

Dolphin Tale 2: Believe in the Power of Relationships



By [Courtney Omernick](#)

It has been a few years since the individuals at Clearwater Marine Hospital rescued Winter, the dolphin. However, she is in need of saving again. Winter's surrogate mother, Panama has passed away, leaving Winter without the only poolmate she has ever known. Since dolphins need to be housed in pairs, it's time for Clearwater to find another friend for Winter.

Should you see it:

If you enjoyed the first film, "Dolphine Tale," you'll definitely want to see how the sequel unfolds. It's also a

great film if you're an animal lover and believe in the power of relationships. This film also features a great cast with stars including Morgan Freeman, Ashley Judd, Harry Connick Jr., and more.

Who to take:

This family drama would be great to see with your parents, siblings, or any younger cousins or friends. Also, if you know someone who's seen the first one, invite them along for the second journey!

How do you know you're ready for a new relationship?

Cupid's Advice:

No matter if you're trying to move on from a terrible breakup, or, if you think you're ready to get back in the dating game after taking a hiatus, starting a new relationship can be intimidating. After all, there is so much to consider, and relationships can take an emotional toll. However, Cupid has some advice that will help you decide if you're ready to take the plunge.

1. You're willing to put someone else's interest ahead of your own: There is compromise in every relationship. From watching a movie you hate, to moving to a city for your partner's new job opportunity, relationships are about give and take. And, you have to be willing to make sure that your partner's happiness is just as important as your own. If you feel comfortable putting someone else first, you're ready.

Related: [Jessica Simpson Shares Five Wedding Vows For a Happy Marriage](#)

2. You're ready to accept someone as they are: If you want to enter a relationship in hopes of molding the other person into your ideal significant other; you're not ready for a new relationship. In a relationship, it's all about motivating the

other person to be the best version of themselves, not the version you create.

Related: [Miranda Kerr After Split With Bloom: "This Is My Time to Explore"](#)

3. You are happy being single: It's true, happiness comes from within. If you're constantly searching for a relationship out of loneliness, you will end up with the first person that shows the slightest interest in you, and not necessarily the right person for you. Step back and take a deep breath before diving in.

How did you know you were ready for a new relationship? Share your stories in the comments!

Sharing May Not Always Be Caring





By [Sarah Batcheller](#)

Living with your significant other is a blissful thing. When you're in love, it's great to come home to each other after a stressful day of working and wake up next to each other each morning. Sharing the bed makes for cozier nights; not to mention, sharing responsibilities makes things a lot easier on both of you.

Reality eventually sets in though. At the end of these long days, you still want some things to belong to just you. After a couple months of being able to snag his comfy t-shirt whenever you want, it's not so fun when you realize he's been using your favorite bath towel to dry the floor or your expensive shampoo as his body wash. Cupid is here to dish on what's good to share and what's good to keep separate:

1. Keep your personal products separate: This is mainly for hygiene purposes. Toothbrushes should never be shared – and no, it doesn't matter if it's being used by the same mouth you kiss! That goes for razors and loofahs as well. Anything that has the purpose of cleaning and primping a person should be

reserved solely for that person. Plus, people tend to be borderline OCD when it comes to their bathroom products, so it's best to avoid arguments over this issue by respecting one another's boundaries.

Related Link: [What You Need to Know Before You Move In Together](#)

2. Share your groceries: Food in the house should be neutral territory. You're not bunking with your college roomie anymore, so you don't have to worry about rationing your groceries fairly. Food is the sustenance of life, and sharing meals is a great way to bond and express mutual love. That means the food buying expenses and responsibilities are also shared. Remember that surprising your babe with their favorite snack food is a great way to add a little romance to your living situation.

3. Share pet care responsibilities: Even if a cat or dog belonged to one partner before merging households, it's still considerate to pitch in with the caring for said pet. When you agreed to move in with your significant other, you knew that the animal was part of the deal too. You might as well get into the habit of filling up their food bowl and scratching their tummy!

Related Link: [The Big Merge: 3 Tips for Moving In Together](#)

4. Share only certain clothing items: It's easy (and even kind of cute) to grab your honey's t-shirt when you're in a hurry or even when you just want to lounge around. Sweatpants are in the same category. But ladies, your man may or may not like it so much if you throw on his boxers to sleep in, so make sure you get the okay before stealing his favorite penguin-covered pair. Similarly, gentlemen, steer clear of anything that can be stretched out, like socks or slippers (no matter how comfy and fuzzy they are) because that is the ultimate pet peeve among females.

5. Keep finances separate: Unless you're married, it's wise to maintain your money and bills as your own responsibility. Of course, rent and other utilities will be split, because, well, you live together, but everything else you're financially responsible for should be yours alone. This way, you're not crossing any lines that could lead to tense arguments. Sharing finances can be a messy avenue to travel unless you're totally, 100 percent committed.

What things do you share with your live-in partner? Tell us in the comments below!

'Bachelor in Paradise' Reality TV Star Michelle Money on Relationship and Love with Cody Sattler





Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

If you've been watching *Bachelor in Paradise*, you've most likely declared Michelle Money as your spirit animal by now. The witty, warm-hearted Utah native originally appeared on Brad Womack's season of *The Bachelor* and later on *Bachelor Pad 2*. Now, in paradise, this single celebrity mom has swept away audiences with her humor and impeccable style (we mean *impeccable*). On the show, she's the resident beauty guru, getting the girls beautified for their dates. At home, Money is mother to nine-year-old Brielle and works as a hair stylist while filming her YouTube show, MMandL.

Michelle Money Talks About Looking for a Relationship and Love on Reality TV Again

This Salt Lake City lady was determined to find a relationship and love this time around, even though she was initially apprehensive. But true to her fearless form, Double-M decided

to take the leap, affirming, “When they approached me with the show, I was pretty skeptical about going back on television for a third time, but they presented the format to me as being a lot more realistic in terms of finding a relationship.” Money also admits, “After going on *The Bachelor*, it was appealing to me to find someone who has had the same experiences that come with reality TV, like being recognized in public and having to deal with the editing.”

Related Link: ['Bachelor in Paradise' Drama: AshLee Frazier Says She Wishes She Could Take Back Quarrel With Clare Crawley](#)

When it comes to love, fans still swoon over the heartwarming relationship between Money and *Bachelor Pad 2* teammate and ex-boyfriend Graham Bunn, hoping that “MoneyBunn’s” love will prevail. However, the *BIP* fan favorite insists that their relationship is based on a special bond between friends. “We’ve been through a lot of unique experiences with each other that brought us closer, and it kind of just evolved from that,” she explains in our celebrity interview. “It’s hard for people to wrap their heads around it because they see how much we love and care about each other, but we just aren’t compatible in a romantic/long-term relationship/marriage way.”



Cody Sattler and Michelle Money. Photo courtesy of Michelle Money's Instagram.

Having your BFF by your side for six weeks is definitely helpful when you're navigating the unpredictable waters of paradise. In fact, Bunn's right-hand girl had his back when news came out that his new boo AshLee Frazier had been bad-mouthing castmate, Clare Crawley. Money was also at Bunn's side when he got sick and had to excuse himself from the rose ceremony. Money admits that she initially thought Frazier would be a great catch for her ex. "AshLee is a sweet woman," she said, "She was kind to me, and she was kind to everyone. There's a lot of really sweet things she did for everyone that you don't get to see."

But her mind started shifting when she realized that there was another side to the personal organizer. "It was very obvious that when the cameras were on, it was a different version of AshLee," she says. "AshLee had two different personalities. And knowing Graham the way I know him, that's not something he's interested in." The single mom goes on to explain the type of guy her ex is by saying, "Graham is very compassionate and soft, and he should be with someone who's consistent, who's always who they are. It became clear that AshLee wasn't that girl."

Related Link: [‘Bachelor in Paradise’ Contestant Jesse Kovacs Denies Threesome: ‘I Fell Asleep’](#)

Protecting her ex and friend Crawley was just the start, the Utah native became a real heroine on the show when she went out of her way to confront Jesse Kovacs about treating Christy Hansen in a less-than-gentlemanly fashion and dishing that he’d hooked up with multiple girls. “For all the women in America,” Money said encouraging Hansen to stand up to Kovacs and herself when he decided to leave the show ahead of time, realizing he wouldn’t be getting a rose. “We have all experienced someone like Jesse in our lives, who makes you feel degraded or disrespected,” Money says. “Sometimes, you want to brush it off, but that just enables them to continue their behavior, and I’m not down with that.” Money knew that Christy had been through a lot in previous relationships and lost her self-respect. “People will treat you the way you let them treat you,” she adds. “Christy’s an amazing woman, but the longer she keeps letting guys treat her that way, the longer it will continue to happen. She needed to know her feelings were valid and what happened wasn’t her fault.”



Cody Sattler and Michelle Money. Photo courtesy of Michelle Money’s Instagram.

Single Celebrity Mom Opens Up About New Boyfriend Cody Sattler

But while the hair stylist was putting her energy into helping her friends and fancying them up for their dates, an unexpected Cody Sattler arrived on the beach, and the SLC sweetheart finally got to have something of her own to talk about. Sattler, 28, who appeared on Andi Dorfman's season of *The Bachelorette*, tore into Tulum and swept Money right off her feet. Their blossoming relationship and love changed everything for her. "Coming out of the experience with Robert and feeling pretty rejected and sorry for myself and then having this guy come in who was full-throttle was a total contrast of emotions pretty quickly," she said. "I wondered if he was being serious, being real, and really meant what he was saying to me. But after talking to Graham, my girlfriends, and the producers, everyone agreed that he was genuine."

Money tells us that one thing we don't get to see on the show is how genuinely interested and compassionate Sattler is in the fact that she's a mom and has a daughter. "He loves talking about her and asked me a lot of questions," she says. "That's not easy to find."

Money has not yet confirmed whether the two are still dating and if he's relocated from Chicago to Utah, as many rumors claim, but the happiness in her voice could be an indication that these lovebirds are ready to fly! So, until next week we're holding on for the final episode of *Bachelor in Paradise* to see where the road will take them!

Michelle and MmandL co-host Laura Armstrong have teamed with Emminent beauty to launch a skincare line that can now be found at TheBeautyDestination.com. You can keep up with Michelle on Twitter @MoneyMichelle. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

'Bachelor in Paradise' Reality TV Star Jesse Kovacs Apologizes: "I Acted Like a No Class D-Bag"



Interview by [Lori Bizzoco](#). Written by Ann Luther.

On this week's episode of *Bachelor in Paradise*, Jesse Kovacs escaped Tulum, Mexico, in his typical controversial fashion. The villainized cast member departed the reality TV show with regrets and without a relationship and love. In all the chaos of his exit – the accusations, the name-calling, the

confrontations, *and* the yelling – it was difficult to understand just what happened in paradise and why. Luckily, we got an exclusive interview with Kovacs and heard his side of the story.

Related Link: [‘Bachelor in Paradise’ Contestant Jesse Kovacs Denies Threesome: “I Fell Asleep”](#)

Reality TV Star Opens Up About Controversial Celebrity Hook-Up

We all know the magic of television editing can turn anyone’s character sour, but Kovacs testifies, “I feel like trying to explain what happened on the episode would be a cop-out. I can’t blame anything on editing.” He goes on, “There were certain things that were suggested that never happened, but all the statements made by me and others really were said.”

In his last moments on camera, Kovacs was accosted in his exit car by three heated women: Christy Hansen, Michelle Money, and Lacy Faddoul. The scene was intense. “I have no idea why they were upset after I left.” The San Diego native added, “I never wanted a drama-filled confrontation. I just wanted to leave.”

But we all know what he said in front of and outside of the confessional camera. After the show, the winemaker told us that he “never had the intention of being disrespectful,” but then he conceded, “I made some pretty stupid statements about Christy, and I feel horrible.” The 32-year-old admits that he called Hansen and apologized. “I acted like a dick, and Christy wanted to let me know.” He also “hashed it out” with Money post-show.

The style in which Kovacs went out was by no means gentlemanly, but he defends his actions. “I left as soon as I felt like my time was up. No connection was happening, and I didn’t want to waste any one’s time. And I know people

probably think I already wasted every one's time, but everything happened so fast." He must have done something right, though, because he says he still talks to most of the guys. Plus, "Lucy [Aragon] and Michelle are still friends...I think."

Related Link: [Jesse Kovacs on 'Bachelor in Paradise' Controversy: "Guy Talk Isn't Always Meant to be Shared"](#)

The whole ordeal surrounding his celebrity hook-up was a lot to handle, but reflection brings both perspective and clarity. Kovacs wants everyone, especially his parents, to know that he's sorry. In a statement to us, he explains: "To my Mom and Dad, I'm sorry you had to sit through that, and please stay off my Twitter for a while. I acted like a no class d-bag, and although all the things being said about me aren't true, they are well-deserved."

We look forward to what comes next for Jesse Kovacs, the Liquid Lounge co-owner, reality TV star, and self-proclaimed d-bag!

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Being "Too Friendly" With Opposite Sex Friends





By [Sarah Batcheller](#)

The opposite sex doesn't have to become off limits just because you're in a relationship. In fact, it's just as healthy to maintain friendships with the opposite sex as it is with the same sex. There is a line though, and it can be crossed – very easily – if you're not careful. Being *too* friendly can compromise your relationship, even if you don't mean to offend your significant other. Always think about how you would feel if your beau did the same thing with his opposite-sex friends. Follow Cupid's advice so you can carefully walk the line:

1. Don't send private messages to each other: Using Snapchat and texting every once in a while is fine, but limit the amount of private messages shared between the two of you. It's better to communicate via more public avenues, like Twitter or Instagram. That way, your sweetheart won't feel like you're hiding your friendship.

2. Don't spend too much one-on-one time together: Similarly, spending too much time alone with a friend of the opposite sex

can be inappropriate. If you have a long-time bud, it's alright to occasionally hang out on your own, but when it starts to occur multiple times a week, your partner will have logical reasons to be suspicious. It seems like you're intentionally seeking out alone time because you want your behavior to be kept secret...catch our drift?

Related Link: [Do Your Friends Influence Your Relationship?](#)

3. Don't excessively brag about your history: Say you have a friend who you've known since you were born because your moms are besties or who you met in law school and spent countless hours studying with in the library. Constantly bringing up the fact that you've "known each other for so long" or that you're "like family" can make your significant other feel like they're less important. It's fine to tell your babe these things, but don't over do it, so as not to seem like you're rubbing it in their face.

4. Don't party with them too much: Alcohol-induced rendezvous aren't totally uncommon, so if you're always going out and spending late, tipsy nights with a friend of the opposite sex, it will make your partner jealous and uncomfortable. Keep it sober and casual – or better yet, invite your significant other out to enjoy the night with you too.

Related Link: [When is it OK to Be Friends with an Ex?](#)

5. Finally, don't share too much information about your relationship: Relationships are meant to be intimate and private, so if you're divulging every detail to someone else, it can come off as you trying to connect with *them* intimately and privately. Your boo will probably want some things kept under wraps when it comes to your love, so sharing that information with an opposite sex pal is a violation of trust.

Tell us: How do you handle being friends with the opposite sex when you're in a relationship?

Red Flags That Mean It's Time to End Your Relationship



By Jennifer Ross and Laura Seaman

Perhaps your one-year dating anniversary is coming up. Or maybe you've just gotten engaged and announced it publicly. You may even be making your wedding arrangements; deposits have already been given. Almost all your friends are envious of your relationship. Yet deep inside, you have a nagging suspicion that something's just not right. The feeling started out small, probably as a momentary thought that you perceived as ridiculous and quickly dismissed. However, with every passing day, this "ridiculous thought" continues to creep up

at different times, and you find it worrisome. Don't fret – you're not the first one to experience this issue!

It's surprising how many people, when reflecting back on their lives, knew not only that they should have called off their relationship, engagement or wedding but also the very moment when it should've happened. There were times when a red flag drew its ugly head, and they ignored them, not wanting to discuss them for fear of embarrassment or starting a fight.

However, we don't recommend that approach. When you have a nagging feeling that won't go away, you must wake up! Listen to it and decide whether it bears any truth or not. If you're hesitant to call off your relationship, here are five warning signs that can help you decide.

Related Link: [7 Steps to Recover From Ending a Relationship](#)

1. Waiting for improvement: If you keep telling yourself, "Oh, they'll stop doing that once we're married" or "They'll change when they become a parent," just stop. If you don't like someone for who they are at that exact moment, you shouldn't be with them. Don't keep hanging around waiting for who they *could* be because that might never happen.

2. Infidelity: This is one of the biggest red flags that the relationship is failing. Every day, so many people are cheated on by their partner, and yet, the relationship continues. Most of the time, it happens not because someone is a philanderer but because there is a void or issue that one or both sides aren't willing to discuss. Remember that the problem isn't going to go away on its own.

3. There is a missing link: Communication between you two is good, but certain fundamental issues either haven't been discussed or cannot be agreed upon. Things like how many children to have, which church to go to, and where to live are crucial questions to be answered in order for the relationship

to last.

Related Link: [How to Break Up Without Breaking Them Down](#)

4. Your parents aren't on board: When your parents voice that the your partner isn't a good fit for you, their advice should be considered. After all, they know you better than anyone else! They love you and have your best interest at heart. They also have the advantage of being an outside observer and can see things that you can't.

5. You just have a gut feeling: Too often, our instincts warn us to take heed, and we don't listen. If your gut is telling not to move forward, it's best to call it off and understand why. At the very least, you should temporarily take a break from your relationship until the feeling passes. If your love is meant to be, you'll eventually resolve whatever looming issue you may have.

What warning sign do you find easiest to ignore? Let us know in the comments below!

'Bachelor in Paradise' Contestant Jesse Kovacs Denies Threesome: "I Fell Asleep"





By Ann Luther

After this week's episodes of *Bachelor in Paradise*, you'd think the show was set in the Bermuda Triangle instead of Mexico. The scrumptiously scandalous moments were centered around none other than Jesse Kovacs, who arrived on Monday night's episode and was swept away on not one but *three* dates with beautiful ladies on the show: Jackie Parr (from Sean Lowe's season), Christy Hansen (from Juan Pablo Galavis's season), and Lucy Aragon (also from Galavis's season).

Related Link: [Jesse Kovacs on 'Bachelor in Paradise' Controversy: "Guy Talk Isn't Always Meant to be Shared"](#)

Jesse Kovacs Talks About Celebrity Flings on *Bachelor in Paradise*

It's easy to see why these women were drawn to the handsome newcomer, but Kovacs thinks it was more than just an instant attraction. "I don't feel like the girls were smitten. I think I was open-minded and didn't act as if I was unavailable," he

shares in our exclusive celebrity interview. “Plus, both Christy and Lucy asked other guys on dates. I may have been the last option.”

Smitten or not, the bachelorettes asked Jesse Kovacs for his company, and he said yes every time. “As far as attraction goes, I thought Jackie was hot. Christy and I had fun on our date too,” the reality TV star explains. “I’m all about meeting new people and experiencing new places, and that’s what I tried to do.” He added about the often nude Aragon: “I actually didn’t want to go on the date with Lucy at first. I was exhausted and had been sick, so I didn’t think I had the energy. Ultimately, we had a blast, and I’m glad I hung out with her.”

Hung out he did— with *both* women. There was a gasp-inducing, extremely suggestive scene depicting Aragon joining Kovacs and Hansen in a rather intimate setting. Rumors of a threesome surged the Internet as quickly as you can say “o-m-g!” However, the California winemaker insists, “There was no threesome. I fell asleep.”

At the end of Tuesday’s *Bachelor in Paradise* episode, he gave the rose to Hansen – but don’t expect the pair to be as lovey dovey as some of the other couples by next week’s show. “I literally was only there a couple days, and it’s ridiculous to think you can just fall for someone in such a short time,” he says of their brief celebrity fling.

Related Link: [‘Bachelor in Paradise’ Drama: AshLee Frazier Says She Wishes She Could Take Back Quarrel With Clare Crawley](#)

The blue-eyed co-owner of Liquid Lounge in downtown San Diego will be gracing our television screens for at least another week. Apparently, there may be even more drama to come for poor Jesse Kovacs. He lets us in on what those teasing trailers may have left out for our gossip-hungry pleasure: “I’m not sure they will show this, but I get confronted by

a few castmates. Basically, they wanted to tell me how much of a coward I was. Not sure that makes any sense – it didn't to me." We shall see...

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

'Break Free from the Divortex' with This New Book by Christina Pesoli



ALCON ENTERTAINMENT PRESENTS "DOLPHIN TALE 2" HARRY CONNICK, JR. ASHLEY JUDD NATHAN GAMBLE KRIS KRISTOFFERSON COZI ZUKEH SOBEE AND MORGAN FREEMAN

By [Sarah Batcheller](#) and Laura Seaman

When you walk down the aisle and say “I do” to the person you love more than anything in the world, the thought furthest from your mind is divorce, and yet it ends roughly half of all marriages in the United States. It happened to Christina Pesoli, a breakup coach and relationship expert. In her new book *Break Free from the Divortex: Power Through Your Divorce and Launch Your New Life*, she helps those going through the pain of a divorce find their way out of the spiraling hurt and confusion. CupidsPulse.com had the pleasure of interviewing Pesoli about her experiences and her book, which was released yesterday, August 26th.

We love the term “divortex” and the way you define it! What initially made you want to help people entering this stage of divorce?

Perhaps not surprisingly, it was my own divorce that made me want to help other women escape from the divortex and move forward with their lives. The thing is, when I was going through my divorce, I knew I wasn’t my normal, levelheaded self – as did everyone else around me (the signs weren’t subtle). Still, I had no idea how to get back to something that resembled the regular me again. After stumbling around for a few months, things started to get better, and I slowly began to piece together a new life.

Eventually, I started hearing from other women who were in the earlier stage of divorce. Having just lived through it myself, I realized that I might be able to help them avoid the trial and error that I had to resort to myself. I reflected on my own experience and drew up a road map of the most direct route possible, minus the wrong turns and dead ends along the way.

Related Link: [Considering Divorce? Ask Yourself Three Questions.](#)

When it comes to your own divorce, what would you say is the most valuable lesson you learned?

The most valuable lesson I learned was that I was not powerless, no matter how terrible things were at any given moment. No one has power over everything, of course, so that's important to remember too. But when you feel like the rug has been pulled out from under your life and you're laid out on the pavement wondering what just happened to you, it's easy find yourself feeling like a helpless victim. It takes a lot of hard work to reconstruct your life. If you feel powerless, you'll never even get started, let alone finish the job.

And getting started is critical, because the very act of rolling up your sleeves and getting to work actually generates more power. The more you work to reconstruct your life, the more power you get. So, there's kind of a Jedi mind trick about the whole thing: You have to remind yourself that you have power at the very moment when you feel like you don't have an ounce of it. This mindset is essential to getting back on your feet.

Your divorce also involved your children, which can make things much more difficult. What is the best way for someone to explain their divorce to their children?

Okay, so this is a counter-intuitive answer, but hear me out: I believe the best thing you can do to help explain divorce to your kids actually happens well before you get a divorce. That's because the best thing you can do is to not promise them that you will never get a divorce. Think of it like this: You can't promise your kids you'll never get in a car accident. Of course, you don't *want* to get into a car accident. You really and truly hope you won't, and you're going to do your best to drive safely. But despite all of that, you might still get in a wreck someday.

Also, when you learn that a couple is getting a divorce, don't

react to the news as if it's a tragedy from which those involved will never recover. You can acknowledge to your kids that divorce is hard and sad while still conveying that you have confidence that those involved will ultimately work through it and be okay. In other words, treat the news more like a broken leg than a terminal illness, if you get my drift.

When it comes to telling your kids about your own divorce, they need to know what divorce does and does not mean for your family. Divorce *does* mean that their mom and dad will live separately and no longer be husband and wife. Divorce does *not* mean that the kids will lose family members. After the divorce, they will still have a mom who loves them and a dad who loves them. The schedule and the living arrangements will get restructured, but who their parents are and how much their parents love them will always stay the same.

Before the divorce itself, there comes the decision about whether or not to get a divorce. When do you think is the right time for a couple to start the divorce process?

The question of when to pull the plug on a marriage is a personal one. I once had someone who was contemplating divorce ask me if she would still be able to afford organic produce if she went through with it. I told her probably, but if that was her biggest concern, she wasn't ready to get a divorce.

It's hard to have perspective when you're smack dab in the middle of it. That's why I tell people who are thinking about getting a divorce to ask themselves two questions. The first is *why* they want to get a divorce. That one is usually easy to answer – things like, "He cheated," "I'm not in love anymore," or "I'm bored." The second and more important question is *how* being divorced will remedy the problem. That question is much harder to answer – and often overlooked.

Once you have worked through both questions, you will either

arrive at a clear answer or you'll still be uncertain. If you are uncertain, that, in itself, is your answer for the time being. If, on the other hand, you conclude that divorce is in fact necessary, the clarity that comes from having worked through these questions and arrived at a definite answer will give you the resolve to make it through the ordeal.

Related Link: [Hang Tough – You'll Get Through It](#)

Lastly, do you have anything else to add?

One of my favorite pieces of advice for women going through divorce is this quote from Winston Churchill: "Never, never, never, never give up." (I think that's how the quote goes, give or take a "never" or two.) And yes, I realize he was probably talking about war rather than slogging through a divorce, but still, I see parallels.

To be clear, by not giving up, I don't mean digging in, dragging things out, or making your divorce into a bloodbath just for the sake of "winning." I mean never ceasing to lose focus on where you are now and where you'd like to go in the future, then letting those things inform the choices you make along the way. Do that, and you'll get to a good place soon, I promise.

Pick up a copy of Break Free from the Divortex today! You can also visit Christina's website [EmotionalHardbody.com](#) and follow her on Twitter (@ChristinaPesoli or #Divortex).

Should You Date Someone Going

Through a Divorce?



By Laura Seaman

Dating someone who is divorced is one thing, but dating someone who is currently going through a divorce is another. This person is still technically married, even if it might not see it that way. Every divorce is different, though. Some couples have all out wars over anything and everything, while others decide that they're better off as friends than partners. Some pairs have kids while others may not. If you're considering a relationship with a person who is getting divorced, you need to know exactly what you're getting yourself into.

1. Get clear answers on how far into the divorce they are before going any further: Every situation is unique! You can

get the story from both sides of the equation, and they may be very different. One partner might say that the separation has been coming for a long time, but there's still quite a bit to do as far as splitting up assets, while another may say all that's left is the paperwork. Make sure you dig in and find out all there is to know before entertaining the idea of a relationship.

Related: [What Now? Transitioning From Married to Single](#)

2. Be sure there's not a lot of emotional baggage: While not every divorce is the same, all of them mean the same thing. This person was in love with someone else at one point, and now that relationship is over. Even if the two were fighting all the time and this divorce is seen as a relief, there's bound to be some pain. It's going to take some time to heal for most people, even if they insist that they're fine and have moved on. Don't assume you're the rebound, but be aware that it's a possibility.

3. Don't get involved in drama: Of course, your new partner isn't the only one going through this divorce. There's an ex in the picture, two families, and possibly some children. Divorce can cause a lot of drama, so make you're prepared to deal with it and not add to it. If the ex is still coming around to settle things or the kids seem uncomfortable with their parent dating again, maybe now isn't the best time for a relationship.

Related: [Taking On the Role of Stepmother](#)

4. Don't question a good thing: Though there are many possible complications, there's also a chance the divorce they're going through has no issues. Some relationships are dead long before divorce is finalized. It might be a matter of paperwork, money, or just being too preoccupied with other things. In that case, don't spoil a good thing!

It's important to know what you're getting yourself into

before you decide on entering a relationship with someone who is still going through a divorce. Not all divorces are messy, but they are all unique. Make sure your potential partner is emotionally ready for a new relationship, and don't set yourself up to get hurt by being a rebound. Good luck!

What do you think about dating someone while they're going through a divorce? Let us know in the comments!

Jesse Kovacs on 'Bachelor in Paradise' Controversy: "Guy Talk Isn't Always Meant to Be Shared"





Interview by [Lori Bizzoco](#). Written by Shannon Seibert.

Fans recognize Jesse Kovacs from season five of *The Bachelorette*, where he fought for Jillian Harris's heart, and season one of *Bachelor Pad*, where he caused drama with ex-girlfriend Elizabeth Kitt. Now, he is standing at another rose ceremony, waiting to see if he will get a rose on *Bachelor in Paradise* tonight. "It's funny because, during this rose ceremony, I was sick as hell. I don't think they show it, but I was off in the jungle puking my brains out," Kovacs tells us in our celebrity interview. "So I wasn't even concerned about getting a rose."

Related Link: [Former 'Bachelor Pad' Exes Elizabeth Kitt and Jesse Kovacs Offer Advice on Dating and Love](#)

Jesse Kovacs Talks About Return to Reality TV for *Bachelor in Paradise*

Arriving in Tulum, Mexico this week, his first date was with Jackie Parr (Sean Lowe's season). He knew nothing about the format of the show; he did, however, know that it was worth it

if finding relationship and love was a possibility. "It's all about the experience for me," he shares. "If you're open-minded, you can meet someone anywhere. It doesn't matter if it's on reality TV or if you're in the coffee shop, at a bar, or at the post office."

What wasn't aired is that Robert Graham pulled him aside and gave him a brief rundown of the situation. "I did know that Marquel and Jackie went on a date but still felt confident that she would want to go on a date," he confirms. He also says that everyone was super nice and inclusive. "Graham Bunn and I pretty much hung out the entire time," he adds.

When the winemaker first got to the island, he had three or four days of date after date after date and then a rose ceremony, leaving him with little free time to get to know any of the guys except for his roommates. "I'm talking with the guys in my hut as if I were talking to any of my buddies about a girl I was seeing, totally not realizing that there were microphones in the ceiling," he reveals. "Certain things were relayed back to the girls – and of course, guy talk isn't always meant to be shared."

Related Link: ['Bachelorette' Star Marcus Grodd Is Engaged to 'Bachelor in Paradise' Costar](#)

Teasing his storyline further, he admits that something happens that leads to tension between him and one of the guys. Plus, he gets mixed up in a big misunderstanding that causes him to head home early. "That will all come out later," he assures us. He says that he looked like the bad guy, although he was telling the truth about what happened.

Despite everything, Kovacs doesn't have any regrets and speaks highly of his experience. "It is what it is. Realistically, I should've known better." Given he walked into a similar storm between AshLee and Clare, we had to get his opinion on the situation with the ladies. "I definitely feel like AshLee is

always concerned about how she will be portrayed,” the reality TV star says. “Her edit or cut was the most important thing to her. I noticed this right away.”

His Recent Relationship and Love Life

He may not have found a relationship and love on *Bachelor in Paradise*, but we do know is that he had a serious girlfriend since viewers last saw him on *Bachelor Pad*. “She was in San Diego, and I was living in Los Angeles. We spent every weekend together – we’d go to the beach, and I’d bring a bottle of wine,” he candidly shares. “We moved in together, started a business, and then split up seven months ago.”

Outside of the show, Kovacs tells us that he isn’t looking to settle down again anytime soon. Instead, he’s staying busy with his entrepreneurial endeavors. He recently opened a lounge called Liquid in downtown San Diego, and he’s still managing Kovacs Brothers Wine with his brother. “We have some wine that we’re probably going to release in early September, and then we’re going to be harvesting again,” he says of what’s next.

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune into Bachelor in Paradise on ABC on Mondays at 8/7c!

‘Bachelor in Paradise’ Drama:

AshLee Frazier Says She Wishes She Could Take Back Quarrel With Clare Crawley



By [Sarah Batcheller](#)

Audiences were left with mouths agape and eyes wide after last night's episode of [Bachelor in Paradise](#). As the competition heightens in Tulum, Mexico, the ladies are baring their claws and bringing some World War III-style drama to the tiki hut. In particular, reality TV star AshLee Frazier has left everyone shuddering in fear...and well, we hate to say we told you so!

Exclusive Celebrity Interview about *Bachelor in Paradise* Drama

In our [exclusive celebrity interview](#) with the Texas native on Aug. 5, Frazier admitted that she stirred the pot in paradise, informing us, “There’s a little quarrel that happens with me and another cast member. Unfortunately, I wish it didn’t happen, but it did. I wish I could take that part back, for sure.” Regardless of the drama, sources tell us that Capital L stays for the entire *BIP* season.

Related Link: [‘Bachelor’ Contestant AshLee Frazier and Game Inventor Rob Ridgeway Sing for Love at Match.com Event](#)

Clare Crawley, who is currently coupled with Zack Kalter (a contestant from Desiree Hartsock’s season of *The Bachelorette*), lashed back at Frazier after finding out that the Houston fashionista was bad-mouthing Crawley to her man. While sharing a hammock, Frazier dished to Kalter about Crawley’s rumored sexual rendezvous with Juan Pablo Galavis (from *The Bachelor* Season 18, when Crawley finished as the runner-up) and called her “cuckoo” in an effort to change Kalter’s mind about his budding relationship and love with Crawley. She didn’t realize until after the damage was done that a hidden camera captured her every word.

Frazier’s move may have been less about a vendetta against Crawley (who asked Frazier’s *BIP* beau Graham Bunn on a date on the first episode) and more about closing in on Kalter. In our previous interview with Frazier, she stated, “The whole point of going to paradise was to meet Graham. There were no ulterior motives.” But a source close to us says that Frazier was good friends with Kalter before going on the show and that she may have had a desire to “team with him” if things didn’t work out with Bunn.

Related Link: [‘Bachelor in Paradise’ Star AshLee Frazier: “My](#)

[Goal Was to Know Graham Bunn](#)

In tonight's episode, audiences will witness what happens after Bunn refuses a rose from Frazier, walks off, and is followed by ex-girlfriend-turned-bestie Michelle Money. What's interesting about this turn of events is that Frazier previously told us that she enjoyed her time with Money and that the single celebrity mom gave Frazier her blessing to go after Bunn.

We haven't seen any developing friendships between Frazier and the other girls, but her closest ally is yet to arrive; Christy Hansen from Juan Pablo's season shows up tonight. "When Christy comes in the house, she is such a doll," Frazier shared. "She and I become really good friends. It's so nice to make a really good friend." We can't wait to see all the new match-ups!

You can keep up with AshLee (and Bachelor in Paradise fashion!) on her fashion blog and Twitter @ashleefrazier. Don't forget to catch her and the rest of the cast on Mondays at 8/7c on ABC. Plus, a special episode airs TONIGHT at 8/7c!

Check Out 'Last Weekend'





By [Courtney Omernick](#)

Celia Green, played by Patricia Clarkson, gathers her husband, two sons, and their significant others for a holiday at their lake house in Northern California. Unfortunately, her carefully constructed weekend begins to come apart at the seams because of a series of terrible events, including her son's boyfriend's allergic reaction to her cooking.

Should you see it:

If you like the dynamics of families and viewing how their relationships with one another change over time, then this movie is a must see! It was also a staple at the Sundance film festival and features great actors such as Zachary Booth, Joseph Cross, Chris Mulkey, and more.

Who to take:

This family drama would be great to see with your friends, family members, or anyone who loves a bit of relationship tension and comedy.

When should you take your guy home to meet your family?

Cupid's Advice:

Sometimes, it can be hard to tell when your relationship with your man is moving to the next level. But, the time may come when you've decided that it might be time to bring your man home to meet your folks. So, what are the tell tale signs that it really is time to introduce your significant other to the rest of your family? Don't fear; Cupid is here with some advice!

1. You've been together for awhile: You obviously don't want to rush your relationship with your guy, so if things look like they're pretty serious and you've been together for about 3-6 months, then it might be time to bring him home. Chances are, if he likes you, he'll like your family!

Related: [Are You Sure You Aren't the Other Woman?](#)

2. You're serious about one another: If you are spending a lot of quality time with one another and you both have talked about your future as a couple, then it looks like things are getting pretty serious between you two. This is a great time to move things forward and introduce him to your family members.

Related: [Celebrity Couples That Have Bounced Back After Cheating](#)

3. He seems eager: A definitely noticeable sign that your guy is ready to meet your family is if you suggest the meet and greet and he seems excited, or ready to seize the opportunity. Nothing's worse than a guy who gives a nervous look at the suggestion to meet your blood relatives, so make sure he seems happy about the opportunity!

When did you know it was time to bring your guy home to meet your parents? Share your stories in the comments!

Are You Sure You Aren't the Other Woman?



By [Sarah Batcheller](#)

Many of us may have the tendency to occasionally let our trust issues get the better of us, and we begin to wonder what our significant other is up to when we're not around. It can even get as bad as suspecting them of having an affair. It is less common, though, for us to look at ourselves and wonder, "Could I be the woman on the side of his real relationship?" Just as there are warning signs that someone is cheating on you, there are signs that you are the one he's cheating with. No lady looking for love wants to fall under the category of the other

woman! With that thought in mind, here is Cupid's advice on how to know if you should get yourself out of your current situation before an angry girlfriend (or worse – wife!) leads a torch-bearing mob down your street:

1. He hasn't introduced you to his friends or family: Well, that's simply because no man has the audacity to admit to his closest comrades, especially his family, that he's dating two women. Not to mention, secrets aren't kept very well that way. Unfortunately for you, if he hasn't introduced you yet, it may be because you are the lesser of the two ladies. If it's been a few months and things are getting more serious, it's time to meet the important people in each other's lives. If he refuses when you bring it up, that's probably because one of those people includes a significant other.

Related Link: [Why Men Look at Other Women](#)

2. You've never been to his house: In fact, he won't even share his address with you so you can send him a sweet gift or card. This is likely due to the fact that his main girl lives with him or at the very least holds the ranking that allows her to make frequent or unannounced visits. Also, he probably doesn't want nosy neighbors acquiring any knowledge that could out him. Come on, haven't you seen *Desperate Housewives*?

3. He takes a long time to get back to you: If he takes hours or even days to simply respond to a text, voicemail, or e-mail, it may be because he's around a person (or people, like his friends and family) who he doesn't want to catch a glimpse of your message. This rude delay is due to the fact that you're on the back burner and therefore not important enough to respond to in a timely manner.

4. He doesn't take you out: He uses the excuse that he just likes to come over, cuddle, and watch a movie, but in actuality, he doesn't want to risk bumping in to anyone, like his friends, his girlfriend, or even his girlfriend's

friends. This also means you're not worth the event of getting all dressed up for a fancy date night. Plus, he doesn't want to have to spend money on someone who's less important than his significant other, who he *does* pay for.

Related Link: [6 Signs He's Lying](#)

5. You have the same hunch a girlfriend would: Just like a bonafide girlfriend may suspect cheating, you suspect the same, except your suspicion comes along with a combination of one or more of the aforementioned signs. In addition to these signs, you might notice that another girl tags him in pictures on Facebook, he's always on his phone, or he seems distracted. Basically, you suspect he's cheating, but due to the other red flags, you realize he's not cheating *on* you; he's cheating *with* you.

Have you ever found out you were the other woman? Tell us your story in the comments below!

Date Idea: Go Strawberry Picking





By Brittany Stubbs

When is the last time you and your love got outside and did something fun? It's time to head to the closest strawberry farm and pick your favorite sweets together! After all, this warm weather won't last forever, so take advantage of it and embrace the sunshine.

Related Link: [Date Idea: Make Your Love Set Sail](#)

Switch up your regular weekend routine of dinner and a movie and go enjoy nature instead. Not only will this adventure allow you to taste fruit that's fresher and juicier than what you'll find in your grocery store's produce section, but picking berries is just one of the many activities that the two of you can enjoy. Many strawberry farms also have petting zoos, beautiful flowers, souvenir stands, and great photo opportunities. Be prepared to pay with cash or check because most farms do not accept credit cards. Another tip: Wear tennis shoes and clothes you don't mind getting a little dirty.

After you've walked around the strawberry patch and filled your baskets, have a romantic picnic with your partner. Pack a blanket, some napkins, and a few food items that will pair nicely with the fruit you collected. For an easy and delicious treat, consider bringing angel food cake and whip cream and adding in your freshly-picked strawberries. But make sure you wash your hands and all that fruit before you get to munching!

Related Link: [Date Idea: Get Wet and Wild on the Water](#)

Assuming the two of you have some berries leftover after the picnic, plan a creative way to enjoy the rest of your goodies later that week. We know you've had your eye on all those recipes on Pinterest! Come up with a special dessert or even a meal that incorporates your fruit. Not only will this adventure give you and your love some sweet treats but some sweet memories too!

Have you ever gone to a strawberry farm with your partner? Share your stories below!

Celebrity Couples That Have Bounced Back After Cheating





By Jennifer Harrington and Laura Seaman

For those who follow celebrity news, cheating in Hollywood is hardly a surprise. What is often more interesting are the couples that, despite the spotlight and scrutiny, manage to stick together through a cheating scandal. So Cupid took a look at a few high-profile lovebirds who have weathered the storm of infidelity to see what lessons about moving on can be learned from the A-listers.

1. Josh Duhamel and Fergie: This couple met back in 2004, became engaged in 2007, and were married in 2009. Soon after they became man and wife, though, a stripper accused the actor of cheating. This didn't seem to upset the Black Eyed Peas singer, as she stayed with him through it all. In 2012, Duhamel addressed the rumors and said, "When you go through difficult times, it really makes you stronger as a unit, as a partnership. It does for us, anyways. Our love today is a deeper love, definitely." In 2013, they welcomed their baby boy Axl Jack Duhamel. What didn't kill this relationship made it stronger, and these two are as happy as ever.

Related Link: [You Cheated, So Now What?](#)

2. Kobe and Vanessa Bryant: Hotel worker Katelyn Faber accused the basketball star of sexual assault back in 2003. While Bryant did admit that he slept with the Faber and cheated on his wife, he denied that it was assault. Through the trial and all of the press, Bryant's wife stayed by his side. The two are still together and are now raising their two daughters, Natalia and Gianna. In fact, they were recently spotted on a family vacation in Greece.

3. David Borneaz and Jaime Bergman: The *Bones* actor and his former Playboy Playmate wife have been married since 2001, but in 2010, he admitted to the public that he cheated on a then-pregnant Bergman. The other woman in the picture is no stranger to scandal: Rachel Uchitel was also a mistress of Tiger Woods. Later, to make matters worse, explicit texts between the two were leaked to the media. Soon after, the actor commented, saying of him and his wife: "We're working on repairing what has been damaged so badly." He now says that the entire affair was a type of bonding experience for the couple and that they are closer because of it.

4. David and Victoria Beckham: The soccer star was hit with a cheating accusation back in 2010 by *In Touch Weekly*, who published a piece stating that he had cheated on his wife with a call girl named Irma Nici. Beckham sued the magazine, and the suit was dropped. Beckham's rep released a statement saying the allegations were "completely untrue and totally ridiculous, as the magazine was told before publication." This past July, the couple, who has four children, celebrated 15 years of marriage.

Related Link: [Why Kourtney Kardashian and Scott Disick Don't Need to Get Married](#)

5. Scott Disick and Kourtney Kardashian: This reality couple has faced allegations of unfaithfulness throughout the course

of their seven-year relationship. In 2011, rumors swirled that Disick and fellow reality star Kristin Cavallari were having an affair. Cavallari denied the rumors and speculated that they were initiated to spark interest before the premiere of a new season of *Keeping Up With the Kardashians*. With Kardashian pregnant with their third child, it sounds like all has been forgiven!

Ultimately, cheating should be avoided, and it's never a desired ingredient in any romance. But, unfortunately, it does happen. The examples from these high-profile couples proved that with time, forgiveness, and family support, it's sometimes possible to mend a relationship broken by unfaithfulness.

Did you and your partner's relationship survive post cheating? Share your comments below.

'Bachelor in Paradise' Contestant Chris Bukowski Talks Friendship with Michelle Money and Celebrity Break-Up from Elise Mosca





By [Sarah Batcheller](#) and [Whitney Johnson](#)

If you tuned in to the third episode of *Bachelor in Paradise* last night, then you saw a new side of reality TV contestant Chris Bukowski. In an exclusive celebrity interview, CupidsPulse.com had the chance to speak to the Illinois native, and he expressed that this sensitive, softer side of him is more true to form than what was previously portrayed on the small screen, stating, "This is the side that my friends and family see everyday."

Exclusive Celebrity Interview with Chris Bukowski

Choosing to leave Mexico because of a knee injury, Bukowski asked his new *BIP* love interest Elise Mosca to head home with him. When Mosca accepted, Bukowski gave his final rose to BFF Michelle Money, in order to extend her chance at finding a relationship love on the show. "She [Money] is one of my closest friends in the reality TV world and the real world,"

the reborn fan-favorite says. “She deserves someone to share her life with, and I want to see that happen for her. She’s truly an amazing person, and I wanted to give her the opportunity to find someone amazing for herself.”

Related Link: [‘Bachelor in Paradise’ Newcomer Chris Bukowski Says Dates with Elise Mosca Were “Spectacular”](#)

It’s no surprise that the blue-eyed entrepreneur appreciates being portrayed in a more positive light. He’s glad that the *Bachelor in Paradise* audience finally saw who he truly is, concluding, “Something that everyone in my life will say about me is that I’m honest. If people were more honest to themselves and to each other, there’d be a lot less bullshit in this world – and on reality TV!”

***Bachelor in Paradise* Star Talks Celebrity Break-Up**

While there’s no doubt that fans were surprised to see this version of Bukowski, what everybody *really* wants to know is how his whirlwind romance with Mosca netted out. Bukowski shares that Mosca stayed in Chicago with him for six days after they left Tulum and that they dated for about a month after that. Unfortunately, though, the two lovebirds couldn’t make it work. “I broke it off because we were at two very different points in our lives,” the Bracket Room owner admits of their [celebrity break-up](#). “I wasn’t confident that Elise was the right girl for me and didn’t want to lead her on to believe anything different.”

Sources close to us say that the adorable couple were flown back to Mexico before filming of *Bachelor in Paradise* ended with the intention of updating the rest of the cast (and viewers, of course!) on the status of their relationship and love. They also shared that this scene never played out because the producers wanted Chris Bukowski to propose, but

he wasn't ready to.

Related Link: [Chris Bukowski Says "Paradise Wasn't Paradise for Me"](#)

Despite their celebrity breakup, the currently-single restaurant owner only has nice things to say about Mosca. "It's tough for me to hear people say she's crazy when she's only crazy about falling in love," he explains. "She's a nice, genuine girl, and I've never heard anyone who knows her say a bad thing about her. She's very caring and will make someone very lucky one day...as long as she lays off the sequin outfits!" he jokes.

Bukowski also encourages *Bachelor in Paradise* fans to "not punish someone for wanting to be loved. All we need is love, and love is actually all around," he says in reference to the movie *Love Actually*. He adds, "I love that movie, by the way!"

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Celebrity Interview: Maternity Expert Rosie Pope Encourages Moms "To Be Really Present in the Moment"





Interview by [Lori Bizzoco](#). Written by Laura Seaman.

Rosie Pope knows all things related to pregnancy and parenting, bringing child care and fashion advice to mothers and mothers-to-be everywhere. She owns Rosie Pope Maternity and Rosie Pope Baby, runs MomPrep classes, and is often featured on television for her mothering expertise. Fans may also recognize her from the Bravo reality TV show *Pregnant in Heels*. As if that's not enough to keep her busy, she's also the author of *Mommy IQ: The Complete Guide to Pregnancy*.

Celebrity Interview with Reality TV Star Rosie Pope

The maternity expert and celebrity mom welcomed her fourth child, daughter Bridget Monroe, in March, and luckily, her older kids – son James Roderick, almost 6, son Wellington Reade, 3, and daughter Vivienne Madison, 2 – are happy to have a new baby sister. “The sweetest thing about bringing Bridget into the world is that her siblings are so attentive to her. They want to do everything for her and just be really

involved,” she explains in our celebrity interview. This new baby didn’t bring the jealousy and clambering for attention like the previous children did, so maybe the fourth time is the charm!

Of course, with summer coming to a close, we asked the London-born star about how having a big family affects their [celebrity vacations](#) and time together. They like to keep it local, though she says they’re a “pretty adventurous” bunch. When it comes to transportation, driving is the only option, as you can imagine the hassle of a family of six at the airport. “We’re all about the minivan!”

There’s one mother that we’ll never see driving a minivan, and that’s Kate Middleton, the beautiful Duchess of Cambridge. Middleton and Prince William recently celebrated their son Prince George’s first birthday, and the media didn’t miss a second of the celebration. So how will the royal lifestyle impact the adorable prince’s upbringing? “As he gets older, he’s going to start being more and more aware of what’s going on around him. As a baby, he doesn’t realize that there are paparazzi everywhere and that everyone wants to know everything about him.” Of course, his father was also brought up in the public eye, and he can help his son every step of the way.

Related Link: [Prince William and Kate Middleton Attend Church Without Prince George](#)

Celebrity Mom Shares Best Relationship Advice

Whether you’re the future queen of England or a mother of two in a small town, you can bet that your marriage will change after you have children. A growing family means more stress and responsibility, but it also brings a new happiness that you didn’t have before. Sometimes, it’s hard to remember how

to be a couple with your partner, but Pope has some relationship advice for every parent to follow.

First, you have to make good communication a priority in your relationship. "It's really, really difficult to communicate with each other when so much is going on. You have to be honest about the things that aren't working and the things that are working," she shares in our celebrity interview. "If you dish it out, you have to be able to take it too. So if you want your partner to be honest with you about things that aren't quite right, you have to be able to handle that."

Next, she encourages you to not wait until Friday night to have a date night. Take advantage of any free time and do something spontaneously! Pope's favorite date night is when her and her husband enjoy some alone time at home. After all of the kids are in bed, her husband cooks a delicious meal, she makes cocktails, and they meet on the porch to have a romantic evening together.

The third must on the maternity expert's list is taking the normal parts of every day and making them special. This could be going to the gym together, taking a trip to the grocery store, or getting ready together in the morning. Use these seemingly ordinary daily chores to enjoy each other's presence and build on your relationship. Now that your life is busier than ever, you need to appreciate the little things.

Related Link: [Make Your Relationship Count This Year](#)

Last on the celebrity mom's list of advice is telling your love story when times get tough to "remind each other of how you used to feel." Now that you're parents, it might be hard to remember when you were both single and just getting to know each other. Think about falling head-over-heels in love with each other and why you thought your partner was the perfect person for you.

Perhaps the most difficult adjustment for new parents to make

is finding time to be intimate. Her solution to this situation is, as she put it, very much like going to the gym: “Get creative, make yourself do it, and you won’t regret it!” Remind yourself that you have to be intimate as a couple, even with the hustle and bustle of being parents. You have to work for it!

Not only does Pope have the busy life of a wife and mom, but she’s also juggling the stress and pressure of an extremely successful career as a maternity expert. Handling it all is simple: “It’s about two things. First, you have to be really present in the moment, because you don’t have a lot of time to do anything. Savor any minutes that you spend by yourself, with your kids, or while you’re at work. You have to be 100 percent present to feel fulfilled and know that you’re getting the most out of every moment.”

And second, you have to remember that life changes. The kids won’t be toddlers forever, so you won’t always have to deal with the messes, the need for attention, and the constant craziness of little ones. However, that also means that the positives of the toddler stage will fade. “Now, they want to play with me all of the time, but I know in a few years, I won’t be cool enough,” the author says with a laugh.

Related Link: [Rosie Pope Welcomes Baby Girl on Mother’s Day](#)

Pope is one mother who seems to have it all figured out. And she certainly knows what’s *not* in her future: another reality TV show. “Reality TV is crazy, and I don’t think I’m that crazy!” Don’t rule out a second book – or a fifth child – just yet though. “If I don’t have another baby, maybe I’ll write another book next year!”

For now, she’s focusing on her baby clothing line, Rosie Pope Baby, which launched in February and is continuing to expand. The adorable outfits are available in a variety of sizes, ranging from newborn to two years old. “It’s a real marriage

between fashion and function,” she explains. “I think parents will find it very practical but also very pleasing.”

To see more of Rosie, check out her website, <https://rosiepope.com/>. She also responds to questions via social media on her Twitter @RosiePope, www.facebook.com/RosiePope, www.instagram.com/rosiepope/, and [/www.pinterest.com/rosiepope/](http://www.pinterest.com/rosiepope/).

Date Idea: Show Off



By Brittany Stubbs

Have a hidden talent that you want your love to appreciate?

Set up a night where you can reveal your true self and impress your sweetheart. Your partner probably knows all about what you do for a living and your favorite hobbies, but there's that other side of you that doesn't always see the light of day. There is nothing more intimate than allowing your man to discover something new about you.

Finding inspiration might mean going back in time. Maybe you were on the dance team in high school and want to show off some of your old moves. That doesn't mean you have to start stretching and attempting the splits in your living room. Start looking for those videos of performances you never thought you'd watch again, make some popcorn, and cuddle up on the couch. Your partner will love seeing you in your youth as much as you'll enjoy laughing at yourself.

Related Link: [Date Idea: Slumber Party](#)

Or perhaps you aspired to be a stand-up comedian back in the day. Come up with a routine to make your lover laugh. If your sweetie has a thick skin, get creative and incorporate them into some of your jokes. Whether the routine goes smoothly or you're stumbling along, by the time you're finished, you'll both be on the floor laughing.

After you've revealed your hidden talent, sit back and allow your partner to share something you never knew about them. You'll be surprised how much closer the two of you will feel after this experience! Whether you're showing off tricks you haven't pulled out in years or talents you're still secretly working on, you'll learn more about each other and create a great memory along the way.

Related Link: [Date Idea: Game On](#)

To get your friends in on the fun, host a talent show. Invite a few of your favorite couples over for drinks and appetizers, followed by every couple putting on a mini performance. Take it a step further and present an award for the most

entertaining show. Whether your friends impress you or make you cry from laughter, you'll want to make this night your newest tradition.

Have you shared a hidden talent with your partner? Tell us about it the comments below!

Famous Couples That Keep Their Celebrity Love Alive Even When Always On the Go



By Jessica Nappi and Laura Seaman

With all the riches that come with being a celebrity, it's easy to hop from place to place on a whim. In addition to vacations, they also have to travel for work. From movie-making to appearances to product promotion, stars always have somewhere to go and somewhere to be. When two celebrities hook up and form a power [Hollywood couple](#) – or a power family – the paparazzi catches them running around all the more. Here are four celebrity couples that always seem to be on the go:

Related Link: [Celebrity Couples Who Have Been Hurt By Their Own Stardom](#)

1. [Angelina Jolie](#) and Brad Pitt: It's no secret that the life of two A-listers calls for a lot of time on the road. Brangelina both have movies to film and promote while simultaneously caring for their six kids, which means very little time to relax. The famous couple are often separated from each other, as one must fill the role of care taker while the other works. But when they are seen together, whether on the red carpet or enjoying a family day at the zoo, they never stay in one place for too long. They don't even have a permanent home, owning estates in France, California, and New Orleans, among other places.

A Celebrity Love That Started at Work

2. Emma Stone and Andrew Garfield: This adorable Hollywood couple met on the set of *The Amazing Spiderman* and has been spotted jetting around the world ever since. Most recently, the promotional tour for *The Amazing Spiderman 2* had these costars hopping from country to country. Even now that the tour is over, they can never stay still. They've been giving us a glimpse of celebrity love on the red carpet, while walking hand in hand on the streets of NYC, and during their fun-filled celebrity vacations in Disneyland and on the

beaches of Malibu.

3. [Kim Kardashian](#) and Kanye West: The lovebirds have certainly stayed busy this summer. The reality TV star is always traveling for appearances and product promotions, while the rapper has an equally demanding schedule with his hot music career. Additionally, they had a grand celebrity wedding in Italy in May and spent quite a bit of time in Paris as well. The paparazzi catches nearly every step this famous couple takes, but if that's not enough, the proud wife and mama often shows off her celebrity relationship and family on social media as well.

Related Link: [Celebrity Couples Who Get On Our Nerves](#)

4. Kate Middleton and Prince William: It's part of their job to travel the world, and man, do they do it well! The Duke and Duchess of Cambridge were married in 2011 and have been on the go ever since, whether it's on their own home turf in England or attending balls and events elsewhere. It's no surprise that this pair doesn't travel lightly. During their 19-day tour of Australia and New Zealand this summer, they traveled via private jet with their nearly one-year-old son Prince George and an entourage of 11. Even when they're at home, the famous couple are always out and about, from grocery shopping and walking their dog Lupo to watching the Men's Finals at Wimbledon and attending the Commonwealth Games in Glasgow.

Who is your favorite celebrity couple that's always on the move? Tell us in the comments below!

'Bachelor in Paradise' Newcomer & Reality TV Star Chris Bukowski: "Paradise Wasn't Paradise For Me"



By [Sarah Batcheller](#)

We followed-up with *Bachelor in Paradise* contestant Chris Bukowski about his arrival to Tulum, Mexico and the stir he caused on his first night there. For those of you who haven't been watching, the four-time *Bachelor* franchise veteran went on what appeared to be a great date with Clare Crawley and ended the evening with a controversial ocean frolic and a lot of kissing with Elise Mosca. "After the whole makeout session, I don't think Clare and I spoke another word to each other,"

the reality TV star says in our [celebrity interview](#).

Related Link: [‘Bachelor in Paradise’ Star Chris Bukowski Says Dates with Elise Mosca Were “Spectacular”](#)

Reality TV Contestant Opens Up About Relationships and Love

Bukowski, a master at making a memorable first impression, arrived with a date card and asked Crawley to spend a day of pampering with him. The heartbreaker left her looking all giddy and happy, despite the warning about him that she got from the others. He confirms, “Clare and I had a great date, and I do regret not pursuing our relationship and love further, but at the time, it seemed like there was no romantic connection there.”

The real chemistry he felt on *Bachelor in Paradise* was with Mosca, who had already formed a connection with Dylan Petit. But when asked if it was love at first sight, he says, “I didn’t have an instant attraction to Elise. I barely knew who she was. The two girls I was initially considering taking on the date were Clare and Lacy Faddoul.”

We all know that there’s more to these love triangles than what reality TV reveals. And although the show paints Bukowski as the bad boy, he maintains that he’s better than that. “I don’t think anyone will ever be happy with editing, but at this point, it’s all pretty funny to me. Can’t take this stuff too seriously!”

At the end of the episode, he receives a default rose from Mosca (after she was rejected by Petit and gave an awkward speech about what women “deserve” in a partner), but he assures us that what we saw go down on *Bachelor of Paradise* wasn’t *that* dramatic. “Dylan and I squashed the whole thing at the rose ceremony, but that wasn’t shown,” the restaurant

owner shares in our celebrity interview.

Celebrity Interview with *Bachelor in Paradise* Star

You may have noticed on episode 2 that Bukowski wasn't hanging out with the rest of the cast while Petit took Sarah Herron on a one-on-one date. It turns out that he was further courting his new crush: "I definitely hung out with Elise more than what viewers saw. I actually setup a makeshift date on the beach that wasn't aired."

Related Link: ['Bachelorette' Contestant and Hopeless Romantic Chris Bukowski Wants His "Fairytale Ending"](#)

As much as we love Bukowski for adding some spice to the season, it doesn't look like a good start to "happily ever after" for the *Bachelor in Paradise* newcomer. Although he won't reveal any teasers about next week's episode, he does leave us with this closing thought: "I didn't feel the need to be there any more. Paradise wasn't paradise for me..." According to sources, he'll excuse himself next week and leave paradise.

Back home, Bukowski watched the show with former *Bachelor/Bachelorette* contestants Jaclyn Swartz, Christy Hansen (who will be arriving in paradise soon), and some other friends.

We can't wait to see what happens next Monday night!

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

5 Reasons Why You Should Date Someone Who's Older Than You



By Shannon Seibert

An age gap doesn't necessarily mean that there is something missing from the relationship, in fact sometimes it brings a couple closer together. It may be cheesy but the phrase "Age is only a number" is actually quite accurate. Who you fall in love with isn't your choice, it's a matter of the heart and soul. If you find someone who you just instantly click with, it shouldn't matter what decade you were born in. Check out our top five reasons why you should date someone who is older than you and feel confident about your loving relationship:

1. You can offer each other a new perspective: Your

significant other is someone who you can confide in, and sometimes an age gap allows you to receive a different reaction to a situation other than your own. This way you can use your significant other for guidance and support in your decision-making. As they have generally had more life-experiences you will be able to feel confident that they know what they're talking about. In turn, you can also "keep him young" by being adventurous with him. Try out new date ideas, travel together, or anything else that he may not have done on his own.

Related: [Date Idea: Redecorate](#)

2. He will have a sense of maturity: It seems to be a rare trait that is hard to find, and just because he's a man, it doesn't mean that there isn't a little boy underneath. Women naturally mature faster than men, they experience more rapid brain growth and development. This is why women traditionally date older. Sometimes we are faced with serious circumstances in life that you'll need to lean on your partner.

3. He will most likely be more financially stable: When you're young, it's easy to make whimsical purchases on pay day. With your older guy, he may know a thing or two about having a large savings account. This gives your man a lot of credibility because balancing your finances is a good quality to look for. This means he will be able to provide for you and support you if your relationship were to take the next step. Also, your dates will probably be a lot nicer than just dinner and a movie.

4. An older man knows chivalry: Chivalry isn't dead, ladies, it just may be a few years ahead. He's been in the dating game for a quite a while and now he knows what he wants. There won't be any games, or second guessing, he will treat you like the lady you are. In your generation you may not have a lot of doors opened for you, but when you date older this simple gesture of feminine appreciation is the first of many.

Related: [Zac Efron and Michelle Rodriguez Amp Up PDA in Spain](#)

5. They're better at sex: Not that these criteria are in any particular order, but this is definitely one of the important ones. People neglect sexual chemistry as an important quality of a relationship, saying "It's not all about the sex," but in reality, sex is pretty significant. Sex allows you to reach a whole new level of intimacy that just emotional attachments cannot equate to. It's the synchronization of the emotional and physical chemistry that can mold the most beautiful forms of love. Older men are generally more experienced in the bedroom, so let him spoil you. This being said, you could also learn a thing or two from him!

Are you dating someone older? Share with us why you don't mind an age gap in the comments below!

On-Again, Off-Again: Celebrity Couples Who Can't Make Up Their Minds





By Deanna Atkins and Laura Seaman

In Hollywood, you never know who's going to be the next big couple, especially when the new duo may breakup before official word even gets out. To be fair, it has to be difficult to maintain a relationship that's constantly in the public eye. Aside from frequent budding romances, we're constantly hearing about those twosomes who just can't commit. They're on one week and off the next week, and then before you know it, they've eloped...only to divorce weeks later.

These three pairs constantly keep us guessing and never fail to surprise us with yet another breakup or makeup. Sometimes we enjoy staying on their relationship roller coaster ride, but still, we have to wonder why these stars are so incapable of staying together:

Lady Gaga and Taylor Kinney: If you were as busy as the pop star, you'd probably find it challenging to keep a boyfriend too. But as her touring schedule has slowed down, it seems like she and the *Chicago Fire* actor are back on again! The 'Born this Way' singer has been with the 33-year-old for three

years now, and rumor has it, she's been looking at wedding dresses in Canada. The pair have been seen on romantic skinny dips and dining at Gaga's father's restaurant, but don't be fooled by their seemingly effortless relationship because it's definitely a tough one to maintain.

Sammi Giancola and Ronnie Ortiz-Magro: Whether this couple's out of control relationship was purely for entertainment purposes or not, everyone can't help but love to hate the *Jersey Shore* duo. The guido and guidette got together on the first season of the show, and, ever since, we've seen the twosome through the crying, name calling, and all out physical brawls. It's actually a rarity when they're filmed *not* fighting.

That said, there are those times they honestly look happy together. Between his fohawk and her Jersey-girl attitude, they couldn't be more perfect for one another. Let's give them some credit though: Since the filming of the sixth season ended, they're officially on and have even moved in together.

Related Link: [Celebrity Couples Who Reconciled for the Summer](#)

Selena Gomez and Justin Bieber: This A-List couple has been on and off for quite a while. As of now, the pair seems to be back together. For the past few years, fans have been told about their constant breakups, only to be shown pictures of the two cuddling on Instagram.

It's no surprise that there's friction between them. The former Disney star seems to be rapidly climbing the ladder of success in both music and film. Bieber, on the other hand, just keeps getting in trouble and can't seem to catch a break. From his DUI to videos of his vulgar behavior, this pop star isn't gaining much support lately. For a while, there was even a petition to deport him to his home country! Despite all of this drama, America's darling seems to be smitten with this Canadian bad boy.

Related Link: [Justin Bieber and Selena Gomez Attend Bible Study](#)

Whether these celebrities don't realize what they have in front of them or they're waiting to see what else is out there, anyone can relate to needing a push in the right direction. It may be time to quit the games and find a more compatible mate or accept that you're truly in love with your partner. Either way, it's not beneficial for anyone to be in a consistent on-again, off-again relationship!

Have you ever been in an on-again, off-again relationship? Share your experiences below.

The Giver Captures the Idea of a Perfect World





By [Courtney Omernick](#)

Based on the 1993 novel by Lois Lowry, this film captures the idea of a perfect world where there is no conflict, racism, or sickness. In this perfect world, every member of society has a specific role. A 16-year-old boy named Jonas is selected to be the receiver of memory and discovers that many years earlier, his forefathers gave up humanity in order to have a stable society.

Should you see it:

If you loved the novel by Lois Lowry, then you'll want to see the film! With cast members including Jeff Bridges, Meryl Streep, Katie Holmes, and Taylor Swift, it's a must see!

Who to take:

If you, your friends, significant other, or family members have read the book or love the acting styles of Jeff Bridges and Meryl Streep, then make sure to buy them all tickets to the show!

How do you know if you've found your perfect match?

Cupid's Advice:

With so many different signs and signals to interpret during a relationship, it can be hard to figure out if the person you're with is truly "the one," or if you're just "star struck." So, how can you tell if you and your partner are meant to be? Never fear, Cupid is here!

1. You're comfortable with one another: You both are not afraid to open up to each other and let your "true colors" show. You know you won't be judged when you're with that special someone, so you're able to relax and let yourself become vulnerable.

Related: [10 Signs He's Not That Into You](#)

2. You still appreciate the cute stranger: Yes, you heard that right! Even when you're with your perfect match, you can still appreciate the good looking stranger that you've spotted across the room. You understand that you will still be attracted to others, BUT you know better than to act on that impulse.

Related: [How to Turn a Friendship into a Relationship](#)

3. You're relationship makes you feel calm: You're not worried about saying or doing something that might upset your partner. You know that the other individual is in it for the long haul. No matter what happens, you both are teammates, and you will get through this life together.

Have you found your perfect match? Share your experience in the comments!

Celebrity Interview with 'True Blood' Star Jamie Gray Hyder: "It's Nice to Be With Somebody Who Can Take Care of You"



By [Sarah Batcheller](#)

Jamie Gray Hyder is a young, energetic actress currently starring as Lucia, the sultry sister of a drug lord on USA'S *Graceland*. Video gamers may also recognize her as Echo in PS4's *Killzone Shadow Fall*. Hailing from the Washington D.C. area and being a proud University of Georgia alumnae, she stuns audiences across the nation with her exceptionally sexy

and adventure-seeking characters, but she may be best known for her role as Danielle, the spunky, tenacious werewolf on HBO's *True Blood*. Of the show's epic final season, she says in our celebrity interview, "It's already been pretty intense, and I think we're going to see a lot of the same – I think we're going to lose a lot more people we've come to love!"

Celebrity Interview with *True Blood* Actress

The Virginia native is spending much of her summer on the set of *Graceland*. In fact, she was gearing up to film the two-hour finale episode when we spoke with her. For fans anxiously waiting to find out what happens next, she shares, "You can see a lot of things starting to brew, so you can expect the more recent plotlines that have been introduced to really start to develop and play out. You're going to see a lot more happen between Johnny, Carlito and Lucia!"

Hyder has a firm grasp in her newfound stardom and certainly hasn't let fame change her approach to love – not that she has much time for romance right now. "I'm in a relationship with whatever show I'm on at the time," she says with a laugh. Now, that's true dedication!

Related Link: [Courtney Robertson Tells All In New Book: "I Really Didn't Hold Back!"](#)

Still, she's got some very focused opinions on what she wants in a guy. She's looking for a man who is comfortable with himself and capable of taking the reins in their relationship and love. "I can be stubborn, and I can be sort of like a manager," she admits. "I want someone who puts me at ease, so I don't feel the need to be that way. Plus, it'd be nice to be with somebody who can take care of me occasionally."

Not surprisingly, the actress acknowledges that dating in the

spotlight can be tough, particularly because people aren't always interested in you for respectable reasons. "You're going to get those guys who really appreciate you for you and a sea of others who are only interested because of what you've done or where they see you going."

Jamie Gray Hyder Shares Dating Advice

Regardless of what kind of man eventually captures her heart, she believes that communication is most important in any partnership. "You have to be able to talk to each other about whatever it is that needs to be discussed," she explains in our celebrity interview. "If your partner is going to be defensive or disrespectful, it makes it really hard to have a conversation. Good, open communication can really be helpful to any problem you may face."

Of course, if you can't work through certain issues, the sensible star encourages girls to recognize that truth and move on, no matter how hard it may be to say goodbye. Sharing her best [dating advice](#), she says, "You're supposed to be with more than one person in order to figure out who's right for you. A relationship and love that doesn't go as planned or ends in heartbreak shouldn't really feel like a failure because it's just part of the process. You need that step to get to the right guy."

Related Link: ['Bachelorette' Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

Hyder was rash and real while discussing the "friend zone," an area that many women feel stuck in when it comes to their relationship with their crush. If someone's been lingering in that place with their love interest for too long, "it's indicative that you make better friends than romantic partners – otherwise, something would have already progressed. It's

harsh, but it's honest!"

In the spirit of her own shining entry into Hollywood, she details her thoughts on how a busy, career-focused woman could better balance her professional goals with her relationship hopes. She remarks that it's important to know why both are big parts of your life, rationalizing, "If I weren't able to focus on my career and do a good job at my work, I wouldn't be a happy person or a suitable partner. So I know that my work is important for me to be a whole person, which is good in a relationship."

After a little thought, she adds, "Having that warm human interaction and affection of a relationship and love, someone's who just there for you, is equally important too."

You can keep up with Jamie on Twitter @jghyder and www.facebook.com/jamiegrayhyder! You can catch her on Graceland on Wednesday nights at 10/9 c on USA.