Celebrity News: 'Bachelorette' Hannah Brown's Sexy Windmill Scene Revealed





By Bonnie Griffin

In the latest <u>celebrity news</u>, <u>Bachelorette</u> Hannah Brown's awaited sexy windmill scene aired. Fans were surprised to learn that the guy who'd landed in the windmill with Brown was Peter Weber and not Jed Wyatt. The unique location of the windmill scene made it clear who Brown had been referring to with her earlier statements, and according to <u>UsMagazine.com</u>, Brown confirmed she slept with Weber twice as he bragged the next morning, "We are one now."

In celebrity news, the now-infamous windmill scene on the most recent episode of *The Bachelorette* didn't feature who everyone expected. What are some ways to spice up your love life?

Cupid's Advice:

For these <u>reality tv</u> stars, a windmill added some spice to their romantic tryst. Whether it is location or just trying something new, everyone likes to spice things up in the bedroom from time to time. Cupid has some advice to keep the spice in your love life:

1. Change the scene: Every romantic encounter doesn't have to happen in the bedroom. Try moving things to the living room in front of the fireplace when it is cold out. Or you could just set the scene for romance with candles and romantic music.

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<u>Take Romantic Vacay After Second Wedding</u>

2. Try some oils: Life gets hectic and we end up exhausted and stressed out. Try adding a massage to your routine with your partner. A few candles and an essential oil massage is sure to relax you both and help get you in the mood.

Related Link: <u>Celebrity Marriage</u>: <u>Find Out More About Miley</u>
<u>Cyrus' Marriage to Liam Hemsworth</u>

3. Do something random: Surprises are fun, especially in the bedroom. Get your partner flowers for no reason, surprise them in the bedroom in a special outfit, or offer to cook them dinner to give them a break. Even something as simple as a

nice, unexpected gesture can be just what you and your partner need to spice things up.

What are some ways you like to spice up your love life? Let us know your thoughts in the comments below.

Celebrity News: 'Bachelor' Alum Colton Underwood Reacts to Hannah Brown's Sex Confession





By Bonnie Griffin

In <u>celebrity news</u>, <u>Bachelor</u> alum Colton Underwood reacted positively to Hannah Brown's admission to having sex in a windmill on the current season of <u>The Bachelorette</u>. According to <u>UsMagazine.com</u>, Underwood says the differences between the seasons of <u>The Bachelor</u> and <u>The Bachelorette</u> are "what's so cool about the Bachelor franchise, [because] everybody has their own twists to things." In Underwood's season, he was scrutinized for being a virgin, the complete opposite of the scrutiny that Brown has seen over her admission to having sex with a contestant. These celebs show us that everyone makes different choices and has different tastes when it comes to sex, but it is nice to see these two owning their choices.

In celebrity news, former Bachelor
Colton reacted to current
Bachelorette Hannah's sex

confession. How do you make sure you and your partner are on the same page with intimacy?

Cupid's Advice:

Everyone has different sexual appetites. Sometimes those differences can happen between two partners in a relationship, but that doesn't mean you can't work things out. Cupid has some advice to help you make sure you're on the same page as your partner in the bedroom:

1. Talk about it: The number one way for you and your partner to ensure you're on the same page about intimacy is to have an open discussion. Tell them what you like and listen when they tell you the same. If you're both open to talking it through, the act can be much more pleasurable for both of you in the end.

Related Link: Celebrity News: Justin Bieber Is 'Not in a Rush' to Have Kids with Hailey Baldwin

2. Be open to trying new things: Just because you've never tried something doesn't mean you won't like it. Be open-minded when your partner makes suggestions and you might find a new favorite way to be intimate with the person you love.

Related Link: <u>Celebrity News: Rachel Lindsay Says She's</u>
<u>Surprised 'Bachelorette' Hannah Brown was 'So Bold' About Sex</u>

3. Learn to compromise: Be understanding. Sometimes one of you may be uncomfortable with something new in the bedroom. That's okay. Be willing to compromise, but know that it is okay to take things off the table if they make you uncomfortable.

What are some things you do to make sure you are on the same page as your partner? Let us know your thoughts in the

Celebrity News: Rachel Lindsay Says She's Surprised 'Bachelorette' Hannah Brown was 'So Bold' About Sex





By <u>Mara Miller</u>

In the latest <u>celebrity news</u>, Rachel Lindsay said she's surprised *Bachelorette* Hannah Brown was "so bold" about sex

after she admitted she slept with a contestant in a windmill on a <u>celebrity date</u>, according to *UsMagazine.com*. "I'm gonna assume that they're alluding to what happened in the fantasy suite. I mean, I was surprised she was so bold and forthcoming with it," Lindsay told Micheal Strahan and guest co-host KeKe Palmer on ABC'S *Strahan and Sarah* on Tuesday, July 9. "But I mean, she owns it, so more power to her."

In celebrity news, Rachel Lindsay is surprised that Hannah Brown was so bold and open about having sex on *The Bachelorette*. What are some positives to being open about intimacy?

Cupid's Advice:

There are some benefits to being open about intimacy with someone who has the potential to become your partner. Here are Cupid's tips on positives to being open about intimacy:

1. Earn respect: Whether you're being open about honesty to earn respect or because you want to gauge how much your potential partner will respect your views on intimacy, being open about your sex life can tell you a lot about someone by the way they react to the conversation. This can be the difference between finding your life partner or just another online date who will ghost you in after a few dates because you wouldn't sleep with them.

Related Link: Celebrity News: Jed's Mom Tells Hannah He's Not Ready to Get Engaged On 'The Bachelorette'

2. Get what you want: Being open about intimacy will ensure

your partner or potential partner know what you expect. You need to have a conversation before you're intimate with them. What do you do if birth control fails? What if they want to do something weird you don't want to try in bed? Are you worried about sexually transmitted infections? Would it make you feel better if you're both tested before you take the next step to play it on the safe side? The only way you will be able to communicate any of this is to be open about intimacy.

Related Link: <u>Celebrity News: 'Bachelorette' Hannah Brown</u>
Admits to Intimate Relations in a Windmill

3 Self-confidence: Confidence is sexy. Just don't confuse it with being cocky, which can bring an opposite reaction than what you might expect when you're confident. Being open about sex will give you a sense of confidence you haven't experienced before. You know you're sexy and you know what you want from your partner. Don't dance around the subject: own it.

Are there any other positives to being open about intimacy we missed? Let us know in the comments below!

Celebrity News: Jed's Mom Tells Hannah He's Not Ready to Get Engaged On 'The

Bachelorette'





By Bonnie Griffin

In <u>celebrity news</u>, Jed Wyatt's family suggested on <u>The Bachelorette</u> he should follow his music dreams instead of focusing on his relationship with Hannah Brown. Wyatt's mother seemed to be skeptical of the couple, and according to <u>UsMagazine.com</u>, his entire family "was floored that Jed could be considering an engagement when his passion for his music was top of mind." In relationships, our parents do not always have the same dreams for us as we do, and this is one <u>celebrity couple</u> that would be starting their relationship with Wyatt's family trying to stand in their way.

In celebrity news, Jed Wyatt's momis skeptical of a potential engagement at the end of The Bachelorette. What do you do if your parents don't support your relationship?

Cupid's Advice:

Relationships come with many obstacles, and unfortunately, family opposition sometimes plays a huge part. When your parents don't support your relationship there are a few ways you can get past their opposition and keep your relationship strong. Cupid has some advice to keep your relationship strong even if your parents don't support you:

1. Respect your parents: You may not agree with your parents' disapproval of your relationship, but remember they are the people who raised you. The relied on their values and beliefs to raise you and help you become the person you are. Their concern is another sign of their love. You don't have to leave your relationship because of their opinion, but try not to start an argument or be disrespectful.

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Carey's Take on #BottleCapChallenge

2. Open up to your parents: Talk to your parents. Tell them how you feel about your partner. Share with them how amazing you find your partner and help them to see the person you love through your eyes.

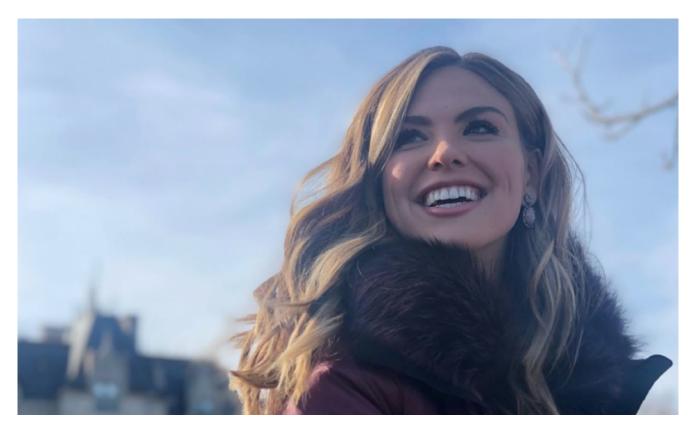
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Admits to Intimate Relations in a Windmill

3. Bring your partner around your parents more: If your parents don't initially approve of your partner give them the chance to get to know them better. Bring your partner around your parents more often. Take them to family dinner or invite your parents over for dinner with you and your partner. Give them a chance to get to know your partner better and hopefully they will begin to see how much you care for them and learn to be supportive.

What are some ways you might deal with your parents not accepting your relationship? Let us know your thoughts in the comments below.

Celebrity News: 'Bachelorette' Hannah Brown Admits to Intimate Relations in a Windmill





By Bonnie Griffin

In the latest <u>celebrity news</u>, <u>Bachelorette</u> Hannah Brown admitted to sleeping with a contestant in a windmill while on a date with Luke Parker in one of the promos for a future episode of the reality TV show. According to <u>UsMagazine.com</u>, Brown was not pleased with Parker's remarks in regards to her sleeping with guys on the show, saying to him, "My husband would never say what you've said to me." Brown admits to having some fun on the show, and she does not regret her decisions, but she's clearly not going to listen to negative remarks about her sex life without sticking up for herself. This is one celebrity <u>reality tv</u> star who knows how to stand up for herself.

In celebrity news, *Bachelorette* Hannah Brown admitted to some hanky panky in a windmill in one of the

show's promos for a future episode. What are some ways to spice up your relationship?

Cupid's Advice:

Keeping a relationship interesting and intimate can get put on the back burner as life gets busier, your relationship evolves and you're no longer in the honeymoon phase. It is easy to become complacent on the romantic front when things like work and children take up so much of your time. Spicing up your relationship can be done with the smallest gestures. Cupid has some advice to keep spice things up even in a long-term relationship:

1. Make eye contact: One of the most intimate things between partners is making eye contact. If you want to keep the intimacy alive try this easy tip and make eye contact with your partner when you say, "I love you."

Related Link: <u>Celebrity News: Luke P. Loses His Temper with</u> Garrett on 'The Bachelorette'

2. Smile when you see them walk into the room: A big part of keeping things spiced up in your relationship is finding the small ways to make your partner happy; to make them feel appreciated and loved, even without words. Something as simple as a smile when they enter a room or you see them walk through the door when they come home at the end of their workday will make them feel warm and loved.

Related Link: <u>Celebrity News: 'Bachelorette' Front Runner</u>

<u>Jed's Ex Details Heartbreak & Being Ghosted</u>

3. Physical contact isn't just for the bedroom: When you are trying to spice up your relationship everything doesn't have to be about the things that occur in the bedroom. Sometimes

the best things can take place outside of the bed. Snuggle in front of the TV, slow dance with your partner in the living room, and hold their hand when you walk down the street. These small physical gestures will put the spark back in your relationship.

What are some ways you might spice up your relationship? Let us know your thoughts in the comments below.

Celebrity News: Luke P. Loses His Temper with Garrett on 'The Bachelorette'





By <u>Katie Sotack</u>

The drama never ceases on this season of <u>The Bachelorette</u>, and this week's episode was no exception. According to *UsMagazine.com*, Hannah Brown was forced to make a hard decision between Luke P. and Garrett after their fearsome fight. As usual, Luke had used the group date as a way to belittle the other men, and Garrett was fed up. After warning Luke that his "time was coming to an end," Garrett ended up with a lap full of bologna as Luke P. screamed in his face. The tension ran high at the rose ceremony when Luke P. and Garrett were the last two left without their red petals. Ultimately, Hannah gave a rose to Luke, who laughed as Garrett exited the set.

In <u>celebrity news</u>, Luke P. lost his cool with Garrett in the most recent episode of *The Bachelorette*,

showing his true colors. What are some ways to handle an angry partner?

Cupid's Advice:

In any relationship, romantic or otherwise, anger is normal. Feelings of resentment, jealousy, or sadness can bubble up in a red hot rage. Knowing the right course of action to deal with an angry partner can be a challenge. Here are tips to calm the emotional forest fires in your partner:

1. Be patient: When your significant other is losing their cool it's important to remember this isn't about you. It can be easy to take offense to yelling or hurtful tones, but instead focus on what they're trying to say. Chances are they're truly hurt and not expressing it properly.

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Taylor & Brittany Cartwright's Upcoming Nuptials

2. Respond in kindness: Because anger is symptomatic of inner pain, be kind toward your hot headed lover. Let your S.O. know that their emotions are valid and they are still loved. Meeting anger with warmth may help condition the insecurity that lies beneath.

Related Link: <u>Celebrity Break-Up: 'Bachelorette' Jed's Ex</u> <u>Haley Cries After Learning He Allegedly Cheated</u>

3. Know when to call it quits: If your partner's always operating at the red hot level and you're left feeling hurt, it's time to end it. Anger is a normal response in small doses. However if your partner's always running off the rails and you feel more bullied than loved, it's not healthy. You can't fix someone's emotional baggage, no matter how much you love them, and if this anger is dragging you down it's time to

How do you deal with an angry partner? Share in the comments below!

Celebrity News: Tyler C. Claps Back at 'Bachelor' Nation's James Taylor After He Slut Shames 'Queen' Hannah





By Bonnie Griffin

In the latest <u>celebrity news</u>, Tyler Cameron spoke up after James Taylor, a former contestant on a previous season of <u>The Bachelorette</u>, spoke out against Hannah Brown. According to <u>UsMagazine.com</u>, Cameron clapped back at Taylor after he said that "[Hannah doesn't] have to dry hump em all," accusing Taylor of using this as a way to stay relevant. Cameron is one <u>reality tv</u> star willing to stand up against Taylor's attempt at slut shaming.

In celebrity news, one of the guy's still competing for *Bachelorette* Hannah Brown's heart has had enough of James Taylor's slut shaming comments. What are some ways to stand up for your partner?

Cupid's Advice:

When you're in a relationship, you want to see your partner happy. If someone is saying or doing things that hurt them, you want to stop what is causing their pain. Cupid has some advice when it comes to standing up for your partner:

1. Don't allow people to talk down to them in front of you: You may have fallen in love with your partner, but that doesn't mean your friends or family have. There may be times when someone in your circle treats your partner like they don't deserve you, or talks down to them. It is important that you step in right away. You want to set the precedent you will not allow them to treat your partner disrespectfully.

Related Link: <u>Celebrity Wedding News: Zoe Kravitz & Karl</u> <u>Glusman Secretly Married</u> 2. Shut down negative influencers: Not everyone will say the negative things they think in front of your partner. Some will save their opinions to share with you when your partner is not around. Do not feed their negative opinions by listening and allowing them to say whatever they want. Shut down their negative talk right away, and make them aware that you won't tolerate it in the future. You chose your partner for a reason; don't let other people's negativity influence your feelings in your relationship.

Related Link: <u>Celebrity News: Are Khloe Kardashian & French</u>
<u>Montana Getting Back Together?</u>

3. Be on their side: There could be times when someone in your circle of friends or family says or does something to your partner that upsets them when you're not there to stop it. If your partner lets you know they've been hurt by something a family member or friend did or said to them, make sure they know you have their back. Call the friend or family member and discuss the incident and make it clear it was upsetting and unacceptable. You don't have to be mean; have a respectful conversation, but make it clear that such actions cannot continue.

What are some ways you would stand up for your partner? Let us know your thoughts in the comments below.

Celebrity

News:

'Bachelorette' Front Runner Jed's Ex Details Heartbreak & Being Ghosted





By Katie Sotack

In <u>celebrity news</u>, <u>Bachelorette</u> front runner Jed had a girl at home when he left for the show and broke her heart. Jed and his ex, Haley Stevens, are both country singers who fell in love before Jed was accepted onto <u>The Bachelorette</u>. According to <u>UsMagazine.com</u>, Jed went on the show as a way to publicize his music, and Haley didn't want to hold him back from any show biz opportunity. However, the six weeks of filming and two weeks after with no phone call from Jed devastated Haley. When the ex <u>celebrity couple</u> ran into each other at CMA Fest, few words were exchanged and Haley knew they were finished.

In celebrity news, all may not be as it seems with Bachelorette favorite Jed Wyatt. What are some ways to know if your new partner is being genuine?

Cupid's Advice:

When falling in love there's no guarantee. The possibility of pain is around every corner. However there are tell tale signs that your partner is the real deal. Here is dating advice on how to tell if they're leading you on:

1. Listen to your gut: First things first, always listen to your gut. If there's a nagging feeling from something primal in your body, it's probably right. Do a little investigative work into what instinct is telling you.

Related Link: Celebrity News: 'Bachelorette' Hannah Brown
Considers Quitting the Show After Luke P. Fight

2. Listen to what they're really saying: If you find yourself in a Haley situation, where your partner is saying 'I love you' but keeping the door to others open: actions speak louder than words. Some people will say anything to keep something good around, but remember that the way someone treats you is the true test to if they value you.

Related Link: <u>Celebrity Marriage</u>: 'The Bachelor' Star <u>Catherine Giudici Reflects on 4-Year Marriage to Sean Lowe</u>

3. Listen to others: So your friends and family raise an eyebrow every time you tell a story about your flailing significant other. Clearly they think this partner's not good enough for you. If their reasons go beyond the shallow (ie: money, looks, etc.) then put stock into what they're saying.

They want someone to treat you right even more than you do.

How do you detect if your partner's being genuine? Share in the comments below!

Celebrity News: 'Bachelorette' Hannah Brown Gets Hot & Heavy With Her Guys





By <u>Emily Green</u>

In the latest <u>celebrity news</u>, <u>Bachelorette</u> Hannah Brown isn't afraid to get physical with her men, according to <u>People.com</u>. In fact, in yesterday's episode of the show, <u>Bachelor</u> Nation watched Hannah's three heavy make-out sessions with Peter, Jed and Tyler C. The current <u>Bachelorette</u> believes that being sexually attracted to your future partner is an important part of a relationship. While being a devout Christian, this <u>reality tv star</u> believes that her faith should not come into question when in a relationship. "I have had sex. And Jesus still loves me," Brown said in this season's trailer.

In celebrity news, sexual chemistry is clearly important to current *Bachelorette* Hannah Brown. What are some signs of sexual chemistry to be on the lookout for with your new crush or partner?

Cupid's Advice:

Sexual chemistry is a key part of any relationship, and it is important to figure out if you and your partner have that spark early on. Here are some of Cupid's tips on how to see if you and your new partner have that spark of sexual chemistry:

1. Making eye contact feels comfortable: While nerves can come into play, being able to keep eye contact with your partner is an important part of sexual chemistry. Eye contact lets you know that they are actively listening to you, and that they want to be there with you.

Related Link: New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship 2. Body language: Eye contact and body language go hand in hand. If your partner is angling themselves toward you and not shying away, it is a good sign that sexual chemistry is there, and they are feeling that spark.

Related Link: Daniel Radcliffe New Girlfriend Erin Darke Have 'Great Chemistry'

3. Follow your instincts: You know that phrase, "Trust your gut?" It really works! If you have an initial instinct about holding your partner's hand, follow through! If they don't reciprocate, you know the spark isn't there. Remember, consent is key in any relationship. If you're unsure about how your partner will respond, don't be afraid to ask! This way you can work out anything that may need to be said, and move on in your relationship.

How did you feel about Hannah's hot and heavy make-out sessions in yesterday's episode of *The Bachelorette?* Share your thoughts below.

Celebrity News: 'Bachelorette' Hannah Brown Confronts Luke P. About Red Flags





By Amanda Sanders

In <u>celebrity news</u> this Memorial Day, viewers watched *The Bachelorette's* Hannah Brown continue her search for her happily ever after. The latest episode of <u>The Bachelorette</u> showed the <u>single celebrity</u> discovering some red flags in Luke P.'s attempts to woo her and eventually her confronting him on how it made her feel as a result. On a group date, Luke P. tried to get some extra time alone with Hannah at the photoshoot before offering to walk her back to her dressing room in a way that the reality star viewed as aggressive, calling him "cocky." This <u>Bachelorette</u> isn't afraid to stand up for herself.

What are some ways to confront your partner about something that is making you uncomfortable or upsetting you?

Cupid's Advice

Sometimes it's hard to communicate with someone about things they do that bother you. Cupid is here to help you figure out how to broach the subject:

1. Mentally prepare. If you're nervous about talking to your partner about their problematic behavior, evaluate all of your feelings and identify the real issue that you want to discuss with them. This will keep you from getting sidetracked on the small things.

Related Link: New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship

2. Set the stage. Find a mutually convenient time and place to talk to your partner about what's bothering you. Don't blurt out that you need to talk publicly in front of all your friends. Find a quiet space to discuss the situation. Avoid confrontations online and on the phone unless you feel unsafe meeting your partner in person.

Related Link: <u>Celebrity News: 'Bachelorette' Contestant</u> <u>Lincoln Adim Convicted of Assaulting Woman on Cruise</u>

3. Focus on the issue Be hard on the issues but soft on the person. Don't waste time trying to hurt the other person but focus on saying what needs to be said as clearly and simply as possible.

What are some methods you may have used when confronting someone about what's bothering you? Share your thoughts below.

Celebrity News: Kelly Ripa Says She Is 'Disgusted' By 'The Bachelor' & 'The Bachelorette'





By Megan McIntosh

Looks like there's some drama in <u>celebrity news</u> with <u>Kelly Ripa</u>. It turns out that she's "disgusted" by ABC's reality shows *The Bachelor* and *The Bachelorette*. According to *UsMagazine.com*, Ripa blasted the show, saying that she can't stand the idea of women fighting over one guy, adding

that women "are too special to be arguing over a guy." Ripa thinks both reality shows are "creepy."

In celebrity news, not everyone has love for the Bachelor franchise apparently. What do you do if you're vying for the heart of someone another person is also interested in?

Cupid's Advice:

When you're first getting to know someone, there's no way to be sure that you're the only person they're seeing. There's always a little friendly competition at the beginning of a potential relationship. Cupid has some tips on what to do when someone else is interested in the person you're trying to snag:

1. Act your age: Some people like to act immature or childish to get someone's attention. That is not the way to do it. While using a childish voice or teasing a potential partner may get you temporary attention, it's no way to keep them interested for the long term.

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Date With Your SO

2. Confidence: It doesn't matter what you do, what you wear, or what you say if you don't do it with confidence. Be confident in your walk, be confident in your flirting, just be confidence. Confidence is attractive because it shows that you know you've got what they're looking for.

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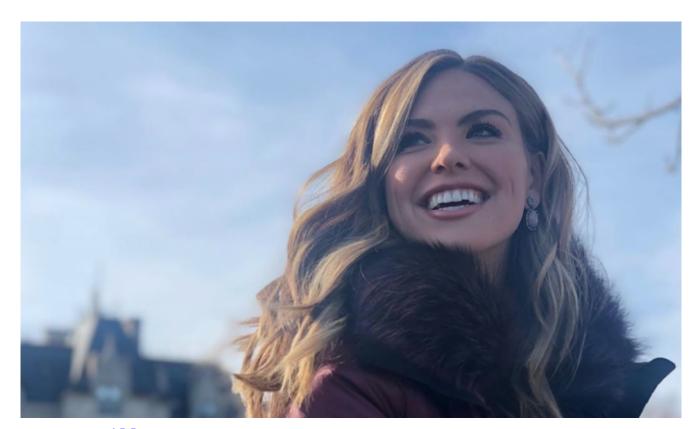
Date

3. Show interest: This might seem obvious but the best way to grab someone's attention is to show genuine interest in their lives. Ask them about their friends, their favorites, and maybe try out a hobby or two that they enjoy. This shows them you're interested and makes them want to get to know you better.

Do you have any advice for catching someone's eye? Share below!

Celebrity News: 'Bachelorette' Star Blake Horstmann Talks Moving On After Becca Kufrin Split





By <u>Mara Miller</u>

In the latest <u>celebrity news</u>, <u>Bachelorette</u> alum Blake Horstmann has had a hard time moving on from Becca Kurfin since she broke his heart when she sent him home. According to <u>UsMagazine.com</u>, the most recent season finale of <u>The Bachelor</u> brought back memories for Blake after Colton Underwood ended his relationships with Hannah and Tayshia. Horstmann has now moved on, and even considers Garrett Yrigoyen a close friend despite his engagement to Kufrin

In celebrity news, Blake Horstmann didn't have an easy time moving on after his split from Becca Kufrin. What are some ways to cope with a broken heart?

Cupid's Advice:

Heartbreak isn't easy, but here are a few ways you can cope with heartbreak:

1. Spend time with friends: Your friends—the close ones—are your number one support network after a heartbreak. Go see a movie, get ice cream, lobster and steak—whatever strikes your fancy with your besties. It's a way to take your mind of the heartbreak and to try to gather a sense of normalcy.

Related Link: Celebrity News: 'Bachelor' Colton Underwood Calls Cassie Rudolph His 'Future Fiancee' After Whirlwind Reconciliation

2. Stay in the present: Don't focus on the past. What happened happened, and there is no way for you to change it. All you can do is live in the present and focus on yourself. If you let yourself continuously dwell in the past you will never be able to move on.

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3. Practice self-love: Make sure you're eating right and getting enough sleep. It can be easy to neglect taking care of yourself while you're going through heartbreak. You need to learn to love yourself again. It's not easy, but if you're patient with yourself, you can get through it.

What are some other ways to deal with heartbreak? Let us know in the comments below!

New Celebrity Couple:

'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship





By <u>Mara Miller</u>

In the latest <u>celebrity couple</u> news according to <u>EOnline.com</u>, <u>Bachelor</u> Nation couple <u>Kaitlyn Bristowe</u> and Jason Tartick have confirmed their relationship. Bristowe joked, "I mean I was gonna use my podcast to break the news, but I guess the <u>Today</u> show beat me to it." What a way to have your new relationship announced!

In celebrity couple news, there's a new *Bachelor* couple lighting up the gossip columns! What are some ways to announce your relationship to family and friends?

Cupid's Advice:

Being in a new relationship is a fun and exciting time, although you might not want it announced on *The Today Show*. Here are a few ways you can announce your new status to family and friends:

1. Through a phone call: Texting can be easy, but we so rarely think to make an announcement by calling our family or friends. Make a few phone calls to the people you care about most to let them know you're dating someone!

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Online Bullying

2. A dinner: If your new partner is ready to meet your family and friends, get everyone together at your favorite restaurant to share your good news.

Related Link: <u>Celebrity News: Bachelor Contestant Caelynn</u>
<u>Miller-Keyes Talks Sexual Abuse</u>

3. On social media: Becoming "Facebook" or "Instagram" Official is one of the most popular ways to announce you are now dating someone. Take a cute photo together, and let everyone know you're taken! But, wait a while to announce it — some studies show that couples who wait at least three months to announce their relationship online have a better chance of staying together.

What are some other ways you can announce your relationship? Share your ideas below.

New 'Bachelor' Celebrity Couple? Jason Tartick and Kaitlyn Bristowe Are Going On a Date





By Lauren Burczyk

In <u>latest celebrity news</u>, there may be a new Bachelor Nation

couple to cheer on. According to *Usmagazine.com*, reality TV stars Jason Tartick and <u>Kaitlyn Bristowe</u> are going on their first date. This <u>celebrity news</u> comes after Tartick, 30, told *Entertainment Tonight* that he recently taped an episode of Bristowe's podcast *Off The Vine* before asking out the former *Bachelorette*. Bristowe, 33, accepted Tartick's invitation and now anxious fans will be able to listen to that exchange on an episode of *Off The Vine*.

There may be a new Bachelor celebrity couple in town soon! What are some ways to get over your nerves to ask someone out?

Cupid's Advice:

It's never easy to muster up the courage to ask someone out, but Cupid has some tips:

1. Take some time to relax: Before jumping right into asking someone out, take some time for yourself and relax. Do something that you enjoy to calm your nerves such as going for a jog, reading a book, or listening to some music.

Related Link: Celebrity Break-Up: Shawn Booth Breaks Silence on 'Painful' Split from Kaitlyn Bristowe

2. Practice: We all know that practice makes perfect, so it's important to practice what you're going to say and how you're going to say it before actually asking for a date. Practicing will give you the confidence boost you need to get over your nerves and ask someone out.

Related Link: Celebrity News: 'The Bachelorette' Star Kaitlyn Bristowe Says She & Shawn Booth Are 'Going Backwards' with

Wedding Planning

3. Avoid the fear of being rejected: The more you think about the negative consequences, the more worried you will become and the less likely you are to ask for a date. So, try not to think about getting rejected and think as if you're going to get the answer that you're hoping for.

What are some ways that you've gotten over your nerves and asked someone out? We would love to hear from you! Please comment below.

Celebrity Break-Up: 'Bachelorette' Alum Jordan Kimball is Using Dating App After Split from 'BIP' Love Jenna Cooper





By <u>Ivana Jarmon</u>

All you need is love. In celebrity news, Jordan Kimball from Bachelor Nation has signed up for a dating app following his split from celebrity ex Jenna Cooper. Kimball posted on his Instagram, saying, "So I've made a dating profile on match and having better discussions so thank you, next. #WeBelieveInLove #ReadyToFall." The former Bachelorette contestant got engaged to Cooper during the season 5 finale of Bachelor in Paradise earlier this year. Soon after, the celebrity couple split amid cheating reports about Jenna Cooper. Kimball added on his Instagram story, "I'm headed into 2019 full steam ahead. I've got a heart full of hope to find my true one on Match," UsMagazine.com reports.

After this celebrity break-up, it's back to the dating apps Jordan will go! What are some pluses that come

with using dating apps?

Cupid's Advice:

Putting yourself in the dating world can be a struggle and very scary. But recently dating apps have made it easier for people to find love. Cupid has some pluses that come with using dating apps:

1. Large dating pool: Online dating gives you the means to connect with several potential mates that you may never encounter in your everyday life. Dating websites often have a compatibility prescreening test to make it easier to find someone with similar interest, values and goals as you.

Related Link: Celebrity Wedding: Miley Cyrus Confirms Marriage to Liam Hemsworth

2. Anonymity: Dating websites allow you to be more expressive when you interact with a potential mate. If things don't work out no harm no foul, you don't have to avoid your favorite book store to avoid them as you would in real life. An undesirable suitor can be easily deleted or blocked.

Related Link: <u>Celebrity News: Ben Simmons Leaves Flirty</u> Comment on Kendall Jenner's Instagram Pic

3. Find your soul mate: The best part about dating apps is that you really could find the one your meant to be with.

What are some pluses that come with using a dating app? Share your thoughts below.

Celebrity Break-Up: Shawn Booth Breaks Silence on 'Painful' Split from Kaitlyn Bristowe





By <u>Ivana Jarmon</u>

Shawn Booth recently opened up about his recent split. In celebrity news, Booth shared his first message about his recent split from celebrity ex Kaitlyn Bistowe. The celebrity exes fell in love in 2015 on season 11 of The Bachelorette. After months of not being spotted together and denying split rumors, the couple called off their engagement on November 2nd, UsMagazine.com reports. Booth wrote on Instagram, "I just want to thank everyone who has been so supportive of my

relationship with Kaitlyn over the years. You've made me feel incredibly special, supported and very loved. So, from the bottom of my heart, thank you. It truly means a lot."

In celebrity break-up news, Shawn Booth is speaking out about his split from Kaitlyn Bristowe. What are some ways to handle announcing your break-up to family and friends??

Cupid's Advice:

Break-ups are never easy, and it's especially hard when you have to tell your family and friends. Cupid has some ways to handle announcing your break up to family and friends:

1. Be open and honest: Tell your closest family and friends the truth. It is over, and it didn't work. You and your expartner are no longer compatible, and you are both trying to move on.

Related Link: <u>Celebrity News: Halsey Responds to Rumors She's</u>
<u>Dating John Mayer</u>

2. Tell people quickly and publicly: To avoid unnecessary gossip and rumors, share the news in person. While it might feel easier to drop a quick headline on Facebook, you don't want to be overwhelmed with a million questions and reactions all at once. Once you tell a few friends, the news will spread quickly.

Related Link: Celebrity Couple News: The Weeknd Cheers on Girlfriend Bella Hadid at Victoria's Secret Fashion Show

3. Reassure family and friends it's for the best: Sit down with family and friends and be open and honest to hearing their concerns. Then, reassure them as best as you can, both during that conversation and through your actions over the following weeks and months, that it's for the best. Your family and friends all love you and want you to be happy, so they should understand your decision.

What are some ways to handle announcing your break-up to family and friends? Share your thoughts below.

Celebrity Couple News: 'Bachelorette' Becca Kufrin Is Engaged to Garrett





By Jessica DeRubbo

That's a wrap for the most recent season of *The Bachelorette*! And the winner of Becca's heart is ... Garrett! During the season finale, which aired last night, the 29-year old medical sales rep got down on one knee and was rewarded with *The Bachelorette* declaring her love for him. Congrats to the newest *Bachelor*celebrity couple Nation! Garrett picked out what he viewed as the perfect Neil Lane engagement ring for Becca and placed it on his bride-to-be's finger saying, "It's you! It's us!" Unfortunately, with Garrett's win came Blake's heartbreak. Blake, who was an early front-runner for Becca's heart, left the heat of the Maldives behind in tears. The question is, who will be the next *Bachelor*? Will it be Blake? We have yet to find out!

Becca is one happy girl after she found love on *The Bachelor* and they

became a new celebrity couple. What are some unique ways to find love?

Cupid's Advice:

We don't all have the luxury of competing for love in *Bachelor* Nation. That being said, there are plenty of out-of-the-box ways to approach finding love. Cupid has three of them:

1. The gym: Working out is a way of life for a lot of people. Since you spend so much of your time at the gym, why not look for love there? If you find yourself attracted to someone you see while working out frequently, strike up a conversation. Or, just go for it and ask him/her out on a date! What do you have to lose?

Related Link: Rachel Lindsay Says That If Blake Doesn't Win on 'The Bachelorette,' Becca & Garrett Are In Trouble

2. At a religious establishment: No matter your religion, it may make sense to look for your next partner at the religious establishment you attend. What's nice about this option is that the people you meet may same similar values as you do.

Related Link: Celebrity News: 'Bachelorette' Becca Kufrin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth

3. Blind dates: Blind dates get a bad rep, but if you really think about it, they may be a good option. Your friends are those who tend to know your dating tastes best, so why not put some faith in them to find you the perfect partner? You owe it to yourself to at least give it a chance.

What are some other ways to find love? Share your thoughts below.

Rachel Lindsay Says That If Blake Doesn't Win on 'The Bachelorette,' Becca & Garrett Are In Trouble





By <u>Haley Lerner</u>

In <u>celebrity news</u>, <u>reality TV star</u> Rachel Lindsay hopes that contestant Blake Horstmann will win Becca Kufrin's heart on <u>The Bachelorette</u>. In Lindsay's weekly blog on *UsMagazine.com*, she wrote about Kufrin's date with Hortsmann, saying, "After watching this date, I really hope Becca picks

Blake because it is going to be really hard for the other guy to get passed how deep and expressive her feelings are for Blake." Lindsay also wrote that she thinks "It is clear that Blake is truly in love with Becca and she is smitten with him. It is clear he does not want to lose her. So it is also clear that he is insecure about the fact that there are two other men in her life. This is a very real moment for me. I appreciated that he was vulnerable enough to express that to her rather than hiding behind a smile." Lindsay also appreciated when Hortsmann said "I look for reasons to stay and not reasons to leave." Regarding Kufrin's date with contestant Garrett Yrigoyen, Lindsay said, "He tells Becca he loves her and I have to say I did not feel it. I heard the man, but I did not feel him. It did not come out as smoothly or as sincerely as Jason and Blake's 'I love you' did. Garrett also just doesn't seem like a smoother operator so there's that." Lindsay also said, "I feel like there is something we are missing from Garrett."

In celebrity news, Rachel Lindsay is hoping Blake wins Becca's Heart on *The Bachelorette*. What are some ways to know you're choosing the right partner?

Cupid's Advice:

Having trouble knowing if you're choosing the right partner? Cupid has some ways to help you know if it's right:

1. You only have eyes for them: If you are really in love with someone, then you should only be interested in being with them and no one else. If you think you've got a wandering eye or budding feelings for someone else, then it's probably not

right to stay with your partner. They deserve honesty and if you're not feeling it, they might not be the right person for you.

Related Link: <u>Celebrity News: Rachel Lindsay Says Colton's</u>
Passion Isn't There for Becca on 'The Bachelorette'

2. You see a future with them: Can you clearly envision a future together with your partner? If you can, then that's a good sign. But if you can't and you don't imagine your lives fitting well together, then maybe you should reconsider continuing your relationship.

Related Link: <u>Celebrity News: Rachel Lindsay Bashes Tia in</u>
<u>'Bachelorette' Recap Post</u>

3. They're all you think about: If you can't help but always day dream about the person you are dating, then it's likely you have deep feelings for them and they are likely the right partner for you.

Have any more ways to know if you are choosing the right partner? Comment below!

Celebrity News: Rachel Lindsay Bashes Tia in 'Bachelorette' Recap Post





By <u>Haley Lerner</u>

In <u>celebrity news</u>, <u>reality TV star</u> and former <u>Bachelorette</u> Rachel Lindsay criticized Tia Booth's behavior on the latest episode of The Bachelorette. In her weekly recap post for UsMagazine.com, Lindsay discussed how Tia told current Bachelorette Becca Kufrin that she still had feelings for contestant Colton Underwood, whom she had previously dated. Lindsay called Booth a "Judas in the midst" and said, "I do really believe Tia really does like Colton, but there is a time [and] a place for everything and that place for you Tia was weeks ago when Becca confronted you about it the first time." Lindsay added, "The reason this moment bothered me so much was that it took away, once again, from Becca. This is Becca's season and subpar story lines and people are constantly overshadowing it. Tia, there is a place for you and it is called Paradise. You should have just let their relationship play out and if it is meant to be then Colton will see you there. All I know is that after this moment, Colton has to be thinking WTF. And surprise, surprise, Colton went home during the rose ceremony."

In celebrity news, Rachel Lindsay isn't a fan of the way Tia behaved on the recent episode of *The Bachelorette*. What are some things to consider about dating a friend's ex partner?

Cupid's Advice:

If you're contemplating dating a friend's ex partner, Cupid's got some things for you to consider:

1. Talk to your friend: Before doing anything, it's important that you talk to your friend about dating their ex. You must consider their feelings first and it's important you get their blessing before moving forward with anything. If they still have feelings for your ex, you should back off.

Related: Celebrity News: Rachel Lindsay Says Colton's Passion Isn't There for Becca on 'The Bachelorette'

2. Will it affect your friendship: Even if your friend does give you their blessing, dating your friend's ex can still cause a rift in your relationship. Know that you probably won't get to gush about your emotions while dating to your friend because it might hurt them. Dating their ex can definitely cause awkwardness and hurt feelings, even if your friend said it was okay.

Related: <u>Celebrity News: 'Bachelorette' Becca Kufrin Feels</u> 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth

3. Is the ex worth it: It's important you consider if this person is really worth jeopardizing your friendship. If they

are amazing and you have incredibly strong feelings for them, then it might be. But if you think it'll just be a short fling, the risk likely isn't worth it.

Have any more things to consider before dating a friend's ex? Comment below!

Celebrity News: Rachel Lindsay Says Colton's Passion Isn't There for Becca on 'The Bachelorette'





By <u>Haley Lerner</u>

In <u>celebrity news</u>, former <u>Bachelorette</u> Rachel Lindsay said she doesn't think contestant Colton Underwood has any passion for current Bachelorette Becca Kufrin. Ιn for bloa UsMagazine.com, the reality TV star wrote that Kufrin and Underwood's one-on-one date was dry and a hot tub scene was only introduced to switch it up. Lindsay was not in favor of the date, saying, "Every time Colton opened his mouth he talked about Tia. How awkward it must be for Becca to sit in the hot tub and talk about another woman also known as her "best friend." Way to kill the mood, Colton. Becca literally had to shut him up by kissing. Lindsay also disapproved of Underwood telling Kufrin he was falling in love with her after telling her earlier in the night that he did not take telling someone he loves them lightly, as he had only said it once before. Lindsay added, "So, I love you's are sacred to you yet you conveniently drop the phrase in a couple of weeks? Well that was a quick change of events. I feel like Colton is saying the routine and 'right' things with no passion behind them. His eyes are saying one thing and his mouth is saying another. I want Becca to hop on whatever is faster, that big

bus or the camel, and get as far away from Colton as possible. We don't believe you, Colton."

In celebrity news, former Bachelorette Rachel Lindsay is pretty sure Colton isn't passionate about Becca on this season. What are some ways to know if your partner is passionate about you?

Cupid's Advice:

It's definitely important that your partner is passionate about you in a relationship. Cupid has some tips on how to tell if they are:

1. Your partner compliments you: One good indicator that your partner has some serious passion for you is if they frequently compliment you. This shows that not only do they notice special things about you, but they want to remind you how much they care about you and how fondly they think of you.

Related Link: Celebrity News: <u>'Bachelorette' Becca Kufrin</u>
Feels 'Sick' When She Finds Out Colton Underwood Dated Friend
Tia Booth

2. They're open about their emotions: If your relationship is going to last the long run, it's important you and your partner can actually talk about your feeling for each other. If your partner is open and tells you how much they care for you, it's clear that they are definitely full of passion for you.

Related Link: <u>Celebrity News: 'Bachelorette' Contestant</u> Lincoln <u>Adim Convicted of Assaulting Woman on Cruise</u>

3. The physical chemistry is there: Obviously one of the most telling signs of whether a partner is passionate for you is if they are clearly physically attracted to you. Your partner being interested in getting intimate with you shows there are definitely flames of desire present.

Have any more ways to tell if your partner is passionate about you? Comment below!

Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again





By Rhodesia Williams

In <u>celebrity news</u>, The Bachelorette's Luke Pell and Holly Allen are calling it quits. According to Usmagazine.com, this <u>celebrity break up</u> isn't much of a shock. The <u>celebrity couple</u> seem to break up to make up often. Although Pell has dated other people on and off the screen, the couple always seem to find their way back to each other.

This isn't the first time a celebrity break-up has occurred between these two. What are some things to consider before having an on-again off-again relationship?

Cupid's Advice:

Sometimes space is needed in a relationship, but too much space can hurt your relationship. Cupid has some advice on

some things to consider before having an on-again-off-again relationship:

1. Time: Having a permanent on and off relationship is never healthy. You can't spend most of your time broken up because it poses the question of why you are even together in the first place. When deciding to break up, make sure you pay attention to how much time you are spending apart. Remember, when you are apart, you are teaching each other how to live without each other. Be careful; you might end up falling in love with the single life instead of your partner.

Related Link: <u>Dating Advice: 4 Signs Your Partner Is the Right</u>
One for You

2. Respect: If you and your partner anticipate getting back together, make sure you both respect your relationship. A break is not meant for one or both of you to be out partying and hooking up with other people. Remember, a break is because things aren't working and if you are considering getting back together, then you need to spend the time working on yourself. Sometimes space is needed, but don't do anything you will regret.

Related Link: Dating Advice: How to Stop Self-Sabotaging in Love

Compromise: Being in an on and off relationship is hard enough, but remember to work through the issues. Relationships are two sided so as you're working through things, keep in mind that sometimes you have to negotiate. While you shouldn't have to put up with disrespect or cheating, simple things like communication and quality time problems can easily be solved.

What are some things you consider when entering an on and off again relationship? Share below.

Celebrity News: 'Bachelorette' Contestant Lincoln Adim Convicted of Assaulting Woman on Cruise





By <u>Haley Lerner</u>

In <u>celebrity news</u>, Becca Kufrin's <u>Bachelorette</u> contestant Lincoln Adim was convicted of assaulting a woman on a cruise ship. According to <u>UsMagazine.com</u>, Adim was found guilty on May 21 of indecent assault and battery for groping and assaulting an adult female on a harbor cruise ship on May 30,

2016. Adim was charged just days before the *Bachelorette* seasons premiere. The Nigerian native was sentenced to one year in a house of correction, with that term suspended for a two-year probationary period. A judge ordered the 26-year-old to stay away from the victim and to attend three Alcoholics Anonymous meetings per weeks during his two years of probation. If Adim does not comply with the judges orders or re-offends, he will be put in jail. Also, Adim will now have to register as a sex offender. Kufrin has not yet addressed the situation and Adim has not yet been eliminated in recent episodes of *The Bachelorette*.

In celebrity news, 'Bachelorette' contestant Lincoln Adim got violent with a woman. What are some steps to take if you feel you've been assaulted?

Cupid's Advice:

Getting assaulted is never the victim's fault. Here are some steps to take if you feel you have been assaulted:

1. Get help and talk to someone: If you are immediate danger or seriously injured, call 911. But, if you need help processing your options, reach out to a friend or family member to help accompany you and help comfort you emotionally. You can also call the National Sexual Assault Hotline at 800-656-HOPE and have an advocate walk you through the steps you can take. Then, you can take the steps to go to the police if it what you want to do.

Related Link: <u>Celebrity News: 'Bachelorette' Becca Kufrin</u>
<u>Feels 'Sick' When She Finds Out Colton Underwood Dated Friend</u>
<u>Tia Booth</u>

2. Save potential evidence: Even if you aren't sure if you want to report your assault, it's important that you do not get rid of clothing or items from the scene of the assault that might have DNA evidence of your assailant. Also, if you have any physical injuries like bruising or bleeding, you should take photos of them to show to the police.

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<u>Proposes to Lauren Burnham After Breaking Off Engagement to</u>

Becca

3. Go to the hospital: Medical professionals at the emergency room are trained in handling assault and can help heal any injuries you may have. At the hospital you can also log any records of your injuries to be used in a potential case against your assailant.

Do you know any more steps to take if you feel you've been assaulted? Comment below.

Celebrity News: 'Bachelorette' Becca Kufrin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth





By <u>Haley Lerner</u>

In <u>celebrity news</u>, <u>Bachelorette</u> Becca Kufrin said she felt "sick" after finding out contestant Colton Underwood dated her friend and former *Bachelor* contestant Tia Booth. On the second week of Kufrin's season of *The Bachelorette*, there was already plenty of drama, including when the former NFL player told Kufrin on a group date that he had a short-lived relationship with Booth. According to People.com, on the show, Underwood told Kufrin about his time with her friend in January, "We had a weekend together and we had a good time, but for me the timing wasn't right to grow what was a spark into a flame. If my feelings were strong enough, I wouldn't have came on [the show]. I think that from what I know of you, we could build something awesome. We could have the time. Whereas it wasn't there, moving forward, with her." Kufrin was shocked by the news, telling the former San Diego Chargers player "I'm not going to lie — I don't know how I feel about it. "It makes me feel a little bit sick. I'm very attracted to you, I really like where our conversation was on night one and I feel like we had a lot in common, but it's a very tricky situation. It puts me in a very strange position. It's just a lot to take in

right now." By the end of the episode, Kufrin did end up giving Underwood a rose, but the issue clearly won't be put to rest. Next week, it was revealed Booth will appear on the show alongside Kufrin's other *Bachelor* girl friends.

In this celebrity news, The Bachelorette is already drama-filled after only the second episode. What are some things to consider before dating a friend's ex?

Cupid's Advice:

Dating a friend's ex is a tricky situation. Cupid has some tips to help you decide whether or not you should do it:

1. Is your friend over it?: Before dating your friend's ex, it's important to access how your friend feels about the old relationship. If your pal is still devastated by the break-up and harbors feelings for their former partner, dating their ex would likely really hurt their feelings. Along with this, it's important a lot of time has passed between when you start dating this person and when your friend dated them.

Related Link: Celebrity News: 'The Bachelor' Arie Luyendyk Jr.

Proposes In a Dramatic Finale Episode

2. It's worth it: If you're considering dating a friend's ex, you should make sure you truly see a future with him or her. If you're willing to risk a friendship for this person, it's important your feelings for them are genuine and very strong. Don't go for it if you don't think the relationship will last long.

Related Link: <u>Celebrity Wedding</u>: 'Bachelor' Arie Luyendyk Jr. <u>Proposes to Lauren Burnham After Breaking Off Engagement to</u> Becca

3. You have your friend's blessing: After contemplating whether or not to date your friend's ex, the best thing you can do to give yourself peace of mind is just to talk to your friend. See how they feel about you having a romance with their ex. If they are okay with it, then that's great! If they aren't, you should consider their feelings about the situation strongly.

Have any more things to consider before dating a friend's ex? Comment them below!

Celebrity News: 'Bachelorette' Alum Rachel Lindsay Reveals the Most Awkward Part of Finding Love on Reality TV





By <u>Jessica Gomez</u>

Bachelorette alum Rachel Lindsay opened up about the most awkward part of finding love on a reality TV show, according to **EOnline.com**. And, it's not necessarily what you would expect. Lindsay got engaged to Bryan Abasolo in 2017 on the finale of her Bachelorette season. The celebrity couple do not have a definite date for their <u>celebrity wedding</u> as of yet, but what Lindsay believes is the weirdest part of the process is the moment the show is over and the cameras stop rolling. "I tell people the most awkward day is the day the cameras go off. Not even your first date. It's like, 'I've been proposed to.' It's this amazing experience. And then they're like, 'That's a wrap.' Like, show's done, and then you're just standing with each other," the bride-to-be explained. "And once we got past that, everything else was a breeze... Because you don't know if the person is really the same person they showed you on camera — and I think that's what's scary."

This <u>celebrity news</u> shows that there are awkward moments even when it comes to finding love on TV. What are some ways to reduce those awkward moments on your quest to finding love?

Cupid's Advice:

Oh, the journey of finding love, how wonderful and scary it can be. Alas, not to worry, Cupid has some advice on reducing awkward moments that could be avoided with a few steps:

1. Don't rush: Take things at a good pace — not too fast, not too slow. When rushing into things, we often miss signs that we should be looking out for in order to avoid making the mistake of further pursing a relationship or to avoid certain awkward moments. Things should happen in their own time and not be rushed by you or the other person. Love isn't a race, it takes time. You need to learn the way the person is and the way your new relationship is in order to avoid negativity and awkwardness. After that, then the trust needs to roll in, which is why taking things steady is many times a good idea.

Related Link: 'Bachelor in Paradise' Couple Carly Waddell & Evan Bass Reveal Name of Baby-to-Be

2. Don't try too hard: Impress others, but don't stop being yourself. Pretending to be someone you're not is bound to end in an awkward moment. It's important to put energy into trying to putting your best foot forward and being the best version of yourself. However, in the process, make sure to stay true to yourself. Don't let your mind roam too far, causing you to act out of desperation. It's understandable to maybe not want

to be your whole, total self — just remember to not stray away from what really makes you you. Insecurities can easily pop up when you're playing a role that isn't like you.

Related Link: <u>'Bachelor in Paradise' Stars Carly Waddell & Evan Bass Celebrate Celebrity Baby Shower</u>

3. Don't worry: Like said before, love and relationships take time. Sometimes certain concerns creep up on us and we become worrywarts. The unknown can be terrifying, and you may not feel completely comfortable because of that. However, don't let unvalidated feelings take over. Get to know the person without judging them from past experiences you've had that have nothing to do with them. As time passes by, you will also build emotional intimacy, which should ease the worrying due to having a more open relationship with one another.

What are some ways you have avoided awkward moments while dating or in a relationship? Share with us below!