

# Austin Mahone Denies Dating Selena Gomez



By Brittany Stubbs

Despite the rumors going around, Austin Mahone, 17, and Selena Gomez, 21, are **not dating**. “We’re **just friends**,” Mahone says. “She’s really cool...I mean, I think she’s really pretty but every time I’m in L.A., she’s like, ‘Hey, you’re in L.A., lets hang out,’” he added at the Aquafina FlavorSplash press conference this Wednesday. “So it’s cool.” An industry insider, having worked with both of the teen stars, claims that though they are not dating, Mahone and Gomez certainly have a special connection. “They’ve been hanging out over the last few months,” the source tells [People](#). “They have a lot of respect for each other.”

## How do you know whether to risk your friendship for a relationship?

### Cupid's Advice:

Deciding whether or not you should take your friendship to a romantic level is tough; it can often be messy and end badly. Despite the potential consequences though, sometimes the best relationships begin with a friendship, so it is important to know when to take the risk:

**1. If the feeling is mutual:** If you're starting to feel something for your friend that's more than just friendly, it's important to try and assess their feelings before taking it to the next level. If you haven't actually spoken about these feelings, pay attention to the way he speaks to you, speaks about other girls in front of you, etc. If you're going to risk your friendship by telling him how you truly feel, you want to make sure there's at least a chance he could feel the same way, because once you speak up, your friendship will never be the same.

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**2. If the timing is right for both of you:** Timing is everything when it comes to any relationship. Deciding whether or not to take it to that next level, consider where you both currently are. Are either of you seeing other people, even if they're not serious? Are either of you fresh out of a relationship? It's important to consider these complications before deciding to be something more.

**Related:** [Justin Bieber and Selena Gomez Confirm Rumore They're Back Together!](#)

**3. You can no longer see them as just a friend:** If you're at the point where you no longer can look at each other without

wondering if you could be something more, you might as well risk your friendship because you're already past the point of acting as friends. Although things might go south down the road, it will beat a long friendship of wondering, what if?

**Have you ever risked a friendship for a relationship? Share your experiences below.**

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## **Khloe Kardashian Says She's 'Excited for This Year to Be Over' Post-Divorce Filing**



By April Littleton

According to [People](#), Khloe Kardashian is ready to start fresh in 2014. "I'm excited for this year to be over with," she told U.K.'s *Cosmopolitan*. The *Keeping up with the Kardashians* star filed for divorce from Lamar Odom earlier this month, but she's determined to look on the bright side of things. "I don't regret anything about my life. My life has made me who I am at this moment, and I'm very happy with who I am," Kardashian said. "No matter if it's great, disgusting, beautiful or ugly, it happens and it makes you you. Life is about how you process things."

**What are some ways to cope with a recent breakup?**

**Cupid's Advice:**

Breaking up with someone you care about will unleash a swirl of emotions you didn't know you could ever feel all at once. Some people know how to deal with these feelings in the right way, while other may need a little guidance to help them get through it. Cupid is here to help:

**1. Get in shape:** There's no better way to get over a breakup than by getting yourself back in the best shape possible. By going to the gym, you'll be letting out some of your frustrations in a positive way. By the time you're officially over your ex, you'll be looking better than ever.

**Related:** [Dean McDermott is Accused of Cheating on Wife Tori Spelling](#)

**2. Busy bee:** Keep yourself distracted until you can work out your feelings in a healthy way. Continue to work as you usually would, and spend more time with your friends and family. Maintain a schedule that works for you and try to keep contact between you and your ex as limited as possible.

**Related:** [Khloe Kardashian Says Split from Lamar Odom is](#)

## [‘Torture to My Soul’](#)

**3. Vent:** Don't let your emotions build up inside you. If you're feeling upset or sad about the end of your relationship, talk to someone you trust about the situation. You can ask for some useful advice or maybe you just need someone to hear you out. Either way, some of your good friends or close family members won't mind helping you out in your time of need.

**How did you cope with a recent breakup? Share your experience below.**

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# Taylor Swift Says, “I Only Write Songs About Crazy, Emotional Love”







By April Littleton

According to [People](#), When it comes to her songwriting inspirations, Taylor Swift has let plenty of ex-boyfriends off the hook. “I only write songs about crazy love,” Swift told *New York Magazine*. “If I go on two dates with a guy and we don’t click, I’m not writing a song about that. It didn’t matter in the emotional grand scheme of things.” Exes of Swift, 23, include Jake Gyllenhaal, Harry Styles and John Mayer.

**What are some ways to use music to cope with a broken heart?**

### **Cupid’s Advice:**

Dealing with a broken heart can feel unbearable at times – especially if you weren’t the one who wanted the relationship to end. Every individual handles a breakup in their own way, but music seems to be a common form of self-therapy. Cupid has some tips:

**1. Get creative:** If you’re musically inclined, think about writing your own song or creating your own depending on what

instrument you play. You can make your own heartbreak song or try something a little more positive – think Destiny's Child's *Survivor*.

**Related:** [Taylor Swift Disses Harry Styles at VMA Awards](#)

**2. Listen to your favorites:** For some unknown reason, music tends to make the heart happy and can make almost any individual who isn't feeling their best see the bright side of things. While you're taking a long, random drive, listen to some of your favorite songs. By the time you put your car in park, you should be feeling a little better about your breakup.

**3. Make a game out of it:** Play only one song per day that represents the mood you're in. As the days progress, you should be in better spirits and the songs you choose should be a little more upbeat and inspiring. Don't let yourself stay in a rut. You can get through this. Let the music be your outlet.

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## Miley Cyrus Says Being Single Is 'The Best Time of My Life'





By Kerri Sheehan

**Being single** doesn't mean she's looking for anybody! Since Miley Cyrus and Liam Hemsworth's September 2013 split, the 20-year-old pop star has been taking the music industry by storm. According to [UsMagazine.com](http://UsMagazine.com), the *Wrecking Ball* singer doesn't want her breakup with Hemsworth to overshadow all of her success. "This is the best time of my life. I'm not going to look back on it and be like, 'I wish I hadn't been dwelling over a breakup,' you know?" After being with Hemsworth for four years, Cyrus is enjoying the **single** life.

**What are some advantages to being single?**

**Cupid's Advice:**

Being lonely in a relationship is worse than **being single**. Here are some advantages to being single:

**1. You do you:** When you're single you'll have loads of time to work on yourself. You won't have to answer to anybody or worry about constantly keeping another person happy. If you're looking for some extended "me time" then single life may be



perfect for you.

**2. Get to know your friends:** Women tend to meet all of their closest girlfriends when they're single, so take this time to reconnect with your BFFs. Plan a girl-only get away so you can really soak up **being single**.

**3. Family time:** No matter how old you are it's always the perfect time to reconnect with your family. They're the one group of people who will always be there for you so now that you're not attached you have even more time to appreciate the awesome people that they are. Show your love by really getting to know them better.

**What do you like about being single? Share below.**

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**Jennie Garth Says Dating after Divorce is “a Weird Type of Torture”**





By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Jennie Garth is still having some trouble getting back in the dating scene after her divorce from Peter Facinelli. "It's super challenging," Garth said during an interview on *Bethenny*. "It's fun, and it's awful all at the same time. It's like a weird type of torture. But it can be fun." The *Beverly Hills, 90210* alum has three daughters. Facinelli and Garth were married for 11 years before splitting in June.

**How do you know when you're ready to start dating after a divorce?**

### **Cupid's Advice:**

Getting over a divorce can take some time, especially if kids are involved. How do you know when you're really ready to give love another try? Cupid is here to help:

**1. Your anger is gone:** All of the resentment and other negative feelings you had for your ex are gone. When the two of you do see each other, it's strictly about the kids (if you

have any together). If you're able to co-parent in a peaceful manner and you're no longer hoping that the two of you can reconcile one day, you may be ready to move on.

**2. You're looking:** You know you're ready to get back out there, when you notice a cute guy staring right back at you. Noticing other men again is one of the first signs of moving on. Don't rush into anything though. Take your time, test the waters and have some fun.

**3. You're OK with being by yourself:** Before you can let anyone into your heart, you need to be comfortable with being alone first. Take some time to get to know yourself. You may need to reevaluate what you want out of a relationship and a love partner before you start dating again.

**How did you know you were ready to start dating after a divorce? Share your experience below.**

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## **'The Bachelor' Winner Courtney Robertson Lands Tell-All Book Deal**





By April Littleton

*The Bachelor* Season 16 winner is once again making headlines. Courtney Robertson, now a celebrity author, has landed a book deal with the title *I Didn't Come Here to Make Friends: Confessions of a Reality Show Villian*. "Going on *The Bachelor* was the most amazing opportunity I've ever had but I did not have a fairy tale ending!" Robertson told [UsMagazine.com](http://UsMagazine.com). The 30-year-old ended her celebrity relationship with Ben Flajnik October 2012.

**Courtney Robertson decided to do something positive when it came to dealing with her celebrity break-up from 'The Bachelor' Ben Flajnik What are some creative ways you can get over a break-up without being revengeful?**

### **Cupid's Advice:**

Break-ups are tough, especially if you ended things with someone you really cared about. Getting over a celebrity ex without lashing out publicly can be even harder. Cupid is here to help those girls going through a break-up:

**1: Have a girl day:** When you begin to feel down, call some of your girlfriends and spend the day going out with them. Go to the spa, a movie or just sit around your house and talk about how you're feeling. Relationships and love will come and go, but your friendships will be something you can cherish forever.

**2. Hobbies:** Keep your mind off your ex by staying busy. What are some of the activities you thought about trying but never got the chance to do? Start going to the gym more often, take piano lessons, and fly in that helicopter over the city! Do something you've always had an interest in and have some of your friends join you as well.

**3. Keep a journal:** Instead of verbally blaming everyone around you for what happened between you and your boyfriend, write down all of your feelings and emotions in a journal. Finding a healthy way to express yourself is good for the mind and will help you move on faster.

**What are some other ways to deal with a break-up without getting revenge? Comment below.**

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## **Robert Pattinson Says He's 'Quite Sensitive' in Relationships**







By April Littleton

[UsMagazine.com](http://UsMagazine.com) has the inside scoop on an interview Robert Pattinson did with *Sunday Style*. He opened up about his anxiety on the red carpet, forgiveness and relationships. "I'm quite sensitive, and I do like a bit of grand gesturing, but that's just my ego," Pattinson told the Australian magazine. "I like to give people presents and I think of myself as the best gift giver, but only because I get stuff for myself and then make it work for the other person."

**What are some factors that go into your relationship style?**

**Cupid's Advice:**

Every relationship works differently and each individual in a romance has their own way of doing things. The more experience you have with the dating scene, the more you'll be able to identify what you like and dislike when it comes to connecting with another person. Cupid has some tips:

**1. Affection:** Some people crave a lot of attention and affection, while others can do without it. How you express

yourself with your significant other can determine what kind of “dater” you are. How many times do you say ‘I love you’? Do you constantly hug or touch your partner? Intimacy can keep a couple’s bond strong and makes up for a long-lasting relationship.

**2. Sense of humor:** Having a great sense of humor can keep a relationship fresh and exciting. Also, if you ever find yourself in an awkward dating situation, you can always lighten things up with a joke or two.

**3. Honesty:** Let’s face it, no relationship can go too far without honesty and trust. Being honest with your partner will help build communication and the level of trust you need in order to make the romance between the two of you last.

**Are there any more factors that should go into your relationship style? Comment below.**

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## **Former ‘Bachelorette’ Emily Maynard Says There’s No Pressure to Find a Guy**





By April Littleton

According to [People](#), Emily Maynard is in no rush to find love again. The former *Bachelorette* star got engaged twice on TV. Her first engagement to Brad Womack ended in 2011 and her most recent relationship with Jeff Holm ended last October. "Right now, I am under no pressure to find a guy," Maynard told the [Huffington Post](#).

**What are three main positives about living the single life?**

### **Cupid's Advice:**

Everyone loves to have a special someone to spend lonely nights with, but it's not the end of the world when you find yourself to be "alone." After the end of a relationship, every person needs time to regroup and enjoy the single life for awhile. While you're spending some time going solo, it's important to look on the positive side of things. Cupid has some advice:

**1. Less stress:** Relationships are stressful and can cause you to feel mentally, spiritually and physically exhausted. When

you're single, you can enjoy time alone, hang out with close friends and stay out as long as you want without having to worry about telling another person your whereabouts.

**2. More time for yourself:** A lot of couples lose sight of who they are as individuals because they get too wrapped up in each other. Flying solo means you have more time to do what you want to do. You can pick up new hobbies or get back to some of your old ones. Instead of moping around the house, take all of the extra time you have to develop some new skills and interests. Take a cooking class, finish reading that book you never managed to finish while you were dating your ex or pamper yourself with a day at the spa.

**3. Friends:** People in love tend to forget about their friends throughout their relationship. Once you're back on the market, get some of your friends together for a night out and get reacquainted with each other. You may have momentarily forgotten about them, but they have always been there for you and it's guaranteed they'll help you get over your recent heartbreak.

**What are some other positives about the single life? Comment below.**

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## **Justin Bieber's Mom Says It's 'Hard Letting Go'**







By Kristyn Schwiep

Justin Bieber's mom, Pattie Mallette, has had a hard time letting go. "When your kids hit a certain age your parenting style changes and it is hard letting go," Mallette tells [People](#). Mallette has realized it is time to let him make his own decision and own mistakes. "Every parent worries," she says. "I text and call him every day. I definitely want to know everything that he is doing and what he is going through so I try to talk to him as much as he'll let me. I mean, he's on tour and being pulled in a million different directions but we talk as much as he is able."

**What are some ways to support each other as parents?**

**Cupid's Advice:**

Letting go of your children can always seem tough but there are ways to support each other as parents. Cupid has some advice for you.

**1. Have rules:** Be sure that you and your partner are on board with the rules you set for your children. If you can't agree



your children will not be respectful of what you expect from them.

**2. Agree:** When talking about your children and their future make sure that you agree on what is best to keep a stable idea of what you want for your kids.

**3. Be respectful:** Be respectful of each other and be respectful to your children. What you give is what you receive. If you as parents show respect you will earn respect.

**What are some ways you have supported each other as parents? Share your thoughts below.**

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# **Celebrity News: Julianne Hough Relaxes in Miami One Month After Split From Ryan Seacrest**





By Andrea Surujnauth

Julianne Hough is maxing and relaxing post breakup with Ryan Seacrest. The actress was spotted tanning and hanging out on the beach in Miami with pal Nina Dobrev. Hough and Seacrest dated for nearly two years, but broke it off in March. The rumored reason they pulled the plug on their relationship was due to Seacrest's busy schedule. "Dude works all the time," a source told [UsMagazine](#). "[Seacrest] never sleeps. It's a lifestyle she couldn't handle anymore. Work always, always came first [for him]. She wants a more low-key life."

**What are some ways to keep your mind off of a breakup?**

**Cupid's Advice:**

Breaking up is never easy. How do you keep your mind off the pain you are feeling? Cupid has some suggestions:

**1. Stay away:** After a breakup it is best to stay away from your ex and block them on social media. By keeping them close during your time of healing will make it near impossible to heal. You need your time away to get over the feelings you

have but having them around will make you wish the breakup didn't happen and it will be impossible to forget about.

**2. Friends:** Going out with friends and having a good time is a great way to forget about a breakup. Your friends are bound to keep you distracted and happy so you won't be thinking about the heartbreak you are feeling.

**3. Stay active:** Keeping yourself active will take time away from thinking about your ex-beau. You will be on the go so time will fly and you won't have any free time to linger on the breakup.

**How do you keep your mind off of a breakup? Comment below and let us know!**

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## **Celebrity News: Find Out What Olympic Swimmer Ryan Lochte Looks for In a Girl**





By Jessica Conigliaro

Olympic gold medalist Swimmer Ryan Lochte is single—and looking! Lochte tells [People](#) that a major turn off for him is when a girl is a bad kisser. “Honestly, if she can make me laugh, then I’m pretty much sold,” he says. “If she’s not funny, she’s taking life too seriously and that’s definitely not how I live my life. I have fun in any aspect of life.”

**What are some ways to tell if you’re a good match for someone?**

### **Cupids Advice:**

When on a first date, it is often hard to tell if the person is right for you. You have to ask the right questions and hope they are giving you honest answers. Cupid is here to help you weed through the bad seeds and find a good match for you:

**1. Similar interests:** After meeting someone new, always find out what their hobbies are. Try to find a common ground between the two of you. If you are really into sports and he is wearing a jersey of your favorite team—that is definitely a good sign. Start up a conversation about the team—you both

will love having that common interest so early in the relationship.

**2. Makes you laugh:** The person you choose to be with should be able to make you laugh—especially when you are feeling down. Laughter is needed to lighten the mood and to have some fun. You should find your partner to be humorous, or things will get boring very quickly in the relationship.

**3. Feel comfortable around them:** You have been dating your partner for a few weeks and start to eat messier around him and care a little less about the way you look and act around him. That is definitely a good sign! You are starting to care more about just being around your date, and less about making a good impression. Being comfortable around someone is the first major step to a real relationship.

**How did you know your date was a good match for you? Share in the comments below.**

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## Celebrity News: Katie Holmes Says She's 'Open' to Having More Kids







By Meghan Fitzgerald

The beautiful, single actress, Katie Holmes, 34, has her life entirely wide open. After separating from her ex, Tom Cruise, she has made her way to the cover of *Allure*. Although the two remain civil, reports [Huffington Post](#), Holmes hopes this upcoming year will be a peaceful one. The April issue of *Allure* discusses Holmes's future. [UsMagazine.com](#) reports that Katie Holmes is open to having more children! She's even considering becoming a lawyer! You go Katie.

**How do you decide how many kids to have?**

**Cupid's Advice:**

Kids are great, they're funny, they love you, you love them, you created them, they're your world. However, there is a certain amount of children one couple should have. The Duggars decided that they want a trillion kids, and it works for them. The big deal here, is what works for you and your partner. Cupid has some more advice on this:

**1. Personal:** Deciding to have children is a joint effort,

between you and your mate. If it wasn't, you could have as many kids as you damn please. However, this is not the case, and you have another person you have to communicate with. When deciding whether or not to have more kids, or kids in general, think about your relationship with your partner. Can they handle one kid, three kids, six kids? Can you deal with your partner as a parent? Can you be a parent with six kids? Three kids? One kid?

**2. Financial:** Kids are expensive! And not just a few paychecks here and there, try almost something from each paycheck. The more children, obviously more of your paycheck goes. Can you and your beau handle two children with your current financial situation? Make sure you are able to balance your children's lives, and your bank accounts. As much as you may want to have more kids, you need to keep reality in check.

**3. Medical:** I know many people who were told they could not have any more children, that it was a serious danger to themselves and the doctor didn't advise it whatsoever. Yes, having a lot of children is great for you and your kids. However, you can not put yourself in jeopardy medically. Your kids need a mother, and that is that. Do not go for another child if your life is on the line.

**Did you decide to have more kids? Explain below.**

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**Celebrity Divorce: Tom Cruise  
and Katie Holmes Are**

# 'Incredibly Happy' Post-Divorce



By Andrea Surujnauth

Katie Holmes and Tom Cruise seem to be having a very happy post-divorce period. The ex-couple's infamous divorce was finalized last year and since then, everything seems to be running smoothly. Adam Shankman told [UsMagazine.com](http://UsMagazine.com) that the ex-couple is doing very well living separate lives. "Katie seems really happy. You just fight through all the noise. And it's noisy!" he said. The couple's daughter, Suri, is still getting to spend time with both mom and dad. Shankman said of Cruise, "I've just been emailing with him. He's coming back. He's shooting [*All You Need Is Kill*] in London and seems as happy as a clam. I know he sees his daughter." Another source

also told *E! News*, ‘She spent five days with him. He has been working quite long hours on the set, but he was able to have some time off to be with her. They had a really lovely time.’

**What are some ways in which divorce can be a good thing?**

### **Cupid’s Advice:**

Divorce can be a very difficult thing to go through, especially when you have kids. But what is the bright side of divorce? How can divorce be a good thing? Here are some ways:

**1. No more tension:** Before divorce, there is always tension in the house from fighting and being unhappy. Once you decide on having a divorce, the tension is gone! Getting rid of tension is good for you, your partner, and your kids. When there is stress and tension in the house, kids can pick up on that and it can make them depressed.

**2. No more fighting:** Fighting in a relationship is one of the biggest causes of stress. You go to work upset and stressed out which causes you to not be able to concentrate. When you are fighting with your partner everyday, it is difficult to find peace in any part of your day.

**3. Chance at happiness:** You were very unhappy in your relationship, that is what caused the divorce. Now you have the chance to find happiness and live the life you have been wanting to live. Divorce does not have to always be a sad time. Look at it as a new chance at life.

**In what ways do you think divorce can be good? Comment below and let us know!**

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# Celebrity Taylor Swift on relationships: I'm Not a "Clingy, Insane, Desperate Girlfriend"



By Andrea Surujnauth

Taylor Swift finally decided to address all the rumors about her crazy love life. Rumors have circulated that the 23-year-old has had multiple boyfriends and every time she breaks up with one, she writes a song to bash him. According to [UsMagazine.com](http://UsMagazine.com), Taylor told *Vanity Fair*, "If you want some big revelation, since 2010 I have dated exactly two people." These two people were Conor Kennedy and One Direction singer, Harry Styles. Swift's list of alleged celebrity beaus include



Jake Gyllenhaal, John Mayer, Joe Jonas and Taylor Lautner – many of whom she has apparently written break up songs about. Swift addresses this issue by stating, “The fact that there are slide shows of a dozen guys that I either hugged on a red carpet or met for lunch or wrote a song with. . . it’s just kind of ridiculous.” In regards to the songs that she in fact did write based on a relationship she says, “For a female to write about her feelings, and then be portrayed as some clingy, insane, desperate girlfriend in need of making you marry her and have kids with her, I think that’s taking something that potentially should be celebrated – a woman writing about her feelings in a confessional way –that’s taking it and turning it and twisting it into something that is frankly a little sexist.”

**What are some qualities that make someone a good girlfriend?**

### **Cupid’s Advice:**

What do guys look for in a girlfriend? What traits are the most important in a good girlfriend? What’s most important is to be yourself. Cupid is here with a few traits that most guys find irresistible:

**1. Independent:** Being independent does not mean that you have to be the tough guy in your relationship but guys don’t like a girl that acts like she can’t function without him around. Acting needy tends to chase guys away. Show that you can take care of yourself and be a big girl. No guy wants to baby-sit their girlfriend.

**2. No nagging:** Guys don’t want a girlfriend that will create an argument over the most miniscule issues. Leaving clothes on the floor is not a reason to cause a big blow-out argument. Save your anger for when there is actually a reason to be angry. Choose your battles wisely and don’t treat your man like a child.

**3. Intelligence:** No guy wants a girl that does not know up from down. He wants to be able to hold a conversation with his sweetheart. Guys don't just want a girl that is nice to look at, they want one that they can be proud of. If you act like a dunce, he will be too embarrassed to bring you around his friends and family.

**What qualities do you think make a good girlfriend? Comment below and let us know.**

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## **Angela Kinsey Says Her Love Life Is 'Like Dating in the Renaissance'**





By Meghan Fitzgerald

41-year old *Office Star*, Angela Kinsey spent her Valentine's Day with her 4-year old daughter, Isabel. Kinsey told [People](#), "My daughter and I are going to make our own Valentines! We've got stickers, markers. I love going to Target and hitting the arts and crafts aisle." Kinsey talked to *The Celebrity Cafe* about co-parenting, and she insists that both she and her ex really have respect for one another. Kinsey is grateful for her relationship with ex-husband, Warren Lieberstein.

**What are some ways to take things slow after your divorce?**

### **Cupid's Advice:**

After a divorce, your emotions are all over the place. Jumping into another relationship may seem like a great idea or something which will never happen. There are many ways to take things slow after your divorce. Cupid has some advice:

**1. Dating:** You will most likely have two opinions on dating after a divorce. You either want to delve into a relationship

again and attempt to find love. Or you want to crawl up in your bed, and never leave. With dating after a divorce, you need to make sure that you take things slow. You need to completely know what you want in your dating life before you jump right in to it.

**2. Know what you want:** With your emotions everywhere, knowing what you want in life is challenging. You absolutely should not die your hair a “cool” color and get your nose pierced. Look through the haze of the divorce and realize exactly what you want. This will be hard to do however, you need to make sure you know what you want before you act on it.

**3. Take time for yourself:** After a divorce, you need to spend time with yourself. You need to realize that the one person who will always love you, is yourself. Spending time with yourself can clarify problems in your life which need to be solved. You can rethink your divorce and your past relationship as much as you’d like with yourself. Take bubble baths, drink wine, write down your feelings, exercise, and eat healthy. Do things for you.

**Did you take things slow after your divorce? Explain below!**

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# Mila Kunis Says: ‘I Love Being Single’





By Meghan Fitzgerald

Here here ladies and gentlemen! Wide-eyed beauty, Mila Kunis loves being single! [UsMagazine.com](http://UsMagazine.com) reports that she was single for four years, and those years in which she was single were some of the best times in her life. [E! Online](http://E!Online.com) states that Kunis has found her match, Ashton Kutcher. The couple have known each other since Kunis was 14. Having starred together in *That's 70 Show*, both Kutcher and Kunis know one another well. They have kept their romance low key, but Kunis spills some details in the new edition of *Allure*.

**What are some perks to being single?**

**Cupid's Advice:**

Mila Kunis knows ... being single is awesome! There are perks to being in a relationship also however, there are way more perks to being single. From the grotesque, not having to shower, not having to wash your sheets. You can explore all the "what ifs" you weren't able to touch on when you were on a relationship. You never have to share blankets, the remote control is all



yours, and guiltless flirting! The perks seem endless, Cupid has some more:

**1. Wild nights:** Not having to tell your partner where you are going at two in the morning is a glorious thing. When you are single, no one is going to care if you run up and down the subway with no shirt on screaming The Lion King. Rather, all your single friends will encourage such behavior for an evening you will never forget. It is great being able to go out and not worry about saying or doing something wrong. You are your own person, and can do whatever you'd please.

**2. Guiltless flirting:** Flirting with that cute guy at Starbucks. Flirting with the hottie running way past you on the treadmill. Flirting with the poet at the poetry slam on Thursday nights. There are honestly so many worthy guys to flirt with, you might go crazy. The perks of being single, is you can go crazy! Flirt with as many and as different guys as you can. Not only will your confidence increase, but so will your stories.

**3. Privacy:** You can pee with the door closed! Being in a relationship is all about knowing your mate inside and out. Although this may be great at times, it is nice to be by yourself for once. Not have to hear snoring on the back of your neck. Having a room all to yourself. Being able to be you in private!

**What do you consider perks of being single? Explain below!**

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# **Demi Lovato Admits She Used**

# to Be 'Afraid of Being Alone'



By Meghan Fitzgerald

Current *X Factor* judge, Demi Lovato has had her fair share of failed relationships. From Wilmer Valderrama to Joe Jonas, she has realized what she has gone through and is trying to make improvements with her life. She insists that it is unhealthy to devote the entirety of one's time to a guy. Lovato talks to [Cosmo UK](#), stating how she is in "A place where I can finally trust and love and be a better person for the man I am in a relationship with, instead of being a clingy girlfriend or getting jealous." As a twenty year-old, she is looking for love. According to [UsMagazine.com](#), Lovato is more than glad with the place she is at in her life.

**How do you know if you're in a relationship for the right reasons?**

## **Cupid's Advice:**

Relationships are tricky, meeting a new person and letting them into your lives is challenging. Even if you love love, allowing another person to come into your life entirely is hard. Trusting someone else is along the same lines. There are many ways to get into a relationship, to every person it's different. Determining whether you are delving into a relationship for the right reasons is also challenging. Cupid has some advice:

**1. Love at first sight:** When you know you are meant to be with another person, it is simple. Seeing each other is the brightest part of your day and you love them more than life itself. Getting into a relationship because you know you'll love that person more than you've ever loved before is a great thing. However, if you are getting into the relationship because you want to be loved, that will not work nor will it be healthy for you.

**2. Loneliness:** Your only guy around has been Ben and Jerry; you want a real man. You are lonely and sad and in need of an companion. Jumping into a relationship to rid yourself of your loneliness is not a good reason to get into it. Of course it isn't fun to be lonely however, you will not help yourself or your beau if you get into a relationship.

**3. Rebounding:** You were just broken up with from the love of your life, all you want to do is stop being sad. After two weeks of constant despair, you want to jump into a relationship with some new "better" guy. This is possibly the worst idea available. Wait it out, go through the sadness and you will love again.

**Are you in a relationship for the right reasons? Explain below!**

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# Selena Gomez is 'Having a Good Time' Post-Split with Justin Bieber



By Meghan Fitzgerald

Unfortunately, Selena Gomez and Justin Bieber are still broken up. Even though the couple were loved by many, they are learning to deal in separate ways. Gomez has been completely content with their breakup. According to [EOnline.com](https://www.eonline.com), she said, "I've been recording, having a lot of fun with my girlfriends, having a good time." Bieber on the other hand is not handling the breakup well, reports [People](https://www.fox.com). Gomez is even

using her breakup to separate herself from her Disney image.

**What are some ways to quickly get over a painful breakup?**

**Cupid's Advice:**

Breakups suck. It's as simple as that. They are not easy and they are not something a person wishes for; however, they do happen and there are ways to cope with them. Every person reacts to breakups differently and there are certain ways to get over them. Cupid has some advice:

**1. Rebound:** Although this may not be the most mature decision, rebounds get your mind away from the situation that you're in. You can simply delve into another person to forget about the person who just broke your heart. This will still hurt and it may not be easy for you to be intimate with someone else however, you will have fun and stop thinking about your ex.

**2. Drink your pain away:** Similar to the first scenario, drinking excessively may not be the best situation for you. Depending on how you live your life, drinking may not help you cope. However, for most women, a bottle of wine in, you will not remember the guy who broke your heart. All you will love is the bottle of Cabernet on your counter.

**3. Talk to your parents:** Who better to help you with your relationship problems than your mother or father? The most wise people on the planet are simply a phone call away. Even if your parents are not always the person you want to talk to, they have so much wisdom to spread. Also, you can cry to your parents and they won't judge you.

**Have you got over a breakup quickly? Explain below!**

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# Bradley Cooper Reunites with Exes Jen Aniston and Jennifer Lopez at Golden Globes



By Nic Baird

Bradley Cooper ran into two of his exes, Jennifer Lopez and Jennifer Aniston, at the Golden Globes on Sunday, [UsMagazine.com](http://UsMagazine.com) reports. The single actor, who now has an Oscar nod for his role in *Silver Linings Playbook*, engaged in animated conversation with Lopez, and shook boyfriend Casper Short's hand. The two also had a chance to chat at the CAA's Golden Globes pre-party on Friday. There, Aniston also rushed over to Cooper and gave him a big hug. Cooper dated Lopez in 2011, and Aniston in 2009.

## What are some ways to remain civil after a breakup?

### Cupid's Advice:

It's difficult to maintain civil relations post-breakup, but being the better person will always pay off when it comes to love. Don't reminisce about the good times. There's no point in dwelling on someone who can't be a part of your life. Follow this advice to be polite and not lose your cool:

**1. Forget the past:** This person may have been important to you only very recently, and it may be hard to accept that they've lost all relevance to your life. If you saw this person as your partner, and now they can't fill that role, trying to figure out a new dynamic or identity is difficult if you hang on to the past. Don't weigh yourself down with issues that aren't your problem anymore! Move on, and don't hold a grudge!

**2. Be comfortable:** Laughter and smiling expressed friendship to your former partner. If you're on edge, being able to laugh can relieve tension between you and your ex. Be friendly, but don't reminisce about anything too specific from when you dated. Convey that while you've moved on, you're still happy to see them.

**3. Don't be emotional:** It's easy to open up to someone emotionally when you have a history of confiding in them. However, this will make things complicated for your ex, as well as for you emotionally. Stay away from this type of conversation unless you can handle it without being affected.

**How have you dealt with a recent breakup? Share your experiences below!**

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# Prince Harry Is Named 'Most Eligible Bachelor in the World'



By Meghan Fitzgerald

The charming young and single royal, Prince Harry, was declared the number one most eligible bachelor by *Town and Country*. Although this hot headed lad has had his dilemmas with scandalous and risqué behavior, *Town and Country* says, "He's the wild-card royal, the naughty one, the one who goes out with rah women, hangs out with a fast crowd, downs too many drinks, and goes home at the wrong moment. That's why we all like him best." His outlandish behavior has scored him the throne of the most eligible behavior. According to [People](#), Harry surpassed 39 other men, including George Clooney

and Connor Kennedy.

## **How do you determine if someone is out of your league?**

### **Cupid's Advice:**

Determining if another person is out of your league can be a very challenging aspect of life. Most of the ladies out there have heard about the rule, or the exception. They attempt to scrutinize the guy they may or may not have a crush on and figure out what the deal is. Is he into me? Is he too cool for me? Am I his type? Here are some ways to help decide:

**1. You're constantly chasing him:** To every women, there will be that one guy that you crave, the one guy where you want to talk to every single day. The problem which ensues where the guy does not feel the same way, they express their feelings slyly, they rarely return phone calls, they don't seem interested whatsoever. Unfortunately, for some odd reason women tend to want a guy more if they don't want them. I can abide by this preposterous rule, it gives the guy you're chasing a mystery about him. Where does he go? What does he do? Why can't I have him? The best thing here, is to saddle down, get off your horse, and start looking for a different man who wants to be with you.

**2. Expectations:** Women tend to give men higher expectations, or give themselves higher or lower expectations. Simply, expectations tie in to numerous problems pertaining to "leagues." These expectations given to men can make you think that he is entirely out of your league. This also works in reverse, where you give yourself lower expectations and think you're not good enough for the other person. To entirely decide whether this person is out of your league, you need to throw expectations out of the window and go with your gut.

**3. Confidence:** Confidence ladies and gentlemen needs to be prominent. In the beginning, of course looming into this

confident all-knowing being is more than difficult. However, after practice and assistance, your confidence will come naturally. Confidence is key when determining if someone is out of your league. If you want to go up to someone at a bar, do it. It is as simple as that. You need to saddle up, unholster your confidence and get your flirt on. You could be missing out on the love of your life by degrading yourself or thinking you are better than someone else.

**Did you ever go for someone “out of your league?” Share your experience below.**

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## **Sean Lowe Hopes to Find a Wife and Mother on ‘The Bachelor’**







By Nic Baird

Season 17 star of *The Bachelor* Sean Lowe is looking for a woman to start his family, [UsMagazine.com](http://UsMagazine.com) reports. Lowe originally tried to woo Emily Maynard on *The Bachelorette*, but now he's hoping to find the future mother of his children. "I want to start a family and just have a house that's full of love and laughter," the 29-year-old Dallas insurance agent said. Lowe enjoys being an uncle to his sisters' kids, but said he can only imagine how much it will intensify when he has his own.

**What are some unconventional ways to find your perfect partner?**

### **Cupid's Advice:**

Some people are waiting to fall in love, but others can't stand idle. If you're on the hunt for the perfect partner, then here are some unconventional tips to make your search more aggressive:

**1. Take risks:** If you have a sudden urge to ask for someone's

number you saw in a coffee shop or spoke to on a bus, then do it. The worst that can happen is that they'll say no. Don't get your hopes up, but don't be ashamed for giving it a shot. If you meet someone with the qualities you're looking for, don't let them slip by.

**2. Go on blind dates:** When you're looking for potential partners, you might have to do some thorough dating to find the perfect candidate. Go on blind dates recommended by friends. It will at least give your search some filtration. You can always sweat the middle-man/woman for details on your date.

**3. Online dating:** There are a lot of quality people looking for love on the internet, and many healthy relationships have grown from the virtual field. You will have the chance to peruse potential dates, as well as weed out the weirder ones, all from the comfort of your home.

**Did you find your partner in an unconventional way? Share your comments below!**

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## **Jennie Garth Says Looks Aren't Important to Her Anymore With Dating**





By Nic Baird

Actress Jennie Garth is back in the dating game and says “looks aren’t important,” [People](#) reports. The 90210 alumna split from husband Peter Facinelli in March. “When I’m in excruciating pain, like with what I’ve been through with my breakup and that grief and loss that’s just immobilizing, it helps to remember that it only lasts for 13 to 15 minutes, max,” she told *Health* in its January issue. What is Garth looking for now? “I like positive energy.”

**How do you know when you’re being too picky about looks in the dating world?**

**Cupid’s Advice:**

There are a lot of fish in the sea. Some of them are weird, some of them are smelly, and some will explode from the pressure if they ever surface. If you get a bit, don’t let unreasonable standards jeopardize a quality catch. These are signs you might be being too picky in the dating world:

**1. You overlook qualities:** If you find other people

appreciating qualities about your partner you hadn't noticed, maybe you're not looking at them hard enough. Be sure you don't take any part of them for granted. Part of being happy in relationships is knowing when you have a good thing.

**2. You focus on a few faults:** If you're having second thoughts, make sure to ask yourself if a reasonable person would look at your date the same way. You could be nitpicking on a few detractors that you won't even notice after becoming more comfortable with this person.

**3. You expect acceptance:** If you're simultaneously hung up on trivial aspects of your partner and unable to appreciate their appeal, maybe they're not the right one for you. However, it could be you hold yourself to a lower standard. Especially if you're going to be shallow, there's a limit to just how shallow you can afford to be.

**Have you ever been too picky when dating? Share your experiences below!**

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## **Tiger Woods Parties the Night Away with Multiple Women After Golf Tournament**







By Jennifer Ross

Tiger Woods is back to his partying ways. On Dec. 1, the pro-golfer danced all night long at California's Westlake Village Inn right after his 14th Annual World Challenge Golf Tournament. An eyewitness reports to [UsMagazine.com](http://UsMagazine.com) that Woods, 36, was surrounded by gorgeous women for most of his time on the dance floor. "Tiger was dressed in jeans and a beige sweater...At one point he was surrounded by a group of six women on the club's dance floor!" To further get into the partying mood, Woods requests the DJ to play, 'Tonight I'm F-ing You' by Enrique Iglesias. This set the mood just right as the ladies loved his persuasive music choice. As Woods enjoys his single life, ex-wife Elin Nordegren is busy creating her dream home on the coast in North Palm Beach, FL.

**How do you know when it's time to stop serial dating and settle down?**

**Cupid's Advice:**

The single life is a wild ride, full of meeting new people and



partying nights. No matter what day of the week, you can easily find a hot partier for the evening or several evenings, always keeping true love at arm's length. Yet, something has changed and you no longer want to be single. To help you cross over to the monogamy side, here are a few clues telling you it's time to settle down:

**1. Being alone:** You no longer feel the need to fill every spare minute of your single life with party time. Instead, you now enjoy being alone with your own thoughts. Feeling comfortable in your own skin with no one around is a good sign that you might be ready to share that time with just one person.

**2. Slow party nights:** On the nights that you do go out, your main interest isn't how many hot random people you can meet for future play dates. Instead, you now prefer to have a slower, quieter night out with a few good friends in a relaxing atmosphere. Clubbing all night just doesn't appeal as much anymore.

**3. Open mind:** When you spend time with potential mates, you are more open to understanding their quirks instead of comparing them to your "perfect mate" list. Matter of fact, sometimes you even leave the list at home and let yourself simply have fun exploring each other's personalities.

**When did you know you were ready to stop serial dating and settle down? Tell us below.**

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## **Cameron Diaz Says Women 'Want**

# to Be Objectified'



By Jennifer Ross

Cameron Diaz knows people may idolize her physical features and she's not bothered by it. Actually, she likes it and has no doubt other women believe the same. Diaz, 40, recently told U.K.'s [Sunday Times](#) that she believes all women want to be objectified. "There's a little part of you at all times that hopes to be somewhat objectified, and I think it's healthy." Even when the Hollywood actress is asked to strip down to her underwear for a photo shoot, as she did recently for the Terry Richardson spread in the November issue of *Esquire* UK, Diaz is confident and sure of herself. "[The stylists are] like, 'Today we're not going to put anything other than bras and heels on you, and I'm like, 'These heels are not high enough.' Cameron knows her level of self confidence didn't just happen

overnight. "I'm a woman, I know how to handle myself."

**What are three ways to pamper yourself before a date?**

**Cupid's Advice:**

There are times when we need to feel beautiful, such as before a date. Sometimes, that doesn't happen naturally and takes a little effort. A great pick-me-up is to focus the pampering on one of your best features, whether they are your eyes, smile, legs, etc. With a little time before you date, here are a few wonderful ideas to get you feeling gorgeous and ready:

**1. Waxing:** To help accentuate your beautiful eyes or legs, head over to your favorite salon and get your eyebrows and/or legs waxed. Having your eyebrow arch professionally perfected will take little time, leaving your gorgeous eyes framed beautifully; while waxing your legs will leave them feeling silky smooth to the touch. Your potential partner won't be able to take his eyes off of you.

**2. Mani/Pedi:** If shoes are your favorite item to wear or you speak with your hands, a professional manicure and/or pedicure is a must have. Beautifully polished toenails will compliment your favorite high heel, giving you an extra kick in your step. Also, manicure hands can give you confidence to express yourself with them. Should your companion want to hold your hand, they will be soft and ready for connection.

**3. Blow-out:** One of the best ways to love yourself is to have your hair blown-out and looking flawlessly beautiful. Because your companion will be looking at you throughout the date, having gorgeous locks fresh from the salon will make him want to get closer and touch your hair.

**How do you pamper yourself before a date? Tell us below.**