

# Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph

By Alycia Williams

In latest [celebrity news](#), former [reality TV star](#) Colton Underwood joked about his split from Cassie Randolph with the help of Sean Lowe ahead of the premiere of *The Bachelor*. According to *UsMagazine.com*, Lowe took to Instagram the night before ABC is set to air condensed version of season 17 of *The Bachelor*. Underneath the photo of Lowe and his now wife Catherine Giudici, Underwood commented, "Hopefully you are still with her." Many fans responded, complaining how it's too soon to joke about his break-up with Randolph. Underwood then stated, "Sometimes people are just meant to be friends and that's okay. We both have grown immensely and been through so much together so this isn't the end of our story, it's the start of a whole new chapter for us."

**In celebrity break-up news, Colton Underwood is already joking about his recent split from Cassie Randolph. What are some ways to use humor in the healing process after a break-up?**

**Cupid's Advice:**

Although break-ups can be difficult, laughing about it can really take the edge off. If you want to be able to use humor in the healing process after a break-up, Cupid has some advice for you:

**1. Develop a smarter sense of humor:** Using humor in tense situations can be hard to pull off. You want to be sensitive your ex's feeling but still make light of everything. Avoid mean spirited jokes. Saying something hurtful in a joke form could come of even worse than just being hurtful.

**Related Link:** [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

**2. Don't use humor to cover up your emotions:** Even though humor can help you heal from a break-up, if you use humor to hide or avoid your emotions than it can be unhealthy. If you're going to joke about your past relationship, make sure it's not for the wrong reasons.

**Related Link:** [Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split](#)

**3. Make sure you're both in on the joke:** Humor only works if both parties are in on it. If you are joking about your past relationship make sure your ex is okay with it. If not it'll just seem like you're picking on your ex and it won't make you feel any better either.

**What are some other ways to use humor in the healing process after a break-up? Start a conversation in the comments below!**

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# Celebrity News: Scott Disick Seen Dining With Kourtney Kardashian Amid Sofia Richie Split



By Ellie Rice

In the latest [celebrity news](#), Scott Disick was spotted dining out with ex-Kourtney Kardashian and their kids. The sighting has fans on high alert as Disick and longtime girlfriend Sofia Richie's recent split was said to be because of his former flame. According to *UsMagazine.com*, Disick's focus was always on Kardashian and their kids rather than Richie. We hope all these celebrity exes can get along!

**In celebrity couple news, Scott Disick was seen out with ex-Kourtney Kardashian amid his split from Sofia Richie. How do you know if you're still hung up on an ex?**

## Cupid's Advice:

Missing an ex is a common and sometimes inevitable occurrence. If you're wondering if you may fall into that category, Cupid has some advice for you:

**1. You're constantly thinking about them:** If the one thing that seems to always be on your mind is your ex, then chances are you're not over them. Think about the good and bad within

the relationship and why it ended. If you went your separate ways for reasons that were fixable or poorly timed, then maybe reconciliation is in your future. For those whose relationship ended for valid and critical reasons, then you need to remember why the split took place. Nostalgia plays a selective highlight reel through our memory and focuses on the highest of highs, don't let this cloud your judgment.

**Related Link:** [Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian](#)

**2. You stalk their socials:** Are you glued to your phone and constantly checking in on your ex's profiles? If that sounds like you, then you're probably not over them. This definitely isn't a healthy step in the moving-on process or any for that matter! Once you've split, unfriend and unfollow your partner. Cutting off this visibility is crucial for you to embark on the next stage of your life. Constantly checking in or stalking their pages isn't going to do you any good and may lead to your feelings getting hurt all over again.

**Related Link:** [Celebrity Couple News: Kim Kardashian & Kanye West Are on 'Different Pages' Amid Quarantine](#)

**3. You're still reaching out:** Closure is a crucial part of the breakup process. It's important that the two of you have an open and honest discussion about why things ended so you're both walking away without any lingering questions. Once this has happened, it's important that you move forward with your life and work towards finding your own happiness. Stop trying to rehash the past or continue to ask your ex what went wrong. Accept that it wasn't the right path and focus on yourself.

**Are you still hung up on an ex? Start a conversation in the comments below!**

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# Celebrity Break-Up: Jordana Brewster & Andrew Form 'Quietly Separated' Earlier This Year



By Alycia Williams

In latest [celebrity news](#), Jordana Brewster and her husband Andrew Form “quietly separated” earlier this year after 13 years of marriage. According to *People.com*, the [celebrity couple](#) have the utmost respect for each other and they remain committed to co-parenting their two sons, Rowan and Julian, as a team.

**In celebrity break-up news, Jordana and Andrew have separated, but are co-parenting their kids as a team. What are some tips for co-parenting successfully?**

## **Cupid's Advice:**

Co-parenting isn't anyone's ideal situation, but it's a lot of people's reality. It can be hard to maneuver the best way to co-parent with your ex. Cupid has some advice for you:

**1. Always communicate:** It can be difficult to keep talking to

your ex after you break-up, but if you have children together it's so important to keep communicating. You are both still parents whether you're together or not, and that means you still need to make decisions together pertaining to your kids. Keep your ex informed, and they should do the same with you.

**Related Link:** [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

**2. Have a plan:** Once you and your partner break up, you need to create a plan when it comes to the kids. Sit down with your ex and figure out who the kids are going to live with, when the kids are going to visit the other parent, who's going to have the kids on which holidays, who's going to take the kids to school and all of the other little details. Agree on the details, and stick to them for consistency in your kids' lives.

**Related Link:** [Celebrity Exes Brad Pitt & Angelina Jolie Reach Child Custody Agreement](#)


**3. Try not to involve to kids:** You and your ex broke up for a reason. Whatever that reason may be, try not involve your kids in your adult business. Don't talk negatively about your ex to your children, because that's their parent and you wouldn't want that done to you. Try to portray you ex in the best light possible in front of your kids.

**What are some more tips for co-parenting successfully? Start a conversation in the comment below!**

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# Celebrity Couple News: Pregnant Sophie Turner & Joe Jonas Attend Black Lives Matter Protest



 By Alycia Williams

In latest [celebrity news](#), Sophie Turner and her husband, Joe Jonas, protested police brutality and racial inequality at a Black Lives Matter demonstration. According to *UsMagazine.com*, while their [celebrity baby](#) is on the way, this [celebrity couple](#) posted photos and a video of them protesting in California. They included a photo of protesters lying face down in the grass, and in another, Turner holds a sign that reads, “White silence is violence.”

**In celebrity couple news, pregnancy isn't keeping Sophie Turner from protesting racism with her hubby, Joe Jonas. How do you know you've found a partner with values that align with your own?**

## **Cupid's Advice:**

Finding “The One” is always going to be a long process, but finding someone who shares similar values as yours is especially difficult to find. If you're wondering if you and your partner have similar beliefs and ethics, Cupid has some

advice for you:

**1. Just simply ask:** Don't be afraid to ask your partner how they feel about current events, politics, and social issues. It shouldn't be an interrogation session, but just you just casually asking your partner a question. This is so much easier than trying to figure out on your own, and you're bound to get a more real and authentic answer.

**Related Link:** [Celebrity News: Thomas Rhett & Wife Lauren Speak Out Against Racism for Adopted Daughter](#)

**2. Are they just as excited as you are?:** Whatever makes you excited when it comes to your values, whether it's protesting, donating, or a post on Instagram, should make your partner feel the same way. Typically, if you both feel the same way about something, you'll both want to help. On the side, the things that make you angry or upset in society, should make them feel the same way.

**Related Link:** [Celebrity News: Blake Lively & Ryan Reynolds Donate \\$200,000 to NAACP Legal Defense Fund](#)

**3. Do you both see eye to eye on the simple things?:** If you two are disagreeing on something simple in the grand scheme of things, then you probably don't have similar ethics and values. Pay attention to the small things you may be bickering about and take a birds eye view to it. You may be able to see your partner's values more clearly.

**What are some more ways to know you've found a partner with values that align with your own? Start a conversation in the comments below!**

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# Celebrity News: Kourtney Kardashian Says She Has 'Responsibility' to Teach Kids About White Privilege



By Diana Iscenko

In the latest [celebrity baby](#) news, [Kourtney Kardashian](#) shares that she's committed to teaching her children about white privilege. In a recent Instagram post, Kardashian shares the importance of allowing "conversation without judgement" with your kids. In the wake of George Floyd's death and Black Lives Matter protests, it's easy to turn away from these conversations because they're uncomfortable. "As a mother, there is a natural instinct to protect my children from anything that might make them feel sad or unsafe," said Kardashian. However, that's not stopping the [reality TV](#) star: "I bare the responsibility to speak with my kids honestly and often about it, even when the truth is uncomfortable." Kardashian set an example for her children by donating to the NAACP and the Bail Project through her lifestyle and wellness brand Poosh.

**In celebrity news, Kourtney Kardashian is speaking out about teaching her kids about racism and white privilege. What are ways to**

# come to terms with your partner on which values to instill in your children?

## **Cupid's Advice:**

As much as we love our partners, we won't always see eye to eye. This becomes especially challenging when it comes to raising your children. If you need help deciding what values to teach your kids, Cupid has some advice for you:

**1. Decide what's important:** Have a conversation with your partner. Decide what values are non-negotiable and what's most important to actively teach your kids. Remember that your kids will model their behavior after your own, so not every lesson will be verbal!

**Related Link:** [Celebrity Babies: Kristen Bell Vows to Raise Her and Dax Shepard's Kids to Be 'Anti-Racists'](#)

**2. Delegate "teachable moments":** While you should both be teaching your children values, one of you might have a stronger connection to a particular issue. If your partner has a personal experience that makes them passionate about a subject, you might want to take the backseat for those conversations.

**Related Link:** [Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian](#)

**3. Adapt your views:** As your child (and you and your partner!) ages, what's most important to teach them will change. Outside forces, like experiences at school and current events, might require you and your partner to have discussions you hadn't planned on before. Flexibility is important to best teach your child in a changing world.

How is your partner helping plan your special day? Start a conversation in the comments below!

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# Celebrity Wedding News: Sienna Miller 'Can't Wait' to Make Lucas Zwirner Her Husband



 By Diana Iscenko

In the latest [celebrity news](#), actress Sienna Miller is excited to tie the knot with fiancé Lucas Zwirner. The [celebrity couple](#) got engaged in February after meeting in December 2018. A source close to the pair told *UsMagazine.com* that Miller “can’t wait” to turn her fiancé into her husband. “They’re so in love. They’re so excited for this new chapter,” revealed the source. The couple hasn’t announced a date for their [celebrity wedding](#) yet.

**In celebrity wedding news, Sienna Miller is in planning mode for her marriage to Lucas Zwirner. What are some ways to incorporate both of your personalities into your**

# wedding day?

## Cupid's Advice:

Your wedding should be a great day for both you and your spouse. It's easy to get caught up in your ideas on how the day should go, but it's just as much your partner's special day as it is yours. If you're not sure how to involve your future spouse in the wedding process, Cupid has some advice for you:

**1. Start on the same page:** Set the tone for your wedding planning process. Let your partner know that their ideas are just as valid as yours and that you want their help. A good jumping-off point is making a list of must-haves for each of you and coming together to see what's most important to the other.

**Related Link:** [Celebrity Couple News: Hilary Duff Shares Heartfelt Tribute to Matthew Koma on Engagement Anniversary](#)

**2. Put them in charge:** Give your partner complete control over an aspect of your wedding. If they're passionate about music, let them make the decisions regarding the band or DJ. If you're in charge of other aspects of our special day, your partner should have the same experience.

**Related Link:** [Relationship Advice: How Important Are Similarities For A Happy Marriage?](#)

**3. Value their input:** Let your partner voice their opinions. A good way to do this is to present your partner with your topic choices. Let them help you decide between your top three cake choices. Not only will it make the decision process simpler, it gives both parties input on an aspect of the wedding.

**How is your partner helping plan your special day? Start a conversation in the comments below!**

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# Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages



 By Diana Iscenko

In the latest [celebrity news](#), [Carrie Underwood](#) shared that she and husband Mike Fisher “considered adoption” before the birth of their second son. Underwood recently revealed that the [celebrity couple](#) had three miscarriages in two years. According to *UsMagazine.com*, on the latest episode of *Mike and Carrie: God & Country*, the singer said, “We needed to have a baby or not ever. Because I couldn’t keep going down that road anymore.” The pair considered adopting to bring [celebrity baby](#) #2 into the world, but they were then able to conceive their second son Jacob, whom they welcomed in January 2019.

**In celebrity baby news, Carrie Underwood considered adoption after having multiple miscarriages. What are some ways to decide if adoption is right for you and your partner?**

## **Cupid's Advice:**

When you and your partner are ready to start a family, consider adopting kids! Adoption comes with its own set of challenges, but it's just as rewarding (if not more) as having your biological children. If you're not sure if adoption is right for you and your partner, Cupid has some advice for you:

**1. You are unable to have biological children:** Many couples who are unable to conceive on their own turn to adoption. Whether you have fertility issues or have a same-sex partner, adoption is the perfect way to expand your family.

**Related Link:** [Celebrity Baby: Carrie Underwood Welcomes Second Son!](#)

**2. You want to help the foster system:** Many people feel that they should adopt children, not because they are physically unable to do so, but because they want to lighten the burden of the foster system. You and your partner have love to give and there are thousands of children who need a loving home.

**Related Link:** [Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom](#)

**3. You have religious limitations:** Some couples who are having trouble conceiving turn to adoption, instead of fertility treatments and in vitro fertilization, because of religious beliefs. Believing every life is sacred extends to the children you can adopt.

**Would you be open to adoption? Start a conversation in the comments below!**

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# Celebrity Babies: Kristen Bell Vows to Raise Her and Dax Shepard's Kids to Be 'Anti-Racists'



 By Diana Iscenko

In the latest [celebrity news](#), [Kristen Bell](#) shared her and husband Dax Shepard's commitment to teaching their daughters about racial inequality. In the wake of George Floyd's death and Black Lives Matter protests, the [celebrity couple](#) is working toward raising "anti-racist" children. In an interview with *The Morning Beat*, Bell said, "I have been having a lot of conversations with my children about what's happening right now because I think part of the problem is discomfort." Bell continues to say that while these conversations are hard, they need to occur within white communities: "Bring it to your dinner table, don't look away because it's uncomfortable."

**In celebrity baby news, Kristen and Dax's kids will be raised as anti-racists. How do you instill good values in your children?**

## **Cupid's Advice:**

We all want our kids to grow up to be good people but toeing the line of informative and lecturing can be difficult. If you're not sure where to start, Cupid has some advice for you:

**1. Be a good role model:** You need to set a good example for your children. No matter what you teach them, it will be undone if they see you acting differently from what you've taught them. Don't undermine yourself! Apologize to your kids when you mess up. Share your experiences with them so they can understand why the values you teach them are so important.

**Related Link:** [Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters](#)

**2. Relate the issue to their life:** Relating a value back to your child's life will make it easier for them to understand it and why it's important. You can use anything to teach them—an issue at school, an event you witness at the store, or even an incident on the news. These make great spontaneous lessons. Ask your kids what they would've done.

**Related Link:** [Celebrity News: Dax Shepard Originally Turned Down 'Parenthood' for Kristen Bell](#)

**3. Follow through:** Let your kids know when you're proud of their behavior! Thank them when they do something you asked. Acknowledge when they make you proud. However, you also need to hold your kids accountable when they're less than perfect. Turn their mistakes into a chance to learn and make amends for what they did.

**How do you start these difficult conversations with your kids? Start a conversation in the comments below!**

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# Celebrity Couple News: Kim



# Kardashian & Kanye West Are on 'Different Pages' Amid Quarantine



 By Diana Iscenko

In the latest [celebrity news](#), things between [Kim Kardashian](#) and [Kanye West](#) are rocky during quarantine. A source told *UsMagazine.com* that the [celebrity couple](#) has different routines: “Kim is working out nonstop and doing her thing. Kanye is having a harder time because he does not have a regimented routine like Kim.” Despite their opposing schedules, the duo is “doing well” and trying to get back on the same page.

## In celebrity couple news, Kim and Kanye aren't seeing eye to eye during quarantine. What are some ways to adapt to quarantine with your partner?

### Cupid's Advice:

Being stuck at home can cause a strain on your relationship, but it doesn't have to! Turn quarantine into a time to strengthen your relationship with your partner. Cupid has some advice for you:

- 1. Have alone time:** Being unable to leave your house means you're spending 100% of your time with your partner. It's healthy to have time for yourself. Plan for you and your

partner to have time without the other. It doesn't matter what you do as long as you focus on yourself.

**Related Link:** [Celebrity Couple News: Kim Kardashian Needs Space From Kanye West](#)

**2. Make a routine:** Quarantine has gotten rid of all the structure you're used to having, so it's time to create your own! Sit down with your partner and create a rough schedule of the day. This will help your days feel more "normal."

**Related Link:** [Celebrity News: Chris Lane Reveals Quarantine Has Strengthened Relationship with Lauren Bushnell](#)

**3. Stay connected with others:** Just because you can't see your friends and family doesn't mean you shouldn't be talking to them! There are plenty of ways to stay in touch with the outside world. Make sure to schedule time to talk to other people outside of your household.

How have you and your partner been working on your relationship during the pandemic? Start a conversation in the comments below!

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## Celebrity News: Ben Affleck & GF Ana De Armas Join California Black Lives Matter Protests



 By Diana Iscenko

In the latest [celebrity news](#), [Ben Affleck](#) and Ana De Armas participated in the #BlackLivesMatter protests in Venice, Calif. last Tuesday. The [celebrity couple](#) was spotted holding signs that read “Black Lives Matter” and “Save First Baptist Church of Venice.” Affleck and De Armas showed their support of the historic black church built in 1910 that faces the possibility of demolition. The famous couple are only two of the many Hollywood stars who are speaking out against the recent death of George Floyd.

**In celebrity news, Ben Affleck and his new girlfriend are joining forces to protest racism. What are some ways to support a worthy cause with your partner?**

**Cupid’s Advice:**

Activism is important and there are countless causes that need your support. Find out what topics you’re passionate about! If you’re not sure where to start or how to support these causes with your partner, Cupid has some advice for you:

**1. Protest in your city:** No matter what cause is close to your heart, there’s sure to be an upcoming demonstration for it. You and your partner can attend these together. You two can also spend the day before preparing for them together: making signs and packing the necessary supplies.

**Related Link:** [Celebrity Couple News: Ben Affleck Is ‘Very Supportive’ of Girlfriend Ana De Armas](#)

**2. Donate to causes:** It’s important to put your money where your mouth is when it comes to activism. Research a trusted organization and donate to them. Everyone has limits to what

they can afford so don't feel obliged to drop money you don't have!

**Related Link:** [Celebrity News: Blake Lively & Ryan Reynolds Donate \\$200,000 to NAACP Legal Defense Fund](#)


**3. Educate yourself and others:** You can always be a better activist and there's always more to learn. You and your partner can watch documentaries or listen to podcasts together. If you're feeling up to it, you can also try to educate other family and friends.

**What causes are important to you and your partner? Start a conversation in the comments below!**

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## **Celebrity News: Thomas Rhett & Wife Lauren Speak Out Against Racism for Adopted Daughter**



 By Alycia Williams

In latest [celebrity news](#), country star Thomas Rhett and his wife Lauren Akins have spoken out against racism. According to *EOnline.com*, this [celebrity couple](#) expressed their concern for their oldest daughter, whom they adopted from Uganda. "As the father of a black daughter and also two white daughters, I have struggled with what to say today," Rhett stated. "I get scared when I think about my daughters and what kind of world they will be growing up in."

# In celebrity news, Thomas Rhett and Lauren are standing up for their adopted black daughter. What are some ways to stand up for what you believe with your partner?

## Cupid's Advice:

When you and your partner have the same views on social issues, it's important that you both stand together. If you need some ways to stand up for what you believe in with your partner then, Cupid has some advice for you:

**1. Take a stand on social media together:** Social media is a great way to support something that you truly believe in. When you and partner are posted together helping to support a great cause, it's extremely impactful to everyone who sees it.

**Related Link:** [New Celebrity Couple: Sophia Bush & Grant Hughes Get Cozy in Masks as They Step Out in Malibu Together](#)

**2. Donate together:** If you are in the right financial state to donate to a charity, then you should. Donating money to a great cause is amazing, but when you and your partner donate as a couple, it shows an incredible amount of unity and togetherness.

**Related Link:** [Celebrity Couple News: Beyonce & Jay-Z Stay Seated During National Anthem at Super Bowl](#)


**3. Attend rallies or events together:** There will always be a charity event, protest, or rally to attend when it comes to social issues. You and your partner can attend these events as a unit. Invest your time and energy into a cause that you both feel really strongly about.

What are some other ways to stand up for what you believe with your partner? Start a conversation in the comments below!

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# Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian



 By Alycia Williams

In latest [celebrity news](#), Scott Disick and Kourtney Kardashian spent some time in Utah with all three of their kids for Disick's 37th birthday. According to *UsMagazine.com* these [celebrity exes](#) have been through so many ups and downs since the beginning of their relationship, but after their celebrity break-up, they seem to get along much better, especially when it comes to co-parenting. Recently, Disick and Sofia Richie called their relationship quits after three years. Many wonder if Kardashian is the reason they broke up, so that she and Disick can get back together.

**These celebrity exes are keeping things way above and beyond friendly. How do you know if you're**

# still hung up on your ex?

## Cupid's Advice:

After a long relationship ends, it's incredibly easy to get held up on the idea that you guys might get back together. If you think you are still hung up on your ex, Cupid has some advice for you:

**1. Do you stalk them on social media?:** If you constantly find yourself going to your ex's social media pages a few times a day, then you are definitely still hung up on them. Trying to look on their pages to see what they're doing, who they're hanging out with, and if they're seeing anyone else, just isn't healthy. Try deleting the apps from your phone to stop yourself from going to their pages. The longer you go without thinking about them, the better.

**Related Link:** [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

**2. Do you still refer to them as your partner?:** When you're talking to someone else about your ex partner and you refer to them as your boyfriend, girlfriend, husband, or wife accidentally, then you are still not over them. This can be really hard to correct, especially when you're fresh out of a relationship, but after a few months you should be looking to correct yourself. Have your friends and family point it out to you every time you say it. Or, you can use the swear jar method, expect only put a dollar in the jar when you refer to your ex as your partner.

**Related Link:** [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

**3. You're not interested in dating again:** If you find yourself not finding anyone attractive or not wanting to get back out there and go on dates, then you are still holding on to your

past relationship. You don't want to go on dates because you're still in a "relationship" kind of head space, when you should be in a single state of mind. Try to get back out there in the dating world and go a little out of your comfort zone; consider someone completely different than your ex.

What are some other ways you know your still hung up on your ex? Start a conversation in the comments below!

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## Celebrity News: Prince Harry's Ex Cressida Bonas Feared Being Labeled 'It' Girl After Split



 By Ellie Rice

In the latest [celebrity news](#), Prince Harry's ex Cressida Bonas has opened up about life post-royal-split and how the relationship held her back. According to *UsMagazine.com*, Bonas feared her reputation would leave her branded as an "it" girl once the duo broke up, but she now has found the confidence to pursue her passions. The pair amicably went their separate ways in 2014 but remained on friendly terms as Bonas attended his wedding to Meghan Markle.

**In celebrity news, Cressida Bonas**



# was afraid of what people would think of her after her split from Prince Harry. What are some ways to keep your break-up from causing gossip and rumors?

## Cupid's Advice:

Gossip and rumors can cause quite a rift in any relationship, often leading to a break-up. If you're wondering how to navigate the post-split waters without any of that negativity, Cupid has some advice for you:

**1. Stay on the same page:** Break-ups are tough for both parties, even when they're amicable. Moving on from a relationship and person that's held such a prominent position in your life is challenging. If you're worried about people gossiping and starting rumors about your relationship, then you need to have a conversation with your ex-partner. Let them know how you're feeling and get on the same page about what's going on.

**Related Link:** [Royal Celebrity Couple: Prince Harry & Meghan Markle Settle in Los Angeles](#)

**2. Be respectful:** The last thing you want is to sour your split and have it turn messy. Once the two of you have gone your separate ways, be respectful. Honor the memories you shared and understand that it's now time to embark on a new chapter in your life. Unless your ex has done something awful, there's no need to soil and tarnish their reputation in the public sphere. You wouldn't want them speaking negatively about you without cause either!

**Related Link:** [Relationship Advice: The Case of Elon Musk:](#)

## [Connecting Instead of Clashing](#)


**3. Redirect:** If you're finding yourself surrounded by gossip about your relationship, set the record straight, and then move on. Understand why it ended, respect the feelings and decisions within the relationship, and then move forward. Redirect the conversation to what you're doing with your future and the other stuff that's happening in your life. The ins and outs of your relationship are nobody's business but yours and your former partner's.

**How would you keep your break-up drama-free? Start a conversation in the comments below!**

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# **Celebrity News: Blake Lively & Ryan Reynolds Donate \$200,000 to NAACP Legal Defense Fund**



 By Alycia Williams

In latest [celebrity news](#), actress Blake Lively and husband Ryan Reynolds donated to the NAACP. According to *EOnline.com*, the [celebrity couple](#) donated \$200,000 to NAACP Legal Defense Fund. Recently, police brutality videos have been surfacing all over the media, most of the videos resulting in the death of a person of color. This has sparked massive protesting all around America, causing many people to get arrested. Reynolds and Lively were quick to show their support by taking to

social media and explaining that they don't know what it's like to live in fear of the police, and neither will their kids. The post ended with them stating, "We're ashamed that in the past we've allowed ourselves to be uninformed about how deeply rooted systemic racism is."

**In celebrity news, Blake and Ryan are showing their support for the #BlackLivesMatter movement by making a substantial donation. What are some ways supporting a worthy cause can bring you closer as a couple?**

#### **Cupid's Advice:**

Having similar beliefs and views in a relationship can really help unify you guys as a couple. Standing together on important issues in the world no matter what your opinion is, will strengthen your relationship. If you are wondering how standing together can bring you closer as a couple, Cupid has some advice for you:

**1. It builds a foundation for your relationship:** Standing together during social crisis is just one of the first steps of always sticking by your partner's side. As your relationship progresses, you'll need to stand together and support each other in a lot of different situations even if you don't agree. Standing by each others' beliefs and feelings will build a foundation to further your relationship.

**Related Link:** [Celebrity News: Tom Brady Celebrates Super Bowl Win with Gisele Bundchen & Kids](#)

**2. Better communication skills:** When you are both supporting a worthy cause together, it can stir up an amazing conversation between you two. Being able to express how you feel about something to your partner and your partner being able to do the same with you is improving your communication. That way, when you have to discuss something that you have totally different views on, you'll be able to get your point across and hear each others' points of view in a productive way.

**Related Link:** [Relationship Advice: Communicate Dislikes like John Legend & Chrissy Teigen](#)


**3. Attend events together:** When you are both really passionate about something, you will want to support the best way you can. Attending charity events and rallies together will help you two feel more like a unit. Moving as one in a public setting is always a plus in any relationship.

**What are some other ways supporting a worthy cause can bring you closer as a couple? Starts a conversation in the comments below!**

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## **Celebrity Break-Up: Josh Lucas' Ex Wife Claims He Cheated During Pandemic**



 By Alycia Williams

In latest [celebrity news](#), Jessica Ciencin Henriquez posted a tweet slamming her ex-husband Josh Lucas for cheating on her. According to *UsMagazinge.com*, Henriquez captioned her tweet,

“Exes are exes for a reason.” She went on to explain that it’s easier to forgive people for cheating when you have a child with them, but it takes a terrible person to cheat on someone during a pandemic. These [celebrity exes](#) have broken up before in the form of a very public celebrity divorce [celebrity divorce](#) in 2014, but recently they have been trying to reconcile their relationship. Due to the recent cheating scandal, however, Henriquez decided to take it to Twitter, ending her tweet saying, “I deserve better than this, Our son deserves better than this.”

**In celebrity break-up news, Josh Lucas’ ex-wife is airing her grievances publicly. What are some things to consider before going public with relationship disagreements?**

#### **Cupid’s Advice:**

Having a disagreement with your partner can really be difficult, and sometimes you can be airing your dirty laundry without realizing it just because you need to vent. If you tend to go public with your relationship disagreements before considering all of the consequences, Cupid has some advice for you:

**1. Think of the kids:** Relationship disputes can be a really delicate situation, but when there are kids involved, it only makes it more complicated. You don’t want your kids to be involved in adult conflict, and when you go public with your relationship drama, it can easily be overheard by your children. So, before you publicize your relationship disagreement, think about your kids. Put them first.

**Related Link:** [Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy](#)

**2. What will your family and friends think?:** When you tell your family and friends about your relationship feud, it can really paint a negative picture of your partner in their heads. If you decide to work out your differences and forgive your partner, your family and friends might not forgive them so easily, which will make gatherings really awkward. Your complaints can be taken to heart by your family and friends, making your partner seeming like a terrible person.

**Related Link:** [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

**3. You'll receive everyone's two cents:** Having everyone know that you and your partner are having relationship issues can result in everyone giving their unwanted opinions. Hearing their thoughts about your relationship can stress you out. Sometimes unwanted opinions can lead to blowing smaller issues out of proportion, which only results in more conflict. When you deal with your relationship issues internally, you'll focus on your opinion alone, and that's ultimately the only one on that matters.


**What are some other things to consider before going public with relationship disagreements? Start a conversation in the comments below!**

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# Celebrity Baby News: 'Duck

# Dynasty' Star Phil Robertson Finds Out He has Adult Daughter From Past Affair



 By Diana Iscenko

In the latest [celebrity news](#), *Duck Dynasty* star Phil Robertson discovered he has a 45-year-old daughter. In a recent episode of their podcast, *Unashamed with Phil Robertson*, two of Robertson's sons, Alan, 55, and Jase, 50, revealed they received letters from their long-lost sister, Phyliss. The [reality TV](#) patriarch took a DNA, which was a 99.9% match. "As it turns out, 45 years, you have a daughter that you don't know about. Finally, after all those years, we come together," Robertson said.

**In celebrity baby news, Phil Robertson is coping with the news that he has an adult daughter he never knew about. What are some ways to welcome a child (baby or adult) into your family?**

## **Cupid's Advice:**

Families come in all shapes and sizes. No matter who you're bringing into your family, it's important to welcome them with open arms. If you're unsure how to seamlessly expand your family, Cupid has some advice for you:

**1. Tell extended family:** Whether you're having a baby, adopting a child, or reuniting with an adult family member, it's important to make sure they feel welcome. That starts with the entire family being excited to meet them, not just the parents.

**Related Link:** [Relationship Advice: How to Deal With Estranged Family Members](#)

**2. Make sure they're comfortable:** For a baby, this would be setting up a nursery. However, it can vary for older family members. Make sure to openly communicate with them about their needs. Listening to them will make them feel valued and like part of the family.

**Related Link:** [Duck Dynasty's Miss Kay Reveals She Birthed Her First Child Before Marriage](#)

**3. Put energy into the relationship:** It's not enough to be initially welcoming. Let your new family member know how excited you are for a future with them and use your actions to follow through with that. Be supportive, be accepting, and be there for them.

**How do you welcome your new family members? Start a conversation in the comments below!**

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**Celebrity Break-Up News:  
Kristin Cavallari's Friends  
Saw 'Shady' Side to Jay**



# Cutler Pre-Split



By Diana Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filed for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Cutler "would be mean to [Cavallari], embarrass her, make her feel bad, or storm off." Despite this messy situation, these [celebrity exes](#) "have nothing but love and respect for one another," according to an Instagram post.

**In this celebrity break-up news, Kristin Cavallari's friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing warnings about your relationship?**

## **Cupid's Advice:**

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you're not sure how to handle a friend's worries about your new relationship, Cupid has some advice for you:

**1. Think about your friendship:** Consider if you have a healthy relationship with your friend. Are they one of your closest

friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you'll be able to tell if your friend has your best intentions at heart.

**Related Link:** [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

**2. Learn more about their worries:** Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they're concerned. It's also important to consider your friend's viewpoint. They could see some major red flags you might have missed.

**Related Link:** [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

**3. Find a compromise:** You can't force your friend and partner to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

**What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!**

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# **Celebrity News: Nikki Bella Offered to Take a Break in Relationship with Artem Chigvintsev**



✖ By Diana Iscenko

In the latest [celebrity news](#), *Total Bellas* star Nikki Bella reveals she offered to take a break with fiancé Artem Chigvintsev at the beginning of their relationship. The [celebrity couple](#) started dating only six months after Bella called off her engagement and ended her six-year relationship with John Cena. According to *UsMagazine.com*, Bella divulged she was initially worried about falling into a new relationship so quickly. “I was still in the process of healing, but yet I was falling in love so fast with [Chigvintsev],” Bella said on the latest episode of “The Bellas Podcast.”

**In celebrity news, Nikki offered to take a pause on her relationship with Artem early on as she was healing from her past celebrity break-up. How do you know you're ready to move on from a past relationship?**

#### **Cupid's Advice:**

Finding a new partner is exciting, but it can be hard to tell if you're ready to take the jump into a new relationship. If you're unsure if you're ready to put yourself out there again, Cupid has some advice for you:

**1. You've learned from the past:** You need to learn from your past relationships to have healthy ones moving forward. It's important to acknowledge what didn't work in your last relationship (yes—even in your own actions!), but it's even

more important to learn from it and prevent yourself from falling into those same patterns in your new relationship.

**Related Link:** [Celebrity News: Pregnant Nikki Bella Shares Sweet Note to Fiancé Artem Chigvintsev](#)

**2. You're content with life being single:** Finding happiness outside of relationships shows you've moved past your ex. Once you've figured out what you want from life, it's much easier to know if a new partner would fit into that, or if you should wait a little longer.

**Related Link:** [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

**3. You're open to a new experience:** It's easy to tell yourself you're ready for love again, but still shut down any opportunities that come your way. If you've met someone you like without pushing them away, that's your gut telling you you're ready.

**What do you do to heal after a relationship? Start a conversation in the comments below!**

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# Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years



 By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie called it quits after their three-year relationship. Richie ended things to give Disick space to work on his mental health and addiction issues, which he has struggled with long before the pair got together. These [celebrity exes](#) remain on speaking terms, despite Disick spending his birthday weekend with ex-wife [Kourtney Kardashian](#).

## **In celebrity break-up news, Scott and Sofia are calling it quits. How do you cope with the loss of a long-term relationship?**

### **Cupid's Advice:**

The end of a long-term relationship marks a new chapter of your life. It doesn't matter who initiated the break-up; both parties will have to deal with heartbreak. If you're unsure of how to move forward, Cupid has some advice for you:

**1. Allow yourself to grieve:** This is your chance to accept your new reality without your ex. You have the time to reflect on the relationship and your own actions, which will allow you to move on. This is your time to establish a new routine without your ex and untangle them from your life.

**Related Link:** [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

**2. Focus on yourself:** Long-term relationships often have you focusing more on "we" than on "me." This is your chance to do things that make you happy. This could be finding a new hobby, going out to your favorite places, or spending more time with people who support you.

**Related Link:** [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

**3. Lean on friends and family:** Your loved ones are there to cheer you up! They can be a shoulder to cry on, an ear to listen, or a distraction from the break-up. Spending time together will lift your spirits no matter what you do and it will remind you you're not alone.

**What do you do to heal after a relationship? Start a conversation in the comments below!**

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## **Celebrity News: Anna Kendrick Does Not Believe in Romantic Soulmates**



 By Diana Iscenko

In the latest [celebrity news](#), Anna Kendrick reveals she doesn't believe in romantic soulmates, while discussing her new HBO Max series, *Love Life*. According to *EOnline.com*, the [single celebrity](#)'s character is shown throughout a ten-year period, highlighting her different relationships and how they let her grow. Even though Kendrick doesn't believe in traditional soulmates, she told *Emmy Magazine* that people have "many 'the ones,' and if we're lucky we spend a long time with someone."

# In celebrity news, Anna Kendrick shed some light on why she doesn't believe in romantic soulmates. How do you know you've met someone you could settle down with?

## Cupid's Advice:

Whether you believe in soulmates or not, it's always hard to decide when to take the next step with your partner. Do you have trouble knowing if you found someone who's worth committing to? Cupid has some advice for you:

**1. You can handle conflict:** You're able to communicate with your partner and work through disagreements. You're not worried every fight will be the end of your relationship, and you're not tiptoeing around subjects to keep the peace.

**Related Link:** [Celebrity Couple News: Ben Affleck Is 'Very Supportive' of Girlfriend Ana De Armas](#)

**2. You have each other's backs:** Your partner is someone you can lean on, and you do the same for them. You're both able to support the other, no matter how big or small the stress the other is going through.

**Related Link:** [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

**3. You talk about the future:** You aren't afraid to talk about where you see the relationship going. You're vulnerable enough to tell your partner that you're planning for a future with them in it.

**How do you know when it's time to settle down? Start a conversation in the comments below!**

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# Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie



By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) spent his birthday with ex-wife [Kourtney Kardashian](#) and their kids. According to *UsMagazine.com*, Disick and his long-time girlfriend, Sofia Richie, recently took a break from their relationship so he could work on his mental health. In the wake of this [celebrity break-up](#), Disick and Kardashian spent their Memorial Day weekend with two of their children, Penelope, 7, and Reign, 5, in Lake Powell, Utah.

**In this celebrity news, exes Scott and Kourtney made his birthday a family affair. What are some reasons to keep things civil with your ex?**

## Cupid's Advice:

The end of a relationship is painful. Many people choose to cut their ex out of their life, but there are many reasons you might want to keep an ex in your life. If you're debating



whether you should stay civil with an ex, Cupid has some advice for you:

**1. You need closure:** A break-up hurts less when it ends on good terms. This isn't always possible, but if your ex can have a conversation with you about the relationship, it may help you better move on and keep things drama-free in the future.

**Related Link:** [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

**2. You run in the same circles:** Sometimes staying civil with an ex is all about practicality. If you share a group of friends or a workplace, you want to remain on speaking terms with an ex to avoid future drama and awkwardness.

**Related Link:** [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

**3. You still trust them:** If your relationship had a clean ending, you might still want them as a supportive friend in the future. By ending on civil terms, it opens the door for your ex to come back into your life when you're ready.

**Do you try to keep things civil with your ex? Start a conversation in the comments below!**

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## **Celebrity Break-Up: Mary-Kate Olsen Officially Files for**

# Divorce from Olivier Sarkozy

By Alycia Williams

In latest [celebrity news](#), Mary-Kate Olsen filed for a [celebrity divorce](#) from Olivier Sarkozy. According to *EOnline.com*, Olsen requested an emergency divorce filing initially. The request was denied due to the COVID-19 pandemic. After a few weeks, Olsen was finally able to file for divorce now that New York courts began allowing lawsuits and divorces to be filed online again.

**In celebrity break-up news, Mary-Kate Olsen was finally able to file for divorce from her husband. What are some ways to handle the initial fall-out from a split?**

## **Cupid's Advice:**

Break-ups can be very difficult thing to process, especially when you're married. Dealing with the those first steps of the break-up can be be really hard to navigate. If you are looking for ways to handle the initial fall-out from a split then, Cupid has some advice for you:

**1. Deal with the logistics:** When you're in a relationship that has lasted for a long time you both may share a lot of things. Whether it's you're belongings or you're home, you guys should decipher who's going to keep what and just come to a common ground.

**Related Link:** [Celebrity Break-Up: Kylie Jenner & Travis Scott](#)

## [Are Taking a Break](#)

**2. Make a plan for friends:** Couples love to hangout with other couples but, when you guys break up it's important to figure out what you're going to do about interacting with mutual friends. Break down together who will hang out with who, that way you both don't have to have an awkward moment hanging out with shared friends.

**Related Link:** [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

**3. Seek help to navigate your emotions:** Seeking help after a breakup can be extremely helpful. Having someone to talk to and rely on after a break-up can help you recover faster. This help doesn't even have to be professional, it can be a family member or a friend. As long as they are willing to listen to you vent about the break-up.

**What are some other ways to handle the initial fall-out from a spilt? Start a conversation in the comments below!**

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# **Celebrity Baby News: Elon Musk & Grimes Change Newborn Son's Name to Comply with California Law**



 By: Alycia Williams

In latest [celebrity news](#), Elon Musk and Grimes changed the

name of their newborn [celebrity baby](#) to abide by the California Law. According to *UsMagazine.com*, the [celebrity couple](#) welcomed their son on May 4, and originally named him X Æ A-12. Once the name was revealed, many were quick to point out that according to the California State Constitution, names can only use the 26 alphabetical characters of the English language. The couple then changed their son's name to X Æ A-Xii. When questioned on social media about the name change, Grimes replied, "Roman numerals looks better."

**In celebrity baby news, Elon Musk and Grimes were forced to slightly change their baby's name. What are some ways to compromise with your partner about baby names?**

#### **Cupid's Advice:**

Expecting a baby is one of the most joyous feelings in life, but picking the baby's name can sometimes be a battle. It will be one of the first decisions that you and your partner make together as parents. For some ways to compromise with your partner about baby names, Cupid has some advice below:

**1. Hear each other out:** In any relationship, it's so important that you listen to each other. You should both come up with suggestions for the baby's name and then listen to what you both came up with and why. Although you may be head over heels in love with the names that you picked, you may find that your partner came up with something that you like better.

**Related link:** [Celebrity Baby News: Kylie Jenner Reveals the Name of Her Daughter, and Twitter Reacts](#)

**2. Narrow it down:** Before you start throwing names at each

other, figure out what kind of names you both are interested in. It can be long or short names, modern or old-fashioned names, or maybe even unisex names. Whatever it is, come to an agreement and go down that path together to look for names.

**Related Link:** [Parenting Trend: Royal Baby Names](#)


**3. Take your time:** Finding the perfect name for your baby won't be easy, but luckily you have nine long months to narrow it down. Although you're eager to have a name for the baby, understand that you may like one name today and then like another a few months later. Sometimes naming your baby after you meet them can be more efficient because the name you picked out beforehand may not match your baby's look or personality. Understanding that nothing is final until the name is on the birth certificate is key!

**What are some ways you would compromise with your partner on baby names? Let us know in the comments below.**

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## **Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab**



 By Ellie Rice

In the latest [celebrity news](#), Scott Disick and Sofia Richie have decided to take a break from their relationship. Sources exclusively shared with *UsMagazine.com* that Disick needs to get his act together before getting involved with their relationship again. Disick was seeking treatment to work

through his past traumas, but left the facility after photos of him in attendance were leaked. We wish nothing, but the best for these two and hope they can work it out!

## **In celebrity couple news, Scott Disick and Sofia Richie are on a break after his latest stint rehab. What are some ways to support a partner or ex-partner recovering from addiction?**

### **Cupid's Advice:**

Supporting a loved one recovering from addiction can be difficult and emotional. If you're looking for a little guidance, Cupid has some advice for you:

**1. Take it slow:** The recovery process is a long and continuous road for your partner and your relationship. Don't expect everything to change overnight, as your significant other is on their own healing journey. As they find their inner strength, so will your relationship. Be supportive and communicative with them by creating an open and honest environment at home. Allow them to transparently convey their emotions and feelings towards you, so you both can understand where your relationship is at. If you have an ex-partner going through recovery who is still a part of your life, be supportive of them as well. Check-in with them and spend time together participating in fun and lighthearted activities.

**Related Link:** [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

**2. Build a support network:** Letting your partner know that you

support them and are with them every step of the way is so important. They need to feel love and care on the homefront. Remove any triggers from your home environment that you think could get in the way of their recovery process. Take them to their meetings or try engaging in couples therapy to continue rebuilding your relationship. Have family and loved ones provide support as well to show your partner how important they are.

**Related Link:** [Celebrity Couple News: Kim Kardashian Needs Space From Kanye West](#)

**3. Get adventurous:** Come up with fun and exciting activities to go out and experience with your partner! Finding ways to celebrate each other and rekindle your relationship by engaging in substance-free activities is crucial. Go for a walk down the beach or go take a hike. Create a list of things or places that make you both happy and go from there. Rebuilding your relationship in alcohol and substance-free environments will be a great way to strengthen your bond and help your partner on their journey.

**How would you help a partner going through a difficult time? Start a conversation in the comments below!**