicholas Sparks, a soundtrack from the film, a mini poster, and a \$25 Fandango gift card. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on October 30th. In the subject line, please write "The Best of Me Giveaway." You can also enter via Facebook. You can enter the contest only once. Good luck!

Giveaway is now closed. Thank you to all who participated!



Photo courtesy of Relativity Media / Mammoth NYC.

## 5 Celebrities That Have Been Adopted





By Courtney Omernick

It's no secret that Brad Pitt and Angelina Jolie love adopting kids. But, what about the celebrities out there that have been adopted themselves? Below is a list of five celebrities that were adopted. And, the list might surprise you.

1. Marilyn Monroe: The blonde bombshell was actually abandoned by her widowed mother at a young age, and she spent most of her childhood in foster homes.

Related: AshLee Frazier Opens Up About Being "Most Hated" on 'Bachelor in Paradise'

2. Bill Clinton: Like Marilyn Monroe, the 42nd president was also born to a windowed mother and was sent to live with his grandparents as a child. He is the second president to have ever been adopted.

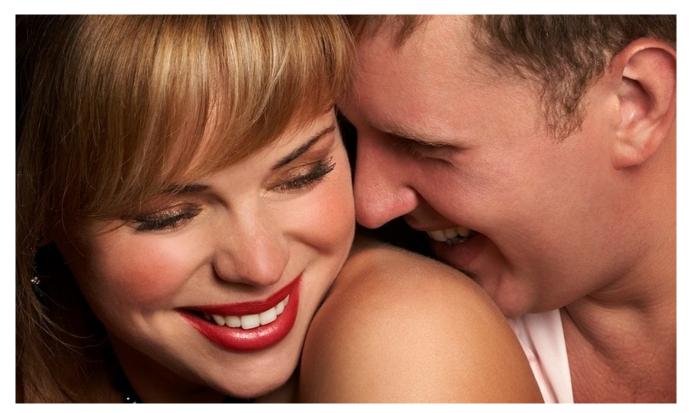
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- **3. John Lennon:** The "Imagine" singer was adopted by his aunt after his father went AWOL while on a naval ship, and his mother was unable to care for him.
- **4. Nelson Mandela:** Nelson Mandela was adopted at the age of nine by Chief Jongintaba Dalindyebo, the acting regent of the Thembu people, after his father passed away.
- **5. Priscilla Presley:** Priscilla's father was a UN Navy pilot and died in a plane crash when she was six months old. Afterwards, her mother remarried, and Priscilla was adopted by her mother's second husband.

What other celebrities have been adopted? Comment below!

## You and Your Significant Other Can't Have Kids: Should You Adopt?





By <u>Courtney Omernick</u>

Making the decision to have children is definitely one that takes some thought. But, if you can't have children the natural way, the adoption process is a whole different thing to think about. Should you or shouldn't you adopt? Hopefully, Cupid's advice below will help make the decision process easier:

1. Get in touch with your emotions: It's very important that you and your partner make sure that you want to adopt a child for all the right reasons before getting involved in the process. Are you doing this out of guilt? Are family members or friends pressuring you into the situation? Make sure you're doing this because you truly want to.

Related: <u>Kendra Wilkinson Gives Husband Hank Baskett Second</u>
<a href="https://doi.org/10.1007/journal.com/">Chance After Infidelity</a>

2. Assess your current situation: Secondly, you and your partner are going to want to make sure that even though you may want a child, this is the best possible time to do so. Are

you finically ready? Are you ok with the fact that this child may need time to adjust, extra love are care, etc? Get ready to ask yourself a lot of thought provoking questions.

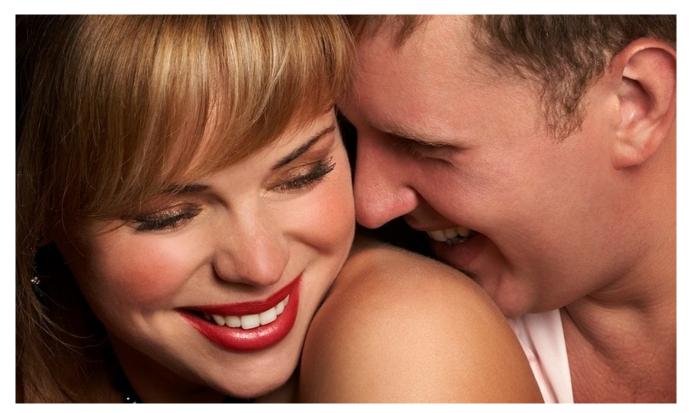
**Related:** <u>Jason Derulo Broke Up With Jordan Sparks Over the</u> Phone

3. Determine your support: Do you and your significant other have family members or friends that are willing to help you take care of the child when need be? Or, can you fall back on certain family members financially if the situation arises? Also, it might be important to consider your employer's benefits. Sometimes companies will provide financial assistance in adoption situations.

Should you adopt? What are some reasons pro or con? Share in the comments section below!

#### 5 Celebrity Bachelors That Take Care of Their Moms





By Courtney Omernick

Mother's Day is long gone, but that doesn't mean the men of Hollywood have stopped taking care of their moms. Below, Cupid has a list of Hollywood's top guys who make sure their mothers are taken care of:

- 1. Shia Labeouf: When he's not on the red carpet, Shia can be seen spending time and taking care of his mother. Shia even stated during an interview with Playboy that his mother is, "the sexiest woman alive."
- 2. Leonardo DiCaprio: These days, photographers can't seem to get enough of Leo and his mother. They're constantly caught having lunch together, vacationing, and more. It has also been reported that Leo won't date anyone that his mother doesn't approve of! Talk about a good son.
- **3. Ryan Gosling:** As if we needed another reason to love him! Ryan makes sure his mother gets star treatment by bringing her to every premier. He even asked Meryl Streep pay his mother a compliment at the 2007 Oscars because she was worried about

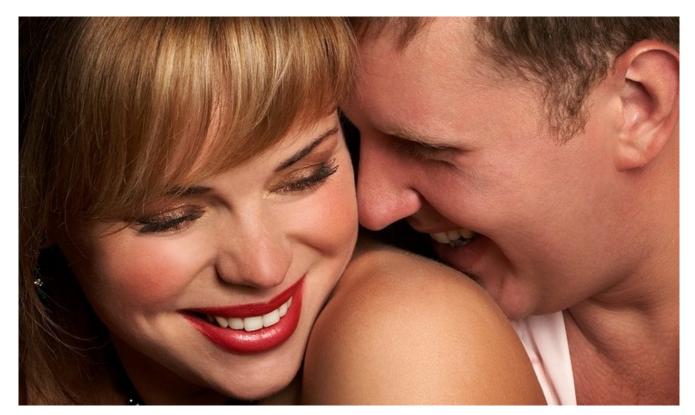
her hair.

- **4. Sean Combs (P. Diddy):** P. Diddy may present himself as a 'tough guy,' but really, he makes sure his mom is taken care of. Like Ryan Gosling, P. Diddy enjoys taking his mom to red carpet events, and making sure she owns the best of everything.
- **5. Zach Braff:** Not only does the 'Scrub' star take care of his mom, but he makes sure that she has an active role regarding his life decisions. When Zach bought a motorcycle, he stated that if his mom disapproved, he would take it back to the store in a heartbeat.

What other celebrity bachelors take care of their mothers? Share in the comments!

## 10 Signs That Your Relationship Has Hit a Dead End





By <u>Courtney Omernick</u>

The popular saying, "All good things must come to an end" can also apply to relationships. Sometimes, unfortunately, you've hit a lull, and there's nowhere to go, but your separate ways. How can you tell if it's time to move on or just time to try harder? The signs aren't always clear. Cupid has provided some key hints below!

1. He/She isn't supportive of your interests outside of the relationship: Sure, not every couple loves all of the same things, or likes all of the same activities. But, if you're significant other shows no sign of interest in anything that you do (work, volunteer opportunities, personal interests) outside of your relationship, it might be time to call it quits.

Related: Kris Jenner Officially Files for Divorce from Bruce Jenner

2. You fight more than you have fun: If your bad times are outweighing the good and it just isn't fun anymore, you might

be at a dead end. Arguing causes stress, but if you're relationship seems more stressful than relaxing, then that's definitely a warning sign.

**Related:** <u>Bow Wow and Erica Mena Are Engaged After Dating 6</u>
Months

- 3. What future?: If the furthest into the future you've thought about is what the two of you are going to have for dinner tomorrow night, then you might be in trouble. Thinking about the future isn't something that has to happen often, but if you can't picture them with you, you may be nearing the end.
- **4. YOU'RE making the effort:** Relationships are 50/50, a two way street. If you're the one that's constantly driving to see the other, rearranging your schedule, or going out of your way, you might need to rethink your romance.
- **5. No special gestures:** No, we're not expecting lavish gifts, flowers every day, or elaborate dinners, but if your significant other has completely stopped trying to make you feel special, there may be an issue. You both could just be stuck in a rut, but it's definitely something to address.
- **6. You're life goals aren't the same:** Not every couple is going to have the exact same goals or desires, but if you both are heading off into COMPLETELY different paths, and there seems to be no room for compromise from either party, you may need to reconsider your relationship.
- 7. You don't think of them when you're apart: Not every waking hour has to be spent thinking of your partner, but it's normal to think about them during the day when you may not be with them. If you're not thinking of your significant other at least once during your day, maybe you're just not concerned about them anymore?
- 8. You're waiting for them to change: No one is the same

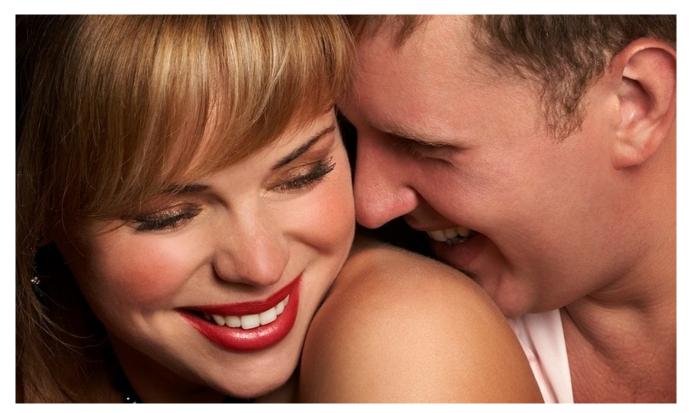
person year in and year out. People grow, mature, and change throughout their lives. But, if you're constantly waiting for your significant other to change their looks, humor, attitude, etc., then it's probably time to move on.

- **9. They don't get upset when you cancel:** If it seems like your partner feels a sense of relief when you have to cancel your plans with them, it might be a sign that things are coming to a close.
- 10. There's a lack of respect: If your significant other is constantly belittling or questioning your actions and beliefs, then you two might be headed for splitsville.

When did you know your relationship hit a dead end? Comment below!

#### Sharing May Not Always Be Caring





By <u>Sarah Batcheller</u>

Living with your significant other is a blissful thing. When you're in love, it's great to come home to each other after a stressful day of working and wake up next to each other each morning. Sharing the bed makes for cozier nights; not to mention, sharing responsibilities makes things a lot easier on both of you.

Reality eventually sets in though. At the end of these long days, you still want some things to belong to just you. After a couple months of being able to snag his comfy t-shirt whenever you want, it's not so fun when you realize he's been using your favorite bath towel to dry the floor or your expensive shampoo as his body wash. Cupid is here to dish on what's good to share and what's good to keep separate:

1. Keep your personal products separate: This is mainly for hygiene purposes. Toothbrushes should never be shared — and no, it doesn't matter if it's being used by the same mouth you kiss! That goes for razors and loofahs as well. Anything that has the purpose of cleaning and primping a person should be

reserved solely for that person. Plus, people tend to be borderline OCD when it comes to their bathroom products, so it's best to avoid arguments over this issue by respecting one another's boundaries.

Related Link: What You Need to Know Before You Move In Together

- 2. Share your groceries: Food in the house should be neutral territory. You're not bunking with your college roomie anymore, so you don't have to worry about rationing your groceries fairly. Food is the sustenance of life, and sharing meals is a great way to bond and express mutual love. That means the food buying expenses and responsibilities are also shared. Remember that surprising your babe with their favorite snack food is a great way to add a little romance to your living situation.
- 3. Share pet care responsibilities: Even if a cat or dog belonged to one partner before merging households, it's still considerate to pitch in with the caring for said pet. When you agreed to move in with your significant other, you knew that the animal was part of the deal too. You might as well get into the habit of filling up their food bowl and scratching their tummy!

Related Link: The Big Merge: 3 Tips for Moving In Together

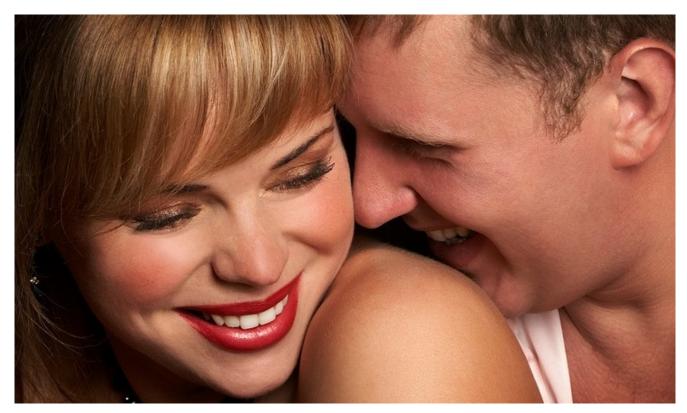
4. Share only certain clothing items: It's easy (and even kind of cute) to grab your honey's t-shirt when you're in a hurry or even when you just want to lounge around. Sweatpants are in the same category. But ladies, your man may or may not like it so much if you throw on his boxers to sleep in, so make sure you get the okay before stealing his favorite penguin-covered pair. Similarly, gentlemen, steer clear of anything that can be stretched out, like socks or slippers (no matter how comfy and fuzzy they are) because that is the ultimate pet peeve among females.

**5. Keep finances separate:** Unless you're married, it's wise to maintain your money and bills as your own responsibility. Of course, rent and other utilities will be split, because, well, you live together, but everything else you're financially responsible for should be yours alone. This way, you're not crossing any lines that could lead to tense arguments. Sharing finances can be a messy avenue to travel unless you're totally, 100 percent committed.

What things do you share with your live-in partner? Tell us in the comments below!

## Being "Too Friendly" With Opposite Sex Friends





By <u>Sarah Batcheller</u>

The opposite sex doesn't have to become off limits just because you're in a relationship. In fact, it's just as healthy to maintain friendships with the opposite sex as it is with the same sex. There is a line though, and it can be crossed — very easily — if you're not careful. Being too friendly can compromise your relationship, even if you don't mean to offend your significant other. Always think about how you would feel if your beau did the same thing with his opposite-sex friends. Follow Cupid's advice so you can carefully walk the line:

- 1. Don't send private messages to each other: Using Snapchat and texting every once in a while is fine, but limit the amount of private messages shared between the two of you. It's better to communicate via more public avenues, like Twitter or Instagram. That way, your sweetheart won't feel like you're hiding your friendship.
- 2. Don't spend too much one-on-one time together: Similarly, spending too much time alone with a friend of the opposite sex

can be inappropriate. If you have a long-time bud, it's alright to occasionally hang out on your own, but when it starts to occur multiple times a week, your partner will have logical reasons to be suspicious. It seems like you're intentionally seeking out alone time because you want your behavior to be kept secret...catch our drift?

Related Link: Do Your Friends Influence Your Relationship?

- 3. Don't excessively brag about your history: Say you have a friend who you've known since you were born because your moms are besties or who you met in law school and spent countless hours studying with in the library. Constantly bringing up the fact that you've "known each other for so long" or that you're "like family" can make your significant other feel like they're less important. It's fine to tell your babe these things, but don't over do it, so as not to seem like you're rubbing it in their face.
- **4. Don't party with them too much:** Alcohol-induced rendezvous aren't totally uncommon, so if you're always going out and spending late, tipsy nights with a friend of the opposite sex, it will make your partner jealous and uncomfortable. Keep it sober and casual or better yet, invite your significant other out to enjoy the night with you too.

Related Link: When is it OK to Be Friends with an Ex?

5. Finally, don't share too much information about your relationship: Relationships are meant to be intimate and private, so if you're divulging every detail to someone else, it can come off as you trying to connect with them intimately and privately. Your boo will probably want some things kept under wraps when it comes to your love, so sharing that information with an opposite sex pal is a violation of trust.

Tell us: How do you handle being friends with the opposite sex when you're in a relationship?

### Red Flags That Mean It's Time to End Your Relationship





By Jennifer Ross and Laura Seaman

Perhaps your one-year dating anniversary is coming up. Or maybe you've just gotten engaged and announced it publicly. You may even be making your wedding arrangements; deposits have already been given. Almost all your friends are envious of your relationship. Yet deep inside, you have a nagging suspicion that something's just not right. The feeling started out small, probably as a momentary thought that you perceived as ridiculous and quickly dismissed. However, with every passing day, this "ridiculous thought" continues to creep up

at different times, and you find it worrisome. Don't fret — you're not the first one to experience this issue!

It's surprising how many people, when reflecting back on their lives, knew not only that they should have called off their relationship, engagement or wedding but also the very moment when it should've happened. There were times when a red flag drew its ugly head, and they ignored them, not wanting to discuss them for fear of embarrassment or starting a fight.

However, we don't recommend that approach. When you have a nagging feeling that won't go away, you must wake up! Listen to it and decide whether it bears any truth or not. If you're hesitant to call off your relationship, here are five warning signs that can help you decide.

Related Link: 7 Steps to Recover From Ending a Relationship

- 1. Waiting for improvement: If you keep telling yourself, "Oh, they'll stop doing that once we're married" or "They'll change when they become a parent," just stop. If you don't like someone for who they are at that exact moment, you shouldn't be with them. Don't keep hanging around waiting for who they could be because that might never happen.
- 2. Infidelity: This is one of the biggest red flags that the relationship is failing. Every day, so many people are cheated on by their partner, and yet, the relationship continues. Most of the time, it happens not because someone is a philanderer but because there is a void or issue that one or both sides aren't willing to discuss. Remember that the problem isn't going to go away on its own.
- 3. There is a missing link: Communication between you two is good, but certain fundamental issues either haven't been discussed or cannot be agreed upon. Things like how many children to have, which church to go to, and where to live are crucial questions to be answered in order for the relationship

to last.

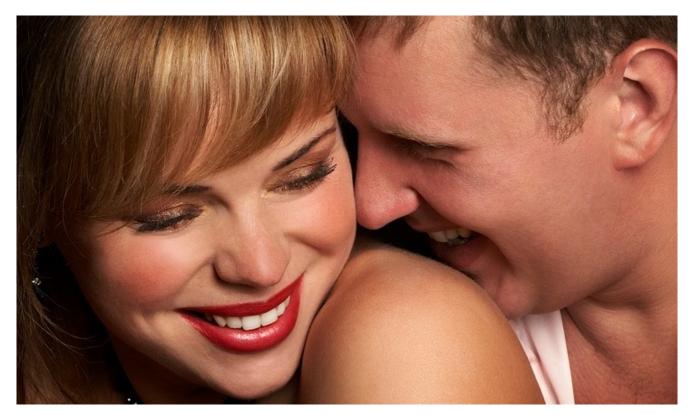
Related Link: How to Break Up Without Breaking Them Down

- 4. Your parents aren't on board: When your parents voice that the your partner isn't a good fit for you, their advice should be considered. After all, they know you better than anyone else! They love you and have your best interest at heart. They also have the advantage of being an outside observer and can see things that you can't.
- 5. You just have a gut feeling: Too often, our instincts warn us to take heed, and we don't listen. If your gut is telling not to move forward, it's best to call it off and understand why. At the very least, you should temporarily take a break from your relationship until the feeling passes. If your love is meant to be, you'll eventually resolve whatever looming issue you may have.

What warning sign do you find easiest to ignore? Let us know in the comments below!

### Should You Date Someone Going Through a Divorce?





By Laura Seaman

Dating someone who is divorced is one thing, but dating someone who is currently going through a divorce is another. This person is still technically married, even if it might not see it that way. Every divorce is different, though. Some couples have all out wars over anything and everything, while others decide that they're better off as friends than partners. Some pairs have kids while others may not. If you're considering a relationship with a person who is getting divorced, you need to know exactly what you're getting yourself into.

1. Get clear answers on how far into the divorce they are before going any further: Every situation is unique! You can get the story from both sides of the equation, and they may be very different. One partner might say that the separation has been coming for a long time, but there's still quite a bit to do as far as splitting up assets, while another may say all that's left is the paperwork. Make sure you dig in and find out all there is to know before entertaining the idea of a relationship.

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- 2. Be sure there's not a lot of emotional baggage: While not every divorce is the same, all of them mean the same thing. This person was in love with someone else at one point, and now that relationship is over. Even if the two were fighting all the time and this divorce is seen as a relief, there's bound to be some pain. It's going to take some time to heal for most people, even if they insist that they're fine and have moved on. Don't assume you're the rebound, but be aware that it's a possibility.
- 3. Don't get involved in drama: Of course, your new partner isn't the only one going through this divorce. There's an ex in the picture, two families, and possibly some children. Divorce can cause a lot of drama, so make you're prepared to deal with it and not add to it. If the ex is still coming around to settle things or the kids seem uncomfortable with their parent dating again, maybe now isn't the best time for a relationship.

Related: Taking On the Role of Stepmother

**4. Don't question a good thing:** Though there are many possible complications, there's also a chance the divorce they're going through has no issues. Some relationships are dead long before divorce is finalized. It might be a matter of paperwork, money, or just being too preoccupied with other things. In that case, don't spoil a good thing!

It's important to know what you're getting yourself into before you decide on entering a relationship with someone who is still going through a divorce. Not all divorces are messy, but they are all unique. Make sure your potential partner is emotionally ready for a new relationship, and don't set yourself up to get hurt by being a rebound. Good luck!

What do you think about dating someone while they're going through a divorce? Let us know in the comments!