

Celebrity Interview: Past 'Bachelorette' Winner Jesse Csincsak Shares His Opinions on Thailand Dates



Last night on *The Bachelorette*, [Ashley Hebert](#) put her best foot forward to move past the heartbreak of losing Bentley Williams and traveled to Thailand with the guys. Her relationships and love with Constantine Tzortzis, [J.P. Rosenbaum](#), and Ben Flajnik seemed to be on the fast-track. And while the men questioned Ryan Park's genuineness, Hebert and the boys said goodbye to West. Here's what resident *Bachelorette* expert Jesse Csincsak's had to say in our [celebrity interview](#):

Celebrity Interview with *The Bachelorette's* Jesse Csincsak

It's apparent the guys are aware of Bentley's departure and

its effect on Ashley. From your experience, is it really that obvious to the other contestants when the bachelor or bachelorette has a special spark with someone in the house?

It's super obvious, and that's what makes certain dudes mad. You have to go in there and tell yourself that you're the only one, or it will drive you insane.

The gang moved from Los Angeles to Thailand in the hopes of giving Hebert a fresh start. Did you find changing locations to be helpful in terms keeping relationships fresh?

Traveling with the show is fun, but it's very draining at the same time. You feel like you're doing a lot for this one girl, so if you don't get a lot of time with her, it makes it hard to want to continue on the journey.

Related Link: ['Bachelorette' Star Emily Maynard Enjoys Her Celebrity Pregnancy While Taking a Boat Ride with Family](#)

Tzortzis impressed us with his easygoing nature, but it seemed like Hebert is concerned that there are only "friendly vibes" between them. Do you see a future love connection for this duo?

I think that Constantine is a cool guy, but I'm not sure they'll last. The guys that will end up friends will come out hard in the weeks to come. Only time will tell! The guys that don't answer Ashley's questions will get sent home.

This week, Brown shined and captured our bachelorette's attention, and she said he's "different" from the others. Is it a good thing that Hebert has separated him from the rest of the pack?

I think Ames will go very far (like final four), and I think he's an awesome guy, but in the end, he will get his heart broken. They're too different. She's a small-town girl, and he's a rich kid who is well-educated and has traveled the

world many times.

Related Link: [Former 'Bachelorette' Reality TV Star Desiree Hartsock Jokes About Being A 'Mama in Training'](#)

What was your reaction when Julian confronted Park? Is the criticism of Park by the other men fair?

I liked that Blake called out Ryan. It shows that he's real and not afraid to say what's on his mind. I like guys like that. I think that when the guys call someone out on something, that's usually the truth. There isn't a lot of man drama that's not for real. Ryan's drama will get him sent home eventually.

We saw Chris Harrison "bend the rules" during this week's rose ceremony. What do you think about these occasional changes to the process along the way?

Everything done on the show is all about ratings. Ratings equal money, so anything they can do to make it different or interesting (like Bentley or adding a rose) will definitely be done.

With Williams gone, Hebert has had to give another look and consideration to the remaining bachelors. If you had to guess, who has the number one spot in Ashley's heart right now?

I think J.P. and Ames are going to go far!

It looks like Williams may be back on the scene soon. Do you think Hebert will finally see his true colors?

This actually goes all the way back to casting. When the show is cast, they pick people that will clash in a group situation. It has nothing to do with Ashley – it's all about good TV (come on, it's fun to watch!). The producers know this, and that's why they cast these characters. With that being said, Bentley is fun to watch, and I promise we haven't seen the last of this villain just yet.

Hungry for more insider scoop from Jesse? Tune into this week's installment of [The Bachelorette Beatdown](#), hosted by Jesse himself. Each week, Jesse is joined by ex-show alums, including Natalie Getz, Jesse Kovacs, Wes Hayden and David Good. Special guest appearances (like Trista Sutter and Kiptyn Locke) are always a part of the show. You don't want to miss it!

'The Bachelorette' Season 7, Episode 4 Recap: A Fresh Start in Thailand



By Jennifer

Harrington

Ashley Hebert was devastated last week, after Bentley's departure and William's cutting remarks during the "roast" group date. After having a few days off to mend her broken heart, our bachelorette was back in action and ready for a

“fresh start” – in Phuket, Thailand! Here’s how the guys fared this week on ABC’s *The Bachelorette*:

As usual, there were two one-on-one dates and a group date.

The first one-on-one went to Constantine, and the duo’s plan to enjoy a romantic boat ride was cast aside because of rain.

Undeterred by the sudden change of plans, the Atlanta native was easygoing as they spent the day chatting and exploring the city together. At dinner, Ashley said she has “definite chemistry” with the restaurant owner and was blown away by his “realness.” After declaring that she “loved today,” this contestant received a rose.

The next day, our bubbly leading lady and 10 of the guys fixed up an orphanage that was home to children affected by recent tsunamis in the area. The men got into the project, especially Ben F., who stood out from the pack by painting a mural for the kids (despite his admission that he is not artistic!). After a full day of giving back it was off to a celebration party, where the winemaker continued to impress Ashley with a “really, really good kiss” – and it was no surprise when he was rewarded with the group date rose!

However, the heat *really* intensified when she chatted under an umbrella in the rain with J.P. Talking turned into smooching and Ashley said, “Kissing J.P. is magical...J.P. is one sexy man!”

The final date went to Ames, who the bachelorette noticed has a hard time letting loose during group settings. On their kayaking excursion through sea caves, Ashley was delighted to learn that this New York-suitor is spontaneous and witty. After noting that he’s traveled to 70 countries and has lots of “depth,” Ashley said he’s “different” from the other guys in the house. Although this date went sans-kiss, Ames returned to the villa with a rose.

At the cocktail party, the bachelorette asked “serious

questions” – if West thought she could fill the “big shoes” left by his deceased wife, why Lucas fell out of love with his ex-wife, and even about Ryan’s growing rift with the other contestants in the house. After Ashley was confident with their answers, she spoke with Chris Harrison about her lingering Bentley thoughts and asked if she could add an extra rose – meaning only one guy would go home instead of two. Her wish was granted, and everyone received a rose but West. Though he was one of our early favorites, it didn’t seem like he much spark with the bachelorette, and Ashley wasn’t sure if he was truly ready to move on.

Be sure to return later today to read Bachelorette expert Jesse Csincsak’s take on the action in Thailand! We’ll be back Friday to preview next week’s episode, where it appears Bentley’s back to stir up trouble. Until then, let us know: What do you think about Blake’s decision to confront Ryan during the cocktail party? Do you think Ryan is genuine or another potential heartbreaker?

Bachelor Pad 2: Breakups, Makeups and Crazy People





By Kari Arneson

Hang on to your roses! The new season of *Bachelor Pad* is starting up this summer and we have all the juicy details and predictions for a season that's sure to be full of feuds, flirtations and lots of fun. Here's what you need to know before *Bachelor Pad 2* premieres on August 8:

Jake and Vienna together again! Jake Pavelka and Vienna Girardi, who got engaged at the end of *The Bachelor* season 14, broke up shortly afterwards – and it wasn't pretty. These two had a very public falling out, including a hard-to-watch interview on *The Bachelorette* season 6 that included plenty of crying, yelling and finger-pointing. Expect a lot more bickering and bawling as both bitter exes are confirmed to appear on *Bachelor Pad 2*. Add Kasey Kahl, Vienna's new boyfriend and the famous "tattoo guy" from Ali Fedotowsky's *Bachelorette* season, to make things even more awkward (if possible).

Couple alert? Holly Durst and Michael Stagliano are also confirmed to be on the show, although it remains to be seen whether or not they will appear as a couple. Durst, from Matt Grant's season of *The Bachelor*, and Stagliano, from Jillian Harris' season of *The Bachelorette*, were once engaged and planning a double wedding with DeAnna Pappas and Stephen Stagliano. However, the couple broke up, then got back together, then broke up, then...who knows. The twosome's

uncertain relationship status is yet another reason to tune in.

Dun dun dun... Some famous villains/crazy people from past seasons are back to cause more trouble. Justin “Rated R” Rego and Michelle Money can be counted on among the eccentrics. Justin tried to woo Ali Fedotowsky while promoting his professional wrestling career while Michelle earned the ire of the ladies on Brad’s season just by being her odd self. Jackie Gordon, one of Michelle’s biggest critics, will also compete on *Bachelor Pad 2*, so watch out for some more catfights!

Other contestants include Graham Bunn, Kirk DeWindt and Tanner Pope on the men’s side and Gia Allemand, Ashleigh Hunt, Ella Nolan, Erica Rose, Melissa Schreiber and Alli Travis on the women’s side. However, EW.com reports there will be not one, not two, but **three** mystery men from Ashley Hebert’s season of *The Bachelorette*, so don’t be surprised if super villain Bentley or Jeff “The Mask” show up to stir the pot.

Tune in to *Bachelor Pad 2* when it premieres on August 8 on ABC. And stay right here for all the latest on *The Bachelorette* and *Bachelor Pad 2*!

‘The Bachelorette’ Season 7, Episode 4 Preview: Let Your Chest Do the Talking!



By Jennifer

Harrington

Between William's unexpected "roast" and Bentley's early departure on Monday's episode, it's been a rocky road for Ashley Hebert. If you're ready for some fun in the sun and more of the bubbly dental student we've grown to know, you're in luck! As you'll see in the "Shirtless Sneak Peek" below, the gang is in Phuket, Thailand and Ashley is treated to hot tub time with Nick – and we're in store for some serious eye candy! Up until this point, we haven't gotten to know Nick very well, but the preview promises that this trainer's physique is Adonis-like, and the other bachelors encourage him to "let your chest do the talking"! Will Nick's washboard abs help distract Ashley from her recent heartache? We all know our bachelorette is looking for a man of substance – is there more to Nick than his chiseled physique?

Watch the latest installment of Ashley's love story on **Monday, June 13 at 8PM Eastern/7PM Central**. While you're watching, let us know if you have questions for our resident *Bachelorette* expert, Jesse Csincsak – we're so pleased to have him on board giving his insider perspective about season 7 of ABC's *The Bachelorette*. We'll be back on Tuesday, sharing both an episode recap and scoop from Jesse!

'Bachelor Pad 2' Cast Is Full of Feuding Exes



In order to create reality show drama of epic proportions, the cast of the *Bachelor Pad 2* includes exes who are anything, but on good terms, such as Jake Pavelka and Vienna Girardi. So much for a relaxing summer! Pavelka will be spending it watching his ex get chummy with her current boyfriend, Kasey Kahl. According to Associated Content, reality villains Justin Rego and Michelle Money have also joined this very turbulent cast.

How can you handle seeing your ex with someone new?

Cupid's Advice:

Seeing your ex with someone new is never easy, but it's a reality you'll probably have to face in life. Your best course of action is to accept it and move on:

1. Look the other way: Believe it or not, there are more important things going on around you than who your ex is dating. Find something else to focus your energy on.

2. Try online dating: If your ex has moved on, chances are that you should, too. If you can't find any suitable dating choices in your current social circles, look online.

3. Be happy for them: Even though it didn't work out between you and your ex, it's no reason to hate him or her. Be the bigger person and be happy for him or her instead.

On a scale of 1 to 10, how painful is it to see your ex with someone else? Share your thoughts below.

Kim Kardashian Sends Public Statement to Crush Cheating Rumors





At **CupidsPulse.com**,

we love when celebrities set the record straight about their love lives. We've been seeing this more and more, and the Kardashians are no exception. Khloe made a public apology about her nip slip on *Fox and Friends*, and now Kim took charge and crushed *In Touch Weekly's* false cheating rumors. Good thing Kris Humphries has nothing to worry about – his fiancée is a fighter! Or is this simply fodder and PR for the season premiere of *Keeping Up With The Kardashians* on Sunday, June 12? Regardless, we'll be watching.

Here's the statement that was sent to us yesterday:

"I knew when I got engaged that rumors and false stories were going to start, but this is RIDICULOUS!!!! In Touch Magazine are claiming that I had a five-month secret relationship with this guy... a guy I've never met, spoken to, texted, called or even heard of!

"This guy should be ashamed of himself. Calling up a magazine and making up an entirely fake story in a sad attempt to ruin my relationship!?!?! It's just shameful and this guy should feel ashamed and humiliated. Is this your pathetic attempt for attention? I'll be damned if anyone, especially some loser I've never even met, is going to try to come between Kris and I. My friend Lauren London has never even met this guy, so to say she was the one who set us up is totally untrue. I find it so sad that a magazine will take the word

of a stranger and try to pass their story off as true. And what's even more odd is that this guy would carry on a "relationship," yet never speak on the phone or see me in person! Makes no sense!

"The text messages the magazine claims I sent this guy are pathetic. 'Why don't you put in effort to try and make me your girlfriend doll?' I would never talk like that to a guy. They just threw in the word "doll" a few times and tried to make it sound like me. I talk like that to my girlfriends, not to my man. It makes me sick to my stomach that anyone can call up a magazine, tell an entirely fake story, provide fake proof, and the magazine will go ahead and run it... just to sell copies!!! What a crazy world.

"I've said it before, and I'll say it again... don't believe everything you read. The tabloids and weekly magazines will do ANYTHING to sell copies, and in this case they decided to run a false story, knowing they had absolutely no proof that it was real. It's disgusting, and I will be taking legal action against *In Touch* magazine and Bret Lockett."

**Khloe Kardashian: Please
Excuse My Nip Slip...**





Looks like one of the Kardashian sisters are again at the center of attention. Khloe Kardashian had a wardrobe malfunction on *Fox and Friends* while promoting the upcoming season of *Keeping Up with the Kardashians*. Going bra-less and wearing a sheer top, the reality TV star showed a bit more skin than she intended to during the interview. Oops!

The View co-host Sherri Shepherd spoke with HollywoodLife.com hours after Khloe's nip slip and said, "When Khloe came on *The View* their nipples were so hard I was like girl you want to cover them? And she was like, 'no'. I think Lamar Odom tells his wife 'I want to see you ... I want to see a little headlights.' Six minutes and nobody told her?"

If that's true, we definitely wonder what her hubby had to say about her on-screen embarrassment. Although she doesn't regret the incident, she *did* apologize to those who were offended in a statement she released on her site yesterday, highlighting the fact that she admires the freeness of European women when it comes to their bodies.

Take a look at what Khloe had to say:

"As I'm sure you've all heard (or seen), I had a bit of a nip slip this morning on Fox & Friends! Whoops!!! My stylist Monica Rose DID tell me to wear a bra with that sheer top but being the naughty girl that I am I disobeyed and went bra-less. I have a nipple obsession and personally love when

women show their nipples – perhaps I was a member of a nudist colony in my last life.

“On a more serious note though, to those who I offended, I am very sorry. It truly was an accident, but I would be lying if I said I thought this was a big deal. I love how free European women are when it comes to nudity – they embrace their bodies and are proud of what God gave them. I love that mindset and way of life, which is why I am not embarrassed about what happened this morning. We ALL have nipples!

“Monica of course had a little something to say about this... head over to monicarose.blogspot.com to hear her thoughts. I’ve also included more pics from outside of Fox & Friends – click through the gallery to see ☺ xoxoxo

“P.S. I am wearing a Givenchy Top, a Herve Leger skirt, Christian Louboutin shoes, a Givenchy bag and Loren Jewels.”

Is a nip slip a relationship deal-breaker? Let us know what you think in a comment below!

Cupid Exclusive: Behind the Scenes Opinions from Jesse Csincsak





If you watched season 7 of ABC's *The Bachelorette* last night and it left you feeling angry at Bentley, confused about William and sad about the show's intentions, we may have just the fix you need.

Each week, **CupidsPulse.com** will bring you an inside look behind the cameras as we gather opinions about the show from season 4 *Bachelorette* winner, professional snowboarder and our very own candid-commentator, Jesse Csincsak. Jesse will be with us exclusively each week to answer questions about the show. If you have a question for Jesse, you can send it straight to Cupid. Here are his thoughts from last night's dramatic episode:

1. Why don't the producers show Ashley footage of what Bentley said?

If the producers showed Ashley what was going on, that wouldn't make for good TV! Television shows are all about money. The cast is expendable. It's sad, but that's the truth.

2. Jesse, do you think Chris Harrison should have told Ashley the whole truth about Bentley during his pep talk?

Chris Harrison was playing the role of host. He was mentally escorting Ashley to her new relationship. Chris gets paid to be the host so he needs to do what he is being paid to do.

3. You said it was enough already with the mask when you spoke on the Bachelorette Beatdown. Do you think that Jeff revealing his face hurt his chances? Maybe the expectation was too high and it became a letdown?

Wearing the mask is playing a character. For instance, Wes Hayden played the musician and he backed it up by throwing his bachelorette a concert. Jeff wore the mask and kinda talked it up, but when the big reveal came, he seemed to be shooting duds. So yes, I think the mask got him sent home in the long run.

4. Why would the producers let Bentley go through with the game he played?

Wouldn't you say, the producers played Ashley just as much as Bentley?

The producers totally played her and it's sad that TV has come to this. This girl just wants to fall in love. If you couldn't see that after last night's episode, then you never will. I feel bad for her that she was put in that situation.

5. Why do you think Bentley used his daughter as an excuse to go home?

Given he was so honest with the cameras, were you at all surprised he didn't reveal his true colors to Ashley?

Guys like Bentley are HUGE SISSYS in real life. This guy obviously has never had a good ol' fashioned ass woopin' or he wouldn't be treating women like this!

6. Bentley's attitude has been horrible. Last night, he said, "This is fun and games to me," and his honesty made us question the competitive spirit of the show. How many bachelors/bachelorette contestants do you think stay just to "win" and how many stay to "win love"?

For this question I will have to go to my panel on the

Bachelorette Beatdown from last week. I think we all agreed that out of every season there are two people on each show that are there for the right reasons.

7. Did Ashley find out about Bentley prior to the show airing or does she see the episode basically at the same time as all of us?

I get to see the show one to two days early so I am sure Ashley does as well.

8. Given what happened in this episode (the drama of the group date, and Bentley's decision to leave), do you think Ashley will be able to recover and find a husband this season?

I would venture to say all this drama will lead into a way bigger and better relationship. That's part of the fun of watching!

You can catch Jesse tonight on RTVZone.com at 6 PM PST as he hosts the first ever *Bachelor/ette* video recap with Ashley Spivey, Marissa May, Natalie Getz, David Good, Wes Hayden, Jesse Kovacs and Eliza Orlins from *Survivor*. They will be discussing King Tool (Bentley) and Jeff, aka, The Mask. Tune in – you don't want to miss it!

'The Bachelorette' Season 7, Episode 3: Bentley Goes In For the Kill



By Jennifer

Harrington

It's week 3 of ABC's *The Bachelorette* and leading up to the episode, we were promised that self-proclaimed front-runner Bentley would become the biggest villain in *Bachelorette* history and bring heartbreak to Ashley. In case you missed out on the action, here's what left our dentist in distress questioning if she'd ever find her Prince Charming:

The first date of the week was a one-on-one with Ben C., where the duo learned a hip-hop dance and performed with a flash mob in a park later that day! Ashley seemed happy to "flash" with this Louisiana lawyer and loved his dancing skills. Though he thought it was the "most ridiculous first date," he was an amazingly good sport about it. Their afternoon ended with a special performance by Far East Movement and the pair shared their first kiss. At dinner, Ben revealed his true romantic colors, stating that he's "always fantasized about a dream love," and Ashley couldn't help but give him a rose!

Next, was the group date. In the moments leading up to it, was the moment we've all been (im)patiently waiting to see...the unmasking of the long-lost brother of Zorro! Unfortunately

for Ashley (and us), Jeff's reveal fell flat. He didn't have that unforgettable face that made you melt (like we all had desperately hoped for). With Jeff's face finally revealed to an unimpressed Ashley and his fellow contestants, the worst idea in *Bachelorette* history for a group date began: a bachelor "roast" a la Comedy Central of the woman whose heart they were trying to win.

Most men (wisely) played it safe, choosing to roast the other guys in the house. But William, the funniest contestant who had a magical time with Ashley last week in Vegas, gave her the most brutal roast of all. William said he signed up for the show when he thought the bachelorette would be Emily or Chantal, and even made inappropriate remarks about Ashley's body. Imagine her surprise! His comments pierced the insecure bachelorette who was always concerned that the guys were disappointed she was chosen for season 7. Later, at a subdued after-party, William apologized to Ashley and then decided to leave – the damage was already done. A vulnerable Ashley turned to Bentley for comfort and their alone time turned into a discussion about the warnings she's heard. Though Bentley had the opportunity to tell Ashley the truth, he denied the rumors and proclaimed he was on the "same page" as her.

After her cozy time with this season's bad boy, the group date rose went to Ryan. An outraged Bentley declared not getting the rose justified his decision to "check out" of the journey with Ashley. While he packed his bags he said, "Ashley is digging what I'm putting out, so I'm going in for the kill now." Blaming his decision to go home on his young daughter (though we all know he hoped the *Bachelorette* was Emily instead of "ugly duckling" Ashley), Bentley said his goodbyes. Spending her final moments with Bentley crying, it's obvious how quickly and deeply her feelings had developed.

Though William's roast and Bentley's departure were

understandably difficult, Ashley still had to navigate her one-on-one date with JP. They shared a quiet night at home and JP did his best to reassure Ashley that she was amazing. JP was given a rose, and the couple shared a romantic kiss by the fire, which Ashley declared was better than her kisses with Bentley!

An emotionally drained Ashley decided to forego the cocktail party. Since Ben C., JP, and Ryan were all safe, the remaining roses went to: Constantine, Mickey, Ben F., Blake, Nick, Ames, Lucas, and (shockingly!) William. Chris D. and Jeff were sent home. The closing minutes of the episode included Jeff burning his mask, and a preview of next week's show in Thailand, where it looks like the guys have turned against Ryan.

Before we give you next week's preview clip, let us know what you think: Do you think Ashley can recover losing Bentley? Is Bentley the biggest villain *The Bachelorette* has ever seen?

'Bachelorette' Preview: 'Heartbreak is Worse than Any Illness'





By Jennifer

Harrington

The drama surrounding self-proclaimed “front-runner” and behind-the-scenes conniver Bentley has been building for more than two weeks on the *The Bachelorette*. As you’ll see in the preview for Monday’s episode, this season’s bad boy may even leave the show, bragging to the camera, “I don’t care about Ashley. I had the opportunity and I played everyone.” We’re about to witness an emotional breakdown, folks! Especially given Ashley’s confession that she “completely fell in love with Bentley.” Even host Chris Harrison commented about this incident on his blog, saying, “You will see the wheels completely come off this ride for Ashley – so much so we came very close to having to shut down production on our show.”

Tune in on **Monday, June 6 at 8PM/7PM Central** to watch one of the most talked about *Bachelorette* episodes yet. PS: We’ve also heard through the grapevine that the masked man will finally be unveiled next week! While we countdown until Monday’s episode, let us know which guy you think will be there to mend Ashley’s broken heart. We’re guessing William or Ryan P.! If you miss the show, don’t worry – we will be back on Tuesday for our episode recap!

Exclusive Video: Flavor Flav Says 'Keep it 100' to Make Your Relationship Work



By Royal Young

For the past 30 years, Flavor Flav has been a pioneer in hip hop, politics and romance-based reality television. As one of the first and greatest hype men, Flav was an integral part of Public Enemy, who went on to be named best hip hop group and best hip hop album of all time by Rolling Stone. His hit show *Flavor of Love* brought VH1 7.5 million viewers per episode making him the most popular reality star in the genre's history – and also a surprising source of romantic advice and love drama.

So what had women fighting over him on *Flavor of Love*? Was it

his hilarious, edgy jokes and sexed-up persona or the more mature, inspirational and fatherly side he revealed once the flashbulbs faded? We sat down with the man himself, Flavor Flav to find out:

In his new memoir, *Flavor Flav: The Icon* (Farrah Gray Publishing), the rapper talks about his early days growing up in Freeport, Long Island, where he describes himself as a “class clown.” He makes some controversial confessions as well, alleging he was in touch with his sexuality from a very early age, having his first sexual experience at 6-years-old, and opening up about his long time drug addiction.

Cupid’s Pulse caught up with Flav at Hue-Man Bookstore in Harlem for a signing and exclusive interview where we discovered something even more shocking: a well spoken, inspirational and humble man who plays 15 different instruments and loves nothing more than spending time with his seven children, who are between the ages of 26 and 3.

Flav encouraged audience members to change their lives, saying, “We all have the same abilities. It’s about reaching out and grabbing your dream.” Surprisingly, his dating advice was conservative: “It won’t work out unless you give your all. You have to commit to your partner 100 percent.”

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

‘The Bachelorette’ Season 7,

Episode 2: Ashley Gambles Her Heart in Vegas



By Jennifer

Harrington

It's been a week since we've met Ashley's bachelors and rumors continue to swirl about Bentley's intentions. Here's a rundown of last night's episode in Sin City. Let's see how the guys made out:

One of our early favorites, William, was given the first one-on-one date. If you tuned in half-way through the show, you would have thought you were watching a wedding reception.

From the selection of rings and Ashley's white dress to nearly-delivered vows, it was nothing short of a love fest as these two voiced their strong feelings for each other.

William's declaration that "this is the kind of date where you know you will marry the person" had me wondering if they were going to hail a cab and head to the closest wedding chapel. After a fabulous dinner against the backdrop of the Bellagio fountains, William was (not surprisingly) given a

rose.

Following William's self-declared "best date ever," Ashley invited 12 contestants to the Monte Carlo hotel for a group date that would test the men's "ability to move." They were split into two teams of six, where the winning team would perform in the "Jabbawockeez" show later that night, while the losing team would catch the next flight back to Los Angeles. We were happy to say that the winning dancers included two more of our early favorites, Blake and West.

To add some drama to the night...Ashley awarded Bentley the group rose! Yes, the guy who she was initially warned against before the season began is rumored to be using the show to promote himself. Last night, this season's bad-boy told the camera that the "game is over before we hit the start button," confidently stating that he has Ashley wrapped around his finger. Oh, Ashley – if you could only see what we see. Oh, wait! The show is taped so you *CAN* see what we see. We just hope you saw it all before it came down to the last man standing! And when you look back at the preview of this episode, everything we saw proved true.

The last date of the week was a first for the *Bachelor* franchise: a coin toss to determine who would get the one-on-one date. The men in competition were construction manager JP and chef Mickey. Flipping a coin became a theme throughout the night, as dozens of tosses took place to determine how the evening would go. Though Mickey wouldn't be our top choice given Ashley's independent nature, this self-proclaimed momma's boy got a rose thanks to the lucky coin toss.

The stakes were high at the end of the Vegas trip as Ashley handed out the remaining roses at the ceremony while boldly stating, "I think my husband is standing in the room." The rose ceremony, minus the drama surrounding masked-man Jeff (who at one point considered revealing his face) was fairly routine, as Ashley handed out roses to West, Constantine, Ryan

P. (winner of this season's first impression rose), Ben C., Nick, Ames, Lucas, Jeff, JP, Chris, Ben F. and Blake (the dentist who doesn't seem to have much of a connection with Ashley and thinks their personalities may be too similar for a romantic spark).

So this concludes an "amazing week of dates," in the words of Brad Womack's snubbed lady! We'll be back on Friday to preview the next episode of *The Bachelorette*. Until then, what do you think of Ashley's decision to give a rose to Jeff? We want to know...do you think the mask is corny or clever?

'Bachelor' Alum Emily Maynard Is Spotted Without Engagement Ring



The rocky relationship between *The Bachelor's* Brad Womack and Emily Maynard may have finally reached an impasse. [People](#) reports

that last weekend, Maynard, 25, was spotted without the engagement ring Womack, 38, presented to her in the show's finale. The two released a statement in March, saying: "It has been a bumpy couple of months for us, and our priority right now is to focus on our relationship."

How do you know what engagement ring to choose for your partner?

Cupid's Advice:

If you want her to say "yes," start out by getting her the right ring! Cupid has some tips on how to know what engagement ring is right for your partner:

- 1. Ask for help:** Poll her friends and family (swearing them to secrecy, of course) about what kind of ring she'd want. They can at least steer you in the right direction.
- 2. Think about her taste:** What kind of jewelry does she like to wear? Pay attention to whether she likes gold or silver and over-the-top or understated pieces.
- 3. Go with your gut:** Buy the ring that feels right, the one you can see yourself proposing with and see her wearing for the rest of her life.

What's your idea of the perfect engagement ring? Share your comments below.

'Bachelorette' Season 7 Sneak

Peek: There's a Villian in Vegas



By Jennifer

Harrington

On Monday we were treated to the season premiere of *The Bachelorette*, which introduced us to Ashley Hebert's guys. While she's got a great group of men, there will certainly be drama this season – and even a villain. The rumors about Bentley being on the show for the wrong reasons are confirmed in this short clip, where he says Ashley is not his type and doesn't meet the checklist of criteria of what he's looking for in a wife. However, during his one-on-one time with Ashley, Bentley pretends to display some insecurity (a trait that destroyed Ashley's relationship with Brad), as Bentley thanks her for giving him the final rose in the first ceremony. Even at this very early point in their relationship, our bubbly bachelorette appears desperate to keep Bentley around and alleviate his supposed self-doubt by saying, "If you feel something for me, please stay because I feel something for you." It's clear that despite all of the warnings Ashley's heard about this businessman before even

meeting him, she's completely smitten!

Make sure to tune in to **ABC** on **Monday, May 30 at 8PM/7PM Central** to see Ashley's dates with the remaining 18 bachelors in Vegas – including her date with Bentley! In the meantime, let us know which bachelor you think may find romance with Ashley in Sin City. Don't forget to visit us next week for our Tuesday morning recap!

'The Bachelorette' Season 7 Premiere: Ashley Meets Her 25 Guys



By

Jennifer

Harrington

As we all know, Ashley Hebert was one of the final three women in the running for Brad Womack's heart last season on ABC's *The Bachelor*. While the spark between them eventually fizzled as Ashley repeatedly experienced doubt about their relationship, this dainty dentist is back for round two of the love game as season 7's Bachelorette!

We've followed all of the buzz leading up to this season, as people have wondered what type of bachelorette Ashley would be, and even made a few early predictions about her first picks. Without further adieu, here's last night's season premiere recap:

Ashley, who looked lovely in a gold evening gown, was treated to a parade of 25 bachelors who delivered on the Ooh La La ABC promised! This group of handsome men included all types – notably, a construction manager, a winemaker, a butcher and a widower. While Ashley expressed some self-doubt throughout the evening (she worried about “being a disappointment to the guys”), the men were excited and eager to make a first impression upon our Bachelorette. The cutest introduction of the night went to Constantine, who tied a string of pink dental floss around Ashley's finger as a reminder for the duo to chat later.

It was certainly a cocktail party to remember – but maybe not for all of the bachelors! Liquor distributor Tim was so inebriated he was unable to speak. He even fell asleep on the couch outside, and neither Ashley's voice or shakes could stop his snoring. Way to make a first impression, Tim!

Jeff (our masked bachelor) told Ashley that his mask wasn't just a “cheesy gimmick” – he wanted to take his face “out of the game” so she could learn about what was inside of him. Let's see how long this charade lasts – do you think he'll take it off (his *mask*, of course!) before Ashley sends him home?

Rumored heartbreaker Bentley promised he'll always tell Ashley the truth. This businessman is divorced and has a daughter named Cozy – but is he on the show for the right reasons? Someone from a former *Bachelor* season (rumor has it that it's Ms. Money, herself!) told Ashley that he was only there to promote his business, but she's attracted to him and seems genuine, so she doesn't know what to think. Looks like Bentley will be this season's heartbreaker.

However, the highly-desired first impression rose went to Ryan P., the solar energy executive. Ashley told *People* that she gave him the first impression rose because, "Coming into this experience, I had a list of a few things I was looking for in a husband, and the first night, I saw ALL of those things in Ryan. He deserved the first impression rose more than anyone." Congrats!

Here's who ended up with roses at the end of the evening: Jeff (in the mask!), Constantine, Ben F., Lucas, Stephen, Matt, Nick, Chris D., Ryan M., Blake, Mickey, Ben C., West, William, JP, Ames and Bentley. We were happy to see that our early favorites (West, William and Blake) all received roses! Anthony, Jon, Frank, Rob, Mike and Chris M. were all sent home – and some of them looked awfully upset about it. We wish them the best of luck in their quest to find love.

Now that we know the guys a bit better, it's even easier to get excited for Monday nights. This season's preview included amazing boat rides dates, a boxing match, a trip to the hospital for one unfortunate contestant and Ashley sobbing in bed – any early predictions on which guy made her cry? Regardless, this season will be full of amazing scenes from Thailand, Taiwan, Hong Kong and Fiji, along with what else – drama!

Before I sign off, I wanted to announce the lucky winner of the *Bachelor* reunion swag bag: Mandy Robinson! Congratulations on your win, which includes products from

Lubriderm, Powerbar, Gilchrist and Soams, Beauty Society, "Skinny on Willpower" by Jim Randel, Popchips, Panda Licorice, Alterna Haircare, Cheek'd, Buddah Balm, Eight O'Clock Coffee, Eat Whatever Breath Mints and Pajama City!

We can't wait for next week's episode and we hope you guys are just as excited as we are! We want to know: who are your early favorites? Do you agree with Ashley's decision to give Bentley a rose, although she has been warned he's not on the show for the right seasons? Let us know in a comment below and don't forget to tune into ABC's *The Bachelorette* on **Monday, May 30 at 8PM/7PM Central**. Check us out on Tuesday for our recap. See you then!

'Bachelor' Brad Womack Drunk Dials Emily Maynard After Breakup



There appears to be

some debate as to what the deal is between Brad Womack and fiancée Emily Maynard. Three sources confirmed in the most recent UsMagazine.com that the couple broke up two weeks ago and that the star of *The Bachelor* has been drunk dialing Maynard. "Brad and Emily are over, and Brad keeps drunk-dialing her," one insider said. "Brad is such a loser." A friend close to the couple, on the other hand, says that the couple is still together and engaged. "They are on and off, but there is a lot of love there. This is just a rough patch," the friend said. A third source said that the 25-year old single mother couldn't handle the long distance relationship and ended things after heading to Texas to smooth things over.

What are some ways to handle an obsessed ex-partner?

Cupid's Advice:

For some people, it's really hard to let go of past relationships, especially if they feel responsible for the breakup. Here are some pointers to dealing with your ex:

- 1. Keep it to yourself:** You're going to have to do your best to avoid your ex's calls and attempts to talk to you. Even if you plan on staying friends, it might be a good idea to defriend him or her on Facebook ... at least for now.
- 2. 'To the Left':** One way to make things easier for both you and your former lover is to give your personal property back to one another. That way you won't have to be reminded of each other.
- 3. Restrain yourself:** In the most extreme cases, you might need to get outside help to keep your former lover away from you. You don't always have to get a legal restraining order, but perhaps just a close friend calmly talking to your ex may do the trick.

Have any stories of exes who wouldn't leave you alone? Leave a comment below.

'The Bachelorette' Season 7 Premiere Preview: Only Three Days Left!



By Jennifer

Harrington

We're only a few days away from the season premiere of *The Bachelorette* with Ashley Hebert and according to ABC, there are three words to describe the 25 bachelors competing for Ashley's heart: *Ooh La La!* Check out this teaser clip below.

In addition to a montage of the guys who will be in the hunt

for roses, you can hear Ashley proclaim, “I can say my husband is here!” We can’t wait to see if Ashley’s predictions are correct and she ends up with her Mr. Right. Recently, Ashley told [People](#) that she’s happy with way things turned out for her.

So while the handsome men in the teaser certainly deliver on the *Ohhh La La*, we know Ashley wants more than just good looks: she is looking for a guy who makes her feel comfortable and somebody with a positive outlook who will be be supportive and loyal. Mark your calendars and set your DVRs for **Monday, May 23 at 8 PM/7PM Central** to see if Ashley finds what she’s looking for. We can’t wait to see what happens to early favorites Blake, West and William!

‘Bachelorette’ Stars Ali Fedotowsky and Roberto Martinez Celebrate One Year Engaged





The fire is still burning for *The Bachelorette*'s Ali Fedotowsky and fiancé Roberto Martinez. The couple spent their one year engagement anniversary last week reliving some of their special moments from the reality show that brought them together. They traveled to the island of Bora Bora, where Martinez proposed to Fedotowsky on the finale of *The Bachelorette*. Fedotowsky was thrilled with how they spent their one year engagement.

"We made it to the one year mark!" she told [People](#). "The engagement took place last year on May 8th, and when Roberto proposed it was so beautiful. It was great to go back and reflect on the year because it was very special."

How do you make your first anniversary extra special?

Cupid's Advice

The first anniversary is one of the most important to get right. Cupid has some advice on how to make yours extra special:

1. Re-live your honeymoon or proposal: Why not take a cue from Ali and Roberto and revisit your honeymoon destination or even the place that he popped the question? It's romantic and brings back lovely memories.

2. Plan a special vacation: The perfect way to make your first anniversary special is to take a trip to a new place the two of you have been dying to go to and share in some new

experiences.

3. Have a romantic night: If you don't feel like traveling for your one-year anniversary, indulge in a romantic dinner, come home and go through your home videos and photos from the year you've shared together and reminisce.

How did you make your first anniversary extra special? Share your experiences below.

Exclusive Giveaway: Jesse Csincsak Chats About 'The Bachelorette's Ashley Hebert, 'Bachelor' Reunions and Life as a New Dad



This post is

sponsored by Lubriderm, Powerbar, Gilchrist and Soams, Beauty Society, "Skinny on Willpower" by Jim Randel, Popchips, Panda Licorice, Alterna Haircare, Cheek'd, Buddah Balm, Eight O'Clock Coffee, Eat Whatever Breath Mints and Pajama City!

By Jennifer Harrington

As we anxiously wait for the new season of ABC's *The Bachelorette* to begin, several of the former contestants are spending the hiatus having fun mingling and mating up. One of the most talked about events was in Breckenridge, Colorado last month at the semi-annual *Bachelor* and *Bachelorette* reunion. Hosting the shenanigans as always was former contestant, Jesse Csincsak, who received the final rose in Season 4 from DeAnna Pappas. Although Jesse and DeAnna's relationship didn't result in a lifelong romance, Jesse *did* find love through *The Bachelor* and married Season 13 contestant, Ann Lueders.

**A cold sore ruins
romance.**

**One dab, eruption
prevented!**



We had the chance to speak with Jesse and he shared his thoughts on life as a new husband and dad, *The Bachelor* reunion parties and of course, this season's *Bachelorette*, Ashley Hebert! Check out what he had to say:

First of all, congratulations on being a new dad! How has your life changed since being on *The Bachelorette*?

After coming off *The Bachelorette*, life took a huge turn. I wanted to fall in love. I knew it was possible after I came off the show, so I started hosting reunions with *Bachelor* alums. I wanted to bring people together, and in turn, I met my wife. I met her at a reunion. Next thing I knew we were getting married and having a little bambino. My son Noah is

the light of my life and I couldn't ask for more. The show brought me to everything I wanted in life – it's amazing!

You coordinate such great reunion weekends for the former contestants. The buzz during last month's party centered around Vienna Girardi and Kasey Kahl. What can you tell us about them as a couple?

They have been dating for a little while. I think the reason their relationship works is they are both happy-go-lucky, carefree people who want to have fun. I think they'd both also be a great fit for the *Bachelor Pad*, I'd love to see them on that show.

We're getting excited for next week's premiere of *The Bachelorette*. Recently, show creator Mike Fleiss was quoted saying Ashley will be a "different kind of bachelorette" because of her career ambitions. What do you think?

Ashley is very young-hearted. She's still in school. She will need a guy who is comfortable enough in his own skin to know she is her own person and she'll be going to class with lots of young, hot guys, but she will come home to him. If they can find a guy who is confident in his own skin and knows she has a lot going on, she will have herself one heck of a relationship. She is one of the youngest bachelorettes they've ever had, and I think that will make for an interesting season.

Do you think the new contestants will be scared off by Ashley's independence?

The announcement that Ashley would be the bachelorette came very early, so the guys know who she is. It's not tough these days to Google someone to figure out about their past. What is tough is that a lot of people come on the show with ulterior motives. You have to be careful of the knuckleheads to find the diamonds in the rough.

What tips would you give the men this season?

You don't realize the demographic the show reaches – it's syndicated in Europe, and even when you go overseas, people recognize you from the show. I didn't realize that it would affect everyone in my family with my surname. Don't go on the show because you want people to know who you are; go on the show for the right reasons. Be yourself. Don't let anyone convince you to do something you wouldn't otherwise do. That way, when you're off the show and your life has moved on, people say "you're just like you were on the show." I was lucky – I was me no matter what, and it worked out for the best.

The time period between when the show wraps and when it airs for the public, seems to be the most trying time for the *Bachelor/Bachelorette* couple. Given your experience, what advice can you give Ashley and her new guy to keep their relationship alive during these months?

Go into hiding and get to know each other. Do as many get-togethers as the production company will let you and really take the time to get to know the other person. Do things out of the ordinary that will test your patience with one another. In my relationship experience, that's how you really start to understand how someone is going to be down the road. Another thing to observe is how the other person talks to their parents. If they are respectful when they speak to their parents, that's likely how they will talk to you.

Are you planning for the next *Bachelor* reunion yet? When and where will it take place?

There will be a reunion this summer. I can't tell you the location yet, but it will be in the warm weather and plans are underway. And we're in talks to do an online competition so one lucky fan would be able to join the reunion with the *Bachelor* alums for a weekend. I can promise you, this will be

the biggest reunion of all-time!

Thanks Jesse, we can't wait! And, thanks for taking the time to speak with us. To read more about Jesse's take on the upcoming season of *The Bachelorette*, check out his website at www.jessecsinacsak.com or visit him on Facebook.

~~**GIVEAWAY ALERT:** CupidsPulse.com has teamed up with Jesse to give away One Swag Bag from the last 'Bachelor' Reunion Weekend. To enter for your chance to win, tell us where you think the next Bachelor reunion should take place and why in a comment below. One winner will be randomly selected. Please be sure to use your real email address so we have a way of contacting you if you've won. This giveaway will run until 11:59 PM EST on Monday, May 23. Good luck!~~

Have Brad Womack and Emily Maynard Broken Up For Good?



Rumors are swirling

that *Bachelor* stars Brad Womack and Emily Maynard have called it quits for good this time. A source close to Maynard says, "It happened about a week and a half ago," according to HollywoodLife.com. The apparent reason for the breakup centers around Maynard having remaining feelings for her ex-boyfriend, automotive executive David Smith. "She's got something with David," says the same source. "And David totally digs Emily." The duo dated before *The Bachelor* and were said to be a good couple, although Maynard seemed "reserved" around Smith. Either way, it looks as if a match made in reality heaven is sputtering to an end.

How do you determine if your relationship is toxic?

Cupid's Advice:

It was long speculated that Brad Womack would not be able to fully open up his heart to a woman after his first stint on *The Bachelor* ended in heartbreak. Is Womack simply toxic in a relationship? Cupid has a few tell-tale signs for a toxic relationship:

- 1. You can't be yourself:** If you find yourself skirting around your partner at times and find it difficult to be yourself, the relationship is probably toxic. Your mate should understand you better than anyone, so what's the point of being a part of the couple when you can't be fully happy?
- 2. You do things you normally wouldn't:** Chances are that your relationship is toxic if you find yourself partaking in activities you used to be against just because your partner suggested it. It's important to retain your morals and values when you enter into a new relationship.
- 3. You fight all the time:** Arguing periodically is normal in a relationship, but if you find that all you do is right and you can't point to anything positive in your relationship, it may be time to get out.

How did you know your past relationship was toxic? Share a comment below.

'Bachelorette' Preview: Meet Ashley's 25 Bachelors!



By Jennifer

Harrington

We watched Brad Womack say goodbye to Ashley Hebert in South Africa and cheered when she was named the next *Bachelorette*. We've all speculated about what kind of guy will get Ashley's final rose, and we're excited to review the 25 bachelors on her season and make some early picks!

But before we speculate about Ashley's Mr. Right, here's a refresher on what this fourth year dental student is looking for in a man. She told *People* magazine that she was hoping to find a guy that "makes me feel comfortable, somebody with a positive outlook on life, who's going to be supportive and

loyal.”

With that said, here’s who we think may have what it takes to be rewarded with Ashley’s final rose:

Blake, a 27-year-old dentist from Colorado seems like a natural pick for Ashley. They’re both passionate about dental health and close in age. Given that Blake’s most romantic date was at a natural hot springs, we feel confident he’ll know how to bring romance into his relationship with Ashley!

However, West, a 30-year-old lawyer, also seems compatible with Ashley. West says he’s equally comfortable in the country and in the city, and we saw Ashley question where she wanted to eventually settle down last season, as she grew up in rural Maine but now calls Philadelphia home. West was also asked what he would bring to a deserted island and he provided an extremely practical and wise answer: a boat!

We also think William, a 29-year-old sales consultant, is a strong contender. Not only is he handsome, but humor is obviously important to him, as he sees himself doing stand-up comedy in five years! And since Ashley is a bubbly and fun woman (as well as a hardworking one), a man who can make her laugh could bring much to her life.

Here’s the full list of all season 7’s bachelors:

Ames, 31, a portfolio manager from New York, NY

Anthony, 28, a butcher from Wyckoff, NJ

Ben C., 28, a lawyer from New Orleans, LA

Ben F., 28, a winemaker from Sonoma, CA

Bentley, 28, a businessman from Salt Lake City, UT

Blake, 27, a dentist from Greenville, SC

Chris D., 25, a sports marketing coordinator from Chicago, IL

Chris M. 27, a construction company CEO from Edmonton, Canada

Constantine, 30, a restaurant owner from Atlanta, GA

Frank, 29, a college admissions director from Murfreesboro, TN

Jeff, 35, an entrepreneur from St. Louis, MO
Jon, 26, an e-commerce executive from Vancouver, WA
J.P., 34, a construction manager from New York, NY
Lucas, 30, an oilfield equipment distributor from Odessa, TX
Matt, 28, an office supply salesman from Bridgewater, MA
Michael, 29, a technology salesman from San Diego, CA
Mickey, 31, a chef from Cleveland, OH
Nick, 26, a personal trainer from Tampa, FL
Rob, 27, a technology executive from Monroe, MI
Ryan M., 27, a construction estimator from Royal Oak, MI
Ryan P, 31, a solar energy executive from Corona Del Mar, CA
Stephen, 27, a hairstylist from Manhattan Beach, CA
Tim, 35, a liquor distributor from Long Beach, NY
West, 30, a lawyer from Chapin, SC
William, 30, a cellular phone salesman from Galloway, OH

Based on their bios, who do you think will win the final rose and who will break Ashley's heart? Let us know your early predictions in a comment below and be sure to watch **ABC at 8PM EST/7 PM Central on May 23** as Ashley's journey to find love begins!

New 'Bachelorette' Ashley Hebert Meets 25 Suitors





Ashley will show Brad that two can play at his game. After previously being rejected *The Bachelor* by Brad Womack, Ashley Hebert will return to ABC as *The Bachelorette* on May 23. We hear from UsMagazine.com that this soulmate searcher already knows one of her 25 bachelors, Bentley. Unfortunately, a former cast mate revealed he may have hidden reasons for appearing on the show. “Do you promise, on national television, to date 25 men simultaneously without complaining?” Jimmy Kimmel asked Hebert humorously on his show. “Do you promise to make sure the hot tubs are clean and have enough chlorine and their bacteria levels are low?” *The Bachelorette* responded with, “I’ll do my best with that!” Could the second time be the charm?

What are the perks of dating around?

Cupid’s Advice:

Even Cupid needs to let loose now and again. Serious relationships get boring, so why not change it up? Here are some reasons that dating around can be great:

1. No strings attached: You never need to check in, and you can do whatever you want. Sometimes that just the kind of relationship you need!

2. Full benefits included: If you’re single, you can have it all. Bored with one? Onto the next. There’s no massive heartbreak involved. As one wise single said, “It’s like a

buffet table.”

3. Self-esteem makeover: So, you have options. How does that make you feel? Probably pretty good. Casually dating can enhance your self-esteem, and we all need that little boost once and awhile. Embrace it, feel pretty and keep doing your thing.

Are there more perks to dating around that you can think of? Share your thoughts below.

‘Bachelor’ Star Emily Maynard’s Mom Speaks Out On Brad Womack



For those of you who thought Brad Womack had finally found true love his second time around, think again. According to [HollywoodLife](#), Emily Maynard’s mom, Susan Maynard, commented that their

relationship is a bit rocky. Maynard told *People*, “They have not officially broken up. It’s still kind of on and off, I hear nothing but good things about Brad. They are still just trying to get to know each other.” Although it doesn’t seem as though Susan Maynard has much confidence in the couple making it in the long run, we will just have to wait and see.

Do your parents know best when it comes to your relationships?

Cupid’s Advice:

As frustrating as our parents can be sometimes, they are the people that have known us the longest. Cupid has some advice on why our parents may know what’s best when it comes to our relationships:

1. Your best interests in mind: As much as we all love our friends, the only people who we can be positive only want what’s best for us are our parents.

2. They’ve been there: It may be strange to think of your parents as young and dating, but they were in your shoes once before. So, don’t be quick to rule out their advice. It comes from a place of experience.

3. They know you the best: The only people who know us better than we know ourselves are the people who have known us the longest – our parents. This means that they probably also know what you need in a relationship.

Do you think your parents know you better than you know yourself when it comes to relationships? Share your experiences below.

The Real Housewives of New York City's Simon van Kempen to Release Debut Single



As if *The Real Housewives of New York City* doesn't provide enough entertainment already, now one of the reality show's main men, Simon van Kempen, is busting onto the music scene with a pop and dance track called "I Am Real." The single, to be released today at 11 p.m. EST on Bravo TV's *Watch What Happens: Live*, takes an ironic look at the reality star and others from *The Real Housewives of New York*.

Produced by JSM Music in New York City, the track was specifically written about van Kempen's experience on the hit show and is the first of its kind, according to a press release. "Not many people know this, but I spent my childhood and early 20's studying and performing as a musician. Music has been a huge part of my life, and although I never thought of myself as a singer, I was thrilled and a little nervous when Joel Simon and JSM approached me with idea of creating a

song,” said the star. “More than anything, I wanted the track to be fun, irreverent and to talk about my real experience on the ‘Real Housewives of New York City.’”

Van Kempen, who was born in Brisbane, Australia and also grew up in New South Wales, moved to London at the age of 22. He lived in London for 13 years before eventually moving back to Australia. On a business trip to New York, however, he met his future wife, Alex McCord. The duo fell in love almost immediately.

“I Am Real” will be available on CD Baby, iTunes, Amazon and other leading online music sites.

Music credits include:

Record Label: JSM Music, Inc.

Producers: Joel Simon/Ross Hopman/Koki Saito

Composer: Allison Beth Simon/Jon Jason Appleton/Koki Saito

Executive Producers: Alex McCord and Rob Goldstone