

Date Idea: Learn Something New



By [Carly Horowitz](#) and Shannon Seibert

Just because you and your honey aren't in school doesn't mean you can't learn something new. There is so much you can discover about the world and about each other!

Undertake a learning experience for your next [date idea](#)!

This date idea is great because of its versatility. Together, you and your partner can dive into books, take on a new hobby, or even teach each other a few tricks of the trade. You'll be

able to see each other's different styles of learning in a fun and intimate way!

Related Link: [Fitness Tips: 5 Couple Exercises That Are Worth the Sweat](#)

Start off by talking nerdy to each other (haha get it). Being knowledgeable about something is extremely attractive, so take an online language course together. Duolingo.com offers numerous language courses, including French, Spanish, Italian, and many more. Maybe learning a romance language could ignite a little romance of your own. Soon, you'll be whispering sweet nothings of "je t'aime" and "ti amo."

Perhaps you can stir up a little healthy academic competition to amp-up the mood. Take a quiz together and whoever receives the lesser score makes dinner for the both of you for your [date night](#) tonight. After all, learning does work up an appetite!

Related Link: [Date Idea: Keep It Exciting During New Venue Night](#)

This date can also be a time for you show off a little. Play an instructional version of "Show and Tell" to showcase your special talents. One of the best ways to learn about your partner is to learn from them. Take turns teaching each other your secret skills, such as being able to touch your tongue to your nose or wiggling your ears. Maybe even teach him how you do your [date night makeup](#)!

Whether it's something as basic as a handstand or as interesting as unicycling, it can be a real bonding experience for the two of you. He'll enjoy showing you the ropes as much as you'll love teaching him. For example, let him guide you through the motions of how to juggle. Not only will you get a feel for what you're supposed to do, but you'll get to feel him close to you.

Related Link: [Date Idea: Give Thanks to One Another](#)

To make the date even more fun, you can video each other's talents as well as your attempts to imitate them. The footage and bloopers will provide a good laugh over dinner afterward!

We want to know: What you have learned from your honey? Share with us below!

Date Idea: Relive High School Memories



By [Carly Horowitz](#) and Kristin Mattern

This weekend, take a stroll down memory lane as you and your sweetie hit up old hangouts from high school. Cheer for the home team as they play their biggest rival, plan an adult prom for your friends, or relive your first date jitters. No matter what you choose, you'll enjoy spending time with your man and thinking about your carefree days as a teenager.

Time travel back to high school with your partner and embark on these suggestions for a different yet nostalgic [date idea!](#)

Start the date off right by making team-themed t-shirts to wear to the game. All you need is a white shirt and some fabric markers in your school colors. Either pack a picnic dinner or plan to buy a good, old-fashioned hot dog from the snack bar. Remember to bring a blanket- not only will it keep the two of you warm as the night begins to cool, it will also make for a cozier moment.

Related Link: [Date Idea: Take Love Lessons from School](#)

If football isn't your thing, take this opportunity to eat at your favorite burger joint from high school. Take a drive with the windows down and the music turned up. Order the same meal you used to eat when you were seventeen, or if you just want to satisfy your sweet tooth, share a chocolate milkshake. Lean in close to your sweetheart and reminisce about being young.

Related Link: [5 Movie Inspired Shoes for Your Next Date Night](#)

Prom is debatably one of the most magical nights of your teen years. Take this date back to that romantic evening by finding an adult prom night near you, or host one at your house with your friends! Pretend you're on the prom planning committee

and choose a theme, like the 1980s or 90s. You and your partner can wear those slightly out-dated duds that you haven't worn in a while and strut your stuff as you dance the night away. Or you can model your favorite [fashion trends](#) and admire how style has changed over time!

Related Link: [Date Idea: Plan a Party](#)

For another simple option, stick to the classics. Every high schooler goes on the ever-popular dinner-and-movie date. Remember the excitement before your first date and get ready to go out. Buy your significant other some flowers and pick them up at eight- don't be late! This cute date idea will have the two of you smiling all night long.

Revisited your high school days on a date with your bae? Relive the magic by telling us about it in the comments below!

Date Idea: Plan a Walk Around Town





By [Carly Horowitz](#) and Kristin Mattern

Already walked down every nature trail in the area with your sweetie? It's time for a new outdoor adventure! Take an urban stroll this weekend and enjoy the fantastic weather while finding all the coolest little hotspots around town. You might just uncover your new favorite place to hang out!

Venture out on a walk through your town for your next [date idea](#)!

Before you set out on your date, you need to first decide a route. Will this be a short and brisk stroll through a familiar neighborhood, or are you up for a long trek through uncharted territory? Whatever kind of walk you pick, be sure to have your phone with you so that you don't get lost. Also, as you discover nifty places on your walk, jot them down in your notes so it is easier for you and your partner to visit them again.

Related Link: [Date Idea: Plan a Picnic with Your Love](#)

If you are wandering around a well-known area, like a part of town you drive through to get to work, take the time to slow down and appreciate all of the little details you miss during the morning rush. As you walk hand and hand, snap some pictures of the area. Take turns posing in front of your favorite coffee shop and stores. Discover a new little café that you've never noticed before and grab some lattes for your stroll around town. Play eye-spy with your darling and have fun looking at your community with a new perspective.

Related Link: [Date Idea: Shop 'Til You Drop](#)

If you live in NYC, why don't you and your honey walk the perimeter of Manhattan? If you did the route it would be a 32-mile walk and we know that's a bit challenging. So try just a quarter of it instead! It's tough but very fun and rewarding too. Dress for a hike or sport your favorite [fashion trends](#) as long as its comfy and easy to walk in! Bring water and food, and embark on a date that promises to please. See wigwams, old architecture, green gardens, the Hudson and more on this romantic adventure!

Related Link: [Date Idea: Fall in Love in New York](#)

Located in LA? Drive out to Venice Beach, located about a half an hour away from the coast. Take in the iconic boardwalk with it's unique and colorful buildings, ferris wheel and trendy shops while enjoying the brisk fall air as it rolls off the ocean. You can even take a self-guided tour of Venice's Murals for free. Then head over to a quaint little eatery like Il Moro Restaurant and Gastrobar and watch the sunset. It's the perfect ending to a perfect [date night](#).

Have you planned an outdoor date in your hometown? Tell us about it in the comments below!

Date Idea: Hometown Hotel



By Jessica Conigliaro and [Carly Horowitz](#)

Plan an exciting “stay-cation” with your partner, and spend the weekend in a hotel right down the block. Going on vacation is usually extremely costly. But luckily, it doesn’t have to be. If you’re looking for a few inexpensive nights of relaxation, simply stay in your hometown. Even though you’re not traveling too far, this still serves as a [romantic getaway](#) because it is always beneficial to spend some time with your boo out of the house.

Enjoy a romantic and quick [date idea](#) while saving some bucks!

Order scrumptious room service and spend some peaceful time together without worrying about any responsibilities. Cuddle up in bed and rent a movie- maybe watch something that you both missed when it was in theaters. Don't forget the popcorn! A little escape from reality is just what the two of you need to prepare for yet another work week.

Related Link: [Date Idea: Indulge In a Night of Laughter](#)

Be sure to plan a couple's spa day in order to make it really feel like you are vacationing together. Get a soothing massage or relax in the sauna with your partner. While you're at it, spoil yourself and get a facial too. You will get both be in the vacation spirit before you know it!

Additionally, use this time to bond with your partner by going to the gym together. A "stay-cation" is the perfect opportunity to reset your workout routine – you have a free gym at your disposal! Jump on side-by-side treadmills or head to a local hiking trail. If the hotel offers yoga classes, give that a shot too! Yoga is an amazing activity that helps you get in touch with your inner self. You'll both relax, work up a sweat, and feel great about yourselves.

Related Link: [Date Idea: Take a Trip Down Memory Lane](#)

Go down to the hotel restaurant one night for a romantic dinner. Treat yourselves and order the most expensive thing on the menu. Sip on some fancy cocktails while you wait for your meal. Be sure to save room for dessert too! Get a brownie sundae and let your sweetheart feed you delicious scoops of ice cream and hot fudge. What a perfect way to end a perfect weekend.

Related Link: [Relationship Advice: Author Dave Kerpen Talks 11 People Skills and Dating Tips](#)

Tell us about a “stay-cation” that you’ve enjoyed with your partner!

Dating Advice: Survey Results Are In! What Does it Mean to be Single in America?



By [Jessica Gomez](#)

What does it mean to be single in 2018? The dating climate has

changed. Being single has a whole new meaning. For some, it's horrible, and for others, an absolute thrill. Whichever side of the spectrum you may fall, you can count on fun surveys to tell you what people are thinking. Norms have changed between men and women due to the internet and technology affecting the way we feel and act when it comes to sex, relationships, and love – and this [survey](#) confirms it.

A 2017 study on singles in America, conducted by Research Now and funded by Match, depicts surprising data on the evolution of the dating scene and there's [dating advice](#) in there, too:

Both present dating statistics and the future of dating were among the information gathered from the survey: What's been going around the internet lately is the invention of sex robots. Are they going to replace us as sex partners? The survey, based on 5,000 people, shows that one in four singles would have sex with a robot. And, nearly 50% of singles would consider it cheating if their partner had sex with one.

The study also found interesting information on what women want and do not want on a first date, along with what's acceptable and expected in the dating scene. 94% of women want their date to compliment her appearance, to be waiting for her when she arrives (90%), to hug her (82%), kiss her on the cheek (71%) and insist on paying the bill (91% of women approve of this, however 45% think it's appropriate to split the bill), according to the study. And the most inappropriate thing to do on a date is checking your phone regularly – only one in 10 women think this is appropriate!

That is some of the juiciest information, but check out the rest of the survey's information [HERE](#).

Are you thinking like most singles and taking into consideration the dating advice of your peers? Comment below!

Movie Review: Love, Simon



By [Karley Kemble](#)

Love, Simon is a charmingly modern coming-of-age movie that tells a story about a teen struggling with his sexuality. Simon Spier (played by Nick Robinson) claims to live a “normal” life, and has a strong relationship with his family,

great friends, and thriving academic life. But, the big secret he has yet to tell anyone is that he's gay. Simon so desperately desires to experience romantic love, but finds that his inability to come out of the closet is holding him back. Once he begins to correspond with an anonymous peer who is presumably gay through email, Simon begins to find full, true happiness: maybe even love! Will Simon embrace his identity? Is he actually finding comfort in a catfish, or is this person the real deal?

This movie is a very heartwarming, and puts a modern twist on classic coming-of-age films. It also teaches us about relationships. Check out our [movie review](#):

Should you see it:

Absolutely! You don't want to wait 'til this movie hits your local Redbox kiosk. This movie will open your eyes and will cause you think differently about how you interact with the world that surrounds you.

Who to take:

With a PG-13 rating, this is the perfect movie for teens, couples in need of a [date night](#), and single adults. See it with anyone, or by yourself. All that matters is that you see it!!

Cupid's Advice:

Love, Simon is a comedy, romance, and drama that has themes related to love, acceptance, and self-discovery. It also touches on modern romances and finding love through the

digital realm. If you've been wanting to dive back into the dating world and have been considering using an online dating service or mobile application, here is some [relationship advice](#) from Cupid:

1. Know what you're looking for: The online dating realm may sometimes seem like an endless cycle of tacky pick-up lines, boring conversations, and constant ghosting. It can be very tiring and cause you to feel hopeless. Don't give up: know what you want and engage in conversation! Take the chance and send the first message if you're usually the type to wait around.

Related Link: [Relationship Advice: Can You Fall In Love Just By Chatting Online?](#)

2. Be authentic: Yes, it's cheesy. *Be yourself.* We've heard that saying a million times, but it is an important one to stand by when you're seriously entering the online dating world. While it may seem tempting to tell little white lies from the onset, it's better to remain authentic and gradually reveal more details when you become more comfortable. By doing so, you'll attract authentic people, too.

Related Link: [Dating Advice: The Do's and Don'ts of Online Dating First Dates](#)

3. Pictures, please!: Perhaps the most important component to your online profiles are the photos. Since you are eliminating the in-person element, pictures are key! Refrain from posting too many group photos, and be sure to choose the ones that show your personality. Selfies are okay, just make sure you show other dimensions of who you are! (Stay away from Snapchat filters!)

Will you be seeing Love, Simon? We want to know! Have any advice for online daters? Let's talk about it in the comments!

Movie Review: Every Day



By [Jessica Gomez](#)

Every Day is a drama/romance that tells the story of a teenager named "A" who wakes up in a different body everyday. "A" then has to live the day for the person whose body she currently inhabits. The plot thickens when a teenager named Rhiannon falls in love with "A". Because of their growing love, they try to find each other each day, facing this major obstacle that begins to take a toll on them both. How long can they keep it up, and will it last?

***Every Day* focuses on a complicated relationship, where a tough decision must be made. Continue reading for our [movie review](#) and advice on ways you and your partner can face tough choices together:**

Should you see it:

Yes! This movie has a magnificent story plot. It's the type of movie that leaves you wanting more. Its original story line and relatable moments make it a must watch! The movie's plot is an intriguing one that definitely makes you wonder. Mark the release date on your calendar: February 23, 2018!

Who to take:

Since this is a romance drama, you can either go with your partner or friends. Not all guys will dig this type of movie because they'd be in for an emotional ride, but it's worth a try!

Cupid's Advice:

One of the answers you will always get for a question on facing tough times with your partners is to communicate. Cupid has some advice on how to communicate effectively, along with other tips, in order to take on what's coming together:

1. Listen to understand, not to respond: Many times we hear and don't listen because we are thinking about what we want to say next or what we want to say in response to what the person is saying. Communication is important, and listening properly is part of it. We must be open minded, empathetic, and listen intently to try to understand our partner's feelings,

concerns, and opinions. Knowing where their mind is at helps put you both on the same page. And, once you're on the same page, you are a step closer to conquering obstacles and facing a big decision together.

Related Link: [Movie Review: Forever My Girl](#)

2. Create a pros and cons list: Create one together, or create two lists separately and then discuss them after. Writing stuff down can really help you see things for what they really are. A pros and cons list can help you organize your thoughts to see what outweighs what. Does the good outweigh the bad or vice versa? Pros and cons are things most of us consider when making a difficult decision, so it would not be any different with a choice that needs to be made between you and your lover. Creating a list may sound easy, but it's not that simple. Why, you ask? Because not every pro and con will weigh the same or hold the same value. That's when it's time to put some real thought into it and begin your calculations.

Related Link: [Movie Review: 'Phantom Thread'](#)

3. Maintain harmony: Making a difficult choice can take a toll on people. It can be a very stressful thing. This is why you and your partner need to make sure that you both keep the peace. Be aware of your tones and attitudes. It's easier said than done, but very possible. The goal is for you both to come to a decision together, fighting and pinning yourselves against one another won't help that. So, remember: Take a breath and stay calm.

What are some ways you and your partner came to an agreement on a tough decision? Comment below!

Relationship Advice: What If Your Family Doesn't Approve Of Your Partner?



By Dr. Jane Greer

Choosing a partner for life is a big deal under any circumstances. There's enough pressure on yourself to ensure that you're making the right decision and meeting all your needs. So what happens when you come up against a thumbs down from a parent, sibling, or friend who has been weighing in on your choices all your life? Why is it that the people you love take a contrary position and see your partner completely unsuitable for you? Why can't they just welcome the people you care about with open arms? If this sounds like a familiar situation, you are not alone. This is a very common experience

for many people, and it happens for a lot of reasons. It speaks to declaring your independence, freedom of choice, autonomy, and, most importantly, trusting your own judgement to know what is best for you, rather than what others think is best.

Here are some key pieces of [relationship advice](#) as you work to stay true to yourself and your commitment, without allowing conflict to tear apart your family:

It has been reported that [Selena Gomez](#)'s mother is not happy about her rekindled [celebrity relationship](#) with pop star [Justin Bieber](#). Considering how distraught Selena was in the aftermath of their much-publicized breakup, it makes sense that her loved ones would worry about her this time around. Whatever the reasons may be, Selena's mom has assured the public that she just wants her daughter to be safe, healthy, and happy. While the approval of your parents is always a plus in any relationship, is it crucial to the success of your union? What can you do, then, if you find yourself in a similar situation?

It is important to begin with an open conversation with the person criticizing your partner. Ask them to spell out their concerns and explain why they feel the person is not right for you. This isn't always easy to do. You might start from a defensive position, (especially if this is a continuous pattern) but it is worth hearing what's on their mind because their thinking is valid and you might be missing something. Keep an open mind while you are talking and consider what they have to say. If, for example, your romantic partner exhibited bad behavior in the past and your parents call that out, think

about what has changed and what is different now. You have likely allowed yourself to fully trust that person and move forward with them. Explain the changes and describe why the previous behaviors are no longer something to worry about.

Related Link: [Relationship Advice: Is a Bad Boy Good for You?](#)

If, on the other hand, your family members or friends raise issues about a difference in race or religion, this may be a fork in the road where you choose to go your own way. It becomes a step toward independence, and a move away from the ideals of the family you grew up in. It is a time when you can take responsibility and voice your own values, even though they may differ from your parents, siblings, or friends. It can serve as an emotional emancipation and where you start to embrace what is important to you. When this happens, you acknowledge that they have criticisms, while asserting that they are not your personal beliefs.

Related Link: [Relationship Advice: When Is the Old New Again?](#)

Whatever the case, if you continue to meet disapproval tell your loved ones that you would like them to “agree to disagree” and accept that you have clear differences of opinion in order to stay together as a family. This is also a time to put boundaries in place. Note that you are aware they don’t like your choice, but you do not want to hear anything more from them unless you specifically ask for an opinion. You can even warn that if they broach the subject, you will simply end the conversation. This will help you keep some control and prevent being blindsided.

The ultimate goal is to avoid getting into a power struggle that could make you feel controlled and judged by a parent or other loved one. It’ll also avoid lots of arguments, too! Try not to become defensive or feel you have to justify your choice. The only thing that matters is that you are happy, excited, and comfortable as you move forward with your partner

with your eyes on the future. Hopefully Selena and Justin will be able to do this and find peace even with the family discord. And, in time, Selena's mother will also come around and embrace her daughter's rekindled romance.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on [Facebook](https://www.facebook.com/DrJaneGreer), at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Relationship Advice: Can You Fall In Love Just By Chatting Online?





Dating sites have become very popular among people today. In fact, online dating is now the second most common way for American couples to meet! From the onset, there were only a few dating sites available for users, but now there are very popular and specific dating sites that target the needs and interests of individuals. One such example is [interracial dating in the United States](#), which has flourished to the point where there are now so many interracial sites available. However, there are still many skeptics when it comes to opinions about finding love through chatting online. The ongoing debate over whether you can legitimately fall in love online is a ongoing one, and there are many opinions on the matter. Some will argue that you never really fall in love until you have seen someone or have engaged in physical contact. Others will say that falling in love is possible even if you have not met that person in the real life.

Our definition of love and relationships has changed, and it

is entirely possible to fall in love online. Check out our relationship advice:

To determine if you are in love, you must have a real understanding of what love means to you. Love has taken a new form in the digital age. In the past, traditional courtship relied heavily on face-to-face communication and physical presence. Nowadays, meeting someone and having a relationship is more available to us through the online world. Meeting someone has become increasingly easier through the internet. For some, meeting in real life comes very easy and for others, it has always been a difficult task. In the online world, there are more opportunities created through online chatting. However, it is up to you to define what falling in love mean to you. Are you comfortable in divulging your emotions to someone you have never met? Does it matter if you have not seen the person face to face, even if you have a strong virtual connection?

Online applications facilitate connection

Attraction is not only based on physical attraction. It can occur when we share common ideas, perspectives, values and even opinions. If you meet someone online with these commonalities, you can very easily feel attracted to them. This connectedness is a baseline for any relationship, not just a romantic one. It doesn't necessarily demand a face to face meet, p as this can be facilitated easily through online communication. Social media and dating apps help determine if you have a connection or not because the ability to communicate with others is readily available

There is positive association between internet technology and romance.

A study by Rosenfeld in 2017 concluded that there is a positive correlation between internet technology and romantic relationships. Furthermore, the same study found out that heterosexual couples who met online made a quicker transition to marriage than couples who met offline. This study is also supportive of other findings which state that the percentage of couples who have met online and married in real life are still increasing. Despite being faced with a multitude of dating candidates online, people have been able to sift through the competitive environment and marry the love of their life. This study supports the assertion that yes, it is possible to fall in love online. Technology has made dating tremendously easy, but at the end of the day, it is still up to the individual to make decisions and take the next step forward when it comes to online dating

Even if the other person is not real, the feelings are still real.

Some people claim that a relationship is not legitimate until you have met that person in real life. Being duped online is common and it is one of the hazards of online dating. This is known as “catfishing” and is a common fraud when people create a false online identity to lure others into communicating. This is very tricky since the victim is honest and true, yet the other partner is not who they appear to be. Deception is common in online dating apps.

A study by Toma (et al in 2008) finds put that deception patterns are common. Participants in the study strategically balanced the deceptive opportunities presented by online self-presentation (e.g., the editability of profiles) with the social constraints of establishing romantic relationships (e.g., the anticipation of future interaction). This study also found that 81% of online daters admitted lying about their weight, height or age. This appears to support the claim that meeting up in real life is an important step in cementing the relationship. However, if you are duped you shouldn't give

up on online dating. Your feelings were certainly real, and many people have fallen in love and even have gotten married because of online dating.

Falling in love must be approached positively

Whether you fall in love offline or while chatting online, you must approach love optimistically. Even in real life, you can still be hurt by lies and deception. Just remain positive about finding your true love online. If you and your partner are truly connected, have formed a strong bond and share the same passions and interests, then you might just end up being together in real life.

Date Idea: Best Shows to Binge-Watch With Your Partner





By [Karley Kemble](#)

If you and your partner enjoy staying in, kicking back and watching shows together, then you've probably binge-watched a show (or five) together. Are you on the hunt for another one? Look no further. Check out these four [date ideas](#) that will have you hooked!

You'll love these show recommendations for your next [date night](#)!

1. Friday Night Lights: Regardless if you are a football fan or not, this show is a must-see. The five seasons follow a close-knit Texas football team and their community at-large, and also talks about topics surrounding contemporary American culture.

Related Link: [Date Idea: Get Out Of Your Comfort Zone](#)

2. The Office: There's a reason "The Office" was a household

name for nine seasons! Each episode perfectly captures the hilariousness of a normal 9-5 workday, and the characters are so unique and compelling. You and your partner are sure to laugh until your stomachs hurt.

Related Link: [Date Idea: Indulge In a Night of Laughter](#)

3. This is Us: If you've been wanting to tune into "This is Us" but don't want to feel lost during the current season, dive in on Hulu! This show takes you on an emotional journey within each 45 minute episode, following the lives of the Pearson family throughout the course of their lives.

4. Scrubs: "Scrubs" is another oldie but goodie, because it brings humor to a rather mundane place – the hospital. Nine seasons will definitely keep you and your partner busy for awhile, too.

What shows do you and your partner watch together? Share in the comment section!

Movie Review: Samson





By [Jessica Gomez](#)

Samson is a Hebrew chosen by God to deliver Israel. Because of his supernatural strength and impulsive nature, King Baleck of the Philistine empire desires him dead. Samson, as godlike and powerful as he is, is captured and blinded by his enemies due to the betrayal of an evil prince and the gorgeous temptress he confided in. He then, in his time of need, calls out to his God for the power he once possessed to deliver the wrath of God, resulting in his victory.

***Samson* is a story portraying the sting of deception and betrayal after confiding in someone, exposing his weaknesses. Some of us know that sting a little too well –**

read on for our movie review and some tips on dealing with being double-crossed.

Should you see it:

Yes! This thrilling action movie will keep you in suspense. With a great storyline taking place in a richly historical period portraying power, battle, and betrayal, Samson will leave you at the edge of your seat.

Who to Take:

You can definitely take a guy. This action filled movie will keep them interested, for sure! It's the type of movie you can watch together for some intensity.

Cupid's Advice:

Sometimes we're lucky and find someone who is trustworthy, and other times we trusted the wrong person. It's a very intense experience. Cupid has some advice on how to deal with betrayal and deception:

- 1. Face your feelings:** Analyze the situation and dig deep to know what you're feeling. It's okay to feel emotions like anger and sadness. The faster you face your emotions, the faster you will begin the healing process. Try writing down what you feel or even doing a video diary (talking to yourself and recording it), it may sound cheesy, but it can help because you're spilling your feelings out. Writing and talking are both quiet therapeutic. Some of us bottle up our feelings and then later explode like a recently shook can of soda. Don't be that can of soda. Dealing with an experience like one of being hurt and deceived can be hard, but giving it time helps after reflecting and letting go of negative emotions.

Related Link: [Movie Review: 'Phantom Thread'](#)

2. Don't blame yourself and others: Sometimes we want to blame our gut. We feel like our instincts have let us down. We also sometimes lose trust in ourselves when we no longer trust another. However, if you were loyal and honest, there is no reason to allow negativity to consume you. See the situation for what it is and don't dwell in self pity. Don't lose confidence in yourself, your relationships, or your choices. And of course, we sometimes become mistrustful of others around us. Just like you shouldn't blame yourself for another's disloyalty, you shouldn't blame someone else either. That being said, feel free to make others earn your trust.

Related Link: [Movie Review: Forever My Girl](#)

3. Take care of yourself: Mentally and physically. Eat well, exercise, and seek peace of mind by doing things like reading and meditating. If you feel like you can't handle it alone, seek professional help. Don't be afraid or ashamed. Speaking to a therapist or psychologist can really help. Speaking to someone whose an outsider (someone not involved in your personal life), who won't judge you, and whose expertise are mental health and counseling, will help create a safe space for you to explore your feelings, unravel them, and dig deeper.

What ways have you coped with deception and betrayal? Let's share our stories below!

Date Idea: Batter Up



By [Rachel Sparks](#)

This weekend, celebrate America's favorite pastime with your love! Go to a baseball game, watch one on television, or even play together at a nearby park. No matter what, you'll both appreciate taking an interest in something new for this [weekend date idea](#)!

Spend this weekend enjoying a classic sport with your love!

Want to surprise your partner? Buy two tickets to the next local baseball game and head to the ballpark to cheer for your hometown team. For lunch, enjoy a stadium hot dog or some cheesy nachos and a cold beer. Your significant other will think it's romantic that you're spending the day doing something new and team-driven.

Go to the game a little early and watch the team warm up by the dugout. If you're lucky, you may even get to meet some of the players or score some autographs. Buy a jersey, hat, and foam finger to really get in the spirit. Be sure to bring your camera too – your new gear makes for a perfect photo opportunity to commemorate this [date night](#). The baseball park may even offer professional shots.

Related Link: [Date Idea: Take the Stage Together](#)

Want to do something romantic for your partner? Pucker up for the kiss cam. Being on the screen will make you feel like a [celebrity couple](#)! Make the game more interesting by placing bets on which team you think is going to win. Rooting against each other will make the game even more fun. Loser has to buy the next round of beers or cook dinner that night.

After the game ends, toss around a baseball together before calling it a night. Teach each other your personal techniques – maybe your love has a special curveball that helped their high school team win the state championship, or maybe you're the sporty one and can create some friendly competition.

Related Link: [Date Idea: Beach and Beyond](#)

If the weather (or your wallet) is not on your side, catch the big game on television. Head to a nearby sports bar and watch the game with other excited fans. For a more low-key night, get out the fuzzy blanket and cozy up with your love. Mute the TV during commercial breaks and let your love tell you more about the teams, players and sport in general. Cupid's [relationship advice](#): make your partner feel important and show you care by listening to them rave about their favorite pastime!

How do you like to watch baseball with your love? Share in the comments below.

Date Idea: Play All Day



By [Rachel Sparks](#)

While summer daylight is still stretching into the late hours of evening, make sure you're grasping onto every last minute of it. Enjoy the warm sunshine and cool afternoon breezes while you still can! Head outdoors to a nearby playground with your love interest; swing, slide, and play the day away. Don't forget to stop by the ice cream truck to refuel! Who said you were too old for a day at the park?

This weekend [date idea](#) reignites the fun of childhood summer days!

When you were young, going to the playground was the highlight of your day – and now, you get to relive the fun and share it with someone special. Take a trip down memory lane with your partner and show them where you used to play all of those silly games with your childhood friends. While you're there, race down the slide or swing on the swings together.

Get out your old baseball mitt and play some ball together. Have fun working up a sweat! Perfect your pitching and batting techniques while also getting close and cuddly. For a more free-spirited time, bring a Frisbee and fling it around with your love. Whatever you do, your love will appreciate the friendly competition and will be impressed by your athletic talents while you both are getting in some fun [fitness trends](#)!

If your park is close to a lake, bring some bread and feed the ducks. After visiting the ducks, grab your bikes and ride along a trail. No need to go too fast; let your partner lead the way and just enjoy the beautiful scenery. After your busy day outdoors, unwind a bit before heading home. Find a cozy bench and wrap your arms around each other. Enjoy a light conversation and the calming breeze as you watch the sunset for a romantic end to your [date night](#).

How do you and your partner feel like kids again? Share in the comments below.

Date Idea: All's Fair in Love



By [Rachel Sparks](#)

Keep yourself from getting the end-of-the-summer blues by adding a little love to your life. Bring your partner to a local fair and spend the day walking around together and checking out the nifty booths. Or try some new drinks together at a wine-testing festival. After all, nothing says romance better than a glass of wine a cool summer evening. Cupid's [date ideas](#) will keep you and your love busy all summer.

All is fair in love, so enjoy this end-of-summer date idea!

Looking to end the warm season with a little more excitement?

Go to an amusement park with your date and hop on a thrilling roller coaster ride. Get ready to scream together! Or find a water park in your area and take a ride down the lazy river—a great way to spend some peaceful alone time with your man. After venturing down a water slide, snuggle up for warmth with your love and utilize each other's body heat. Cupid's [love advice](#): this is a great time to be silent and just enjoy being with your partner.

Related Link: [Date Idea: Bloom in the Sun](#)

If you want a more low-key activity, let your boyfriend win you a prize at a local carnival. You'll certainly feel special while carrying a gigantic teddy bear around for the rest of the day. As you walk past the rides and games, hold hands and enjoy the cool breeze with one another. Challenge your partner to your favorite carnival game; a little competition is good for your relationship, right? Let loose a little: share a plate of fried dough and get messy together. Be sure to take a picture with your faces covered in powdered sugar—a fun moment to remember your wonderful [date night](#)!

Related Link: [Date Idea: Beach and Beyond](#)

What do you do with your love for a fun day together at the end of summer? Share your experiences below.

Date Idea: Beach and Beyond





By [Rachel Sparks](#)

You've been to the beach with your love about a hundred times this summer. It's time to look for new ways to enjoy the sun and sand. The days are long and the possibilities are endless. This weekend's [date idea](#) is all about trying new things in the sun!

This weekend's date idea is about fun in the sun together!

Search for beautiful shells and sand dollars in the sand. You'll have a great time showing off your finds to each other, and it'll help you break away from your usual routine of sunbathing and swimming. If you're feeling adventurous, look for crabs darting across the beach. Make a game out of it: if your partner finds more crabs than you, you have to cook him dinner for a romantic end to your [date night](#)!

Related Link: [Date Idea: Ignite Sparks While Camping](#)

If you really want to get serious about searching, bring a

metal detector with you and see what random items are buried on the beach. You and your love will get excited whenever that buzzer goes off. The thrill of the treasure hunt will get you both excited.

Once you're done exploring, get messy in the sand together. Dig a hole and bury each other. You'll both feel like kids again, and you'll love creating new laughs together. Build sand castles. Have a contest to see whose creation comes out the best. Bury your legs and make a mermaid tail. End with a beach photoshoot [Reese Witherspoon](#) or [Gwen Stefani](#)-family style!

Related Link: [Date Idea: Take a Journey](#)

If you like learning new things, look into your beach's history. Pick up a brochure or check out their website; maybe there's an area further down from your usual spot that you never knew existed. Sharing some knowledge will spark both your curiosities and will give you something new to discuss.

How do you mix things up at the beach with your man? Tell us in the comments below.

Date Idea: Build Your Love





By [Rachel Sparks](#)

What better way to build your love than to actually build something together? Grab some blankets and pillows for a temporary fort or wood and nails for something more permanent and start planning your creation with your partner. You'll both challenge your creativity skills, grow your team working skills, and also learn something new – both about building *and* about each other with this amazing [date idea](#)!

This weekend's date idea is all about building something together!

Revert back to your childhood days and make a fort together for a fun [date night](#)!. Get some blankets and create a tent in the living room. Have a playful pillow fight, cuddle up, and share funny stories from when you were younger. If the weather is sunny and warm, go outside and build your fort on the lawn. Let the cool evening breeze and cozy tent ease both of your minds. Be sure to bring a childhood snack like popcorn, pudding, or a bag of Twizzlers. No matter what, you'll connect

with your significant other in a fun and unique way.

Related Link: [Date Idea: Get Out of Your Comfort Zone](#)

If you're looking for a bigger project to tackle, build a tree house together. A good amount of time will be needed to develop and execute your plan, and your teamwork skills will certainly be tested. Be prepared to get your hands a little dirty too! Once you're finished, you'll have a new space to enjoy with your love and build new memories in.

Related Link: [Date Idea: Early Morning Ideas](#)

Whether you're relaxing in your blanket fort or newly-built treehouse, what you do together after building is important. Our [relationship advice](#) means spending quality time together. Dig out your old board games and challenge your love to a competition. Break out a deck of cards and let your S.O. teach you how to put on a poker face. Bring a radio to your new hangout and play your favorite tunes. Watch fireflies, the clouds, or each other for the perfect ending to a busy day of building.

Have you ever built something with your love? Tell us in the comments below.

Date Idea: Bloom in the Sun





By [Rachel Sparks](#)

You've spent the whole summer with your partner at the beach, playing in the sun, splashing around in the ocean, enjoying trail mix and sunflower seeds together. If you're running out of [date ideas](#), Cupid's Pulse has them all. Have you ever given thought to where those sunflower seeds come from or how they grow? It's time to get back to the roots by creating your own love garden together. As the flowers grow, you'll be reminded of that [date night](#) when you first planted them. For fun, take bets on how long they will take to sprout.

Spend some quality time getting back to your roots with this summery date idea!

If neither of you have a green thumb, bring your man to a sunflower maze. To make things a bit more exciting, you can embrace your inner child and play hide-and-seek among the giant stems. Use both of these activities to bond with your

man while fitting a little exercise into your afternoon. By the time you leave the maze, you'll be ready for a cold glass of wine and a delicious picnic dinner.

Related Link: [Date Idea: Beat of the Music](#)

When you get home, look up a recipe for sunflower ice cream and whip some up before you sit down to a nice healthy meal. The ice cream will be a unique summer treat and may even become a tradition for you to make as a couple. It'll take about four hours to freeze, so be patient. Prepare some easy-to-make grilled chicken on the barbecue and pull together a tasty summer salad complete with cranberries and apples. Food always brings people closer together and cooking together can remind you of how much you love one another.

Related Link: [Date Idea: Climb Every Mountain](#)

Sunflower season is one of the hidden treasures of summer. Make sure that you take advantage of this beautiful time of year!

Have you ever planted your own garden or visited a sunflower maze? Share your experiences in the comments below.

Date Idea: Take the Stage Together





By [Rachel Sparks](#)

This weekend, share the spotlight with your partner by performing on stage with one another. If you and your sweetheart have watched plays, comedy shows, and concerts and have always fantasized about acting or being up on stage, creating your own will make for a fun [date night](#)!

Cupid's weekend [date idea](#) will get you and your partner on stage!

Search your local newspaper for opportunities. Most papers have an "entertainment" section that includes workshops, auditions, and open mic nights. Pick one that looks fun and spend the weekend acting out another character or enjoying the applause together.

Related Link: [Date Idea: Have an Oscar-Nominated Movie Night](#)

Start your date in a class or workshop. Practice playing different characters, like a quarreling couple or a meddlesome duo. For something different, check out a comedy class. You'll

learn to be comfortable with your body and your surroundings and find humor in every situation.

Take the skills you learned and audition for a show. Your significant other can be your partner in a play or dance audition. He can even be your target during a stand-up audition.

Related Link: [Date Idea: Make Your Own Memorial](#)

Are you not the performing type? Try hitting up the karaoke bar instead. You can spend the night sipping on cocktails while you randomly select songs for each other to sing. Or you can have an entirely duet-based night, choosing songs meant for two like “Endless Love,” “I Got You Babe,” “Under Pressure” or “You’re the One that I Want.”

No matter what you decide, make sure you and your partner are putting on a show together. The excitement of performing will be a memory you’ll carry with you.

Have a good performing date idea? Tell us in the comments.

Date Idea: List Your Love





By [Rachel Sparks](#)

We all express love in different ways. Sometimes, just being in the same room doing different things is all your partner needs to feel connected. There are times, though, that we may want to do a little extra in order to express our love. Writing out a list of all the things you love about your partner is a romantic [date idea](#)!

Reconnect with your partner with this romantic date idea!

1. Find a cozy environment: Cuddle up next to one another to set the mood. Plan a picnic outside if the weather is nice or stay in during the winter, bundled under a blanket. Make sure to set the mood with candles, music, and a bottle of wine.

Related Link: [Date Idea: Plan a Picnic with Your Love](#)

2. List the physical: Are there things you physically love about each other? Does your heart flutter whenever your partner opens his eyes in the morning? Are you obsessed with

his beard or the way her hair curls at the nape of her neck? By jotting down these things you notice about each other, you'll give one another a boost of confidence and strengthen the physical bond you share.

3. List the abstract: What quirks does your sweetheart have that make your day? Is their passion for work inspiring to you? Do they have an annoying habit that actually makes you smile, like talking to themselves or singing in the shower? Pick the small, obscure attributes that you've never talked about before and let them know that you accept them unconditionally.

Related Link: [Date Idea: Make the Perfect Playlist](#)

4. List your relationship: Write down the things about your relationship that make you the happiest. Recite your favorite traditions: weekly date nights, pre-sleep cuddles or post-work wind-down sessions. Choose your commonalities and why they make you such a strong couple. Do you share a favorite movie? Explain why quoting it on a daily basis makes your relationship better. Do you both have type-A personalities? Tell your S.O. how you think your similarities and differences make you stronger together. Write down how you've grown from each other.

5. Share your list: Whether you go out for dinner for a romantic [date night](#), stay in and watch a movie, or plan a [romantic getaway](#), sharing these lists with each other will boost confidence, strengthen bonds, and reignite passion.

How do you tell your partner that you love him or her? Share your story below!

Date Idea: Get Woodsy



By [Rachel Sparks](#)

You've spent all summer trying to get fit with your partner. Maybe you've been talking about it and haven't made any progress with the gym, so you want to stay active in other ways. This weekend, you and your sweetheart can find a fun way to exercise and still have a fun and memorable date. Get woodsy with your love on a calming nature walk for a fun and fit [date idea](#)!

Date Idea: Get Fit & Get Out on a Woodsy Nature Walk

Head to your closest state or national park for a day of

hiking. Bring all the essentials for this outdoorsy date: water bottle, boots or sturdy sneakers, bug spray, sunscreen, a bag you can use for garbage, hiking snacks like Clif Bars, trail mix, or dried fruit, and, of course, a camera to capture your day. Some good just-in-case items to bring include a compass, matches or a lighter, a first-aid kit, a whistle, a flashlight, a rain jacket, and plastic bags to protect your things from getting wet.

Related Link: [Date Idea: Enjoy the Great Outdoors with Your Other Half](#)

Don't forget to pack a lunch! Try packing a (light) picnic for you and your significant other. Include finger foods like sandwiches, grapes, berries, and chips. Just make sure it won't go bad being left in a backpack all day. You can also include a "sample-size" bottle of red wine (the kind you find at a wine tasting) for a [romantic getaway](#) just for the afternoon. When the two of you get to the top of the mountain, or any clearing you deem appropriate for a picnic, take the time to rest and appreciate each other and the beautiful scenery around you.

Related Link: [Date Idea: Take a Trip to the Park](#)

During your picnic, take out the camera and have some fun. Try to get some candid shots of your sweetheart stuffing their face or ask a passerby to take some photos of the two of you. Explore the area nearby without wandering too far off the path. Can you get some good nature shots? Make a photography scavenger hunt.

Have you and your date gone on a hike together? What are some ways you've made it fun and romantic? Share your tips below!

Movie Review: Fifty Shades Freed



By [Rachel Sparks](#)

The final installment of the *Fifty Shades* phenomena is here and we're beyond ecstatic! Mr. Grey weds Ana, making our dream [celebrity wedding](#) come true. While the Greys move forward in this exciting venture together, problem after problem hits the couple, challenging them to the end of this series. Despite the off-screen animosity between the two stars, Jamie Dornan and Dakota Johnson still get us very, very excited.

Fifty Shades Freed is the perfect steamy movie for you and your partner on Valentine's Day!

Should you see it:

If you're looking for barely publicly allowed excitement, this film will be perfect for you. It's got sex, romance, and car chases to keep you on the edge of your seat. We'll be there opening day.

Who to take:

Girlfriends, boyfriends, friends, anyone is great to take, except your mom. Whether you're trying to have some time with friends or trying to inspire some passion back into your relationship, this movie is a lot of fun.

Cupid's Advice:

We're all inspired by the searing passion between Ana and Christian. But let's be honest, that passion doesn't always stick around in a relationship. We're inspired by the Greys. Here's the [relationship advice](#) we've learned from the dreamy couple:

1. Try new stuff: Whether it's in the bedroom or as a new hobby, trying new stuff with your partner builds a stronger bond. It sparks a new excitement, builds trust, and makes your relationship stronger. Push the fear aside, get brave, and get strong.

Related Link: [Dating Advice: The 5 Stages of Love and Why Many Stop at Stage 3](#)

2. Share new things: Christian let go of the past when he let Ana touch his chest, forging a deeper connection. Sometimes we

have to push ourselves to open up to our partner more, changing the dynamics of the relationship for the good.

Related Link: [Relationship Advice: 8 Creative Ways That Older Couples Can Keep the Romance Alive](#)

3. Spoil each other: No one can deny that Christian spoils Ana. We all need to be treated like kings and queens at some point. Enjoy seeing your love smile because of your passion for them. Take turns making each others' dream dates come true.

How have you reignited passion when things feel a bit stale? Share you relationship advice below!

Movie Review: 'Phantom Thread'





By [Karley Kemble](#)

Phantom Thread takes place in 1950's post-war London, and follows the lives of Reynolds Woodcock (played by Daniel Day-Lewis) and his sister Cyril (played by Lesley Manville). The dynamic duo own London's hottest dress shop, House of Woodcock, and dress esteemed royalty, celebrities, and socialites. Known for his playboy-esque ways, Woodcock's is challenged when he meets Alma (played by Vicky Krieps), a confident and assertive woman. After he falls in love, Woodcock faces many changes in his life and demeanor – and things just get more complicated from there!

This movie is packed with drama and can teach us a lot about relationships. Check out our movie review below!

Should you see it:

If you're a fan of time period dramas, elaborate costumes, or complicated romances, this movie is certainly up your alley! Also: this is rumored to be Daniel Day-Lewis's final film, so if you're a fan of his, then you should definitely check it out. This film opens in theaters everywhere on Christmas Day 2017.

Who to take:

Though there's an element of romance to this movie, it's no chick flick. This film is the perfect [date night](#) outing for you and your partner! If you have kids, call a sitter; this film is rated "R" due to language and adult themes.

Cupid's Advice:

Phantom Thread's protagonist, Reynolds Woodcock is a chronic bachelor and has problems with commitment. What are some tips or precautions to take when entering into a relationship with a long-term bachelor? Can these relationships work? Cupid has some [relationship advice](#) that should help ease some of your anxieties:

1. They might push you away: It's natural for somebody with commitment issues to try and push people away. It's a toxic defense mechanism and horrible habit. If your partner is aware of their issues and willing to try and fix them, you should feel comfortable holding them accountable for their actions. If they isolate themselves from you, be sure you kindly point it out, so they can become aware of how to improve.

Related Link: [Relationship Advice: What Your Type Says About You](#)

2. They're fiercely independent: People who have spent a large chunk of their lives without a partner tend to be very independent. They're used to doing things on their own and don't like to ask for help. Don't take it personally if they forget to include you into their life right away – they're

just rusty! It can be a bit of a struggle to adjust to being responsible for more than one person.

Related Link: [Dating Advice: How to Make the First Move \(Women's Edition\)](#)

3. They might not change: Yes, it's possible that a chronic bachelor will never *fully* change their ways. While it may be a challenging reality to accept, it's important to focus on the positives. Do not try and force them to change – that will only create rifts in your relationship. Instead, you should accept your partner for who they are, and be realistic about your situation. You'll find better success and will be a much happier couple.

Is *Phantom Thread* on your must-see list? Let us know below!

Movie Review: Forever My Girl





By [Rachel Sparks](#)

Forever My Girl is a story about star-crossed lovers. Liam Page (played by Alex Roe) has to choose his love for music over his love for his bride Josie (played by Jessica Rothe). Leaving his bride-to-be behind for his music dreams, Liam never overcomes his love for his ex-bride. Pursuing his musical career forced Liam to leave the small town where he grew up, but the death of his childhood best friend takes him back home and forces him to face everything he left behind.

Forever My Girl is a movie about dreams, lost love, and facing your demons. Check out our movie review.

Should you see it:

Yes. Who hasn't been faced with the difficult decision between one's own dreams and love? Filled with music, what more can one ask for in a heart-warming story?

Who to take:

We have a feeling that the men in your life won't be big fans. This film isn't action-packed nor does it have any explosions. Instead, the movie focuses on matters of the heart, and for some guys, this makes them uncomfortable. Go with a group of friends to have something to discuss over drinks after the movie!

Cupid's Advice:

Facing the decision between love and personal dreams is a difficult one that we hope no one has to face. Ideally, your love will support your dreams, but sacrifice is a part of any relationship. Does that mean you have to give up your goals? Read Cupid's [relationship advice](#) to help you through the tough decisions relationships face:

1. Patience: Sometimes it's just not the right time. That sounds terrible, right? Dreams are something to work on, constantly. They're life-long goals. As much as we may want a dream to come true right away, there are good reasons dreams may take longer than we want. You may want to blame your partner for your dreams taking longer than you would like, but consider the benefits of waiting. You'll be more capable and ready for your dream whenever it comes. In the meantime, keep working and be ready for the opportunity.

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

2. Compromise: When you're in a relationship, compromise is expected. If your family is having a hard time staying afloat, whether it's finances, time, affection, you may have to put your dreams on the back burner. That doesn't mean completely give up on your personal dreams. Find a way to invest a little time in for yourself, even if it's only a couple of hours a week.

Related Link: [Relationship Advice: Is Your Job Killing Your Relationship? How to Choose the Right Company to Work For?](#)

3. Leave: If you're feeling controlled or unsupported, it may be time to consider if the relationship you're in supports the vision you have for your life. It's important to evaluate expectations versus reality. Do you have expectations that are destroying your happiness? Become grateful for what you have. But if you evaluate reality and realize that you're not receiving the support you need for your dreams, if you're being treated like your goals don't matter, then it's time to leave and fight for your own happiness.

How have you fought for your dreams in a relationship? What advice do you have for couples so that they can be successful in their partnership and their individual dreams? Share below!

Movie Review: 'Pitch Perfect 3'





By [Rachel Sparks](#)

The Bellas are back in this second follow up to *Pitch Perfect!* After winning the World Championships, the all-girl group have split, but they're coming together for one last competition: the USO tour overseas. The catch is the groups they compete against have started using instruments. Follow the amazing vocals of Emily (Hailee Steinfeld), Beca (Anna Kendrick), Calamity (Ruby Rose), and Fat Amy (Rebel Wilson). Watch this story of friendship, frenemies, and competition

'Last Call Pitches' has relationship advice to get you through romantic partnerships and friendships!

Should you see it:

If you've loved the past two *Pitch Perfect* movies then this

third one won't disappoint. There's going to be competition, arguments, friends overcoming obstacles together, global tours, and of course, a grand singing finale.

Who to take:

This isn't a chick flick, so you can bring guys or gals. The sense of community and girl power is definitely something to bring a group of your girlfriends to, but if it's time for a date night, your significant other will still have a great time.

Cupid's Advice:

Relationships can be hard, but *Pitch Perfect 3* portrays the struggle of every kind of relationship. Whether it's romantic or friendly, the Bellas set the stage for some serious [relationship advice](#). This is what we've learned from *Last Call Pitches* about the importance of all your gal pals:

1. When competition strikes: The Bellas are all about competition. The first movie showed them fighting amongst each other but the second movie showed them banding together for the ultimate stand-up performance. Competition can hurt a friendship, but it's not insurmountable. Encourage each other's strengths and find a way to combine your gifts and passions into something you can do together.

Related Link: [Pitch perfect: Skylar Astin Says Celebrity Wedding Will Happen This Year](#)

2. Life has made you distant: The Bellas have split but they're coming together for one last show-stopping performance. Life can tear friends apart. You take different jobs, move for work, marry before your friend, have a baby, make new friends. It can feel hard to maintain a friendship when life places obstacles and makes time a hot commodity. Talk to your friend about how you want to spend more time together, learn each other's schedules and what times work

best, and make it a priority.

Related Link: [Top 5 Luxury Travel Destinations For Your Next Girls-Only Getaway](#)

3. Always have their back: Just like in a romantic relationship, you need to show your loyalty and support to a friend. You may not always agree with them or may even doubt them, but supporting them despite the potential for failure will only make your relationship stronger.

Are you dying to watch the third movie in this vocally spectacular trilogy? How have the Bellas changed your view on friendship? Share your thoughts below!