

'The Bachelorette' Battle Begins as Season 11 Promo is Released!



By Emma L. Wells

The Bachelorette season 11 promo was released this week with the tagline "50 Shades of Cray," and judging from the commercial, the hit reality TV show will certainly be exciting. According to the HollywoodReporter.com, there will be two *Bachelorettes* – Britt Nilsson and Kaitlyn Bristowe, both former contestants from The Bachelor season 19 – 25 contestants (one of which arrives wearing a giant cupcake costume), and lots of drama. It now appears that, in the premiere episode, the men will have to vote on which *Bachelorette* remains for the season. The promo also

shows Bristowe crying and saying, "I just don't feel like this is how I should have to do it." We can't wait to tune in on May 18th!

***The Bachelorette* season 11 contestants have to make a quick decision about their feelings for the two leading ladies. How can you make good split-second judgments when it comes to relationships and love?**

Cupid's Advice:

There's something to be said for following your heart. When it comes to big decisions about relationships and love, we can easily get wrapped up and make the choice more complicated than it needs to be. Cupid has some love advice on how to make these quick decisions easier:

1. Basic instincts: Our instincts are part of our biology and shouldn't be ignored. If you're on a blind date and have a bad feeling, then you should listen to it. Similarly, when you meet a great potential match, you should pay attention to your first instinct and go for it. Follow your heart and don't waste time second guessing yourself.

Related Link: ['The Bachelor' Season 19 Contestant Britt Faces Her Fear For Chris Soules](#)

2. Pros and cons: It's easy for our heads to get muddled in a time crunch, making us fall into analysis paralysis. You might have to be a little brutal when scrutinizing your choices quickly. If you have to make a decision fast, then

logically think about the pros and cons of your choices. Don't let the ticking clock trip you up!

Related Link: [Reality TV Host Chris Harrison Reveals Twist for Next Season of 'The Bachelorette'](#)

3. Que sera, sera: Unless you have a crystal ball or a time machine, you won't be able to see into the future. This thought should actually take some of the pressure off your decision. Remember that you're making the best choice you can with the information you have and that nothing's permanent. Whatever will be, will be!

How do you make fast decisions when it comes to a relationship and love? Tell us below!

Reality TV Host Chris Harrison Reveals Twist for Next Season of 'The Bachelorette'





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Fans were shocked last night when Chris Harrison named *two* women to be the stars of the upcoming season of *The Bachelorette*. According to the [WashingtonPost.com](https://www.washingtonpost.com), the producers of the reality TV show were divided on whether to pick Kaitlyn Bristowe or Britt Nilsson, both former contestants from [The Bachelor](https://www.washingtonpost.com) season 19, so they're going to let the men make the decision for them. This has never happened on *The Bachelorette* before, but it's actually not a first in franchise history: *The Bachelor* season 6 also began with two potential guys. It's no surprise that Bristowe and Nilsson seemed underwhelmed and unenthused by the announcement, both trying to stay polite during their joint conversation with Harrison.

On the next season of *The Bachelorette*, Bristowe and Nilsson

will again be squaring off on their quest for a relationship and love. How can you use dating competition to your advantage?

Cupid's Advice:

Competition in any area can make you work harder, but it also makes the situation tougher. It all depends on how you play the game! Cupid has some dating advice about how to make competition work for you when it comes to a relationship and love:

1. Stand out from the crowd: Normally, it's not very healthy to compare yourself to others. But in this case, you can make it work to your advantage. The key is to embrace and promote the qualities that make you unique. By standing out from the crowd, you'll draw his eyes away from your so-called opponents.

Related Link: [Desiree Hartsock Is the New 'Bachelorette'!](#)

2. Be cool: If you feel you're in a competitive dating environment, the best thing you can do is stay calm. You'll look confident and therefore more attractive if you can appear to be unbothered by any adversaries. Your future beau will notice you and want to know what makes you so self-assured.

Related Link: ['The Bachelorette' Season 8 Finale: Tips for Lasting Love](#)

3. Embrace your uncompetitive side: Believe it or not, even if you're the type who isn't interested in opposition, competition in dating can still help you, thanks to the process of elimination. By knowing you won't fit well with someone interested in engaging in dating contests, you've

saved your own time by excluding those types of people from the running. Think quality over quantity.

How have you handled dating competition in the past? Tell us in the comments below!