

# 5 Celebrity Couples Who Just Made It Official



By Mackenzie Scibetta

Celebrity gossip frequently makes comical combinations of [celebrity couples](#) that would never actually work. With rumors spreading false odd pairings, such as saying rebellious Rihanna and environmental activist [Leonardo DiCaprio](#) are together, it's difficult to know what to believe. However, these Hollywood relationships are no joke!

**Cupid has compiled a list of**

# celebrity couples who are recently exclusive, together and 100% official:

**1. Sandra Bullock and Bryan Randall:** The 51-year-old Oscar winner and 49-year-old photographer pair first turned heads in the beginning of August. Things heated up when Bullock brought Randall as her plus one to Jennifer Aniston's wedding. Ever since then the duo has been spotted together all over Hollywood and are reportedly extremely smitten with each other.

**2. Gigi Hadid and Joe Jonas:** Nicknamed GIJoe, this young celebrity couple got together over the summer and have been inseparable. If they're not hanging with their massive group of famous friends, they're making the whole world envious of their cuteness. When recently asked how to describe Hadid in one word, Jonas replied with "happiness".

**Related Link:** [Gigi Hadid Says She Rejected Celebrity Boyfriend Joe Jonas When She Was 13](#)

**3. Drake and Serena Williams:** While this pair has been keeping their relationship under the radar for now, they have been caught making out in a restaurant, supporting each other at their respective professions and flirting on social media. Drake was even seen crazily cheering at Williams tennis match.

**4. Cara Delevingne and St.Vincent:** The supermodel and rock star confirmed rumors of a budding romance after they attended the London Fashion Week together, flirting in the front row. Delevingne recently gushed about her girlfriend in *Vogue* saying "I think that being in love with my girlfriend is a big part of why I'm feeling so happy with who I am these days."

**Related Link:** [5 Most Fashion Conscious Celebrity Couples](#)

5. [Gwyneth Paltrow](#) and Brad Falchuk: The 'Glee' producer and 'Scream Queens' co-creator confirmed this blossoming relationship by posting a picture on Instagram calling Paltrow his date. After taking their love public, they have been spotted all over together, even at Robert Downey Jr.'s 50th birthday party.

**Which new celebrity couple is the cutest? Let us know below.**

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## **Celebrity Mom Molly Sims Shares Secret To Losing Baby Weight In Celebrity Video Interview**





Interview by [Lori Bizzoco](#). Written by Mackenzie Scibetta.

Keeping up with healthy trends is hard enough when you're single, but what about when you're busy balancing work and raising two kids? Model, actress, and [celebrity mom](#) Molly Sims shares that it's easy with simple scheduling and planning ahead. In our exclusive [celebrity video interview](#), Molly Sims opens up further about raising her family and how she keeps her life in harmony.

## Molly Sims Shares How To Be Healthy as a Celebrity Mom

Raising a 3-year-old and 6-month old baby is time-consuming. Squeezing in exercise time can seem like an impossible task. Molly Sims' advice for staying fit is to schedule time for yourself, even if it's only five minutes. "Even if you have 20 minutes you can workout," she says. "Even if it's at your house, even if it's on your block." Sims also shares that you can fit in a workout if you cut time away from other chores,

such as getting ready in the morning. “Know what you’re going to wear for the week, it saves a lot of time and a lot of angst,” she added. Getting ahead as much as you can is vital to managing a hectic work week. Also, make sure you carve time out for your significant other! Your relationship and love life is important, so work with your partner as a team in order to balance everything on your to-do list.

**Related Link:** [Celebrity Video Interview: Molly Sims Talks About Her “Rocking Red” Hair: “I Feel Really Good!”](#)

In terms of finding time to eat healthy, Sims suggests always having a pack of almonds or a banana on hand to avoid indulging in sugary snacks when you’re on the go. It’s easy to be tempted by the convenience of fast food when you’re in a hurry, but having a healthy alternative with you will give you no reason to cave.

**Related Link:** [Comedian Wayne Brady On His Modern Family and Celebrity Ex: “We Truly Love Each Other – Like Back to the Wall, Fight Anybody”](#)

Throughout the celebrity video interview, Sims shows a clear sense of self-worth and self-love, demonstrating how important it is to be confident with ourselves. “The best advice I can give woman is feeling good on the inside...it’s really about feeling good with yourself right now,” Sims says. Rather than over-stress yourself with losing weight, first you must set a goal to be happy on the inside. Stress doesn’t have any benefit to our life so you must focus on personal happiness, then move on to weight loss. Sims also shares her own weight loss struggle. After giving birth to her first child she had to lose 85 lbs! Sims proves that even celebrity moms deal with the same weight-loss issues as regular moms.

*You can learn more about Molly Sims by following her on Twitter @MollyBSims or [www.instagram.com/mollybsims/](http://www.instagram.com/mollybsims/).*

*For more videos from [Cupidspulse.com](http://Cupidspulse.com), check out our [Youtube](#)*

# Breaking Up: Dating Advice for the Breaker and Breakee



By Jim Hjort, LCSW

Humans are wired to thrive on close interpersonal connections, so when a relationship and love life comes to an end, often at least one of the parties will hold hard feelings. Perhaps blame, regret, vulnerability, disappointment, fear, or any number of others. This is when dating advice becomes the most important.

**If there's an impulse that's stronger than the one to seek close connection, it's the one to protect ourselves from injury.**

### **Temporary empowerment.**

As a result, when intensely negative breakup feelings arise, their cousins—anger and self-righteousness—often follow close behind. Those feelings can provide a temporary feeling of empowerment, as opposed to feeling helplessly stuck in an unpleasant situation. Unfortunately, the fireworks that anger and self-righteousness can induce tends to create even more lasting animosity, which provides fertile ground for negative thoughts and feelings to multiply.

### **Prevention of Openness.**

That, in turn, can prevent both people from having the psychological and emotional openness necessary to recognize the next relationship opportunity that comes along—and nurture it. Not to mention, such a negative state of mind impacts your ability to generally enjoy life and function in healthy ways.

### **A breakup is a stage of your relationship.**

In order for both parties to emerge from a breakup as healthy as possible, you need to remember something that is simple, but easy to forget in the presence of strong emotions: the breakup is a stage of your relationship, just like any other. That means that all the rules of healthy communication and respect for your partner still apply.

For starters, recognize that any partnership exists through a interaction between each party's need for something from the other, and the other party's willingness and ability to fill

it. Fundamentally, a breakup happens when sufficient numbers of these pairings can't or won't be made.

### **Be open and honest.**

Therefore, the healthy approach is the open and honest one: let the other person know what need of yours isn't being met, or what need of theirs you are unwilling or unable to meet. (The "it's not you, it's me" speech isn't really accurate: it's both of you whose needs and willingness and ability to fill them have to fit together, like two pieces of a jigsaw puzzle.)

When you're doing this, be sure to use "I" statements to own your perspective, instead of attributing thoughts, feelings, and motives to the other person. (For instance: "When you disappear for days without calling, I feel like I don't matter to you.")

### **Own your decision.**

If you're the breaker, own your decision and explain it. If you're the breakee, try to devote your mental resources to listening and comprehension, rather than formulating a rebuttal while the other person is speaking. The breaker has made a decision; try to understand it. And then, restate what the other person has said in your own words, both to make sure you've understood them and to convey that you're trying to do so.

### **Arrive at a mutual understanding.**

Approaching a breakup with the goal of arriving at a mutual understanding tends to defuse the natural, defensive anger response. It also provides both of you with clear information and a matter-of-fact perspective on what happened, eliminating the unknown, which tends to spawn negative rumination and feelings just as much as animosity.



This thoughtful, healthy approach certainly won't eliminate the pain of a breakup, but it can greatly reduce your suffering about it, which is different. With a solid understanding of what happened, you can also move forward with less "baggage." Best of all, you might even come to understand your needs (and shortcomings) better, so that your next relationship has a better chance of success.

*Jim Hjort, LCSW, is the founder of the [Right Life Project](#), where he helps people overcome roadblocks to self-actualization as a licensed psychotherapist, RightLife Coach and mindfulness meditation instructor. The Right Life Project helps people understand the ways they can manage the different dimensions of their lives (psychological, social, physical, and vocational), in order to be happier and more fulfilled, and to reach their full potential.*

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## **Are Celebrity Couple Emma Stone and Andrew Garfield Overcoming Jealousy?**





By Dr. Jane Greer

It's rumored that celebrity couple Emma Stone and Andrew Garfield are having issues lately, stemming from the fact that Stone is close to her colleague Ryan Gosling. The possibility has spawned a lot of discussion about jealousy and how the famous couple might move forward from here. While the two of them have not addressed the situation publicly, additional reports surfaced suggesting the pair have resolved their issues.

**It's very important to tackle jealousy head-on rather than letting it simmer within the relationship.**

Believe it or not, your partner doesn't have to be working with a movie star, as is the case for Emma and Andrew, for you to feel the green-eyed monster in full force. In fact, most

people go through this at one time or another, especially if their loved one is working closely with someone who is attractive and smart. When this happens, it is hard not to be rattled by the possibility that they could fall for this person and you could wind up losing them. So, what can you do to keep your fear and jealousy from taking over, and possibly creating more of a problem with your relationship than actually exists?

### **Recognition.**

First, recognize that acting jealous can actually cause tension between you that may drive you apart rather than bring you closer. If you are feeling threatened, you may accuse your lover of doing something he or she isn't doing, lash out in anger, or just generally make things so unpleasant that you unwittingly push them away from you and possibly in the direction of the other person.

### **Focus on your connection.**

The bottom line is that it is always uncomfortable knowing there are appealing men or women around whom your lover might come into contact with and find attractive. However, the real key to staying together happily is to focus on the connection you two share, rather than putting an emphasis on that perceived interloper. In other words, pay attention to ways to build on and strengthen your intimacy and closeness. If you are having problems over sex and/or money, for example, then now is a good time to invest your energy into problem solving and finding ways to compromise and resolve them, so that you can feel more confident, happy, and safe in your relationship. This way you use your energy productively to focus on considering and loving each other, rather than use it to act on your anxiety and possibly end up having it work against you.

### **Eliminate the space.**

When you are in sync and feel harmonious, it can eliminate any room for someone else to come between you. It can also help to ask for reassurance, making sure to avoid placing blame but rather raising your concerns and giving your significant other the chance to bring clarity to what is actually going on that will help you feel better. Despite jealous feelings occurring, when you have a strong foundation and trust each other, you can feel secure that you are the person your partner wants to be with. Hopefully, that will be the case, too, for Emma and Andrew.

*Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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## Relationship Advice: Marriage Survival Guide for Tough Times





By Kyanah Murphy

If there's one thing we can all learn from being in a relationship, it's that they're full of seriously wonderful moments including smiles, laughter, intimacy, and love. I guess that's why when people think of marriage, they think of fairy tales and happily ever after stories. But with everything good, there are also difficulties that can arise in a relationship. No two people are perfect, and life certainly isn't perfect, either. Hard situations and misunderstandings come up, which means that arguments are bound to happen. They're not pleasant to experience but they're aspects of a relationship that cannot be avoided – they're normal. There is some good news, though. Given how you handle your tough times, you and your partner can come out on top, stronger and closer than ever. So if you're fearing the worst, put your mind at ease. Cupid has some relationship advice that is sure to help.

**What are some pieces of**

# relationship advice that will allow you to hang on tight during tough times in your marriage?

**1. Let yourself feel your emotions and accept them:** Of course we don't want to feel sad or angry or upset. We are people, though, so it's bound to happen.. Accept this and any emotion you're feeling at the time as normal. Don't try to bottle it up, as it'll just bubble underneath the surface until it finally explodes.

**2. Talk about how you feel:** Turn to your spouse. That's what they're there for! However, if you have friends or family who you feel comfortable speaking with, speak to them as well (or instead). If your situation is very difficult for you to handle, consider looking to a professional to help.

**Related Link:** [Expert Dating Advice: How to Get Over "The Little Things"](#)

**3. Accept and give comfort:** If your spouse wants to hug you, let them, even if you don't want a hug right now. The same goes for if they want a kiss or to cuddle. This can help bring down any walls that have been built up and may also serve as an expression of love and care. At the same time, don't forget to give love and comfort to your spouse, even if they don't want it.

**4. Be patient:** Sometimes for whatever reason, people think that tough times are going to last forever. In the lyrics of Katy Perry's song "Firework", after a hurricane comes a rainbow. You may not be able to see the light at the end of the tunnel, but that's only because you're not there yet. Be patient and you will get there. Remember the vows you took, too!

**Related Link:** [Expert Dating Advice: How to Make a Relationship and Love Work](#)

**5. Give yourself some “me” time:** Throughout these tough times, don't forget to set aside time for yourself. Give yourself space from your partner and allow yourself to regroup. Dive into things you enjoy that lift your spirits, be it crafts, writing, going for walks, or simply cuddling a cat. Whatever brings you enjoyment, do it. Take care of yourself.

**6. Don't avoid the tough times:** Don't ignore tough times when they come up. Avoidance or acting like everything is fine won't resolve whatever problems you and your spouse are going through. Odds are, depending on the circumstances, this tough time will end up repeating itself if ignored.

**What are some ways you handle tough times in your marriage or relationship? Comment below.**

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## Throw a ‘Gilmore Girls’ Viewing Party and Get Love Advice from the Series





*This post is sponsored by UPtv.*

By Mackenzie Scibetta

Although the eccentric mother-daughter duo of Lorelai and Rory Gilmore have sadly been off of television for eight years, their charming bond will live on as UPtv has just acquired all seven seasons of the beloved show *Gilmore Girls*. Starting on Oct. 4 at 10 a.m. EST, you and your besties can fall back into the storybook town of Stars Hollow to watch 15 hours of heartbreaks, budding romances, and sweet friendships that will leave you with relationship and love advice for years to come. Rivaling any [celebrity relationship](#), Lorelai and Rory's lovable dynamic truly shows what family is all about. If you really want to immerse yourself in this complicated family drama, throw a viewing party with your girlfriends to welcome them back!

***Gilmore Girls Viewing Party***



# Essentials

To ensure that your *Gilmore Girls* viewing party runs smoothly, make sure you have an endless supply of snacks. Lorelai and Rory always ate an impressive amount of sweets and junk food – don't be scared to indulge for the sake of the Gilmore's! Since they loved take-out, order a few pizzas and some Chinese food, and you'll be set. Lorelai also had a soft spot for breakfast diner food (and who can blame her?). Have a carton of eggs, some pancake mix, and a package of bacon on hand to help you and your friends feel right at home. Comfort food always has a way of sparking deep conversations, so be ready to dish out some of your best [relationship advice](#) to your pals.

An interesting way to keep the energy flowing throughout your marathon is by holding a coffee drinking contest. When it comes to beverages, you may recall that this mother-daughter duo were notorious for the amount of coffee they managed to drink each day. You and your friends can try to keep up with them, coffee for coffee! As an added bonus, this game help you and your guests stay awake and alert until the last episode airs at 3 a.m. EST.

Another fun way to keep you entertained and enlightened during the marathon is to see who can identify the most pop culture references on the show. Some references are so subtle and cleverly said that they're easy to miss! In addition to watching out for those pop culture references, you will see pop-up facts that UPtv will reveal throughout each episode to highlight Gilmore "firsts" and other trivia. Gather as much knowledge as you can to become the ultimate *Gilmore Girls* fan!



One lucky CupidsPulse.com reader can enter to win this 'Gilmore Girls' fan pack! More details below.

## Keep Your Eyes Peeled For These Must-Watch Episodes and Love Advice

**1. "Kiss and Tell" (Season 1, Episode 7):** This episode marks the true start of Rory and Dean's whirlwind relationship, as he gives Rory her first kiss in the middle of a grocery store aisle. Romance is rarely as glamorous and smoothly-planned as it seems on television, so this episode provides a refreshing take on this milestone and shows that it's okay for love to be clumsy.

**2. "The Breakup, Part 2" (Season 1, Episode 17):** Seeing Rory utterly heartbroken over the end of her and Dean's short-lived romance broke not only our hearts but also Lorelai's. Attempting to overcome her split with a rebound kiss from the irresistible Tristan, played by Chad Michael Murray, Rory shows us that sometimes nothing can heal heartache, not even a steamy lip-lock. Rory leaves Tristan to wallow at home, demonstrating that grieving is totally acceptable.

**3. "They Shoot Gilmores, Don't They?" (Season 3, Episode 7):** This episode has everything: choreographed dance numbers,

love triangles, and the start of Rory and Jess (who were actually a celebrity couple in real life for four years!). Although it's heartbreaking to see Dean call it off with Rory (again), watching Lorelai come and save the day reinstates that she's the best mom in the world. The episode reminds us that the end of one relationship opens the door to many others.

**4. "Raincoats and Recipes" (Season 4, Episode 22):** Lorelai finally opens up her dream Dragonfly Inn for a test-run, and her life finally appears to be going uphill. On the opposite side, Rory uncharacteristically loses her virginity to Dean, who is married. All the while, Lorelai's parents admit to being separated. This episode is an emotional roller coaster from the beginning, and it lets viewers see how chaotic and confusing love can be.

**5. "Written in the Stars" (Season 5, Episode 3):** This episode was long-awaited by many fans: Luke and Lorelai finally go on their first official date together. Luke proves to be more caring than he appears after he shows Lorelai he has saved the horoscope she gave him eight years ago. This episode proves that soulmates really do exist and that Luke and Lorelai are meant to be, even though it took an extremely long time for them to figure that out!

**6. "Wedding Bell Blues" (Season 5, Episode 13):** On the 100th episode, Lorelai's parents rekindle their relationship and love and renew their vows, while Rory and Logan almost make their romance official. This episode highlights that every relationship can survive rough patches. After all, the stubborn Emily and Richard were able to find their way back to each other again.

~~**GIVEAWAY ALERT:** If you're looking to expand your *Gilmore Girls* memorabilia, then we have the perfect fan pack for you! The bag will include a Luke's Diner coffee mug, an "I drink more coffee than a Gilmore" t-shirt, a 9 piece candle set, a mouse~~

~~pad, an over-sized novelty pen, wristbands, and Gilmore Girls-inspired snacks. One lucky CupidsPulse.com reader can win this pack by sharing this article on social media (and tagging @cupidspulse and @UPtv) or commenting directly on this post. The contest ends on Monday, October 5th at 10 a.m. EST.~~

*Open to US residents only.*

**This giveaway is now closed. Thank you to all who participated!**

*If you want more Gilmore Girls facts, follow UPtv on Twitter @UPtv,*

*www.facebook.com/UPtv, and [www.instagram.com/up\\_tv/?hl=en](http://www.instagram.com/up_tv/?hl=en). Don't forget to tune in for the marathon on Oct. 4 at 10 a.m. EST!*

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## **Most Popular Girl in New York City Shares Online Dating and Relationship Advice in New Book**





By Mackenzie Scibetta

Lauren Urasek is your average, dark-haired, tattooed, mid-twenty-year-old make-up artist from Brooklyn. She lives a modest life, yet somehow, this ordinary girl is regarded as the most popular girl in New York City. With over eight million people in the Big Apple, how did she manage to claim such a grand title? The answer is through an online dating site called OKCupid. According to the co-founder of the site, Urasek is the most messaged woman, receiving an astonishing 245 messages each week. After garnering a lot of attention for this feat, she decided to write a [self-help relationship book](#) that includes the comical dating horror stories she has saved up and also offers up online dating and [relationship advice](#). We recently talked with Urasek about *Popular: The Ups and Downs of Online Dating from the Most Popular Girl in New York City*, and in our exclusive interview, the queen of online dating gives us a glimpse into her own personal experiences.

# Self-Help Relationship Book Gives Inside Look at Online Dating World

**Can you give us some background on what made you decide to open up about your dating experiences?**

It all started with a *New York Magazine* article that was written about me almost two years ago. From there, I was inspired to launch my blog, which talks about all of the crazy guys who I meet online. I got a lot of questions from readers on these unusual experiences, so I decided to open up about it in a more in-depth way. It seemed natural to talk about my dating life to hopefully inspire, or at least entertain, other people. The book also touches on the brief fame I received from the *New York Magazine* article, which was really fun to reflect on.

**Related Link:** [Relationship Author Dr. Brandy Engler Breaks Down 'The Women on My Couch'](#)

**What do you think will surprise readers most about this book?**

I live in one of the busiest cities in the world, so although New Yorkers won't be surprised, I think other people will be shocked at the obnoxiousness of dating in such a large city. Guys can get away with a lot more here because they know there's a good chance they'll never see you again. Guys in a small town or suburb are different because everyone is connected somehow and you have to worry about that gossip aspect. Some of the things I find to be normal might be pretty crazy to my readers.

**You talk about some of your online dating horror stories in the book. What was the weirdest interaction you had online?**

One time, I went out with a guy, and everything seemed great until, at the very end, he wound up randomly storming out on me. He demanded I pay for everything and even brought his

weird, out-of-place cousin along. Before he demanded that I pay, he was telling everyone around us I was his fiancée. He had a million different personalities, so you really don't know who someone is until you meet them in person. I normally won't talk to a guy online too much before I meet him; that way, we aren't overly relying on technology.

## **Lauren Urasek Gives Love Advice Based on Her Unique Personal Experiences**

**Switching gears a little, I'd love to get your online dating and relationship advice. What do you consider are some of the major *don'ts* with online dating?**

Don't try to be anyone who you're not. I would approach everyone you're talking to as a real person. You have to remember that they're not just a photo behind a screen; they have a real life and real feelings. Basically, don't do anything online that you wouldn't do in real life.

**How do you avoid and get past the "creeps" on dating sites to find a genuine guy?**

It's just about following your gut. If someone sends something weird or creepy in a message, don't feel obligated to talk to them. Your gut isn't always right, so you might go on a bad first date, but usually, it will lead you down the right path. If they're normal and respectful, then you're taking a good chance.

**Related Link:** [Dating Headshots](#)

**Our visitors are always looking for tips on how to find the right guy. What love advice would you give to singles who just can't seem to find The One?**

I'm in the same boat right now, so the dating advice I follow is just making myself happy as a single person. If you're constantly looking for a guy, then you're putting too much pressure on people, and it won't be a natural relationship. I would also say you can go online to meet people, but keep doing your own thing and stay busy with your friends. Don't let yourself become too dependent on online dating.

**Lastly, do you have any tips for singles who want to increase the amount of matches they're receiving online?**

First, have good pictures. That means take a variety of them at different angles, including face pictures, full-length pictures, and profile pictures. Make sure they're all high quality and up to date too. Then, write a good profile that actually shows who you are outside of "I like long walks on the beach." Everyone online writes "I like to travel" and "I'm outgoing," so don't write something every guy has seen a hundred times. Just write something that gives him a true sense of who you really are.

*You can purchase Popular: The Ups and Downs of Online Dating from the Most Popular Girl in New York City on Amazon. For more on Lauren Ursek, check out her Twitter @loandthecosmos or her blog, <http://theyreallysaidthis.com/>.*

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## **Celebrity Photo Gallery: Famous Couples Who Work Out**



# Together





Jessica Biel and Justin Timberlake

The duo that sweats together, stays together! This famous couple seems to believe this truth, as they are often seen jogging together. Photo: Brian Flannery/FlynetPictures.com

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## Age Is Just a Number in New Movie 'The Intern'





By [Jessica DeRubbo](#)

In the new movie, *The Intern*, Ben Wittaker (Robert De Niro) has discovered that retirement isn't all it's cracked up to be. In fact, he's so sick of it that he responds to an advertisement seeking senior interns at a Brooklyn startup. He finds himself in the middle of mass chaos created by the company's CEO, Jules Ostin (Anne Hathaway), whose online clothing business took off and left her in charge of 250 employees. To top it off, Ostin has a demanding relationship and love life involving her husband Matt and daughter Paige. Ben is able to help her navigate some of life's most important challenges.

**Cupid has the details on this humorous relationship movie!**

**Should you see it:**

With a duo like Robert De Niro and Anne Hathaway, how could

you not? Plus, approaching life's most important challenges (family life with a job and retirement) with a humorous twist, *The Intern* will make you laugh while you learn something along the way.

### **Who to take:**

This type of movie works great for date night, but it works even better for grown kids to go see with their mom or dad. You'll all be able to relate!

### **Cupid's Advice:**

In *The Intern*, Anne Hathaway's character has to navigate how to manage the growth of her company while also balancing her home life with her husband and daughter. It can be tough to find that sweet spot between career and home life, and Cupid is here to help with some relationship advice:

**1. Put together a long-term plan:** Especially when you own your own company, you can call the shots. If you want to be successful, there's no doubt you'll have to put in some serious time at the beginning of your career to make it happen. Talk to your partner and let him or her know that you may be putting in some long hours the first few years of your new venture. Hopefully you can compromise with some give and take and make it work with your family life.

**Related Link:** [Owen Wilson, Jennifer Aniston, and more Star in New Relationship Movie, 'She's Funny That Way'](#)

**2. Set your priorities:** It's important to make a list of your priorities, and then reassess them however often as is necessary. Remind yourself what's most important to you, and if you feel yourself diverging, make some changes. It's easy to make changes along the way than it is to get set into a routine and change things down the road.

**Related Link:** [Meryl Streep Stars in New Relationship Movie,](#)

## [‘Ricki and the Flash’](#)

**3. Put in calendar time blocks:** A good way to make sure you don't end up with back-to-back meetings well into the evening is to utilize an important calendar feature: time blocks. For example, you could give yourself a meeting from 6PM on every evening to ensure you'll be headed home to your family before dark.

**What are some other ways to balance your work and family lives? Share your thoughts below.**

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# **Relationship Author Jamye Waxman Shares Love Advice in New Book ‘How To Break Up With Anyone’**





By Mackenzie Scibetta

Breaking up is hard to do. Jamye Waxman's latest [self-help relationship book](#) puts a unique spin on ending a partnership, whether it be with your significant other, a family member, or even your hairdresser. The book provides the tools, encouragement, and wisdom needed to get through rough patches in your relationships and allows you to handle a split in an honest way. In our exclusive interview, the relationship author tells us why it's okay to throw yourself a pity party and shares more [expert love advice](#).

## Relationship Author Opens Up About 'How To Break Up With Anyone'

**Can you give us some background on why you decided to focus on the end of relationships in your new book?**

I had this idea years and years ago when my relationship with my high school best friend came to an end. I was really distraught over the fact that it ended, and I thought something was wrong because I was so torn up over a non-

romantic relationship. The friendship mattered so much to me, and now, it was over. I wanted to write the book because I felt like there were a lot of books that focused just on romantic relationships and not on other types of break-ups.

There's a lot of information in the book on being broken up with as well. Over time, we experience both sides of the break-up process, so it's important that you accept and understand why and how relationships end. You also need to know that it's *okay* that they end – it's a common experience.

**Related Link:** [Relationship Author Dr. Brandy Engler Breaks Down 'The Women on My Couch'](#)

**Why did you include both romantic and non-romantic relationships in your writing?**

We tend to have a lot more non-romantic relationships in our lives, and when those relationships end, we aren't taught culturally that it's okay to have the same break-up experience that you feel in a romantic relationship or that it may even hurt *more* than a romantic relationship. I felt that, if I didn't talk about relationships that weren't sexual and also about the relationship you have with yourself, then it was a disservice to my readers. I wanted to give the full picture. So much of the time, it's relationships with our family, friends, or community that we're questioning, and we don't have permission to question them the same way we would a romantic relationship. I wanted to explore the idea with a broad scope.

**You talk about breaking up versus taking a break, so I have to ask: What *is* the difference?**

I like to tell people that, when you're going into a break-up, it's hard to think of it as taking a break because then the break-up doesn't usually happen. When it comes to romantic relationships, 50 percent of adolescents get back with someone or give it another go. Breaking up doesn't mean you won't have

a relationship down the road; it just means the relationship will be different.

Breaking up means you never want to see them again. Taking a break is not seeing them for a while and then, in your head, reassessing and deciding if there's something you can fix down the road. Taking a break is a thought process that happens after the break-up that shows you may not be completely done, that you may have ended it for the wrong reasons.

**During the writing process, did you have any profound moments or epiphanies about your own life that really shook you?**

I learned that I don't do break-ups well most of the time. Sitting face-to-face with someone and saying, "Here's what's not working, and I want to walk away from it" is difficult. It's so much easier to text them and never answer or even just disappear. For me, just being aware that I don't do break-ups well is the first step to reevaluating how to end a relationship better.

I also learned that there are a lot of easy break-ups to have without having a real break-up – and they're not always good. We end things with negative ideas in our heads, but if we can turn it around and end on a positive moment, we would be more okay with the idea of it being over.

## **Jamye Waxman Gives Expert Love Advice**

**What message do you have for readers who are struggling to break up with their partner, even though they know it's the right thing to do?**

For starters, you need to follow your gut. If you're feeling in your gut that it's over, then you need to find the best way to take care of yourself and get out of the relationship. This might mean you need to take your time. It's not a bad idea to



find support through a therapist or a third party who's not involved. It's okay to seek outside help because hearing back what you're thinking is a good way to make it become more real.

**Related Link:** [Relationship Author Dr. Tara Fields' Love Advice: "The Happiest Couples Don't Necessarily Have More or Less Conflict"](#)

**Any tips for coming across as confident when you feel anything but after a break-up?**

It's okay to not feel confident! One piece of love advice I share in the book is to throw yourself an actual pity party. Invite people over and have a sign-in book where they can write empowering ideas or activities you can do together. That way, you have this book to look back on and laugh at when you feel sad. Allow yourself to cry and be angry. However, once the party is done, start the moving on process. If you're having a hard time, set aside five minutes per hour where you can be upset and distracted. Then, when the five minutes are up, stop and focus on something else for the remaining 55 minutes. I think setting aside the time to not feel confident is going to help you have that space that is acceptable.

**What advice would you give to couples who are struggling to make time for romance and their booming careers?**

Have a schedule for sex. We're at computers so much of the day, so set-up separate emails for each other to check when you get to work and leave work. This way, you can communicate openly, sexually, and privately in a way that no one else can see. You can create ideas that you couldn't do elsewhere.

I'd also say be open to trying new workshops. Whether it be a sex workshop or spiritual workshop, find something new to do for both of you.

*You can buy How To Break Up With Anyone on Amazon. To learn*

more about Jamye Waxman or to read more relationship advice, you can check her out on her website, <http://gasm.org/>, Twitter @jamye, or [www.facebook.com/jamyewax/?ref=ts](http://www.facebook.com/jamyewax/?ref=ts).

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# Alison Sweeney Talks Relationships And Love in Exclusive Celebrity Interview: “Love Is a Two-Way Street, and Even Though It Can Be Messy, It’s Worth It!”





By [Rebecca White](#)

Alison Sweeney has done it all when it comes to the small screen, working as an actress, director, and even producer. From soap operas and TV movies to hosting a reality TV competition show, she gracefully balances motherhood while also managing her booming career. While her time on *The Biggest Loser* is now over, the celebrity mom is using her open schedule to pursue other passions. In our [exclusive celebrity interview](#), we chatted with Sweeney about her relationship and love life, her best love advice when it comes to balancing a family and career, and her upcoming Hallmark movie *Love on the Air*.

## Alison Sweeney Talks Relationships and Love

For Sweeney and husband David Sanov, balance is key. When you have two kids and are constantly working on new projects, it's important for each spouse to manage their time effectively. "Dave is my partner," the actress says. "We have been married

for 15 years, and each day, we take time to ensure we are there for one another and our children.”

She also notes the importance of taking time to relax as a couple. For her and her husband, that means “cooking dinner together and, after putting the kids to sleep, having a glass of wine or some popcorn while watching a movie or catching up on our favorite TV shows.” Yes, that is easier said than done, but finding time to spend together is essential. “At the end of the day, your relationship and love is the anchor of your busy lifestyle, and if you make that a priority, you’ll be able to tackle all else together,” she shares. “We find ways to schedule meetings and playdates, so make the point to schedule quality time with your partner too.”

**Related Link:** [Alison Sweeney Chats About Her New Book, Fitness Routine and Family Life](#)

Sweeney encourages her kids to take risks by setting a positive example. “I always push myself with new challenges, and producing, directing, and starring in different projects enables me to do just that,” she reveals. She encourages busy moms to explore other passions as well. “Like Nike says, just do it! You don’t want to always wonder what might have been,” she says.

Of course, handling a full schedule can be hard. Her advice is to “focus on the moment and do your best.” Try to manage your time hourly rather than weekly, so it’s not as daunting. “At the end of the week, take a moment to evaluate your accomplishments and what you hope to improve in the next week: focus at work, attention to kids, quality time with partner, time for yourself...it all matters,” she shares.

## **New Hallmark Movie Teaches Love**

## Advice

One of the projects keeping the celebrity mom busy is the upcoming Hallmark movie *Love on the Air*, which marks Sweeney's debut on the channel as both a star and executive producer. Her character Sonia seems to have it all. "She has a great radio show for female empowerment and a successful fiancé, but when she is forced to work with a rival DJ, she's pushed to look at her world and herself in a new way," the actress explains. "The lesson about love that Sonia learns is such a good one to share. Love is a two-way street, and even though it can be messy, it's worth it!"

**Related Link:** [Alison Sweeney Chats About Keeping Her Family Healthy with Frigidaire](#)

Sweeney recently realized how much she loves storytelling and making romantic comedies. Thanks to her new partnership with Hallmark, she can do both! As far as her future projects, Sweeney says to "follow me on social media to find out what's next and then let me know what you think!"

*You can keep up with Alison Sweeney on Twitter @Ali\_Sweeney. Tune in for Love on the Air on Hallmark on September 26th at 9/8c!*

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## 5 Celebrity Couple 'How We Met' Stories That Are Way Too Sweet



By Kyanah Murphy

After watching countless Disney movies and flipping through hundreds of romance stories, we can't help but wonder if fairytale relationship and love lives truly DO exist in our normal, mundane world.

**We're here to tell you that yes, they can exist in real life and Cupid has five celebrity couple 'how we met' stories to prove it!**

### 1. Carey Mulligan & Marcus Mumford

Celebrity couple Carey Mulligan and Marcus Mumford started out as childhood pen pals! Over the years, they had lost touch

with one another as their lives sped up and pulled them in other directions. As fate would have it, the old friends reunited after Mulligan attended a Mumford & Sons house party. Not long after that, the two became a famous couple tying the knot after less than a year of dating! They still write to each other during busy times, except now they're love letters!

## **2. Kate Middleton & Prince William**

We may think we know how Kate Middleton and Prince William met (at St. Andrew's University, of course), but according to the Royal Biographer behind Middleton's biography, the famous couple actually crossed paths before they attended St. Andrew's. The royal couple met through mutual friends and then got to know each other better when they arrived at university. Rumor also has it that Middleton was originally going to go to an Edinburgh University, but she then decided against it and applied to St. Andrew's instead!

**Related Link:** [Julianne Hough and Hockey Player Boyfriend Brooks Laich Announce Celebrity Engagement](#)

## **3. David & Victoria Beckham**

During the girl power days of the Spice Girls, Posh Spice (aka: Victoria Beckham) and soccer player David Beckham met at a charity soccer event. The former Spice Girl admits she wasn't into soccer, so she didn't really know who David Beckham was. However, that didn't stop them from becoming a much loved British celebrity couple! David Beckham jokes that his celebrity wife chose him out of a sticker book and that he chose her "off the telly" when he saw the Spice Girls music video for "Say You'll Be There".

## **4. Jim Toth & Reese Witherspoon**

Jim Toth had donned his shining armor when he met Reese Witherspoon. The celebrity couple became an item after Toth stepped in and saved Witherspoon from a drunken friend who was

making a fool of himself and trying to hit on her. Toth collected his friend and apologized to Witherspoon for his friend's behavior. Witherspoon was charmed by Toth's behavior and the two became a celebrity couple, tying the knot not long after.

**Related Link:** [Lady Gaga Says Boyfriend Taylor Kinney Is a Weirdo Like Her](#)

## **5. Ellen DeGeneres & Portia de Rossi**

The story of this famous couple is an empowering one. Portia de Rossi first met Ellen DeGeneres backstage at an awards show where de Rossi was completely smitten with DeGeneres at first sight. The two officially met at a photo shoot in 2004 where both women discovered that they were attracted to each other. de Rossi comments that she was weak in the knees with DeGeneres. At first, the two didn't act on their feelings as they were both seeing someone else at the time, but fate would eventually bring them together as a top celebrity couple. de Rossi commented that being with DeGeneres and marrying her saved her. DeGeneres has been a solid rock for de Rossi in accepting herself and overcoming her hardships.

**Do you know of other cute celebrity couple 'how we met' stories? Share below!**

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# **Celebrity Video Interview: Master Sommelier Talks**



# Relationship and Love Advice



By [Rebecca White](#)

If you're keeping up with New York Fashion Week, then you know that the worlds of fashion and wine are colliding this year. Master Sommelier DLYnn Proctor shares his best relationship and [love advice](#) concerning all things wine in our celebrity video interview.

**Related Link:** [Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: "We Carve Out Time for Each Other"](#)

## DLYnn Proctor Talks Love Advice In

# Celebrity Video Interview

Sometimes ordering wine at a restaurant can be stressful, especially on a first date or special occasion such as an anniversary or Valentine's Day. Proctor's love advice is to make sure you communicate with your sommelier. "Give your somm buzz words, like light or bold, medium wines, fruity, dry, sweet, etc.," he says. After that, your somm will easily be able to make a pairing sure to improve your date night.

But if you still need some dating advice concerning wine, then look out for these recommendations. For a first date, you can't go wrong with the Bin 28 Kalimna Shiraz, Proctor shares. "A lot of beginners can enjoy this and the price is affordable!" he says. But, maybe your relationship is more mature, and you're searching for an anniversary wine. In that case, go with the Penfolds Grange Shiraz that can be order at the finest establishments.

In regards to his own relationship and love life, Proctor jokes that being a sommelier has only improved his marriage. "The wine seller is always stocked and the wife is always happy. She drinks very well," he says with a laugh.

*You can keep up with DLynn on Twitter @WineauxDLynnP and [www.instagram.com/penfoldsdlynnp/](http://www.instagram.com/penfoldsdlynnp/).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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## Celebrity Photo Gallery:

# Romantic Getaways





Adam Shulman and Anne Hathaway

This famous couple enjoyed a nice summer getaway in sunny Spain! The pair spent time on a yacht, soaking up the sun and playing in the water together. Photo: LRR/FAMEFLYNET PICTURES

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**E.G. Daily Shares Post-Divorce Love Advice in Celebrity Interview: “Don’t Wait for Someone to Fill You Up”**



Interview by [Rebecca White](#). Written by Mackenzie Scibetta.

E.G. Daily may have one of the most diverse careers in Hollywood. From starting out on the silver screen in *Pee Wee's Big Adventure* to playing the voice of Tommy Pickle's in *Rugrats*, she has truly done it all. Plus, she has a successful singing career. Most impressively though, she balances being a full-time single celebrity mom with her busy lifestyle.

You may recognize Daily from season 5 of *The Voice*, where she performed a memorable rendition of Faith Hill's "Breathe" and was chosen by Blake Shelton. She compared the unforgettable experience to a summer camp for people of all ages and said it was refreshing to just sit around and sing all day. Her best advice for upcoming contestants on season 9 of the reality TV show? "Savor every moment."

# E.G. Daily Dishes on Her Celebrity Divorce and Family Life

“Love inspires everything I do,” gushes the singer-songwriter, who writes many of her songs with a romantic theme in mind. She notes that “love is all day long,” whether she’s at the gym or walking down the street. This positive outlook on life undoubtedly helped her handle her [celebrity divorce](#) from Rick Salomon in 2000.

**Related Link:** [Pamela Anderson and Rick Salomon: Filed for Divorce Again](#)

For Daily, the best way to handle divorce is with dignity and no bad blood. “Just make sure not to be cruel because you’ll want or even need to be friends with them at some point. Ultimately, it’s happening *for* you, not to you,” she explains in our celebrity interview. She is a woman who practices what she preaches, as her and Salomon still maintain a close relationship. As for raising their children as a single mother, she believes that you shouldn’t make your ex out to be the bad guy. Her and Salomon “have nothing but love and respect for each other,” which she hopes helps her children honor them.

Unfortunately, no divorce, no matter how compatible the bond, is going to be that easy. Daily says she struggled the most with what to do with old photographs and videos of their former life together. “I learned you keep them and just remember the good times. He’s my family, and you’ll still have the relationship, but the form of it changes from family to friends forever,” she candidly shares.

With such a hectic life, it’s hard to imagine how Daily could have time to focus on her children and career...but she managed to succeed at both! “I don’t know how I did it – it just all worked itself out,” she says with a laugh. She always put her

work around her children, who she refers to as her little diamonds. “They are the most important things to me. My life wouldn’t be as awesome without them,” she notes. She’s even lucky enough to bring them to set sometimes: When she worked on *Rugrats* and voiced a toddler, her children were toddlers and often there with her.

## Reality TV Contestant Shares Love Advice in Celebrity Interview

It’s no surprise that Daily is a strong promoter of self-love and encourages everyone to find what you love in yourself before you start looking for a partner. “When you meet someone amazing, you should feel they deserve you. Don’t wait for someone to fill you up,” she suggests. Sharing a bit of love advice, she believes that doing all things out of self-care and self-love will naturally attract good partners. “People can feel when you love yourself or not. Be with someone who loves that you love yourself,” she adds.

**Related Link:** [Dating Advice From Justin Kim of ‘America’s Next Top Model’](#)

As for jumping back into the dating game after a divorce, Daily suggests the same rule of self-love and confidence. “Make sure that you’re feeling super good in your life. Feel full and whole and turned on so that you can bring someone in with that positive energy,” she shares in our celebrity interview. She adds that you can’t be bitter and expect to find someone. Instead, be excited and ready to tackle a new relationship and love that will bring joy into your life.

*You can keep up with and listen to E.G. Daily’s music on her Twitter @realegdaily or [www.facebook.com/eg.daily#](http://www.facebook.com/eg.daily#) as well as her website, <http://egdaily.com/>. For more love advice and great tunes, you can listen to her one-woman autobiographical musical “Listen Closely,” available on Amazon.*

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# Celebrity News: Nicki & Miley Publicly Express Anger



By Dr. Jane Greer

In latest celebrity news, singer celebs Nicki Minaj and [Miley Cyrus](#) had a public spat at the 2015 VMAs, hosted by Miley. During the live broadcast on Sunday, Nicki called Miley a “bitch” for talking about her in the press. According to an insider, “Nicki was livid with Miley and decided to air her feelings onstage.” In fact, it was reported that MTV staffers had to keep Nicki and Miley away from each other for the rest of the night to avoid a confrontation.



**It's hard to know if their fighting was staged to enhance the celebrity news or if it was authentic. Either way, it raises the question of whether shouting about your feelings in public when you're upset is the best way to get your message across.**

In Nicki's case, there might have been a strong desire to reach her fan base and share her rage toward Miley. Maybe she thought it was the only way to save face. That being said, this really isn't that different from fighting with a partner in front of family and friends at a holiday meal.

**So when you're irked at someone, what's the best way to let them know – talk to them in private about it, or let the whole world know? I have some relationship advice:**

Very often when we are mad at someone who has hurt our feelings, our inclination is to get back at them by letting others know what they did to make us feel mistreated and wronged. In fact, that dynamic is the hook of reality TV. Doing that, though, and being vocal about the bad energy between you, may unwittingly put the people around you in an uncomfortable position by making them feel like they have to choose sides.

**Related Link:** [Miley Cyrus Moves On After Celebrity Break-Up from Patrick Schwarzenegger](#)

Sometimes people get so caught up in the anger of the moment that it can spill over beyond their private world, as we saw

with Nicki and Miley. Before you let that happen, ask yourself if this is a relationship and love worth saving. If you decide it is, then the best thing to do is to go right to the source and address the cause of your distress directly with the person who upset you in the first place. Tell them what they said and did to set you off, and give them a chance to apologize and explain. It will also give the person the chance to clear up any miscommunication or misunderstanding that may have occurred between you. Fighting out in the open just serves to fan the flames of the fury, but a straight conversation might clear the air and even help to salvage your relationship.

**Related Link:** [Nicki Minaj Fires Back at Celebrity Ex Safaree Samuels After He Releases Telling Single](#)

This year's VMAs were also witness to a number of bad feelings being soothed, such as between Kanye West and Taylor Swift. That is testimony to the fact that no matter how angry someone might be at one time, it is possible to get over it and move beyond it. The rage can diminish and you can let it go. Who knows? Maybe at next year's awards show we will see a different exchange between Nicki and Miley.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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# 10 Body Language Signs That Mean He's Into You



By Mackenzie Scibetta

Some women spend their whole days trying to decipher the puzzling mind of a male, only to discover that he's just not interested in them. This tiresome task of guessing, decoding every text and possibly even following his every move, will only lead you to exhaustion. Relationships and love shouldn't require this much work because men are not as complicated as we would like to believe. A simple, almost transparent, way to tell if a guy is interested in you is by reading his body language.

# Cupid is here with some dating advice in the form of 10 major body language signs that show your guy is crushing on you:

**1. Dilated pupils:** Pupil dilation can occur for a number of reasons, but one of the most common is when the mind sees something it finds attractive or interesting. Subconsciously, your man's eyes will light up just at the sight of you. Interestingly enough, pupil dilation also occurs during physical pleasure.

**2. He leans towards you:** While listening or talking to you, he might start to slowly lean closer to you, which is a good sign that can be read as "I want to get closer to you." At first it might just be a tilt of the head, but this can eventually lead to the rest of his body shifting toward you. On the contrary, if he's leaning far away, that could mean he's not interested.

**3. He puts his hands on his hips:** If both hands are placed on his hips, then this is known as a male power signal. The point of this is to draw your attention and prove he is the most masculine guy in the room. If his arms are crossed, however, this is a bad sign that could mean he's bored.

**Related Link:** [Dating Advice: 7 Things All Healthy Relationships Require](#)

**4. He raises his eyebrows a lot:** Eyebrow raises can sometimes be mistaken for confusion or skepticism, but they actually can mean he likes what he's hearing or seeing. Similar to how our eyes widen when we're engaged and excited, our eyebrows will follow that pattern.

**5. He is angled towards you:** Often times our feet will naturally point toward where we want to go without us even

noticing. Take note of where your man's feet are heading and if it's toward you, then you're in luck!

**6. He makes good eye contact with you:** You don't want him to stare at you awkwardly the entire date, but you also don't want him browsing through his phone the whole time either. Ideally, he will be so absorbed in what you're saying that he will gaze into your eyes often. Prolonged eye contact shows he is comfortable with you.

**Related Link:** [Love Advice: What Your Sleeping Position with Your Partner Says About You](#)

**7. He mirrors your body language:** This is another subconscious act that happens when your mind is engaged in a conversation or you're listening intently. This shows he's focused on you and can't wait to hear what enticing things you have to say next.

**8. He fixes himself:** If you frequently catch him putting a stray hair back in place or re-tucking his shirt, this could mean he cares about what you think of him. He's grooming himself for you so you will take special notice of him.

**9. He laughs a lot:** If he likes you, then he will probably smile more than the average person. This includes laughing at all of your corny jokes and even laughing at his own.. After telling a joke, he will probably look at you to check if you're laughing too (even if the joke wasn't funny).

**10. He gives you genuine smiles:** A true, meaningful smile will show throughout his entire face. Although it's comforting if he pretends to smile at a dumb joke, it really means he likes you if you see a genuine smile.

**What signs do you give off to let a guy know you're interested in him? Comment below.**

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# Relationship Advice: 5 Ways to Know Your Partner is Lying to You



By Molly Jacob

Maybe you don't like the chicken carbonara your spouse makes, or maybe your hubby could stand to lose a few pounds if he wants to wear his college sweatshirt in public. There are certain white lies you can tell in a relationship without sacrificing the trust you two share. But with relationships and love, honesty and trust is essential to a healthy relationship. If you have suspicions that your partner isn't

being totally honest, you owe it to yourself to evaluate your relationship.

## **See Cupid's five pieces of relationship advice to help you tell when your partner is lying to you!**

**1. Lack of eye contact:** If your partner avoids eye contact with you, especially when he or she is telling you where they were last night, this could be a sign that they're lying to you. People know that eyes are the window to the soul, so if they're hiding something from you, they will avoid looking you straight in the eye.

**2. Aggression:** You ask to see your spouse's credit card bill to calculate next month's budget. She responds by screaming at you and throwing a fit – not exactly a normal emotional response. If your partner responds aggressively or way too emotional to simple requests from you, they may be hiding something from you.

**Related Link:** [Love Advice: What Your Sleeping Position with Your Partner Says About You](#)

**3. Protective of technology:** Your partner may have a passcode on his or her phone or laptop, which is perfectly fine. But do they refuse to tell you what that passcode is, but won't explain why? Are they fiercely protective of their text messages and Internet search history? Relationship advice: there's something they're hiding from you.

**4. Over-explaining:** Something as simple as letting you know that they went to see their mother last week shouldn't require an hour-long explanation. If you find your partner is going on and on about how they don't actually find their co-worker

attractive or that they REALLY weren't at the bar last night instead of the office, it's good dating advice to see what they might be keeping from you.

**Related Link:** [Relationship Advice: Signs You Really Need Couples Counseling \(and Why It's Not a Bad Thing!\)](#)

**5. You feel off-balance:** Trust your gut. If something feels off with your partner, it probably is. With relationships and love, it's a great idea to trust your intuition.

**What are other signs that your partner isn't being truthful? Let us know in the comments section below!**

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## 20 Celebrity Couples Who Are Just Like Us







Page 1 of 20



Nikki Reed and Ian Somerhalder

Like many of us, the actors, who tied the knot this summer,

have a passion for animals and consider their pets to be their babies. Photo: Willie Pena/Diana Pena / PRPhotos.com

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## Comedian Wayne Brady On His Modern Family and Celebrity Ex: “We Truly Love Each Other – Like Back to the Wall, Fight Anybody”



Interview by [Lori Bizzoco](#). Written by Katelyn Di Salvo.

Actor, improv artist, and comedian Wayne Brady was in New York City this week to team up with Charmin to host the “Keep it Clean Comedy Show.” The event gave young comedians from schools all over the city a platform to deliver five minutes of their best, clean potty humor routines in front of a live audience. In our [exclusive celebrity interview](#) with the television host, he opens up about the show, his upcoming role as Lola in *Kinky Boots* on Broadway, and his modern family dynamic!

## Wayne Brady Discusses Charmin’s “Keep it Clean Comedy Show”

Brady has a lot on his plate these days. He is best known for hosting *Let’s Make a Deal* on CBS as well as being on the very popular *Who’s Line Is It Anyway?* Additionally, the actor is developing an improv game show with Ryan Seacrest and a sitcom with his producing partner – who also happens to be his celebrity ex – Mandie Taketa.

Even with his full schedule, the busy celeb still made time to give back and help out the future of comedy for Charmin’s “Keep It Clean Comedy Show.” Brady opened up the show with classic interactive improv and even brought his daughter Maile on stage for some father-daughter comedy. He says getting involved with the event was a “no-brainer” because he was excited about helping these young, aspiring comedians. Plus, Charmin offered to donate to his favorite charity, Ronald McDonald House Charities. He was so impressed with the young talent at the event that he thought he could cast a baby *Saturday Night Live*!

**Related Link:** [Former ‘TLC’ Member Rozanda ‘Chilli’ Thomas](#)

[Denies Dating Wayne Brady](#)

## Comedian Shares His Excitement for His Latest Gig on Broadway

NYC will be seeing a lot more of Brady come November. The actor will be the next star of *Kinky Boots*, playing the role of Lola. He's performed on Broadway before, acting as Billy Flynn in *Chicago*. However, the Emmy winner believes that being on Broadway will be different this time around because "Lola is an amazing role." It's no surprise that it'll take a lot of discipline to "sing those songs, wear those heels, walk that walk, and be the guy that helps to hold the entire show up." The celeb explains that his role as Billy Flynn was "cool and poppin'," a very different character to play. "For my money, this Lola is one of the best roles on Broadway," he shares.

Brady also clears up the belief that he *is* his work, saying, "It's a job. I think that there's this weird misconception that I believe most people carry around that, if you're a stand-up comedian or if you do improv, whatever you do on stage is how you should be in life." He explains that he isn't a wind-up doll and is a different person in real life. "When I'm on stage, I let out all the stops – that's why I started acting," he reveals. "When I was a kid, you got to use your imagination and be whoever you wanted to be...and then come back to real life and just chill."

## The Dynamic of His Modern Celebrity Family

As fans know, Brady went through a [celebrity divorce](#) with Mandie Taketa in 2007. But unlike many celebrity exes, the two managed to stay close, parenting *and* working together. Last fall, he went through some tough times and battled depression, and the comedian credits his ex-wife for helping him get

through it.

Brady confirms that his relationship with Taketa (who was sitting next to him with daughter Maile during our interview) works for a simple reason: “We love each other. We truly love each other – like back to the wall, fight anybody, like I can say something about her, but you can’t because I will fight you, and she will kill you for me,” he explains. “So we have love and friendship. Add to that that we are parents together and business partners in this beautiful venture of a child.” Given his experience, he doesn’t understand the people who can’t be friends, love each other, and happily co-exist because, at the end of the day, they are still a family.

The comedian shares that he’s happily single at the moment. “I tried dating in the past, and it’s not that I don’t want to or won’t, but now is not the time,” he says. “I’m enjoying my life. I’ve got my daughter; I get to hang out with my best friend; and I get to do amazing work. I’ll get around to it at some point.”

**Related Link:** [Holly Madison Says Her Past As Playboy Bunny is Like “The Elephant in the Room That Never Goes Away”](#)

The celebrity father didn’t hesitate when asked to give his daughter [dating advice](#), quoting his daughter’s mother and saying, “Don’t give anybody your time that won’t respect your boundaries and respect you as a person. You’ve got to be willing and ready to do what you have to do to back that up. I wouldn’t want her to be with someone who doesn’t pay attention to those things.”

*Catch Wayne Brady in Kinky Boots on Broadway this fall! You can follow the star on Twitter @waynebrady.*

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# Celebrity Couples With The Biggest Age Differences



By Molly Jacob

They say love knows no age, and celebs seem to agree. The hottest and most famous couples out there have surprisingly large age gaps.

**See what celebrity couples Cupid**

# has selected with the biggest age differences!

## 1. Harrison Ford and Calista Flockhart:

With an age gap of 23 years, Harrison Ford (73) and Calista Flockhart (50) have one of the biggest age differences in Hollywood. The famous couple wed in 2010 and have a teenaged son named Liam.

## 2. Sam Taylor-Johnson and Aaron Taylor-Johnson:

British actor Aaron Taylor-Johnson and director Sam Taylor-Johnson married in 2012 and have a 23-year age gap. They started dating when Aaron was only 19 and Sam was 42, but according to an interview with *The Times* magazine, he's an "old soul" and she's a "young soul."

## 3. Olivier Sarkozy and Mary-Kate Olsen:

Mary Kate Olsen, 29, and fiancé Olivier Sarkozy, 46, met in 2012. The former *Full House* star and the half-brother of a French president have a 17-year age difference.

**Related Link:** [Mary-Kate Olsen Is Engaged to Olivier Sarkozy](#)

## 4. Billy Joel and Alexis Roderick:

The 66-year-old "Piano Man" musician wed his pregnant 33-year-old girlfriend, Alexis Roderick, this past July 4th. This famous couple has been dating since 2009, and this is Joel's fourth marriage!

## 5. Bennett Miller and Ashley Olsen:

The other half of the famous Olsen pair is also dating a man much older than her, *Moneyball* director Bennett Miller. He is 48 and Ashley is 29.

## 6. Michael Douglas and Catherine Zeta-Jones:

70-year-old Michael Douglas and 45-year-old Catherine Zeta Jones have been married since 2000 and have two children. This celebrity couple had a brief split in August 2013 but they are back together and stronger than ever.

**Related Link:** [Michael Douglas Welcomes Catherine Zeta-Jones Home from Treatment](#)

## 7. Hugh Hefner and Crystal Harris:

There's no way that Playboy founder Hefner WOULDN'T make it on this list! The 89-year-old celeb has always had a slew of young girlfriends and wives. He married model Crystal Harris in 2012 and bought a multi-million dollar estate for the two of them in Hollywood Hills.

**What other celebrity couples have huge age gaps? Let us know in the comments section below!**

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# Dating Advice: 7 Things All Healthy Relationships Require







By Molly Jacob

Are you in a relationship and love, but aren't sure whether it's healthy or not? Or are you on the lookout for someone that can make you truly happy? It's hard to get caught up in your own checklist about what makes your relationship a good one: your parents like him or her, you have fun going out with mutual friends, or you like living together. So, it's time to take a step back and evaluate how well you treat each other and how much you value your relationship.

## **See what dating advice Cupid has to dole out about what all healthy relationships need!**

### **1. Communication:**

It's an often-stated but important aspect of healthy relationships and love: communication is key. Without communication, you are just two strangers sharing the same bed. You need to not only communicate about what's making you

happy or troubling you in your relationship, but also about your life outside the relationship. Let your partner know what's going on, what's concerning you, and what's on your mind!

## **2. Intimacy:**

With every relationship, some alone and intimate time is important. You both need to show your love in a physical way, whether that is in the form of a massage after a long day or a much-needed cuddle session. Dating advice: don't skip out on this important alone time, even after a busy and crazy day full of kids, work, friends, and chores!

**Related Link:** [Love Advice: 5 Signs You're in a Lukewarm Relationship](#)

## **3. Shared interests:**

It could be that you both love to binge watch *True Detective* or workout together, but people in healthy relationships and love have shared hobbies. Find what you both have in common, even just a love of cooking, and spend your time together pursuing those interests!

**4. Openness:** If something's bothering you, say it. If you're concerned about your finances or some other aspect of your relationship, say it. Bottling up emotions and ideas that you know you should be talking to your significant other about can only lead to an explosion later on. Relationship advice: the topics you find most difficult to talk about are usually the topics you SHOULD spend time discussing with your sweetheart.

**Related Link:** [Relationship Advice: 4 Reasons To Leave The Past In The Past](#)

## **5. Love:**

This may sound obvious, but every healthy relationship should have love. Not only should there be love, there should be expressions of love. This can be as simple as saying "I love you" once a day, but every relationship is different so make

sure you find how YOU uniquely express your love.

#### **6. Conflict:**

This may sound counterintuitive (how can a relationship be healthy if you're fighting?) but healthy couples won't agree on everything. The fact that you two argue shows you care enough about your relationship to want to see it succeed. Relationship advice: instead of name-calling and bringing up irrelevant issues from the past, healthy conflict includes empathetic listening and understanding each other's point of view.

#### **7. Fun:**

Life can be serious and difficult, so why not have fun in your relationship? Your partner is more than your spouse or girlfriend or boyfriend; they should be your best friend! Constantly find new adventures for you two to experience or ways to make menial tasks, such as doing the dishes together, fun. Life should be an enjoyable adventure with your partner by your side.

**What other aspects do you find in your healthy relationships? Let us know by commenting below!**

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## **20 Hollywood Couples With A Big Age Gap**





Page 1 of 20



Stephen Moyer and Anna Paquin

These sexy stars of 'True Blood' wed in 2010, paying no

attention to their 12-year age gap. Moyer is 45 years old, and Paquin is 33 years old. Photo: Juan Rico/FAMEFLYNET PICTURES

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# Celebrity Photo Gallery: Stars Who Stood By Their Unfaithful Partners





David Boreanaz and Jaime Bergman

The 'Bones' star admitted that he cheated on his model wife after the woman he had a fling with attempted to extort him. The famous couple are still together today. Photo: FPA/FAMEFLYNET PICTURES