Katy Perry Says Her Heart Is 'Happy Again'





Katy Perry made it clear that the only opinions about her impending divorce, filed on December 30, that matter are her own. She tweeted about the gossip saying, "I want to be clear that NO ONE speaks for me. Not a blog, magazine, 'close sources' or my family." According to <u>People</u>, the newly single Perry also thanked "supporters for their concern and well-wishes during a difficult time." She tweeted that she was "grateful for all the love and support" and that her fans had "made her heart happy again."

What are some ways to start to feel happy again after a split?

Cupid's Advice:

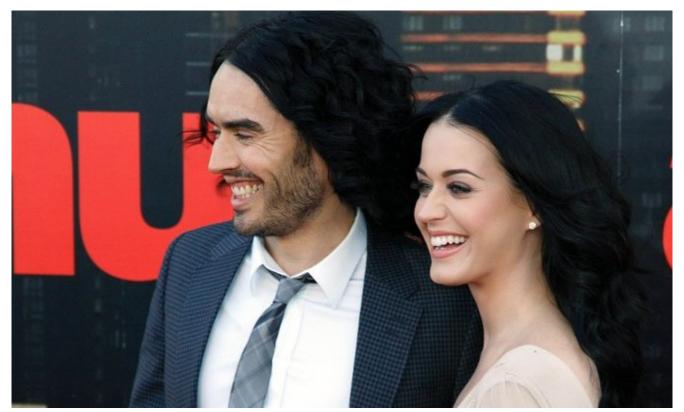
It can be hard to move beyond the negative emotions of a divorce or break-up. Cupid has some tips:

- 1. Make it a clean break: It can be difficult not to contact your ex after having them in your life for so long. However, the only way to truly move on and find happiness in other things is to cut off contact for a while.
- 2. Refocus your energy: Put the time and energy that would've gone towards the relationship into something positive in your life. For Katy Perry, she's focuses on her fans and her music to get over the ending of her marriage.
- 3. Acceptance: Accept that he or she wasn't the one. Perhaps your ex was only meant to be around for a season or two. Understand that this experience will help you grow and that you will find someone new.

What are some ways you were able to find happiness after a split? Share your thoughts below.

Sandra Bullock Explains Why She Returned to Acting Post-Split





After splitting with her husband, Jesse James in 2010, Sandra Bullock did not rush back to work. In fact, she told the Associated Press, "I was perfectly content to be permanently broken." And by broken she means not able to act. Director Stephen Daldry pushed for her to be in Extremely Loud and Incredibly Close, and that finally changed her mind. "I honestly didn't think I was in a place where I wanted to work or wanted to step out of where I was... I wasn't prepared. But that opportunity was louder than my head," she said according to People. "We had a great time. It's no longer 'selfish actress' in the moment," she says. "I wanted to have an amazing time with him and, fortunately, Mr. Daldry presented it. In every possible way, it was the best!"

How can your career help you move on after a breakup?

Cupid's Advice:

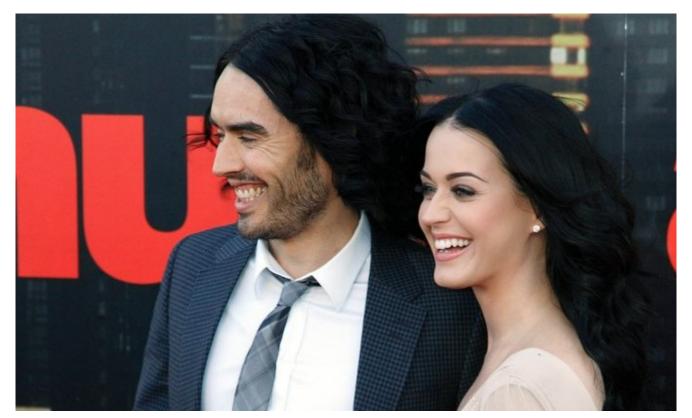
After a rough break up, the career route is often the best road to take. Working on a project and being successful are the keys to moving up and moving on:

- 1. Your mind will be occupied: With a challenging project at work, you will be more focused and not on your ex. Focusing all of your negative energy on something positive can certainly do no harm to the healing process.
- 2. You can focus all of your energy on work: Your ex probably took up a lot of your time and energy. With him in the past, you can accomplish all of your career goals easily. No distractions and plenty of free time will allow you to achieve more.
- 3. A promotion could be headed your way: With all this new focus and motivation, a promotion might be the next exciting and needed change in your life. Working towards becoming number one in the office is a great way to distract yourself from a break up and an excellent way to boost your confidence.

How did your career help you after a breakup? Share your stories below.

Chris Evans Shares What He Wants In a Woman





After his performance in *Captain America* turned heads and eyes to comic books, Chris Evans turned women to his sensitive side in *What's Your Number*? Now, according to *Hollyscoop*, he has landed another gig with Gucci Guilty Intense where he appears in a sexy video with Evan Rachel Wood. "She's awesome," he said. "We actually instantly got along because she's very much my type of girl." Evans further clarified exactly what he wants in a woman. "Very laid-back, likes to go out and have a good time," he told Details.com.

Is it important that your potential partner possess all of the attributes you on your list?

Cupid's Advice

Sure it would be great to find a perfect lover, but odds are that's not going to happen. But, Cupid has some consolation for you:

1. Everyone has faults: Everyone has their quirks, and idiosyncratic behaviors. That's what makes us human. While it's important to have key similarities with a lover,

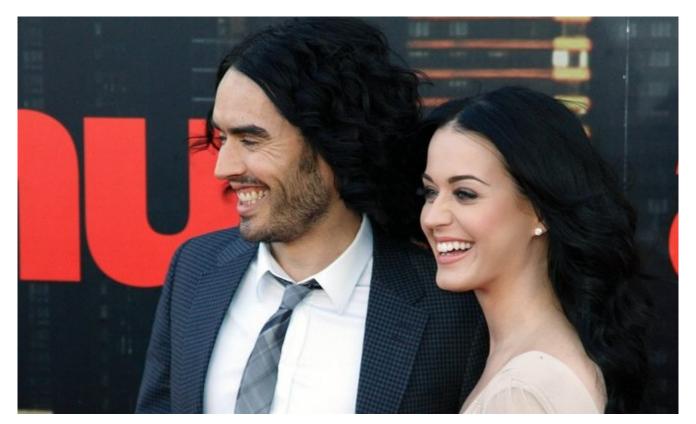
you won't agree with each other all the time.

- 2. Healthy Debate: A strong companionship filled with love will not damage a relationship when there are differences. In fact, it's healthy to debate issues and maintain some individuality. A good partnership allows you to accept each other regardless of your differences.
- **3. Differences are good:** Having interests that your partner doesn't necessarily like (e.g., watching sports, going to the ballet, shopping) is not a bad thing. It will allow you and your mate some "me time," which is important to maintaining a long-term relationship.

Does your partner have qualities that you don't like? Share them with us below.

Rob Kardashian Says He Doesn't Want a Girlfriend for Christmas





Sorry, girls! Rob Kardashian is flying solo this holiday season. "I mean, I want a girlfriend. I've been single for a while, but I'm 24 years old and I feel like I have a lot of work to do on myself first and that's really what I've been focusing on. I'm focusing on my health and getting into shape and my career," he tells <u>People</u>. What does Kardashian want exactly? Just time together with his family. The whole Kardashian crew spends Christmas Armenian style and, of course, together as a family. Kris Jenner gives out pjs every year for the whole crew, and they all sleep at the house, get up at about 6 a.m. and celebrate together. "My mom also throws an awesome Christmas party every year and at the end of the party — once everyone leaves — we all sit by the fire and talk as a family."

What if the man you like doesn't want to settle down?

Cupid's Advice:

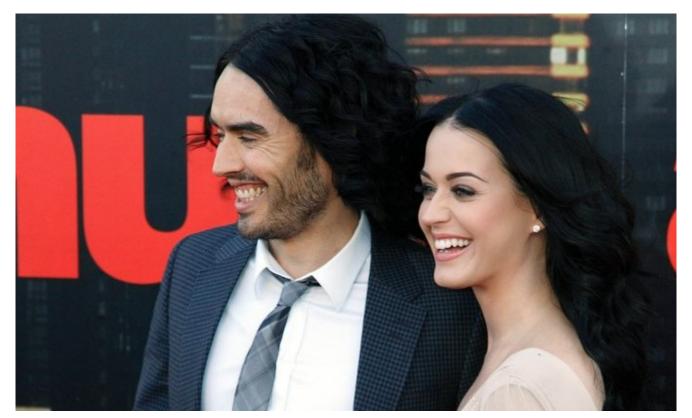
So what do you do when you're ready to pick a wedding date, but your significant other doesn't even want to live with you yet? It's difficult, but it might be time to move on:

- 1. Talk about why he doesn't want to settle down: Maybe there is an underlying factor that is scaring your man from committing fully. It could be some pressure you place on him, or it could have to do with how his own family worked out. Either way, talk to him and try to understand on his level.
- 2. See if you can make any compromises: Could it be possible you are too controlling for his liking? If your man is nervous about living with you because of such issues, make compromises. You won't wake him up or 6 a.m. yoga on Saturdays if he will put the toilet seat down. Talking about issues like that might make your man excited about the whole idea, instead of trying to run from it.
- 3. Consider moving on: If all else fails and your man still doesn't want to settle down, you might have to find a new man. We all hate to hear this, but you and your lover have to want the same thing for your relationship to succeed. There is sure to be someone out there who wants what you want.

How did you get your man to settle down? Share your stories below.

Lady Gaga Says She May Stay Single Forever





In a interview for *Vanity Fair*, Lady Gaga opened up about her love life. The singer is known less for her romantic relationships, and more so for her dedicated relationship with her fans. According to E! Online, Gaga thinks that she will never know martial bliss. With the divorce plague that many stars face, it can be hard to find love in the entertainment business. Gaga told *Vanity Fair* that it isn't the men she dates that are the problem, but herself. Whatever the issue, we hope Gaga finds love. But if she doesn't, her little monsters will still get great music out of it.

What are the advantages of playing the field and staying single?

Cupid's Advice:

Staying single can be a lot of fun, but it can also leave you feeling lonely and confused when a new relationship comes around. However, sometimes it can be the best thing for you and your future relationships. Here's how:

1. You: Being single means more 'me time'. Not having to

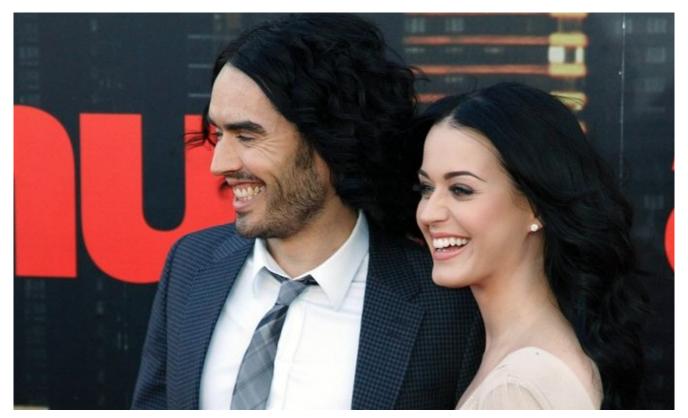
worry about a partner's feelings lets you learn what you like or dislike for future relationships.

- 2. Networking: Flying solo can allow you to meet new people in places that you would have visited while in a relationship. It can open up your social circle and teach you how to communicate better in future relationships.
- **3. Freedom:** Not having to report to anyone or make decisions based on how it will affect you and your partner will leave you free to become an independent well-rounded person.

What have you gained from being single? Share your thoughts below.

Jennifer Love Hewitt on a Diet During Holiday Season





According to <u>People</u>, Jennifer Love Hewitt has decided to not indulge in her favorite foods this holiday season. The actress is preparing for her new movie, which will be filmed in January, saying, "I will be in lingerie a lot, so I'll be working out. I will not be eating for the holidays." She said that while her family enjoys food, she'll be doing Pilates. "This year will be loads of fun for me," she said sarcastically.

What are some ways to stay healthy over the holidays?

Cupid's Advice:

With the holidays approaching, it can be hard to stay healthy. Here are three ways you and your mate can stay fit:

- 1. Exercise: Set up a schedule with your partner on what days and times would be best to get fit together.
- 2. Healthy diet: Change your eating habits by throwing out all the junk food and meals with too much sugar. Instead, replace it with a diet that includes proteins, vitamins and carbohydrates.

3. Sleep: The amount of energy you have in a day depends on how much sleep you get. Go to bed on a regular basis for seven to eight hours a day.

How are you and your partner staying healthy this holiday season? Share your comments below.

Demi Lovato Catches Bouquet at Disney Co-Star's Wedding





The wedding fairies may be trying to tell former Disney star Demi Lovato something. The actress recently attended her former *Sonny with a Chance* co-star Tiffany Thornton's wedding, and she caught the bride's bouquet at the reception, according to <u>UsMagazine.com</u>. Lovato wasn't shy about her accomplishment, either, as she went straight to Twitter to tell the world. "Such a beautiful day," Lovato tweeted. "Congrats to the new Mr. and Mrs Chris Carney! P.S. Guess who got the bouquet? ME!"

How do you deal with your man when he freaks out after you catch the bouquet?

Cupid's Advice:

Catching the bride's bouquet at a wedding traditionally means you'll be the next to tie the knot. This can send your man into a full-on panic. Here's how to keep him calm:

- 1. Don't make it a big deal: After you catch the bouquet, play it cool. Don't make a big fuss or put any pressure on your man. This will only make him more stressed.
- 2. Keep expectations out of it: Make it clear that the bouquet doesn't change your mindset about your relationship. Make it be known that you don't have any outstanding expectations as a result.
- **3. Play it off as superstition:** Make it be known that you are fully aware that the bouquet tradition is purely superstition, and simply laugh it off.

How do you calm your beau's nerves post-bouquet catching? Share your ideas below.

Hugh Grant Has Baby Girl with Mystery Woman





British actor, Hugh Grant, welcomed a new addition to his bachelor life. In early October, his baby girl was born to a woman who has yet to be revealed. "He and the mother had a fleeting affair and while this was not planned, Hugh could not be happier or more supportive." Grant's rep told <code>UsMagazine.com</code>. The About a Boy star has never been married, but he admitted to Vogue in 2007 that he was ready for fatherhood, stating that he was "...quite keen to find someone else to care about more." The 51-year-old seems to have gotten his wish and, according to close sources, is extremely thrilled to accept the new challenge of raising of child.

How do you make sure your child feels loved as a single

parent?

Cupid's Advice:

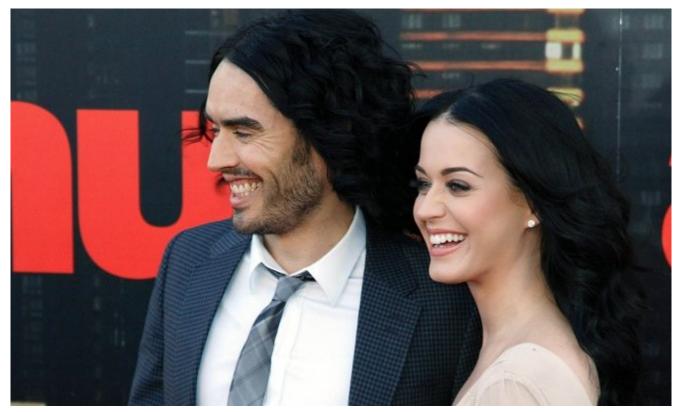
Although you are not raising your child in an ideal situation, make it clear to them that just because Mommy and Daddy are not together does not mean that they are loved any less:

- 1. Be there: As the old saying goes, "Actions speak louder than words." Prove to your child that you aren't going to leave his or her side. Be at sporting events, musicals, recitals and art shows. Be as present as possible in your child's life.
- 2. Get help when needed: There's no doubt that being a single parent is tough. If your child's mother or father isn't in the mix, make sure to reach out for help from family and friends when you need it. It's much better than making your child feel neglected because you don't have enough time to dedicate to them.
- 3. Tell them: Let your child know that they are loved every single day day, not only by you, but by your former partner and extended family.

How do you make your child feel loved as a single parent? Share your experiences below.

Kelly Clarkson Wants Marriage and Four Kids





After just releasing her fifth album, *Stronger*, Kelly Clarkson was asked what she sees in her future. The singer expressed her hopes to be married with four kids someday. "I love what I do right now, but I live a very single life," said Clarkson. According to *People*, the singer also revealed once she has a family, her career will take a backseat. "I don't know if I'll retire," she says, "but it won't be as full-on. Obviously things will supersede music."

What are some ways to attract a family man?

Cupid's Advice:

If you want children, most likely you'll want your partner to be a family man. Here are some ways to find one:

1. Be wholesome: You don't have to be completely conservative, but no family man is looking for a party girl. Work on being

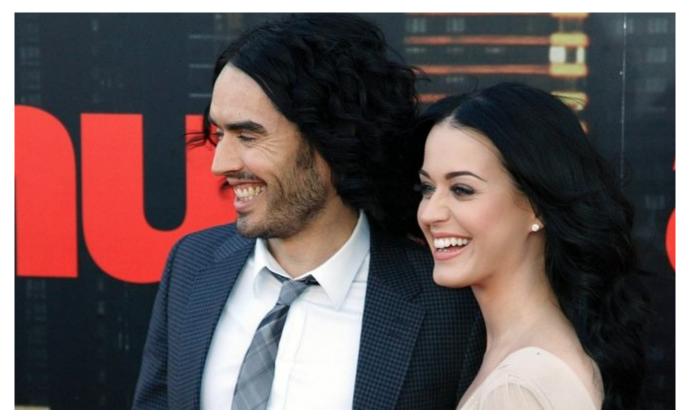
mature and handling situations in an adult way.

- 2. Financial stability: Being in control of your finances will attract the type of partner who is looking to start a family. Work hard at your job, and establish a professional reputation.
- **3. Find a new hangout:** Not finding a family man where you usually hang out? Switch it up. Perhaps give up the bar scene and start attending some community events.

What is the best thing about dating a family man? Share your thoughts below.

Kellan Lutz Says Past Girlfriends Have Made the First Moves





Fans of *Twilight* hunk Kellan Lutz can stop speculating. Like many other male celebrities, Lutz has fallen victim to gay rumors. However, he assures his fans they are not true and that only insecure girls believe such nonsense. "Most of the girlfriends I've had have come after me. So it's really funny when girls get offended because I don't hit on them. They'll transform their insecurity into 'Oh that makes sense because I heard you're into guys and have a boyfriend'..." The star has a lot of love for the LGBT community, despite the rumors. RadarOnline reports that he even prefers gay men as roommates because they're typically cleaner. So ladies, if you ever want to approach Kellan Lutz, remember to be bold and secure with your tactics.

As a woman, what are some appropriate ways to make the first move?

Cupid's Advice:

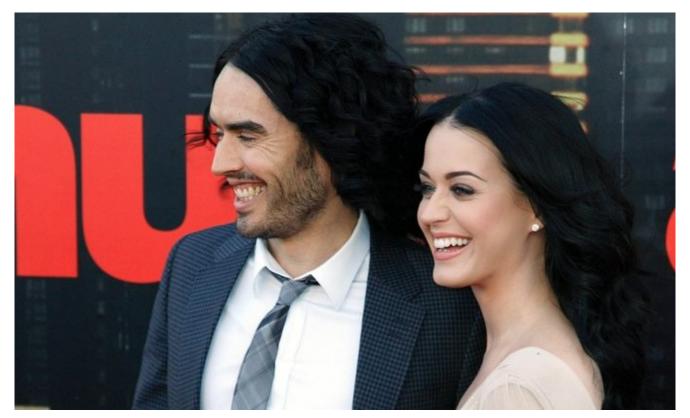
Making the first move is a bold approach. Remember to look your best and be confident in your choice of words and actions:

- 1. Buy them a drink: Some guys may try to flip the script and buy you a drink, but stand your ground. This shows you're a person of interest and that you're independent and can hold your own.
- 2. Compliments: A good way to break the ice is to compliment them. Whether it's their clothes, shoes, or eyes, this helps to get the conversation flowing.
- **3 Ask them to dance:** Although this is a little risky because not everyone likes to dance, it does show that you want to have fun, which is an attractive characteristic. If the guy you choose can't dance, hit them with some old school dances and make everyone laugh.

What are some ways you make the first move? Tell us your story below.

Ryan Gosling Talks Up Past Girlfriends





Ryan Gosling's nostalgia is keeping him off the dating market, reports Hollyscoop. The Drive actor revealed in an interview that he is not currently dating, despite many rumors. "There's interest, but I'm in a committed relationship with film," said Gosling. "I'm giving as much to it as marriage." Gosling also mentioned his previous girlfriends, Sandra Bullock and Rachel McAdams, and said they were " two of the greatest girlfriends of all time. I haven't met anybody who could top them."

What are some ways to stay on good terms with your exes?

Cupid's Advice:

Staying friends with an ex is almost always difficult, but it doesn't have to be. Here are a few tips to help you befriend your ex:

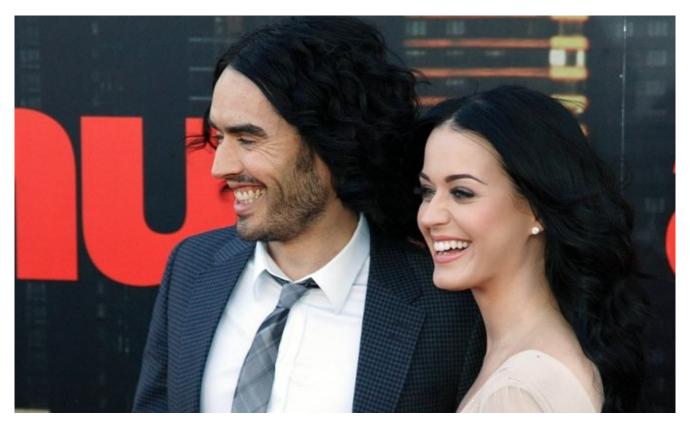
1. Remember your breakup: If the two of you had a messy breakup, then maintaining a friendship will be difficult. It's still possible to be friends, but keep your breakup in mind when you try to reach out to them.

- 2. Contact them: Even if the two of you don't hang out or call each other on a weekly basis, send your ex a quick email every now and then asking after their health and well-being.
- 3. Rely on mutual friends: Transitioning from a relationship to a friendship can be very awkward. Rely on your mutual friends to ease the transition. Hanging out in large groups can give you a chance to chat with your ex without the conversation going sour.

Are you friends with your ex? Feel free to share your story in a comment below.

Jake Gyllenhaal Spends Time With Three Eligible Women In One Week





Jake Gyllenhaal is definitely enjoying the single life! The 30-year-old actor was spotted with no less than three women in one week, reports <code>People</code>. First, Gyllenhaal stopped at a gas station with Anna Kendrick on their way back from Las Vegas. Next, the eligible bachelor joined pal Rashida Jones for lunch at an organic, vegan café in L.A. Finally, he hung out with married <code>Cougar Town</code> star Busy Philipps, who is a longtime friend and fellow godparent to Matilda Ledger, Heath Ledger and Michelle Williams' daughter. Although all three women are said to be "just friends" with the <code>Love & Other Drugs</code> star, it looks like Gyllenhaal is still one of Hollywood's most popular bachelors.

What are things to be cautious of while dating around?

Cupid's Advice:

When you're single, you want to play the field without going overboard. Cupid has some tips on how to be careful, and yet still have fun while dating:

1. Overbooking: Even if you're a heartthrob movie star like

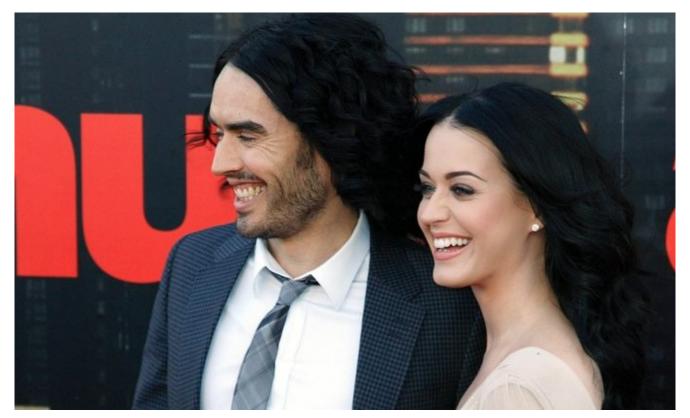
Jake Gyllenhaal, more than three dates in a week can be a little overwhelming. It's not like you can't go out with more than one person at a time; just make sure you're giving each of your dates enough attention.

- 2. Being dishonest: When you're seeing someone new, you should be truthful right away. If you're not looking for a serious relationship, tell them that to avoid any confusion or hurt feelings.
- **3. Falling into a pattern:** If dating bad boys hasn't exactly worked out for you, try changing your habits. By dating outside of your comfort zone, you'll find out what you like and in the process, you may also find "the one."

What else should you be wary of while casually dating? Share your comments below.

Olivia Wilde and Ex-Husband Reunite





Olivia Wilde has been seen lunching with ex-husband Tao Ruspoli. According to <u>People</u>, the couple who filed for divorce in March looked happy together on Tuesday while doing some afternoon shopping in Venice, CA. This isn't just a one-time occurrence; in fact, the hot divorcees who were married for eight years were also seen together at the end of July. As the <u>Cowboys & Aliens</u> star told <u>Marie Claire</u>, "We're friends. His family is my family."

How do you keep a cordial relationship with your ex?

Cupid's Advice:

When a relationship doesn't work out many couples end up splitting up without a friendly parting. In Hollywood, multiple that by ten as the news hits the tabloids. It isn't too often that ex-lovers find friendship where there was once intimacy but it does happen. It's definitely a much better place to be than full of hate and negativity. Here are some ways to have a healthy relationship with your ex:

1. Bond over the kids: If you have kids with your ex, chances are you both love them unconditionally. So, don't focus on

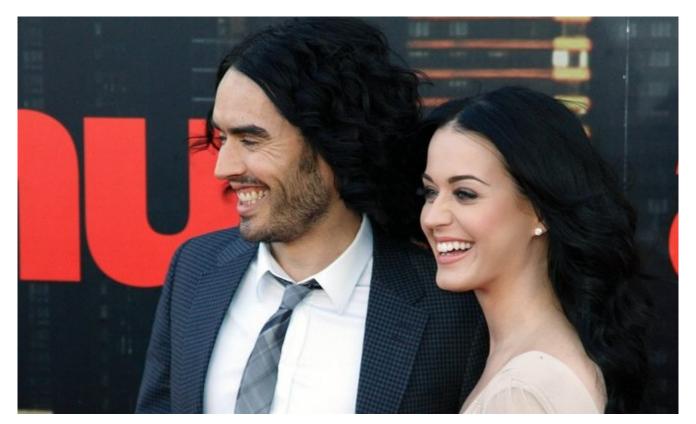
your issues as a couple, center your attention on being a good mother and father for your kids. Be there as a team and your relationship may have the chance of being less bitter.

- 2. Avoid drama: If you aren't going to rekindle your relationship anytime soon, there is no reason to revive the drama. Leave the past in the past.
- 3. Get in touch with your feelings: Whether it's yoga, mediation or therapy, get in touch with your feelings in order to heal and wash away the negativity that could be destroying you inside.

Have you ever been just friends with an ex? Tell us your story...

Kate Gosselin Says She's Glad to Be Divorced





Kate Gosselin has shown us the good, the bad and the ugly parts of her life and now she wants everyone to see she's doing just fine as a divorced woman taking care of her 8 kids. "I wouldn't change my marriage because I have eight awesome kids that I would not change, but people change and they're not who you thought they were and if they're not for you, move on. And I have," she said, according to <u>People</u>. That's a winning attitude! Her show <u>Kate Plus 8</u> has recently been canceled, but Gosselin continues to maintain that positive attitude and focus on what's most important, her kids.

Divorce can be tough, but what are its advantages after the fact?

Cupid's Advice:

Divorce is a difficult thing to go through, but there's always a light at the end of the tunnel, and Cupid has come up with a few advantages:

1. Happiness: Yes, initially you may be heartbroken, but in

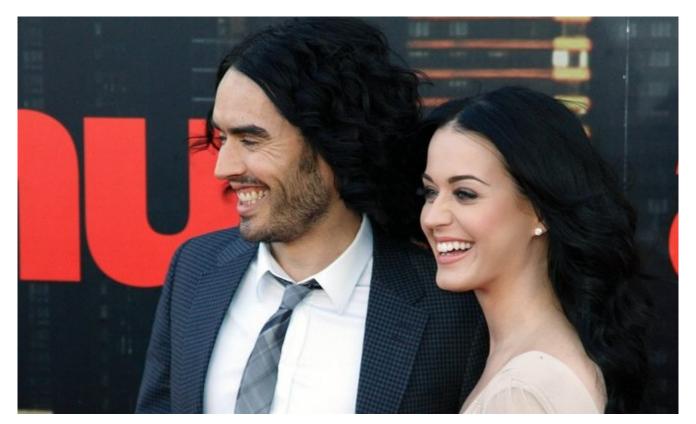
the end it's important to realize that the two of you weren't happy. Once you move on, you'll be happy knowing you ended something that wasn't going anywhere.

- 2. Find yourself: One of the best parts of life after divorce is rediscovering what makes you, you. Whether it's going back to the hobbies you used to love or jumping back into the dating pool, keeping yourself busy with things you enjoy will remind you that you're self sufficient.
- 3. Open to new love: Maybe your idea of a picture perfect marriage didn't work out as planned, but that doesn't mean you have to give up. Now that you're single, you can find your true soul mate.

What do you think are some advantages of life after divorce? Share your thoughts below.

Justin Beiber Plays Cupid for Kendall Jenner





It appears as if Justin Beiber is extending his talents outside of music and into the matchmaking industry. The 17-year-old singer has been trying to set up friend Kendall Jenner with his writer/producer buddy Julian Swirsky. Her response, "Only if you and Selena Gomez join us. Double date," she tweeted Tuesday. However, Jenner may not have time to date. The Kardashian 15 year-old kid-sister will be the new face of Leah Madden's summer 2012 swimwear campaign, Pirouette.

What are the advantages to trusting your friends to set you up on dates?

Cupid's Advice:

It's always good to have faith in your friends, but how relevant is that in the dating realm? Cupid takes a look at the pros:

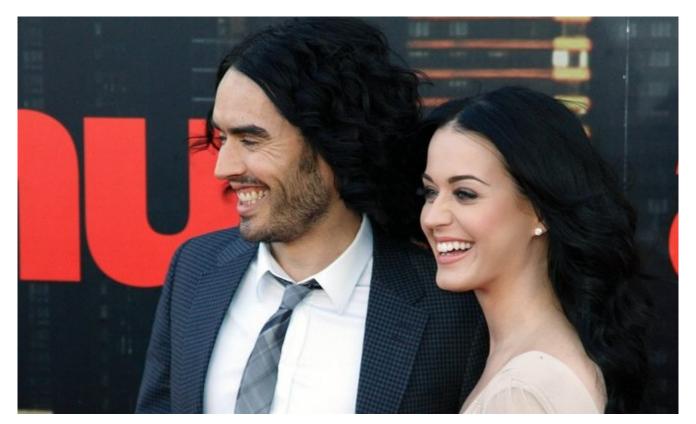
1. Trust the right friends: You may want to ask your friend what their motives are for setting you up. If they seem less than admirable, then be cautious.

- 2. 'The Right Stuff': The ideal friend sets you up with someone who compliments you very well or someone with which they see you having a good time.
- **3. Awkward turtle:** On your blind date, try to make it more of a social gathering, because it helps ease tension and should help prevent some awkard moments.

Have you ever had a friend set you up on a date that went terribly wrong? Share your experiences below.

Justin Timberlake Says He Should Not Be Giving Love Advice





Not everyone can dole out love advice like Cupid can. At the premiere of his new movie *Friends With Benefits*, Justin Timberlake said he is the last person anybody should ask for relationship tips, *UsMagazine.com* reports. "I think it's pretty obvious that I should not be giving anybody love advice," the actor/musician said, adding, "Yeah, listen to a single male... That'll work out." Timberlake, 30, split with Jessica Biel in March.

How do you know if someone giving you love advice is credible? Cupid's Advice:

Some people have more bad luck in the love arena than others and may not be the best source of relationship advice. Cupid has some tips on how to know when someone is giving you reliable tips:

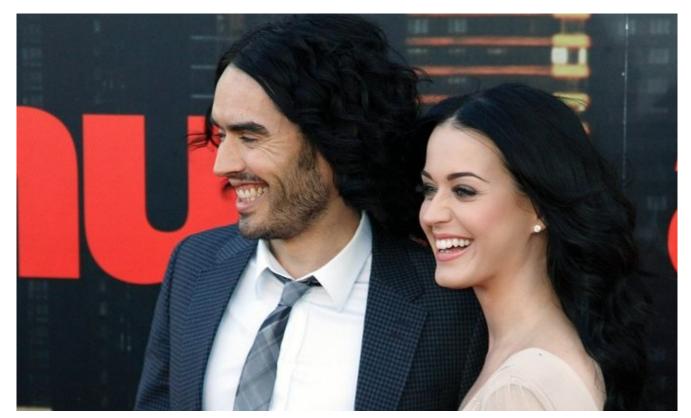
1. Single: Don't get your relationship advice from one of your perpetually single friends. There's nothing wrong with being single, but if they've never had a long-term relationship, they probably can't help you out.

- 2. In a relationship: On the other hand, someone who has been in a perfect, trouble-free relationship for as long as you can remember might have trouble giving you tips on how to overcome relationship hurdles.
- **3. Different experiences:** If you ask a friend who doesn't believe in monogamy what to do when you think your mate is cheating, they may give you a biased response. In other words, talk to someone with the same outlook on love.

Who do you go to (besides Cupid) for relationship advice? Share your comments below.

Marc Anthony Jokes About Being Single At Concert





Sure, his marriage with Jennifer Lopez fell by the wayside, but Marc Anthony isn't showing signs that it's slowing him down. The pop star played through his set list of romantic salsa tunes while flirting and blowing kisses the the ladies in attendance, calling one in particular, "Mamacita" — hot mama. "They're saying I'm single," Anthony said jokingly to his crowd at Simon Bolivar Metropolitan Park in BogotÃi Saturday night. Despite his divorce, Anthony and Lopez still plan to go forward with their show Q'Viva, which will begin to film in the fall, according to People.

Does flirting with the opposite sex help relieve the pain of a break-up?

Cupid's Advice:

Flirting can help when you're fresh out of a relationship because it can boost your confidence with potential lovers. Here are some tips to help you get back into the game:

1. Timing is key: It's important to remember the "mourning period" that follows a break-up. Give yourself some time to get over your ex before you start turning up the flirt. After

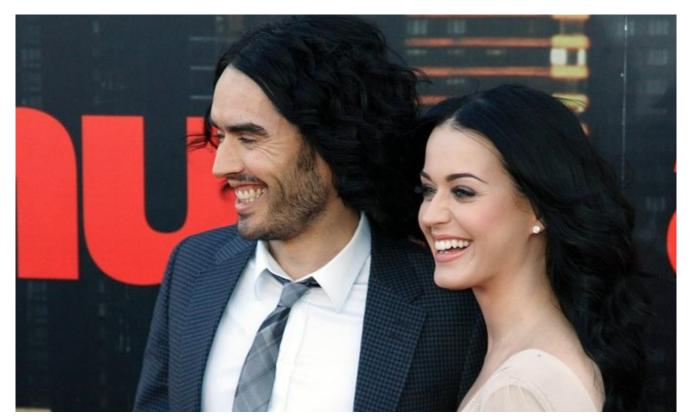
all, nobody likes thinking about their ex when they're with someone else.

- 2. Man overboard: The key with flirting is that it's like alcohol—best in moderation. Taking it too far is not only a sign that you're not over your ex, but you just look silly.
- 3. Be playful: Remember, it's just flirting. Similar to Anthony, keep it fun, but don't try to get a rebound right after a break-up.

Do you think flirting after a break-up is appropriate? Comment below.

Newly Single Lauren Conrad Gets a Hair Makeover





Fresh from her breakup, Lauren Conrad is trying a fresh new hairdo, reports <u>UsMagazine.com</u>. The Hills alum asked fans to vote on her blog whether she should get temporary multicolored streaks in her hair or not. After an overwhelmingly positive response, Conrad blogged, "You voted and I did it. Thanks for playing." The 25-year-old author and designer broke up with <u>My Boys</u> actor Kyle Howard in June, leaving her "heartbroken," according to a source.

How can you re-vamp your outlook on life post-breakup?

Cupid's Advice:

After ending a relationship, sometimes you need to re-adjust your life. Cupid has some ideas on how to change your frame of mind after a breakup:

- 1. Take a trip: If you take some time off and go somewhere new, your perspective on things might change. Traveling will give you time to think and reevaluate your life.
- 2. Have a makeover: Upgrade your look like Lauren Conrad, and you'll end up upgrading your outlook. Try a new hairstyle or

some new outfits and you'll feel like a new person.

3. Date: Rebound relationships are usually a bad idea. But going on a couple of first dates with new people will help you remember that there are other opportunities out there.

What do you do to gain perspective after a breakup? Share your comments below.

Olivia Wilde Calls Her Dog Her Only Boyfriend





Man's best friend, woman's cuddle buddy. Actress Olivia Wilde

recently settled all of her dating speculation with one tweet made Friday, according to <u>People</u>. "Ok I know I'm not supposed to tweet sexy photos (damn you [Anthony] Wiener! [sic]). But here is my and my (only!) boyfriend in bed." Despite internet rumors that the <u>House M.D.</u> actress is dating Bradley Cooper and was dating Justin Timberlake in April, Wilde's only cuddle-buddy is her canine companion. "He is my only boyfriend," she said while laughing at the Chrysalis Butterfly Ball in Los Angeles. "He's the only one that I need."

What are the benefits of being single after a breakup?

Cupid's Advice:

- 1. Live for you: Focus on your career, get all of your priorities straight and catch up with old friends. Whatever you do, just make sure you make these decisions for yourself and not for other people.
- 2. Freedom: Remember being able to flirt without feeling guilty in your relationship? Well, now you can begin to enjoy that again. Don't be afraid to turn the flirt up when you see someone cute.
- 3. Learn from the past: There's a theory that every event is a learning experience. Take the time to learn from your past and find out what needs to change when you're ready for another relationship.

What are some benefits to being single? Share your thoughts below.

Kate Gosselin Says She Wants An Older Man





Kate Gosselin may have finally found peace with her estranged ex, Jon Gosselin. The star of *Kate Plus 8* told *People*, "It's just naturally gotten more peaceful, which is good." While Kate, 36, said she's not dating at the moment, she already has a checklist for her future mate. "I want somebody who is older, at least in their 40s. I can't be bothered with these little boys." She added, "I want someone who is strong and smart and driven. I think those are the best qualities."

What are the benefits of dating an older man?

Cupid's Advice:

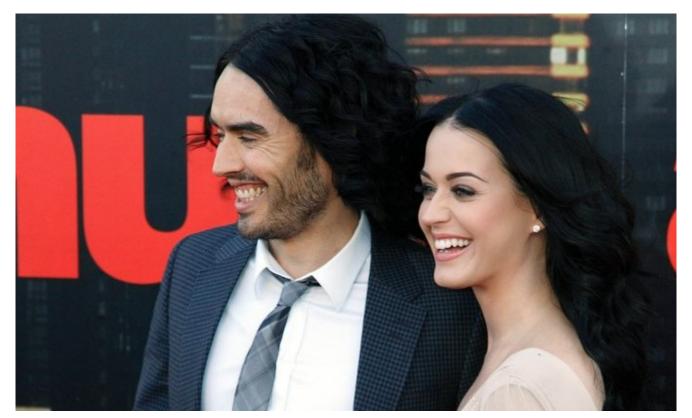
They say age is nothing but a number, but sometimes there are advantages to being with someone older. Cupid has some ideas on why you should consider dating outside your age bracket:

- 1. Maturity: With age comes wisdom, and if you're sick of dating people with the maturity level of a five-year-old, try going out with someone older.
- 2. Stability: Older people often have a more stable financial situation and are looking to settle down. If you're looking for something permanent and secure, having an older partner may be perfect for you.
- **3. Children:** If you have children like Kate Gosselin does and are looking for someone strong and reliable to be in your children's lives, being with someone older might be a good idea.

Would you date someone significantly older than you? Share your comments below.

'True Grit' Star Hailee Steinfield Worries Guys Date Her For Wrong Reason





Hailee Steinfeld, who was nominated for an Oscar this year for her role in *True Grit*, told *People* that despite her newfound fame, she's not dating right now. The 14-year-old actress says she's afraid that boys will want to go out with her for the wrong reasons. "I feel like I can have crushes on guys, but I'm always worried they may only feel a certain way because of who I am." But Steinfeld says that she's okay with being single. "I don't feel like I *need* to be with anybody in that way right now. My guy friends are like my brothers."

What are ways to tell your partner is dating you for the right reasons?

Cupid's Advice:

When you reach some kind of status, whether it be earning a lot of money or becoming famous, sometimes people will ask you out for selfish reasons. Cupid has some tips on how to spot these types of people:

1. Beware of gold diggers: If you could never get a date before and all of the sudden people from your past are coming

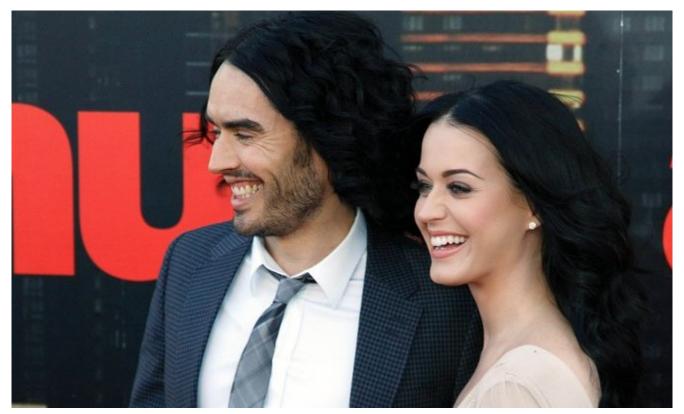
out of the woodwork, they may be interested in something other than your personality.

- 2. Standing by you from the start: If your partner has been there from the beginning: before you lost the weight, got the great job, etc., then you know he or she is dating you for the right reasons.
- **3. And until the end:** On the other hand, if you go from riches to rags and lose it all and your mate sticks by your side, then you have yourself a keeper.

How did you find out your ex was dating you for the wrong reasons? Share your comment below.

Blake Lively Says Breakups Are Never Dramatic For Her





According to Blake Lively, things are OK between her and Gossip Girl costar and ex-beau Penn Badgley. "Every relationship you have, you're learning and growing and taking something from that," she said in the most recent Us Weekly. "So for me, it's never been too dramatic of a thing when something ends." She added that she doesn't let public opinion influence her decisions, whether that means talk about her split from Badgley or her European excursion with actor Leonardo DiCaprio. "I have a strong sense of myself," Lively said. "That gives me a sense of security, you know? If I define myself by things that are always changing, like the public's opinion, or what I'm wearing, or what job I'm doing, there's no stability in that."

How do you assure that your breakup is drama-free?

Cupid's Advice:

Ending a relationship doesn't always have to be messy, so Cupid has a few suggestions to keep the drama-levels low:

1. Clean-cut: When it's time to throw in the towel, it's very

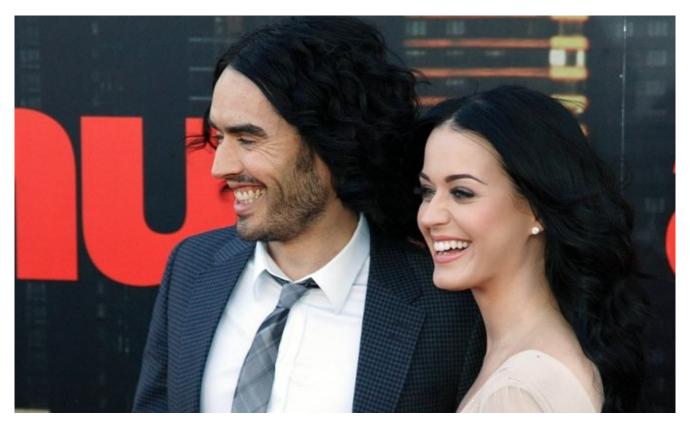
important that the two of you get some separation for a while.

- 2. Time heals all wounds: It's extremely difficult to go from a relationship to "staying friends." It's best to give it some time and then eventually try to be friends.
- **3. Independence Day:** Similar to Blake Lively, it's important to have a strong foundation of self-confidence. After a break-up, take some time for yourself and don't go jumping into another affair.

What is the best way to keep a breakup simple? Tell Cupid below.

Jennifer Aniston's Dad Gives Her Dating Advice





The two things John Aniston wants his daughter Jennifer to find in a future husband are honesty and Greek roots. Jennifer Aniston's father was honored Saturday at the Hellenic Times Scholarship Fund 20th Anniversary Gala in New York and had a few minutes to talk about his daughter, according to People. A native of Yannis Anastassakis Crete, he said Greek men are sexier and make better boyfriends. Aniston, who played Victor Kiriakis from Days of Our Lives since 1985, and Gilles Marini of the ABC show Brothers and Sisters were honored at Saturday's gala.

What are the benefits of dating someone who has similar roots? Cupid's Advice:

Aside from pleasing your family members from the old country who want you to "marry a nice (insert ethnicity and gender)," there are some other benefits. Cupid's got the answers:

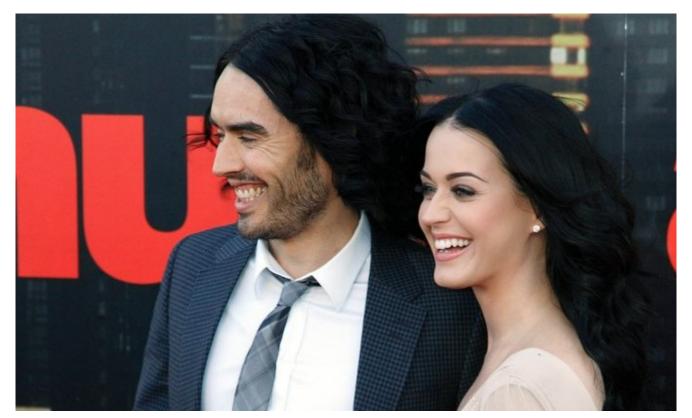
1. Keep it Kosher: Dating someone of a different culture can result in some of the early mis-communications that come along with learning about a new lifestyle.

- 2. 'It's a Jersey Thing': Sometimes, it's tough to explain why your family acts the way that they do. So, someone with the same background has a better chance of understanding.
- **3. Like minds enjoy like things:** Having parents or grandparents from the same country provides some different and exciting ways to bond with your new partner. Explore them!

What do you think are the benefits to dating someone with similar roots? Share a comment below.

Michael Bolton Is Waiting for the Right Woman





Singer Michael Bolton is open to finding the right woman, but as for now, his schedule seems to be completely booked. As he told <u>People</u>, "I almost wouldn't wish me upon [a girlfriend] right now. There's just not a lot of time." After putting together his new album, <u>Gems — The Duets Collection</u>, and performing his new single "I'm Not Ready" with Delta Goodman on <u>Dancing with the Stars</u>, it's no surprise that time is tight for Bolton. However, after the nonstop busy schedule subsides, Michael Bolton is open to finding love.

How do you stay open-minded about finding a mate?

Cupid's Advice:

As you get older and things continually don't work out with your relationships, it's easy to lose hope. Cupid's got some ways to keep yourself open and dating around, because you never know what may come of it!:

1. Join a dating site: As technology gets bigger and better, more and more relationships and marriages are beginning online. Find out for yourself if it's worth all the hype.

- 2. Go on a blind date: Though blind dates tend to have a stigma, you never know who you could meet. Be open to it. After all, it's a date not a wedding. Plus, sometimes the friends who set you up on them know you better than you know yourself.
- **3. Have fun with friends:** As you're in the process of looking for love, be sure to be seen about town having fun with your friends. A potential date wants to be with someone who they know can have fun, in and outside a relationship.

What strategy do you use to find love? Share your tips below.