

'Bachelor In Paradise' Star Chris Bukowski on Celebrity Romance with Elise Mosca: Dates Were "Spectacular"



Interview by [Whitney Johnson](#). Written by [Sarah Batcheller](#) and Shannon Seibert.

Bartlett, Illinois native Chris Bukowski was the fourth runner-up on Emily Maynard's season of *The Bachelorette* and was seen as a main competitor on season 3 of the *Bachelor Pad*. Since his initial reality TV appearance, he has molded himself into quite the entrepreneur as the owner of The Bracket Room, a sports bar and lounge in Arlington, Virginia. Earlier this summer though, Bukowski put his

business on the back burner and returned to the small screen with the hope of finding a celebrity romance on *Bachelor in Paradise* (fourth time's a charm, right?).

Chris Bukowski on Looking for Relationship and Love on Reality TV

Related Link: [‘Bachelorette’ Star Marcus Grodd Is Engaged to ‘Bachelor in Paradise’ Costar](#)

He recently created quite a media frenzy when he “crashed” the premiere episode of Andi Dorfman’s season of *The Bachelorette*. We saw on the *Men Tell All* episode that host Chris Harrison wouldn’t let Bukowski come to the stage and meet her. “I was totally thrown off-guard when Chris said something to me – I wasn’t miked or anything. He kind of bombarded me!” he shares in our exclusive celebrity interview. Still, he says that final pick Josh Murray “seems like a good guy for Andi.”

When he got the call for *Bachelor in Paradise*, it was no surprise that he was open to the experience. “The producers approached me about it, and I figured, ‘Why not?’ I was able to take time off from the restaurant, so it worked out really well in that sense. When you have an opportunity to be on reality TV, it’s hard to say no!”

Bukowski shows up on the island in tonight’s episode and is immediately surrounded by familiar faces, including AshLee Frazier. Although he and Frazier were friends prior to the show, he says she was too busy with Graham Bunn to spend any time with him. “I knew almost everyone there, which made it a little hard to find a relationship and love. Obviously, if something was going to happen, it would’ve already.”

Related Link: [‘Bachelor in Paradise’ Star AshLee Frazier: “My Goal Was to Know Graham Bunn”](#)

***Bachelor in Paradise* Celebrity Romance and Fling**

Still, that didn't stop him from having a celebrity fling. The restaurant owner had a brief "showmance" with castmate Elise Mosca and gushes that their dates were "simple but at the same time spectacular – not your normal, real world dates." He also states that their celebrity romance is "too good to spoil" for *Bachelor in Paradise* fans, refusing to share any of the hot details.

Evidently, a happy ending isn't in the cards for this entrepreneur, though. Sources close to us reveal that Bukowski only stays in paradise for two episodes, sending himself home next week. Still, he doesn't blame the show's format for his failure to meet someone special. "I've seen it work on reality TV before, so it was worth a shot. Plus, it's really hard to find a relationship and love in the real world! At the end of the day, I just wanted to have a good time – and I did."

In regard to the Jesse Kovacs drama that audiences are wildly anticipating later this season, the blue-eyed contestant admits, "I'm definitely caught up in some of my own controversy on tonight's episode, but I'm not around when Jesse gets there, so I'm not sure what kind of trouble he got into." Well, now we're awaiting two scandals! Make that three gossip-worthy moments as we watch ousted Michelle Kujawa's love life unravel...

Another source shares that Bukowski and fellow *Bachelor in Paradise* contestant Christy Hansen (who hasn't shown up in Tulum, Mexico yet) became good friends prior to the show after meeting in Chicago. Unfortunately, Hansen arrives in paradise *after* Bukowski is gone, so audiences won't get to see them together. While the hopeless romantic clarifies that they're not dating, he won't confirm whether or not he's

single.

Related Link: [New Beginnings for Old Flames on 'Bachelor in Paradise'](#)

Back in the real world, Bukowski maintains his determination to find love, as many of his fans witnessed during his recent search for “Deerfield Abby.” The *Bachelorette* veteran describes how he and fashion blogger Dana Weiss of *Possessionista* tracked her down: “Dana saw that I posted on Facebook that I was looking for someone in Deerfield, Illinois. Once Dana and I connected, it turned into quite the extensive search and got way bigger than I thought it would. Dana is amazing, and she definitely helped find the Abby I was looking for, but it turns out that Abby has a boyfriend, which is why her friend was so mad about Dana’s post. At the end of the day, it was settling to be able to find her even though nothing happened from it – except for now I have about 15 new friends named Abby.”

As his time on *Bachelor in Paradise* comes to an end (for now, at least), his business continues to flourish. “We just signed a deal that will open two more Bracket Room’s,” he says enthusiastically. “We’ll have one at Reagan National Airport and Dulles International Airport, both in Washington, DC.” He’s also launching a cold-pressed juice brand this December in Chicago. “I’m not releasing the name for another couple of weeks though.”

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Celebrity Baby News: 10 Famous Couples Who Had Twins



By [Whitney Johnson](#)

Nobody can resist [celebrity baby news](#) – especially when there are two bundles of joy! As if these famous couples aren't busy enough with their lives in the spotlight, they're also juggling twins and everything that comes with them: two bottles, two strollers, two wardrobes, and more. Below, we've pulled together a list of 10 celebrity parents who were doubly blessed in the baby department:

Exciting Celebrity Baby News

1. Mariah Carey and Nick Cannon: This Hollywood couple welcomed their twins, son Moroccan and daughter Monroe, in April 2011. After an extremely difficult pregnancy, including preeclampsia and gestational diabetes, the diva says she's done having kids.

2. Elsa Pataky and Chris Hemsworth: Already parents to 25-month-old daughter India, the *Thor* star and his leading lady welcomed twin boys, Tristan and Sasha, this past March. The proud mom has been showing off her adorable celebrity family on Instagram ever since.

Related Link: [Elsa Pataky and Chris Hemsworth Are Expecting Twins](#)

3. [Jennifer Lopez](#) and Marc Anthony: Although this famous couple split in 2011 after seven years together, twins Max and Emme seem to be doing just fine. The cuties celebrated their sixth birthday in February with a trampoline party.

4. Ricky Martin: In 2008, the Puerto Rican singer became a father to twin boys, Matteo and Valentino, born via a surrogate mother. Luckily, his sons have a great role model in their father, who has been honored multiple times for his humanitarian work.

5. Julia Roberts and Danny Moder: The *Pretty Woman* star married her cameraman hubby in 2002, and two years later, the Hollywood couple welcomed twins, daughter Hazel and son Phinnaeus. Since then, their family has grown to five, with the addition of son Henry in 2007.

6. Sarah Jessica Parker and Matthew Broderick: The talented couple's twin daughters, Loretta and Tabitha, were born via surrogate in 2009, seven years after the *Sex and the City* actress gave birth to their first child, son James Wilkie.

This Famous Couple Has Six Kids, And Two of Them Are Twins!

7. [Angelina Jolie](#) and Brad Pitt: This globe-trotting family of eight includes twins Knox and Vivienne, born in July 2008. This celebrity baby news got a lot of attention: The rights for the first images of the babies were sold to *Hello!* for 14 million dollars – the most expensive celebrity photos ever taken.

Related Link: [Brad Pitt Says Fatherhood Has Made Him a Better Man](#)

8. Neil Patrick Harris and David Burtka: The *How I Met Your Mother* actor and his fiancé welcomed twins, son Gideon and daughter Harper, in 2010, born via a surrogate.

9. Rebecca Romijn and Jerry O'Connell: The Hollywood couple became parents to fraternal twin daughters, Dolly and Charlie, in 2008, just over a year after they married. Dolly is named after singer Dolly Parton, and Charlie is named after her dad's brother (a former *Bachelor* star!).

10. Julie Bowen and Scott Philips: The *Modern Family* actress and her husband of a decade are parents to three sons: Oliver, born in 2007, and twins John and Gustav, born in 2009.

Who are your favorite celebrity babies? Tell us in the comments below!

'The Bachelorette' Star J.P.

Rosenbaum Talks Celebrity Baby News, “Dad-chelor” Party, and Moving to Miami!



By [Lori Bizzoco](#)

Long Island native [J.P. Rosenbaum](#) won [Ashley Hebert's](#) heart (along with the rest of the women in America) when he proposed to her on Season 7 of *The Bachelorette*. The fairy tale-esque celebrity couple married a year later and are now happily preparing for more marital bliss as they welcome the birth of their son this October, otherwise known as Baby R. We had the chance to ask the 37-year-old construction manager some questions about the upcoming arrival of “Rosenbump,” as he likes to refer to the little guy on Twitter, as well as the reality TV couple’s move to Miami a few weeks ago and

tonight's "dad-chelor" party.

***The Bachelorette* Winner Opens Up About Celebrity Baby News**

When it comes to his [celebrity baby news](#) and becoming a father, the Hot Skates lover tells us, "I think I'm probably most nervous about the unknown. There's only so much information you read about on the Internet or that's told to you by friends and family." He gives us an example by saying, "I'm not looking forward to the time where I'm sitting there with my son and not having a clue in the world what to do."

Related Link: ['Bachelorette' Stars Ashley Hebert and J.P. Rosenbaum Tie the Knot](#)

Understandable, given that the proud parents-to-be are choosing to "go at it alone" when it comes to taking care of the baby. The DIY dad tells us that they have a good support system in Miami and they will have family visiting in the beginning. "Ashley's mom will be coming down for two weeks after the baby is born, and my parents will also be around for at least a week."

Rosenbaum confirms that the Miami locals will follow some of the Jewish traditions when it comes to the birth. "We've already decided to give the baby a middle name using the initial of a family member who has passed," he says in our exclusive celebrity interview. The reality TV star also tells us that they will definitely be having a Bris. "Chris Harrison is gonna be our moyel," Rosenbaum half-jokes. Given that the *Bachelor* host officiated their wedding, one never knows if he's kidding or not!

Related Link: [Ashley Hebert and J.P. Rosenbaum Celebrate Holiday Traditions Together](#)

But there was no joking around when it came to keeping tight-

lipped on possible names for Baby R. “Ash has her favorite, and I have mine,” the dad-to-be shares. “I’m pretty sure her choice is going to beat out mine. At least I’ll get dibs on picking the Hebrew name!”

In celebration of their celebrity baby news and to help calm Rosenbaum’s nerves a little, Mike’s Hard Lemonade is throwing the reality star a “Dad-chelor” party tonight on a gorgeous rooftop in NY. “This is my first Dad-chelor party experience, and I’m excited to get together with everyone for an evening of poker,” the Herricks alum says. “We’ve got our own dealer, lots of food, and of course, Mike’s Hard Lemonade, for a night of male bonding.”



J.P. Rosenbaum will celebrate his Dad-chelor party with Mike’s Hard Lemonade.

Rosenbaum will be celebrating the evening with his father, brother, and a few close friends, including Mikey McLean, who is also from *The Bachelorette* Season 7. He adds, “It’s more than just a last night out – it’s a way to celebrate my entry into parenthood.”



J.P. Rosenbaum
having fun at his
Dad-chelor party.
Photo courtesy of
MSL Group.

Reality TV Star Shares Relationship Advice for Son

The well-known romantic hopes his son will pick up a few key pointers from him when it comes to the ladies. “Always treat a woman with respect. I grew up in a household where my mother was put up on a pedestal – and rightfully so,” he shares of his best relationship advice. “I have always tried to do that with Ashley and will certainly pass that along to my son.” (Can we clone this guy?)

With so much going on, we couldn’t help but ask how Boo was adjusting to all of the changes. “Boo is livin’ it up!,” Rosenbaum laughs.

Related Link: [J.P.Rosenbaum Loves Ashley Heberts Dog, Boo!](#)

If you want to learn more about the “Dad-chelor” event or how to plan your own, make sure to follow Rosenbaum on Twitter @JP_Rosenbaum and www.instagram.com/_jprosenbaum/ where he will be keeping fans up to date on the experience and tagging posts using #dadchelor.

We wish this adorable couple all the best! One thing is for sure: Between Rosenbaum’s winning grin and Hebert’s dental background, this kid is going to be sporting a million dollar smile!

Celebrity Interview: Katherine Heigl Says “Family Comes First”





By Shannon Seibert

Katherine Heigl has become the ultimate celebrity mom since adopting her two beautiful daughters, Naleigh, 5, and Adalaide, 2. This September, the actress graces the cover of *Good Housekeeping* and opens up about living in Utah with her husband Josh Kelley and their kids. Heigl recently opened up to Celebrity Baby Scoop in a celebrity interview about her experiences with each of her daughters and the pleasures of being a mother.

Katherine Heigl on Being a Celebrity Mom

Related Link: [Alicia Keys Is Pregnant With Second Child](#)

What was it like starring on *Grey's Anatomy* after adopting Naleigh in 2009?

KH: "I would come home angry and frustrated that I'd missed everything with my kid that day. I didn't get to wake her up from her nap or do bath time or bedtime. I'd have to sneak

into her room and kiss her when she was sleeping, hoping not to wake her up. I felt like my priorities were messed up. I was putting so much time and energy into just my work, but I was raised [to believe] that family comes first.”

How is living in Utah?

KH: “We had big dreams of expanding our family, moving to the mountains, and having a quieter life. Utah is spectacularly beautiful; the people are wonderful and kind; it’s an easy commute from L.A. – and there’s no traffic!”

Related Link: [Megan Fox: “It’s So Hard To Be A Working Mom”](#)

How was your experience with adopting Adalaide from Louisiana in 2012?

KH: “We brought her home, and right away, Naleigh was like a little mommy. She’d say, ‘No, no. You’re not holding her right.’ Or ‘She needs to eat again.’ I’d be like, ‘Would you back off? Just give me a minute!’ Naleigh would go off to her ballet classes and other stuff, and I would sit with the baby at home. I would read, and she would lie on my chest, and we’d lie on the couch with, like, four dogs and watch *Friday Night Lights*.”

For the rest of the celebrity interview, visit www.celebritybabyscoop.com/2014/08/06/katherine-believe-family!

Date Idea: Redecorate



By Brittany Stubbs

It may sound cliché, but decorating your home with your love is a great way to bond. Even if you don't live together yet, you can have fun fantasizing about what your place will be like when you do move in together.

Start with the room that the two of you spend the most time in. Maybe it's the living room where you have *Dexter* marathons together, the bedroom where you like to hide out on lazy Sundays, or the kitchen when you're sharing a bottle of wine and catching up on the day's events. Discuss what you both enjoy about the room in the current conditions and what you would both like to change. Feel free to turn to magazines and Pinterest to get some ideas flowing!

Related Link: [What You Need to Know Before You Move In](#)

Together

Once you and your partner decide what changes you're looking to make – whether it's simple decorations to the walls or a new piece of furniture – get out there and start looking around. While online shopping seems easy, you'll have a much better time actually getting to see the artwork or coffee tables in person.

If you're just looking to add a few decorations, antique shops are great places to find unique items that will spice up your place. These purchases often make great conversation starters as well. You may even find something, like a coffee table or an outdated couch, that needs refurbishing – a project that you can tackle together!

Redecorating doesn't require spending a ton of money. Try something fun and different like going to a garage sale in your area. Look out for listings in your local paper on the weekends. It's amazing what treasures you may find when you step into someone else's past. Even if you walk away with a single picture frame, the two of you will have fun rifling through the sales. You may even find items that spark some great memories, so you can learn more about each other at the same time.

Related Link: [Date Idea: Deck the Halls](#)

If you don't live together yet, you can make your significant other feel special by letting them have some input on changing up your pad. Maybe you're in the market for some new living room furniture, and who better to shop with than the person that snuggles with you on the couch? Including your partner will tell them that their opinion is important and worthy of a long-term investment.

You may not agree on everything, but keep in mind that you're doing this as a team and there will have to be compromises. No matter what, don't forget to have fun!

Cupids wants to know: Have you ever redecorated your home with your beau? Tell us in the comments below!

Celebrity Children Who Are Just Like Their Parents



By Laura Seaman

When you're raised in the spotlight with your celebrity parents, it's difficult not to get pulled into the industry one way or another. Take the Kardashians, for instance, with their entire family being in the public eye 24/7. Some celebrity children take these opportunities to make a career

for themselves and make their parents proud. Here are three famous children who followed their parents' examples and made a name for themselves in the entertainment industry:

1. Jaden Smith, son of Will Smith and Jada Pinkett-Smith

Jaden Smith is becoming a big time actor just like his dad. Will Smith helped his son break into the business from a very young age, having his son star alongside him in *The Pursuit of Happyness*. Since then Jaden has gone off on his own and starred in films such as *The Karate Kid* and *The Day the Earth Stood Still*. However, he still takes time to work with the man who taught him the ropes, starring with his father in the sci-fi film *After Earth*. Just one look at the movie's poster of the duo side-by-side and you can see that the young Smith is just like his dad, not just in acting ability but in his looks. Jaden Smith has gone from the small screen to the Imax, and it's doubtful he'll stop there. It's been announced that he's working on *The Karate Kid 2*, and who knows what the young actor will do next. Whatever the case may be, he's definitely making Will Smith proud.

Related: [5 Celebrity Mother-Daughter Look-alikes](#)

2. Dannielynn Birkhead, daughter of late Anna Nicole Smith and Larry Birkhead

The daughter of late model Anna Nicole Smith is showing that though her mother may be gone, her spirit is still very much alive. The adorable little girl, now seven years-old, has shown that she shares her mom's beauty and enthusiasm for fashion. Photographers can't get enough of this bright little star. The Birkhead father and daughter duo was seen at the Kentucky derby, the same place where Dannielynn's parents first met. The little fashionista later went on to model for Guess Kids, a tribute to her mother's work as a Guess girl. "For her it was something cool," her father said in an interview. "Her mother was a Guess girl and now she is a Guess

girl.” Of course, she was made to keep up with her studies while doing the shoot! For such a little girl, Birkhead has had a lot of work to do.

Related: [5 Celebrity Couples Who've Adopted](#)

3. Connor Cruise, adopted son of Tom Cruise and Nicole Kidman

Connor Cruise, the adopted son of Tom Cruise and Nicole Kidman, is taking after his parents step by step and movie by movie. He has only been in two films so far (*Seven Pounds* and *Red Dawn*) but that isn't his only claim to fame. He's getting his start as a deejay with the name C-squared. Lately, though, his name has been in the media concerning the relationship with Kidman. Despite rumors that the mother and son are estranged, Cruise says that their relationship is solid. The multi-talented Cruise has plenty of his material on YouTube and iTunes for anyone who wants to support him in his career as a DJ.

What are some other celebrity children who are just like their parents? Let us know in the comments!

Why Having a Pet Can Be Beneficial to Your Relationship





By Bernadette McCadden and Laura Seaman

Having a pet can be extremely beneficial in creating and maintaining a healthy relationship. A study of 240 couples by the University at Buffalo found that those who own cats or dogs “have closer relationships, are more satisfied in marriage, and respond better to stress than couples who do not.” But as with anything in life, there *can* be too much of a good thing. While many couples thrive when raising a pet together, some couples overwhelm themselves with the responsibility.

If you and your partner are in a new relationship, having a pet can give you fun things to do together. If either of you have a dog, take the pup out for late night walks together or pack a picnic and enjoy a day in the park! If you are already in a serious relationship and are thinking about starting a family, getting a kitty or puppy can be a great next step. It introduces you to the idea of focusing your time and energy on helping something other than yourself grow. Consider these two couples for some celebrity inspiration!

Related Link: [Date Idea: Volunteer Your Time Together](#)

Ellen DeGeneres and Portia de Rossi: This blonde-haired, blue-eyed couple makes for adorable pet parents. DeGeneres has gushed about their animals on her show, and the couple can often be seen taking care of their funny friends. Their fuzzy entourage includes cats Charlie, George, and Chairman and dogs Wolf and Mable. The TV star loved animals so much that she wanted to be a veterinarian when she was younger, but everyone can agree that she makes a great entertainer!

The comedian once told her viewers a funny story about a time when she came home and talked to her cat over the intercom to let it know she was home. She didn't think it was weird, but her wife just stared and asked her, "Did you just intercom the cat?" She replied, "Well yeah, it's the same thing as calling out. I was just using an intercom."

Related Link: [Stars and Their Pets: Dating and Mating Habits](#)

Mary Tyler Moore and Robert Levine: The actress and her husband take Moore's passion for animal rights to a personal level. The couple has 11 horses and 2 goats at their home in the country. They also have two rescued dogs, a miniature schnauzer and a golden retriever. Six of their horses are rescued as well, with two of them being "cop" horses that weren't cut out for the force. "They are just out to pasture and have nothing but a good time, eating their heads off, romping, and frolicking and just doing all good horsy things," said Moore in an interview with *The Pet Press*.

Levine had a part in naming their miniature schnauzer Shana Meydela, as his Jewish heritage helped them come up with the name. Put together, Shana Meydela means "pretty girl." The couple later adopted their dog Shadow, the golden retriever.

How has having a pet affected your relationship? Let us know in the comments!

Five Things No One Wants To Hear On a Date



By [Sarah Batcheller](#)

Sometimes, we hear certain phrases, and they alert a big, waving, red flag. Other times, we say those some phrases, not realizing how poorly they come across to someone we're trying to impress. Below are five sayings you want to seriously avoid while out on a date, whether they're coming from your mouth or his:

1. "I hate labels": When someone says they hate labels, it can come across as, "I don't want people to know I'm dating you."

Receiving this message is a huge turn-off. By saying it, you're just expressing that you don't want to have to fully commit to anything. But labels aren't always a bad thing! They simply mean both partners have happily defined their relationship.

Related Link: [What Do the Drinking Habits of Singles Reveal?](#)

2. "I don't really have any hobbies": If you say this phrase to someone, they will instantly picture you lounging in a dark basement and going through a bottle of wine alone. Hobbies are the vibrancy of a person's character; they're telling of where that person came from and what their interests and talents have grown into. Don't be shy to share who you really are!

3. "I've never been in a committed relationship before": Nobody wants to metaphorically hold your hand through the dating process – literally hold your hand, yes, but not actually take on the role of dating coach (besides, we have taken care of that for you!). While it may be true that you've never been in a committed relationship, that's not something you want to share on a date. Your potential boo could interpret this as a premature excuse for an unwillingness to commit to *them*.

4. "I forgot my wallet at home": What you're really saying is, "I forgot my wallet at home." What they're hearing is, "I purposefully forgot my wallet, so I wouldn't have to pick up this check." This age-old trick is a huge deal breaker. Even if it were an honest mistake, any sign of flakiness is a wrong-way sign. Your date wants to know that you came fully prepared to the date and are wholeheartedly into it. Forgetting your wallet shows you rushed out of the door.

Related Link: [So You're Dating a Mama's Boy!](#)

5. "I still live with my mom": Still living with your parents can be a sign that you're not ambitious or responsible enough to get out on your own. Even if you've fallen on trying times

and need to lodge there for a little, it's not something you want to highlight to someone on a date. You're basically just telling that person the reasons why you don't see it working rather than focusing on all the reasons why it *could* work.

What's the one thing you never want to hear on a date? Share in the comments below!

Famous Couples: First Comes Celebrity Baby, Then Comes Marriage





Brad Pitt and Angelina Jolie

This power couple has welcomed six adorable children into their family -- three of whom they adopted -- since they began dating in 2005. In April 2012, they announced their engagement, but they still haven't made any moves to tie the knot. Photo: Landmark / PRPhotos.com

**‘Bachelor in Paradise’
Reality TV Star AshLee
Frazier: “My Goal Was to Know
Graham Bunn”**



Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

AshLee Frazier is the poised, pure-hearted beauty that viewers first met on season 17 of *The Bachelor* with Sean Lowe. Although she left the [reality TV](#) show as the second-runner up, not as the woman on his arm, she has since made a name for herself as a savvy style entrepreneur. Of course, the fashion blogger hasn't given up on her dream of finding a strong relationship and love, and with that thought in mind, she returns to the small screen Monday nights on the ABC spin-off *Bachelor in Paradise*. Audiences everywhere (us included!) are crossing their fingers that this Texas girl will finally have her happy ending.

Related Link: [New Beginnings for Old Flames on 'Bachelor in Paradise'](#)

AshLee Frazier Talks About Looking for a Relationship and Love on Reality TV

We had the chance to chat with Frazier about her time on the show, one in which she describes as being less about competition and more about love. “It’s a very romantic environment,” she gushes of Tulum, Mexico.

It’s been no secret that her sights were set on Graham Bunn before filming began. “My point of going on the show was actually to meet him – there was no ulterior motive,” Frazier says in our exclusive celebrity interview. “My goal was to get to know him and see what could come out of that.” Sources close to us say that, while she stays in paradise until the end, going home in love was not in the cards for the DIY guru.

Of course, fans know that Bunn had a serious celebrity relationship with *Bachelor* alum Michelle Money, who also appears on *Bachelor in Paradise*. Ever the lady, Frazier talked to Money before meeting face-to-face in Mexico, and she explained her interest in pursuing Bunn. “Michelle was very supportive of me going after Graham,” the reality TV star tell us. Interestingly, the two ladies became good friends during the taping. “I was actually looking forward to meeting Michelle, and once I did, I *really* enjoyed my time with her. I know she had a hard time being there and looking for love, so I tried my best to be there for her.”

Related Link: [‘Bachelor Pad 2’ Couple Michelle and Graham Are Still Talking Everyday](#)

Dating Advice from *Bachelor in*

Paradise Contestant

Frazier shares her best dating advice and says that, when you go after someone you like, it's best to be prepared and know what you want in a partner. "I knew a little bit about Graham going into the show," she says. "I knew Graham and I were compatible in quite a few areas, and I knew some personal interests we shared, one being on a spiritual level."

As someone who's looked for a relationship and love twice on reality TV, she says being vulnerable is the most important part of the process. "If you're not open and honest about who you really are and what you need and want in life, then you're setting yourself up to find people who aren't necessarily right for you." She admits that she wears her heart on her sleeve during the show – maybe "a little too hard," as she says viewers will see on the premiere episode.

Last time we spoke with the Love it! Organized founder, she mentioned that she wanted to be more well-rounded before falling in love – and for her, appearing on *Bachelor in Paradise* was part of reaching that goal. "I think this experience has taught me a lot about myself and has opened my eyes to what I really need and want in someone – more so than it did on *The Bachelor*," she candidly shares. "With every experience in life, you learn something new, and after the show, I can definitely say I'm a lot closer to figuring out what I want."

Related Link: [AshLee Frazier Says, "I Want to Be Well-Rounded Before I Fall in Love"](#)

When it comes to other potential love interests, Marquel Martin, from *The Bachelorette* season 10 would have been Frazier's pick had she not focused on Bunn. "I think Marquel's such a great guy. I love his energy and personality, and he's good looking, of course. But we're just friends, and when someone's in that friend zone, it's kind of hard to get them

out.”

The fierce side of Frazier we all know and love will show it’s fangs again this summer. Audiences may remember her stone-faced exit from Lowe’s season, and they’ll apparently get to see the same this time around, as the veteran reveals that there’s one moment she regrets in paradise. “There’s a little quarrel that happens with me and another cast member. Unfortunately, I wish it didn’t happen, but it did. I wish I could take that part back, for sure.” It looks as though either a cat fight or a battle of the sexes is going down!

You can keep up with AshLee (and Bachelor in Paradise fashion!) on her fashion blog and Twitter. Don’t forget to catch her and the rest of the dynamic cast on Mondays at 8/7c on ABC!

10 Signs He’s Not That Into You





By [Whitney Johnson](#)

You have a crush on that cute boy who works in the office next to yours, and after a few weeks of sneaking glances and grabbing lunch together, you're obsessively decoding every look, smile, and text to determine if he likes you too. If you're on the fence, it's easy to make excuses for him or tell yourself that he's just playing coy, but it's important to be realistic about a future together. As you're struggling to figure out his feelings, consider these 10 signs that he's not that into you:

1. He never makes plans to see you: Sure, guys typically avoid taking the initiative to schedule a coffee or dinner date, but in the early stages of dating (or even before you start dating!), he *will* make an effort if he likes you.

2. He bails on his commitments: If he's truly interested in you, he'll do everything in his power to stay true to his word. So cancelling plans or just not showing up are both sure signs that he's not feeling the love between you two.

Related: [Signs Your Crush Is Into You](#)

3. He talks about other girls: It sounds obvious, but it's still worth stating: If he's constantly mentioning his best friend's sister or that "hot girl" he always see at the gym, you can take that as a hint that other women are still are still on his radar.

4. He takes forever to text or call you back: While you shouldn't expect an immediate response every time you reach out to him, it's not okay for him to wait a full day or two before replying back. You know he's looked at his phone during that time, so don't kid yourself.

5. He hasn't introduced you to his friends: If a guy likes you, he'll want show you off to his buddies. More than that, he'll want to be around you as much as possible, including when he's spending time with his pals.

6. He treats you like one of the guys: If he uses the same tone of voice as he does with his friends, he probably thinks of you as just a pal too. When a guy's into you, he'll talk to you differently; not only will he be sweeter, but his voice may even go up an octave or two.

Related: [10 Signs He's Not Really Committed](#)

7. He avoids talking about the future: That doesn't mean you're already having serious chats about how many kids you want to have or where you want to live. If something as simple as a weekend getaway makes him uncomfortable, don't expect him to be around for too many more weekends.

8. He has negative body language: Does he avoid eye contact? Or angle his body away from you? If so, chances are, he's not looking to be anything more than friends.

9. He only wants to see you after midnight: Let's get real: If he only wants to hang out when he's drunk or heading home

after his plans for the evening, he's not into you. If he were, he would've included you in those plans instead of making you his booty call.

10. You have a bad feeling: Trust your instincts! After all, they've gotten you this far in life. If you think he's not that into you, he's probably not. It's time to move on to someone who recognizes how great you are.

How do you know if a guy's into you? Tell us in the comments below!

Date Idea: Laugh It Up



By Brittany Stubbs

It's true what they say: Laughter is the best medicine. So why not indulge in some comedy with your love? After a long day at the office or a stressful week juggling your many responsibilities, you and your partner can sit back and relieve that tension with some good, old-fashion laughs. You can even invite your best couple friends too!

Related Link: [Date Idea: Old School Date](#)

Comedy clubs always make for a fun night out. These clubs often allow you to get comfy and have a drink while listening to some hilarious stand-up routines by local comedians. They occasionally get members from the audience involved, so don't be afraid to point at your partner if they ask for volunteers.

Research comedy clubs in your area and find a night that works for the two of you. In the mood for some classic improv? The Improvisation Comedy Clubs have remained the premiere stages for comedy for over half a century. Find out how to get tickets for a show in your area. You can make a night of it by setting up a dinner reservation at a place nearby. Good food accompanied by good fun – what's better than that?

A night of laughter doesn't mean you have to leave the house. If the two of you are craving a night in, collect your favorite comedy classics and have a movie marathon. Maybe you're in the mood to binge watch Adam Sandler movies, or perhaps you're more of an *Old School* fan. You'll spend the night laughing with your babe from the comfort of your own couch. And don't forget the snacks – every great movie night requires some junk food! Buy your favorite candy, make some popcorn, and open a bottle of wine. It will be just like going to the movies, except you can wear your pajamas.

Related Link: [Date Idea: Slumber Party](#)

You never know what a little laughter will do for your relationship. So tonight, be open-minded, have fun, and don't

be afraid to show off your goofy side!

Have you ever had a night of laughter with your love? Share your stories below.

Be the Best Partner You Can Be with 'The Wholehearted Wife'



By [Sarah Batcheller](#) and Laura Seaman

Looking at yourself and making changes to your habits and perspectives can do a world of good to your marriage. In *The*

Wholehearted Wife: 10 Keys to a More Loving Relationship, husband-and-wife duo Erin and Greg Smalley, along with Greg's father Gary, teach readers how to be a better wife and how to have a better marriage. Whether you're newlyweds or celebrating your 30th anniversary, this book will help your relationship thrive and stand the test of time. The Smalley clan teaches you how to rekindle passion, pursue your dreams, bring vitality back into the relationship, and more! CupidsPulse.com recently interviewed the three authors about their book, which was released on June 20th.

We love the sense of empowerment and positivity you give to women. Why did you choose to focus on the wife's role for this book?

Erin: I loved the thought of encouraging women to focus on what they can control – only themselves – and use that to influence their marriage. As wives, we can learn new skills, paradigms, and behaviors and apply them to ourselves, our husbands, and our marriages.

Often, it's easier to remain stuck and frustrated by focusing only on what our husband is or isn't doing. Believe me, I did this for years, and it got me nowhere! *The Wholehearted Wife* is based on my own journey of becoming the woman and wife God is calling me to be, regardless of what my spouse is doing. I'm a work in progress...and hope to continue learning the rest of my life.

Are there any messages that you think husbands can gather from this book?

Greg: A husband can learn the same thing a wife is learning: that he cannot control or change his wife—although I have given a valiant effort over the years! Focusing on her will only keep me stuck as well. Instead, he can focus on who God is calling him to be as a man and as a husband.

In many ways, it's like a game of ping pong. If one person suddenly changes how they hit the ball, the other player will also have to change how they hit the ball back. The same is true in marriage: When one person makes a change, it *will* cause a change of some sort for the other person. Although sometimes it isn't the change you were hoping for, a change will occur – it's a dynamic system. As a husband or wife models the behaviors they hope to see, it gives the relationship a better chance of a positive change.

Related Link: ['Cake Boss' Star Buddy Valastro on His Marriage: "I'm a Lucky Man Because the Show Hasn't Changed Us"](#)

What are some specific, practical things that couples can do to be on the same page more often?

Erin: After Greg and I got married, it didn't take us long to see that we had different likes, dislikes, opinions, and personalities. This set us into conflict pretty quickly—even on our honeymoon! One difference that we quickly discovered was that I was a staunch “rule follower” and Greg saw rules as “suggestions...for other people!” I didn't have any idea how to handle arguments in a healthy way, and Greg liked to avoid them.

The great news is that there are simple tools that I learned to handle conflict in a healthy way: First, take a “time out” when things began to escalate. This allows both spouses to calm down and begin to get their hearts back open. Second, I learned to name what I was feeling in the moment. This is part of de-escalating and gaining perspective of what was happening for me – again, the only person I can control. Third, ask The Lord for His truth about the situation. Your spouse is not the source of truth. Although God will use them to speak truth into your life, they come with their own issues.

Next, approach issues as a team! Just simply seeing your spouse as your teammate is a powerful perspective that can be

added into marriage. Commit to each other that you will find win/win solutions to problems – in essence, things that feel good to both of you.

All of these steps allowed me to stop responding in anger and with “what came to mind first”...which never worked. Conflict is inevitable in marriage because of the differences between you and your spouse; however, combat is optional. If I can learn a healthier way to deal with conflict, anyone can!

Related Link: [Create Lasting Love with ‘Marriage Meetings’](#)

What core principles do you think should be important to every couple that wants a strong and happy marriage?

Gary: After 50 years of marriage, we have found that what worked best for my wife and I was to make sure that we highly VALUED each other every day. We both have made a long list of valued qualities and characteristics about each other. We highly value marriage and family, and we’re eternally committed to having a relationship that reflects importance and significance.

Neither of us ever thinks of divorce, no matter how difficult our marriage becomes, because we always know that God brings life and hope to our marriage. And we know that somewhere in all of the information that is available to married couples, there is an answer to our specific relationship problems. Plus, Greg and Erin are amazing marriage counselors. There’s no way that we could ever divorce!

We also keep a very short list of hurts and discouraging offenses toward each other. Everyday, we “download” our offenses toward each other and either seek forgiveness from our mate or readily forgive. Every new day is a fresh start for us, and we have no “stored up” resentment toward each other. Low hidden anger levels keep our hearts open toward each other, and seeing each other as extremely important keeps our affection for each other at the maximum levels.

When it comes to parenting, what would you suggest parents do to teach their kids about successful marriages?

Gary: I am in the middle of writing about my wish for my grandchildren for the next five generations. I have seven main pillars that my wife and I used in raising our own kids, and they turned out amazing but not perfect. When I see my adult children today, I know it was worth every hour that we spent in raising them. Here is a summary:

- They grew up hearing that “we honor God and His creation above all else.”
- We never keep anger inside of us. Forgiveness is key.
- We found blessings, benefits, and “pearls” within all offenses towards us. In essence, “God causes all things to work together for good. “
- We keep Jesus’s commends and learn from His teachings.
- We learned the 5 M’s: Master, Mission, Methods, Maintain, and Mate.
- We have continued to stay bonded as a family.

Pick up a copy The Wholehearted Wife today!

5 Celebrity Mother-Daughter Look-alikes





By [Courtney Omernick](#)

You may have heard someone state that you sound like your mother, but has anyone ever told you that you look like her? Below are five celebrity mother-daughter look-alikes that may have you do a double take.

1. Reese Witherspoon and Ava Phillippe: Although Ava has her dad's (Ryan Phillippe) famous lower lip, she is definitely her mom's mini-me. In a recent interview, Reese stated that Ava helps Reese select her gown during Oscar season. Twins and fashionistas!

Related: [Celebrity Couples Who Have Remarried Each Other](#)

2. Goldie Hawn and Kate Hudson: Both actresses are known to light up a room with their locks and bright smiles. And, not only does the pair look similar, but they also share the same zest for life.

Related: [Mother's Day Gift Ideas for First-Time Moms](#)

3. Uma Thurman and Maya Hawke: Maya is all grown up, and she

looks a lot like her mother! Both have blonde hair, blue eyes, are lanky with fair skin, and share similar facial features. Who knows, maybe Maya will star in the next Kill Bill.

4. Susan Sarandon and Eva Amurri Martino: This mother-daughter team shares the acting gene, a sense of style, and looks! Eva definitely inherited her mother's curves, big, brown eyes, and dramatic hair color.

5. Gwyneth Paltrow and Blythe Danner: There is definitely a striking resemblance between these two! Both ladies share the same petite figure, fair beauty, slim nose, and amazing style.

What are some other celebrity mother-daughter look-alikes? Comment below!

How to Stop Being a Serial Dater





By [Sarah Batcheller](#)

You've got your calendar filled to the brim with dates, and each one gets a totally different outfit because each one is with a totally different guy. Funk Rock Guy brings you to his favorite music venue/coffee and wine bar; Politically Informed Guy invites you to a live podcast recording; and Health Nut Guy takes you on a breathtaking hike...all in one week! You're having the time of your life until you realize you're becoming the Zodiac of serial dating, and you know you'll never find The One if you've always got two, three, and four lined up. As always, Cupid is here to help! Here are five tips on how to stop being a serial dater:

1. Raise your standards: You'll have less viable options if you sort out the ones who you know just aren't the right fit for you. If Funk Rock Guy is touring too much for you to ever have a foreseeable, solid relationship, then it's probably not worth compromising a potential relationship with someone else just to have a fling.

Related Link: [Are Your Dating Standards Too High?](#)

2. Get to know them better: You can't sort out the soft, brown apples and find the shiny, red ones if you haven't climbed the tree. Make time to communicate with potential beaus rather than just hop around from date to date. It's important to talk to each other when you're not both distracted by laser tag or sitting in silence in a movie. Quality conversation will allow you to determine what kind of partner they are and if they're a good fit for you in the long run.

3. Limit your time for dating: We know, it sounds horribly boring, and you can't imagine why we'd ever say this to you. But there's a whole world out there for you to grab by the horns, and the love of your life will want to know all of your knowledge and passions. Ditch the dates you know won't make it past three weeks and spend that time on yourself. You may even want to pick certain days of the week for dating so that you know you won't go overboard.

Related Link: [Signs Your Crush Is Into You](#)

4. Know when to say no: If you know you've already got a couple dates on the books, then it's best to slow it down a little. If you've been raising your standards, it shouldn't be hard to say no to some of your requests. Don't feel bad for rejecting someone if you know you won't be able to give them your full attention. It's better to have just a couple dates lined up so that you have enough time with each person to accurately determine who is best for you

5. Don't cling to fantasies: You'll be searching forever if you've got a fantasy guy stuck in your mind. Stubbornly clinging to the mere idea of a perfect man will keep you going from guy to guy when you're not finding *exactly* what you want. Instead, loosen up your constraints and be open to whatever kind of person he may be. You'll have more opportunity to find genuine happiness with just one person.

Cupid wants to know: How did you stop being a serial dater?

Tell us in the comments below!

Hollywood Scandals: Celebrities Who Cheated





Kristen Stewart and Rob Pattinson

This 'Twilight' couple, now split, was the center of media attention when the actress was caught cheating on longtime boyfriend Pattinson with director Rupert Sanders, who was married at the time and has two children. Photo: Solarpix / PR Photos

**Marvel Comics Presents
'Guardians of the Galaxy'**



By [Courtney Omernick](#)

Based on the comic book published by Marvel Comics, 'Guardians of the Galaxy' features an unlikely cast of characters that must team up in order to defeat a cosmic force. In the film, an American pilot ends up in space in the middle of a universal conflict and goes on the run with futuristic ex-cons.

Should you see it:

You'll be itching to see this film if you're a big fan of Marvel Comics and Marvel's superhero franchise. With the casting lineup including Chris Pratt, Zoe Saldana, Vin Diesel, Bradley Cooper, and more, it's sure to be good!

Who to take:

If your boyfriend has spent the better portion of his life following Marvel Comics, he's the perfect person to ask to tag along with you. Also, if your brother or other family members love the series, ask them to join you at the theatre.

Should you date someone smarter than you?

Cupid's Advice:

In today's world, many people who like comic books, or follow a comic book series, are considered to be a bit nerdy. Some people are intimidated by the thought of dating someone who is smarter than them, and others see it as an exciting, new experience. So, if you're considering dating someone who is smarter than you, Cupid has a few words of advice.

1. Don't be intimidated: It's natural for anyone to be a bit intimidated by someone who seems to know more than them, but if you're looking to date someone with more smarts, remain calm! Look at it this way; if you're dating someone smarter than you, chances are you're going to be learning a lot. Sure, you may never get on their level, but you'll have a greater knowledge bank.

2. See them as a person first: We all have more in common than we think. Just because the person you're dating is smarter than you, it doesn't mean that they won't or don't like some of the things you like to do. Don't be afraid to show them who you are.

3. Ask questions: Everyone loves talking about themselves! And, even if the person you're out with is talking about subjects' way over your head, don't be afraid to ask questions. This helps you look like you're interested in them and what they're interested in as well. And, they'll feel great passing on their knowledge and opinions about specific subjects.

Have you ever dated someone smarter than you? Share your

stories in the comments!

Cupid's Weekly Round-Up: Rushing into Marriage



By Shannon Seibert

When you enter a serious relationship, there are only two ways things can go: You land a ring on your finger, or you eventually breakup. Thoughts of marriage and the big “I dos” become more and more present as your relationship continues, and you begin to wonder where it’s even going. But what happens when you breeze into marriage too quickly? We’ve

pulled together these five articles from our partners to show you why you should enjoy your relationship as it is and not scramble to the altar:

1. When the time comes, you want to enjoy the experience: Some couples rush into marriage so quickly that they're really just focused on reaching the next milestone. When you spend most of your relationship anticipating the next big step, you forget about the great moments in between. For example, if you're worried about getting pregnant early on in your marriage, you miss out on enjoying the time you have alone together – like Kim Kardashian and Kanye West, who had baby North before they were married. (CelebrityBabyScoop.com)

2. Sex is for fun: At this point in your life, you're young, and you're able to experience things that you won't be able to once you enter the world of marriage and motherhood. Sex can be more than two people in a bedroom trying not to wake the kids. It can be an adventure, a surprise, a bonding experience. You can establish intimacy that eventually can lead you towards getting engaged and eventually married. (GalTime.com)

3. You don't have to stress about getting engaged: The pressure of being engaged can come from many different people: your parents, your significant other, and even society can make you feel like you need to bolt to the nearest church. Once you accept that it's up to you and your partner – and no one else – you'll be able to calmly approach marriage when the time comes. (YourTango.com)

4. You can appreciate the relationship for what it is: With big decisions, time is your best friend. When taking the future into consideration, think of how he makes you feel now, the way he treats you, how much you've grown together. If you feel like the relationship has peaked or that it's near its end, you should cut ties and walk away without a complete loss. (YourTango.com)

5. You have time to prepare financially: Marriage and kids can be more money than glamour. With house payments, car payments, extraneous bills, and family needs, you may feel like you're barely hanging on. Waiting to tie the knot will give you time to formulate a feasible living budget that will fit the lifestyle you anticipate. (CelebrityBabyScoop.com)

Why did you wait to get married? Share your thoughts in the comments below!

How to Show Love Through SMS



By [Courtney Omernick](#)

Since technology has evolved, it's also taken over our love lives. And, with more and more individuals leading busier lives, or resorting to long-distance relationships, sometimes, showing your love through a text message is the easiest and simplest way to get the job done. But, showing emotions through texting can be tricky. So, Cupid has come up with a few ways on how you can show your love through SMS.

1. Focus on the WHY: Couples tend to go back and forth with saying the phrase, "I love you." But, stating the reasons why you love someone seems to happen less and less. Try sending your partner a text stating why you're in love with them or why you fell in love with them.

Related: [Celebrity Couples Who Let Social Media Run Their Relationship](#)

2. Quote love songs or poetry: Do you know your partner's favorite love song or poem? Even just pulling a few lines from a well known love song will do. Try texting those lines to your partner during the day. You could try texting a few lines at the same time, or, make it last and spread out the lines throughout the day.

Related: [Social Media Etiquette for Your #Wedding Day](#)

3. Create a scavenger hunt: Now, this one may require a little more work, but it's doable! Try hiding your partner's favorite candy around the house, or love notes, and clue them in to where the items are hidden via text message.

How do you show your love through SMS? Share your comments below!

The Most Fashionable Celebrity Baby Bumps





Olivia Wilde

The former 'House' actress fully embraced her baby bump at the 2014 Golden Globe Awards, dressing in a fitted, green-sequined dress that certainly turned more than just a few heads! Photo: Juan Rico/FAMEFLYNET PICTURES

Celebrity Interview: Vine Superstar Logan Paul Shares Relationship Advice





Interview by [Lori Bizzoco](#).

There's nobody quite like Logan Paul. His Vine channel is going viral, thanks to the witty, unique, and sometimes downright weird videos he's posted, and he has become a star on social media. Recently, he partnered up with Hanes to show off their X-Temp line and stay cool under pressure while he carries out crazy dares sent to him by his Twitter followers.

Exclusive Celebrity Interview with Vine Star Logan Paul

In our [exclusive celebrity interview](#), the young comedian talks about his recent trip to Spain where he ran with the "bulls" and filmed his Vine "World's Worst Matador." He also tells us about his crazy family and how his upbringing helped him become the star he is today.

Related Link: [Weekend Date Idea: Rack Up a Few Laughs At a Comedy Show](#)

This crazy guy isn't shy about girls, approaching random

females in many of his videos, and has some valuable relationship advice in his back pocket. Paul says that his fame has gotten him and his brother more attention from girls and makes dating easier but that you have to be careful. "Is it true love? Is it true love, Lori? I don't know! Maybe they just want a selfie and a tag on Twitter," he says in our celebrity interview.

If you want to see more of this charming young superstar, check out his YouTube channel or Twitter @LoganPaul for more videos. Tweet him your craziest dare with #xtempstresstest!

Cupid's Weekly Round-Up: Dating a Co-worker





By Shannon Seibert

In-office dating is risky. On the outside, it looks like a wild thrill ride that involves a lot of stolen glances, secret flirting, and sneaking around. Truth be told, your co-worker is still a person with dating potential. We've snagged these five articles from our partners to show you the most important points about dating in the workplace:

1. Despite the warnings, it *can* work out: Relationships are tough as it is, and when you factor in the stress of the workplace, things can get pretty intense. An in-office romance can challenge people to test boundaries that they haven't before, but by pushing these limits, couples can also live their fairytale. Ginnifer Goodwin found her love story on the set of *Once Upon a Time*, where she literally fell for Prince Charming, played by Josh Dallas. (CelebrityBabyScoop.com)

2. Secrecy can lead to hotter sex: Keeping secrets can be fun! Subtle touches and hidden jokes within conversation create sexual tension unlike any other. The forbidden fruit always seems to be the ripest, so go ahead and pick it. Plus, it's an

added bonus when you catch him checking you out in the break room; it gives you something to look forward to when you clock out at the day's end. (YourTango.com)

3. There are a new set of rules: The dating game becomes a little more complicated when it comes to courting a colleague. For the sake of being professional around your boss and for the courtesy of others, keep public displays of affection to a minimum. They can hinder your work as well as jeopardize your position at the office. You'll have direct contact on a daily basis, so just remember to toe the line from nine to five. (GalTime.com)

4. It may become big news: In the office, all personal relationships are hot gossip. When you really start to fall for a co-worker, people will know just by looking at you. Some industries are more accepting of colleagues seeing each other romantically. Actors date other actors all of the time! In fact, Katie Holmes is allegedly dating her co-star in *The Giver*, Alexander Skarsgard. (CelebrityBabyScoop.com)

5. It can lead to a serious connection: Colleagues tend to develop strong bonds due to the common ground of their work. You understand the day-to-day grind, and you run in the same circles. This allows two people to know each other in more ways than ones. The way he deals with being stressed, flustered, or successful demonstrates a lot about his character. Seeing these sides of each other can lead to greater intimacy and understanding of one another. (GalTime.com)

We'd love to hear your in-office dating stories! Share with us in the comments below.

Mother-Daughter Duo Talks Life and Love in New Book 'Have a Nice Guilt Trip'



By [Sarah Batcheller](#)

Growing up and growing older offer a variety of challenges, including the guilt imminently packaged with being a mother or daughter. *Have a Nice Guilt Trip* is the fourth book in its series from this lovable and popular mother-daughter duo and details their journey in vibrant colors. Filled to the brim with witty, hilarious, and heartwarming anecdotes, the authors have mastered the art of tugging at your heart strings and putting a laughing cramp in your side simultaneously. Lisa Scottoline and her daughter Francesca Serritella share the pages, decorating them with the stories of their lives and

loves. CupidsPulse.com had the pleasure of interviewing both authors about their new collection of tales, which was released on July 8th.

We love the title *Have a Nice Guilt Trip!* What inspired the two of you to co-author this book?

Lisa: What inspires me is my daughter. I love being her mom, and we've evolved into being best friends. Plus, we both like to make people laugh. By the way, the credit for the title goes to Francesca – she thinks of them all!

Francesca: Now that I'm an adult, our mother-daughter relationship doesn't always take place in the same room, but you always carry your mother's voice with you, either in your head or calling you three times a day on the cell phone. This book is about the ways we stay close and find our "space" across state lines.

Being that losing and finding love again is a significant theme in your work, what lessons do you think are most important when moving on from a failed relationship?

L: As Francesca will tell you, I think my motto in life is "move on." It's really important to not get stuck in relationships or in any situation generally, and I think that stasis is really the enemy of growth and creativity. As I've gotten older, I become more able to take risk and embrace change, and I think it's all for the better. I used to think it would be terrible to be divorced twice, and now, I think it's wonderful. Everyday, I wake up, and I am living the life that I truly want to live.

F: I don't think there are any rules about how much time there should be between relationships, and we rarely have as much control over it as we'd like. It's a feeling, a sense of security in yourself, that tells you you are really ready to move on. My mom always taught me to be financially and

emotionally independent, to try and build that wholeness in myself first—she's been a great model of that for me. It isn't always easy, but I think it's an essential pre-requisite for any new relationship.

Related Link: [Beauty Expert Kym Douglas on Falling in Love](#)

There seems to be a debate of what it means to define a woman as independent. How would you describe an independent woman?

L: I think it's about maintaining control. We used to talk about the life you lead, and I think about that phrase a lot. More and more, I try to lead my life; that is, I try to steer it or run it in a positive way according to what I want to accomplish. This is not the same thing as control, but it is really a change for me. I think it's a really good thing for women to try to do. We are so often asked to meet the needs of others that we have defaulted to thinking of ourselves second. I say to myself that we should all be the stars in our own lives. That doesn't mean that we're selfish, but it means that we shouldn't negate our own wishes and desires and subordinate them to someone else's. I was a single mother my whole life, and the only person who deserves to be placed above me was my child.

F: An independent woman isn't looking for someone to complete her. She isn't looking for someone else's goals to give her purpose, and she doesn't need a man to validate her life choices. An independent woman loves herself, even if she struggles with not *liking* everything about herself. She has her own goals and agenda, even if they're flexible or changing, and she's looking for an equal partner.

Lisa, in the "Homely Remedies" section of this book, you find yourself apprehensively conforming to Mother Mary's old tricks of the household, but you still find your own way to do things. What lessons would you like to pass on to Francesca?

L: Believe it or not, I'm not a big advice giver as a mom or

as a best friend. So in a paradoxical way, if I pass on any lesson, it's that there are no lessons to pass on and that every woman needs to make her own way in the world, find her voice, and give herself the permission to meet her needs and fulfill her desires. Your time belongs to you and no one else – until you give it to them – and the same thing goes with your money. My only lesson is to trust yourself and find your own way.

Related Link: [Comedian Julia Sweeney Discusses Love and Family in Memoir 'If It's Not One Thing, It's Your Mother'](#)

Is there a specific message you hope readers take away from reading this book?

L: It's an entertaining book and one that makes you laugh out loud, but it also has moments of deep poignancy. I'm not sure that it's a message per se, but I think our love of family comes through loud and clear in this book. I think the message is that family matters, and that's much more than lip service with the flying Scottoline/Serritellas!

F: I hope the message is that a mother-daughter relationship is something that can evolve over time and that finding that adult friendship is worth the occasional scuffle.

Pick up a copy of Have a Nice Guilt Trip today!

Is Your Wardrobe Preventing You From Meeting a Partner?



By Ashley Martini

It probably isn't the first thing that comes to mind when we're seeking love. Usually, we're wondering where we should be hanging out and where all the single people are. We shouldn't care what other people think; right?

Wrong...because it may be preventing us from meeting our potential significant other. Clothing is a way to show off our personalities; however, we don't want to come off misconstrued.

Nowadays, perception is reality, and quite often, books are judged by their covers. Clothing plays a huge role in our lives and is the armor we put on every morning before we head out into the world. We don't want our clothing to potentially mislead someone from coming our way. We can all be intimidating or maybe not so fashion savvy. Keeping what we

wear in mind and being open-minded may help us meet the right someone. Of course, always keep setting and dress code in mind.

Ladies and gents, not to worry! I've provided a few basic tips will keep you in the safe zone. Once you meet him/her...you're on your own! Till then, let these tips guide you to your next relationship!

1. Grooming. Grooming is essential: Clean hair, a good scent, freshly washed clothing, and a manicure will keep you looking fresh! This is such an easy way to complete your look and one of the most important!

Related: [Giveaway: Reese Witherspoon's Sexy Sophisticated Style](#)

2. Over dress rather than under dress: This will seek positive attention and a bit of a mystery in a more casual environment. Looking sharp all the time is the way to go.

Related: [Zoe Saldana's Laid-Back Style](#)

3. Statement pieces: Let your statement piece show off your personality. Let it be something special. Ladies, maybe it's a studded clutch or jeweled necklace. Gentlemen, maybe it's your watch or a great pair of aviators. This is a great way to show who you are without having to have a conversation.

4. Identify your body type and go through your closet to see what's most flattering on you: See what colors work best for you. When you look great, you feel great, and in return, do great things. Don't worry about current trends, worry about what makes you look amazing.

5. Last but not least, smile: This is most likely your best asset. Happiness and positivity will put you in the right direction and will attract other people in great spirits.

A few small tweaks and you're on your way to meeting "the

one.” Don’t forget to invite me to your wedding!

Ashley Martini, styling consultant and founding member of Martini Fashions, LLC, discreetly assists both men and women in unearthing and exhibiting their inner beauty through style, fashion, and the top trends. Ashley is the author of the new book on style, “Styletini: Shake Up Your Style, Stir Up Your Confidence”.