

Celebrity Couple Chris Soules and Whitney Bischoff Discuss Their Plans For a 'Bachelor' Baby



By Emma L. Wells

This celebrity couple is revealing their plans for the future, and it includes more than just the two of them. “Dancing, the move to Iowa, the wedding, and eventually a family,” *The Bachelor* winner Whitney Bischoff told *Us Weekly*. “[We] definitely [want kids], so one step at a time.” Since their celebrity engagement, she’s been by fiancé Chris Soules’ side during his run on *Dancing with the Stars*. So what’s next on Soules’ agenda? According to OkMagazine.com, he said, “We’re

just looking forward to getting into our normal lives. Then, we can talk about wedding planning.” But his celebrity love is way ahead of him: In a *Good Morning America* interview, Bischoff said she was ready for a [celebrity pregnancy](#) and admitted that she had frozen her eggs so she can have “multiple kids.”

There’s no doubt in Bischoff’s mind that parenthood is in the future for this celebrity couple. What are some ways to pick out a name for your baby?

Cupid’s Advice:

There are so many big decisions that come up after you get pregnant, but picking out a name for your little bundle of joy is perhaps the one with the longest impact. Your name says so much about you, and parents should put careful thought into it before settling on one. Cupid has some tips on how to make the best baby name choice:

1. Ignore the trends: Everything goes out of style eventually. Right now, it’s a fad among celebrity couples to use really unique names for their kids – think Apple Martin or North West. Instead of thinking way outside the box, consider looking into the past. Check out the social security website of popular baby names that goes back over 100 years. There are many names in the list that, although they aren’t common right now, are beautiful and timeless.

Related Link: [Justin Timberlake Gives Shout Out to Pregnant Celebrity Love Jessica Biel at iHeart Radio Awards](#)

2. Honor someone: It can be a great idea to name your baby

after someone you love. Not only is it a wonderful gift to give that person, but it provides a legacy your child will appreciate when they grow up. It always special to pick a name of a family member or friend. If you can't find one that you like, then consider the name of your favorite book character or a historical figure you admire.

Related Link: [Famous Couple Brandon and Leah Jenner Announce Celebrity Pregnancy with Cute Instagram Photo](#)

3. Try it out: Before you and your partner decide on a name, think about how your child will grow up with it. Ask yourselves these questions: Does it sound good with their last name? What will their nickname be? Is this a name that will be relatively easy for your kid to learn to spell? These questions should help you narrow down your list.

What are some other ways to find baby name inspiration? Tell us below!

Jason Aldean Says Celebrity Wife Brittany Kerr 'Keeps Me Focused and Grounded'





By Jenna Bagcal

In a recent piece of celebrity news from People.com Jason Aldean spoke highly of how his new celebrity wife Brittany Kerr influences his life. The [celebrity couple](#) were married in March of this year in a surprise wedding in Mexico. Aldean told PEOPLE that the former *American Idol* contestant keeps him “a little more focused and grounded,” which he especially needs while on the road.

Brittany Kerr is still adjusting to being a celebrity wife! What are some ways to give your partner a reality check?

Cupid's Advice:

Whether you're newly married like this celebrity couple or have been in a long-term relationship, giving your partner a reality check from time to time can benefit your relationship

and love. Here is Cupid's love advice for how to keep your partner grounded:

1. Be supportive through stress: Stress can come in many different forms, whether from work, a job interview, or money issues. If stress is negatively affecting your partner, show that you support them by giving them words of encouragement and finding the positive aspects of the situation at hand.

Related Link: [Famous Couple Jason Aldean and Brittany Kerr Have Wedding Celebration](#)

2. Create realistic goals: It's easy to create lofty goals, but completing those bigger goals can be difficult. Work with your partner to create goals that are manageable but rewarding for him or her, or encourage them to divide bigger goals up into smaller parts. In doing so, running a 10 kilometer race or passing a big certification exam won't seem so daunting.

Related Link: [Jason Aldean and Brittany Kerr Spend Christmas Eve With His Kids](#)

3. Keep your partner's eye on the prize: Getting the motivation to do something or complete a task can be hard, so keep your partner focused and motivated by reminding them of their goals. Whether it's paying off all of their loans or saving up for a month long tour of Asia, remind your significant other what they are working towards and the fulfillment they will gain.

How do you help keep your partner focused and grounded in reality? Leave your comments down below!

Shakira Cheers on Celebrity Love Gerard Pique at Soccer Match



By Jenna Bagcal

In celebrity news from UsMagazine.com, former *Voice* coach Shakira cheered on her [celebrity love](#) Gerard Pique at his soccer match against Valencia FC. On April 18, Shakira and her celebrity kids attended the FC Barcelona game to support the soccer superstar. The happy couple were also seen engaging in a little sideline PDA. The Columbia singer shared in an interview with *Latina Magazine* that in the future, she would love to have “eight or nine kids” with the soccer centre-back.

It's a family affair for Shakira, her sons and her celebrity love! What are some ways to know whether your partner values family?

Cupid's Advice:

A partner who is family oriented and has good family values is not just important for a famous couple like Shakira and her celebrity love. Finding a partner who has similar family values to yourself will help you have a successful and long lasting relationship. Here are three of Cupid's tips to know whether your significant other values family:

1. They call or video chat their parents and/or siblings: Even though your partner may not live with their family anymore, they still take the time out of their day to give them a quick phone call to say "hi" or ask them about their day. Whether it's once a week or a few times a month, this thoughtful action reinforces the importance your significant other puts on their family.

Related Link: [Shakira Expecting Second Child](#)

2. They talk about having children of their own: A good signifier that your partner values family is that they talk about having little ones of their own in the future. Also, observing how they act around other people's children will give you a feel for how they will be with your kids.

Related Link: [Shakira Says She'd Love to Have Eight or Nine Kids with Gerard Pique](#)

3. They attend important family events: We all know that sometimes life becomes very busy and filled with responsibilities and other commitments. However, a person who

values their family will not put them on the back burner when it comes to major family events and milestones. Whether their cousin is getting married or having a baby shower, a family oriented partner will make sure that they attend the event.

What is the importance of a partner who values his or her family? Share your thoughts with us!

Celebrity Interview: At Home in Hollywood Founder Lisa Johnson Mandell Reveals Secrets of Kim Kardashian and Kanye West's Hollywood Home!





By Meranda Yslas

Without a doubt, celebs live extraordinary lifestyles. From the designer clothes they wear, the expensive cars they drive, and the luxurious parties and dinners they attend, it's natural to want to take a peek into their world. Luckily, thanks to our [celebrity interview](#) with Lisa Johnson Mandell, we're able to get an inside look at the homes of some of the most famous celebs.

A Look Inside Celebs' Homes

The HGTV Los Angeles correspondent has toured the houses of many stars, including the home of Hollywood couple [Kim Kardashian](#) and [Kanye West](#). One of Mandell's favorite parts of their Hidden Hills house was the master bedroom. "The master suite is fabulous and enormous. It's like 3,000 square feet, which is bigger than most of our homes," she reveals. "It has a sitting room, a kitchenette, his-and-her bathrooms, his-and-her closets, and his-and-her dressing rooms." That's not the only impressive room in this 50 million dollar mansion: It also has a spa room, a gym, a courtyard with a fountain, and a

backyard that can easily hold 500 people.

Related Link: [Famous Couple Kim Kardashian and Kanye West Show PDA After Brit Awards](#)

Without a doubt, their house is gorgeous, but this famous couple was also guilty of “the worst celebrity purchase” that the founder of At Home In Hollywood has ever seen. The two bought “an absolute rundown shack.” She elaborates, “It was a ranch style home that had fallen into disrepair. Nobody lived there; weeds were growing inside of the house; and everything was dilapidated.” Even with such an unflattering descriptions, the married celebrity couple paid three million dollars for it. The reason for this seemingly outrageous purchase was for security purposes. This “awful shack” overlooked their beautiful new home, so they bought it and “will probably just tear it down and keep the lot so that nobody can peer into their backyard,” the real estate agent shares.

The decision to move into a home in Hidden Hills is not that shocking, especially for a Kardashian. According to Mandell, their new house is really close to momager Kris and sisters Kourtney and Kendall. Celebs tend to buy homes in exclusive neighborhoods like this one because “it’s a great community, especially for families. It’s super private.”

For the most part, stars usually hire professionals to help decorate and make interior design decisions. It makes a lot of sense, considering they are constantly traveling or working and don’t have a lot of down time. However, that’s not always the case. Mandell shares that there are some celebrities who “really have a flare for decoration.” Annie Potts from *Designing Women* is one of them. “She just put her house on the market a couple of months ago, and it is absolutely gorgeous,” she divulges.

Real Estate and Relationship Advice

Not only is Mandell an expert in all things related to celebrity real estate, she is also familiar in offering relationship advice. As the author of two relationship books *How to Snare a Millionaire* and its sequel *How to Snare a Millionaire Now*, she is able to combine both of her areas of expertise and share some great real estate tips for couples.

Related Link: [What You Need to Know Before You Move In Together](#)

For couples deciding to move in with each other, “it’s really a good idea to get a new space.” She further explains, “There are things that will remind your new partner of your ex, so I think it’s definitely best to start fresh if possible.” She jokingly adds, “If you can’t afford to move, at least get a new bed!”

When it comes to raising a family, there are a few things a couple should look for in a home. The relationship author believes the school district should be the number one priority. Although she does admit that buying a house in a good school district is going to cost a little bit more, “it ends up being a good investment.” She explains, “If you’re paying to put kids in private school, tuition can be 30,000 dollars or more a year. It’s going to be pricey. The extra money you’re putting in your home, you’ll make up later in school costs.”

She also makes a note of caution regarding the stairs. “If there is a staircase in your home, you’ve got to make sure it can be carpeted if you’re going to have little ones,” she says.

Related Link: [‘Million Dollar Listing’ Star Josh Altman Says, “Relationships are Harder Than Owning a House”](#)

The journalist shares a few tips to offer anyone who is single and house hunting. Reminiscing about her own bachelorette pad, she suggests that it'd be "really great if your home can be within walking distance from nightlife, restaurants, coffee shops, and stores. If you could walk home at night without having to worry, that's always good," she says.

One thing that singles shouldn't stress out about when looking for a new home is the size. Mandell explains that "square footage is less important than location." If you do end up entering into a new relationship and love, living in a smaller house makes it more convenient for you. "The fewer possessions you have, the easier a move is and the freer and less encumbered you can be," she shares.

You can keep up with Lisa on her website [At Home In Hollywood](#).

Is Nicki Minaj Celebrating a Celebrity Engagement?





By Maggie Manfredi

A picture is worth 1,000 words! According to UsMagazine.com, Nicki Minaj boasted a huge heart-shaped diamond ring on that very special finger. The Instagram pic from Wednesday, April 15th, was only captioned with emojis so followers were left to make their own predictions. Could this be another celebrity engagement? Minaj keeps her personal life fairly under wraps, but she has been linked in celebrity love to artist Meek Mill. This could all possibly not be linked to their celebrity engagement but their upcoming track, "Buy a Heart" only time will tell.

Nicki Minaj might have announced her engagement, but we can't be sure! What are some ways to utilize social media for special news?

Cupid's Advice:

There are many ways to make special announcements to friends and family, and social media is becoming more and more prevalent! Cupid has some tips:

1. How about a hint: Be sneaky like Nicki Minaj or have some fun, clue-type posts. You're allowed to have some mystery before the big reveal of your news.

Related Link: [Nicki Minaj is Single and Seeking a Calm and Strong Man](#)

2. Something sentimental: If you have a big life change or moment that you want to signify using social media, don't be afraid to get a little cheesy. Share your love with your followers and enjoy the good things that are coming your way.

Related Link: [DJ Khaled Says He Was 'Serious' In Video Proposal to Nicki Minaj](#)

3. Get creative: There are so many exciting ways to use social media outlets to your advantage. Whether you have an engagement, or event or exciting news you can post about it in different ways. Use video or imagery or words to get your message out there.

How do you use social media when it comes to love and relationships? Share with us below!

Tom Brady Writes Celebrity Love Gisele Bundchen a Love

Note After Final Runway Show



By Maggie Manfredi

There's nothing like sweet nothings via Facebook! According to UsMagazine.com, Tom Brady wrote a very public love note to his celebrity love Gisele Bündchen. Wednesday, April, 15th was a historical day for the model because it was her last catwalk. Brady watched his celebrity love from the crowd at Colcci's show and sent her some love after the show. The famous quarterback wrote, "Congratulations Love of my Life. You inspire me every day to be a better person. I am so proud of you and everything you have accomplished on the runway. I have never met someone with more of a will to succeed and determination to overcome any obstacle in the way."

There's no lack of celebrity love coming from Tom Brady! What are some ways to make your longtime partner feel special?

Cupid's Advice:

As a relationship progresses you might have to get creative about the ways you get your special someone to feel the love. Cupid has some dating advice on what to do:

1. It's in the little things: An extra text or two throughout the week just to say "I love you," a message on the mirror in the morning to remind them they are beautiful, getting up and filling their coffee order before they wake up...I could go on, try one or all of these little acts to make your loved one feel special.

Related Link: [Our 5 Favorite Celebrity-Athlete Couples](#)

2. A big surprise: If you are more of the grand gesture types, surprise your partner to make them feel special. Plan a getaway for just the two of you, rent out their favorite restaurant for an exclusive and fabulous dinner date, or throw a party with all their closest friends and family just because!

Related Link: [Tom Brady and Gisele Bundchen Vacation in Costa Rica](#)

3. Spend time: At the end of any busy day sometimes just spending alone time with your partner can mean everything to them. So no matter your financial situation, social or otherwise make time for intimacy. Feel free to get as creative or as casual as you want, your partner will be appreciative of any gesture big or small.

How do you make your loved ones feel special share with us below!

'Sons of Anarchy' Star Theo Rossi Is Expecting Celebrity Baby with Wife Meghan McDermott



By Meranda Yslas

It is [celebrity baby](#) season! [UsMagazine.com](#) confirms that *Sons*

of *Anarchy* star, Theo Rossi, is expecting his first child with wife Meghan McDermott. This soon-to-be first time dad is not nervous at all, but rather he and McDermott are “really excited” about their celebrity baby news. The married celebrity couple’s baby is due in June.

There’s no lack of celebrity babies in Hollywood right now! How do you know whether to have another child with your partner?

Cupid’s Advice:

Having a baby for the first time is fun and exciting, and so is having another! Having a second child is a serious step in your relationship and love and just like the first time around, deciding to have a second child requires planning and commitment from both partners. Here’s some of Cupid’s love advice on deciding whether or not to have another child:

1. You feel prepared: Once you feel that you have a handle on raising your first child, you may be eager to want another. If you feel confident that you will be able to raise two kids at the same time, then you’re ready!

Related Link: [Justin Timberlake Gives Shout Out to Pregnant Celebrity Love Jessica Biel at iHeart Radio Awards](#)

2. Financial Stability: Babies are expensive and it becomes even more expensive when raising two kids. It is always a good idea to have children when you are secure with your finances and are able to provide for them.

Related Link: [Famous Couple Brandon and Leah Jenner Announce Celebrity Pregnancy with Cute Instagram Photo](#)

3. Age gap: Another factor parents take into consideration

when deciding to have a second child is the age difference. Do you want your children to be close in age so they will always be friends growing up or would you prefer a big age gap so that the older sibling can act as a mentor to the new baby? Once you and your partner answered this question, you will get an idea of when to start preparing for the second baby.

How did you know you were ready for another child? Share below.

Hilary Duff Says She Loves Her Post-Celebrity Baby Body



By Meranda Yslas

Two years following the birth of her son celebrity baby Luca Cruz, Hilary Duff is loving her post-celebrity baby body, according to [People.com](#). The actress admitted that getting back into shape wasn't easy, and her body isn't the same as it was before her [celebrity pregnancy](#). "My body is never going to be what it was," the 27 year old celeb shared. "I have stretch marks, my boobs are different- much different! And that's fine and I'm happy with them."

Even celebrity babies cause their moms to struggle with getting back in shape. What are three ways to get secure with your post-baby body?

Cupid's Advice:

Having a baby changes a woman's body and it is can be difficult or even impossible to get the body you had before the pregnancy. You may see things that weren't there before, like stretch marks or some permanent weight gain. These aren't the end of the world and Cupid can offer some self love advice on how to be comfortable in your post-baby body:

1. Say it out loud: For the most part, coming to terms with your body is something you have to accomplish in your mind. Standing in front of the mirror and saying, "I love my body" everyday for awhile just might make you believe it.

Related Link: [Robert Pattison's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source](#)

2. Talking with other moms: It can be hard for friends to try

and console you about your post-pregnancy body insecurities if they haven't been through a pregnancy themselves- they don't understand the changes. Try talking to other women who have gone through a pregnancy and see how they got comfortable with their body.

Related Link: [Hilary Duff Says Aaron Carter's Love Declarations Are 'Uncomfortable'](#)

3. Flaunt it: Sometimes pregnancy may make you gain weight in places like your bust or your butt. Rather than try to hide your new attributes, show them off! Wear some great jeans that make your post-pregnancy booty look awesome.

How did you come to accept your post-pregnancy body? Share below?

'Newlyweds' Reality TV Stars Laura and Kirk Knight Dish Out Their Big Pregnancy News





By Kirk and Laura Knight

Kirk: Since Laura and I made the big decision to have a baby, we have been working hard at being healthy, including clean eating and workouts at the gym. Laura's workout regimen is frequent and very advanced. It's going to take everything I've got to keep up with her pace! Her motivation and drive encourages me to stay focused and incorporate some sort of physical activity every day.

Related Link: [Bravo Reality TV Star Kirk Knight Reveals Details of His Unforgettable Wedding Day](#)

Laura: I understand that healthy living can lead to a healthy pregnancy – I'm trying my best to keep Kirk motivated at the gym in hopes that this will help us on our path while trying to conceive. Plus, when your body feels good, sex is more fun!

K: In preparation to get pregnant, Laura stopped taking birth control pills. Within a few weeks, my super sperm did not disappoint, and Laura surprised me with a positive pregnancy test. Although my confidence was extremely high, I did not expect her to get pregnant this quickly – my boys can swim!!!

We were so excited for this to have happened and couldn't wait to share this big news about our [relationship and love](#) with our family and friends. Everyone was thrilled for us.

L: One day, I was feeling unusually queasy, so I took a pregnancy test, and to my surprise, I was indeed pregnant! I wanted to tell Kirk the happy news in a sweet and clever way but couldn't come up with anything. He was in the living room, and there was no way that I could wait a day to put something together. I grabbed our video camera and called him into the bathroom, so I could capture his reaction – it was priceless! I was feeling two strong emotions at this point: First, it was complete and utter joy. And second, I only have nine months to learn everything I can about pregnancy and motherhood. So we went to the bookstore, and I bought the five best books I could find and began my research.

Related Link: [Robert Pattison's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source](#)

K & L: We were on cloud nine – feeling very happy and in a great place. We had decided to have a child, and we were blessed with a pregnancy. For the moment, everything seemed to be perfect. The morning of the sonogram, we were excited to see the heart beat and first images of our little bundle of joy. As the sonogram began, our excitement immediately turned into fear as the tech could only see the pregnancy sack and not the embryo. We were emotionally panicked and felt like our happiness and joy was instantly deflated – only left with fear and anxiety, wondering what this meant. What we discover puts us on an emotional roller coaster. Watch our reality TV show tonight and find out what happens and how we deal with it...

What's up next for this celebrity couple? Tune in to the reality TV show Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!

New Celebrity Couple? Reality TV Stars Josh Murray and Ashley Iaconetti Party Together in NYC



By Emma L. Wells

Last Monday, [The Bachelorette](#) season 10 winner Josh Murray and [The Bachelor](#) season 19 contestant Ashley Iaconetti were seen with a large group partying in New York City, prompting rumors that these reality TV stars are a new celebrity couple. Murray posted a picture of the mostly gal group on his Instagram,

saying, “Had a great time, NYC, it’s always nice meeting new friends.” Only Iaconetti and one other woman were tagged in the shot of 13 party-goers. [People.com](#) reported that Murray was in New York working for fitness and nutrition brand AdvoCare. Despite sitting close and looking like a cute famous couple, both Murray and Iaconetti insist they aren’t dating.

These two reality TV stars have denied being a celebrity couple, but given their similar experiences, we think they’d be a good pair! Find out how a common background can help your relationship and love be a success.

Cupid’s Advice:

We’ve all heard that opposites attract. While a little disparity in a relationship *can* add some spice, being with someone who shares a similar history is a strong foundation for a new relationship and love. Cupid explains why below:

1. You have a better understanding: People are a product of their experiences. Understanding someone’s experiences firsthand will help you better understand them and their intentions. Being on a reality TV dating show is not something a lot of people can relate to, which is one reason why Murray and Iaconetti could potentially match well as a celebrity couple.

Related Link: [‘The Bachelorette’ Winner Josh Murray Says He Doesn’t Miss Celebrity Ex Andi Dorfman](#)

2. You share a common perspective: In most cases, having a similar background means that you will also have a similar perspective on certain issues. Whether it be politics, religion, finances, or family, when you share the same opinions, you'll be able to communicate better. These types of discussions can be difficult to have, but if you're of the same mind, you'll come to an agreement much easier.

Related Link: [‘The Bachelor’ Season 19 Contestants Treat a Relationship and Love with Chris Soules Like a Game](#)

3. There's an easier learning curve: If you are from different ways of life (religiously, culturally, socio-economically, etc.), it doesn't mean your relationship and love won't succeed, but it *does* mean that you'll have to take more time and effort to learn about your beau's background. When you date someone who has shared experiences, you get to skip that step.

Do you think these two reality TV stars would make a good celebrity couple? Tell us below!

New Celebrity Couple? Rumors Swirl as Jake Gyllenhaal and Rachel McAdams Were Spotted Having a Cozy Dinner





By Maggie Manfredi

There's a new rumored celebrity romance in town! According to People.com, Jake Gyllenhaal and Rachel McAdams were seen having an intimate dinner for two in Los Angeles on Sunday night. The rumored celebrity couple appeared to have a good time together at Odys + Penelope Brazilian Restaurant, laughing together and smiling at one another. A source shared that the two actors were just catching up, and this isn't the first time rumors have flown and about Jake and Rachel being a celebrity couple. The pair worked together in *Southpaw* set to release in July.

We're always on the lookout for a new celebrity couple. What are some ways to keep nosy people out of your relationship business?

Cupid's Advice:

Cupid gets that dating can sometimes get complicated with friends, loved ones and even the public. Cupid has some tips on how to keep your dating life private:

1. Say “no” to social media: If you are trying to keep away the nosy folk try not to give them too much detail. That would mean staying off all social media when you are on a date or with your potential significant other.

Related Link: [Rachel McAdams With New Beau Michael Sheen?](#)

2. Deny rumors right away: If rumors spring up out of the blue and they are not true, then scrap them quickly yourself. By denying them instead of being coy, people will be less likely to snoop around your dating situation.

Related Link: [Are Taylor Swift and Jake Gyllenhaal a Couple?](#)

3. Just have fun: If people are getting in your business or making up rumors, it means that you are giving them something to talk about! If your behavior isn't destructive or negative, just enjoy yourself. Dating is meant to be fun and people are always going to pry so don't let it get you down.

Do you think Jake Gyllenhaal and Rachel McAdams would make a good couple? Share your thoughts below!

Sean Penn and Charlize Theron Enjoy Celebrity Getaway to Malibu Beach



By Maggie Manfredi

Soaking up the sun! According to People.com, famous couple Sean Penn and Charlize Theron enjoyed a celebrity getaway in Malibu, California on Sunday. Theron sported a loose fitting white top while Penn went shirtless, and did some surfing. The famous couple have been together for over a year and continue to work on projects together such as *The Last Face*.

This celebrity getaway involves major beach bum time! What are three other types of vacations that will amp up the excitement in your

relationship?

Cupid's Advice:

Cupid knows you want some time away together, so look no further:

1. Adrenalin junkies: Hit the slopes or hike new trails, discover and explore together. Bungee jumping or skydiving are also adrenalin boosting activities that will make an unforgettable experience for you and your loved one.

Related Link: [Sean Penn & Robin Wright Divorce in Mean Spirits](#)

2. Secluded snuggles: A true getaway could be a lakeside cabin or a shallet in the mountains. In the colder months find bliss by the fireside or in the summer enjoy the fresh air and shut down for awhile.

Related Link: [Sean Penn & Robin Wright Divorce Finalized](#)

3. Make history: A getaway doesn't mean shutting the doors and blocking out the world, sometimes you can get lost in the past. There are so many fun historical hot spots that will teach you things and be a fun escape from the present.

Oh the places you'll go...together! Share your favorite getaway spots below!

Former 'Bachelor' Chris

Soules Regrets Making 'DWTS' Partner Witney Carson Cry



By Emma L. Wells

It was a tough week for reality TV star Chris Soules. While preparing for his quickstep routine, the leading man on [The Bachelor](#) season 19 injured not only his calf muscle but also his partner's feelings. During a difficult rehearsal, he lost his temper with professional dancer Witney Carson. Thankfully, the dancing duo were able to hug it out and move on. According to [People.com](#), Soules said, "It was a tough week. People don't really understand how hard we work. We have a close relationship. But we were just both getting on each other's nerves. I wasn't getting it down, and she was getting frustrated with me. That happens in any partnerships in life.

I don't know any partnership where two people don't have a little bit of a disagreement. It only made us stronger."

As the former star of *The Bachelor* can attest, it's easy to get annoyed with your partner. What are some ways to handle frustration in your relationship better?

Cupid's Advice:

No matter how much you click, when you spend a lot of time with someone, you're bound to butt heads occasionally – like this *Bachelor* star and Carson did this week. It's all too easy to let little annoyances build into big problems. Cupid has some love advice on how to deal with your frustration:

1. Talk it out: Don't like the way your partner loads the dishwasher or leaves their shoes by the front door? Tell them! Simply say, "It bothers me when you..." Remember to be careful with your tone. You don't want to start a fight, but you do want to make them aware of your feelings. Your significant other is not a mind reader; they can't fix the problem if they don't know it's there.

Related Link: [Celebs Turn to DWTS to Heal Heartbreak](#)

2. Get active: When both partners are frustrated, fighting comes easily. But nagging and getting angry won't solve the problem. You need to find a way to get rid of your pent-up energy so you can have a discussion, not a battle. Try embracing your combative energy and go paint balling or go-cart racing. It may sound silly, but a playful, regulated,

competition will get out your frustration and leave you in a better mood.

Related Link: [Chris Soules and Celebrity Love Whitney Bischoff Celebrate His 'DWTS' Performance](#)

3. Don't let it defeat you: No one mesh's with their partner 100 percent of the time. If you and your sweetheart agreed on everything, life would probably be a little boring! Your relationship and love won't be doomed just because you get a little irritated with each other. In fact, when you work through these moments of difficulty together, your partnership only gets stronger.

How do you and your partner handle relationship frustration? Tell us below!

Famous Couple George Clooney and Amal Alamuddin Enjoy NYC Food Tour





By Jenna Bagcal

In celebrity news from People.com, married celebrity couple George Clooney and Amal Alamuddin have recently been dining at some of New York City's best restaurants and eateries. This famous couple have been eating their way through the city at high-end places such as Cipriani, Morandi, and Babbo to name just a few off their list.

**Famous couples eat famous food!
What are some creative things you
can do as a couple to explore a new
city?**

Cupid's Advice:

Whether you and your partner are visiting a new city for your honeymoon, anniversary, or a simple vacation, getting to know the food, sights, and general aura of each place will help you to get the most out of what each city has to offer. Gain

inspiration from this famous couple and explore cities in a fun and delicious way. Here are three of Cupid's tips for creative things you and your significant other can do when exploring a new city.

1. Go to their local market or grocery store: Eating a city's local cuisine is one of the best ways to connect to each place on a deeper level. Visit a city's outdoor market if they have one, or even grocery store and check out their fun and unique food. Sample a little or a lot of the local fare, and buy a few of your favorite snacks to stash into your luggage on the trip home.

Related Link: [Amal Alamuddin Changes Name to Amal Clooney](#)

2. Ditch the hotel: Instead of staying at a fancy hotel during your vacation, stay with a host family, or try a service like Airbnb to rent out someone's home or apartment. Living how the locals do will help you and your partner to get an authentic feel for living in any particular city.

Related Link: [Celebrity Couple George Clooney and Amal Alamuddin Enjoy NYC Dinner Date](#)

3. Walk around without a map: Once you and your partner have seen the Statue of Liberty, the Eiffel Tower, or the Sistine Chapel, take some time to wander aimlessly around the city and explore to your heart's content. Go into small shops or boutiques and practice your language skills with the shop owners. Buy a souvenir or two to take back home with you.

What are some unique ways you and your partner have explored a new city? Share your experiences with us!

David Arquette Celebrates Celebrity Wedding with Christina McLarty with Intimate Ceremony



By Jenna Bagcal

Celebrity weddings are seen on gossip websites and magazines, and many of them are extravagant events with tons of well dressed A-listers gathered in an exotic location. But some Hollywood couples prefer to keep their ceremonies a bit more low-key. In the latest celebrity news from UsMagazine.com, famous couple David Arquette and Christina McLarty celebrated their celebrity wedding in Los Angeles this past Sunday, April 12. The newly married celebrity couple held an intimate

nuptial ceremony in front of their families and closest friends. The couple got engaged in July of 2014, and have an 11 month old son, Charlie West.

There was no lack of intimacy in this celebrity wedding! What are some advantages to keeping your wedding small?

Cupid's Advice:

If you're not a millionaire or part of a Hollywood couple, a lavish and expensive wedding may be pretty difficult to pull off. Plus, small and intimate weddings definitely have their perks. Here is Cupid's advice for why you should keep your wedding small:

1. Save money for the honeymoon: Not only will your special day be more intimate, but cutting down on the cost of the wedding will allow for you and your significant other to splurge on an awesome romantic honeymoon. Spend a week soaking up the sun in Bora Bora, or explore a whole host of European cities while drinking expensive wine and feasting on the local cuisine.

Related Link: [David Arquette Says Having Second Child is 'Less Scary'](#)

2. Give your guests awesome wedding favors: It's the end of the wedding reception and you're saying your goodbyes, when the bride hands you a set of personalized coasters commemorating "Jessica & David's Everlasting Love," which will probably gather dust in a junk drawer at home. But having a smaller wedding will allow you to give your guests thoughtful and cool gifts they'll actually use. Wrap up the supplies for your guests to make a delicious cocktail, or gift them some

beautifully scented candles in mason jars.

Related Link: [David Arquette is Engaged to Girlfriend Christina McLarty](#)

3. Have food that's actually delicious: You've probably been a guest at a wedding where the standard fare was dry and less than appetizing. Instead of serving your guests the regular steak, chicken, or fish options, a small wedding will allow you to feed your guests some really delicious and unique food. If you know that your guests like Japanese food, get a variety of sushi and sashimi and make a DIY sushi bar, or serve up some fancy mini sliders and french fries in paper cones.

What are some other advantages to having a small and intimate wedding? Share in the comments section below!

New Celebrity Couple Alert? Find Out About Dianna Agron and Nicholas Hoult's Casual Relationship





By [Katie Gray](#)

Jennifer Lawrence has moved on with her boyfriend Chris Martin of Coldplay, and her ex-boyfriend Nicholas Hoult has been dating *Glee*'s Dianna Agron. According to [UsMagazine.com](#), "The *Warm Bodies* actor, 25, and Agron, 28, have been casually dating since this past October." Apparently, the [celebrity couple](#) are enjoying themselves, but Hoult isn't looking to get too serious just yet. Time will tell what the future holds!

This celebrity couple is keeping things casual. Why is it smart to keep a relationship low-key at first?

Cupid's Advice:

A reason relationships and love sometimes fail is because things are rushed. Keeping a relationship casual – like this celebrity couple – can be a fantastic idea, especially when

it's new. Cupid has some love advice to consider:

1. No pressure: When people are dating, they often feel unnecessary pressure from their partner, their family and friends, and even themselves. There is no need to rush into marriage though; you should go at your own pace!

Related Link: [Nicholas Hoult Breaks Silence Regarding Jennifer Lawrence Leaked Photos](#)

2. No drama: Nobody likes drama, but sometimes, it's unavoidable. Still, when you're just starting to date a person, it should be light and happy. Go with the flow! There is no need for stress. Enjoy getting to know one another, and let yourself be happy in their company.

Related Link: [Jennifer Lawrence and Nicholas Hoult Are Back Together](#)

3. No strings attached: One of the best things about keeping things casual in a relationship is that there are no strings attached. You and your partner get to create your own rules and guidelines. This takes away the unnecessary stress that relationships tend to have when things get too serious, too soon. Go at your own pace, and decide how you want things to be!

What were the benefits of keeping your relationship casual? Share your stories with Cupid below.

Scott Eastwood Says Ashton

Kutcher Cheated on Former Celebrity Love Demi Moore with His Girlfriend



By [Katie Gray](#)

Oh no he didn't! On a recent episode of *Watch What Happens Live*, Scott Eastwood announced that Ashton Kutcher cheated on his former celebrity love and wife, Demi Moore. How does he know that? He says it was with his girlfriend at the time. According to [UsMagazine.com](#), "Married Kutcher rang in his sixth wedding anniversary on Sept. 24, 2011, without his wife at a raucous San Diego party at the Hard Rock Hotel which culminated in a sexual encounter with two women." Who knows what happened, but Eastwood isn't currently mad about the

situation, as famous couple Ashton and Mila seem to be enjoying life together with their daughter, and Demi appears to be happy in life as well.

The drama in Ashton's former celebrity love life just intensified! What are some signs that your partner isn't being faithful?

Cupid's Advice:

One of the worst things that can happen to you when you're in a relationship and love is if your partner isn't being faithful to you. The feelings of sadness and betrayal are hard to bare. Sometimes these situations do arise, so it's good to look for the signs. Cupid has some tips:

1. Distant: When your partner starts to grow distant, that is potential sign that he or she is growing closer to someone else. Try and spend quality time together and focus on communicating. Plan a date night! Rekindle the spark and romance in your relationship.

Related Link: [Ashton Kutcher Describes What He Doesn't Like In A Woman](#)

2. Defensive: If your partner begins to guard their cellphone and put password protection on it, then they very well may be hiding something. If they always had a passcode on their phone, then don't worry – but if they are becoming extra protective of their phone, then start being aware. If they are defensive when you ask questions, they may be lying to you. The important thing is to find out what is going on and addressing it!

Related Link: [Demi Moore Tweets Cryptic Messages](#)

3. Negative: Relationships and love go through good times and bad times. It's not always a honeymoon phase in a healthy relationship, so you can't expect your partner to be happy and positive 24/7. That being said, they should not be negative and rude to you constantly. If this is becoming a pattern and they are insulting you, something is definitely going on in their lives and you should figure out what it is. They may just be going through some issues. Be supportive and find out what is happening!

What are ways you can tell if your partner is being unfaithful? Share your stories below.

'American Idol' Star Joey Cook Opens Up About Her Celebrity Engagement: "He's the Love of My Life!"





By [Rebecca White](#)

Joey Cook will not only leave the reality TV show *American Idol* having gained experience and knowledge in the music industry, but she's also walking away with a [celebrity engagement](#)! Cook's longtime boyfriend Evan Higgins proposed a few weeks ago, and the now-famous couple shared the news on Twitter on Thursday, Mar. 26. In our celebrity interview, the performer opens up about the special moment, saying, "The proposal was really sweet. He's the love of my life!"

Behind the Scenes of Joey Cook's Celebrity Engagement

Even though *American Idol* keeps the contestants incredibly busy, Higgins whisked Cook away for ten minutes in between photo shoots to get down on one knee and put a ring on her finger. "There was this garden with a bench in the hotel we were staying at," the performer reveals. "He started out with all of this heartfelt stuff, and I thought he was going to break up with me! I was thinking, 'Wait until the show's

done!" Not only did Higgins find the perfect backdrop for a proposal, but he also made sure that the singer had her support system with her to make it even more special. "Evan called my family and made sure my mom was going to be there. My childhood best friend was there too," Cook adds.

Related Link: ['American Idol' Performer Qaasim Middleton Says, "My Girlfriend Has Been a Huge Impact in My Life!"](#)

The couple has carried out their relationship and love since 2009 and will celebrate their anniversary this summer – just in time for them to tie the knot. "I want to do the wedding soon because we've always wanted a summer wedding," the reality TV star gushes. "And it'll be six years this summer, so it's perfect!" Although we're sad to see her leave the competition, we're excited that she now has time to plan the perfect celebrity wedding with her beau.

***American Idol* Contestant Talks About What the Reality TV Show Taught Her**

Of course, Cook didn't just chat with us about her perfect celebrity engagement story. The eliminated contestant says that *American Idol* has provided her with so many resources for her future. "They've exposed me to millions of people," she shares. "I've never had vocal lessons before, and getting access to all of this information and being able to work with my vocal coach was amazing. I learned more about music in this last few months than I did in my whole life before now!"

The singer says she couldn't be more grateful for the life-changing experience, which taught her more about herself as well. "I wasn't confident as a vocalist before, and this show has shown me that, along with playing instruments and writing

music, I'm a singer, and that's what I do," she explains. "It's proven to me that I am good enough, and I am capable and deserving." We couldn't agree more!

Related Link: ['American Idol' Eliminated Contestant Adanna Duru Says the Reality TV Show "Is Like Superstar College!"](#)

After saying her goodbyes, Cook has a different vision of who she is as a performer. "Now that I've been soaked in the *American Idol* world, I see myself so much differently when it comes to what I can do with a show and a backdrop and little things like that," the singer says. "It made everything larger than life for me."

You can keep up with Joey on Twitter @IamJoeyCook!

Reality TV Star Lea Black Says, "Once You Find the Right Person, You've Really Got to be Committed to Having Equal Power"





By [Sarah Batcheller](#)

The ever-glamorous Lea Black has appeared on *The Real Housewives of Miami* since season 1. Her charm and sass – not to mention her whirlwind lifestyle among Florida’s elite – have drawn audiences in. With a steady celebrity marriage and beloved thirteen-year-old son, the reality TV star has also balanced a cherished domestic life with all the glitz. She hosts an annual charity gala to raise money for troubled teens and, in addition to her philanthropic efforts, is the president and CEO of The World of Lea Black, a multi-brand company that offers everything from jewelry and handbags to beauty products.

Now, in her upcoming novel *Red Carpets & White Lies*, Black has penned a fictional depiction of the scandalous, unpredictable lives of Miami’s top socialites. In this [exclusive celebrity interview](#), we had the chance to speak with the newly-minted author about her book, the *Housewives*, and her best love advice.

Reality TV Star Discusses Her Glamour-Filled Upcoming Novel

The spunky Texas native believes that the city of Miami is one of the best in the world, so it's no surprise that she wanted to capture its essence in her novel. "Miami is a very complex city, and it's very international – there's a very diverse crowd," she explains. "So I think it is one of the most exciting cities in the world because it really is a gateway to Central and South America. It's so multi-cultural; you get everything from the really serious intellectuals to the people who came here wanting to live the American Dream to the riff-raff who come and go and sort of reinvent who they are."

Related Link: [Bethenny Frankel Calls Money 'the Root of All Evil' in Split with Celebrity Ex Jason Hoppy](#)

Of course, the best people to inspire the characters in Black's novel were none other than herself and her intriguing social circle. So we had to ask: Are her characters based off of real people? "They all are in a way," she confirms. "But they're compositions of people. I would take the personality traits of one person along with the character of another and kind of camouflage them."

Whether or not we'll see the *The Real Housewives of Miami* stars, whom readers may be able to identify in *Red Carpets & White Lies*, grace the small screen again is still up for debate. The reality TV star says, "Bravo continues to say they haven't made any decisions, and I think that's totally true. Our ratings were certainly close to some of the other shows that were renewed, so they *could* justify bringing the show back."

The network may be rethinking the cast too. "I think that some of the personalities on the show weren't as well-received by the audience as they would've hoped...and that may include me!"

she adds. Having formed friendships with other *Housewives*, including Lisa Vanderpump, whom she did business with in Los Angeles, and Kathy Wakile, it's safe to conclude that Black won't be falling off the radar anytime soon.

Related Link: [Top Ten Most Down-To-Earth Celebrity Wives](#)

Despite her busy career, her number one focus is always her family. Not only do the jewelry designer and her husband Roy love to have date nights when they travel, but they work to raise their son to be a respectable young man. "It's funny; I've sent my son twice now to etiquette and charm school! As for my husband, he does good and bad, so I point it out to my son when he does something that's not acceptable!" she reveals with a laugh. "I put a big effort into teaching my son manners. I think if you don't have an ounce of manners, then later in life, people will view you differently." As for their summer vacation plans, the family of three are planning to travel to Los Angeles, something they do each year.

Lea Black Shares Best Love Advice

The reality TV star's happy celebrity marriage can be attributed to her commitment to working at her relationship every day. She believes that communication is key. "You should communicate *before* things escalate, not after," she insists. "And you need to be on the same page in life. If you focus on the 'me' instead of 'we', then that relationship is not going in the right direction."

The beauty guru believes that, after you find the right person, you need balance. "Once you find the right person, you've really got to be committed to having equal power, an equal balance," she asserts. "That's why I'm so against guys who make girls sign prenups – because it situates the guy to have more power through money. You have to go in expecting both people to have an equal say."

Related Link: [Celebrity Couple Gabrielle Union and Dwayne Wade Signed a Prenup](#)

Black also thinks that, if you're facing disapproval from your friends and family, you need to make a decision about who's worth keeping in your life. "You have to tell your friends to support you unconditionally. If not, you can be friends with them at a distance and be amicable, but they can't be in your daily life," she believes. "If they're judging your relationship, then it'll just cause problems. If they're going to be in your life, they need to be supportive. They don't get to criticize your spouse unless it's something very serious that requires an intervention."

Keep up with Lea on Twitter [@leablackmiami](#) and [www.facebook.com/LeaBlackMiami](#). Don't forget to pick up a copy of Red Carpets & White Lies on May 5th!

Jennie Garth Celebrates Celebrity Engagement with Dave Abrams





By Maggie Manfredi

Celebrating the love! According to People.com, Jennie Garth and Dave Abrams are in the midst of a new celebrity engagement, and they cannot get enough of each other. Abrams' rep stated, "Dave had been working on this for months, and really wanted to plan something special for her around her birthday and make it perfect." The celebrity engagement came as no surprise as the couple have been in a relationship and love since last fall.

Mark another celebrity engagement down in the books! What are some ways to surprise your partner with a special marriage proposal?

Cupid's Advice:

Dave Abrams and Jennie Garth have been sharing their celebrity engagement with the public and we could not be more thrilled!

Here are some ways to surprise your partner with a perfect proposal:

1. Lead them away from the trail: If you've been together for awhile your partner might be expecting a proposal any day now which really throws off any element of surprise. So drop false hints about a big "date" in the future or making the next upcoming holiday "one to remember." This way when you take your partner to a nice dinner or a trip for two they won't suspect a thing.

Related Link: [Jennie Garth Steps Out Without Wedding Ring](#)

2. Everyday extraordinary: Do you have a favorite restaurant or a morning coffee hot spot that you frequent together? Try to make these favorite spots the place for one of your greatest memories. Make a somewhat mundane everyday activity extraordinary. All it takes is some roses and maybe a flash mob, the sky is the limit!

Related Link: [Jennie Garth Says Her Personal Life is "Crazy" Amid The Divorce](#)

3. Document it: Make sure whatever the surprise is that you get it on camera. The surprise and the nerves will have you and your partner probably freaking out so get a third party to make the memory last forever.

Did you have special engagement moment? Share with us below!

Famous Couple Jon Hamm and

Jennifer Westfeldt Slam Break-Up Rumors



By Maggie Manfredi

They're staying strong! According to UsMagazine.com, famous couple Jon Hamm and Jennifer Westfeldt are rejecting any and all break-up rumors. Hamm's rep stated, "The story that appeared in this week's edition of *In Touch* magazine is not true. The only gentleman Jennifer visited regularly in Connecticut was Jon, while he was in rehab. They continue to ask for the public's understanding and sensitivity during this challenging time." The Hollywood couple did prove other rumors true recently when Hamm did a 30 day stay in rehab for his alcohol addiction.

This famous couple is denying being on the rocks! What are some ways to avoid letting rumors affect your relationship?

Cupid's Advice:

People are always going to talk. Cupid has some tips to deny the dish like celebrity couple Jon Hamm and Jennifer Westfeldt:

1. Share what you want: When you're talking about your relationship and love life, be sure to only share what you want to be sharing. Rumors can be made up, but they can also start from the source and get twisted and turned into something else. Start by being cautious about what you bring to the public.

Related Link: [Jon Hamm Explains Why He Would Be a 'Terrible Father'](#)

2. Laugh it off: Rumors can be outlandish and just embarrassingly wrong. If they are ridiculous, just brush them off and find amusement in the sheer craziness of it. You know what your relationship means to you and your partner and where you stand, so take comfort in that and let the haters keep talking.

Related Link: [Bobby Flay Helps January Jones After a Hit-And-Run Accident](#)

3. Communicate: Ultimately the most important thing is honest and open communication between you and your partner. Stand by each other, defend each other, and just have fun together. Give them something good to talk about!

How do you keep the rumors at bay? Share your advice below!

Robert Pattinson's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source



By Meranda Yslas

First comes [celebrity love](#), then comes... kids? For famous couple [Robert Pattinson](#) and FKA Twigs, a bundle of joy may be in the near future. The two recently celebrated a celebrity engagement and Pattinson's celebrity love is reportedly ready

for kids. A source told People.com that Twigs “really wants kids.” Although not confirmed, the couple may possibly tie the knot this coming summer.

We can't wait to see if this famous couple has kids soon! What do you do if you aren't on the same page with your partner regarding children?

Cupid's Advice:

Having kids is a big step to take in relationships and love; it's an emotional decision filled with excitement and fear. If you and your partner aren't on the same page of when or if to have kids, this decision can be harder to make. Here are Cupid's relationship advice for couples who have different opinions about kids:

1. Respect their decision: There are some things about your partner that you can't change, either it's something as small as them snoring at night or something as big as not wanting to have kids. Either way you should respect their decision rather than forcing them to change.

Related Link: [Famous Couple Robert Pattinson and FKA Twigs Exchange Promise Rings](#)

2. Find a middle ground: If you and your mate both want kids, but disagree on when it should happen, try to find a compromise. If you want kids now while your beau wants to wait four years, try to agree on two years so that you both feel ready.

Related Link: [Hollywood Couple Robert Pattinson and FKA Twigs](#)

[Pack on PDA on Miami Beach](#)

3. Patience: Sometimes your partner may not know if he or she wants kids at all- and that's okay! Allow them time to figure out what they want and prepare yourself for either answer.

How did you and your partner know you were ready for kids? Share below!

'The Bachelor' Star Chris Soules Is Happy Celebrity Love Whitney Bischoff and Runner-Up Becca Tilley Are Friends





By Meranda Yslas

When two women are fighting for the same guy, it doesn't always end peacefully. However, *The Bachelor* runner-up Becca Tilley and Chris Soules's celebrity love, Whitney Bischoff, have been able to do just that. According to UsMagazine.com, the two have kept their friendship and Soules is happy for them. He shared, "I'm just glad they were able to keep their friendship, because they're great girls." As for his relationship with Tilley, the former bachelor explained, "I mean, it's not like we talk or communicate on a regular basis," but "she's a great person."

No animosity can be found in this *Bachelor* relationship! What are benefits to being friends with your partner's ex?

Cupid's Advice:

Although it may feel like an unusual situation, being friends with your lover's ex can be a good thing. You two will have shared understanding that most friendships don't have. Much like in the style of Soule's celebrity love, Bischoff, here are some benefits of having a friendship with your partner's ex:

1. Common understanding: Exes know a lot about each other and know what worked for their relationship and love, and what didn't. If your beau's ex is your friend, he or she can give specific relationship advice and tips.

Related Link: ['The Bachelor' Chris Soules on First Night Jitters](#)

2. Shows confidence: Keeping a friendly relationship with a mate's ex shows that you aren't the jealous type. You will appear confident and sure of you and your partner's love.

Related Link: [Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo](#)

3. Brings you closer: At one point, your lover's ex meant a lot to them. By having a friendship with the ex, you can learn a lot about your mate and have a stronger and closer relationship and love.

Are you friends with your beau's ex? Share below!

Reality TV Stars Kirk and Laura Knight Share Baby News



By Kirk and Laura Knight

Kirk: I have really been putting a lot of thought into starting a family with Laura. I truly needed to make sure that I was ready to have a child and couldn't just succumb to any pressure. One of my fears was waiting too long and being in a situation similar to my father's, where he is spending his retirement years still tending to young children. I've loved being a young father and I want to be an active role model for our future children. Laura's going to be a great mom and she is already a great caretaker for me and our household.

Reality TV Stars Are Ready to Start a Family

Laura: Kirk and I have been talking about having a baby for years – agreeing that we wanted to have a child together, but

not sure when exactly the “right time” would be for this next chapter in our lives . I’ve gotten to a point in our [relationship and love](#) where I am ready *now*. At 34 years old, my clock is ticking. I began to worry that Kirk was never going to be on the same page as me. Just as I was having my doubts, my husband surprised me with his own revelation – he too was ready for a baby!!! Tears welled up in my eyes with joy at this happy news.

Related Link: [Reality TV Stars Kirk and Laura Knight Staying in Shape and the Possibility of Parenthood](#)

K: Now that its baby making time my confidence is extremely high and I know my super sperm will deliver. My excitement grows daily since I’ve made the decision to start a family, I am focused and can’t wait for this to happen.

Celebrity Couple’s Plans For Staying Healthy

L: We have a couple things to focus on in order to stay on track with our plan – eat healthy, exercise and make that baby!!!

Related Link: [Bravo Reality TV Star Kirk Knight Reveals Details of His Unforgettable Wedding Day](#)

K: One evening I was working on the fish tank, Laura called me into our bathroom and gave me the shock of the year. Watch tonight’s episode of the reality TV show *Newlyweds: The First Year* to see what happens next.

What’s up next for this celebrity couple? Tune in to the realty TV show Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!