

# Celebrity Couple News: 'Bachelorette' Star Rachel Lindsay Reveals She's Already Engaged



By [Cortney Moore](#)

[Reality TV](#) star Rachel Lindsay made history as the first African-American 'Bachelorette,' however she's still packing on surprises for us. In an interview with Mario Lopez on [Extra](#), Lindsay opens up about her [celebrity couple](#) status—which happens to be an engagement! "I'm so excited, it's just exuding from me... I can't hide it," Lindsay told Lopez. She also went on to say her fiancé went the traditional route and asked her parents' permission before getting down on one knee.

Though a [celebrity wedding](#) is in her future, Lindsay has not started planning yet, saying, “I’m focused on the engagement right now.” Hopefully she’ll get into the wedding planning spirit after the episode airs and her spouse can be revealed.

## **There’s officially a new celebrity couple getting ready to head down the aisle! What are some ways to know you’re ready to tie the knot?**

### **Cupid’s Advice:**

If you’ve been in a relationship for some time now, you might wonder if marriage is right for you and your partner. Cupid is here to help you figure out if you’re both ready to tie the knot:

**1. Marriage excites you:** A huge sign that you’re ready to walk down the aisle is if the idea of marriage excites you rather than terrifies. Having positive feelings about marriage show that you’re ready for the commitment and all it entails. Bonus points if your significant other feels the same way.

**Related Link:** [Celebrity News: ‘Bachelorette’ Rachel Lindsay Meets Her Men in Season Premiere](#)

**2. You already feel like family:** In long term relationships, you’ve taken the time out to meet each other’s families. If you find yourself invited to your partner’s family functions and vice versa, chances are you both might be ready for marriage. This is especially true if you’re expected to attend family events without discussion.

**Related Link:** [Celebrity News: New ‘Bachelorette’ Rachel Lindsay Goes on Group Date with NBA Star](#)

**3. Found unconditional love:** If your significant other has seen you at your best and worst, then you've found some unconditional love and should hold onto it. Being able to support each other even throughout the tough times show your love can persevere. And that's what marriage is all about.

**How did you know you were ready to get married? Share your stories in the comments below!**

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## **Celebrity News : 'Bachelorette' Rachel Lindsay Meets Her Men in Season Premiere**





By [Noelle Downey](#)

In [celebrity news](#), [UsMagazine.com](#) has reported that *The Bachelorette* has kicked off its new season with a premier episode where Rachel Lindsay met her suitors and focused on finding love and being herself. The night's events included a cringe-inducing penguin costume worn by bachelor Matt, a full marching band brought by bachelor Blake E., and a surprise kiss from bachelor Bryan, a chiropractor. Lindsay commented later, "I was not ready for it, did not want to kiss anybody tonight, but boy did I love it!" Lindsay started the night with 30 guys, but she cut eight in the rose ceremony at the end of the episode. 21 more cuts to go until she finds her ultimate love!

**This celebrity news has us excited for a new season of *The Bachelorette*! What are some unique**

# ways to meet a new partner?

## Cupid's Advice:

There's no doubt that meeting your love on a reality TV show qualifies as "unique," but we don't all have that opportunity. In this [relationship advice](#), here are some out-of-the-box ways to meet your new partner:

**1. Work happy hours:** If you have to hang with colleagues after seeing them all day every day, you might as well use it as an opportunity to meet your next crush! Even if you know you aren't into dating a coworker, you never know who they might invite to tag along.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

**2. Public transportation:** If you live in a city and you have the option to drive or take public transit, choose the latter. You'll have quite a bit of time to "waste" while riding to work, and you never know who might sit next to you. Seize every opportunity to talk to an attractive guy or gal!

**Related Link:** [Celebrity News: New 'Bachelorette' Rachel Lindsay Goes on Group Date with NBA Star](#)

**3. Volunteer:** Not only will you be helping the community, but you'll be with other volunteers who enjoy doing the same thing and may have the same values that you do. Consider volunteering at an animal shelter or a nursing home. There are so many ways to get out there and help, while potentially colliding with love.

**What are some other unique ways to meet your next love interest? Share your thoughts below.**



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# Celebrity News: A Brand New Episode of 'Lucky Dog' with Host Brandon McMillan Will Warm Your Heart



By [Noelle Downey](#)

Animal lovers, it's time to rejoice! In the latest [celebrity news](#), there's a brand new and particularly sweet episode of the hit CBS show *Lucky Dog* coming out this Saturday, May 13th. It will have your heart swelling with love for an adorable dog named Frankie, not to mention for [Brandon McMillan](#), the

handsome host and passionate dog trainer.

## Watch *Lucky Dog* on Your Next Date Night

The show follows McMillan as he rescues dogs from shelters and pounds who have hours left before they're put down and then trains them at his famed Lucky Dog Ranch to prepare them for life with a fantastic family. It's the perfect heart-warming fare to cuddle up and watch with your dog-loving significant other for a [date night](#)! This weekend's episode, sponsored by The Outdoor Power Equipment Institute's (OPEI) TurfMutt environmental education and stewardship program, will feature a rescue dog named Frankie, a Beagle mix that's training-shy and anxious around humans after a series of negative experiences in his past. "He's basically written off all humans because of what they've done to him," the host confesses in a teaser clip from the episode.

**Related Link:** [‘Lucky Dog’ Host Brandon McMillan Says, “If I Can’t Laugh Constantly with Someone, It Won’t Work Out”](#)

McMillan goes above and beyond to help this damaged doggy find his way back to a trusting, loving connection with humans, while OPEI's Kris Kiser visits a potential dream home for Frankie. Unfortunately, he discovers that their yard is anything but dog-friendly, filled with packed-down dirt instead of lush turfgrass, which, Kiser advises to dog owners, is the best option for keeping a cool temperature and a dog-friendly softness in your yard. The team at Lucky Dog sets to work to make the potential owner's yard more appealing with a massive landscaping makeover. "We thought it was a good conversion opportunity," Kiser explains, "where we could give the owner a living landscape and a much better spot for her family and her adopted dog." With the help of an adorable fluffy pal named Olive, Frankie starts the long process of learning the commands and obedience training he'll need to

thrive in his new home.

So why does McMillan feel so passionate about training dogs who might not otherwise get a shot at a second home? In a 2013 [celebrity interview](#) with CupidsPulse.com, the television host explained, “I read the facts, and they blow my mind. Every year in America, over 1.5 million dogs are euthanized because they can’t find homes. I wanted to find out why this was happening.”

**Related Link:** [‘Lucky Dog’ Host Brandon McMillan Shares Dating Advice: “Plan Your Moments For and With Each Other”](#)

Still, this passionate drive to save furry friends has taken its toll on his free time, in particular his love life. In the same 2013 interview, McMillan shared his insane schedule, saying, “I’m so consumed by the show that I go to bed at around 9 p.m. because I have to get up at 4 a.m. We start every morning around 6 a.m. because I want to make sure we work the dogs before the heat kicks in every afternoon.”

Still, that didn’t prevent him for sharing some great [dating advice](#) in our 2014 celebrity interview with him. It’s clear his busy schedule has caused him to think carefully about what he’ll do when he does have more free time to spend with a special someone. “No sitting on the couch watching trash television,” McMillan advised any couples out there. “Really plan your moments for and with each other. Saying ‘I’m too tired’ leads to trouble.”

*Don’t miss this special episode of Lucky Dog, airing on Saturday, May 13th! Check your local listings for channel and time.*

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# Celebrity News: Former 'Bachelor' Chris Soules Deletes Instagram Amid Felony Allegations



By [Delaney Gilbride](#)

In [celebrity news](#), it looks like [The Bachelor](#) alum [Chris Soules](#) is keeping his life privatized after felony allegations came out against him this past week. [Celebrity gossip](#) erupted after Soules deleted his Instagram nearly 24 hours after being arrested in Iowa after fleeing the scene of a fatal car crash – he had nearly 740,000 followers. The former 'Bachelor' appeared in court on Tuesday, April 25 to face his charges after leaving the fatal scene that's cause is still under

investigation. Soules was released after posting a \$10,000 bail. His spokesman released this quote to [EOnline.com](http://EOnline.com): "Chris Soules was involved in an accident Monday evening (April 24) in a rural part of Iowa near his home. He was devastated to learn that Kenneth Mosher, the other person in the accident, passed away. His thoughts and prayers and with Mr. Mosher's family."

## **This celebrity news has us pretty incredulous. What are some things to consider when your partner gets into legal trouble?**

### **Cupid's Advice:**

You go into a relationship promising to be with the person through thick and thin. But, what happens when your partner get into legal trouble? Cupid's here to help you out with some [relationship advice](#):

**1. Look at the situation from all sides:** Depending on the extent of your partners legal troubles you're going to have to look at everything from a legal perspective. Is it something small that you'll be able to work through or is it something you won't be able to come back from? Look at the situation like an outsider. Was your significant other in the wrong?

**Related Link:** [Celebrity Break-Up: Hilary Duff & Michael Koma Split](#)

**2. Make a decision:** Depending on the situation, you're going to have to make a big decision in your relationship. Will your relationship survive throughout these legal allegations? This is where "through thick and thin" is tested.

**Related Link:** [Celebrity Exes: Harry Styles Talks Past Romance](#)

[with Taylor Swift](#)

**3. Follow through:** Once you make your decision you have to stick with it. If you decide to end the relationship because of the legal trouble your partner is in, you have to continue to remind yourself why you ended it in the first place. If you decide to stay by their side, you have to be a person of your word.

**Has your significant other ever been in legal trouble? Comment below and tell us how you dealt with the situation.**

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## **Celebrity Break-Up: Amanda Stanton Gets Emotional Talking Josh Murray Split & Drama**





By: Christa Ganz

*Bachelor in Paradise* alum, Amanda Stanton, gets emotional when speaking about recent ex Josh Murray. This [celebrity relationship](#) began last year on the third season of *Bachelor in Paradise*. Stanton, a single mother of two from California, accepted a proposal from Georgia native Josh Murray on the last episode. After their [celebrity break-up](#) in January, the two attempted another shot at love in February. That rekindled romance didn't last very long either. In an emotional interview with [EOnline.com](#), Stanton opens up about her ugly split, and the "red flags" she overlooked throughout their relationship. "It's hard for me to even talk about it without crying. I think he knew he was going to date me, so I think he kind of pretended to be exactly what he knew I wanted," Stanton stated, while getting emotional. Stanton also mentioned another red flag for her, which involved mentioning her previous ex Nick Viall. "I guess, a red flag for me was, if he was falling for me, he should've just been happy," she said. "Instead, he focused so much on Nick and what everybody else was saying." Stanton says she learned from this relationship and hopes to grow from it. "This whole break up

has been really, really hard on me and the aftermath has been really hard on me.” For now, Stanton explains that she is focusing on her kids, keeping up with her blog, and writing a book.

## **This celebrity break-up was anything but drama-free. What are some ways to keep the drama to a minimum mid-breakup?**

### **Cupid's Advice:**

Messy break ups are far from easy. Here are some tips to remain drama free during this hard time:

**1. Stay private:** Try to keep your business to yourself and, if needed, your close circle of friends. It can become increasingly difficult if you let other people influence you or spread your news around. Make sure anyone you speak to is trustworthy and won't spread rumors like wildfire.

**Related Link:** [Are 'Bachelor' Nation's Josh Murray & Amanda Stanton a Celebrity Couple Again?](#)

**2. Compromise:** Remember this is a hard time for both you and your ex. Try your best to be civil and come to an agreement you both can live with. Set clear boundaries on what is yours and what is theirs.

**Related Link:** [Celebrity Break-Up: 'Bachelor in Paradise' Couple Josh Murray & Amanda Stanton Split](#)

**3. Take time:** Try not to let your anger influence you in the heat of the moment. Take deep breaths, give yourself time to think the situation over. It's better to stay silent rather than say something you don't actually mean.



How did you keep the drama to a minimum during your break up?  
Comment below.

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## Celebrity News: Lauren Bushnell Shares Sweet Post for 'Bachelor' Ben Higgins' Birthday



By: Christa Ganz

Lauren Bushnell posted a sweet, yet honest birthday shout out to *Bachelor* boyfriend [Ben Higgins](#) on Instagram recently. Higgins, who was the star of the 20th season of *The Bachelor*, celebrated his 29th birthday on Thursday, March 23. According to [UsMagazine.com](#), Bushnell, 27, captioned a gorgeous photo of the two with a horse, writing, "Happy birthday babe!!!!!! I'm so thankful for this life together. Although sometimes rocky you always hold my hand and support me through it, always with a smile on your face. You deserve the world, especially today." This [celebrity couple](#) has never been shy about their affection toward one another. The pair has a history of taking to social media to express their love for each other. Despite what some rumors may insinuate, this [celebrity relationship](#) continues to remain afloat in the public eye.

**This celebrity news shows us that this *Bachelor* relationship is still going strong. What are some ways to show your love for your partner in a public way?**

#### **Cupid's Advice:**

Sometimes you just want to remind your partner of how much they mean to you. Don't be shy when it comes to publicly expressing your love for your significant other:

**1. Keep them close:** Simple gestures like hand-holding or frequent hugs and kisses will make them feel special. Without going over the top with the PDA (unless you both are into that sort of thing), keep your partner within arms' reach to publicly express how close the two of you are.

**Related Link:** [The Bachelor' Celebrity Couple Lauren Bushnell & Ben Higgins' Relationship 'Ain't Perfect'](#)

**2. Speak up:** Remind your partner of all the things you love about them. Without having to yell it to the world, you can remain affectionate in public by engaging in happy conversation. Continuous smiling and laughing will let everyone around you know how much you enjoy each other's company.

**Related Link:** [Celebrity News: 'Bachelor' Alum Lauren Bushnell Reveals Romantic Thing She Does for Ben Higgins](#)

**3. Social media:** Just like your in-person appearance, your online appearance matters, too. Keep your social media pages updated with pictures of your partner. Let them know that you're proud to be theirs, and you want everyone who interacts with you to know that.

How do you publicly show love for your partner? Comment below!

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## Celebrity News: New 'Bachelorette' Rachel Lindsay Goes on Group Date with NBA Star





By Noelle Downey

Rachel Lindsay, the newest *Bachelorette*, just had the date of a lifetime. According to [UsMagazine.com](https://www.usmagazine.com), Rachel Lindsay and ten of her sexy suitors went on what first appeared to be an unassuming group date at a high school that quickly turned into a mind-blowing opportunity to shoot some hoops with a real NBA star. Hall of Famer Kareem Abdul-Jabbar made [celebrity news](#) when he showed up for a few pick-up games that gave Rachel's admirers an opportunity to show their best moves on the court and prove if they had what it took to take down a proven champion. While Lindsay was reportedly a bit shy in her new role as the queen bee of *The Bachelorette*, she went on to conquer her nerves and have a great time, interacting with the cheering crowds and enjoying this incredibly unique [celebrity dating](#) experience.

**This [celebrity news](#) has us excited for the new season of *The***

# ***Bachelorette!* What are some unique ways to meet a potential partner?**

## **Cupid's Advice:**

Meeting the right person can be hard, even if you're a [single celebrity](#) like Rachel Lindsay. Cupid is here with three great [dating tips](#) to help you meet the next bachelor in your life:

**1. Try speed-dating:** Tired of going on dates only to find out after the first five minutes that you're totally incompatible? Don't waste your time looking for chemistry that's not there. Instead, try speed-dating! Enjoy yourself in a fun, relaxed environment making quick connections to see if anything clicks. Bring some friends and flirt with some fresh faces. You just might meet the one for you.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

**2. Take up a new hobby:** Mutual interests are a great way to get a conversation going with a new cutie. Try taking a pottery class, joining a writer's group, or sashaying your way through a salsa club. More than likely you'll meet someone eventually who catches your eye through one of your interests, and the fact that you know you two already share one thing in common will give you confidence and an opener for an approach.

**Related Link:** [Celebrity News: 'Bachelorette' Alum Ali Fedotowsky Says Dating Roberto Was Her 'Most Successful Relationship'](#)

**3. Be open to what the world has to offer:** Just like the newest Bachelorette, you have so many options. Remember to look out for opportunities to meet new people and engage with life around you. True, you probably can't toss a ball around



with an NBA star, but you could always work up the nerve to talk to that cute barista at your favorite coffee shop. Life is full of amazing moments just waiting to happen, so keep on the look out!

**What are your best tips for places to meet someone new? Let us know in the comments!**

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## **Celebrity Couple News: 'The Bachelor' Stars Nick Viall & Vanessa Grimaldi Defend 'After the Final Rose' Interview**





By [Whitney Johnson](#)

[The Bachelor](#) star Nick Viall may have moved on to his next reality TV adventure – he’s appearing in season 24 of *Dancing with the Stars* with pro partner (and new celebrity mom to baby Shai!) Peta Murgatroyd – but that doesn’t mean fans have forgotten about his awkward *After the Rose* interview with fiancée Vanessa Grimaldi. According to [UsMagazine.com](#), during a recent interview for *The Ellen DeGeneres Show*, DeGeneres commented, “I didn’t see the *After the Rose* because I could not commit to four hours of television” and then added, “I heard that some people thought it was awkward, that y’all were awkward together.” Grimaldi jumped in and replied, “I think we both went in it wanting to be honest and open about couples, you know, sometimes things can get tough. But we’re very committed to each other, we love each other, and that’s what we’re focusing on.” The [celebrity couple](#) has recently relocated to Los Angeles for Viall’s current gig.

**There's no denying that this celebrity couple came across as awkward in this season of *The Bachelor's After the Final Rose*. What are some things to keep in mind when introducing your new love to your friends?**

**Cupid's Advice:**

This celebrity couple's love story was in the public eye from the very beginning, but they still had to introduce each other to their loved ones – on national television, no less! If you're ready to introduce your new partner to your friends and family, consider the dating advice below:

**1. Keep it casual:** There's already enough pressure on the first meeting of your boyfriend and your loved ones; don't add to it by planning a fancy dinner or letting your friends interrogate your man with an intense game of 20 questions. Instead, keep it simple with coffee or cocktails and encourage your pals *not* to grill your beau. They can ask you for all the intimate details afterwards!

**Related Link:** [Celebrity Engagement: 'The Bachelor' Star Nick Viall Proposes to Vanessa Grimaldi](#)

**2. Be yourself:** Don't let your nerves get the best of you. Remember that everyone at the table is there because of *you*. Just be yourself! Show your friends why you and your partner are such a good fit, and show your beau why your pals are so special.

**Related Link:** [Are 'Bachelor' Nation's Josh Murray & Amanda](#)

### [Stanton a Celebrity Couple Again?](#)

**3. Don't expect too much:** Sure, you want your favorite people to all get along, but if they don't hit it off right away, that's okay! Introducing them to one another is the first step. As long as your love lasts, they'll have plenty of time to get to know each other.

**What's your best dating advice for introducing your love to your family and friends? Tell us in the comments below!**

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## **Reality TV Star & Cookbook Author Kathy Wakile Hosts Book Signing at Cabo in Rockville Centre**





By [Whitney Johnson](#)

On Thursday, March 23rd, *The Real Housewives of New Jersey* star Kathy Wakile will be doing an exclusive book signing of her best-selling dessert cookbook *Indulge: Delicious Little Desserts That Keep Life Real Sweet*. You can meet the [reality TV](#) star at Cabo – A Taste of Mexico in Rockville Centre, New York, at 7 p.m. EST.

## Dessert Cookbook Signing with Reality TV Star Kathy Wakile

We had the pleasure of interviewing Wakile when her cookbook was first released, and she opened up about her favorite sweet treat for date night. She recommends baking her Chocolate Volcanoes. As she mentioned after our [celebrity interview](#), "It should be served hot – and it'll make your man feel hot too!" It's no surprise that it's her husband Richard's favorite dessert.

**Related Link:** [‘RHONJ’ Star Kathy Wakile Talks Desserts in](#)



## Celebrity Video Interview: “Indulge. It’s Not Going to Kill You!”

The reality TV star also opened up about the inspiration for the name of her cookbook. As fans may know, the title of her cookbook came from something she said on *RHONJ*: “We were talking about my desserts, and I mentioned how I see really, really skinny girls who deprive themselves of everything and who aren’t happy. So I said, “Honey, have a cupcake. Indulge. It’s not going to kill you!’” With that thought in mind, Wakile focused on mini desserts, so people can enjoy something sweet without feeling guilty afterwards. Happy baking!

*For more details about the book signing event, check out Cabo on [Facebook](#), Twitter [@caborvc](#), and Instagram [@caborvc](#).*

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## **Celebrity Engagement: ‘The Bachelor’ Star Nick Viall Proposes to Vanessa Grimaldi**





By [Whitney Johnson](#)

Fourth time's a charm for [The Bachelor](#) alum Nick Viall! After two rounds on *The Bachelorette* and one trip to *Bachelor in Paradise*, the reality TV star finally found The One on *The Bachelor* season 21 finale, which aired on Monday, March 13th. According to [UsMagazine.com](#), Viall proposed to Montreal native Vanessa Grimaldi. After breaking up with runner-up Raven Gates, he began his heartfelt proposal. "So much about me being here has to do with the past, but when I look at you, all I see is my future," he said through tears to a beaming Grimaldi. He then got down on one knee before asking Grimaldi to marry him. This will be the first [celebrity engagement](#) for both reality TV stars.

**We can't wait to see if this celebrity engagement lasts. How do you know if you're ready to pop the**

# question?

## Cupid's Advice:

For Viall, this celebrity engagement was a long time coming – after all, he thought he found his future wife in both Andi Dorfman and Kaitlyn Bristowe! So how do you know if you're ready to propose? Consider this relationship advice:

**1. You want the same things:** Before you're ready to walk down the aisle, it's important to know if you both envision a similar future together. How many kids do you want? Do you want to live in the city or suburbs? Will you both always work? Marriage is a big deal, but talking about what comes with it should be easy.

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Olympios Parties in Miami After Nick Viall Split](#)

**2. Your friends and family approve:** If you're ready to say "yes" to forever with someone, make sure your loved ones support your decision. Their opinions matter, so give them the chance to get to know your partner and hear them out if they have concerns or worries about your relationship.

**Related Link:** [Celebrity News: Nick Viall Faces Exes on 'Bachelor Women Tell All' Episode](#)

**3. You bring out the best in each other:** Your significant other should make you the best version of yourself, and you should do the same for them. Forever is a long time to spend together, so it's important that you complement one another and make a good team.

**What's another way to know if you're ready to get engaged? Share with us below!**

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# Celebrity News: 'The Bachelor' Alum Juan Pablo Galavis Is Close to Getting Engaged



By [Whitney Johnson](#)

According to the latest celebrity news in [UsMagazine.com](#), former *Bachelor* Juan Pablo Galavis may be off the market soon! Multiple sources confirm that the reality TV star is ready to propose to his girlfriend, Venezuelan beauty queen Osmariel Villalobos. "She'll definitely say yes," the insider

reveals. “They spend all their time together, and she gets along amazingly with his 8-year-old daughter, Camila. All of Juan’s family and friends love her. They have talked about marriage, and both know it’s what they want.” The [celebrity couple](#) has been dating since last summer and are “perfect” for each other. Despite this happy [celebrity news](#), we can’t ignore Galavis’s shaky relationship history: The ex-soccer star is known for his inability to commit, infamously giving his final rose to Nikki Ferrell on the season 18 finale of *The Bachelor* but refusing to propose or even say “I love you.”

## **This celebrity news has us skeptical. What are some ways to know you’re ready to get married?**

### **Cupid’s Advice:**

Only time will tell if this celebrity couple makes it down the aisle! If you think you’re ready to tie the knot with your partner, consider the relationship advice below:

**1. You no longer want to change him:** In the beginning of a relationship, it’s tempting to want your beau to be the type of guy who surprises you with a dozen roses, always picks up after himself, and can make a new friend anywhere, but as time passes, you may realize that’s just not who he is. Before you get hitched, you need to accept him as he is.

**Related Link:** [Are ‘Bachelor’ Nation’s Josh Murray & Amanda Stanton a Celebrity Couple Again?](#)

**2. You’re willing to compromise:** Sure, happy relationships are all about compromise, but marriage gives the word a whole new meaning. If your families live in different states, you can’t spend Christmas with both of them, so you need to be willing to come up with a solution that works for both of you. Once



you truly understand what it means to compromise – and you're *willing* to do so – you're one step closer to be ready for marriage.

**Related Link:** [Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'](#)

**3. You bring out the best in each other:** When it comes to forever, you want to be with someone who makes you the best version of yourself – and you want to do the same for him. Do you feel like you're glowing when you're together? Do people ask you why you're so happy? If so, he may just be The One!

**What are some ways to know if you're ready to get married? Tell us in the comments below!**

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## **Are 'Bachelor' Nation's Josh Murray & Amanda Stanton a Celebrity Couple Again?**





By [Whitney Johnson](#)

Back together again? According to [UsMagazine.com](#), *The Bachelorette* alum Josh Murray opened up about his recent date with celebrity ex Amanda Stanton. “There’s a lot of things that we need to talk about, a lot of things that we need to get off our chest and everything like that, but we’re trying to work on things in more of a private manner this time, especially taking into consideration Kins and Char, the girls,” the [reality TV](#) star revealed during a radio show interview. “So we don’t want to rush anything or say anything that’s not going to happen. But we are talking a little bit right now, and we are going to see what happens.” The [celebrity couple](#) got engaged during *Bachelor in Paradise* last summer but confirmed their break-up this past December. As they work to figure out their celebrity relationship, they’re both currently in Murray’s hometown of Atlanta.

**This celebrity couple has gone**

# through some hard times lately. What are some ways to grow from hard times with your partner?

## Cupid's Advice:

Every relationship goes through rough patches, but that doesn't mean your love is doomed. If you and your partner, like this celebrity couple, can use the tough times to your advantage and grow from them, you may have a bright future ahead of you. Consider this dating advice:

**1. Be patient:** Conflicts don't get resolved over night. It's hard to practice patience when you're in a heated argument, but if you find yourself getting worked up, stop and take a few deep breaths. Patience is a quality that will help you get through so much more than a fight with your boyfriend!

**Related Link:** [Former Celebrity Couple Josh Murray and Amanda Stanton Spark Reconciliation Rumors](#)

**2. Don't forget to listen:** In long-term relationships, it's easy to forget the importance of your partner's feelings. As you work through your argument, take the time to truly listen to them, and you may just learn something new about them. By doing so, your relationship may become stronger because of the hard times.

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Olympios Parties in Miami After Nick Viall Split](#)

**3. Let go of the past:** We all have a tendency to hang on to the past and bring it up during heated moments. Instead, once you come to a resolution, agree to leave the past in the past and let go of your conflict. Focusing on your future as a couple will ensure that you find happiness together.

What's your best dating advice for growing as a couple during tough times? Tell us in the comments below!

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# Celebrity News: Nick Viall Faces Exes on 'Bachelor Women Tell All' Episode



By [Mallory McDonald](#)

In recent [celebrity news](#), *Bachelor* Nick Viall had to face all the women he sent home on this season's *Bachelor Women Tell All*. A lot of the women had a lot to say to each other and to

Nick. After watching the season back, of course, the drama between Corrine and Taylor came to a head. According to [UsMagazine.com](http://UsMagazine.com), Liz discussed her difficult position with Nick, saying, "I was in a place in my life that I really, really cared about somebody else, you know, and I needed that period to heal." By the time she was ready to "cross paths" with Nick again, he was already gearing up to be the *Bachelor*. Kristina had an emotional journey and was finally able to get the closure she deserved. Once Nick entered the room, many of the women had a lot to say about [celebrity relationship](#) their and journey with Nick!

## In celebrity news, there's nothing like facing over 20 exes at one time! What are some ways to deal with an ex who wants to talk?

### Cupid's Advice:

The thought of talking to your ex can be extremely nerve racking. However, giving both you and your ex closure after the breakup can end up being a positive for both of you:

**1. Stay vulnerable:** One of the hardest things you can do is be vulnerable with the person that caused you so much pain. You have most likely already put up walls to try and protect yourself from more pain. But, this is only going to hinder you from actually talking about your true feelings and leaving with closure.

**Related Link:** [Celebrity News: 'Bachelor' Nick Goes on Hometown Dates with Four Women](#)

**2. Be honest:** Don't be rude or mean, but don't sugar coat your words either. This may be the last time you get the chance to speak to them and it is important you leave feeling like



everything is out on the table.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

**3. Show emotions:** Along with being vulnerable, you shouldn't be embarrassed or try to keep your emotions inside. Despite breaking up and wanting to seem strong after it, you need to show them how the breakup made you feel and let them know that you are ready to move on.

**How did you handle talking to your ex after you broke up? Comment below!**

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## Former Celebrity Couple Josh Murray and Amanda Stanton Spark Reconciliation Rumors





By [Whitney Johnson](#)

After ending their engagement just before the holidays, it looks like [reality TV](#) stars Josh Murray and Amanda Stanton are giving love another chance. According to [ETOnline.com](#), the former [celebrity couple](#), who met last spring while filming *Bachelor in Paradise*, were spotted packing on the PDA in Los Angeles over the weekend. Fueling the reconciliation rumors, this past Wednesday, Murray tweeted, "Crazies stick with crazies #breakovermorepackingtodo." Only time will tell if this celebrity relationship has staying power!

**This celebrity couple is giving love another chance! How do you know if you should get back together with an ex?**

**Cupid's Advice:**

It's often tempting to give your ex a second chance. After

all, you feel comfortable together, know each other well, and know that you can make each other happy. If you, like this celebrity couple, are thinking about reconciling with a past love, consider this dating advice:

**1. You want the same things:** It's not every day that you meet someone who you share passionate feelings, values, and longterm goals with. If you still can picture a life together – one that makes *both* of you happy – even after your break-up, you should sit down and discuss what went wrong and what you can change to make sure things go right this time.

**Related Link:** [Celebrity Break-Up: 'Bachelor in Paradise' Couple Josh Murray & Amanda Stanton Split](#)

**2. Your ex is making an effort:** If he's willing to drive across the country so you two can talk or she's willing to get rid of her cat that you hate, it may be worth reconsidering your relationship. Making each other a priority is the first step to happily ever after.

**Related Link:** [Celebrity News: Did 'Bachelor' Alum Amanda Stanton Just Call Out Ex Josh Murray on Twitter?](#)

**3. You agreed to a break-up too soon:** In the heat of the moment, it's easy to say good-bye – and think you really mean it. However, if a few weeks later, you can't stop thinking about each other and feel like a big piece of your life is missing, it's time to consider a reconciliation.

**How do you know if you should get back together with an ex? Tell us in the comments below!**

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# Celebrity News: 'Bachelor' Nick Goes on Hometown Dates with Four Women



By [Mallory McDonald](#)

Things are heating up in this season of *The Bachelor*, and in recent [celebrity news](#), Nick Viall went on hometown dates with the remaining four ladies. [UsMagazine.com](#) recapped the events from that night. While being in a [celebrity relationship](#) with dozens of women, it is no surprise that the final four can be difficult to handle. The final four ladies are Corrine, Rachel, Vanessa and Raven. Nick headed to Arkansas, Dallas, Miami and Montreal to meet with the four families, and each of his dates went rather well. He did have a difficult time when Vanessa's father asked if he had asked the other fathers for

their daughter's hands in marriage, and that put a big riff in his and Vanessa's relationship. At the end of the show, there were previews of a shocking visit from Nick's [celebrity ex](#) and former *Bachelorette* Andi Dorfman. You'll have to tune in next week to find out what happens next!

## **In celebrity news, *The Bachelor's* hometown dates were anything but drama-free! What are some ways to prepare for meeting your new partner's family?**

### **Cupid's Advice:**

Introducing someone to your parents is a big deal and it can be even more stressful to be introduced to someone's. We have the perfect way to handle meeting your new partner's family:

**1. Be yourself:** A common mistake people make is to try to be what they think a family wants to see. Instead, this can make you seem inauthentic and can actually backfire. Just be yourself and be open to growth.

**Related Link:** [Celebrity News: 'Bachelor' Nick Viall Causes Drama After Disastrous Group Date](#)

**2. Be open:** While you don't need to give your entire life story, it is always a good idea to be an open book with your partner's family because one day, they could become yours. Being open is a good way to show you can be trusted with their child.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

**3. Stay gracious:** Whether you are just meeting them for a few



minutes before a date or having a full course meal with them, make sure to be gracious for whatever role they had in meeting them.

What ways did you prepare to meet your partner's family? Let us know by commenting below!

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## Celebrity News: 'Bachelorette' Alum Ali Fedotowsky Says Dating Roberto Was Her 'Most Successful Relationship'





By [Delaney Gilbride](#)

In [celebrity news](#), ABC's former *Bachelorette* Ali Fedotowsky reflects on her past relationship with Roberto Martinez, claiming it was "the most successful relationship" of her life. According to [UsMagazine.com](#), the 32 year-old *Bachelorette* alum talked about her time on the show's sixth season during her new relationship-TV talk show *Love Buzz*, that aired this past Valentine's Day. Martinez earned Fedotowsky's final rose back in 2010, but the [celebrity relationship](#) did not last very long as the couple called off their engagement in November 2011. Now engaged to Kevin Manno, the father of her baby girl, Molly, Fedotowsky claimed her engagement to Martinez was the most successful relationship of her life because she learned so much about herself. On the premiere of *Love Buzz*, Fedotowsky said that "the real failure is, and the real sad thing, would be to stay with someone you're not meant for."

In [latest celebrity news](#), Ali is reflecting on her past relationship with Roberto Martinez. What are some positive things that can come from dating and then breaking up with someone?

#### **Cupid's Advice:**

It seems that even after a [celebrity couple](#) splits, the two still manage to get back on their feet. No matter how devastating it may be for them (and us), how do they still manage to come out of the break-up strong? Cupid's here to help you find the positives in a failed relationship:

**1. You'll realize there was a reason *why* you broke-up in the first place:** During a break-up, your emotions may have been getting in the way of your logical thinking. While focusing on what could still work in the relationship, you most likely ignored what *wasn't* working. Following your break-up you'll realize why this person wasn't truly meant to be and that there was a reason the relationship didn't work.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

**2. You'll feel free:** No happy relationship ends in a break-up. Once the relationship ends, you'll most likely feel a heavy burden lift off your shoulders. When you realize just how miserable you could be if you were still with that person, a sense of relief is bound to overcome you.

**Related Link:** [Celebrity News: Did 'Bachelor' Alum Amanda Stanton Just Call Out Ex Josh Murray on Twitter?](#)

**3. You'll learn what doesn't kill you *really* does makes you stronger:** Nobody said break-ups were easy; but time truly does heal all wounds. You'll come to realize that the failed relationship was a lesson learned and you'll now know what works for you and what doesn't. A break-up isn't the end for you, it's simply a new beginning.

**Did you just go through a tough break-up? Comment below with some positive outcomes from your past relationship!**

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## **Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her**





By [Mallory McDonald](#)

The newest [celebrity news](#) is the announcement of the next *Bachelorette*, Rachel Lindsay, who is the first black *Bachelorette*. [People.com](#) recently reported that she announced on Monday night that she would become the new *Bachelorette*. Lindsay went on *Good Morning American* on Tuesday and spoke about the decision, saying, "You know, I haven't been on social media so I haven't seen that much, but the cast members that I was on the season with have been great. Family and friends have been wonderful, too. I'm just glad I don't have to keep it a secret anymore! I was excited that they asked me to do it, but I was also equally nervous," she said. "But then when I started to weigh out the pros and the cons, I decided that this was too good of an opportunity to turn away." We cannot wait to see what she has in store for next season!

**There's a new *Bachelorette* in town!**



# What are some ways to know if someone is pursuing you for the right reasons?

## Cupid's Advice:

Listen to this [dating advice](#) to know if someone is into you for the right reasons:

**1. Eye contact:** A person who gives you constant eye contact and can look you in the eye when having those deep conversations is one you want to keep in contact with. It's a great sign that you're on the right track!

**Related Link:** [Celebrity News: 'Bachelor' Nick Viall Causes Drama After Disastrous Group Date](#)

**2. Constant effort:** To know that a person is into you for the right reasons can be difficult, but if they aren't putting in constant effort to make the relationship turn into something more, this could be a big red flag.

**Related Link:** [Find Out Why JoJo Fletcher & Jordan Rodgers' Celebrity Wedding is Still on Hold](#)

**3. Communicating:** Not just communicating when you are together, your partner should be communicating when you aren't together and should be telling you exactly what their intentions are and what they are looking for.

**How do you know the person pursuing you was in it for the right reasons? Comment below!**

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# 'The Bachelor' Celebrity Couple Lauren Bushnell & Ben Higgins' Relationship 'Ain't Perfect'



By [Whitney Johnson](#)

Amid celebrity break-up rumors, *The Bachelor* star Lauren Bushnell posted a picture on Instagram of her hugging fiancé [Ben Higgins](#) with the caption, "We ain't perfect but we tryin." According to [EOnline.com](#), fans first noticed the [celebrity couple](#) spending less time together after their [reality TV](#) show *Ben & Lauren: Happily Ever After?* came to a close in 2016. After Bushnell took a recent birthday trip to Mexico without Higgins, the rumor mill really started churning, but still,

the reality TV duo is standing by one another.

**Despite reports of a break-up, this celebrity couple is standing firm in their love for each other. How should you respond to rumors about your relationship?**

### **Cupid's Advice:**

Given their life in the spotlight, rumors are inevitable for a celebrity couple like Bushnell and Higgins. Even those of us who don't share our relationship on reality TV can still deal with gossip from time to time. So how should you address rumors about your love life? Consider this relationship advice below:

**1. Work together:** If your parents have heard gossip about your relationship or your BFF is worried about you, it's time to deal with the untruths. But before you do so, talk to your partner and make sure you're both on the same page. If you tackle the rumors as a team, it'll be easier to shut them down.

**Related Link:** [Celebrity News: 'The Bachelor' Alum Lauren Bushnell Celebrates Birthday in Mexico Without Ben Higgins](#)

**2. Use social media:** It's nearly impossible to pick up the phone and call all of your friends and family to make sure they know the truth. Instead, take a cue from this celebrity couple and keep it short and sweet on social media. Your loved ones will immediately be reassured about the state of your relationship.

**Related Link:** [Celebrity Couple: Lauren Bushnell Says When](#)

[She'll Marry Ben Higgins is the 'Million Dollar Question'](#)

**3. Don't overthink it:** It's easy to get caught up in the gossip and wonder if your partner is cheating or if you're better off single. At the end of the day, only *you* know the truth about your relationship. Trust your heart, and don't second guess yourself or your response to the rumors.

**Cupid wants to know:** What's your best tip for dealing with rumors about your relationship?

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## **Celebrity News: 'Bachelor' Nick Viall Causes Drama After Disastrous Group Date**





By [Whitney Johnson](#)

On Monday night's episode of [The Bachelor](#), reality TV star Nick Viall and the remaining nine ladies headed to St. Thomas, which frontrunner Raven called "the perfect place to fall in love – and the perfect place to send people home." According to the latest celebrity news on [UsMagazine.com](#), after a successful one-on-one date, the group date took a disastrous turn. None of the six women felt like they were getting enough quality time with Viall, and after a lot of tears, the bachelor deemed the day "pretty much a disaster." That evening, things continued to go poorly as Viall listened to each woman open up about her feelings and sent Jasmine home on the spot. The only one to actually enjoy this disastrous date? Raven, who got the rose at the end of the night.

**This celebrity news has us cringing. What are some ways to**



# keep drama to a minimum in your relationship?

## Cupid's Advice:

This week's episode of *The Bachelor* wasn't easy for Viall: In only three days, he said goodbye to six women! Of course, drama is expected on reality TV, but that doesn't mean you need it in your own love life. If you're looking for ways to keep drama to a minimum in your relationship, it starts with *you*. Consider this [love advice](#):

**1. Keep yourself in check:** Sure, you want to believe that you're always rational and calm, but we all get caught up in drama occasionally. Before you lash out and blame your partner, take a look at your recent behavior and make sure you're not at fault.

**Related Link:** [Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'](#)

**2. Communicate your feelings:** As much as you may want him to, he can't read your mind. It's up to you to tell him what he needs to know. Something to remember: It's important that you understand your own emotions before you open up to your partner and expect them to understand. Write down what you're thinking, and make sure you're prepared for what may be a tough conversation.

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode](#)

**3. Know who you are and what you want:** You've been dating your girlfriend for a few months, but you're already tired of her tendency to run late. Why can't she just be on time?! If that's a deal breaker for you, accept it, and move on. Staying with someone who isn't the right fit for you is a surefire way

to keep the drama alive.

What's your best piece of love advice for minimizing drama in your relationship? Tell us in the comments below!

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## Celebrity News: 'Bachelor' Break-Out Star Corinne Olympios Opens Up About Nanny & Promiscuous Behavior



By [Cortney Moore](#)

It seems like season 21 *The Bachelor* star Corinne Olympios can't stay out of trouble! The 25-year-old business woman and reality TV personality is making celebrity news once more for her appearance on *The Ellen DeGeneres Show*. Olympios went on to explain what she meant when spoke of her nanny. "Raquel actually works with my family. She's been with us for 18 years. She moved with us to Florida from New Jersey. She's kind of like my everything," Olympios elaborates. "Nanny is a word that I use for her because I have a lot of respect for her and she's kind of a mother figure for me, so I don't like saying cleaning lady or housekeeper." Nanny Raquel is only one reason why fellow Bachelor contestants have been skeptical of Olympios, but her sexually aggressive attempts to win over Nick Viall have also made the women in the house guarded. When asked why she's done the stuff she has on the show, Olympios says, "That is the real me. It definitely is a real side of me. But there are many other sides to me." And ex-boyfriend Keith Berman agrees that there's more to Olympios that meets the eye. In an interview with [UsMagazine.com](http://UsMagazine.com), Berman said, "They're trying to portray her as some stupid girl, but she's really not that dumb. She knows exactly what she's doing."

**This celebrity news has drama written all over it. What are some ways to know that someone wants a relationship with you for the right reasons?**

#### **Cupid's Advice:**

Throughout your lifetime, different people will try to woo you into a relationship. Although it's a sweet gesture, not everyone will want to be with you for the right reasons. Let Cupid help you determine which ones want to be with you for

honorable reasons, and who to stay clear of:

**1. Obsessed with your appearance:** Everyone wants to be with someone that finds them attractive, however it can be bad if that's all a person wants you for. Someone who only talks about the way you look doesn't care for you. They just want you as arm candy to boost their ego or make others jealous. Find someone who likes you for you.

**Related Link:** [Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'](#)

**2. Doesn't want to be alone:** Be careful when you're approached by someone who recently ended a relationship. They may be using you as a rebound without even realizing it. You can give them a chance if you want, but look out for any signs that show they legitimately like you. There's no reason why you have to waste time being with someone who can't handle being single.

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode](#)

**3. Only wants that *one* thing:** This seems obvious, but it should still be acknowledged. Someone who only wants to have sex with you is not relationship material. A healthy and functional relationship requires partnership and genuine love. Sure, physical intimacy is important in a relationship, but it shouldn't be the only thing.

**Have you ever thought someone wanted to be with you for the wrong reasons? What did you do about it?**

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# Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'



By [Whitney Johnson](#)

On Monday night's episode of [The Bachelor](#), reality TV star Nick Viall says his two-on-one date with Corinne and Taylor is "pretty much a disaster." For viewers of this season of ABC's hit reality show, this [celebrity news](#), as reported by [UsMagazine.com](#), shouldn't come as a surprise: The two ladies fought at the end of last week's episode as Taylor questioned Corinne's "emotional intelligence." On their two-on-one date, Corinne, this season's villain, tells Viall that Taylor



“emotionally attacked” her, and Taylor later reveals that Corinne lied to him. Talk about drama!

## Not many of us can relate to a two-on-one date scenario like in this celebrity news. What are some factors to consider when you're deciding between two potential partners?

### Cupid's Advice:

On this season of *The Bachelor*, fan favorite Viall has to pick between 30 women – what a challenge! Luckily, for those of us not on reality TV, the choice is often between only two potential partners. But what factors should you consider to determine who is the best fit for you? Check out our dating advice below:

**1. Compatibility:** Physical attraction will only take you so far. Do you enjoy spending time together? Do you share the same values? Do you want the same things out of your relationship? Determine if you're truly compatible before moving forward.

**Related Link:** [Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night](#)

**2. Common interests:** Sure, opposites attract, but for a long-term partnership, it's equally important to have similar hobbies and passions. If you enjoy spending a lot of your free time outdoors, it'd be difficult to main a relationship with someone who'd rather be on the couch!

**Related Link:** [Celebrity News: 'Bachelor' Villain Corinne Temps](#)

## [Nick Viall with Surprises on Latest Episode](#)

**3. Compromise:** A relationship will never last unless you're both willing to compromise. If you're always going to *his* favorite restaurant or seeing whatever movie *she* wants, it may be a sign that you don't belong together. You want to be with someone who will take your needs into consideration and meet you halfway.

**Cupid wants to know:** What's your best dating advice for deciding between two potential partners?

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# Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode





By [Mallory McDonald](#)

In recent [celebrity news](#), *The Bachelor* is back, and this year on Nick Viall's season, the villain of the season is stirring up a lot of drama! According to [UsMagazine.com](#), Corrine Olympios "showed up to the cocktail party in a trenchcoat and nothing else before asking Viall, 36, to lick whipped cream off her body." While that wasn't seen by the other contestants, later on in the episode, a few of the other contestants saw "Viall jumping around in Olympios' inflatable bouncy house one too many times and called him out: Is *he* here for the right reasons?" So while some of his other relationships are progressing on the show, it seems the villain of this season is really making some of the girls question his motives.

**In celebrity news, *The Bachelor* just got more drama-**

# filled, thanks to Corinne! What are some ways to know if you're in lust or love?

## Cupid's Advice:

Finding the difference between lust and love can be very difficult, especially when the two blur so easily. Use this [dating advice](#) to differ between love and lust:

**1. Emotional connection:** A good way to determine if you are in lust and not love is to ask yourself if you enjoy talking with them and spending time outside the bedroom. Learn if there is an emotional connection.

**Related Link:** [Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night](#)

**2. Take away lust:** By taking away any sexual activities with that person you can find out if there is more to it then just attraction.

**Related Link:** [Celebrity News: Jenn Saviano Reacts to Getting Dumped By New 'Bachelor' Nick Viall](#)

**3. Strong conversations:** If you are not having long and thoughtful conversations with the person you think you are in love with, odds are you are just lusting at them.

**How did you differentiate between love and lust? Comment below!**

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# Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night



By [Jessica DeRubbo](#)

In [celebrity news](#), the newest *Bachelor*, Nick Viall, had an eventful first night at the mansion. In fact, one of the women who stepped out of the limo happened to be someone he had hooked up with at *Bachelor Nation*'s prized [celebrity couple](#) Jade and Tanner's [celebrity wedding](#). According to [UsMagazine.com](#), when Liz, 29, a doula, stepped out of the limo, Viall had a bit of a confused look on his face, and when she walked away to head into the mansion, he seemed thoughtful, like he was trying to figure something out. Chris Harrison took the opportunity to ask Viall about his strange



look, and Viall admitted that he was 99 percent sure he'd "met" Liz at *Bachelor in Paradise* alums' Jade and Tanner's wedding. During that meeting, Liz had refused to give Nick her number, and hadn't spoken to him again. Drama!

## **This celebrity news has drama written all over it. What are some ways to handle running into a past fling?**

### **Cupid's Advice:**

It can be extremely awkward to unexpectedly run into a past fling who you haven't spoken to in a while. Maybe things ended after only one night, or maybe it was a little longer than that. Either way, Cupid has some [dating advice](#):

**1. Be direct:** You might be in shock, but the best approach is to simply be direct about things. If this person is no longer an interest of yours, tell them. There's no point in skirting around the issue, as it will just prolong the inevitable.

**Related Link:** [Celebrity News: Nick Viall Confirmed as the Next 'Bachelor'](#)

**2. Keep it lighthearted:** There's no reason to get into a drama filled or heated conversation when your fling with this person was short-lived. Obviously you've both moved on since you had your fun, so making light of things and indulging in just a little small talk before moving on is all that it takes.

**Related Link:** [Kaitlyn Bristowe Sends Clint Packing and Reacts to Nick Viall's Return on 'The Bachelorette'](#)

**3. Laugh about it:** Chances are that the two of you are over any drama that existed between you by now. Sometimes laughter

really is the best medicine, so joke around with your ex-fling a little bit. Things will no doubt flow a lot easier after that.

What are some other ways to handle running into a former fling? Share your thoughts below.

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## Celebrity Break-Up: 'Bachelor in Paradise' Couple Josh Murray & Amanda Stanton Split



By Justin Thomas

There seems to be major trouble in *Paradise* for the *Bachelor* Nation stars-turned famous [celebrity couple](#) Amanda Stanton and Josh Murray as their engagement comes to a not so shocking end. The pair met and fell in love on season 3 of *Bachelor in Paradise*, even getting engaged at the end of the season. Murray moved his life in Georgia to be in California with Stanton and her two daughters, Kinsley and Charlie, who also reportedly stole his heart. According to sources who spoke to [UsMagazine.com](#), “Murray got upset” at Stanton at the 2016 Jingle Ball concert after it came out that she had withheld some truths about her drinking during trip to Lake Tahoe with gal pal *Bachelor in Paradise* alum Ashley Iaconetti. Murray reportedly left Stanton at the concert and shortly after headed home to Atlanta. Sources also say the split was a long time coming, but Murray’s love for the two girls has kept him at bay.

**Chalk up another celebrity break-up for this *Bachelor Nation* couple. What are some pieces of advice for breaking the news about your break-up to family and friends?**

#### **Cupid’s Advice:**

When you’re in a new relationship, it’s exciting to think about introducing your loved ones to your partner, but no one ever thinks about the potential reverse side of that. Rightfully so. But when that time does come to help soften the blow, here are some tips to keep in mind:

**1. Don’t be embarrassed:** Love’s a gamble. Breaking up can be mortifying, especially if you’ve had major plans and expectations. If a break-up hits you abruptly, take it in

stride and know that things happen, especially in relationships. There's no reason to be embarrassed, because it's a normal part of life.

**Related Link:** [Dating Advice: How To Get Over a Breakup](#)

**2. Be strong in your decision:** Make sure this is a serious breakup and not a petty disagreement. If it's serious, give it some time before you make any major denouements. Don't let the sighs and the sad faces break you down. If you've made the decision to breakup, either collaboratively or independently, don't forget that you've already accepted that.

**Related Link:** [5 Bachelor and Bachelorette Couples We can Learn From](#)

**3. Allow your loved ones to have their feelings:** Although they weren't the ones who were in the relationship, it's obvious they'll feel some sort of emotion (be it good or bad) towards the breakup, especially if they were close with your partner. Respect that and allow them some time to register the break-up.

**What are some of the ways you break bad news to your loved ones? Let us know down below !**