## Justin Timberlake Talks About Friends With Benefits





Sure his role in the

upcoming film, Friends with Benefits, involves him having a casual relationship, but Justin Timberlake recently opened up to Ellen DeGeneres, saying he's not a big fan of the idea, according to <u>People</u>. "It's a really good idea until it becomes a bad idea," Timberlake said. "It probably becomes a bad idea really fast." The 30-year-old Prince of Pop said it's hard to keep emotions in check in those type of hookups, and it gets worse once sex is involved. "If you're going to be intimate with someone at some point somebody's going to feel something," he said.

When can a friends with benefits situation be a good idea?

Cupid's Advice:

- 1. Fresh off a strikeout: A 'no strings attached' relationship may be beneficial if you just got out of a serious relationship, and you need a boost of confidence.
- 2. The big move: It's tough to tie yourself down to a city you don't live in anymore. If you anticipate either a move to a different city, but still want to have fun, this type of relationship may be appropriate.
- **3. Flying solo:** For whatever the reason may be, if you're not ready for a committed gig, then it's okay to want to have a non-serious partnership. Just make sure you let your partner know what you're feeling.

Do you think a "friends with benefits" situation is a good or bad thing? Comment below.

## 'Idol' Contestant Stefano Langone Is Single and "Mingling"





Stefano Langone may

have been eliminated from American Idol after his performance of "Lately," however, according to <u>People</u>, the breakout star is single and ready to live it up. Though the singer says he's playing the field, he's also dedicated to putting his music first. "I'm single and very happy, but I am mingling and having fun. But, worrying about my music is number one," he said. Along with making an impact on the American public, Langone has grown very close to celebrity couple Marc Anthony and Jennifer Lopez through his American Idol experience.

## Is it important to be established in your career before entering a relationship?

#### Cupid's Advice:

Having satisfaction in your love life and your career are very important parts to leading a happy life. However, it '[s impossible to predict which will strike first:

1. Work hard, play hard: To have a great career, you must work hard. However, when it comes to finding love, trying too hard is not the way to go when you want to find love. Love strikes when you least expect it.

- 2. Career confidence: Being established in your career can make you exude confidence that can be very appealing to a potential lover.
- **3. Find balance:** Never overwhelm yourself with worry about either your career or your love life. If you're unhappy with either of these aspects of your life, be proactive.

Do you think that someone who is confident with their career is more appealing to date? Share a comment below.

## Rihanna Says 'Khloe and Lamar' Makes Her Want to 'Barf'





Rihanna recently

tweeted that the new E! show, *Khloe and Lamar*, makes her sick ... but in a good way. According to <a href="E! Online">E! Online</a>, the 23-year-old singer said, "@KhloeKardashian crazy, just watched ur show in the studio! Yall make me wanna #BARF... or atleast find a man!!! 2 cute for words. Rah Rah." It seems like Kardashian's new show has gotten the stamp of approval from Rihanna, but does this mean that the beautiful Barbadian pop star is lonely? Khloe Kardashian responded by tweeting, "@rihanna LMAO! Trust me you just need to make your pick and baby girl you got a man. Thank you for watching! Rock it out in the studio!"

How do you avoid being bitter about others in love?

#### Cupid's Advice:

When you're single, sometimes it's hard to see friends who are happy and in love without feeling bad about your own love life. Cupid has some tips on how to stop the jealousy and bitterness:

1. Enjoy the single life: You may be jealous of your married friend, but the truth is, she's jealous of you, too. So while you're single, enjoy it by going out, meeting new people and

having fun.

- 2. Don't lose hope: If you want to settle down in the future, just know that your time will come. Remember that you're single because you're picky, but one day the right person will come along.
- **3. Support your friends:** Instead of feeling bitter toward friends who are in love, why not be happy for them? You know if the roles were reversed, they would support you and your relationship.

How do you keep from feeling bitter about love? Share your comments below.

## Jennifer Aniston Says She's Not a Fan of Dating





She's 42-years old

and has been with some famous guys, but in spite of her track record, Jennifer Aniston said she's not that into dating. "I'm not a big fan of dating," Aniston told <u>Red Magazine</u>. The <u>Friends</u> star added that she wouldn't be anywhere without the support of her friends. "We come from homes far from perfect, so you end up almost parent and sibling to your friends — your own chosen family," she said. "There's nothing like a really loyal, dependable, good friend."

How do you keep your independence in a relationship?

#### Cupid's Advice:

It's great to share experiences while you're in a relationship, but at the same time, it's important to keep your independence as well. Cupid's got some tips:

- 1. Slow it down: Don't jump into a relationship, because if you move too quickly then you'll have to meet the commitments that come with it.
- 2. Keep your space: Although it's important to spend quality time with each other while in a serious relationship, it's important to have your own friends and sometimes do things

without your partner.

**3. Time for you:** Try to remember that it's important to take some time for just yourself. Your mate should understand this if you're in a healthy relationship.

Know any other ways to maintain your independence? Tell Cupid about it below.

### Holly Madison is Looking for Her Soul Mate





Since her breakup

with Jack Barakat last month, Holly Madison has been busy with her book, which hits stands next month, and as a correspondent for *Extra*. However, the star of *Holly's World* told *People* she

is still looking for her soul mate. "It's hard for me, the last couple relationships I had were long distance, [and] it's not like I can make much of an effort to travel and see anybody," Madison, 30, said. "The guy had to do all the work, unfortunately." Madison's Mr. Right, according to her, needs to be someone who is secure and not threatened by a successful woman. "He needs to be patient and somebody who knows where he wants the relationship to go," she said. Until she finds this mystery man, Madison said she is content with flying solo.

What do you do if your partner is more successful than you?

#### Cupid's Advice:

Unless Madison robs the cradle and marries Justin Beiber, she's going to be more successful than her partner. Cupid has some pointers if your lover is similar to Madison:

- 1. Put the ego aside: For some, typically men, it's hard not to be the person who brings home the most money. With the current economy, any money you two earn is helpful.
- **2. Be proud:** In your relationship, you should be supportive of your lover. What better way to show that than by letting him or her know how proud you are of them?
- **3. Unconditional love:** In the big picture, if you truly love your "soul mate," then money shouldn't matter or play a factor in your relationship.

### Sanda Bullock Says She's a

### 'Better Person' After Baby Louis





Academy Award winner

Sandra Bullock dazzled in red this past Sunday at the 2011 Oscars. Bullock received her 2010 Best Actress Oscar (for Blind Side) only to find herself filing for divorce from now ex-husband Jesse James just weeks later. So what was on Bullock's mind this past Sunday when she was being questioned on the red carpet? According to <a href="UsMagazine.com">UsMagazine.com</a>, it's on her new main man, baby Louis. Bullock adopted in secret in January of 2010 finally making it public later that spring. The actress, who has returned to making movies again after a year and a half sabbatical gushed about her new life. "It's made me a better person. I'm more patient and accommodating. I really appreciate where I am."

Does having a child change your relationship with your partner?

#### Cupid's Advice:

Bringing a child into the mix will guarantee one thing in your relationship, and that's a major change. Whether that change is for the better or the worse is up to you:

- 1. Communicate better: With a baby in tow, both of you will be sleepless and irritable. Make sure not to take your lack of sleep out on each other, even if you have to come out right and say it. Sometimes just acknowledging that you're tired and easily annoyed can make all the difference.
- 2. Create a new routine: Long gone are the days of Friday night dates and lazy Sundays. In their place, you can create new routines and patterns. Suddenly, minor things like brewing coffee for your love in the morning will be just the loving touch he needs.
- 3. Bringing out the best: Now, it's not just you that you're looking out for, but a whole new person. Now is the time when you and your partner really have to have those hard discussions about morals and values, and which ones you'll be teaching. And if you two can't agree to disagree on some, then there's a long road ahead of you.

### Richie Sambora Wants More Children





Bon Jovi quitarist

Richie Sambora is currently on the prowl for his "future exwife," according to <u>People</u>. "I'm just looking for the right person to have more children [with.] I just love being a dad," said Sambora. The musician split from actress Heather Locklear in 2006 after 11 years of marriage. They have a 13-year-old daughter together named Ava, and now this rock star is ready to once again settle down.

#### Should you get married just because you want children?

#### Cupid's Advice:

Nowadays people have marriages without children and have children without marriage, yet they are still perfectly happy. Cupid has a few things to consider:

- 1. Think about the children first: It's not a question of whether or not you are married, but about into what kind of an environment you are bringing children.
- 2. Do what makes you happy: If you really want children, don't feel that you have to wait until you get married or promoted. Do what you feel will make you happiest at the time.
- 3. Don't crack under pressure: There's always pressure from

your family and friends to have children once you hit a certain age. Peer pressure is never a good reason to reproduce.

## 'Glee' Star Dianna Agron Splits From Alex Pettyfer





Dianna Agron is now

single following her recent break-up with Alex Pettyfer, according to <u>UsMagazine.com</u>. The duo's split became official following Agron moving out of their shared home last week. The couple, who were set up by director D.J. Caruso while filming the movie *I am Number Four*, recently avoided speculations about an engagement being in the near future. They only dated for less than a year.

#### Who should move out of your shared home after a split?

#### Cupid's advice:

Moving in with your mate is a tough decision in and of itself. The question of who gets what is something you should unfortunately keep in the back of your mind when deciding to move in, just in case things go south. Cupid has a few things to consider when figuring out who moves out and who keeps the castle:

- 1. Financial stability: Whoever has a better chance of paying the rent or mortgage by themselves should have the place, plain and simple.
- 2. Friends or family are a plus: If you have friends or family to lean on until you get back up on your feet, then consider moving out. Having the extra support makes things easier.
- **3. Have a heart:** Even if things are really awkward, do your best to continue living with your partner until one of you finds a new place to stay. Kicking someone out should be reserved for the most drastic cases.

## Ryan Phillippe Ditches Amanda Seyfried to Hit On Rihanna





While most thought

Ryan Phillippe and Amanda Seyfried were destined to become serious, it turns out it was just a fling. A friend told <code>UsMagazine.com</code> that the duo are just friends who are going on dates sometimes. "At one point, there was a chance it would develop into something more serious, but it never did. There's no commitment," Phillippe's friend said. Aside from this, Phillippe was caught hitting on Rihanna Saturday; she kindly turned him down, a witness reports. The actor seemed undisturbed, leaving a house party later that night with a brunette.

#### Does dating around make you a player?

#### Cupid's Advice:

There's a fine line between dating around and being a player. Cupid has a few ways to tell the difference:

1. Strength in numbers isn't always a good thing: When trying to identify a player, think of Barney Stinson from the show "How I Met Your Mother." Stinson is the textbook definition of a player due to the number of partners he attempts to hook up with on a regular basis.

- 2. Being single means taking time for you: It's okay from time to time to flirt and meet a few attractive members of the opposite sex, but trying too hard all the time makes you a player. Just because you're single, doesn't mean you always have to look for a new partner. Let it happen naturally.
- **3. Trust your gut:** If you're picking up signals that indicate he/she is leading you on, then trust yourself and ditch them. The best way to stop a player is by simply avoiding them.

## Jennifer Aniston Insists She Is Happy





Though the rumors

about Jennifer Aniston adopting have finally died down, she's having a hard time killing the biggest rumor out there. "That

I'm unhappy," the actress tells <u>People</u>. The actress insists, "I'm really happy. Really!" Between the rumors of Jennifer dating, adopting a child and getting a dog, she just can't catch a break! "I think people honestly just want to see me as a mom and married and barefoot and pregnant in the kitchen," the actress says. "I just want to say, 'Everybody, relax! It's going to happen.'" But the star is in no rush. For now, she's busy promoting her new fragrance and her romantic comedy Just Go with It, which hits theaters today.

#### Should you take an extended break from dating?

#### Cupid's Advice:

In some cases, much like Jennifer Anistons, taking a break from dating can be very healthy. If you're struggling with this decision, Cupid thought of a few instances where taking a long break might be the right choice:

- 1. Busy job: If achieving your career goals requires a lot of time and effort, dating someone could be very difficult. There's nothing wrong with putting all of your focus on your career. Don't feel rushed; dating isn't going anywhere, but that promotion might!
- 2. Kids: Dating with kids is a huge commitment. From finding bonding time with your kids to finding a babysitter, you're going to have little attention to share with a new partner. Wait until the kids are a little older or at least until you find a system that works. When you can give yourself fully to a relationship, it'll be worth it.
- 3. Bad breakup: If your last relationship was destructive and ended on a bad note, don't move too quickly into a new one. Take some time to be happy on your own. Allow yourself to trust in love again before you take a chance on it.

# Jennifer Aniston Doesn't Understand Girls on 'The Bachelor'





America's sweetheart

Jennifer Aniston reveals that she doesn't understand the ABC show that took our nation full of hopeless romantics by storm. According to *People*, Aniston tells *Allure*, "You know what I find fascinating? *The Bachelor*. I was mesmerized by how these girls, they meet this guy, they have three dates together or something, and they're weeping as though they've just lost the love of their life. I don't understand that." While Aniston may not believe in leaving her love life up to a rose ceremony, one thing the star does say she believes in is "friendship and fun."

#### Is it possible to fall in love quickly?

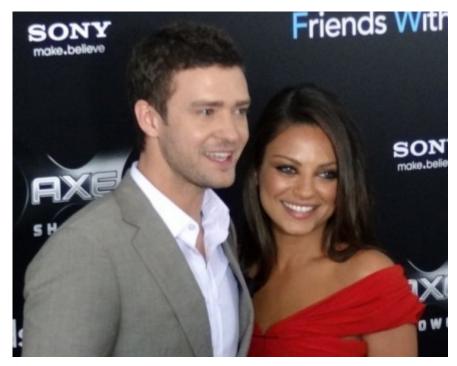
#### Cupid's Advice:

There's no concrete answer as far as "love at first sight" is concerned. Cupid tends to think it takes more than three dates to truly fall in love, and here's why:

- 1. You need to want it for the right reasons: Sometimes when we're sick of being single, we just settle for the next person who comes along. It's easy to mistake your comfort level being in a relationship versus single for love.
- 2. It's probably lust: Whether it's the stars, the wine or the intense physical attraction, most of the time the feelings you have after the first few encounters with a person can be misconstrued as love. In fact, it's probably lust, infatuation or a desire for companionship.
- **3. People are complicated:** The fact is, it's not easy to truly get to know someone. People have many layers, and it takes time to break through those layers. The fact is, you can't love someone fully unless you completely know them.

## Kevin Spacey Doesn't Need an American Beauty





By Jenna Barbieri

This weekend at The Times Center in Manhattan, famous legends of film, theater, music and dance will join together to express their shared love for the arts at the 10th Anniversary of Arts & Leisure Weekend. Kicking off the spectacular event tonight will be none other than two-time Academy Award-winning actor-director-producer, Kevin Spacey.

Though currently starring as disgraced former lobbyist Jack Abramoff in *Casino Jack*, Spacey has a much bigger responsibility serving as creative director of The Old Vic theater in London for the last seven years. So what makes it so easy for Spacey to drop what he's doing and hop an eighthour flight to New York? Perhaps it's because he has no "ball and chain" to hold him back.

That's right, the 51-year-old film legend's ring finger bares no band. In fact, it never has! Yet Spacey continues to squeeze out every ounce of creative energy he has in him year after year. Which begs me to question, can being married to the arts act as a healthy alternative to being married to a significant other?

Spacey has never been known to go out of his way to get

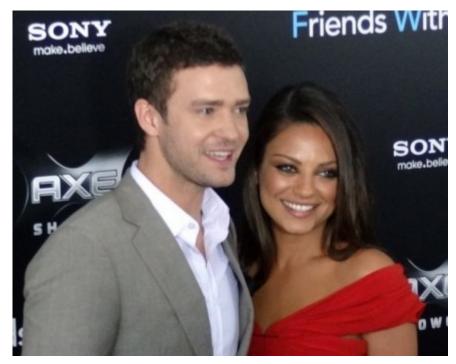
serious with another person, but he moved to another country to take the job at the Old Vic theater. When first questioned about his feeling on the big commitment Kevin would say, "I'm living my dream." Not being married gives him the opportunity to give full attention and devotion to his number one love — the arts. In a way, the the theater plays the role (pun intended) as his wife: a wife whom he is completely passionate, happy and more than content with.

And Kevin Spacey isn't alone in this category! Among other passionate art lovers who have never walked down the aisle are Diane Keaton, Oprah Winfrey, Al Pacino, Sheryl Crow, Bill Maher and the legendary Coco Chanel. These stars are living proof that something that while some people get married when they're in love to have someone who will be there to hang out, listen to music and laugh with them for the rest of their lives, others can depend on their stage, their guitar, or their audience to fulfill the same feeling.

Want to read more about Kevin Spacey's hosting gig? Follow Cupid to The Times Center's 10th Anniversary of Arts & Leisure Weekend event page.

## Christie Brinkley Says Finding Love Isn't a Priority





Even though Christie

Brinkley has been divorced for two years, she's in no hurry to find love again, according to *People*. Why? According to the model, she's not as likely to meet people when she has her kids with her, which is a lot of the time. Also, she says, "you never really know if someone is talking to you because you're a celebrity. It's not my number one priority." Brinkley currently has three children, and says that being a mother "takes a lot of work. My works makes me a better mom. It gives me a little door to step out of my parenting and bring the excitement from that day back home." Her advice to bounce back from a painful divorce? "You've got to find a way to keep laughing, even if it's black humor, and my friends are very good at that," she says. "Some people think of happiness as a luxury, but it's a necessity, and you need to make space for it in your life."

#### How do you know if someone likes you for the right reasons?

#### Cupid's Advice:

Celebrities can never tell if people are into them because they're famous or because they actually like them. Even for those of us who aren't famous, it can be tough to tell if someone's interested for the right reasons. Here are some

#### hints:

- 1. Eye contact: It may seem simple, but if someone is actually interested in what you're saying, he will make eye contact with you during a conversation. If it seems like he's constantly glancing around to see who's watching, he might be a fake.
- 2. He's attentive: He sends you cute texts in between dates, he remembers things you said the last time you saw him and follows up on them, and he goes out of his way for you on a regular basis. These are all signs that he likes you for you.
- 3. He sings your praises: Instead of simply telling his friends he's dating you and leaving it at that, he gushes to them about all of your finer qualities the ones that matter. This proves he's actually getting to know you and likes what he sees so far.

## Nicki Minaj is Single and Seeking a Calm and Strong Man





Nicki Minaj is

single and ready to date, according to The Hollywood Gossip. Minaj is on the cover of the latest issue of *King Magazine* and opens up about what she's looking for in a partner. "Someone who is calm, who is strong enough to not have to win every argument, who allows a woman to be her crazy self and someone with a conscience not to feel less of a man." We suppose a calm man would be a good balance to the rapper's wild style.

## What are characteristics of a good argument style in a relationship?

#### Cupid's Advice:

A good argument is not who has the best come-back, but more of an action plan. You can have a shouting match with your siblings, but talk it out with your partner:

- 1. Listen: How do you expect your partner to listen to your side if you won't listen to his? If you're too heated to sit down and be rational, take some time apart and get back together in an hour or so, after you've both cooled off.
- 2. Acknowledge his side: When your boyfriend is making a point and says something you disagree with, let him know that you

understand where he's coming from, but that you don't feel the same way. "I understand you want to do this, but I feel it would be better if.." is a good way to start.

3. Sleep on it: Sometimes it's better to go to bed and start the day fresh than to talk in circles with no solution in sight. If you're not getting anywhere, sleep on it and return to the subject at hand in the morning.

## Gwyneth Paltrow Says Dating Brad Pitt and Ben Affleck Was Weird





Before marrying

rocker Chris Martin and becoming a family woman, Gwyneth Paltrow was a serial dater. In the 90's, she was known for her high-profile relationships with men like Brad Pitt and Ben Affleck. Paltrow now confesses that now she feels a little weird about her famous ex-boyfriends, according to <u>Us Weekly</u>. "It was strange to be part of a public couple," she says in a new E! special, *Gwyneth Paltrow*.

What are personality traits to avoid in a potential partner?

#### Cupid's Advice:

To avoid a "strange" relationship, there are some things you should look out for in a potential partner. Cupid has some tips:

- 1. Bad boy: He may be hard to resist, but dating a bad boy is, ironically, a bad idea. Oftentimes he's afraid to commit and will be unfaithful.
- 2. Power-hungry: It's good to be ambitious and want to advance in your career. But you should avoid a guy who is obsessed with money and power because he won't give you the attention you deserve.

**3. Too vain:** Who doesn't love a pretty boy? But if he spends more time staring in the mirror than looking at you, he's way too into himself.

## Leighton Meester Hopes to Find True Love Someday





Leighton Meester has

high hopes for true love. According to <u>People</u>, the <u>Gossip</u> Girl star is looking for the kind of relationship that her character on the show, Blair, shares with onscreen love, Chuck Bass (Ed Westwick). "Because the way they love each other is very real, and not for the sake of being dramatic," says Meester. Though 24 and single, the accomplished actress is far from giving up. "It's okay if you don't find him and

you're 24. You can find it someday."

How do you know when you've found "real" love?

#### Cupid's Advice:

Leighton Meester says, "Real love is not for the sake of being dramatic." If you're not sure whether you're in love or not, Cupid has a few telling signs:

- 1. It goes deeper than looks: Make sure you enjoy talking to your partner just as much as you like looking at him. If you find yourself constantly fixated on your partner's physical appearance, you make be confusing love with lust.
- 2. It's not just physical: If your relationship is more physical than it is emotional, it's probably not love. You should be getting to know your partner inside and out. When its' time to say, "I do," you should be looking forward to more than the honeymoon.
- 3. You make sacrafices: The biggest sign of love is putting your partner's needs before your own. Sometimes you have to make sacrifices, even if they're small. If you're always thinking what this person can do to help you instead of what you can do to help them, you're probably not in love yet.

### Taylor Swift Likes Living Alone





Even though Taylor

Swift is rumored to be dating Jake Gyllenhaal, she's still enjoying her independence, reports <u>People</u>. The 20-year-old singer recently appeared on <u>Chelsea Lately</u> to discuss the perks of having her own place. "Living alone you can do so many fantastic things," Swift told Chelsea Handler. "You can walk around and have conversations with yourself and like, sing your thoughts... I think I'm the only one who does that." What are benefits to living without a partner?

#### Cupid's Advice:

Shacking up with someone is great, but it's also nice to live alone and have "me" time all the time. Here are some of the pros of living by yourself:

- 1. Do what you want: When you live alone, you're on your own schedule. Being able to do what you want when you want is a major plus.
- 2. Enjoy your privacy: Living without a partner means you can

do things like walk around without clothes on, sing at the top of your lungs or have conversations with yourself, like Taylor Swift!

**3. No roommate issues:** We've all lived with someone who drives us crazy. Roommate fights are inevitable, and living by yourself helps you avoid all that drama.

# Taylor Swift is Single and Scared of Being in Wrong Relationship





Country crooner

Taylor Swift has dated her share of A-listers, including Joe Jonas, John Mayer, and *Twilight's Taylor Lautner*. The singer

is now connected to the always handsome actor Jake Gyllenhaal. However, according to the December issue of Allure and Us Weekly, America's sweetheart is terrified of being in the wrong relationship. "I used to think there were all these rules for making people like you," said Swift. "I was filled with advice! I'd tell my friends things like, 'Don't accept that apology! That isn't sincere!' or 'He hung out with his ex-girlfriend? Get rid of him.' But love is never that simple."How do you know if you're in a bad relationship?

#### Cupid's Advice:

If you think you're in a bad relationship, you probably are. Here are a few signs that it may be time to move on:

- 1. Just friends: If you're starting to feel that you and your partner were better off as friends, the feeling is probably mutual. Friends with benefits may be fun for the time being, but it's not a replacement for a relationship.
- 2. Nothing in common: It's fun to date someone who has a unique hobby or interest that you know nothing about. Learning new things can keep a relationship exciting. However, if their interests and priorities are keeping you apart more than together, your relationship may be doomed for failure.
- **3. Clashing values:** Personal beliefs on issues such as politics, religion or even finances are possible deal breakers. Beware of these relationship red flags.

## Christina Milian: 'I Love Being Single'





Though Christina

Milian will be appearing in the holiday movie *Christmas Cupid* December 12<sup>th</sup> on ABC Family, she does not plan on being struck by Cupid's arrow anytime soon. As the singer/actress told *People*, there is no man in her life now, and she loves being single. Christina Milian recently split from rapper-producer The Dream. The two have an 8-month-old daughter together, and she is her mother's first priority. She says, "I'm learning about myself all over again. And as far as my daughter, I will never bring anyone into her life that I don't have a real connection with. I'm going to protect her. I don't just bring anyone into my life or her life."What are some of the perks of being single?

#### Cupid's Advice:

Being in a relationship is wonderful, but being single can be just as amazing. After all, you have to love yourself before you can begin to love someone else:

- 1. Embrace independence: Singles can breathe a sigh of relief because the only person they have to worry about is themselves.
- 2. Self-reflect: Flying solo means you have time to find yourself and figure out what you want from a potential future relationship.
- **3. Enjoy being alone:** You are always your best company. So if your last relationship didn't work out, remember it's far better to be alone than in bad company.

## Kim Kardashian Enjoys the Single Life





Kim Kardashian is

embracing her new role in life — the single life, reports <code>People</code>. The reality star says it was difficult to see both her sisters settle down while she chose a more career-oriented path. Kim Kardashian admits, "I have always been the one in a relationship. I like that role, I want that best friend partnership." Today, Kim feels more comfortable being single and has stopped jumping from relationship to relationship.What can you do to embrace the single life while waiting for Mr. Right?

#### Cupid's Advice:

Having time to enjoy and nurture your relationship with yourself is just as important as doing so with a partner:

- 1. Embrace life: Being single is a great time to focus on other aspects in your life, such as school or your career. You can throw your heart into new projects without the need to feel guilty.
- 2. Date yourself: It can be scary to try new things when you're single, but eating alone at a restaurant (sans cell phone) or going to a movie solo can be very empowering to the single soul.

3. Take time for you: Being single is a time when you can focus on yourself; join the gym, sleep in late, or travel. This is the time when you don't have to ask for advice and you have free reign to take on a new hobby.

## Jersey Shore's Angelina Goes on a Terrifying Date





In spite of leaving

her castmates at *Jersey Shore* before the end of the season for the second time, Angelina's reality TV career is far from over. According to *RadarOnline*, just in time for Halloween, the Jersey girl appeared on IFC's 5-part horror satire series, *Dead Set*. It seems that Angelina may be trading in her tan juice head guidos for a much paler partner. As part of IFC's

spoof, Angelina shocked the GTL off of her Jersey Shore cast mates by dating the undead. Anyone who thinks their last blind date was bad can't top Angelina's date with a zombie. Her disgust can be seen as she speaks in candid detail about why this zombie isn't right for her. Perhaps, next time she will look for guys on the boardwalk instead of at the graveyard.

#### What are some date deal breakers? Cupid's Advice:

There is nothing like a bad date to ruin a perfectly good evening. But, remember, going on a bad date isn't your fault, staying on one is:

- 1. Disrespect: If your date makes hurtful comments about your appearance, family background, religion, or anything else, end the date immediately. This is unacceptable behavior that doesn't warrant a second of your attention.
- 2. Too touchy-feely: Though everyone has a different timeline when it comes to the sensual side with someone you have been dating, if that's all your date is interested in, there is no point in dating him/her.
- **3. No chemistry**: Your date may be a great person, but there's just something missing. He/she may appear to be the perfect partner, but maybe just not for you. Don't feel guilty; at least you didn't lead him on!

### Taylor Swift's Single Days





Country crooner

Taylor Swift may be putting her dating history into hit songs, but don't think that she dates men just for the musical inspiration. And don't bother asking her about who her songs are referring to, because she's not about to tell you. "I will say everything in my music," she tells <u>People</u>. But despite her emotionally heavy songs, Swift is currently embracing the single life, saying, "Being single is wonderful and I love it. I don't ever have a morning where I wake up and say, 'I really need to find a boyfriend today.'"

#### What are some benefits of being single?

#### Cupid's Advice:

For some people, living the single life is rough. And seeing all your friends pair off while you sit at home on a Friday night can be like a slap in the face. Living la vida single, however, can actually be one of the best times of your life:

1. Miss Independent: When you're single, you only have one person to answer to: yourself. You can go out whenever you

want, go where you want and see whatever movie you want sans compromising. Take time to enjoy not having to answer to anyone else, and be selfish.

- 2. Life lessons: Sometimes when life isn't so pleasant, and you don't have anyone to turn to for help, you have to forge ahead and go at it alone. But in the end you'll be so empowered that you accomplished a seemingly impossible task all by yourself that you'll soon realize you don't need anyone and that you are capable of doing anything.
- 3. More money, less problems: You don't seem to realize how much extra money you spend in a relationship until you're not in one anymore. With all the extra cash you now have, save up and buy yourself something fabulous. Splurge on a ridiculously expensive pair of shoes or a designer dress you may only wear once for no particular reason.

### Kim Kardashian Blames TV for Lack of Love Life





Kim Kardashian's not

too happy with sharing the spotlight, but it's not her sisters she's worried about — it's her boyfriends. The reality star is planning on staying single for awhile, and blames the constant camera attention for complicating her love life. Kardashian told <u>US Magazine</u> that being single "is a lot easier" than trying to "figure out who likes me for really me (and) who wants to be on a show." The star's ex, Dallas Cowboys' player Miles Austin, reportedly loved the attention he got from Kardashian's show. As she prepares to begin shooting Kim and Kourtney Take New York, in which Kim and her sister will open a new boutique in the Big Apple, she looks forward to remaining single. "This was like, for me, the perfect time to come to New York, because I'm single," she says. "I just felt like I kind of wanted a fresh start."

#### What are some things that get in the way of love?

#### Cupid's Advice:

Relationships can be a lot of work, and there tends to be obstacles nearly every couple has to overcome. Cupid has some ideas on how to work around these issues:

1. Time: Like most things in life, relationships require a lot of time in order to flourish. While it may be difficult to

balance all the aspects of your life, try to take at least 15 minutes a day to show your partner that you care about him or her.

- 2. Distance: Particularly in new relationships, distance can cause some issues. If you're not living together, try to make sure you communicate in some small way daily, even if it's just a text that says "hi" that way, you'll stay on each others' minds.
- 3. Harmony: Variety can add depth and health to any relationship, but balancing opposing viewpoints or interests can make things tough. Stay open-minded about what your partner likes, believes and wants, but make sure you also stay true to yourself. Make sure to communicate about conflicts when the need arises.

## Daniel Radcliffe Loves the Single life





Even though Daniel

Radcliffe probably has the power to "cast a spell" over any woman he chooses, the *Harry Potter* star has vowed to remain single during his upcoming stint on Broadway. Radcliffe will be returning to the stage in "How to Succeed in Business without Really Trying," and has told *Dazed and Confused magazine* that he wants to enjoy being single during the show, particularly because of his tempting cast mates. "I've been in relationships from the age of 14, and now I'm single," said Radcliffe. "I said to a friend the other day, 'Dude, I'm doing a show with dancers. I've got to be single.'" Radcliffe added, "He was like, 'Don't sleep with anyone in your own show. That's a mistake.' It's good advice. But I'm not sure I'll stick to it."

## Is there a point when playing the field goes too far? Cupid's Advice:

Like most fun things in life, casual dating and sex are great, but too much of a good thing can be bad for both you and those around you. Cupid has some thoughts on when dating around moves from harmless fun to harmful behavior:

1. Physically unhealthy: Carelessness during casual sex could lead to unwanted STDs or pregnancy, but no matter how much

protection you use, there's no way to protect your brain. According to *Hooked: New Science on How Casual Sex Is Affecting Our Children*, sex causes the brain to release dopamine, which can lead to poor decision making. And oxytocin, which makes women feel a sense of trust and connection with their partner, is based on nothing, but the chemicals in their heads.

- 2. Mentally unhealthy: Some people deal with their fear of intimacy by refusing to get close to anyone and dating around instead. This fear stems from deeper problems, and if left unresolved, could escalate and prevent a real relationship from blossoming.
- **3. Addiction:** Casual sex could be a mask for a burgeoning sexual addiction. According to PsychCentral.com, "a sex addict will continue to engage in certain sexual behaviors despite facing potential health risks, financial problems, shattered relationships or even arrest."

But enough with the downsides! Casual sex and dating can be fun, and healthy for you, too — in moderation.