

# EXCLUSIVE: The 'Hollywood Ex' of Will Smith, Sheree Fletcher, Says, "I Never Should've Filed For Divorce"



By Bernadette

McCadden

In the first season of 'Hollywood Exes,' which premiered on VH1 on Wednesday, June 27, viewers will see the real life of Mrs. Sheree Fletcher – not to be mistaken for that of ex-Mrs. Will Smith. In the season premiere, Fletcher goes to dinner with the other cast members, where she meets Andrea Kelly, the recent divorcee of R&B artist, R. Kelly. Kelly desperately seeks advice from the other women about how to get

through the hurt of a break-up, and Fletcher encourages her to focus on her kids – something that she did in the wake of her own divorce.

Smith and Fletcher, who divorced in 1995, had one son together, Willard Christopher Smith III, better known as Trey, who is now 19 years old. Looking back on it, Fletcher realizes she had been naïve about marriage, forgetting that it takes hard work to keep a relationship strong. “I went into that marriage with false expectations of what marriage should be. I thought I would be happy every day; I didn’t know there would be up’s and down’s,” she shares. “Based on my situation with Will, I never should’ve filed for divorce. It wasn’t that bad, it wasn’t that serious.”

The divorce took a toll on Fletcher, who now understands that no matter what, after a divorce, you have to give yourself time to mourn. You can’t just ignore the heartache and rush into another relationship. She says, “I went to a therapist; I cried, I cussed and I screamed. It was a safe place. She made me think, and she made me do the hard work necessary to overcome the pain.”

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For Trey’s sake, Fletcher and Smith have remained friends. In fact, the two families have even spent Christmas together, just so Trey wouldn’t feel bad about choosing one parent over the other. So how does Fletcher’s current husband Terrell feel about this arrangement?

“Terrell absolutely loves Will and Jada, and we all get along well. It wouldn’t have worked otherwise. I needed someone who would be on the same page as us and put my child first,” Fletcher explains. “I felt so guilty after the divorce, like I did my child a disservice. I needed to forgive myself and then become a good co-parent with Will to ensure that Trey remained

the priority. Terrell completely understood.”

The two have been happily married now for over a decade. Fletcher’s husband is a pastor at Hope International Church in San Diego, California, where she also works. As seen on ‘Hollywood Exes,’ the couple only get to see each other a few days a week because her primary residence is in Los Angeles, not San Diego. “Because we’re in different cities, it can be easy to get caught up in your day, so we always make the effort to stay connected,” she says.

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So when they are together, what is their favorite thing to do on a date? Go to the movies!

“We’re simple people,” Fletcher says. “There’s this movie theatre called iPic in Pasadena, California. We drive thirty miles just to go there because they have these big plushy seats, and you push a button to order food! They’ll bring you lamb chops and filet mignon sliders – it’s very gourmet!”

*You can catch Fletcher on ‘Hollywood Exes,’ which airs on Wednesdays at 9/8 CT on VH1.*

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## Date Idea: Turn up the Heat in the Kitchen





By Amanda Martin

Stay in this weekend and test your skills in the kitchen with your significant other. Prepare the whole meal from scratch and don't forget to set a romantic mood with candles.

Start with something simple for an appetizer. Put together a mixed green salad with fresh vegetables such as grilled eggplant, tomatoes, cucumbers and a balsamic vinaigrette dressing. You'll be eating healthy as a couple, so neither of you will feel too guilty about dessert.

For the main course, make spaghetti with homemade tomato sauce. It's easy enough for beginners and it's the team effort that counts when making the sauce. Be sure that the two of you eat opposite ends of a single strand of spaghetti until meeting in the middle – Lady and the Tramp style.

If you're in the mood for fun romance, individual pizzas are a delicious meal to cook together. Create heart shapes with the dough and make a game out of spinning it in the air like a professional chef. Once the main course is in the oven, start on the sweets. Mix your own cake batter and frosting exactly

how you both like it. Use colored icing to write messages to one another on the cupcakes. It can be something important you've been waiting to say, or it can just be a reminder of your love.

Cozy up on the couch with a bottle of wine after dinner. Shut the ringer on your phones and keep the TV turned off. Instead, use this time to really bond.

**What's your favorite meal to cook together? Let us know in the comments below.**

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## **Dating After Being Dumped: How to Avoid Messy Rebound Relationships**





By Sari Holtz

At the young age of 26, screen siren Scarlett Johansson was seen snuggling up to Sean Penn, 51, mere days after her divorce from Ryan Reynolds. Similarly, Jennifer Lopez started stepping out with Casper Smart very shortly after her marriage to Marc Anthony ended, though she is 18 years Smart's senior. While these rebound romances may seem extreme, they are actually quite common, both among celebrities and "normal people" looking for love after a relationship sours. Although most rebound relationships end in failure, it stands to reason that anyone coming out of a breakup should be in the proper mindset before entering a new relationship. Here are some ways in which you can avoid a painful rebound relationship and find one that works:

**Related:** [Rachel A. Sussman Helps Us Recover After a Breakup in 'The Breakup Bible'](#)

**1. Expand your options.** If you've already dated your coworkers' relatives and your hairdresser's brother unsuccessfully, it's time to expand your social circles in

your search for a soul mate. One great way to do this is by using an internet dating service to get new options. Online dating sites have now been used by celebrities such as Chace Crawford and Halle Berry, and have produced millions of happy couples. It helps that top online dating sites are no longer a mishmash of singles looking for love. Instead, many of today's dating websites cater to select clientele, so that singles can find someone with similar values to theirs. Research your options carefully to increase your chances of success, whether you're looking for specifics like the best gay dating websites or just a general dating website. Planning will also make the process more exciting, which will make you eager to get back into the dating scene.

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**2. Go slow.** No matter how you plan to snag a date, make sure not to rush into things out of fear of solitude or eagerness to find love again. Carefully consider your options to make sure that this potential suitor is truly relevant before committing to a date. That way, even if it doesn't work out, you can know you tried your best.

**3. Get help.** If you're nervous about rejoining the dating scene, a dating coach can help you find the balance between being careful and going too slowly. People coming out of a painful relationship are often unsure about what went wrong or what is preventing them from dating again. A coach will talk about these issues and help you focus on your positive attributes so that you can start a new relationship with confidence.

Most importantly, remember to learn from your past mistakes. By doing this, you'll be a more educated dater when you move forward.

*Sari Holtz is an associate editor at Consumer-Rankings.com, a website that offers comprehensive reviews of the top online*

*dating sites, web best hosting providers, online tax software and more.*

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## Is Kanye West Daddy Material?



By Amy Osmond

Cook

All signs point to a third marriage for Kim Kardashian, after she revealed her strong feelings for grammy-winning artist Kanye West in a recent interview with Oprah. Kim stated, "I want babies; I want my forever; I want my fairytale." Kanye appears to be equally smitten. But is he daddy material?



As Dr. David L. Hill describes in his new book, *Dad to Dad: Parenting Like a Pro*, a father's role in his child's life has no equal. Premature babies gain weight better if their dads are involved in their care. Children with involved fathers have better language skills, make better grades and enjoy better self-esteem than those without them. Children whose fathers are involved in their care are less likely to wind up in jail, use drugs and alcohol or become pregnant in their teen years. Fathers are monumental.

Especially considering her recent snafu with Kris Humphries, Kim will want to take her time deciding if Kanye is the right man for her and her future reality stars. Here are three ways to tell if Kanye is ready for Kim's fairytale life with babies:

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**1. How does he treat his mother?** Does your guy respect his mother or talk down to her? Does he compliment her or criticize her? The first rule of good fathering is to love and respect his child's mother, and a boy's relationship with his mother is usually the model that he will follow in subsequent relationships.

**2. Can he go with the flow?** As every parent knows, the best-laid plans are often foiled by a baby who won't sleep, a child who gets sick or a teenager who needs some reassurance. Before you walk down the aisle, a trip to Disneyland with someone's little terrors may be warranted. If it's still the happiest place on earth at the end of the day, chances are that your guy is flexible enough to be a good father.

**Related:** [Five Top Tips on How to Find "The One"](#)

**3. You are more important to him than his party plans.** If your guy is out partying with the guys every night, chances are he's not ready to settle down and have a dozen kids. Any parent knows that babies determine their own schedules—which

(if you're lucky) consist of twelve hours of sleep. So, unless you plan on getting a night nurse, you're going to be watching a lot of movies at home.

Only time will tell whether Kanye and Kim will have little fashionistas of their own, but Kanye's storybook relationship with his mother, who has now passed, bodes well for his future parenting skills. This relationship is memorialized in his song, "Hey Mama": "Hey Mama, I wanna scream so loud for you/ 'Cause I'm so proud of you/ Let me tell you what I'm about to do ... I appreciate what you allowed for me, I just want you to be proud of me."

Maybe the third time is a charm.

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## Hollywood's Messiest Splits





By Evan Goldaper

We all wish it could be different, but breakups are rarely painless. Whether it's the kids, money, future plans or just anger, there's almost always something to fight over. In a word: drama. If you follow the roller coaster ride that is Hollywood relationships, you're sure to have realized that celebrity splits are the biggest and most dramatic splits around. Cupid took a look at some of the worst celebrity divorces in recent years to see what practical lessons could be learned from the wreckage:

**1. Kim Kardashian and Kris Humphries:** No discussion of celebrity breakups would be complete without a look at Kim Kardashian's legendary split with Kris Humphries following a 72-day marriage. The two only dated for six months before Humphries proposed, and they never settled on plans for life after the wedding. Both accused the other of using their relationship as a money-making scheme. Financial issues aside, it's this pair's insistence on keeping themselves in the public eye that turned what could've been a quick and quiet split into a massive, messy parting of ways. In fact, their

divorce is taking longer than their entire marriage ... but it *has* kept their names in the tabloids.

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**2. Arnold Schwarzenegger and Maria Shriver:** The aftermath of Arnold Schwarzenegger and Maria Shriver's relationship shows that no matter how long a couple has been together, breakups can still be difficult and dramatic. Though the two had been married for 25 years, Schwarzenegger revealed in May of 2011 that, over a decade earlier, he had fathered a child with his housekeeper. The longtime couple tried to work things out in couples' therapy, but even Schwarzenegger admitted that what he had done was inexcusable. Though Shriver quickly moved into a separate mansion, the two are technically still married and discussion of their divorce continues to this day.

**3. Charlie Sheen and Brooke Mueller:** In December of 2009, reports broke that Charlie Sheen assaulted his wife Brooke Mueller with a knife, setting in motion another of Tinseltown's biggest breakups. Both Sheen and Mueller are known for their erratic behavior and substance abuse, which ended up putting a huge amount of stress on their relationship. Sheen's violence quickly led to a split, but the ensuing custody battle lasted for months. Though they initially settled on joint custody of their twins, the two began tossing threats back and forth to get that changed. It wasn't until Mueller got close to \$1.75 million in settlement that things simmered down.

**4. Heidi Montag and Spencer Pratt:** And finally, the most confusing breakup of all: Heidi Montag and Spencer Pratt's. They were married twice—in 2008 in Mexico and in 2009 in the United States—but their marriage still didn't last long. As early as March of 2011, rumors began about their breakup when Montag fired Pratt as her manager. Soon after, she divorced him, claiming he insisted on controlling both her life and the

press surrounding her. The two battled on and off for months, with Pratt threatening to release their sex tapes if Montag didn't film a new reality show with him. However, the two were spotted together in Costa Rica during one of these battles, making many assume that these overblown arguments were just attempts at getting attention. Either way, the two were back together by September.

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So what can we learn here? Well sure, you might not have \$1.75 million to give to your ex or paparazzi hounding your every decision, but you certainly do have your own level of concerns about your well-being. Talk about your issues with your partner, and you can keep them from getting in the way of romance. Even if you do break up, communication will keep your split clean.

**Have you had any messy breakups? Tell us about them below!**

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## How to Successfully Date an Aspiring Entrepreneur





By Suzanne K.

Oshima

It's easy to see the fairytale ending when you date an aspiring entrepreneur, but many don't realize all of the work it took for men like Facebook's Mark Zuckerberg, PayPal's Elon Musk and Bill Gates to be successful. The women who supported them in the early stages sacrificed just as much as the entrepreneurs themselves as they dealt with their stresses and lack of free time. Zuckerberg had to put in so much time at Facebook that his then-girlfriend Priscilla Chan made him sign a contract that called for "one date per week, a minimum of a hundred minutes of alone time, not in his apartment and definitely not at Facebook." A contract might seem a bit drastic, but it does demonstrate that it's clearly not easy to date an aspiring entrepreneur. If you want your relationship to survive in the long term, consider these important tips:

**Related:** [What Role Does Ambition Play in a Relationship?](#)

**1. See and understand his vision:** An aspiring entrepreneur appreciates someone who finds his unique idea as exciting as

he does. Whatever they're planning is important to them, so caring about it is essential. Try to see and understand their vision while removing enough from the situation to give them the opportunity to take their minds off of work now and then.

**2. Be supportive, understanding and patient:** When you're dealing with an entrepreneur, there are going to be many times that they'll have to cancel plans at the last minute because of business. It's important for you to understand that it's not because he doesn't want to have date night, it's just because he simply couldn't. Entrepreneurs are under a lot of stress: the last thing they need is more stress from you.

**3. Make quality time:** As mentioned, entrepreneurs are always busy, so your time together will always be limited. Make the most of it, and enjoy your togetherness rather than complain that you can't be spending more time with them. Remember, quality is much more important than quantity.

**4. Set expectations:** Many aspiring entrepreneurs seem married to their business, so be clear on what you expect from your relationship as soon as it begins. Rather than make demands, politely tell them what you appreciate and expect from someone you're dating.

**Related:** [5 Ways Facebook Can Help Mark Zuckerberg Keep His Marriage Strong](#)

**5. Live your own fulfilling life:** The majority of an entrepreneur's days, nights and weekends are going to be spent building the business, so be sure to have your own life to occupy your time. Your [partner](#) will be happy to see that you're getting out and doing your own thing, instead of sitting around waiting for them to have free time.

**6. Prepare for Uncertainty:** Entrepreneurs are unconventional risk takers who never lead normal, 9-to-5, predictable jobs. It's important to look forward to the excitement of the inevitable ups and downs and embrace the uniqueness of your

life together.

It's very easy to date a rich and successful entrepreneur, but very few people have what it takes to date an aspiring, struggling one. Overall, however, it can be an amazing experience. You just have to be willing to take the risks with them, and ultimately try to be someone who can add value to their life.

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## **Miley Cyrus...Mr. and Mrs. Hannah Montana?**







By Jane Greer,

**Ph.D. for GalTime**

Celebrity stars shine so bright and we look up to them. Yet often we are puzzled when they fall, so Shrink Wrap is here to shed light on it all. Is there any love so pure and optimistic as the first? Believe it or not, 19-year old Miley Cyrus is engaged to her Australian beau Liam Hemsworth, 22. The couple have been together for three years, making Miley a mere 16 when they met.

[Is Miley too young to be planning her wedding?](#)

Media coverage of the pair is dripping with doubts over the everlasting nature of their romance. But Miley is no naïve little girl. She's faced scrutiny before for her brazen and mature moves, moves that pushed the boundaries of 'age appropriate' (or just plain appropriate). Consider her 2008 photo shoot with Annie Leibovitz. The *Vanity Fair* spread caused weeks of media uproar for printing images of Miley, then 15, gazing subtly over her shoulder draped in nothing but a satin sheet. Just last week, tabloids were gawking over

photos of Miley in her notorious short shorts.

**Related:** [Playboy is Eyeing Miley Cyrus](#)

But through it all, Miley has maintained the scrubbed up rep, stemming from her Disney days. Though bold and provocative, she's managed to avoid the club scene scandals that plague other tweens-turned-starlets. She's close with her family and boasts 6 million (yes, million) Twitter followers. Miley's been ranked several times among Forbes top Celebrity 100. She must be doing something right.

Even if youthful naïveté and the pressures of public scrutiny were removed from the equation, there is still a lot the couple has to deal with. But at the end of the day, Miley and Liam are two adults managing mega careers as well as an intimate relationship—no small feat. Most importantly, they are happy and ready to tackle whatever it takes to launch their new marriage. So here's to lending them support and congratulating them on their engagement.

**Have you had a loved one marry when you thought they were too young? How did you handle it?**

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**EXCLUSIVE: Bachelor Contestants Ann and Jesse Csincsak Defend Their Family**

# By Appearing on Discovery Channel's 'American Guns'



By [Whitney Baker](#)

According to recent polls, twenty-three percent of females now own a gun – up from thirteen percent in 2005. However, plenty of women are still fearful of this powerful weapon. Ann Csincsak, 'The Bachelor' Season 13 contestant and wife of 'The Bachelorette' season 4 winner Jesse Csincsak, knows this feeling all too well.

"I grew up in a 'no gun home,'" Ann says. "We strongly believed in the right to own firearms but never did so ourselves. Until my late twenties, I had never even touched a gun."

This all changed when the couple faced a string of robberies in their neighborhood. Ann and Jesse agreed that with a sixteen-month-old son at home, it was time to decide how they would best defend their family but the happy couple disagreed about keeping a gun in their home. That was until they met up with Rich Wyatt, owner of Gunsmoke and star of the Discovery Channel series 'American Guns,' who lives near the Csincsak's in Wheat Ridge, Colorado. Ann and Jesse opted to take Wyatt's three-day self-defense course, which was filmed for the reality show.

**Related:** ['American Guns' Meets 'The Bachelor'](#)

As viewers will see on this week's episode, Ann was hesitant about buying a pair of handguns when they arrived at Wyatt's store. But, her hesitancy soon turned to confidence when she ended up with the fastest draw time in the class. Not only that, but despite her fear of guns, Ann even beat out Jesse in a shooting competition.

"Because of this experience, I now understand the importance of being able to protect yourself," Ann says. "Women are more vulnerable to attacks, so you have to be prepared to take care of yourself and your [children](#), no matter what the cost."

**Related:** [Bachelorette Episode 6: The Dos and Dont's of Trusting Your Gut](#)

Knowing how to handle a gun with confidence is a valuable skill to have, especially for single women who may live alone or be looking for love in today's digital dating world. Of course, facing your fear is only the first step. To combat any uncertainty, Ann strongly recommends taking a gun education class.

"Carrying a gun or even just owning one will always make me a little uncomfortable, but the benefit of having one far outweighs the fear," she says.

Watch 'American Guns' this Wednesday at 10 PM/9 PM CT on the Discovery Channel to see what happens when Ann and Jesse meet Rich and his family at Gunsmoke.

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## 'Magic Mike': A Steamy Summer Flick



By Jessica Smith

Ladies: your dreams have come true. For the price of a movie ticket, you can get a front-row seat for a Channing Tatum striptease. The Hollywood hunk is returning to cinemas in *Magic Mike*, a film where he plays an extremely successful

male stripper who seems to have everything a guy could dream of: women, money and a good time. Even so, he's looking for something more and he may have found it in Paige, played by Cody Horn. It seems like she can't help falling for this fun-loving bad boy, but she doesn't agree with his career choice. As the trailer shows, the two appear to have just the right amount of chemistry to flirtatiously and humorously banter back and forth, which sets flame to a potential romance. But will their differences tear them apart?

✘ **Related:** [‘That’s My Boy’ Can Teach You a Thing Or Two About Surviving Your Crazy In-Laws](#)

**Should You See It?** This is a film that's going to be as hot as summer itself. You're not going to want to miss your chance to see these sculpted bodies, including Matthew McConaughey and Alex Pettyfer, on the big screen.

**Who To Take:** The world of male strippers is no place for children, but it does make this a great flick to go see with your girlfriends. You can joke with them about what you would do for the chance to have Tatum strip for you without your partner getting jealous.

**Are there aspects of your partner that you have a hard time accepting? Here are some tips to help you love their flaws without changing who they are:**

In the movie, Paige has a hard time grasping the thought of dating a male stripper, but Mike tries to convince her that Magic Mike isn't his full-time identity and that there's more to him than stripping. Similarly, it can be easy for us to like someone, but it's more difficult for us to love someone, especially when they have characteristics that we might view as flaws. Here are some ways to settle your differences:

**1. Surface the issue:** If you don't tell your partner you have an issue, they're not going to know there's a problem. Keeping

your concerns secret could create tension in your relationship.

**Related:** [‘The Vow’ Actor Channing Tatum and Wife Plan on Having Kids](#)

**2. Work on the problem:** The easiest way to fix most issues is to work on them together as a couple. Doing this will strengthen your relationship. If it doesn't, you can at least know that you're too different to make it work in the long term.

**3. Accept their differences:** Remember that everyone made their own unique journey to adulthood. Your partner's might be very different from yours, but that doesn't make either wrong. Sometimes, you have to understand where someone has come from in order to accept their characteristics that you believe are negative.

**How did you and your partner work out your differences? Share your comments below.**

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## **Date From Hell: 10 Ways to Get Out of It, Tactfully**





By Sarah Ribeiro

Picture this: you're on a date and your potential partner walks in 30 minutes late. Plus, they're a sloppy, sweaty mess. As soon as you sit down, they make sure you're paying for your own meal and begin to check out the server, setting off all the red flags that romance isn't going to blossom. It's enough to make you dread the rest of the night if you haven't already bolted out of the restaurant. However difficult it might seem, there are better ways to handle situations like this. Check out these tips to leave that date from hell—with class:

**1. Try a do-over:** The “date from hell” might not be a bad person; maybe they're just nervous. Stop them mid-idiot and politely tell them that they're not currently coming across as a potential partner, but you'd like to try again. Set a date for a fresh beginning, and see what happens then.

**2. Ask for the bill:** Getting the check early is a clear sign that your date—and any sign of a relationship—is over. Doing this quickly cuts out any additional awkward time and keeps you from having to say flat-out how miserable you are.



**3. The white lie:** Sometimes it's better to be gentle with your let-down. Tell your date that you have plans you forgot about or that you left something important at home and you have to leave immediately. This prevents you from having to tell them how upset they're making you.

**4. Use your sense of humor:** Bad dates are usually some of the most memorable. You'll definitely be able to look back on your terrible experience and laugh. Stick around and gain some material for funny storytelling with your friends and future significant others.

**5. Be open-minded:** Your date might have underlying issues that are impeding the success of your night. Try to understand why they're acting the way they are, and you'll be able to see them in a better light.

**Related:** [When Dates Go Bad: 5 Ways to Find the Funny in Dating](#)

**6. Ask for a change of scenery:** Maybe part of the problem is that neither of you are comfortable in your location. Hating the loud, crowded bar filled with singles? Switch to a quiet, intimate couple's café—your new environment might bring a new attitude.

**7. Call for back-up:** If you're concerned that a date you've planned is going to get awkward, make arrangements beforehand. Prior to your date, ask a friend to call you halfway through the night. If things aren't going well, use your acting skills and tell your date there's been an emergency that you have to tend to immediately.

**8. Enjoy yourself:** Try to have a good time outside the date. There's sure to be something you can enjoy, even if it's not the person with you. Appreciate your meal or your surroundings and stay optimistic by entertaining yourself.

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## [Before It Begins](#)

**9. Take care of yourself:** Of course, if your date is being insulting, aggressive or threatening, you never need an excuse. Get up, leave and don't look back.

**10. Be honest:** Tell him kindly that you're not interested. If they're being such a painful date, chances are they're not interested either. It will save you both the trouble if you take the mature and truthful route.

**What are some ways you've gotten out of a bad date? Tell us your story below.**

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**EXCLUSIVE: 'Teen Mom' Farrah Abraham Says "I Want a Man Who is the Guy Version of Me"**





By Sarah Ribeiro

In the final season of 'Teen Mom,' which premiered on Tuesday, June 12, we are going to see Farrah Abraham as more than just a teen mom. In the premiere, she makes the decision to move from Iowa to Florida with her daughter Sophia, now three-years-old, to study culinary management and begin her life as an adult.

After reaching fame on the hit MTV series '16 and Pregnant,' she showcased her struggles as a single mother in 'Teen Mom.' Furthering her success, she recently announced her partnership with LA modeling agency Models International as well as the release of her first book, 'My Teenage Dream Ended,' which is due later this summer.

However, she says she won't let her fame get in the way of her relationship with her daughter. "Nothing hinders me from being a great mother," she says. "I will always use my accomplishments to help others and to find more worthwhile projects for myself."

**Related:** ['Teen Mom' Star Farrah Abraham Thinks About Giving Up](#)

## [Modeling for Daughter](#)

The “Momtrepreneur,” as she calls herself, has reached many achievements outside of her life as a reality television star. She has created her own brand of Italian Hot Pepper Sauce, appropriately named ‘Mom & Me.’ Her motivation, she says, always comes from within: “If you have drive to make a comfortable life for yourself and your family, make no excuses and take action.”

In light of her success, Abraham is focusing on her goals rather than romance. In a touching scene in the ‘Teen Mom’ premiere, she visits the grave of Derek Underwood, Sophia’s father, on what would be his twenty-first birthday. Holding back tears, she recalls her time with Derek and wishes he were there to help her raise Sophia. Despite this lament, she is happy on her own.

Abraham doesn’t want to force herself into finding love and tries to think it through before she says yes to a date. She explains, “Now, I only go on dates if I really like someone, rather than going on dates just because.”

Of course, she has certain criteria that she looks for in a man. It’s important for her to find someone who works well with her hectic life as an entrepreneur and a single mother. “If a guy cannot fit in my life naturally, then I don’t know how he can ever really be a part of it,” she says.

Even so, she emphasizes that her success won’t get in the way of dating. “I want someone who is basically the guy version of me,” she reveals. “He needs to work hard and have a good sense of humor. It’s important that he is intelligent, friendly and family-oriented too.”

**Related:** [Five Top Tips On How To Find “The One”](#)

Dating as a single mother is challenging but Abraham says that honesty makes it easier. “I’ve learned from other dates that

it's best to say you have a child up front, she says. "Guys look at me differently when they think I'm single and twenty-one."

For single parents looking to date, her advice is "Stay true to who you are!" And for those people dating a single parent, she begs that they "be understanding of the time the parent needs to spend with their child."

Although she knows what she wants when it comes to finding the right man, she reveals that we won't see much of her dating on this season of 'Teen Mom.' Instead, she deals with living on her own, raising Sophia, being a student and finding success through her ventures in modeling and writing.

Given her time in the spotlight, Abraham feels like a role model for other single mothers. She encourages them to stay strong and motivated and to find their own happiness. She explains, "Look at me and other single moms who you respect. Try to be a hard-working, Momtrepreneur like them!"

While she's ready for whatever comes next, Abraham is thankful for the hardships she faced during previous seasons of 'Teen Mom' and believes that they've helped her make it this far. "It has inspired me and shown me that no obstacle is too great, that nothing can get in the way of making my wishes and goals come true," she shares. "Everything is at your fingertips – you just have to put your best effort forward to make it happen."

*You can catch Abraham on season four of 'Teen Mom,' which airs on Tuesdays at 10/9CT on MTV. You can also follow her on [Twitter](#) or [Facebook](#). To pre-order her book 'My Teenage Dream Ended,' click [here](#).*

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# 3 Ways to Know He's Just "That Into You!"



By Dr.

Tranquility – Lydia Belton, PhD, Ct. H.A.

Once you're in a relationship, it can be hard to tell if you and your partner are on the same page as far as your wants and needs for the future. You may question the strength of his feelings toward you, even if he's quick to say, "I love you." It's one thing to take a first date and move it into a relationship, but how do you know when your partner is ready to move even further forward?

As a woman, you most likely want more time and more involvement from your mate. You're ready for a commitment, whether that means moving in together or perhaps marriage.

Regardless, the bottom line is that your relationship now comes with a view to the future as opposed to plodding along day-by-day. It's time to connect in a way that you can't put into words, so here are three ways to know he really is "all that into you":

**Related:** [What Attracts Us to Bad Boys?](#)

### **1. He can't bear to be without you.**

If you find your partner refusing to go a day without talking to you and he is always making future plans, he's probably feeling that his life isn't complete without you. If you want a celebrity comparison, think Matt Lanter and Angela Stacy. The *90210* star just popped the question to Stacy in June, and the two have nothing but smiles on their faces.

### **2. He invites you to travel with him.**

When a man invites you on a trip with him, he wants to spend quality time with you. The fact is, men don't invite women they won't want to be with to travel with them. Think Blake Lively and Ryan Reynolds in this situation. The two have been spotted all over the world, even in Vancouver where Lively met Reynold's family.

**Related:** [The 5 Most Traveled Celebrity Couples](#)

### **3. He's showing more than lust after the third date.**

After the third date, if communication between you is still great, he should be making a point to create a space for communication and bonding. Despite the spanx and Victoria's Secret lingerie, he is ready for emotional intimacy and no distractions. Just look at the happiness that Joshua Jackson and Diane Kruger bring to the celebrity world. Although the pair are notoriously private about their relationship, you can tell they're in love even when they're not all over each other in public.

So, if your beau seems to fit the above characteristics, chances are that you don't have to question his feelings about you. Although they may not be able to overtly express their feelings the way that you do, it's time to let loose and trust his motives. It's time to go all in and see what happens!

*Developed by Lydia Belton PhD, Ct.H.A. of DrTranquility.com, Date Therapy® is an effective protocol that helps people get in touch with their criteria for an ideal mate. DrTranquility's protocols® have been featured most recently on Forbes.com & Yahoo, ABCNEWS.com, ABC's the View, KISS FM, CupidsPulse.com, Metromix for the Chicago Tribune, British Glamour, REDBOOK, Cosmopolitan Magazine & promoted by Match.com.*

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## **Celebrity Couples Who Have Worn Out Their Welcome**







By [Whitney Baker](#)

There are some celebrity couples that we love to hate. Sure, they annoy us, but we can't help but wonder what they'll do next. And then there are those couples that we want to go away. They're constantly in the news – and often, for the wrong reasons. Thanks to their outlandish behavior, we've forgotten why they're famous in the first place.

From their frisky displays of public affection to their willingness to do *anything* for attention, these five Hollywood pairs have us wishing that they'd break up already:

**1. Heidi Montag and Spencer Pratt:** This couple first met when Lauren Conrad introduced them on *The Hills*, and we've been following their rocky romance ever since. After their reality show ended, the couple strived to stay in the spotlight with their alleged divorce, Montag's multiple plastic surgeries and her fledgling singing career. Most recently, Speidi has attracted attention by contacting their former – and estranged – co-stars through Twitter. These messages were ignored, making us wonder why we don't do the

same.

**Related:** [Spencer Pratt and Heidi Montag Lock Lips on a Ski Trip](#)

**2. Kim Kardashian and Kanye West:** Although this new couple hasn't yet confirmed their relationship, they're certainly not keeping their feelings for each other under wraps. Taking their love from coast to coast, they've been spotted getting cozy at a restaurant opening in New York City as well as a Los Angeles Lakers game. Kardashian's even made a romantic fashion statement for her new man, sporting 'KW' earrings at numerous public appearances. Given Kardashian's romantic track record, here's to hoping this relationship doesn't surpass the 72-day mark.

**3. LeAnn Rimes and Eddie Cibrian:** Their relationship had a memorable start: the couple met when they co-starred in the Lifetime movie *Northern Lights*, and they instantly fell for each other; although, both were married at the time. Rimes and Cibrian have never been shy about their relationship, even going on public dates during their extramarital affair. From Rimes' revealing tweets to their constant PDA, it's time for this couple to get a room.

**Related:** [Stars Who Go Public With Love and Affection](#)

**4. Nicole "Snooki" Polizzi and Jionni LaValle:** Just when we've grown accustomed to their outrageous behavior on *Jersey Shore*, Polizzi and LaValle shock us with a big announcement: they're engaged – and expecting a baby! Since promising to change her wild child ways, Polizzi says that her partying days are over and that "pregnancy just made [her] more mature." Still, the star can't help but attract attention, tweeting pictures of her cleavage and belly. When will enough be enough?

**5. Miley Cyrus and Liam Hemsworth:** The on-again, off-again couple met on the set of *The Last Song* and quickly took their

chemistry off-screen, with Cyrus sharing private details of their relationship through her Twitter account. The former costars recently got engaged, but we're starting to care less and less about their next moves.

Which celebrity couple do you most wish would disappear? Share your thoughts below.

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## **EXCLUSIVE: 'Bachelor Pad 2' Winner and Newlywed Holly Durst Tells Us About Her "Perfect" Wedding and Honeymoon**





By Whitney Baker

Fans know Holly Durst as the bubbly winner of 'Bachelor Pad 2,' but now, she's content just being a newlywed. Durst and Blake Julian, who met while competing on the reality show, tied the knot in South Carolina on June 2, 2012. The big day was perfect and more than she ever imagined. "I'm so happy! I love married life. It's just the best," she gushes.

Durst says her best piece of advice for brides-to-be is to hire a wedding planner. She adds, "I planned my whole wedding on Pinterest. I wanted to make sure that I remembered all of the little things."

For Durst, it was those small details that made the day so special. Even her wedding dress had a personal touch. She always thought she'd wear a Cinderella gown, but she tried "so many of them on and always felt overwhelmed." Her final pick, however, was the perfect fit. "It elongated my already long body. I made it my own by removing the rhinestones and adding a sash."

**Related:** [Exclusive: Bachelor Pad 2 Winner Holly Durst Plans](#)

## Honeymoon in St. Lucia with Fiancé Blake Julian

Surprisingly, Durst's favorite moment of her wedding happened *before* the ceremony. "Blake and I both were in the same room, but we couldn't see each other – there was a wall in between us. We got to reach around and pray together right before the wedding," she reveals.

Even though Durst was the star of the show, she wanted to make sure that her guests felt loved too – especially the single ladies. She added a personal touch to the bouquet toss, making the lucky girl who caught it feel even luckier. "I wrote a little note and stuck it in the flowers," she shares. "I told her to be patient, and when she finds love, it's going to be perfect. I hope that, someday, she experiences the same love that I have with Blake."

As for their honeymoon in St. Lucia, Durst says, "It was so good! I didn't want to come back."

The couple took a very practical approach to planning their trip. First, they wanted to stay in the same time zone. She tells us, "We thought about Fiji or Bora Bora, but we would've wasted so much time traveling. The Caribbean was a perfect choice."

Plus, Durst let Julian make most of the decisions. "He actually did all of the searching, and I just okayed things," she says. "I planned a wedding, so I let him plan the honeymoon!"

During their time in St. Lucia, the couple enjoyed the amenities at an all-inclusive resort. They signed up for "everything" – pool and beach volleyball, paddleboard racing, ping-pong. They even rallied the other honeymooners into playing too. Durst explains, "One day, we left the resort and did an excursion around the island. We came back, and everyone was like, 'No one did anything today because you guys weren't around!' We were the ones grabbing other people to join."

Now that they've returned from paradise, it's back to reality. As they settle into life as man and wife, they are keeping busy. According to an interview with Wetpaint, Durst, who has no desire to film her love life for reality television anymore, revealed that she would love to be a judge on 'Bachelor Pad 3.' However, when we asked her about any upcoming plans to do so, she simply replied, "No." Perhaps she changed her mind when ABC announced that ex-fiancé Michael Stagliano would be one of the cast members.

As for tuning in to watch the show? Durst hesitantly replied, "We'll see. I have so much to do!"

*You can keep up with Durst on Twitter and her personal website, [HollyDurst.com](http://HollyDurst.com). Be sure to check out her new children's book ['Chocolate Socks'](#) as well. Congratulations to the happy couple!*

**Cupid wants to know: Will you be watching 'Bachelor Pad 3' this summer?**

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## Three Far Flung Honeymoon Destinations





By Vanessa

Roberts

Honeymoon planning might be the least stressful and most fun part of planning your wedding, but there's still a lot to consider. While celebrities such as Carrie Underwood, Molly Sims, Fergie and Tiger Woods choose luxurious locations like Maui, Tahiti, the Bahamas or the open seas aboard a \$57 million yacht, we regular folks don't have to sacrifice our savings to have an unforgettable honeymoon. You just have to know where to go.

There are some honeymoon destinations that are not only insanely beautiful, but that also won't drain your bank account. Of all the places I've traveled, here are my three favorites:

**Related:** [Five Completely Unique Honeymoon Ideas](#)



## **1. Koh Tao, Thailand.**

Koh Tao is a tiny slice of paradise close to the Gulf of Thailand that will steal your heart and let you honeymoon like a star for a fraction of the cost. It has crystal-clear turquoise water and luxurious beaches, making it hands-down the most beautiful island I've ever visited. Plus, the locals are very friendly, and everything is inexpensive. And it's not just the scenery and cheap prices that make this 13-mile island a honeymoon favorite. There are also boat cruises, snorkeling trips, world-renowned scuba diving, zip-lining and mountain hiking. When the day is done, you and your partner can settle down with \$10 luxurious massages, to-die-for dining right on the beach and 2-for-1 happy hour. Now *that's* what I call honeymooning!

## **2. Yangshuo, China.**

Surrounded by hundreds of mountains in central China, Yangshuo is a destination for the adventurous couple who aren't afraid to step outside of their comfort zones. From bustling walkways filled with bargains and delicious dining to bike riding through mountain-lined dirt roads and bamboo rafting down the Li River, this natural wonder will give you a honeymoon you're sure never to forget. Don't let the language barrier deter



you! It's easily overcome by downloading any translation app to your smartphone.

All in all, this little mountain paradise is the perfect place for newlyweds who not only have keen senses of adventure and open minds, but are also looking to kick off their honeymoon with a bang.

**Related:** [Top 5 Most Traveled Celebrity Couples](#)



### **3. God's Own Country (New Zealand)**

I never understood why New Zealand was referred to as God's Own Country until we stepped off the plane and onto the South Island. To say we were struck speechless is an understatement. The South Island of New Zealand is a spot at the bottom of the world that you have to see to believe.

Just looking at the soaring mountains and glacial lakes is exciting, but there are plenty of things to do in New Zealand as well. Like adventure? You can go bungee jumping, skydiving, surfing, hiking and more. If you prefer to relax, you can take a wine tour, go canoeing, explore the quaint towns or even see the sights from *The Lord of the Rings*. There's no shortage of things to do here, especially if you want to start your married life in a truly thrilling and unforgettable style. How many celebrities can say they did that?

Photos: Courtesy of Vanessa Roberts

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# Is it Time to X-Out Your Ex?



By Jane Greer,

Ph.D. for GalTime

If you're still carrying around old baggage from a past relationship, use these tips to help with letting go.

Cameron Diaz is a good example of someone who does not burn her bridges of love. From A-Rod's statement that he cherished her even after they broke up to her working with Justin Timberlake on a movie after they had a relationship, it is clear that she doesn't cut people completely out of her life once the romance is gone. Some might say that's a good thing, but what could it mean to her future relationships? If you've kept up with your exes, you might want to keep reading:

Not all relationships end on a bad note. Sometimes the timing isn't right, or the spark is gone, but you really still like the other person. Is it so bad to text or call every once in a while to see how they are doing? It is especially easy to keep in touch these days. How many of you have looked up an ex on social media, like Facebook, and then sent a friend request? What harm could that cause? How much contact with an ex is okay? The answer is, it depends.

To begin with, does your current partner know you are in touch with your former partner? If so, and they don't see it as a threat and truly don't mind, then I would say a little contact with your old lover is harmless. If anything, that would speak to the trust that exists in your new relationship. But if you are keeping it a secret, that could be a red flag that there is more going on that you are not comfortable enough with to share with your new flame. If what you are doing with your ex is taking away from your new relationship—either by creating problems or by taking energy away from your new relationship—that might be an indication that it is time to close that door.

Finally, there is the chance that you are fueling your ex's possible hope that you will get back together, or maybe you are keeping that door open just in case things don't work out this time around. If you are aware of that, shift your energy to the future, instead of the past, because it is probably holding you back.

Sometimes it is what brought you together that endures. Other times, though, you might want to remember why you broke up in the first place.

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# Celebrity Women Who Built a Business Empire With Their Husbands



By Deanna Atkins

While our culture thrives on talent-less females to entertain us as we get out guilty reality tv fill, it's more than refreshing to see celebrity gal's with brains, and million dollar net worths, to give women back the reputation we deserve. All women are beautiful, bright and capable, and if the media would stop flooding its audience with Lindsey Lohan's latest relapse, we would be able to hear more about celebrity women who make remarkable role models. Female power is certainly something to embrace and there are plenty of women in the spotlight who used their platform to build

lucrative businesses. Below are a handful of leading ladies that chose to make the most of their celebrity, by making themselves successful empires, of course with the help of their supportive and loving husbands:

**Related Link:** [Celebrity Women Who Are the Breadwinners of the Relationship](#)

**1. Bethenny Frankel:** Reality star, entrepreneur, wife and mother, Bethenny Frankel, is easily envied by every woman in the world. By combining her passion for healthy, natural foods with her craving for cash, she developed and sold Skinnygirl Cocktails for over \$100 million to Fortune Brands' Beam Global in 2011. We were able to see Bethenny's dream become reality over season's of Bravo's series, The Real Housewives of New York, and Bethenny and her husband, Jason Hoppy's, own show, Bethenny Ever After. Together the duo brought Skinnygirl to life as Jason brought his background in finance to the table to ensure that Bethenny's business would flourish, and it did more than that.

**2. Tori Spelling:** From actress to author to executive producer of her own show, with husband Dean McDermott, Tori & Dean: Home Sweet Hollywood, it's no wonder she stays so skinny, she can't possibly have enough time to eat. Coming a long way since her roll as Donna Martin on 90210, she happily resides in Los Angeles with her hubby, their three children and another baby on the way. She's written four books with her first, sTORI Telling, on the New York Times Bestsellers list, operated a bed and breakfast with Dean, created a signature fashion and jewelry line and manages her own site, ediTORIal by Tori Spelling.

**3. Beyonce Knowles:** Bringing in a whopping \$87 million a year is nice, but it's even nicer once you've got rapper, producer, co-owner of the NJ Nets and entrepreneur, Jay Z, to put a ring on it, making their combined net worth over \$800 million. This brilliant couple brings in the dough with their chart topping

hits, but Beyonce also acts, designs, and models which is why she gained the #2 spot on Forbe's 2010 list of 100 Most Powerful and Influential Celebrities in the World. Hollywood's hottest pair showed off their business smarts when they trademarked their first child's name, 'Blue Ivy' which is expected to become an empire of its own.

**Related Link:** [Fame, Fortune and Love: The World's Wealthiest Celebrity Couples](#)

**4. Lisa Vanderpump:** Even if you knew her dog, Jiggy's, name before her husband, Ken Todd's, there's still no denying that Lisa VanderPump's bank account is as obscenely large as it is because of her adoring spouse and business partner. Born in England and a Real House Wives of Beverly Hills star, the Britt earned her \$65 million net worth co-owning 26 restaurants with her hubby of 29 years. Hard work payed off as she now thoroughly enjoys her luxurious lifestyle while designing shoes and clothes, developing a skin care line and writing for Beverly Hills Lifestyle Magazine.

**5. Jill Zarin:** Entrepreneur, business woman and Real Housewives of New York City reality star, Jill Zarin and husband and businessman Bobby Zarin own a home furnishing and fabric store on the Lower East side. Recently Zarin has expanded her business to the fashion world, as she created 'Skweez Couture' a fashionable and functional shapewear line for women. She has also launched her own jewelry line and bedding line, 'Jill Zarin Home.' The couple's business was big enough originally, but Jill's most recent endeavors are expanding her empire even further.

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# How To Ease Your Nerves Before a Blind Date



By Nisha Ramirez

You're sure to have a lot of troubling questions before any first date. What should you wear? What will you say? Will you make a good first impression? However, when you're set up on a date with someone you've never met before, new questions about your mysterious potential partner are added to the mix. What will they look like? What will their personality be like? As a result, blind dates can be both the most exciting and the most nerve-racking romantic experiences of all. Take a deep breath, count back from ten and read our tips on how to stay calm before a blind date:

**1. Spend the day with friends:** Creating a relaxing and easygoing atmosphere early in the day can set the tone for a relaxing and easygoing date in the evening. Go shopping, see a movie, eat lunch with your friends or just do something you love. A fun-filled day will leave you in a positive mood and give you plenty to talk about on your blind date. Plus, if you wear an outfit that can easily go from day to night, you won't have to rush home and change your outfit 50 times.

**Related:** [Four Steps For Stress Free Dating](#)

**2. Exercise:** Before you slip on that hot outfit, work out! Exercise releases endorphins that will make you feel happy and confident. You don't have to hit the gym or a high-cardio Zumba class; it's enough to dance to music around your house. If you time your workout well, you'll still have a glow from your improved blood flow when you show up on your date.

**3. Think positive:** When trying to lose weight, experts tell their clients to picture a thinner version of themselves for added confidence and motivation. Why not try this for calming your pre-blind date jitters? Take a warm bath or sit in your living room while meditating on what you hope your date will look like and how the evening will go. By visualizing your evening as pleasant, you'll stay in that positive mindset.

**Related:** [Nine Unexpected Places to Find Love](#)

**4. Be fashionably late:** If you still feel nervous after trying the steps above, arrive at your date a bit late. This way you can scope out the venue and get a chance to see your potential mate before they see you. Just don't stand your date up. If you really have to leave, be sure that you've at least spent some time getting to know them first.

**How do you ease your nerves before a blind date? Share your comments below.**



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# Date Idea: Travel Abroad without Leaving the Country



By Amanda Martin

If you live in the U.S., you and your honey can get a taste of foreign culture without traveling overseas this weekend. Traveling abroad is expensive and impractical for a short trip, but there are many places in the states dedicated to celebrating an array of various cultures.

Take a trip to Frankenmuth, Michigan for the Bavarian Festival, voted one of the top 5 festivals in the area. Running through the summer months, you'll have a blast while

immersing yourself in German heritage. Enjoy games and rides with your other half, dance to live Bavarian music, indulge in ethnic food and try ice-cold, imported German beers. The two of you will be getting a taste of Germany without having to spring for a pair of expensive tickets across the Atlantic.

If you live in San Francisco, take a trip to the Chinatown area, which is the first of its kind in North America and home to the largest Chinese community outside of Asia. The entrance gate, which is on Grant Street, is the most photographed structure there. Take a few moments to admire the Dragon Gate, as it's called, before entering the area. Then, embark upon an unguided walking tour and get lost in the culture. Explore some of the oldest Buddhist temples and try authentic dim sum. Many other cities, such as New York and Chicago, have Chinatown neighborhoods as well. No matter what state you live in, visiting these cultural destinations will make you feel as though you've traveled half way around the world.

Experiencing life abroad without leaving the states is an inexpensive way to be romantic with your partner. You may have such a positive experience that you'll take your relationship to the next level and start preparing for an extended trip together.

**What do you and your honey do to explore other cultures? Let us know in the comments below.**

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## **Top Five Celebrity Couples**

# Who Have Made Love Last



By Tammy Warner

It sometimes seems like every married couple in Hollywood is filing for a separation, an annulment or a divorce within a few months of their wedding day. There are a few celebrity marriages, however, that have managed to last despite the unique challenges that fame can present. Here are some couples who have defied the odds:

**Related:** [What Can We Learn From Celebrity Divorces?](#)

**1. Sharon and Ozzy Osbourne:** Perhaps the most unique couple on this list are Sharon and Ozzy Osbourne, who have been married since 1982. The Osbournes say that their relationship is stronger now than ever. Their marriage has definitely faced obstacles, but the two have beaten a hectic touring schedule

and even a drug addiction. The pair have stood by each other through many life events, even working together on projects, and their 30th anniversary is this year.

**2. John Travolta and Kelly Preston:** *John Travolta* and Kelly Preston were friends for several years before dating, but once they were both finally single, Cupid's arrow struck. The duo were married in a quick ceremony in Paris, France, in 1991. Their relationship has overcome allegations of infidelity—an unfortunately common problem for many celebrity couples—and the loss of their son. However, the two are still going strong.

**3. Tom Hanks and Rita Wilson:** Tom Hanks and Rita Wilson met in 1981, but romance didn't blossom until 1985. The couple recently celebrated their 24th wedding anniversary, and both claim that they continue to fall more and more in love with each other. When most other celebrity marriages seem to be falling apart, Hanks and Wilson's is a glowing exception.

**4. Jon Bon Jovi and Dorothea Hurley:** Like the Osbournes, Jon Bon Jovi and Dorothea Hurley have dealt with difficult touring schedules, drug abuse and infidelity throughout their long marriage. Despite the presence of these major issues, the couple always works through them. Bon Jovi still states publicly that Hurley "is the best ever."

**Related:** [4 Steps to a Stronger Long Term Relationship](#)

**5. Will Smith and Jada Pinkett Smith:** Even though rumors have claimed that the marriage between Will Smith and Jada Pinkett Smith is over, both of them state that nothing could be further from the truth. Married in 1997, they are happily raising two children who appear to be following in their parents' famous footsteps. They state that the reason they have made it in Hollywood is because they "continue to grow together," and they will celebrate their 15<sup>th</sup> wedding anniversary this year.

These five couples aren't the only celebrities who have managed to make their relationships succeed, but they are some of the brightest glowing examples. As they show, whether you are a celebrity or not, relationships can last with enough work, patience and determination.

*Tammy is a freelance writer who contributes to various websites and [www.christiandating.org](http://www.christiandating.org). She enjoys writing about relationship issues.*

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## **Best Celebrity Dads (Who Also Make Great Husbands)**





By Che Blackwood

At times, dads seem to know everything. They're the ones we can always turn to, whether we need advice on how to drive manual transmission or just want to play soccer. That's why we love them. However, the greatest lesson a dad can teach is what he'll do for those he loves, including being an awesome husband. By keeping his relationship strong, a father is able to ensure his entire family rests atop a foundation that can weather anything. Here are some celebrity dads who have unlocked the secrets to a strong family by keeping both their kids *and* wives happy:

**Related:** [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

**1. Brad Pitt:** While Brad Pitt might not be married yet, he definitely qualifies as a great father and partner. From taking time out of his busy schedule to see his children every day to stressing the importance of family dinners, Brad makes sure his Hollywood lifestyle is kept separate from his home life. To keep his family close, he even makes sure Angelina Jolie only works five days a week. Meanwhile, before proposing

to Jolie, Pitt spent a year consulting the best jewelers to ensure the ring would fit her hand and lifestyle perfectly. With such attention to detail, he's able to guarantee a happy life for himself, his soon-to-be wife and their six beautiful children.

**2. David Beckham:** For this gorgeous athlete, it can't be easy to act in ways that are more impressive than his jawline. But, outside of being a soccer star, model and fashion icon, David Beckham's most notable role is that of a father. By dressing up as the Easter Bunny last April, taking each boy to sporting events on their own and constantly being photographed cuddling with his kids in public, it's obvious that his family is his highest priority. However, being an active father doesn't mean he neglects his famous wife, Victoria Beckham. The two were recently caught kissing at a sporting event, and are often off vacationing with their family. Plus, having just had their fourth child, we think it's obvious Victoria still finds David's jawline as impressive as we do!

**3. Will Smith:** Will Smith has a reputation as being one of the nicest celebrities around, and his relationship with his children is proof of that. While we thought dedicating a song to his son Trey was adorable, his love has only become more obvious throughout the years. Starring in movies alongside his son Jaden, supporting his daughter Willow's singing career and taking the time to cheer for his kids at their school sporting events, Smith is a great example of an active, loving father. Meanwhile, he and wife Jada Pinkett Smith keep their relationship strong amidst divorce rumors. The power duo has never been shy about the work a marriage takes, and Smith is a strong advocate of keeping his love life creative.

**Related:** [Power Couples: Celebrity Duos That Command Our Attention](#)

**4. Gavin Rossdale:** This rocker dad always manages to keep fatherhood cool. Allowing his sons, Kingston and Zuma, to rock

Mohawks and crazy styles, Gavin Rossdale knows the importance of self-expression. By taking only one son on tour with him at a time, Rossdale gets alone time with his children while allowing them to experience a well-supervised rock star life. Rossdale is also careful to spend just as much alone time with his wife, musician Gwen Stefani. Since their daily work schedules don't start until after five in the afternoon, the two spend every morning together.

**5. Matthew McConaughey:** Matthew McConaughey is a father of two with his fiancée, Brazilian model Camila Alves. This laidback superstar has taken on fatherhood with ease, defining parenthood as a “wild adventure.” Matthew can often be spotted jogging with a baby strapped to his chest or walking on the beach with his kids in tow. He loves telling amusing and adorable stories about his children. McConaughey and Alves have similar mindsets: they both believe that the secret to a strong family is simply being happy. As such, the two do whatever it is that pleases them, and at this point, nothing brings them more joy than being together.

**Who are some of your favorite celebrity dads? Tell us below!**

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**Love in the Limelight: Why You Should be Happy You Aren't Famous**







By Edwin

Finding love is hard, and it's one thing that being rich and famous doesn't make easier. Although people like you and I might have moments of dating delights and despair, we at least get to experience these in private. Because of all of the attention they get, celebrities don't have it easy when it comes to making a love connection. However, it's not all that different for them. Here are some things we can all learn from watching the pitfalls of dating in the spotlight:

**Related:** [Celebrity Couples Who Let Money Ruin Their Relationships](#)

**1. Make time for love.** Plenty of celebrity couples have ultimately split because of conflicting schedules that forced them to spend too much time apart. Lady Gaga recently called off her relationship with Taylor Kinney because of the demands of her Born This Way Ball tour. However, even those of us without international tour schedules need to make love a priority if we want a lasting relationship. Take a look at your schedule and figure out what you're willing to put aside

to make room for love. If your relationship is important to you, you might have to sacrifice small things like yoga or book club.

**2. Don't give up your successes:** Rihanna has talked about how her fame often intimidates her potential suitors. Similarly, some men can be intimidated by regular girls with successful careers, healthy bank accounts or nice cars. Keep your radar up for guys who feel uncomfortable with your success. If they seem more interested in getting you out of the boardroom and into the kitchen, then it's time to move on. And men, embrace a woman's strength and independence—don't try to smother it. She will treat you the same in return.

**3. Keep some things private:** No matter what they do, stars have the whole world watching. Even a regular Joe or Jane who hooks up with a celebrity is subjected to an onslaught of paparazzi and gossip rag rumors. However, even if you're not in the spotlight, your love life will often be scrutinized by friends and family. To keep your relationship going strong, be sure that some things are reserved for just the two of you. Don't overshare with your friends and don't dish about your exes to your current love interest.

**Related:** [Kissing On Screen: Do Celebrities Get Jealous?](#)

**4. Show the real you:** Celebrities are often so used to keeping up their professional image that it's hard for them to reveal their true selves. Similarly, with online or speed dating, it's tough to tell what's true and what's just advertising. Make sure you don't oversell yourself on dating profiles, and be willing to show the real you. After all, a true love connection has to be based in reality.

**5. Take a chance:** Winona Ryder shared a story where she met a nice guy, but when he revealed that he had always had a crush on her, she couldn't trust his motives. She wondered if he just wanted to meet someone famous or if he really liked her.

Ultimately, trust is a key issue for all relationships, famous or otherwise. For love to take flight, both parties have to let their guard down and take a risk on letting someone in. While it's always best to proceed cautiously, don't be so guarded that you scare love away.

*Edwin is a writer for Celebutaunt and content specialist for USDish.*

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## **The Gaggle: Jessica Massa and Rebecca Wiegand Discuss 'The Gaggle' of Guys in Every Woman's Life**





By Bernadette McCadden

Three years ago, Jessica Massa's best friend and now business partner, Rebecca Wiegand, was complaining about her love life – or lack thereof. As Wiegand was telling Massa about her dating dilemma, she was subconsciously resurrecting the different (platonic) men she had in her life. It was that very evening that Massa realized that her best friend actually had a gaggle of men around her and like most women, these men made up her list of non-dating romantic prospects. It was then that "The Gaggle" was born.

In Massa's new book, *The Gaggle: How the Guys You Know Will Help You Find the Love You Want*, Massa discusses what she calls the post-dating world. This is the place she says that the rules of traditional dating no longer apply. The gaggle of men in a woman's life can range from "the career booster" to "the boyfriend prospect," and this gaggle of guys can help you on your path to find love. 'The Gaggle' encourages women to stop worrying if every guy they meet is "the one" and, instead, to start wondering if he is a potential gaggle

member.

CupidsPulse.com recently spoke with Massa and Wiegand and learned more about gaggles, non-dates and dating in the post-dating world.

### **What is so great about having a gaggle?**

**Massa:** The beauty of the gaggle is that it really caters to the individual because finding love is such a personal journey. That's the difference between this method and other dating ideas that have so many rules, forcing you to conform to certain beliefs about why men fall for you and why they don't. This concept gives structure to your search for love and helps you think about it without telling you what to do.

Each woman's gaggle journey is different: the guys who populate your gaggle are different, how you deal with them is different and what you want out of them is different. No two gaggles are alike.

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**In 'The Gaggle,' you talk about non-dates. Can you tell us about this concept?**

**Massa:** Everything can feel like a non-date because, these days, everything and nothing is a date. Basically, it's any interaction you have with a guy, usually in person but sometimes online, to see if you have a spark. Maybe you're at a work conference, and all of a sudden, you're talking to the guy next to you about a recent vacation; then, you decide to grab coffee together. That's a non-date.

**Wiegand:** These non-dates happen in your love life without you even noticing. I followed up on a non-date with a guy I met at work who was also a theater performer. I went to one of his shows and talked to him afterwards; later that night, he sent me a friend request on Facebook.

## **What do you think is the biggest mistake women are making today?**

**Massa:** Women often spend their days wondering if every guy they meet is Mr. Right. It makes them judge men too harshly, and it makes the dating world seem too stressful. Instead, look at every guy in your life – old friends and new crushes alike – and think, “I feel a connection here. Is he in my gaggle?” Noting that you have a gaggle of guys, rather than focusing on one guy who could be your future boyfriend, will get you excited about interacting with men and dealing with the ambiguity that comes with it. Once I realized that I had a gaggle, I started viewing men as potential gaggle members instead of potential husbands. I was able to enjoy my love life and not worry about what anyone else thought.

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## **Why is it important for women to understand and consider these ideas of a gaggle and non-date?**

**Massa:** It’s important because it will impact the way you interact with men. It takes the stress out of the situation. You can just say, “Hey, there’s a guy in my life who wasn’t there before. I wonder where things will go with him.” Your energy completely changes when you approach dating this way rather than constantly wondering if you’re going to fall in love. Not to mention, your relationships with men will be more enriching and much healthier.

## **How does technology play into the post-dating world?**

**Massa:** We have found that technology is the number one way to follow-up on a non-date. It allows you to be not too forward but still let a guy know that you had a great time, whether it’s by liking his Facebook status or replying on Twitter. People love to talk about technology as the death of romance, but we really feel that it allows you to cultivate these connections. It creates a middle ground, somewhere between

“I’m going to ask you on another date” and “I’m never going to talk to you again.” Technology will never be a replacement for face-to-face time, but you can chat throughout the day, explore each other’s interests and get to know one another in a more casual way.

**You talk about keeping your gaggle around even after you’re in a relationship. Why is this step necessary?**

**Massa:** What really impresses me are couples who understand that there is no way to fulfill each other’s needs completely and 100 percent of the time. To expect your partner to be your perfect match will lead to disappointment.

**Wiegand:** Our cultural discourse around relationships and marriage really feeds into this idea that once you find ‘the one,’ it’s happily ever after. But you still need a life outside of love.

I’m in a new relationship, and while I’m not keeping my “hot sex prospect” around, I still go out to dinner with other guys in my gaggle. Similarly, my boyfriend still texts his female friends. We recognize that the other person has their own gaggle, and we’re not threatened by it. This understanding allows us to be ourselves and feel comfortable with each other. That being said, there definitely has to be a greater level of trust and communication in relationships today than there has been in the past.

The Gaggle is truly inspiring for women and can change the way they have thought about dating (or non-dating) in the past.

*If you’re interested in reading ‘The Gaggle: How the Guys You Know Will Help You Find the Love You Want,’ you can purchase it on Amazon. You can also keep up with Massa and Wiegand on WTF Is Up With My Love Life?! and through Twitter @jessmassa and @electra526.*

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# Father Knows Best: 5 Relationship Rules Dad Taught Us



By Ché Blackwood

Fathers have the ability to influence all aspects of their daughters' lives, including areas most wouldn't even imagine. According to numerous psychological studies, a father's temperament, sense of humor and even facial features are stored in his daughter's memory bank, becoming favorable traits in her search for a partner. While some of this happens automatically, most dads aren't exactly passive when it comes



to doling out their wisdom, *especially* when it comes to dating. In honor of Father's Day, we've compiled the five best pieces of relationship advice ever given by dear ol' Dad:

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**1. Teach them how to treat you:** Every woman remembers the night she brought home her first boyfriend, and how terrified she was when Dad brought him into the next room for "a talk." Sure, it mortified us then, but Dad was ensuring our dates knew his standards up front and that we were to be treated accordingly...*or else*. When you're on your own, it's still important to set ground rules at the beginning of every relationship. Being confident enough to strike out behavior you wouldn't normally accept without fear of scaring your new beau away is the key to creating the type of relationship you ultimately want.

**2. Love isn't a guessing game:** Dad was there on prom night, shocked by how beautiful we looked in our poufy pastel dresses. He was there at graduation with flowers and a look of pride on his face. And when we couldn't stop crying over our first breakup, Dad came armed with a box of tissues and an arsenal of hugs. We never had to wonder if he loved us or if he was interested in our lives because his behavior showed it. In the dating scene, you also shouldn't have to wonder whether your partner cares about you. Even if they're usually busy, it shouldn't be a stretch to expect our honey to accompany us to dinner parties or pencil in mid-afternoon phone calls just to say "hello."

**3. Learn to spot red flags:** Whether forbidding us from hanging around with a bad crowd or scowling at our leather-clad boyfriends, Dad seemed to judge people based on his own invisible list of "Disqualifying Characteristics." It frustrated us when we were 16, but his dedication to our well-

being mattered. As an adult, be sure to make your own list of “Disqualifying Characteristics.” If you can’t stand someone who drinks too often, has a short temper or simply refuses to clean up after dinner, it’s important to keep a mental record of things that bother you. The more red flags your beau exhibits, the less likely he’s Mr. Right.

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**4. Make him come to the door:** One quick way to make Dad angry was for a young suitor to come to the house and honk the horn rather than come to the front door. If Dad got his way, your date was probably sitting in that driveway for a very long time. Dad was right: it’s not old fashioned to want to be treated like a lady. If your potential sweetheart thinks it’s okay to honk the horn on your first date, how is he going to treat you six months later? Dad never forgot that the little things make for a special relationship, and neither should you.

**5. A good father is priceless:** The greatest lesson Dad taught was the importance of fathers in children’s lives. Whether he was at every recital or didn’t make it to a single one, Dad’s presence (or lack thereof) left a lasting impression. His choices, behavior and actions had major effects that still influence you today. There are few things as important as a Dad’s relationship with his children, so keep that in mind when you’re looking for a long term partner. If you wouldn’t want your beau’s behavior being repeated by your potential kids, maybe you need to rethink your status.

**What did you learn from Dad? Tell us below.**