

# Jennifer Lopez's new film: The Back-up Plan



With Zoe's (Jennifer Lopez) biological clock ticking away, she gives up on love and makes a plan to have a sperm donor create her family. No sooner is the in vitro process finished and Zoe meets her soulmate, Stan (Alex O'Loughlin). The problem is, Zoe can't see past her personal love issues, which stem from a childhood where her mom died, her dad ran out, and her grandmother was left to raise her. Not long after discovering that her procedure was a success, Zoe begins falling for Stan. She struggles to hide her pregnant 'condition,' but eventually chooses to let him in on the truth, including the fact that she's having twins! Although Zoe expects Stan to run away, he steps up and expresses his desire to stick around. Anyone can fall in love but doing it

backwards, in a nine-month window, with two kids on the way could stress out even the best of us.

## **How do you find time for love when you have a busy schedule?**

### **Cupid's Advice:**

Like most people, you probably take on more than you should.

You manage to get by, but would love to feel that you've accomplished tasks instead of just getting through them.

Cupid has some great ways to strike a balance:

**1. Put it down on paper:** The first thing you should do is write down your schedule on a calendar in advance. Then, mark your top priorities with easy-to-read bold colors. Staying organized is key!

**2. Share your activities:** If you and your partner have equally busy schedules and find that you never see each other, take an hour each week to compare notes. With effort and a little schedule juggling, you'll find some quality time to spend together.

**3. Avoid distractions:** Sure, you may be tempted to watch a *Survivor* re-run with your beau even when you still have work to do, but it's best to resist, resist, resist! Losing focus and concentration in the middle of a project means it will take even longer. Being efficient and completing tasks will give you quality time together.

---

# 'The Romantics' Starring Katie Holmes, Anna Paquin, Elijah Wood & More



By [Jessica DeRubbo](#)

Interested in seeing a love story that transcends the rom com genre by breathing new life into it with a unique plot and A-list actors? Eager to settle into a theater seat with buttery popcorn in your lap and your girlfriends giggling by your side? *The Romantics*, which premieres today, September 10, may be just what you need. Based on the novel by producer/writer/director Galt Niederhoffer, *The Romantics* is directed by its original novelist and follows the story of seven close friends, all members of the same college clique, as they get together to watch two of their own get married.

Lila (Anna Paquin), the bride, and Laura (Katie Holmes), the maid of honor, have long been coveting for Tom (Josh Duhamel), the groom. In fact, Laura is his former lover. As if this heated love triangle doesn't create enough tension and drama already, the drunken group of friends takes a late-night swim the day before the wedding and return without the groom. Ominous weather is looming overhead, and the night is sure to be eventful.



**Want some solid reasons as to why you should start making your way over to the movie theater?**

Check out what these reviews had to say:

1. "*The Romantics* gets much of the female chitchat right, from catty asides to sisterly chase-fights in bare feet," says *Time Out New York's* Joshua Rothkopf.
2. "Replete with unconventional music choices, hand-held camerawork, and a rather simple, yet dramatic and funny plot, the film balances itself out with its share of hits and misses," says [Limité Magazine's](#) Daniel Quitério.
3. "So one enjoys *Romantics* for the genre trappings – the



inebriated toasts, feverish gossiping, unexpected trysts, the de rigueur wedding dress snafu and bright lines that cut through the mood of sentimentality and nostalgia,” says the [Hollywood Reporter](#)’s Kirk Honeycutt.

Other notable actors and actresses in the film include Adam Brody, Malin Akerman, Elijah Wood, Diana Agron, Jeremy Strong, Rebecca Lawrence and Candice Bergen.

Release date: September 10, 2010

---

## Tina Fey & Steve Carell in ‘Date Night’



This comedy action film is about a hardworking couple and exhausted parents, Phil and Claire Foster (Steve Carell from the "The Office" and Tina Fey of "30 Rock"), that can barely find the energy and enthusiasm to go on their routine date night. Aware that the romantic spark is going out of their relationship, Phil and Claire decide to do something different for this night out. When they can't get into a popular restaurant in the city, they take another couple's reservations and are mistaken as the Tripplehornes by the bad guys who are hunting the other couple down.

## **Can a couple rekindle the spark in a relationship?**

### **Cupid's Advice:**

Couples set into a routine may find themselves doing nothing instead of something exciting because they find no enthusiasm or energy left. In order to avoid being stuck in a 'rut,' Cupid has found some much safer ways than Phil and Claire Foster's date night to re-ignite your relationship below:

- 1. Make the relationship a priority:** Spend time alone together and focus on each other. Touch often. Reconnect by talking more about dreams, fears and personal stories and avoid discussions about schedules, kids and to-do lists.
- 2. Mix it up:** Break out of your comfort zone and stop following a routine. Try a new place or activity. Steal away a few minutes early in the morning or cut back on late night TV.
- 3. Go with the flow:** Show your trust in your partner. Whether something bad or good happens, you're in it together. Don't be afraid to show a different side of yourself.

It's not always easy to come up with a special way to spend time with your partner. Follow Cupid to Weekend Affairs:

Nighttime Thrills! for some fun suggestions.

**DVD Release Date:** August 10, 2010

---

# Movie Review: Going the Distance



For a new twist on long-distance relationships, check out Warner Bros. new movie, *Going The Distance*. Garrett (Justin Long) and Erin (Drew Barrymore) fall in love one summer in New York City, but never meant for it to happen – especially

knowing that Erin will be heading back to San Francisco in six weeks. The couple plans on staying casual, but it doesn't take long for their love to ignite a passion they can't escape. Follow these two real-life lovers on their coast-to-coast romance.

## **How can you make a long-distance relationship less challenging?**

### **Cupid's Advice:**

You can't control who you fall in love with, or where they live. If you unexpectedly find yourself in a long-distance relationship, Cupid offers a few ways to help shrink the distance:

**1. Stay in touch:** Technology has come a long way. Gone are the days when you could only use the postal service, or had to pay huge fees for phone conversations. Now you can text, email, Skype, and even talk on the phone for little to no money at all.

**2. Old school:** Although it's easy to spend hours chatting and texting, it can be much more romantic if you compose some old fashioned snail mail and send it to the one you love. The sentiment will not be missed.

**3. Getaways:** With the savings on communication, why not plan a romantic interlude with your sweetheart. Take a weekend getaway in your respective cities, or choose somewhere in between and meet halfway.

Release date: August 27, 2010



---

# Julia Roberts In 'Eat, Pray, Love'



Julia Roberts stars in this week's *Eat, Pray, Love* as a modern wife who realizes she's missing something in her life. Deciding that her soul is unfulfilled, she divorces her husband and takes a yearlong, life-altering journey. She first stops in Italy, where she finds ethereal joy in the art of eating. She then goes to India, where she studies with yogis at an ashram, finding strength through prayer, as well as gaining inner tranquility. Finally, she heads to Bali, where she meets her true love.

**What can you do to lead a fulfilling life?**

## **Cupid's Advice:**

*Eat, Pray, Love* was adapted from Elizabeth Gilbert's memoir, where she chronicled her own personal choices to change her way of life. Below are some of Cupid's suggestions to help you figure out how to get your life where you want it to:

- 1. Assess your situation:** Categorize every aspect of your life, and summarize each section. When complete, read through it to see if there's room for improvement. With family or friends, figure out ways to work on what's missing.
- 2. Think of yourself:** Most people put others before themselves, leading to unresolved resentments that get tucked away in the subconscious. If you take a few moments each week to reflect on your personal choices, and how they have, or will affect you, you might find positive ways to resolve any conflicts that arise ahead of time.
- 3. Be true to your opinion:** This may sound corny, but if you don't believe in yourself, or if you let others provide your opinion for you, you'll end up miserable. Offer your insight to the conversation and make your voice heard.

Life can be a challenge. What you make from the cards you've been dealt is up to you and the choices you make.

**Release Date:** Aug. 13

---

# **Zac Efron In 'Charlie St.**

# CloudId'



Charlie St. Cloud is a romantic movie based on Ben Sherwood's 2004 novel, *The Death and Life of Charlie St. Cloud*. The star of the movie, Zac Efron, plays Charlie, a young man grieving after a tragic car accident takes the life of his younger brother, Sam. Charlie remains connected to his brother's spirit, taking a caretaker job in the cemetery where Sam is buried so they can play catch and talk every night. The turning point is when Tess (Amanda Crew), comes into Charlie's life, and he's faced with the decision to let go of the past or move forward with his newfound love.

---

**Does the past hold you back from falling in love?**

## **Cupid's Advice:**

When love comes into your life after a tragic loss, it can be hard to open your heart. The following are some ways you can begin to heal and love again:

- 1. Cope with the tragedy:** In order to move forward with your life, it's important to first deal with the emotional pain of losing someone close to you. When a family member or friend dies, seek guidance from a professional, or find a support group that can help.
- 2. Visualize the future:** Whether you walk alone or with a mate, positive visual exercises that focus on the future will give you strength as time goes by.
- 3. Refocus your energy:** The good news is that meeting someone new can be a positive influence, mentally. Falling in love can boost your spirits, help release the pain of your tragedy, and help you to start living in the present again.

If you're dealing with the loss of a loved one and don't know where to turn, follow Cupid for more information about Coping with Grief and Loss.

Release Date: July 30

---

**'The Kids Are All Right,'  
Starring Annette Bening,**

# Julianne Moore & Mark Ruffalo



If you like to watch movies with unusual plots on love, then *The Kids Are All Right* should pique your interest. In the favorite at the Sundance Film Festival last January, sperm donor Nick (Mark Ruffalo) aids Jules and Nic (Julianne Moore and Annette Bening, respectively) in having two children via artificial insemination. When the children are teenagers, they become interested in learning about their birth father, and decide to bring him into their family mix, turning everyone's world upside down. Jules – who is dedicated to her life partner – even ends up falling in love with man who helped create her children. This movie is a comedic look at a not-so-ordinary home, and shows how you can find love in unexpected places.



## **Cupid's Advice:**

This film has unusual plot twists that raise the flag of 'what if,' while including the growing trend of same sex parents. Here are three ways to help maintain a strong family connection when conflict arises in any family situation:

- 1. Maintain a line of communication:** You often hear this when struggling with conflict in the home. Talking through disagreements and problems will go further in resolving them than simply ignoring the issues.
- 2. Open the door for suggestions:** When you are up front with your partner and your kids with issues that could cause stress within the family dynamic, you can work together instead of against each other to come to a resolution that works for all.
- 3. Think of what the future holds:** Whatever is causing turmoil now will eventually fade into the past. Working through it is the hardest part, but perseverance is the key to success in any arrangement.

Release Date: July 9

---

**'Twilight Saga: Eclipse,'  
Featuring Robert Pattinson,  
Kristen Stewart & Taylor  
Lautner**



JENNIFER LOPEZ ALEX O'LOUGHLIN

# The Back-up Plan

DUE IN THEATERS APRIL 23



The *Twilight Saga*'s new movie, *Eclipse*, opens on Wednesday, June 30. The third installment of the series involves Bella (Kristen Stewart) in the middle of a constant struggle between her love for vampire, Edward (Robert Pattinson) and best friend, werewolf Jacob (Taylor Lautner). Add the action of a redheaded vampire, Victoria, who wants Bella dead to the mix, and you have the perfect summer blockbuster.

**Is there a way to avoid being in love with two people?**

### **Cupid's Advice:**

Bella, a mortal with her heart being pulled in two separate directions, finds the life choices she makes can have devastating consequences. Cupid has some helpful pointers to help avoid a love triangle:

**1. Focus on one:** By staying involved with the love of your

life, you have less of a chance of adding another love to the mix.

**2. Discover what's missing:** If you find your hearts tempted towards loving another, it might be because your current relationship has something lacking. Talk to your partner to figure out what's missing.

**3. Love is what it is:** If you've done everything in your power to prevent finding spark outside of your relationship, but still find yourself caught between two hearts, you need to make a decision for one or the other, and stick with it.

If you've ever been caught in a love triangle and have other ideas on how to avoid, prevent, or fix the situation, please share with Cupid! Comment below, and check out *Eclipse* to see how Bella deals with her romantic situation.

---

## 'She's Out of My League,' Starring Jay Baruchel



JENNIFER LOPEZ    ALEX O'LOUGHLIN

# The Back-up Plan

DUE IN THEATERS APRIL 23



Here's a romantic comedy about a scrawny-looking TSA worker, Joe (Jay Baruchel, "Knocked Up") who meets a sexy event planner, Molly (Alice Eve, "Sex and the City 2") when he comes to her rescue at airport security. Surprisingly, the two break the rules of attraction and begin dating. Although family and friends question their relationship, they ultimately stay together. Why? Because that's where they belong.

**Do opposites really attract?**

### **Cupid's Advice:**

What one person deems beautiful may not be another person's definition of beauty. Find your opposite by doing the following:

- 1. Throw away that list of criteria:** Sometimes we put up a block and only allow certain people into our lives. Thinking bigger and broader about dating, will provide more options for finding someone special.
- 2. Don't be pressured by the opinions of others:** If your family and friends question your commitment to a man or woman

who doesn't seem to measure up to you, remember that they aren't the ones dating him or her. Only you know what you feel inside.

**3. It's the inside the counts:** Beauty fades over time, but a person with good intentions and character typically remains the same.

If you're dating a person who appears to be "out of your league," just remember that they may be feeling the same way about you!

**DVD Release Date:** June 21

---

**Anna Mouglalis & Mads Mikkelsen Get it On in 'Coco Chanel & Igor Stravinsky'**





JENNIFER LOPEZ    ALEX O'LOUGHLIN

# The Back-up Plan

DUE IN THEATERS APRIL 23



Coco Avant Chanel (Anna Mouglalis) is most widely known for the amazing fragrances for women around the world – specifically, Chanel No. 5. Igor Stravinsky (Mads Mikkelsen), a Russian Composer is known for his unpopular musical genius. In the movie, Coco offers Stravinsky the use of her villa in Garches so that he will be able to work. He accepts the offer and decides to move in with his ill wife and children. The attraction between Stravinsky and Chanel is intense and a tempestuous love affair begins. This leads him to compose inspired music, and Chanel's fragrances became immensely popular and in demand.

## Cupid's Advice:

This movie is about a love affair but a relationship needs commitment and honesty in order to succeed. Here are five ways to avoid your partner from stepping out and cheating on you:

- 1. Being honest** with each other is the number one method of staying together and maintaining a healthy relationship.

**2. Communicating** your needs and desires while listening to your partners will ultimately help you stay close.

**3. Putting your significant other first** when necessary will help your mate do the same.

**4. Brainstorm together** when you find yourselves at a crossroads. Often times, making the effort to stay on track works to iron out any difficulties along the way.

If you have ideas on how to prevent an affair and keep a relationship alive, we'd love to hear from you! We'll take your suggestions and create a poll where you can vote for the No. 1 reason!

Release Date: June 11