

Celebrity Couple Sean Lowe & Catherine Giudici Butt Heads on 'Marriage Boot Camp'



By Jasmine Igwegbe

We can all claim to experience relationship problems similar to celebrity couples for sure. In [latest celebrity news, celebrity couple](#) Sean Lowe and Catherine Giudici's relationship is making progress on *Marriage Boot Camp* with the assistance of celebrity judge Lynn Toler, according to [UsMagazine.com](#). Lowe even admits to Toler that he has trouble being compassionate even when he's really trying. This pair is continuing to work on their issues, even as they prepare to welcome their first [celebrity baby](#) to the world.

This celebrity couple has their issues, just like everyone else. What are some ways talking to a third party can help your relationship?

Cupids Advice:

Experiencing relationship problems is a common matter we all encounter. What should we do? Cupid has some advice:

1. Unbiased opinion: The third party would be unbiased and make a decision based on the facts you present to them. They're unaffected by the emotions, so they can be more logical and realistic about the situation.

Related Link: [5 Simple Ways to Turn Your Relationship Around](#)

2. Solomon's Paradox: When you distance yourself from a problem, you're able to examine it more clearly, according to the research surrounding what's called the Solomon Paradox. Receiving advice from someone who is distant in the relationship allows wisdom instead of pure emotion.

Related Link: [Is 'The Bachelor' Sean Lowe & Catherine Giudici's Celebrity Love Affair in Trouble Already?](#)

3. New perspective: Hearing someone's side who is not in the relationship gives you an insight from a different perspective. It may also impact how you continue to look at the conflict and help you make a better decision.

What are some other ways consulting a third party can help your relationship? Share your thoughts below.