

# 'L.A. Hair' Reality Star Anthony Pazos Says He'd Ask Khloe Kardashian for Love Advice



By Jessica Nappi

If you haven't heard of celebrity hairstylist Anthony Pazos yet, you'll certainly be familiar with some of his clients. From reality queen Khloé Kardashian to 'Twilight's' Ashley Greene, Pazos is in the fast lane with his star-studded clientele. He's even become a star himself, taking center stage in the reality television show 'L.A. Hair' on WE tv. As fortunate as he's been in his career, it looks like he's even luckier when it comes to love.

Pazos is in a six-year "committed and monogamous" relationship with his partner whom he "loves to death." Like Pazos, his

partner is not shy in front of the camera. Unlike Pazos, whose radiant personality can be seen on reality TV, his partner is an actor who wishes to remain anonymous. But Pazos assured us that we've "probably seen him in some stuff."

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Even with his hectic schedule, he says that he always makes time for his one and only. "We both have goals, so we understand that during the day, even if we don't see each other, we still love each other," he shares. "Then at night, it's our chance to reconvene and connect."

Pazos' relationship wisdom comes both from his own experiences and the abundance of clients who spill their hearts out to him. His best advice? "Write down what you need in a man, get out there and date. See if all those requirements are being fulfilled by that guy – but just know that nobody's perfect."

If Pazos wanted love advice from any of his clients, he said he'd choose Khloé Kardashian. "I've seen Khloé and Lamar [Odom's] relationship first hand, and they are very much in love," he says with confidence.

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Speaking of reality TV, Pazos defends his show, saying, "People think that the show is not real, and I want to make it clear that the show is very real. Everything you're seeing is really happening – it's not scripted." That means that even Pazos insulting Omarosa, the infamous 'Apprentice' star, is true: he really did say that she had "camel breath" after she offended him.

Giving us the behind-the-scene dirt on this showdown, Pazos reveals that Omarosa's people ended up tweeting him. "They wrote, 'We don't want you tweeting Omarosa anymore saying that she has camel breath.'" Pazos stood his ground and did not

apologize.

Whether he's planning a date night with his partner or getting into egotistical fights on 'L.A. Hair,' Pazos believes that "love makes the world go round." Given his fast-tracked career and big personality, we are sure that his time in the spotlight is only beginning.

Of course, staying true to his background as a hairstylist, he leaves us with this date night advice, "Never be afraid to pop in some hair extensions!"

*Catch Anthony Pazos every Thursday on 'L.A. Hair' at 9/8c on WE tv. You can also check out his Facebook fan page or follow him on Twitter.*

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## **Date Idea: Try an Unusual Sport**





By Amanda Martin

Get out of your comfort zone this weekend by trying a unique sport with your other half. Summer is the perfect time to be adventurous. It's warm outside and there are a variety of activities that can keep you and your partner learning something new.

For example, you can act like cupid and shoot arrows during an archery lesson. Or, spend time in the country and fire up some heat at a shooting range. You can make a game out of either of these activities and whoever wins gets to pick a romantic location for lunch. Don't forget to bring your camera to capture these very special moments.

Another unforgettable sport for the two of you to try is trapeze. Take your love off the ground and experience what it's like to perform in the circus. Trapeze schools are common in major cities, and there are lessons for beginners of all ages. You will be able to try moves that are as basic as the knee hang to a more complex mid-air catch. Although this is a gutsy sport, the support of your loved one should help you get up that ladder and flying in no time.

**What's the most unusual date you've ever been on? Let us know**

in the comments below.

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## Top Dating Secrets of Men



By Robert Manni

When you're looking for Mr. Right, it's easy to wonder for what the men you meet are looking. What are men's deepest and darkest dating secrets? Take it from a guy: there are quite a few things to keep in mind when men are looking for their new partner. Here are some of the tastiest tidbits about the inner workings of men on the prowl:

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**1. Men are insecure:** No matter how self-assured they seem, guys don't think like women do. They're often clueless about

the opposite sex. When a guy approaches a woman that he's attracted to, it shows. This can sometimes be exciting and nerve-wracking for a man, but it definitely gives women the upper hand. Remember that you're always in control of a man's insecurity and use that to your advantage.

**2. Men like women to "help out":** Though most guys love hunting for a girlfriend, they're not always great at realizing that they've succeeded. Since it can be hard for men to read your signals, use easy ones to show your feelings. Nothing works better than a touch on his arm or a smoldering glance.

**3. Men don't pay attention:** Success with women is often about subtle little things, but men don't always notice those. For example, men might think they have to solve your problems when all you want to do is talk about your day. Make sure he's paying attention to your intentions by any means possible. Don't be afraid to tell him exactly what you mean.

**4. Guys are still visual:** This shouldn't come as a surprise. When you're trying to find a boyfriend, save the sweatpants and wear some of your nicer clothes. Don't be afraid to show your feminine side; men will appreciate it. Even after you've been with someone for a while, it's nice to dress up every now and again.

**5. Men love their sense of humor:** If you're already interested in a guy, chances are you already find his humor clever. However, if you're not enjoying his jokes, it's probably best to move on. Men have a hard time relating to someone who doesn't enjoy their humor.

**6. When a guy says he'll call, he means it:** Men are usually honest about future plans, but they can be easily distracted. If he says he'll call after the first date, be sure to ask him when. By making this more concrete, you'll help him remember you. If he still doesn't call, forget him. You deserve better.

**7. Men dread Valentine's Day:** Valentine's Day is a holiday that can make men very nervous, largely because of great pressure of finding the right gift for his sweetie. Don't encourage him to find clothes. When he shops for you, he'll probably be checking out other women to figure out your size, and that's sure to make you uncomfortable even if his intentions are good. Try your best to make shopping easier for him by giving him information before he leaves.

**8. When it comes to getting physical, timing is everything:** Whether it takes two drinks or ten dates, you both know when it's time to have get intimate with one another. However eager he seems, taking doing this too quickly can make him think of you as being "easy," and no one wants that. Be sure to think carefully about how long you want to wait.

**9. The way to his heart is food:** Even if you're not an amazing cook, men love to eat. Make that work for you by preparing a special meal or inviting him to a restaurant you think he'll love.

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**10. He wants a lady he can take home to mom:** Ultimately, a man wants to show off his woman to his friends, family and business associates. Remember that no matter how happy he seems with sex, men are looking for a relationship in the same way you are. Though their paths are often different than those taken by women, a family and a future both still matter to men.

**11. Don't change for any man:** This is the most essential tip for making both you and your beau happy. Don't try to be someone you're not. When you're not acting like yourself, you're definitely going to upset both of you. Be the best version of you and he'll be happy. If he isn't, he's not right for you at all.

**Have you taken advantage of any of these dating secrets? Tell**

us below.

*Robert Manni is President of Agent16, a New York advertising agency in midtown Manhattan. Over the past two decades he has watched, played and succeeded in Madison Avenue's relentlessly changing game. A true devotee of New York City, Robert is inspired by and remains in awe of its people, energy, attitude, and romantic backdrop. He is a world traveler, Reiki Master and teacher, certified advanced clinical Master Hypnotist, graduate of the Jose Silva Method/Life System, NYC Marathoner, and a bona fide 'Guy's Guy' who somehow survived twenty years of single life in the big city. THE GUYS' GUY'S GUIDE TO LOVE is Robert's debut novel. He is currently working on his second book. Visit his website at [robertmanni.com](http://robertmanni.com) for up-to-date news, to read his blog and check out his videos. You can also become a fan on [facebook.com/RobertManniAuthor](https://www.facebook.com/RobertManniAuthor), or follow Robert on [Twitter.com/RobertManni](https://twitter.com/RobertManni).*

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## **'Wedding Cake for Breakfast': A Love Letter to Marriage**







By Whitney Baker

*Wedding Cake for Breakfast: Essays on the Unforgettable First Year of Marriage*, edited by New York literary agents Kim Perel and Wendy Sherman, offers an intimate peek into the first year of marriage, as experienced by twenty-three critically acclaimed female writers. This collection of essays explores the unexpected and often difficult moments – from a surprise pregnancy to ghosts of husbands past to blending families – that brides fail to plan for as they prepare for their “big day,” and the 365 days that follow.

We had the pleasure of chatting with Perel and Sherman about the inspiration for, and evolution of this book, as well as what they learned about their own relationships and what they hope that their readers take away from these stories:

**1. The stories shared in this collection are so diverse. What is the unifying theme that links these essays?**

**Perel:** They’re all fraught with concerns, questions and exploration, but the tone is still one of “we’re going to be okay.” Ultimately, it has this uplifting message, but another aspect of the book is that there are bumps along the way, and that’s okay. It’s not going to be perfect as you figure out

how to be together.

**Sherman:** To expand on what Kim just said, there were definitely the stories that focused on the way in which women suddenly saw themselves in the role of “new wife.” You know, you wake up one day, and you’re a wife. What did you think that was going to feel like? It often doesn’t feel anything like you thought. So I think that the journey these women shared with us, some of it has to do with filling that role and playing the part.

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**2. Wendy, you’ve been married for 25 years. Do you have any words of wisdom that you learned in your first year of marriage or even in the years since?**

**Sherman:** I think expectation is the theme that I keep coming back to when I think about my first year of marriage. I was actually cleaning out my attic recently, and I came across my wedding album. I was looking at the pictures and wondering what was going on in my mind at the time. You know, you put so much energy into going through the process: you find the guy, you get the ring, you think that you have your whole life planned, and that it’s all done.

And then you’re married, and now, you’re living your life. I think I was young and naïve to think I was done, because you’re never done; you’re always in the process of evolving and growing and changing. You have to learn to redirect yourself, your life, your expectations.

But that’s the beauty of it. When you look at that first year, how can you ever think that it’s the end of something? It’s not- it’s absolutely the beginning. What lies ahead is so completely unknown, and that’s such a big part of the excitement.

**3. Do you feel like you learned anything about your own**

## **relationships from reading these essays?**

**Perel:** You so rarely get an intimate and well-articulated glimpse into other people's lives and relationships, so how can you not look at your own life after reading some of these stories? I think what struck me the most was how they worked together as a team. It was always about the teamwork and the give-and-take. That was a beautiful and interesting thing to read- how in every situation, no matter how terrible, they always pulled together.

**Sherman:** Another thing that we noticed throughout the collection, is how many women wrote about this underlying friendship that existed with their partners. Some relationships start off as a friendship and evolve into something more passionate and romantic, while others later develop into a friendship. At the core, that deep friendship is probably what holds marriages together over the long haul.

Joshilyn Jackson talks about friendship in, "The Marry Boy." She started off as best friends with the man who later became her husband. That story really touched me because I thought it was beautiful that a relationship could start off one way and turn out another.

**Perel:** I like when she writes, "It is an odd transition, to see one's best friend's head perched atop of [a] lovely, naked male body." That's the moment where they truly shift from best friends to something romantic. I think anyone who's ever moved from a best friendship to a romantic relationship would identify with that moment of strange and wonderful.

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## **4. What do you most hope that readers takeaway from the book?**

**Sherman:** I think that there's an illumination of what a matrimony can be. Some of the writers talk about the adjustment period. Ann Hood, for instance, talks about getting

used to the way in which her new husband arranges their furniture.

There are so many adjustments and realignments that take place in a marriage, especially in the beginning. Your marriage is going to happen; it's going to change and evolve. It just gets better and better if you can be flexible.

**Perel:** In Sarah Pekkanen's essay, they're blending their families. It's one thing to blend your furniture, but when you get married, there's a whole family element to consider. I think that the takeaway would be to roll with it. Also, you're not expected to have figured things out before getting married; people think that they can mitigate problems by living together or just knowing the person really well, but it's okay that marriage still changes things.

*You can purchase Wedding Cake for Breakfast: Essays on the Unforgettable First Year of Marriage on Amazon. Visit the authors at [WeddingCakeforBreakfast.com](http://WeddingCakeforBreakfast.com) or follow them on Twitter @WeddingCakeBook.*

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## Famous Celebrity Couples Who Get On Our Nerves





By Daniela

Agurcia

When two slightly obnoxious celebrities get together, it creates something much worse than either would be alone. Everyone can name one of these celebrity couples: When you see them, you just want to change the channel or put down your magazine. Sometimes, certain famous couples make you want to scream, "Enough already!" Being one of these celebrity relationships can definitely be a bad thing. Whether they're obnoxiously cute, painstakingly annoying, or overly pompous together, it gets to the point where no one wants to hear about them anymore. Here are some celebrity couples that we could live without:

## Annoying Famous Couples

**1. Selena Gomez and Justin Bieber:** At first, there was a lot of hype about whether Selena Gomez had Justin Bieber fever. Turns out, she did. The couple kept their famous relationship under wraps for a while, and even today, they still try to be discreet about it. They're that one couple that refuses to be open about their relationship and love, regardless of all of the cute and cuddly photos found of them or their occasional

love-dovey tweets and quotes. Either be open about your relationship and act normal about it...or hand him over!

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**2. Kim Kardashian and Kris Humphries:** Even though Kim Kardashian and Kris Humphries aren't together anymore, they were a Hollywood couple that will be hard to forget. There was so much hype about Kardashian finding love and having the most extravagant celebrity wedding with the man of her dreams, only to have it all end 72 days later. The engagement, wedding, and divorce flashed right before our eyes. Ultimately, the marriage was an all-time record, and one we wish would just disappear all together.

**3. Angelina Jolie and Brad Pitt:** Famous couple Angelina Jolie and Brad Pitt have been non-stop from the start, doing everything to the extreme. From the day that Pitt left Jennifer Aniston to be with Jolie, the two are always aiming for perfection. The pair has adopted from all over the world, constantly donate to charity and attend mission trips all over the globe. Plus, we can't forget that they just happen to be one of the best looking Hollywood couples. Here we can certainly say "Enough already!"

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**4. Kristen Stewart and Robert Pattinson:** We loved Kristen Stewart and Robert Pattinson in the *Twilight* movies – who doesn't love a vampire romance? We were all rooting for the two to end up together in real life, but between their low-key status and "I don't care" attitude, they're not as great as we thought they would be. They always seem as if they're in a bad mood about something. Plus, have you ever seen them show affection?

**5. Heidi Montag and Spencer Pratt:** How are they famous

again? Heidi Montag and Spencer Pratt blew up because of their roles on the reality TV show *The Hills*. Their drama was entertaining at first, but it grew old after the show, thanks to her music videos and several other TV appearances. Between that and Montag's numerous plastic surgeries, the celebrity couple has received nothing but negative spotlight, eventually eliminating all the "glory" from their fame.

**What celebrity couple bothers you the most? Share your comments below!**

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## **Celebrity Stylist June Ambrose Tells Us How Women Can "Find Their Fabulous"**



By Daniela Agurcia

Celebrity stylist June Ambrose has worked with A-listers including Alicia Keys and her husband Swizz Beatz, Jay-Z and Sean Combs, and now, she's sharing her fashion tips with CupidsPulse.com. "Fashion is your voice, your expression. It's how one exudes confidence from the inside out," she explains. Watch our video interview with Ambrose to learn more about her personal style advice, her go-to date night outfit and her role as a Caress Fabulista.

*For more videos from CupidsPulse.com, check out our YouTube channel.*

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## 3 Benefits of Meeting People Online







By Evelyn Harris

In the early days of online dating, the service was often seen as a subject of ridicule, the last resort for the otherwise-undesirable. Nearly a decade later, meeting people online has become an accepted practice, with advertisements on subway walls and primetime television that target a large variety of singles. The truth about online dating is that it's an increasingly viable way to find and meet potential partners. If you still need convincing, here's a rundown of the three best things about meeting people online:

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**1. There are plenty of options:** When you commit to an online dating site, you'll have to make a profile. Sure, there might be occasional fibbing, but as a general rule of thumb the degree of truth in a profile matches the desire a person has to meet someone. These profiles can be searched by other members to help them find someone to meet. With hundreds of profiles to peruse on every dating site, the choices available to you are not only larger, but more diverse than what can be found during a typical night out or by being set up on a blind date.

**2. No reservations, no pressure:** We've all experienced first date jitters. It's easy to be nervous when you're focused on making a good impression for your date. Although it's a natural component of the dating life, nervousness can be avoided with online dating. When you meet someone online, there's less pressure to impress and no reason to hold back, because the conversation occurs through a computer in the comfort of your home. Developing a repertoire and gradually sharing information once the connection has been made are built before your first in-person meeting. This way, you begin the date with an already-comfortable relationship first.

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**3. Celebrities use it, too:** Considering the fact that all their love interests and hookups are studied by the media, one would assume celebrities would never consider being an online dater, a position that can still be seen as being embarrassing. However, several celebrities have admitted to considering joining and using dating sites. In 2006, Halle Berry admitted to visiting online dating sites and various chat rooms, while *Gossip Girl* heartthrob Chace Crawford claims that he has "a bunch of different [online dating] accounts that no one even knows about." Weezer's frontman Rivers Cuomo revealed that he once created a profile on an online dating site but was unable to find any matches. With even celebrities experimenting with the world of online dating, it's clearly no longer something to be ashamed about.

For those still hesitant to explore online dating, hopefully the three benefits highlighted here will nudge you across that line of doubt towards your first online profile and a happy relationship.

*Evelyn Harris works at Find My Kiss in various roles including marketing and writing. She enjoys life to its fullest and particularly enjoys dancing, clubbing and meeting new people. Find My Kiss is an online dating site for singles from Houston*

*to Los Angeles to New York City.*

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# When One Partner's Needs Are More Important



By Jane Greer,

Ph.D. for GalTime

Why has it been so surprising to us that Katie Holmes filed for divorce last week in an effort to end her marriage to Tom Cruise when so many of us had a hard time taking their union seriously in the first place?

Maybe it's because despite the public's initial cynicism, people eventually embraced the couple as an example of a true Hollywood love story.

According to the papers, Tom was as blindsided as we were by the news, but, unlike the couple's fans who watched from a distance, he was close to the action. How is it possible that he was chugging along, seemingly happy, when she was evidently so unhappy that she secretly planned her exit?

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Tom might have been looking through only one lens, which he does in his role as a director and producer, and was seeing things working according to his vision. Is it possible that he didn't consider her needs at all? Tom's previous two wives, Mimi Rogers and Nicole Kidman, have each said that during their marriage their concerns were incidental to his, especially when it came to his religion, Scientology.

It has been reported that Katie wanted out because their daughter, six-year-old Suri, has reached the age at which she would begin to be educated in the ways of Scientology, and Katie did not seem to want that for her child. In fact, in addition to the divorce she has filed for sole custody. If it really is Scientology that made her want out, then she must never have fully accepted it in the first place or this wouldn't have emerged as a problem. Her concern over Suri's education may have been simmering on the back burner for some time.

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The push and pull around Scientology might not be so different from what any couple struggles with if one person wants to raise a child one way, and the other partner has a strong commitment to a completely separate religion. As I wrote about in *What About Me? Stop Selfishness From Ruining Your Relationship*, whenever there are two people who want two different things, one person is going to feel that they've

given up more than the other. But for a marriage to be successful, there has to be an attempt to hear the other person and work out a compromise. With Tom and Katie, it appears that wasn't happening. Tom's way seems to have been the only way.

The other thing that may have been going on is that Katie stopped fighting for what she wanted. I see this over and over again with my patients. One partner gives up, realizing that all the conversation in the world is never going to make a difference. But the other partner takes that silence to mean the first partner is now okay with the situation, when in reality they have shut down. They may be waiting for the right time to sever the relationship, or become vulnerable to romantic involvement outside the marriage. This myopic vision, in other words, "my" view, on one person's part, leads them to believe that everything is just fine.

Whatever the case, Tom seems to have left no room for the necessary give and take that a healthy marriage demands. It might be just the right time for him to be making a movie called *Oblivion* since that seems to be exactly where his third marriage is headed.

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## Red Flag or Quirk? How to Tell the Difference





By Sarah Ribeiro

We've all heard enough urban legends about the dating world to sometimes feel like every potential partner is a cheating, psycho, kidney-stealing horror-date. However, sometimes what you think may be red flags are just quirks that you have to learn to accept in a person ... and understanding that difference is essential. A quirk is something that isn't troublesome in the long term, no matter how strange it seems, while a red flag can be detrimental to your relationship or even your personal well-being. Sure, quirks might not be preferred, but it's those red flags you really need to avoid. Here are two dating quirks and two red flags to help you categorize your partner's behavior and determine if it's time to call it quits:

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**Quirk 1. Flirting:** A lot of people have a problem when their partner flirts with other people, but more often than not, that's just jealousy on their part. There's a difference between a person who is naturally flirtatious or friendly, and one who is actively hitting on other people. Before you dismiss your beau for flirting too much, think about what kind of person your partner is, and where your own jealousy level

rests.

**Quirk 2. Being plugged in:** These days, a lot of people really are turned off by the smart phone fad. Sure, being attached to your phone can be seen as a social addiction, but it isn't exactly a red flag. After all, living in our fast-paced society has driven most people to be dependent on their devices, so it's not too concerning if you've never seen your date without their phone. However, if their phone becomes a priority over you, it's become a red flag and it's time to call it quits.

**Red Flag 1. Talking about their ex:** This should be obvious, but for some people it isn't. If your significant other talks about their ex all the time, that's a clear sign that they aren't over them. Why would you want to be in a relationship with someone who is still emotionally attached to someone else? It's a red flag—run away.

**Related:** [The Authors of 'The Little Black Book of Big Red Flags' Help You Avoid a Dating Disaster](#)

**Red Flag 2. Mystery:** Pop culture has taught us that being mysterious is sexy, but that's hardly the case. Keeping things from your mate just shows that you're dishonest and that you have something to hide. If the person you're dating isn't open, they can't be open to the idea of loving you.

**What kind of quirks and red flags draw you away from a partner? Tell us below.**

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# Date Idea: Beach it with Your Babe



By Amanda Martin

Enjoy the sun this weekend by hitting the beach with your babe. The clear blue sky is the perfect backdrop for you and your honey as you listen to the sound of the waves crashing and feel the soft sand beneath your feet.

This is supposed to be a relaxing day, so don't put too much pressure on planning it perfectly. Simply pack a picnic lunch to bring along, and make sure it includes a lot of water so you don't get dehydrated. Put together a fresh fruit salad with cantaloupe, honeydew and the sweetest assortment of berries for you and your significant other.

One thing you don't want to forget is sunscreen. You can apply it onto one another to get close while taking the rays, and you won't have to worry about getting burnt.



Channel your inner child and build a sandcastle or bury your partner under the sand. If you want to be active, bring along a Frisbee or volleyball and find other people to play with – and of course being on the same side as your other half will ensure the chance for hugs and kisses when you score.

What's your perfect beach date? Let us know in the comments below.

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## Celebrity Women Who Built Business Empires With Their Husbands



By Deanna Atkins

It often seems like our culture thrives on talentless women

who keep us entertained through guilty pleasure reality television shows. If the media would stop flooding its audience with Lindsay Lohan's latest relapse, we'd see celebrity gals with brains and million dollar net worth who give women back the reputation we deserve. Below are a handful of leading ladies who chose to make the most of their fame by creating successful empires—with the help of their supportive and loving husbands:

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**1. Bethenny Frankel:** As a reality star, entrepreneur, wife and mother, Bethenny Frankel is certainly someone to admire. By combining her passion for healthy, natural foods with her business sense, she developed her signature Skinnygirl Cocktails. She and husband Jason Hoppy brought Skinnygirl to life over the seasons of Bravo's *The Real Housewives of New York* and their own show, *Bethenny Ever After*. Hoppy's background in finance ensured that Frankel's business ideas would flourish, and they did just that. In 2011, she sold her company to Fortune Brands' Beam Global for over \$100 million.

**2. Tori Spelling:** From actress to author to executive producer of her own show, it's no wonder Tori Spelling stays so skinny: she can't possibly have enough time to eat. She's come a long way since her role as Donna Martin on *90210*. Now she happily resides in Los Angeles with her husband Dean McDermott, their three children and another baby on the way. Spelling has written four books; her first, *sTORI Telling*, because a New York Times Bestseller. Additionally, she operated a bed and breakfast with McDermott and created a signature fashion and jewelry line. Today, she manages her own website, *ediTORIal by Tori Spelling*.

**3. Beyoncé Knowles:** Bringing in a whopping \$87 million a year is nice, but it's even nicer when you've got rapper, producer,

co-owner of the NJ Nets and entrepreneur Jay-Z to “put a ring on it.” Their marriage has made their combined net worth over \$800 million. This brilliant couple brings in the dough with their chart-topping hits, but Knowles also acts, designs and models, placing her at #2 on Forbes’s 2010 list of 100 Most Powerful and Influential Celebrities in the World. Hollywood’s hottest pair also showed off their business smarts when they trademarked their first child’s name, ‘Blue Ivy,’ which is expected to soon become an empire of its own.

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**4. Lisa Vanderpump:** Even if you knew her dog Jiggy before you were aware of her husband Ken Todd, there’s still no denying that Lisa Vanderpump’s bank account is as obscenely large as it is because of her adoring spouse’s help. Still, her own business sense has certainly helped, and together the couple has worked hard to be successful. Born in England and a *Real Housewives of Beverly Hills* star, the Brit earned her \$65 million net worth by co-owning 26 restaurants with her hubby of 29 years. Hard work paid off with a luxurious lifestyle, but Vanderpump still keeps busy by designing shoes and clothes, developing a skin care line and writing for *Beverly Hills Lifestyle Magazine*.

**5. Jill Zarin:** Entrepreneur, businesswoman and *Real Housewives of New York City* star Jill Zarin and husband and businessman Bobby Zarin own a home furnishing and fabric store on the Lower East side. Recently, Zarin has expanded her business to the fashion world by creating Skweez Couture, a functional shapewear line for women. She has also launched her own jewelry and bedding line, Jill Zarin Home. The couple’s business was big enough originally, but Jill’s most recent endeavors are expanding their empire even further.

**Which famous woman do you think has built the most successful business empire? Tell us below.**

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# Judge Lynn Toler of ‘Divorce Court’ Says Katie Holmes and Tom Cruise Had “Too Much to Lose By Dragging Out Their Divorce”



By [Whitney Baker](#)

Earlier this week, Katie Holmes and Tom Cruise signed their divorce settlement, reaching an agreement faster than most Hollywood couples. While details of the arrangement remain private, sources say that Suri, the couple’s six-year-old daughter, will live in New York with her mother, while her father will have generous visitation rights.

In order to better understand the ins-and-outs of this process, we spoke with Judge Lynn Toler, who hosts 'Divorce Court,' the longest-running court show on television. Since 2006, Judge Toler has brought both tenacity and compassion to the courtroom, focusing on the relationship at hand and dispensing helpful advice to real litigants.

The media has paid much attention to the role of Scientology in Holmes's decision to divorce Cruise. And for good reason, according to Judge Toler. While it's not something that she sees frequently in her courtroom, she understands why it's very intense when it does happen. "Religion doesn't often have a role in divorce cases, but when it does, it is very difficult to deal with because people's beliefs aren't something you can really compromise on."

Another point of interest in this divorce case is Holmes's request for full-custody of Suri. Judge Toler, though, isn't surprised by her bold approach. "She knew what she wanted, and she moved quickly and decisively. I think that she asked for what she wanted because of the concerns that she had for her daughter."

She adds, "After all, isn't that a mother's job?"

**Related:** [Find Out How Katie Holmes Felt in Her Marriage to Tom Cruise](#)

In a joint statement, Holmes and Cruise said that they are doing whatever they can to keep Suri's best interests in mind. By agreeing to the terms of their divorce in such a rapid manner, Judge Toler believes that they already did a tremendous thing for their daughter. "Sometimes, the best thing you can do for your children is to *not* get everything you want. Tom gave up legal custody but settled for generous visitation rights."

While it may seem like Cruise should fight for more time with his daughter, Judge Toler supports the resolution to their

custody battle. "You have to ask yourself if dividing their time between you and your ex is the best thing for you or the best thing for your kids," she explains. "Children need a stable environment, some place they can call home where the rules are always the same."

Perhaps the most surprising part of this celebrity divorce is the swiftness of their settlement. "I believe that both of them had too much to lose by dragging it out," Judge Toler explains. "I also believe that the church of Scientology didn't want to get involved with it, which certainly would've happened. Tom didn't want to expose himself or his church to that kind of scrutiny."

**Related:** ['Miss Advised' Star Amy Laurent Says, "I've Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill"](#)

Next up for Holmes and Cruise: They will present their settlement to the courts and wait for it to be approved before they'll be granted a divorce decree. Judge Toler doesn't foresee any future issues though, explaining that "the courts love when couples settle as quickly and amicably as these two. They really like the parties to come to a resolution on their own."

As for any advice for the pair as their divorce continues to play out, Judge Toler says she has none. "I think they're doing it right! They didn't let their emotions get ahead of what they needed to do. I say continue on and good luck."

*Visit [DivorceCourt.com](http://DivorceCourt.com) for local listings of 'Divorce Court,' which is currently airing its thirteenth season in syndication nationwide. Keep your eyes open for Judge Toler's new book, 'Making Marriage Work: New Rules for an Old Institution,' set to be released later this summer.*

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# 5 Lies Your Single Friends Like to Tell



By Ché Blackwood

Everyone has their own preferences when it comes to dating. Usually these differences are insignificant, like preferring blue eyes or waiting until the third date for the first kiss. However, other differences matter a lot more, like those who love the single life versus those who prefer to stay coupled up. While few will say no to being treated to an expensive dinner date, not everyone wants to commit afterward. You can tell these “commit-a-phobes” the advantages of dating over and over, but they’ll be filled with reasons why they’re better off on their own. While there’s nothing wrong with staying single, there’s also nothing wrong with taking on a partner. We gathered the most common arguments for staying single, and

explained the reasons why they're wrong:

**Related:** ['Miss Advised' Dishes Surprising Single-Gal Advice](#)

**1. Single folks have more fun:** It's hard to argue that being single can be enjoyable. After all, you can focus on your own desires and dreams. However, the same should be true in relationships. Deciding to be exclusive shouldn't strip you of freedom. A healthy relationship leaves plenty of room for both partners to focus on themselves, as well as on each other. If you feel you have to keep sacrificing your dreams, your relationship isn't average, it's unhealthy.

**2. Singles are too busy for relationships:** Between focusing on a career, balancing friendships and trying to squeeze in a single afternoon for that long overdue dentist appointment, it's not surprising that some think the addition of a significant other is too much to handle. Of course, falling in love is not the same as working toward a promotion or scheduling in a root canal. Love is a wonderful treat that breaks up the monotony of everyday life. If you have the time to do things you don't want to do, you certainly have the time for some romance on the side.

**3. Singles are too independent to answer to anyone:** There isn't much room for selfishness in a relationship. Your actions are, in a lot of ways, going to directly affect your partner. Even something as minor as going to sleep at 3 a.m. on a weeknight could wake your beau up. As a result, compromise is a huge part of successful relationships and that will never change. However, considering someone else's feelings is very different than having to answer to someone. You're even allowed to be a little selfish now and then. While couples will discuss their weekend plans together, they can choose what to do together and what to do apart, and both are equally valid. If you find yourself having to answer to your partner all the time, you should probably call it quits.



**Related:** [Five Steps To Turn a Date Into a Relationship](#)

**4. Singles know relationships are too hard:** Every relationship will have bumps now and then, so it's clear that relationships aren't always easy. Spending the majority of your free time with one person can be stressful and you're bound to fight occasionally. Still, nothing good in life comes easily. You and your best friend undoubtedly have a few fights under your belts, but that doesn't negate how much you love each other. The same can be said for dating.

**5. Casual dating is better:** Running into the grocery store, catching the eye of the cute guy in the vegetable section and leaving with a new number in your phone is the kind of encounter single women dream about. The constant chance that you may run into your next date is always an adrenaline rush. However, though first dates are interesting and offer you the chance to experience new things, you won't form lasting memories if you change partners every Friday. Eventually, even your single friends will feel the need to couple up. All it takes is the right start.

**What do you think are the advantages of dating as opposed to staying single? Tell us below.**

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## **Stars and their Pets: Dating and Mating Habits**





By Alejandro

Russo

You might follow the love lives of stars, but have you ever wondered what their pet choices say about them and their dating habits? A new study sponsored by [Klooff.com](https://klooff.com), the app for pet owners, could explain why Jennifer Aniston had such a hard time finding and keeping a good man after Brad Pitt, and why Paris Hilton has an endless string of boyfriends: it's their dogs. Klooff.com surveyed 1,000 people and found that certain breeds were the most popular when finding a date or when just looking for a casual fling. Consider how these dogs can change your appearance to the other sex:

**Related:** [Kristen Stewart Calls Robert Pattinson's Dog a Baby](#)

**1. Dogs that make you seem like boyfriend material:** The survey found that the top dog breeds to attract women were German shepherds, Golden retrievers, Labrador retrievers, Siberian huskies and French bulldogs. Respondents noted that they were over ten times more likely to see a man who owns a golden retriever as being "marriage material" than someone who owns a pit bull. This can explain why the ladies love Ryan Reynolds, who owns a golden retriever mix named Baxter, and Zac Efron, who is often seen with Puppy, his Australian shepherd. Plus,

those who own a Siberian husky are viewed as more manly than those who own bulldogs: a perplexing fact when you consider that Justin Bieber has a husky and Brad Pitt has a bulldog.

**2. Dogs that make you seem like girlfriend material:** To attract a man, the survey found that women who own Golden retrievers, Labrador retrievers, Chihuahuas, poodles and beagles were most effective. However, Golden retriever owners are significantly more likely to be viewed as the sort of woman who men would like as a girlfriend than those who own Chihuahuas. Kristin Davis, Sheryl Crow, Eliza Dushku, Anna Paquin and America Ferrera are all women who have this very appealing dog.

**Related:** [Miley Cyrus and Liam Hemsworth Get Cuddly With Dog Ziggy](#)

**3. Dogs that make you seem like a one-night stand:** So what about Chihuahuas? Their owners, like Paris Hilton, aren't usually perceived in the best light. Most people thought that Chihuahua owners were more likely to be dumb and "just a one-night stand" than those who owned any other breed. Of course, if you're looking for hook-ups, this might not be a problem: Chihuahuas are still very attractive to men.

*Alejandro Russo is the CEO of Klooff, the premier app for pet loves. It lets users express themselves and show off their pets in a fun and stylish way. With Klooff, users can create profiles for their pets, post pics of them to Facebook and create cool custom products featuring their lovable pooches and kitties.*

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# How to Handle Wedding Season as a Single Gal



By Jennifer

Harrington

Summer is the season of many things, including warmer temperatures, weekend getaways, sundresses and weddings. As wedding bells are ringing, it's no secret that the arrival of an invitation in the mail can bring angst to a single lady. No matter how you feel, remember that weddings are a reason for everyone to celebrate, even single folks. Keep these tips in mind in order to navigate and embrace wedding season, even if you're "without guest":

**Related:** [What to Wear to a Summer Wedding](#)

## 1. Consider the men you know.

Once a wedding invitation arrives, take stock of the guys in

your life. Do you have a crush or even just a good friend? Ask him to accompany you. Most guys, whether their interest in you is purely platonic or not, are eager to accept a wedding invitation, as it usually means a fun day with a free open bar. Having someone as your arm candy gives you a partner in crime for the wedding. Plus, if you have romantic feelings for your date, no place has more romance in the air than weddings.

## **2. Try to meet new people.**

Even if you don't have a special guy in mind to accompany you, don't forget that weddings are an excellent place to meet someone new. Flying solo gives you the opportunity to mingle, particularly with members of the opposite sex. Some have even said that showing up unattached to the festivities labels you as a "hot commodity." You can be sure that the bachelors in attendance will take note and will flock to make introductions. Embrace their attention, dazzle the gentlemen, and remember: it's not uncommon for people to meet their future spouses at a friend's wedding!

**Related:** [Nine Unexpected Places to Find Love](#)

## **3. Be confident.**

If you're self-assured and confident, you'll be a lot more likely to have a great time. Wear a dress that makes you feel your best (for inspiration check out celebrity-style guest attire), and enter the wedding ceremony with the right attitude. Take the day as an opportunity to have fun and celebrate the bride and groom. Don't forget to test your luck at the bouquet toss!

**How do you handle weddings when you're single? Leave a comment below and tell us.**

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# 'Remodeled's' Paul Fisher Wants a Woman Who is Beautiful Inside and Out



By Nisha Ramirez

Paul Fisher is surrounded by beautiful women everyday – he is a modeling agent, after all. The passionate, no-nonsense agent, who has represented fashion icons like Naomi Campbell and Kimora Lee-Simmons, made it big in the 90's and is now the star of television reality series *Remodeled* on the CW Network. But, *Remodeled* isn't just another show about models; it actually provides Fisher with a platform to change the face of the modeling industry and what society deems beautiful.

From doing drugs to getting dumped, Fisher opens up to us

about his career, love life and his fight to redefine beauty. He admits to being “girl crazy” and spiraling out of control as he climbed to the top. “When I decided to get back into the modeling industry again, I had to beg for forgiveness because I was an animal for 20 years. I did drugs; I slept with the girls; I was just an animal,” he explains. “But I did find my faith about five years ago. I walked into The Kabbalah Centre, and it literally changed my life.”

Related Link: [Five Hollywood Relationships That Spiraled Out of Control](#)

Fisher decided to rejoin the modeling world and transform the industry into a safe place for young models. In doing so, he created The Network, a company that helps to create models who are also role models instead of models who are defined by their looks and beauty. It's quite the undertaking. Right now, his firm is comprised of 12,000 models represented by small agencies around the world.

Comfortable with his role behind-the-scenes, Fisher first declined to star in *Remodeled*. He says, “My partners came to me, but I'm a private man. I didn't want to be out there in the public eye; that's just not who I am. Then they came back to me and said, ‘Paul, this show could really expedite our mission.’”

**What is the mission?** To contact the fashion magazines and designers and ask them to rethink their definition of beauty. “I want to go to war with any designer that has a thin, 16-year-old girl walk down the runway, who inadvertently encourages young girls around the world to put their finger down their mouth because they think they have to weigh 116 pounds,” he says. “The average woman is 5'4 and 143 pounds. That is beautiful. That is sexy!”

Expanding on this idea, Fisher believes that the fashion industry has created a false picture of what a woman should

look like. Through The Network and his work on *Remodeled*, he inspires his female and male models to be confident and healthy in an industry that scrutinizes their every feature. The powerhouse agent knows that self-esteem issues caused by magazines and designers extends to real women everywhere.

**Related Link:** [4 Things Men Worry About](#)

“This isn’t a business to me. It’s a movement, and you’re a part of my movement. I’m really working, with every fiber of my being, to change the industry,” he reveals. “And I am going to sit at a Calvin Klein fashion show a year or two from now, and we’re not going to see skinny kids walking down the runway.”

Since Fisher is representing models in an industry that he calls “destructive,” he tells his clients that beauty is only skin deep. “You are going to find a man or woman out there who is going to think that you are perfect and that you shouldn’t change one little thing about yourself. Your physical reality is irrelevant anyways.”

Despite his work in an industry that focuses on appearance above all else, Fisher believes that looks aren’t everything. “I’ve dated the most beautiful women in the world, and I’ve lived with the most beautiful woman in the world,” he says. “Yes, physical attraction is important, but much more important is being on the same path spiritually, wanting the same things as far as giving back to the world and truly trying to make a difference.”

Fisher is looking for a woman in his personal life who is beautiful inside *and* out. “About two years ago, right before I was supposed to get married, I got dumped by my beautiful fiancée, and I have not been with anyone since then.”

**Related Link:** [Rachel A. Sussman Helps Us Recover After a Breakup in ‘The Breakup Bible’](#)



Going into more detail, he adds, “I am very passionate about my family, my faith and The Network because I really believe that we’re trying to do something special. I hope that soon, I become passionate about finding my soul mate because I certainly would love to have children and be a role model for a couple of kids.”

With a mission to reinvent the fashion industry like he reinvented his life, Fisher is excited for the new season of *Remodeled*. As he explains, “We’re creating some stars, and it’s pretty damn exciting. I give these models some pretty damn tough love, and I think people are going to really enjoy it.”

*If you want to be a part of Paul Fisher’s fashion movement and learn more about The Network, check out his [www.TheNetwork.com](http://www.TheNetwork.com). Remodeled returns to the CW network on Monday, July 9th at 9/8c – be sure to tune in!*

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## **Date Idea: Explore the Wilderness**





By Amanda Martin

Make this weekend all about you and your honey by spending time together in the great outdoors. Take Friday to travel to a romantic location that's off the beaten path – and yes, that may mean no cell phone service, which will really make it all about the two of you. Use the commute as a way to discuss the activities you want to do once you're there, and don't forget to compromise if necessary.

On the night you arrive, set up the tent and use your natural resources, such as wood and branches, to start a campfire. Cuddle under a blanket while roasting marshmallows and telling spooky stories.

Start the next day with adventure once you've gotten a good night's sleep. Go for an early morning hike, and don't forget to stop and take in the picturesque surroundings while enjoying each other's company.

Spend the rest of the afternoon at the lake. You can do activities that require a couple's effort, like rowing a canoe or pedaling a boat. Another activity you can try your hand at is fishing; if one of you has a catch, make your hubby cook it for dinner. Take the night to reminisce about the good times

you had that day.

Be spontaneous on Sunday before it's time to go home. If you wake up and feel like being lazy, lie out and take in the sun. Find out if there are nearby activities like rock climbing or zip lining. Whatever it is you decide to do, be sure it's what the both of you want.

The tranquil, secluded setting you choose will provide the perfect getaway for romance and communication.

How do you get off the grid with your significant other? Let us know in the comments below!

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## Weddings Show Single Men What They're Missing





By DeAnna

Lorraine

Summer is here, which means wedding season is already well underway. That's good news for those walking down the aisle, but how about for those who are still single? Sure, some might use weddings as a hot singles spot to meet someone new, but others just feel depressed. There's a reason that therapy bills increase every summer. Though major movies like *Wedding Crashers* always cast single women as being desperate and emotionally vulnerable, it seems that men are more and more likely to be bitten by the love bug first at a wedding. In fact, they're also just as likely as women to be emotionally vulnerable. Here are some other things you might not have realized about single guys at weddings:

**Related:** [What to Wear to a Summer Wedding](#)

**1. Men can be vulnerable:** Sure, they pride themselves on showcasing a tough and "manly" exterior, but men have feelings just like women do. They're not just at weddings looking for casual relationships; they're usually feeling just as strongly about commitment as their female friends and relatives.

**2. Men don't always show their feelings:** Because of the need

to appear strong, most men aren't used to expressing themselves outwardly. Although they might not be using an entire box of Kleenex while at the wedding, their emotions are definitely getting stirred up on the inside, usually just as much if not more than women's. Because men don't typically deal with their feelings as thoroughly as women do or analyze them to death with their friends, when they are faced with something like a wedding, they're often even more stirred up and affected.

**Related:** [What Kim Kardashian Taught Me About Marriage](#)

**3. Men are anxious for love:** The popular stereotypes that cast women as the clingy, needy gender and men as the cold and insensitive one just aren't true any longer. Men are more sensitive and anxious for love than you might think. Weddings actually seem to activate a man's own version of a "biological clock," leaving him feeling more eager to find a woman of his own and settle down. Suddenly the bachelor life looks less fun when they see those happy couples walk down the aisle. In the last seven years of coaching singles, I've always had about 10% more male clients than female clients. However, that number has been steadily increasing in the last few years. This might be a reflection of this trend: a growing number of men seem to be the ones who are more interested in getting married and settling down.

Are men and women gradually starting to switch roles? It might not be long before women are the ones passing the tissues to men at the weddings, with men going back home updating their Hope chests. Let's stay tuned and see.

*Nicknamed, "Ms. Hitch," DeAnna Lorraine specializes in helping even the most introverted men and women find the best ways to find confidence to express themselves in order to find love. She has years of experience coaching hundreds of singles of all kinds on how to go from lonely and distressed to total romantic success in a few months. She's seen regularly on*

television and has appeared on the Rachel Ray Show offering her insights and advice.

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## **‘Miss Advised’ Star Amy Laurent Says, “I’ve Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill”**



By [Whitney Baker](#)

As a relationship expert and executive matchmaker for the past seven years, Amy Laurent has plenty of advice when it comes to

navigating the dating world. And, now she's putting it out there publicly starring on Bravo's new reality series 'Miss Advised,' a show that features three single relationship experts as they attempt to follow their own dating advice in the search for love.

Given Laurent's background, we thought she'd be the perfect source to comment on the most talked about divorce of the week (and most likely the year), the infamous TomKat split. By now, we've all read the tabloids or heard the news that Tom's obsession with Scientology was a huge factor in their divorce (source), but how important is religion to a marriage?

"For some people, religion is an absolute deal-breaker, and you have to respect that when choosing a potential partner," Laurent explains. "I think it's a waste of time to try to put two people together with different religious opinions."

**Related:** [Katie Holmes Files for Divorce from Tom Cruise](#)

Although Laurent advises against coupling up if you have religious differences, many people do marry outside of their religion and go on to have happy and healthy relationships.

However, most of them aren't A-list celebrities who live a very public life while one of them is strong-arming the other about the beliefs of the secretive practice of Scientology. In this case, Cruise's religious beliefs and intention to have Suri attend a Scientology "boot camp," according to *The Sun*, may have been more important than the views of his catholic-raised wife, Katie.

"I encourage my clients to be very open and to not have a laundry list," Laurent says. "Ultimately, if you're going to find the right match and not waste your own time or the other person's time, you have to very honest about what's important to you."

With Katie now on the singles market, everyone is left

guessing who she'll date next. It's definitely too early to tell, but Laurent says that she's always seen Katie with someone who is "more mellow and chill."

"I see her being with someone who has more of a laid back approach to their relationship because I feel like that will really let Katie shine." As for Tom, "Definitely a Scientologist," Laurent says with a laugh. "She needs to be very type-A and a perfectionist – someone with the same level of intensity as he has."

**Related:** [Heidi Klum and Seal: Marriages Don't End Overnight](#)

Of course, neither Holmes nor Cruise should dive back into the dating world any time soon. For the time being, their primary focus should be on their six-year-old daughter, Suri. "Anyone going through a divorce with children needs to be very sensitive to figuring out how this new dynamic is going to work. No matter what happened, Katie and Tom still have to be a team for Suri's sake," Laurent explains.

When she's not setting up her clients or analyzing other people's relationships, Laurent has her own love life to sort out. As viewers will see on this season of 'Miss Advised,' she gives romance a shot for the first time in a long time. "I end up having a few great dates where I can finally relax and enjoy it without being totally type-A and trying to control everything. Maybe I should date Tom!," she chuckles.

"Obviously, there are things that I still struggle with throughout the show," Laurent adds. "But I will say that there is someone who I see a few times who is a really amazing guy. I'm kind of excited for my dating future – maybe there is hope for me." As fun as it may look, Laurent notes that this show provides a great opportunity for viewers to learn from her mistakes and improve their own love lives.

**Related:** [5 Ways Playing Hard to Get Can Damage Your Love Life](#)



Laurent is releasing her first book next month, '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.' "It's very easy for me to coach my clients and give them the rules that work. But it's very hard for me to follow my own guidance, and that's where I got the inspiration to write this handbook," she explains. "It's a girl's dating bible that really breaks down, step-by-step, the first eight weeks after meeting someone new."

She adds, "I started writing this book in the middle of shooting 'Miss Advised' because I recognized that no matter who you are – whether you're a matchmaker, a teacher, whoever – everybody needs a support system. It's been helpful for me – I realized that my rules really work!"

*Check out Laurent via her Web site, AmyLaurent.com Twitter or Facebook, and be sure to watch 'Miss Advised' on Mondays at 10/9c on Bravo. Also, keep your eyes open for her new book '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.'*

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## **Six Famous Relationships That Started with Celebrity Scandals**





By Jessica Smith

Nothing in Hollywood is juicier than a celebrity scandal. Many Hollywood couples work through humiliating experiences while dating, including Kim Kardashian and Reggie Bush, who went through a sex tape scandal; Justin Bieber and Selena Gomez, who recently dealt with Bieber's accusation of getting a fan pregnant; and Miley Cyrus and Liam Hemsworth, who had to deal with negative press on Cyrus' sexual antics.

Many of us can relate to similar problems on a smaller scale, but it can still be exhilarating and deeply saddening to watch our favorite famous relationships let us down in these ways. Sometimes, celebrity couples even begin their love lives under this sort of scrutiny. Although not all celebrity affairs work out, some blossom into long-lasting relationships and love. Here are six famous couples that made the headlines with their scandalous splits, affairs, and ensuing sprint to the altar.

## Celebrity Scandals That Turned Into Celebrity Relationships

**1. Brad Pitt and Angelina Jolie:** After being married to the beautiful Jennifer Aniston for five years, Brad Pitt and

Aniston's relationship began to fail when he confessed his love for Angelina Jolie. Pitt and Jolie worked together on the set of *Mr. & Mrs. Smith* as a sexy spy couple, and they took their on-screen romance off-screen – even while Pitt was still married. The humanitarian couple has now been together for seven years. We can thank their six children for pressuring them to get engaged, so they can *finally* tie the knot.

**2. LeAnn Rimes and Eddie Cibrian:** These two stars met on the set of *Northern Lights*, where their characters' relationship spiraled into a real-world celebrity affair that ended both of their marriages. While LeAnn Rimes and her ex-husband Dean Sheremet claimed to go their separate ways with plans to remain loving friends, Eddie Cibrian's ex only had negative things to say about him. Rimes and Cibrian are now happily married.

**Related Link:** [You've Cheated, So Now What?](#)

**3. Richie Sambora and Denise Richards:** This was a celebrity scandal that cost Denise Richards a friendship but gained her a new man. Richie Sambora was married to Heather Locklear for 12 years before things started to get shaky between them. Richards encouraged her good friend Locklear to file for divorce, and despite girl code, Sambora and Richards were caught making out like teenagers a few weeks later. This seemingly-forbidden romance also required Sambora and Richards to deal with some pretty messy divorces of their own. Unfortunately, their relationship recently ended.

**4. Tori Spelling and Dean McDermott:** Tori Spelling and Dean McDermott fell in love on the set of the Lifetime movie *Mind Over Murder*, but they were both married at the time. The two quickly separated from their spouses. Before either one was legally divorced, they decided to announce their celebrity engagement. The two were married just a month after Spelling's divorce was finalized, and they have been married since 2006. They have three children and recently announced

that they are expecting their fourth celebrity baby.

**Related Link:** [Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair](#)

## **From Celebrity Affair To Celebrity Engagement**

**5. Jesse James and Kat Von D:** Jesse James and Sandra Bullock were married for five years and had just adopted a son together when rumors began about James' unfaithfulness. After confirmation of numerous affairs, Bullock filed for a celebrity divorce and decided to raise her son as a single parent. Not soon after, James started dating tattoo artist Kat Von D. The two made it as far as an engagement, but they never made it to their wedding day.

**6. Blake Lively and Ryan Reynolds:** Although the two didn't date immediately after Ryan Reynolds' divorce from wife Scarlett Johansson, it's believed that Blake Lively was a factor that led to their split. Considering their marriage seemed to be going smoothly, their celebrity divorce announcement was surprising. The actor jumped from one serious relationship to another, as the celebrity couple was recently spotted house hunting.

**What's your favorite celebrity scandal? Share your comments below!**

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# **The Smart Gal's Guide to**

# Relationship Bliss



Is *relationship bliss* eluding you lately? Don't sweat it. Sometimes, you just need a handy guide to point you in the right direction.

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# Harlan Cohen Shares Why ‘Getting Naked’ Will Help Us Find Love



By [Whitney Baker](#)

Harlan Cohen, a nationally-syndicated advice columnist for over 17 years, knows what he’s talking about. The author of *The Naked Roommate: And 107 Other Issues You Might Run Into In*

College has already helped thousands of people survive dorm life. Now, with his recently-released *Getting Naked: Five Steps to Finding the Love of Your Life (While Fully Clothed & Totally Sober)*, he's taking his advice a step further. With his simple approach, Cohen offers a candid guide to falling in love and finding happiness.

"I think that what you'll see over the coming months and years is that the more people who read this book and live these ideas, the more this movement will grow," the author explains. "The idea is pretty simple. It's don't bullshit yourself and don't let people bullshit you."

Cohen discussed with us his motivation for writing *Getting Naked* and his philosophy behind the book as well as how this approach helped him meet the love of his life.

### **1. What inspired you to write *Getting Naked*?**

Well, I have the world's greatest secret, and I wanted to share it. I figured out how to find a date while totally sober. And, as an advice columnist, I am fortunate enough to be in the position to share this secret. I've helped myself, and now, I want to share it with the rest of the world. I know that they can find what they want – I guarantee it's out there.

### **2. Can you walk our readers through your five-step approach to tackling the dating scene?**

Before you start, it's so important to take a step back and just look at your informal relationship education. In school, we learn so much about feeding our professional passions, but we learn virtually nothing formally when it comes to our romantic relationships.

So that brings me to the five steps.

#### **1. Embrace the universal rejection truth of relationships.**

Thousands of people will want you, and millions will not. We tend to focus on all the people who don't want us, and as a result, we miss out on all of the people who do. Give the world permission to either want you or not want you.

**2. Train in your thong underwear.** Taking risks is uncomfortable. If we aren't comfortable in our physical thong, we're always going to think we aren't attractive enough. If we aren't comfortable in our emotional thong, we're always going to think we aren't good enough. And if we aren't comfortable in our spiritual thong – meaning we have a full life outside of our relationships – we're going to become too dependent on someone else to give us something we should already have.

**3. No excuses.** After you embrace the universal rejection truth and train in your thong, you see excuses as things we create to cover up our insecurities. Excuses are a waste of time and a symptom of something that scares us.

**4. Take the risk.** Just say it or do it. In the book, I share stories about people who followed their heart and made the move.

**5. Celebrate, reflect and repeat.** The beautiful thing about this *Getting Naked* approach and philosophy is that even if you take a risk and don't get what you want, you still have a success. Celebrate that you've done something and have answers – know you now. Reflect if it goes as planned, and reflect if it doesn't. And the last part of step five is repeat steps one through four until you get the results you desire.

**Related:** [Why We're Wired to Sabotage Our Relationships](#)

**3. People who follow these principles often end up lucky in love. Why do these five steps work so well?**

This way of approaching relationships is so powerful. There are two questions that you need to ask yourself. First, what have you done to find love today? If the answer is nothing,



that's the reason you aren't finding it. And second, when you do find someone, if you know that you have thousands of people who love and respect you, would you ever put up with someone who treated you like crap? No. So then you have to ask: why do we? Because we learn that dating is more about accidents than it is about options. *Getting Naked* undoes this damage and helps people to see the world in a brand new light.

#### **4. Why do you think it's so difficult for women to grow "big ovaries" and approach men?**

Women tend to hide behind an old-fashioned idea that "I'm a woman, and I should be approached." Even though, in all other aspects of women's lives, they expect to be treated equally. I think it's because women don't want to be rejected, but here's the thing: men don't want to be rejected either. If a woman is clear about what she wants, she is going to have a lot of interesting and confident men who are comfortable approaching her.

**Related:** [How To Communicate to Get What You Need](#)

#### **5. And finally, have you applied your advice to your own love life? Any stories you can share with our readers?**

Yes, I met my wife by applying these principles. I met her at Mail Boxes Etc. on a random day in Chicago. And the irony is that she had rejected me via an online dating service several months before. I'm certainly someone who has benefited from this approach. And everyone who has read the book and applied these principles? Their lives have been impacted in a profound and positive way as well.

*In the fall, Cohen will be going on a Getting Naked speaking tour, visiting over 30 colleges across the country. There is also an online Getting Naked experiment for readers to visit. Additionally, you can keep up with Cohen through his Twitter handle and Facebook page.*

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# Enjoy the Summer Together Like Halle Berry and Olivier Martinez



By Lauren Bailey

The always-gorgeous Halle Berry has been photographed out and about with her boyfriend Olivier Martinez quite a bit recently, and the two seem to be having a blast enjoying the sun and sand of summer. These two celebrities set a great example of the perfect way to celebrate this time of year together. Not only can we take style notes from the pair, we can also learn a lot about using the summer months to make our own bonds stronger with loved ones. The beauty of this season is that you can go anywhere and feel like you've just stepped into a vacation, making it the perfect time to reconnect and

have a blast with your beau. Check out some tips for setting up your own romantic mini-getaway:

**Related:** [Memorial Day Getaways For Lovers](#)

**1. Choose a location near water:** Sure, you might not be able to choose a California beach like Berry and Martinez did, but any location near water can be a romantic place for a stroll, a day in the sun or even a quick picnic. If you don't live near the coast, try to find local rivers, lakes or ponds, though even a pool will do. Remember, atmosphere is everything, and getting out of the house and into a waterside setting will certainly do you and your sweetie both some good.

**2. Enjoy the sun:** Instead of heading indoors the moment the temperature rises past 90 degrees, try letting the sun add a little romance to your activities. Warm weather provides the perfect opportunity to wear that tiny little skirt that's been sitting in your closet or even nothing but a bikini and a wrap. Berry and Martinez were able to enjoy the sun but avoid most of its harmful rays by strolling in the evening. Cool mixed drinks can help you beat the heat and set the mood for a good time. If you stay in the shade, let your legs hang out and get a little tan. If you try to enjoy the sun, you'll feel like you've been transplanted to a vacation on a beautiful island and the romantic vibes will start flowing.

**Related:** [Three Far Flung Honeymoon Destinations](#)

**3. Pick a calming environment:** No matter where you choose to celebrate the summer with your partner, make sure that locale is peaceful. The beach might sound like the perfect idea, but it won't be romantic if it's packed with screaming kids and angry parents. Even the silence of the pool in your own backyard seems calm enough, but that could be disrupted by your neighbor's plans to build a deck next door. If you're trying to set up a romantic summer day, make sure to pick a location that will be quiet enough for the two of you to be

together and enjoy the ambiance with the privacy you need.

*Lauren Bailey regularly writes for Best Online Colleges. She welcomes your comments at her email, blauren99@gmail.com.*

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## Duchess Kate and Prince Harry: Is it Flirting?



By Jane Greer,

Ph.D. for GalTime

### [Relationships: When Does Flirting Cross The Line?](#)

Catherine, Duchess of Cambridge, (formerly known as Kate Middleton) and her brother-in-law Prince Harry were recently caught by photographers exchanging “flirty” glances. The pictures were taken during the Diamond Jubilee celebrations in

honor of Queen Elizabeth II. Standing with the royal family on that famous balcony, Kate and Harry swapped what appeared to be secretive smiles and a knowing laugh while William had his head turned. Only the media would peg this as possibly inappropriate flirting instead of the more likely scenario that Kate and Harry were just having a good time, as a brother-in-law and a sister-in-law often do. But it does raise a question that many people ask: when is it actually flirting? And to take that a step further, when does flirting cross the line?

The answer is that it depends. Flirting generally gets a bad rap, especially if you aren't single, just as Kate's smiling at someone other than her husband drew negative attention. But the truth is, whether you are unattached or committed to someone, putting yourself out there with a member of the opposite sex and making smart conversation helps you feel desirable and confident. It creates positive energy that can make you feel good about yourself.

**Related:** [Chatting or Cheating? How to Tell](#)

If you are already in a relationship, however, you have to make sure that you are both comfortable if either of you flirt with other people. One of my male patients, for example, became upset when his girlfriend would reach out and touch other men while joking with them in bars or at parties. When he asked her about it, she assured him that she is just a "touchy-feely" person and it meant nothing to her. But her boyfriend didn't agree. From a guy's point of view, he felt that the touching took the flirting to a different level. In their case, they had to set boundaries, which can be different for each couple, to make sure that whatever went on didn't make them feel bad or doubt the other person's feelings. Flirting definitely crosses the line when it becomes a sexual invitation to someone you are not in a relationship with.

If you are able to stay on the appropriate side of the line, though, then you can make sure all that heightened sexual energy is stored up for your partner with whom you will share it later. If your relationship is solid and you feel you are being given enough one-on-one time, then that generally works. Sometimes watching your partner flirt can give you a sense of pride. It can even be a turn on.

But if it makes you feel threatened, then it's a good idea to talk about how you are feeling in order to handle it. If the foundation of a relationship isn't strong, it can increase your feelings of doubt and mistrust. The person doing the flirting might feel good, but it can make the other partner feel insecure. If it seems that your partner is flirting with everyone but you, or you are flirting with everyone but them, then you might want to look at why that's happening and think about what's going on between the two of you.

**Related: [5 Telltale Signs It's Time to Breakup](#)**

If that is the case, it is a good time to take stock and realize that rather than looking outward, you can focus your energy inward to work on strengthening your trust. You can do this by being affectionate, complimentary, and expressing your love toward each other. If you still feel uncomfortable with your partner's flirting with others, it can also help to set ground rules, as my patient was able to do with the no-touching rule. For someone else, a little conversation might be okay, but if it goes beyond that and someone offers or asks for a phone number, the answer is no.

Everyone has a different level of what they can tolerate in terms of their partner's socializing outside of their relationship. You don't want it to be divisive or take away from you as a unit. The goal is to be clear about what your partner's behaviors mean to them, and to make flirting work as a positive rather than a negative for your relationship. And there are times, of course, when people might just be being

nice to each other. If William thinks Harry is making a move on Kate, then that would be a huge problem. As long as he trusts his brother and knows his marriage is solid and secure, Kate and Harry can smile and laugh all they want.

**When do you think flirting crosses the line? Tell us below.**