

5 Celebrity Couples Who Prove Love Can Last a Lifetime



By [Courtney Omernick](#)

When you think of “celebrity couples” and “lasting love,” you don’t usually think they go together. However, there have been a few celebrity couples that made sure their love kept them together. Maybe it’s time to follow their love and relationship advice.

Listed below are Cupid’s five celebrity couples who’ve proven

that love can last a lifetime.

1. Sarah Jessica Parker and Matthew Broderick: Sarah and Matthew married on May 9, 1997 and have had a solid relationship and love life ever since. The famous couple has a son, James, and twin girls, Marion and Tabitha, together.

Related Link: [Singer Colbie Caillat Celebrates Celebrity Engagement to Longtime Love Justin Young](#)

2. Meryl Streep and Don Gummer: This actress and painter duo have been together for 37 years. Meryl and Don married in 1978 at her parent's home in Connecticut. They went on to have four children: Mami, Grace, Henry, and Louisa.

Related Link: [Jennifer Aniston's Celebrity Engagement: How Long is Too Long?](#)

3. Tom Hanks and Rita Wilson: This dynamic duo met on the set of Tom's TV Show, *Bosom Buddies* in the early 1980's. The two married in 1988 and have two sons together, Chet and Truman.

4. Goldie Hawn and Kurt Russell: Even though these two have never married, they've still maintained a strong relationship that has lasted over 30 years! This couple has been together since 1983, and had one son, but raised multiple children together from previous relationships.

5. Jeff Bridges and Susan Geston: Jeff has only been married once, and that's to the love of his life, Susan Geston. The couple married 38 years ago (five days after Jeff proposed) and have three daughters together. Jeff told reporters that he danced with Susan at a party and "just knew."

What are some other long lasting, celebrity relationships? Comment below!

Dating Advice: 10 Signs of Cheating You Need To Know



By Molly Jacob

Most people have either had a partner cheat on them, cheated on someone, or knows someone who has been cheated on. While you of course hope that your partner will always be faithful, you never know when infidelity might strike your relationship and love life. If that happens, you'll want all the dating and relationship advice you can get.

Check out Cupid's 10 signs of cheating that you need to know!

1. Focus on appearance: With any long-term relationship, you start to care less and less about your appearance because you both have seen each other at your worst. But you've noticed that your partner has started caring more about their physique, and less about what you think about their looks. This could be a sign that they're looking their best for someone else.

2. Less sexual intimacy: There are many reasons why someone could have a reduced libido, but classic relationship advice says that if your partner suddenly becomes less interested in being intimate with you, it could be because they're interested in being intimate with someone else.

Related Link: [Celebrity Couples That Have Bounced Back After Cheating](#)

3. More interest in sex: On the opposite end of this extreme, your cheating partner could suddenly have more of a sex drive. Your partner might be acting differently in bed or have a new confidence you haven't seen since you two started dating. While spicing up your sex life can be a good thing with relationships and love, sometimes it may mean something more.

4. Using technology more: Once your honey barely knew how to work his or her new iPhone. Now they have complicated pass codes on their phones and you notice mysterious apps or new email accounts. These may be a sign that your partner is hiding something from you using technology. While it may be tempting to look through their phone, some good dating advice is to make sure you talk to them about your infidelity suspicions before violating their privacy.

5. A need for privacy: Sure, alone time is important for

relationships and love. But if your partner suddenly needs to take phone calls in the bathroom or goes on many errands alone, this could be another sign that he or she is seeing someone else.

Related Link: [Relationship Advice Video: How to Tell If Your Man Will Cheat](#)

6. Spends more time at work: If your significant other has become more interested in his or her work life than your relationship, this might be a sign of infidelity. Of course, your partner could be spending more time at the office because they have a promotion coming up or a difficult project they're working on. But more "business trips" and late nights at the office could actually be a sign that they're seeing someone else, especially if they're reluctant to tell you what exactly they're doing at the office so late at night.

7. Becomes suspicious of you: If your spouse or partner is cheating on you, they might become accusatory and accuse you of being unfaithful. This could be his or her own guilt about cheating manifesting itself in anger. We often, in the area of relationships and love, project our own feelings onto others.

8. Picks fights easily: If your spouse or significant other has been getting angry with you recently and picking fights frequently, they might be causing this relationship trouble because of the guilt they feel. You should especially be suspicious if they pick fights just so they can leave the house.

Related Link: [You've Cheated, So Now What?](#)

9. Secretive with financial information: Your significant other was once open with his or her bank accounts but has recently become more private about their spending. This could be a sign that they are buying gifts for someone they are seeing on the side. Dating advice: be especially suspicious if they act strange or offended when you ask to see their credit

card bills, because they could be hiding something.

10. Acting strange: When you date someone for many months or even years, you start to expect a certain behavior of someone. So when they start to stray from this, you can start to get suspicious. Relationship advice: trust in your intuition. If they start acting differently, then there might be something going on. But never jump to conclusions. If you suspect your partner might be unfaithful, make sure you talk to him or her before becoming upset. As many signs as you find, there might be a simple explanation for your significant other's behaviors.

What other signs of cheating have you seen? Let us know in the comments section below!

5 Times Celebrity Gossip Turned Out To Be Untrue





By Molly Jacob

It seems like every week there's a new celebrity scandal or rumor going around about a secret affair, sudden death, and more. While many of these bits of celebrity gossip about celebs do turn out to be true, some are laughably fake rumors and are the result of unreliable sources or ridiculous speculation.

From celebrity dating rumors to celebrity scandals, read below to see what celebrity gossip just wasn't true!

1. Beyoncé and President Obama's affair:

He's one of the most important men in the world and she's (in our eyes) one of the most important women, so it makes sense that this celebrity gossip would come along eventually. In February 2014, a French newspaper published comments made by

French photographer Pascal Rostain, who said that the President and the singer were having an affair, and that Obama and the First Lady were having marital problems. This celebrity dating rumor didn't go very far because Rostain took back some of his statements after he faced from backlash from the public.

Related Link: [What Beyoncé's Body Language Says About Her Love for Jay-Z](#)

2. Justin Bieber fathered a son:

"Baby" fans were shocked when Mariah Yeater announced in 2011 that Bieber was the father of her child, who was allegedly conceived backstage after one of the singer's concerts. This was not only scandalous because he had been dating Selena Gomez at the time, but also because the celeb had been known to speak out against casual sex. This celebrity scandal died down when Yeater's ex-boyfriend made a statement accusing Yeater of lying about her encounter with Bieber so that she could make money off the superstar.

3. Kanye West's comments about Nelson Mandela:

While West has known to say some outlandish statements to the press, one interview that got a lot of the public's attention was from a satirical newspaper, *The Daily Currant*. West was quoted as comparing himself to Mandela and saying other insensitive comments in the hours after Mandela's death. Many people didn't realize that the interview was fabricated and became outraged at the celeb on Twitter and other social media sites.

Related Link: [Kanye West Sends Celebrity Love Kim Kardashian String Quartet and Roses for Mother's Day](#)

4. Beyoncé was never pregnant with Blue Ivy:

Because of her fame, this superstar is a victim of many untrue

celebrity scandals. While she appeared in public to be very pregnant, a video was released that showed Beyoncé's pregnant belly folding up strangely as she sat down in an interview. This sparked rumors that she was wearing a fake baby bump and had actually hired a surrogate to carry her baby for her. Beyoncé and Jay-Z put this celebrity gossip to rest when they revealed footage of a very pregnant (and nude!) Beyoncé, along with other sweet videos of milestones, including Blue Ivy's first steps.

5. Lady Gaga is a hermaphrodite:

Lady Gaga, known for her extravagant outfits and catchy tunes, was known for something else back in 2009. Due to various "revealing" video clips and a fake article from a celebrity satire site in which she "admitted" to being a hermaphrodite, many people wondered about the pop star's sex. Barbara Walters even tried to deny or confirm this celebrity gossip with Lady Gaga herself in an interview. The celeb denied all rumors, but did say to Walters, "I portray myself in a very androgynous way, and I love androgyny."

What other celebrity gossip in the news did you find ridiculous and untrue? Let us know by commenting below!

Jennifer Aniston's Celebrity Engagement: How Long is Too Long?



By Dr. Jane Greer

Actors [Jennifer Aniston](#) and Justin Theroux celebrated their [celebrity engagement](#) in August of 2012, and their wedding has been much-anticipated by their many fans. However, reports last week revealed the two have been fighting and are now living separately. Justin has asked Jennifer to be patient, but being no closer to a celebrity wedding date after being engaged for over two years “makes her feel like a fool.” Couple that with the fact that they both have incredibly busy schedules, and it’s no surprise that they are having a hard time scheduling their wedding.

The fact that this celebrity couple has been planning to get married

for over two years raises the question, how long is too long? Is there a shelf life to an engagement?

What's holding you back?

That may depend on whether the issues getting in the way are practical ones or emotional ones, and if the couple will be able to give themselves time to work through and get past them. Consider first what is holding you back from setting a date and walking down the aisle. If you both have full-time jobs, for example, or are celebrities like Jennifer and Justin, the demands of the office and of upcoming projects might make it very difficult to plan a wedding.

Where will you live?

On top of that, there's the expectation that once you are married you will share a home base. If you are living in separate parts of the country or world, or have a work assignment far away from where your partner spends most of his or her time, deciding where to call home might not come so easily. Sometimes that requires one person to compromise and make a choice that could end up feeling like a sacrifice he or she isn't ready to make. So whether it is a work commitment, or even an illness in the family that is time-consuming, and thereby keeping you from saying, "I do," you might find yourself in a perpetual state of engagement.

Are you used to your long engagement?

You may even adjust to a long engagement, and it can become what you are used to. So if it works for both of you, then there may not be any rush. Sometimes the end goal of marriage is no longer front and center, and you might not feel

compelled to take the next step. You are each happily doing your thing, and haven't taken the time to figure out how to officially merge lanes. Getting married would be nice, but right now it doesn't feel necessary. If that is the case, the shelf life on an engagement can be evergreen.

Are your feelings in the right place?

If the thing that is holding you back has more to do with your feelings than with logistics, take stock of what is going on so you can better understand it and deal with it. Has one of you been married before, maybe even suffered a betrayal as was the case with Jennifer, and therefore may be feeling afraid to take the plunge for fear something similar might happen again? Or, like Justin, has one of you never been married? If that is the case there is the possibility that the fear of a change in identity and the concern over what there is to lose, such as personal freedom, is what is creating the roadblock.

Practical vs. Emotional

Layer the two together, the practical piece and the emotional piece, possibly even throwing in a financial piece, and it is no wonder some people take longer to get to the altar. If one of you is pushing to do it sooner than the other, things might get complicated. But if you are both willing to wait it out, and you are able to work through some or all of these issues, then there is really no downside to waiting. The bottom line is, there is no clear expiration date on an engagement unless you plan to call off the relationship itself. As long as you are on the same team, and are aware of what is keeping you from taking the plunge, you could stay engaged for years or even decades.

Only time will tell if Jennifer and Justin fall into the category of both being okay with the long engagement, or if they will start to move apart in terms of what they each wish for. Hopefully, though, they will be able to move forward in

their joint life together, proving their commitment to each other is enduring whether they are married or not.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.

Katharine McPhee's Celebrity Divorce: Can You Stay Friends With an Ex?





By [Dr. Jane Greer](#)

Katharine McPhee's celebrity divorce from ex-husband Nick Cokas may have been messy, but the two seem friendlier than ever. They were spotted getting breakfast together last week, and Nick even caressed her face during the meal.

This celebrity couple has remained amicable since the split, which raises the question: is it possible to continue to be friends with an ex?

Are there any lingering issues?

There are several things to consider when trying to decide if it is a good idea to be your former partner's pal. The first is to think about how your relationship ended and if there are any lingering issues. If there is still a lot of anger and

resentment between you, and you continue to be at odds sorting out the logistics of your new lives and what that means, then you might not be ready to be friends yet. In other words, if you are still trying to iron out the difficult details of dealing with kids, sorting through your things, sharing friends, and deciding how to deal with family events, the likelihood that these complications will raise your already brewing frustration level is pretty high. If the “we” world that was dismantled is still requiring a lot of directions and maps to navigate through, and the journey hasn’t been smooth or easy, it is probably too soon. With that in mind, trying to stay close at this time might only serve to fuel the negative energy and keep the anger going.

Are you still upset?

Along the same lines, if you are still feeling upset, bitter, and blame your ex for what has happened between you, then you will probably need time to heal and deal with those feelings before embarking on a new phase of your relationship and love life. If this is the case, don’t pressure yourself. Give yourself the time and space you need to process these emotions, so that there is the chance that you can get to a more peaceful point in the future and you will be able to be sociable with each other.

Are you considering the feelings of a new partner?

Finally, if you or your ex is now involved with a new person, that person’s feeling should also be taken into consideration. If it makes them uncomfortable, or they would rather you didn’t maintain a connection with your former spouse, that will probably have an effect on your decision to try to remain friends and to what extent.

Sometimes the viability of maintaining a friendship goes back to how your relationship began. If you were friends before you were romantic with each other, it might feel natural to fall

back into that pattern. The bottom line is that being friends with an ex works for some people and not for others. At the very least though, once things settle down, the goal of being friendly is a good one so that you can work together and not have to divide cleanly into separate camps.

Hopefully Katharine and Nick can continue to stay on good terms with each other while still experiencing new happenings and new loves in each of their lives.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.

Our 5 Favorite Celeb BFFs





By [Courtney Omernick](#)

Hollywood is full of amazing celebrity couples, but, what about the celeb “friend” couples, or, “BFF”s?

Below is a list of our five favorite celebrity BFFs. See if you agree!

1. Tina Fey and Amy Poehler: Tina and Amy shared the screen on “Saturday Night Live” for years, but their friendship began in the 90’s when they were both studying improv comedy in Chicago.

Related Link: [Love Advice: Can Jennifer Lawrence and Bradley Cooper’s Work Marriage Work](#)

2. Drew Barrymore and Cameron Diaz: These *Charlie’s Angels* stars became best friends during the first film in 2000, and they attended each other’s weddings.

Related Link: [Famous Couple Brad Pitt & Angelina Jolie: When is it Time to Seek Help?](#)

3. Demi Lovato and Selena Gomez: This pair's friendship began ten years ago when they both auditioned for *Barney*, and they've remained close ever since.

4. Taylor Swift and Emma Stone: These two actresses met at the Young Hollywood Awards five years ago, and their celebrity friendship blossomed from there. Taylor said in 2011 that Emma is like a sister to her.

5. Zach Galifianakis and Bradley Cooper: These two were friends long before they starred together in *The Hangover*. Bradley made an appearance on Zach's VH1 talk show, *Late World*, in 2002 and was one of the first stars to appear on his Funny or Die *Between Two Ferns* series.

What are some of your favorite celebrity BFFs? Comment below!

Dating Advice: How to Get Out of the Friend Zone





By Molly Jacob

You go to the movies together, you grab lunch all the time, and you two know each other's secrets. You want to take your friendship to the next level of relationships and love, but that's all you are – just friends. Sound familiar? If so, you may be stuck in the “friend zone.” Being in the friend zone means that you are romantically interested in someone who just views you as a friend.

See what dating advice Cupid has to help you get out of the friend zone!

1. Evaluate your relationship.

If you two are friends, there must be a reason why you two get along. You probably have similar interests or senses of humor, so you could have a chance of finding love in your friendship. But really take a look at your friendship and figure out why your romantic interest only views you as a friend. Does he

talk to you about all the other girls he finds attractive? Does she tell you in great detail about all the dates she's been on? He or she may simply view you as a confidant, not someone they could imagine themselves dating. Dating advice: show how you can be more than just a friend! Show your friend a different side of yourself; it's always good love advice to show your best self to those you want to pursue.

Related Link: [When It's Best To Keep It in the Friend Zone](#)

2. Say how you feel.

This may be the hardest but also more important part of getting out of the friend zone. You may think you've been dropping hints here and there that demonstrate your affection, but you can't assume that your friend knows about your crush unless you tell him or her yourself. Let your friend know that you have been thinking of them less as just a friend recently and more in the area of relationships and love. Once you admit your feelings, give your friend plenty of time to process your love confession because it may be a shock to them.

3. Be your own person.

So you've admitted your feelings to your crush and you're giving them time to process this change in your relationship. Don't let that stop you from living your life! It's known love advice that people are attracted to others who seem to be having fun with their lives, instead of waiting around and being clingy. Go hiking with friends and go out to eat downtown instead of just waiting by the phone for your friend to call you. Show your friend that you have your own life, and that they'd be lucky to be a part of it!

Related Link: [David Arquette Says That He's Entered the Friend Zone with Courteney Cox](#)

4. Accept your friend's feelings.

As much as you want to take this friendship to the next level, you two may just not be meant to be. Don't be upset if your

crush doesn't want to date you – you may not be their type or they might not be looking for a relationship at all. Devote your romantic energies pursuing other people in your life and look for relationships and love elsewhere. Dating advice: don't get hung up on just one unrequited love. They're probably missing out by not dating you!

Have you ever gotten out of the friend zone? What advice helped you? Let us know by commenting below!

6 Celebrity Break-Ups That Shocked Everyone



By Molly Jacob

Breakups can be hard, but they get even more difficult when they're in the spotlight. While we know that Hollywood couples, with the pressures that come from being famous, often don't last long, it's still hard on fans when their favorite celebrity couple goes through a [celebrity break-up](#).

See what celebrity break-ups shocked everyone, including us at Cupid's Pulse!

1. Heidi Klum and Seal:

Heidi Klum and Seal seemed to be one of those Hollywood couples who had it all. That's why we were especially shocked in April 2012 when Klum filed for divorce after six years of marriage. But we're happy to hear, according to TMZ, that the celebs' divorce was a "clean break" with no fights over money or custody of their four kids.

2. Mariah Carey and Nick Cannon:

Mariah Carey and Nick Cannon seemed to be deeply in love during their six years of marriage. But this celebrity couple fell apart when Cannon filed for divorce this past January. This celebrity breakup was in the spotlight this spring when Carey released her new song, "Infinity," which throws some jabs at Cannon. Next time you're thinking of getting tattoo for your significant other, think about this: Cannon had to cover up his "Mariah" tattoo with a larger tattoo last October.

Related Link: [Nick Cannon Opens Up About Split From Mariah Carey](#)

3. [Jennifer Aniston](#) and [Brad Pitt](#):

We were heartbroken when this celebrity couple split up in 2005. Whether you were Team Aniston or Team Jolie during the publicized celebrity breakup, Aniston and Pitt seemed to have had the perfect relationship. But don't spend too much time worrying about this heartbreaking split – Aniston told US Magazine last January, "I don't find it painful."

4. Susan Sarandon and Tim Robbins:

Susan Sarandon and Tim Robbins appeared to be the classic, enduring Hollywood couple – until they announced their breakup in 2009. While the celeb couple never got married, they were together for over 20 years and had two sons. The two met in 1988 while shooting the film *Bull Durham* and immediately clicked. Although there were rumors that they broke up because Robbins had an affair with Meg Ryan, Sarandon said a major reason for the split was a reexamination of her life after performing in the Broadway show, *Exit the King*.

5. Robin Thicke and Paul Patton:

Thicke made the headlines in the last couple of years with his catchy and controversial song, "Blurred Lines" and also his breakup with his teenage sweetheart, Paula Patton. In February 24, the celebrity couple announced their marriage was over, but it seemed like Thicke wanted Paul back more than she wanted him. This was pretty evident after he released his tribute to his ex-wife, the 2014 album title *Paula*.

Related Link: [Does Robin Thicke's "Get Her Back" Have Enough Passion For Paula Patton?](#)

6. Gwyneth Paltrow and Chris Martin:

Coldplay and *Shakespeare in Love* fans alike were shocked when Paltrow announced on her blog, Goop, that the Hollywood couple would be splitting. After being married for 11 years and having two children, the duo's bond seemed unbreakable. Their divorce seemed amicable, with Paltrow using the vague term

“conscious uncoupling” to describe their breakup.

What other celebrity breakups shocked you? Share in the comments section below!

Famous Couple Brad Pitt & Angelina Jolie: When is it Time to Seek Help?



By [Dr. Jane Greer](#)

Famous couple [Brad Pitt](#) and [Angelina Jolie's](#) [celebrity](#)

[marriage](#) has been reinvigorated by couples' counseling. Although things are on the mend now, there was trouble in paradise less than a year after they tied the knot. Not only did Brad see ex Jennifer Aniston alone, but he also didn't accompany Angelina to the Critics' Choice Awards in January. After months of fighting, they decided to seek the help of a therapist.

Now they plan to always keep counseling in their lives, because they say it has transformed their marriage and helped them fall in love with each other again. And they are not alone.

Cameron Diaz and Benji Madden have enlisted some outside support after just five months of marriage, as they work to put a strong foundation beneath them. This proves that it is never too early to get help.

Related Link: [Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival](#)

The secret to having a lasting relationship and love life is to not let the anger and resentment build up to the point where it drives you apart. A lot of people don't realize that a lasting union is full of angry and questioning feelings which go hand in hand with the adoring ones, not unlike a seesaw. I call them "love you, mean it" and "hate you, mean it" moments, which I talk about in my book *What About Me? Stop Selfishness From Ruining Your Relationship*.

Related Link: [Brad Pitt Confirms Celebrity Wedding with Angelina Jolie Will Happen 'Soon'](#)

It is natural to shift in and out of these emotions. The challenge is to make sure the positive ones always balance the negative ones so that they don't consume you. The goal is always to continue to or to get back to loving and feeling connected to your partner. What happens, though, when that becomes more and more difficult to do, and you aren't able to get past the anger anymore? How do you know when it is time to bring in a trained professional to help you sort out the issues?

Even in today's sophisticated age, people are often reluctant to air their marital problems with an outsider, especially when it comes to sexual troubles. There are many reasons for this which include feeling embarrassed, the fear that you think something is really wrong with you or your partner, the concern that you will be told there is something wrong with your relationship that is unfixable, or maybe you do want to go but your partner doesn't. There are also those people who think that because the idea of divorce hasn't come up things can't be that bad, so you don't really need help.

It is terrific that Brad and Angelina realize and appreciate that they have a big relationship, sometimes even bigger than the two of them, and they were able to seek assistance from a counselor who can help them deal with their issues. The same is true for Cameron and Benji. You certainly don't have to be a celebrity to have issues that can weigh down your relationship and start to interfere with the love you share, but they are good examples to follow. If you are resisting therapy, try to shift your way of thinking. Know that there isn't anything wrong with you or your partner, but there is something in your connection that warrants finding help and relief. Allow your fears to propel you forward instead of holding you back. Your seeking help is not a sign of weakness in any way, but rather a measure of strength, courage, and commitment to your relationship. It proves that you care enough to not give up and find what it takes to make things

better.

Keep in mind that making a relationship successful is work. If you don't do that work now, you will have to do it later either by taking your marriage apart or learning to live with unhappiness. Why not spend that energy working to find a way to stay together and live happily? A therapist can help a couple learn to communicate and identify the problem areas in their relationship, so that they can learn how to compromise and put the pieces back together. Brad and Angelina seem to be doing just that. They appear strong and are a positive testimony to the value of knowing when to get help and getting it. Hopefully the same will be true for Cameron and Benji.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy.

Love Advice: Give Your Relationship and Love Life a Spring Cleaning



By [Courtney Omernick](#)

Spring is a time of new beginnings, fresh growth, and reevaluation. You may already have a spring cleaning ritual for your closet. So, why not have one for your relationship and love life? Cupid has just the love advice for you!

Below are some ideas to give your love life a spring cleaning.

1. Throw out your old activities: Many couples don't realize that they're doing the same activities over and over again. It's great to revisit your favorite past time every so often, however, things can get old after awhile. Surf the web for fun couple's activities and try a new one together.

Related Link: [Dating Advice: How To Get Noticed on Dating](#)

[Sites](#)

2. Become Reacquainted: When you're in the early stages of your relationship, you tend to ask a lot of questions to try and get to know the other person. However, when you've been together for awhile, you stop asking those questions. As you grow together, take this love advice, and ask more soul searching questions.

Related Link: [Relationship Advice: 11 Steps to Finding a Husband Online](#)

3. Plan a vacation: Even if you don't go on regular dates, planning for something that's further off in the future can be exciting. Planning a vacation gives you time to work on something together, save up funds, and take the edge off of the monotony in everyday life.

How have you given your love life a spring cleaning? Comment below!

Reality Star Kim Kardashian: How Does a Marriage Survive Infertility?





By Dr. Jane Greer

[Kim Kardashian](#) recently opened up about her fertility struggles, as she and [Kanye West](#) have been trying to have another baby for several months. Kim is even seeing fertility doctors to try to diagnose the issue. However, they've had no luck so far, despite trying "as many times a day" as they can to conceive.

Infertility or struggles to have a child can strongly affect a relationship and love life like reality star Kim Kardashian's, sometimes even leading to divorce.

Rather than sex being simply about pleasure, it is now connected to the goal of getting pregnant. When that doesn't happen right away, couples find themselves feeling disappointed month after month. This can impact the desire to

have sex with each other spontaneously, and as a result affect their intimacy.

It's interesting, because making the decision to have a baby feels like a solid taking control of your future, often without even thinking about how hard it might be or what obstacles could get in the way. You have made this life-changing choice, are ready to begin, and expect it to happen. But then, it doesn't happen right away. The first month comes and goes and you get your period, then the second month. As the time passes, uncertainty comes into play, leading to waves of anxiety that this thing you want so much isn't happening.

These feelings build sometimes without your even realizing, and before you know it six or more months have gone by and suddenly what at first felt like taking control of your future feels like anything but. On the contrary, you feel like it is completely out of your hands. That is one of the most distressing parts of living through infertility. You thought a few months ago that you were taking the reins, but really, you have completely handed them over. Now where all the hope and excitement once was is pressure and tension. How, then, can a couple live through this daunting experience without its taking a toll on their marriage?

The challenge is for couples to work together to strategize a plan for navigating their way through the steps, options, and choices that are available to help facilitate and achieve pregnancy. And there are many: fertility drugs, diagnostic procedures, in vitro fertilization, or choosing an egg donor, to name a few. Try to decide as a couple what each of you are willing to do both emotionally and financially to achieve your goal. After that, arrive at a timeline to determine how long you are willing to spend on each phase before moving on to the next. These decisions will bring some sense of control to what otherwise feels like a floating in space experience. In addition, it will allow you to know that if one thing doesn't work, there are still other options to turn to.

The most challenging piece of all of this is to try not to let this consume who you are as a married couple. Do your best to go on with the other parts of your life and do the things you have always liked to do together. Despite the fact that sex now has a functional side to it that it didn't have before you were trying to have a baby, you want to find other ways to keep the fun and joy alive between you. Spend time with friends you both like, schedule a dinner out, enjoy a weekend away, or plan a lazy day just the two of you full of your favorite food and activities. Make time to build in the smaller pleasures so they can be the glue that keeps you together during your difficult journey.

The most important thing is to support each other and go through this as a team, which will keep you close and connected. That appears to be what Kim and Kanye are doing. Kim is still looking towards a second pregnancy, and hopefully she and Kanye will be able to welcome a new addition to their family soon enough.

Dating Advice: How To Get Noticed on Dating Sites





By Molly Jacob

We know that dating can be hard, tiring, and disappointing. That's why online dating sites can be a great solution to get you out of a relationships and love style rut. More and more people are finding these sites to be successful in helping them find happy, fulfilling relationships. In fact, a study found that one-third of U.S. marriages today started with online dating.

Whether you're on OkCupid, Match.com, eHarmony, or JDate, see what love advice Cupid has to get you noticed on dating sites!

1. Make your profile photo stand out: The photo of you on your profile is the first thing that people see. While we'd like to believe that looks aren't everything with relationships and love, first impressions can be important. In your photo, you

should look your best, have a genuine smile, and be alone in the photo (no pets or other people). While some may be tempted to Photoshop or otherwise alter their appearance, this can lead to an awkward first date if you look different than what your romantic interest expected you to look like!

Related Link: [Dating Advice: The Psychology of Online Dating](#)

2. Be specific in your wording: There are thousands of dating site profiles out there, and you want to be unique and eye-catching when someone takes the time to read your profile. When you answer questions or write your profile, don't use overdone words like "fun-loving" or "outgoing." Instead, give examples to demonstrate your best qualities. You're not just "fun-loving," you travel around your state to find and ride the tallest and scariest roller coasters. Dating advice: if you're specific about what you like to do, someone on the site has a better idea of the kind of date they should ask you out on.

3. Update your profile often: If someone were to come across your profile and saw outdated photos and information about yourself, they might assume that you're not active on the site and won't bother pursuing you. Consistently add the new books you've read, the movies you've seen, and the concerts you've been to. Sometimes it may seem difficult or useless to be constantly updating your profile if you are not finding a lot of success or getting asked out on dates, but our love advice is to never give up on finding love!

Related Link: [Online Dating: Are Pictures Worth 1000 Words?](#)

4. Proofread, proofread, proofread: Did you know that 43% of online daters think poor grammar is a major turn-off? Don't let something as silly as using the incorrect form of "your" hurt your chances of finding relationships and love! If you're not a grammar fiend, have a friend who is look over your profile for you and let you know if they see any mistakes.

5. Target your approach: So you've made your profile and you're ready to get active on your dating site. Someone's profile catches your eye, but before you message them, personalize how you approach them. Don't just say, "I liked your profile." Mention something specific, such as, "I also love Indian food and have been dying to try the new restaurant downtown!" Everyone wants to feel special and noticed, so make them feel that way. Our most important dating advice: put yourself out there! Even if you're used to other people making the first move, you never know what good could come out of one message.

Have you used online dating sites? What tips and tricks do you have? Share in the comments section below!

Famous Couples Share How They Celebrate Mother's Day





By [Courtney Omernick](#)

While so many [celebrity couples](#) will be celebrating Mother's Day this year, either for the first time or for the 8th time, Cupid got to take a look inside a few famous couples' Mother's Day festivities.

Here are some ways our favorite famous couples celebrate Mother's Day:

1. Jessica Alba and Cash Warren: Jessica, Cash, and their daughter, Haven, keep things casual on Mother's Day. This family loves going to brunch.

Related Link: [Get Details on Nikki Reed and Ian Somerhalder's Sunset Celebrity Wedding](#)

2. Camila Alves and Matthew McConaughey: Camila and her daughter, Vida McConaughey, leave Matthew at home. These girls spend Mother's Day in style by jewelry shopping in NYC.

Related Link: [Prince William and Kate Middleton Celebrate 4th Celebrity Wedding Anniversary While Awaiting Royal Baby](#)

3. Hilary Duff and Mike Comrie: Who knows what's in store for Hilary this Mother's Day, as she is newly single celebrity. But, typically, it's a warm Mother's Day for the celebrity mom. Hilary and her son, Luca, were spotted soaking up the sun's rays in Mexico last year.

4. Channing Tatum and Jenna Dewan-Tatum: Channing and his wife, Jenna, keep this special holiday a family affair. They spend their time with their daughter and Channing's mom.

5. Halle Berry and Olivier Martinez: This celebrity couple spends Mother's Day enjoying lunch with her children in sunny Los Angeles.

How do you and your mom spend Mother's Day?

Relationship Advice: 11 Steps to Finding a Husband Online





By Rajiv Satyal

I know how you can do it. Because that's how my fiancée got me.

1. Availability: A lot of us want the fairytale spotted-across-a-crowded-room-sweep-us-off-our-feet story (yes, men, too), but you've got real life to let it happen. A great piece of relationship advice is, don't leave the biggest decision of your life to chance. Get online and make it happen.

Related Link: [Dating Advice: The Psychology of Online Dating](#)

2. Context: I was on several online dating sites: Match, eHarmony, Coffee Meets Bagel, and OkCupid (where we met). I was also on Shaadi.com (the Indian JDate). Sure, every now and then, you find a white girl on there and wonder, "Is she lost?" But OkC has that cool factor. And that's where she was.

Related Link: [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

3. Name: Her handle was "calvinnhobs," which was quirky and

silly. Try to avoid too-common interests like FoodGirl and TraveLady. Everyone likes food and travel. Share something specific to you personally.

4. Visuals: Distant shots or only of your eyes don't tell me much. It's like a university guidebook. The pretty ones showed their campuses. The not-so-pretty ones had, like, a closeup shot of a brick. Don't be shy.

5. Growth: OK, I know this can sound condescending but... she had some grammatical errors in her profile. I'm a total grammar geek, so it told me I could bring something to the table. It's kind of like how women view a man who can't quite dress – she can't wait to take him shopping. If this seems too nitpicking, welcome to online dating.

6. Mother Figure: Couples will do lots of things together. But for couples who want them, the single biggest thing we'll do is raise kids. As such, I'm looking for a mother. I search for clues to determine whether you're a caretaker/caregiver. "I enjoy helping others through volunteering and teaching... I always enjoy a good night cooking a great meal... Things I could never do without: Family." Boom.

7. Specificity: She painted the picture of who she was. "I love all things science too, so if you can stand someone talking about the latest cholesterol guidelines, the latest pics from the Mars rover, and even the effects of global warming over coffee...you are very cool!"

8. Outreach: I was touched and flattered that she messaged me first, especially since she was in Texas and I was in California. I'd gotten to the point that I'd also increased my radius to the max: the options are something like 25 miles, 50 miles, 100 miles, desperate.

9. Humor: She was funny, using words like "snazzy" to describe my shoes, quotes from standup comedians, funny capitalizations. Little things, victimless humor. Expose your

fun side, but save the really edgy comebacks for when we know each other. We're looking for life partners, not bowling buddies.

10. Patience: She messaged me on April 30. I didn't respond until May 14 as I was traveling. OK, so the first few days were my trying to play the game. But after that, I really did get busy. And what did she do? She waited. My love advice is, people who write you RIGHT BACK come off as needy. Almost everybody says, "I don't want any drama." I don't think that's true. No drama at all is boring. We all want a little – but just a little. And after she and I sent several messages back and forth, I asked her for her phone number, and we were offline.

11. Commitment: Within six months, we were engaged. I actually proposed to her when opening for Kevin Nealon. At that point, we figured it was probably time to disable our OkC profiles. I sent her one last note. And she replied – after a day.

Yesterday – 11:01am

Wow. So, I don't normally do this kind of thing. But you're really cute. I'd totally, like, marry you or something.

Today – 6:50am

You're kinda cute too, I'd think of marrying you only if Kevin Nealon is there. Love you fool!!!!

Rajiv Satyal is a standup comedian from Cincinnati, Ohio, whose witty, universal, and TV-clean act resonates around the world by covering everything from racial issues to soap bottles to his favorite topic – himself (and his relationships). This University of Cincinnati engineer and

former P&G marketer has repeatedly opened for Dave Chappelle, Maz Jobrani, Tim Allen, Kevin Nealon, and Russell Peters. Rajiv has garnered 4 million+ YouTube views, performed on three continents, and been featured on NBC, NPR, Nickelodeon, Fx, Netflix, Times Now, TV Asia, and Pandora, as well as in The Wall Street Journal, Advertising Age, The Huffington Post, India Abroad, The Cincinnati Enquirer, and the LA Times. You can find Rajiv regularly performing at the Laugh Factory and Improvs in Los Angeles, acting in commercials, doing improv, on TV, on XM and Sirius Satellite Radio, or admiring himself on his Funny Indian Fan Club on www.facebook.com/funnyindian.

What NOT To Do: The 5 Most Devastating Celebrity Break-Ups and Why They Happened





By [Katie Gray](#)

The entertainment industry showcases works of art as well as celebrity couples that the public comes to admire just as much as the films and music they are making. Sometimes, heartache is inevitable, and therefore, devastating [celebrity break-ups](#) occur. The important thing is to cherish the good memories of past relationships and love, be positive and forgive, and learn from the experiences. Life is full of good and bad moments, and the lessons we learn along the way are what makes this journey truly beautiful.

Devastating Celebrity Break-Ups

1. Jennifer Aniston and Brad Pitt: This former Hollywood married couple divorced in 2005, and the world was devastated. To this day, people still talk about their split. Shortly after Brad Pitt and [Jennifer Aniston](#) separated, rumors were swirling about Angelina Jolie – whom he is now married to. According to the media, Aniston was more focused on her career during their marriage and Pitt was trying to focus on family.

This celebrity divorce has taught us to cherish memories and realize that sometimes bad things happen so better things can fall together.

Related Link: [Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival](#)

2. Demi Moore and Ashton Kutcher: Age is just a number, yet people had so much to say about the age difference between former celebrity couple Demi Moore and Ashton Kutcher. They were 15 years apart in age, and we can learn from them. If you really love somebody, who cares how old you both are? They announced their split on November 17, 2011, and he filed for their celebrity divorce on December 21, 2012.

3. Katie Holmes and Tom Cruise: Katie Holmes and Tom Cruise pleased the world when they married and had an adorable daughter, Suri. Apparently, Cruise was shocked when his wife filed for divorce after five years. There has been major speculation that the divorce had to do with the actor's Scientology religion. This union that came undone teaches us that you should make sure you are on the same page with your partner when it comes to religion prior to a marriage.

Related Link: [Katie Holmes Removes Her Wedding Ring](#)

4. Selena Gomez and Justin Bieber: These two singers and performers really know how to entertain a crowd. Their relationship and love life went through a period of being on and off very frequently. People love it when they are together and were very shaken up when it ended for real. This is just proof that, when we are young, we are still finding ourselves and figuring out what we want. It's okay if we change our minds! Sometimes, you need to spend time apart from someone to realize you really want to be with them.

5. Kristen Stewart and Robert Pattinson: The on- and off-screen lovers were a favorite in the eyes of the public. Their

characters of Edward Cullen and Bella Swan on *Twilight* will forever remain happy in love, but in real life, people don't always work and have to go their separate ways. Pictures of Kristen Stewart kissing the director of a film she was making surfaced and definitely put a strain on her relationship with [Robert Pattinson](#).

What are some other devastating celebrity break-ups to add to the list? Share your thoughts below.

Relationship Advice: How Do You Know When Prince Charming Is Actually Prince Alarming?





By Justin Lavelle, BeenVerified.com

When you hear someone say that they met their significant other online, you wouldn't think twice, as online dating is one of the leading ways singles meet potential suitors. Although it's commonplace to meet people online, there are always risks associated with dating people you don't know. You might end up connecting with someone who has a fake profile and is more interested in scamming you rather than determining if you're Mrs. Right. But how do you know if you're dealing with someone who has a fake profile? And what are the red flags you should look for? Fortunately, there's [relationship advice](#) to navigate the online dating scene and figure out if you're dealing with prince charming or prince alarming.

Relationship Advice: Tips to Help Protect Yourself When Dating Online

1. It's a big red flag if your online interest asks you for money, especially if it's early on and you've never met face-to-face. Scammers will often ask for money on behalf of a sick

relative, a short term loan to pay rent, or travel money to visit you if he lives out of state.

Related Link: [Match.com Studies Singles in America](#)

2. Be careful if he avoids meeting you, especially if he says he will be out of the country. There's a reason that scammers don't want to meet face-to-face. If they're running a game, they will come up with all kinds of excuses to avoid meeting. Some may use work travel as an excuse, others may say they have shared custody of his kids and it's his weekend to keep them, or that an ill mother needs to be taken care of. Listen to this relationship advice: Pay close attention to what they're saying.

3. Dating experts say to meet relatively quickly in person and in a public place. It's advantageous to meet face-to-face to see if you have chemistry and if he is who he claims to be. It's far easier to walk away from a bad situation before you feel an attachment. Choose a place that has foot traffic in case you need to call out for assistance. Always tell a friend or family member where you'll be and what time you'll be there. It might be wise to have a bail out call come 30 minutes into your meeting, just in case you need an escape strategy.

Related Link: [Julie Spira Discusses 'The Perils of Cyber-Dating'](#)

4. Accept the fact everyone tells lies, even little white ones, so decide where you draw the line. Online daters want to put their best foot forward. Men may say they're a couple of inches taller than they are in reality, and women may not accurately describe their body type. Many online daters accept superficial lies as part of the deal. My dating advice is to decide what is acceptable for you.

5. To avoid identity theft scams, try Google's reverse image search. Take a few minutes to search the profile's pictures,

and if the reverse search shows up across hundreds of pages, it's highly likely that the person is being deceitful and is using someone else's images as his own.

Related Link: [Relationship Expert Reveals What to Do Before You Begin Online Dating](#)

6. When chatting online, make sure the flow of conversation makes sense to ascertain if you're talking to a live person or a robot profile. Mix up the conversation; see if the person continues to track with you. If they're unable to switch gears, it could be a robot responder giving predetermined responses.

7. Relationship experts say if his profile is comprised of only one photo and the text is basically empty, they could be a scammer. People who don't want to be held accountable to the content of their profile will simply leave it blank. If they're too lazy to take the time to self-disclose and post some self-descriptive text, then you should probably take a pass.

8. If his Facebook account has fewer than 100 friends, there's a reason to be suspicious, especially for younger users. Most people on Facebook have more than one hundred friends. There could be an explanation; he may be new to social media or a teacher that is trying to remain private. Delve deeper into his reasons. This doesn't necessarily apply to older users, as the average person over 55 is more likely to have smaller amounts of followers.

Related Link: [Online Dating Advice: When To Jump Back Online After A Breakup](#)

9. If people claim to be famous or know famous people, it could be to lure you in. Some women get star struck and might continue in conversation with someone they aren't interested in if there is hope of meeting someone rich and famous. Take their stories with a grain of salt; don't continue the

dialogue if you're not truly interested.

10. Research as much as you can about the person before you meet face-to-face. Search their name on Google, search all social media profiles and ask friends if they know them. You might find out that the person has a criminal record or may be in a serious relationship and love already! Also, you can do a thorough background check on the person via BeenVerified.com, which consolidates information from public data sources to make it a one-stop shop for accessing personal information.

Justin Lavelle is the social media and blog content director for BeenVerified.com. BeenVerified is a leading source of online background checks and contact information. It helps people discover, understand and use public data in their everyday lives and can provide peace of mind by offering a fast, easy and affordable way to do background checks on potential dates. BeenVerified allows individuals to find more information about people, phone numbers, email addresses and property records.

Dating Advice: What Katie Holmes Can Teach Us About Post-Divorce Hooking Up





By [Christina Pesoli](#)

Rumored celebrity couple Katie Holmes and Jamie Foxx. Are they or aren't they hooking up? *US Weekly* says "yes," they're a new celebrity couple. Jamie Foxx says "no." And, because Katie Holmes is Katie Holmes, she won't even dignify the question with an answer. But regardless of how you feel about this rumor, the story makes obvious the following: hooking up is no longer exclusively for the twenty-something and under crowd. Post-divorce hooking up is now a thing.

But, how can you tell if post-divorce hooking up is right for you?

To maximize your chances of waking up in the morning with no regrets, consult the relationship advice flowchart before getting your groove on:

- 1. Are you actually divorced?**

a. No? Do NOT hook up. Random hookups before your divorce is final are one of the top causes of completely avoidable divorce drama. Get your divorce done first; then, get your freak on.

b. Yes? Proceed to the next question.

Related: [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

2. Are you wearing beer goggles?

a. Yes? Do NOT hook up. You want your decision to hook up to be made with complete clarity. And nothing clouds your judgment like beer goggles or worse yet, vodka vision.

b. No? Proceed to the next question.

Related: [Jennie Garth: Can You “Win” the Celebrity Exes Challenge?](#)

3. Are your kids with you?

a. Yes? Do NOT hook up. The last thing your kids need is to be traumatized by walking in on you doing the wild thing with some random guy.

b. No? Proceed to the next question.

4. Are you in a public place?

a. Yes? Do NOT hook up. Have a little consideration for those around you. Hooking up should only be done in private.

b. No? Proceed to the next question.

5. Is the guy you're thinking about hooking up with young enough to be your kid?

a. Yes? Do NOT hook up. Look, I'm not trying to be all ageist, but you're bordering on being really creepy.

b. No? Proceed to the next question.

6. Is hooking up with this guy something you hope to keep secret?

a. Yes? Do NOT hook up. Nothing ever stays a secret—especially not hooking up.

b. No? Proceed to the next question.

7. If/when word spreads about this hookup, are you likely to feel embarrassed or humiliated?

a. Yes? Do NOT hook up. Word WILL spread. So, make sure you're cool with that.

b. No? Proceed to the next question.

8. Is there a significant chance you will regret this?

a. Yes? Do NOT hook up. And even if you think the idea is awesome when you're in the heat of the moment, think long and hard before hooking up with a coworker or neighbor. Having to repeatedly run into someone makes it hard to put the whole thing behind you if you do end up regretting it later.

b. No? Go for it!

Christina Pesoli practices family law with Noelke Maples St. Leger Bryant, LLP, in Austin, Texas. She is the author of Break Free From the Divortex: Power Through Your Divorce and Launch Your New Life (Seal Press). She has written extensively on the topic of divorce, providing advice and support designed to help people avoid common mistakes that make divorce take longer and cost more. She also writes advice columns for CultureMap Austin and Divorce Magazine. You can find more of her articles on her website: christinapesoli.com.

Jennie Garth: Can You “Win” the Celebrity Exes Challenge?





By [Dr. Jane Greer](#)

It's been less than two years since actors Jennie Garth and Peter Facinelli finalized their [celebrity divorce](#), but already both are engaged to new partners. After Peter announced his [celebrity engagement](#) on March 16, Jennie's engagement to her new boyfriend of only a few months was confirmed last week.

The question is: Is this a coincidence, or a “battle of the celebrity exes”?

Sometimes one person will try to “win” their breakup by not being the one left alone while their ex has found new love. Even though you may be relieved that your relationship and love has ended, seeing your ex get into a new relationship or get engaged to someone else can potentially drive you to get involved quickly with someone you might otherwise not be so interested in. Additionally, it can also trigger you to take the next step with your own new partner so you don't feel your

ex is getting on with their life and you're the one being left behind.

The Many Facets of Divorce

There are many facets of divorce that people have to go through, and there is no question that one of the most difficult is dealing with your ex when they move on and become involved with someone else. Whether he or she is starting a new relationship or is making the ultimate commitment by getting engaged or married, it can reverberate through you and oftentimes makes you feel like you are experiencing an ending all over again. This can be true whether you are in a new relationship or not. Inevitably you feel a loss knowing someone has taken your place. Regardless of whether the relationship ended at your former partner's hand or your own, it is hard not to look back at what was good when you were together, and feel bad that it didn't work out. That can be the case even if you are in a new, healthy relationship.

How to Stop Looking Backward and Start Looking Forward

First, know that feeling envy, sadness, and regret is natural and understandable. The trick is learning how to deal with it so those feelings don't consume you. The most important thing is to keep in mind that what you shared with your ex was once special and helped form you into the person you are today. You stayed together for as long as you could, while it worked for both of you, but it ended because it was no longer generating the happiness the two of you signed on for. If your ex is now happy and has moved on, that can be a signal for you to be doing the same thing by either looking for the relationship you always wanted but weren't able to have with your ex, or by shaping the new relationship you're in to make sure it is fulfilling and gratifying in a way your old one wasn't. Instead of living in the past, look to the future so you can stop feeling unhappy and empty about what you missed out on, and finally secure what you wanted all along. In other words,

stay focused on yourself so you can build your own happily ever after.

As far as celebrity exes Peter and Jennie are concerned, at least they have each moved on with their new lives respectively and, in doing so, they appear to be in sync once again.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.

Dating Advice: The Psychology of Online Dating





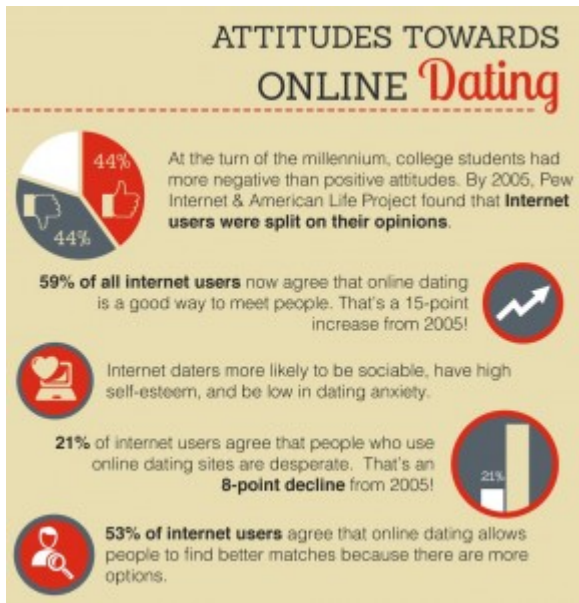
By Jill Kapinus

Have you ever wondering just who, outside of the people you know, is using online dating to meet potential partners? And whether people actually think it works? We can't quantify love—heck, we can't even define it!—but we can look at some relationship advice and the statistics of online dating.

What makes a person reach out or respond to a virtual stranger? What about the stigma that has lurked in the shadow of online dating since its outset? Let's reveal some dating advice below.



The Pew Research Center has conducted surveys that look at these aspects of online dating and how they've changed from 2005 to 2013. Back in 2005, 44% of respondents thought that "online dating is a good way to meet people." In 2013, that number rose to 59%—a pretty positive climb.



The stigma around online dating seems to also have taken a positive turn as well, as 53% of internet users agree that online dating allows people to find "better matches" because there are more options.

Related: [Relationship Advice: Social Tips from Ben Franklin and Other Maxims Masters](#)

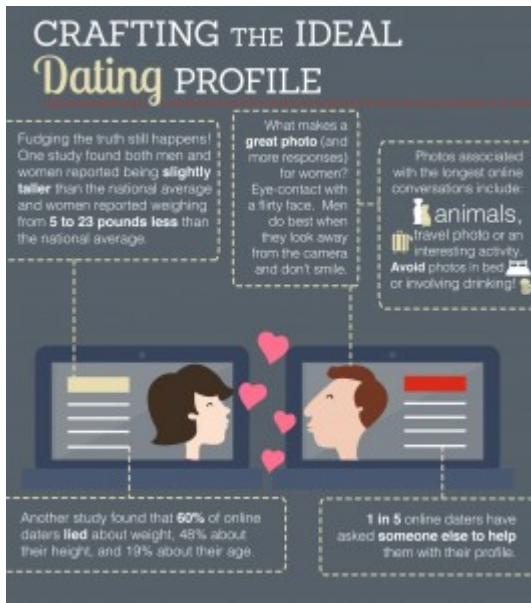


One thing that may always be consistent is that people tend to embellish the truth when it comes to self-describing. One study found that on average, men listed their height as being slightly taller than the national average and women listed their weight as 5 to 23 pounds less than their actual weight. And while women whose profile pictures that featured eye contact and a “flirty face” garnered more responses, men who looked away from the camera and didn’t smile received more replies.

Related: [Relationship Advice: 3 Ways to Handle Unmet Expectations in Marriage](#)



No matter what draws someone to online dating, it seems that the popularity is increasing, with new online dating apps and websites popping up all the time. So, take our love advice. If you feel like branching out of your typical dating comfort zone, you’re not alone! Take this dating advice and take a fun photo of yourself, ponder what your “type” is, and give it a whirl!



What are some other pieces of psychology behind online dating? Share your thoughts below.

A native of northern New Jersey, Jill works as a copywriter in the education industry. She has also written for the healthcare, home mortgage, and home furnishing industries.

5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships





by Molly Jacob

It seems that every day that a new Hollywood couple is breaking up or getting back together. But what about the couples that have withstood the test of time? When celebs have been in relationships and love for years, they have a lot of wisdom to impart about relationships and love.

See what love advice celebrity couples in long-term relationships have found useful for their own relationships!

1. Alyson Hannigan and Alexis Denisof: These *Buffy the Vampire Slayer* costars married in 2003 and have two daughters. When she was asked about the best love advice she had ever received, the *How I Met Your Mother* celeb said, “‘Don’t ever spend more than three weeks apart.’ Two and a half weeks, maybe three, was the longest we ever did.”

2. Tim McGraw and Faith Hill: This country music Hollywood couple has been together for 19 years. McGraw said in an interview with *Great American Country*, “You just have to love the skin you’re in, basically. You have to walk this life together. There will be times, ups and downs, but you have to essentially like the person that you love. I think it’s important to laugh a lot and have a good time. Life is so short. It sounds contrived but it’s the truth.”

Related Link: [Tim McGraw Credits Faith Hill for Helping Him Quit Alcohol](#)

3. David and Victoria Beckham: This power celebrity couple has been married for 15 years. David Beckham says the secret to their relationship and love is that they “have fun together.” Beckham told *People*, “We’ve got three beautiful children together which our whole time is making them happy and making sure they’re healthy and good so most of our time is spent on them. But we have to also spend time together as a couple and that’s always important.”

4. Kelly Ripa and Mark Consuelos: This celebrity couple, who met on the set of *All My Children*, got married in 1996 and have three children. Ripa said her best love advice is, “Don’t get divorced after your first argument! I have a lot of friends that have one fight and that’s it, they get divorced. I go, ‘Wait a minute! Oh my gosh, you guys! Calm down! You’ll forget in three days what you were fighting about.’” The celeb also revealed in an interview on *Watch What Happens Live* that the secret to their marriage is that they have “lots of sex.”

Related Link: [Kelly Ripa on Electrolux and Her Marriage to Mark Consuelos: “We Still Dig Each Other”](#)

5. Robin Meade and Tim Yeager: The *CNN* anchor and her long-term boyfriend married in 1993. The best love advice she has ever given is, “Gals, don’t marry someone for their looks. Sooner or later we all age and start to droop. Don’t marry

someone for their position and don't marry someone for money. Money comes and goes, and since when is that love? Marry someone because they make you laugh. Humor is always sexy. Besides, it's awfully hard to get mad at someone while they're making you laugh."

What's the best love advice you've received from someone in a long-term relationship? Share in the comments section below!

Love Advice: Can Jennifer Lawrence and Bradley Cooper's Work Marriage Work?





By Dr. Jane Greer

The on-screen chemistry shared by actors Jennifer Lawrence and Bradley Cooper is so true to life, it's hard to believe it isn't real. The two can be seen everywhere from *Silver Linings Playbook* to *American Hustle* to their upcoming project, *Serena*. Both admit to being each other's work spouses, but insist there is no sex in their faux celebrity marriage. Having a close relationship with someone at work can happen to anyone, not just celebs. You don't actually have to be "playing" husband and wife on screen to feel like you are just that, to an extent. It can happen in any job setting.

The love advice question is, how entangled can you become with a work spouse, and where do you draw the line so the relationship

doesn't negatively affect other parts of your life?

Define Boundaries

Defining the boundaries and being clear about how far and where you can take the connection can, in fact, make the friendship better and allow you to fall into the zone where flirting can be fun, but safe. It also makes room for your chemistry to kick in because it eliminates the constant question of whether or not you're going to take this relationship to the next level. You know the answer is "no," so that gives you room to express yourself more freely.

Attraction is Good

Many friendships between men and women are punctuated by attraction which is never acted on, but keeps the relationship exciting and alive. In the end, though, it isn't just about that energy and flirtation. It is more about knowing each other well, working well together, having each other's backs, and especially experiencing the security of the trust you share. While people often joke that the relationship has the dimensions of a marriage, it is, in fact, really about the camaraderie.

Know the Limits

The most important piece of love advice when it comes to work marriages is if you aren't in a romantic relationship outside of work, knowing the limits of your "work marriage" is important so you won't end up disappointed if it never goes beyond what it already is. If you are dating or married to another person, knowing those limits is even more important so it doesn't spill over the walls of the office and create jealousy or a perceived threat to your partner. With that in mind, if you are spending time with your "work spouse" outside

of work, invite your significant others to join you. That way they will feel included in your friendship instead of excluded. Along those lines, if you spend personal time together, make sure it is work-related, rather than simply going out to have a good time, so that there is no question about what you are doing when you're together.

As "work spouses" and actors, Jennifer and Bradley might be put in more questionable situations than most who are close and share an office because of the specific roles they are playing. Even so, as long as they hold onto the agreed upon boundaries, they will be able to leave their "work marriage" on the set and live their personal lives without complications.

The Hottest Single Celebrities of 2015





by Molly Jacob

While the 19th season of *The Bachelor* may have ended, we're still drooling over the dreamiest bachelors in Hollywood. Even though a few of these celebs may be dating women, they're fair game if there's no ring! While many of these single celebrity men may be unattainable for the average person, it's still fun to fantasize about having a chance with one of these hunks.

Check out Cupid's list of the hottest single celebrities of 2015!

1. Ed Westwick: Who doesn't love Chuck Bass? This *Gossip Girl* star is on the rebound after a split with co-star Jessica Szohr. He's been spotted around town with a few mysterious brunettes, but like many single celebrities, Westwick is keeping quiet on any serious relationship and love in his life.

2. Jake Gyllenhaal: This handsome celeb has been breaking hearts since the early 2000s. Even though no official

announcement has been made, there are rumors circulating that he and his “Constellations” co-star Ruth Wilson are romantically involved. Plus, he was recently spotted with Rachel McAdams having a cozy dinner. We won’t believe either one of these until he says so himself!

Related Link: [Celebrity Exes Reese Witherspoon and Jake Gyllenhaal Reunite at Golden Globes](#)

3. Prince Harry: The notorious party boy is known for causing trouble, but as of now, there’s no serious relationship in his life. Among all the single celebrities on this list, Prince Harry may be the least likely to settle down soon, which we’re sure the Queen isn’t too happy about.

4. Leonardo DiCaprio: Leo is one of the most infamous single celebrity men in Hollywood. News of his breakup from German model Toni Garrn came around the time he was seen leaving a club with 20 models in tow. It sounds like this celeb isn’t looking to settle down any time soon, either!

Related Link: [Leonardo DiCaprio and Longtime Love Toni Garrn Call it Quits](#)

5. Ansel Elgort: A young woman his age was noticeably missing from his arm last month when this *The Fault in Our Stars* cutie took his mom as his date to the Oscars. Although he apparently has recently gotten back together with his high school girlfriend, we’re not giving up on dreaming about this celeb!

Which of the hottest bachelors of Hollywood did we miss? Let us know in the comments section below!

Relationship Advice: 5 Small Things You Can Do To Increase Generosity in Your Relationship



by Molly Jacob

It's a fact that generous couples are happier couples. Experts are finding that love advice for stronger relationships can be just as simple as increasing the generosity between the two of you. Being generous in the realm of relationships and love doesn't always have to do with money, but can even be something as simple as helping your partner unload the groceries.

Cupid has relationship advice for how to increase the generosity in your relationship!

1. Be generous first: This piece of relationship advice is super important. If you want your relationship to be more generous, you need to set an example of what that looks like! From offering to pay for dinner to giving your partner a foot rub after he or she has had a long day, give as freely as you can. Because you love your partner, you should desire to treat them well even if you expect nothing in return. A common rule of thumb about how to treat other people, and something that can also be applied to love advice, is to treat others how you would want to be treated.

2. Be forgiving: We all make mistakes sometimes, and often these have to do with relationships and love. Relationship advice: don't hold grudges. Give out your forgiveness freely if your partner ever does something that warrants an apology. Sometimes, it's hard to accept an apology for something that your loved one did. But think about how hard it is to ask for forgiveness in the first place, especially if it's a mistake they made in the area of relationships and love. Put yourself in your partner's shoes, and you will be able to add more generosity to your relationship.

Related Link: [Are Chris Martin and Jennifer Lawrence Getting Back Together?](#)

3. Let go of the little things: Even in healthy relationships, we can get hung up on petty disagreements or fights. Let your honey pick the restaurant or change the television channel. Your sweetheart will be grateful, and next time you're going out to dinner or sitting in front of the T.V., they may remember how generous you were the last time and will reciprocate the good deed.

4. Share with your partner: Just like that saying, “What’s yours is mine and what’s mine is yours,” be more open to sharing in your relationship. We should have independence and autonomy in our relationships, but we should also let our partner into our lives. Whether it’s as simple as sharing your food or sharing a meaningful aspect of your lives, be generous with your love.

Related Link: [Sharing May Not Always Be Caring](#)

5. Express your feelings: Even after you do many generous acts in your relationship, your partner may still not be getting the message. If this makes you upset, say it! Bottling up feelings of resentment or like you are doing all the work is never good in any situation involving relationships and love. Communication is essential in a relationship, so sharing your thoughts with your partner is always good love advice.

What other ways do you increase the generosity in your relationship? Share in the comments section below!

**Alternatives to Couples
Therapy: Save Your
Relationship and Love Life**





By Keith Miller

For many couples, there's no substitute for the dedicated attention of a qualified couples therapist to breathe life into your relationship and love life. For others, an intensive weekend retreat, relationship coach, self-help educational product, or online program can be very effective.

You may want to consider alternatives to couples therapy, or some combination of both, if your situation warrants it.

If one of the following applies to you, an alternative to couples therapy may be for you:

- You're preparing for marriage or have no serious concerns about your relationship, but want to stay on a good course together.
- Your experiences with couples therapy were so bad that

you aren't ready to start the process again.

- You can't afford to pay for couples therapy.
- You want to enhance your couples therapy with complementary educational experiences.

There are vast resources available which are excellent alternatives to couples counseling. Below are a few options:

1. Educational workshops for couples: There are dozens of educational workshops focused on relationships. How do you sort through an overwhelming number of choices to select a reputable workshop and presenter? One time-saving and effective strategy is to search for the three most popular "brands" of couples therapy today and get information about educational workshops based on these approaches in your area.

Related Link: [Relationship Advice: 3 Ways to Handle Unmet Expectations in Marriage](#)

2. Relationship coaching: Coaching in the United States is not regulated by state boards of health as psychotherapy is, and it therefore has a reputation for being a less formal method of getting love advice and help for your relationship. One way relationship coaching is distinct from therapy because a coach is like a personal consultant who assumes you and your partner are generally healthy and capable of making changes if given guidance and information.

Related Link: [Cameron Diaz: Is Sex the Answer to Relationships and Love?](#)

3. Online self-help for relationships: Proceed wisely. When you turn to the web for advice about your relationship and love life, know that your search results may vary. To assist you in weeding out the far-out from the outstanding, three great websites are www.SmartMarriages.com, www.talkaboutmarriage.com, and www.familydynamics.net.

Keith Miller, LICSW, is the director of a large DC

psychotherapy private practice and the author of Love Under Repair: How to Save Your Marriage and Survive Couples Therapy.