

Will Chris Soules Be Tuning in to Watch His Celebrity Exes on 'The Bachelorette' Season 11?



By Emma L. Wells

The premiere of [The Bachelorette](#) season 11 is less than three weeks away. We know we'll be watching, but what about former *Bachelor* Chris Soules? It's understandable that he may not want to tune in to the reality TV show to watch two of his celebrity exes – [Kaitlyn Bristowe](#) and [Britt Nilsson](#) – search for a relationship and love. "Kaitlyn and Britt were obviously a part of my life, and I'm interested to see how their journey goes," Soules told [People.com](#). "Honestly, right now, I'm okay with that part of my life being behind me." Since *The Bachelor*, Soules certainly seems to have moved on to a happy celebrity engagement with his fiancé Whitney Biscoff. However, just because Prince Farming is busy with *Dancing with the Stars* doesn't mean he'll be able to avoid *The Bachelorette*. "Whitney will definitely be watching, so I'll probably be watching," he joked.

Former *Bachelor* Chris Soules says he still cares for his celebrity exes. What are some ways you can be friends with your ex after your

relationship and love ends?

Cupid's Advice:

When it comes to relationships and love, just because you have ended your romantic partnership doesn't mean you don't want to see your ex anymore. Being friends after a break-up isn't easy, but Cupid has some tips on how you can make it work:

1. Don't force it: You shouldn't force a friendship on anyone, ex-lover or not. Similarly, forming a platonic relationship with your ex has to happen naturally. If romantic feelings or resentments remain, it won't be possible. Give yourself time to grieve and move on. Once you've adjusted to life apart, then it may be time to offer your friendship. Don't rush into this phase immediately following a split.

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2. Think about your language: It'll be easier to be friends if you don't refer to them as your ex anymore; you're heading in the right direction once you can introduce them simply as your friend. You should be prepared for a bit of an awkward phase to start out. Recognize that it's an adjustment; eventually, you two will figure out how to act around each other.

Related Link: ['The Bachelor' Season 19 Contestant Britt Nilsson Faces Her Fear For Chris Soules](#)

3. Consider your new significant other's feelings: If you are able to form a friendship with your ex, keep in mind that your new partner may not understand. Be mindful of their feelings. Additionally, if you feel yourself getting jealous of your ex's new boyfriend or girlfriend, you might be harboring some residual romantic feelings. In this case, it's probably best to take a step back from the friendship until you can work through them.

Have you remained friends with any of your exes? Tell us your story below!

'The Bachelorette' Battle Begins as Season 11 Promo is Released!



 By Emma L. Wells

The Bachelorette season 11 promo was released this week with the tagline “50 Shades of Cray,” and judging from the commercial, the hit reality TV show will certainly be exciting. According to the [HollywoodReporter.com](https://www.hollywoodreporter.com), there will be two *Bachelorettes* – Britt Nilsson and Kaitlyn Bristowe, both former contestants from [The Bachelor](https://www.hollywoodreporter.com) season 19 – 25 contestants (one of which arrives wearing a giant cupcake costume), and lots of drama. It now appears that, in the premiere episode, the men will have to vote on which *Bachelorette* remains for the season. The promo also shows Bristowe crying and saying, “I just don’t feel like this is how I should have to do it.” We can’t wait to tune in on May 18th!

***The Bachelorette* season 11 contestants have to make a quick decision about their feelings for**

the two leading ladies. How can you make good split-second judgments when it comes to relationships and love?

Cupid's Advice:

There's something to be said for following your heart. When it comes to big decisions about relationships and love, we can easily get wrapped up and make the choice more complicated than it needs to be. Cupid has some love advice on how to make these quick decisions easier:

1. Basic instincts: Our instincts are part of our biology and shouldn't be ignored. If you're on a blind date and have a bad feeling, then you should listen to it. Similarly, when you meet a great potential match, you should pay attention to your first instinct and go for it. Follow your heart and don't waste time second guessing yourself.

Related Link: ['The Bachelor' Season 19 Contestant Britt Faces Her Fear For Chris Soules](#)

2. Pros and cons: It's easy for our heads to get muddled in a time crunch, making us fall into analysis paralysis. You might have to be a little brutal when scrutinizing your choices quickly. If you have to make a decision fast, then logically think about the pros and cons of your choices. Don't let the ticking clock trip you up!

Related Link: [Reality TV Host Chris Harrison Reveals Twist for Next Season of 'The Bachelorette](#)

3. Que sera, sera: Unless you have a crystal ball or a time machine, you won't be able to see into the future. This thought should actually take some of the pressure off your

decision. Remember that you're making the best choice you can with the information you have and that nothing's permanent. Whatever will be, will be!

How do you make fast decisions when it comes to a relationship and love? Tell us below!

Reality TV Host Chris Harrison Reveals Twist for Next Season of 'The Bachelorette'



 By Emma L. Wells

Fans were shocked last night when Chris Harrison named *two* women to be the stars of the upcoming season of *The Bachelorette*. According to the [WashingtonPost.com](https://www.washingtonpost.com), the producers of the reality TV show were divided on whether to pick Kaitlyn Bristowe or Britt Nilsson, both former contestants from [The Bachelor](https://www.washingtonpost.com) season 19, so they're going to let the men make the decision for them. This has never happened on *The Bachelorette* before, but it's actually not a first in franchise history: *The Bachelor* season 6 also began with two potential guys. It's no surprise that Bristowe and Nilsson seemed underwhelmed and unenthused by the announcement, both trying to stay polite during their joint conversation with Harrison.

On the next season of *The Bachelorette*, Bristowe and Nilsson will again be squaring off on their quest for a relationship and love. How can you use dating competition to your advantage?

Cupid's Advice:

Competition in any area can make you work harder, but it also makes the situation tougher. It all depends on how you play the game! Cupid has some dating advice about how to make competition work for you when it comes to a relationship and love:

1. Stand out from the crowd: Normally, it's not very healthy to compare yourself to others. But in this case, you can make it work to your advantage. The key is to embrace and promote the qualities that make you unique. By standing out from the crowd, you'll draw his eyes away from your so-called opponents.

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2. Be cool: If you feel you're in a competitive dating environment, the best thing you can do is stay calm. You'll look confident and therefore more attractive if you can appear to be unbothered by any adversaries. Your future beau will notice you and want to know what makes you so self-assured.

Related Link: ['The Bachelorette' Season 8 Finale: Tips for Lasting Love](#)

3. Embrace your uncompetitive side: Believe it or not, even if you're the type who isn't interested in opposition,

competition in dating can still help you, thanks to the process of elimination. By knowing you won't fit well with someone interested in engaging in dating contests, you've saved your own time by excluding those types of people from the running. Think quality over quantity.

How have you handled dating competition in the past? Tell us in the comments below!