

# 'The Bachelor' Season 19 Contestants Deal with Jealousy – Chris Soules Can't Stop Kissing Them!



By Emma L. Wells

[Chris Soules](#) certainly seemed to be enjoying himself during last night's episode of [The Bachelor season 19](#)! Reality TV fans got to see multiple makeout sessions and enjoy a lot of laughs, thanks to a guest appearance by Jimmy Kimmel. According to [People.com](#), Soules kissed eight different women, claiming that it was simply part of the process of finding love. When asked by Mackenzie why he was macking with so many different honeys, he answered nervously that that's just how

he gets to know people. Becca was the only girl to deny his attempt at a smooch; instead, the two shared a sweet hug.

## **What are some ways to deal with jealousy when, like the contestants on *The Bachelor* season 19, you aren't exclusive yet?**

### **Cupid's Advice:**

It's easy to get jealous during the beginning stages of relationships and love. On *The Bachelor* season 19, the contestants are forced to watch the man they're all falling for go after multiple women at once. While a little jealousy can add heat to your romance, letting it consume you can have consequences. Whether you're on reality TV or dating in real life, Cupid has some dating advice to help you handle your jealousy:

**1. Honesty is key:** Soules doesn't – and can't – hide his dalliances from the women on *The Bachelor* season 19. You should be honest with your partner too, no matter how hard it may be to tell him that you're ready to go all in and stop dating other people. Besides, don't you want to know if he's seeing someone else? The only way to truly know for sure is to ask.

**Related Link:** ['The Bachelor' Chris Soules on First Night Jitters](#)

**2. It's not a competition:** Cut down on your jealousy by focusing on your relationship. You could drive yourself crazy comparing yourself to other people in your date's life. Your relationship, even if it's not exclusive yet, should be about just the two of you. Focus on the amazing time you have together and all the positive aspects of your partnership so

far.

**Related Link:** [‘The Bachelor’ Season 19 Premiere: Chris Soules Meets 30 Bachelorettes](#)

**3. Take the power back:** Jealousy in relationships often stems from a lack of power. This doesn't mean you need to control your partner's actions, but you should assert your right to make your own decisions. For instance, don't feel the need to match every move of your beau. Even if you've agreed that you're not ready to be exclusive, you don't have to date other people just because he is. You should do what feels right for you! Take a tip from Mackenzie and Becca and clarify what *your* boundaries are for the relationship.

**What's your best tip for dealing with jealousy in the early stages of dating? Tell us in the comments below!**

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**‘The Bachelorette’ Celebrity Couple Desiree Hartsock & Chris Siegfried Get Married!**





By [Rebecca White](#)

*The Bachelorette* celebrity couple Desiree Hartsock lives happily ever after with her new husband Chris Siegfried after they tied the knot at their celebrity wedding on Jan. 18. According to [UsMagazine.com](#), in order to make the big day special, the celebrity couple started planning and piecing together their ideas before the *The Bachelorette* finale even aired!

**‘The Bachelorette’ celebrity couple Desiree Hartsock and Chris Siegfried had a beautiful celebrity wedding. What are three ways to make your wedding special?**

**Cupid’s Advice:**

You may not be a celebrity couple, but there are many ways that you can make tying the knot an exceptional affair. In

lieu of an expensive celebrity wedding, try these cheaper ideas for a day that will make your heart flutter.

**1. Plan everything together:** The process of planning the ceremony and reception should be a special time in your relationship and love life. Do everything together, compromise when needed, and remember that the purpose of this day is to celebrate your love for each other.

**Related Link:** [‘Bachelorette’ Desiree Hartsock Chooses Chris Siegfried](#)

**2. DIY activities:** To make the nuptials even more unique, try doing some do-it-yourself activities. For example, you can write handwritten notes for the out of town guests, make your own invitations and make the decorations and center pieces yourself.

**Related Link:** [‘Bachelorette’ Star Desiree Hartsock says Confidence is Key to Finding Mr. Right](#)

**3. Cameras:** Instead of opting for a photo booth, try placing disposable cameras on each table so that guests can take selfies and candid shots throughout the entire night. These shots may even end up being your favorite pictures of the event!

**How did you make your wedding special? Comment below!**

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**‘The Bachelor’ Host Chris Harrison Says He “Had No**

# Clue” Andi Dorfman & Josh Murray Would Break Up



By [Rebecca White](#)

Recently, the latest celebrity news and gossip centered on the sudden celebrity break-up of *The Bachelorette* couple Andi Dorfman and Josh Murray. According to [UsMagazine.com](#), Chris Harrison, the host of *The Bachelor*, said he had no idea that the celebrity couple was about to split. When Harrison saw the soon-to-be celebrity exes, he asked about their wedding plans in an interview. “By no means did I know they were broken up and did that interview, because honestly, having been through a crappy breakup, I would’ve protected it more and stayed away from wedding talk and I wouldn’t have put them on the spot,” Harrison told *TV Guide*. Although Harrison usually knows the drama between *The Bachelor* contestants, he seemed out of the

loop on this one!

# Life isn't filled with as much drama as you see on 'The Bachelor,' but what are some ways to keep it out of your relationship?

## Cupid's Advice:

There are some relationships and love affairs where drama seems to take over and is almost unavoidable. Here are steps that you can take to minimize the amount of drama that you let into each conversation or fight.

**1. Recognize when you might be creating drama:** By recognizing that you might be creating some of the theatrics in your relationship, you allow yourself to scale back and understand that maybe everything doesn't need to be so over the top. Try to analyze why you might be creating drama in your own love life, and aim to find different solutions for the attention and adventure you might be seeking.

**Related link:** [The Worst 'Bachelor' and 'Bachelorette' breakups](#)

**2. Change your perspective:** It is also important to realize that maybe some of the issues are just happening in your head. Have a conversation with your partner in order to see where these problems are coming from and how they interpret the situation.

**Related Link:** ['Bachelorette' Couple Emily Maynard and Jef Holm Break Up](#)

**3. Don't feed other people's drama:** When your partner starts to create unnecessary drama, don't fight back just yet. Let them cool down and have a breather. After they settle down,

you two can discuss the true problem without getting into a fight. While our lives may not be as dramatic as celebrity exes, Dorfman and Murray, we can still minimize drama whenever possible!

**How do you keep drama from being central to your relationship? Share your thoughts below.**

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## **'The Bachelorette' Winner Josh Murray Gets Out of Town with His Mom Following Split**







By Emma L. Wells

*The Bachelorette* winner Josh Murray knows there's nothing like a mother's love to help you heal. In a tweet on Jan. 12, he told followers he was headed to his hometown of Tampa, Florida with his mother after his celebrity breakup from Andi Dorfman. The couple, who met during season 10 of the popular reality TV show, announced their split in a joint statement earlier this month. Murray had been living in Atlanta, Georgia with Dorfman. According to [UsMagazine.com](http://UsMagazine.com), his mother, Lauren Goodhart Murray, flew to see her son after the news went public, and now, the two are driving south together. Dorfman's final pick also expressed excitement about seeing his beloved dog Sabel again.

**Taking a cue from this celebrity breakup, what are some ways to cope with broken heart after a split?**

**Cupid's Advice:**

Breakups can be painful no matter the circumstances. It's important to give yourself enough time to grieve but not so much time that you start to wallow. You need to move on but not so quickly that you haven't fully healed yet. Cupid has some advice on how to handle a broken heart:

**1. Surround yourself with people who care:** There is nothing strange about wanting your mama when you are hurting, no matter how old you are. It's natural to feel lonely after a split. Being around people who see how wonderful you really are will help you see it too. Follow Murray's lead after his celebrity breakup and don't shut yourself off from the world! Take a weekend trip to see family or friends. Even though your significant other may no longer be in your life, you are not alone.

**Related Link:** ['Bachelorette' Andi Dorfman Hands Out Final Rose](#)

**2. Be active:** You know what they say: Out with the old, in with the new! Use this time of change to better yourself by starting a new hobby or interest. Try taking a cooking or dance class or learning a new language. Exercise classes can be especially beneficial because of the endorphins your body releases when you workout. Get your mind off your hurt by setting a goal and hitting the gym.

**Related Link:** ['Bachelorette' Season 10 Couple Andi Dorfman and Josh Murray Call It Quits](#)

**3. Invest in yourself:** You've just gone from being part of a twosome to being single again; you need time to adjust to that kind of change. Remember your awesomeness comes from within, not from your partner. Take yourself out for a day of you! Do the things you love, things that you couldn't do when you were in a relationship.

**How did you heal after a breakup? Tell us in the comments below!**

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# 'Bachelorette' Season 10 Couple Andi Dorfman and Josh Murray Call it Quits



By Emma L. Wells

Another one bites the dust! Earlier this week, reality TV couple Andi Dorfman and Josh Murray announced that they have ended their engagement. In a joint statement published by [People.com](http://People.com), the pair, who met and fell in love during *The Bachelorette* season 10, said, "After several months of being engaged and working on our relationship, we have decided that it's best for both of us to go our separate ways. We are very

sad that it has to come to this point, but this is what's best for both of us individually." The news of this celebrity breakup was a shock to many, as the couple appeared happy during their red carpet interview prior to Monday night's premiere of *The Bachelor*.

## **In light of this surprising celebrity breakup, how can you handle questions about your sudden split?**

### **Cupid's Advice:**

The trickiness and difficulty of a breakup doesn't necessarily end as soon as you and your significant other call it quits. After you admit that it's over, you then have to tell your loved ones. So how do you stay diplomatic when your friends want to hear about the drama? Cupid has some tips:

**1. Just say "no comment":** Breakups are private and potentially very painful for the parties involved, so there's nothing wrong with telling a questioner that it's none of their business. However, it's usually best to put it as nicely as possible. Thank the person for their concern and then simply say that it's a private affair and that you'd rather not talk about it.

**Related Link:** ['Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo](#)

**2. Avoid pointing fingers:** In most situations, a split is not the fault of just one person. Take a cue from this celebrity breakup and do your best not to place blame on your ex. After all, listing the faults of your former partner post-breakup isn't going to make you look any better.

**Related Link:** [Can You Really Find Love on 'The Bachelor'?](#)

**3. Be on the same page:** Right after your split, this may seem near impossible, but in the coming months, it will help the situation if you remain amicable. You can avoid drama by making sure your stories match and your facts are true. Have a quick conversation and answer the question, “What are we going to tell people?” This will eliminate a lot of the confusion friends and family may have about what happened and hopefully help dodge any hurt feelings by sharing something too private.

**How do you handle questions about a sudden breakup? Tell us in the comments below!**

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## **‘The Bachelor’ Chris Soules on First Night Jitters**





By Emma L. Wells

First dates can be stressful enough, but can you imagine having 30 first dates simultaneously? That's how Chris Soules felt on Monday night during the premiere of *The Bachelor* Season 19. "It was nerve-racking but exciting to be in the same room with 30 amazing women and knowing that one of them could potentially become my fiancée," Soules said in an interview with [People.com](http://People.com). While some women handled the stress of the evening better than others (a few contestants were noticeably intoxicated by the evening's close...), they all made lasting impressions. From motorcycles and karaoke to secret admirers and a pig nose, the women used a variety of tactics to try and catch the handsome bachelor's eye. Some ended up being more successful than others, as the 33-year-old farm boy from Iowa eliminated eight women during the first rose ceremony on *The Bachelor* Season 19.

# 'The Bachelor' Chris Soules was pretty nervous Monday night. What are three ways to deal with nerves on a first date?

## Cupid's Advice:

Everyone has to deal with nerves from time to time, but you don't want to let some overly energetic butterflies interfere with what could be a really amazing first date. Cupid has some ways to reign in those jitters:

**1. Just breathe:** It may seem like simple advice, but it's often what people forget when they are under pressure. Focusing on your breathing helps in many ways. First, it helps center your mind on something else. Second, it'll slow your heartbeat and your thoughts, and you'll quickly start to feel less flustered and crazy. Being in control of your breathing will help you feel in control of your situation. Try counting to five as you inhale and counting to seven as you exhale; repeat this ten times, and you'll be calm again in no time!

**Related Link:** ['The Bachelor' Season 19 Premiere: Chris Soules Meets 30 Bachelorettes](#)

**2. Remember you're not the only one:** You're not alone! It's good to keep in mind that the person sitting across from you is most likely feeling just as nervous as you are. Believe it or not, shared nervousness can even be something you two can bond over. Try joking about it and see where the conversation takes you.

**Related Link:** ['Bachelor' Chris Soules Opens Up About Finding His Future Wife](#)

**3. Understand your anxiety:** First date nerves can have many

causes. They might just mean you're really excited. Or perhaps you always get restless when you meet new people. The jitters could also be your body's way of telling you that you already know this isn't a good match. Diagnosing the reason behind your butterflies will help you figure out how to handle the situation. Most importantly, remember that nerves are normal; don't let them stand in the way of your happily ever after!

**What are some ways you deal with nerves on a first date? Share your thoughts below.**

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## **'The Bachelor' Star Nikki Ferrell Opens Up About Celebrity Breakup with Juan Pablo Galavis**







By [Whitney Johnson](#)

On the red carpet prior to Monday night's premiere of *The Bachelor*, former winner Nikki Ferrell opened up to host Chris Harrison about her celebrity breakup with Juan Pablo Galavis – and surprisingly she had nothing but nice things to say about her celebrity ex! According to [UsMagazine.com](#), the pediatric nurse shared, “I’m not a quitter. I tried everything, and he tried too. It wasn’t just a one-side thing. We real-life tried, not TV-tried.” She added, “I knew I was never going to be the number one priority. He has a daughter...but there’s a difference between being the second priority and the seventh priority.”

**Not everyone speaks so highly of their celebrity ex like ‘The Bachelor’ winner Nikki Ferrell. What are some factors to consider**

# when someone asks you about your ex?

## Cupid's Advice:

Everyone handles a breakup differently. Maybe you want to hide under the covers and consume pint after pint of Ben & Jerry's Phish Food until your heart begins to heal. Or perhaps you can't help but spill intimate details about your relationship to anyone who will listen, including that stranger who sat next to you on the subway. So what is the best way to respond when someone asks you about your ex? Cupid has some tips:

**1. Think before you speak:** It's tempting to say exactly what's on your mind (nice or not) when it comes to chatting about your ex and your intense breakup. Instead, when you're alone, really think about your relationship and come up with a blanket statement to share with anyone who asks for more information. Take a cue from *The Bachelor* winner Ferrell and consider something as simple as, "We tried our best to make it work."

**Related Link:** ['Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

**2. Keep private details to yourself:** If you find yourself saying too much when family or friends inquire about your recent heartbreak, start a journal. Writing down your emotions is a great way to share your feelings but still keep them private. That way, you'll be more in control of your thoughts when your loved ones want to know what happened!

**Related Link:** [Did 'Bachelor' Winner Nikki Ferrell Reveal She Has a New Man?](#)

**3. Change the subject:** If you're worried that you won't be able to stop talking about your former partner once you get

going, just bring up a new topic! Politely say that you'd rather not talk about it and then ask about their holidays or if they've been watching the most recent season of *The Bachelor*. Easy!

How do you respond when someone asks you about your breakup? Tell us in the comments below!

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## 'The Bachelor' Season 19 Premiere: Chris Soules Meets 30 Bachelorettes



By [Sarah Batcheller](#), [Lori Bizzoco](#), and [Whitney Johnson](#)

If you watched the season 19 premiere of *The Bachelor* last night, you know that Chris Soules is in for quite a ride. The Arlington, Iowa native clearly has his hands full with this group of women! After getting booted by Andi Dorfman, there's no telling which dynamic lady will steal his heart – and when we say dynamic, we mean it. His contestants range from a ballet instructor and a flight attendant (a profession that hasn't reigned superior in *Bachelor* past) to a WWE Diva-in-Training and a former NFL Cheerleader. Some are hotties with big personalities, while others are more bashful and low-key. And then there's the girl who depends a little too heavily on the bottle. Of course, they have one thing in common: They all want the same man. Ahh, aren't you so glad to have season 19 of *The Bachelor* to start off the new year?

To help you keep up with the 30 bachelorettes vying for Prince Farming's heart, we developed a "cheat sheet" with identifying details and our personal opinion of the women. Who will be sent home in tears? Who will embarrass themselves on national television? And, most importantly, who will get that final rose and prove to be the lady of Soules's dreams? Read on to find out what we think. (Spoilers ahead!)

## **Which Bachelorette Will Win Chris Soules's Heart on Season 19 of 'The Bachelor'?**

### **Top Contender**

*Britt, Waitress, Hollywood, CA*

After only one night, we think Britt could easily win the single hunk's heart with her sweet composure and warm personality. Her "free hug" idea was a perfect way to capture his attention. It gave him the chance to show his

vulnerability, and she got him to open up and trust her. She even got the first impression rose *and* the first kiss! Nice job! A+ for how to win a man. Still, we have to wonder: What would an L.A. girl do on a farm?

### **Most Likely to Make Babies**

*Whitney, Fertility Nurse, Chicago, IL*

Whitney is an adorable girl, and Soules said he is excited about her. How could he not be? The girl is smiling from ear to ear and living on cloud nine with her positivity. She sees possibility in everything, including the fact that, because she is a fertility specialist, she could help him raise baby hogs. Not sure her high-pitched, fast-talking, bubbly voice would be a good fit for the laid-back environment of the farm though. She would need to slow down...way down!

**Related Link:** ['Bachelor' Chris Soules Opens Up About Finding His Future Wife](#)

### **Winner of the Bachelorette Look-alike Contest**

*Kelsey, Guidance Counselor, Austin, TX*

We had to do a double-take when we saw Kelsey exit the limo. For a moment, it looked like Molly Maloney (now Mesnick) had stepped back into the scene! This short-haired widow would win the former *Bachelor* contestant look-alike contest if there was such a thing, but what she is really hoping for is to win Soules's heart. Only time will tell!

### **Award for Turning *The Bachelor* on During the Limo Introduction**

*Megan, Makeup Artist, Nashville, TN*

"Blondie." "You're gorgeous." "Blue eyes." "I am nervous." "This is crazy." We thought for a moment that the farmer was going to run away with Megan right then and there! It was obvious that he was extremely attracted to her. One thing though: We were shocked that she was the only one, aside from Tara, who looked like she wasn't wearing makeup.

### **Best Dressed and Best Eyelashes**

*Ashley I., Freelance Journalist, Wayne, NJ*

This East Coaster gets two awards: One for being absolutely stunning in her formal dress and the other for her long and just as stunning eyelashes. The girl is drop-dead gorgeous, but we need to see if her inside is as pretty as her outside. So far, she is nervous about the other girls, which really makes no sense. Confidence is key, Ashley!

### **Hardest to Figure Out**

*Trina, Special Education Teacher, San Clemente, CA*

Hello, Farmer Chris! Trina's expression and facial reactions didn't really match her words. There is something somewhat phony about her...but we haven't quite figured it out yet. Stay tuned for more.

### **Craziest Profession**

*Reegan, Donated Tissue Specialist, Manhattan Beach, CA*

It's a toss-up between embalmer Shawntel Newton and this donated tissue specialist for the craziest profession. Reegan brought biohazard waste to meet a man she's trying to impress. Really? Fake heart or not, there are some things that are just too much, too soon!

### **Official Train Wreck**

*Tara, Sport Fishing Enthusiast, Ft. Lauderdale, FL*

The girl was probably the first in *Bachelor* history to show up dressed casually. She exited the limo with Daisy Dukes and cowboy boots to show Soules her "real" side. She later changed into a little black dress, climbed into an empty limo, and reintroduced herself as a lady. Unfortunately, she threw down so much Jameson, Jack, and Johnnie (her BFFs, as she mentioned) that she couldn't pull off the classy lady for longer than 30 seconds. Still, the man of the hour (surprisingly) gave her a rose. We can't wait to see what she does next!

### **Biggest Baby**

*Amber, Bartender, Chicago, IL*

We're not sure what to say here. A 29-year-old woman who still needs her teddy bear for comfort? She definitely doesn't scream "marriage material" to us, but at least she made a memorable impression!

**Related Link:** [The First Official Look at Chris Soules on 'The Bachelor'](#)

### **Worst Stolen Moment**

*Nikki, Former NFL Cheerleader, New York, NY*

We couldn't help but be disappointed that this beautiful brunette's first moment with Soules was interrupted by Tara's dramatic second hello. Lucky for us, Prince Farming got to know her a bit better at the cocktail party and decided to keep her around!

### **Wackiest Secret Admirer**

*Amanda, Ballet Teacher, Lake in the Hills, IL*

The idea was good, but the girl is a bit off. As Britt put it, she has big eyes that are almost as scary big as those of Ashley S. As beautifully graceful and sincere as ballet is, Amanda is a little awkward. She even admitted in the confessional booth that she was single because she is crazy!

### **Most Likely to Bench Press *The Bachelor***

*Jillian, New Producer, Washington, D.C.*

Jillian has to be the girl most likely to beat the crap out of you! She's pretty but needs to tone down the testosterone and up her femininity if she wants to make it far in this competition. As of now, she doesn't seem like much of a match for small town guy.

### **Simplest Single Mom**

*Mackenzie, Dental Assistant, Maple Valley, VA*

This young mom has a cute little boy and is looking for a husband. She asked Chris about his farm and did some watercolor painting with him. He gave her an education on Alfalfa, and the rest is history. Mackenzie is much simpler

than the other women, so that may make it hard for her to compete.

### **Most Awkward Limo Exit (among other things)**

*Ashley S., Hairstylist, Brooklyn, NY*

This was one of the most awkward limo exits we've ever seen. Why it wasn't edited is beyond us, but this girl didn't even look at Soules. She got out and looked around, as if she were high, lost, or confused. Maybe she tried out for the wrong show? During the cocktail party, she spoke in metaphor about being like an onion. Enough said!

### **Worst Sense of Humor—Ever!**

*Kaitlyn, Dance Instructor, Vancouver, BC*

This girl had a great presence when she exited the limo. But as soon as she opened her mouth, it was all over. She introduced herself by telling an inappropriate joke that didn't seem all that funny. Soules later shut her down when she offered to tell yet another corny joke. Despite her awkwardness, the *Bachelor* was impressed with how down-to-earth she is.

After the farmer enjoyed some time with the first 15 ladies, the next group of women showed up. The first four to arrive – Samantha, Michelle, Juelia, and Becca – were a bit...boring. They were all gorgeous (no surprise there) but didn't offer much in terms of exciting introductions.

### **Hottest Introduction**

*Tandra, Executive Assistant, Sandy, UT*

There's no doubt that this girl made an entrance: She drove in on motorcycle in a beautiful dress. It was graceful, and she was showing Soules that they had something immediately in common (he rides a motorcycle too). She also revealed that, as much as she could be a lady, she could let her hair down too. Even the other women thought it was an amazing way to say hello!



**Related Link:** [Chris Harrison Jokingly Slaps Chris Soules in 'Bachelor' Promo](#)

### **Lamest Prop**

*Alissa, Flight Attendant, Hamilton, NJ*

Alissa is adorable but may be a little immature for Soules. We're still on the fence. For her introduction, she took an airplane seatbelt and put it around his waist. It was a nice technique to get close to him, but she'll need to step it up in order to compete with the other ladies in the house.

### **Best Ice Breaker**

*Jordan, Student, Windsor, CO*

We didn't get to see much of Jordan tonight, but from what we did see, we like her. She was smart enough to bring the nervous *Bachelor* two mini-sized bottles of whiskey, which they proceeded to drink together. Something to keep in mind, ladies: Figure out what he likes and do that!

### **Worst Miss Piggy Impersonation**

*Nicole, Real Estate Agent, Scottsdale, AZ*

Nicole walked out of the limo with what looked like a handmade pig nose that was secured with elastic around her head. It was a cute idea, but it didn't really go over as well as she had hoped. She was sent on her way.

### **Worst Way to Wear a Doily**

*Brittany, WWE Diva-in-Training, Orlando, FL*

Two strikes for Brittany, thanks to her horrendous outfit (and we mean *horrendous*) and tacky "Soulesmate" poster. She looked like she was wearing a gigantic doily. If this was a hand-me-down from her great, great grandmother, we apologize, but it wasn't even nice enough for the dining room furniture.

### **Worst Serenade**

*Carly, Cruise Ship Singer, Arlington, TX*

Carly took her pink, girly karaoke machine and serenaded Soules with a song that she wrote for him. Interestingly, she

did this while wearing a fluffy-looking chiffon dress. Carly is a cruise ship singer, which somewhat explains the cheese factor in her gimmick. She was sent back to the ship, her singing was not enough to get her a rose!

### **Most Adorable Introduction**

*Tracy, Fourth Grade Teacher, Wellington, FL*

Too cute for words. She read a note to the handsome farmer from one of her students, basically telling him to take care of her teacher and that she thinks he's cute and that she likes roses. What's not to like?

Of course, there were other contestants – Jade, Kara, Kimberly, and Bo – but they didn't make a memorable enough impression for us to include them on our list. Unfortunately, at the end of last night's episode, Soules sent home eight women: Nicole, Amanda, Kara, Kimberly, Bo, Brittany, Michelle, and Reegan. Kimberly went back inside for the rose she didn't get...and we were left with another *Bachelor* cliffhanger.

The Bachelor *airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

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## **'The Bachelor' Chris Soules Opens Up About Finding His Future Wife**





By [Jessica DeRubbo](#)

*The Bachelor* Chris Soules is serious about finding the love of his life. In fact, he recently opened up to [People.com](#) about leaving the farm life behind to expand his horizons and find The One. “There were so many great girls. I felt like I could fall in love with a lot of them right away,” he said. The new season of *The Bachelor* debuts on January 5th, and Soules will have 30 women to choose from at the start. With one woman arriving on a motorcycle, another proclaiming Soules could “plow her field any day,” and yet another giving him a “great squeeze,” there’s no doubt that this season’s *Bachelor* has his work cut out for him!

**‘The Bachelor’ is a unique way to meet someone. What are three other ways to meet a potential mate?**

**Cupid’s Advice:**

If you're single and you keep going to the same places expecting to meet someone new, your odds probably aren't that good. Maybe it's time to mix it up! Cupid has some dating advice:

**1. Try online dating:** Finding a potential partner online is no longer such an outlandish idea, but there are still many of us who haven't given it a shot. Instead of going to a bar or club, consider creating a profile on Match.com, OK Cupid, or eHarmony. It's a great way to find someone with similar interests right away instead of having to strike up multiple conversations with random people every time you go out.

**Related:** [Dating Red Flags Revealed on Facebook](#)

**2. Go grocery shopping or to the gym alone:** This tactic tends to work better in big cities, but meeting someone while grocery shopping or at the gym is becoming a great way to get out there. These are things you have to do anyway, so why not keep an eye out for potential mates while you're at it? If you go by yourself, you'll be less intimidating than if you're with a group of friends.

**Related:** [Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo](#)

**3. Go on a blind date:** Sometimes, it's best if you're left completely in the dark when it comes to picking the right partner. By letting your friends set you up on a blind date, they can be more unbiased and may actually choose someone with a personality you'd love. Though looks are obviously important, they aren't the only thing that leads to a solid relationship. So take our dating advice and go on one blind date a month.

**What are some other creative ways to meet a new partner? Share your ideas below.**

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# 'Bachelor in Paradise' Lovebirds Cody Sattler and Michelle Money Breakup After Six Months



By [Sarah Batcheller](#)

One of the happiest reality television love stories has come to an end. [UsMagazine.com](#) revealed that Cody Sattler and Michelle Money, who met on Season 1 of *Bachelor in Paradise*, have gone their separate ways after a cross-country move and six months of dating. Both stars took to social media

to gracefully announce their split, and inform fans that they will remain lifelong friends. The single mom sweetly wrote, "Cody truly has blessed my life and the life of my daughter in more ways than he will ever know. His positive impact on Brielle is something I will forever be grateful for."

## **How can you properly announce a breakup?**

### **Cupid's Advice:**

The end of a relationship can be tough not only on you and your ex but on your loved ones as well. After all, they too have grown close to your former partner during your time together. Here are three ways to gracefully share the news of your breakup:

**1. Inform family and close friends first:** In this case, Money has a young daughter, who spent a lot of time with Sattler. The closest people to you should always hear the news first because it will affect them the most. It's better for those who had some emotional stake in the relationship to be able to process it before everyone else hears about it.

**Related Link:** [Screwing the Rules Video Dating Tips: 'Tis the Season to...Breakup?](#)

**2. Don't share too many details:** Relationships are very personal, and that means breakups are too. If and when you announce your split on social media or in some other public way, don't disclose any intimate details that you'll regret having shared later on.

**Related Link:** [Single in Stiletto Show: How to Move On After a Breakup](#)

**3. Make sure both of you are on the same page:** Per the above statements, you want to make sure that you and your ex agree on who to tell and what details to reveal. You also want to agree on how and when you announce your breakup publicly. It

may be uncomfortable, but it's the last thing you'll ever have to negotiate, so keep it amicable.

How have you exited a relationship gracefully? Tell us in the comments below!

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## Did 'The Bachelor' Winner Nikki Ferrell Reveal She Has A New Man?



By [Emily Meyer](#)

Although Nikki Ferrell's celebrity breakup from *Bachelor* Juan

Pablo Galavis was only a month ago, her Instagram account tells us she's wasting no time getting back into the swing of things when it comes to her relationships and love life. According to [Wetpaint.com](https://www.wetpaint.com), the *Bachelor* winner posted a photo over the weekend quoting Beyoncé's song "Halo" by writing, "I swore I'd never fall again, but this don't even feel like falling." She then captioned the quote with more lyrics from the song, "Think I'm addicted to your light," followed by a heart emoji. The private beauty didn't give any more details about this new special someone, but we can't wait to see what celebrity love gossip she shares next!

## **'The Bachelor' winner Nikki Ferrell found romance after her celebrity breakup. How do you know when you're ready to start dating again after a breakup?**

### **Cupid's Advice:**

Whether you were in a relationship for months or years, breaking up is never easy. You have been dealing with a tornado of emotions ranging from anger and confusion to sadness. It can be difficult to figure out when you're ready to start dating again, so Cupid has three ways to help you know when you're ready to get back into the dating scene:

- 1. You have a positive outlook about your past love:** Although it's normal to feel somewhat angry about how your last relationship ended, it's important that you let go of those negative feelings. If not, you may not be able to move forward to a place of peace with a new partner. Figure out what's still holding you back and like *Bachelor* winner Nikki Ferrell, speak positively of your ex to help you move into a



better place.

**Related Link:** [‘Bachelor’ Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

**2. You can be happy on your own:** You have to be content with yourself before you can find happiness with someone else. Make sure you have your own hobbies, career, and social circle before you dive into another relationship. When you sincerely love yourself as an individual, you’ll be ready to start the dating process again.

**Related Link:** [Chris Harrison Jokingly Slaps Chris Soules in New ‘Bachelor’ Promo](#)

**3. You want to move on for *yourself*:** It’s only human to want to make your ex *a little* jealous. However, that should not be your main motivation. Make sure you’re fully committed to dating new people for the right reasons.

**How did you know you were ready to get back into the dating scene? Tell us in the comments below!**

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**‘Bachelor in Paradise’ Couple  
Marcus Grodd and Lacy Faddoul  
Spend Their First  
Thanksgiving Together!**





By [Emily Meyer](#)

The holidays are meant to be shared with the people you love, and for Marcus Grodd and Lacy Faddoul, they did just that! According to [Wetpaint.com](#), the *Bachelor in Paradise* couple spent their first Thanksgiving together in Faddoul's home state of California. Both reality stars posted sweet pictures together on their Instagram accounts. Faddoul captioned one photo, "Happy Thanksgiving! We are so thankful for those that love and support our little family. #family #friends #bachelornation." Grodd then wrote, "Happy Thanksgiving Day from our family to yours! Hold your loved ones close #blessed #love #gobble." From the background of the photos, we are guessing they were snapped in The Golden State, which also happens to be where the couple has been spending most of their time these days. This adorable pair seems to be powering through the holiday season joyfully!

**How do you know when you're ready to bring your partner home for the holidays?**

**Cupid's Advice:**

Although many people usually complain about being single during the holidays, it's not so easy for couples either! The big question is for many pairs is whether or not you should bring your lover home for the holidays. Cupid knows it can be stressful, so here are three ways to tell if you're ready for your new partner to spend this special time with your family:

**1. They have met your loved ones before:** If your significant other has never met your parents, the holidays may be an awkward time to introduce them. It'll be intimidating to expect your beau to get to know your entire family (including your crazy aunt) during this stressful time of cooking, gift giving, and party-hopping.

**Related Link:** ['Bachelor in Paradise' Couple Marcus Grodd and Lacy Faddoul Still Together](#)

**2: They seem pro-holiday:** If your sweetheart is asking you about your family's Christmas traditions and your favorite memories, that's a good sign! They're already invested in sharing the holidays together and want to become more connected as a couple. If they seem to be in good spirits about the holidays, it's worth broaching the subject of bringing them home with you.

**Related Link:** ['Bachelor' Runner-Up Lindsay Yenter Is Engaged](#)

**3. You actually *want* them there:** It's really important to not feel pressured to bring a new boyfriend or girlfriend home for the holidays. Make sure that you really want them there and that you aren't only trying to please someone else (like your mother). If you don't feel ready, don't extend the invite!

**How did you know you were ready to bring your partner home for the holidays? Share with us below!**

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# Snooki Marries Jionni LaValle



By Jessica DeRubbo

It looks like Nicole “Snooki” Polizzi is no longer a single woman! The former *Jersey Shore* star tied the knot with longtime boyfriend and baby daddy Jionni LaValle at the Venetian in Garfield, New Jersey on Saturday. According to [UsMagazine.com](http://UsMagazine.com), the parents to Lorenzo, 2, and Giovanna Marie, 3 months, had a Great Gatsby-themed celebration, with a cigar and scotch bar.

**What are three creative themes to have at your wedding?**

**Cupid’s Advice:**

**1. Gone With the Wind:** Take it back to the times surrounding the Civil War, and center your wedding around the American classic movie, "Gone With the Wind." It's the ultimate love story, and the costumes, settings and decorations in the movie show a rich lifestyle ruled by high class and beauty. Adapt it for your wedding, and it'll be a celebration no one will ever forget.

**Related:** [Snooki Prepares for Wedding Day with Great-Gatsby Themed Bridal Shower](#)

**2. Girls wear suits, men wear dresses:** Shake things up a little and do some role reversal. Okay, so we got this idea from the movie *27 Dresses*, but hey, it could work!

**Related:** [Snooki: Motherhood Made Me 'Grow the Hell Up'](#)

**3. A black tie affair:** Go traditional, and keep things classy. Declare your wedding celebration a black tie affair, and everyone will attend the bash in their finest.

What are some other themes that would work for a wedding? Share your ideas below.

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## Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo





By [Jessica DeRubbo](#)

The promos for the upcoming season of 'The Bachelor' Season 19 are upon us! In a recently released promotional trailer featuring Chris Soules' quest for relationships and love, host Chris Harrison is seen jokingly slapping Soules in the form of a reality check when his women contestants begin arriving in the first episode. "I am the luckiest man alive," Soules said, according to [UsMagazine.com](#). "I really do believe I can find that special someone."

**Finding relationships and love can seem like a dream. What are some ways to give your friends a reality check when it comes to their dating lives?**

**Cupid's Advice:**

There's no doubt about it: sometimes you and your friends need

a reality check in your relationships and love lives. Cupid has some ways to dole them out:

**1. Be straightforward:** Sometimes the best thing you can do is tell it like it is. If you see a friend idolizing their partner or doing things they wouldn't normally do in a relationship, call them out on it. If they are a close friend and trust you, that's all it should take.

**2. Stage an intervention:** In extreme cases, it might be necessary to get a group of their loved ones together to stage an intervention. For instance, if you know your friend is in an emotionally abusive relationship, you may want to take this approach. Get together and let your friend know you all care, but that something needs to be done. He/she may pay more attention if there's more than one person.

**3. Gradually work up to it:** Dropping hints here and there in a subtle way may be the way to go if what you're pointing out is something fairly minor.

**What are some ways to give your friend a relationship reality check? Share your ideas below.**

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**Famous Reality TV Couple  
Desiree Hartsock and Chris  
Siegfried Reveal How Many  
Celebrity Kids They Want**



By Emily Meyer

[Reality TV](#) couple Desiree Hartsock and Chris Siegfried are planning a celebrity wedding in January, and we may hear about a celebrity pregnancy soon after! According to [Wetpaint.com](#), after the famous couple marries, they're going to focus on having celebrity kids. In a Q&A on Hartsock's blog, *The Bachelorette* star answered questions from fans about their plans for the future, including how many baby Siegsocks they want to have. "We will see but maybe 3?" the reality TV star revealed. It looks like we won't have to wait long because she sees them in five years as "married, kids, dogs, traveling, and doing what we love."

**The latest celebrity news is that**



# this soon-to-be-married reality TV couple is already talking about celebrity kids. How do you know when it's time to have children with your partner?

## Cupid's Advice:

Are you and your love beginning to think about starting a family like this famous couple but aren't sure you're completely ready for what's in store? Cupid knows it can be tough, so here are three ways to know when you and your partner should have kids:

**1. You both have pure motives:** As much as we hate to say it, sometimes, people want children for the wrong reasons. Having kids isn't a bandage that will fix a relationship in distress. For these reality stars, decision-making can be a little tough since they've only known each other for a short period of time. Make sure you and your partner know what's ahead and the journey you will go through together.

**Related Link:** [Do Trista and Ryan Sutter's Kids Know How the Couple Met?](#)

**2. The timing works:** Have you accomplished what you want to thus far in your life? Are you done with school, confident about finances, settled with your job, and happy with where you live? Check all of these important boxes *before* having kids.

**Related Link:** [Ashley Rosenbaum Instagrams Amazing Post-Body Just One Month After Giving Birth](#)

**3. You are healthy and happy:** Being healthy and happy is another important aspect to consider when you're having

children. A mother's actions and attitude rub off on a child, so it is crucial to be in a good mindset while pregnant and as a new mom.

How did you know you were ready to have children? Share below!

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## 'Bachelor Pad 2' Contestant Kasey Kahl's Surprising Engagement!



By Emily Meyer

For the ladies out there looking for a man who will guard and

protect their heart, Kasey Kahl is officially off the market. The popular season six star of *The Bachelorette* proposed to his longtime girlfriend Amanda Waters this past weekend. As you would expect from the *Bachelor Pad 2* alum, the engagement was over the top and cheesy. According to [Wetpaint.com](http://Wetpaint.com), the proposal took place in Las Vegas where Kahl got down on one knee after an elaborate show in front of friends and family. The reality star took to Twitter to announce the engagement and posted a photo of Water's pretty new ring with the caption, "She said yes... #happiestdayofmylife #lovemyfamilyandfriends #nutriefam #holycrapimafiancee."

### **What are three fun and unique ways to propose?**

#### **Cupid's Advice:**

The story of you and your partner's engagement will be a tale you will never forget. You'll share the story with your friends, family, and kids (someday), so it's no surprise that planning this important moment can be stressful. But don't worry! Cupid has some easy and exciting ways to pop the question:

**1. Use a "Marry Me" mug:** If your partner loves their morning coffee or hot cocoa, this is a cute way to pop the question. Fill up a mug that has "Will you marry me?" printed on the bottom. When your sweetheart is done with their drink, drop to one knee, tell them to flip over the cup, and propose!

**Related Link:** ['Bachelor in Paradise' Couple Marcus Grodd and Lucy Faddoul Still Together](#)

**2. Write your proposal in a journal:** For those who appreciate a romantic love letter, you will love this idea! Write your significant other a journal with a creative title like "The Reasons I Want to Spend the Rest of My Life With You." Then, you both will have a beautiful book that you can keep and share forever.

**Related Link:** [‘Bachelor’ Runner-Up Lindsay Yenter Is Engaged](#)

**3. Set up a treasure hunt:** Start with a clue at home for your unsuspecting soon-to-be-fiancé. Lead them to your favorite spots all over the town. End the fun adventure with a proposal at a place with special meaning to the two of you, maybe the restaurant where you had your first date or the park where you shared your first kiss.

**Have any other unique ways to propose? Share below!**

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## Do Trista and Ryan Sutter’s Kids Know How the Couple Met?



By Emily Meyer

Although we know Trista and Ryan Sutter for being one of the most successful couples in *Bachelorette* history, their own children might not be as aware! According to [Wetpaint.com](http://Wetpaint.com), while Trista has been promoting her new book, *Happily Ever After: The Life-Changing Power of a Grateful Heart*, the 42 year-old confessed that her children don't know how their parents met. She admits, "They haven't seen it...I'm sure that we'll be answering questions, but I'm not ashamed of it by any means." The recent *Marriage Boot Camp Reality Stars* participant thinks her hubby will be the first one to show the kids their past. She revealed, "I'm much more protective. I'm very regimented. I like keeping to a schedule, and the reason I like it is because my children are happier if they get their sleep, if they do the things they are used to doing." It seems Ryan and Trista will have some explaining to do!

**How should parents talk to their children about relationships?**

### **Cupid's Advice:**

Every kid looks up to their parents, and it's only natural for them to eventually get curious about their mom and dad's relationship. Parents, then, have the opportunity to explain to their kids how to have healthy and strong love. Here are three things to remember when it comes to talking to your children about happy relationships:

**1. It's never too early:** It's never too early to bring up the topic of romantic partnerships with your children. It is actually better to discuss it before they begin forming their own relationships with others, so don't be afraid to approach the topic.

**Related Link:** [Chris Hemsworth Spends a Beach Day with Family](#)

**2. Make them aware of the truth:** It's important for these

conversations to come up so that your children understand the components of a good and successful relationship. Making your kids learn the dos and don'ts of true love will help them in the future.

**Related Link:** [Neil Patrick Harris and Family Wear Gotham-Themed Halloween Costumes](#)

**3. Let them know you're always there for them:** Make sure your little ones know that you want to help. Never suppress their feelings and acknowledge every issue that comes up. This will help your children get smart about relationships.

**What tips do you have for parents who want to talk to their children about relationships? Share below!**

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## **'The Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis**





By [Emily Meyer](#)

Sadly, it has been confirmed that another *Bachelor* couple has split. After speculation that there was trouble between celebrity couple Nikki Ferrell and Juan Pablo Galavis, Ferrell confirmed the celebrity breakup. According to [E! Online](#), the split happened over her birthday weekend. The pediatric nurse revealed, "We were just going back and forth through texting. He was questioning the relationship, and I was questioning it back. I sent him a message saying, 'We should fight for this. We should work this out.' And he didn't respond." That's when the 28-year-old posted her angry message to Instagram. She confessed, "In hindsight, I probably shouldn't have done that. I'm a tad bit impulsive." Regardless, the two still have love for one another. Ferrell said, "Who knows what the future holds, but at this point in our lives, it's not working for either one of us."

## Celebrity couple Nikki Ferrell and

# Juan Pablo Galavis were pretty upset about their celebrity breakup. How can you stay positive when ending a relationship?

## Cupid's Advice:

We've all been there: a bad breakup that makes you feel like you'll never be happy again. We know being strong is challenging, but staying positive can help you get through the tough times that are ahead. We know this celebrity couple will get through it and so can you. Here are three tips on how to stay positive when going through a split:

**1. Forgive and forget:** A big part of being positive is learning to let things go. Not all relationships work, so there is no reason to blame yourself or your ex. Learn to move on and remember the good times you shared.

**Related Links:** [Have 'Bachelor' Couple Juan Pablo Galavis and Nikki Ferrell Split?](#)

**2. Reconnect with yourself:** You have been part of a partnership for so long; now is the time to focus on yourself again. Find out what it is that truly makes you happy and pursue it, whether it's exploring a new hobby in photography or spending extra time with your best gal pals.

**Related Links:** [Can You Really Find Love on 'The Bachelor'?](#)

**3. Surround yourself with good people:** It's important to surround yourself with friends and family who love and support you. Find things that make you smile and laugh. The happier you are, the sooner you will forget about the breakup and be ready to open yourself up to love again.



What are some other ways you can stay positive during a breakup? Share below!

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# Reality TV Star Ashley Hebert Instagrams Amazing Post- Celebrity Baby Body



By Emily Meyer

Say goodbye to the days of a big belly! Just a month after giving birth to her celebrity baby with [J.P. Rosenbaum](#), [The Bachelorette](#) star [Ashley Hebert](#) is showing off her amazing

body. According to [WetPaint.com](http://WetPaint.com), the reality TV star honored her 30-day mark with one of her signature side profile mirror selfies on Instagram. She captioned the impressive picture, "One month post baby! I'll take it." Not only did the new celebrity mom display a super flat belly, but she is also showing off some serious guns, making us wonder how she's finding the time to exercise too. The happy famous couple have called Fordham an "easy" celebrity baby, so it's no surprise parenthood is looking so good on her!

**This reality TV star has a lot of support from her husband after having their first celebrity baby. Men, here's how you can help your partner feel good about their post-baby body!**

### **Cupid's Advice:**

Now that your baby is born, you want your body back! You may be thinking that things will never be the same again. While your body is forever changed, you will feel like yourself again soon. Cupid knows it can be hard making a woman feel good right after she has given birth, so here are three ways to make your partner feel confident about their post-baby body:

- 1. Remind her to be patient:** It's easy for women to be frustrated at her body after giving birth, so she'll need to hear a lot of encouragement. Let her know that it won't be easy but that you'll be supporting her every step of the way! Most importantly, remind her that it'll take time, effort, and patience.

**Related Link:** [‘The Bachelorette’ Couple Ashley and J.P. Rosenbaum Talk About Life with Newborn Son Fordham](#)

**2. Give her a break:** Force your partner to take some time for herself, no matter how much she protests. Whether it’s watching a movie or getting her nails done, she’ll start to feel better about herself. It will also help her get back into her regular routine.

**Related Link:** [Blake Lively Shows Off Baby Bump With Ryan Reynolds](#)

**3. Shower her with compliments:** Every woman loves to have sweet nothings whispered into her ear! Tell her she looks beautiful everyday, no matter how she’s feeling. Don’t let her compare herself to others, and remind her that she’s the only woman you have eyes for.

**What are some other ways to make your partner feel good after having a baby? Share below!**

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## ‘The Bachelor’ Runner-Up Lindsay Yenter Is Engaged





By Emily Meyer

It looks like Lindsay Yenter didn't waste any time sulking around and pining for lost love! After not receiving the final rose from Sean Lowe on *The Bachelor* season 17 finale, the bubbly brunette quickly moved on and began dating now-fiancé Karl Swanson. According to [Wetpaint.com](http://Wetpaint.com), her celebrity love popped the question at the end of October. Yenter posted a photo of her amazing new rock on Instagram with the caption, "You mean I wasn't dreaming?! More details to follow on the blog...#ontopoftheworld." The former reality star credits *The Bachelor* Sean Lowe with helping her see what's important in a potential partner, saying, "After doing the whole show, it made me realize I need to find guys who I want as a husband and as a father instead of going after the bad boy." We cannot wait to hear wedding details and see what's next for this celebrity couple!



Lindsay Yenter shows off her gorgeous engagement ring. Photo courtesy of Lindsay Yenter's Instagram.

**Lindsay Yenter knew she was prepared when celebrity love Karl Swanson popped the question. What are three signs that you're ready to get engaged?**

**Cupid's Advice:**

Getting engaged is a big step. Whether you've been dating for a few months or several years, it's sometimes hard to know when the time is right. Cupid has three telltale signs to consider:

**1. You bring out the best in each other:** Whether it's making your partner constantly smile or helping them achieve new success at work, it's important to always bring out the best in each other. Friends and family will see that, and you'll be sure to get their stamp of approval.

**Related Link:** [Desiree Hartsock and Chris Siegfried Announce Their Wedding Date](#)

**2. You share similar values:** You should be on the same page as your future fiancé. Whether it's how many kids you want or where you want to live, it's vital in any relationship to agree on the big issues. If not, one of you may ultimately end up disappointed.

**Related Link:** [Andi Dorfman Begins Wedding Dress Shopping in NYC](#)

**3. You enjoy every moment together:** For a relationship to last, you need to enjoy each other's company, no matter what you're doing. Marriage doesn't mean fancy dinners and expensive gifts; you'll have to be content with just hanging out sometimes. Whether it's going to the grocery store or doing the laundry, you need to be just as happy doing these boring chores as you will be on date nights. *The Bachelor* runner-up Lindsay Yenter's instagram tells us her and celebrity love Karl Swanson enjoy spending time with each other no matter where they are.

**How did you know you were ready for engagement? Share below!**

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# The First Official Look at Chris Soules on 'The Bachelor'





By Emily Meyer

Start planning for *The Bachelor Season 19* viewing parties now! While the reality show isn't set to air until January 5, 2015, [eonline.com](http://eonline.com) has the first exclusive look at Chris Soules. The 32-year-old Midwest farmer who won our hearts on Andi Dorfman's season of *The Bachelorette* now has his chance to find a relationship and love. The first promo pic for the season is captioned: "Traditional. Classic. All-American." It was also just announced that *The Bachelor* premiere will be three hours long *and* live! "Coming from a small town, I never really expected to have this opportunity to be on either show, let alone to be the lead on *The Bachelor*, so it's been awesome," Soules shared after his announcement was made on *Good Morning America*.

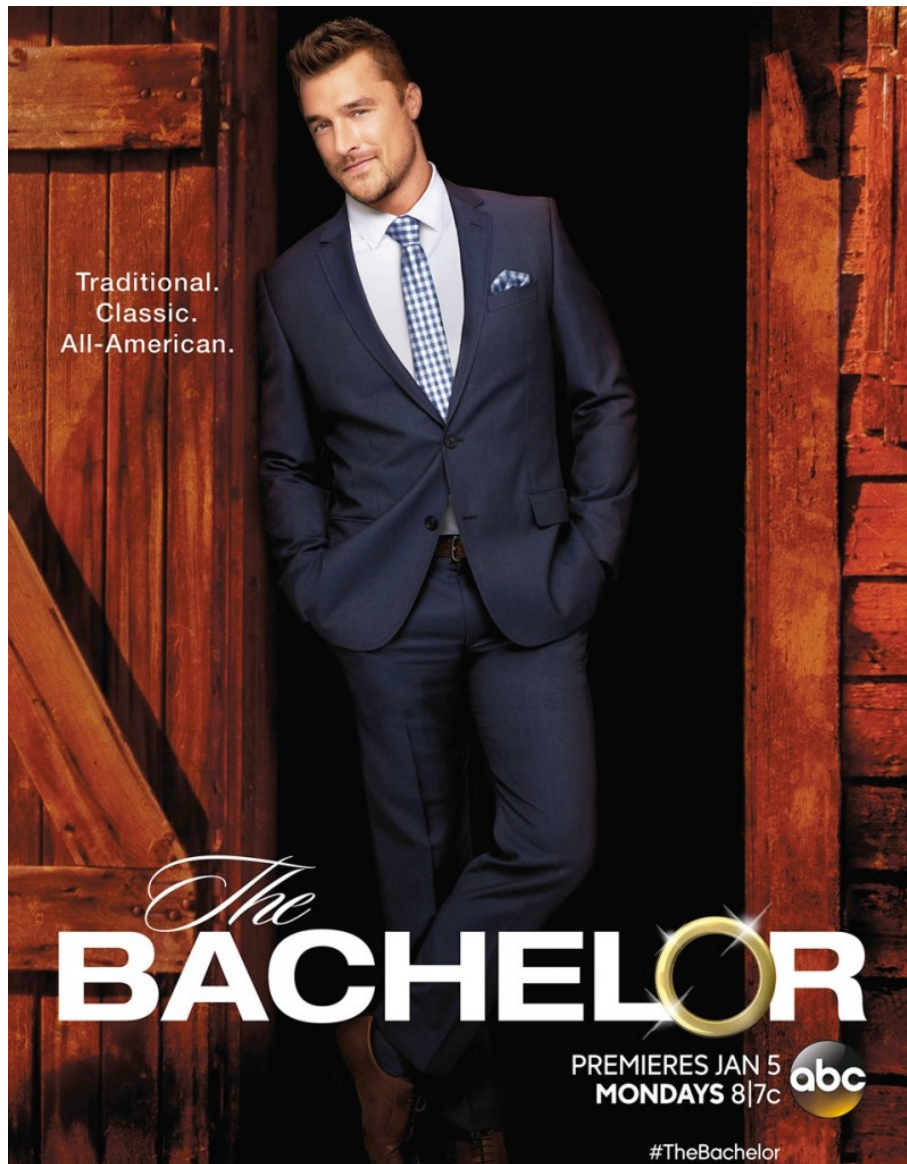


Photo courtesy of ABC.

**‘The Bachelor’ offers a unique way to meet a new partner. What are some other ways to meet someone?**

**Cupid’s Advice:**

Are you tired of the same boring potential partners you meet each weekend at the local watering hole? You probably don’t want to go as far as being the next *Bachelor* or *Bachelorette* (if only we were all so lucky!), but you *do* want to find fresh and exciting people to bring into your love



life. Cupid knows it can be tough, so here is some dating advice to help you meet someone new:

**1. Hang out where big groups gather:** Think about where men and women often spend time together. Get a few girlfriends and go to a place you know will be flocking with men, like a local steakhouse or a nearby sports bar on game night. If you're looking for ladies, head to the mall or a popular park in your town. The more people around, the better chance you have of meeting someone who's a good fit for you.

**Related Link:** ['Bachelorette' Andi Dorfman Quits Assistant District Attorney Job](#)

**2. Volunteer:** What could be better than a significant other who gives back to their community? It's time to get involved and start volunteering! You will meet single men and women who are caring and passionate about something. Plus, you'll be doing something good for your town while you search for The One!

**Related Link:** [Ryan Seacrest Aspires for a Marriage Like His Mom and Dad](#)

**3. Join a local sports team:** Not only will you meet tons of single men and women— but you can get in better shape and release any stress from work. That cute pitcher is sure to be turned on by your impressive batting skills!

**What are some different ways to meet someone special? Tell us in the comments below.**

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# Have 'The Bachelor' Celebrity Couple Juan Pablo Galavis and Nikki Ferrell Split?



By Emily Meyer

It looks like *The Bachelor* celebrity couple Juan Pablo Galavis and Nikki Ferrell have called it quits after trying to salvage their rocky celebrity relationship. For those who watched the controversial couple on *The Bachelor* and VH1's current season of *Couples Therapy*, it should be no surprise that there will be no more roses passed between the two of them. According to [People.com](http://People.com), Ferrell dumped Galavis seven months after audiences watched him decline to say "I love you" to the 27-year-old pediatric nurse on the finale of *The Bachelor*. It seems she has finally grown tired of his childish behavior: On

Sunday, she unfollowed the reality star on both Instagram and Twitter and then posted a harsh quote that appears to be aimed towards Galavis. She posted, "Isn't it pathetic how we waste so much time on certain people and in the end they prove that they weren't even worth a second of it."

## **'The Bachelor' winner Nikki Ferrell had a tough time figuring out when to end her celebrity relationship. How do you know when it's time to call it quits in a long-term romance?**

### **Cupid's Advice:**

We all want that perfect connection with someone, but we know that relationships and love are hard work. As difficult as it is to admit, time changes things, and sometimes, a breakup is for the best. So how do you know whether to stick around or back out of a longtime love? Cupid has some tips:

**1. Your connection has faded:** If you and your partner have lost sight on what brought the two of you together, then it's time to say goodbye. A healthy relationship is one where the passion is constantly flowing. Rather than convince yourself that you belong together, you should be reminded every day of why you're in love with this person.

**Related Link:** [Jennifer Lawrence and Chris Martin Call It Quits](#)

**2. You're fighting more often:** When it comes to relationships and love, it's important to remember that it's okay to fight. It's not about how much you argue with your partner but *how* you resolve your issues as a team. If the fighting becomes more

serious and filled with anger, it's time to break it off.

**Related Link:** [Nick Cannon Opens Up About Split From Mariah Carey](#)

**3. Your vision for the future is no longer the same:** A must in any relationship is to share the same goals and hold similar ideas for what you want. Whether it's the number of kids you'd like to have or where you want to live, make sure to be on the same page as your partner. If you find you're disagreeing over these big items, how will you ever agree on the little things?

**How did you know it was time to call it quits with your long-term partner? Tell us in the comments below!**

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## **Reality TV Stars JWOWW and Snooki's Celebrity Kids Enjoy a Sleepy Movie Date**





By Amanda Boyer

Now that *Jersey Shore* [reality TV](#) stars JWoww and Snooki are celebrity moms, they are involving their kids in their friendship too. The celebrity kids attended a recent movie night with their mothers for a fun play date. Although Snooki's celebrity baby girl was born in September, she did not come to the movie night. According to [UsMagazine.com](#), JWoww captioned a photo in September saying, "Meilani and Lorenzo Are BFFS!!! ... OMG Meilani is getting so big so fast!!!!"

**These reality TV stars are setting good examples for their celebrity kids. How do you positively influence your child's choice of partner?**

**Cupid's Advice:**

As a parent, you want the best for your child. It can be painful to watch them choose inappropriate partners. Cupid has some tips on how to positively influence your child's choice of mate:

**1. Teach them good values:** Teaching your child what to see in others will help them decide what they want in a partner. By introducing their children at a young age and hosting play dates together, these celebrity moms are already off to a good start!

**Related Link:** [JWoww and Snooki's Kids Are Already BFFs](#)

**2. Read to them:** Pick up some reading for them, whether it's magazines or love stories. When they have a vision of what they want, it will help them stay away from someone who would be a negative influence.

**Related Link:** [Snooki Steps Out 3 Days After Giving Birth to Second Child](#)

**3. Get personal:** By talking about your past partnerships and the pros and cons in each of them, they'll get a glimpse of what you have been through and better understand how relationships and love are supposed to work.

**Have you influenced your child's taste in partner another way? Comment below!**

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**'Bachelorette' Famous Couple  
Ashley Hebert and J.P.**

# Rosenbaum Talk About Life with Newborn Son Fordham



By Emily Meyer

Famous couple [Ashley Hebert](#) and [J.P. Rosenbaum's](#) celebrity love story cannot get any more perfect. Since the birth of their first celebrity baby Fordham Rhys, the pair has stayed busy balancing their new responsibilities of parenthood together. In an exclusive celebrity interview with [People.com](#), the former [Bachelorette](#) exclaims, "The first two weeks have been great!" The reality TV star also shares how parenthood has actually brought her and her husband closer together: "Throughout our relationship, our bond always seems to grow stronger with each milestone we reach. It's still very early in our parenting careers, but it's easy to see that it'll take a lot of teamwork, support for one another, and patience when

raising this child. You really need to be on the same page all the time.” It sure looks like this famous couple are on the path for a lifelong marriage and happy celebrity family.



Ashley and J.P. Rosenbaum welcome son Fordham Rhys into the world. Photo courtesy of Ashley Rosenbaum's Instagram.

**These *Bachelorette* reality TV stars still have sparks flying after the birth of their celebrity baby. Here is how you can keep the romance alive right after a pregnancy!**

**Cupid's Advice:**



Everyone knows that life becomes even more stressful with a newborn, as you can see from this former *Bachelorette*. Still, those tough moments are no excuse to let the romance die between you and your partner. Cupid wants to make sure you and your significant other keep the love alive after welcoming a baby:

**1. Be patient:** Even though you're probably feeling like your romance will never go back to the way it used to be, remember this is just a phase. Eventually, you'll feel energetic again and have time for just you and your partner. For now, focus on your newborn, but make sure you also show your beau some loving.

**Related Link:** [Mila Kunis and Ashton Kutcher Welcome a Baby Girl](#)

**2. Take time to connect each day:** It doesn't matter what you and your partner talk about, but a little chat can go a long way. Make sure you take the time to talk to them and keep the lines of communication open. This is mandatory if you want your relationship to succeed beyond this stressful stage in your lives.

**Related Link:** [Blake Lively Proclaims Pregnancy Is What She Always Wanted](#)

**3. Schedule date nights:** Plan ahead of time to go on a date with your partner and stick to it! So often, couples back out of plans because they think something more important comes up. However, it's crucial to make your date nights a priority. This alone time will help make you better spouses *and* parents.

**How did you keep your romance alive after your pregnancy? Tell us in the comments below.**