

Relationship Movie 'The Last Five Years' Features Anna Kendrick



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by [Courtney Omernick](#)

The Last Five Years is a relationship movie adaptation of a hit Broadway musical. The film shows the relationship, marriage, and divorce of Jamie, an author, and Cathy, a struggling actress, over a five year period.

Should you see it:

If you enjoy a great relationship movie and chick flicks then get ready to witness this love story! From love, to marriage, to divorce, this film is sure to tug at your heartstrings.

Who to take:

This film would be great to see with your friends or significant other.

How do you know when it's time to move on?

Cupid's Advice:

Even some of the most heartfelt romances end in sorrow. In the case of Jamie and Cathy in *The Last Five Years*, their relationship sadly ended in divorce. It can be difficult to decipher whether you and your partner are just going through a rough patch, or if it really is time to break it off. Cupid has provided some insight on how you can tell when it's time to move on below.

1. The relationship brings more pain than joy: If your relationship is leaving you with more tears, anger, and frustration than joy and laughter, it's time to move on. Relationships aren't always going to be perfect, but you shouldn't constantly feel burdened or stressed out either.

Related: [Nicole Scherzinger and Lewis Hamilton Become Celebrity Exes Again](#)

2. You're the one making sacrifices: Relationships are a two way street. Being with another person means that you can't get everything you want. However, you shouldn't always be the one changing plans or delaying future hopes and dreams. Both parties need to give a little.

Related: [Wiz Khalifa Calls Celebrity Ex Amber Rose a 'Foul Creature' on Twitter](#)

3. You believe they'll change: Sometimes, people hang on to their significant other because they expect that what they're going through is just a "phase." However, we tend to forget that people grow and evolve over time. Don't expect the person that you married to be the same person 20 years from now. If

who they are really bothers you, get out.

How did you know it was time to move on? Comment below!

Expert Dating Advice for How to Manage Valentine's Day Expectations



B

y Joan Barnard

When it seems like every woman you know is getting the royal treatment on Valentine's Day, it's easy to feel disappointed when the man in your life does not meet your expectations—and

you wouldn't be the only one.

According to a new study published by the National Retail Federation, Americans are expected to spend over \$18.9 billion on Valentine's Day gifts this year.

With jewelry commercials on loop and Valentine's Day card nostalgia in full swing, it's no surprise that people feel the pressure to spend—and that the spending adds up to almost \$150 for the average person.

Related Link: [Relationship Expert Shares Hot Valentine's Day Gifts](#)

Spare yourself (and your guy) Valentine's Day stress by following these three pieces of expert dating advice. They're sure to keep your expectations in check:

1. Let him know how much (or little) you care about Valentine's Day: Men understand that women have expectations for Valentine's Day, but many have a hard time distinguishing just how high (or low) those expectations are. If it's your first Valentine's Day together, give him a heads up that you're looking for an evening fit for a Hollywood couple, or if you'd rather just stay home, let him know—the earlier the better.

2. Make suggestions: Saying, "I want to do something fun on Valentine's Day" won't cut it; it's too subjective. Making concrete suggestions about what you want will set the tone. You might say, "Wouldn't a couples massages be fun?" or "This would be the perfect time to try that cute French restaurant." Sharing suggestions will give him some parameters: how much to

spend, how romantic the gift should be, etc.

3. Make sure your suggestions match the level of your relationship: If you have suggestions in mind, make sure they match where you are in your relationship and love. If you're expecting a card and receive a diamond necklace, you'll feel overwhelmed—the same way your partner would feel if he's expecting to give you a card and you ask for a diamond necklace. Be realistic. Save expensive gifts for your serious established relationships.

Related Link: [Love Advice: 3 Signs He's the Right Guy to Be Your Valentine](#)

When it comes to your relationship and love, don't let one day decide how things will or won't progress—think about the big picture. Does your partner value you? Do they value your happiness? Do you feel consistently happy with him? My expert dating advice would say that if the answer is “yes,” a bouquet of flowers—or nothing at all—won't change that.

Joan Barnard is the resident dating and relationship expert and blog editor for Zoosk, the online dating site home to 29+ million users worldwide and the #1 mobile dating app. She authors the weekly Joan Actually advice column, responding to dating and relationship questions from 14+ million readers who are in, out of, and between relationships. She hosts a weekly dating advice series for nearly 9,000+ Zoosk YouTube subscribers and also records 15-second dating advice spots on Instagram.

How to Get Through Valentine's Day Single



B

y Elizabeth Kim and Molly Jacob

You check the calendar and realize February 14th is coming up sooner than you'd like. You wonder if you can call in sick or at least stay away from social media all day so you don't have to deal with the cheesy Instagram photos your friends will inevitably post about their significant others. But, before you burrow into bed so that you don't have to deal with the inevitable love parade, Cupid has some advice on how to get through Valentine's Day single, unscathed, and maybe even happy.

While it seems like Valentine's Day is all about relationships and love, check out Cupid's tips to help you enjoy this day even if you are single:

1. Take part: Remember in elementary school when everybody would pass around tiny boxes of conversation hearts and fold-up cardboard Valentine's Day cards? Distribute goodies to co-workers and friends! Whether or not you buy bulk cards from your local drugstore or personalize each and every gift with great detail, not only will you be bringing a smile to someone else, it will serve as a good distraction from all the couple-themed activities surrounding you.

2. Ignore the holiday: February 14th is just another day in your week, so plan a day of fun activities that have nothing to do with relationships and love! You might decide to take the subway to a part of the city you haven't been to before so you can explore cafes and parks. Or, plan a day at the spa followed by lunch at your favorite Italian bistro. Whatever it is, don't use V-Day as an excuse to be miserable — have fun with it!

Related Link: [Dealing with a Valentine's Day Breakup](#)

3. Band together: You're certainly not the only single girl this Valentine's Day. Have a pseudo date night with a friend or spend the day with all your fellow single ladies. Have an old school slumber party, complete with delicious snacks and trashy magazines. Misery loves company, so even if you decide that you all just want to mope, at least you won't be moping alone. Sure you might shed some tears, but you will end up sharing a lot of laughs.

4. Treat yourself: Make this day all about you instead of relationships and love. Go ahead and buy that Michael Kors bag you have been saving up for, or splurge on a fancy manicure. You will be distracting yourself from all the love in the air while rewarding yourself for surviving the day!

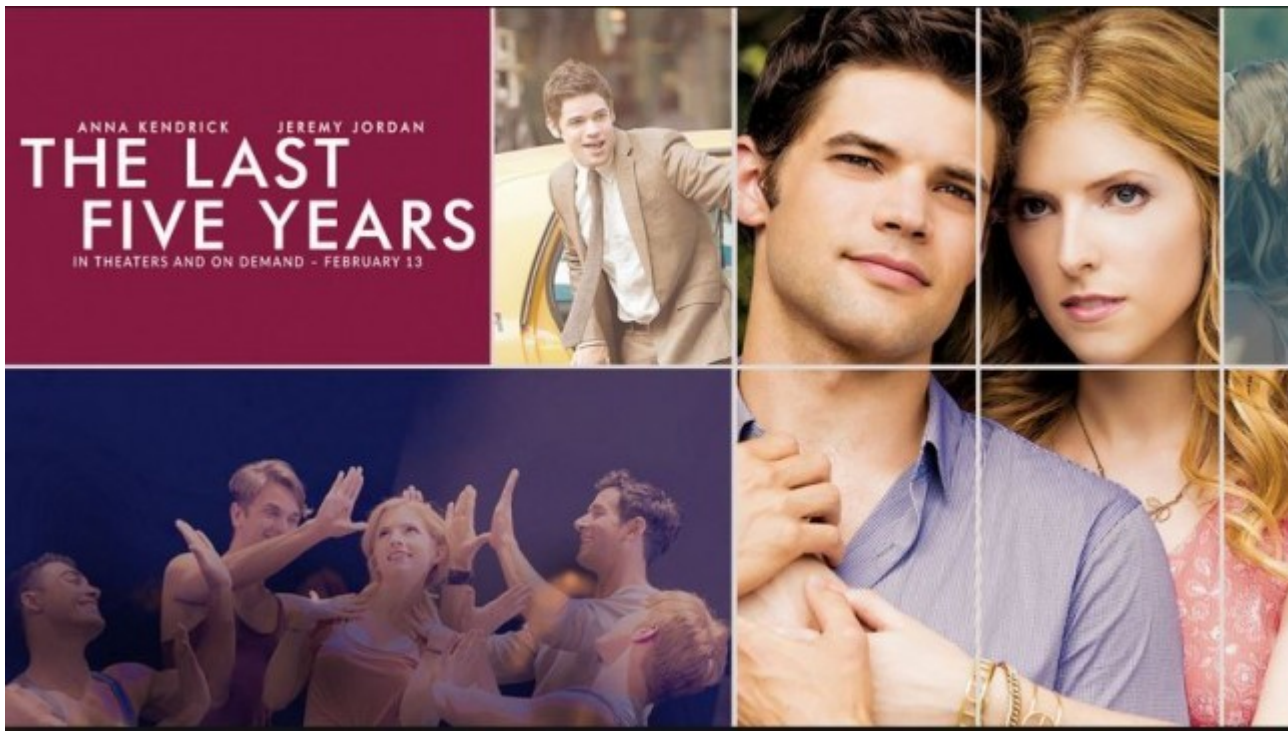
Related Link: [Making the Most of Valentine's Day Even If You're Unhappy](#)

5. Remind yourself: This one is the toughest but ultimately you just have to remind yourself that it is just another day on the calendar. You shouldn't equate going on a date or being in a relationship with self-worth. And here's a bonus tip: Valentine's Day chocolates are super cheap on February 15, so stock up on delicious treats as soon as this day of love is over!

How do you get through Valentine's Day when you're single? Tell us in the comments below!

Celebrity Interview: Model Caridee English Is "Off the Market Officially!"





Interview by [Whitney Johnson](#). Written by [Rebecca White](#).

You may recognize CariDee English as the season 7 winner of *America's Next Top Model*, but she has come a long way in her career since 2006. In our [celebrity interview](#), the former reality TV star opens up about her current boyfriend, her struggle with Psoriasis and how it has affected her relationships and love life, and the upcoming music video that she stars in. Plus, she shares her best fashion and beauty tips for your next date night.

CariDee English Opens Up About Her Relationship and Love Life

Sorry, guys: This beautiful blonde is “off the market officially.” She’s been dating musician Ilan Rubin since they ran into each other at a Halloween party, but she admits that she “stalked him on Instagram for a couple of years” first. Given their shared passion for music, particularly drumming, she says, “I love the way he worked. First and foremost, I was in love with the artist in him.”

For women trying to find the courage to make the first move, take a cue from English: After she realized Rubin was flirting with her, she took the reins. “I definitely approached him. I picked him up 100 percent,” she shares. The couple has been together ever since!

Related Link: [Bobbie Thomas on Date Night Fashion: “If You’re Looking to Have a Good Time, Don’t Be Uncomfortable!”](#)

Since both of them travel often for work, they have to take advantage of date nights when they can. The models says her perfect time with her man is when she doesn’t have to share him with anyone else. She elaborates, “With work, we’re constantly out with other people, so it’s just nice to get all of his attention.”

When it comes to her three must-haves in a partner, English knows exactly what she wants: He needs a job; he needs to share some of her passions and interests; and most importantly, he needs to be loyal. “I can’t stress it enough: You can have the hottest guy with the best job, but if he’s not loyal, you’re gonna feel like shit,” she says in our celebrity interview.

Former Reality TV Star Shares Dating Advice in Celebrity Interview

Many fans now know English from the often-played Stelara commercials. Given her role as spokesperson for the medicine, it’s no surprise that she’s very candid when discussing her Psoriasis, which she’s had since she was five years old. “It really impacted my dating life. It’s the biggest reason why I’m so cool and half the reason why it took so long to lose my virginity,” she says with a laugh. “It’s something that you can’t cover up, and it’s something that you can feel

to the touch.”

While not all of us struggle with something like Psoriasis, the North Dakota native recognizes that, “as women, we are always going to be uncomfortable about something.” She encourages you to “embrace whatever it is that’s less than perfect. The best way to find confidence is just to put time into yourself.” Something as simple as taking a walk two times a week can help you feel more in tune with yourself. “That automatically makes you feel more comfortable when it comes time to reveal your body in front of a partner,” she adds.

Related Link: [‘Bachelorette’ Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

English also believes that it’s important to share your insecurities with your partner once you are comfortable with them, even though the fear of rejection is so high. “They’re only going to love you more. I guarantee that,” she shares.

Of course, as much as you work on inner confidence, you’re outer appearance also affects how you ultimately feel. “Confidence comes from within, but it will show on the outside,” the model says. “Whenever I’m not feeling all that sure of myself, I’ll wear a bright lip or a powerful color like red and throw in a little extra time on my hair.” Whatever you do, don’t give into your self-doubt and decide not to go out. “Don’t let your insecurity win. Beat it with a punch – a punch of color,” she says.

If all else fails, English recommends wearing something black. “It’ll make you feel slinky and smooth and slender. It kind of makes you feel like a bad ass,” the star divulges. “A great leather jacket will go a long way to improve your mood too.”

To add a little pizzazz to your dating life, try something new when it comes to your beauty routine. It can be as simple as putting on a new lipstick or as drastic as changing your hair color. Whatever you decide to do, English says, “Just commit

to it. Go for it 100 percent and wear it with no apologies.”

Related Link: [Dating Advice: 5 Tips for Awesome Lips for Your First Kiss](#)

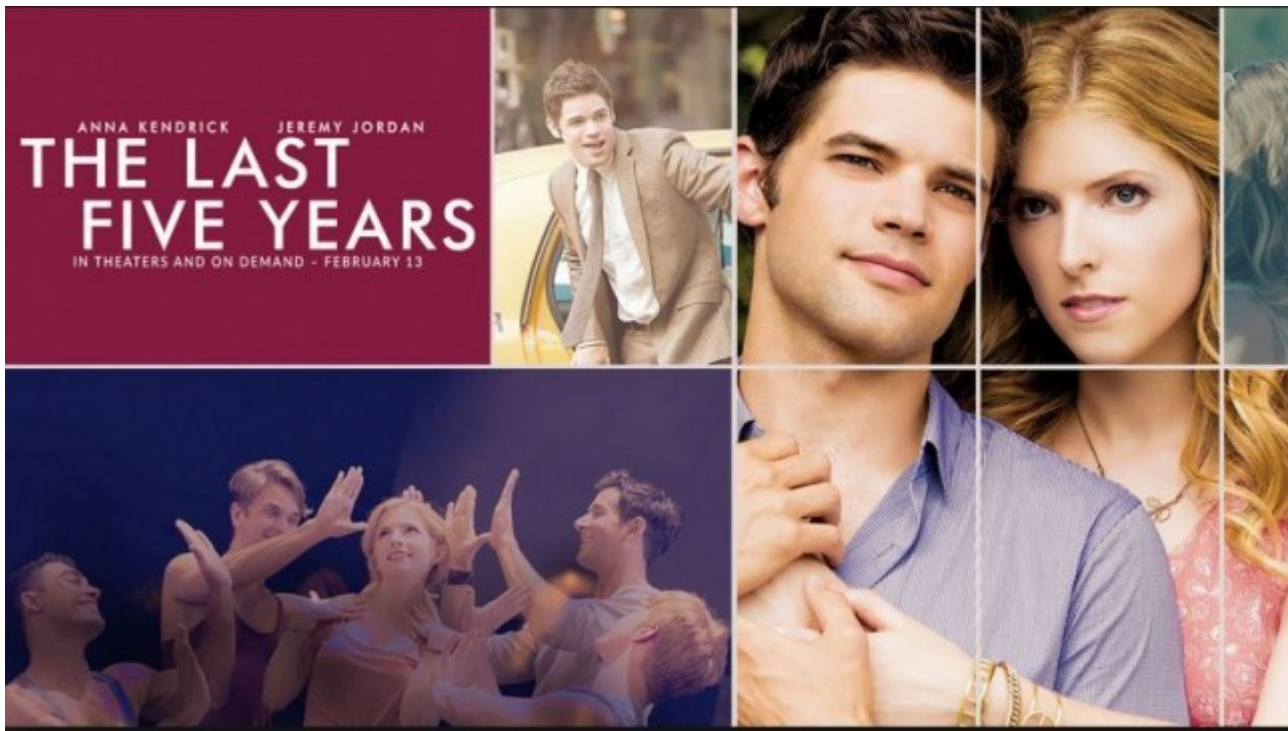
On a first date, though, you may want to keep your look simple. “The more you put on, the more upkeep you have to do,” she reminds us. “Make sure you bring everything needed for touch-ups!”

When she’s not modeling, English loves doing anything related to music. She’s currently working on a music video for the band Mini Mansions, which is Michael Shuman’s band, who is the bassist for Queens of the Stone Age. “I’m excited because I get to do my art, my modeling, but I get to do it in a live action way,” she says.

You can keep up with CariDee on Twitter @CariDeeEnglish and Instagram.

Relationship Advice: How Should We Raise Our Kids?





B

y [Courtney Omernick](#)

Relationships and love can be complicated, and when it comes time to decide how to raise your children, there's no doubt that you and your partner might have opposing viewpoints. These three pieces of relationship advice will help you agree on the best approach!

Relationship Advice to Help You Determine How to Raise Your Kids

Consider the relationship advice below:

1. Consider your own upbringing: Not all of us like every aspect of how we were raised, but it's definitely a conversation that you can have in order to put some ideas on the table. Think about what your parents or guardians did or didn't do while raising you that you would or wouldn't like to see incorporated into your own child's upbringing.

Related Link: [Celebrity Pregnancy: Kate Middleton Says She Can Feel Baby Kicking](#)

2. Look at the research: There's plenty of research that has been done on how and where to raise children. Doing a simple Google search can tell you some of the most effective tips when it comes to certain situations. You be the judge. Is what relationship experts are suggesting going to work for you?

Related Link: [Celebrity Pregnancy: Former 'Bachelorette' Emily Maynard is Expecting!](#)

3. Make a list: Once the both of you have decided what you absolutely have to do/can't do as parents, come together and compromise. Write down your "must haves" as a couple while raising your children. This way, you lay the ground rules for raising your kids and each person has input and some of their rules incorporated.

What relationship advice would you give on how to raise children? Comment below!

Nastiest Celebrity Divorces





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Jon and Kate Gosselin

Fans watched this celebrity marriage fall apart right before their eyes. The once happy TLC couple went from 'Jon and Kate Plus 8' to 'Jon and Kate Plus Hate' in a matter of months.

They were married for 10 years before filing for divorce in 2009, and since then, they've openly shared their dislike for one another. Photos: PRN / PR Photos; Glenn Harris / PR Photos

Hottest Single Celebrity Ladies of 2015



B

y [Courtney Omernick](#)

A new year is here, and that means that some of the hottest, female celebrities are newly single, while others are carrying their single status over from 2014.

Below is a list of the some of the hottest, single celebrity women of 2015:

1. Jennifer Lawrence: After her split with on again, off again boyfriend Nicholas Hoult, Lawrence went on to become a member of one of the most famous couples with Coldplay front man, Chris Martin. But, their relationship quickly ended when scheduling became an issue. Jennifer started off 2015 as a single woman, despite rumors of getting back together with Martin.

Related Link: [Gina Rodriguez Says Celebrity Love Henri Esteve Tears Up During 'Jane the Virgin'](#)

2. Khloe Kardashian: Who wouldn't want to date a Kardashian? After officially announcing that it's over between her and French Montana, Khloe is single in 2015 and ready to mingle.

Related Link: [New Celebrity Couple Selena Gomez and Zedd Face Doubt From Her Friends](#)

3. Anna Kendrick: The *Pitch Perfect* star might have had love interests in the films she's been featured in recently; however, there's been no such luck in her real life. The actress dated director Edgar Wright from 2009-2013, but she hasn't had a relationship since.

4. January Jones: You love her as Betty Draper in *Mad Men*, and she could very well be someone's next love interest in 2015. This celeb has always been quiet about her relationships in the past; however, she could meet Mr. Right in 2015!

5. Jessica Szohr: Better known as Vanessa Abrams from *Gossip Girl*, Jessica has been linked to her co-star, Ed Westwick, and NFL MVP, Aaron Rodgers over the last few years. But, she's starting out 2015 as a powerful, single lady. Szohr has worked

on popular films such as *The Internship* since the end of *Gossip Girl*.

Who are your picks for the hottest single ladies of 2015? Comment below!

Exclusive Interview: Former Reality TV Star Brie Bythewood Shares Love For New Baby Girl



B

y Emma L. Wells

Congratulations to Brie Bythewood, who recently joined the ranks of celebrity moms! The former cast member of Bravo's reality TV show *Blood, Sweat & Heels* welcomed her first child, a baby girl named Arya Dien, on Jan. 23 in New York City. "I've never felt so complete," she shares in our exclusive celebrity interview. "My daughter is my everything."

Related Link: ['Blood, Sweat & Heels' Star Brie Bythewood Shares Her Baby Announcement](#)

Brie Bythewood Opens Up About Daughter in Exclusive Celebrity Interview

Bythewood posted an adorable snap of her little one, who arrived at 3:45 a.m. and weighed 7 lbs. 8 oz., on Twitter. The photo was captioned, "Love of my life." The reality TV star expands on this feeling, saying, "It was love at first sight. Just when I thought I knew everything about true love, my daughter entered the world, and my heart became hers instantly and unconditionally."

When it came to naming their firstborn, the new celebrity mom explains that Arya (pronounced Aria) was their top choice. "Our goal with her name was to find one that exudes beauty and strength," she reveals in our exclusive celebrity interview. "And then she shares my middle name, Dien."

Related Link: [Brie Bythewood on Departure from Reality TV and Celebrity Pregnancy](#)

Reality TV Star on Being a New Celebrity Mom

"It's the best feeling in the world," Bythewood says of

parenthood, “and it’s a role that will last forever! I couldn’t feel happier or more blessed.”

To keep up with Brie’s journey as a celebrity mom, follow her on Twitter @BrieBythewood.

Relationship Author Sophia Dembling Says, “Extroverts Sparkle and Introverts Glow”



by [Sarah Batcheller](#)

Sophia Dembling is the most outgoing introvert you may ever

meet, and she has got a lot to teach her readers who are looking for love. The relationship author previously penned *100 Places in the U.S.A. Every Woman Should Go*, and recently, the Dallas resident released *Introverts in Love: The Quiet Way to Happily Ever After*. In her new book about love, introverts and extroverts alike can learn the true definition of introversion as well as how this personality type functions in a relationship. CupidsPulse.com recently had the chance to speak with the writer and editor about *Introverts in Love* as well as her best dating advice.

Relationship Author Discusses New Book About Love

What do you think is the most important thing introverts need to know about themselves?

That there's nothing wrong with it. The more at ease you are with your own introversion, the easier it is to navigate the world. You start respecting your motivation. The difference between shyness and introversion is that shyness is fear; it's wanting to be in social situations but being fearful and anxious. Introversion is a measure of how much you need interaction. So when you start respecting that you don't need as much and start giving yourself permission to say "no" or to leave parties when you've had enough, then it makes it a lot easier to go out in the first place. The more you respect your introversion, the easier life is.

Related Link: [Single in Stilettos Show: Why Self-Confidence is So Important in Dating](#)

In your book, you mention that half of couples are introvert-introvert, while the other half are introvert-extrovert. Can you explain why both kinds of relationships may or may not work?

One of the most common questions I get is, “Do I look for an introvert, or do I look for an extrovert?” The introverts who are with extroverts really like the fact that this person brings a more active social life to the relationship. They drag them out instead of letting them sit at home stewing in their own juices, and the introvert really needs and appreciates that. The challenges of that relationship are getting the extrovert to appreciate your lifestyle and stay home sometimes. You want to make sure that the extrovert is okay with bringing the social aspect and doesn't feel used. You have to understand the parameters of this interaction.

As far as introvert-introvert relationships, I spoke with one woman for the book who was married to an extrovert, and it ultimately wore her out. They eventually got divorced, and when she met her current husband, who is also an introvert, it was a huge relief to have somebody who was happy to stay home and didn't have to go out every weekend. That's what some introverts really need. The peril there is that they sort of encourage your own worst habits when it comes to being isolated. If something were to end the marriage, you've made your world so small that you don't have many other people. I was also talking to a psychologist who mentioned that, because introverts tend to not express their feelings, the introvert-introvert relationship can flat line – there's just not a lot of passion or interaction going on.

Dating Advice for Introverts

The dating game can be tough for introverts because it involves putting yourself out there. How can an introvert overcome the daunting aspects of a first date?

The hardest part of a first date is small talk – and introverts hate small talk because we put too much pressure on ourselves to be interesting and deep. Small talk is so shallow. But it's important to remember that a first date is

just a first date. Don't go in thinking you have to make this intense impression and that it's happily ever after or nothing at all. Instead, tell yourself, "Okay, it's an evening. Maybe it'll be fun, or maybe it won't."

When it comes down to what you wear, wear something that makes you comfortable. If you do yourself up all fabulous, then you won't feel like yourself. It's just like the old advice your mother gives you: You have to be yourself. I'm reading another book right now, and the relationship author talks about finding what your core person is. If you discover and respect that person, then the person you end up with will be somebody who appreciates that. Don't pretend to be an extrovert; just go and see what happens.

Related Link: [Cupid's Weekly Round-Up: Building a Strong Bond](#)

What do introverts bring to the table that extroverts may not?

We're really good listeners. We're deep listeners that like to take something into our heads, chew it up, and analyze it. We tend to be very loyal because we are very selective in our relationships. We don't need a thousand friends, and we know that, if we have five friends, we have to take care of our friendships because losing one friend would be a great loss.

What I say is that extroverts sparkle and introverts glow. We have our own quiet glow. We think we're being overlooked, but if we stop being threatened by the extrovert, then we'll realize we have our own quiet, respectful energy that people will be attracted to.

Do you think that introverts suffer from rejection more harshly than extroverts do?

Not many introverts are pursuers. They tend to let themselves be pursued. One person in particular who I spoke to for the book said that, once you've been rejected a couple of times, it makes it harder. I will say that if you've always been

pursued, then there's a risk that you will end up with people simply because they pursued you *without* actually making the choice that that is the person you want. If you're always pursued, you may not be thinking very much about what you want from your relationships.

And finally, does online dating help or hurt an introvert?

I think it's great, and quite a few of the introverts I spoke to in my book met their partner online. It's good because introverts express themselves really well in writing. It also gives you that time to think things through. It takes introverts a while to warm up to people, so it gives us that time before we meet face-to-face. There is that risk, though, that we'll get stuck in e-mailing. Ultimately, it is very low-risk, and it helps us find someone we have a lot in common with.

For more from Sophia Dembling, check out her blog on PsychologyToday.com, find her on www.facebook.com/SophiaDemblingWriter, and follow her on Twitter @SophiaDembling. Purchase her latest book about love on Amazon!

Celebrity Couples Who Met Through Other Celebrities





B

y [Courtney Omernick](#)

It's not always easy to find a partner, especially one who is a good match for you. Sometimes fate and circumstance helps you find your significant other. Other times, your friends step in to play matchmaker.

The celebrity couples below found each other with the help of a fellow celeb friend.

1. Louis Tomlinson and Eleanor Calder: This couple has One Direction member, Harry Styles, to thank for their Hollywood relationship. Styles brought Tomlinson along to meet a friend that he used to work with at a bakery. His friend brought along Eleanor.

Related Link: [Elton John and Partner David Furnish Marry in England](#)

2. Benji Madden and Cameron Diaz: This couple met through Benji's sister-in-law and Cameron's good friend, Nicole

Richie. After a whirlwind romance that lasted under a year, the celebrity couple tied the knot in an outdoor ceremony at Diaz's home recently.

3. Ed Sheeran and Claire Donald: Ed Sheeran and Taylor Swift have been fending off romance rumors for years. So, what does Swift do? She sets Sheeran up with one of her good friends, Claire Donald. Donald is an aspiring model/actress who worked with Swift on her *We Are Never Getting Back Together* campaign.

Related Link: [Stevie Wonder Welcomes 9th Child with Girlfriend Tomeeka](#)

4. Nick Jonas and Olivia Culpo: This adorable celebrity couple met through a mutual friend, namely Nick's brother Joe. Joe Jonas was a judge at the 2012 Miss USA pageant where Culpo was crowned, and when the Jonas Brothers performed at the same event the following year, Joe is said to have introduced Nick to Olivia.

5. Kim Kardashian and Kanye West: Though these superstars didn't technically meet with a celebrity, they did get to know each other because of one. While on Jimmy Kimmel's show, Kardashian said: "I should thank you right now, right? I did meet [Kanye] years before, but we really got to get to know each other on a shower that you guys produced together."

What other celebrity couples met through other celebrities? Share what you know in the comments below!

Dating Advice: How to Date &

Get the Best Results



B

y Deborah Downey

The most important aspect of dating is to be confident. Men and women want different things from relationships and love as they age. Consider the following dating advice, as it's perfect for those of you who want more options when it comes to the dating pool and are determined to find true love in a monogamous, committed relationship filled with passion and purpose with the person of your dreams.

7-Step Dating System for Relationships and Love

To begin, design your search path and ask yourself what you want your love life to look like. Dating is a fact-finding

mission; it's a process of elimination. You will attract someone with the exact amount of self-worth that you possess. Follow these steps:

Step one: Define what you want. Not who you want.

Related Link: [10 Relationship Myths](#)

Step two: Evaluate your readiness and check your motives.

Step three: Revise your needs and make sure they are realistic and that you have attainable goals.

Step four: Build your mindset and lose any doubt.

Step five: Create a "want ad for love" to the universe (not to print or show or tell anyone). Also, construct a strategy / plan to meet your loved one.

Step six: Prepare, Practice, and Poise

Step seven: Support Sorting and Sex

Related Link: [Dating Advice: Six Tips for Meeting Someone Special in 2015](#)

Check out the following conversation topics to use as dating advice:

Talk about books, movies, interests, hobbies, parents, work, hopes and dreams, spirituality, habits, relationship to money, health, their financial health... any debt? Last relationship? Why it ended ...how long it lasted...what they found really unappealing? What they learned about themselves?

Final Thoughts:

Make sure to watch and listen carefully on a date. People will

show you who they are by how they treat wait staff or drivers. Take your own car for the first few dates, and go to places where there are lots of people. Stay away from his or her place for a minimum of 3 dates.

A date for the first 3 weeks is best if it lasts no longer than 3 hours.

Don't take or be taken hostage by spending multiple days on a date with someone. Only see them once or twice a week for the first 3 weeks and try to see other people while dating them until you mutually agree to be exclusive. Do ask them about sexually transmitted diseases, and make sure they've been tested recently.

Deborah Downey's experience spans 25 years of recovery in various 12-step programs around the country. Holding certifications as a professional life coach and as a chemical dependency counselor, Downey has dealt with addiction in its various forms, both as the child of alcoholic parents and as a confidant for others. In her self-help book, "What Are You Worried About!" (<http://www.coachdeborahdowney.com/>), Downey, who has multiple sclerosis, details a proactive approach to training one's mind to think positive.

Young Celebrity Moms





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Hilary Duff

Hilary Duff married NHL hockey player Mike Comrie when she was only 22 years old, and the couple welcomed their son Luca 2 years later. The former child star has never shied away from

expressing how thankful she is to be a mother, often posting adorable photos of Luca on Instagram. Photo: LRR/FAMEFLYNET PICTURES

Actress Joely Fisher on Her Celebrity Marriage: “It’s Work, But I Don’t Feel Like It Doesn’t Have Its Rewards”



by [Katie Gray](#)

Joely Fisher is perhaps best known for playing Paige Clark on

the television series *Ellen* and Joy Stark on *'Til Death*. She's also been on Broadway in *Grease* and *Cabaret* and had a recurring role on the popular ABC show *Desperate Housewives*. Acting isn't her only passion though: She serves as an ambassador for the International Fund for Animal Welfare (IFAW), which recently debuted the PROTECT PSA campaign that was conceived, directed, and edited by the talented star herself. It features notable Hollywood personalities – including Amber Valletta, Melissa Rivers, Denise Richards, Brian Austin Green and Joshua Bowman – discussing the pressing issues facing animals around the world and are calling upon the public to take action for animals. “I'm an animal lover,” she says.

Related Link: [Jennie Garth Says Farm Animals Help Her Cope with Divorce](#)

Joely Fisher Talks PROTECT PSA Campaign in Exclusive Celebrity Interview

The actress, who currently has a recurring role on Tim Allen's show *Last Man Standing*, describes her initial encounter with IFAW as “love at first lecture. I fell in love with these people and their commitment.” One of the primary goals of the organization, which was founded in 1969, is to inform the world about the realities of endangered exotic species. “A lot of people don't realize that piano keys, chess pieces, and billiard balls are historically ivory,” she explains in our exclusive celebrity interview. “And they're not aware that you can't have ivory unless an elephant is dead.”

The video footage in her PROTECT PSA campaign shows the relationship that animals like elephants have with each other, allowing viewers to see them as living, breathing creatures.

“It’s so important that people know that they have feelings and emotions and reverence for their ancestors like humans do,” she passionately shares. “Our campaign sheds light on the struggles of these animals without being graphic. It’s in a positive way.”

She adds, “We’re not asking anybody to give any money; we’re not asking for a donation. We’re asking people to protect these animals and to have them in their consciousness. I feel like everyone is loving it.”

Related Link: [Celebrity Mom Tia Mowry Says, “There’s No Such Thing as Balance!”](#)

Actress Opens Up About Being a Celebrity Mom

Beyond acting and working with the IFAW campaign, Fisher also has a busy home life: She’s a devoted wife and celebrity mom of five, with kids ranging in age from six to twenty-nine. “Mothering is a job. It’s our greatest gift and also our biggest career,” she candidly says. “We are built for speed; we are built to multitask. We have to schedule ourselves so that we are present in our children’s life and also fulfilled in our careers and partnership.”

With this thought in mind, the star believes that it’s important to show her kids what it means to be a working mother. “They get to see me love my career and also have enough time for them,” Fisher shares. “They will be better humans for that!”

In order to find that balance between your professional and personal life, you have to surround yourself with people who appreciate all of your hard work and enjoy every moment. “We’re all running at full speed, so don’t forget to have a giggle with your kids when you can and then hit the ground

running with work," she reveals. "I think it's possible." And that is from a woman who has never had help from a nanny!

Related Link: [Ben Affleck Says Jennifer Garner's Love Has Helped Him Become a Hollywood Star](#)

Hollywood Star on Her Celebrity Marriage

When it comes to her celebrity marriage, Fisher knows the importance of making your spouse feel loved and appreciated. "We celebrate each other and like to raise each other up. That's sexy," she says. "It's sexy to see your partner doing what they love. It's also sexy to me to see what a great father he is – that's impressive."

She adds with a laugh, "More than, you know, romance in the bedroom – but you do have to fit that in too!"

For date night, the famous couple enjoys going to sushi bars and eating good food. Recently, they went and saw Brad Garrett, Fisher's costar in *'Til Death*, in a comedy show. When it comes to family time, they have game nights and movie nights, frequent the beach, and go bowling. "Our house is very open. We love having Sundays here, and I cook for everybody," she reveals. "We're all really close. I don't go a day without seeing my family."

People are in awe of her 18-year celebrity marriage because it's rare these days – especially in the entertainment industry. "It's work, but I don't feel like it doesn't have its rewards," she divulges. "So the work is the same thing as when you work really hard and you earn your paycheck and you get to see the fruits of your labor." When talking to the star, it's evident that her family is her proudest accomplishment.

Visit www.ifaw.org/united-states/our-work/political-advocacy/p

rotect-campaign to watch the PROTECT PSA campaign.

Celebrity Video Interview: Actress Tia Mowry Says, “There’s No Such Thing as Balance!”



Interview by [Lori Bizzoco](#). Written by Shannon Seibert.
Perhaps fans best recognize Tia Mowry from the 1990s television series *Sister, Sister*, but she's come a long way since then! Currently playing Stephanie Phillips on the popular Nickelodeon show *Instant Mom*, she channels her real

life experiences as a wife and mother for the role: She married actor Cory Hardrict in 2008, and they welcomed their son Cree Taylor into their family in 2011. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the actress about marriage, motherhood, and her busy career, including her current partnership with the National Center for Missing & Exploited Children (NCMEC) and Honeywell.

Related Link: [‘Sister, Sister’ Star Tia Mowry and Actor Husband Cory Hardrict Are Expecting](#)

Tia Mowry on Being a Celebrity Mom

Finding balance can be seemingly impossible when you’re a working parent – but Mowry has figured it out. “Be honest with yourself. In my opinion, there’s no such thing as balance!” the celebrity mom says with a laugh. “Some days, you’re going to be a better mom than other days.” She candidly adds, “I have a three-and-a-half year old at home, but I still consider myself a new mom. I’m still learning new things.”

Of course, there are some days where you just can’t do it all. In those situations, she encourages other working parents to lean on their partners. “My husband is extremely considerate,” she shares in our celebrity video interview. “That’s better than receiving flowers on Valentine’s Day!”

Actress Shares Relationship Advice in Celebrity Video Interview

Despite her busy schedule, the star still makes time for her favorite date nights with her man – relationship advice that she says is important for keeping the passion alive in a marriage. “It’s when we both get dressed up and get sexy for ourselves, for each other. I put on my really nice, sexy dress and red lipstick, and my husband puts on a really nice suit,”

she explains. "Then, we go to our favorite restaurant...and really have a great meal and have a great glass of wine."

Related Link: [Date Idea: Spend an Intimate Night Indoors](#)

Mowry also talks with us about her work with the NCMEC and Honeywell and the KidSmartz "Safety Dance" contest. For her, this partnership was a no-brainer. "As soon as you become a mother, you're constantly worrying. My child's safety is my number one priority," the celebrity mom reveals. For more information about KidSmartz and the current contest, check out their website.

You can keep up with Tia on Twitter @TiaMowry and www.facebook.com/TiaMowry.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Couples: Did She Really Date Him?





Page 1 of 14



Brody Jenner and Avril Lavigne

This surprising pair started dating in 2009 after the singer filed for divorce from her first husband, Sum 41 singer Deryck Whibley. They split after nearly two years together but have

remained friends. Jenner even wished Lavigne the best of luck in her most recent marriage to Chad Kroeger. Photo: Andrew Evans / PR Photos.

Celebrity Interview: Event Producer Cheryl Cecchetto Says, “Nothing is Traditional Anymore” at Weddings



B

y [Katie Gray](#)

Cheryl Cecchetto, the famed celebrity event producer and owner

of Sequoia Productions, has planned the most extravagant star-studded events in the entertainment industry, including the Academy Awards® for 25 consecutive years, the Emmys® for 17 consecutive years and People's Choice Awards, just to name a few. She even did an event for the cast of *Friends* (lucky lady!). In our recent [celebrity interview](#), the Canadian native teaches us the key to balancing work and family life, as she is also a wife and mother on top of being a successful businesswoman. Plus, she discusses her new autobiography *Passion to Create* and shares her best wedding planning tips.

Celebrity Interview with Hollywood Event Producer

Cecchetto got her start as the personal assistant for Oscar-winning actress Shelley Winters. From there, she opened up her own event planning company, and it took off, transforming into the successful business she runs today. Of course, with such a busy professional life, she has to find time for her personal life as well. "We already know that we have to shift our attention between our very efficient iPhones and people and find balance in our lives," she reveals.

The most important tip she has for dealing with this struggle is to take time to relax and recharge. "I think it's really important that you organize your time to get out of the craziness, get off the grid, and get off the computers. Keep a regiment and a discipline in your life that will help you be focused." The celebrity event planner does yoga, enjoys tea, and puts away her phone when she's with her husband and children.

Related Link: ["I Want My Clients to Have Fun With It," Says Wedding Planner and Reality Star Sandy Malone](#)

When it comes to planning a Hollywood party, Cecchetto and her

team at Sequoia Productions follow three steps: engage all five senses, exceed client objectives, and surpass guest expectations. She attributes much of her success to this system. "I really try to make sure that my guests have the unexpected and that it's beyond their expectations," she divulges. She doesn't create just an event; she creates memories and an experience, which is what life is really all about.

Cheryl Cecchetto Opens Up About New Book 'Passion to Create'

As if planning parties doesn't keep her busy enough, she recently wrote her first book. On what inspired her to write *Passion to Create*, she explains, "I wanted to put down in writing some of the incredible experiences I've had thus far. So I felt like a book would create something that lasts with beautiful photos, great memories, and great recipes." Some anecdotes include: the coy fish jumping out of the arrangements after the Oscars before the guests were going to walk in, the trials and tribulations of throwing a wedding in her hometown, a Cinderella story, the process of mounting a chandelier that has 100,000 pendants, and how she wrapped her clients favorite beer under the table for him and was subsequently interrogated by the bomb squad for 45 minutes because they discovered it and thought she was going to blow the place up. She sums up these stories by saying, "They are very amusing."

Given her event-planning past, we had to ask the newly-minted author about her best tips when it comes to weddings. There is a chapter in the book titled Wedding Bells that even includes a timeline of the twelve months leading up to a bride's special day. "One thing I find fantastic about weddings is that nothing is traditional anymore. Guests want the event to be much more natural and effortless, more organic," she

explains in our celebrity interview. The key to a successful wedding, she says, “is organization and planning.” She has noticed that lounge furniture is super trendy at these special events right now. Everything is more social, and there is a lot more mingling occurring.

Related Link: [Cameron Diaz and Benji Madden Tie the Knot at Her Beverly Hills Home](#)

Her advice for calming the star of the hour’s nerves is simple: Play the bride’s favorite music and have someone by her side at all times so she knows that someone is there to get everything done. “Keep her eye on the prize. It’s not the perfect linen; it’s not the perfect anything. It’s the perfect guy,” she shares.

Of course, the mother of two hasn’t slowed down when it comes to her day job. Her lavish recent and upcoming events include 87th Academy Awards® Governors Ball, G’DAY USA Gala Featuring the AACTA International Awards, and the UCSF Medical Center at Mission Bay Champions Gala. Stay tuned for the announcement of the Oscars theme, which will be made public at the press conference in early February!

For more party-planning tips and humorous stories, you can purchase Passion to Create. You can also find out more about Sequoia Productions on <http://www.sequoiaprod.com/>.

Dr. Karl Pillemer Interviews Hundreds of Americans for '30

Lessons on Loving'



B

y [Sarah Batcheller](#)

Dr. Karl Pillemer is a professor in the Department of Human Development at Cornell University and an internationally-renowned gerontologist. Being so familiar with the biological and social aspects of aging, he set out to answer some of our society's biggest questions about what it takes to create a long-lasting love. What makes long-term relationships so successful? How do older married couples' feelings change over time? In his book, *30 Lessons for Loving: Advice from the Wisest Americans on Love, Relationships, and Marriage*, Dr. Pillemer interviews elder Americans all across the country in order to convey their messages to our country's young lovers who hope to enjoy long, happy relationships as well.

What thoughts kept running through your mind when you first

set out on your journey to interview couples?

I'm a little bit of a self-help junkie myself, but looking at marriage and relationship advice books, it really hit me that many of them weren't based on any hard information. They're either written by a top psychologist, a celebrity, or a motivational speaker, but none of it seemed to be based on anything concrete. So the idea occurred to me: Why not talk to people who have actually done what young people are hoping to do?

That led me to collect the data for this study, which does include the largest sample of long-time married people ever done. I essentially wanted to find out if there's something older people know about having a healthy, happy marriage that younger people don't and if I could I distill it to young people by sharing these practical lessons.

Related Link: [Cupid's Weekly Round-Up: Date While You're Married](#)

How did you narrow down 700 interviews into just 30 lessons?

That was the most difficult part of writing the book. There were thousands of pages of transcripts. There were two ways I did it. First, I used social science methods to code the data, meaning I went through and assigned codes to the lessons people provided, which allowed me to narrow it down more easily. In addition to this, I read, and re-read and re-re-read all of these interviews. Even though it was very difficult, these lessons emerge very clearly from the data.

When it comes to dealing with obstacles in relationships, what do older generations have in common with Generation Y?

I think that young people often forget that a lot of the things that cause stress in marriage were experienced by older generations but worse. People are now trying to start lifelong relationships during the second worst economic downturn in

American history, but a lot of the people interviewed were starting relationships in *the* worst economic downturn. Let's put it this way: Our bad jobs would seem like great jobs to those who were starting families during the Depression.

Another example is that people were much more tied to their spouse's family back then, so they had in-law problems, much like people do today. These examples are relevant because they show that older people have been through every kind of problem that keep young people awake at night nowadays. Because these people have experienced the same problems, but perhaps more intensely, that, to me, makes for incredible experts.

Is there one particular lesson that you think is most valuable? Or one that was most surprising or eye-opening?

I found all the little lessons to be the most surprising. A number of the elders identified one particular thing that contributes to solving arguments and fights, and that's asking, "Are you hungry?" Often, they describe arguments as going out of range or becoming much worse if one partner hasn't eaten. So, interestingly, one of their solutions to fights is making a sandwich.

Other small insights that never really occurred to me is the small act of being polite and to lighten up. If we use "please" and "thank you" in our relationships, it really helps. You should also always ask yourself, "Is this thing we're fighting about really going to make a difference when we're both 70 or 80?" People tend to forget to have fun. We get stuck in the midst of work, career, and children, and life goes by in a blur.

One personal example I can give is a time that my wife and I were going on a trip, and she left her I.D. in the car and we had to run all the way back and get it and almost missed our plane. So I had to ask myself what's more important: the quality of our time together and our overall relationship or

my being mad about this? That's what older people want younger people to know about their relationships.

Related Link: [4 Questions to Ask Yourself Before Getting Married](#)

Finally, what do you think is the most difficult part about learning these lessons?

One problem is that people don't know where to go for advice about their relationships. Another problem, which research proves, is that often times, in your 20s and 30s, you have an impossible level of perfectionism about how the relationship has to be. One of the lessons from older people that we have to learn is that marriage and long-term relationships are hard. So people have this image of a trouble-free perfection in a relationship when really it's a mixture of incredibly joyous, exhilarating experiences and very difficult ones. We are treated to a lot of false ideals in our society, but the nuts-and-bolts, nitty-gritty of a relationship is to try and try every day.

Be sure to pick up a copy of 30 Lessons for Loving today!

Dating Advice: Six Tips for Meeting Someone Special in 2015





B

y Dana Michel

The holidays are over, and 2015 is here! Like many of us, you've probably made a New Year's resolution to step up your game in the area of relationships and love. If that resolution includes finding a partner, you might not succeed if you're searching the old fashioned way.

Below are six pieces of dating advice to help you in your journey to find that special someone and improve your relationships and love life in 2015.

1. Eliminate those that are not marriage material: Don't waste time with someone you would never introduce to your family or colleagues, much less marry. He/she is only standing in the way of your true happiness.

Related Link: [Justin Bieber Confirms He's 'Super Single'](#)

2. Become the person that attracts your type: This important piece of dating advice shouldn't be ignored! If you're looking for a physically fit partner, but you have succumbed to watching Netflix from the couch while eating fast food, you may want to start hitting the gym this year. You may find Mr. Right while lifting weights and running on the treadmill.

Related Link: [Four Changes You MUST Make to Avoid Prey to the Unavailable Man](#)

3. Do not put your life on hold or defer happiness until you meet "The One": Take that trip overseas, become a homeowner, get a new hobby or entertain more. These dating and relationship advice tips can help make you a much more interesting and confident person. Raising your appeal increases your chances.

4. Sign up for online dating: Choose the service that works best for you and remember to be true to yourself. If you're looking for a serious relationship, don't sign up for a casual hookup site. Online dating gives you the chance to expand your options.

5. Ask friends to introduce you to eligible people: Consider getting help and introductions to men from those pesky relatives who don't understand why you're still single.

6. Become more active outside of your home and work: Start a new hobby, volunteer, and deliberately attend social events where you can mingle and strike up conversations with new people.

Thankfully, love can happen very quickly when you meet the right person. Look at celebrity couple George Clooney and Amal Alamuddin, for instance. The duo became engaged in less than a year. Most men say they knew their fiancé was special very early on in their relationship.

A new dating site, Marriage Material, is not your typical

dating venue. Founder and President, Dana Michelhas, created a place where only marriage-minded singles can go to find their true love. Marriage Material has over 20,000 members, and their services are available in selected areas. For more information, visit www.marriagematerial.co. To arrange an interview with Dana Michel, please contact danna@blinkpr.com.

It's Friends vs. Relationship in 'The Wedding Ringer'



B

by [Courtney Omernick](#)

It's time for another chick flick! In *The Wedding Ringer*, Doug Harris is getting married. But, there's a problem; he has no

best man. Doug seeks the help of Jimmy Callahan, owner and CEO of Best Man Inc., a company that provides best men for socially awkward guys. While Jimmy prepares for Doug's big day, a bromance between the two begins.

Should you see it:

If you enjoy rom-coms, then this film is for you! The movie also features an amazing cast with actors like Josh Gad, Kevin Hart, and Kaley Cuoco-Sweeting.

Who to take:

This romantic comedy would be great to see with your friends, family, or your significant other.

How do you juggle friends and a relationship?

Cupid's Advice:

Especially if you're used to it being just you and your friends, adding a significant other to the midst of your social life can make things complicated. But, don't worry, you don't have to completely reorganize your schedule. Just incorporate some of our tips below!

1. Update your schedule: Figure out which days of the week you're willing/available to spend time with your significant other. If your friends plan a weekly game night on Thursdays, don't skip it just to hang out with your new flame. Make sure that the time you're spending with your new boyfriend/girlfriend isn't interfering with your friend time.

Related Link: [10 Ways To Give Thanks to Your Partner](#)

2. It's the little things: It can be hard to stick to a

schedule every week when so many things can pop up and throw us off our game. If this happens, make sure you're inviting a friend for a quick lunch or dinner if you've been spending more time with your significant other this week/month and vice versa.

Related Link: [Should You Date More Than One Person at the Same Time?](#)

3. Integrate them into your friend group: The easiest way to spend equal time with both parties is to do it at the same time! Slowly introduce your new boyfriend/girlfriend to your friend group so that your friends want you to bring him/her to game night or on other outings.

How have you juggled friends and your relationship? Share your stories in the comments!

Relationship Advice: 5 Basic Workouts to Do With Your Partner





B

y [Courtney Omernick](#)

You are half way through the first month of your 2015 resolution to get in shape and the gym is starting to feel routine and tiring. Don't give up just yet. Instead, get your partner involved in your plan by taking into consideration some of the dating and relationship advice below that can really help you build a stronger and more physically connected romance,

Below is some great relationship advice that involves getting physically fit with five basic workouts that you can do with your partner:

1. Squats in sync: Stand facing each other, while looking into each others eyes and see who can go the lowest doing a squat! Deep squats can really work your quads and glutes and staring at each other doesn't hurt either.

Related Link: [Date Idea: Workout Together](#)

2. Lunges: Like squats, face each other and alternate forward and backward lunges. Remember to alternate legs in order to work both sides! Lunging in sync with your partner can be a lot of fun and you can challenge one another to see who can do the most.

Related Link: [‘Top Chef’ Alum Richard Blais on Healthy Holiday Cooking with Benefiber](#)

3. The tricep dip: Make tricep dips more interesting by having the person doing the dips puts his or her hands on his partners knees or quads. Innocent touching while working out is much better than exercising on a cold bench.

4. Bodyweight partner press: This move is a lot of fun. The key for women is to trust your man with knowing your weight (lol) and the key for men is helping your partner benchpress yours. Be there to spot them through and never attempt this if you don't think you can bench the weight of the other person.

5. Double tree pose: If you are looking for relationship advice that will help you bond with your partner during a work out then the yoga is the perfect solution. And the double tree pose is the perfect move. With your hips touching each other, try to stretch them out while working on your balance and posture. Hold this move for a few counts and then switch sides.

What are some other great workouts you can do with your partner? Comment below!

The Worst 'Bachelor' and 'Bachelorette' Breakups





Jake Pavelka and Vienna Girardi

Jake Pavelka thought Vienna Girardi would be his best chance at love when he knelt in front of her on 'The Bachelor' season 14 finale. But after a short engagement, the pilot decided it was over and broke the news to his fiancée over the phone! On a TV special, Pavelka accused her of cheating, while Girardi said he was obsessed with fame. Ouch! Photo: Bob Charlotte / PR Photos

Coffee Meets Bagel Dating App Co-Founder Talks About Being on 'Shark Tank'





Interview by [Lori Bizzoco](#). Written by Lori Bizzoco and Emma Wells.

Looking for a unique way to find love on your mobile device? Well, one of the biggest names in [dating and relationship](#) apps is about to get some air time on television tonight (and no, it's not Tinder). Coffee Meets Bagel co-founders and sisters, Dawoon, Arum, and Soo Kang, are heading to ABC's *Shark Tank* for the season premiere to seek funding for an Android app expansion that launched two days ago to compliment their growing business.

What is the Coffee Meets Bagel Dating and Relationship App?

Coffee Meets Bagel was started by the Kang sisters in April 2012 in New York. As smart, attractive, young, and busy professionals who weren't having much success with dating, they wanted to make finding love easier and more fun for singles by creating a unique dating and relationship app. According to their website, Coffee Meets Bagel operates under three guiding principles: Firstly, your dating life should be

as private as you want it to be; secondly, meeting people through friends is safe and easy; and finally, it shouldn't be hard, uncomfortable, or tricky to meet good potential partners.

Related Link: [New Dating Apps to Manage Your Love Life](#)

Coffee Meets Bagel sets itself apart from other dating and relationship apps by providing users with only one potential match – or “Bagel” – per day at noon. Users then have 24 hours to either “like” or “pass” on their match. If you select “like” and your match does too, you get connected via SMS messages and can schedule a date. Additionally, Coffee Meets Bagel only provides matches it finds through your Facebook friend network. Perhaps this is why it has been so successful: They claim one million matches/introductions since they launched!

Their Experiences on Shark Tank

Executive Editor Lori Bizzoco had the chance to meet Dawoon a few years back at the New York launch party, and she spoke to her again this week. She wouldn't disclose too much information about what happens on *Shark Tank* or about the company's user numbers. “We don't give out our numbers,” she reveals. Well, that's going to make for an interesting segment tonight considering *Shark Tank* investors are ALL about the numbers! When asked if we'll find out more about this on the show, she replies, “You'll have to wait and see!”

Interestingly, Mashable reported that the sisters were attacked by the sharks for being coy about their users.

It's not that the sisters don't know the premise of the show. In fact, Dawoon said that they are big fans. However, she does tell us that they didn't seek out the opportunity to be on *Shark Tank*, explaining that ABC actually contacted them directly. “I never considered going on *Shark Tank* before because we are a bigger company than the entrepreneurs they

typically have on the show,” referring to her company’s 11 person team and their recent funding. The company received their first round of funding in September 2012 for 600,000 dollars from LightBank Venture Capital and the co-founder of Match.com, Peng T. Ong. They received a second round of venture capital – 2.8 million dollars – from an unknown source in May 2014. Speculation is that this came from one of the sharks, but Dawoon confirms it did not. “The investment happened before the announcement was made and before *Shark Tank*,” she says.

Related Link: [‘Shark Tank’s’ Barbara Corcoran Talks Business, Relationships, and ‘Shark Tales’](#)

But when the opportunity presented itself, they knew it was too good to turn down. “We thought it would be amazing to have one of the sharks involved because they are so smart and experienced,” she shares. “So we decided to go for it. It was very nerve-racking, but it was a lot of fun!”

When asked if there was a particular shark they would want as an investor, she points to Mark Cuban. “If I were to pick one shark [to work with], I would probably love to have him involved because he’s just so tech savvy. All the sharks are very straightforward and sharp, but I find Mark to be particularly so. I can totally see him adding a lot of value to Coffee Meets Bagel. We are very excited at the prospect of getting any of the sharks involved though.”

Like any good reality television show, there is always the possibility of some drama. We’ll just have to wait and see if Coffee Meets Bagel will be a match on the premiere episode of *Shark Tank*!

Tune in for Shark Tank tonight on ABC at 9/8c!

Dating Advice: How to Ring in the New Year with Your New Partner



B

y Molly Jacob

New year, new couple! A new year holds the promise of great times ahead, especially when it comes to relationships and love. Celebrating this time of year with someone new in your life makes the holiday season even better.

There are many ways you can celebrate the beginning of 2015 with your significant other. Cupid has some dating advice to help you get started:

1. Host a party: New Year's Eve is one of the biggest party nights of the year, but you and your partner can host a get-together anytime during the holiday season. Invite your mutual friends for a night of celebration (and don't forget the champagne!). Planning the guest list, putting up the decorations, and welcoming your friends into your home is a smart date idea that will strengthen your relationship and create memories for years to come.

Related Link: [5 Celebrity Couples Who Got Engaged Over The Holidays](#)

2. Plan a getaway: Feel like greeting 2015 with some romantic alone time? This is dating advice we can get behind. Instead of celebrating with others, pretend you're on a celebrity getaway and plan a trip for two at a ski resort, lake house, or anywhere else secluded and romantic. Every new couple needs alone time, so take the opportunity to get away from the stresses of everyday life.

3. Start a scrapbook: Begin collecting photos, letters, and other mementos documenting your relationship if you have not already done so. Keep everything in a special scrapbook so that when 2016 arrives, you two will have a great collection of the past year's memories.

Related Link: [Sofia Vergara Is Engaged to Joe Manganiello After Only Six Months of Dating](#)

4. Create resolutions: The start of the new year is not just about celebration, but it is also about planning how the coming year will be a success. Now that you are a couple, you can help each other create (and stick to) your resolutions, whether it is saving money or getting a gym membership. The strongest couples are the ones who encourage each other to become the best they can be.

What other ways will you be ringing in 2015 with your new partner? Share below!

How to Celebrate the New Year with a New Baby



y [Courtney Omernick](#)

You may think that all of the fun of New Year's is over because you have a new baby in the house, but guess again! Just because your newborn is taking control of how you spend your time doesn't mean you have to have a dull New Year's celebration. Check out some fun ways to celebrate New Year's with your baby in tow:

1. Host a slumber party: If you have enough space in your home, consider inviting a few of your friends who have children to party at your place. Yes, your house will have even more chaos because of the extra children, but this gives your friends an incentive to get out of the house and celebrate too! You can even have it catered to take some of the pressure off of you and your partner.

Related Link: [Scarlett Johansson Secretly Married Romain Dauriac in October](#)

2. Dress up: If you're planning a night in, you don't have to resort to sweats! Add some sparkle to the event by wearing a skirt or dress (for her) and a bowtie and suit (for him). Make sure to include your new baby in the festivities by dressing them up in a cute outfit too!

Related Link: [Did 'Bachelor' Winner Nikki Ferrell Reveal She Has A New Man?](#)

3. Bring your baby to the party: Obviously, this option depends on the type of party you're attending. After all, you won't want to bring your baby to a loud bar. But if you're going to a friend's house, you might be able to bring your newborn along. If there's a place in your friend's home where you can put your child down for bed, you won't even have to worry about interrupting their usual routine.

How else can you celebrate the New Year with a new baby? Share

your ideas in the comments!