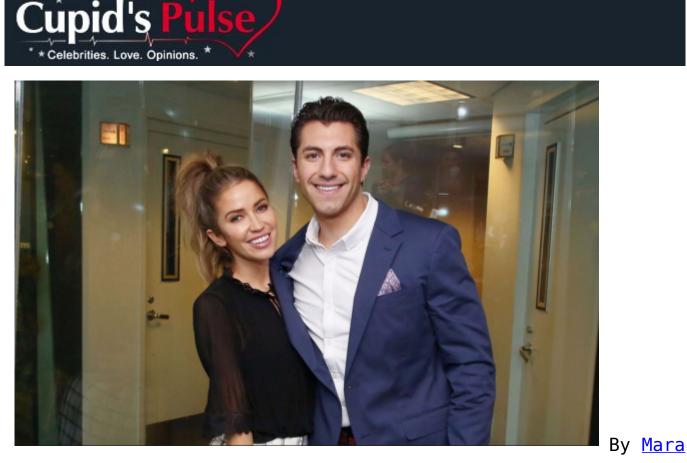
# New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship



#### <u>Miller</u>

In the latest <u>celebrity couple</u> news according to *EOnline.com*, *Bachelor* Nation couple <u>Kaitlyn Bristowe</u> and Jason Tartick have confirmed their relationship. Bristowe joked, "I mean I was gonna use my podcast to break the news, but I guess the *Today* show beat me to it." What a way to have your new relationship announced!

### In celebrity couple news, there's a new *Bachelor* couple lighting up the gossip columns! What are some ways to announce your relationship to family and friends?

#### Cupid's Advice:

Being in a new relationship is a fun and exciting time, although you might not want it announced on *The Today Show*. Here are a few ways you can announce your new status to family and friends:

1. Through a phone call: Texting can be easy, but we so rarely think to make an announcement by calling our family or friends. Make a few phone calls to the people you care about most to let them know you're dating someone!

**Related Link:** <u>Celebrity Couple: Royal Celebrity Couples Face</u> <u>Online Bullying</u>

2. A dinner: If your new partner is ready to meet your family and friends, get everyone together at your favorite restaurant to share your good news.

**Related Link:** <u>Celebrity News: Bachelor Contestant Caelynn</u> <u>Miller-Keyes Talks Sexual Abuse</u>

**3. On social media:** Becoming "Facebook" or "Instagram" Official is one of the most popular ways to announce you are now dating someone. Take a cute photo together, and let everyone know you're taken! But, wait a while to announce it – some studies show that couples who wait at least three months to announce their relationship online have a better chance of staying together.

What are some other ways you can announce your relationship? Share your ideas below.

# Celebrity News: Bachelor Contestant Caelynn Miller-Keyes Talks Sexual Abuse





<u>Miller</u>

In the latest <u>celebrity news</u> according to <u>EOnline.com</u>, The Bachelor contestant Caelynn Miller-Keyes had something important to tell Colton Underwood on their second one-on-one date in Singapore. Miller-Keyes opened up to Underwood, telling him how she had been drugged and raped in college at a fraternity party. Colton, in turn, opened up, speaking of experience dating Aly Raisman, who had been sexually abused, and how difficult it was to watch her come to terms with what happened.

Celebrity news: Bachelor contestant opens up about past sexual abuse. What are some ways that we can prevent past abuse from influencing new relationships?

#### Cupid's Advice:

If you are the victim of sexual abuse, you may be facing demons that effect new relationships. Here are some ways that will hopefully help you and your partner grow beyond your past abuse together:

1. Take Things Slow: You are in control and you do not have to take the next step in your relationship until you are ready, even if that means waiting to be intimate sexually. If your new partner understands, they'll be willing to wait because they respect you and understand what has happened in the past.

**Related Link:** <u>Celebrity News: Selena Gomez Explores Mental</u> <u>Health Journey</u>

2. Have a Strong Support System: Having a strong support system as a couple is important, especially if you have experienced sexual abuse. There are times you might frustrate each other, and having a friend or family member you can reach out to will help through the difficult times.

Related Link: Celebrity News: Chris Brown Detained in Paris on

#### Accusations of Rape

3. Take Time to Build Trust: It can take time to build trust with your new partner. You will never work together if neither one of you can trust each other or if you're worried you may be assaulted again. Being raw and honest with each other will help form a strong bond for you both as a couple.

If you have experienced sexual abused, please reach out to the National Sexual Abuse Hotline, 1-800-656-HOPE (4673).

What are some ways you can stop past abuse from affecting future relationships?

# New 'Bachelor' Celebrity Couple? Jason Tartick and Kaitlyn Bristowe Are Going On a Date





Lauren Burczyk

In <u>latest celebrity news</u>, there may be a new *Bachelor Nation* couple to cheer on. According to *Usmagazine.com*, reality TV stars Jason Tartick and <u>Kaitlyn Bristowe</u> are going on their first date. This <u>celebrity news</u> comes after Tartick, 30, told *Entertainment Tonight* that he recently taped an episode of Bristowe's podcast *Off The Vine* before asking out the former *Bachelorette*. Bristowe, 33, accepted Tartick's invitation and now anxious fans will be able to listen to that exchange on an episode of *Off The Vine*.

There may be a new Bachelor celebrity couple in town soon! What are some ways to get over your nerves to ask someone out?

Cupid's Advice:

It's never easy to muster up the courage to ask someone out,

but Cupid has some tips:

1. Take some time to relax: Before jumping right into asking someone out, take some time for yourself and relax. Do something that you enjoy to calm your nerves such as going for a jog, reading a book, or listening to some music.

**Related Link:** <u>Celebrity Break-Up: Shawn Booth Breaks Silence</u> on 'Painful' Split from Kaitlyn Bristowe

2. Practice: We all know that practice makes perfect, so it's important to practice what you're going to say and how you're going to say it before actually asking for a date. Practicing will give you the confidence boost you need to get over your nerves and ask someone out.

**Related Link:** <u>Celebrity News: 'The Bachelorette' Star Kaitlyn</u> <u>Bristowe Says She & Shawn Booth Are 'Going Backwards' with</u> <u>Wedding Planning</u>

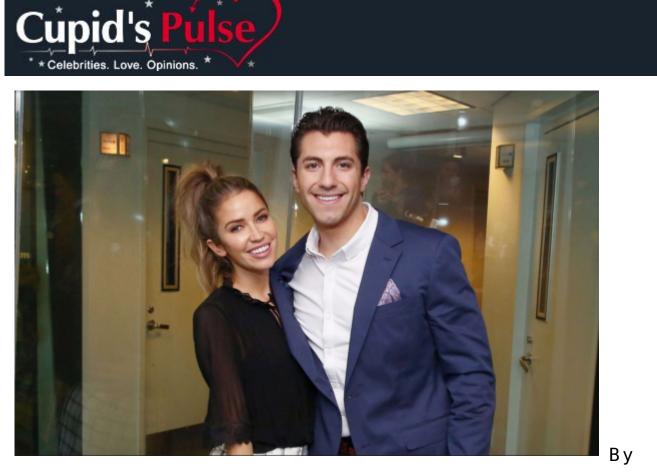
**3. Avoid the fear of being rejected:** The more you think about the negative consequences, the more worried you will become and the less likely you are to ask for a date. So, try not to think about getting rejected and think as if you're going to get the answer that you're hoping for.

What are some ways that you've gotten over your nerves and asked someone out? We would love to hear from you! Please comment below.

## Celebrity

### Break-Up:

# 'Bachelorette' Alum Jordan Kimball is Using Dating App After Split from 'BIP' Love Jenna Cooper



<u>Ivana Jarmon</u>

All you need is love. In celebrity news, Jordan Kimball from *Bachelor* Nation has signed up for a dating app following his split from <u>celebrity ex</u> Jenna Cooper. Kimball posted on his Instagram, saying, "So I've made a dating profile on match and having better discussions so thank you, next. #WeBelieveInLove #ReadyToFall." The former *Bachelorette* contestant got engaged to Cooper during the season 5 finale of *Bachelor in Paradise* earlier this year. Soon after, the <u>celebrity couple</u> split amid cheating reports about Jenna Cooper. Kimball added on his

Instagram story, "I'm headed into 2019 full steam ahead. I've got a heart full of hope to find my true one on Match," *UsMagazine.com* reports.

After this celebrity break-up, it's back to the dating apps Jordan will go! What are some pluses that come with using dating apps?

Cupid's Advice:

Putting yourself in the dating world can be a struggle and very scary. But recently dating apps have made it easier for people to find love. Cupid has some pluses that come with using dating apps:

1. Large dating pool: Online dating gives you the means to connect with several potential mates that you may never encounter in your everyday life. Dating websites often have a compatibility prescreening test to make it easier to find someone with similar interest, values and goals as you.

**Related Link:** <u>Celebrity Wedding: Miley Cyrus Confirms Marriage</u> to Liam Hemsworth

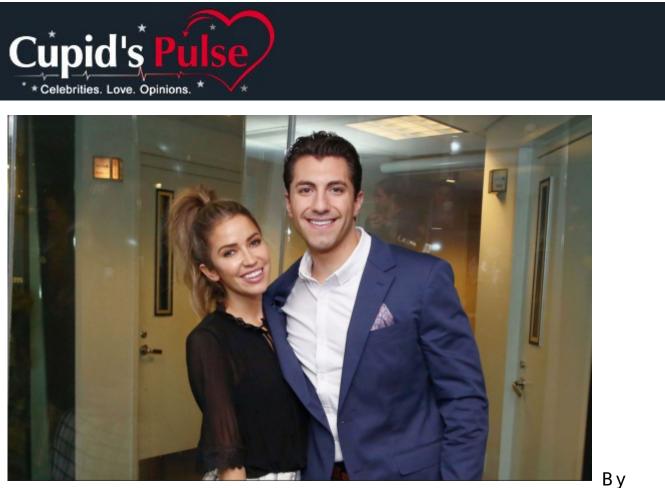
2. Anonymity: Dating websites allow you to be more expressive when you interact with a potential mate. If things don't work out no harm no foul, you don't have to avoid your favorite book store to avoid them as you would in real life. An undesirable suitor can be easily deleted or blocked.

Related Link: <u>Celebrity News: Ben Simmons Leaves Flirty</u> <u>Comment on Kendall Jenner's Instagram Pic</u>

**3. Find your soul mate:** The best part about dating apps is that you really could find the one your meant to be with.

What are some pluses that come with using a dating app? Share your thoughts below.

# Celebrity News: 'Jersey Shore' Star Ronnie Ortiz-Magro Apologies to Jen Harley & Their Daughter



Ivana Jarmon

In <u>celebrity news</u>, Ronnie Ortiz-Magro recently apologized to daughter Ariana Sky and girlfriend Jen Harley during an episode of Jersey Shore: Family Vacation. The episode showed him jumping into a hot tub with Lindsay aka "Jewish Barbie," a friend of Angelina Pivarnick's. Ortiz-Magro wrote in an Instagram story, "Obviously the last episode has made it seem like I was into Jewish rag doll. It edited to make it look worse. I was in a bad place in my life and my relationship and I acted out of anger & immature resentment." He continues to say, "Since then (sic) I've grown & wouldn't want to hurt my girlfriend or my daughter, everyone makes mistakes and you'll see next week that I learned from mine," Usmagazine.com reports. The <u>celebrity couple</u> started dating in July 2017 and welcomed a daughter in April 2018.

In celebrity news, Ronnie Ortiz-Magro is cutting the drama and apologizing to his significant other and their child. What are some ways to make it right with your partner after a fight??

Cupid's Advice:

Fighting with a partner, friend or family member is never pretty. It can be hard to recover from a bad fight in a relationship. Cupid has some ways to make it right with your partner after a fight:

1. Don't be petty: After a fight, your emotion might still be running high, so let the dust settle after a fight. You may feel like throwing in some last-minute shade, passiveaggressive jabs or get back at them. But all that does is prolong the nastiness of your fight. The best thing is to let it go and work out your problems. **Related Link:** <u>New Celebrity Couple: Lauren Bushnell Called</u> <u>Chris Lane Ex-GF to Tell Her They Were Dating</u>

2. Give them space: Give your partner space, but also take some time for yourself. After a fight, you might need some time alone, to recover, heal and reflect.

**Related Link:** <u>Celebrity News: Cardi B Reveals Surprise Ways</u> <u>OFfset Gets Her to Relax & Unwind</u>

3. Communicate productively: You know what they say about communication! Communication is the key to any relationship. To get back to a good place with your partner, it's very important to talk about it with your partner. It's also important to understand where each person is coming from and where you stand. It may be hard to communicate openly and honestly but if you love each other you will try. A few things to keep in mind; give up the need to be right, don't be defensive, deal with one issue at a time, no hitting below the belt and be kind to each other.

What are some ways to make it right with your partner after a fight? Share your thoughts below.

# New Celebrity Couple: Lauren Bushnell Called Chris Lane's Ex-GF to Tell Her They Were Dating





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#### Ivana Jarmon

In <u>celebrity news</u>, Lauren Bushnell recently reached out to boyfriend Chris Lane's ex Lauren "LB" Barr. A source tells *UsMagazine.com*, "Chris was dating LB right before Bushnell. Bushnell called LB a couple of days ago to tell her that they were together." Both women vied for Ben Higgins' affections in 2016 on *The Bachelor*. *UsMagazine.com* confirmed the dating news on November 14. The <u>celebrity couple</u> sparked romance rumors after attending the BMI Country Music Award in Nashville on November13.

This new celebrity couple is all about open and honest communication when it comes to their exes. What

### are some reasons to let your ex know that you're dating someone new??

Cupid's Advice:

Is it okay to tell your ex that you're dating someone new? Cupid has some reasons why you should let your ex know:

1. Respect: Simply having respect for one another's feelings is a good reason to let your ex know that you're dating someone. You don't want to surprise or hurt them.

**Related Link:** <u>Celebrity Baby News: Carrie Underwood Shares Sex</u> of Baby at 2018 CMAs

2. First to know: Letting your ex know first may lessen the blow when the public finds out. There's nothing worse than finding out your ex is dating someone new from a friend or acquaintance weeks after it happens.

**Related Link:** <u>Celebrity Couple: Keith Urban & Nicole Kidman</u> <u>Cry Together After He Wins Entertainer of the Year at the CMAs</u>

3. They can come up with a talking point: Being surprised by the fact that your ex is dating someone new doesn't allow you to come up with a planned reaction or talking point. If you know before the general public does, you can come to terms with it and keep the shock off of your face when it's discussed.

What are some reasons to let your ex know that you're dating someone else? Share your thoughts below.

# Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend





<u>Ivana Jarmon</u>

Tia Booth is off the market! In <u>celebrity news</u>, Booth has found love again after having her heart broken by <u>celebrity ex</u> Colton Underwood. The former *Bachelor in Paradise* contestant shared a photo of herself with Cory Cooper at a football game in Nashville. A source close to Booth tells *EOnline.com*, "Tia has been traveling back and forth to Nashville recently within the past month to visit him, and they are very happy." The source also shares, "Tia really likes Corey, and they are enjoying getting to know each other right now."

Βv

### In celebrity news, Tia Booth is no longer single and on the market, it seems. How do you know when to become an "official" couple with someone you've been dating?

#### Cupid's Advice:

It's never crystal clear when exactly you should have "the talk." Some couples slide into a committed relationship with ease and for others, it's a bit harder. Cupid has some tips on how to tell if you're ready to become an "official" couple with someone you've been dating:

1. Meet each other's friends and family: When you're really into someone, you won't want to hide them. Instead, you will want to show them off. If your plans usually include socializing with their friends and co-workers, it's a great sign that you're headed toward an exclusive relationship.

Related Link: <u>Celebrity Break-Ups: Kaitlyn Bristowe Reveals</u> Shawn Booth Forgot Their Anniversary Last Year

**2. PDA:** If you're holding hands, kissing, or cuddling in public in front of family and friends, these signs of affection will show the world that you're official.

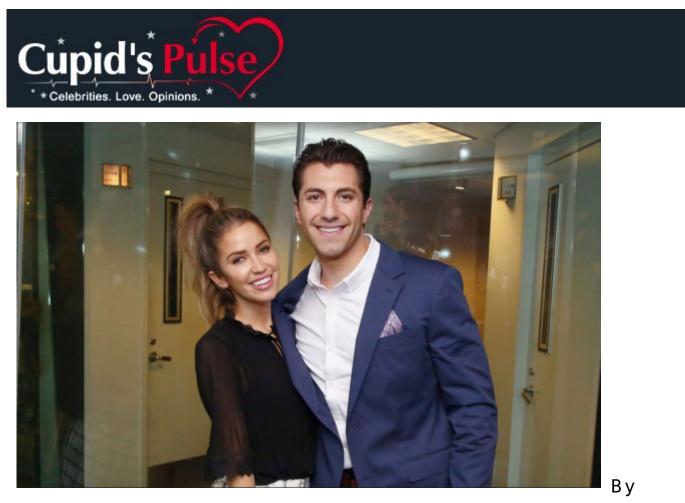
**Related Link:** <u>Celebrity News: Halsey Responds to Rumors She's</u> Dating John Mayer

**3. A key to their home:** If you and your partner exchange keys, that's letting you know that you have the key to your partner's heart. You're definitely in an official relationship and trust each other.

What are some ways to tell if you are ready to become an

official couple with someone you've been dating? Share your thoughts below.

# Celebrity Break-Up: Shawn Booth Breaks Silence on 'Painful' Split from Kaitlyn Bristowe



<u>Ivana Jarmon</u>

Shawn Booth recently opened up about his recent split. In <a href="mailto:celebrity news">celebrity news</a>, Booth shared his first message about his

recent split from <u>celebrity ex</u> Kaitlyn Bistowe. The <u>celebrity</u> <u>exes</u> fell in love in 2015 on season 11 of *The Bachelorette*. After months of not being spotted together and denying split rumors, the couple called off their engagement on November 2nd, *UsMagazine.com* reports. Booth wrote on Instagram, "I just want to thank everyone who has been so supportive of my relationship with Kaitlyn over the years. You've made me feel incredibly special, supported and very loved. So, from the bottom of my heart, thank you. It truly means a lot."

In celebrity break-up news, Shawn Booth is speaking out about his split from Kaitlyn Bristowe. What are some ways to handle announcing your break-up to family and friends??

Cupid's Advice:

Break-ups are never easy, and it's especially hard when you have to tell your family and friends. Cupid has some ways to handle announcing your break up to family and friends:

1. Be open and honest: Tell your closest family and friends the truth. It is over, and it didn't work. You and your expartner are no longer compatible, and you are both trying to move on.

**Related Link:** <u>Celebrity News: Halsey Responds to Rumors She's</u> Dating John Mayer

2. Tell people quickly and publicly: To avoid unnecessary gossip and rumors, share the news in person. While it might feel easier to drop a quick headline on Facebook, you don't

want to be overwhelmed with a million questions and reactions all at once. Once you tell a few friends, the news will spread quickly.

**Related Link:** <u>Celebrity Couple News: The Weeknd Cheers on</u> <u>Girlfriend Bella Hadid at Victoria's Secret Fashion Show</u>

3. Reassure family and friends it's for the best: Sit down with family and friends and be open and honest to hearing their concerns. Then, reassure them as best as you can, both during that conversation and through your actions over the following weeks and months, that it's for the best. Your family and friends all love you and want you to be happy, so they should understand your decision.

What are some ways to handle announcing your break-up to family and friends? Share your thoughts below.

# Celebrity Wedding: 'Jersey Shore' Star Mike 'The Situation' Sorrentino Marries College Sweetheart





#### Ivana Jarmon

The Situation aka Jersey Shore's Mike Sorrentino is married! In <u>celebrity news</u>, Sorrentino tied the knot with his college sweetheart, Lauren Pesce, UsMagazine.com confirms. The <u>celebrity couple</u> were joined by some of their close family and friends at The Legacy Castle in Pompton Plains, New Jersey. The couple gushed in an exclusive statement to Us, "We are so incredibly excited to begin our journey as husband and wife!" Sorrentino proposed to Pesce on Valentine's Day while she was visiting him in Miami during the filming of Jersey Shore: Family Vacation.

This celebrity wedding news is super cute. What are some ways to reconnect with a love from the past?

#### Cupid's Advice:

Cupid has some ways to reconnect with a love from the past:

1. Social media: Thanks to social networking sites like Facebook, Myspace and Twitter, finding a long-lost love is becoming more common. Simply by putting in what high school you went to, Facebook will bring up a list of people you may remember.

**Related Link:** <u>Celebrity News: Kim Kardashian Is Worried Kanye</u> West Is Becoming 'Unhinged'

2. It's a small world: It really is a small world, so networking is another way to find and reconnect with someone from the past. Ask around to your friends and family, and someone is bound to know a way you can get in touch.

**Related Link:** <u>Celebrity Couple News: Ryan Gosling Is</u> <u>'Completely Infatuated' With Wife Eva Mendes</u>

**3. How to reconnect:** Try attending the same events you know they will be at. Or, simply start an open dialogue, and make plans to hang out casually to catch up.

What are some ways to reconnect with a love from the past? Share your thoughts below.

# Celebrity News: 'Bachelor in Paradise' Alum Jordan Kimball Denies Falsifying Jenna Cooper Cheating Texts





#### Courtney Shapiro

In <u>celebrity news</u>, Bachelor In Paradise alum, Jordan Kimball, speaks out regarding cheating texts between himself and ex fiancee, Jenna Cooper. The <u>celebrity couple</u> was engaged on the season finale of the reality TV show, which aired on September 11, yet Kimball confirmed the split the next day due to incriminating texts posted on Reality Steve's blog. UsMagazine.com shared parts of an interview with Kimball on Entertainment Tonight where he shares, "I absolutely, 100 percent did not fabricate those text messages." Kimball is trying to move on from his relationship with Cooper and does not want to prolong the issue any further.

# In celebrity news, *BIP* drama is still happening off-set. What are

# some ways to know if your partner is trustworthy?

#### Cupid's Advice:

How can you tell if your partner is trustworthy? Cupid has some advice:

1. They are open with you: If your partner is comfortable enough to share things about themselves, then you shouldn't have to worry. They are able to open up about anything, and let their guard down with you, so it's clear you are important to them.

**Related Link:** <u>Celebrity News: Gisele Bundchen Opens Up About</u> When She Learned Tom Brady Was Expecting With His Ex

2. Your partner is consistent: When your partner is able to tell you things that he has also told other people, and the details match up, it can help prove that he's telling you the truth. If your partner can't keep up with the things they are telling you, it may be difficult to fully trust them.

**Related Link:** <u>Celebrity Break-Up: 'Bachelor in Paradise' Star</u> Jordan Kimball Confirms Split from Jenna Cooper Amid Cheating <u>Reports</u>

**3. Assess how you feel around that person:** Your body will start to decide if your comfortable around certain people. If you feel anxious or nervous when you're with your partner, then maybe it's a sign that you don't fully trust them. Take the signs your body gives you, and really look inward to see how you feel about your partner.

How are you able to to tell your partner is trustworthy? Tell us below!

# Celebrity Break-Up: 'Bachelor in Paradise' Star Jordan Kimball Confirms Split from Jenna Cooper Amid Cheating Reports





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Ivana Jarmon

In <u>celebrity news</u>, *Bachelor in Paradise* stars Jordan Kimball and Jenna Copper called it quits after reports of cheating. Kimball and Cooper met while filming *BIP* season 5. The <u>celebrity exes</u> recently got engaged during the Tuesday, September 11th finale. Kimball popped the question at the end of shooting earlier this summer, and the pair gushed over their future nuptials exclusively to *UsMagazine.com*. "It'll be a production, I can say that. Then after, it's going to be a big party. I'm not too crazy, but it might get crazy later," Kimball said. On Tuesday, Reality Steve posted text messages of a conversation between Jenna talking to an unknown man about her relationship with Kimball being fake. Kimball posted on his Instagram, saying, "Fumbling emotions and being understanding is not easy. I'll be taking time to pursue my inner peace and she will always have me to talk to, if you've reached out to me, allow me time. Thank you to those that have."

### In Bachelor in Paradise Jordan Kimball and Jenna Cooper call it quits after cheating scandal. What are some ways to approach your partner if you suspect infidelity?

#### Cupid's Advice:

Suspecting your partner of cheating is one of the worst feelings. Cupid has tips on how to approach your partner if you suspect infidelity:

1. Just talk to them: Of course it's easier said than done, but it's likely the fastest way of finding out. Be assertive and honest; tell them about your thoughts and how you feel. Stand your ground even if it hurts.

**Related Link:** <u>Celebrity News: 'Bachelor' Nation Alum Ashley</u> <u>Iiaconetti & Jared Haibon Respond to Kevin Wendt's Cheating</u> <u>Claims</u> 2. Innocent until proven guilty: Stay calm, and remain in the present. You have to be patient so that you can observe. You have to play detective. The only way to do that is via rational observation. It may take some time for the truth to reveal itself, but the truth almost always comes to light.

Related Link: <u>Celebrity News: Two Strong</u> 'Bachelor in Paradise' Couples Abruptly Breakup

**3. Examine yourself:** Your intuition may be right! Or, you could be reading too much into it. So, take a long hard look at yourself, and be honest. Do you get jealous easily? Are you insecure about your partner's feelings or your relationship? Answer yourself truthfully.

What are some tips on how to approach your partner if you suspect infidelity? Share your thoughts below.

# Celebrity News: Two Strong 'Bachelor in Paradise' Couples Abruptly Break Up





Ivana Jarmon

In latest <u>celebrity news</u>, Bachelor in Paradise <u>celebrity</u> <u>couples</u>, Joe and Kendall, and Astrid and Kevin, two of the strongest couples, broke up abruptly during Monday's episode. <u>UsMagazine.com</u> reports that Joe and Kendall were seemingly in a good place, when he brought up engagement. Kendall freaked out and pumped the breaks on their relationship. From there things went downhill for the couple. Joe abruptly told Kendall he was leaving after stating that he was in love with her and that Kendall was looking for excuses not to be with him. Kendall felt love, but didn't know if she was in love with him. Meanwhile, Astrid got blindsided by Kevin when he broke up with her, mentioning in previous episodes that he had bad experience in the fantasy suite, and that he felt like something was missing between them. It's not always love for couples in Bachelor in Paradise.

### 'Bachelor in Paradise' was anything but paradise for the two couples.

# What are some ways to cope with an unexpected break-up?

#### Cupid's Advice:

Unexpected break-ups at times feels like the end of the world. Cupid has some tips on how to cope a sudden break-up:

 Take time for yourself: Sudden break-ups often leave us lost. This is the time to reflect, so take time for yourself. Ask yourself what it is you want. Figure out who you are.

Related Link: <u>Celebrity Couple: 'Bachelorette' Star Clay Harbor</u> <u>Is Dating 'Bachelor in Paradise' Star Angela Amezcua</u>

2. Examine the relationship: Let's face it! You're going to do this no matter what. So, why not really think about your relationship with this person. Go over the good, the bad and the ugly. See yourself from his or her point of view. Obsess, but don't get stuck. In other words, give yourself permission to grieve the loss of your relationship.

**Related Link:** <u>Celebrity News:'Bachelor in Paradise' Couple</u> Adam & Raven May Be Headed Toward Engagment

**3. Free yourself:** In the words of Elsa, "Let it go." It's easier said than done. You have been going over and over what went wrong. Or, you're wondering what you could have done differently. You will never know, and you must make peace with that. Forgive yourself, and forgive that person who broke your heart.

What are some coping tips after a sudden break up? Share your thoughts below.

# New Celebrity Couple: 'Bachelorette' Star Clay Harbor Is Dating 'Bachelor in Paradise' Star Angela Amezcua





Ivana Jarmon

In <u>celebrity news</u>, there's a new <u>celebrity couple</u> in *Bachelor* Nation! According to *UsMagazine.com*, Clay Harbor and Angela Amezcua are dating! Harbor confirmed their relationship via Instagram by posting a photo of the two and including the following caption: "What do the kids call it? Woman crush Wednesday? Well here's mine." The snapshot shows the couple embracing on Wednesday, September 5. He also took to Twitter, included the same photo, and said, "If I had a rose to give she would get it. Every time." Harbor first appeared on Becca Kufrin's *The Bachelorette* season. Amezcua was first introduced to *Bachelor* Nation on Nick Viall's *The Bachelor* season in 2017 and then starred in season 5 of *Bachelor in Paradise*. Best wishes to the happy couple!

### There's a new celebrity couple in Bachelor Nation! What are some ways to use your connections to find someone to date?

#### Cupid's Advice:

The dating world is tough, and it can be hard to find ideal prospects out there. Cupid has some ways you can use your networking skills to help your cause:

1. Happy hour at work: There's nothing like a enjoying a cold one with coworkers! Even though it may not be the best idea to date someone from work, you never know who may be there from outside of the workplace. Work friends often ask friends to come and tag along. So, there is every possibility that you might meet someone at a work happy hour. If you get invited, seize the moment and go!

**Related Link:** <u>Celebrity Couple News: 'Bachelorette' Becca</u> <u>Kufrin Is Engaged to Garrett</u>

2. Social media it up: Check out what's happening on your social media! Try checking out events suggested to you on your Facebook. You can also check out where your friends are going and join them. It's a great way to connect, make new friends and maybe even get yourself a date with a lucky girl or guy.

**Related Link:** <u>Celebrity News: 'Bachelorette' Becca Kufrin</u> <u>Feels 'Sick' When She Finds Out Colton Underwood Dated Friend</u> <u>Tia Booth</u>

3. Public transportation: What better way to make a connection with someone than on a train or bus that you take every day? The subway or Metra provides a great opportunity to strike up a conversation with someone. There are all kinds of people on the train. Next time you see a person reading a book you like or happen to hear the music they're playing, go talk to them. You never know what may happen!

What are some other ways to use connections and networking to your advantage when it comes to dating? Share your thoughts below.

# Celebrity Couple News: 'Bachelorette' Becca Kufrin Is Engaged to Garrett





Jessica DeRubbo

That's a wrap for the most recent season of *The Bachelorette*! And the winner of Becca's heart is ... Garrett! During the season finale, which aired last night, the 29-year old medical sales rep got down on one knee and was rewarded with *The Bachelorette* declaring her love for him. Congrats to the newest *Bachelor*celebrity couple Nation ! Garrett picked out what he viewed as the perfect Neil Lane engagement ring for Becca and placed it on his bride-to-be's finger saying, "It's you! It's us!" Unfortunately, with Garrett's win came Blake's heartbreak. Blake, who was an early front-runner for Becca's heart, left the heat of the Maldives behind in tears. The question is, who will be the next *Bachelor*? Will it be Blake? We have yet to find out!

Becca is one happy girl after she found love on *The Bachelor* and they became a new celebrity couple. What

### are some unique ways to find love?

#### Cupid's Advice:

We don't all have the luxury of competing for love in *Bachelor* Nation. That being said, there are plenty of out-of-the-box ways to approach finding love. Cupid has three of them:

1. The gym: Working out is a way of life for a lot of people. Since you spend so much of your time at the gym, why not look for love there? If you find yourself attracted to someone you see while working out frequently, strike up a conversation. Or, just go for it and ask him/her out on a date! What do you have to lose?

**Related Link:** <u>Rachel Lindsay Says That If Blake Doesn't Win on</u> <u>'The Bachelorette,' Becca & Garrett Are In Trouble</u>

2. At a religious establishment: No matter your religion, it may make sense to look for your next partner at the religious establishment you attend. What's nice about this option is that the people you meet may same similar values as you do.

**Related Link:** <u>Celebrity News: 'Bachelorette' Becca Kufrin</u> <u>Feels 'Sick' When She Finds Out Colton Underwood Dated Friend</u> <u>Tia Booth</u>

**3. Blind dates:** Blind dates get a bad rep, but if you really think about it, they may be a good option. Your friends are those who tend to know your dating tastes best, so why not put some faith in them to find you the perfect partner? You owe it to yourself to at least give it a chance.

What are some other ways to find love? Share your thoughts below.

Rachel Lindsay Says That If Blake Doesn't Win on 'The Bachelorette,' Becca & Garrett Are In Trouble





By <u>Hale</u>

y Lerner

In <u>celebrity news</u>, <u>reality TV star</u> Rachel Lindsay hopes that contestant Blake Horstmann will win Becca Kufrin's heart on <u>The Bachelorette</u>. In Lindsay's weekly blog on UsMagazine.com, she wrote about Kufrin's date with Hortsmann, saying, "After watching this date, I really hope Becca picks Blake because it is going to be really hard for the other guy to get passed how deep and expressive her feelings are for Blake." Lindsay also wrote that she thinks "It is clear that Blake is truly in love with Becca and she is smitten with him. It is clear he does not want to lose her. So it is also clear that he is insecure about the fact that there are two other men in her life. This is a very real moment for me. I appreciated that he was vulnerable enough to express that to her rather than hiding behind a smile." Lindsay also appreciated when Hortsmann said "I look for reasons to stay and not reasons to leave." Regarding Kufrin's date with contestant Garrett Yrigoyen, Lindsay said, "He tells Becca he loves her and I have to say I did not feel it. I heard the man, but I did not feel him. It did not come out as smoothly or as sincerely as Jason and Blake's 'I love you' did. Garrett also just doesn't seem like a smoother operator so there's that." Lindsay also said, "I feel like there is something we are missing from Garrett."

In celebrity news, Rachel Lindsay is hoping Blake wins Becca's Heart on *The Bachelorette*. What are some ways to know you're choosing the right partner?

#### Cupid's Advice:

Having trouble knowing if you're choosing the right partner? Cupid has some ways to help you know if it's right:

1. You only have eyes for them: If you are really in love with someone, then you should only be interested in being with them and no one else. If you think you've got a wandering eye or budding feelings for someone else, then it's probably not right to stay with your partner. They deserve honesty and if you're not feeling it, they might not be the right person for you.

**Related Link:** <u>Celebrity News: Rachel Lindsay Says Colton's</u> <u>Passion Isn't There for Becca on 'The Bachelorette'</u>

2. You see a future with them: Can you clearly envision a future together with your partner? If you can, then that's a good sign. But if you can't and you don't imagine your lives fitting well together, then maybe you should reconsider continuing your relationship.

Related Link: <u>Celebrity News: Rachel Lindsay Bashes Tia in</u> <u>'Bachelorette' Recap Post</u>

**3. They're all you think about:** If you can't help but always day dream about the person you are dating, then it's likely you have deep feelings for them and they are likely the right partner for you.

Have any more ways to know if you are choosing the right partner? Comment below!

# Celebrity News: Rachel Lindsay Bashes Tia in 'Bachelorette' Recap Post





<u>y Lerner</u>

In <u>celebrity news</u>, <u>reality TV star</u> and former <u>Bachelorette</u> Rachel Lindsay criticized Tia Booth's behavior on the latest episode of The Bachelorette. In her weekly recap post for UsMagazine.com, Lindsay discussed how Tia told current Bachelorette Becca Kufrin that she still had feelings for contestant Colton Underwood, whom she had previously dated. Lindsay called Booth a "Judas in the midst" and said, "I do really believe Tia really does like Colton, but there is a time [and] a place for everything and that place for you Tia was weeks ago when Becca confronted you about it the first time." Lindsay added, "The reason this moment bothered me so much was that it took away, once again, from Becca. This is Becca's season and subpar story lines and people are constantly overshadowing it. Tia, there is a place for you and it is called Paradise. You should have just let their relationship play out and if it is meant to be then Colton will see you there. All I know is that after this moment, Colton has to be thinking WTF. And surprise, surprise, Colton went home during the rose ceremony."

In celebrity news, Rachel Lindsay isn't a fan of the way Tia behaved on the recent episode of *The Bachelorette*. What are some things to consider about dating a friend's ex partner?

#### Cupid's Advice:

If you're contemplating dating a friend's ex partner, Cupid's got some things for you to consider:

1. Talk to your friend: Before doing anything, it's important that you talk to your friend about dating their ex. You must consider their feelings first and it's important you get their blessing before moving forward with anything. If they still have feelings for your ex, you should back off.

**Related:** <u>Celebrity News: Rachel Lindsay Says Colton's Passion</u> <u>Isn't There for Becca on 'The Bachelorette'</u>

2. Will it affect your friendship: Even if your friend does give you their blessing, dating your friend's ex can still cause a rift in your relationship. Know that you probably won't get to gush about your emotions while dating to your friend because it might hurt them. Dating their ex can definitely cause awkwardness and hurt feelings, even if your friend said it was okay.

**Related:** <u>Celebrity News: 'Bachelorette' Becca Kufrin Feels</u> 'Sick' When She Finds Out Colton Underwood Dated Friend Tia <u>Booth</u>

**3. Is the ex worth it:** It's important you consider if this person is really worth jeopardizing your friendship. If they

are amazing and you have incredibly strong feelings for them, then it might be. But if you think it'll just be a short fling, the risk likely isn't worth it.

Have any more things to consider before dating a friend's ex? Comment below!

### Celebrity Baby News: 'Jersey Shore' Star Deena Cortese Is Pregnant





<u>y Lerner</u>

In <u>celebrity baby news</u>, Jersey Shore star Deena Cortese is pregnant and expecting a baby boy with her husband, Chris Buckner. In an Instagram post, the <u>reality TV star</u> captioned a photo, "Chris and I Decided to wait until we were ready to spill the beans! Now that we are safely into our second trimester.. us and our little monkey are ready to tell the world Our little family is growing ! We have a sweet little boy on the way! We Are truly blessed and our hearts are filled with so much joy and happiness December can't come soon enough! Daddy and Mommy can't wait to meet you Christopher John you are going to be the most spoiled little boy ever!!!!" The Instagram photo shows the couple standing next to a sign that reads "We're so excited to say a little firecracker is on the way! Baby Buckner. December 2018." According to UsMagazine.com, Cortese said back in March that her and Buckner were trying to have a baby.

In celebrity baby news, another Jersey Shore baby is on the way! What are some ways to introduce your kids to your friend's kids?

Cupid's Advice:

When you have a baby, it's important to introduce your child to the other important people in your life. Cupid has some tips on how to introduce your kids to your friend's kids:

1. Set up a play date: The first step to introducing your children to your friend's children is to actually set up a time and place for the meet up to happen. Pick somewhere you think your kid and theirs will be comfortable. Whether it's your house, a playground, or somewhere else, your kid will be

bound to have lots of fun!

Related Link: <u>Celebrity Wedding: 'Jersey Shore' Star Deena</u> <u>Cortese Is Engaged</u>

2. Explain boundaries: Before the hangout, you should explain to your friend what your own kid's boundaries are and any important things they should know. This way, your tots can easily get along without any avoidable problems.

**Related Link:** <u>Reality TV Stars Deena Cortese and Chris Buckner</u> <u>Talk 'Couples Therapy' on VH1</u>

3. Plan activities: You don't want your children getting bored, so make sure you and your friend have plenty of fun activities planned for your children before introducing them to each other. This way, they can easily have something to do together.

Have any more tips on how to introduce your kids to your friend's kids? Comment below!

Celebrity News: Rachel Lindsay Says Colton's Passion Isn't There for Becca on 'The Bachelorette'





#### <u>y Lerner</u>

In <u>celebrity news</u>, former <u>Bachelorette</u> Rachel Lindsay said she doesn't think contestant Colton Underwood has any passion for current *Bachelorette* Becca Kufrin. In a bloq for UsMagazine.com, the reality TV star wrote that Kufrin and Underwood's one-on-one date was dry and a hot tub scene was only introduced to switch it up. Lindsay was not in favor of the date, saying, "Every time Colton opened his mouth he talked about Tia. How awkward it must be for Becca to sit in the hot tub and talk about another woman also known as her "best friend." Way to kill the mood, Colton. Becca literally had to shut him up by kissing. Lindsay also disapproved of Underwood telling Kufrin he was falling in love with her after telling her earlier in the night that he did not take telling someone he loves them lightly, as he had only said it once before. Lindsay added, "So, I love you's are sacred to you yet you conveniently drop the phrase in a couple of weeks? Well that was a quick change of events. I feel like Colton is saying the routine and 'right' things with no passion behind them. His eyes are saying one thing and his mouth is saying another. I want Becca to hop on whatever is faster, that big bus or the camel, and get as far away from Colton as possible.

We don't believe you, Colton."

In celebrity news, former *Bachelorette* Rachel Lindsay is pretty sure Colton isn't passionate about Becca on this season. What are some ways to know if your partner is passionate about you?

#### Cupid's Advice:

It's definitely important that your partner is passionate about you in a relationship. Cupid has some tips on how to tell if they are:

1. Your partner compliments you: One good indicator that your partner has some serious passion for you is if they frequently compliment you. This shows that not only do they notice special things about you, but they want to remind you how much they care about you and how fondly they think of you.

**Related Link:** Celebrity News: <u>'Bachelorette' Becca Kufrin</u> <u>Feels 'Sick' When She Finds Out Colton Underwood Dated Friend</u> <u>Tia Booth</u>

2. They're open about their emotions: If your relationship is going to last the long run, it's important you and your partner can actually talk about your feeling for each other. If your partner is open and tells you how much they care for you, it's clear that they are definitely full of passion for you.

Related Link: Celebrity News: 'Bachelorette' Contestant

Lincoln Adim Convicted of Assaulting Woman on Cruise

**3. The physical chemistry is there:** Obviously one of the most telling signs of whether a partner is passionate for you is if they are clearly physically attracted to you. Your partner being interested in getting intimate with you shows there are definitely flames of desire present.

Have any more ways to tell if your partner is passionate about you? Comment below!

## Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again





Rhodesia Williams

In <u>celebrity news</u>, *The Bachelorette's* Luke Pell and Holly Allen are calling it quits. According to *Usmagazine.com*, this <u>celebrity break up</u> isn't much of a shock. The <u>celebrity couple</u> seem to break up to make up often. Although Pell has dated other people on and off the screen, the couple always seem to find their way back to each other.

This isn't the first time a celebrity break-up has occurred between these two. What are some things to consider before having an on-again off-again relationship?

#### Cupid's Advice:

Sometimes space is needed in a relationship, but too much space can hurt your relationship. Cupid has some advice on some things to consider before having an on-again-off-again relationship:

1. Time: Having a permanent on and off relationship is never healthy. You can't spend most of your time broken up because it poses the question of why you are even together in the first place. When deciding to break up, make sure you pay attention to how much time you are spending apart. Remember, when you are apart, you are teaching each other how to live without each other. Be careful; you might end up falling in love with the single life instead of your partner.

**Related Link:** <u>Dating Advice: 4 Signs Your Partner Is the Right</u> <u>One for You</u>

2. Respect: If you and your partner anticipate getting back together, make sure you both respect your relationship. A break is not meant for one or both of you to be out partying and hooking up with other people. Remember, a break is because things aren't working and if you are considering getting back together, then you need to spend the time working on yourself. Sometimes space is needed, but don't do anything you will regret.

**Related Link:** Dating Advice: How to Stop Self-Sabotaging in Love

**Compromise:** Being in an on and off relationship is hard enough, but remember to work through the issues. Relationships are two sided so as you're working through things, keep in mind that sometimes you have to negotiate. While you shouldn't have to put up with disrespect or cheating, simple things like communication and quality time problems can easily be solved.

What are some things you consider when entering an on and off again relationship? Share below.

### Celebrity Wedding: 'Bachelor' Nation's Ashely Iaconetti & Jared Haibon Are Engaged





Rhodesia Williams

In <u>celebrity news</u>, it looks like there will be a *Bachelor* <u>celebrity wedding</u>. According to *UsMagazine.com*, this past weekend Jared Haibon proposed to fellow *Bachelor* Nation star Ashely Iaconetti. The <u>celebrity couple</u> met in 2015 on *Bachelor in Paradise* and eventually became close friends. Iaconneti, 30, very openly admitted to having a major crush on Haibon, 29, however, he didn't exactly feel the same way. Haibon admitted that he did not feel their relationship was

over after the show. "It was a slow build for me" he said.

This celebrity wedding proposal has been a very long time coming, and Bachelor Nation is ecstatic! What are some ways to get a long-time friend to recognize his feelings for you?

#### Cupid's Advice:

It can be frustrating when you have feelings for a close friend. How do you tell them? What happens if they don't feel the same way? More importantly, how do you end up staying friends? Talk about anxiety! Cupid has some advice on ways to get a long-time friend to recognize their feelings for you:

1. It's the little things: In this case, it's the little things that can take you a long way. Pointing out these things the two of you do for each other may make your friend think. Maybe, you are stuck doing a double shift and your friend brings food without you asking. While that is being a good friend, it is also thoughtful and shows that your friend went out of their way to make sure you were okay. Reminding each other of the little things could help the lightbulb go off.

**Related Link:** <u>Relationship Advice: How to Build a Lasting Love</u>

2. What if?: The easiest thing you can do is the "what if" game. There are so many questions to ask but the obvious one would be, "What if we dated?" Remember, this question could go either way so be prepared. This casual, fun way to bring up a relationship will get you an indication on how your friend feels.

**Related Link:** Dating Advice: 5 Signs He's Falling for You!

**3. Say it!:** Flat out asking your friend is a sure way of getting an answer. Sometimes beating around the bush not only can make you even more anxious but can be frustrating if your friend isn't catching on. As scared as you are, telling your friend how you feel will relieve all the built up feelings you have. No matter what, you will always have your friend so just relax and speak your mind.

Do you have ideas on how to get a long-time friend to realize their feelings for you? Share below.

### Celebrity News: 'Bachelor in Paradise' Couple Adam & Raven May Be Headed Toward Engagement





Rhodesia Williams

In <u>celebrity news</u>, it looks like Adam Gottschalk and Raven Gates may take their <u>celebrity dating</u> right into engagement. According to UsMagazine.com, the <u>celebrity couple</u> met on Season 4 of Bachelor in Paradise and have been going strong ever since. Although the couple are now in a long distance <u>celebrity relationship</u>, Gates believes "communication is key." She also said, "I told Adam we can't go more than two weeks without seeing each other because I just think that's too long of a time." Besides the communication, Gottschalk's family had their doubts, but after getting to know Gates, it seems like the family has given their blessing.

In this celebrity news, there may be another engagement soon! What are some ways to know you're ready for marriage?

Cupid's Advice:

After dating your partner for a while, you start to hear those wedding bells. How do you know when you are ready for the big "I do?" Cupid has some advice:

1. Communication: Communication is very important. However, Cupid isn't referring to the selective hearing we all fall victim to. Good communication is one of the biggest foundations of a relationship. Expressing yourself and having healthy conversations or arguments is important. Like the relationship as a whole, communication is a two-way street, and if you feel like your communication is one way, then work on it. Better to work out the kinks now than later.

**Related Link:** Dating Advice: 4 Signs Your Partner Is the Right One for You

2. Happiness: If you aren't happy, don't get married. Too many times you see people getting married for every reason under the sun except for truly being happy together. Why spend the rest of your life unhappy? Marry someone who continuously makes you laugh and smile, someone who's company you enjoy; whether you are hiding out at home with junk food and Netflix or having a little too much fun at Dave & Busters. Your happiness, as well as your partner's, matters.

#### **Related Link:** <u>Dating Advice Video: Signs of an Unhealthy</u> <u>Relationship</u>

3. Commitment: Well, without this you have nothing. Are you guys ready to commit yourselves to each other for the rest of your lives? Cheating and other inappropriate activities are not right and something nobody has to put up with. If there are issues within this aspect of the relationship, you aren't ready.That's not to say things can't get better, but this is definitely something to work on. There is no rush when it comes to marriage.

What are some ways you know that you are ready for marriage? Share below.

### Celebrity News: 'Bachelorette' Contestant Lincoln Adim Convicted of Assaulting Woman on Cruise





By <u>Hale</u>

#### <u>y Lerner</u>

In <u>celebrity news</u>, Becca Kufrin's <u>Bachelorette</u> contestant Lincoln Adim was convicted of assaulting a woman on a cruise ship. According to UsMagazine.com, Adim was found guilty on May 21 of indecent assault and battery for groping and assaulting an adult female on a harbor cruise ship on May 30, 2016. Adim was charged just days before the <u>Bachelorette</u> seasons premiere. The Nigerian native was sentenced to one year in a house of correction, with that term suspended for a two-year probationary period. A judge ordered the 26-year-old to stay away from the victim and to attend three Alcoholics Anonymous meetings per weeks during his two years of probation. If Adim does not comply with the judges orders or re-offends, he will be put in jail. Also, Adim will now have to register as a sex offender. Kufrin has not yet addressed the situation and Adim has not yet been eliminated in recent episodes of *The Bachelorette*.

In celebrity news, 'Bachelorette' contestant Lincoln Adim got violent with a woman. What are some steps to take if you feel you've been assaulted?

Cupid's Advice:

Getting assaulted is never the victim's fault. Here are some steps to take if you feel you have been assaulted:

1. Get help and talk to someone: If you are immediate danger or seriously injured, call 911. But, if you need help processing your options, reach out to a friend or family member to help accompany you and help comfort you emotionally. You can also call the National Sexual Assault Hotline at 800-656-HOPE and have an advocate walk you through the steps you can take. Then, you can take the steps to go to the police if it what you want to do.

**Related Link:** <u>Celebrity News: 'Bachelorette' Becca Kufrin</u> <u>Feels 'Sick' When She Finds Out Colton Underwood Dated Friend</u> <u>Tia Booth</u> 2. Save potential evidence: Even if you aren't sure if you want to report your assault, it's important that you do not get rid of clothing or items from the scene of the assault that might have DNA evidence of your assailant. Also, if you have any physical injuries like bruising or bleeding, you should take photos of them to show to the police.

**Related Link:** <u>Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr.</u> <u>Proposes to Lauren Burnham After Breaking Off Engagement to</u> <u>Becca</u>

3. Go to the hospital: Medical professionals at the emergency room are trained in handling assault and can help heal any injuries you may have. At the hospital you can also log any records of your injuries to be used in a potential case against your assailant.

Do you know any more steps to take if you feel you've been assaulted? Comment below.

### Celebrity News: 'Bachelorette' Becca Kufrin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth





#### <u>y Lerner</u>

In <u>celebrity news</u>, <u>Bachelorette</u> Becca Kufrin said she felt "sick" after finding out contestant Colton Underwood dated her friend and former <u>Bachelor</u> contestant Tia Booth. On the second week of Kufrin's season of *The Bachelorette*, there was already plenty of drama, including when the former NFL player told Kufrin on a group date that he had a short-lived relationship with Booth. According to *People.*com, on the show, Underwood told Kufrin about his time with her friend in January, "We had a weekend together and we had a good time, but for me the timing wasn't right to grow what was a spark into a flame. If my feelings were strong enough, I wouldn't have came on [the show]. I think that from what I know of you, we could build something awesome. We could have the time. Whereas it wasn't there, moving forward, with her." Kufrin was shocked by the news, telling the former San Diego Chargers player "I'm not going to lie - I don't know how I feel about it. "It makes me feel a little bit sick. I'm very attracted to you, I really like where our conversation was on night one and I feel like we had a lot in common, but it's a very tricky situation. It puts me in a very strange position. It's just a lot to take in right now." By the end of the episode, Kufrin did end up giving Underwood a rose, but the issue clearly won't be put to rest. Next week, it was revealed Booth will appear on the show alongside Kufrin's other *Bachelor* girl friends.

In this celebrity news, *The Bachelorette* is already dramafilled after only the second episode. What are some things to consider before dating a friend's ex?

Cupid's Advice:

Dating a friend's ex is a tricky situation. Cupid has some tips to help you decide whether or not you should do it:

1. Is your friend over it?: Before dating your friend's ex, it's important to access how your friend feels about the old relationship. If your pal is still devastated by the break-up and harbors feelings for their former partner, dating their ex would likely really hurt their feelings. Along with this, it's important a lot of time has passed between when you start dating this person and when your friend dated them.

**Related Link:** <u>Celebrity News: 'The Bachelor' Arie Luyendyk Jr.</u> <u>Proposes In a Dramatic Finale Episode</u>

2. It's worth it: If you're considering dating a friend's ex, you should make sure you truly see a future with him or her. If you're willing to risk a friendship for this person, it's important your feelings for them are genuine and very strong. Don't go for it if you don't think the relationship will last long.

Related Link: Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr.

<u>Proposes to Lauren Burnham After Breaking Off Engagement to</u> <u>Becca</u>

3. You have your friend's blessing: After contemplating whether or not to date your friend's ex, the best thing you can do to give yourself peace of mind is just to talk to your friend. See how they feel about you having a romance with their ex. If they are okay with it, then that's great! If they aren't, you should consider their feelings about the situation strongly.

Have any more things to consider before dating a friend's ex? Comment them below!

### Celebrity News: 'Teen Mom OG' Stars Catelynn Lowell & Tyler Baltierra Are Not Splitting





Rhodesia Williams

In <u>celebrity news</u>, Catelynn Lowell wants the world to know that she and Tyler Baltierra are stronger than ever. According to *UsMagazine.com*, on Tuesday, May 15th, *Teen Mom OG* star, Catelynn Baltierra changed her last name on Instagram back to her maiden name, Lowell. This celebrity couple has been put to the test. Catelynn struggles with mental health issues and being in and out of treatment has put strains on their <u>celebrity relationship</u>. She felt guilty leaving Baltierra to look after their clothing business as well as their daughter, Nova, while going to get help for her issues. Despite the recent drama, Catelynn says, "Tyler and I are not getting a divorce. Couples go through ups and downs. That's normal life. We are a solid couple that will work through anything life throws at us."

# Despite <u>celebrity news</u> to the contrary, Catelynn and Tyler are

### not divorcing. What are some ways to strengthen your relationship during the hard times?

#### Cupid's Advice:

Every relationship experiences its rough patches, but it's what you do during those times that determines the fate of that relationship. Cupid has some tips:

1. Spend more time together: It is important to spend time with each other in general, but when things start to get rocky, sometimes you need that positive reinforcement. Communication is key, but it's not always enough on its own. In an instance like this, sometimes we need our partner physically there. Their presence eases our minds and shows that they are there and willing to work through things.

**Related Links:** <u>Expert Dating Advice: Why You and Your Partner</u> <u>are Constantly Arguing</u>

2. Compromise: Maybe you two are arguing about who didn't do dishes. Sometimes you have to throw the whole argument away. Talk about what's bothering you, and if it can be negotiated, then work on some type of agreement. There's no need to start a war over a minor battle.

Related Links: <u>5 Ways to Stop Fighting over Minor Things</u>

3. Space: In some instances, you may need space from each other. Depending on the issue at hand, your partner may be having a hard time communicating, and you may need to give him or her some space to gather their thoughts. Make sure you both understand this isn't a break up, just some time to gather thoughts before having a discussion.

What are some other ways that you use to strengthen your

relationship? Share below.