

# Celebrity News: 'The Bachelor' Star Bekah Martinez Says She's More Ready for Marriage Than Arie



By

[Karley Kemble](#)

Bekah Martinez is one of the most talked about contestants on this season of [The Bachelor](#), not because she caused drama, but because of her age! Though she just turned 23, this season's *Bachelor*, Arie Luyendyk, Jr., is 36, and he (along with many women on the show) felt Martinez was not ready to settle down. However, in the [latest celebrity news](#), Martinez claims Luyendyk Jr. is the one who's not ready for marriage. In a recent interview with *Entertainment Tonight*, the reality TV

star stated, "I think I'm more ready for marriage than Arie is, quite honestly. I don't think Arie knows what he wants, and I don't think he's serious about being with one person for the rest of his life," reports [UsMagazine.com](http://UsMagazine.com). Though she was mum about why she felt that way, Martinez assured all our questions will be answered during next week's finale. Sounds juicy!

## **In celebrity news, Bekah M. was accused of not being ready for marriage on *The Bachelor*. How do you know if you're ready for marriage?**

### **Cupid's Advice:**

Age and marriage don't always coincide. When you're ready for marriage and to settle down, you'll know. Check out these tips from Cupid:

**1. You're ready to commit:** Marriage should be a natural progression in your relationship. In fact, it's better to begin any relationship with marriage on the back burner. Instead of pursuing a relationship with marriage on your mind, focus on being present in the now. As time passes and your love grows, the progression and desire to take the next step will be a fluid change

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**2. You aren't trying to fix or save them:** All too often, people enter relationships and try to be the heroic figure. In these situations, the underlying thought is that the flaws or challenges the partner is facing will be fixed over time with

careful guidance from the other partner. This is never a good idea, as it ultimately is romanticizing challenges and causes you to think things will work out eventually. It's better to find a partner that you see eye-to-eye with, and to keep your mind and heart in-sync with each other.

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**3. You know it won't be easy:** The honeymoon phase of your relationship will come to an end, and finding romance will not always be a walk in the park. You and your partner will certainly have your fair share of struggles to keep the romance alive. If you are accepting of this, and feel ready to face the challenges that will arise, that is a good sign. Always be sure to grow together, because the only other option is growing apart.

**How did you know you were ready for marriage? Share in the comments below!**

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## Celebrity News: Arie Tells Two Women He Loves Them Ahead of 'The Bachelor' Finale





By

[Carly Horowitz](#)

In [latest celebrity news](#), last night's episode of [The Bachelor](#) was insane! According to [UsMagazine.com](#), Becca's ex boyfriend showed up and proposed to the [reality TV star](#), but he was shot down. Arie Luyendyk Jr. told both Becca and Lauren that he loved them. Even though Arie expressed that he was falling in love with Kendall, she was sent home because their relationship just wasn't at the same level as with Becca and Lauren. Therefore, those two lucky ladies received roses. We are curious to see how the finale is going to play out!

**In celebrity news, the finale of *The Bachelor* is no doubt going to be a heartbreaker. What are some special ways to tell your partner you love them for the first time?**

**Cupid's Advice:**

It is so special the first time that you tell your partner that you love them. You don't have to make an extravagant gesture, but it is nice to put some thought into how you want to say it if you have been feeling this way for a while and just haven't been sure of the right time. Here are some sweet ways to reveal your exciting emotions to your partner:

**1. Pick a special place:** Plan to go to a place that is special to both you and your partner to tell them that you love them for the first time. Maybe go to where you first met, or where you had your first date!

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**2. Through art:** Do you play the guitar and sing? Are you a painter? If you have a hobby that allows you to express emotions through an art form, it would be so special if you used that medium to say 'I love you'.

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**3. Say it with a gift:** Whether it be a nice jewelry item that they've always wanted, or a small piece of candy, it's a fun idea to present your partner with a present as you say those three special words to them.

**What are some more sweet ways to say 'I love you' for the first time? Comment below!**

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# Celebrity Interview: Reality TV Star Becca Tilley on 'The Bachelor' Finale: "Well, I Read the Spoilers!"



Interview by [Mallory McDonald](#). Written by [Whitney Johnson](#). Social media influencer Becca Tilley has built an impressive fanbase since she first appeared on seasons 19 and 20 of [The Bachelor](#), but she hasn't strayed far from her roots: She's close friends with many former *Bachelor* and *Bachelorette* contestants, including [JoJo Fletcher](#), Ashley Iaconetti, and Dean Unglert. In our exclusive [celebrity interview](#), she opens up about these relationships and says, "Being on *The Bachelor* or *The Bachelorette* is such a unique experience. There's

absolutely nothing like it... It can form a bond instantly, whether it's romantically or just a friendship."

## Celebrity Interview with Becca Tilley

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And, of course, she's still a fan of the show. With next week's finale of season 22 of *The Bachelor*, we had to ask about her prediction for Arie Luyendyk Jr.'s final rose. "Well, I read the spoilers!" she says with a laugh. "I kind of feel like I know what happens, but at the same time, I always think they're going to throw me for a loop."

For her latest project, Tilley is partnering with Lime-A-Rita to introduce The Ritas, three legendary women who are sharing their best life hacks, including dating and relationship advice. "Of my friends, I'm always the straight-shooter, tells-it-like-it-is, so it's nice to have these three women to ask for advice. They give it to me straight, just like I would do for myself!" she shares.

If you go to any of the Lime-A-Rita social media sites and hashtag #RitaSays with a question, they'll send you an answer. "I want everyone to tag me in their questions so I can see what kind of advice they're getting from The Ritas," she adds in our celebrity interview.

**Related Link:** [Celebrity Wedding: 'The Bachelor Winter Games' Couple Clare Crawley and Benoit Beauséjour-Savard Are Engaged](#)

As for what's next, the reality TV star will continue recording her podcast *Scrubbing In with Becca Tilley* each week and sharing pictures from her swoon-worthy vacations, including an upcoming trip with Fletcher. "There's just always something fun going on – and it's all thanks to getting dumped

on TV twice,” she says with a laugh. “It’s the silver lining, people!”

You can keep up with Becca on [Instagram](#) and [YouTube](#). You can also listen to her podcast [Scrubbing In with Becca Tilley](#).

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## Celebrity Wedding: Surprise! ‘Bachelor Winter Games’ Couple Clare Crawley & Benoit Beauséjour-Savard Are Engaged



By

[Carly Horowitz](#)



In [latest celebrity news](#), *Bachelor* Winter Games couple Clare Crawley and Benoit Beauséjour-Savard are now engaged. The pair has secretly been dating off-camera since the end of the show. This is such a surprise because the last time we heard, Crawley wasn't into Beauséjour-Savard the way that he was into her. Now, clearly things have changed! The [celebrity engagement](#) occurred at the *The Bachelor: Winter Games World Tells All* special. We have a [celebrity wedding](#) to look forward to in the future!

**Well, this soon-to-be celebrity wedding is a surprise! What are some ways to know you've found "the one"?**

#### **Cupid's Advice:**

It is such an amazing feeling when you realize that you have found the person that you wish to spend the rest of your life with. Here are some tips to help you come to this realization:

**1. You just love spending time together:** Sometimes it's as simple as that. Your partner should be your best friend. If you love doing everything and anything with your partner, than that is a good indicator that you guys could be in it for the long run.

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**2. You have similar goals:** It is always beneficial to be verbal about where you would like to go in the future. If you and your partner have discussed your visions of the future together and they are similar, than that is a good sign. Do you both want to have two children? Do you both want to live

in the suburbs? Both of your thoughts and goals don't have to be exactly the same, but they should definitely be pretty similar.

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**3. They bring out your true, best colors:** When you have found “the one”, you will definitely be able to be your true self around them. It will just feel right. Not only will you feel comfortable being yourself around them, but they will help you to be your best self around them. You both will truly bask in each others light.

**How else can you know if you've found “the one”? Comment below!**

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## **Celebrity News: Hometown Heartbreak on ‘The Bachelor’**





By

[Carly Horowitz](#)

According to [EOnline.com](#), [The Bachelor](#) hometown dates resulted in similar fashions. Each of the girls' families made it clear that they weren't too ecstatic over Arie, but they trust their daughters' decisions if they want to marry him. When it came down to the moment of truth, the rose ceremony, Arie pulled Kendall aside and revealed he was looking for an engagement and wanted to know if Kendall could get to that place emotionally. Kendall couldn't answer the question, but she told Arie that he really is everything she wants in a partner. In the end, Kendall accepted the rose that was offered to her. The [reality TV star](#) Tia was very upset with her departure. She thought she did something wrong, but in fact, there was just something missing between her and Arie.

**In this [celebrity news](#), one woman vying for Arie's heart went home.**

# What are some ways to deal with the initial sting of a break-up?

## Cupid's Advice:

The feelings you experience from a fresh break-up are not too fun. Fortunately, Cupid is here with some advice on how to deal with your split:

**1. Allow healing time:** The best thing to do is focus on yourself. Rest, eat healthy, and remember to get some exercise! Even if you don't feel like eating, remember that your body needs the nutrients and you are now in the mindset of giving your full attention to your own needs.

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**2. Cry:** Yes, cry. You are allowed to let it all out during this fresh break-up period. Allow yourself to cry, it is natural. After you let it all out though in whatever allotted time works for you, remember to pick yourself back up because you are strong and independent!

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**3. Write it out:** You are most likely going to have a lot on your mind after a recent break-up. Instead of resorting to social media or worse, your ex, let your feelings out on paper. This is a great exercise to release the feelings inside of you and help you to feel renewed.

**What are some other ways to deal with a break-up? Comment below!**



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# Celebrity News: Jenny McCarthy Says 'Bachelor' Arie Luyendyk Jr. Is a 'Snooze Fest'



By

[Carly Horowitz](#)

According to [UsMagazine.com](#), Jenny McCarthy and Donnie Wahlberg are pretty big fans of [The Bachelor](#). Although, this season they seem to be bored with Arie Luyendyk Jr. In fact, this [celebrity couple](#) calls him a “snooze fest”. In [latest celebrity news](#), McCarthy is craving some drama as she states

on the Grammys red carpet in NYC on January 28, "I'm missing some emotionally disturbed ones." Though we all thrive on reality TV drama, it seems as if this *Bachelor* star is truly here to find his future bride, and who can criticize that?

**In this celebrity news, even Jenny McCarthy thinks this season's *Bachelor* is a little on the boring side. What are some unique ways to go about finding someone to date?**

#### **Cupid's Advice:**

There are multiple platforms that can be used to find your soulmate nowadays. It is so easy to connect with others on the internet, but Cupid is here with some unique ways to go about finding someone to date in person:

**1. Get involved in a hobby that gets you interacting with others:** If someone had the same idea as you to sign up for the cooking class at your local YMCA, then clearly you guys have something in common that you can bond over. Look into fun activities and events to attend in your community, and get yourself out there to meet new people!

**Related Link:** [Date Idea: Be Daring on Your Date](#)

**2. Host a "White Elephant" party for single friends:** Everyone who is invited must bring along at least one other single friend. You can even send out cute invitations. You can make this party however you want, whether it's an elegant brunch, a crazy night party, or a casual hangout. The more the merrier!

**Related Link:** [Date Idea: Plan a Party](#)

**3. Stop looking at your phone:** This is probably the most unique piece of advice, since it is the most unheard nowadays! It's okay, we're all guilty of it. When you're walking down the street, be present. Look around, enjoy your surroundings, and notice the people that you walk by. If you're looking down at your phone, you may miss meeting a wonderful person.

**Have more unique ways to find a date? Comment below!**

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## **Celebrity Marriage: 'The Bachelor' Star Catherine Giudici Reflects on 4-Year Marriage to Sean Lowe**





By

[Carly Horowitz](#)

[The Bachelor](#) stars Catherine Giudici and [Sean Lowe](#) celebrate the four year anniversary of their [celebrity marriage](#) today! Giudici shares some secrets to [EOnline.com](#) about maintaining a great marriage over time: “I think I have learned better patience when it comes to our marriage and that rage is kind of a waste of time. I’ve been slower to anger when I remember how much Sean loves me and better at explaining how I feel. At least I hope!” Giudici goes on to exclaim that Lowe is the “best thing that has happened” to her. Best of luck in the future for this celebrity couple!

**This *Bachelor* celebrity marriage is still going strong! What are some ways to continuously work on your marriage?**

**Cupid’s Advice:**



Marriage is a lifelong commitment that takes effort. It is a beautiful thing to be able to go through life with your best friend by your side. You want to ensure that your partner still feels the love that you have in your heart for them as you continue in your marriage. Cupid has some ideas on how to continuously work on your marriage:

**1. Give complements to your partner and to yourself:** Take time to give honest complements to your partner when you feel as they deserve the recognition. Don't be shy to tell your partner that you really did appreciate the simple action that they did of pulling out your chair for you at the dinner table and let them know how much you admire their kind soul. In addition, don't forget to complement yourself on how caring you are in your relationship! It may sound silly but look in the mirror and complement yourself on the efforts you have made in your marriage.

**Related Link:** [Celebrity News: How Jessica Biel & Justin Timberlake Keep Their Marriage Strong](#)

**2. Take time to look into each other's eyes:** Umm... what? Yes- licensed marriage and family therapy experts have proven that looking into your partners eyes strengthens emotional intimacy that may be lost otherwise. Take time to remind yourself of the overwhelming love that you have to give to your partner.

**Related Link:** [Marriage Advice: How to Keep the Spark Alive After Having Kids](#)

**3. Keep the curiosity:** Treat your partner as if you have just met- don't hesitate to ask questions about their day, or about their past, or just about them in general. There is always more exciting things to learn about your soulmate- it's not like the journey just stops when you get married, it is really just the beginning.

**How do you continuously work on your marriage? Comment below!**

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# Checklist for Dating from Different Decades: Get Love Advice from 'The Bachelor' Star Arie Luyendyk, Jr.



By

[Megan Weks](#)

There is a bit of a buzz going on about the age gap between some of the contestants and the leading man on season 22 of *The Bachelor*. Is it really a big deal? After all, significant age differences are often common in [celebrity relationships](#). A notable one is Mary-Kate Olsen and French businessman Olivier

Sarkozy, who is seventeen years older than the fashion designer. Celebrity couple Hugh Jackman and Deborra-lee Furness also seem to be handling the test of time: She is thirteen years his senior, and they have been married for nearly two decades.

## Love Advice from *Bachelor* Star Arie Luyendyk Jr.

What should we look out for if we are dating someone from a different decade? Since Arie Luyendyk Jr. seems well-prepared to qualify the candidates on *The Bachelor*, we might be able to get some great [love advice](#) from his experiences. He has self-proclaimed “baby fever” and is therefore seeking a match who is ready to tie the knot and start a family.

**Related Link:** [Celebrity News: ‘Bachelor’ Star Arie Luyendyk Jr. Justifies First Impression Rose Pick](#)

A good relationship starts with good intentions – which means, if both people know what they want out of life and have similar values, there is a much better chance for success, regardless of a difference in age. Luyendyk knows what he wants, which will make it easier for him to see if the intentions of the women he meets match his own. When people do not have clarity on what they want out of life, they can easily veer away from one another on the path to self-discovery.

Regarding his decision-making process with regard to age, according to *The Hollywood Reporter*, Luyendyk said, “I only really addressed that if I felt it was an issue – if there was some immaturity or if I questioned whether they were really ready for marriage. It’s more about readiness and about being able to take that next step.”

Realize that, if you choose a mate from a different decade,

there will be things you don't have in common. My husband, who is ten years older than me, has different musical interests and grew up knowing different movies and shows. However, since I had an older sibling and am a person who likes all the arts, we find similarities among our tastes. This difference could become frustrating, however, for those who cannot connect through the arts because inevitably, you'll be spending time listening to music and watching movies and shows together. Therefore, it's ideal to be able to find some common ground in media that you can enjoy together.

**Related Link:** [Expert Love Advice: How I Used a Manfunnel to Meet My Dream Husband](#)

Another thing to look out for: Either you or your partner will be aging at what seems like a faster rate. Your partner may be reaching the next stage of life – middle age or elderly – before you. This difference might start to be more noticeable for you if you're the younger half. You'll want to be sure you have enough of a soul connection that this situation won't matter to you.

Overall, if your goals, values, and soul connection are intact, then age truly is just a number.

*For more information about dating expert Megan Weks, visit her website at [www.meganweks.com](http://www.meganweks.com). For more relationship advice articles from Megan, click [here](#).*

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## Celebrity News: 'Bachelor'



# Arie Luyendyk Jr. Justifies First Impression Rose Pick



By

Rachel Sparks

This [celebrity news](#) is stirring up some fire! Bachelor Arie Luyendyk Jr. chose who to give his first rose to, and according to [EOnline.com](#), his choice made a lot of people mad. Single mom from Maine Chelsea threw insults around, upsetting the other women and the viewers, but to Arie, she was taking the initiative he wanted to see. Arie is confident that viewers will change their mind about Chelsea; he hasn't yet!

## This celebrity news has us in

# Arie's corner. What are some ways to know if someone appreciates you with no ulterior motive?

## Cupid's Advice:

We all dream of being on the 'Bachelor' and being handed that rose, but like Arie, there are many times we can doubt the true intentions of someone. A lot of people will try and use someone in Arie's situation for their own personal gain, so how can you remain secure in others' advances? Read Cupid's [dating advice](#):

**1. They seek you out often:** Arie was driven by Chelsea's relentless pursuit of him. It's confidence-boosting when someone keeps coming after you. How do you know they're doing it for the right reasons? Pay attention to when and how they seek you out. If they're gaining a lot of attention for it, the situation is less about you and more about them.

**Related Link:** [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

**2. They ask the right questions:** Dating is prying in the beginning, but what kind of information someone is digging for makes a big difference. Asking someone about their interests and aspirations is a genuine connection-forming question, rather than asking about money or how luxurious their home is.

**Related Link:** [Celebrity News: Arie Luynedyk Jr. Hands Out First Impression Rose on Season Premier of 'The Bachelor'](#)

**3. They listen:** Listening is one of the most crucial parts to building a strong foundation of communication, and as any [relationship advice](#) will say, communication is key. If they listen to you and genuinely respond, you know you've found someone who's main interest is you.

How do you know when someone is being genuine with you? Share your dating tips below!

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# Celebrity Break-Up: Corinne Olympios Is Single Again After Announcing New Relationship



By

[Karley Kemble](#)

Just two weeks after announcing her new relationship, Corinne Olympios is back on the market. The former *Bachelor* hopeful

was dating a Los Angeles area relator, but the pair has endured a [celebrity break-up](#), reports [UsMagazine.com](#). This [celebrity news](#) is a shock to fans, as Olympios said things were going well when she first spoke out about her now-ex. The reality star apparently in good spirits about her current relationship status, and shared the qualities she's hoping to find in a future partner: "I'm just looking for someone who's, like, chill and relaxed, supportive, cool," she said. "We don't need to rush into anything." Hang in there, Corinne!

## **Corinne Olympios just went through another celebrity break-up very soon after announcing her relationship. What are some ways to know if your new relationship will last?**

### **Cupid's Advice:**

When you begin a relationship, there's always an element of uncertainty. Sometimes, you just know when somebody's going to be around for longer than a few dates. Here's what Cupid has to say:

**1. They're eager to be with you:** Everyone's busy to some extent. However, it is important to recognize the difference between *not having* time and *making* time. If your partner seems super eager to spend a lot of time with you, and never (or very, very seldom) postpones plans, that is very telling! Even better: when the time they want to spend with you is thoughtful or seemingly mundane (i.e. offering to tag along with you while you run errands.)

**Related Link:** [Celebrity News: Find Out What Corinne Olympios](#)



## [Remembers from Night of 'Bachelor in Paradise' Incident](#)

**2. They take a genuine interest in your life:** When others might brush you off and seem indifferent about something small that excites you, your new partner shares the new excitement with you. They love hearing you talk about the details of your life – big and small. The same goes for you, too. If you're excited to learn all there is to know about them, you might just have yourself a lasting relationship!

**Related Link:** [Celebrity News: Controversial 'Bachelor' Alum Corinne Olympios is Headed to 'Bachelor in Paradise'](#)

**3. They listen (and remember!):** We can all tell if somebody is *actively* listening and *genuinely* caring. Perhaps you mentioned something in passing, and they bring it up later. That's a really, really good sign! It shows that they care about you and all that you have to offer!

How could you tell if your relationship was going to last? Comment below – we'd love to hear from you!

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**Celebrity Break-Up:  
'Bachelor' Nick Viall  
Addresses Being Single After  
Split from Vanessa Grimaldi**





By

[Ashleigh Underwood](#)

As much as we wish it weren't true, *The Bachelor* doesn't always end with a fairy tale. Sadly, such is the case for [celebrity couple](#) Nick Viall and Vanessa Grimaldi. After being engaged for several months, the couple announced their split in August and embraced single life. In a recent [celebrity interview](#), Viall finally opened up about being single. According to [UsMagazine.com](#), Viall said, "It's never fun, right? I don't know. Being single kind of sucks. But what can you do?"

**This celebrity break-up talk has us feeling bad for this *Bachelor*. What are some ways to embrace the single life after a split?**

**Cupid's Pulse:**

Break-ups are always tough and can be hard to handle. While

there is no magic cure to the pain of heartbreak, here are a few ways to embrace single life:

**1. Focus on you:** There is no better time to spoil yourself and learn about who you are, than when you are single. When you become single, you are flooded with a large amount of free time. This can be overwhelming and disheartening if you don't know how to fill that time. So, instead, spend this time trying new things and learning about yourself.

**Related Link:** [Celebrity Break-Up: Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split](#)

**2. Be with your friends:** Being in a relationship sometimes means that you have less time to be with your friends. When you are single though, you have endless time to be with your friends and catch up. They are the ones who will carry you through this break up and stand by your side no matter what. So, take this time to be with your squad and live it up.

**Related Link:** [Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in "Random Dates"](#)

**3. Travel:** What better way to move on from a break-up than to travel the world. Take some days off of work and live it up in a new town, new country, new scenery. Any place you go will be uplifting to your soul and will help you embrace single life even more.

**How did you embrace single life? Comment below!**

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**Reality TV Update: Andi**

# Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'



by

[Ashleigh Underwood](#)

The [latest celebrity news](#) reveals that Arie Luyendyk Jr. is the newest star of [The Bachelor](#), and former *Bachelorette* [Andi Dorfman](#) is happy to share her excitement. In a recent [celebrity interview](#) with [UsMagazine.com](#), Dorfman says, "I think it's cool, it's kind of interesting. It's going back a little old school." And she's completely right: With the network bringing back an old contestant, there is bound to be some riveting plot twists and interesting people returning to this longtime reality TV show.

# **This former *Bachelorette* is just as excited as we are for the upcoming season of *The Bachelor*! What are some ways to support your friends as they look for love?**

## **Cupid's Advice:**

Being a good friend means being there through thick and thin. Whatever they are going through, you are by their side, holding their hand. When it comes to their search for true love, here are a few ways to show your support:

**1. Know how to listen:** The most important thing you can do to help a friend is to simply listen. When your pals are upset or struggling with something, odds are, they just need to get it out of their system. Allowing them to talk through it can help their situation more than anything else.

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**2. Empathize with them:** While you may not be experiencing the exact same thing, you can probably relate. Share your stories with your friend and let them know they're not alone. This way, they'll feel more comfortable and hopefully feel better faster. When you share your experiences with them, it may also help them to come to another solution they may not have thought of before.

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**3. Be their wingman:** There is nothing more empowering than having your friends talk you up. If they are struggling to find love, help set them up with someone! No one knows your



friend and what they want more than you. You can pair them up with the perfect partner and help them jump start a new relationship.

How do you support your friends as they look for love? Comment below!

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## Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'



By

## [Ashleigh Underwood](#)

The new [Bachelor](#) for season 22 has been decided. While many fans believed Peter Kraus was the front runner and clear choice, the [latest celebrity news](#) is not in his favor! Instead, Arie Luyendyk Jr. will be this season's star. Although ABC went in another direction, Kraus believes they "made the right choice," according to [E! Online](#). He is grateful for the opportunities [The Bachelorette](#) provided for him and is ready to continue helping people in his home state of Wisconsin.

**In this celebrity news, Peter Kraus says he supports ABC's decision, but does he really? What are some ways to deal with rejection?**

### **Cupid's Advice:**

Rejection can be hard to deal with, especially when you were sure of the outcome. So, when it rejection hits you out of nowhere, use these tools to to make it through:

**1. Accept the outcome:** Denying rejection will not make it go away. In fact, it will only delay your ability to move on and try again. So, after giving yourself some time to grieve, acknowledge the rejection and move forward.

**Related Link:** [Celebrity News: Allison Janney Reveals How Anna Faris is Handling Split from Chris Pratt](#)

**2. Don't give up:** When you are faced with rejection, it is all too easy to throw in the towel forever. Don't! Rejection happens all too often in life and you have to learn to continue on afterwards. Try and see it as a minor set back and then continue to go after your goals.

**Related Link:** [Celebrity Break-Up: Kylie Jenner Says She's 'Genuinely Happy' and Having 'More Fun' After Split from Tyga](#)

**3. Don't take it personally:** Rejection is never about you as a person. Whether you were denied a job, a date or an opportunity, the blame cannot be placed on yourself. The person in control was rejecting what didn't work for them or their situation. It does not mean that there is something wrong with what you have, it was just the wrong fit.

**How do you manage rejection? Let us know below!**

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## **Celebrity Break-Up: Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split**





By

[Melissa Lee](#)

It seems like there's always drama in *Bachelor Nation*, and this week is no exception. After season 21 *Bachelor* Nick Viall and Vanessa Grimaldi announced their split last week, Viall broke his silence regarding the situation. "I still love her very much. I'm not afraid to say that," Viall admitted at the Wrangler by Peter Max line debut party. According to [UsMagazine.com](#), he wants to stay friends with Grimaldi, despite the difficulty of the separation.

**This celebrity break-up really wasn't that shocking. What are some ways to know you're not a good match with someone?**

#### **Cupid's Advice:**

Heartbreak is real, but it comes as a result of realizing the person you're dating just isn't for you. If you're wondering

whether or not your partner is a good match, check out some of Cupid's advice below:

**1. Differences and similarities:** Although they say opposites attract, there is such a thing as *too* many differences. If it gets to a point where you realize that the differences between you two are starting to take a toll on your relationship (and result in frequent arguments), it might be a sign that you're not the best match. Differences in morals, attitudes, and personalities can be an on-going conflict in relationships, so make sure to pay attention.

**Related Link:** [Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in 'Random Dates'](#)

**2. Comfort level:** Ideally, you would like to feel completely comfortable around your significant other, right? But... what if this isn't the case, and you can't imagine yourself ever getting particularly comfortable around them? This would be a cause for concern. Your partner should be someone that never judges you, so if you feel like this isn't the case, it may be something you need to think about.

**Related Link:** [Celebrity Couple News: George & Amal Clooney Enjoy Date Night in Lake Como](#)

**3. Think forward:** Do you see yourself having a future with this person? If you are dating seriously, it's important to think forward about whether or not you think things will last. If they have qualities that you personally don't want in a longterm partner, this could be a sign that you two aren't a great match. Although it's fun to casually date as well, you need to keep in mind what you would like to get out of the relationship.

**How do you know someone you're dating isn't a good match for you? Leave your thoughts below.**



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# Single Celebrity: Bachelor's Ashley Iaconetti Isn't Interested in "Random Dates"



By

[Marissa Donovan](#)

Ashley Iaconetti doesn't make dating her first priority. According to [UsMagazine.com](#), [The Bachelor](#) alum is too busy to go on random dates after she's done recording her *Almost Famous* podcast. The [single celebrity](#) joked that she would rather have God drop a husband in her lap than go on dates with strangers. We bet that Iaconetti will someday get lucky with love!

# In [celebrity news](#), Ashley Iaconetti claims to be too busy for romance. How can you open up your schedule for [date nights](#)?

## Cupid's Advice:

Although we can't predict when you will meet the next person you'll be in a relationship with, we can help by giving you some advice about opening up your schedule for date nights:

**1. Free up your weekend nights:** The best opportunity to go on date with a busy schedule would be your weekends. Many fun venues usually have events that you and your date can enjoy on Saturday. Sundays are good for restaurants specials and maybe brunch specials depending on what you and your date want to do.

**Related Link:** [Celebrity News: Lauren Bushnell Has A New Boyfriend](#)

**2. Try finishing up work projects during week:** Tackle work projects during the week to allow you to enjoy your weekend. It might be easier said than done, but you will be thankful when you have a fun date to enjoy on the weekend!

**Related Link:** [Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates](#)

**3. Take advantage of the holidays:** The holidays are really good for date nights! Most work offices will give their workers time off. Take advantage of your free time by planning a date night with someone new!

**How can you free up your schedule for date nights? Let our busy readers know in the comments!**

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# Celebrity Breakup: 'The Bachelor' Couple Nick Viall and Vanessa Grimaldi Call Off Wedding Engagement



By

[Marissa Donovan](#)

Bad news for those rooting for Nick Viall and Vanessa Grimaldi to get married soon. The celebrity couple has split up! According to [EOnline.com](#), [The Bachelor](#) couple shared a joint statement on their [celebrity break-up](#) and there's a great amount of heartbreak for the both of them. Before their split,

the [Reality TV](#) stars were determined to not let the *Bachelor* curse effect their relationship. We hope the two can find love again and maybe star on [Bachelor in Paradise](#) in the future.

## **This [celebrity news](#) is upsetting to hear! What are some benefits of sharing your break up news with your ex vs. doing it alone.**

### **Cupid's Advice:**

Telling people that your relationship has ended is upsetting. Depending how the relationship ended, you might find yourself able to break the news with your former partner. Here are the perks of sharing your break up news with your ex compared to doing it alone:

**1. You've ended on good terms:** There's a good chance you ended your relationship on good terms if your ex is willing to spread the news about your split. Most exes are too hurt to come together to share bad news about their former relationship. It's a good sign that they want what's best for the both of you.

**Related Link:** [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

**2. You can be civil from now on:** Ending things together will allow you to be civil in the future, instead of being spiteful or sad about the break up. You do not have to be best friends with your ex, but it's good that you can move on from the relationship without any emotional bruises.

**Related Link:** [Celebrity Wedding: 'Bachelor' Alum Nick Viall Explains Why He and Vanessa Aren't Planning a Televised](#)

## [Wedding](#)

**3. People will respect how you both handled it:** It's a sign of maturity that you can both stay strong and help each other work toward a new beginning by ending things together. People may ask if there's a chance you may get back together. That's another discussion you can have if you both change your mind about breaking up.

**What do you think the future holds for these two celebrities? Let us know in the comments!**

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**Celebrity                      Baby                      News:  
'Bachelor'                      Alum                      Vienna  
Girardi Miscarries Twin Girls**







By

[Marissa Donovan](#)

Sad news has recently been released from Vienna Girardi. [The Bachelor](#) alum shared that her twins passed away on August 5th due to her amniotic sacs rupturing. Girardi had previously shown symptoms of twin-to-twin transfusion syndrome a week prior to the emergency visit to the hospital. According to [UsMagazine.com](#), The [Reality TV](#) star donated her twins to science to research more about twin-to-twin transfusion syndrome in hopes no other mothers have to share her experience.

**This [celebrity baby](#) news is heartbreaking. What are some ways to support your partner through a miscarriage?**

**Cupid's Advice:**

Miscarriages are an extremely painful experience for couples

who are looking to start a family. Here are some tips on how you can support yourself and your partner through a miscarriage:

**1. Go through the process:** Take the appropriate steps after the loss of your children. Some parents hold a service for their children to help cope with the tragedy. Discuss options with a family doctor or therapist on what you and your partner can do.

**Related Link:** [Kasey Kahl Discusses His Future with Vienna Girardi Post-Breakup](#)

**2. Reach out for more support:** Ask a family member or friends to help support and encourage your partner to stay strong during this sad period in your lives. The more support others give to your lives and relationship, the easier it will be to push forward and to make happy memories as a couple.

**Related Link:** [Courtney Stodden Suffers Miscarriage of Celebrity Baby](#)

**3. Allow grieving time:** It's important to allow you and your partner time to cry and be upset about this moment in your lives. Trying to skip over your grief will only create problems down the line.

**What advice can you give to those experiencing a miscarriage?  
Share your thoughts in the comments!**

# Celebrity News: Lauren

# Bushnell Has A New Boyfriend



By

[Marissa Donovan](#)

Lauren Bushnell is not spending the rest of the summer single! According to [People.com](#), [The Bachelor](#) alum is dating longtime friend Devin Antin. The two have known each other before Bushnell began on the dating show, but have been strictly friends up until now. Since they had a history of friendship, they quickly started dating. It is safe to say Bushnell has moved on from her split from [Ben Higgins](#)!

This [reality Tv](#) star has decided to date her long time friend! How can

# you transform a friendship into a relationship?

## Cupid's Advice:

Sometimes turning a relationship into a friendship can become natural, but sometimes taking that next step can be nerve-racking. Here are some tips on how to transform a friendship into a relationship:

**1. Spend more alone time together:** Spending more alone time together is a good way to connect on a personal level and possibly see a side to your friend you've never seen before! Time alone together can also allow you to be more open about your feelings.

**Related Link:** [Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates](#)

**2. See if their interested in anyone at the moment:** Check to see if a relationship is reasonable with your friend by asking if they're currently seeing someone. You should also ask if they have someone in mind. Asking these questions can clear any unsure feelings!

**Related Link:** [Celebrity Break-Up: 'Bachelor' Ben Higgins Sheds Light on 'Tough' Split from Lauren Bushnell](#)

**3. Ask them what they think of your current friendship:** Since you and your friend already have a relationship, purpose the idea of taking the relationship to the next level by dating. This may make things awkward at first, but at least you'll finally end your curiosity by getting the real answer!

**Have you turned a friendship into a relationship. Tell us your love story in the comments!**



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# Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates



By

[Marissa Donovan](#)

[The Bachelor](#) star Ben Higgins has finally addressed why he sent Becca Tilley home before the hometown dates happened. According to [UsMagazine.com](#), Higgins recapped the event on his



*Almost Famous* podcast from his perspective by expressing that he already knew Lauren Bushnell was very special to him. He also added that he didn't want to upset Tilley's family since he saw what happened to Nick Viall during his second home date. Tilley and Higgins are now friends who joke about her exit from the show.

**This [celebrity news](#) has us feeling a little awkward for Becca. What are some benefits to keeping your past relationships in the past?**

#### **Cupid's Advice:**

Rehashing past fallouts with exes can be uncomfortable! Here are some benefits for keeping old drama and exes in the past:

**1. You can have better relationships:** Revisiting old feelings should be used as a learn lesson. Now you know what to expect from that person and you can move on to someone that you can have more compatibility with.

**Related Link:** [Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell](#)

**2. New relationships will be unpredictable:** Don't get stuck in the mindset that your new relationships will be the same as the last one. Your new relationship might have similarities to your last one, but the person you are with will give you a different experience on what it means to be in a relationship.

**Related Link:** [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

**3. You will have sense of humor:** Like Ben and Becca, you can make jokes out of the pain instead on dwelling on how you felt

during the moment. Since the relationship is over, you don't have to worry about getting hurt again by that person and now you can look back and laugh!

Do you think Ben Higgins should have picked Becca Tilley after all? We would love to hear what you think in the comments!

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## **‘Bachelor’ Celebrity Couple Sean & Catherine Lowe Share ‘Foolproof’ Marriage Advice**



By

[Melissa Lee](#)

Season 17 *Bachelor* contestants Sean and Catherine Lowe have been going strong for nearly four years – a rarity for the *Bachelor* franchise, especially with all the [recent drama](#) surrounding the show. The couple sat down with [okmagazine.com](#) to reveal their “foolproof” marriage advice, which includes attending a marriage group, being committed, and constantly working on their relationship. We wish the best of luck to the Lowes, plus their adorable one-year-old boy, Samuel!

## **This celebrity couple has come a long way since *The Bachelor*! What are some ways to keep your marriage strong?**

### **Cupid's Advice:**

Against most odds, Sean and Catherine Lowe have managed to keep their marriage afloat by working hard to keep committed. If you and your significant other are in a similar position, here are some tips to keep your relationship strong:

**1. Problem? Acknowledge it:** If there's an on-going issue between you and your partner, don't ignore it – acknowledge the problem by sitting down to have a productive conversation that consists of finding the cause and a solution.

**Related Link:** [Relationship Advice: How Excitement Drives Your Expectations](#)

**2. Don't be afraid of counseling:** Sean and Catherine attended marriage counseling to work out their problems (along with thousands of other couples, celebrity or not), and it ended up heavily working in their favor. There's nothing wrong with seeking help from a professional and it can do amazing things

for your relationship, including introducing the opportunity to make your marriage that much stronger.

**Related Link:** [Relationship Advice: 5 Communication Keys Every Relationship Needs](#)

**3. Make time together:** If you and your partner tend to live busy day-to-day lives, it's important to make time for one another so you're able to simply sit down and spend time together. This one-on-one time could be extremely beneficial. Whether it consists of a date night, watching a movie together, or even just discussing your days before going to bed, forming this routine could improve your marriage.

**What are some of your tips to strengthen marriages? Leave your thoughts below.**

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## **Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell**





By

[Marissa Donovan](#)

Last month was a disappointing surprise to season 20 fans of *The Bachelor*, as [Ben Higgins](#) and Lauren Bushnell called off their celebrity engagement. According to [UsMagazine.com](#), Higgins recently expressed his feelings about the [celebrity break-up](#). He said, “When you really care about somebody and you really love somebody and that has to end – for whatever reason, even for reasons that either person can’t really explain, it’s just a feeling and you have to go your separate ways – it hurts. It hurts bad.” Bushnell has said the two are friends, but this [celebrity news](#) has us hurting along with the former couple!

**This couple is still feeling the effects of their celebrity break-up. What are some ways to cope with a split?**

**Cupid’s Advice:**



Break-ups can take time to heal. Sometimes we can feel helpless on how to deal with the heartache. Here are some tips to help make the split easier to deal with:

**1. Listen to music:** This is one of the best remedies to a heavy heart. [Brad Pitt](#) also listened to music after getting a divorce with his ex-wife Angelina Jolie. Any music genre is acceptable for coping with a break-up. Start making a playlist!

**Related Link:** [Celebrity News: Angelina Jolie & Brad Pitt Are Talking Again](#)

**2. Binge episodes of Netflix:** Cue up your Netflix and search for a hilarious sitcom or a murder mystery. Engaging episodes will distract you from getting upset over the split. Watching an amazing series will give you the comfort you deserve during this difficult time.

**Related Link:** [Celebrity Break-Up: 'Bachelor' Ben Higgins Sheds Light on 'Tough' Split from Lauren Bushnell](#)

**3. Reconnect with old friends:** Meeting up with friends you haven't seen in ages can make you feel happier during this upsetting time. Your friends will remind you of fun memories and most likely want to make weekend plans. Having friends around will keep you optimistic about the future.

What are some other tips in helping you cope with a break-up?  
Leave your advice in the comments bellow!

# Celebrity News: Former

# 'Bachelor' Chris Soules Deletes Instagram Amid Felony Allegations



By

[Delaney Gilbride](#)

In [celebrity news](#), it looks like [The Bachelor](#) alum [Chris Soules](#) is keeping his life privatized after felony allegations came out against him this past week. [Celebrity gossip](#) erupted after Soules deleted his Instagram nearly 24 hours after being arrested in Iowa after fleeing the scene of a fatal car crash – he had nearly 740,000 followers. The former 'Bachelor' appeared in court on Tuesday, April 25 to face his charges after leaving the fatal scene that's cause is still under investigation. Soules was released after posting a \$10,000 bail. His spokesman released this quote to [EOnline.com](#): "Chris

Soules was involved in an accident Monday evening (April 24) in a rural part of Iowa near his home. He was devastated to learn that Kenneth Mosher, the other person in the accident, passed away. His thoughts and prayers and with Mr. Mosher's family."

## **This celebrity news has us pretty incredulous. What are some things to consider when your partner gets into legal trouble?**

### **Cupid's Advice:**

You go into a relationship promising to be with the person through thick and thin. But, what happens when your partner get into legal trouble? Cupid's here to help you out with some [relationship advice](#):

**1. Look at the situation from all sides:** Depending on the extent of your partners legal troubles you're going to have to look at everything from a legal perspective. Is it something small that you'll be able to work through or is it something you won't be able to come back from? Look at the situation like an outsider. Was your significant other in the wrong?

**Related Link:** [Celebrity Break-Up: Hilary Duff & Michael Koma Split](#)

**2. Make a decision:** Depending on the situation, you're going to have to make a big decision in your relationship. Will your relationship survive throughout these legal allegations? This is where "through thick and thin" is tested.

**Related Link:** [Celebrity Exes: Harry Styles Talks Past Romance with Taylor Swift](#)

**3. Follow through:** Once you make your decision you have to stick with it. If you decide to end the relationship because of the legal trouble your partner is in, you have to continue to remind yourself why you ended it in the first place. If you decide to stay by their side, you have to be a person of your word.

**Has your significant other ever been in legal trouble? Comment below and tell us how you dealt with the situation.**

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## **Celebrity News: Lauren Bushnell Shares Sweet Post for 'Bachelor' Ben Higgins' Birthday**





By

: Christa Ganz

Lauren Bushnell posted a sweet, yet honest birthday shout out to *Bachelor* boyfriend [Ben Higgins](#) on Instagram recently. Higgins, who was the star of the 20th season of *The Bachelor*, celebrated his 29th birthday on Thursday, March 23. According to [UsMagazine.com](#), Bushnell, 27, captioned a gorgeous photo of the two with a horse, writing, "Happy birthday babe!!!!!! I'm so thankful for this life together. Although sometimes rocky you always hold my hand and support me through it, always with a smile on your face. You deserve the world, especially today." This [celebrity couple](#) has never been shy about their affection toward one another. The pair has a history of taking to social media to express their love for each other. Despite what some rumors may insinuate, this [celebrity relationship](#) continues to remain afloat in the public eye.

**This celebrity news shows us that this *Bachelor* relationship is still**



# going strong. What are some ways to show your love for your partner in a public way?

## Cupid's Advice:

Sometimes you just want to remind your partner of how much they mean to you. Don't be shy when it comes to publicly expressing your love for your significant other:

**1. Keep them close:** Simple gestures like hand-holding or frequent hugs and kisses will make them feel special. Without going over the top with the PDA (unless you both are into that sort of thing), keep your partner within arms' reach to publicly express how close the two of you are.

**Related Link:** [The Bachelor' Celebrity Couple Lauren Bushnell & Ben Higgins' Relationship 'Ain't Perfect'](#)

**2. Speak up:** Remind your partner of all the things you love about them. Without having to yell it to the world, you can remain affectionate in public by engaging in happy conversation. Continuous smiling and laughing will let everyone around you know how much you enjoy each other's company.

**Related Link:** [Celebrity News: 'Bachelor' Alum Lauren Bushnell Reveals Romantic Thing She Does for Ben Higgins](#)

**3. Social media:** Just like your in-person appearance, your online appearance matters, too. Keep your social media pages updated with pictures of your partner. Let them know that you're proud to be theirs, and you want everyone who interacts with you to know that.

**How do you publicly show love for your partner? Comment below!**

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# Celebrity Couple News: 'The Bachelor' Stars Nick Viall & Vanessa Grimaldi Defend 'After the Final Rose' Interview



By

[Whitney Johnson](#)

[The Bachelor](#) star Nick Viall may have moved on to his next reality TV adventure – he's appearing in season 24 of *Dancing with the Stars* with pro partner (and new celebrity mom to baby

Shai!) Peta Murgatroyd – but that doesn't mean fans have forgotten about his awkward *After the Rose* interview with fiancée Vanessa Grimaldi. According to [UsMagazine.com](http://UsMagazine.com), during a recent interview for *The Ellen DeGeneres Show*, DeGeneres commented, "I didn't see the *After the Rose* because I could not commit to four hours of television" and then added, "I heard that some people thought it was awkward, that y'all were awkward together." Grimaldi jumped in and replied, "I think we both went in it wanting to be honest and open about couples, you know, sometimes things can get tough. But we're very committed to each other, we love each other, and that's what we're focusing on." The [celebrity couple](#) has recently relocated to Los Angeles for Viall's current gig.

**There's no denying that this celebrity couple came across as awkward in this season of *The Bachelor's After the Final Rose*. What are some things to keep in mind when introducing your new love to your friends?**

### **Cupid's Advice:**

This celebrity couple's love story was in the public eye from the very beginning, but they still had to introduce each other to their loved ones – on national television, no less! If you're ready to introduce your new partner to your friends and family, consider the dating advice below:

**1. Keep it casual:** There's already enough pressure on the first meeting of your boyfriend and your loved ones; don't add to it by planning a fancy dinner or letting your friends

interrogate your man with an intense game of 20 questions. Instead, keep it simple with coffee or cocktails and encourage your pals *not* to grill your beau. They can ask you for all the intimate details afterwards!

**Related Link:** [Celebrity Engagement: 'The Bachelor' Star Nick Viall Proposes to Vanessa Grimaldi](#)

**2. Be yourself:** Don't let your nerves get the best of you. Remember that everyone at the table is there because of *you*. Just be yourself! Show your friends why you and your partner are such a good fit, and show your beau why your pals are so special.

**Related Link:** [Are 'Bachelor' Nation's Josh Murray & Amanda Stanton a Celebrity Couple Again?](#)

**3. Don't expect too much:** Sure, you want your favorite people to all get along, but if they don't hit it off right away, that's okay! Introducing them to one another is the first step. As long as your love lasts, they'll have plenty of time to get to know each other.

**What's your best dating advice for introducing your love to your family and friends? Tell us in the comments below!**