

'The Bachelor' Season 16, Episode 4: Ann and Jesse Csincsak Give Emily Dating Advice



✘ Drama continues in Park City, Utah where Rachel had the first one-on-one date with Ben and got Rose 1. Then came the group date where the girls rode on horseback through the woods, and spent an afternoon fly fishing. Ben was testing their ability to be in the country and in a group setting. Unfortunately for some (Samantha Levey), it didn't work out in her favor. Tensions mounted when Courtney Robertson pulled Ben away and actually caught a fish in the process! Then, she stole Ben again and told him that she needed reassurance where she won his heart and got Rose 2. While she was gloating, Samantha was told by Ben that she was too "emotional" and he sent her packing before the Rose Ceremony. The last date and final rose went to the shy and reserved Jennifer Fritsch (then again, Ben did vote her best kisser). On their one-on-one, the new Bennifer plummeted into a 300 foot crater together. After it was over, they ran through pouring rain to an outdoor concert by country singer, Clay Walker and she was given date Rose 3. With Samantha already gone, there was only one more person to eliminate that evening. Say good-bye to Monica Spannbauer. And then there were 12.

1. What are your initial thoughts about Rachel?

Jesse: I think Rachel is down to earth; she really seemed to like the lake and canoe date. I think it's pretty rad that she is normal and can enjoy the simple stuff.

Ann: My initial thoughts were: I love her bangs. But passed

that, I haven't seen or heard enough from her to form an opinion. I have barely noticed a lot of the girls this season, because they either don't talk very much, or they are going to be cut early on, so the producers aren't showing them too often.

2. Did Ben make the right decision sending Samantha home right there and then? Did you witness her being "emotional" on the group dates?

Jesse: Absolutely – that girl is what's wrong with women in America. She wears high heels, and has blonde hair, but no brains. Did you hear her say, "OMG I am so scared of horses?" It's like, who is scared of horses? Our country was founded on horseback. Pull it together Blondie!

Ann: When Samantha went home, I looked at my husband and asked, "Where did she come from? I hadn't noticed her other than her amazing Nicole Miller dress at the last rose ceremony. I did appreciate the fact that Ben did not beat around the bush on that one, that he kicked her to the curb faster than Kim Kardashian did her last husband.

3. Did you like the way Courtney played Ben for the rose on the group date? Do you think he'll eventually see what Emily and some of the others see or do you think that maybe Courtney IS a nice person?

Jesse: I despise few things in life, but diarrhea and Courtney are now at the top of my list. She is the worst. I get a headache every time she gets a rose.

Ann: I thought it was weird because it seemed like Courtney hardly had any friends, and then last night she had a BFF that popped out of the woodwork. The producers are showing us what they want to, so even though I think Courtney is not a keeper, she may not be as bad as they are portraying her; except for her laugh, that is truly unnerving.

4. What advice would you have given to Emily?

Jesse: DO YOU GIRL! Don't sweat the stupid models.

Ann: My advice to Emily is the same advice that I would give my daughter or my best friend. Focus on your relationship not anyone else's. The more you tune all the rest of the women out, the faster your relationship with Ben will have the opportunity to blossom (yes, I just used the word blossom).

5. Kacie B., Rachel, Courtney and Jennifer all seem completely different. What do you think Ben's doing with such diverse women?

Jesse: Ben didn't pick them, production did, and each of these different girls appeals to a different audience, which equals ratings, which in turn, equals money.

Ann: I think if anyone were to look at the people they have dated, they would realize they are all completely different. It's one of those things I guess, you just don't know unless you try!

Here are two more questions from our visitors:

6. If Ben decides after four episodes that he found the right girl, what are his options? Must he continue the season? If so, does he have the liberty to pick the same girl for a one-on-one each episode or must he change it up?

Jesse: Ben picks his final 4 girls on night one and the producers pick the one-on-ones and the group dates. If he does find the final one, it's the producer's job to keep him interested in at least one other girl for the sake of the show. If he were totally set on one girl mid-season the show would tank, and it wouldn't be fun to watch.

Ann: I would say on any given rose ceremony, Ben gets to decide only about half the women that get to stay. I think he gets input on what girls he wants one-on-one time with, but at

the end of the day he doesn't write the "date cards." I do think, however, that he gets to say if there is someone he really does *not* want to go on a one-on-one with, AKA Samantha.

7. I've heard a lot of complaints about the 20-30 crowd not really knowing what they want and clearly it's hard to make the relationships stick afterwards. What do you think about having an older gentleman 40-50 on the show?

Jesse: I have said forever, that I think they should do a few seasons with non-related Bachelor people involved to make things fresh. I am totally game; lets do it!

Ann: Brad Womack (38) is a good example of someone who was a little older, and it still didn't work out. It doesn't matter the person's age; 'The Bachelor' is not a normal dating situation no matter how you spin it. A "normal, everyday date" on the bachelor still includes a helicopter so the reality is, after the show it's going to be hard to keep the relationship strong, no matter how old someone is. If you want an example of how to make it work after the show just ask Jason and Molly Mesnick, they stayed out of Hollywood and out of drama and they are still happily married because of it.

8. Anything more that you want to add?

Jesse: The guy who puts the black boxes over the naked people is going to be busy next week!

**'The Bachelor' Season 16,
Episode 3: Ann and Jesse**

Csincsak Discuss the Return of Shawntel Newton and Emily's Fear of Heights



 By Jennifer Harrington

The city of San Francisco provided the back-drop for what ended up being one of the most dramatic episodes in recent history of *The Bachelor*. Ben and Emily climbed to the top of the Golden Gate Bridge, Brittney left before her one-on-one date with the winemaker, Shawntel (the funeral director from Brad Womack's season) re-surfaced to confess her crush, and one of the ladies fainted at the rose ceremony! Wow, what an episode. To help us make sense of the craziness, here are insights from *Bachelor* experts Jesse and Ann Csincsak.

1. We saw Ben's relationships with several of the women blossom this week. Who do you think that he had the best connection with this week?

Jesse: I don't even think Ben is sure who he likes the most yet! He just can't believe he gets to kiss more than one girl at a time!

Ann: He seemed to have a good connection with Emily, his partner in the climb up the Golden Gate Bridge. She seems laid-back, despite being a little riled up at the rose ceremony. That ceremony definitely did not show anyone in a good light.

2. Was Emily's climb up the Golden Gate Bridge, the most daring date you've seen on the show?

Jesse: When you apply to be on the show, they make you fill

out a packet telling them everything, including things that scare you. For the past few seasons, they take one of these “fears,” and make it happen. This episode was almost a total repeat of what they did to Michelle Money on Brad’s season of the show, and it seems like each season we see a different person facing a fear of heights.

Ann: I am freakishly scared of heights, so that would have been a nightmare for me. It was a daring date, but not the craziest thing I’ve seen so far. Personally, I found the rose ceremony to be more suspenseful to watch.

3. What do you think was behind Brittney’s decision to leave the show before her one-on-one date with Ben?

Jesse: I think Brittney was tired of being told what to say and do by producers, and realized that you can’t fall in love in a scenario like that. She made the decision to say “I’m out!”

Ann: I think she thought the necklace was not that cute and split (joke). In all seriousness, I think she felt that Ben wasn’t into her and she wanted to leave before being asked to leave. Never underestimate the power of a woman’s intuition.

4. It was shocking to see Shawntel arrive in San Francisco. What did you think when you saw Shawntel get out of the car, and did you think that it was fair she had a chance to join the cocktail party?

Jesse: I think it’s totally fair; all is fair in love and war. Shawntel is a great down-to-earth person, and he should have kept her around if he liked her, regardless of what the other girls thought.

Ann: Agree to disagree with Jesse. I get where she was coming from. She wanted her last chance with Ben before he was potentially engaged, but that’s like interrupting a date and saying “Sorry to interrupt, but I love you and wanted to let

you know.” There’s a better time and place to do that, and if you missed your chance, so be it. However, with that being said, I think the reaction from the girls was nothing but insecurity all the way around. They went way overboard and were incredibly nasty to her. I can’t even imagine sitting on that couch being Shawntel. I even heard the line “Brad’s dumpster trash.” Have some class, those types of statements are just unnecessary, no matter how upset you are.

5. When you saw Erika fainting/collapsing and Jaclyn crying during the rose ceremony, what was your reaction? Did you think their emotions were genuine or simply last-minute attempts to capture a rose?

Jesse: I think they need a Bachelor with a serious backbone, like Dave Good or Wes Hayden. The type of man who would tell those girls to hit the road when they pull that nonsense.

Ann: I think their reactions were genuine... genuinely ridiculous. I think the fainting was from too many cocktails and standing there for an hour during the rose ceremony. Never lock your legs, every good bridesmaid knows that. The crying was from embarrassment. If you watch closely, they show her crying but in the wide pan shots she’s not, I think she cried at the end and they showed it over and over again (gotta love editing)!

6. Given the fact that the other girls observed “chemistry” between Ben and Shawntel, were you surprised Ben didn’t offer her a rose?

Jesse: Not at all, I think Ben was afraid. It’s sad, really. As the Bachelor, you should be able to call your own shots, but it seems like he’s not.

Ann: Absolutely! They obviously had chemistry but she never would have been given a fair chance if she had stayed. Everything happens for a reason and I think he made the right decision for him and protecting the relationships he was

establishing with the other girls. I wish her nothing but the best she is a gorgeous girl who will have no problem finding a good guy.

7. Courtney seems to be getting more obvious and vocal about her feelings towards the other girls. What do you think it will take for Ben to take notice of Courtney's problems with the other girls?

Jesse: This is TV. Of course he won't see what's really happening, and that's what makes it so fun to watch.

Ann: She will do herself in soon enough. Likely, one of the other girls will tell Ben and then he will start to notice it on his own. Her "see ya later" to Shawntel was not classy; not to mention her pause during the "will you accept this rose." Heidi Klum is a smoking hot model and I guarantee she didn't stand in front of her husband and pause when he asked if she would go out on a date. Guys don't want a girl who plays games and Courtney is going to find that out the hard way.

Be sure to tune in next Monday night for the next installment in Ben's journey to find love (in Park City, Utah), and while you are watching, send CupisPulse questions about the episode for Jesse and Ann to answer.

**Reality TV Couple Ann and
Jesse Csincsak Answer**

Questions About 'The Bachelor' Season 16, Episode 2



By [Lori Bizzoco](#)

Last night Ben Flajnik brought his 18 beautiful *Bachelor* contestants to Sonoma where things became more intimate and drama unfolded between the girls. There was crying, cat fights and as Blakely said, “claws are coming out.” The claws sure did come out when a bunch of ‘Bachelor’ contestants dressed up as fairy tale characters and preformed a play on stage for Ben’s hometown during the group date.

One-on-ones last night were with Kacie B. and Courtney Robertson. Each girl received a rose at the end of their date. During the rose ceremony Jenna and Shawn left empty handed. Next week the girls head to San Francisco. Ann and Jesse Csincsak are back this week to answer our questions from Episode 2:

1. Kacie B seems sweet, and down-to-earth but Ben says, “He trusts her.” When you’re on this show, can you really trust someone after knowing them for such a short period of time? How long would Ben have known Kacie at this point?

Jesse: This is week 2 so they wouldn’t really know each other yet. By the time of the rose ceremony, at the end of the episode, they’ve probably only known each other about 10 days.

Ann: I wouldn’t give my ATM pin number to someone on the second date so I definitely wouldn’t say u can trust someone that quickly! He’s only known her a few days and he’s hardly seen her in that time – way to quick. But, this whole process

is dating in fast forward.

2. Why do you think ABC took the show to Ben's hometown?

Jesse: It's very rare, but I actually think this was one decision they let Ben make on his own.

Ann: Every season they attempt to make the show a little different and make the bachelor stand out on his own. By going to Ben's hometown, it made him more relatable. Therefore, better ratings and the girls get attached more quickly.

Related: [Former Bachelor Couple Ann and Jesse Csincsak Answer Questions about Season 16 Episode 1](#)

3. Do you think Courtney is on the show for fame or to boost her modeling career? Do you think she's really into Ben?

Jesse: Totally for the fame in my book, but I've always said never judge someone by their edit. Therefore, I will wait until I actually meet her until I make a real opinion!

Ann: Modeling and apparently an acting career as well – she seems to be fooling Ben pretty good. I think she's into what Ben and this whole show can bring her.

4. Why did Courtney appear so genuine while on her date with Ben and so conniving on camera? Editing can only do so much. What are your thoughts on this?

Jesse: Again, I see some "ok" traits but the editing room can really switch things up. Plus, it's not too hard to make someone look sweet and romantic on this show.

Ann: Wes Hayden had a made up girlfriend his whole season so don't underestimate the power of editing.

Related: [Chris Harrison Says Ladies Are Excited For Bachelor Ben Flajnik](#)

5. Do you think Blakely's tactics of hogging Ben's attention are going to work or will she eventually suffocate The Bachelor? We still think that the producers have her playing the Michele Money role.

Jesse: She is totally stamped with the Michelle money role! They always make someone go to the Bachelor or Bachelorette who already has a rose to take time away from someone without a rose classic producer move.

Ann: My prediction is she's gone on episode 4 or 5. How many times can u hide in the luggage room before it gets awkward?

6. I know you feel bad for Jenna but she claims to be a relationship blogger-that's a little embarrassing given she can't even form a sentence half the time. Did Ben do the right thing by letting her go?

Jesse: These producers are getting that girl so drunk she can't even talk without her face quivering. This is a perfect case of getting someone wasted and putting them in a situation where they need to think = CRASH AND BURN. This girl understands what has happened now, but didn't see it coming then. However, I will let you know if I smell booze on her breath when I meet her in the future!

Ann: Yes, yes and yes! Guarantee Ben wanted to let her go episode 1 and production let her go episode 2.


7. What are you expecting/ hoping to see next week?

Jesse: This season seems to be a mix of previous seasons. They are in need of some new things happening in my opinion.

Ann: His ex-girlfriend will show up and girls will get jealous. Hopefully we'll see more waterproof mascara cause it's going to be a doozy!

'The Bachelor' Premiere: Reality TV Couple Ann and Jesse Csincsak Answer Questions About Season 16



 Hello, we're back again with another season of 'The Bachelor!' Last night was the start of Season 16 with our new, hot, sexy, eligible, Sonoma winemaker, Ben Flajnik. This time Ben's in control handing out roses; ready to find love this season. For the next 10 Mondays, we will be joined by Ann and Jesse Csincsak to get their weekly perspective of Ben, the single ladies and all the drama that's bound to happen when you get 25 estrogen-fueled women in a room. Here's our take on Episode 1:

1. Many people want to know why Ben went back on the show as the Bachelor? Wouldn't he have had plenty of girls to choose from after being dumped by Ashley? What makes being on the show better for finding love than in real life?

Jesse: I don't think the show is better for finding love; I actually think you have a better chance of winning the powerball than you do finding love on that show. Let's take a walk back through time, shall we? The only couple who actually found love on the show to date are Ryan and Trista.

Jason and Molly didn't fall in love until way after their show. Ann & I met at one of my reunions and got married and Tara Durr and John Presser met at a reunion and got married, so actually there are more people who have found love at my

reunions then on the show itself. Ask yourself: Would you be able to fall in love and get married with 50 producers and camera people standing over you?

Ann: Other than the obvious fact that walking on the set of *The Bachelor* is like walking in a perfect bar with 30 gorgeous girls that have already passed a Psych test (even though some of them squeaked by), I think the more obvious answer is that he is a business man with a business to promote. What better way to do that with 15 million people interested in what YOU do?

Related: ["The Bachelor" Host Chris Harrison Says Ladies are Excited for Season 16 with Ben Flajnik](#)

2. Which three girls are your early pick for Ben and why?

Jesse: Right now the only girl they are showing us anything real about is Kacie from Tennessee. There are so many girls that are being kept there just for the drama factor right now that its sickening. Would you keep two girls around if you saw them making out? Those girls got production roses plain and simple!

Ann: The girl who got the first impression rose is the only personality we saw that didn't scare us. The rest haven't had time to show us who they are yet.

3. There were so many unique introductions this season; a horse, sanitizer, a pageant sash and someone's grandmother. Who had the best introduction?

Jesse: I liked the Grandma intro the best. However, I think all the intros were very well-produced. When's the last time you brought your grandma on your first date?

Ann: I fast forward through that part. They talk to the bachelor for about 2 minutes and they only show 30 seconds of it. Also, it's what the producers want to show you anyway.

4. Any initial thoughts on Courtney? Do you think the producers have pegged her as the new Michelle Money?

Jesse: Oh man, there are so many villains being pegged on this season. It's going to be fun to watch.

Ann: I think anyone that is willing to drink the first night gets taken advantage of. Like I said before, take the alcohol out of the show and it's just another awkward Monday night.

Related: [Michelle Money and Graham Bunn Talk Everyday](#)

5. What are your thoughts about Monica's agenda and Jenna's emotional reaction?

Jesse: I actually feel bad for Jenna. They met that girl in casting and produced her into this season's train wreck by pumping her full of alcohol. She is probably a really nice girl but just doesn't handle her alcohol very well. Keep your chin up Jenna; this too will pass!

Ann: This is super produced and I feel bad for the girls who are letting themselves be a part of this. Jenna probably had a few too many producer-poured drinks, lost it somewhere between cocktail number 8 and 9, and it was all caught on tape!

6. It appears that Ben's ex-girlfriend will be back in the picture this season. Do you think it's fair to the other girls that the producers bring her on the show?

Jesse: The producers on this show would literally trade their first born child for drama, so anything is possible.

Ann: No. Plain and simple. When do you date a guy who all of the sudden introduces you to his ex-girlfriend? Any guy that did that would find himself alone. That's why we love TV!


7. Did Ben get it right or are there any girls who shouldn't have gone home so soon?

Jesse: Honestly I like the girl who was rallying the shotgun in the beginning Amber T

Ann: You can never tell. Probably some of the girls that went home had to so they could make room for the girls that would bring a lot of drama whether they are right for Ben or not.

Chris Harrison Says Ladies Are Excited for 'Bachelor' Ben Flajnik



 During the casting of the upcoming season of *The Bachelor*, the ladies in question found out for whom they would be vying, according to [People](#). Chris Harrison, the host of the show, had nothing but positive things to say about the women's reaction to the news that Ben Flajnik would be the new *Bachelor*. "We were able to tell the girls, you know, who our bachelor was. So, they're fired up. And if they're excited, then it's going to be a good season," he said.

How do you keep yourself from getting too excited around your crush?

Cupid's Advice:

Sometimes when you really like someone, it's easy to get overly excited around them. This can often drive them away. Cupid has some advice:

1. Rationalize: This is easy said than done, but try to temper

your emotions by thinking logically. More than likely, your feelings are ones of lust at the beginning, and coming on too strong may be a false reaction.

2. Focus on other things: Instead of spending your time thinking about your potential partner all day everyday, keep your mind occupied with other hobbies and interests.

3. Comfort food: Sometimes all you need to stay calm is a good solid meal filled with protein and carbohydrates, otherwise known as comfort food.

How do you keep your cool around your crush? Share your experiences below.