

5 Most Fashion Conscious Celebrity Couples



By Molly Jacob

While we expect our favorite [famous couples](#) to be fashionable (with a personal stylist, who wouldn't be?), some celebs just hit the mark. From clothing collections to trend-setting choices, these celebrity couples work it in the field of fashion.

See which celebrity couples Cupid has picked out as the most fashion

conscious!

1. [David Beckham](#) and [Victoria Beckham](#):

While Beckham may have been a pop queen as Posh Spice in the '90s, these days she's fashion royalty. She has walked the runway for many high-end fashion labels and was a British ambassador for Dolce and Gabbana. The celeb even has her own label, which resulted in her winning Designer Brand of the Year at the British Fashion Awards. Her soccer star hubby David is fashionable as well, with his own menswear line at H&M.

2. [Kim Kardashian](#) and [Kanye West](#):

Kimye is an famous couple for many things, including their killer style. Both superstar celebs have their own clothing collections and constantly make the cover of fashion magazines. Kardashian's style goes for the shock value; an example of this would be her infamous latex dress. As for West, his fashion collaboration with Adidas premiered at last fall's New York Fashion Week and captivated audiences.

Related Link: [Kim Kardashian Takes Fashion Advice from Husband Kanye West](#)

3. **Matthew Broderick** and **Sarah Jessica Parker**:

Expect this celebrity couple to always be striking on the red carpet. Parker's character on "Sex and the City" may have had a love affair with shoes, but SJP doesn't discriminate. She's designed shoes with Manolo Blahnik himself, and revealed her clothing collection with George Malkemus and Nordstrom in 2014. And don't count out Broderick, with his classic suits and trademark black-rimmed glasses.

4. **Barack** and **Michelle Obama**:

The most powerful couple in the country doesn't let us down with their fashion sense! The First Lady always looks flawless, whether she's at a White House dinner or promoting

her healthy eating programs. Her outfits are more than just “pretty,” too. She wore a dress from a Japanese label that is now run by American designers when she visited Japan to discuss her education program, Let Girls Learn, which showed a perfect connection between the two countries with just her outfit. As for the President, he’s become a fashion icon as well – he partly inspired a Versace runway collection in Milan!

Related Link: [President Obama Rocks Michelle’s Bangs at Correspondents’ Dinner](#)

5. Prince William and [Kate Middleton](#):

Although she has only been in the public spotlight for a few years, Kate Middleton is already one of the royal family’s biggest style icons ever. Not only are her stunning looks easy on the eyes, they’re good for her country, too. Her fashion influence has boosted the British economy by \$1 billion as adoring Brits try to recreate her looks. Since their marriage, Prince William has been stepping up his fashion game, too. Count on him to always be dressed in a classic and simple suit, a nice complement to the Duchess’ vibrant and bold style.

What fashionable celebrity couples did we miss? Comment below!

Love Advice: What Your Sleeping Position with Your Partner Says About You



By Molly Jacob

How well do you sleep? With relationships and love, your sleeping position can mean more than just whatever position you find most comfortable in your king-sized bed. How you sleep with your sweetheart could say a lot about you and your relationship. Looking for some dating advice for your relationship?

Keep reading to see what love advice Cupid's Pulse has about what your sleeping position with your partner really means!

1. You're the big spoon:

The classic spoon, while not that common among sleeping positions for couples, can say a lot about your relationship and love life. If you're the big spoon, you're the protective one in the relationship. You want to keep your significant other safe and secure, even as you drift off to Dreamland. Dating advice: don't feel like you always have to be protecting your partner, and make sure they're getting all the space they need in the relationship!

2. You're the little spoon:

If you're the little spoon in this sleeping position, you're the one who is being protected. You are more dependent on your significant other and you feel safe with them. Love advice: sometimes your partner might want to feel protected, too! See how you can make them feel safe and comfortable in your relationship, instead of being too dependent on them and their security.

Related Advice: [Relationship Advice: Signs You Really Need Couples Counseling \(and Why It's Not a Bad Thing!\)](#)

3. You're intertwined:

You and your partner wrap your arms and legs around each other every night and stay tangled in each other throughout your sleep. This could be a sign that your relationship is very close and almost suffocating. You both could be relying on each other too much, which is why, even in sleep, you find that you need to be as close as possible.

4. You take up the bed:

Some people need as much space possible when they sleep. Although your sleep position doesn't necessarily correlate to your relationship and love with your partner, if you find yourself consistently pushing your partner off the bed, be wary of this sleep pattern. Dating advice: take a look at whether you're being too dominant in your relationship.

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[Hollywood Couples](#)

5. You sleep on opposite sides of the bed:

This position is probably the most common among couples. If you stay on separate sides of the bed and face away from each other, this may be a sign that you both are independent and confident in the area of relationships and love. You both feel secure enough in your relationship not to be all over each other.

Do you agree with this dating advice? What position do you and your partner sleep in? Let us know in the comments below!

Top 5 Secret Celeb Matchmakers





By [Courtney Omernick](#)

Sometimes, even the most famous of celebrities need a bit of help finding “the one” with whom they want to spend the rest of their life.

Cupid has five celebs who have played matchmaker to the most A-list of celebrity couples.

1. Robert Downey Jr.: Downey introduced mutual friends [Jennifer Aniston](#) and Justin Theroux to one another back in 2007. The famous celebrity couple celebrated their celebrity wedding this past week.

Related Link: [Anna Kendrick Speaks Out About Celebrity Marriage](#)

2. Ellie Goulding: Goulding is proud to announce that she is the reason behind the celebrity relationship between Calvin Harris and [Taylor Swift](#). Goulding jokingly commented that she

set the two up because, “They’re both really tall.”

Related Link: [5 Celebrity Marriages That Are Rock Solid](#)

3. Anne Hathaway: Back in 2008, Hathaway decided to introduce the now married celebrity couple, John Krasinski and Emily Blunt. At the time, Krasinski said that he “wasn’t really looking for a relationship,” but when he saw Blunt, he knew he was going to fall in love with her.

4. Ed Sheeran: Who would’ve guessed that Sheeran and Courteney Cox were good friends? Such good friends, in fact, that he set her up with her now fiancé, Johnny McDaid.

5. Jimmy Kimmel: Back in 2008 at a Comedy Central show, Kimmel decided to introduce [Kanye West](#) to [Kim Kardashian](#). The pair didn’t get together until 2012, but Kardashian noted that when they met, “There was definitely a spark.”

Who are some other celeb matchmakers? Share in the comments below!

Owen Wilson, Jennifer Aniston, and More Star in New Relationship Movie, ‘She’s Funny That Way’





By [Courtney Omernick](#)

This relationship movie features the interconnected, personal lives of the cast and crew of a Broadway production. You'll never believe who falls in love with who in this non-traditional chick flick.

Cupid has the details on this new chick flick!

Should you see it:

This relationship movie has a twist! If you like films that keep you guessing and have many different layers, then this chick flick is for you. The movie also features Owen Wilson, [Jennifer Aniston](#), Will Forte, Kathryn Hahn, and more great actors.

Who to take:

This relationship movie/non-traditional chick flick would be great to see with your friends or significant other. Is it a

good idea to date multiple people at the same time?

Cupid's Advice:

In today's world, you can never be too sure that the person you're looking to date is the cream of the crop. So, sometimes going on dates with a few different individuals at the same time can help you narrow down what's out there. But, is this a good idea, or is it only asking for trouble? Find out below!

1. It speeds up the process: Dating multiple people can definitely speed up the process of finding the right person. Why wait around with someone that you know you're not that interested in, if you've already found someone else that you know you can see yourself in a relationship with?

Related Link: [Dating Advice: 10 Kissing Tips to Read Before Your Next Makeout Session](#)

2. Compare and contrast: Yes, everyone has different personalities, and everyone has their positives and negatives, but it is nice to be able to compare what you like about one person to the next. It'll also help you decide what you want to look for if the people that you're dating aren't working out at all.

Related Link: [Love Advice: How To Tell If a Guy Likes You](#)

3. Honing your first date skills: Think of it as interviewing for a job. Once you've done it a few times, you finally know the questions you need to ask to get to know the other person, and it helps you figure out if they're worth your time and effort. Once you've done it a few times, you'll be a pro.

Have you dated multiple people at the same time? Did it work out? Comment below!

Five Celebs Who Are Infamous for Dating Their Co-Stars



By Meranda Yslas

When you're shooting a film or prepping for another season of a TV show, you spend a lot of time with your coworkers. More often than not, a celebrity relationship begins to form on set. In fact, most celebs have dated a co-star or two.

Cupid has five celebs who are

infamous for dating their co-stars.

1. Nina Dobrev and [Ian Somerhalder](#): The stars of *The Vampire Diaries* dated for three years before announcing their celebrity break-up in May 2013. Even though they separated, the two remain good friends.

Related Link: [Nina Dobrev Admits to Fighting Feelings for Costar Ian Somerhalder](#)

2. [Blake Lively](#) and Penn Badgley: Dan and Serena from *Gossip Girl* had a romantic relationship on-screen, and so did the celebs who played them off-screen. After three years of dating, the Hollywood couple called it quits in 2010, but remained friendly with each other while the show continued until 2012.

3. Chad Michael Murray and Sophia Bush: Not only did these co-stars date, but they even had a celebrity wedding! Unfortunately their marriage didn't last long and was annulled after five short months.

Related Link: [Sophia Bush and Topher Grace are Just Friends](#)

4. Jennifer Carpenter and Michael C. Hall: The stars of the show *Dexter* were married for three years before getting a celebrity divorce in 2011. Even after splitting, both actors spoke positively about maintaining a professional and friendly relationship with each other.

5. Zac Efron and Vanessa Hudgens: In 2005 these two celebs met while filming the first *High School Musical*. For five years they remained in a romantic relationship before ending it in 2010.

Is there co-stars turned famous couple that we missed? Share below.

Hollywood's Gay Power Couples





Simon Halls and Matt Bomer

The 'Magic Mike' star married Halls in 2011, a year before the celeb publicly came out. The Hollywood couple have three sons together: Kit, Walker, and Henry. Photo: David Gabber / PR Photos

Relationship Advice: How Can You Tell If Your Partner Is Having an Affair?





By [Courtney Omernick](#)

You've just found out that your significant other is having an affair; and it's something that you never wanted to hear. That being said, it can be worse wondering whether they're betraying you or not, and there are signs to look for in that situation.

Whether you're dating, in a relationship, or single, read these pieces of dating and relationship advice below on how to tell if your partner is having an affair.

It can be tough to tell if your partner is having an affair, and you don't want to wonder about it too much. Cupid has some red flags:

1. Their behavior changes: If your partner suddenly breaks an established routine or stops wearing their wedding ring for no reason, these could all be signs that he or she might be having an affair.

Related Link: [Ben Affleck: Can You Forgive a Betrayer in a Romantic Relationship?](#)

2. Showering/cologne/perfume: If your significant other comes home and showers right away when they work an office job, that could be a bad sign. If they smell differently when they come home, or if they're starting to buy new fragrances at the store, it's cause to at least check things out.

Related Link: [Relationship Advice: Signs You Really Need Couples Counseling \(and Why It's Not a Bad Thing!\)](#)

3. Discomfort: If your partner seems less comfortable around you and gets easily angry when they weren't in previous months, this could be a sign. If h also stops attending social gatherings with you, you may want to start asking questions.

What's your relationship advice for our readers? Have you ever found out your significant other was having an affair?

Share in the comments!

Celebrity Break-ups of 2015





Page 1 of 21



Gwen Stefani and Gavin Rossdale

This musical duo surprised everyone when they announced their

celebrity divorce on August 3rd. They've promised to keep things amicable and co-parent their three sons together.
Photo: Albert L. Ortega / PR Photos

Relationship Author Dr. Tara Fields' Love Advice: "The Happiest Couples Don't Necessarily Have More or Less Conflict"



By [Sarah Batcheller](#)

Unwanted conflict patterns in relationships are just that: unwanted. Often times, couples feel helpless and like their arguments are a curse instead of something they can navigate. Dr. Tara Fields, a licensed psychotherapist who specializes in relationships and love and the author of the upcoming [self-help relationship book](#) *The Love Fix: Repair and Restore Your Relationship Right Now*, teaches her readers how to grab the reins of their negative habits and bring their love to a better place. Knowing that no relationship is perfect, Dr. Fields provides more than just love advice; she also shares usable actions to help couples weather any storm together. In this exclusive author interview, she reveals her proven techniques for lovebirds in all stages of romance.

In the book, you discuss the ways that couples can manage their relationships. What are some benefits of the HEARTwork exercises and self-assessment quizzes?

Change comes with awareness, so until an individual or a couple can take ownership of things, they can't change. What you can do is look at your part in the conflict. I see miracles happen when even just one person starts looking at their part in the loop. One of the reasons that I created the assessment is for people to self-diagnose and start becoming aware. The second reason is for people to say, "What can I do now?" So I came up with the three-minute fixes – people want help now, and they also want *hope* now.

Even if things don't change immediately, it will make you feel better because, when you act in a loving way, it increases your sense of self and also makes you feel empowered. What happens with couples is that they start to feel powerless: "They're never going to change," or "They're never going to forgive me for that thing that happened five years ago." But this book lets people know there's something they can do to

change things, and from there, things just keep progressing.

One of the biggest pitfalls I've seen is people wondering whether they can get their partner on board. Just be hopeful. Many people think they need to refrain from conflict, but here's something most people don't know: The happiest couples don't necessarily have more or less conflict. Instead, it's about how you handle the conflict. That's a big piece of the book – it teaches you to say, "We have an opportunity here."

What is the most important thing that keeps a relationship healthy?

Outside forces like friends, in-laws, or money can be a big problem in relationships. What's crucial, and what successful couples have, is that they're a team. The beautiful thing about a loving relationship is that you're better together. You should be able to surrender and trust and know that your partner has your back.

Related Link: [Love Advice: How to Make Your Partner Happy in 5 Minutes a Day](#)

Proven Love Advice For Couples in Budding Relationships

Can you tell us your most crucial love advice for new couples?

In the media, and especially on reality TV, we see this attitude of, "Yay, I found it!" The biggest misconception is that your partner will guarantee that you're always going to be happy. It's so important for couples to realize that you're dealing with hormones and chemicals and the newness of romance.

In the book, I discuss coming together and growing apart, which happens when you start facing real-life issues. So many couples have a plan, but then, *life* happens. For example, all

of a sudden you're laid off from that secure job, and the house can't be sold. I always say to couples that, even if you've already dealt with these issues, it's a good idea to do pre-marital counseling and make sure you're on the same page. Lots of people say things like, "We never really talked about finances" or "He's saying he doesn't want to have children, but that will change once we're married." It's so important for couples to articulate their expectations.

There's an erroneous belief that, "We're different from everybody else. The divorce rate is almost 50 percent, but nobody loves each other like we do. *We're different.*" That's what almost everybody thinks. The crazy thing is that people put so much planning and money into this one day, this one big party, but they don't plan for the rest of their lives.

What was one of the biggest issues you have had in a relationship, and how did you resolve it?

Well, I've been with my husband for seventeen years, and we've dealt with many challenges in terms of finance and health. Our marriage and our relationship is so much stronger because we stuck together. I've surrendered a lot of things that I thought only I was able to do and therefore have seen what a champion my husband is. Because we both know that we're all in, we're able to overcome everything.

Furthermore, lots of couples ask if the passion is going to fade, and they're absolutely right that those things will go away. But when you build a history as a couple and go through things together, that kind of intimacy creates a passion that can only come with time.

Related Link: [Expert Love Advice: How To Tackle That Nagging Seven-Year Itch](#)

Relationship and Love Author Provides Readers with Quick, Realistic Solutions

What is a key thing that couples should do every day?

If you do nothing else, even if you can't think of anything positive to say about your mate, find a minimum of three things that you can express gratitude and appreciation for. Send a little text or e-mail. At the end of the day, instead of going into your room and opening up your laptop, wrap your arms around your partner and say, "Have I ever told you what a great mother I think you are?" Or, in the morning, say something like, "Honey, have I ever told you how much I admire that every day you go in to that job you hate?" I have every couple do this either at the beginning or the end of their counseling. Some couples say, "You've got to be kidding...I can't think of anything!" What happens is that they go from the honeymoon phase, where their partner is perfect, to only noticing what their partner does wrong – your brain gets rewired to only see the negative.

The key is to do this exercise with no expectations. If you do it just so that your mate does it back, you're not really doing it. Research shows that doing it without expectations actually makes people feel better. Again, the one thing you can always do is make a choice to act lovingly.

The Love Fix: Repair and Restore Your Relationship Right Now is available now on Amazon. To get the most out of your relationship-repairing experience, Dr. Fields recommends each partner have their own copy. For more from Dr. Tara Fields, visit her website and read her blog at www.tarafields.com.

Top 5 People Tools for Relationships and Love



By Alan C. Fox

I describe [relationships and love](#) as a “journey from me to us.” As romantic as that sounds, it also implies a lot of hard work. Two unique people with distinct tastes, thoughts, feelings, ambitions, and personalities are now sharing a single life. And no matter how perfectly compatible you are, you’re bound to face challenges along the way.

I'm a pragmatist at heart and so I like to use "tools" to help me navigate the challenging terrain of relationships and love. In fact I've developed many of them for my new book on relationship advice and love advice, *People Tools for Love and Relationships: The Journey from Me to Us*.

Below are my top five pieces of relationship and love advice:

1. Be (not find) the right person: Many of us spend years of our lives searching for the perfect person to build a life with. But we're often disappointed to find that our prince or princess charming turns out to be imperfect. It's just as important to learn how to be the right person as it is to find the right person. Work on perfecting yourself, rather than endlessly searching for that perfect other.

Related Link: [Love Advice: How to Make Your Partner Happy in 5 Minutes a Day](#)

2. The Best Defense is No Defense: While having a strong defense is helpful on the battlefield, being defensive in your relationships can cause serious problems. If your partner is upset with you or offers criticism, rather than automatically defending yourself, try adopting an "intent to learn," and quietly listen to their point to learn what they have to say.

Related Link: [Dating Advice: 10 Kissing Tips to Read Before Your Next Makeout Session](#)

3. It's a Movie, Not a Snapshot: It's all-too-easy to lose sight of the big picture during times of emotional strain and conflict. In times like these you need to remember that your relationship is more like a movie than a snapshot. It's a series of events and memories, and not a single particular event.

4. More Is Not Always Better: I often refer to relationships as "a journey from me to us," because sharing your life with another requires surrendering a degree of your independence. Each of you should maintain your own interests, hobbies, and time to yourselves.

5. Apologize: This is the simplest and most effective thing you can do when fighting with your partner. Yet it's often the most difficult, especially when you're convinced that you're right, which is most of the time, if not always. You have to put aside your pride and be willing to compromise on some points, even when you feel strongly about them.

Alan C. Fox is the author of "People Tools for Love and Relationships," as well as two other bestselling People Tools books. He is a real estate investor, philanthropist, mentor, and founder of Rattle poetry journal. Visit www.peopletoolsbook.com.

Celebrity Couples Who Broke Up and Still Worked Together





By [Courtney Omernick](#)

Relationships and love can be complicated, and so can the break-ups. However, it can be even more awkward when a celebrity relationship turns into a celebrity break-up, and the two parties still have to work together.

Below are a few celebrity couples that broke up but still had to work together.

1. Chad Michael Murray and Sophia Bush: This celebrity couple not only broke up, but they went through a celebrity divorce. Even though they split, they still had to work together on the hit show, *One Tree Hill*.

Related Link: [Celebrity Couple Scandals That Caught Us Off Guard](#)

2. [Ben Affleck](#) and [Gwyneth Paltrow](#): These two dated in the late 90s and costarred in the film, *Shakespeare in Love*

together. However, even after they broke up, they went on to co-star in the chick flick, *Bounce*.

Related Link: [Ben Affleck: Can You Forgive a Betrayer in a Romantic Relationship](#)

3. Adam Brody and Rachel Bilson: This celebrity relationship lasted for three years, but sadly ended in 2006. However, the celebrity exes still had to work together on the set of *The O.C.*

What are some other celebrity couples that broke up but still worked together? Share in the comments section below!

Dating Advice From Justin Kim of 'America's Next Top Model': "If Someone Is Already on Your Team, You Shouldn't Be Looking for Free Agents."





By [Sarah Batcheller](#)

America's Next Top Model has a knack for introducing audiences to their next, most beloved reality stars. The reality TV competition is known for being lathered in glamour, sophistication, and fun. Not to mention, some serious eye candy. This summer brings in Cycle 22 of *Top Model*, and with it an up-and-coming heartthrob, Justin Kim. Loads of social media adoration surround Kim already, as admirers anxiously await his on-screen debut. A Northern Virginia native and George Mason University alumnus, Kim is taking the modeling world by storm. In this exclusive celebrity interview, Cupid talks to Kim about the road to stardom, the adventures along the way, and his best dating advice.

**Cupid's Exclusive Celebrity
Interview with 'ANTM' Up-and-Comer**

Justin Kim

Kim wasn't apt to put any of his dreams on hold while he was attending college. He explains welcoming a modeling career into his life, stating, "I went to [George Mason University], and I commuted, so that allowed me to do my thing on the side. Going to Mason was a blessing in disguise, because at first I'd wanted to go away to college and get the "full experience." Then, my sophomore year [a friend of mine] asked if I wanted to be a secondary model for a shoot. I told him 'no' at first, but a week beforehand he contacted me again, so I did it. People saw the shots, they submitted me to a casting call, and I ended up getting signed. I got to do shoots in D.C. and network. So, it just happened."

Related Link: [Celebrity Interview: Model CariDee English Is "Off the Market Officially!"](#)

Believe it or not, perfecting his "smize" wasn't Kim's biggest battle. In fact, he claims that living with roommates was his first real, personal challenge. "These were essentially my first roommates in my entire life!" he exclaims. "It was a huge culture shock, and there were so many different personalities."

As far as the culture shock goes, Kim explains that his upbringing allowed him a healthy perspective. "I'm blessed...My parents raised me in Northern Virginia, and that is one of the most diverse locations in the entire country. Back at home, there are so many different cultures, ethnicities, and backgrounds," he reveals. "For some of the castmates I was with, that was new. For example, one person had never met an Asian-American person in their life."

The newness of the experience must have brought the cast members closer together, though, because Justin named Nyle DiMarco, Dustin McNeer, Stefano Churchill, and Mamé Adje as his closest pals while filming. Although, anyone who has

participated in the aforementioned social media hype may be suspicious that Adje and Kim are more than “just friends.” Maintaining full-blown mystery, Kim says of his castmate, who is also known as Miss Maryland 2015, “Mamé is an awesome friend.”

One relationship that the budding fan-favorite does gush about, though, is that with Tyra Banks. Of the show’s host, Kim raves, “Tyra can back up all the hype around her. The aura I felt while standing in front of her is just *real*. It was amazing...She’s so genuine. Off-camera she would come and make sure we were doing okay.”

Justin Kim Offers Dating Advice for Millennials

As for relationships and love in general, Kim discloses that things haven’t changed much for him since beginning his road to stardom, but that he is mindful, and trying to make smart choices. “I try to keep everything the same, and not let anything change me,” he says. “People do tell me to be careful of who to meet now because they might have the wrong intentions, and that’s true, but at the end of the day you just have to go for who you like, and who you want to be with.”

As a recent college graduate, Kim has some dating advice for other millennials who are looking for love. When it comes to figuring out when to settle down, this Top Model has a “first things first” attitude. He proclaims, “You should take your time – you don’t want to jump into anything. Especially because nowadays everyone is so career-driven. For example, I’m all about stability. I want to be financially stable before I settle down. There’s no point in rushing – we’re still young. Experience life.”

Related Link: [Adrienne Curry and Christopher Knight Split](#)

According to Kim, experience should have its limits too. He offers some insight on finding love, clarifying, "You could be playing the field, but if someone is already on your team, you shouldn't be looking for free agents! If you have someone who's special and who you don't want to lose, then don't mess around."

For more from Justin Kim, "like" him on Facebook, follow him on Twitter @Seoulful_J and www.instagram.com/seoulful_j/, and be on the lookout for his upcoming athletic line. Tune in to America's Next Top Model on The CW.

Meryl Streep Stars in New Relationship Movie, 'Ricki and the Flash'





By [Courtney Omernick](#)

In the new relationship movie, *Ricki and the Flash*, Meryl Streep stars as Ricki, a guitarist who gives up everything, including her family, for her dream to become a rock-and-roll star. But, she decides to return home to be there for her family after her daughter, Julie, suffers a painful divorce.

Should you check out this new relationship movie starring Meryl Streep? Cupid has some insight.

Should you see it:

This relationship movie is not your average chick flick! If you've ever been hurt from a relationship, or revived an old one, then you'll enjoy this film. The movie also features a great cast including Meryl Streep, Kevin Kline, Rick Springfield, and more!

Who to take:

This relationship movie/non-traditional chick flick would be great to see with your friends, family members, or significant other.

How can you welcome a past relationship back into your life?

Cupid's Advice:

Whether it's an old friend or an old flame, sometimes, people from our past come back into our lives. How you welcome them back can say a lot about you. So, if you're not sure what to do, see our advice below!

1. Embrace what you have in common: Even if you may have multiple differences, embrace what you do have in common. Everybody has at least one thing in common with someone else. Start there.

Related Link: [5 Celebrity Marriages That Are Rock Solid](#)

2. Make them laugh: Laughter is the best medicine. Make sure to stay positive and upbeat. Talk about funny stories, and keep the mood light.

Related Link: [Love Advice: How to Make Your Partner Happy in 5 Minutes a Day](#)

3. Talk about the good, past memories: Even if you can't think about anything good to talk about now, talk about the good times you had with them in the past. Some research has proven that talking about the good times of the past can bring two people closer together.

How have you welcomed a past relationship back? Comment below!

Relationship Advice: Signs You Really Need Couples Counseling (and Why It's Not a Bad Thing!)



By Molly Jacob

Sick of all the fights, cold shoulders, and disappointments in your relationship and love life, but still think it's worth saving? It may be time to visit a therapist with your significant other, and in terms of practical [love advice](#), that's not necessarily a bad thing! Going to counseling is one of the best ways to save your relationship, and you might find that your it becomes stronger after this rough patch is over. But, how do you know if you need couples' counseling?

See what relationship advice Cupid has for you as signs that you really need couples counseling!

1. You're not as affectionate:

If you've been less intimate or less emotional with one another, it may be time to go visit a therapist. Every couple goes through dry spells, but usually a lack of intimacy is the sign of a deeper issue, such as a lack of trust or comfort in the relationship.

Related Link: [Love Advice: 5 Signs You're in a Lukewarm Relationship](#)

2. You keep things from another:

Relationships and love thrive when you are open with your partner. If you're keeping things from him or her, such as hiding the credit card bill, it could be a sign your relationship isn't healthy. It's important to see a therapist who can help you open up to one another, something that can be accomplished with more trust, understanding, and communication.

3. You think the OTHER person is the issue:

Not being able to recognize that there are two sides to every story could be a reason your relationship is in trouble. Yes, it may seem like your partner is the one who has been causing problems, but it's important that you take a look at yourself and see where you can improve, too. Relationships and love are all about compromise, so look to a therapist for relationship advice about how to achieve this balance.

Related Link: [Paula Patton Says "Passion" is Key to a Successful Relationship](#)

4. You don't speak up:

The classic love advice about communication being the key to a healthy relationship is true. You may feel as though there is an issue in your relationship, but you keep it to yourself because you are afraid of the fight that could happen if you speak up. No one should feel this way in a loving relationship; you should feel comfortable enough to express your feelings. A therapist can give you the love advice you need to find your voice.

5. You think about having an affair:

You could just be fantasizing about that coworker and have no plans on acting on your thoughts of infidelity, but even just thinking about being unfaithful is a clear indicator that you should go to counseling. When you have an affair, it's usually because there's something lacking in your relationship, something you need from them that you just aren't getting. A therapist can help you identify this issue and communicate it to your partner so you can work to save your relationship and love.

What other signs are indicators that you need couple's counseling? Let us know by commenting below!

**Relationship Author Dr.
Brandy Engler Breaks Down
'The Women on My Couch'**



By [Whitney Johnson](#)

We met sex therapist and [relationship author](#) Dr. Brandy Engler after she released her first book *The Men on My Couch: True Stories of Sex, Love and Psychotherapy*. Now, she's back with a new self-help relationship book that focuses on tales from her female clients. In *The Women on My Couch: More Stories of Sex, Love and Psychotherapy*, Engler examines common issues that women deal with in the bedroom and beyond and hopes to help her readers tackle their own sexual insecurities. In our exclusive interview, the relationship author opens up about her marriage, life in Los Angeles, and what women really want.

Since we last spoke, you moved to L.A. and got married – congratulations! Do you feel like becoming a wife has changed your view on marriage and work as a therapist?

Yes, absolutely! It really tests all of the grand ideas I have

about relationships and love. It forces me to put them into action and shows me how difficult it is. The guy who officiated our wedding told us that marriage is one of the greatest spiritual disciplines, and I totally get it now.

Related Link: [Dr. Brandy Engler Says, “‘The Men on My Couch’ Taught Me that Love is Hard and Complicated”](#)

Self-Help Relationship Book Focuses on Female Sexuality

Now, let's discuss your book! Did you always plan to write *The Women on My Couch* as a follow-up to *The Men on My Couch*?

It actually came first. I originally wanted to work with women and wrote my college dissertation on their libido, particularly for married women – I was trying to understand this unsolvable problem in the world of sex therapy. So I had some ideas and started writing a book, but I was still a student and didn't really know what I was talking about.

Later, I decided to take that material and turn it into *The Women on My Couch*. The book isn't only about libido though – that's just one of the chapters. What I wanted to do was address the most common things women were bringing to sex therapy rather than choose cases that were deviant. I wanted readers to see their own struggles or issues reflected in the book.

What is the theme of *The Women on My Couch*?

The theme of *The Men on My Couch* was more about love, while the theme of this book is about women's sexual choices. We have a sense that we're free sexually, which presents to us an existential crisis, this vast gray area with no clear right or wrong answer. The book doesn't really tell women what to do, but it shows them how to walk through the process of making a decision when it comes to things like having a threesome or

cheating on their spouse.

Is there a particular story that you think readers will most relate to?

There's two of them. One of them is about a woman who was so in love with her fiancé and so excited to marry him, but she then dealt with major disappointment after they got married. In therapy, we call that the "post-marriage adjustment period." Soon after you get married, all of these differences show up, and you have to deal with them right away. How you deal with it sort of makes or breaks your relationship and sets the tone for the rest of your marriage. I have to walk the character in the book through developing realistic expectations and explain to her that she has a chance to be better at loving once she faces this challenge. I also share with her some of the lessons that I learned as a newlywed.

The other chapter deals with a woman who is married to a really hot guy but has low libido. I wanted to show that that problem doesn't just happen to older, unattractive people; young, attractive couples who still love each other deal with it too. There's nothing crazy in her background; it's just sexual shyness and a lack of erotic development. That's really one of the most pervasive things that I see. She gets challenged to push the edges of her comfort zone and try new things. I expose some of the reasons why women get shy in the bedroom and what to do.

On the flipside, is there a story that you think will surprise readers the most?

There's a chapter about a woman who uses sex to pay off her college loans, and I think it'll be shocking to learn how many women actually do that. I've had a few female clients who have done it, and I've had a few young, male clients who have used a service like that. I had to read up on it – I didn't even know it was going on! It's a trend now that's popular on

college campuses, especially in L.A. Super educated girls are doing it. They're taking a feminist empowerment approach, like, "College is expensive, and I'm taking it into my own hands." That whole chapter is a debate between me and my client about equating feminism and sexuality and the different ways to look at it.

Related Link: [The Independent Woman: Do We Need a Do-Over?](#)

Relationship Author Shares Love Advice

Lastly, do you have any love advice for someone who's afraid to open up about her struggles in the bedroom?

I'm really hoping the book will help with that by giving a voice to what a lot of women go through. I hope it starts to normalize it and take away some of the fear or embarrassment. One of the underlying themes in the book is that women are often in a more passive, reactive sexual role. We let the men be in the charge. So it's about finding our voice in a world where everyone wants to tell us what to do.

You can purchase The Women on My Couch on Amazon. To keep up with Brandy, follow her on her website and Twitter @TheMenOnMyCouch.

Want an A-List Wedding? 10 Celeb Wedding Officiants



By Molly Jacob

Wedding dress? Check. Flowers? Check. Jonah Hill reading your vows? Check! While you may want to be friends with your favorite celeb, what if you were married by him or her? Some A-list celebrities have acted as officiants for some Hollywood couples at glamorous celebrity weddings and even sometimes for those of us who are not part of a famous couple.

See which celebs acted as wedding officiants, and start planning for you own A-list wedding accordingly!

1. Jonah Hill:

Funny man Jonah Hill and superstar Adam Levine have been pals since middle school, so when Levine was getting married to

Behati Prinsloo in July 2014, it was only fitting that Hill act as wedding officiant for this celebrity wedding.

2. Conan O'Brien:

In November 2011, O'Brien celebrated the first anniversary of Conan on TBS. During this big episode, this funny celeb acted as the officiant for an on-air wedding of his show's costume designer, Scott Cronick, and Cronick's partner, David Gorshein.

3. Lady Gaga:

The famous performer has acted as officiant for several weddings, including her yoga instructor's nuptials. She has considered presiding over gay marriages at her concerts as well.

Related: [Lady Gaga Celebrates Celebrity Engagement to Taylor Kinney](#)

4. Jason Segel:

Abbie Thorner and Jason Wood, just a regular couple about to get married, ran into issues when the person who was supposed to marry them suddenly could no longer do so. They spotted Segel at a West Hollywood bar and asked him to do the honors, which he did during his appearance on *The Tonight Show*.

5. Ian McKellen:

The famous English actor helped out his good friend and *X-Men* costar Patrick Stewart in 2013 when he presided over the *Star Trek* celeb's marriage to Sunny Ozell.

6. Victor Garber:

Garber helped *Alias* costar Jennifer Garner and Ben Affleck tie the knot at their celebrity wedding in 2005. That's not his only tie to this (soon-to-be divorced) couple – he's the godfather of their daughter, Violet.

7. Emma Stone:

Not only did Stone introduce her publicist Holly Shakoor to

future husband Ruben Fleischer, director of *Zombieland*, she also presided over their 2012 celebrity wedding! This Hollywood couple was probably very grateful for all Stone did to help their relationship.

Related: [Emma Stone Is Caught Carrying Andrew Garfield-Labeled Bag Post Celebrity Break-Up](#)

8. Kevin Smith:

Got \$5,000 to spend? Hire Kevin Smith to marry you! The *Clerks* star will officiate for anyone that pays a \$5,000 fee that includes a venue for the wedding. Memorable weddings include the time when he married a couple at their hockey-themed nuptials, who said their vows while wearing jerseys.

9. Benedict Cumberbatch:

The Imitation Game star helped out two of his friends in 2013 when he acted as officiant for their picturesque wedding set on the island Ibiza.

10. Tori Spelling:

When a couple was getting married at the bed and breakfast Spelling owns with her husband Dean McDermott, she was more than happy to officiate. The celeb told *The Today Show* that it was her “scariest moment” because she didn’t want to let them down.

Which celeb would you want to preside over your wedding? Let us know by commenting below!

20 Celebrity Kids Who Look

Just Like Their Famous Parents





Violet Affleck and Jennifer Garner

Despite their different hair colors, Violet is definitely Jen's mini-me. They both have almond-shaped eyes and share the same unique dimples in their plump cheeks. Photo: PR Photos/PRPhotos.com

Ben Affleck: Can You Forgive a Betrayer in a Romantic Relationship?





By Dr. Jane Greer

[Ben Affleck](#) and [Jennifer Garner](#)'s [celebrity divorce](#) announcement may have sounded amicable, but allegedly their celebrity marriage was shattered by Ben's partying and inappropriate behavior with other women. There were rumors of cheating, which may have caused Jennifer's trust in Ben to be forever damaged. Insiders close to the couple say there was suspicion throughout their marriage, adding that Jennifer tried to leave him a few times, but Ben would always convince her to stay.

So what can a couple do if a cloud of suspicion is affecting their relationship and love life?

It can be incredibly difficult to forgive someone after a betrayal, and even more challenging to trust them again even after you've forgiven their infidelity. Sometimes, despite a couple's best efforts, it's difficult to get past it and stay

together.

Explore rebuilding the relationship.

After finding out your spouse has been unfaithful, or exhibited other negative behaviors that defy the vows you said to each other at your wedding, the knee-jerk reaction is often to get angry and get out. But a lot of times there is so much at stake – family life, financial situations, the fear of starting over – as well as so many attachments and good memories, that the one who was betrayed is willing to try to stick it out. Even in the face of hurtful behavior it is hard to balance that against what came before. Those who are able to deal with the anger and disappointment are even able to rebuild the relationship into a healthier and stronger connection than it was before. Maybe that's what Jennifer was hoping for, and why she stuck around so long.

Remember when Ben accepted the Oscar for best picture in 2012 and he thanked Jennifer, saying that marriage is hard work, but it is the best kind of work? He took a lot of heat for saying that, but in truth it is a lot of work, especially when it is peppered with things that lead to mistrust and betrayal. He was probably referring to all the effort it took to preserve the celebrity love they shared and their family life in the face of the things he had allegedly done.

Determine what needs to change and follow through.

It can take a long time before someone is ready to say it's over. The beginning of the healing process is the same for those who do get through a betrayal, as well as for those who try to but ultimately don't. That first step is determining what needs to change – whether it is keeping secrets, seeing other women, gambling, or some other addiction or behavior that might make it difficult for the other person to live with them. The most important step is the follow through. The person with the negative behavior has to demonstrate that he

or she has stopped doing whatever it was that has brought them to this point. If that doesn't happen, then there are no grounds to keep the relationship going.

End the relationship if nothing changes and disappointment persists.

Ben might have promised he would change over and over again, and Jennifer most likely wanted to believe him. Maybe she gave him numerous chances to show he meant it. But in the end, evidently he did not do what he said he would. When you are left swimming in a pool of broken promises, disappointment and betrayal, it is inevitable that the time will finally come that you can no longer give the other person the benefit of the doubt and allow them to continue to try to earn back your trust. No matter how much you love them, you reach a point when you no longer believe your partner can really change. This is when the relationship comes to an end.

That might explain Ben's speech at the Academy Awards, as well as why they persevered for as long as they did. Unfortunately, though, the damage was too great and perhaps the promises of change were too empty to keep them together in the end.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.

Dating Advice: 10 Kissing Tips to Read Before Your Next Makeout Session



By [Courtney Omernick](#)

Whether you're just dating, in a [relationship and love](#), or single, it never hurts to get some extra dating and relationship advice; especially when it comes to important things like kissing.

Below are some special pieces of

dating advice and kissing pointers.

Cupid's Advice:

1. Have fresh breath: It seems like common sense, but a lot of people are guilty of bad breath. Make sure your teeth are clean. It doesn't matter how good of a kisser you are, as bad breath can ruin everything.

Related Link: [Love Advice: 5 Signs You're in a Lukewarm Relationship](#)

2. Build up the moment: No matter if it's the first date, or if you've been dating for awhile; there's going to be some tension. And, kissing is a great way to break the tension. Don't wait too long for that first kiss, however. You want to make sure they still understand that you're interested in them.

Related Link: [Relationship Advice: A Couple's Guide to Better Arguing](#)

3. Use your eyes: Obviously, don't keep them open while you're kissing. But, try speaking with your eyes to initiate the kiss.

4. Don't try to control it: A good kiss is powerful. The moment will be broken if you put too much thought into it.

5. Relax: Kissing isn't a "win or lose" situation. Try to gauge what the other person is doing, and go from there.

6. Be spontaneous: Give your partner a gift when they least expect it. Catching them off guard with a kiss can be just what they needed.

7. Pay attention to the surroundings: Special and new surroundings can make things interesting. Because your eyes are closed, you'll be able to see and feel new sensations more

clearly.

8. Control your saliva: Don't create slobber that runs down your face. Keep your saliva in check.

9. Use your hands: Don't just fixate on someone's face. Touching their neck, sides, or holding them close makes the kiss better.

10. Don't drink: The best kisses and makeout sessions occur when you're sober.

What's your dating advice for our readers? Do you have any kissing tips? Share in the comments!

'Married to Medicine' Reality TV Star Jill Connors On Relationships And Love: "It's So Hard To Get That Passion Back"





By [Rebecca White](#)

If you're a fan of [reality TV](#), then you know drop dead gorgeous Jill Connors is the up-and-coming star of the third season of Bravo's *Married to Medicine*. The mother, attorney, and business woman has taken the Atlanta social scene by storm, becoming known for her buzzed about philanthropic soirees. The Southern belle gracefully balances motherhood while managing her husband's – Dr. John Connors – successful plastic surgery practice. We recently chatted with Connors about her celebrity love story and her best advice for keeping your relationship and love strong.

Reality TV Star Shares Her Celebrity Love Story

It was love at first sight for this famous couple. “I was a senior in college, and I had three boyfriends when I met John,” the star dishes in our exclusive celebrity interview. “We met on an airplane when I was going to visit one of my boyfriends in New York.” The funny thing is Connors couldn't

even tell her parents how she met her husband because they had no idea she was going to New York at that time! When she locked eyes with him, she just knew. “It was the weirdest spiritual thing,” she says. “About a month later, I remember saying to my best friend, ‘I’m not in love with him yet, but this is the man I’m going to marry.’”

Related Link: [‘Married at First Sight’ Couple Jamie Otis and Doug Hehner Share Love Advice: “A Strong Foundation is Key”](#)

Not only was their meeting serendipitous, but they weren’t even supposed to be on the same flight or next to each other, for that matter. John planned to be in Florida for a medical talk with his friend Jim, but his buddy couldn’t make the flight. Jill was booked on a later plane, but a passenger didn’t show up for the earlier flight, so she got Jim’s seat next to John. And the rest is history!

Now, after nearly 13 years together, the married famous couple has three sons, who are ages 7, 9, and 11. When it comes to teaching her kids about romance, Connors is very open. “It’s because my parents never talked with me because they were strict Catholic Italian,” she reveals. “I still haven’t had the sex talk with my mom, and I’ve already had it with my oldest son!”

The mother of three wants her kids to learn respect and the importance of working hard in a relationship. “The women’s job is a little harder, especially if she’s working,” Connors believes. “Realistically, she’s going to be the one working inside the home and the primary caretaker for the children.” When that’s the case, the reality TV star wants her boys to understand that they need to help their partners balance everything and be a team.

Jill Connors Talks Love Advice

This busy celebrity couple understands that balance is challenging to achieve in a marriage. Since Connors works with her husband, it's even more difficult. "Because we work together, we'd be at work and then come home and talk about work," she says. "It's so hard to get that passion back, especially if you're married for 13 years and have three kids!" But don't fret because there are things you can do to put the spice back in your relationship and love. Connors' love advice is to carve out alone time: "Sometimes, we have stay-cations, like an overnight trip to the St. Regis," she shares. "You feel like you're getting away, but you're not too far away!"

Connors also says that it's important to be comfortable with your significant other in order to avoid jealousy. "You need to know why you're jealous," she explains. "Is it because there's a reason to be jealous, like your partner cheating? Or is it because you aren't comfortable with yourself?" Once you figure out what the root of the problem is, then you can work on learning to trust the other person.

Related Link: [Exclusive Celebrity Interview: 'Player Gets Played' Stars Discuss Moving On After Infidelity](#)

Personally, Connors gets asked all the time if she's jealous because her husband is a breast plastic surgeon. "He's never made me feel like he's attracted to these other women, and he's so loving to me, so there's no reason to be jealous," she candidly says.

Although she's been married for over a decade, she has some relationship advice for new couples. "The beginning of dating is the best, most fun time ever," the celebrity mom shares. "If it's hard in the beginning, it's only going to get harder." If that's the case, she suggests that you move on. "You never know where that perfect person is. You could even

meet them on an airplane!" she says with a laugh.

You can keep up with Jill Connors on Twitter. Tune in for Married to Medicine on Bravo on Sundays at 9/8c!

Celebrity Couple Scandals That Caught Us Off Guard



By [Courtney Omernick](#)

Relationships and love can be complicated, and so can the break ups. With easier access to news nowadays, we can hear the latest about a celebrity relationship or a celebrity

breakup in an instant.

Below are a few celebrity couple scandals that caught everyone off guard.

1. Tiger Woods and Elin Nordegren: *The National Enquirer* claimed in 2009 that Woods was having an affair with hostess Rachel Uchitel. Reports of a total of 19 mistresses during his five year marriage to Nordegren surfaced and led to their celebrity divorce in 2010.

Related Link: [Scott Disick Checked Into Rehab Before Kourtney Kardashian Celebrity Breakup News](#)

2. Maria Shriver and Arnold Schwarzenegger: In 2011, the celebrity couple announced that their celebrity relationship was coming to an end after 25 years of marriage. Eight days later, Schwarzenegger admitted that he fathered the child of the family's long-time cleaning lady.

Related Link: [Scott Disick Invites Fans to 'Come Party' in Vegas Post-Split from Celebrity Ex Kourtney Kardashian](#)

3. Ashton Kutcher and Demi Moore: Following reports that Kutcher had an affair with 22-year-old Sara Leal, Moore released a statement in 2011 revealing that she was going to file for divorce after six years of marriage to Kutcher.

4. Kristen Stewart and Robert Pattinson: Pictures were published online of Stewart and the 41-year-old director of *Snow White and the Huntsman*, Rupert Sanders, embracing, and that ended up putting the knife into the celebrity relationship between Stewart and Pattinson.

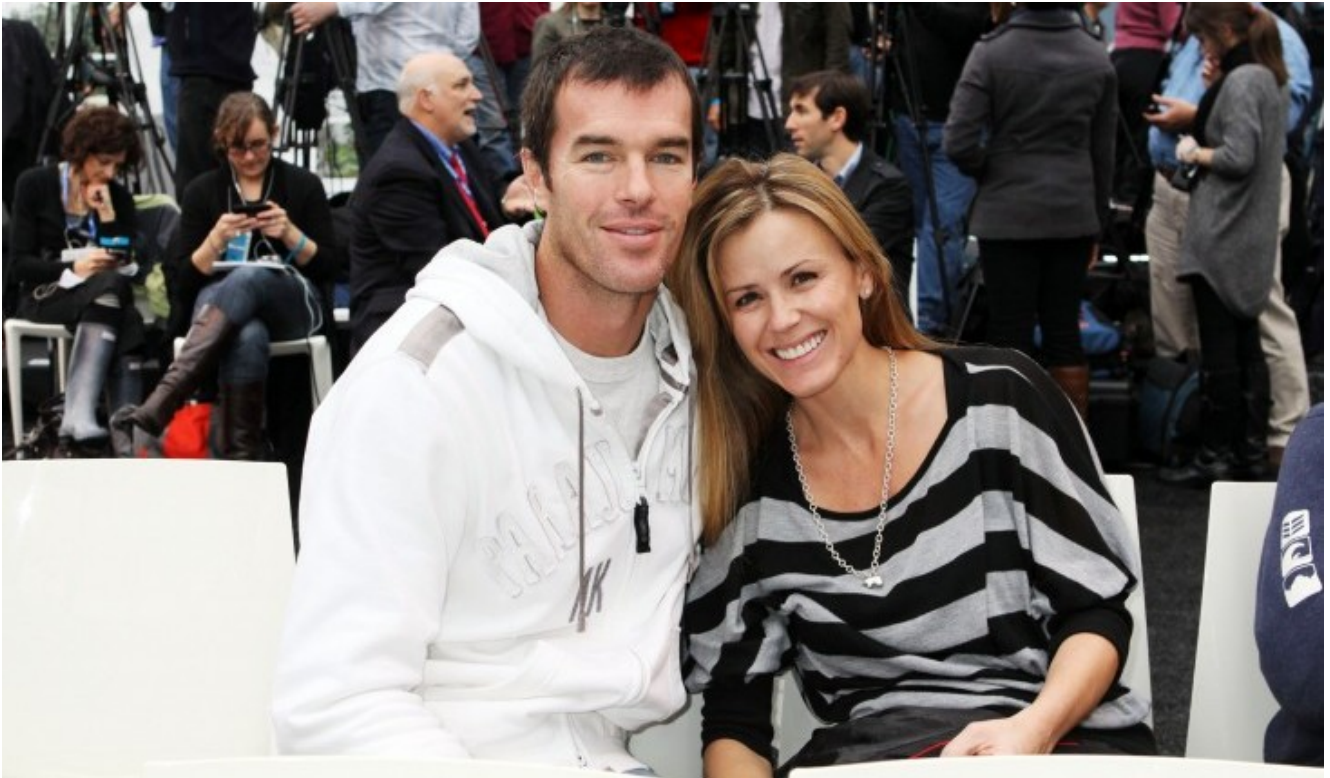
5. Sienna Miller and Jude Law: Miller and Law were engaged in 2004, but the union was short lived. Seven months after Law

proposed, he admitted to having an affair with the nanny of his children with ex-wife, Sadie Frost.

What are some other celebrity couple scandals that caught you off guard? Share in the comments section below!

Celebrity Photo Gallery: The History of 'The Bachelorette'





Season 1: Ryan Sutter and Trista (Rehn) Sutter

Trista Rehn was the runner-up during season 1 of 'The Bachelor.' She went on to be the first 'Bachelorette' and found love with firefighter Ryan Sutter. The celebrity couple were married in December 2003. They have two kids and live in Eagle County, Colorado. Photo: Diane Cohen/Fame Pictures

Love Advice: How to Make Your Partner Happy in 5 Minutes a Day





By Molly Jacob

From work to social lives, our days can get pretty hectic. Although we love our partners more than anything, some days we just don't have enough time to give them all of our attention. With relationships and love, it's still important to give your sweetheart small, but significant reminders of your love every day. Need dating and relationship advice about how to do that?

Cupid has love advice about ways you can make your partner happy in just 5 minutes a day!

1. Give a massage:

Your baby has had a hard day at work, so giving a quick back or foot massage is sure to make his or her day. Giving a massage without them having to ask for it is sure to win you brownie points with them, too.

Related Link: [Relationship Advice: 4 Reasons To Leave The Past](#)

[In The Past](#)

2. Do the dishes:

Even if you're tired at the end of the day, doing the dishes should take you no more than five minutes, and it's sure to make your significant other's evening much more relaxing if they see that the dishes have been taken care of after dinner. You could do any sort of similar chore around the house, which would just as well add happiness and gratitude to your relationship and love life.

3. Give a gift:

This gift doesn't have to be a big or extravagant one; it can simply be a candy bar or latte you picked up on the way home from work. Your sweetie is sure to love a treat, and little gifts are an easy way to add a nice surprise to your partner's day.

Related Link: [Couples Therapy: A Way to Rebuild a Struggling Relationship](#)

4. Send a cute text:

Throughout the day, send a couple cute texts, such as, "How did your meeting go?" and "You're amazing!" These little reminders of your love don't take much time or effort, but really show you've been thinking about them. It's good love advice to always make sure your significant other knows how much you mean to them!

5. Say "I love you":

This won't take any longer than a few seconds, but it's definitely a fantastic way to strengthen your relationship and love life. Your partner may know you love them, but it's still always important to say it out loud, and often. Love advice: you can never say, "I love you" too much!

How else can you make your partner happy in just five minutes a day? Let us know in the comments below!

John Green Chick Flick, 'Paper Towns,' Hits Theaters



By [Courtney Omernick](#)

In the new movie *Paper Towns*, which hits theaters on July 24th, Margo loves mysteries so much that she decides to become one. After taking her neighbor, and crush, Quentin, on an all-night adventure, Margo disappears and leaves behind clues for Quentin to decipher.

The search leads Quentin and his friends on an exhilarating adventure.

Should you see it:

This relationship movie can definitely be classified as a thrilling chick flick! If you've ever worked hard to get someone to notice and like you, then you'll be able to relate to this film. The movie also features an exciting cast including Nat Wolff, Cara Delevingne, and Halston Sage.

Who to take:

This relationship movie/suspenseful chick flick would be great to see with your friends or significant other.

How do you stand out for your crush?

Cupid's Advice:

Nowadays, with so many distractions out there, it can be hard to get the person you like to notice you. You might have tried playing hard to get, a different outfit, or rearranging your schedule. If all of that has lead to zero results, see our advice below!

1. Be attentive: Conversations are a two way street. Don't play hard to get. Ask questions, answer questions thoughtfully, engage in eye contact, and put your phone away!

Related Link: [Latest Celebrity News: Liam Hemsworth Is Hooking Up with Co-Star Maika Monroe](#)

2. Let your guard down: Past relationships or bad dates may have left an awful taste in your mouth, but don't assume that they person you're with is just like "all the rest." And, under no circumstances should you bring up your dating

troubles around your new date.

Related Link: [New Celebrity Couple: 'Glee' Star Dianna Agron Is Dating Mumford and Sons' Winston Marshall](#)

3. Stop texting: Don't base your new found relationship off of text messages, instant messages, and emails. Make sure that the majority of the time communicating is spent face-to-face or talking on the phone or through skype.

How did you stand out for your crush? Do you have some love advice for our readers? Comment below!