

# Date Idea: Go Back to College!



By Shannon Seibert

You may have graduated years ago, but college life is still just as fun! As a fun weekend date idea, head back to your alma mater with your sweetheart to check out a football game, watch a performing arts group, and visit your favorite university bar or restaurant.

**Related Link:** [Date Idea: Relive High School Memories](#)

## Take a Trip Down Memory Lane With

# This Weekend Date Idea

You invested four years of your life into a place that you never thought would mean so much to you. Whether or not college is where you and your honey met, college towns are still a haven for memories, both old and new. For this nostalgic [date idea](#), take your love to all of your favorite buildings. Most universities allow public access to their libraries, informational buildings, and eateries. This way, you can even give your guy a personal tour of where you used to prep for exams and sneak in a quick study break for good measure.

Show him the sites that made you fall in love with campus, like the enormous oak trees, the daisy garden, or the baseball field. For University of Florida alumni, Ben Hill Griffin Stadium has never been a disappointment! As the two of you explore, you can chat about your favorite college memories and give each other insight on how you became who you are today. Considering this little piece of dating advice will definitely strengthen your relationship and love!

College isn't just about the campus either. It's about being independent for the first time and being on your own in a new town. Encompass that feeling all over again and head out on the town with your man. For a sweet and delicious date idea, visit the ice cream shop where you spent every Sunday afternoon. A double fudge sundae is always the best item on the college diet menu anyways!

**Related Link:** [Date Idea: Freaky Friday](#)

Talk with your honey about your awkward first college date at that hole-in-the wall restaurant – or even stop in for a burger. Restaurants and nightlife are a huge part of the college experience, so try and see if you still have that college spirit in you. Bar hop from Fat Tuesday's to the dive bar next door. The bartenders are also a great source of

information, so order a couple of peach-mango margaritas and learn about the changes the town has undergone since your last visit. This way, your sweetheart can take part in the town's history with you.

**What are some of your favorite college memories? Tell us below!**

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## **10 Ways to Give Thanks To Your Partner**



By Molly Jacob and Melissa Tierney

It's that time of year to give thanks for all the good fortune



we have in our lives. Whether it be a successful career, good health or a great family, there's no better way to celebrate Thanksgiving (or strengthen your relationship) than by acknowledging your partner, lover or spouse. We tend to overlook the person who matters most to us, and that's why we've come up with 10 ways that will show your sweetheart how grateful you are that they're in your life:

**1. Make a handcrafted gift:** A great way to show your partner that you truly care about them is to give them a present with a lot of thought. It shows you took the time to create something special for them, so bring out your creative side and make a handmade memento, such as a knit scarf or painted picture frame.

**2. Take a trip:** Plan a romantic getaway for the two of you, and create new memories. Instead of spending the holidays with your family and following old traditions, create your own that will hopefully stick for years.

**Related:** [Olivia Wilde and Jason Sudeikis Enjoy Weekend Getaway in Boston](#)

**3. Do their chores:** Nobody likes to [vacuum](#) or dust, but somebody has to do it, especially if you have guests visiting for the holiday season! Offer to take over whatever household tasks your loved one dreads the most to show that you'll do anything to show them how much they mean to you.

**4. Create a scrapbook:** People love looking at old photos that remind them of good times, so put together a collection of photos and other objects, such as movie ticket stubs, that will bring back fond memories. Not only will your partner enjoy reflecting on your relationship, they'll hold onto this precious scrapbook for years to come.

**5. Help your partner:** The holiday season can be stressful for everyone, so take the time to see what your love needs help

with, such as cooking for a dinner party or holiday shopping. Your partner will appreciate your support during this busy time.

**6. Say how you feel:** Nothing is more meaningful than the words, "I love you," so why not give thanks by sharing how you feel? Leave a love note taped to your honey's bathroom mirror or packed in their lunch!

**7. List their best qualities:** Although your partner knows you love them, sometimes they might want a reminder about why you do. Write a list of all their best qualities, and handwrite it or print it out on nice stationary so they'll be able to treasure it forever.

**8. Have a romantic night:** One of the best ways to give thanks to your companion is to have a nice, simple, romantic evening for just the two of you. Snuggle up by the fireplace with a cup of hot cocoa and enjoy each other's company.

**Related:** [Zac Efron Is Dating Sami Miro](#)

**9. Start a gratitude journal:** Buy a notebook or journal for the two of you to write down what you appreciate most about each other. This can be great to look back on if you ever face difficult times and serves as a nice reminder about why you two care for each other.

**10. Say thank you:** What better way to give thanks than by saying, "Thank you for being you"? This may seem simple, but saying these simple words is something we often take for granted.

**What other ways can you give thanks to your partner? Share your thoughts below.**

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# Exclusive Interview: Eric Berniker on Pirate's Booty Float in Macy's Thanksgiving Day Parade: "We're Excited to Be a Part of That Family Tradition"



By Cortney Cordero

Each year, on the morning of Thanksgiving, many families around the country tune in to watch the Macy's Thanksgiving Day Parade. This year, the parade embarks on its 88th journey through the streets of Manhattan, but some floats are making

this well-known trek for the first time. Pirate's Booty, an American smart snack food company best known for their rice and corn puffs, is debuting their first float for the event, a pirate ship named the "Treasure Hunt" that measures 40 feet tall, 38 feet long, and 8 feet wide.

## **Exclusive Interview with Pirate's Booty Executive**

In an [exclusive interview](#), Eric Berniker, Vice President of Consumer Engagement and Innovation at Pirate's Booty, recently chatted with us about the experience of participating in this famous parade. "Over the past few months, Pirate's Booty has worked closely with the Macy's Design Studio to bring the pirate ship float to life," he says. "We were thrilled to unveil the float at Macy's Studio Day last week."

**Related Link:** [John Piper on Thanksgiving Day Parade: "Enjoy It With Somebody Special!"](#)

For Thursday's special event, this larger-than-life float has to condense down to travel from the Macy's Studio in New Jersey and through the Lincoln Tunnel before taking its place in the lineup for the parade. After that, the float will make its way from 77th Street down to 34th Street to stop in front of the famous Macy's storefront. Sabrina Carpenter from Disney Channel's new show *Girl Meets World* is set to perform on the float. Plus, the Pirate's Booty characters Crunchy the Parrot and the Pirate will be on board.



The Pirate's Booty Pirate in front of the "Treasure Hunt" float. Photo: Mark Tully/Pirate's Booty

In addition to getting their new float ready, Pirate's Booty has been running a contest called "Share Yarr Thanksgiving Traditions," which gives some lucky fans the chance to win an all-expense paid trip to New York City and experience the Macy's Thanksgiving Day Parade from VIP seating in 2015. "We've received so many great submissions, but two of our favorites include: Dana S. from Texas, who said her favorite Thanksgiving tradition is going to feed the homeless early in the morning so that everyone can have a great Thanksgiving, and Arlene V. from Minnesota, who said her family carves a pirate out of a block of butter so they can use it on their Thanksgiving table as decoration," Berniker shares.



**Related Link:** [How Celebrities Celebrate Thanksgiving](#)

This year, the smarter snacking company is thankful to get the chance to show their stuff in the parade. “The Macy’s Thanksgiving Day Parade is a part of what makes Thanksgiving such a uniquely American holiday, bringing wholesome fun into millions of homes year after year,” Berniker explains. “We’re excited to be a part of that family tradition and to bring Pirate’s Booty to life with the ‘Treasure Hunt’ float.” For those who are unfamiliar with Pirate’s Booty, the snacks are non-fried, gluten- and additive-free. Currently, they produce the puffs in four different flavors: Fruity Booty, Aged White Cheddar, Sour Cream and Onion, and Veggie. “Pirate’s Booty Aged White Cheddar is our most popular flavor,” says Berniker, who also lets us in on things to come. “Next year, Pirate’s Booty will release new, delicious flavors!”

*Tune in to NBC on Thursday, November 27th at 9 a.m. (all time zones) and witness the “Treasure Hunt” as it takes its inaugural sail down the streets of Manhattan. Happy Thanksgiving!*

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## How Celebrities Celebrate Thanksgiving





By Meghan Fitzgerald and Molly Jacob

Thanksgiving is one of the most family-oriented holidays in the United States. Relationships strengthen as families come together in celebration. As fall has now arrived and the leaves have begun to fall, new romances blossom and couples gather at their family houses for a lovely meal. Even celebrities are getting in the spirit of the holiday. Find out how these celebrities celebrate Thanksgiving:

**Ellen DeGeneres:** DeGeneres will be one of the celebrities not eating turkey this season. In 2011, she was Farm Sanctuary's *Adopt-A-Turkey Project* spokesperson, encouraging people to donate money to this organization to adopt a turkey instead of eating one at Thanksgiving dinner. DeGeneres and wife Portia de Rossi are both vegan.

**Oprah Winfrey:** According to *UsMagazine.com*, Winfrey celebrates her Thanksgiving with sweet potatoes spiced with freshly pickled rosemary. She also shared her top secret cranberry recipe with the source. Winfrey keeps a gratitude journal where she records five things she's thankful for. "I've

learned from experience that if you pull the lever of gratitude every day, you'll be amazed at the results," she said.

**Katie Holmes:** Holmes has been spending her Thanksgivings with her immediate family post-split from Tom Cruise. Holmes also runs an annual local turkey trot, according to *Huffington Post*.

**Related:** [Making Special Occasions Comfortable for Children After Divorce](#)

**America Ferrera:** The actress spends the day with her family and director husband Ryan Piers Williams. While she does her part in the holiday preparations, she says she stays away from the main event: "I don't get very close to the turkey . . . That's not my specialty. I let other people do the Turkey," she told *UsMagazine.com*.

**Related:** [10 Ways to Give Thanks to Your Partner](#)

**Kirk Douglas:** Many celebrities volunteer at the Los Angeles Mission on Thanksgiving, and Kirk Douglas is there every year doing his part. The 97 year-old Hollywood icon can be seen dishing up food to those in need. The charity has a center named after his wife, Anne Douglas.

**What are some unique ways you celebrate Thanksgiving? Share your experiences below.**

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**Macy's**

**Exec**

**Talks**



# Thanksgiving Day Parade in Exclusive Interview: “Enjoy With Somebody Who’s Special to You!”



By [Sarah Batcheller](#)

If there's ever a time to step away from the hustle and bustle that life throws at you, it's the holiday season, which begins with Thanksgiving. For those of you who love plopping down in front of the television with family and friends to watch the Macy's Thanksgiving Day Parade, you owe all the bliss and excitement to John Piper, Vice President and Creative Director of the Macy's Parade Studio.



**Related Link:** [Date Idea: Thanksgiving for Two](#)

Piper is happily anticipating the new Thomas the Tank Engine balloon that will be featured in this year's parade. He says we'll be "going from being a train on the tracks to a train flying high in the sky!" The creative craftsman says that his team works year-round to prepare for the parade, and it took about eight and a half months to build Thomas.

## **Relationship Advice for Enjoying The Thanksgiving Day Parade with a Loved One**

The handyman believes that the parade is an exceptional opportunity for couples to build long-lasting traditions. Sharing his best [relationship advice](#), he expresses, "The parade is a celebration of our culture; it's a celebration of our time. It brings together giant characters floating in the air. There's something for everybody to enjoy, so enjoy it with somebody who's special to you."

It's no secret that love is in the air during the holiday season. In our exclusive interview, Piper reveals, "Of a team of 200 people...3 couples have gotten married who have met each other inflating balloons!" He also happily proclaims, "You never know who Thomas might bring together for the first time and set them on track for a long relationship."

**Related Link:** [Cupid's Weekly Round-Up: Navigate Thanksgiving Weekend](#)

Togetherness is the biggest blessing that the parade brings to families. "I look at the sidelines as I'm working, and I see nothing but kids – it doesn't matter how old they are; they're all kids!" he explains. "They're all just in awe about what they're seeing and experiencing together."

*Be sure to catch Thomas the Tank Engine and the other amazing balloons during this year's Macy's Thanksgiving Day Parade, airing on Thursday, November 27th at 9 a.m. on NBC!*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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# **Date Idea: Escape Black Friday**



By Shannon Seibert

Sure, Black Friday sales are tempting, but they can also be super crazy. Going shopping in that chaos can flare some

tensions between you and your sweetheart. The overwhelmingly massive crowds and lines might test the limits of your relationship and love. So consider this piece of dating advice: Spend this weekend inside with your love, tracking the deals online and planning shopping trips for calmer days. Embrace your inner child and prepare your lists for Santa Claus too.

**Related Link:** [Date Idea: Deck the Halls](#)

## **Avoid Black Friday With Your Honey, Thanks to This Dating Advice**

Black Friday is the Superbowl of shopping. Everyone is aggressively pursuing the items on their wish list while ambushing sales clerks and demanding their assistance. But in this day and age, Cyber Monday has become our saving grace. For a comfortable and stress-free date idea, shop with your honey from the comfort of your couch! This way, you can shield yourself from the frosty weather and enjoy online buying by a crackling fire. Grab a plate of Thanksgiving leftovers while you browse the sites for deals.

Start a pot of caramel espresso coffee and prepare yourself for the shopping Olympics. Stores such as Target, Macy's, and Best Buy usually do a sale preview before the event, giving you and your love a chance to adequately prepare your holiday list. Cyber Monday is unique in that some shops have online sales that *aren't* featured in stores. Do a little research before you start so you'll be sure to cover all of the bases, making your friends envious of your superior shopping expertise.

**Related Link:** [Date Idea: Pick Your Own Presents](#)

Together, make your Black Friday lists, organizing them from most important items to least. For instance, if your

sweetheart is looking for a Lifeproof iPhone case, Amazon.com is your best bet for deals. What's even better is that if the price lowers within a month of your purchase, you can shoot an email to Amazon, and they will refund you the difference. Consider this organizational piece dating advice so that you and your partner can spend less time being frustrated and more time finding the perfect gift for each other.

You can't forget about the big man in the North Pole! Mr. Claus has been a part of Christmas traditions since the beginning of time, so why stop now that you're an adult? With your holiday hunk, write your lists for Santa. Make sure to include all of your Christmas wishes! While you do so, munch on adorable gingerbread cookies and sip some cinnamon-infused hot cocoa. With this out of the box weekend date idea, the holiday mood will begin to set in, only adding to you and your love's anticipation for the upcoming festivities.

**What's on your list for Black Friday this year? Share with us in the comments below!**

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**Author Gina Vucci Defines  
Consciousness and What True  
Intimacy Is In 'The  
Relationship Handbook'**







By [Sarah Batcheller](#)

Gina Vucci is a “soccer mom” to three kids in the Bay Area. While her day-to-day schedule is stirring with the practical tasks of carpools and parent-teacher conferences, she has found extraordinary ways to add richness and fullness to her life. Vucci took a deeper look at her relationship as a way to better understand her true self. Her new book, *The Relationship Handbook: A Path to Consciousness, Healing, and Growth*, co-written with Shakti Gawain, uncovers the mysteries of the subconscious in order to shed light on the parts of our selves we may want to nurture a little more. CupidsPulse.com had the pleasure of discussing life and love with the author.

**We love that, in the title of the book, consciousness, healing, and growth are grouped together in that order. Can you tell us why consciousness is so important as the first step in finding healing and growth?**

The idea of the book is that our relationships provide us with opportunities to become aware of ourselves – who we are, what

motivates us, what we're attracted to, and what we reject. In the context of this book, how we describe consciousness is having awareness over all of who we are: the good, the bad, and the ugly. How do we use our relationships to navigate through our lives? How do we use the painful situations to grow from them? And how do we find balance through that consciousness and awareness? That's how consciousness got its placement.

**Related Link:** [Finding Your True Destiny After Losing Love](#)

### **How can people incorporate consciousness into their daily routines?**

In the book, there are a basic set of principles that are from a body of work called the psychology of self. We draw on that, and we sort of lay the foundation for what this work looks like. The basic concept is that we grow up; we develop different aspects of our personalities; and we begin to discern what works for us, what doesn't, in which ways are our needs met, and in which ways we experience rejection.

So on a day-to-day basis, this practice would mean asking yourself, "What aspects of my personality are driving me at this moment?" I could be at a public event, and I could see that there's a part of me that's being super social and wanting everyone to like me. That's one part of me, but there might be another part of me that's feeling shy, uncomfortable, and awkward. Recognizing that I have a more gregarious side and also a side with more vulnerability allows me to be more conscious and balanced. I can recognize how much I'm putting myself out there or how much I'm holding myself back.

Through this model, you can sort out what was driving it or what you were looking for. You can ask yourself, "What part of me was having this conversation?" and "What part of me was my shadow side?" Your shadow side is what you're not aware of. By having this awareness, I can use those opportunities; I don't

have to get my feelings hurt, and I can change the shape of the friendship or relationship. I can actually use that to feel more comfortable with myself and with that person.

**One of the major themes in the book is the “mirror of relationships.” After a breakup, how can someone use that relationship as a lens into their self?**

In mirroring, we look at both aspects, so there's admiring and attraction, and there's judgement. A lot of the time it's a lot easier to access judgement! In our workshops, we lead an exercise around judgement, and it's very helpful. It's all about looking at the other person and how you're either admiring or rejecting them. They're mirroring us; they're reflecting back information about who we are and what parts of our personality are dominant versus what we might have shadowed.

Let's say I'm in a relationship, and my partner is really self-centered and judgmental. I could use those reflections as information for me. I need to look at what value that quality in them would have for me. If I'm not very tolerant or accepting of other people's opinion because I think my way is the right way, I may need to be more open-minded about people and their roles in my process.

**Can you give an example of a common problem you've seen couples face and how you would advise them to “look in the mirror” in order to better themselves?**

Usually, there is one partner who is more outgoing and wants to be more active and social, and there's one who's more of a homebody and wants to have more quiet time. In the book, we break it down more, but in essence, when we're the outsiders, we can see the value of someone who always has a busy schedule being with a partner who prefers a lot of downtime, contemplative time. The benefit of the more outgoing one is that they can tone it down or cut it back to figure out what's

driving them to keep their schedule so full. The less outgoing partner could still honor their rhythm, but they could also look at how they're holding their self back. Is there some fear or insecurity there?

**Related Link:** [How to Prevent Yourself from Rushing into a Relationship](#)

**Going off of that, another theme is balancing closeness and independence. How can someone balance these two ideas when they're in a committed relationship?**

I think that we value all of the different energies that are within us and that are expressed in relationships. We value each aspect of our personalities because each one makes us whole. So in a relationship where you're trying to balance independence/autonomy with intimacy, you would look at it more like you were holding a balance. Our conscious self has the capacity to be intimate and experience closeness while staying autonomous.

I think that intimacy and closeness means sharing in a safe way, in a safe relationship, and that makes our relationships, friendships, and family connections more rich. A huge part of that, though, is making sure you're able to be vulnerable on your own. Sometimes, what I might do is take the child that's inside of me and put it on someone's lap and expect them to take care of it. True intimacy is being able to take care of myself but also being able to share those fears and that vulnerability.

*You can buy a copy of The Relationship Handbook on Amazon or at your local bookstore. To keep up with Gina, check out her website, <http://soccermomspirituality.com/>.*

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# Claire Robinson on Holiday Cooking: “You Have to Remember What Thanksgiving is All About”



Interview by [Lori Bizzocco](#). Written by Shannon Seibert.  
*5 Ingredient Fix* host Claire Robinson knows a thing or two about the fear of hosting Thanksgiving dinner and how to deal with it head on! Plus, she offers relationship advice that will heat up the kitchen this holiday in our exclusive interview with her .

# Exclusive Interview: Claire Robinson's Best Holiday Cooking Tips

"It stresses everybody out – the veterans are stressed too!" she says of holiday cooking. In our celebrity interview, the *Food Network* star advises us to forget the pressures of a full household and stick to the staples. "You have to remember what Thanksgiving is all about," she shares in our [celebrity video exclusive](#). "To me, that is the easiest way to get that pressure to start to release and enjoy your time in the kitchen a little more."

**Related Link:** ['Food Network' Host Claire Robinson Says, "Food Is the Key to Passion"](#)

Of course, we had to ask the chef about the best desserts for the Thanksgiving season too. "Pumpkin is always the classic, but put a little bit of chocolate in there," the celebrity chef suggests.

Robinson also chatted about a cause close to her heart: Unilever's projectSunlight, which helps create a brighter future for children. "There's one in five children in America actually struggling with hunger," she reveals. "That's 16 million children." She encourages people to participate this holiday season by purchasing Unilever products; the proceeds will fund projectSunlight.

*To keep up with Claire, follow her on Twitter @clairerobinson5.*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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# Finding New Paths in 'Elsa and Fred'



By [Courtney Omernick](#)

Elsa, a positive and upbeat woman, meets Fred, a depressed and crabby man, when he moves into her apartment complex after his wife passes away. What starts out as a friendship turns into something more when Fred starts to realize that Elsa's attitude toward life makes her a beautiful person.

**Should you see it:**



If you enjoy stories of change, relationships, and enlightenment, then this film is for you! The movie also features a great cast with members such as Shirley MacLaine, Christopher Plummer, Marcia Gay Harden, and more.

### **Who to take:**

This romantic comedy would be great to see with your family, friends, or your significant other.

### **How can you change your partner's sour attitude?**

#### **Cupid's Advice:**

Everyone has their good and bad days, but sometimes, it can seem like a person is stuck in the negativity and letting their poor attitude weigh them down. It can be especially depressing when you're having the time of your life, and your significant other is on the other end of the "fun spectrum." Below are a few suggestions as to how you can help change your partner's sour attitude.

**1. Be the example:** Some psychologists say that we begin to act like the individuals we spend the most time with. So, if you're significant other is spending time with you (as they should be), make sure that you're setting the positive tone and being that "role model" that they look to for guidance on how to act.

**Related:** [Andrew Garfield Attends Girlfriend Emma Stone's Broadway Debut](#)

**2. Stay Positive:** Even when you're stuck in a sticky situation, stay positive. Make sure that your partner understands how you've managed to stay cheerful so that they know how to act once a similar scene takes place.

**Related:** [Idina Menzel Discusses 'Slutty' Dating Style](#)

**3. Show them how much fun you're having:** Showing someone how



it's done is generally more effective than telling them. And, usually, if people see you're having fun, they'll want to know how they can join the party. Make having a positive attitude seem as effortless and rewarding as possible.

**How can you change your partner's sour attitude? Share your stories in the comments!**

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## **Is It EVER Appropriate To Date Your Friend's Ex?**



By Maggie Manfredi

When it comes to the biffle bible, it is safe to say that the

commandment, "Thou shalt not date a friend's ex" is at the top of the list. Friendship is based on trust and honesty and so are monogamous relationships. However, it is always important to follow your heart and to do the things in life that make you happy, so is there an exception to this rule? Possibly, but handle the situation with care. There are many factors and steps to take into consideration before you proceed.

Dr. Deb Castaldo, author of *Relationship Reboot* says, "First and foremost is you must have permission from your friend." So, take your friend out for coffee and spill the ex boyfriend beans. As a third party to their previous relationship, you should have a good idea of how it ended and if they are on good terms as individuals. Even if the break up was the opposite of Taylor Swift's "Blank Space" music video, you still need to ask your friend if what you are about to do is okay. This shows you care about their feelings and want their respect and blessing. Depending on how the conversation goes, here are 10 things to consider:

1. Do not get intimately involved with this potential partner prior to having a conversation with your friend.
2. Make sure plenty of time has passed, as it takes awhile to heal after a breakup and your friend will need that time.
3. Do not keep secrets from your friend or her exp; in this situation, being open and honest is key.
4. Be considerate of your friend's feelings. This person was in their life first so it will be tough for them to picture you filling the same role that they did.
5. If your friend says no, it means no. Try not to burn a bridge.
6. Don't be afraid to shop around. Dr. Castaldo says, "There are plenty of fish! You may be better off searching elsewhere

for a date and a potential mate. “

7. If your friend gives you their blessing, ease into the relationship. Be considerate in social settings with mutual friends, and on social media posts.

8. Though your bestie may have given you the go-ahead, they still might feel hurt or vulnerable with this new information. Make extra time for them because they have been very good to you.

9. If your friend asks you not to date this ex, try not to take it personally. Keep moving forward and be happy to know that your friend is not bullshitting you.

10. Be kind to the people that surround you. You never know when heartache will strike and you will be glad to have real and true friends by your side.

**Have you been in this situation before? We would love to hear your perspective! Share with us below.**

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**Celebrity Stylist Derek Warburton on Holiday Fashion: “If You’re Meeting the Family, Wear the Softest**

# Cashmere Possible”



By [Sarah Batcheller](#)

“Fabulous” hardly begins to describe Derek Warburton, a celebrity stylist, media personality, and master of all things fashion. He has dressed the likes of Beyoncé Knowles, Jessica Alba, and numerous Victoria’s Secret models. His love for New York City street style translates into the artistic chicness of his styles, and he has a keen eye for popular trends. Warburton has a slew of tips to offer to the everyday gal, including dressing for day-to-night or planning an outfit for an office party. In our exclusive interview, we chatted with the style guru about holiday fashion as well as fun looks and date ideas for the rest of the year!



# Celebrity Stylist's Best Fashion Looks and Date Ideas

For starters, Warburton suggests two hot trends to consider working into your wardrobe this winter: "This year, it's all about the faux fur. I'm really pushing faux fur because there are so many fun things you can do with it: It can look really fun and feminine on a girl. You can do a faux jacket or a fun accessory, and it just livens up your look. I'm also talking a lot about leather in multiple colors. A burgundy, forest, or even cream-colored leather can be really fun, especially in a skirt." The trend-lover recommends the pleated accordion skirt as an addition to any winter wardrobe, reminding fashionistas with curvy body types to choose longer skirts and those with slimmer bodies to wear shorter ones.

**Related Link:** [Bobbie Thomas on Date Night Fashion: "If You're Looking to Have a Good Time, Don't Be Uncomfortable!"](#)

The tell-it-like-it-is fashion adviser gives some notable fashion [dating advice](#) for different holiday occasions. All of you office-chic stylistas out there, have no fear! "It's all about the button-up shirt," he says of transitioning an outfit from day to night. "If you're wearing a big cardigan and a button-up during the day, a lacy bra is the hottest thing to wear underneath for day-to-night. Just unbutton the shirt a little when it's time to go out." Warburton also suggests chandelier earrings and colorful bangles as must-have accessories to compliment your nighttime look.

Speaking of work, if you're hoping to be caught under the mistletoe at your office holiday party, he insists you must not overdo any part of your outfit, being that you're still in a professional environment. "Gorgeous chic is what I suggest, something very, very simple," says Warburton. "Add something a little sexy, whether it be a pop of color or a pair of heels."

# Relationship Advice: Meeting the Family

He goes on to describe appropriate attire if you're going home with your honey for the holidays and meeting their family for the first time. "Generally, the cleaner, the better. You want to look really tailored and sleek. If it's family you're meeting, you should always look like you're put together with a little bit of personality," he says of his best relationship advice. "Also, wear fabric that feels really good. When someone comes in for that hug and you feel warm and cozy, they're going to have that feeling about you! Try and wear the softest cashmere possible because then everyone is going to want to touch you, which will make them feel more comfortable with you."

As for ringing in the New Year, if you want to escape the cliché of glitter and sparkles, Warburton says, "Metallic metal is huge. Also, you can't be afraid to shine up the room with winter whites. The creamy, clean feel is big all around the world right now!"

**Related Link:** [OK! Magazine New York Fashion Week Celebration](#)

Being in love with New York City street style, the celebrity stylist says that a date night look inspired by such fashion should be feminine yet balanced. "A dress and a high-heeled boot is a good look," the celebrity stylist claims. "I always tell girls to wear a dress, but you've got to pick showing off some cleavage and wearing a longer skirt or a shorter skirt with a higher neck."

If we weren't already excited for holiday fashion, we sure are now! More of the style sage's favorite looks can be found on his new website called [Instafabulous.com](#), where top model's Instagram posts will be shared and discussed. Furthermore, Warburton will be touring Texas, New Mexico, and Vegas,

discussing the hottest trends for the holidays.

*You can get a glimpse of Derek's favorite styles by liking him on [www.facebook.com/derektfabulous/](http://www.facebook.com/derektfabulous/) and following him on Twitter @derektfabulous!*

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## Date Idea: Give Thanks for Your Health



By Shannon Seibert

While you may be tempted to feast this holiday season, you and your love can both benefit by choosing healthier options. As a pre-Thanksgiving weekend date idea, spend the weekend prepping

for the holiday with healthy versions of your favorite meals and planning a winter workout regimen.

**Related Link:** [Date Idea: Friendsgiving](#)

## **Relationship Advice for You and Your Love to Get Healthy This Thanksgiving**

People mistake healthy eating for bland food, which is definitely not the case. Get cooking in the kitchen with this delicious [date idea](#). Put together some indulgent dishes with your honey that will fool your tastebuds about calorie content. The Food Network has a plethora of gluten-free, trans fat-free, vegan, vegetarian, and other healthy alternative recipes that are easy to make and heavy on the flavor.

Playing chef with your sweetheart can also inspire a heart-to-heart talk about your health. Being healthy and in good shape with your partner is a piece of relationship advice we easily take for granted. So pour a glass of Cabernet Sauvignon (good for your heart!) and tell each other what you're thankful for. Simple life pleasures – such as being able to run or having an above-average immune system – are something to appreciate.

As you progress in your healthy lifestyle with your honey, consider this piece of love advice: Tell your significant other that you're thankful to have such a wonderful, motivating partner that inspires you to be a better person. Having a positive attitude and sharing words of encouragement will help you and your partner to improve your health.

Proper exercise goes hand in hand with healthy eating, so this winter, keep warm with your love by getting active. Together, make a chart displaying a weekly workout regimen. Ask your honey what muscles he wants to focus on and channel that



inspiration into a tag-team exercise plan. Google some winter-inspired workout ideas that will help you and your beau survive the cold weather.

**Related Link:** [Date Idea: Get in the Game](#)

To really turn up the heat this winter, why not try out hot yoga for a active date idea? Most classes are 100 minutes long in a 100-degree room and incorporate multiple styles of yoga. Watching each other stretch in all directions as you drip in sweat from the intense heat can actually be sexy. Who knows, you may take away a few new moves to try out later at home.

Cool off afterwards by stepping outside into the crisp, cool air or just nibble on some Edy's Chocolate Trinity ice cream (hey, you earned it!). Enjoy the feeling of doing something great for your body with someone who holds such a special place in your heart.

**What are you thankful for this Thanksgiving? Tell us in the comments below!**

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## Top 10 Most Loving Celebrity Husbands





By [Courtney Omernick](#)

It's no doubt that there are many celebrity men we adore and would love to be with. And, there are definitely a few celebrity wives that make us jealous. Below is a list of the most loving celebrity husbands. And, we'd like to remind their wives how lucky they are!

**1. Tom Hanks:** His marriage to Rita Wilson has set the record in Hollywood with the two being together for 25 years. Tom's stated that it feels like he's been married to Rita for only two years because it's gone by so quickly and he's having so much fun with her.

**Related:** [The First Official Look at Chris Soules on 'The Bachelor'](#)

**2. Tim McGraw:** Is there a better love story than Tim McGraw and Faith Hill? The country duo has been making it work since 1996 by vowing to never spend more than three days away from each other, creating joint tours, and beautiful love duets.

**Related:** [Ricki Lake Files for Divorce From Christian Evans](#)

**3. Barack Obama:** Yes, being the President is the toughest job in the United States and puts a lot of pressure on the family. But, somehow, Barack makes keeping a marriage together look flawless. Barack always comments on how he couldn't do what he does without Michelle by his side, displays his affection in public, and makes time for his family.

**4. Justin Timberlake:** It's still hard to believe that this guy is off the market, but he makes the best husband! It's been said that Justin's album that was released last year is full of love songs dedicated to his wife, Jessica, and that when she's at one of his concerts, he sings them right to her.

**5. Keith Urban:** The country singer fell in love and married Nicole Kidman eight years ago and they have two lovely daughters together. In a recent interview, Nicole talked about how Keith is an amazing man, would do anything for her, and how he carried her physically and emotionally over the past few months while she was dealing with the passing of her father.

**6. Michael J. Fox:** Being a star that has battled so much, Michael always lets the press know how much he adores his wife. Michael and Tracy started a foundation to raise money for Parkinson's research and they've been by each other's side since the 80s. Michael was quoted in Redbook Magazine stating, "The best thing that ever happened to me was getting married."

**7. Ben Affleck:** Whenever Ben is on a talk show, you can always find him giving compliments to his wife, Jennifer Garner. And, when Ben accepted his Best Picture Oscar for Argo, he thanked her and openly talked about all of the hard work they'd put into their marriage.

**8. Brad Pitt:** Brad recently married Angelina, but they already have a wonderful history together. He's been by Angie's side through her scare of breast cancer, their multiple adopted children, and more. He's stated that she makes him a better

person, and that he's lucky she's in his life.

**9. Channing Tatum:** The actor met his wife on the set of Step Up, and the rest is history. Channing can't say enough nice things about his beautiful bride and always compliments her as a mom and all-around amazing human being.

**10. David Bowie:** Most people would be surprised that a marriage between a rock star and a supermodel would last two decades. But, in the case of David Bowie, it has. His wife, Iman has stated that David still takes her on date nights and makes her laugh like no one else does.

**What celebrity husbands did we miss? Let us know in the comments!**

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## **10 Celebrity Love Affairs with "Normal" People + 'Beyond the Lights' Giveaway!**





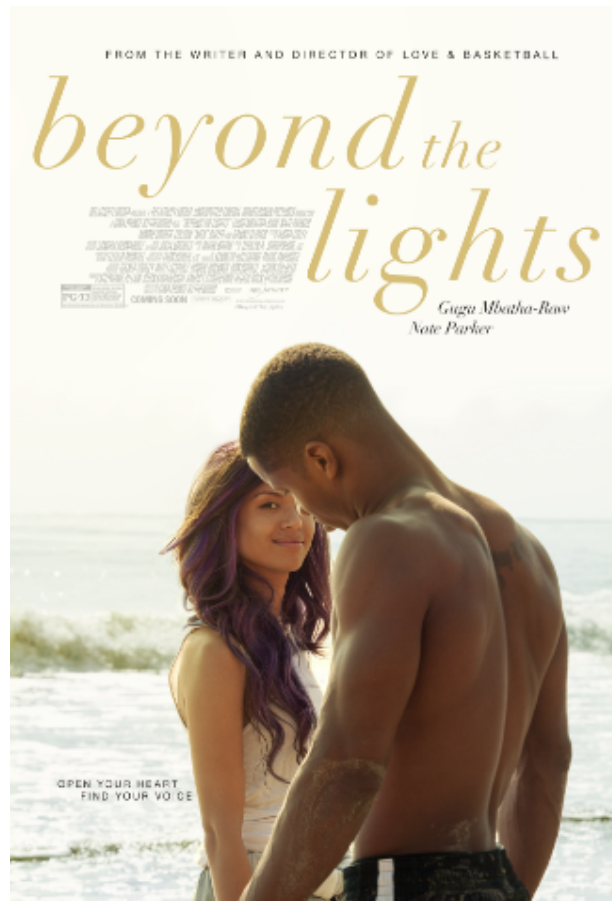


*This post was sponsored by Beyond the Lights.*

By [Sarah Batcheller](#)

We all love to see it when a person who lives in the limelight finds love with someone who is so-called “normal” – someone who does their own grocery shopping and works regular hours to make a regular paycheck. Maybe it’s because we like to fantasize about the possibility of finding love with a celebrity ourselves...or maybe it’s because romances like these prove that love knows no boundaries.

In the new film *Beyond the Lights*, premiering on Friday, November 14, pop star Noni falls in love with a police officer named Kaz, assigned to protecting her. In honor of the unlikely yet heartwarming relationship depicted in the movie, we’ve decided to pay tribute to 10 celebrity love affairs with normal people.



'Beyond the Lights' movie poster.

**1. Kevin Jonas and Danielle Deleasa:** Jonas spotted the former Jersey hairdresser while both were on vacation in the Bahamas with their families. He approached her, and their love blossomed from there. The two are now married and have a daughter.

**2. Elizabeth Banks and Max Handelman:** The *Hunger Games* star met her now-husband, a sportswriter and producer, in college in 1992. Banks converted to Judaism upon marrying her true love, and the couple has two sons.

**3. Anne Hathaway and Adam Shulman:** Hathaway's own princess diaries came true when she married the jewelry designer in 2012, a few years after her previous beau was sent to prison on serious fraud charges.

**Related Link:** [Are Chris Martin and Jennifer Lawrence Back Together?](#)

**4. Jon Bon Jovi and Doratheia Hurley:** The rock legend married his high school sweetheart in a Vegas chapel in 1989. They now have four children together.

**5. Jessica Alba and Cash Warren:** In 2008, the *Fantastic Four* beauty married the son of actor Mike Warren. They now have two adorable daughters, Honor and Haven.

**6. Jimmy Fallon and Nancy Juvonen:** Everyone's favorite comedic TV personality married his lover, a film producer, back in 2007. The two, who were introduced by Drew Barrymore, are proud parents to their daughter and golden retriever.

**7. Julia Roberts and Danny Moder:** Roberts met her cameraman-hubby on set in 2000 while both were still in other relationships. Since marrying in 2002, the couple has welcomed three children.

**Related Link:** [Jessica Chastain Dishes On Not Dating Other Stars](#)

**8. Christian Bale and Sibi Blazic:** The brooding *Batman* star married Winona Ryder's former personal assistant in 2000. They now have two children and are active members of various environmental groups.

**9. Matt Damon and Luciana Barroso:** Damon married the former bartender in 2005, becoming the stepfather to her daughter. Since then, the couple has had three daughters of their own.

**10. Nicholas Cage and Alice Kim:** Cage married the former waitress in 2004 while the divorce proceedings of his previous marriage to Lisa Marie Presley were still taking place. Cage and Kim have a son together, who they named Kal-el after Superman.

~~**GIVEAWAY ALERT: One lucky reader will receive a *Beyond the Lights* prize pack with the following items: branded hoodie, branded lip gloss, branded make-up bag, mini poster,**~~



~~soundtrack digital download, and a \$25 Fandango gift card. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 25th. In the subject line, please write "Beyond the Lights Giveaway." You can also enter on [Facebook](#). You may enter the contest only once. Good luck!~~

Giveaway is now closed. Thank you to all who participated!

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# Athlete-Celebrity Power Couples







Brooklyn Decker and Andy Roddick

The professional tennis player and 'Sports Illustrated' swimsuit model have been dating since 2007. The adorable couple married in April 2009. Photo: Allen Berezovsky / PR Photos; Sylvain Gaboury/PR Photos

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## 5 Ways to Get Your Crush to Notice You





By Molly Jacob

Whether it's the new girl in your office or the cute barista at your local Starbucks that knows how to make your Caramel Macchiato just right, we all get crushes sometimes! The question is, how can you get your devoted to notice you so you can make that transition from crush to significant other? Cupid has some advice:

**1. Wear some new cologne or perfume:** Looking to get the eye of a crush? How about the turn of their nose? Apply some of your best *eau de toilette* when you know you'll be seeing your future honey. Distinctive smells will get them to notice and remember you.

**2. Put on something unique:** This is also something that can get the attention of your love. Whether it's a bright red headband or a sweater with an interesting pattern, it makes you stand out to your crush and could possibly be a good conversation starter.

**Related:** [Signs Your Crush is Into You](#)

**3. Pick up on the little things:** Being thoughtful is always appreciated. Pay attention to the object of your affection when he or she talks about the joys or stresses in their day. If they mention they have a tough presentation at work tomorrow, ask them in a couple days how it went! Your interest in their life will get them to notice you and your kindness.

**4. Show an interest:** Your potential boo probably has hobbies and other fun activities they like to do in their free time, so find out about them. Is he interested in football? Ask him about his favorite team. Is she interested in Italian cooking? Ask her for some recipes.

**Related:** [New Couple? Khloe Kardashian Parties with French Montana](#)

**5. Body language:** It is nerve-racking to be the person to make the first move, so let your gestures do the talking for you. Strong eye contact, leaning in during conversations, and lots of smiling gets the attention of your crush and lets them know that you're interested in taking it to the next level.

**How do you get your crush to notice you? Share in the comments section below!**

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**Weekend Date Idea: World Series Weekend**







By Shannon Seibert

If your honey loves baseball, celebrate the final weekend of the sport by gearing up for the game. To get in the mood and get ready for your favorite team to win, watch movies like *A League of Their Own* or *The Bad News Bears* or watch reruns of legendary games. Bonding with your partner over America's favorite pastime is a great weekend date idea that he will appreciate. Plus, it'll strengthen your [relationship and love](#).

**Related Link:** [Date Idea: Fall in Love with Falling Leaves](#)

## **Hit a Home Run With a World Series Weekend Date Idea**

Baseball is one of the most traditional American hobbies. Whether you're on the field or in the stands, there is something about a white sphere with red stitching that brings people together for the love of the game. With the World Series approaching, you and your man need to get into game day mode as well. Prep yourself for this weekend date idea with



recaps of recent games and make predictions on upcoming outcomes. You can even bet on how many runs each team will win by – the loser has to do the dishes tonight.

During those nine innings, things can get pretty intense, especially if you and your partner are on opposing sides. There is nothing sexier to a man than a woman who likes sports and actually knows what she is talking about. Don't be the fool who gets excited and exclaims "the batter hit a touchdown!" Instead, if you're unfamiliar with the rules and terms used, read up on the lingo in advance of this weekend date idea.

Men also like when their significant others share common interests with them, so consider this dating advice to make you irresistible to your partner. Once he sees you immersed into the action, he won't be able to tear his eyes away from you long enough to even register whether that last pitch was a ball or a strike.

**Related Link:** [Date Idea: Plan a Walk Around Town](#)

Another fun addition to this sporty date idea is having baseball-inspired snacks to keep your stomach satisfied as you eagerly watch the championships unfold. Pinterest has oodles of ideas that your man won't be able to resist. Also, you can go the more traditional route and snag a couple of bags of Cracker Jacks and boiled peanuts to quench your cravings. Once you and your love start munching, you'll feel like you're actually in the stands!

Even if it isn't the real thing, sports movies always teach us life lessons through the love of a sport. Classics such as *The Sandlot* and *Angels in the Outfield* show you that believing in something bigger than yourself is something worth believing in. The root of this belief is love, so remind your partner of how great you are together and cuddle close as you watch these movies again.

How do you and your man spend game days? Tell us in the comments below!

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# Khloe Kardashian on Relationships and Love: “Things Just Have to Happen”



By Emily Meyer

Khloe Kardashian is ready to meet Mr. Right! In this [Wonderwall.com](http://Wonderwall.com) celebrity interview, the 30-year-old talked to about relationships and love, her mom's new boyfriend, and her

plans with her family during the upcoming holiday season.

## Khloe Kardashian on Relationships and Love

The *Keeping Up with the Kardashians* star is on the hunt for her next beau, and she knows exactly what she wants. She reveals, “I think a sense of humor is the best thing.” However, you won’t find this Kardashian pursuing just anyone. “Things just have to happen,” she adds. “You can’t look for it.” Another must for the brunette is chemistry: “You have to connect with their chemistry. You have to feed off of that person’s energy.”

**Related Link:** [‘The Fantastic Four 2’ Actor Michael B. Jordan Says, “I Am Still Very Much Single”](#)

Despite how many times you assume that she’s been set up, she claims that’s not the case! She divulges, “I don’t think I’ve really been set up. Not anything that worked, or I would remember!” Sharing some relationship advice, she says, “I think it would have to be random. When you go and you premeditate something, it never works because you’re always expecting something, and it never turns out that way.”

## Celebrity Dating Rumors About Kris Jenner

As you probably know, she’s not the only family member looking for a relationship and love these days. According to celebrity dating rumors, her mom Kris Jenner has a new boyfriend, Corey Gamble, and Kardashian seems to be more than okay with it. She shares, “He’s such a nice guy. He’s just a really good person. And I just like to see my mom happy, so it’s a good thing to see.”

**Related Link:** [Khloe Kardashian Approves of Kris Jenner's New Beau](#)

She also talks about her feelings regarding stepfather Bruce Jenner dating again. She says, "It's weird when your parents date. But I'm just happy that both of them are happy and they are in a good space. They should be with someone and be happy."

Although her parents are on the outs, the reality queen insists their holiday season will be as normal as ever. She even reveals, "Bruce is totally going to be at the holiday party. There is no bad blood between them. They were married for like 23 plus years. Things fizzled out, but we all still see Bruce and talk to him everyday. He's still my dad."

*For the rest of the interview, visit [www.wonderwall.com/entertainment/khloe-kardashian-talks-mothers-new-beau-and-finding-mr-right-30622.gallery](http://www.wonderwall.com/entertainment/khloe-kardashian-talks-mothers-new-beau-and-finding-mr-right-30622.gallery)!*

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## 3 Celebrity Men Who Date Women Outside of the Spotlight







By [Courtney Omernick](#)

Many times we hear stories about the latest and greatest celebrity couple, but people rarely talk about celebrities who have gone “out of their way” to date “normal” people. Below is a list of a few male celebrities who have chosen to date women outside of the spotlight.

**1. Louis Tomlinson:** The One Direction mega star decided to find his girlfriend outside of the celebrity world. It has been reported that Louis is currently dating Eleanor Calder, a student at the University of Manchester and former Hollister floor model.

**Related:** [Jennifer Lopez Reveals Ben Affleck Was Her “First Big Heartbreak”](#)

**2. Taylor Lautner:** The *Twilight* star is currently dating Marie Avegeropoulos. While Marie isn’t well known, she does star in the CW show, *The Hundred*, which premiered in March 2014.

**Related:** [Find Out Why Kris Jenner Is ‘Livid’ at Bruce Jenner](#)

**3. Tom Felton:** The famous *Harry Potter* star fell in love with his current girlfriend while acting in the major film series. Jade Olivia met Tom on set as she was the film's stunt coordinator assistant.

**What other celebrity men are dating women outside of the spotlight? Comment below!**

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## Models and Their Celebrity Beaus







Adam Levine and Behati Prinsloo

This beautiful couple got hitched in July and walked their first red carpet as husband and wife at the MTV Video Music Awards. The Maroon 5 crooner has only sweet things to say about his partner: "She's incredible, and that alone makes me the luckiest person in the world." Photo: David Gabber/PRPhotos.com

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**Antonio Sabato Jr. Takes Elimination from 'DWTS' in Great Stride: "I'm Sorry I**

# Can't Stay"



By Shannon Seibert

In a sad turn of events, Antonio Sabato Jr. and partner Cheryl Burke were eliminated last Monday night on *Dancing with the Stars*. For their last time on the dance floor, the spicy duo danced a Viennese Waltz, hoping to impress the judges after the prior week's critical Salsa assessment. Though the pair didn't satisfy the judges' tastes, Sabato says he will continue dancing after the show. The former soap opera star's other show *Fix it and Finish It* is also off to new endeavors as it heads into its 69th show. Don't miss our [exclusive celebrity interview](#) below!



# Exclusive Celebrity Interview with Antonio Sabato Jr.

**Halloween week on *DWTS* seemed like so much fun! What was your favorite part of last week's episode?**

**ASJ:** Dancing with the team was great, but what always was my favorite part of any show was having my family there and getting to dance for my wife. I loved being able to do two beautiful dances, but nothing brings me more joy than family.

**We're so sad that we won't get to see you and Cheryl dance again. Anything you want to say to your fans?**

**ASJ:** My love goes out to all of them, and I wish things had gone differently on the show. As someone who has never danced before, I'm really proud of what I accomplished and making it as far as I did.

Having Cheryl take me through seven weeks on the show was amazing. It was a great run, and I'm sorry I can't stay. I had a great time, and I wish I could do it again.

**Related Link:** ['DWTS' Contestant Antonio Sabato Jr. and Partner Cheryl Burke Are "Still Going Strong"](#)

**What will you miss most about being on *DWTS*?**

**ASJ:** Dancing for my wife and kids – that was the best part, along with being able to dance for my fans and supporters. The TV show part was fun, and getting to work with Cheryl was a blast. I really did appreciate the feedback from the judges and the help they were giving me to be a better dancer. All of it was great, but dancing for everyone was the thing I will miss most.

**Do you think you'll continue to dance even though your time on the show is over?**

**ASJ:** Oh yes, I'm going to continue to dance with my wife. When

I'm on location, I will practice my dance moves in front of the mirror because it's great exercise. I love to feel the music, and now I'm hooked. You feel good doing it, and I love that it's something that I enjoy so much.

**We have to ask: Who do you think will win the mirror ball trophy this season?**

**ASJ:** I don't know! It's not necessarily a sure thing for anyone at this stage. You have celeb dancers that have danced for a long time who can win it. You have Sadie Robertson, a young teenager who is amazing. You have Janel Parrish. These are people that can break through. Of course, Alfonso Ribeiro has been dancing his whole life and could win it. It's anybody's game. Now that I see the rest of the crowd, it could be anybody. There are a lot of good dancers there. A lot of variables influence something like this.

**Related Link:** [Antonio Sabato Jr. on His 'DWTS' Journey So Far: "I Have a Passion with Everything I Do"](#)

**Shifting gears, what are you currently working on in Cleveland for Fix It and Finish It?**

**ASJ:** We did a den today for two teenagers, and tomorrow, we're doing a back yard for a wonderful family that needs their deck and yard done. We've got six more to do, and then after Thanksgiving, we go to Richmond.

**What can fans expect to see on the upcoming episodes?**

**ASJ:** The ones you're going to see coming up are wonderful projects: We do a few basements, and we turn a garage into a living room. We turn a lot of homes inside and out. We work with wonderful contractors all over the country who do amazing work. We've already done 69 shows!

*Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Continue watching Dancing with the Stars on Mondays on ABC at*

# 'The Theory of Everything' Discusses the Marriage of Space and Time



By [Courtney Omernick](#)

*The Theory of Everything* covers the early life of Stephen Hawking and is his first wife, Jane. The film displays the struggles Stephen faces during the early stages of his diagnosis while he studies, what he calls, “the marriage of

space and time.” The movie greatly covers his relationship with Jane from love at first sight, to diagnosis, marriage, and beyond.

### **Should you see it:**

If you're interested in the life of Stephen Hawking or relationship dynamics, then get your tickets. The film also features plenty of wonderful actors such as Eddie Redmayne, Felicity Jones, Emily Watson, and more!

### **Who to take:**

This romantic drama would be great to see with your girlfriends or your boyfriend.

### **How can you best take care of an ill significant other?**

#### **Cupid's Advice:**

Unfortunately, cancer and other terrible illnesses are all too common. And, if it happens to your significant other, you may be left with more questions than answers. Fortunately, there are many professional books and other resources that can give you advice on how to be a member of their best support system. Cupid has also listed a few tips below:

**1. Enlist the help of family and friends:** Always remember that you don't have to go through this alone. Reach out to family members and friends and let them know your situation. Once you communicate what's going on, people will be ready to provide emotional support and lend an extra hand.

**Related:** ['Will and Grace' Actor Sean Hayes Is Engaged](#)

**2. Live in the moment:** When it comes to having an illness, it's hard to make plans for the future because everything is so uncertain. Make the most of every moment by concentrating on what you do have and what's in front of you right now.



**Related:** [Ricki Lake Files for Divorce From Christian Evans](#)

**3. Identify your options:** If your loved one is in the hospital, when are visiting hours? What can you do to help them outside of their physical therapy sessions? Ask plenty of questions and make sure you know how you can help and what is available to you during this difficult time.

**How have you taken care of your ill significant other? Share your stories in the comments!**

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# Flirting While In A Relationship: Is It OK?



By [Katie Gray](#)

A common question couples are faced with is, “Is it okay to flirt while I’m in a relationship?” Another is, “If I’m flirting while I’m in a relationship with someone, is it considered cheating?” These are not always simple ‘yes’ or ‘no’ answers, as it truly depends on the individuals in the relationship, the degree of flirting, the context of the relationship and many other factors. Obviously, if one of the partners in the relationship is doing more than flirting – that is a big no, no. Clearly, if one partner is just giving someone else an innocent compliment – that is quite alright. The answers and options aren’t always crystal clear, however. Cupid has some advice:

### **1. Get on the same page:**

It’s often difficult to detect whether flirting in a relationship is harmless or hurtful. Because; the truth is, it can be both. There are a lot of people who believe that flirting is healthy, even if you are in a relationship and indeed committed to that person. Then there are many who adamantly believe that you shouldn’t flirt at all if you’re serious with someone else. Some claim it’s just being friendly, while others say it’s cheating. The real way to determine this; is to communicate with your partner and set boundaries. You two should both be on the same page and come to a mutual agreement.

**Related:** [Duchess Kate and Prince Harry: Is it Flirting?](#)

### **2. Define “flirting” with your partner:**

Everyone has a different definition of what ‘flirting’ actually entails. If the nature of the flirtations are sexual, that is not okay. You should be devoted to the person you’re in the relationship with, otherwise you should get out of it. Maybe there are some exceptions if it’s meant in a joking

and/or sarcastic nature, but that's playing with fire. If you are being secretive and keeping your flirtations a secret from your partner, that is a sign that you shouldn't be doing it. Another sign it's wrong, is if you feel the need to make excuses and rationalize. If your partner is jealous, that doesn't constitute a good reason to hide something. You should respect how they feel and address it with them.. Bravo reality star and relationship coach, Dr. Heavenly says, "I believe it all depends on the relationship." She explains, "I have seen couples that think it is fun to flirt with the opposite sex as long as they don't go too far. Some people find it exciting and they bring that excitement back home to their bedroom. However; I think flirting can be harmful if the person on the receiving end takes it too seriously." It's best for couples to set their own guidelines.

**Related:** [Katy Perry Is Caught Flirting with a New Man](#)

### **3. Don't set yourself up for failure:**

Tiffany Mason, author and owner of Mason Coaching and Consulting, says, "Whether you are in a committed long-term relationship or you recently started dating someone, flirting should not even be in your vocabulary. There are no exceptions when it comes to flirting with someone else other than your partner. You are only setting yourself up for failure if you are even thinking about flirting with someone else."

### **4. Make sure to measure personalities:**

You must take your partner's personality into consideration. Christina Pesoli, relationship expert and breakup coach, blogger for *Huffington Post*, and author of *Break Free from the Divortex*, says, "The best way to evaluate whether flirting is okay or not is to view in context with a person's overall personality. Some people are more flirtatious by nature. If you get into a relationship with someone who is flirtatious by nature, that side of the personality is not a secret to you."

She added, “I don’t think it’s fair or healthy (or fun) to expect them to stop being flirtatious. There’s a difference of course, between flirting and having an emotional affair – and it’s true that every affair (emotional or physical) likely began with some flirting.”

The real conclusion is that people will always have a different opinion on this, so it’s best to discuss it with your partner and find out how they truly feel. That’s the only person who should matter on this subject.

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# **Celebrity Interview: Chantelle Fraser Talks Flawless NYC Moments Before 'Blood, Sweat and Heels' Brawl**







Interview by [Lori Bizzoco](#). Written by Emily Meyer.

CupidsPulse.com Executive Editor Lori Bizzoco was on the scene at the hot NYC event last week, “A Flawless Affair” on the Hornblower Infinty, and had the chance to chat with the event planner responsible for the evening, Chantelle Fraser, in an exclusive celebrity interview.

As many people know, Fraser has recently been in the news after hinting on her Instagram account that she may be joining the cast of *Blood, Sweat and Heels* for season two. She has posted multiple photos of her with stars of the [reality TV](#) series. In fact, the Bravo reality show was filming at the Flawless NYC event and made headlines after Geneva Thomas got into a brawl and broke a bottle over the head of her castmate Melyssa Ford. Ford was later rushed to the hospital and received stitches to her head, while Thomas was arrested for felony assault.

**Related Link:** [Video Interview: ‘Blood, Sweat & Heels’ Star Geneva Thomas Moments Before Brawl with Melyssa Ford](#)

The event planner was unable to comment on the brawl, but she

did put out a statement last week. "I would also like to acknowledge that the highly publicized physical altercation which led to both parties being injured and an arrest was very upsetting for us all," she wrote on Facebook. "Neither party was associated or affiliated with the Flawless NYC brand. Flawless NYC represent love, enjoyment, positivity, and creativity. We do not condone violence in any way."

## **Celebrity Interview with Bravo Reality Star**

Fraser, who hosted the event, talked with us on-camera prior to the altercation and explained that the night was supposed to be "a showcase of Flawless NYC," which she started nine years ago from her bedroom. "I was a high fashion modeling agent, and I noticed that a lot of the models needed extra work. They needed to do other things outside of the traditional modeling print arena," she says. "So the event space was a very unique opportunity. I managed to get all of these high fashion models and help them utilize their additional skill sets."



Event performers. Photo courtesy of Chantelle Fraser's Facebook.

Fraser was in high spirits – and only a bit nervous – about the event. “I want to show the world what a New York party should look like,” she exclaimed during our celebrity interview.

**Related Link:** [‘Blood, Sweat and Heels’ Star Brie Bythewood on Departure From the Series and Pregnancy](#)

In addition to the evening's finale with Thomas and Ford (which we hear will be highlighted on the season two finale episode of *Blood, Sweat and Heels*), the event featured some of the best entertainers and models from Flawless NYC, including belly and burlesque dancers, fire performers, white angel performers, and a number of body-painted models. DJ She-Rock, another member of the Flawless NYC team, also provided some of today's hottest dance tracks for the guests to enjoy all night.





DJ She-Rock. Photo courtesy of Chantelle Fraser's Facebook.

A premiere date has not yet been announced for season two of *Blood, Sweat and Heels*.

You can follow Chantelle on Twitter @chantyfraser. For more information on *Flawless NYC*, visit the website, <http://flawlessnyc.com/>.

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