

# Relationship Advice: Love the Second Time Around



By Dr. Jane Greer

Pop star [Miley Cyrus](#) was spotted wearing an engagement ring after she and former fiancé Liam Hemsworth reunited over New Year's in Australia. Multiple sources revealed that Miley had been struggling to move on from Liam after the end of their [celebrity relationship](#), and has never fully gotten over him. It appears the feelings are mutual, as the [celebrity couple](#) is giving it another try. And, they aren't the only ones people are talking about when it comes to wondering about the possibility of rekindled love. Superstar Madonna and movie star ex-husband Sean Penn have reportedly been spending more time together lately, and were recently seen at a hotel bar

together. All of this can be heartening for those who wonder about doing something similar with a previous partner. Hearing these stories can make people believe in romance and the value of a shared history. But, it also raises questions.

## **How do you know when an old loved has the potential to come back to life, and when is it best to leave an old relationship where it is, in the rear view mirror? Here is some [relationship advice](#):**

When you see old lovers like Miley and Liam, and Madonna and Sean, get back together, it might make you think about reaching out to an old, but extinguished flame. There are times when that might require a deliberate act, actually calling or contacting someone from your past, or it can happen in a more spontaneous way, such as when you run into someone you once dated at a wedding or a reunion. Either way, it is good to take stock before jumping in with both feet.

**Related Link:** [Miley Cyrus Is 'Hanging Out' With Celebrity Ex Liam Hemsworth Post-Split from Patrick Schwarzenegger](#)

The most important barometer for gaging what to do is to consider how and why your connection ended in the first place. It is ironic that in wondering if you should begin again, it helps to go back to where it ended, but that is where you might find the best answers. If the circumstances that broke you up didn't have anything to do with the attraction and passion you felt for each other, and might still feel, it is possible that giving it another go could be a fine idea. It is also possible that even if there were problems, you have both grown and changed, and with the wisdom and distance you now

have might be better able to deal with and manage them. The same issues that were front and center when you were first together might not bother you anymore, or might be more easily worked out.

**Related Link:** [10 Celebrity Couples We Never Knew Existed](#)

On the other hand, if your relationship ended badly and there is still a lot of unresolved anger, there is the chance you will find yourself returning to that unhappy place. Also, if there were behaviors, habits, or personal traits the other person had that were intolerable for you, and that person still exhibits them and has not changed his or her ways, it may be better to leave the relationship in the past with the fond memories of what you once shared.

Once you have sorted that out, it may be that you feel your ex is really your lost love. In this new time and place, where both of you have mellowed, it may be viable and pleasurable to give it another chance, as Miley and Liam seem to be doing, and as Madonna and Sean may be flirting with trying. Only time will tell if they will prove to be stronger than ever after their time apart. Madonna said it straight out in her song Stay: When you walked out my door, I knew you'd be back for more, Let's leave the past behind, True love is so hard to find.

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## **Relationship Advice: 5 Ways to Restore Trust in Your Relationship**



By Katie Gray

Trust is the most important aspect of a relationship. Without trusting your partner and having that trust reciprocated, your relationship won't be a healthy and happy one. We can take cues from [celebrity couples](#) and their [celebrity relationships](#) to see how they restore the trust in their relationship when it's lost. For example, Pink and Carey Hart married in 2006, and announced their separation in 2008. After marriage counseling and song therapy, they reunited in 2010, welcomed daughter Willow Sage in June 2011, and just celebrated their 10 year [celebrity wedding](#) anniversary. According to *Psychology Today*, 41% of first marriages and 60% of second marriages end in divorce. Wow! Nobody told us relationships would be easy; they just promised it would be worth it!

# Cupid has some [relationship advice](#) on how to restore the trust in your relationship:

**1. Open communication:** You can't trust someone if you don't have a mutual open line of communication. Tell your partner how you feel and what you are thinking, and also encourage them to do the same. You have to feel comfortable speaking with your partner about any topic. It's important for both partners to know that they can talk to the other about anything and that it stays private between just the two of you.

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**2. Establish boundaries:** You must establish boundaries with your partner right away. If something makes you uncomfortable, then you need to let your partner know. You two must decide as a couple how to deal with exes, privacy, outings, and so forth. If something makes your partner uncomfortable, it's up to you to respect that. Establish guidelines that you both agree upon. It's all about compromise in a relationship!

**Related Link:** [Celebrity Couples: Music's 5 Most Powerful Pairs](#)

**3. Affirmations, therapy and exercises:** Staying positive goes a long way. To restore trust in a relationship, you must work hard at it. Saying affirmations, doing exercises as a couple and going to therapy and counseling will help a lot.

**4. Date night:** It's imperative to spend quality time with your partner. It gives you time to bond and to remember why you fell in love with them in the first place. You won't start trusting someone again unless you feel like you know them. Therefore, having a date night ritual is a good place to

reconnect.

**5. Forgive and forget:** You won't be able to move forward if you are harboring feelings of resentment and anger. It's imperative to work past those issues and clear them up right away. You must practice forgiveness. Whatever your partner did to make you distrust them, you have to first forgive and then forget, in order to move on. Clear up the issues that arose and solve them so you can start trusting your partner again. After all, you care about them or you wouldn't want to stay with them.

**What are some ways that you have restored trust in your relationship? Comment below.**

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# **Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!**





By [Emma Malefakis](#)

Most young celebrities are known for their talents but none quite like Tyler Henry. He has a unique gift of his own: He connects to those who have departed. Known as one of Hollywood's youngest psychics, he began working as a medium when he was just 16-years-old. He practiced his skill in a small town in California and has since worked with some of the biggest stars, including Snooki and Boy George. His everyday life was recently pitched for a reality TV show, and now *The Hollywood Medium with Tyler Henry* is airing Sunday nights at 10/9c on E!.

In our [exclusive celebrity interview](#), Henry opens up to us about his own near-death experience and shared his best relationship advice.

## **Celebrity Interview: Tyler Henry**

# Talks About His Talent and New Reality TV Show

The reality TV star admits he owes much of his success to his supportive parents. "It took some time, but they now see the healing impact that the readings have in giving people insight, clarity, and closure," he says. "Now, it's just on a much larger scale." Of all the challenges he faces, the young medium says that crowds are the toughest part, but "the benefits of his gift outweigh any of the downsides."

It's understandable how such a talent can be overwhelming to others since they can't completely understand the ability of clairvoyance. "I get strong visual and mental imagery in my mind's eye when I concentrate on a person. This imagery, when pieced together and interpreted as a message, is then delivered to a person as means to provide some form of insight," he explains.

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Henry has read hundreds of celebrities. He says one of the most shocking readings was with Tracey Gold. "Many revelations can come from readings, and many of them can be incredibly surprising. A murder victim that she was connected to came through and acknowledged the details of her passing," he divulges.

Even with all his success, there are always doubters when it comes to the talents of mediums. "Thankfully, every celebrity who agreed to have their session filmed was open in some capacity, even the skeptics," he shares. Henry says that he communicates what the client is meant to hear, not necessarily what they want to hear, and of course, that requires some tact.

Despite all of the celebrities he has had the opportunity to



work with, if he had the chance to read anyone in the world, it would be the Dalai Lama. “To be able to connect to such an influential, and inspiring person would be an absolute honor,” he gushes.

**Related Link:** [Top 5 Celebrity Couple Predictions](#)

## Young Psychic Shares Relationship Advice

In his personal life, the medium admits that his gift doesn't cause too many relationship problems. “I'm one of the few people who can probably tell whether or not there's going to be a second date before the first one,” he says with a laugh. When it comes to his celebrity crush, he admits, “Ezra Miller, hands down!”

The greatest piece of relationship advice he has to offer is for those with a significant other on the other side: “Honor their legacy by having new and exciting experiences and look for the signs they will give to show they are still with you,” he explains. “They also want you to be open to new relationships and love.”

The heartache of losing a significant other is unimaginable, and the pain of losing a child is even harder for people to accept. Henry has these words for grieving parents: “Children are met by loved ones on the other side and are helped in their transition with ease,” he says. “Every child that I've ever brought through has acknowledged being at peace with God.”

What many people don't know is that the celebrity clairvoyant had a near-death experience of his own. “In February 2014, I suffered brain swelling due to water on the brain caused by a brain cyst,” he reveals. He had emergency brain surgery and was in the intensive care unit for days. “It

was life-changing for me – nothing quite grounds you like a near-death experience,” he shares in our celebrity interview. “It showed me what really matters and just how fragile life in this realm can be.”

**Related Link:** [How to Move On After Heartbreak](#)

As for what’s next for Henry, he plans to continue doing readings and even has a book in the works. He would love to travel and tour the world. “I have so many causes that I hope to be able to bring light to, particularly in grief awareness and support for parents who experience the loss of a child,” he says. “I am so thankful to be able to share my gift with the world and help aid in the grief process, one reading at a time.”

*Tune in for The Hollywood Medium with Tyler Henry on E! on Sundays at 10/9c. You can keep up with Tyler on Twitter [@tyhenrymedium](#).*

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## Celebrity Couples: Music’s 5 Most Powerful Pairs





By Jasmine Igwegbe

We all fantasize about [celebrity couple](#) relationships, and we hope our relationship can stack up to all of that amazingness. [Celebrity relationships](#) are often times portrayed as a fairy tale romances, and the couples may also influence our belief and high expectations for love. All of that is even more enhanced when the two celebs in question are full on music icons!

## **Cupid has the top most powerful celebrity couples in the music industry:**

**1. Jay-Z and Beyonce:** Jay and Bey have been dating since Bey was 19 years old. Before these two publicized their relationship, they were the subject of relationship rumors from 2002 up until 2006. They tied the knot at a private ceremony at Jay-Z's Tribeca apartment in New York. Today, this powerful celebrity couple is happily married with a daughter,

Blue Ivy. They're all about secrets and continue to have their celebrity marriage on the low.

**Related Link:** [11 Good Reasons to Keep Your Relationship Status Secret](#)

**2. Kanye West and Kim Kardashian:** This powerful couple started dating in 2012 after Kanye met Kim in NYC while filming her famous celebrity reality TV show, *Keeping Up With the Kardashians*. The following year, they gave birth to a girl, North West. Recently, they welcomed their baby boy into the family. West and Kardashian married in May 2014 and continue to help each other grow in the industry with love and support. Let's not forget about how powerful Kanye's marriage proposal was to Kim.

**Related Link:** [Valentine's Day Advice: 10 Tips for a Romantic \(and Green\) Marriage Proposal](#)

**3. Swizz Beatz and Alicia Keys:** We all remember Alicia Keys for her phenomenal work, *The Diary of Alicia Keys*. She has been singing about the struggle of love since 2003, and today she is considered one of the most powerful musical couples with producer Swizz Beatz. Swizz and Alicia wed in 2010 in Corsica.

**4. Meek Mill and Nicki Minaj:** Nicki and Meek are fairly new to the game, but they've displayed the features of a powerful couple already. They spend quality time together influencing the strength of their celebrity relationship in the last few months. Meek Mill finally got the girl of his dreams and is now in a committed happy celebrity relationship. Awesome!

**Related Link:** [Dating Advice: How to Get Out of the Friend Zone](#)

**5. Janet Jackson and Wissam Al Mana:** Even if you got secretly engaged, you can still be qualified as a powerful celebrity couple. Janet and Wissam met in Dubai in April 2010 at a hotel opening. The celebrity couple has a deep bond that can go a

long way. These two tied the knot and are happily together.

Who are some other powerful couples in the music industry? Comment below.

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## **Celebrity Interview: 'Mob Wives' Reality TV Star Brittany Fogarty Discusses the Final Season and Reveals Her Favorite Date Night**





Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

Being born into a family involved in criminal activity is nothing new for the cast of the reality TV show *Mob Wives*. However, the newest member Brittany Fogarty is only 25 years old and spent most of her childhood in Pennsylvania after her family was relocated when she just two years old. In our exclusive [celebrity interview](#), Fogarty gives us the latest celebrity news about the upcoming drama on the final season of the VH1 hit and dishes about her relationship and love life.

## Reality TV star Brittany Fogarty Talks About The Final Season and Dishes On Her Relationship and Love Life In This Celebrity Interview

Welcome to the show! How has it been being the newest member on *Mob Wives*?

It's definitely been a fun experience but also very dramatic.

**Is there anything you want people to know about you before they see any of the show?**

The show focuses in on a lot of the conflict and aggression. I think people should know that there is a lot more to most of us than just hostility and arguments.

**Related Link:** [Celebrity Interview: 'Mob Wives' Reality TV Star Renee Graziano Says She's "Dating and Enjoying Being Spoiled Like a Princess"](#)

**Not only are you the newest member, but the youngest. Do you think this has changed the way the other ladies have treated you? For better or worse?**

Absolutely. I think many of the women see my age as a threat and it's hard for them to accept the fact that someone so much younger like myself can stand my ground, form my own opinions and outwit them.

**What was the hardest part about joining the show?**

The hardest part for me was learning how to publicly open up about my family and personal life. I'm a pretty private person so that was a big change for me.

**We know you love Drita. What do you think about her calling Karen out publicly on social media recently?**

From what I see from Drita, she never really does that kind of thing on social media. So in my opinion, Drita must have been fed up with all the constant rumors and verbal attacks on her family.

**What made you so close to Drita?**

I just genuinely liked her off the bat. I felt she was different from all of the other women on the show in that she is the most down to earth. She never had a superior, controlling, or judgmental attitude with me unlike many of the

other women.

**Related Link:** [Celebrity News: 'Mob Wives' Star Big Ang Hosts Viewing Party](#)

**Why did you decide to join the cast this season? Is there anything in particular that you hope to gain by doing the show?**

I joined the cast because I saw it as an exciting opportunity and as a great platform. I also thought the show could use more people who don't idolize "the lifestyle."

**Did becoming a part of the *Mob Wives* cast bring up emotions from your past?**

Absolutely. Mostly emotions about my relationship with my father and what we've had to go through because of the life he chose.

**Has your relationship and love life changed now that you are a reality TV star?**

I'm a lot busier and I am focusing on myself and my career right now.

**What would be an ideal date night for any eligible bachelors that are reading this?**

I love food and being outside, so a relaxing outdoor dinner with some good conversation is always a safe bet with me. And being by a beach is even better.

**Related Link:** ['Mob Wives' Star Renee Graziano on New Book, Possible Spin-Off Reality TV Show and Dating Italian Men!](#)

**What can we expect from you once this season is over?**

I love fashion, so of course I'm going to continue modeling but I will be working towards moving into the design world of fashion. I'm always working on growing my jewelry business but



I would like to start expanding. Designing my own collections of clothing is definitely in my plans.

*Be sure to watch Mob Wives on Wednesday's at 8 p.m. on VH1! Check out our celebrity interview with Mob Wives star Renee Graziano and stay tuned for our interview with Drita D'Avanzo coming soon.*

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## **Author Wendy Newman Shares the Relationship and Love Advice She Learned After 121(!) First Dates**





Interview by [Rebecca White](#). Written by Myesha Cobb.

You feel discouraged and are tired of looking for Mr. Right. Still, you keep saying yes to guy after guy, hoping that he might be The One. You're not alone – we've been there too! But have you ever been on 121 first dates? Author and relationship expert Wendy Newman has, and she divulges the many lessons learned in her new book *121 First Dates: How to Succeed at Online Dating, Fall in Love, and Live Happily Ever After (Really!)*. Not only does she share years of research and intimate details about her many first dates, but she makes us laugh in the process. In our exclusive interview, the author talks about the inspiration for her tell-all, her best and worst first date, and her most valuable piece of [relationship advice](#).

## Wendy Newman Opens Up About '121 First Dates'

To start, we love the premise of *121 First Dates*. What inspired you to write an autobiography/guidebook that focused

## **specifically on first dates?**

I never meant to go on 121 first dates, and I certainly never meant to write a book about it! It all started with first date 54. It was so horrendous and so miserable; it was so much worse than anything that I had ever read about in terms of a “bad” date that I had to write about it. At the time, my married girlfriends were complaining about how boring their lives were and how unromantic their husbands were. Since I didn’t have a blog, I actually started writing for them, just to keep them happy and to tell them that the grass isn’t always greener on the other side. So I wrote about that particular date, and it was a hit. I continued to write about my dates, just to share where they went wrong or where I went wrong, where it felt right or where we had a moment of victory and shared something really great.

**Related Link:** [Kristen McGuinness Talks About Going on 51 Dates in 50 Weeks](#)

## **What’s the best first date you’ve ever been on?**

Well, I would have to say first date 101 is the best; he’s actually still a good friend of mine. I’ve had lots of great first dates. I’ve met a lot of amazing men who, while they weren’t *my* man, were great.

## **And the worst first date?**

Like I said above, date number 54 was the worst date. See, I like older men, so I usually go for guys who are five to ten years older than me – that’s my preferred age range. According to his online dating profile, this guy was about 10 years older than me, but when I got there, he was more like 35 years older than me and had a cane. He was hobbling across the street, and he was wearing this kind of beige leisure jacket with wine stains and grease and a wide 70’s lapel.

I was so caught off guard, but I didn’t want to be rude. So we

sat down, and he grabbed the menu and encouraged me to order some food. I only planned to have drinks, but at his insistence, I ordered the house salad. He didn't talk very much, which usually only happens when a man doesn't like you; he makes you do all the entertaining and heavy lifting in the conversation. The thing was, he *did* like me, which made it even worse. I was ready for it to be over, and of course, he sticks me with the bill. I ordered a 6 dollar house salad and ended up paying the 35 dollar tab.

Then, as we were walking out, he asks, "Do you want to know what happened, why I'm using a cane?" Mistakenly, I said, "Sure." He replies, "I was in a motorcycle accident on Friday, and well, it pinched my groin area, and my Johnson has filled with blood, so it's erect. They want to do surgery, but it could do permanent damage and might mess with my erections, so we're just going to wait to see if it'll go down. I'm telling you all of this because I'm erect right now. It will be like I'm on Viagra, so you should come home with me."

That was first date 54. I've had way better, but I haven't had any worse.

**Related Link:** [Dating: First Impressions – Part I](#)

## **Author Shares Best Relationship Advice**

**Now, we'd love to ask you for some dating tips! What relationship advice do you have for women who want to give up on their search for love?**

Don't wait until you're ready. You want to wait until the new year, until that work project is over, or until you're done with school. You want to wait until the timing is right, or even worse, until you lose the weight. Don't wait! If I would've waited until I lost the weight, I would still be

single. You're never going to feel like you're ready for this new, fun adventure. Just go for it!

**Along those lines, was there any tip that really helped you stick with it when you were feeling down about finding a relationship and love?**

I had a dating buddy, which I highly recommend. I actually had three of them, two girls and one guy. They were all single, and they all wanted to be in a relationship – two important qualities in a dating buddy. A terrible dating buddy is someone who is married or attached because they don't remember what it was like to date and don't have enough sympathy. Another terrible dating buddy is someone who loves being single. Find someone who's in a similar place in their own life and then promise each other that you'll have each other's back, that you'll be there to listen to all the horrific details of every date, and that you'll be straight with each other.

**What's the best love advice that you've ever received?**

The best relationship advice that I've ever received is to relate to your partner like they mean well and like they care about you. In the three years that Dave and I have been together, we've always treated each other like no one's misbehaving, and by doing that, we've never been in trouble with each other.

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**Lastly, do you have anything else you'd like to share with our readers?**

Well, I have a 20-city book tour happening. I'm really excited about that. I'm leaving for San Diego, and I'll be on the road until May. That's my life for the next six months!

*You can learn more by purchasing 121 First Dates: How to Succeed at Online Dating, Fall in Love, and Live Happily Ever After (Really!) from [Amazon](#) and also visiting the author's website, [Wendy Speaks](#).*

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## **Celebrity Interview: ‘Mob Wives’ Reality TV Star Renee Graziano Says She’s “Dating and Enjoying Being Spoiled Like a Princess”**





Interview by [Lori Bizzoco](#). Written by Emily Hoff.

After five mob-tastic seasons, the VH1 reality TV show *Mob Wives* will be coming to an end. The series sixth and final season premiered last week on Wednesday, January 13th. In our exclusive [celebrity interview](#), we got the latest scoop on the drama from Renee Graziano, one of the original cast members. She reveals why she didn't want to film the show and opens up about her friendship with Natalie Guercio and her relationship and love life!

## Reality TV Star Renee Graziano Talks Final Season of *Mob Wives* in Celebrity Interview

**We can't believe it's already the last season of the show! What do you hope to leave viewers with during the final season?**

I would like to leave viewers with the knowledge that they can

also work through adversity and overcome obstacles. Never give up.

**What will you miss most about the show?**

The paycheck!

**We saw Natalie Guercio tweeted at you with her best wishes after you were reportedly hospitalized over the summer, despite altercations you two have had in the past. What is your relationship with Natalie now?**

I acknowledged that she did that, but we're not friends and never will be. That ship has sailed.

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**There was some speculations that you would be leaving the show due to health concerns. Were you really debating about filming this season?**

I had let the bullshit get the best of me for a minute, which caused me to want to leave. However, I am back in the saddle and happily riding off into the sunset.

**Is it true you stopped filming mid-show because of drama with Drita?**

Absolutely not. I have nothing to do with the Drita drama for once.

**What made you decide to stay on the show?**

I started with my sister and will finish with my sister because that's what family does.

**Related Link:** ['Mob Wives' Star Renee Graziano on New Book, Possible Spin-Off Reality TV Show and Dating Italian Men!](#)

**Can we be expecting to see you on the small screen again? Any**



## **spin-offs in the making?**

You'll definitely be seeing me in a few other productions. So stay tuned – I'll be letting fans know shortly.

## **Is there currently someone special in your life? If so, can we expect to see them on the show?**

I still haven't found Mr. Right. However, I am dating and enjoying being spoiled like a princess...but not a mob princess this time around!

## **What relationship advice would you give other single mothers on the dating scene?**

Don't bring strangers around your kids until you're 100 percent sure it'll work.

**Related Link:** ['Mob Wives' Executive Producer Jenn Graziano Says, "I'm Not Anti-Marriage; I'm Anti-Ball and Chain!"](#)

## **What would be your perfect date night?**

My perfect date night is ordering takeout and watching a great movie, all spooned up on the couch together.

## **Any spoilers you can leave us with for this upcoming season?**

I don't give up secrets!

## **The last time we met, you had just launched your book *Playing with Fire*. How did the book do? Any plans to write another?**

My book did well. I'm actually meeting with networks to turn it into a series...fingers crossed!

## **I loved my past celebrity interview with Jenn. How is she doing? She's such a superstar with all that she's done and created.**

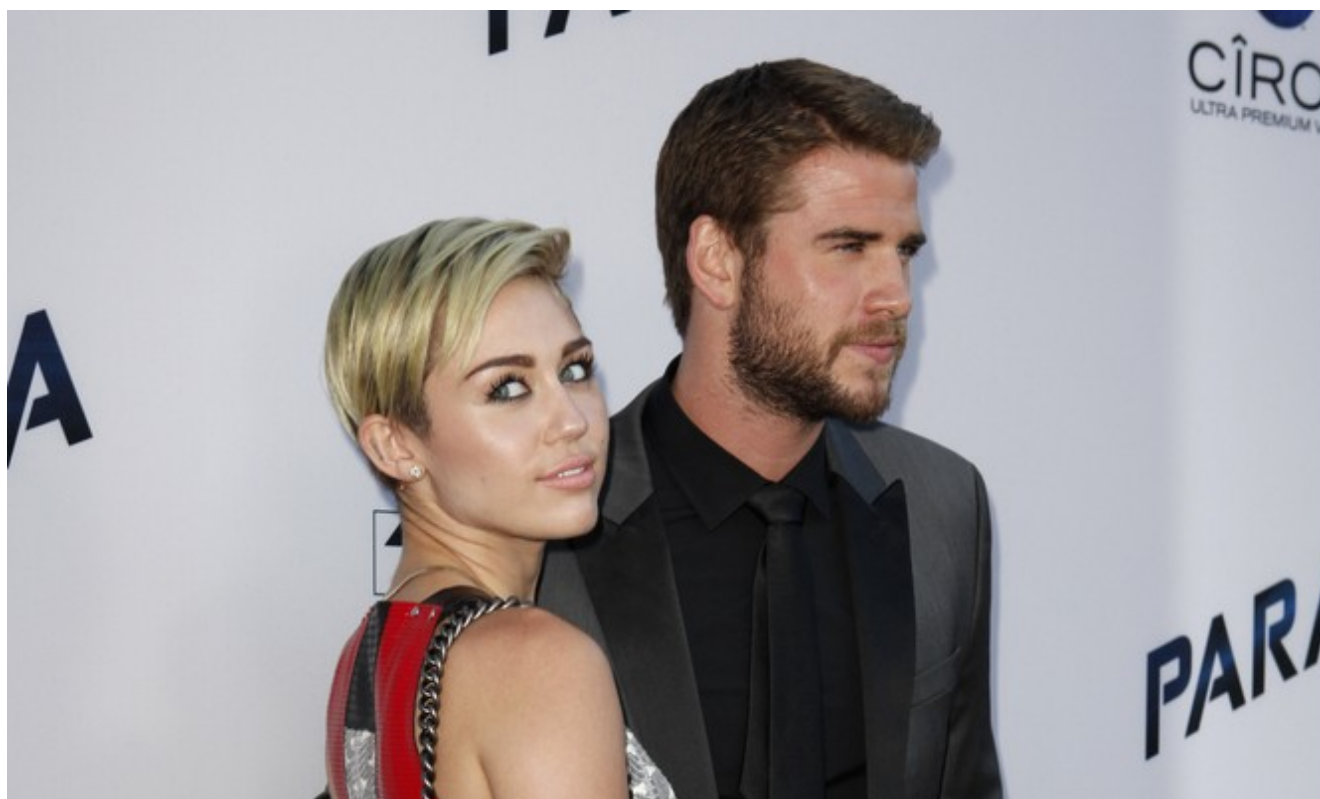
My sister is my inspiration. She's amazing and has several

projects that'll make you wanna watch more TV, so look out for them! She makes me proud.

*Be sure to watch Mob Wives on Wednesday's at 8 p.m. on VH1! Stay tuned for our upcoming interviews with Mob Wives stars Brittany Fogarty and Drita D'Avanzo!*

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## 10 Celebrity Couples Who Can't Get Divorced Or We'll Lose All Faith in Love



By Dejha Carlisle

We all love the lives of famous [celebrity couples](#). Everything about their [celebrity relationships](#) seem perfect! Their Instagram pictures and cute matching tattoos (for the edgy couples) make us wish to be in their shoes. Of course, they encompass our relationship goals, but which [celebrity couples](#) would we hate to see divorced?

## These are the top couples that Cupid would hate to see divorced, or we'd lose a little of our faith in love:

**1. Jennifer Aniston & Justin Theroux:** This couple said their "I do's" on Aug. 5. The couple got engaged on Theroux's birthday, which is pretty darn special! Their ceremony was a secret, so the couple loves their privacy.

**2. Tom Hanks & Rita Wilson:** This pair makes a good team when it comes to respect and support from one another. They manage to keep their personal business private, which is essential for a healthy, successful relationship.

**Related Link:** [Five Celebrity Couples Who Have Made Love Last](#)

**3. Goldie Hawn & Kurt Russell:** These two have an easygoing relationship that most would love to have. Though they aren't technically married, Hawn and Russell has maintained a down-to-earth love in their relationship, and you will find it hard to believe they will ever separate!

**4. Annette Bening & Warren Beatty:** What makes their relationship so special? Beatty was the biggest womanizer in the industry back in his day, that is until he met Bening. What made him choose her over everyone else? Her cool and confident composure.

**Related Link:** [Annette Bening Stars in 'The Face of Love'](#)

**5. Mary-Kate Olsen & Olivier Sarkozy:** This relationship is a very cozy one, given that many people didn't approve of their celebrity marriage. The two don't seem to mind what others think, and their love definitely seems genuine.

**6. Kevin Bacon & Kyra Sedgwick:** This couple makes it a point to keep family first, and they make sure they recognize each other's accomplishments. They know they have to compromise, and this is the main key to their successful marriage.

**Related Link:** [Kyra Sedgwick Opens Up About Why She Loves Husband Kevin Bacon](#)

**7. Jada Smith & Will Smith:** These two know how to keep their relationship fresh and spontaneous. Pinkett met Will when she auditioned for a role on *The Fresh Prince of Bel-Air*. Although she didn't get the part, she did catch his eye. This couple has been together ever since, and has had two beautiful children.

**8. Jamie Chung & Bryan Greenberg:** Greenberg declared himself a lucky man when he married Chung! Who wouldn't want their husband to feel the same way? This couple shows a lot of enthusiasm in their marriage, and many couples tend to forget that part.

**Related Link:** [Single Celebrity Susan Sarandon 'Trying to Figure Out' the Single Life](#)

**9. Denzel Washington & Paulette Pearson:** Washington and his wife met on the job, like most famous married couples. They maintained a very successful relationship, and have four children.

**10. Elton John & David Furnish:** This couple formed a civil partnership when it became legal in 2005. The two have been dedicated to their love and family ever since.

What other celebrity couples would you hate to see divorce?  
Comment below.

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## 3 Ways to Live Happily Ever After in the Face of a Love Triangle



By Abbi Comphe1

He likes you, he likes her and you both like him. So, what is there to do in a situation like this? Love triangles are always a mess and [dating advice](#) can be difficult to follow.

# Cupid has some [relationship advice](#) to help you in the face of a love triangle:

**1. You come first:** Your happiness is what matters most. Don't let your life and heart rely on someone who doesn't want to make you happy. If he can't realize how special you are, then it is time to walk away.

**Related Link:** [Dating Advice: 7 Guys You're Probably Not Going to Marry](#)

**2. Make him choose:** Don't put up with this triangle. Make him choose who he wants to be with, because you don't have time to be battling it out with another girl. You are special, and there are plenty of fish in the sea who would love to be with you. So, stand up and give him no way out besides making a choice. Hopefully his heart is in your hands.

**Related Link:** [Rachel Bilson and Scott Porter Dish on Love Triangle on 'Heart of Dixie'](#)

**3. Don't be bitter:** If it ends up that he doesn't want to be with you, don't be bitter toward the other girl. She was in the same boat as you. Just be grateful that you got out of there. Who knows what could have happened next!

**What are some good ways to get out of or fix a love triangle? Comment below.**

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# Dating Advice: 7 Guys You're Probably Not Going to Marry



By Dejha Carlisle

You've dreamt about finding the *perfect* man for so long! You finally meet him, but what if he's not what you expected? Cupid has some pieces of [dating advice](#) so you can save yourself some headaches.

**Cupid has relationship advice to help you see what types of guys you need to steer clear from!**

**1. The guy who forgets your birthday:** This guy doesn't

remember your age, is empty-handed on your anniversaries, and can't recall if you were born in June or July. A simple thing such as a birthday can make a huge impact on whether or not to date Mr. Forgetful. If he can't remember the day you were born, do you think he'll remember your wedding date?

**Related Link:** [Expert Dating Advice: Top Four Places to Meet Mr. Right](#)

**2. The self-righteous guy:** This man is walking "perfection". He doesn't drink, smoke, curse, or anything else that may seem vulgar to him. You'll know you're dating him if he criticizes anything you do, even something as small as ordering dessert. He may as well be your father!

**3. The jerk:** He's rude, offensive, and probably dishonest to those around you, but not necessarily to you. Want to know how to point this guy out? Pay attention to what he says when your group of friends or loved ones are around.

**Related Link:** [Dating Advice for Women: Getting Out of Your Dating Rut & Find the Right Man](#)

**4. Mr. Cheapskate:** This guy is probably the worst of them all! You know you are dating a cheap guy when he accepts your offer to pay...on the first date. He'll never fail to suggest that it's better to get the cheap wine, and he whines daily about the tight budget he is on. Of course, he doesn't have to spend a fortune on you, but do you always have to be worrying about his financial shyness?

**5. The guy who enjoys arguing too much:** You should spend time enjoying your date, not defending yourself every few minutes. This guy, the "Arguer", stops at nothing to pick a fight with you. He doesn't value any of your opinions, and will give you a stressful experience with him.

**Related Link:** [Get Back in the Dating Game This New Year](#)



**6. The needy guy who clings to you:** This guy never keeps his feelings in check, especially the first time you meet him. He is not the suitable strong person to lean on; he'd rather lean on you all of the time. This guy will burden you with his insecurities, instead of being the firm man you need. When you're looking for a potential man, you should be seeking one who has confidence in himself.

**7. He's jealous ... even of your girlfriends:** This guy wants you to himself...and to himself only! He doesn't like the idea of you going out with the girls, and can often seem controlling at times. You'll never really have your own space with this guy, because he believes he's the only friend you need.

**What other type of guys-to-avoid have you came across? Comment below.**

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## **Relationship Advice: Authors of 'Marriage Boot Camp' Reveal How To Build A Rock Solid Relationship and Love**





By [Rebecca White](#)

Relationships and love are not easy to maintain, especially if you've been married for years. In the new self-help book by reality TV stars Jim and Elizabeth Carroll, the couple shares their best [relationship advice](#) on defeating the top 10 marriage killers and building a rock solid relationship. Their book, *Marriage Boot Camp: Defeat the Top 10 Marriage Killers and Build a Rock Solid Relationship*, will help you reignite the flames in your love life. In this exclusive author interview, the duo talks about their love advice to save your marriage.

## **Relationship Authors Open Up On Best Relationship Advice For Married Couples**

To start, we are so excited for the *Marriage Boot Camp* book to come out! How will the book be like your program and reality TV show? And how will it be different?

**Jim:** It's like the reality TV show in that it takes the reader through many of the exercises and the purposes behind them. People learn when they do things. This book makes the reader apply the tools. It's different in that this book is written so couples avoid conflict, while the TV show enhances the conflict because we have a controlled environment.

**Elizabeth:** The *Marriage Boot Camp* book takes the top 10 sources of conflict in marriage and gives you a step-by-step action plan for couples to work together. It starts with a case study of one of our couples who struggled with this particular topic. We then give you all of the background information and research needed on the topic so that you can be completely informed. Finally, we end each chapter with a do-it-yourself exercise that you can complete with or without your mate. The book is similar to the TV show in that the readers, like the celebrities, participate actively in the work. It is different from the TV show in that all of the behind-the-scenes teaching and applications are available to the reader.

**Related Link:** [Arielle Ford Gives Relationship Advice in New Book 'Turn Your Mate Into Your Soulmate'](#)

**Can you tell us about the top three marriage killers? What's your best tip for helping couples overcome them?**

**Jim and Elizabeth: Communication** – Learn to “mirror.” This is an active listening technique that requires the listener to close his mouth and open his ears. You use the phrase, “What I heard you say is...” and you mirror back what the speaker just said. The hard part is that you have to put your own thoughts, opinions, and feelings on hold temporarily and be open minded to your mates point of view. **Sex** – Understand the very real differences between male and female sexuality. Have a very frank conversation with your mate about what you want from your sex life and what you're willing to do to make that happen. It's also important to discuss your earliest sexual

experience and understand how this makes an imprint that affects you even today. **Money** – Know that money is often just the tip of the iceberg with the “real” issue lurking below. Spouses need to spend some time digging into their own psyche and understand their own financial personalities. Money can mean love, power, control, status, or freedom. Each of us leans more toward spending or saving. And you also have a unique family culture. Each of us needs to know what money means to us and then communicate this to our partners. Then get started on a budget!

**During the writing process, did you have any profound moments or epiphanies about your own marriage?**

**Jim:** We created a new drill, called “cycles,” that we used in our own marriage.

**Elizabeth:** Jim’s and my marriage is the lab for many of our Marriage Boot Camp drills. In chapter 9: Wrestling With Past, both of us had many “ah ha” moments where we came to a deeper understanding of the impact the past has on our present. We are currently working on a drill called “cycles” or “circular conflict” because we have seen a pattern when we get gridlocked and it took quite some time to untangle. We definitely want others to learn from our mistakes.

**Related Link:** [Find Your ‘Clutch’: Relationship Advice from Author Lisa Becker](#)

**In your program, you have a lot of drills and exercises for the couples to do. Which one do you believe is the most beneficial and why?**

**Jim:** The forgiveness drill is always the most powerful. It releases people to grow and move forward.

**Elizabeth:** Every exercise in our program is important but if you could only pick two areas to focus on we would suggest chapter 1 (Communication) and chapter 10 (Forgiveness). With

good communication you can solve virtually any problem, but with poor communication it's almost impossible to solve even the smallest. Chapter 1 covers a concept that we call the Marriage Boot Camp ABC's and Jim and I use this almost every day. A is for Action, B is for Belief, what you believe about the action and C is for the Consequence of your beliefs. We often say, "I think we have different B's" when we're each reacting differently to a situation, which could potentially cause conflict. Chapter 10 covers the need to forgive. As hard as we try, none of us can avoid hurting the other when you live so closely together. The only solution is to make amends and forgive anytime we fall short, but this is much deeper than you would imagine.

**To shift gears, I'd love to ask you for some relationship advice! What message do you have for readers who are struggling to keep the spark alive in their marriage?**

**Jim:** My relationship advice is to go to a marriage retreat. It is so much better than sitting around getting counseling and then fighting after every appointment.

**Elizabeth:** Nothing kills the spark like a root of bitterness. In over 20 years of Marriage Boot Camp I have never seen a spouse who said they were no longer in love with their mate who didn't carry some deep, unresolved resentment. Once you dig that out, we take couples back to the moment when they fell in love and rekindle the flame that started their journey. It works every time. It is relatively easy for people to fall in love again, but it takes discipline to constantly scrub the little viruses out.

**Related Link:** [Author Jennifer Scott Shares Timeless Lessons of Poise and Dating Advice in New Madame Chic Book](#)

**What are the top dating New Year's resolutions for 2016?**

**Jim:** Everyone always says they're going to work on their relationships and love in the next year but...why waste time

making resolutions just to fail again? Better to get off your butt and get online and do something for real.

**Elizabeth:** Instead of trying to find Mr./Ms. Right, *become* Mr./Ms. Right. Chapter 5: Personality Differences is a great place to start. Find out who you are first, then you'll know the type of mate that would be a good match for you. Get involved in community. Find people with like interests and values. Get involved with a volunteer organization. This is a great way to meet people and more importantly it will make you a more interesting person. Take online dating seriously. This is a great way to be exposed to a sizable number of people. Be open, be kind and wonderful things can happen! That's how Jim and I met!

**Lastly, do you have any other upcoming projects or anything else you'd like to share with our readers?**

**Elizabeth:** We have several more seasons of *Marriage Boot Camp* ready to be filmed and the concepts and casts are unbelievably exciting! The Marriage Boot Camp seminars continue for anyone who wants to have an exciting interactive experience of growth and healing. Co-director Ilsa Norman and I are also blogging on celebrity relationships. Finally, Ilsa Norman recently launched the Marriage Boot Camp Retreat for couples who want to keep making memories and continue to grow, while bringing fresh life into their marriages.

Marriage Boot Camp: Defeat the Top 10 Marriage Killers and Build a Rock Solid Relationship *is available now on Amazon. For more from Jim and Elizabeth Carroll, visit the Marriage Boot Camp website, [www.marriagebootcamp.com/](http://www.marriagebootcamp.com/) and read Elizabeth's blog at <http://www.mbcmotherdaughterduo.com/>.*

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# Relationship Advice: 5 Ways to Unpack Relationship Baggage



By Donna Arp Weitzman

It's virtually impossible to enter any new relationship without hauling in some personal baggage. We all have our histories—children from a former marriage, ex-spouses, ex-partners, or ex-in-laws. Your new special someone comes with emotional luggage. We all do. Even [celebrity couples](#) like Jada Pinkett-Smith and Will Smith have been there. So have Kate Capshaw, Steven Spielberg, Demi Moore, Bruce Willis, Catherine Zeta-Jones ... the list goes on. Each of them ventured into the world of new coupledness with a hearty amount of histories on

their shoulders.

## Here are 5 pieces of [relationship advice](#) to help you change your outlook, and unpack relationship baggage:

**1. First of all: Do you want to carry his bags?:** If you peer into the future and see nothing but problematic suitcases standing between you and your partner, it's time to figure out what you're going to do about it. If he's not worth the luggage, move on. But if you think he's got what it takes, get ready.

**Related Link:** [Will Smith and Jada Pinkett Smith Discuss How They Make Their Relationship Work](#)

**2. Don't view the past as a burden:** If you truly care about your partner and want to make things work long-term, don't run from the past. Welcome it. You can't shift into the future if you're stuck in the past.

**3. Remember: You have baggage, too:** Even if you don't have an ex-spouse or children from a former relationship, you aren't perfect. In an ideal world, we would meet our soul mates, fall in love, and live happily ever after. Life unscathed. But that's not how it works. There's nothing wrong with looking at someone else's luggage—just be sure to check yours, too.

**Related Link:** [Will Smith Says Family Is All About Love and Communication](#)

**4. "Divorced" doesn't mean "damaged":** Unless you're in your 20's, you can hardly throw an engagement ring without hitting a divorced guy. But just because he's divorced doesn't mean he's damaged. Think about it. He's been divorced, which means



he's been married, which means he understands what it means to commit, and what it takes to make a marriage work. (I know what you're thinking: If he knows how to make a marriage work, how come he isn't married anymore? But keep this in mind—one way to find out what works is to know what doesn't.)

**5. Don't be afraid of kids:** They aren't that scary, I promise. Yes, I know that kids come with that aforementioned ex-spouse, which means they come with a mother, which means you have to be compete. But here's the catch: You don't have to compete. They already have a mom. If your partner is worthy of serious commitment, you can't view his kids as "add-ons." They're essentials. One great thing about dating a dad is they understand and appreciate what it means to put others before yourself. If your catch is also a great father, that tells you volumes about his character.

*Donna Arp Weitzman is a wife, mother, and businesswoman who enjoys writing and a good pair of Manolo Blahniks. Donna earned her BSE and MSE in Counseling from Midwestern State University and completed the Harvard Business School OPM Management Program. Weitzman has served as a mayor and leader in local city government and continues to serve the greater Dallas community in a variety of civic and cultural roles. However, it's the lessons she has learned in the school of life that she most wants to share with others. Cinderella Has Cellulite is Weitzman's first book and has been adapted into a screenplay, which is currently being optioned for a major cable TV series. Her writing has previously been published as a columnist for The News and Times, Tri-Cities, and she's recently been interviewed on Good Morning Texas and KDFW. As a frequent public speaker, she enjoys making others laugh and opening their eyes to a new perspective on some of life's most challenging experiences.*

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# Arielle Ford Gives Relationship Advice in New Book 'Turn Your Mate Into Your Soulmate'



Interview by [Rebecca White](#). Written by [Emma Malefakis](#).

One thing that can be even harder than finding “The One,” is staying with them. In her new self-help relationship book, New York Times best selling author Arielle Ford shares 16 simple yet exciting steps to reignite the flames in your relationship and love. In her new book *Turn Your Mate Into Your Soulmate*,

Ford says that you can reinvigorate your love life no matter how extinct you may think it is. In this exclusive author interview Ford opens up about her own marriage, talks about her favorite celebrity relationships, and gives her best date ideas and [relationship advice](#).

## **Arielle Ford Shares Best Relationship Advice and Dating Tips**

**How would you say you became a better partner in your own relationship?**

The first thing I really had to do was learn how to communicate. I grew up in a home where everyone yelled at each other, which I didn't realize is actually a really ineffective way to get your needs met. There was so much I didn't know. I thought love was just a feeling, but love is also a behavior, decision, choice, and commitment. There will be days you are with your beloved and you don't like them very much, but that doesn't mean you don't love them. When you're not feeling the love the assumption is that something is wrong, but the better assumption to make is that this is normal. There are studies that say every couple has a minimum of 9 irreconcilable differences. So you really need to learn how to communicate. You have to realize what the issues are and be vulnerable enough to share them with each other. What I hope this book does for people is get them to see that in order to have a really healthy, happy, long lasting relationship, you need more than just chemistry.

**Why do you think people put so much pressure on themselves to find a soulmate? Do you think it's really *that* important?**

I think we're designed as human beings to share our lives with another person and I think it's possible for everyone. If you have a desire for something, that in itself is proof that it's

meant to be yours. The thing that gets in the way for most people is their beliefs. They believe there is only one soulmate for everyone, which isn't true. There are hundreds of potential soulmates for everyone, but you have to open yourself up, become vulnerable, and understand that it's a process. I talked to one woman who did online dating for 3 years and said she went on 79 first dates, until she had 'the one.' I asked her if it was all worth it and she said absolutely, she never thought she could be that happy. So many people give up when they just didn't get to the finish line yet. Maybe the timing wasn't right. Maybe the guy who is right for you is in the middle of a divorce, or a big move, or going through big business pressures – but he's out there, I know he's out there.

**Related Link:** [Most Popular Girl In New York City Shares Online Dating And Relationship Advice in New Book](#)

***Turn Your Mate Into Your Soulmate* includes 16 fun ways to reignite the passionate spark. Do you have a favorite one?**

Well when you're in love with somebody it can literally be measured by a CAT scan by which parts of your brain light up when asked about your partner. So the chemicals are always there whether or not you're feeling them. If you get to the point where you're not feeling them at all, one thing you can do is get your partner and mutually decide to do something together that you both perceive as life threatening, like skydiving, zip lining, or a scary roller coaster ride. Do something that is going to give both of you a big adrenaline rush, and that will instantly kick start your brain chemistry to make you feel more in love and more passionate again.

**What are some good date ideas that can reignite the flames of a long-term relationship?**

I would say anything that is new and different. I believe that you should have a regular standing date night that is non-

negotiable. And I believe you should make dates for sex. Date night is about just the two of you getting out of the house, doing something new, and having the time to talk. Sex dates can be short. They don't have to be a big ordeal. I think you should have a sex date even if you don't necessarily want to, because it's kind of like riding a bike. You may not feel it or be in the mood to have sex, but one of you does, so for the health benefits for your partner show up anyway, and once you get into it, you'll end up enjoying it. The other thing I would say is approach your mate with curiosity. Don't assume you already know everything about them. Ask them things you haven't asked them in years.

**What would be your best piece of relationship advice for someone struggling to find the perfect partner?**

In quantum physics there's something called the unified field. In the unified field, past, present, and future all exist at one time, and everybody and everything is already connected molecularly. There is nothing and no one to whom you're not connected. So you are already connected to your soulmate on the unseen level. You don't know their name, you don't know who they are, you don't know when you're going to meet them, but you can start the relationship right now today. That's what I did with Brian. Even though I didn't know him, I decided to start the relationship in my mind, talking to him everyday and sharing my life with him in my imagination. That's why I believe that when we met on the physical plane it was this instantaneous recognition. It's something I call love before first sight. So if you're living like it's not going to happen for you, it's not going to happen. But if you are willing to use your imagination and trust, know, and believe your soulmate is not only out there, but also looking for you too, you can pull them in much faster.

**Related Link:** [Relationship Author Dr. Tara Fields' Love Advice: "The Happiest Couples Don't Necessarily Have More Or Less Conflict"](#)

## **What is your best dating tip to help your readers establish healthy romantic relationships?**

Practice kindness. Be as loving, generous, kind, and compassionate to your partner as you can possibly be. We are all doing the best we can. Kindness goes so much further. If you're angry and upset, it's impossible for your partner to be happy, especially if he is a masculine male. Happiness is an inside job. It's about personal responsibility. Your soulmate can add happiness to your life, but they can't make you happy. Only you can make you happy. To be a great partner you have to take care of yourself first.

## **Can you tell us which famous couple you think demonstrates a good example of a healthy partnership and why?**

Michelle and Barack Obama definitely, politics aside. They have tremendous love for each other. All you have to do is look at pictures of them together, and it is evident that they love, respect and support each other. I think they are terrific role models. In the Hollywood scene, the celebrity couple I really admire is Tom Hanks and Rita Wilson. I think they are the real deal as well. Celebrities have a hard time because you can only have one rock star per couple, so with two big egos in the same relationship there is a give and take dynamic, and only one really gets nurtured.

## **Are there any upcoming projects that you'd like to share with our readers?**

I'm starting my book tour in a couple of weeks so I'll be in New York at the Open Center January 12th doing a workshop. I've also got a ton of free bonuses for people who buy the book. There are also some videos on the [MateToSoulMate.com](http://MateToSoulMate.com) from other experts on the topic, so check it out!

*You can purchase [Turn Your Mate Into Your Soulmate](#) on Amazon. For more about author Arielle Ford, visit her*

# Celebrity News: Wendy Williams Talks Celebrity Mom Kelly Rutherford Losing Custody Battle & Appeal!



By [Emma Malefakis](#)

Today, the one and only Wendy Williams sent the CupidsPulse.com team another SHOUT OUT, asking for our readers opinion on the final ruling in celebrity mom Kelly Rutherford's custody battle with ex-husband, Daniel Giersch.

As many of you know from watching this intense celebrity news and gossip play out over the past six years, the celebrity couple divorced in 2010, just four years after they met. The international custody battle has been going on ever since.

**Related Link:** [Wendy Williams Gives Gavin Rossdale A Piece of Her Mind Surrounding New Celebrity Couple Gwen Stefani & Blake Shelton!](#)

The six year battle has finally come to an end for the moment and not in Rutherford's favor, even after she was said to have spent \$1.5 million on legal fees. Rutherford's ex-husband, Giersch has been awarded full custody of their two children, six-year-old Helena and nine-year-old, Hermes. The celebrity mom will only be allowed to visit her children in Monaco or France.

## **Breaking Celebrity News: Kelly Rutherford loses appeal by the U.S. Courts following custody battle.**

**Related Link:** ['Gossip Girl' Star Kelly Rutherford Gets a Court Date for Marital Battles](#)

Many believe the *Gossip Girl* star's actions in August are what lost her the case. Rutherford disobeyed a Monaco court order and tried to keep her children in New York over the summer, Giersch and his lawyers accused her of child abduction and kidnapping. Watch the clip above to hear what Wendy has to say about this celebrity news and hot topic, and then share your opinion below!



At the end of the day, we find the agreement to be a little harsh. No mother should be taken away from her children unless of course she is creating harm to them.

Please comment below and let us know what you think.

**What do you think about celebrity mom Kelly Rutherford losing both her custody battle and appeal?**

It's Wendy's Holiday Gift Grab!

Watch The Wendy Williams Show weekdays through December 18, 2015 and follow [@WendyWilliams](https://twitter.com/WendyWilliams) on Twitter for details on how to win one of this year's hottest gifts!

**NO PURCHASE NECESSARY.** Sweepstakes starts 12/17/15 10:30 a.m. ET and ends 12/18/15 10:00 a.m. ET. Subject to Official Rules available at <http://community.wendyshow.com/giftgrabrules>.

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## **Celebrity Photo Gallery: 15 Stars Who Are Surprisingly Related**





Page 1 of 15



Oliver and Kate Hudson

It's easy to see the family resemblance between the 'Almost

Famous' actress and celebrity mom Goldie Hawn, but did you know her older brother Oliver is also an actor? Most recently, he appeared in 'Nashville' and 'Scream Queens.' Photo: Girlie/FAMEFLYNET PICTURES

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## **Celebrity Interview: 'Flesh and Bone' star Karell Williams Talks Relationship Advice Saying, "Be True, Be Real, Be Vulnerable"**





Interview by [Rebecca White](#). Written by [Emma Malefakis](#).

If you're a fan of dancing and the arts, you may know the up and coming celebrity actor Karell Williams from the Starz mini-drama *Flesh and Bone*, which is a fictional series about dancers caught in the cut-throat world of professional ballet. From freelance performing, to teaching, and now acting, Williams is determined to do it all. *Flesh and Bone* premiered this November, and has already received a Golden Globe nomination. We recently chatted with the star in our exclusive [celebrity interview](#) about his experience transitioning to on-screen acting, and he also gave his best career and relationship advice.

## **Celebrity Interview: Karell Williams Shares Career and Relationship Advice**

Williams has always been passionate about dancing but has recently shifted to acting as well. As for how he ended up on

the small screen, he explains “I wanted to challenge myself artistically in another way.” He moved back to New York where he was focused on becoming a triple threat: singer, dancer, and actor. Then he heard about the *Flesh and Bones* auditions. “It wasn’t until then that I realized this was really something I wanted to do,” the ambitious dancer shares.

**Related Link:** [Celebrity Interview: SYTYCD Winner Gaby Diaz Says “I’m All Dance Before Romance”](#)

Switching career paths can definitely be difficult. Williams advice for anyone wanting to branch into something new would be “you only live once, so push yourself through it.” He agrees that in this day and age, professionals need to be able to do everything, not just what their job description entails. “You need to explore all facets of your abilities,” he says. “Don’t be scared. Take the leap of faith and your work ethic will proceed you.” And yes, there may be challenges with the transition. “I don’t see them as difficulties, but more as experiences and challenges,” says Williams. “Performing on-stage and performing for the camera are different and each comes with its own challenges, but I like challenges.” While difficulties aren’t always something to shy away from, there’s no doubt there are certain fears and anxieties that come along with them.

However, Williams says there wasn’t much anxiety for him when signing on to this particular project. “Truth be told I didn’t really know what I was getting into,” he says. It wasn’t until he started auditioning that he realized Moira Walley-Beckett was the writer of the series, the same writer and producer of the top rated hit show *Breaking Bad*. It wasn’t until the dance portion of his audition among some of the best dancers in New York City with cameras recording the whole thing that the aspiring actor realized what a big deal and opportunity he was immersing himself in.

**Related Article:** [‘Married to Medicine’ Reality TV star Jill](#)

## [Connors on Relationships and Love](#)

This opportunity worked out in the dancer's favor, as he landed the role of Trey, a trendy, feisty, free spirit in the ballet world. "Trey and I are completely different," he says. "He's mean and bitchy, and I'm not really like that." However, he will admit that him and Trey share the same trendy style. Trey certainly brings the drama in the show, so Williams gave us some dating advice on how to deal with drama in real life, specifically when it comes to relationships and love. He says he lives by the quote "society has become so fake the truth actually bothers people." His best relationship advice is "to be appreciative and present in your relationship and never forget to communicate. Never mute who you are to make someone else comfortable. You have to be true, be real, be vulnerable, and be authentic."

**Related Article:** [Alison Sweeney Talks Relationships and Love in Celebrity Interview](#)

When it comes to making time for your partner in order to put this relationship advice to the test, the busy actor says it's as simple as prioritizing. "Yes I'm busy, but I'm not the busiest man in the world," he says. "If Obama can tuck in his kids and give Michelle a kiss goodnight, then I have no excuse!" he added with a laugh. "You have to make sure you make time for what comes first, the people who mean the most to you, or your career." In our celebrity interview, Williams says he will be prioritizing his friends and family this holiday season. He admits he rarely cooks, so potlucks with a few of his best friends will be as good as it gets.

## **Karell Williams Talks Date Night**

Holiday dinners aren't the only things he likes to keep simple. Williams also believes less is more when it comes to winter [date ideas](#). His dating advice is to "keep it simple, Netflix and chill baby! At the end of the day it's all about

who you're with, not what you do." We can definitely agree that as long as you're with someone you love and care about, you're guaranteed a great time. As Williams liked to put it, "it's not about location, it's about company."

Don't have a Netflix subscription? No worries, you can *Starz* and chill for the *Flesh and Bone* season finale. "I'd say expect the unexpected," the show's star excitedly tells us. We can also expect a big dance number at the end of the episode! The finale airs on December 27<sup>th</sup> at 8 p.m. on *Starz*.

*To keep up with Karell Williams, follow him on [www.facebook.com/KarWill1?fref=ts](http://www.facebook.com/KarWill1?fref=ts).*

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# **Celebrity News: Tom Postilio & Mickey Conlon Host Celebrity Celebration For Sinatra 100 Holiday Spectacular**





By Kyanah Murphy

## **Tom Postilio & Mickey Conlon Host: Sinatra 100 Holiday Spectacular!**

Here's some [celebrity news](#): New York personalities, style icons and real estate 'superbrokers' Tom Postilio & Mickey Conlon hosted their annual holiday spectacular on Tuesday, Dec. 8. The evening honored Frank Sinatra's 100th birthday. The Sinatra 100 Holiday Spectacular is the first among many celebrations taking place across the country honoring Frank's 100th.

The evening was dedicated to raising awareness for the Great American Songbook Foundation, a non-profit organization with a mission to inspire and educate by celebrating the Great American Songbook. Tom Postilio serves on the Board of Directors, a national group of dedicated volunteers who work to protect, preserve and promote "America's Music." Tom & Mickey are self-proclaimed Sinatra enthusiasts and therefore chose to honor his life and music in an evening completely



dedicated to his legacy, in the style in which Frank lived his life.

**The evening featured:**

- Tom & Mickey took the stage to perform classic Sinatra standards along with the 16-piece Sinatra 100 Orchestra.
- Special guest Michael Feinstein, American singer, pianist, and music revivalist performed as well.
- The evening raised awareness for Michael Feinstein's Great American Songbook Foundation, a non-profit organization dedicated to the preservation and promotion of the music of the Great American Songbook, the body of work that Sinatra raised to a new art form. Tom & Mickey presented Michael Feinstein with a check for \$5,000 at the event for the cause.
- A Sinatra memorabilia gallery was set up so attendees could see first-hand a pair of snowshoes that Sammy Davis, Jr. gave to Frank Sinatra when he purchased his first home in Palm Springs, cufflinks that were hand-painted by the legendary crooner, the first drawing done of Sinatra by Al Hirschfeld (signed by Hirschfeld), and a lithograph of Sinatra's "Desert," number 12 of 100, signed by Sinatra, which he had made as gifts exclusively for friends and family.

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## **Celebrity Interview: 'Fuller House' Actress Lori Loughlin Talks About the Holidays &**

# Her 'Tight Knit Family'



Interview by [Lori Bizzoco](#). Written by [Whitney Johnson](#).

Of all the roles she's played, Lori Loughlin is most proud of the one she takes on at home: that of wife and mother. Of course, it's not always easy to balance her busy career with her family life. "One day at a time – you do the best you can," she candidly shares in our [celebrity interview](#). "Some things fall through the cracks, but you know, I have a wonderful husband, and he's always on board... Somehow, we make it work."

"We're a tight knit family," she adds of husband Mossimo Giannulli, daughters Olivia and Isabella, and stepson Gianni.

**Related Link:** ['Full House' Actress Candace Cameron Bure Talks Motherhood](#)

Now that her girls are older, the family dynamic has changed. “That’s a whole new chapter – teenage daughters,” Loughlin says with a laugh. “It’s great. For the most part, my girls are really good girls.”

Sharing a piece of parenting advice, she encourages you to always communicate with your kids, saying, “I think it’s important to keep talking to teenagers, and somewhere in there, it’ll sink in.”

On Friday date nights, the celebrity couple, who has been married for 18 years, likes to keep things simple, often eating at restaurants close to home. “It’s so funny: You can be married and live in the same house with somebody, but life can be so busy that you feel like you don’t get to have a conversation with that person,” the actress shares. “It’s important to take the time to stop, sit down, have a meal together, and have a conversation – keep communicating.”

## **Lori Loughlin Shares Her Best Tips for Holiday Gift Giving in Celebrity Interview**

This holiday season, the actress is teaming up with Walgreens to help you check everyone off of your gift-giving list. “It’s one of my favorite places to shop. They’re doing incredible gifts this season, just thoughtful gifts that will bring unexpected joy to a lot of people in your life,” she explains in our celebrity interview. “It’s one-stop shopping.” She particularly likes the customizable photo gift options, including ornaments and coffee mugs.

**Related Link:** [Celebrity Interview: Candace Cameron Bure Says “Dance Parties” Are Her Favorite Family Activity](#)

Fans went crazy when the *Full House* revival *Fuller House* was announced earlier this year. The 13-episode series, which will

premiere on Netflix in spring 2016, wouldn't be complete without an appearance from Aunt Becky. "We already shot it, and we had the best time," Loughlin shares.

*You can keep up with Loughlin on Twitter @LoriLoughlin and [www.facebook.com/loriloughlin](http://www.facebook.com/loriloughlin). Check out [Walgreens.com](http://Walgreens.com) for all of your gift-giving needs!*

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## **Relationship Advice From 'The Best Party of Our Lives' Author Sarah Galvin: "Love is the Same for Everybody"**





Interview by [Rebecca White](#). Written by [Emma Malefakis](#).

Same-sex marriage was legalized in June, marking 2015 as a big year for the LGBT community. *The Three Einstein's* author and writer for *The Stranger* newspaper, Sarah Galvin, just finished her latest book *The Best Part of Our Lives: Stories of Gay Weddings and True Love to Inspire Us All* which was released on Dec. 15. The book is a collection of true stories about gay weddings and relationships and love, which demonstrates how LGBT couples have overcome cultural, societal, and personal obstacles. Each chapter follows a different couple's journey from engagements, to tying the knot, to honeymoons, and more. The book offers a different perspective of marriage, offering insight on different wedding traditions the gay community has made on their own, and reminds readers about the significance of such public celebrations of love. In our exclusive interview with the author, Galvin doesn't only share her [relationship advice](#), but also talks about her experience of figuring out her own sexuality and gender identity.

# Author Shares Relationship Advice and Experience with Love

**What inspired you to write *The Best Party of Our Lives*, and what messages do you hope readers take from it?**

I had been writing this wedding column for *The Stranger* newspaper and it gave me a different look at weddings that I've never had before. I really got inspired from that. I hope what really resonates with readers is the celebration of same-sex marriage becoming legal and what a huge moment that was in history. Also, it doesn't matter who you are, love is the same for everybody.

**Related Link:** [Lena Dunham Puts Off Celebrity Wedding in Support of Marriage Equality](#)

**Which love story really stood out to you or was your favorite to explore and why?**

There was a couple Jim and Sterling who had been together for 50 years before they got married. They were both middle school teachers and taught at the same school for about 20 years. They had a lot of crazy stories. At one point they decided to breed Arabian horses together, but nobody would buy them, so they just lived on a farm with horses and a bunch of chickens. In my eyes they have the ideal relationship. They have been through so much together. They had been together in the 60's, but during that time they had to hide so much. The story of their wedding, having all these people to come together to finally celebrate something they had to hide for so long, I just thought was very moving.

**What was your biggest struggle in figuring out your own sexuality/gender identity/coming out?**

I guess just the fact that I turned out to be very complicated. It wasn't just that I was gay, I'm also gender-

queer as well. At first I was just like a lot of other kids and thought “oh I’m just gay.” But then I found out my gender was much more complicated. Honestly being gay is one of the least interesting aspects of sexuality. It turns out to not be very vanilla, so that’s a whole other thing to figure out.

**What relationship advice would you give someone confused about his or her sexuality or gender?**

Well everyone is, so try not to feel too stressed about it. Gender is not a binary. I think that’s something that people really tend to get stressed out over because they realize they don’t fit into one of those two categories and the truth is most people don’t fit into them. Trying to figure out who you are is something that takes your whole life. As far as sexuality is concerned, I think that is cumulatively evolving for most people. I would say don’t think you have to figure out everything at once. Just live your life and try to focus on what makes you comfortable and what makes you happy.

**Related Link:** [Matt Bomer Reveals He Married Partner Simon Halls 3 Years Ago](#)

**Your unique style and confidence is your staple. How have you become so comfortable in your own skin and what advice would you give someone struggling with that?**

I have my parents to thank for that to some degree. They have been very accepting and cultivated confidence in me. They’re very non-judgmental people. You also need to have a certain degree of confidence to be a good artist. You have to have conviction to invest a certain amount of energy in what you’re doing. Like stage presence for example, no one wants to see a performer stumbling around on stage afraid of who they are and afraid of the audience. If you’re performing and you screw up, just keep dancing. You look better failing spectacularly than making it obvious that you’re afraid of what you’re doing.

**Being confident in yourself is an important part of any**

**relationship. What else would you say is an important aspect in a romantic relationship?**

Confidence helps for a variety of reasons, but I'd say the most important dating advice is that you make sure you treat yourself conditionally. You could pretty much tell by a person's behavior towards other people the way they treat themselves. My love advice is that you have to learn how to be a good partner to yourself before you could be one to other people.

**Do you have any upcoming projects that you'd like to share with our readers?**

I am working on a new poetry book. I started writing it over the summer. It's going to be a mixture of different types of poems. That's one of the reasons I like poetry so much, when I sit down to start to write, I never know what I'm going to write about, it's a series of surprises.

*You can learn more about purchasing Sarah Galvin's new book The Best Party Of Our Lives from Amazon. If you're looking for more on Sarah Galvin, check out her articles for The Stranger.*

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## **Celebrity Babies Ride In Style With The Diono Pacifica Car Seat**







*This post is sponsored by Diono.*

By [Emma Malefakis](#)

We are all familiar with the hustle and bustle of the holiday season. There's no doubt that this time of year requires more traveling than usual. Between car rides from one holiday party to the next and long plane rides to visit family living far away, most of your time is spent on the go. Next time you prepare the kids for a long trip, don't do it without the [Diono Pacifica Convertible and Booster Car Seat](#). In the latest celebrity baby news, Hollywood couple Alessandra Ambrosio and Jamie Mazur choose the Diono Pacifica's style and safety for their [celebrity baby](#).

## **Every Child is Treated Like a Celebrity Baby with the Diono Pacifica Car Seat**

The new Diono Pacifica car seat brings safety to a whole new

level with its full steel frame and reinforced extra side wall cushioning for enhanced impact protection from all angles. The Diono Pacifica is perfect for little travelers of different ages and sizes. Its rear facing capabilities protect children who are anywhere between 5 to 50 pounds. Forward facing, it comfortably seats children anywhere from 20-90 lbs with a 5-point harness. The Diono Pacifica is a purchase that will last for years. It even converts into a booster seat as your children grow from 50-120 pounds, or up to 57 inches.

Installation is far from difficult with its unique SuperLATCH system and removing the seat is just as easy. No reason to rethink date night when you can easily remove the seat and give it to your relatives or sitter, if needed. The Diono Pacifica folds flat for travel and is FAA certified, so vacations can be less stressful. Its unique space saving design provides a spacious interior for your child while allowing extra space for other passengers in your growing family. The Safety Synergy technology is also NCAP crash tested, verifying child seat performance in even the most severe accident conditions, ensuring the safest travels for your children.

**GIVEAWAY ALERT:** One lucky reader will now have the chance to own a Diono Pacifica Convertible and Booster Car Seat (Retail Value \$340) just by entering our giveaway! To enter our giveaway complete the form on our [Contact Page](#). Pick "Giveaways" in the dropdown menu and include your name and address as well as "Diono Pacifica Convertible and Booster Car Seat" in the message field. You'll also need to follow us on [Facebook](#), and comment on our Diono Pacifica post. Our giveaway ends at 5 p.m. on Dec. 21.

Wishing you the best of luck!

*For more details on the Diono Pacifica Car Seat, check out Diono's [www.facebook.com/DionoUSA/?fref=ts](http://www.facebook.com/DionoUSA/?fref=ts), Twitter @DionoUSA, and [www.instagram.com/dionousa/](http://www.instagram.com/dionousa/).*

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# Find Your 'Clutch': Relationship Advice from Author Lisa Becker



By Samantha Vlahos

Being a single gal gets difficult from time to time. There are only so many failed date ideas one can endure before wanting to give up on the idea of finding the one. Lisa Becker's hit new romance chick lit, titled *clutch: a novel*, follows protagonist Caroline Johnson as she endures many dating misadventures. The single purse designer compares her unsuccessful relationships and love to different styles of

handbags, and with her best friend by her side, she wears her heart on her sleeve and continues to search for her “clutch,” that special someone that she wants to hang onto.

In our exclusive author interview, the dating expert gives us a glimpse behind the evolution of *clutch* and reveals her best [relationship advice](#) about online dating and having the courage to find true love. And the best part? If you’re still searching for the perfect gift this holiday season, the Takashi bag by Harper Avenue is a must-have holiday item. Use the discount code below for 20 percent off!



The Takashi bag by Harper Avenue.

## Relationship Advice to Help You Find Your Clutch

We’re so excited to read your fourth book *clutch: a novel!* What inspired you to write about Caroline and her dating misadventures?

I'm a sucker for a good love story and enjoy creating fun and engaging tales that are filled with lots of heart and humor.

**Why did you decide to compare men to handbags?**

When I was writing the *Click* trilogy, (*Click: An Online Love Story*, *Double Click*, and *Right Click*), I was obsessed with *NCIS* re-runs and would have the show on in the background as I wrote. There was an episode when one of the characters mentioned that men were like purses: something useless to hang on a woman's arm. I started thinking about that, and the idea grew from there. I believe that everyone deserves a happily ever after and would like to think there's a "clutch," or someone worth holding onto, out there for everyone.

**Related Link:** [Clicking to Find Love](#)

**What surprising revelations about love does Caroline learn throughout the novel?**

Throughout her handbag-themed journey to find her "clutch," Caroline learns a few important lessons. Most notably, she realizes that being able to talk honestly with your partner is the cornerstone of a solid relationship. Also, there's never anything wrong with being with someone that makes you happy.

**What is the main message that you hope readers take away from your book?**

Sometimes, the love you want, deserve, and need is right there in front of you all along. You just need to be open to it.

**You've been married for over 10 years. How does that influence or help shape your writing?**

I never thought I would get married, so some days, I still pinch myself that I've got a loving, hilarious, and intelligent husband. Writing these books reminds me of how lucky I am to have met him.

**What suggestions do you have for women who repeatedly find themselves on unsuccessful dates or are searching for the courage to find love?**

In the modern classic film, *The Shawshank Redemption*, Tim Robbins' character, Andy Dufresne, says, "Get busy living or get busy dying." That quote comes to mind when I think about searching for the "clutch." If you feel like it's not going to happen, then my relationship advice is to just give up. You heard me. GIVE UP! Surrender to that notion that you'll end up alone. If that's truly the case, do you want to spend the next 30, 40, or even 50-plus years wallowing in misery? Sitting around and lamenting your singleness? Or are you going to get busy living? Buy your own home. Travel to all of the places you want to visit. Adopt a child. Write that novel. Engage in hobbies and activities that bring you joy.

Chances are, when you start focusing on *what* will make you happy – not *who* will make you happy – you *WILL* be happy. Happiness is evident and infectious. Happiness makes you more interesting and more attractive to someone else. And when that happens, you're more likely to meet the right person who's going to complement the amazing life you've created for yourself.

**Related Link:** [Four Dates and a Wedding](#)

**You met your husband through an online dating site. What is your best tip for our readers who are struggling to get past the creeps and find a genuine guy?**

Connecting with the right person online starts with you. When writing your online profile, be honest. Don't say you're an exercise junkie if you're really a couch potato. Don't post a photo from 10 years earlier. Don't downplay your intelligence or success because you think men will be intimidated by the real you. While you might garner a lot of interest early on, the truth will eventually come out. Nothing stunts a budding

relationship and love more than deception and lies.

Also, my love advice is to let your personality shine through and be specific about the things that make you special, including hobbies and interests. It's your chance to make a positive first impression while being in complete control of the messages you are delivering.

The main character in my novel, *Click: An Online Love Story*, writes in her profile: "I cry at Hallmark commercials, sing (sometimes off key) with the radio while driving, own more pairs of black shoes than should be legal, and my fear of flying is rivaled only by my love for chocolate." My relationship advice is to tell someone who you *really* are, including your sense of humor, interests and confidence level. Be creative!

**You balance working and writing with being a full-time mom – not an easy task! Any advice for other working moms?**

Organization is key! I have a master to-do list that I update weekly to keep track of school projects, sports practices and games, and after-school activities as well as all of my personal deadlines and appointments. I also use a spreadsheet to map out meals for the week along with groceries needed so that I never have to worry about what to make for dinner or spend time making multiple trips per week to the store. Shopping online is also a big time saver. If I'm writing and enduring a bit of writer's block, I can quickly click over to Amazon and order things I need.

**What would we find if we looked in your handbag right now?**

Aside from the standard wallet, keys, sunglasses, and hand sanitizer, you'll always find snacks for the kids. Never (ever!) leave home without snacks for the kids.

**Related Link:** [Looking for Love is Like a Job Search](#)

**If you were given an offer to turn *clutch* into a movie, who would you want to see playing the roles of Caroline and Mike?**

I think Eloise Mumford, who played Kate in *Fifty Shades of Grey*, would make an outstanding Caroline. She has the right mixture of warmth, gumption, vulnerability, and beauty to bring this character to life. I still can't decide on who would play Mike, although I know I'd love to sit in on those casting sessions.

**Do you have any other upcoming projects or anything else you'd like to share with our readers?**

*clutch* actually started out as a screenplay that was under option at a major studio, but it fell out of development. I turned it into a short novel so I could share this charming and hilarious tale. I'm eager to see if there's interest from someone else on bringing this fun and quirky story to the big screen. So if you happen to be a well-to-do movie producer looking to make a new romantic comedy, please get in touch!

*Purchase *clutch*: a novel on Amazon. You can use the discount code **cupidandclutch** for 20% off of your total purchase at Harper Avenue and free shipping through December 24th. For more on Lisa Becker, visit her site and check her out on [Twitter](#) @lisawbecker, [www.facebook.com/ClickAnOnlineLoveStory/?ref=hland](http://www.facebook.com/ClickAnOnlineLoveStory/?ref=hland) and [www.pinterest.com/lisawbecker/](http://www.pinterest.com/lisawbecker/).*

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**Celebrity Photo Gallery:**



# Famous Couples That Co-Parent





Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career.

Photo: Charles Norfleet / PR Photos

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## Secret Celebrity Weddings





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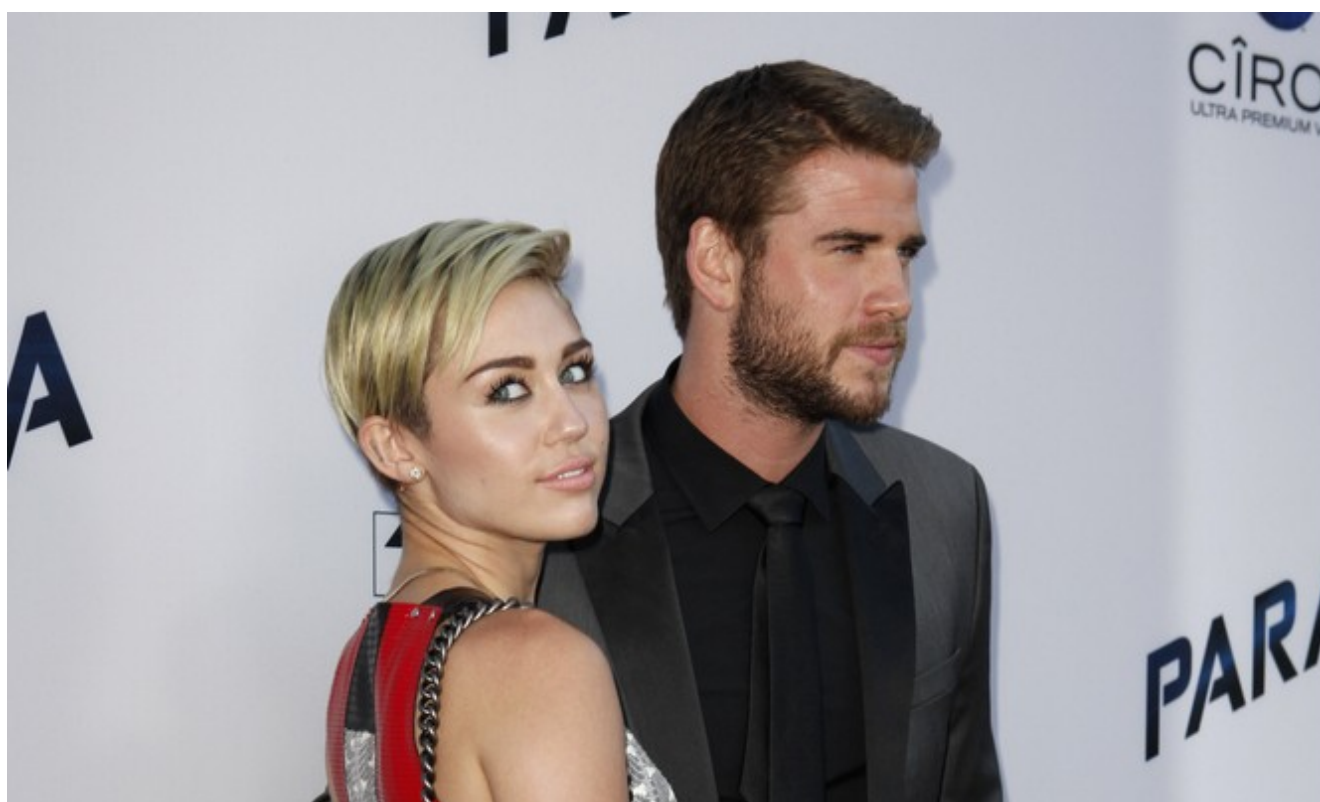


Justin Theroux and Jennifer Aniston  
After a three-year engagement, this celebrity couple finally tied the knot in a secret celebrity wedding at their Bel Air

home. They surprised their famous friends -- like Lisa Kudrow and Ellen DeGeneres -- by claiming it was a birthday party for Theroux. Photo: Emiley Schweich / PR Photos

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# Dating Advice: Don't Be Afraid to Sparkle During the Holidays—Even If You are Single



By Cathy Maxwell

No one special in your life? The holidays can be tough for single celebrities and non-celebrities alike. Many activities around this time can intensify whatever doubts we are feeling about ourselves or our relationship status, if we let them. The main piece of [dating advice](#) is to enjoy all the fun of gatherings without the angst of being the odd man out. Or worse, wallowing in pity for being alone.

**So, how do we do that? First, I believe in grabbing hold of life with both hands. I not only survive the holidays, but thrive by putting into practice three sparkling principles:**

**Love is a word of action.**

I love. Feel the power? The statement breathes. It speaks of me: I love ideas. I love community. I love men with glasses. I love being at the gym. I love to read. The list of my passions goes on and on. When I focus on what makes me feel alive, I get out of my own head and begin to enjoy what is happening around me. Who cares if there is an odd number at the table and I'm the one responsible? Let's talk about books, movies, tidbits from the news. Better yet, let me love my friends for who they are. Let me demonstrate my care for them by being interested in their lives, instead of mooning over what mine lacks.

**Related Link:** [Top 10 Sexy, Successful and Single Celebrity Women Over 40](#)

**Always be ready to participate.**

Yes, this goes for introverts as well. Just because I don't have a date doesn't mean I shouldn't spend some money on

myself for fun holiday polish and bling. Indulging is what this happy time of the year is about. Winter is coming; shine now! And life should never be lived waiting for some mythical someone to come along. Or feel I must shoehorn myself into a relationship to fit in with social groups. Yes, I understand shyness. Without a partner, it would be easier to stay home . . . but the cost is high. We were meant to live fully and completely. Decorate where you live. Act as if the holidays have meaning. Take part in the traditions. When you are invited out by friends and family, don't say no automatically. Remember, you are special exactly the way you are, and don't be afraid to flaunt it. There's power in being able to come and go as you please. Use it.

**Related Link:** [Single Celebrity Susan Sarandon 'Trying to Figure Out' the Single Life](#)

### **Create the party.**

I adore dinner parties. When I found myself single, I refused to be cut out. I invited the most interesting people I know to my place and I sit at the head of the table. If I want to go to the movies, I put out the word. If I want to carol or go dancing or hiking, I'm happy to organize. Plus there are groups I can join and form new friendships around these activities. When I found myself single, I let people know I wanted to be included by reaching out first. There is more to me than the man in my life. Yes, it is a couple-ly universe, but true friends value my presence.

After all, life is meant to be celebrated and I don't want to miss a second of it.

*Cathy Maxwell believes Love is so important, she devotes her writing to it. She is the USA Today and New York Times best-selling author of over thirty historical romances. Click here to order her latest novel, The Match of the Century. Fans can contact Cathy at [www.cathymaxwell.com](http://www.cathymaxwell.com).*