Selena Gomez Beams at Bash Post-Split with Justin Bieber





By Jennifer Ross

Even though her breakup with ex Justin Bieber is still fresh, Selena Gomez is out on the red carpet, looking fabulously single. At Glamour's 22nd Annual Women of the Year Awards in New York City, Gomez looked "bubbly and upbeat," sources reported to <code>UsMagazine.com</code>. "She looked genuinely happy...not like she was sad or bummed out at all." Dressed in all white by Giambattista Valli, with a deep v-neck up top, this singer was especially excited when she won her Woman of the Year award and gave a hopeful speech to the audience. "I just want to share with all the girls out there — you have a voice, you have a chance. Just do what you love."

What are some ways to move on quickly after a breakup?

Cupid's Advice:

Although it's difficult to go through, a breakup is not the end of the world. Sometimes, it can actually be a good thing. You now have time to re-find yourself and do the things you love again that got lost in the relationship. Don't know where to start? Here are three tips to get you moving forward:

- 1. Clean house: First, collect all the things around your home that remind you of your relationship and move them out. The goal is to make a space that is only yours, not a shrine to a past love. Also, don't worry about getting your things back from your ex. You're better off buying them again then risking a relapse.
- 2. Make plans: Now that you have free time, make plans for all the things you didn't have time for when you were dating. Meet up with old friends, dust off you surf board or roller blades take up a new class. Whatever it is, get out there again and have fun.
- **3. Take time:** Regardless of whether you or your ex broke up, you are going to need time to heal. Therefore, save some of your time to be alone and reflect back on what went wrong. You must reevaluate the past issues in order not to repeat them.

What did you do to move on quickly after a breakup? Comment below.

Cheryl Burke Says She May Be the Next 'Bachelorette'





By Jennifer Ross

Cheryl Burke is on the hunt for love and she is not afraid to have an audience along for her journey. The *DWTS: All Stars* professional dancer has told *UsMagazine.com* that she has met with the TV executives of the *ABC's the Bachelorette* and the discussion was about her being the next contestant. "There hasn't been a firm offer, but if they offer it to me I would love to do it," Burke, 28, said. So why hasn't this single gal found Mr. Right? According to Burke, her hectic schedule keeps her secluded and unable to meet different potentials. "I'm around the same people all the time, I've been on this show for nearly a decade."

What are some non-traditional ways to meet 'the one'?

Cupid's Advice:

With technology constantly changing, the ways of traditionally meeting people are not as effective as before. Although getting to know someone can be very enjoyable, the process of finding that stranger can be a tedious chore in itself. Why not better your odds with each attempt? Here are a few ways to meet that special someone in a more un-traditional setting:

- 1. Volunteering: Depending on the non-profit organization you sign up for, most of them have several personality type men and women to choose from. Whether it's cooking at a soup kitchen or hammering at a building site, you are doing a good deed and possibly receiving a dinner date simultaneously. Best thing of all, the men and women volunteering usually have something that you hardly find drunk at a night club good values.
- 2. Chatting while traveling: One place you are sure to run into potential mates is in public transportation. Just think about all the charming people you passed up this morning while on a bus, subway, train or airplane. Depending on your travel time, you can strike up an easy conversation about what else…traveling. Didn't find any great prospects partners? There's always tomorrow morning's commute.
- 3. Hot Spots: If you are very particular about the type of potential partner, try searching for them at their hot spots. For someone intelligent and ambitious, check out the local Fortune 500 companies. For someone athletic, hit the neighborhood gyms. Finally, visit your local Apple store for techies of all kinds. No matter what type you prefer, there's a hot spot for every hottie.

What non-traditional method did you use to meet your soul mate? Tell us below.

Heidi Klum Opens Up About Celebrating First Holidays Post-Split from Seal





By Jennifer Ross

Christmas in California — is what Heidi Klum has in mind for the holiday season. The supermodel, 39, opens up about the holidays, planning a lovely Christmas at home with her four children from ex Seal, according to <u>UsMagazine.com</u>. On Saturday, when asked about her specific plans, while she was at the Children's Hospital of Los Angeles gala, Klum stated, "We're going to get a big Christmas tree and we might go to

Disneyland. We go all over the place." In all this, one question remains. Will Seal, 49, join the family? No news has been said yet. Klum and Seal have recently begun to speak again after the nasty comments Seal made about Klum's new relationship with her ex bodyguard Martin Kirsten. Seal contends that his words were taken out of context.

What are some ways to avoid feeling lonely during a first holiday post-divorce?

Cupids Advice:

Whether you are recently divorced or in the process of one, your first holidays sans your ex can be a very challenging time for you. Although it is natural to feel sadness, that doesn't mean you have to go through it surrounded by gloom. To get you into the spirit of a "different" style of holiday season, here are a few tips in keeping your happiness alive, even after New Year's:

- 1. No worries about the ex: During the holidays, pay no mind to how your ex will be spending his time. Instead, focus on yourself and necessary loved ones. Obsessing about what he might being doing will only prevent you from having a happier time.
- 2. Put negative feelings on hold: Any jealousy, heartache or anger needs to be stored in the back of your mind until after the holiday season; this is not the time to hash them out. Don't worry; you are not in denial. There will be plenty of time later to deal with the pain.
- 3. Keep yourself busy: In keeping your mind out of the negativity pool, it is best to accept as many party invitations as you can. If partying is not your thing, then try spending your time volunteering at your favorite charity. Just do anything constructive that will help to get your mind off your divorce and keep your spirits up.

How did you keep your spirits up during your first holiday post-divorce? Comment below.

Mark Ballas and Ex-Girlfriend Pia Toscano Reunite at Show





By Jennifer Ross

Although Pia Toscano was the one to end their relationship, neither she nor ex Mark Ballas had any hard feelings about it. Ballas, 26, was recently reunited with Toscano, 24, at the annual Camp Ronald McDonald for Good Times Halloween carnival in L.A., where both performed separately, according to <u>People</u>.

The professional ballroom dancer even uploaded Instagram photos of the two after the event. Even before meeting up at the event, Ballas told L.A.'s 104.3 radio station that the two have ran into each other before. "She lives down the street, so we ran into each other the other day at Starbucks. It's cool. We're still friends. It's all good."

What are some ways to get your relationship to a civil place after a breakup?

Cupids Advice:

Once a relationship is broken, it may take some time for your ex to completely exit your life, if it is even possible. If you and your ex still work together, run in the same social circles or share custody of any children, you will need to speak to him eventually. Even if you don't want to have meaningful conversations with your <u>ex</u>, you still will need to at least be cordial. In this situation, here are a few pointers on how to keep the peace with your ex:

- 1. No fighting: To begin the civility, you and your ex must be civil with each other. That means no fighting or pushing each other's buttons simply because you can. The way to have a nice platonic relationship is to get over him and remove any strong hostile emotions.
- 2. Avoid nicknames: As with any negative emotions, it is best to also remove the intimate ones as well. Any loving nicknames, inside jokes or other mementos of your intimate relationship should be left in the past. This will help in allowing you two to form a different relationship moving forward.
- **3. Time:** Before all else, the only way your previous relationship will get to a civil place is with time. You need time to cool down; time to heal any heartaches and regroup yourself back to the wonderful single person you always were.

Were you and your partner able to be civil with each other after a breakup? How did you do it? Tell us below.

Matthew Fox Says He's Never Hit a Woman, Despite Rumor





By Jennifer Ross

After a difficult year for Matthew Fox and rumors spreading all over the place, he is ready to set the record straight. According to <u>People</u>, in his interview with <u>Men's Fitness</u>, the former <u>Lost</u> actor speaks about the false accusation of hitting a woman in Cleveland. "That I beat a woman in Cleveland when

in fact I was assaulted by a man and did nothing but retaliate against him? ...I have never hit a woman before. Never have, never will." One thing Fox, 46, does admit to is his DUI this past May and his resulting sentence. "I did my four Sundays of group informational treatment... I will bet you any amount of money that I will never get behind the wheel of a car after even one drink."

What do you do if your partner begins being abusive?

Cupid's Advice:

Abuse in any relationship begins slowly and comes in all forms besides physical. You can be emotionally, mentally and/or economically abused. Because of this, some victims may not become aware till it's too late. Once you know, you must act. Here are a few things you can do to help yourself:

- 1. Make the decision: When a victim realizes they are being abused, a tendency may be to ignore it. This will only make your situation worse. Be real with yourself and make the decision to stop being abused. The decision, you can control.
- 2. Know you can't fix him: Often times, you may believe that your partner abuses you because of something you did wrong. You are not the problem. Therefore, you cannot fix your mate by saying or doing what he says. Only he can change himself.
- **3. Get help:** Regardless of what you have said or done, there really is not a good reason when it's okay for your partner to punish you. When you don't feel strong enough to help yourself, ask for help from someone…anyone. Call a friend, a neighbor, a cop, a hotline. Just call someone.

Have you ever been in an abusive relationship? How did you handle it? Share your story below.

Cameron Diaz Says It's Great Being Single





By Jennifer Ross

While movie star Cameron Diaz has been romantically linked to celebrities like Justin Timberlake and New York Yankee Alex Rodriguez, walking down the aisle has not been in the cards for her — yet. Rather, the What to Expect When You're Expecting starlet is alright with that. She admits that marriage was not something she searched for in her 20's or 30's. However, Diaz, who just turned 40 at the end of August, is feeling open minded to the possibility of marriage and, perhaps, children in her future. Recently, she spoke with

<u>Esquire UK</u> about her life, stating that she knows herself better, feels more capable than ever, and "has gratitude. " When it comes to potential suitors, Diaz claims she looks for "someone who takes care of themselves, who's strong." Until then, she seems perfectly content in her own skin.

What are some advantages to being single?

Cupid's Advice:

In this day and age, the society and family pressures of marriage still exist. As women tend to get older, some may question if they will ever find a partner. However, being is single is not just about waiting for prince charming. It does have its perks. Here are a few reasons why being single can be more fun:

- 1. It is your time: Without the constraints of marriage and children, you can arrange a night out with friends at the spur of the moment. Ever went to see a movie and hated it half way through? When you are single, you can get up and leave the show midway. The freedom is so exciting when you think of it.
- 2. Traveling is easy: Imagine a three day weekend and a little extra cash. With no mate, you can take off whenever and wherever you like, especially when you sign up for a singles' trip. It gives you the opportunity to meet wonderful singles, like yourself, and experience new adventures.
- **3. Recreating is possible:** Possibly the ultimate advantage to being single is the ability to recreate your life. Anything you want is possible with high rewards and little risk, since you don't have to worry about your actions affecting anyone else's life. So go after it, whatever it is!

What do you love about your single life? Tell us below!

Prince Harry Emerges for First Time Post-Photo Scandal





By Jennifer Ross

Prince Harry is out again; this time with clothes on! After his scandalous Las Vegas trip, where he posed with all his glory, the royal red-head, 27, has made his first public appearance at the WellChild Awards on Monday that was held at the Intercontinental Hotel in London. The Prince currently serves as patron of the charity and was in attendance to give a speech at the ceremony, according to <u>E! Online</u>. Seeing as adults are not the only ones watching the Prince, let's hope he has learned his lesson. After all, not all things stay in

Vegas.

What are some ways to keep your intimate details to yourself?

Cupid's Advice:

With today's technology allowing every experience to go virtually instantly into the world, some moments are best kept private. Here are a few tips on how to stay low key:

- 1. Electronics free: In entertaining situations with friends and loved ones, who doesn't like to snap a few photos to reminisce about later or post via Facebook? However, when the party gets down and dirty, it is time to put the electronics to bed. Especially when the alcohol is flowing, be sure to keep the smart phones put away.
- 2. Trust is No.1: When having fun at a party, it can be easy to let loose with your words, among other things. This is where you must be certain to know who's around you first. Surrounding yourself with close friends that always have your best interest at heart is a good way to insure embarrassing moments won't travel far.
- 3. Keep it sealed: In the event that you find yourself mingling with new acquaintances, less is more. It does not matter how cool or funny they seem, they are not your best friend! Therefore, the only way to avoid a regrettable tomorrow morning is not to share anything you wouldn't want the world to hear or see.

How do you keep your personal moments private? Comment below!

Olympian Ryan Lochte Says He's 'Always Looking' for the Perfect Girl





By Jessica Nappi

Step aside Michael Phelps; after winning five medals at the London Olympics, Ryan Lochte has become one of the world's most eligible bachelors. Over the weekend, Lochte headed to Vegas where he told <u>People</u>, "I'm always looking for the perfect girl. Now that I'm older, I'm looking to settle down a bit." For Lochte, the perfect girl starts with a sense of humor. "Anyone that can make me smile and make me laugh, that's the key to my heart," he said. Ladies, are you writing this down?

How do you know when your dating standards are unreasonable?

Cupid's Advice:

Everyone has standards when it comes to dating, but having too many restrictions will keep your heart closed off from the world. Here are some ways to know you have gone too far with your standards:

- 1. You expect perfection: Perfection is a word that has a different specific meaning for everyone, but with the same base understanding; physical beauty accompanied by a good personality. But if your definition of perfection pertains only to certain hair colors, eye colors and body types, you've gone too far. You are only limiting yourself if you limit your selection. Physicality can attract you to others, but inner beauty is what sustains relationships.
- 2. You never go on dates: If you're constantly looking for the perfect guy and will only go on a date when you think you've found him, then your standards are too high. Dating around is a good way to find out what you both want and don't want in a partner, so don't sit around and wait for the one.
- **3.You're looking for Prince Charming**: Chivalry isn't dead, but it certainly isn't alive as it once was. So, if your date doesn't open the door for you or return your glass slipper by the end of the night, it's not the end of the dating world. If you think it is, your standards are unreasonable and you might've read one too many Nicholas Sparks books.

What dating standards do you think are unreasonable? Tell us below.

Jennie Garth Is Dating 'With Training Wheels'





Jennie Garth is embracing the single life. After splitting with her husband of 11 years, Peter Facinelli, in March, she's dating with "training wheels," according to <u>UsMagazine.com</u>. Garth was most recently seen in May on a romantic dinner date with HGTV star Antonio Ballatore.

How do you get back into the dating pool after a divorce?

Cupid's Advice:

Getting back into dating is tough, especially after a divorce. Here are some ways to get back into the dating pool after a split:

- 1. Take your time: There's no need to rush yourself into a relationship, especially after a tough split. Get back into dating once you know you're ready.
- 2. Find yourself: Any breakup will leave you doubting yourself and feeling insecure. Take some time to get to know yourself and be comfortable with who you are before you go looking for someone else.
- **3. Have fun:** Take chances this time around, and don't hold yourself back from having the time of your life in the single world.

What are some ways to get back into the dating pool after a divorce? Comment below and let us know.

Pamela Anderson Swears Off Men During 'Dancing With The Stars'





Joining Season 15 of *Dancing With The Stars*, Pamela Anderson will be doing things a little differently than when she competed in 2010. According to *People*, Anderson claims, "I've sworn off men until November," sacrificing dating to leave room only for her pro dance partner. After being eliminated after the seventh week last time around, she's ready to make her second attempt and will not be letting anything or anyone get in her way. Anderson is even getting her kids Brandon Lee and Dylan Jagger Lee involved by helping her reach out to fans through social media. The season premieres on September 24, where we can all see if Anderson's strategies have brought her all the way to the top.

What are some ways to keep dating from being a distraction?

Cupid's Advice:

Sometimes it's hard to be truly dedicated to something when you're in a relationship. That shouldn't stop you from doing either: it's all about balancing your time. Here are some ways to keep dating from being a distraction in your life:

- 1. Don't change your daily routine: If you have been keeping a normal routine and are working towards a certain goal, be sure not to mess that up. Make your routine something you can't change or stop doing, and let your beau work around your schedule.
- 2. Make sure your partner is equally motivated: If you're dating someone who lies around all day doing nothing, it's easy to be distracted. You should date someone who is equally busy so you can both be on the same schedule.
- 3. Make sure they support you: As long as you date someone who is committed to supporting what you are doing, and pushes you to continue doing it, then there's no harm in that. You want someone who understands that you're dedicated and praises you for that.

What are some ways you keep from being distracted by someone you are dating? Share your comments below.

Sophia Bush and Topher Grace are Just Friends





Last Friday, Sophia Bush stepped out for coffee at West Hollywood's Coffee Commissary with Topher Grace, spurring a slew of dating rumors. However, the *One Tree Hill* actress confirms their relationship is strictly platonic, according to *UsMagazine.com*. So, if Grace isn't going to be her leading man, many are wondering who will be. Bush has been single since splitting from Austin Nicholas, whom she dated for six years. Prior to that relationship, Bush was married to Chad Michal Murray in 2005 and dated James Lafferty in 2009.

How do you keep rumors from circulating about your relationship?

Cupid's Advice:

No matter how clear you think your actions might be or even whether you currently have a partner, people are going to find something to gossip about. Here are a few ways to limit their material:

1. Speak up: Being forthcoming leaves little room for misinterpretations. If you've been caught with someone who

isn't your significant other, don't just saying "no comment." This will only cause people to come up with their own answers.

- 2. Tell the truth: People will have a higher opinion of you if they feel they are able to trust you. A history of being honest will help squash rumors before they even take off. Plus, maintaining a policy of honesty will help you out in your relationships as well.
- **3. Address the rumor:** Try to figure out which of your actions caused the rumor to start. Once you understand this, you can properly acknowledging what's being said and encourage people to question it.

How would you keep rumors about your relationship from spreading? Share your ideas below!

Charlie Sheen Insists He's No Longer Insane





Charlie Sheen is really on "winning" streak these days. Although the first time he described himself as "winning," he had departed from CBS' Two and a Half Men and was generally unsuccessful in his other exploits, things are finally shaping up for the popular celebrity. Sheen has made the comeback of the century by starring in the hit new comedy Anger Management and mending his rocky relationships with ex-wife Denise Richards and his father. When asked about his unruly behavior last year, E! reports that he said, "It was a crazy time. It's sort of like a dream I couldn't wake up from... it's something that could never happen again, so that's pretty cool." He continued by saying "My life's different now that I'm not insane anymore. I'm accountable most of the time."

What are some ways to know someone you used to date has truly changed?

Cupid's Advice:

When a former partner tries to win you back after you've broken up with them, it's important to determine if they've really made a change. You can only know someone you used to

date has truly improved if they prove it, not say it. Here are some things to look for:

- 1. They do things for themselves: If your ex has done new and important things with their life, they might only be trying to win you back by bragging about these changes later. If they've really changed, they will be doing these things to better themselves, so try to figure out if that's the case.
- 2. They spent time alone to reflect: Your ex hasn't changed if they're still hanging around all of the same people, or found someone to instantly replace you. Only when you find out who you are as an independent person can you really change for the better.
- 3. They're friendly with you: No matter how terrible the split was, the past shouldn't affect your civility toward each other. If your ex dwells on the past and can't look at you without hashing out old fights, nothing has changed. Only a changed person would be able to move forward or start over.

What do you think are some signs to know your ex has truly changed? Tell us below.

Josh Henderson Reveals His Dating Deal Breakers





Dallas star Josh Henderson has a trick or two up his sleeve in order to land the girl of his dreams: saying that he isn't looking so that he can find the one. The 30-year old opened up to <u>US Weekly</u> last week at Riff Raff's signing party at Blok in Hollywood to share his major 'do's and don'ts' when it comes to the romancing the ladies. For example, Henderson said, "I want to find someone who likes who I am as a person and not what I do for a living. I almost find it very attractive when a woman has no idea who I am." With that said, the actor just may be looking to switch things up from his history of dating other gorgeous, young celebrities in Hollywood which include Ashlee Simpson, Brittany Snow and Paris Hilton.

What are the three biggest dating deal breakers?

Cupid's Advice:

The dating world is very tough to navigate through, but red flags tend to make the elimination process much easier. Here are some huge deal breakers to help you find the right one for you:

- 1. Religion: If religion is important in your life, it has the potential to be one of the biggest deal breakers. Find out the beliefs of the person you're dating early on to avoid future complications.
- 2. Bad relationship with mom: Ladies, if the guy you're dating can't seem to get along with his mother, leave him behind. The way a man treats his mom is a good reflection of how he'll treat you.
- **3. Codependence:** If the one you're dating seems to rely on you too much, it may be time to call it quits. Codependence often leads to clinginess and jealousy, both of which should be avoided.

What are your biggest deal breakers? Share them with us below.

Charlize Theron Discusses Her 'Scary' Blind Date For Charity





Conan, Theron spoke about a time when she was coaxed into auctioning herself off for a blind date for charity. Despite the good cause, Theron felt foolish for going through with it, noting that she was worried rather than eager for romance. "The closer I got, I thought: 'This could actually turn out really bad,'" she told Conan O'Brien. To keep herself safe, Theron had two friends go to the restaurant and sit nearby, but she noted that in the future, she'd rather donate to charity directly than go through such a traumatizing ordeal.

How do you get out a blind date that's headed south?

Cupid's Advice:

Not all dates go smoothly, and blind dates can be even harder . If things don't go the way you want, it helps to have an escape plan. Here are some ways to tactfully jump ship without seeming rude.

1. Meet your date at the restaurant: When you meet your date in public, you always have the option to leave. This can be

harder to do if you meet them at one of your homes and drive somewhere together. Plus, this is the safest way to approach a blind date. By meeting them out, you prevent a stranger from knowing where you live.

- 2. Don't commit to a long evening: Choose an activity with a short time frame. This way if you're unhappy, you can leave after a short period of time. That's better than having to endure a five course dinner with a boring potential partner.
- **3. Have a friend help:** Set a designated time for a friend to give you a call. If you're enjoying yourself, ignore them, but if things are going poorly, feign an emergency and get out of there.

How do you end bad blind dates? Share your thoughts with a comment below.

Tim Tebow Says He's Still Single





Famously Christian NFL quarterback, Tim Tebow, is still single, as dating not fitting into his hectic lifestyle. Regardless of rumors that he had begun dating Taylor Swift and Glee star, Dianna Agron, his main focus has remained his recent trade to the New York Jets. On top of his exciting switch, Tebow is focusing on his foundation for children in need, telling <u>People</u>, "To be able to bring people together to raise money to help kids, and make a difference in their lives, that's what it's all about." Maybe this athletic Christian will soon be able to find someone who can help him with his foundation, all the while cheering him on as a Jet.

What are some ways to find a partner with similar beliefs?

Cupid's Advice:

The timing is really important in a relationship, as well as making sure you don't change for them. It's always better to find someone who shares similar beliefs. Cupid has some hints:

1. Look out when volunteering: If you like volunteering or any

particular activity in your free time, you'll most likely find people most similar to you at these events. If they are volunteering, they also most likely have kind hearts. Keep an eye out for someone in whom you could potentially be interested.

- 2. Attend family parties: Most of the time, you share the same values and beliefs as the rest of your family. Try attending more family events where friends of the family will also be. You'll probably find a lot of people similar to how you and your family are.
- **3. Dating sites:** If you have a tough time finding someone to fit in with your particular beliefs, try signing up for particular dating sites. There are many specific dating websites that can be used to fit your needs.

What do you think are the best places to find a potential partner with similar beliefs? Share your ideas below.

Find Out Why Chloe Moretz Isn't Dating





In actress Chloe Moretz's upcoming film, *Hick*, she runs away from her abusive parents, but her real life family is far from that in the movie. Not only are her parents very involved, so are her big brothers, and she blames them for her nonexistent love life. "Because of my four older brothers, it just doesn't go down," she said according to *People*. "I had a lot of friends and guys that I think are cute and stuff, but it doesn't really work out with the family and all. My family's a bit too big and a bit too abrasive." As for now, the 15-year-old star spends her time playing video games instead of dreaming about boys.

How do you keep your family from hindering your dating life?

Cupid's Advice:

Your family can have a lot of influence on your life, but they shouldn't have the final say on your dating life. Cupid has some tips to help you balance the situation:

1. Be discrete: When you're young, boyfriends and girlfriends seem to be more like a trend than anything long term, so

unless it's serious, keep it under wraps. What your family doesn't know won't always hurt them, and it leaves a lot less interrogating for you.

- 2. Understanding: When you hit a certain age, there's a time when you and your parents need to have a talk about loosening the reins. If you let your parents, they would keep you under tight watch forever, especially of you're a girl, so come to an agreement about getting more freedom, but still respecting their rules.
- **3. Approval:** Having your parents's approval of the person you're dating is the easiest way for the dating experience to go smoother. If they like the person you're seeing, they're more likely to let you see them more often without a hassle.

How do you keep your family from messing with your dating life? Share your comments below.

Octomom Nadya Suleman Won't Date Until Kids Are 18





Octomom, Nadya Suleman, said that she doesn't plan on dating until her kids are at least 18-years old. "I get way too much male attention," said the single mom, according to <u>People</u>. "When men look at me, I look away and they know not to approach me. I know I'm beautiful — I don't need a man to tell me that." As for now, Suleman's biggest concern is her children, and she doesn't plan on that changing anytime soon.

What are some obstacles to dating as a single parent?

Cupid's Advice:

Dating in general is a challenge, let alone when you have kids. Cupid has some tips:

- 1. Attatchments: Kids that grow up without a father figure are going to look for someone else to fill that role. If you bring home the people you date, you don't want your kids to get too attached especially if it's not something that you could see working long term.
- 2. Commitment: As a single parent you're constantly busy with work and the kids, and having time to build a strong

relationship may be a difficult task. However, don't be afraid to find a babysitter a few nights a month without feeling guilty, because you deserve to find love if you're seeking it.

3. Prioritizing: New love interests can be exciting and it's easy to love the flirting and mystery, but don't let yourself get too caught up. Remember that you have a family to think of, and a crush should never come before your children. If you prioritize your time, you just might end up snagging Mr. Right.

How do you find time to date as a single parent? Share your comments below.

Lady Gaga Confesses Her Soccer Mom Dreams to Oprah





It seems Lady Gaga is fed up with talking to people. According to <u>UsMagazine.com</u>, the pop star spoke with Oprah and said, "Other than this interview, Oprah, I do not intend to speak to anyone for a very long time." And in that final interview, Gaga also divulged her dreams for the future. "I want kids, I want a soccer team," she said about wanting a large family. "And I want a husband. Well, I'm being superfluous. I don't want to have one kid. I want to have a few." Now, all she has to do is find that dream guy!

If you're ready to settle down, but can't find the right partner, what do you do?

Cupid's Advice:

Sometimes your biological clock is telling you it's time to settle down and have those kids you always wanted, but you simply can't find the right person with whom to do it. Cupid has some advice:

1. Embrace independence: Even if you don't have a partner, you should be able to have enough independence to be happy on your

own. Coming to terms with who you are and learning how to satisfy yourself is the first step to finding a significant other. Confidence attracts.

- 2. Hold out: If you absolutely do not want to embrace settling down alone, then hold tight for a couple more years. Utilize online dating, speed dating and other businesses set up just for matchmaking purposes. Get out there and meet your soul mate.
- 3. Analyze your expectations: If it's been a while since you found someone you want to date and it seems like you've been sifting through partners quickly, it may be time to examine your expectations. Discuss these with a professional, as they may not be realistic. Do you really need a 6-foot-tall built redhead with freckles? Probably not.

What did you do when you couldn't find a partner? Share your ideas below.

Madonna Says 'Head Is Going to Explode' from Single Motherhood





Since Madonna split from film director Guy Ritchie in 2008, it hasn't been easy being a single, working mother. The "Material Girl" hopes to inspire others in her situation with her upcoming album MDNA, where she expresses the challenges of juggling life as a single parent. "I hope I'm a role model. I hope I give other girls a voice. . . someone to look up to and admire," Madonna said, according to USMagazine.com. "I keep rolling with the punches and trying to have integrity." With this album, the pop singer hopes to inspire women and give them the strength to handle whatever struggles come their way.

What are some ramifications of being a single parent?

Cupid's Advice:

Raising children on your own is a difficult task. Cupid has a few things to consider:

1. Time: Everyone needs the chance to stop and just breath sometimes, but when you're a single parent finding that time between juggling work and taking care of your kids can be

impossible. Consider taking your friends and families up on their offers to give you a break once in a while.

- 2. Stress: Without being able to take that time you need to breath, you can become stressed and overworked, which can be unhealthy for your body and your relationships with your children. Schedule time for yourself wherever possible, even if that means sitting in a massage chair after your kids go to sleep.
- 3. Money: Typically for single parents money is tight. You'll have to be responsible and frugal with how you spend your money, and spending it on luxuries and wants is rare. Luckily, kids do nothing but grow, so eventually they'll be old enough to take care of themselves.

How has single parenthood affected your life? Share your comments below.

Chris Harrison Invites Tim Tebow to Be the Next 'Bachelor'





If the highly publicized dinner date with singer Taylor Swift comes to fruition as merely a friendship, Denver Broncos quarterback Tim Tebow may have 25 hopeful women vying to win his heart instead. The NFL star has been approached to be the next *Bachelor*, host Chris Harrison revealed on *Access Hollywood Live* Monday, according to *People*. Although Harrison apparently joked stating Tebow has already agreed to do the gig, Tebow hasn't confirmed whether or not he will sign up to pass out roses instead of passing pigskins.

How do you pick and choose a mate when there are a lot of options?

Cupid's Advice:

Having a variety of options to choose from is rarely a bad thing, except maybe when you're choosing your significant other. Whether you're looking for your lifelong partner or wanting to take things slow, choosing can be difficult. Cupid has some advice:

1. Figure out similarities: This is probably one of the most

important factors to determine when looking for a mate. Of course you would want to spend a lot of your time with a person who has similar interests with you; so select someone who enjoys watching *Star Wars* movies just as much as you do.

- 2. Consider attraction: Granted, looks aren't everything, but you definitely have to be attracted to your potential partner. While she or he may not be dubbed as Maxim's 'hottest person of the year,' as long as they look good to you, then that should be all that matters.
- 3. Introduce to your loved ones: While your partner may be the most gorgeous person your eyes have witnessed, if they don't get along with those closest to you, that may create an issue for you and your relationship, resulting in an uncomfortable situation.

What are some things you consider before dating someone? Share your preferred qualities below.

Kate Upton Responds to Victoria's Secret Snub





The modeling industry is full of critics, but the cover girl for Sport's Illustrated Swimsuit's 2012, Kate Upton, showed she can handle the competition and criticism with as much beauty as she exudes in her photos. Recently, Victoria's Secret casting director, Sophia Neophitou, said Upton would never walk down the catwalk for the famous lingerie company. According to UsMagazine.com, Neophitou said that Upton was "like a Page 3 girl," and added, "She's like a footballer's wife, with the too-blond hair and that kind of face that anyone with enough money can go out and buy." Even though the comments were harsh, Neophitou's words didn't seem to phase the model, and she politely responded to the slams by saying, "I'm doing fine in my career, I don't need to walk down their runway so it's all good. She can think that, and I can think whatever I want about her."

What are some positive ways to deal with negative comments?

Cupid's Advice:

Being able to take criticism and negative comments gracefully without getting caught up in drama is a great trait to

possess. Cupid has some tips to help you be the bigger person in a bad situation:

- 1. Confidence: Anyone who's trying to break you down with negative comments doesn't deserve to see you act vulnerably, so stay confident. Stand up for yourself without criticizing the other person, and you'll win the battle.
- 2. Class: Perhaps the worst thing you can do is to give in to the teasing, and join in by firing back with more negativity. Nothing good can come out of it, and you'll leave feeling defeated and frustrated. Instead, ignore their comments or use the criticism constructively to better yourself.
- 3. Turn the tables: No matter what age you are, you're going to come across bullies. If someone starts bothering on you, calmly and curiously ask them, "Why do you feel the need to pick on me? What did I do to you?" Often, they're not going to have a justified reason, and it has a lot to do with their own insecurities.

How do you handle negative comments and criticism? Share your comments below.

Rumor: Chris Brown Reportedly Has Disgusting New Pickup Line





According to <u>UsMagazine.com</u>, a woman was reportedly approached by Grammy winner Chris Brown, 22, with one absurd pickup line. Brown is rumored to have told the woman, "Can I get your number? I promise I won't beat you!" After pleading guilty in 2009 to beating ex-girlfriend and singer Rihanna, 24, many think Brown should take domestic violence seriously, to say the least.

What are some ways to know when a pickup line is sincere?

Cupid's Advice:

Pickup lines get bad reps, but sometimes a guy can really be trying to compliment you. Here are some ways to know if a pickup line is sincere:

- 1. Serious: If a guy tries to talk to you and gives a line that doesn't leave him or his friends laughing, he may be sincere about going on a date.
- 2. Compliment: There is a thin line between giving a compliment and being a bit disrespectful. If the line makes you feel confident and not harassed, romance might be in the

making.

3. Conversation: The best pickup line gets a potential partner to talk. Asking about the weather, sports or how someone is feeling can spark chemistry.

How do you respond to sincere pickup lines? Share your comments below.

Denise Richards Sheds Light on Being a Single Mom





Denise Richards has certainly proven herself to be a dedicated

single mom. Richards is a former supermodel and mother of three (two of who she had with ex-husband Charlie Sheen). When Sheen had his outbursts last year, Richards knew better then to continue to lie to her children and keep them in the dark. She decided to educate her daughters about the cause of those outbursts: addiction. According to UsMagazine.com, Richards said, "It's too early [for them to understand], but I told them enough for them to make sense of things that were going on." There's no doubt that single parents can use Richards as an example.

How do you explain to your kid(s) why you're a single parent?

Cupid's Advice:

Sometimes it can be difficult raising kids on your own. Cupid shares how to handle the time when kids ask why you're a single parent:

- 1. Don't bash your ex: When explaining why you're no longer in a relationship and why your partner is absent, don't criticize them. Like Richards, take it as an opportunity to educate your child.
- 2. Don't lie: Some parents like to sugarcoat things for their child, but that's not always the best option. It's usually better for them to hear the truth from you, even if it's not the whole story of your separation.
- 3. Memories: Explain that sometimes all you have are memories. Share the good times with your child, but let them know that it wasn't always happy and that your being a single parent was best for both you and them.

How do you help your child understand your being a single parent? Let us know in a comment below.

Emily Maynard is 'Scared to Death' to Date on TV Again





When Emily Maynard and *The Bachelor*'s, Brad Womack, ended their engagement, she had absolutely no intention of being the the star of the next season of *The Bachelorette*. But, next month, that's exactly what she'll be doing. "I had no intentions of ever being the next Bachelorette. I genuinely meant that," said Maynard. "I feel like the biggest hypocrite because I said that, and now I'm doing it." According to *People*, though she knows dating on TV can work, she admits to being scared about diving into the reality TV dating pool once again. The blonde beauty also admits that it's difficult to

date as a single mom. The show will be filmed in Charlotte, North Carolina, where Maynard is raising her 6-year-old daughter as well as in other locations.

How do you get over the fear to date again after a failed relationship?

Cupid's Advice:

After a failed relationship, it's okay to take some time off dating. But, when you fall down, you need to get back up again. Cupid has some advice:

- 1. Go out with friends: You don't need to actually go on a date to put yourself out there in a social situation. Go out on the town and socialize.
- 2. Try online dating: With so many relationships beginning online these days, it never hurts to look. Plus, there's no doubt that it's convenient. You can filter by the qualities you do and don't like before the first date!
- **3. Reward yourself:** Give yourself small rewards for taking steps to get back into the dating scene. It can certainly be easier said than done.

What are some ways to put yourself out there in order to get back into the dating scene? Share your thoughts below.