

# Mariah Carey: Moving Quickly in a Celebrity Relationship?



By Dr. Jane Greer

Singer Mariah Carey is already talking celebrity marriage with her new boyfriend, James Packer. Typically, it's the woman who's eager to start talking marriage, sometimes even early in the relationship. Although they've only been dating for a matter of days, James already believes he wants to marry Mariah. The duo in a new [celebrity relationship](#) have visited several countries together since last week.

**Deciding to get married is a big**

**step for so many reasons, and thinking about doing it when you are just beginning to get to know each other might not always be the best idea.**

### **Consider reality.**

When two people fall in love, anything seems possible. You might quickly begin to think about spending the rest of your life with that person, and even fantasize about how wonderful it could be. That is what love does – it makes everything look wonderful. The trouble is, a lasting relationship is made up of much more than the immediate chemistry and romance people experience when they first come together and the rest of the world falls away. That world doesn't stay away forever, and when it creeps back in with finances, job responsibilities, the possibility of having children, and other things that take place during daily life, it is helpful and important to have a strong foundation underneath you to know how to deal with these things as a unit.

**Related Link:** [Mariah Carey Reunites with Celebrity Ex-Husband Nick Cannon for Easter with Twins](#)

### **Understand each other fully.**

If you have time to get to know each other, allowing you to establish and understand your commonalities, shared goals and values, methods of communication, and ability to compromise and problem solve, you will be in a much better place to make your joint life work. These are the nuts and bolts that determine whether or not you will be able to go the distance together. Too often when you lead with love, moving too quickly, you eliminate and edit out the opportunity to

experience your partner in the real world and you might not be equipped to deal with the curve balls that life sends your way.

### **Take time.**

Time also allows you to establish a good balance between the me and the we, which is necessary in sharing a healthy relationship. The risk of rushing in to making the decision to spend your life with someone you don't know well enough, despite the fact that you think you do, is that you can wind up in a situation that requires making concessions that feel more like sacrifice rather than compromise. If it starts to seem that you are giving up what is important to you, it can be the beginning of your partnership no longer working effectively. So unless you have had the time to navigate your shared life and the demands that it entails, you might want to slow down a little.

**Related Link:** [Nick Cannon Opens Up About Split From Mariah Carey](#)

### **Move forward when it makes sense.**

When, then, is it okay to start that conversation about happily ever after? It's probably best to begin once you've determined you're exclusive and your individual worlds are clearly merging into a joint world. That's the point at which you can look toward creating a future together and therefore discuss marriage, whereby you and your partner can see yourselves continuing together over the course of your lives. Look to avoid bringing marriage up out of the blue because if there's nothing concrete to attach it to, then the relationship may not be at that point and you may scare your partner off by being too premature with the idea. He or she may completely push back as a result. Sometimes talking about moving in together before bringing up the subject of tying the knot is a good starting point. There are times, however, when

people are forced to talk about marriage sooner than they might otherwise – if one person has to move to another part of the country (or even the world) for a career opportunity, for example.

**Don't get too caught up in the excitement.**

The bottom line is that everything looks great at the beginning of a relationship and it is easy to get caught up in the excitement and fanfare. Be aware though of looking too far ahead. Give yourself a chance to be sure you are truly compatible before you walk down the aisle. Keep in mind also that if you are just coming out of a relationship and dealing with the aftermath of rejection, it can make this new relationship even more attractive and can be a way to put the pain in the past. If that is the case it is even more important that you take a deep breath and leave yourself the time you need to make sure this is right for you, so that you don't wind up getting blinded by love and perhaps make another mistake.

It seems that Mariah and James don't have these qualms and are ready to get serious and move forward with a shared life together. Only time will tell if they are moving too fast.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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# 5 Celebrity Marriages That Are Rock Solid



By Molly Jacob

With news of [Ben Affleck](#) and [Jennifer Garner](#)'s celebrity divorce, we're wondering whether Hollywood relationships can really last through the fame, wealth, and stardom. Not all hope is lost! Some celebs still stay together through all the tabloid rumors, scandals, and ordeals. There are some [celebrity marriages](#) that have stood the test of time and stayed rock solid.

# See what celebrity couples are still together and stronger than ever, and see what love advice they have for other couples!

## 1. Will Smith and Jada Pinkett Smith:

Will Smith and Jada Pinkett Smith met on the set of *The Fresh Prince of Bel-Air*, when Pinkett Smith was auditioning for the role of Will's girlfriend (a role that went to Nia Long). This celebrity couple got hitched in 1997 after two years of dating. The Smiths have raised celebs of their own in their celebrity marriage, with Willow and Jaden stealing the spotlight in many of Smith's movies. As for love advice, Pinkett Smith said in an interview with Howard Stern, "We have traveled and you've gotta be strong. It takes work – you know that!"

**Related Link:** [Will Smith Says Family Is All About Love and Communication](#)

## 2. Sarah Jessica Parker and Matthew Broderick:

These celebrity couple superstars have been together 18 years and have three children together. Broderick offered this love advice in an interview with *E!*: "Keep talking I guess, I know how cliché that is. Too much silence is definitely not a good idea."

## 3. Tim McGraw and Faith Hill:

Country music stars Tim McGraw and Faith Hill met while doing what they do best: while performing at an outdoor music festival. Hill broke off an engagement with producer Scott Hendricks and McGraw broke up with his girlfriend so that the pair could start dating and become the well-known Hollywood

relationship they are today. Since their marriage in 1996, this celebrity couple has had three beautiful daughters. The country music celebs recently put to rest rumors that they were getting divorced.

**Related:** [Tim McGraw Credits Faith Hill for Helping Him Quit Alcohol](#)

#### **4. Tom Hanks and Rita Wilson:**

Hollywood superstars Tom Hanks and Rita Wilson married in 1998 and have two kids together, Chester and Truman. When Wilson had a double mastectomy this past May, Hanks stayed by her side and took care of her throughout the whole ordeal. The celeb said in an interview with *The New York Times* that dealing with this brought this Hollywood relationship closer together.

#### **5. John Travolta and Kelly Preston:**

John Travolta and Kelly Preston met while filming *The Experts* in 1987 and married four years later. While many negative rumors have swirled around these celebs during the course of their marriage, they've managed to stay strong for the past 24 years. This celebrity marriage endured through many heartbreaking struggles, including their son's tragic death in 2009.

**What other celebrity marriages are rock solid? Let us know by commenting below!**

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**Best            Dressed            Celebrity**

# Arrivals







Emma Stone

Of course, the elegant Emma Stone makes our list of best dressed celebrity arrivals! Here, she attends the 'Irrational Man' Los Angeles premiere in a sundress that's casual yet classy. Photo: David Gabber / PRPhotos.com

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## Relationship Advice: A Couple's Guide to Better Arguing





By [Courtney Omernick](#)

So many people have dating and relationship advice for every aspect of your courtship. However, some are stumped when it comes to having a great plan for arguing.

**Below are a few pieces of love advice for creating the best outcome in your arguments.**

**1. Stay Calm:** It's easy to get flustered and upset quickly when you're trying to prove a point and you feel like you're not getting anywhere. But, the worst thing you can do is scream or throw a temper tantrum. The other person is feeding off of your energy. Stay calm, and hopefully they will too.

**Related Link:** [Pros of Breaking Up in a Social Media World](#)

**2. Don't insult the other person:** Avoid saying anything to the other person that may be taken as an insult. When people are

angry, they are much more sensitive and can take even a side comment as an insult.

**Related Link:** [Top 5 Most Shocking Celebrity Couple Affairs](#)

**3. Tell the other individual that you're going to listen to and respect them:** Things are about to get heated. The other person needs to know that you're going to do your best to listen to what they have to say. Remember, the other person feels just as strong about their opinions as you do about yours.

What love advice do you have for couples out there? How can they argue more effectively? Comment below!

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**Exclusive Celebrity  
Interview: Josh Kelly From  
Lifetime's 'UnREAL' Reveals  
the Truth About Reality TV**





Interview by [Rebecca White](#). Written by Meranda Yslas.

Without a doubt, there's something fascinating about reality TV that makes us tune in and catch the latest episode each week. Lifetime's newest scripted series *UnREAL* exposes the manipulation that goes on behind-the-scenes to keep the drama alive on a popular dating show. In our [exclusive celebrity interview](#), actor Josh Kelly not only reveals the truth about reality TV but also opens up about relationships and love.

## **Exclusive Celebrity Interview with *UnREAL*'s Josh Kelly**

Contestants on shows like *The Bachelor* or *The Bachelorette* sometime act in ways that make our jaws drop in disbelief. Although we say we would never do half the things we see on television, we shouldn't be so quick to judge: Kelly explains that people often undergo a psychological change when placed in front of a camera. "It was pretty fascinating because, before I auditioned for the show, I was taking a psychology class. I had become friends with a reality TV

person, and she told me all these things, and I was flabbergasted," he says. "So I rewrote my thesis paper to show how reality TV shows would be illegal if they were done in psychological experiments. All you have to do is throw cameras at people, and they pretty much do anything. I was really happy when the show came around because it was exactly what I was talking about."

Although having cameras present makes people act a little differently, a big part of why reality TV shows are full of so much drama is the manipulation by the producers and directors. *UnREAL* showcases just how much deceit is put into making a show a hit. It may seem a bit overboard, but the 33-year-old actor insists that it's true. "*UnREAL* is exaggerated to tell the storyline with the characters, but as far as what goes on, from what I've heard, it's not exaggerated at all," the actor says. "If anything, it's almost held back and toned down."

**Related Link:** [Shiri Appleby Welcomes a Baby Girl](#)

Jeremy, Kelly's character, is the cameraman and a past lover of one of the producers, Rachel, played by Shiri Appleby. Although the two have a complicated past, fans can't help but hope they end up back together. "If you want to be with someone and it's not working out, then you have to ask yourself if you should be with them," he says. "I guess that's the question for most exes. With Jeremy and Rachel, I don't know. I think they both want it to work out, but they've both done some bad stuff."

Without giving too much away, he does hint that more is going to happen between the exes. "It gets crazier and crazier," the *One Life to Live* star adds. "Jeremy and Rachel try to deal with their issues."

While Jeremy may be struggling with a lingering old relationship and love, Kelly knows how to deal with an ex. His relationship advice is to be honest with your former flame *and*

with your new partner. “Don’t try to hide anything, and don’t try to keep either side a secret,” he says.

He also shares a piece of love advice for current couples: “If you’re really in love, try and love the person more than you think they love you. As long as they’re doing that as well, then you guys are good.”

## Finding Love on Reality TV

Even though it’s clear that what happens on reality TV isn’t always authentic, that doesn’t mean dating shows can’t be successful. Still, regardless of cameras, “finding love is the hardest thing to do,” Kelly believes. He also points out that shows like *Married at First Sight* have helped people find their soul mate. “Doug Hehner and Jamie Otis – they’re still making it. They’re one of the reality show couples that my girlfriend and I have become friends with, and they’re very happy,” he shares.

**Related Link:** [‘Married at First Sight’ Couple Jamie Otis and Doug Hehner Share Love Advice: “A Strong Foundation is Key”](#)

A big departure from his role on *UnREAL*, with parts in films like *Transformers: Revenge of the Fallen* and *Jarhead 2: Field of Fire*, Kelly is no stranger to being in war-style movies. Ironically, he has a military background and admits that being a past soldier and then playing one on set can be a bit aggravating. “A lot of people have a preconceived notion of who soldiers are and why they act like they do,” he says. “They think of them as mechanical and not human. On television, they’re often supposed to be like robots.”

“It can be very constricting if you’re an actor and you’re trying to play the character, and the writers and producers are like, ‘Well, you know, soldiers don’t really get nervous,’” he elaborates. “We do. I can promise you that.” Although at times frustrating, “it’s also really fun to

get back in the uniform and play.”

With that thought in mind, his latest project is a short film entitled *Prisoner of War*, which was directed by a friend and fellow Army Ranger, Matthew Sanders. “It’s probably the most intense role I’ve ever played,” the actor admits. The storyline involves soldier suicide and post-traumatic stress disorder, which he feels are “really important” topics.

Whether his character is a soldier in battlefield or a cameraman for a reality TV show, Kelly thanks his military background for influencing his acting. “It has helped me in many, many ways,” he shares. “I learned a lot about hard work, and I’m really happy for it.”

*For more from Josh, follow him on Twitter @JustJokingJK and [www.facebook.com/joshkellyofficial](http://www.facebook.com/joshkellyofficial). Tune in for UnREAL on Lifetime on Mondays at 10/9c!*

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# Taylor Swift Through The Years





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Taylor Swift Opens For George Strait

Swift gets her start as an opening act for George Strait. She



quickly makes her mark in the country music world, becoming known for her big curls, sundresses, and cowboy boots. Photo: Daniel Locke / PR Photos

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## Through The Years With Holly Madison



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# From “I Do” to Divorce: Shortest Celebrity Marriages





Kim Kardashian and Kris Humphries

This celebrity marriage only lasted 72 days before the famous couple announced their split. Photo: Fame Pictures

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# Exclusive Interview: 'Player Gets Played' Stars Discuss Moving On After Infidelity





By [Rebecca White](#)

Moving on is never an easy thing to do, but when the [relationship and love](#) ends due to infidelity, it's even harder. In a new Oxygen Media reality TV series titled *Player Gets Played*, each week, one woman with a lurking suspicion uncovers the heartbreaking reality that she is not the only love in her boyfriend's life. Once these ladies discover the truth, they join together to teach their "player" boyfriend a lesson. In our exclusive celebrity interview, four of the stars of the show open up about being cheated on and building trust with a new partner.

## **Reality TV Stars Open Up About Dating After Infidelity in Exclusive Celebrity Interview**

Brittany, Meghan, Nyira, and Jessica all have one thing in common: Their boyfriends cheated on them, and now, they have to open themselves up to love again. "After being cheated on,

it took me awhile to finally move on and give someone a chance to even walk up and talk to me,” Brittany shares. “I am still not in the right ‘place’ to get back into a relationship.”

**Related Link:** [You’ve Cheated, So Now What?](#)

While Brittany wanted to take some time before entering a new relationship and love, Nyira was ready to jump right back in. “It took me about a month to move on,” she says. “I couldn’t allow myself to dwell in that hurt. I just prayed, forgave, and let it go.”

Once you move on, though, there’s still a long way to go. Meghan and Jessica both understand that trusting a new partner isn’t as easy as it used to be. “I’ve moved on, but I don’t let down my walls, and I’ve become more difficult to penetrate mentally, physically, and emotionally,” Jessica shares in our exclusive celebrity interview. “I find that, with a new partner, he has to love me more. I know how to love and be faithful in a relationship, so if he loves me more, then I feel like we’re equal. I don’t think he’ll cheat because he appreciates me more than just in a physical sense.”

Meghan also learned that she no longer trusts as easily. “I actually don’t let my walls down so quickly,” she explains. “I always trusted any guy, but now, I don’t trust someone until it is earned.”

While trusting a new partner after infidelity isn’t easy, it’s important not to judge every relationship based on previous ones. “If I go into another relationship expecting to be cheated on, then it’s going to happen!” Jessica says. “Our thoughts create action. The thing is, you can never tell. You just need to give every person their own blank piece of paper and let them have a fresh, untainted start.”

**Related Link:** [Can Cheaters Ever Change?](#)

Brittany also believes that you need a clean slate in order to

build a new flame. “Once you start dating, you have to let your guard down a little, or you will never know if there is a connection between you and the other person,” she shares.

No matter what, you have to keep taking chances. When asked about their best love advice, these reality TV stars encourage you to be patient. “You can’t go your entire life being scared to love,” Nyira says. “Yes, you may get hurt, but you will grow stronger from it. Then one day, that special man that you have been dreaming about will come and sweep you off your feet. Those walls will slowly come down until there is a heart full of love, ready to meet another. Once those two hearts meet, a beautiful love will blossom.”

*For more information about Player Gets Played, check out their website, [www.oxygen.com/player-gets-played](http://www.oxygen.com/player-gets-played)! Be sure to watch the show on Oxygen on Wednesdays at 9:30/8:30c.*

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## 10 Celebs Who Have Had Home Births





By [Courtney Omernick](#)

Typically, you'd think that all celebrities could afford to have their celebrity babies at hospitals, but, with being as famous as they are, a home birth may be the better option for more privacy.

**Below is our list of ten celebs who've decided to have home births for their celebrity babies.**

**1. Pamela Anderson:** Pam gave birth to both of her sons at home. Both times, it was natural, she had a midwife, and it was in water.

**Related Link:** [Bristol Palin Announces Second Celebrity Pregnancy](#)

**2. Demi Moore:** Demi Moore decided to go forward with home births for all three of her girls (Rumer, Scout, and Tallulah).

**Related Link:** [Cameron Diaz Takes Break from Hollywood to Try for Celebrity Baby](#)

**3. Meryl Streep:** Meryl may not have decided to have all of her children at home, but she has had at least one of her daughters in her home.

**4. Julianne Moore:** Julianne welcomed her daughter, Liv, at home and has been known to contribute to Ricki Lake's home-birth-advocacy mission.

**5. Cindy Crawford:** Cindy loved the idea of privacy and selected a home birth for her daughter, Presley. During the birthing process, she was under the supervision of a nurse and a midwife.

**6. Mayim Bialik:** It truly was a family affair when Mayim gave birth at home to her second child. It was reported that her oldest son and husband were present along with a doula. After the birth, Mayim asked her oldest son to cut the umbilical cord.

**7. Gisele Bundchen:** The supermodel, with support of her husband, gave birth to their second child in the bathtub of their Boston home.

**8. Alyson Hannigan:** Like Julianne Moore, Alyson was inspired by Ricki Lake's at home birth movement and selected to have her children in the privacy of her own home.

**9. Jennifer Connelly:** Jennifer and her husband, Paul Bettany, brought their second child into the world at home and in a birthing pool.

**10. Lisa Bonet:** Lisa was such a fan of home births that she decided to have both of her children, Zoe and Lola, at home.

**What other celebrities have had home births? Comment below!**



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# Amy Schumer Stars in New Relationship Movie 'Trainwreck'



By [Courtney Omernick](#)

In the new relationship movie, *Trainwreck*, Amy (Schumer) was told that “monogamy isn’t realistic” as a child. So, she’s spent her whole life in short and unfulfilling relationships and love. However, that all changes when she’s asked to write a story about a sports doctor named Aaron Connors (Bill Hader).

# **This chick flick is about a career-focused woman who is forced to face her fear of monogamy.**

## **Should you see it:**

This relationship movie is not your average chick flick! If you've ever jumped from relationship to relationship, begging the universe to help you find the right guy, then you'll enjoy this film. The movie also features a great cast including Amy Schumer, Bill Hader, Vanessa Bayer, LeBron James, and more!

## **Who to take:**

This relationship movie/non-traditional chick flick would be great to see with your friends or significant other.

## **How do you know you've finally found the right guy?**

### **Cupid's Advice:**

Especially if you've been on multiple dates, it may seem like the perfect guy doesn't exist. But, what happens when a great guy comes along, but you're too afraid to become invested? You feel like you've opened up to other guys in the past, but it hasn't worked out. Should you pursue this one? How do you know? See below!

**1. No need to be anyone but yourself:** Through the good days and the bad, he understands you, and he understands that you're human. You don't always have to be perfect, and you don't always have to have a smile on your face.

**Related Link:** [Love Advice: How To Tell If a Guy Likes You](#)

**2. Even if it costs him, he wants the best for you:** Even if he doesn't want to see that romantic comedy or eat at that

restaurant, he wants what you want, and he's willing to put his opinions aside for the betterment of you sometimes.

**Related Link:** ['Bachelorette' Drama: Kaitlyn Bristowe and Nick Viall Get Intimate](#)

**3. Attraction is 100% at all levels:** Physically, mentally, and emotionally, you both are all there and all tuned in 100%. Sometimes, even running to the grocery store with him can feel like a good time. Through each sense, you're both connected to each other.

**When did you finally find the right guy? Do you have some dating advice for our readers? Comment below!**

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## **Love Advice: 5 Signs You're in a Lukewarm Relationship**





By Molly Jacob

Are you afraid you've been settling in your relationship? Some people love the security of having a significant other and have a hard time being alone. So in exchange for the uncertainty of single life, they stay in a tepid, dispassionate relationship. Although it may be hard to deal with the fact that your relationship isn't that great, it's important to evaluate your relationship and never give yourself less than you deserve in your relationships and love life. Take this love advice: you should never settle for anything less than the most fulfilling relationships.

**Cupid has dating and relationship advice to help you determine if you're in a lukewarm relationship!**

**1. You spend less time together:**

When you are passionately in love with someone, you always

want to be around them. You want to experience new things with them and show them the best parts of your world. But as your relationship and love grows from hot to lukewarm, you have less of that desire to spend time with them. Instead of looking forward to your dates or alone time together, you feel as though your one-on-one time is an obligation, not a treat. Your relationships and love life should be one of the most wonderful and fulfilling parts of your life, not just something to check off a to-do list.

**Related:** [Relationship Advice: 3 Reasons Not to Break Up Via Social Media](#)

## **2. You're less intimate:**

Intimacy adds passion and depth to a relationship. If your sex life is cooling down, your relationship may be experiencing the same thing. But this is about more than just sex; being intimate means not only being physically close, but also emotionally close. Are you sharing less of yourself with your honey? Are you closing yourself off emotionally? If so, take our dating and relationship advice that your relationship is losing its passion.

## **3. You never fight:**

Some couples never fight and always seem to get along, and that can be a totally healthy relationship. But to a certain extent, couples argue because they care about each other. Oftentimes, couples who argue are fighting to repair a relationship or finding a solution to relationship troubles. If you find your partner not even worth the trouble of arguing with, you may be in a lukewarm relationship. As they say, apathy, not hate, is the opposite of love.

**Related:** [Paula Patton Says "Passion" is Key to a Successful Relationship](#)

## **4. You talk less:**

If you find yourself communicating less and less with your partner, your relationship may be lukewarm. While you once discussed your passions and deep emotions, your conversations are now filled with recounts of grocery shopping and dentist appointments. While it's not bad to talk about these things, it's also a sign of an unhealthy relationship when that's all you have to talk about. See if you find yourself making conversation just for the sake of filling the silence at dinnertime.

#### **5. You care less about each other:**

Relationships and love should be exciting and consuming, not half-hearted or mundane. While this may go without saying, if you find yourself caring less about your partner and what's going on in their lives, your relationship has gone from simmering to lukewarm. If this is true, take time to evaluate the benefits of being in this relationship. Love advice: you deserve better than settling for a relationship that doesn't bring you happiness.

**What are other signs of a lukewarm relationship? Let us know in the comments section below!**

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## **Celebrity Video Interview: Jonathan Adler Talks Summer Home Decor and Relationship Advice**



By Katelyn Di Salvo

Summer has finally arrived, and designer Jonathan Adler is giving his best tips on how to transform your home into a relaxing sanctuary! This entrepreneur started in pottery and has expanded to much more since then. In our [exclusive celebrity interview](#), he opened up about all things within the home including how to decorate your space when it comes to relationships and love. You don't want to miss this celebrity interview!

**Related Link:** [Celebrity Video Interview: Tim Gunn Talks First Date Fashion and Summer Trends](#)

# Jonathan Adler Talks Home Decor Tips For the Summer

As the saying goes, “mi casa es su casa,” and this cannot be more true than at this time of the year! Summertime is when many of us get the most traffic coming through our homes with friends and relatives staying for extended visits during the warmer weather. Entertaining can add a lot of pressure when it comes to ensuring your hosting skills are up to par. So, how do you make your guests feel like their at home? “I like to make my guests feel like they are in the most luxurious hotel on earth!” exclaims Adler. He says the best way to make your home feel comfortable and relaxing for your guests is to have stacks of towels, fresh flowers, and some POND’S moist towelettes that come in a very chic vanity case designed by Adler himself!

As far as brightening up the home for the warmer weather, Adler says pops of color are the way to go. “Summer is a great time to throw in some bright and colorful pillows, or you can take up a rug,” he says. “There’s just lots of ways to make it all feel fresh and carefree for the summer,” he explains.

**Related Link:** [Celebrity Video Interview: Love Advice From HGTV Host Kelly Edwards](#)

## The Successful Designer Discusses His Celebrity Relationship and Love

Jonathan Adler has been in his [celebrity relationship](#) with husband Simon Doonan for nearly two decades! The celebrity couple met on a blind date, and Adler explains it was “easy breezy” from the moment they met. The designer even shared his secret when it comes to relationships and love! “I never even thought twice about it. From the second we met it was just sort of done.”



Designing a home with your significant other can be very stressful, especially if you're butting heads on how it should look. In this case Adler believes that the men should stay out of it, saying, "If it's a straight couple I think the big challenge is when the man starts weighing in on design decisions, which he shouldn't, the wife is always right, and if it's a gay couple I think whoever has the chicest shoes should make the decisions!"

We love his thinking!

Adler says he has a lot of upcoming projects, and even shared that he is leaving for Italy for one of those exciting tasks soon. We cannot wait to see what he has in store for us next!

You can find his one-of-a-kind designs at *Neiman Marcus*, and his home decor either on [JonathanAdler.com](http://JonathanAdler.com) or in one of his 26 stores worldwide!

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## Top 5 Most Shocking Celebrity Couple Affairs





By Molly Jacob

Celebrity scandals. Cheating. Infidelity. These plaster the headlines every day when [celebrity couples](#) are concerned. The most famous and beautiful people in the world sadly aren't always satisfied in their own Hollywood couples and often go outside these relationships and love to find more lovers.

**Sometimes, our favorite celebs cheat on their partners and we really can take it personally, even though we're not involved at all. See which celebrity affairs really shocked us!**

### **1. Kristen Stewart and Rupert Sanders**

*Twilight* fans were distraught in 2012 when their favorite

celebrity couple, costars Kristen Stewart and Robert Pattinson, seemed to be in trouble. *Us Weekly* published a photo of Stewart kissing “Snow White and the Huntsman” director, married Rupert Sanders. Sanders’ wife, model Liberty Ross, filed for divorce in 2013, while Pattinson dumped Stewart shortly after.

**Related:** [Kristen Stewart and Rob Pattinson Reunite in L.A. After Two Months Apart](#)

## **2. Jesse James and Michelle McGee**

A week after Bullock won an Oscar for best actress in 2010, news broke that her husband of six years, Jesse James, had been unfaithful. The motorcycle star’s celebrity affair with tattooed stripper Michelle McGee came out when she sold her story to a tabloid. Bullock and James divorced shortly after even more women came forward and admitted that they had affairs with him as well. But this cheating celeb didn’t stop there. He dated tattoo artist Kat von D shortly after his break-up with Bullock. She would go on to admit in a blog post after their relationship ended that he cheated on her with at least 19 women.

## **3. Tiger Woods and Rachel Uchitel**

In 2009, it was revealed that the golf pro had been cheating on wife Elin Nordegren with not just Rachel Uchitel, a club hostess, but at least a dozen other women. Woods even confessed having 120 affairs during his five-year marriage with Nordegren. The celebrity couple ended up splitting in 2010, with Nordegren receiving custody of their two children and a \$110 million divorce settlement.

**Related:** [Tiger Woods and Elin Nordegren Reunite for Sake of Children](#)

## **4. Hugh Grant and Estella Marie Thompson**

English actor Hugh Grant is known for a lot of things in Hollywood and his affair with a prostitute, a huge celebrity

scandal, is unfortunately one of them. In 1995, Grant and prostitute Estella Marie Thompson (also known as Divine Brown) were arrested after a policeman caught them in Grant's car on Sunset Boulevard. Grant was dating actress Elizabeth Hurley at the time. To her credit, this celeb stood by him for another five years, but this Hollywood relationship ended in 2000.

## **5. Bill Clinton and Monica Lewinsky**

Who could ever forget the infamous blue dress? For those who need a refresher, President Bill Clinton cheated on his wife, 2016 presidential candidate Hillary Clinton, with 22-year-old White House intern Monica Lewinsky. Although this happened in the late '90s, we still can't get over this scandalous political celebrity scandal that resulted in the president's impeachment.

**What other celebrity couple affairs and celebrity cheating scandals shocked you? Let us know in the comments section below!**

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# **Holly Madison Says Her Past As Playboy Bunny is Like "The Elephant in the Room That Never Goes Away"**





Interview by [Lori Bizzoco](#). Written by Katelyn Di Salvo. Holly Madison best known for being a former *Playboy* bunny and Hugh Hefner's #1 celebrity ex has written her first memoir titled 'Down the Rabbit Hole.' In the book, she speaks openly about her relationship with Hefner, the other girls in the house and her biggest life lessons. In our [exclusive celebrity interview](#) with the reality TV star, now author, she expresses that she wishes this book will help other young women in bad relationships and hopes they learn from her mistakes.

## Reality TV star reflects on her past

The former *Girl Next Door* has certainly moved on from her *Playboy* days. She has been married for two years and is mom to two-year-old daughter, Rainbow. Madison shared that she is happy to have such a supportive husband who is proud of her for telling her story.

After her [celebrity break-up](#) with celebrity ex Hefner, Madison did her best to stay quiet about her time in the mansion, “I didn’t want to talk about anything *Playboy* related because I felt like that was going back to it and I wanted to get away from it, but there is no getting away from it. It’s the elephant in the room that never goes away.”

It’s been seven years since she’s lived in the mansion and Madison now feels like she has a lot of hindsight behind her. This is why she decided to write the book now, “I have a lot more growth and insight as to what I was thinking at the time, and why I made some of the decisions I made, so I definitely wanted to share that with people.”

**Related Link:** [Holly Madison Discusses Baby Names and Wedding Plans – Right Before She Heads to the Hospital!](#)

## **Her Relationship with Celebrity Ex Hefner and the Other Girls**

Madison was Hefner’s girl for seven years, and throughout that time, she felt like she did everything she could to make it work saying, “I always tried to make the best of the situation, you know, I always tried to do my best as a girlfriend and make that relationship work.”

Her celebrity ex, Hefner recently had something to say about the release of Madison’s memoir saying that she “chose to rewrite history” to “stay in the spotlight,” but Madison says that she didn’t have an ax to grind. She says she never wanted to hurt him or get a reaction from him, “He happens to be a big part of my life story, and I’m telling my story.”

Kendra Wilkinson- Baskett and Bridget Marquardt were also a part of Madison’s life story, both also being celebrity exes to Hefner. Madison describes her relationship with Bridget as a true friendship saying, “She was a really close friend to me

the whole time I was in the mansion and really the only close friend and the only person I really ever confided in.”

Unfortunately her relationship with Kendra did not stay as tight. The two had a falling out, which Madison describes as “very dumb.” She is saddened that she is not as close with Kendra and said, “The relationships I had with the other girls are very important to me especially after I left the house, because we were the only ones that really shared that experience, and its an experience that weather you are ready to admit it or not, it’s a traumatic experience, but I think she’s still kind of more team Playboy and if that’s what she wants to be that’s fine.”

Overall Madison says Hefner “was lucky to have us” when reminiscing on her relationship with the *Playboy* founder.

**Related Link:** [Hugh Hefner Says Celebrity Ex Holly Madison Rewrote History](#)

## **Holly Madison’s Biggest Life Lessons and Relationship Advice**

When asked how she will share her past with her daughter, Madison thinks the book will be a great start! She hopes her book will inspire young girls to find healthy relationships and learn from her mistakes. Madison strongly advises girls to find and love yourself before looking for love in someone else. “In a way its the worst advice because you can’t teach anybody how to do that, but it’s so important.”

Madison is hoping to write a second book on the topic of relationships and love, so be on the look out for that!

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# Pros of Breaking Up in a Social Media World



By [Courtney Omernick](#)

[Relationships and love](#) can be complicated, but the break-up doesn't have to be. Sometimes, we're very lucky that we live in a world filled with social media that provides us with faster ways to connect with more people.

**A lot of relationship and dating advice will tell you that it's a terrible idea to break up with or**



# find a new partner via social media, however, there are some positives. Cupid has some ideas.

**1. Remove the awkwardness:** If you do decide to break up with your significant other, you have the option of making things a little less awkward by doing it through social media. If you're too nervous to face them in person, or haven't been dating for too long, you have the option of sending them a private Facebook message and then moving on with your life.

**Related Link:** [Sean Penn and Charlize Theron Break Off Celebrity Engagement](#)

**2. Spread the word:** With social media, all you have to do is click a few buttons, and all of your friends, family members, and acquaintances, can instantly know you're single. This helps diminish the amount of times that you have to bring it up in a conversation. Now, if they really want to know, they'll ask.

**Related Link:** [Sources Say Ben Affleck and Jennifer Garner Are Facing Celebrity Marriage Troubles](#)

**3. Options:** Before social media, people met and dated individuals who they went to high school with, lived next door to, etc. Now, with social media, you can find ten times as many newly, single matches for you within your city and beyond.

**What are some other pros to breaking up in a social media world? Share your relationship and dating advice below!**

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# Leading Non-Verbal Expert Shares Online Dating Love Advice



Interview by [Jared Sais](#). Written by [Rebecca White](#).

Relationships and love are not always easy to find, and in this day and age, many people turn to online dating as they search for that special someone. This approach can be extremely effective, but it's important to keep a few things in mind in order to increase your chance of finding The One. In our celebrity interview, Dr. Paul Ekman, an expert in non-verbal communication, shares his best [love advice](#) to help you get through a first date with someone you met online.

# Dr. Paul Ekman Shares Love Advice For Online Dating

Before you even go on a date, chat with your potential partners on Skype or FaceTime. That way, you'll be able to tell if they're authentic from the get-go. You can watch their facial expressions and hear their tone and pitch, gathering the non-verbal cues needed to get a better understanding of who they are. After all, you can't tell if they're lying via e-mail or text!

**Related Link:** [Love Advice: How To Tell If a Guy Likes You](#)

When it comes to your first date, Dr. Ekman's expert dating advice is simple: Be prepared to ask the right questions. He recommends that you find out the answers to these five questions below:

**1. What do you like to do on vacation?** If you can't travel together, you can't live together! Find out what your date likes to do for fun and see if you have any similar interests.

**2. Why didn't your previous relationships and love work out?** Really listen to how your date responds to this question and be on the lookout for any red flags. Of course, there are a few acceptable answers, like illness or death of a past lover and differing opinions about topics such as having kids or where to live.

**3. Do you have a good relationship with the opposite sex parent?** If the answer is no, they may look to you to fill that void. A bad relationship with any parent could cause issues in your love life, as they may have a skewed perspective of the family unit.

**4. What is your online dating history?** While this question isn't a necessity, it's helpful to know what sort of online

dating success your date has had thus far. How long have they been looking for love online? How many dates have they been on?

**Related Link:** [Dating Expert Gives Five Body Language Cues to Look For on a First Date](#)

**5. What type of relationship do you want?** Asking this question on a first date will let you know if you should continue this particular romance. If you have different answers, then it's time to move on!

Besides these verbal questions, don't forget to look for classic non-verbal cues while you're on the first date. Is your date leaning towards you? Are their eyes dilated? Are they making eye contact with you? These are all positive signs! Dr. Ekman even has a training tool called micro expressions, which can help you learn how to read people. Be sure to keep this love advice in mind the next time you go on a first date.

**What questions would you ask on a first date? Let us know by commenting below!**

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## Hollywood Stars and Their Trendsetting Celebrity Kids





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Honor and Haven Warren

Jessica Alba and Cash Warren's daughters know that prints are

in! Take a cue from Honor and Haven and rock stripes or polka dots this summer. Photo courtesy of Jessica Alba's Instagram.

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## Reality TV Newcomer Chantelle Fraser Talks Relationship Status & Blood, Sweat and Heels Finale



Interview by [Lori Bizzoco](#). Written by Jenna Bagcal.  
On this season of the Bravo reality TV show *Blood, Sweat and*

*Heels*, fans welcomed newcomer Chantelle Fraser to the show's cast. The UK native and founder of Flawless NYC made her television debut on the popular show and forged strong friendships and even some rivalries along the way. In this [exclusive celebrity interview](#), CupidsPulse.com Executive Editor Lori Bizzoco caught up with Fraser who shared details about her time on the show, who she's dating, and what's next for her.

## Reality TV Newcomer Discusses Her Experience on the Show

Fraser joined the cast of the Bravo reality TV show in its second season, and cites her experience on the show as "surreal." She reveals, "Well it's obviously surreal watching yourself on television, especially because I haven't been on television before, seeing myself *being* myself. So that's always interesting." Fraser adds that she was pleased with how she portrayed herself, but wished that the show reflected more depth regarding disputes between cast members.

**Related Link:** ['Blood, Sweat and Heels' Reality TV Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"](#)

One of Fraser's biggest disputes this season was between herself and fellow cast member Demetria Lucas D'Oyley. Fraser says that the feud between the two women was not portrayed as well on the show. "Me and Demetria had a bit of beef on the show and I kind of felt like it didn't really reflect what truly went down from the cut, which was unfortunate," she says. Currently Fraser confirms that the two women "don't have a relationship" after the events on the show transpired.

Despite this feud however, the young businesswoman says that she has formed great friendships with some of her fellow cast members including Geneva Thomas and Daisy Lewellyn, both of whom she speaks with regularly.

# Bravo Star Shares Relationship Details and What's Next

Before appearing on *Blood, Sweat and Heels*, the reality TV star was romantically linked to Mario Singer, the ex-husband of Ramona Singer from *Real Housewives of New York*. Rumors surrounded Fraser and Singer, who were reportedly believed to be a celebrity couple. However, Fraser revealed that she is currently in a celebrity relationship with one of her ex-boyfriends. She shared that she and her current flame, who is a New York City lawyer, have been dating since the show wrapped almost one year ago and that fans can “forget the rumors” that she and Singer are an item.

**Related Link:** [Celebrity Video Exclusive: ‘Blood, Sweat and Heels’ Star Geneva Thomas Moments Before Brawl with Melyssa Ford](#)

Although she has had a mostly positive experience on the show, she says that being in the cast presented challenges as well. “The biggest struggle I think is staying focused on day to day business activities because people want to pull and push you in different directions. It’s great, but at the same time I still need to keep an eye on my business.”

A new project that the entrepreneur is currently working on is *flawless-living.com*, which she says is a weekly website that is “focused on self development.” Fraser shares “My goal is to be the best version of myself, and I know that it’s the the goal of many other people too. It’s a journey, so we’ve enlisted experts in nutrition, health, wellness, beauty and love.”

After five months of filming, Fraser says that being on the show is better than she imagined. She reveals that the positive feedback from the media as well as the support of her fans have been “overwhelming.” She also adds, “I’m all about



growing and learning. By watching myself on TV for better or for worse, I can grow and I can learn.”

*Catch up with Chantelle on Twitter @chantyfraser.*

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# Single Celebrity Ariana Grande: Tearing Down Double Standards?



By Dr. Jane Greer

Singing sensation and [single celebrity Ariana Grande](#) wrote an

elaborate, empowering essay about male and female double standards after her celebrity break-up with rapper Big Sean. She said, “If a woman has a lot of sex (or any sex for that matter)... she’s a ‘slut.’ If a man has sex... HE’S. A. STUD. A BOSS. A KING... If a woman even TALKS about sex openly... she is shamed!”

**Ariana touched on one of many examples of double standards when it comes to relationships and love and is hitting a nerve because what she wrote about does often seem to be true.**

**Choose a course of action.**

In today’s world, women want to be able to make mindful choices when they decide to be intimate and sexual with their partner. But that isn’t always easy to do. When a woman has an active sex life, she might be viewed as being loose. On the other hand, men are expected to seek it out, and if they brag about a few notches on their belt then they are respected and thought of as manly. Women are finally looking to move beyond these images and not let them hold them back anymore. Along those lines, the most recent *Bachelorette* openly said she made a conscious decision to be intimate with one of the men she had met on the show, because a sexual connection is such an important part of a relationship that she wanted to have a sense of their chemistry before they moved too far forward. She chose a course of action, and so can you.

**Related Link:** [Single Celebrity Ariana Grande Says She Doesn’t Want to Be Called Big Sean’s Celebrity Ex](#)

## **Be the manager of your sex life.**

If you consider what you stand to gain by exercising your sexual expression, as well as what you stand to lose if you are not in touch with it, you will see how important it is to be the manager of your sexual life. By challenging these stereotypes that have trapped, confined and limited women for too long, you can work to redefine your sexual identity and what it means to you in terms of your happiness and your sexual esteem. If, for example, you want to be intimate with someone when you first meet them, if you are on vacation and want to have a fling, if you are at a wedding and want to have a romantic escapade, or just a one night stand, the most important thing is to know what you are doing and why you are doing it. In other words, own it. This means recognizing that you are with that person to enhance your sexual experience and pleasure, and still feel good about it regardless of whether or not it leads to something more serious down the road.

**Related Link:** [Ariana Grande and Big Sean Step Out as Celebrity Couple at Grammy Awards](#)

## **Sit in the driver's seat.**

If you are in the driver's seat, you can give yourself the permission to say "yes" to your desires and feel empowered by them when it comes to your sex life decisions, rather than feeling bad about yourself. The essential thing to be aware of is that whatever your action may be you are doing it by choice, one that you are making for yourself and thereby can feel confident about. When you do this, you free yourself from blame and judgment so that you will not feel objectified or used in any sexual experience you share. You no longer have to be in a position where you are compromising your own values or worrying about what other people think.

## **Be honest and guilt-free.**

It follows that if you are in a new relationship and your

partner asks how many sexual encounters you have had, you can have a clear sense of your history and how it came to be, free from guilt. You will be able to level the playing field so that what was once only acceptable for men can also be acceptable for women. Saying no always remains a powerful choice as well, what matters most is that you are determining what is going to be most comfortable for you. In this way, you will be a woman who takes charge, is in control, knows what you want as well as what you don't want, and will be better able to build your inner security which will reflect in your emotional and sexual wellbeing.

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## **Celebrity Kids: They're Just Like Us**





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Kim Kardashian with daughter North and niece Penelope  
Even celebrity kids need hobbies! North and her cousin

Penelope are ready for their dance class. Photo: 4CRNS/Dunkin D/FAMEFLYNET PICTURES

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## 10 Celebs Who Made It Through Tough Times



By [Courtney Omernick](#)

When you think about the glamorous life of a celebrity, it can be hard to imagine that, in many times, they didn't always have it as easy as they do now. Believe it or not, tabloids weren't publishing the latest celebrity news on some of these people when they were growing up.

# Below is our list of 10 celebrities who've made it through challenging times.

**1. J.K Rowling:** Before her success with the Harry Potter series, Rowling was divorced and on government aid. She was so poor that when sending her book to publishers, she manually typed out each version because she couldn't afford her own computer, or to photocopy the book. It was rejected dozens of times before becoming a best seller.

**Related Link:** [5 Celebrity Couples Who Prove Love Can Last a Lifetime](#)

**2. Jim Carrey:** At 14, Carrey's father lost his job, and the family lived in a van on their relative's lawn. Carrey worked an 8 hour factory job after school to help make ends meet. He worked on his comedy routine, starting at age 15, and never quit. In 1995, he made over 10 million dollars when he starred in his first major gig, *Dumb and Dumber*.

**Related Link:** [5 Times Celebrity Gossip Turned Out To Be Untrue](#)

**3. Emily Blunt:** Growing up, Blunt had a speech impediment that kept her from talking to others. In high school, a teacher encouraged her to try theater. From there, she was able to completely get rid of her speech impediment and move on to being the actress she is today.

**4. Charlize Theron:** At 15, Theron witnessed her mother kill her father in self-defense. Instead of letting that incident stifle her talent, she went on to make a name for herself. She is the first South African actress to win an Academy Award.

**5. Jay-Z:** Coming from a rough, Brooklyn neighborhood, no record label would sign Jay-Z as a rapper. So, Jay-Z went on to make his own successful record label. His net worth is

estimated around \$500 million.

**6. Oprah Winfrey:** As a child, Oprah was repeatedly sexually abused by her own family members and gave birth at 14 to a baby boy that died two weeks later. Winfrey went on to excel in high school and college and became the icon that she is today.

**7. Shania Twain:** Shania started singing in bars at the age of 8 to make extra cash for her family. When she was 21, her mother and stepfather were killed in a car accident, and she raised her siblings until they all graduated high school. Then, she decided to pursue her dreams.

**8. Sarah Jessica Parker:** The actress is one of eight children and took up singing and dancing to help create a better income for her family. At age 11, her family took a trip to New York so Sarah could audition for a Broadway play. She got the role and went on to make millions in her career.

**9. Richard Branson:** Richard is dyslexic and struggled for years in school. So, he used his personality to get him where he is today. He is the fourth richest person in the UK.

**10. Bill Gates:** Even the richest person in the world wasn't always rich. Bill's first business failed miserably, and the product he tried to sell didn't even work! However, that didn't stop him from trying again.

**What other celebrities have made it through tough times? Comment below!**

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# Love Advice: How To Tell If a Guy Likes You



By Molly Jacob

Relationships and love can be very difficult, especially when you're not even sure where you stand with your crush or guy friend. Does he like you as more than a friend? Should you take your relationship to the next level by confessing your feelings? Let our dating advice help you out in this gray area of relationships and love.

**Check out Cupid's love advice about**

# how to tell if a guy likes you!

## 1. He finds every excuse to see you:

Sure, good friends want to spend a lot of time together. But in the area of relationships and love, a guy who is interested in a girl will find a reason, no matter how far-fetched, to see you. He's going to the grocery store and wants you to come help him get ingredients for dinner. He's shopping for a new pair of shoes and wants your advice. Dating advice: if it just seems like he can't get enough of your presence, he probably has a major crush on you!

## 2. He approaches you:

This one is pretty self-explanatory: a guy who strikes up a conversation with a girl at a bar, bookstore, or the gym is obviously interested in her. But look at how your crush or guy friend communicates with you. Is he always the first person to text you? Does he always seek you out at parties? If so, take our love advice he may have a crush on you, too!

**Related Link:** [Dating Advice: How To Get Out of the Friend Zone](#)

## 3. He has positive body language:

With relationships and love, body language is everything. Things we might be too afraid to say can subconsciously appear in our physical gestures. Here are a couple signs he's into you: his pupils are dilated when he's looking at you, he leans close into you when you talk, he subtly licks his lips when speaking to you or looks at your lips, and he points his feet towards you when you're both sitting down. All of these are indicators that his body is using to communicate his interest in you.

## 4. He's different around you:

Maybe you notice that he makes cruder jokes around his other friends, but says nicer things when he's alone with you. If he likes you, he could act nervous around you or appear to be trying to impress you. This may be a relationship and love sign that he's interested being more than just a friend with you. It's great love advice to see how he treats other women and reflect on how he treats you. This could give you a few clues about his true feelings for you!

**Related Link:** [5 Emotional Stages of a New Relationship and Love](#)

### **5. He gets jealous:**

Next time you talk about a date you went on last week or your newest celeb crush, check out your real life crush. Does he seem to get upset when he hears you talking about other guys? Does he seem to be jealous or protective when other guys check you out? If so, he could be jealous because he likes you!

### **6. He teases you:**

Most of us can remember a time where we were made fun in elementary school by a boy who thought it was so hilarious to sprinkle grass in our hair at recess. It wasn't until our parents gave us the early dating advice that those boys on the playground actually liked us and weren't just bullies. Although we think men have grown up since then, they really haven't changed all that much! A guy who teases you for silly things and is physical with you (touching your hair, playfully touching your shoulder) definitely likes you. Also, if he smiles and laughs a lot around you, that's a great sign that he might be into you!

**How else can you tell if a guy likes you? Let us know by commenting below!**

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# Chris Pratt is Featured in Unlikely Relationship Movie, 'Jurassic World'



By [Courtney Omernick](#)

Twenty-two years after the events of *Jurassic Park*, there is now a functioning dinosaur theme park, *Jurassic World*. After multiple years of operation and the amount of visitors declining, a new attraction is created to gain new visitors, which backfires. The two main characters, who are ex-partners, are forced to come together in this adventure-packed action-turned-[chick flick](#).

# Cupid has the Jurassic-sized movie details.

## Should you see it:

You wouldn't think that *Jurassic World* is a chick flick or relationship movie, but there is a catch. The two main characters, Owen (Chris Pratt) and Claire (Bryce Dallas Howard) are exes trying to mend their relationship in order to do what's best for the future of *Jurassic World*. With all the action, and a bit of romance, this film won't disappoint!

## Who to take:

This action packed, relationship movie would be great to see with your friends or significant other.

## How can you work through your differences with your ex?

### Cupid's Advice:

Sometimes, even if we break up with a significant other, we can't avoid them. There might be children involved, you might work together, or have the same friends. Heartbreak hurts, seeing them often shouldn't have to. Below is some relationship advice on how to work through your differences with your ex.

**1. Put past arguments behind you:** If you're constantly hanging on to negative feelings, you're never going to have a positive conversation/relationship with your ex. Don't bring up past fights, pet peeves, etc. Treat them as if they were a friend, not an enemy.

**Related Link:** [Former 'Bachelor' Chris Soules: Is it Over Before it Begins?](#)

**2. Create boundaries:** Even though you still have to be around

your ex, don't let them run your life! Make it clear on when it's appropriate to visit, make phone calls, text you, etc.

**Related Link:** [Nicki Minaj Fires Back at Celebrity Ex Safaree Samuels After He Releases Telling Single](#)

**3. Avoid being each other's crutch:** You may be mourning the loss of your relationship with your ex, however, do not seek comfort in their arms! Find friends or family members to confide in.

**Have you had to work through issues with your ex? Do you have some relationship advice for our readers? Comment below!**