

‘Bachelorette’ Emily Maynard Says ‘Love Is Worth the Chaos’



At the end of *The Bachelorette*'s eighth season, Emily Maynard couldn't be happier with her fiancé, Jef Holm. Maynard tells [People](#), "There were many ups and downs, and at times things were very chaotic, but love is worth the chaos!" The reality star says that while she always dreamed of great love, she didn't know that the love that she and Holm share even existed. After a failed first attempt at finding a man, Maynard reaches out to her fans stating, "Thanks again for the second chance and sticking with me until I got my fairy tale ending!"

How do you overcome challenges as a couple?

Cupid's Advice:

Even if you and your partner are incredibly in love, your relationship is sure to have some challenges every once in a while. Don't assume that these problems ensure a breakup. Instead, use tips like these to work through them:

1. Confront the problem: Whatever dilemma you and your beau are facing, the first step is to acknowledge the problem. If you let an important issue bother you but don't speak up, you'll end up getting angry over irrelevant things and confuse them with your bad moods.

2. Communicate: Set aside a specific time to talk about the issue. Express your feelings to your partner and be sure to listen to their thoughts on the issue as well. Keep calm and try to come to a solution.

3) See a counselor: Going to relationship counseling gets a bad reputation, but it's nothing to be ashamed of. When you feel like you've done all you can and don't know where else to turn, seek out professional help.

How did you and your beau overcome a difficult challenge? Tell us your story below.

Jef Holm Is Moving To Be Closer to Emily Maynard





The winner of *The Bachelorette*'s eighth season, Jef Holm, is moving to Charlotte, North Carolina. According to UsMagazine.com, Holm has made the decision to move to Charlotte to be closer to Emily Maynard and her daughter, Ricki. He will be getting his own place until the two get married, at which point he plans to move in with Maynard and Ricki.

When is it time to relocate in order to be with your partner?

Cupid's Advice:

Moving for your partner is always a big step, but it's often important if you want your relationship to last. How do you know when it's a good time to relocate to be with them? Consider these tips:

1. Your career has taken you there: Don't ever pack up your life if you only have one reason for it. Make sure your career is secure in the move. This way, you aren't sacrificing everything for your love.

2. You're ready to live with them: If you envision a future

with your sweetheart, and you're willing to move for them, you better be ready to live with them. That's the logical next step, so if you're doubting it, you're probably not ready to move yourself.

3. You're thinking about it: If relocating is always at the back of your mind, you've already made your choice. You want to be with your beau, and you just need to get there.

When do you know it's time to relocate for your partner? Tell us in the comments below.

'The Bachelorette' Season 8 Finale: Tips for Lasting Love





By Marni Kinrys, Ultimate Wing Girl

I have to say, I was shocked at 'The Bachelorette' finale. Well, kind-of shocked. For some reason, I *knew* that Emily was going to pick Jef, but I was still surprised that she didn't choose Arie. It goes to show you that physical chemistry does not equal partnership for life and that you can make the right choice if you take your time and really evaluate what relationship is best for you.

I have to give Emily so much credit for being able to see that difference between her two final suitors. Throughout this season, she has been a strong and steady Bachelorette, working hard to not let her heart solely dictate her decisions. She has been smart about her choices, and when it comes to love, we all know how challenging that can be.

Related: [Bachelorette Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut](#)

Thinking back on past episodes, I remember when I started to see the potential for Emily and Jef to be a successful couple.

When they were lying on the floor in Prague, kissing, giggling and talking easily about the future, I knew that Jef had won her heart. They didn't just have chemistry; they had a best friendship. That's the primary distinction between relationships that fizzle and relationships that last forever.

Now that Emily's found love, I want to help all of you do the same! Here are my tips on how to decipher if someone is a good choice for you for the long haul. Ask yourself the following questions:

1. Does this person challenge me in a good way? The best partnerships are with those that help us grow and see the world in new and interesting ways. Yes, it's always great to have a lot in common with a person, but too many similarities can get old and dull pretty quickly. Someone different from you helps you see sides of yourself that you didn't know existed. The saying that "opposites attract" *really* is true.

2. Does this person turn me on physically *and* mentally? YES, I know physical compatibility is important, but stimulation of the mind and emotionally understanding each other is equally important.

3. Does this person get me? In relationships, you don't always have to agree with one another, but it's essential to *get* one another. The couples with the strongest survival rates are the ones where they really work on getting to know one another. You need to understand who your partner is and what he or she is all about – and appreciate him or her because of this uniqueness.

Related: [Jef Holm Refuses Fantasy Suite With Emily Maynard on 'The Bachelorette'](#)

4. Does this person have the same values as I do? I know so many people who say that they have the same values as their significant other, but when I ask them what those values are, they draw a blank. Knowing your own core belief system and

understanding your partner's morals is so important to a successful marriage. If you want a guide to discovering your values, email me at marni@winggirlmethod.com and let me know that you read this post.

5. Does this person make even the hard times seem fun? If you are going to be with someone the rest of your life, you better be able to have fun with that person. Life will be tough sometimes, and it's important to keep that in mind when selecting a partner.

I think Emily and Jef seem like a great couple. I am so happy for the two of them, and I know that they are going to have a fulfilling relationship based on love, admiration and open communication.

Emily Maynard's Southern Style – Bachelorette Edition





By Ann Csincsak, Vintage Sweet & Chic

Emily Maynard stole our hearts with her sweet personality and her easy, southern style. For an entire season of 'The Bachelorette,' she has shown us that fashion-forward style mixed with classic elegance can certainly work for any occasion. I have chosen my three favorite date outfits that any woman can pull off, whether you go out or stay in – and even if your date isn't equipped with helicopter or Ferrari transportation.

This first look (image above) is a perfect example of keeping it simple and still having fun with color! Make what you wear work for *you*. Always wear what you feel most comfortable in (but try to avoid sweat pants for the first date).

1. Joie Aceline Striped Shirt ON SALE NOW at Nieman Marcus for \$72!

2. Wildfox Friday Night Cutoff Shorts \$99

3. Towne and Reese Elena Ring \$40

4. Urban Outfitters Dolce Vita T-Strap \$69

5. Essie Sheer Pink Nailpolish \$8

Our next look is great for a night out on the town with that hot new guy, or it's a good option if you're looking to spice up your look for your man. It doesn't have to be a special occasion to show off a great one-sleeve dress, so don't be afraid to be daring with your date look!



1. Towne & Reese Rowen Silver Hoops \$20

2. ASOS One Sleeve Dress \$98

3. Dior Addict Gloss \$30

4. Aldo Detamable Heel \$89

5. Emily's Signature Makeup Style Temptu \$150

This last look is perfect for that "meet the parents" trip that you have been worried about for months. When she met Sean's parents, Emily showed us that keeping your hair looking naturally gorgeous and your outfit age-appropriate is the key to gaining Mom and Dad's approval. Take a few cues from Emily

and steal her simple summer style and fabulous hi-lo dress.

1.Towne and Reese Ellie earrings \$20

2.Target Hi-Lo Dress \$29

3.Stella and Dot Pendant Necklace \$79

Finding a good jewelry company at the right price is always a challenge, but Emily chose hers very wisely. Towne and Reese is a stunning company whose jewelry line is carried in boutiques around throughout the country. This Bachelorette wears dainty pieces that compliment her effortless look.

To find more of her great jewelry and other fashion pieces, be sure to check out vintagesweetandchic.enstore.com! Additionally, CupidsPulse.com readers can still get 15 percent off Towne & Reese jewelry at Pea Pod Paper & Gifts using the discount code **cupidspulse**.

‘Bachelorette’ Contestant Kalon McMahon Apologizes to Emily Maynard





On the June 11 episode of *The Bachelorette*, Kalon McMahon called Emily Maynard's daughter "baggage," greatly insulting the single mother. As reported by UsMagazine.com, McMahon apologized for his actions this week on the *Men Tell All* show. McMahon says he's glad that Maynard seems happy now, although he's sorry that things didn't work out between them. "I'm trying to use it as a growing experience in my future relationships and I really wish the best for you," he said to her. That said, Maynard does not seem satisfied with his apology. She still doesn't believe him, and seems to stand by her prior statement that she loves her daughter so much that she wants to "rip [McMahon's] limbs off and beat him with them" for insulting her.

What are some ways to tell that your partner is truly sorry about an incident?

Cupid's Advice:

No matter how much you love your partner, you're bound to get upset with them every now and then. However, it's important that when they've made you angry, they're genuinely sorry

about it. Here are some ways to tell if your partner is really apologetic for what they've done:

1. They discuss what happened: Just saying "sorry" and continuing with your lives isn't enough for either of you to happily move past the issue. Encourage a discussion about what went wrong and how you feel your beau should act in the future. If they seem willing to have this talk, they probably feel genuine remorse.

2. They're understanding: Make sure that your partner understands why you feel the way you do. If they realize why what they did was wrong, they'll not only be able to give a true apology but they also won't make the same mistakes again. This will make your partnership stronger in the future.

3. They make a change: You're not going to notice this right away, but the best way to be sure that your partner was really sorry for an incident is to see if they ever do it again. Don't expect immediate perfection, but look to see if they at least seem on the right path. If they're not working towards improvement, they probably were never really sorry to begin with.

How do you know when your partner is genuinely sorry? Tell us below.

**Miss Advised: Yoga...An
Aphrodisiac Gone Wrong**



Monday, July 16th @ 10/9c – Miss Advised

Matchmaker Julia takes matters into her own hands and plans her dream date. Meanwhile, Amy goes casual on her third date with Lewis but is surprised when she realizes the tables have now turned. Emily tries to get in touch with her sexual side by doing acrobatic yoga on a blind date, but things just get too weird for her liking...

Watch: Is Emily a good kisser?

BONUS: The first episode is available FREE on iTunes!

RHONY: Prosthetic Leg Shocks Ramona



Monday, July 16th @ 9/8c – The Real Housewives of New York City

It's down to the ladies' last days in London, and the built-up tension between Carole, LuAnn and Heather turns into an all-out "royal war." Back in NYC, Aviva's concerns with Sonja's lack of effort in her party planning continues to escalate, and Ramona steps in to "check" on Sonja's progress. (Ramona sticking her head in Sonja's business is sure to end smoothly, right?!)

Watch: Ramona's second child...?

Watch: Ramona discovers how Aviva goes shoe shopping (sans leg).

Jef Holm Refuses Fantasy Suite With Emily Maynard on 'The Bachelorette'



The Bachelorette is finally wrapping its summer season with the pretty, prim and proper Emily Maynard and her two remaining candidates. One of the men is Jef Holms, who shockingly denied the opportunity to stay the night with the seemingly-perfect Maynard in a luxurious suite in Curacao on

Monday's episode. According to UsMagazine.com, Maynard said on the pre-finale, "It was very sweet, but he turned me down and I wanted to turn him down!" The 27-year old beauty will definitely have her chance to turn one of the men down for the whole world to see as she chooses her prince charming on the upcoming season finale.

How do you know when it's time to get intimate with your partner?

Cupid's Advice:

Intimacy opens the door to a new, exciting world in a relationship that comes with more emotions and responsibility. Here are some ways to know when to take your relationship to the next level:

1. Exchanging 'I love you's': 'I love you' is an important phrase to share right before getting intimate with someone. Make sure they truly care for you before giving them the privilege of being intimate with you.

2. Meeting families: Your relationship is most likely at a pretty deep level if you are introducing them to your family and vice-versa. After you've done this, getting intimate is the next step.

3. Simply being ready: A lot of times people jump into intimacy before they are ready. Avoid overlooking your true feelings. Your desire to be intimate will come as your relationship grows.

What are some things you look for in a relationship before getting intimate? Share your thoughts with us.

'The Bachelorette' Season 8, Episode 9: The Dos and Don'ts of Masculinity



By Marni Kinrys, of WingGirlMethod.com

OMG I was totally shocked last night when Emily Maynard did not pick Sean Lowe. I totally thought that Jef Holm was going to be sent packing. My husband and I were watching the show (he will deny it if ever asked), and both of us thought that it was going to be Arie Luyendyk and Sean for sure. I actually think my husband has a crush on Sean based on how disappointed he was that this "solid man" was not selected.

After the show ended, my husband and I got into a discussion about masculinity and what it means. The conversation was

sparked from my husband commenting on Sean being so solid and then telling me how his exit speech would go. Strange, I know.

In the past, most people would define masculinity as being the Alpha Male: strong, aggressive, fearless, dominant. Today, though, the definition is a little different. And thank goodness for that. Today's modern masculinity includes balanced men. Men that can listen but also speak. They can be assertive and not aggressive. They can express emotion without being emotional. I like to call these men "nice guys with an edge."

Related: [The Bachelorette Season 8, Episode 7: How to Express Your Love](#)

During last night's episode, I have never seen more amazing examples of the modern masculinity – especially when dealing with the whole "forgo your fantasy suite" scenario.

Jef

I loved it when Jef literally took the words out of Emily's mouth and nobly said, "Out of respect for our families, I don't think it's a good idea to use this key." It was not a tactic to get Emily to want him more. It was genuine and real and masculine. A non-masculine man would have had his sex goggles on, unable to think about the full picture. But Jef is a solid, good man that knows what's important and is willing to wait so that everyone is comfortable. Amazing!

Related: [Bachelorette Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut](#)

Sean

Sean also displayed his modern masculinity on his date when he opened up to Emily about what he wants and what he envisions for their future together. He had the perfect balance of being vulnerable and strong. His words were precise and real. You

could tell that he had actually put serious thought into the potential scenario. In fact, he even stated that he did in his exit ride.

Arie

Now, I know Arie didn't get a chance to turn down his fantasy suite offer, but his statements on how to form relationships with children won me over last night. Again, a man who has taken the time to think about the full picture. He is not just thinking about getting the girl. He's thinking about starting a life together as a family.

Seeing these three guys makes me even happier that guys like Ryan are no longer suitors on 'The Bachelorette.' Emily has landed herself two solid and strong options for a future husband, and I know this final decision will be especially tough for her.

For all the men that are reading this blog, watch the next episode of the show and take note of the two finalists. These guys are examples of modern masculine men – they're what all women want!

'The Bachelorette' Contestant Sean Lowe Struggles to Say 'I Love You'





Most things are easier said than done. This is not that case for *The Bachelorette* contestant Sean Lowe when it comes to saying “I love you” to Emily Maynard. According to [People](#), Lowe said, “So desperately I just want to open up and tell her how I really feel which is ‘I love you.’ It’s hard to say those words and it’s always been hard.” Luckily, Maynard still senses that Lowe cares for her, even though he can’t seem to find his words on the most recent episode in Curacao. “Sean does a million things a day to tell me that he’s the one for me,” Emily says in an exclusive preview of the episode. “But I need to know more. I can’t go through this and fall in love and have it not work again.” Hopefully Lowe will find the courage to say those three little words before Maynard questions his affection.

What are some ways to get over your fear of saying ‘I love you’?

Cupid’s Advice:

It may be just three little words, but “I love you” has a lot of impact and implied commitment behind it. If you know you

are ready to say it, but can't seem to find the words, follow these guidelines to overcome your fear:

1. Plan it out: If you plan an extravagant date night and prepare exactly how you want to phrase your expression of feelings, you'll feel less pressure and won't fear getting it wrong.

2. Say it out loud when no one is around: Thinking about it is much different than saying it for your loved one to hear. Say it out loud several times so that when the time comes, it will sound effortless just as love should be. Practice makes perfect.

3. Remember why you love your partner: The pressure of saying 'I love you' can cause you to forget about the reasons you love your partner and focus more on the theatrics of it. Take a moment to reflect on all the things you love about your significant other, and then it will just come naturally.

How did you get over your fear of saying "I love you"? Tell us below.

Miss Advised: Love Expert Seeks Help From a Witch





Monday, July 9th at 10/9c – Miss Advised

While attempting to play hard to get, Amy breaks (another!) rule by desperately asking her date why he didn't text her. Julia visits a witch (yes, witch!) to help her break bad dating habits. Meanwhile, Emily uncovers some unexpected answers on open relationships...

Watch: Amy unloads on her date.

Watch: Julia hazes her date.

BONUS: The first episode is available for FREE on iTunes [here](#)!

RHONY: London at Last!



Monday, July 9th at 9/8c – The Real Housewives of New York City

It's London at last for (most of) the housewives! Carole, Sonja and LuAnn live it up in the London penthouse that Heather arranged, but they show their "gratitude" by claiming that Heather's "lost it" at her Yummie Tummie business dinner. Back in the Big Apple, Ramona and Aviva go retail therapy crazy trying to convince themselves that they're having the better time.

Watch: London at last!

Watch: Heather's lost her mind.

‘Miss Advised’ Star Amy Laurent Says, “I’ve Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill”



By [Whitney Baker](#)

As a relationship expert and executive matchmaker for the past seven years, Amy Laurent has plenty of advice when it comes to navigating the dating world. And, now she’s putting it out

there publicly starring on Bravo's new reality series 'Miss Advised,' a show that features three single relationship experts as they attempt to follow their own dating advice in the search for love.

Given Laurent's background, we thought she'd be the perfect source to comment on the most talked about divorce of the week (and most likely the year), the infamous TomKat split. By now, we've all read the tabloids or heard the news that Tom's obsession with Scientology was a huge factor in their divorce (source), but how important is religion to a marriage?

"For some people, religion is an absolute deal-breaker, and you have to respect that when choosing a potential partner," Laurent explains. "I think it's a waste of time to try to put two people together with different religious opinions."

Related: [Katie Holmes Files for Divorce from Tom Cruise](#)

Although Laurent advises against coupling up if you have religious differences, many people do marry outside of their religion and go on to have happy and healthy relationships.

However, most of them aren't A-list celebrities who live a very public life while one of them is strong-arming the other about the beliefs of the secretive practice of Scientology. In this case, Cruise's religious beliefs and intention to have Suri attend a Scientology "boot camp," according to *The Sun*, may have been more important than the views of his catholic-raised wife, Katie.

"I encourage my clients to be very open and to not have a laundry list," Laurent says. "Ultimately, if you're going to find the right match and not waste your own time or the other person's time, you have to be very honest about what's important to you."

With Katie now on the singles market, everyone is left guessing who she'll date next. It's definitely too early to

tell, but Laurent says that she's always seen Katie with someone who is "more mellow and chill."

"I see her being with someone who has more of a laid back approach to their relationship because I feel like that will really let Katie shine." As for Tom, "Definitely a Scientologist," Laurent says with a laugh. "She needs to be very type-A and a perfectionist – someone with the same level of intensity as he has."

Related: [Heidi Klum and Seal: Marriages Don't End Overnight](#)

Of course, neither Holmes nor Cruise should dive back into the dating world any time soon. For the time being, their primary focus should be on their six-year-old daughter, Suri. "Anyone going through a divorce with children needs to be very sensitive to figuring out how this new dynamic is going to work. No matter what happened, Katie and Tom still have to be a team for Suri's sake," Laurent explains.

When she's not setting up her clients or analyzing other people's relationships, Laurent has her own love life to sort out. As viewers will see on this season of 'Miss Advised,' she gives romance a shot for the first time in a long time. "I end up having a few great dates where I can finally relax and enjoy it without being totally type-A and trying to control everything. Maybe I should date Tom!," she chuckles.

"Obviously, there are things that I still struggle with throughout the show," Laurent adds. "But I will say that there is someone who I see a few times who is a really amazing guy. I'm kind of excited for my dating future – maybe there is hope for me." As fun as it may look, Laurent notes that this show provides a great opportunity for viewers to learn from her mistakes and improve their own love lives.

Related: [5 Ways Playing Hard to Get Can Damage Your Love Life](#)

Laurent is releasing her first book next month, '8 Weeks to

Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.' "It's very easy for me to coach my clients and give them the rules that work. But it's very hard for me to follow my own guidance, and that's where I got the inspiration to write this handbook," she explains. "It's a girl's dating bible that really breaks down, step-by-step, the first eight weeks after meeting someone new."

She adds, "I started writing this book in the middle of shooting 'Miss Advised' because I recognized that no matter who you are – whether you're a matchmaker, a teacher, whoever – everybody needs a support system. It's been helpful for me – I realized that my rules really work!"

Check out Laurent via her Web site, AmyLaurent.com Twitter or Facebook, and be sure to watch 'Miss Advised' on Mondays at 10/9c on Bravo. Also, keep your eyes open for her new book '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.'

Miss Advised: Relationship Guru Rekindles Fifth-Grade Flame





Monday, June 2nd @ 10/9c – Miss Advised

Amy reluctantly agrees to go on a blind date that was set up by a friend. Julia enlists a professional love coach to rid her of her bad dating habits and do some digging into her past. It's back to Michigan for Emily, where visiting her fifth-grade crush makes her wonder if moving home is the answer to finding true love. Get exclusive clips from this week's episode here!

Watch: Julia admits her worst fear is being called 'crazy.'

Watch: Emily's mom says the answer is to move back to Michigan.

BONUS: The first episode is available for FREE on iTunes!

RHONY: 47-Year-Old LuAnn Tries for a Baby



Monday, July 2nd @ 9/8c – The Real Housewives of New York City

Aviva and Heather meet up to discuss the London trip, and Heather stands by her decision to leave Ramona behind. LuAnn heads to an acupuncturist to see if having another child is possible. Aviva hires Sonja to throw a fifth anniversary party for her and her husband, which leaves Sonja excited but concerned since she'll be in London (sans Ramona!) during most of the planning. Check out the highlights for this week's episode below!

Watch: Carole thinks she's found the perfect man.

Watch: Why does Sonja need three interns?

Will Roberto Martinez Be the Next 'Bachelor'?



Roberto Martinez won Ali Fedotowsky's heart on *The Bachelorette*, but after calling off their engagement in November 2011, the single stud is not just looking for love, he's looking for money, according to UsMagazine.com. Sources suspect that Martinez is going to be the next bachelor because "the network will give him pretty much anything." The former *Bachelorette* contestant may find himself back at the place he and his ex fell in love, which is something

Fedotowsky is “terrified about.”

What are some ways to cope with your ex moving on?

Cupid's Advice:

It can be painful to learn your ex has moved on to someone else, especially if you're still single. However, there are a few things you should think about before you let your ex's progress make you upset:

1. Don't force yourself to do the same: If your ex seems to be moving on faster than you expected, don't feel obligated to pursue the first person to feign interest in you if you're not ready. Everyone moves at their own rate, so don't feel pressured to rush into things.

2. Surround yourself with friends: A lot of personal time is essential for healing after a breakup, but if your past lover is moving on, try to be around people that are going to pick you up and keep your mind off it.

3. Take a trip: Take some time off from work and go on a road trip. This will give you an opportunity to clear your head and leave room for new adventures and experiences.

How do you handle an ex moving on? Tell us below.

**Patti Stanger Finds Love By
Searching For Her Birth**

Family



Patti Stanger might be the Millionaire Matchmaker, but she never seemed to be able to find a partner for herself. However, she hopes that's all about to change. A source to [Celebuzz](#) says that Stanger believes finding her birth parents will let her find the closure she needs. "She believes it has blocked her from meeting her mate," the source said. The whole experience will be captured by reality TV cameras, letting the world follow along with her. She already seems on her way to finding love: she's been dating mortgage broker David Krausse since meeting him on an online dating service.

'The Bachelorette' Season 8, Episode 7: How to Express Your Love, Bachelorette Style



By Marni Kinrys, of wingirlmethod.com

That's it! I've decided that, if things don't work out with my husband and if I ever have to look for love again, I'm going to have a baby first. There must be some hormone that's released when you have a child that allows you to be more open, real and honest. It's amazing how I continue to be impressed by Emily Maynard. She definitely knows how to date and make sure she's getting what she wants.

Her final four bachelors are truly a solid group of men. They definitely proved themselves last night with their ability to

express themselves and communicate with Emily, something that is essential to any great relationship. As I always say, in order to get what you want, you have to ask for it – and last night, the guys asked for it!

Hopefully, you have heard of The 5 Love Languages, an amazing book that everyone should read, especially if you are looking for a relationship. The book says that there are five ways for humans to express their love: words of affirmation, quality time, receiving gifts, acts of service and physical touch.

Once an individual understands their love language, it makes relationships easier for them because they know what is needed for them to feel loved and appreciated.

Related: [Bachelorette Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut](#)

It's always interesting to see which language people use most often. For example, Arie is definitely about physical touch. Whether it's a hug or something more subtle, he is always trying to get close to Emily. For him, touch re-connects him to her – and based on her attraction to him, it's definitely working. I'm a touch girl myself, so any touch that Arie gives literally makes me feel warm inside.

Sean, on the other hand, is all about quality time. He makes a point to pull Emily away and ensures that they have good quality time together. His sub-languages (those languages that he uses less often) may be physical touch and words of affirmation.

Related: [Towne & Reese Jewelry Giveaway – As Seen on 'The Bachelorette' Star Emily Maynard](#)

The surprise of the night for me was Jef. I was having trouble getting a read on this guy, and last night, I suddenly felt excited and gushy for his relationship with Emily. Jef's love

language is a combination of receiving gifts and words of affirmation. I think words dominate for him because, once he got that verbal affirmation from Emily, he immediately loosened up and was able to give her what she needed. So cute! I want to hug him.

Knowing how to express your love is so important, both in the real world and on television. Hopefully, every man who was forced to watch last night's episode learned a valuable lesson: do NOT hold back when it comes to expressing yourself. If you really feel it, express it!

'Miss Advised' Dishes Surprising Single-Gal Advice





Monday, June 25th @ 10/9c – Miss Advised

After her first date in Los Angeles was a bust, Julia looks to rebound with a former college basketball player. Amy continues to break her own rules by dating a younger man. Emily goes on an unconventional date – to a strip club – with one of her radio show guests, rapper Ray Luv.

Watch: Julia's date won't kiss on the lips.

Watch: Emily: "If I've gotta slap one more strippers ass, I'm gonna shoot myself!"

RHONY: Ramona versus Sonja



Monday, June 25th @ 9/8c – The Real Housewives of New York City

Despite not being invited to her London trip, Ramona decides to go to lunch with Heather to smooth things over. Although it seems Ramona's okay with the situation, she explodes at Sonja and calls her an airhead, causing a first-time rift in their friendship. Check out the highlights for this week's episode below!

Watch: Ramona calls Sonja an airhead.

Watch: Everyone's invited, except Ramona.

'Bachelorette' Contestant Ryan Calls Emily Maynard a "Trophy Wife"



On Monday night's *Bachelorette*, suitor Ryan had a few words to say that Emily Maynard was not too pleased about. On their one-on-one date, he called Maynard a "trophy wife," to which she aptly responded, "Trophies don't talk back," according to [People](#). Soon after, Ryan was sent home – not without protest, of course.

What are some warning signs that your partner views you as a prize?

Cupid's Advice:

Every girl wants to be placed on a pedestal by her partner. However, sometimes being seen as special can get out of hand, and soon your partner is treating you like an object. Here are some warning signs that your partner views you as a prize:

1. He's controlling: If your significant other is controlling the way you dress or act, you need to leave immediately. He isn't seeing you for the person you are, but rather the partner he'd ideally like to have – so he can't really love you for you.

2. He calls you "mine": There is nothing sweeter than the person you're dating telling you "I'm yours." However, once they're calling you theirs, they're claiming you as property rather than a person to be loved.

3. He uses you: A deadbeat boyfriend who's always coming to you for money (and other assets) only sees you as a walking ATM. There's no chance for a real relationship in that situation.

What are some ways to prevent being treated like a prize? Tell us your story below.

'The Bachelorette' Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut





By Marni Kinrys, of WingGirlMethod.com

If there is one thing I can say about Emily Maynard, it's that she has a super human strength for trusting her gut, instead of listening to her heart. This is a skill set that most women do not have but should definitely work on developing.

Just as the men on 'The Bachelorette' rewarded her for seeing through Ryan's suave exterior, I want to do the same. Emily is a woman who knows what's best for her long term and I can't help but have extreme respect for her, if not a little crush.

This super power that Emily possesses, is learnable and something that all women need to focus on. It will stop them from falling for jerk's and d-bags.

Here is my list of Do's and Don'ts for Trusting Your Gut:

Do Not – Keep a man in your life because you think they're awesome. One of the worst things for men is being stuck in the friend zone. It's basically like kicking them in the balls day after day after day. I am so happy Emily was honest with Travis and let him go before his feelings got more intense. I

know it hurt Travis in the moment, but in the long run it will help him tremendously. His heart was blocked and closed off for two years. I think it will now be open again.

Related: ['The Bachelorette' Season 8, Episode 5: The Dos and Don'ts For Taking Your Relationship To The Next Level](#)

Do – See past a few insecure flaws. I wanted to yank Doug out of my TV, give me 30 minutes of coaching and then sit him back on that couch with Emily. I'm not 100% of this but I think Doug is the kind of guy that's a gentleman, until given permission not to be. I am so happy Emily kept him around, to explore who he is for one more week. But, if he does not get his act together next week, she's going to have to set him free. Which will be a shame, because he is a solid man that I think would make Emily very happy. Show her the Grrrr..... Doug!!

Do Not – Be swayed by words of persuasion. I was so nervous for Emily when Ryan kept talking to her, using persuasive tactics, after she said she would not be giving him rose. YES there was some sincerity from Ryan's end, but I believe those emotions were driven from the pain of losing the competition rather than losing Emily. You could tell she was so torn, but fighting what her libido wants vs. her heart. I'm glad she chose to let him go. It will give her more space to let the other men into her life.

Related: ['The Bachelorette' Season 8, Episode 1: The Dos And Don'ts of First Impressions](#)

Do – Ask the tough questions. Emily is the queen of understanding that if you want to know something, you gotta to ask to hear it. I know I was not alone when I was shocked by her interaction with Doug. Wow!! She asked for him to open up and he did. Every day women may be missing out because some great men don't show you their greatness until you deserve to see it.

Emily is helping women see the importance of selecting a GOOD,

solid partner. A message that I feel is lost in most Bachelor seasons. Keep up the good work Emily. I truly believe you are on your way to finding a great love!

EXCLUSIVE: ‘Bachelor Pad 2’ Winner and Newlywed Holly Durst Tells Us About Her “Perfect” Wedding and Honeymoon





By Whitney Baker

Fans know Holly Durst as the bubbly winner of 'Bachelor Pad 2,' but now, she's content just being a newlywed. Durst and Blake Julian, who met while competing on the reality show, tied the knot in South Carolina on June 2, 2012. The big day was perfect and more than she ever imagined. "I'm so happy! I love married life. It's just the best," she gushes.

Durst says her best piece of advice for brides-to-be is to hire a wedding planner. She adds, "I planned my whole wedding on Pinterest. I wanted to make sure that I remembered all of the little things."

For Durst, it was those small details that made the day so special. Even her wedding dress had a personal touch. She always thought she'd wear a Cinderella gown, but she tried "so many of them on and always felt overwhelmed." Her final pick, however, was the perfect fit. "It elongated my already long body. I made it my own by removing the rhinestones and adding a sash."

Related: [Exclusive: Bachelor Pad 2 Winner Holly Durst Plans](#)

Honeymoon in St. Lucia with Fiancé Blake Julian

Surprisingly, Durst's favorite moment of her wedding happened *before* the ceremony. "Blake and I both were in the same room, but we couldn't see each other – there was a wall in between us. We got to reach around and pray together right before the wedding," she reveals.

Even though Durst was the star of the show, she wanted to make sure that her guests felt loved too – especially the single ladies. She added a personal touch to the bouquet toss, making the lucky girl who caught it feel even luckier. "I wrote a little note and stuck it in the flowers," she shares. "I told her to be patient, and when she finds love, it's going to be perfect. I hope that, someday, she experiences the same love that I have with Blake."

As for their honeymoon in St. Lucia, Durst says, "It was so good! I didn't want to come back."

The couple took a very practical approach to planning their trip. First, they wanted to stay in the same time zone. She tells us, "We thought about Fiji or Bora Bora, but we would've wasted so much time traveling. The Caribbean was a perfect choice."

Plus, Durst let Julian make most of the decisions. "He actually did all of the searching, and I just okayed things," she says. "I planned a wedding, so I let him plan the honeymoon!"

During their time in St. Lucia, the couple enjoyed the amenities at an all-inclusive resort. They signed up for "everything" – pool and beach volleyball, paddleboard racing, ping-pong. They even rallied the other honeymooners into playing too. Durst explains, "One day, we left the resort and did an excursion around the island. We came back, and everyone was like, 'No one did anything today because you guys weren't around!' We were the ones grabbing other people to join."

Now that they've returned from paradise, it's back to reality. As they settle into life as man and wife, they are keeping busy. According to an interview with Wetpaint, Durst, who has no desire to film her love life for reality television anymore, revealed that she would love to be a judge on 'Bachelor Pad 3.' However, when we asked her about any upcoming plans to do so, she simply replied, "No." Perhaps she changed her mind when ABC announced that ex-fiancé Michael Stagliano would be one of the cast members.

As for tuning in to watch the show? Durst hesitantly replied, "We'll see. I have so much to do!"

You can keep up with Durst on Twitter and her personal website, HollyDurst.com. Be sure to check out her new children's book ['Chocolate Socks'](#) as well. Congratulations to the happy couple!

Cupid wants to know: Will you be watching 'Bachelor Pad 3' this summer?

Giveaway: Towne & Reese Jewelry – As Seen on 'The Bachelorette' Star Emily Maynard





This post is sponsored by Pea Pod Paper & Gifts.

By [Whitney Baker](#)

If you've been watching this season of 'The Bachelorette,' you've surely taken note of Emily Maynard's fabulous wardrobe. Week after week, she continues to impress us with her easy sense of style, transitioning effortlessly from date to date. Whether she's wearing jean shorts and a crochet sweater for a day by the water or a one-sleeve gown at the Rose Ceremony, one thing remains the same: her eye-popping jewelry. And now, CupidsPulse.com readers have the opportunity to win one of two Towne & Reese jewelry giveaways OR receive **15 PERCENT OFF the entire Towne & Reese collection**, including the highly-anticipated Fall 2012 Collection, from Pea Pod Paper & Gifts. Use the discount code **cupidspulse** at checkout.

Related Link: ['The Bachelorette' Season 8, Episode 5: The Dos and Don'ts for Taking Your Relationship To The Next Level](#)

GIVEAWAY ALERT: Send an email to cupid@cupidspulse.com, with **'Towne and Reese Giveaway'** in the subject line, saying that you want to enter the contest. Once you do, you will

~~automatically be entered to win either the Daisy Turquoise Ring or the Brooke Earrings in Crystal OR Mint Green! Both of these pieces were worn by Maynard on 'The Bachelorette. Giveaway ends at 5pm on Monday, July 9th so act quick!~~

Congratulations to our winners, and thank you to everyone who signed up!

Ashley Grulich won the Daisy Turquoise Ring, and **Elizabeth Gottier** won the Brooke Earrings in either Mint Green or Crystal.



Towne & Reese
Daisy Ring in
Turquoise. Photo:
Towne & Reese



Towne & Reese
Brooke Earrings
in Mint Green.
Photo: Towne &
Reese

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supplies, they also have a wide range of jewelry, including Towne & Reese items.