

# Top 10 Unlikely Hollywood Couples



by Molly Jacob

Ever look back on past [relationships and love](#) and wonder, "What was I thinking?" Don't worry, celebs do that, too. While classic Hollywood couples like Brad Pitt and Angelina Jolie just seem meant to be, there have been many mismatched celebrity couples that stand out in the Hollywood dating scene.

## See what 10 unlikely Hollywood

# couples made our list!

## 1. Joel Madden and Nicole Richie

He's the tattooed rocker from the band Good Charlotte, she's infamously childhood best friends with *The Simple Life* costar Paris Hilton. This celebrity couple seems like an unlikely match, but the pair got hitched in 2010 and have two kids.

## 2. Sam Taylor-Johnson and Aaron Taylor-Johnson

*Avengers: The Age of Ultron* star Aaron Taylor-Johnson is only 23 but his wife of three years, Sam Taylor-Johnson, is 46. This celebrity couple doesn't care about this huge age gap, though. He was only 19 when they started dating, but as for the age gap, he told *The Times*, "I never noticed it when we fell in love with each other. And I don't notice it now...We just instinctively gel."

## 3. Mary-Kate Olsen and Olivier Sarkozy

Besides just the obvious difference in height (Olsen barely exceeds 5 feet while Sarkozy towers over her at 6'3"), there is also an 18-year age gap between the celeb love birds. This secretive Hollywood couple became engaged over a year ago.

**Related Link:** [Mary-Kate Olsen is Engaged to Olivier Sarkozy](#)

## 4. Marilyn Manson and Evan Rachel Wood

One look at this couple may make you think, "How on Earth did those two date?" This mismatched couple dated in 2007, and they were briefly engaged before splitting up in 2010. Wood, who is 19 years younger than Manson, told *People* that she was attracted to Manson's use of heavy black eyeliner.

## 5. Ryan Reynolds and Alanis Morissette

Think Ryan Reynolds and you probably think about a pretty boy

who gets all the ladies. It's hard to imagine the *Deadpool* star dating soulful and infamously angry singer Alanis Morissette, but they were a big couple in 2002 and even got engaged in 2004. Morissette admitted that her album, *Flavors of Entanglement*, was all about their messy break-up.

## **6. Josh Groban and Kat Dennings**

When the incredibly talented singer, Josh Groban, and "foulmouthed" Kat Dennings started making public appearances as a couple, most people were wondering what these two celebs had in common. Apparently, they get along well, even if Dennings isn't a huge fan of musicals. The Hollywood couple was spotted at the Tonys last week looking madly in love.

## **7. Chris Martin and Jennifer Lawrence**

Martin and Lawrence seemed to be an unlikely pair when the Hollywood couple got together after Martin's highly publicized split from Gwyneth Paltrow. The pair had a 13-year age gap, and they seemed to run in different Hollywood social groups. While they split last fall after only a few months together, there are bits of celebrity gossip floating around about the two getting back together and moving in together.

**Related Link:** [Are Chris Martin and Jennifer Lawrence Back Together?](#)

## **8. Tom Cruise and Cher**

Before Tom Cruise and Katie Holmes were taking over Hollywood, apparently the *Mission Impossible* star and Cher were an item in the '80s. Cher has been quoted as saying that Tom is on the list of her top best 5 lovers.

## **9. Sarah Silverman and Michael Sheen**

What happens when a profane comedienne and a British actor who studied at London's Royal Academy of Dramatic Art get together? We're finding out as more news about Silverman's and

Sheen's relationship appears in celeb magazines! This celebrity couple has been together for over a year and seems to be going strong.

#### **10. Julia Roberts and Daniel Moder**

Julia Roberts is one of Hollywood's royalty for sure, so many expected her to marry another famous movie star or celeb. But Roberts, after a string of highly publicized break-ups, got married to cameraman Daniel Moder in 2002. This unlikely duo is still together after nearly 13 years.

**What other weird or unusual Hollywood couples didn't make our list? Let us know in the comments section below!**

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## **Former 'Bachelor' Chris Soules: Is it Over Before it Begins?**





By Dr. Jane Greer

Former [The Bachelor](#) star [Chris Soules](#) and fiancée Whitney Bischoff announced they have mutually and amicably decided to call off their celebrity engagement. Chris shared that the split has been “really tough,” but they continue to be supportive friends. Despite the fact that the way in which couples meet on *The Bachelor* and *The Bachelorette* is so exciting, it seems many of the relationships and love don’t work out in the long term. Even so, the show carries intrigue for the viewers in the same way it does for the participants.

**It gives everyone the chance to think about the possibilities of meeting someone new and starting over, finding Mr. or Mrs. Right, and having the sense that anything**

**can happen, the world is your oyster. It can seem like a dream come true.**

Being a contestant on one of these reality shows is available to only a few people, but many of us have had the experience of meeting someone new in a more exciting than real life situation such as on vacation or at a big event like a wedding. When that happens, there can be an immediate connection, and the sense that you have known that person all your life. Those feelings can be fueled by chemistry and the attraction you have for one another, as well as the fanfare of the situation in which you met. In the same way that people meet on *The Bachelor* and *The Bachelorette*, it can be a key in the ignition that turns the relationship on, but then how do you keep it in motion? And why do so many of these relationships, whether they begin on the television show or in an out of the ordinary setting, end sooner rather than later?

**Related Link:** [Chris Soules and Celebrity Love Whitney Bischoff Celebrate His 'DWTS' Performance](#)

It probably has a lot to do with the fact that these couples aren't having the opportunity to experience the other person under typical circumstances. On the show, for example, there is an intended outcome, goal, and timeline for a decision to be made which can disrupt the regular flow of getting to know each other. In the case of those couples who meet in other places, on a whirlwind vacation or swept up in the romance of the wedding they are attending, the same can be true because things might move faster than they would otherwise. It's all about the excitement and celebration – capturing relationships at the very beginning, where almost everyone starts out excited about falling in love. For many people, however, making a relationship succeed requires work that has to kick

in once you're past the first stage of making the connection. This entails being able to communicate effectively with each other, dealing with compromising, sharing goals, and finding a balance between personal lives and their life as a couple. Those are the elements that make a relationship durable and enduring.

**Related Link:** [Former 'Bachelor' Chris Soules Spends Time with Family in Iowa Post Celebrity Break-Up](#)

The inability to navigate their way through these important steps, paired with the idea that they are no longer in a glamorous world or on a television set, can very often diminish desire. The more frustrated, disappointed and angry you get, the faster you can lose your footing and grasp on what is keeping you together, and the more likely you are to get turned off to your partner.

Of course, it helps to know what you are looking for before you embark on the search for a new mate, whether through participating in a show like this or not. In other words, consider the values, temperament and energy level you are hoping to find in a new partner. Do you hope to be with someone who is a go-getter, or on more of an even keel? Are you searching for someone who is ambitious and looking to make a lot of money, or someone who is more creative and not so focused on the finances? The most important thing in all of this is figuring out how you feel when you are with the other person, and how he or she makes you feel about yourself. If all of that falls into place, it might be worth making the effort to stay together even after the band goes home or the camera people are no longer a part of your time together.

For Chris and Whitney, getting back to the ordinary elements of living and away from the show may have shed a light on a reality they no longer wanted to be a part of. At least they are making the best of it and continuing their friendship.



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# Celebrity Video Interview: Tim Gunn Talks First Date Fashion and Summer Trends



Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

Make it work! Whether it be in relationships and love or the latest fashion trends, Tim Gunn's catchphrase holds true. The Emmy award winning co-host for Lifetime's *Project Runway* shares where to go on a first date and what he's most excited about for the new season of the hit fashion show. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the fashion expert about summer trends and all things *Project Runway*. You don't want to miss this celebrity news!



**Related Link:** [Celebrity Video Interview: Love Advice From HGTV Host Kelly Edwards](#)

## **Tim Gunn Talks First Date Looks and Summer Fashion Trends**

First dates can be nerve-racking, but you shouldn't worry about what to wear or where to go. "Dress up!" Gunn exclaims. "Dressing up says 'I want you to see the best of me.' It's about respect for yourself and the person you're dating." When it comes to finding the perfect first date outfit, Gunn has three essential elements that need to be balanced: Silhouette, proportion, and fit. "When those three elements are in harmony, you will look fabulous no matter what you're wearing," he says.

Choosing a location is also very important when it comes to the beginning of a relationship and love. Gunn's love advice is to always go out to eat. "I believe that a first date should be a meal, because you need to know how they interact with the waitstaff, what table manners they have, and how they interact with you during a meal," Gunn shares. "I think it's all telling."

**Related Link:** [OWN Star Kiki Haynes Shares Love Advice: "If the Heart Behind It Isn't Genuine, Then I'd Rather Not Have It"](#)

If you're going out this summer, then remember that accessories are more important than apparel this season. Whether it's a new hat, eyewear, or wedges, accessories work with many different looks. Also keep in mind that '70's Bohemian is coming back, so splash into summer with this revived look. "Independent of trends, there is something for everyone," Gunn shares. "Think about what's in your closet and what will enhance it. And always try it on! Under all circumstances, make no assumptions about fit."

# **Fashion Icon Discusses *Project Runway***

If you're eagerly awaiting the new season of *Project Runway*, then you'll love to hear that filming for season 14 starts in a few days. Unfortunately, this season Gunn was not able to go on the auditions to see the broad range of talent. However, he did get to look over the new contestants that were chosen. "I'm excited about working with them, they have a lot of personality," he says. "I hope they don't cancel each other out with that personality!"

But being on a show for this long doesn't mean it's perfect. Gunn says that if he had to change one thing, he would like to be in the workroom when the designers fit their models. "I've never seen so much delusion presented to me," he says. "I'm always asking how the fittings went and invariably it's 'Oh, they were great.' Then, I look at the work on the runway and I'm like 'What? Is there a new definition of the word great?'"

*You can keep up with Tim on Twitter @TimGunn and [www.facebook.com/TimGunn](http://www.facebook.com/TimGunn).*

*For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).*

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## **5 Emotional Stages of Being in a New Relationship and**

# Love



By [Courtney Omernick](#)

Relationships and love can feel like the greatest things that have ever happened to you; especially when these are new feelings. This is a time when you might be receiving a lot of relationship and dating advice from friends who are in long-term relationships. However, this is simply a time for you to feel your feelings.

**Below are five emotional stages of being in a new relationship and love.**

**1. They're perfect:** Seriously, the person that you're with can do no wrong. They seem to like all the right bands, love the best food, watch the greatest movies, and so on. How could nobody else want to be with this person?

**Related Link:** [Dating Advice: 10 Signs of Cheating You Need To Know](#)

**2. Everything reminds you of them:** You both might not have a lot of experiences together yet, but, somehow, everything reminds you of them. The song on the radio, the new Chinese restaurant in town, roses, it's all relevant.

**Related Link:** [Love Advice: Give Your Relationship and Love Life a Spring Cleaning](#)

**3. You need to figure out their past; now:** You feel like you spend so much time with them, yet, you don't know anything about them. What do their exes look like? What happened in their past relationships? What was their favorite thing to do when they were a kid? Start asking questions.

**4. Ut oh, you're both mad:** You haven't fought yet, but now you're both mad at each other. How do you work through this? How does the other person express anger and frustration? This is a new path you both will travel down together.

**5. What if this ends one day?:** Things are going really great right now, and you don't want to think about things ending. But, what if it does? Will you two still be friends? How are you going to feel about that?

**What are some other emotional stages of being in a new relationship and love? Comment below!**

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# Author Tamsen Fadal Talks New Book and Expert Love Advice: “Sometimes The Simplest Advice Is The Best Advice”



By [Rebecca White](#)

In Tamsen Fadal's newest book about love, titled *The New Single: Finding, Fixing, and Falling Back in Love with Yourself After a Break-up or Divorce*, the relationship expert discusses how hard it is when a relationship and love ends. With a realistic and proven game plan, the relationship author gives readers a road map to radiating confidence, taking better care of yourself inside and out- from career and finances, to home, health, and fitness- and gives [expert love](#)

[advice](#) on how to survive a split and start over, 90 days at a time. In our exclusive author interview, Fadal opens up about her own divorce and shares wisdom that can inspire anyone to move on from heartbreak.

## **Relationship Author Discusses *The New Single***

**Can you give us some background about the book and what the term “The New Single” means? How does this book differ from others like it out there?**

I went through a divorce a few years ago. As I was coming out of it and trying to figure out where to start over again and who I was, I realized it's not only a new beginning for me; my divorce was a public divorce here in NYC and really all over the place. My ex-husband and I ran a matchmaking business, so it was interesting to people that the marriage didn't work out. Nevertheless, when I came out of my marriage and came into my divorce, I realized there's this whole new group of people out there that are a new version of single. It's different from days past- being single means something different because the world we live in is not the same anymore. It's fast-paced. We're dating online now. We're moving at speeds we've never moved before. And I needed different things to help me get through it. I didn't need a dating manual. I needed real life day-to-day advice.

I don't know that I've ever seen recipes and financial planning in a post-divorce or break up book. It's practical advice that I think is necessary for everybody. It's not just for somebody who feels like they're heartbroken. It is real advice for the world we live in today. We hit on a little bit of everything, because I think until you have balance and wholeness in your life, you can't do anything for anybody else.



## **What do you think will surprise readers most about it?**

I think that there was this one line that everybody keeps going back to: sometimes the simplest advice is the best advice. There was an old colleague of mine that I had run into right after my divorce became public. I was embarrassed and I didn't want to see him (of course that's the person you always run into, right?). I walked in [to a party] and I thought, "Oh, no...he's just the last person I want to see." He put out his arms to hug me so I gave him one of those half-hearted hugs and smiles and he said, "I just want you to remember something. It's not going to be like this 365 days from now." I said, "I don't want it to be like this two hours from now, what does that mean?" But, he was right and it hasn't been like that. It takes time to start over again and to rebuild and reinvent. I think that's what this book really teaches. The thing that surprises most people is how that simple advice has really helped so many.

**Related Link:** [Author Ellen McCarthy Discusses 'The Real Thing' About Relationships and Love: Find "Someone Who Appreciates Your Whole, Quirky, Imperfect, Wonderful Self"](#)

## **During the writing process did you have any profound moments or epiphanies about your own life that really shook you?**

Yeah, I did. I realized at one point, when I had started to get back out there, that I was making some of the same mistakes I had early on. I call it turning your red flags to pink, which is making everything seem like it's okay and look really pretty when it isn't. I found I was doing that all over again as I started to date someone else. So, that was difficult for me. I think that at a couple points I realized that, as I was 43 and 44 while writing this book, it doesn't matter how old we get. If we don't start to change those habits then we will keep repeating them.

# Tamsen Fadal Gives Expert Love Advice Post-Divorce

**What is the best piece of love advice you've ever been given?**

From my dad, he said, "It's better to be alone than lonely with someone." I didn't understand it for a long time. We're not taught to think about things like that. To me, "lonely" and "alone" were the same thing, and to a lot of people they are. When you understand the difference between those two words, I think that you have evolved. One is just population, having someone physically with you, and one is having somebody that speaks to your heart.

**What tips do you have for longtime couples who are struggling to keep their marriage going?**

I think that you have to step back. I've certainly been there and it's a lonely place to be. You need to evaluate where you're both coming from and who you've become. We change when we get into relationships and that can often times be difficult. You need to know the person you're dealing with, because it might not have been the person you moved in with, walked down the aisle with, or first met when you had that cup of coffee. You need to know your audience and who you're talking to. You might end up liking this person better. It's really important to be honest with yourself. I realized often times that I wasn't being honest with myself, and it's a tough revelation. You need to assess whether or not you need to bring in a third party in terms of therapy or counseling. You need to keep the lines of communication open and make that is your number one focus. If you don't fix that part, it's very difficult to do anything else, whether it be finances, career, or taking care of your children and extended family properly. Those are the three places I would begin.

**Related Link:** ['Snap Strategies for Couples' Offers Efficient](#)

## [Relationship Advice for Busy Pairs](#)

**How do you radiate confidence when you truly don't feel very confident after a breakup?**

I didn't for a long time, and I really wound up doing things that seem kind of mundane and practical and not really relationship-driven to maintain that confidence. That's what a lot of the book is about, finding things that were important to me. Yoga: one yoga class that I succeeded in made me feel a little bit better. Work: one good story or changing someone's life made me feel good. Volunteering: I started doing that and got involved in a lot more charities. That's what I started to do to radiate that confidence even though I didn't feel it. I also did a lot of to-do lists, which sounded kind of goofy to people. But that was really the only way I could stay on point and stay focused in order to really structure my life, so I wasn't thinking "woe is me." Instead I was thinking about what can I do outside to bring more inside.

*Check out The New Single on Amazon! For more from Tamsen, follow her on Twitter @TamsenFadal and be on the lookout for her on WPIX at 5 p.m., 6 p.m., and 10 p.m.*

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## **5 Celebrity Couples Who Prove Love Can Last a Lifetime**





By [Courtney Omernick](#)

When you think of “celebrity couples” and “lasting love,” you don’t usually think they go together. However, there have been a few celebrity couples that made sure their love kept them together. Maybe it’s time to follow their love and relationship advice.

**Listed below are Cupid’s five celebrity couples who’ve proven that love can last a lifetime.**

**1. Sarah Jessica Parker and Matthew Broderick:** Sarah and Matthew married on May 9, 1997 and have had a solid relationship and love life ever since. The famous couple has a son, James, and twin girls, Marion and Tabitha, together.

**Related Link:** [Singer Colbie Caillat Celebrates Celebrity Engagement to Longtime Love Justin Young](#)

**2. Meryl Streep and Don Gummer:** This actress and painter duo

have been together for 37 years. Meryl and Don married in 1978 at her parent's home in Connecticut. They went on to have four children: Mami, Grace, Henry, and Louisa.

**Related Link:** [Jennifer Aniston's Celebrity Engagement: How Long is Too Long?](#)

**3. Tom Hanks and Rita Wilson:** This dynamic duo met on the set of Tom's TV Show, *Bosom Buddies* in the early 1980's. The two married in 1988 and have two sons together, Chet and Truman.

**4. Goldie Hawn and Kurt Russell:** Even though these two have never married, they've still maintained a strong relationship that has lasted over 30 years! This couple has been together since 1983, and had one son, but raised multiple children together from previous relationships.

**5. Jeff Bridges and Susan Geston:** Jeff has only been married once, and that's to the love of his life, Susan Geston. The couple married 38 years ago (five days after Jeff proposed) and have three daughters together. Jeff told reporters that he danced with Susan at a party and "just knew."

**What are some other long lasting, celebrity relationships? Comment below!**

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## **Celebrity Video Interview: Love Advice From HGTV Host Kelly Edwards**



By [Rebecca White](#)

Home improvement and lifestyle expert Kelly Edwards shares all of the ins and outs of designing and redecorating your home for the summer season in our exclusive celebrity interview. Moving in together is a big step for any relationship and love, and tackling the design process can be daunting. Don't fret though! In our [celebrity video interview](#), Edwards chats about how to compromise if your design styles don't match up and how to save money and stay on a budget. Plus, she shares the piece of love advice that helps keep her 11-year marriage strong.

**Related Link:** [Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: "We Carve Out Time for Each Other"](#)



# Kelly Edwards Shares Love Advice For Decorating and Design In Celebrity Video Interview

If you're moving in as a couple and your design styles don't match up, compromising is the best solution. Take a cue from Edwards' own story: "I had a coffee table that my husband hated, so I told him if we put it in the space and he still hated it after 30 days, then he could take it out," she says. "Well, 30 days later, he forgot it was even there. I got to keep it! Now, he's in love with it, and it looks amazing."

Don't be scared of the design and decorating process – you don't have to do it all at once. "It should happen over time," the lifestyle expert explains. "You should have a curated space that's all you, and you've found pieces along the way from traveling or picking it up together as a couple."

You can also save money while designing your home by having some do-it-yourself pieces. "I love to say that, if it has good bones and good structure, then you should keep it," she says. "You should have things in your home that you love."

**Related Link:** [Do-It-Yourself Date Night Advice from HGTV Host Monica Pedersen](#)

## Lifestyle Expert Talks Relationships and Love

It's no surprise that Edwards and her husband – a photographer – both travel a lot. "We both travel often, so I say that's the key to happy marriage," she shares in our celebrity video interview. "We travel together and separately too."

Being in a relationship and love for over a decade is no easy task! Edwards' love advice for a lasting partnership is to

find an interest you can share. "Have a hobby you like to do together, so you're always falling in love with something new," the HGTV star says. "[My husband and I] are big foodies, and we love to travel, so every time we go to a place we haven't been before, we can experience that together. We're creating memories, so later on, no one else has that particular memory but us."

*You can keep up with Kelly on Twitter @KellyEdwardsInc and her website, <http://kellyedwardsinc.com/>.*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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## **Relationship Movie 'Me and Earl and the Dying Girl' Turns Into a Surprising Chick Flick**





By [Courtney Omernick](#)

In the new movie *Me and Earl and the Dying Girl*, Greg is a normal, high school senior whose mom has asked him to spend a majority of his free time with Rachel, a girl in his graduating class who is battling cancer. An unlikely friendship ensues that starts to lead to something more. The movie hits theaters on June 12th.

## **Check out Cupid's take on this surprising chick flick!**

### **Should you see it:**

This relationship movie is a chick flick with a twist! If you've ever had a close friend become your significant other, than you'll enjoy this film's story line. The movie also features breakout stars Thomas Mann, Olivia Cook, R.J. Cyler, and more.

### **Who to take:**

This relationship movie/chick flick would be great to see with your friends or significant other.

## **How do you know if you should date your best friend?**

### **Cupid's Advice:**

Sometimes, you may end up developing strong feelings for your best friend. Should you just remain friends? Should you pursue a relationship with this person? What if it works? What if it doesn't? Taking a relationship to the next level can be filled with a lot of uncertainty. So, cupid has gathered some love advice below.

**1. You have fun doing anything with them:** Not every task is a fun task, but, if you're doing that task with the right person, it can be. If they seem to make everything entertaining, you might be on to something more.

**Related Link:** [Kanye West Sends Celebrity Love Kim Kardashian Gushing Anniversary Twitter Message One Day Late](#)

**2. Their presence is a present:** They don't have to do anything but show up, and you feel happy inside. If this person makes you feel comfortable and at ease just by being there, you may be inclined to take the relationship to the next level.

**Related Link:** [Dating Advice: How to Get Out of the Friend Zone](#)

**3. They go out of their way to make you feel special and want nothing in return:** They don't care if you pay them back, or decorate their living room on their birthday. But, they do want to make sure that you get everything you've ever wanted and more.

**Have you dated your best friend? Do you have some love advice for our readers? Comment below!**

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# Dating Advice: 10 Signs of Cheating You Need To Know



By Molly Jacob

Most people have either had a partner cheat on them, cheated on someone, or knows someone who has been cheated on. While you of course hope that your partner will always be faithful, you never know when infidelity might strike your relationship and love life. If that happens, you'll want all the dating and relationship advice you can get.

# Check out Cupid's 10 signs of cheating that you need to know!

**1. Focus on appearance:** With any long-term relationship, you start to care less and less about your appearance because you both have seen each other at your worst. But you've noticed that your partner has started caring more about their physique, and less about what you think about their looks. This could be a sign that they're looking their best for someone else.

**2. Less sexual intimacy:** There are many reasons why someone could have a reduced libido, but classic relationship advice says that if your partner suddenly becomes less interested in being intimate with you, it could be because they're interested in being intimate with someone else.

**Related Link:** [Celebrity Couples That Have Bounced Back After Cheating](#)

**3. More interest in sex:** On the opposite end of this extreme, your cheating partner could suddenly have more of a sex drive. Your partner might be acting differently in bed or have a new confidence you haven't seen since you two started dating. While spicing up your sex life can be a good thing with relationships and love, sometimes it may mean something more.

**4. Using technology more:** Once your honey barely knew how to work his or her new iPhone. Now they have complicated pass codes on their phones and you notice mysterious apps or new email accounts. These may be a sign that your partner is hiding something from you using technology. While it may be tempting to look through their phone, some good dating advice is to make sure you talk to them about your infidelity suspicions before violating their privacy.

**5. A need for privacy:** Sure, alone time is important for



relationships and love. But if your partner suddenly needs to take phone calls in the bathroom or goes on many errands alone, this could be another sign that he or she is seeing someone else.

**Related Link:** [Relationship Advice Video: How to Tell If Your Man Will Cheat](#)

**6. Spends more time at work:** If your significant other has become more interested in his or her work life than your relationship, this might be a sign of infidelity. Of course, your partner could be spending more time at the office because they have a promotion coming up or a difficult project they're working on. But more "business trips" and late nights at the office could actually be a sign that they're seeing someone else, especially if they're reluctant to tell you what exactly they're doing at the office so late at night.

**7. Becomes suspicious of you:** If your spouse or partner is cheating on you, they might become accusatory and accuse you of being unfaithful. This could be his or her own guilt about cheating manifesting itself in anger. We often, in the area of relationships and love, project our own feelings onto others.

**8. Picks fights easily:** If your spouse or significant other has been getting angry with you recently and picking fights frequently, they might be causing this relationship trouble because of the guilt they feel. You should especially be suspicious if they pick fights just so they can leave the house.

**Related Link:** [You've Cheated, So Now What?](#)

**9. Secretive with financial information:** Your significant other was once open with his or her bank accounts but has recently become more private about their spending. This could be a sign that they are buying gifts for someone they are seeing on the side. Dating advice: be especially suspicious if they act strange or offended when you ask to see their credit

card bills, because they could be hiding something.

**10. Acting strange:** When you date someone for many months or even years, you start to expect a certain behavior of someone. So when they start to stray from this, you can start to get suspicious. Relationship advice: trust in your intuition. If they start acting differently, then there might be something going on. But never jump to conclusions. If you suspect your partner might be unfaithful, make sure you talk to him or her before becoming upset. As many signs as you find, there might be a simple explanation for your significant other's behaviors.

**What other signs of cheating have you seen? Let us know in the comments section below!**

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## **5 Times Celebrity Gossip Turned Out To Be Untrue**





By Molly Jacob

It seems like every week there's a new celebrity scandal or rumor going around about a secret affair, sudden death, and more. While many of these bits of celebrity gossip about celebs do turn out to be true, some are laughably fake rumors and are the result of unreliable sources or ridiculous speculation.

**From celebrity dating rumors to celebrity scandals, read below to see what celebrity gossip just wasn't true!**

### **1. Beyoncé and President Obama's affair:**

He's one of the most important men in the world and she's (in our eyes) one of the most important women, so it makes sense that this celebrity gossip would come along eventually. In February 2014, a French newspaper published comments made by

French photographer Pascal Rostain, who said that the President and the singer were having an affair, and that Obama and the First Lady were having marital problems. This celebrity dating rumor didn't go very far because Rostain took back some of his statements after he faced from backlash from the public.

**Related Link:** [What Beyoncé's Body Language Says About Her Love for Jay-Z](#)

## **2. Justin Bieber fathered a son:**

"Baby" fans were shocked when Mariah Yeater announced in 2011 that Bieber was the father of her child, who was allegedly conceived backstage after one of the singer's concerts. This was not only scandalous because he had been dating Selena Gomez at the time, but also because the celeb had been known to speak out against casual sex. This celebrity scandal died down when Yeater's ex-boyfriend made a statement accusing Yeater of lying about her encounter with Bieber so that she could make money off the superstar.

## **3. Kanye West's comments about Nelson Mandela:**

While West has known to say some outlandish statements to the press, one interview that got a lot of the public's attention was from a satirical newspaper, *The Daily Currant*. West was quoted as comparing himself to Mandela and saying other insensitive comments in the hours after Mandela's death. Many people didn't realize that the interview was fabricated and became outraged at the celeb on Twitter and other social media sites.

**Related Link:** [Kanye West Sends Celebrity Love Kim Kardashian String Quartet and Roses for Mother's Day](#)

## **4. Beyoncé was never pregnant with Blue Ivy:**

Because of her fame, this superstar is a victim of many untrue

celebrity scandals. While she appeared in public to be very pregnant, a video was released that showed Beyoncé's pregnant belly folding up strangely as she sat down in an interview. This sparked rumors that she was wearing a fake baby bump and had actually hired a surrogate to carry her baby for her. Beyoncé and Jay-Z put this celebrity gossip to rest when they revealed footage of a very pregnant (and nude!) Beyoncé, along with other sweet videos of milestones, including Blue Ivy's first steps.

### **5. Lady Gaga is a hermaphrodite:**

Lady Gaga, known for her extravagant outfits and catchy tunes, was known for something else back in 2009. Due to various "revealing" video clips and a fake article from a celebrity satire site in which she "admitted" to being a hermaphrodite, many people wondered about the pop star's sex. Barbara Walters even tried to deny or confirm this celebrity gossip with Lady Gaga herself in an interview. The celeb denied all rumors, but did say to Walters, "I portray myself in a very androgynous way, and I love androgyny."

**What other celebrity gossip in the news did you find ridiculous and untrue? Let us know by commenting below!**

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## **Jennifer Aniston's Celebrity Engagement: How Long is Too Long?**



By Dr. Jane Greer

Actors [Jennifer Aniston](#) and Justin Theroux celebrated their [celebrity engagement](#) in August of 2012, and their wedding has been much-anticipated by their many fans. However, reports last week revealed the two have been fighting and are now living separately. Justin has asked Jennifer to be patient, but being no closer to a celebrity wedding date after being engaged for over two years “makes her feel like a fool.” Couple that with the fact that they both have incredibly busy schedules, and it’s no surprise that they are having a hard time scheduling their wedding.

**The fact that this celebrity couple has been planning to get married**



# **for over two years raises the question, how long is too long? Is there a shelf life to an engagement?**

## **What's holding you back?**

That may depend on whether the issues getting in the way are practical ones or emotional ones, and if the couple will be able to give themselves time to work through and get past them. Consider first what is holding you back from setting a date and walking down the aisle. If you both have full-time jobs, for example, or are celebrities like Jennifer and Justin, the demands of the office and of upcoming projects might make it very difficult to plan a wedding.

## **Where will you live?**

On top of that, there's the expectation that once you are married you will share a home base. If you are living in separate parts of the country or world, or have a work assignment far away from where your partner spends most of his or her time, deciding where to call home might not come so easily. Sometimes that requires one person to compromise and make a choice that could end up feeling like a sacrifice he or she isn't ready to make. So whether it is a work commitment, or even an illness in the family that is time-consuming, and thereby keeping you from saying, "I do," you might find yourself in a perpetual state of engagement.

## **Are you used to your long engagement?**

You may even adjust to a long engagement, and it can become what you are used to. So if it works for both of you, then there may not be any rush. Sometimes the end goal of marriage is no longer front and center, and you might not feel

compelled to take the next step. You are each happily doing your thing, and haven't taken the time to figure out how to officially merge lanes. Getting married would be nice, but right now it doesn't feel necessary. If that is the case, the shelf life on an engagement can be evergreen.

### **Are your feelings in the right place?**

If the thing that is holding you back has more to do with your feelings than with logistics, take stock of what is going on so you can better understand it and deal with it. Has one of you been married before, maybe even suffered a betrayal as was the case with Jennifer, and therefore may be feeling afraid to take the plunge for fear something similar might happen again? Or, like Justin, has one of you never been married? If that is the case there is the possibility that the fear of a change in identity and the concern over what there is to lose, such as personal freedom, is what is creating the roadblock.

### **Practical vs. Emotional**

Layer the two together, the practical piece and the emotional piece, possibly even throwing in a financial piece, and it is no wonder some people take longer to get to the altar. If one of you is pushing to do it sooner than the other, things might get complicated. But if you are both willing to wait it out, and you are able to work through some or all of these issues, then there is really no downside to waiting. The bottom line is, there is no clear expiration date on an engagement unless you plan to call off the relationship itself. As long as you are on the same team, and are aware of what is keeping you from taking the plunge, you could stay engaged for years or even decades.

Only time will tell if Jennifer and Justin fall into the category of both being okay with the long engagement, or if they will start to move apart in terms of what they each wish for. Hopefully, though, they will be able to move forward in

their joint life together, proving their commitment to each other is enduring whether they are married or not.

*Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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## **OWN Star Kiki Haynes Shares Love Advice: “If the Heart Behind It Isn’t Genuine, Then I’d Rather Not Have It”**





By [Sarah Batcheller](#)

Kiki Hayne's tremendous personality is impossible to ignore. Whether she's on-screen starring as Keisha Jones in Tyler Perry's *For Better or Worse*, which airs on the Oprah Winfrey Network, or divulging her best love advice, she never fails to make her audience laugh. The television star knew at a young age that acting was her passion. After meeting Bill Cosby and other cast members of *The Cosby Show* early in her acting career, she became determined to pursue a successful career in the entertainment industry. Since then, she's captivated fans with her riotous, sassy attitude. In this [exclusive celebrity interview](#), the New Jersey native opens up about her thriving career and the importance of keeping your head up.

## **OWN Star Discusses Castmates in Exclusive Celebrity Interview**

The *For Better or Worse* star explains that she and her castmates are like family. "We're all team players. It's gotten to the point that we know each other so well that we

play off of each other,” Haynes gushes. “We just have a good time while we’re filming! It’s kind of like having a best friend who you don’t have to say anything to; you can just give each other that look.”

In addition to having such supportive friends, the OWN star names her faith as being what helps her keep her head up during tough times. “It is everything,” she says of her beliefs. “This business will tear you apart. There are always more actors than there is work, so everybody’s trying to get those two or three roles. My faith in God makes me feel a comfort that, when I don’t get a role, no matter how great I was or how hard I worked on the audition, it just wasn’t meant for me. A lot of people think, ‘What did I do wrong?’ It’s not that you did something wrong; it just wasn’t meant for you. I know for a fact that my faith taught me that – it keeps me sane!”

**Related Link:** [Girl’s Night Movie Pick of the Week: ‘The Single Moms Club’](#)

When it comes to her *For Better or Worse* character, Haynes admits that Keisha is very different from her true self and draws her inspiration to play a villainous woman not only from people she’s known in real life but from reality TV as well. “I’ve met people like Keisha before! They’re not necessarily friends of mine, but I’ve been in settings where I’ve witnessed people bring on the drama,” she reveals. “And I’ve watched reality TV shows like *Bad Girls Club* and *Basketball Wives*. I look at the drama they bring and use those kinds of mannerisms for Keisha. It’s so much fun!

“But I also find a truthful side to her because I wanted the audience to still have a heart for her,” she adds. “She is a lot of trouble, but underneath is a woman who’s hurt.”

# Kiki Haynes Offers Old-Fashioned Love Advice

Haynes's sweet disposition is evident in her outlook on love. Like many single celebrity women, she describes herself as a "renaissance woman" but still values chivalry when it comes to dating. In our exclusive celebrity interview, she points out, "I have a modern outlook that women should be in more powerful positions and be able to be independent, but I still like tradition in my dating life. I like old-school courtship. I want a guy to actually come and ring the doorbell and open the car door for me. I also like it when guys ask me about me; I've been on dates when guys talk more about themselves. Don't just try and sell yourself to me – get to know *me!*"

The Jersey girl's best love advice comes from the early days of a past relationship, in which she claims if she could go back and do the relationship over again, she would have known better from the get-go: "On a date one night, we were talking at dinner, and he asked me about things I had never done, so I told him things like parasailing and canoe riding. On the next date, we went parasailing, went to breakfast afterward, then went on a gondola ride, had champagne and strawberries, then dinner, and finally went to a huge Latin dance concert. He had the full date planned out from top to bottom. I really felt like a princess!" she shares. "But it was too good to be true because it was all for show. As much as I enjoyed it all, if the heart behind it isn't genuine, then I'd rather not have it."

**Related Link:** [Celebrity Interview: 'The Real' Co-Host Jeannie Mai Shares Recycling Tips and Beauty Advice](#)

Of the same relationship, Haynes continues, "Another thing he did was that, every time he came to my house, he would spend a long time in my bathroom, and I found out he actually made a mental note of all of the products I used and stocked his



bathroom with the same shampoo, deodorant, etc. so that I wouldn't have to bring things back and forth. He did all of that in the first month! Not that anything is wrong with that, but I could probably have waited another two to three months. After six months, he showed his true character."

So what did she learn from this failed partnership? "If someone does too much too fast, they're probably on a schedule. Why did he have to plan that date in one day? It was too much, too fast! If I could go back and do it all over again, I would have known to run for the hills," she says.

*For more from Kiki, be sure to keep up with her on Twitter @iamkikihaynes, [www.facebook.com/kiki.haynes](http://www.facebook.com/kiki.haynes), and [www.instagram.com/kikihaynes/](http://www.instagram.com/kikihaynes/).*

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## **Katharine McPhee's Celebrity Divorce: Can You Stay Friends With an Ex?**





By [Dr. Jane Greer](#)

Katharine McPhee's celebrity divorce from ex-husband Nick Cokas may have been messy, but the two seem friendlier than ever. They were spotted getting breakfast together last week, and Nick even caressed her face during the meal.

**This celebrity couple has remained amicable since the split, which raises the question: is it possible to continue to be friends with an ex?**

**Are there any lingering issues?**

There are several things to consider when trying to decide if it is a good idea to be your former partner's pal. The first is to think about how your relationship ended and if there are any lingering issues. If there is still a lot of anger and

resentment between you, and you continue to be at odds sorting out the logistics of your new lives and what that means, then you might not be ready to be friends yet. In other words, if you are still trying to iron out the difficult details of dealing with kids, sorting through your things, sharing friends, and deciding how to deal with family events, the likelihood that these complications will raise your already brewing frustration level is pretty high. If the “we” world that was dismantled is still requiring a lot of directions and maps to navigate through, and the journey hasn’t been smooth or easy, it is probably too soon. With that in mind, trying to stay close at this time might only serve to fuel the negative energy and keep the anger going.

### **Are you still upset?**

Along the same lines, if you are still feeling upset, bitter, and blame your ex for what has happened between you, then you will probably need time to heal and deal with those feelings before embarking on a new phase of your relationship and love life. If this is the case, don’t pressure yourself. Give yourself the time and space you need to process these emotions, so that there is the chance that you can get to a more peaceful point in the future and you will be able to be sociable with each other.

### **Are you considering the feelings of a new partner?**

Finally, if you or your ex is now involved with a new person, that person’s feeling should also be taken into consideration. If it makes them uncomfortable, or they would rather you didn’t maintain a connection with your former spouse, that will probably have an effect on your decision to try to remain friends and to what extent.

Sometimes the viability of maintaining a friendship goes back to how your relationship began. If you were friends before you were romantic with each other, it might feel natural to fall

back into that pattern. The bottom line is that being friends with an ex works for some people and not for others. At the very least though, once things settle down, the goal of being friendly is a good one so that you can work together and not have to divide cleanly into separate camps.

Hopefully Katharine and Nick can continue to stay on good terms with each other while still experiencing new happenings and new loves in each of their lives.

*Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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## Chick Flick 'Aloha' Features Bradley Cooper as a Lone Wolf





By [Courtney Omernick](#)

Defense worker Bradley Cooper returns to one of his former jobs in Hawaii to team up with pilot Emma Stone in order to stop a satellite launch. While working in Hawaii, he encounters his ex-girlfriend, Rachel McAdams, and has to choose between pursuing a relationship and love life with Rachel or seeing what the future holds with Emma.

## **Cupid has all your chick flick-inspired dating advice!**

### **Should you see it:**

This relationship movie is a chick flick that covers some tough decisions surrounding relationships and love. If you've ever been caught between returning to your past or moving forward, then you'll understand the dynamics of this film. This movie also features John Krasinski, Bill Murray, Bradley Cooper, Alec Baldwin, Emma Stone, and Rachel McAdams.

## **Who to take:**

This film would be great to see with your friends or significant other.

How do you know if it's the right decision to get back together with your ex?

## **Cupid's Advice:**

Breaking away from your past and what's comfortable can be hard for anyone. But, what if you have that longing for it, and it just won't go away? Getting back together with an ex can be tricky. You've both invested a lot of time to the relationship in the past, do you really want to start again? You may find some great dating advice below!

**1. You know how to create a successful relationship:** Sure, things didn't work out in the past, but, that doesn't mean that you can't try and create a better future. If you know what's most important this time around, and you and your former partner are ready to have a serious talk as to how you can improve your relationship, you might have a shot at getting back together.

**Related Link:** [Kris Jenner Says She and Celebrity Ex Bruce Jenner Were 'A Match Made in Heaven'](#)

**2. You miss the person, not the relationship:** It's one thing to miss the person, it's another to miss the relationship. You can create a great relationship with anyone if the two of you work at it, but, the right person has to be a part of the equation. If you're missing the actual person's personality, etc., you may want to consider giving your relationship a second chance.

**Related Link:** [Celebrity Exes Andi Dorfman and Josh Murray Flaunt their Search for Love Online](#)

**3. Your ability to handle uncertainty:** It could work out, and



then again, it couldn't. You must be willing to live with that uncertainty and work on the task at hand: preserving the relationship. If you work on the present, the future will take care of itself.

**Have you gotten back together with your ex? Was it the right decision? Comment below!**

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## Our 5 Favorite Celeb BFFs



By [Courtney Omernick](#)

Hollywood is full of amazing celebrity couples, but, what about the celeb "friend" couples, or, "BFF"s?

# Below is a list of our five favorite celebrity BFFs. See if you agree!

**1. Tina Fey and Amy Poehler:** Tina and Amy shared the screen on “Saturday Night Live” for years, but their friendship began in the 90’s when they were both studying improv comedy in Chicago.

**Related Link:** [Love Advice: Can Jennifer Lawrence and Bradley Cooper’s Work Marriage Work](#)

**2. Drew Barrymore and Cameron Diaz:** These *Charlie’s Angels* stars became best friends during the first film in 2000, and they attended each other’s weddings.

**Related Link:** [Famous Couple Brad Pitt & Angelina Jolie: When is it Time to Seek Help?](#)

**3. Demi Lovato and Selena Gomez:** This pair’s friendship began ten years ago when they both auditioned for *Barney*, and they’ve remained close ever since.

**4. Taylor Swift and Emma Stone:** These two actresses met at the Young Hollywood Awards five years ago, and their celebrity friendship blossomed from there. Taylor said in 2011 that Emma is like a sister to her.

**5. Zach Galifianakis and Bradley Cooper:** These two were friends long before they starred together in *The Hangover*. Bradley made an appearance on Zach’s VH1 talk show, *Late World*, in 2002 and was one of the first stars to appear on his *Funny or Die Between Two Ferns* series.

**What are some of your favorite celebrity BFFs? Comment below!**

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# Dating Advice: How to Get Out of the Friend Zone



By Molly Jacob

You go to the movies together, you grab lunch all the time, and you two know each other's secrets. You want to take your friendship to the next level of relationships and love, but that's all you are – just friends. Sound familiar? If so, you may be stuck in the "friend zone." Being in the friend zone means that you are romantically interested in someone who just views you as a friend.

# See what dating advice Cupid has to help you get out of the friend zone!

## 1. Evaluate your relationship.

If you two are friends, there must be a reason why you two get along. You probably have similar interests or senses of humor, so you could have a chance of finding love in your friendship. But really take a look at your friendship and figure out why your romantic interest only views you as a friend. Does he talk to you about all the other girls he finds attractive? Does she tell you in great detail about all the dates she's been on? He or she may simply view you as a confidant, not someone they could imagine themselves dating. Dating advice: show how you can be more than just a friend! Show your friend a different side of yourself; it's always good love advice to show your best self to those you want to pursue.

**Related Link:** [When It's Best To Keep It in the Friend Zone](#)

## 2. Say how you feel.

This may be the hardest but also more important part of getting out of the friend zone. You may think you've been dropping hints here and there that demonstrate your affection, but you can't assume that your friend knows about your crush unless you tell him or her yourself. Let your friend know that you have been thinking of them less as just a friend recently and more in the area of relationships and love. Once you admit your feelings, give your friend plenty of time to process your love confession because it may be a shock to them.

## 3. Be your own person.

So you've admitted your feelings to your crush and you're giving them time to process this change in your relationship. Don't let that stop you from living your life! It's known love advice that people are attracted to others who seem to be

having fun with their lives, instead of waiting around and being clingy. Go hiking with friends and go out to eat downtown instead of just waiting by the phone for your friend to call you. Show your friend that you have your own life, and that they'd be lucky to be a part of it!

**Related Link:** [David Arquette Says That He's Entered the Friend Zone with Courteney Cox](#)

#### **4. Accept your friend's feelings.**

As much as you want to take this friendship to the next level, you two may just not be meant to be. Don't be upset if your crush doesn't want to date you – you may not be their type or they might not be looking for a relationship at all. Devote your romantic energies pursuing other people in your life and look for relationships and love elsewhere. Dating advice: don't get hung up on just one unrequited love. They're probably missing out by not dating you!

**Have you ever gotten out of the friend zone? What advice helped you? Let us know by commenting below!**

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# **'American Crime' Actress Gwendoline Yeo on Relationships and Love: "You Have to Have Similar Hearts"**





By [Sarah Batcheller](#)

Gwendoline Yeo captivates audiences with her ability to capture the essence of every character she plays. She is best-known for her roles on *Desperate Housewives*, *Broken Trail*, and most recently, ABC's *American Crime*. While her comedic virtue keeps fans coming back, it's her knack for expressing deep human emotions that is truly unforgettable. The Singapore native is an outstanding example of a female actress whose undeniable talent demands reverence. In addition to her television roles, she has crafted her own one-woman show that reminds us all about the power of inner strength. In our exclusive celebrity interview, Yeo opens up about the representation of women in the entertainment industry, her booming career, and, of course, all things [relationships and love!](#)

***American Crime* Star Discusses the Role of Women in the Entertainment**



# Industry

The actress believes that the entertainment industry should always work to increase the number of empowered female roles, particularly when it comes to women of color. During her time on *Desperate Housewives*, she recalls the ways in which the media would miss the point and celebrate women for things other than their acting talent. “I remember that there was a cover story about Eva Longoria saying something like, ‘Mexican Latina Explosion!’ Eva was like, ‘What explosion? It’s just me,’” she says.

**Related Link:** [Eva Longoria Says She’s Not Angry About Ex Tony Parker’s Affair](#)

She explains the importance of a diverse representation in the TV world by saying, “You’ve just got to keep working at diversity. I do think that many networks are trying to get there. *American Crime* is such a diverse show, and ABC as a network has such a diverse roster.”

She then adds, “It’s also not just about being in front of the camera. It’s important for people to want to be *behind* the camera directing and writing these roles. With all of that being said, I don’t think I work any less than other actresses. I’ve been very fortunate, and half of the roles I have booked have not been race specific. I still believe that talent and authenticity win in a room.”

As far as the behind-the-scenes work goes, the *Desperate Housewives* veteran explains that women are often times harder on her, but she describes that as “a joyful challenge” because, all-in-all, they understand each other.

Yeo is currently working on transforming her one-woman show, *Laughing With My Mouth Wide Open*, into a screenplay. The show details the true story of her journey from abuse and suppression to freedom and happiness, and her goal is to

connect with her audience through art. “I feel that, often times, when you expose yourself, people are actually very accepting because everybody has their own shame about things,” the actress-turned-producer explains. “I really wanted to impact younger women. I had a lot of women come up to me, and while none were very vocal, I think they were like, ‘Wow, I learned something.’”

She continues, “I wanted to prevent people from getting into situations where they feel compromised. Whenever people are victimized in certain ways, they always wonder, ‘Did I cause it?’ But I don’t feel that’s the case.”

## **Gwendoline Yeo Gives Relationship Advice to Fans**

Although there was a time when her parents disagreed with her career choice, Yeo changed their minds when she realized that acting gave her a sense of wholeness. “In any family, you want stability for your children. When we came over to the states, my dad was making twenty to thirty thousand a year, and my mom sold sewing machines at five dollars an hour. All the while, they were putting us through Catholic school. They were doing their best, so I felt indebted to them,” she candidly shares in our exclusive celebrity interview. “Eventually, though, they came around completely. When I found a sense of self-esteem through acting, they had to respect it.”

Of her desire to act, she reasons, “Some people choose the art of creativity because it makes them process things and it makes them more stable people. There’s nothing more important than emotional health.”

**Related Link:** [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

Sharing her best relationship advice – a tip that applies to

both family relationships and romantic partnerships – Yeo says, “I think that when you are your authentic self and when you’re moving with a purpose – I think that’s the gift that God gave me, to make people feel less alone and entertain people – people cannot deny your self-confidence. People respect it.”

When it comes to sharing her life with someone special, the actress offers sound knowledge on how to balance love with a busy career. “It’s something that I still struggle with! When you are a successful woman, I think communication is important. You have to be able to communicate, navigate, and not be selfish. You’ve also got to realize that any time is quality time. It doesn’t have to be something romantic. If you have four hours, just kick it!” she insists. “I also think you have to have similar hearts. Whether it be a passion for creativity, giving, or kids or even a racial connection, there needs to be an anchor. Whatever that ‘thing’ is – that centripetal force.” While she hasn’t had a celebrity relationship and prefers to keep her love life private, she does believe that “kindness, authenticity, and manners” go a long way.

*For more from Gwendoline, visit [GwendolineYeo.com](http://GwendolineYeo.com) and follow her on Twitter @GwendolineYeo and [www.facebook.com/GwendolineYeoOfficialFanpage](http://www.facebook.com/GwendolineYeoOfficialFanpage).*

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## **Exclusive Celebrity Interview with Reality TV Star Chef**

# Richard Blais



By Meranda Yslas

With summer around the corner, people will be bringing out their barbecues and getting ready for cookouts. Lucky for us, reality TV chef Richard Blais shared some helpful tips for starting up our grills in our [exclusive celebrity interview](#). Read on for more!

## Exclusive Celebrity Interview with Reality TV's *Top Chef*

Blais first appeared on television in season 4 of Bravo's *Top Chef*, and nine years later, he is making his return to the small screen. "I'm returning again as a judge for *Top Chef* season 13, which we're getting ready to film in California,"

he explains. Since his premiere on the reality TV show, the New York native has made great strides in his career. He has already published one cookbook, and the second one will be out later this year. He shares that it's "going to be great," adding, "It'll be in the same vein as my first cookbook, focusing on creativity for the home cook. I'm really excited about it."

**Related Link:** [‘Top Chef’ Alum Richard Blais on Healthy Holiday Cooking with Benefiber](#)

Being a chef is a career where you're constantly honing your skills and even learning new techniques. There's no doubt that Blais has changed since the start of his career. "My cooking has become more for the people than it is for myself," he says. "I cook for everyone and hope to inspire home cooks to get creative in the kitchen because that's when it's really fun." The *Top Chef All-Stars* winner elaborates on his new approach to cooking: When in the kitchen, "it's not about me; it's about the guest. I cook for everyone else, whether it's at my restaurants or on TV – it's all about the people who enjoy your food."

## Learning The Science of Food

Some people may think that cooking is just about throwing in ingredients and hoping for a tasty result, but there is actually a science and psychology behind food decisions. "Science is about asking questions, and as chefs, we often ask questions about how to make food taste good," Blais reveals. "Understanding where food comes from is understanding the science of deliciousness." Being aware of this science ultimately influences how the reality TV star cooks and what ingredients he uses. "I really like to look at flavor, and if it is delicious and makes people happy, then I'm very interested," he adds.

One type of flavor that the Trail Blais owner has been paying

attention to recently is the smoky flavor of barbecue. “There’s a nostalgia with smoked foods – everyone has a personal memory. Whether it is a family cookout, a favorite barbecue dish, or the summer holidays, who doesn’t love smoked foods?” he says.

If you’re interested in grilling out, consider this advice from the chef: “When smoking meat, the type of wood you use is key, as each wood creates a smoke with its own unique and distinct flavor. That’s why I’m excited to be working with Boar’s Head on their Black Forest Beechwood Smoked Ham,” he divulges. “It’s naturally smoked with imported beechwood from Germany and has a clean, balanced flavor. It’s a distinct braise that’s not bitter or ashy, and the texture and color is amazing.”

**Related Link:** [Wolfgang Puck of ‘Top Chef: Seattle’ Says Taste is the Most Important Part of Cooking for Your Loved Ones](#)

Achieving this distinct and delicious flavor isn’t as hard as one might think. “The best thing to do is use things that already have smoked ingredients...and get creative in the kitchen,” he advises.

Of course, a great date idea for this summer is to fire up the grill with your significant other and try out some recipes with a smoky flavor. Blais offers three final tips to make your cookout successful: “First, wear Hollywood short shorts. Second, do most of the work ahead of time. *Mis en place*. And third, use a wood-burning grill and make sure you have a great playlist!”

*You can keep up with Richard on Twitter @RichardBlais and [www.facebook.com/richardblaisofficial/](http://www.facebook.com/richardblaisofficial/)!*

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# 6 Celebrity Break-Ups That Shocked Everyone



By Molly Jacob

Breakups can be hard, but they get even more difficult when they're in the spotlight. While we know that Hollywood couples, with the pressures that come from being famous, often don't last long, it's still hard on fans when their favorite celebrity couple goes through a [celebrity break-up](#).

**See what celebrity break-ups shocked everyone, including us at**



# Cupid's Pulse!

## 1. Heidi Klum and Seal:

Heidi Klum and Seal seemed to be one of those Hollywood couples who had it all. That's why we were especially shocked in April 2012 when Klum filed for divorce after six years of marriage. But we're happy to hear, according to TMZ, that the celebs' divorce was a "clean break" with no fights over money or custody of their four kids.

## 2. Mariah Carey and Nick Cannon:

Mariah Carey and Nick Cannon seemed to be deeply in love during their six years of marriage. But this celebrity couple fell apart when Cannon filed for divorce this past January. This celebrity breakup was in the spotlight this spring when Carey released her new song, "Infinity," which throws some jabs at Cannon. Next time you're thinking of getting tattoo for your significant other, think about this: Cannon had to cover up his "Mariah" tattoo with a larger tattoo last October.

**Related Link:** [Nick Cannon Opens Up About Split From Mariah Carey](#)

## 3. [Jennifer Aniston](#) and [Brad Pitt](#):

We were heartbroken when this celebrity couple split up in 2005. Whether you were Team Aniston or Team Jolie during the publicized celebrity breakup, Aniston and Pitt seemed to have had the perfect relationship. But don't spend too much time worrying about this heartbreaking split – Aniston told US Magazine last January, "I don't find it painful."

## 4. Susan Sarandon and Tim Robbins:

Susan Sarandon and Tim Robbins appeared to be the classic,

enduring Hollywood couple – until they announced their breakup in 2009. While the celeb couple never got married, they were together for over 20 years and had two sons. The two met in 1988 while shooting the film *Bull Durham* and immediately clicked. Although there were rumors that they broke up because Robbins had an affair with Meg Ryan, Sarandon said a major reason for the split was a reexamination of her life after performing in the Broadway show, *Exit the King*.

### **5. Robin Thicke and Paul Patton:**

Thicke made the headlines in the last couple of years with his catchy and controversial song, “Blurred Lines” and also his breakup with his teenage sweetheart, Paula Patton. In February 24, the celebrity couple announced their marriage was over, but it seemed like Thicke wanted Paul back more than she wanted him. This was pretty evident after he released his tribute to his ex-wife, the 2014 album title *Paula*.

**Related Link:** [Does Robin Thicke’s “Get Her Back” Have Enough Passion For Paula Patton?](#)

### **6. Gwyneth Paltrow and Chris Martin:**

Coldplay and *Shakespeare in Love* fans alike were shocked when Paltrow announced on her blog, Goop, that the Hollywood couple would be splitting. After being married for 11 years and having two children, the duo’s bond seemed unbreakable. Their divorce seemed amicable, with Paltrow using the vague term “conscious uncoupling” to describe their breakup.

**What other celebrity breakups shocked you? Share in the comments section below!**

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# Famous Couple Brad Pitt & Angelina Jolie: When is it Time to Seek Help?



By [Dr. Jane Greer](#)

Famous couple [Brad Pitt](#) and [Angelina Jolie](#)'s [celebrity marriage](#) has been reinvigorated by couples' counseling. Although things are on the mend now, there was trouble in paradise less than a year after they tied the knot. Not only did Brad see ex Jennifer Aniston alone, but he also didn't accompany Angelina to the Critics' Choice Awards in January. After months of fighting, they decided to seek the help of a therapist.

**Now they plan to always keep counseling in their lives, because they say it has transformed their marriage and helped them fall in love with each other again. And they are not alone.**

Cameron Diaz and Benji Madden have enlisted some outside support after just five months of marriage, as they work to put a strong foundation beneath them. This proves that it is never too early to get help.

**Related Link:** [Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival](#)

The secret to having a lasting relationship and love life is to not let the anger and resentment build up to the point where it drives you apart. A lot of people don't realize that a lasting union is full of angry and questioning feelings which go hand in hand with the adoring ones, not unlike a seesaw. I call them "love you, mean it" and "hate you, mean it" moments, which I talk about in my book *What About Me? Stop Selfishness From Ruining Your Relationship*.

**Related Link:** [Brad Pitt Confirms Celebrity Wedding with Angelina Jolie Will Happen 'Soon'](#)

It is natural to shift in and out of these emotions. The challenge is to make sure the positive ones always balance the negative ones so that they don't consume you. The goal is always to continue to or to get back to loving and feeling connected to your partner. What happens, though, when that becomes more and more difficult to do, and you aren't able to get past the anger anymore? How do you know when it is time to

bring in a trained professional to help you sort out the issues?

Even in today's sophisticated age, people are often reluctant to air their marital problems with an outsider, especially when it comes to sexual troubles. There are many reasons for this which include feeling embarrassed, the fear that you think something is really wrong with you or your partner, the concern that you will be told there is something wrong with your relationship that is unfixable, or maybe you do want to go but your partner doesn't. There are also those people who think that because the idea of divorce hasn't come up things can't be that bad, so you don't really need help.

It is terrific that Brad and Angelina realize and appreciate that they have a big relationship, sometimes even bigger than the two of them, and they were able to seek assistance from a counselor who can help them deal with their issues. The same is true for Cameron and Benji. You certainly don't have to be a celebrity to have issues that can weigh down your relationship and start to interfere with the love you share, but they are good examples to follow. If you are resisting therapy, try to shift your way of thinking. Know that there isn't anything wrong with you or your partner, but there is something in your connection that warrants finding help and relief. Allow your fears to propel you forward instead of holding you back. Your seeking help is not a sign of weakness in any way, but rather a measure of strength, courage, and commitment to your relationship. It proves that you care enough to not give up and find what it takes to make things better.

Keep in mind that making a relationship successful is work. If you don't do that work now, you will have to do it later either by taking your marriage apart or learning to live with unhappiness. Why not spend that energy working to find a way to stay together and live happily? A therapist can help a couple learn to communicate and identify the problem areas in

their relationship, so that they can learn how to compromise and put the pieces back together. Brad and Angelina seem to be doing just that. They appear strong and are a positive testimony to the value of knowing when to get help and getting it. Hopefully the same will be true for Cameron and Benji.

*Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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## **Love Advice: Give Your Relationship and Love Life a Spring Cleaning**







By [Courtney Omernick](#)

Spring is a time of new beginnings, fresh growth, and reevaluation. You may already have a spring cleaning ritual for your closet. So, why not have one for your relationship and love life? Cupid has just the love advice for you!

## **Below are some ideas to give your love life a spring cleaning.**

**1. Throw out your old activities:** Many couples don't realize that they're doing the same activities over and over again. It's great to revisit your favorite past time every so often, however, things can get old after awhile. Surf the web for fun couple's activities and try a new one together.

**Related Link:** [Dating Advice: How To Get Noticed on Dating Sites](#)

**2. Become Reacquainted:** When you're in the early stages of your relationship, you tend to ask a lot of questions to try

and get to know the other person. However, when you've been together for awhile, you stop asking those questions. As you grow together, take this love advice, and ask more soul searching questions.

**Related Link:** [Relationship Advice: 11 Steps to Finding a Husband Online](#)

**3. Plan a vacation:** Even if you don't go on regular dates, planning for something that's further off in the future can be exciting. Planning a vacation gives you time to work on something together, save up funds, and take the edge off of the monotony in everyday life.

**How have you given your love life a spring cleaning? Comment below!**

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**Marc Allen Gives Simple Love Advice in 'Tantra for the West: A Direct Path to Living the Life of Your Dreams'**





By Emma L. Wells

Marc Allen spent 30 years studying and practicing Tantra. Now, he has compiled everything he has learned into his new book, *Tantra for the West: A Direct Path to Living the Life of Your Dreams*. The relationship author explains that Tantra is a set of practical tools people can use on their path to happiness. His book is interspersed with expert relationship advice and anecdotes from his own journey to provide readers with a better understanding of Tantra and how it can help in so many different aspects of life. Not only is it a [self-help relationship book](#), but it also provides solutions to problems about work, money, aging, and so much more.

## Marc Allen Provides Easy Love Advice in New Book

**You say that Tantra is not the “yoga of sex,” like many people believe. Can you share a true definition of Tantra for our readers?**

If you Google “Tantra” or study Tantric Buddhism or Tantric

Hinduism, like I did, it's a much broader definition that you could call the "Yoga of Every Moment" or the "Practice of Every Moment and Everything." It includes sex, but it includes every other moment of your life too. Don't get hung up on the word "Tantra." If it doesn't resonate with you, then pick another word. You can call it the "Magical Path" or "Creative Visualization." You can call it anything you want! The words don't matter, but when you look at every moment of your life as opportunity for growth and practice, everything changes. *That* is a direct path to real fulfillment and peace.

**You touch on so many different aspects of life in your book: relationships and love, work, money, aging, politics, and more. Which subjects do you think are most important for people today?**

I think it totally varies with the person and where they are in life. Certainly, romance is incredibly valuable. It's valuable to learn how to have relationships and love, and when you look at it through the lens of Tantra, you could say, "I'm on my own unique path through life, and I'm on a path that involves every moment of my life and therefore every relationship I have." Relationships are a key to fulfillment for peace, and if you work out your relationship, you work out the rest of your life.

**Can you give specific love advice for our readers who are single and wanting to improve their love life through these teachings?**

My best love advice is to learn how to work in partnership with everyone. Every relationship and love should be a win-win. So in intimate relationships, don't look for a lover. Instead, look for a partner; look for someone you can really support in realizing their dreams. That's what our intimate relationships are for. We're supporting each other in realizing our dreams, whatever they may be. The game in relationships is to embrace everyone you meet but especially

your intimate partners, saying “I want to support you in doing what you love – how can I do that?”

You’ll find when you do that, you get that back from them. If you’re in a relationship where your significant other is not understanding what effective partnership is all about or if you’re in a relationship with a person who’s trying to control you or, God forbid, abuse you in any way, those are the relationships to leave. If your partner doesn’t get that, then I would say you deserve someone better!

## **Relationship Author Teaches Readers Through His Own Experiences**

**You seem to draw a lot on your own experience when you are writing. Is it hard for you to put your own journey into the story, or does it just come naturally?**

I sometimes think maybe I talk too much about my personal life, but people really seem to like it. My story is the path I know best. You observe other people, but by seeing them from the outside, you never really see the inner work that they’re doing. On the other hand, you know your own inner work – and it’s the inner work that’s important.

Once I did the inner work – by creating the life that I wanted and the company that I wanted and by becoming a writer, a composer, and a publisher – the outer work was simple and obvious. I often think at least 99 percent of the important work that I did was all internal.

**If you had to sum up your book and what your trying to do with your work in just a few sentences, what would you say?**

This book is filled with simple tools that lazy people, like me, can use. They don’t require discipline or getting up early. They don’t require anything daily. I’ve found that any practice that people have to do everyday never worked for me.

I gave up New Years' resolutions years ago – they never worked for me.

I spent four years at various Buddhist centers. At the Zen Center, we got up at 5:30 a.m., and at the Tibetan Center, we got up at 6:30 a.m. I left because they weren't working for me; I'm not a morning person. I need a lifestyle that recognizes who I am. The path to Tantra is all about looking at every moment and saying, "Every moment is my path." You could say, "Every moment is my spiritual path," or you could say, "Every moment is my analysis." The world is offering me all this wonderful free analysis if I just open myself up to it and see what is. You could call that the path to Tantra.

*You can keep up with Marc on his website, <http://www.marcallen.com/>. Don't forget to pick up your copy of Tantra for the West: A Direct Path to Living the Life of Your Dreams!*

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## **Celebrity Interview: 'American Idol' Winner Nick Fradiani Is Single!**







By [Rebecca White](#)

And the winner of *American Idol* season 14 is...Nick Fradiani! While the 29-year-old singer started out on the reality TV show as the underdog, in recent weeks, he quickly worked his way up as one of the front runners in the vocal competition. As he became more confident, he also became more comfortable on stage and finally began to break through his shell like the mentors and judges have been telling him to do all season. In our [celebrity interview](#), the reality TV star talks about relationships and love and how he will remain relevant as an artist in the future.

## ***American Idol* Winner Talks About His Relationship and Love Life**

We first got to know Nick Fradiani when he auditioned for this season of *American Idol* with his girlfriend Ariana Gavrilis. However, the now famous couple has not been seen together in recent months, and Gavrilis wasn't even at the finale. So all the ladies want to know: Is Nick Fradiani single? Sure enough,

during our celebrity interview, the performer confirmed that he is currently single and that being a musician and maintaining a relationship and love is hard. "Being in music has always made it difficult to have relationships, especially if I've been traveling a lot," the singer shares.

**Related Link:** ['American Idol' Artist Quentin Alexander Says Communication Is Most Important in Relationships](#)

Winning will also put his love life on hold for a while. "I'm sure it will make things more difficult, but I try not to look for those things. Hopefully, the right thing just happens," he says. Still, Fradiani knows exactly what he wants in a future girlfriend. He has three must-haves in a partner: humor, trust, and comfort. "I like to laugh and have fun, so I need to be with somebody who is funny," he adds. "I also need someone that I can be myself around."

## **Nick Fradiani Talks About His Post-*Idol* Plans**

Now that the winner has been crowned and signed to Big Machine Records, how will he avoid the fate of recent *American Idol* winners and actually stay relevant? "To me, the biggest thing is the songs," the singer says. "I think winners that come off the show and don't have a hit song have a tough time. The time of coming out with a new single can be damaging." Fradiani has no reason to worry though: His single "Beautiful Life" is already at number two on iTunes. "I think this single will do well," he explains. "I'm really confident as an artist in my songwriting ability and my ear for pop music, so I think I'll be able to succeed because of that."

**Related Link:** ['American Idol' Eliminated Contestant Adanna Duru Says the Reality TV Show "Is Like Superstar College!"](#)

Next, the star will meet with Scott Borchetta, Big Machine

Records founder, to discuss where they will go with the new album. “Beautiful Life” is the type of music that he wants to play and put out in the world. “I lucked out big time – I love the song,” he shares. “I’m hoping to write with some cool co-writers as well.”

He may even branch into country music. Borchetta and Fradiani have talked about him going country, but the singer says that won’t happen for a while. “Maybe in a couple years that could be an option,” he says.

*You can keep up with Nick Fradiani on Twitter @nickfradiani!*

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## **Celebrity Interview: ‘American Idol’ Runner-Up Clark Beckham Says, “Right Now, It’s Like I’m In a Relationship with Music”**





By [Rebecca White](#)

*The American Idol* season 14 runner-up Clark Beckham first started singing in a gospel trio with his parents when he was 8 years old. Now, the 22-year-old finishes the [reality TV](#) competition with a platform large enough to become as famous as season 2 runner-up Clay Aiken...or as forgotten as previous contestants who have had no luck gaining fame after the show. In our celebrity interview, Beckham says he wants to model his career after singers like Bruno Mars, Robin Thicke, and John Mayer, although he plans to take his own approach to balancing his career and relationship and love life.

## ***American Idol* Runner-Up Talks Relationships and Love**

Beckham leaves the reality TV show with fond memories of being a finalist in one of the top vocal competitions in the country. On Tuesday night, the singer had one of his best performances with "Ain't No Sunshine," leaving the judges and America very impressed. [Jennifer Lopez](#) commented on the song

by asking who Beckham was singing to because of the passionate performance. "I remember her asking that, and I was like, 'Oh Lord, do not ask me that,'" he shares.

But don't worry, ladies: The blushing Tennessee native is single and not in a committed relationship and love. "The song is about the person being gone, so maybe it is appropriate because there is no one," the star says with a laugh. "I think I was really able to get into that heartbreak, but there was no one specific that I was thinking of."

**Related Link:** ['American Idol' Eliminated Finalist Rayvon Owen Says Love "Is the Most Universal Thing"](#)

In terms of how being a musician has impacted his dating life, Beckham says that sometimes it's helpful because of the initial attraction people feel towards musicians. However, it's not always easy. "In the past, when I've been dating someone, she was worried that I would choose music over her, and that's an interesting balance," the singer reveals in our celebrity interview. "Right now, it's like I'm in a relationship with music. I really am in love with her, and I can't imagine a life without her."

He adds, "Sometimes, being a musician can get in the way of my relationships, but I believe that, when it is right, it won't be conflicting. Instead, it will elevate and help the relationship."

## **Clark Beckham Reveals What He Learned on *American Idol***

During season 14 of *American Idol*, the runner-up has faced many critiques from the judges and Big Machine Records founder Scott Borchetta. The mentors and judges have often stated that Beckham's musical style isn't modern, and they've told him to perform for the audience instead of himself. However, the

singer disagrees. “I think the most modern is when an artist can understand and play music that is coming right now and is just on the brink and is right around the bend,” he explains. “I really believe the music I put out is what’s going to come around the bend.”

**Related Link:** ['American Idol' Eliminated Contestant Tyanna Jones Takes Us Through Her Emotional Journey](#)

While the performer stayed true to himself and his music, he did learn a lot from the judges and mentors. “Keith Urban said, ‘Don’t sing and play what you can; play and sing what you *must*.’ That’s the best advice from the judges that I got,” Beckham shares. Now that the show is over, the musician says that he’s learned to be more conscious of pitch and that he’s transformed as an artist from this experience: “I’m able to get more into the song emotionally and get into the music and get into character.”

*You can keep up with Clark Beckham on Twitter @ClarkBeckham and on his website, [http://clarkbeckham.com/!](http://clarkbeckham.com/)*