

Celebrity Interview: 'Newlyweds: The First Year' Stars Talk Love & Celebrity Relationship Struggles



By [Michelle Foti](#)

As seen on reality TV show *Newlyweds: The First Year*, newlyweds Tara and Rob Radcliffe have showed America that no marriage is perfect and not every wedding can be either! Looking past the burlesque dance and into the hearts and home of the celebrity couple, their awe-worthy connection is illuminating. In our latest [celebrity interview](#), CupidsPulse had the pleasure of chatting with the reality TV stars about their love life, some of their celebrity

relationship struggles, and they even gave us some marriage advice and strategies when things aren't always going well.

'Newlywed' Couple Talks Celebrity Relationship Struggles in New Celebrity Interview

Tara and Rob have faced the camera and faced America, but at the end of the day it's about facing one another with the gaze of appreciation and of course, a love life that now mimics a public celebrity relationship. Sharing their first year as newlyweds with America has actually brought the famous couple closer! "We have this journey we're going through together," Tara says. "We can talk to one another about certain things with the show that we couldn't necessarily talk to another person about...It's nice to have someone to share it with that you're married to or you're close with."

For this duo, their daily tasks are filled with laughter because of one another. In fact, laughter is one of Rob's favorite things about their famous relationship along with how much time they spend together. "I've never been in any relationship, married or otherwise, where we spend so much time with one another out of choice," Rob says. The laws of attraction do not even scratch the surface of the marriage.

"In this relationship with Tara, I find myself really gravitated towards her and just wanting to go spend time with her," the *Newlywed* star says. "For instance, today she's cooking and rather than being upstairs in our gym area, I chose to do push-ups and sit-ups right off the kitchen so I can be talking to her while I'm working out."

With a bond that seems unbreakable, Tara attests to how deep their connection runs. "For me and Rob, I feel like we've had

many lifetimes together, so the minute I saw Rob I felt like our souls were just reconnecting again and it was a really beautiful thing," she says.

Related Link: [Relationship Advice: Are You Ready For Storybook Love?](#)

As newlyweds, the happy celebrity couple are no strangers to relationship problems. For the pair, struggle most typically comes in the form of family. "We have had a lot of issues just with the importance of family and the Persian culture," Tara reveals.

"Although family is important in Rob's life as well, he kind of picks and chooses who he wants a relationship with and who he doesn't. For me, it's like you don't have a choice. You are going to be respectful and fake it with family members that you don't always necessarily get along with."

And although they've had their marriage problems, one thing that the famous couple not only loves to do but also helps their relationship grow is asking questions: date night questions. When they're on a date night and the conversation lulls, they like to ask each other questions about the relationship to make sure that it is growing and healthy. "They're questions, like for example, what do you feel like you should be acknowledged for," Tara says. "Or what would you like to be appreciated for? Is there anything that I haven't allowed you to say yet, something like that," Rob added. "They're helpful. Keeps the marriage strong."

The reality TV stars would advise other couples to use this dating tip to overcome hard times. "I feel like when we do have these date night questions, it's like a safe zone," Tara says. "There's no judgement around it, there's no hurt. It's just two people being upfront and real and being able to walk through a problem with one another." Rob's relationship advice is to just appreciate each other on a daily basis. "Of course there are those days that we bump heads," he says. "We

disagree on things, we go off on our little spats with one another. But for me, it just comes back to appreciating each other." Even in the strongest of marriages, it isn't all smooth sailing. Rob says that in these situations, the love they share conquers all. "We're both so in love with each other, when we start stabbing and fighting I try to take a breathe and go 'You know what? Let's get through this fight because what we have is so special and the love that we have for each other is so important,'" Rob says.

Related Link: [Five Ways To Cope With A Relationship Breakdown Just Like the Celebs](#)

Before the celebrity couple exchanged vows, they had an interesting start. Tara worked for Rob for three days. "I remember I looked into his eyes and I was like, 'Oh my God, this is the man that I'm going to spend my life with. This is the soul I am supposed to be with.' And I just knew I wanted to be with him," Tara says.

Although they're newlyweds, neither Tara nor Rob are new to marriage. "For me I learned what I don't want in a partner from having a previous marriage," Tara says with a laugh. "I knew exactly what was making me unhappy, so coming into another relationship, it was nice to feel happiness again. I know how I should be feeling now in a relationship," Tara says. In our celebrity interview, Tara reveals that she loves the quirky things Rob does and he just loves being around her. Both Tara and Rob treasure the relationship they share.

"The exit door is not one I want to go walking through quickly because I've walked out through the exit door before," Rob says. "It makes me more committed than ever before, so I make sure that I appreciate the love that Tara and I have."

You can keep up with Tara and Rob Radcliffe via Twitter at [@robradcliffe180](#) and [@tara_radcliffe](#) and on Newlyweds: The First Year on Bravo, Wednesday 10/9c.

Celebrity Couple News: Taylor Swift Takes Calvin Harris to Grammys Afterparty



By Myesha Cobb

Looks like things are getting good with [celebrity couple Taylor Swift](#) and Calvin Harris. The two were seen together at a Grammy's afterparty after Swift won three awards at the star studded event on February 15th. The couple have been in a [celebrity relationship](#) now for 10 months and were seen chatting with other party goers and enjoying the events of the evening's after party.

It seems this celebrity couple is still going strong! What are some ways to show off your new relationship to family and friends?

Cupid's Advice:

When you have a new beau, you want to show them off to everyone that you love in life! But, you want to make sure you introduce them in the best way possible. Here are some suggestions to show off your new love interest:

1. Have your partner introduce themselves: Call it "old fashioned," but friends and family will appreciate the effort! Plus, your partner will look good introducing themselves and socializing with those who are important in your life.

Related Link: [Expert Dating Advice: How To Impress Her Dad](#)

2. Plan a mini vacay: Nothing says "Come and meet my new beau," like taking a trip with your friends, family and new partner on a little trip. Even if it's just to the beach, it gives great opportunity for you to show off your new relationship.

Related Link: [Celebrity Couple Taylor Swift and Calvin Harris](#)

3. Host a dinner party: Having a quiet, intimate gathering at your house or a favorite restaurant with your friends and family is a great way to show off your new relationship. Who wouldn't want to socialize over bread and butter?

What are some ways that you've showed off your new relationship to friends and family? Share your love advice in the comments below!

Celebrity Couple Jay-Z and Beyonce Dance to 'Formation' at Grammys Afterparty



[By Jasmine Igwegbe](#)

Relationships are much like dancing! [Celebrity couple Jay-Z](#) and [Beyonce](#) were caught in the corner alone dancing at the Absolut Elyx House in Hollywood Hills, for the Grammy Awards afterparty hosted by Mark Ronson. According to [UsMagazine.com](#), this pair presented “a rare moment of affection when they grooved together in a secluded area of the party.” When Beyonce’s new single “Formation” played, they continued to

dance together where Jay displayed his genuine kool-aid smile while singing along to every word with a cigar in one hand. This [celebrity relationship](#) shows how much joy dancing can bring to a relationship.

This celebrity couple were getting down on the dance floor! What are some ways dancing can add an important element to your relationship?

Cupid's Advice:

There are common factors both a relationship and dancing carry. Cupid has some advice on how dancing is an important element to your relationship:

1. Dancing involves leading: An important rule in dancing is that one person must lead. Leading allows one to keep the routine stable, giving rhythm, and direction. This can tie in with relationships because you should be mindful of everything and give signs of what you want and how you want it done. Guys who are shy and are afraid to lead usually never make it to the next step with a girl in a relationship; this can go both ways though.

Related Link: [Celebrity Couple Jay-Z & Beyonce Open Grammy's with 'Drunk in Love' Performance](#)

2. Traditional roles: In our culture it is the norm for men to lead, while it's the woman's responsibility is to make it worth it. She follows your lead and turns it into something beautiful. Leading correctly results in a beautiful partner who does what's in your favor. Of course, it doesn't always have to be male/female based. There are many variations of

this concept!

Related Link: [Beyoncé and Jay Z Lock Lips at MTV Video Music Awards](#)

3. Knowing when you misstep: When dancing, it is important to address a misstep to avoid sabotaging your routine. In relationships, you should be able to identify when your relationship is having a fall out and act in response to fix it. This can lead toward a healthy relationship.

What do you believe are some other ways dancing can add an important touch to your relationship? Share your thoughts with us below!

Celebrity Relationships: Kate Hudson Says 'I Am Dating'





[By Mary DeMaio](#)

There are plenty of fish in the sea, so why not go for a few different swims? That's exactly what [Kate Hudson](#) is up to at the moment. In latest [celebrity news](#), this [single celebrity](#) is making the most of her free time by hitting up the dating circuit. According to [UsMagazine.com](#), she has been hooking up on and off with [Nick Jonas](#). They have a great connection with one another, but it remains to be seen if there will be a [celebrity relationship](#) in the future!

Kate Hudson may or may not be in a celebrity relationship, but she's definitely dating around. What are some benefits to playing the field?

Cupid's Advice:

Finding that special someone isn't always easy. Sometimes you have to kiss a few frogs before you can get your prince, but

that doesn't mean you can't enjoy the process. Cupid is here to share some benefits to dating around:

1. Pinpoint the qualities you are looking for: Use your dates to learn about what you need in a partner, and compare those attributes between the people you are seeing.

Related Link: [Justin Bieber Say's He's a Single Celebrity and 'Ready to Mingle'](#)

2. Be in control: Fun dates with many people keeps you in the driver's seat. You won't waste time getting emotionally invested with people who do not have your best interest at heart.

Related Link: [Jake Gyllenhaal Spends Time With Three Eligible Women In One Week](#)

3. Expand your options: Getting to know someone intellectually, emotionally, and spiritually takes time. While you are still technically single, you should really try to get acquainted before making that commitment.

What are some other advantages of casually dating? Share your comments below.

Celebrity News: Martin Henderson Dishes on Kissing Britney Spears in Music Video



By Emily Hoff

Kissing someone for the first time can be extremely nerve-racking, even if it's for the sake of your art. Try kissing an extremely famous pop star on top of that! That was the case for *Grey's Anatomy* star Martin Henderson when he kissed Britney Spears for the first time in her "Toxic" music video. According to UsMagazine.com, the video is still making [celebrity news](#) as Henderson said, "It was a legendary kiss." Even though Britney Spears is a pop sensation, Henderson added, "She was so down to earth, and I remember really being charmed by the way she made fun of her own song." Is this Chris hinting he could have been pictured in our [celebrity relationship](#) section back in the day? We'll probably never know!

This celebrity news has us curious. What are some things you can tell about a new relationship from a kiss?

Cupid's Advice:

This kiss obviously caused some sparks for Henderson, if he is still talking about it. It leads us to believe that a kiss can tell us a lot about a new relationship. Cupid has some thoughts:

1. You should enjoy kissing your partner: Kissing, especially in a new relationship, should make you happy. You should be in a great mood and smile after getting a kiss from your partner. If you are not talking about your kiss years after it happens like Henderson, then there might be a lack of chemistry.

Related Link: [Kris Jenner Gives Her Best Dating Advice](#)

2. If you don't enjoy it, don't fret: If your partner is not a great kisser, there is always room for improvement. It will get better as the relationship grows and you are more comfortable communicating with each other. Or even better yet, you can start communicating earlier about this in the relationship. However, if you are not feeling sparks, this is an indicator that there might be something lacking, so pay close attention to that.

Related Link: [Check out Rebel Wilson's Video Valentine's Day Message to Justin Bieber](#)

3. It should come natural: Especially in a new relationship, you and your partner should want to kiss each other all the time. Like in all relationship aspects, if it doesn't come natural and it seems forced, you might have to look over your

relationship.

Do you think a kiss can tell a lot about a new relationship?
Comment below.

Kris Jenner Gives Her Best Dating Advice



By [Jessica DeRubbo](#)

[Kris Jenner](#) was all about giving some important [dating advice](#) on *Elle.com* recently, according to [UsMagazine.com](#). Among other things, she discussed how the best way to live within singledom is to be yourself. She said, “Don’t try too hard.

Because if you're not your true self and putting on a lot of airs, then I think what's going to happen is when you finally come up for air, it's going to be really uncomfortable trying to keep up with that." For the past two years, the reality TV star has been in a relationship with Corey Gamble, [Justin Bieber](#)'s former tour manager. She's been through heartbreak with Bruce Jenner, and she's certainly qualified to give important [relationship advice](#) to the masses.

This celebrity news shows those who have been through a lot are often times the best at giving dating advice. How do you know if a source is reliable for relationship advice?

Cupid's Advice:

Sometimes you're floundering in your relationship and you need reliable advice. The fact of the matter is, not all dating advice is created equal. Cupid has some tips that the advice you're getting is legit:

1. It's substantiated: Whether it's through academic research or tons of experience, the advice someone is giving you needs to be substantiated in some way. Don't just take someone's word for it. Always ask, "Why?"

Related Link: [Dating Advice: How To Get Noticed on Dating Sites](#)

2. The book is published through a big name publisher: If you're getting your advice by reading a book, it's often a good sign if the book was published by one of the well-known

publishers. Often times independent publishes release 100 copies of a book, and those aren't the ones you want to take as a say all end all.

Related Link: [Dating Experts Share Best Online Dating Advice](#)

3. You're close to the person giving the advice: Obviously family and friends only want you to be happy, so they aren't going to purposely steer you in the wrong direction. What they say probably holds more truth than someone who's a stranger and is spouting off ideas.

What are some other ways to know the advice you're getting is reliable? Share your thoughts below.

Celebrity Interview: 'Ex Isle' Executive Producer SallyAnn Salsano Talks Reality TV





By Katie Gray

Queen of reality TV and seasoned executive producer, SallyAnn Salsano, is known for producing hit reality TV shows like *Jersey Shore* and *Party Down South*. She is also the founder and president of 495 Productions. In our [celebrity interview](#), Salsano talks about her new series that premiered on Jan. 8, *Ex Isle*, which is a groundbreaking series where five on-again, off-again couples endure extensive therapy in order to break free from those toxic relationships and love. The show is centered around the expert relationship advice from therapist, Dr. Ish Major, who counsels the couples through their time on the island.

Reality TV Producer Talks Relationships and Love

While *Ex Isle* revolves around exes and toxic relationships, the executive producer is actually happily married. In our celebrity interview, Salsano says that she believes that “balance is key.” When you’re a busy EP on a few successful

shows, your schedule can get pretty tight. Salsano has to travel a lot for work, but she thinks that it is actually beneficial. "Some space is healthy and can strengthen many relationships," she says. "I think the key to a good relationship is to be honest about who you are and upfront about your lifestyle." Her dating advice is to "enjoy the time you spend together and be present."

Celebrity Interview: Executive Producer Talks Reality TV

Getting over an ex is not easy, which is where the idea of *Ex Isle* came about. "I think we have all been there or lived it," Salsano says. "It's one of the most relatable shows I have been a part of." Salsano wishes that watching the show will help people realize that they are not alone. "We've all stayed in relationships too long for one reason or another. If you are not in one, it's likely one of your friends are," the executive producer shares. Viewers who fall into this common category get perspective while watching the show and their relationships can grow from it.

The reality TV guru says, "Imagine trying to get over someone by getting under someone else. Now add in that person you're trying to get over right there watching it all unfold, AWKWARD." That is essentially what *Ex Isle* is all about. The show deals with both sides; people diving into their temptations of old comfortable relationships and the flip side of being curious about new relationships and being pulled in that direction. The show proves to be especially beneficial to couples who are constantly on-again and off-again. "You aren't in a relationship, but you're so emotionally closed off that you can't meet anyone new," Salsano says. "The sad part is most people don't realize it and they waste a ton of time." *Ex Isle* is sure to open up new doors for people so that they can grow.

Related Link: ['The Ex and The Why' Producer SallyAnn Salsano Says Everyone Has Been in "Some Kind of Screwed Up Relationship"](#)

As an executive producer for reality TV, Salsano knows that people are curious how real the show is and wonder, "What if nothing happens?" However, the people on the show are what ultimately determine the success of the series. If the audience likes watching them then it will be a success. "Casting is key and an interesting process that we never rush or take lightly," Salsano reveals. The reality shows Salsano has worked on often involve many emotions and relationship dynamics. "Just like life, it always manages to get done," the producer says. "I am filming what they are actually doing and feeling, as it's happening." While working in close boundaries, cast and crew members often get emotionally attached as they get to know one another – it is inevitable. As Salsano says, "It's hard not to develop relationships with people." This is especially true in the workplace, because you become sort of like family. "I've been so lucky to work with so many amazing people and networks I love," she says.

Related Link: [Jersey Shore Creator SallyAnn Salsano Dishes about Love in Italy and Her New Weight Loss Show, "Love Handles"](#)

Salsano's famous show *Party Down South* is coming to an end soon. She explains, "If it were up to us I would have kept the party going forever. We are grateful to have had the opportunity to create this show and introduce the world to both casts." She noted, "It was life changing for us all (but the party will always be going on with this group)." Her exciting future projects include: another season of *Blue Collar Millionaires* that is coming up on CNBC, producing several *True Life* episodes on MTV and a new show on Lifetime called *The Mother/Daughter Experiment: Celebrity Edition* which will premiere March 10.

Be sure to tune in to Ex Isle on We TV on Friday's at 11/10c. You can keep up with Salsano's many projects on Twitter [@sallyannsalsano](https://twitter.com/sallyannsalsano)!

Celebrity News: Hometown Throw Down on 'The Bachelor'



By Emily Hoff

We are down to the final six on week seven of the reality TV show *The Bachelor*. Last night's episode definitely made [Ben Higgins](#) think about who he could see himself marrying, as he took the girls to his hometown, Warsaw, Indiana. In [celebrity](#)

[news](#), two girls were sent home this week and Ben also got some [relationship advice](#) from his parents this week, which made Ben think some things over.

Celebrity News: 'The Bachelor' Ben Higgins Takes Girls To Hometown

In the beginning of the episode Ben takes Lauren B. on a one-on-one date. Showing Lauren B. all of his favorite spots in town, and a Youth Center where Ben worked before making big celebrity news week to week and becoming *The Bachelor*. The people of Ben's town really like Lauren B. and the little kids at the Youth Center said Ben should marry her. Lauren is nervous of how Ben sees her because of last week's Bahama Drama, however Ben eases those fears as these two have an amazing date, and he says he's not questioning her anymore. Lauren says she is not in love with 'Bachelor' Ben, but 'Warsaw, Indiana' Ben.

Related Link: [Celebrity News: Bahama Drama on 'The Bachelor'](#)

The next lovely lady Ben takes on the one-on-one date is JoJo. Ben takes JoJo to a Cub's game and she enjoys it, but says she's nervous around Ben because she really likes him. Ben's response to her nerves is that she needs to be more confident in love. By the end of this date, JoJo says she is team Ben. After this one-on-one, Ben takes Becca, Amanda, and Caila on a group date. By the end of the group date he ends up giving the rose to Amanda. Ben and Amanda then proceed to go on a one-on-one. On this date with Amanda, Ben takes her to McDonalds and a carnival. Amanda says she is close to falling in love with Ben. For Emily's one-on-one, Ben brings her home to his parents. Ben's mom said she talked a lot about herself, which makes sense because Emily is a nervous talker and doesn't seem serious when talking to Ben's parents. Emily is sent home from this one-on-one, and Ben also sends Becca home. So, who should

stay or go next week?

Related Link: [Celebrity News: 'The Bachelor' Travels To Mexico](#)

Lauren B: I think she is the front runner of this competition to see the least. Their date went so well and Ben and her have such good chemistry.

Stay or Go: I could see this girl staying in Ben's life forever, so a definite stay.

JoJo: I think another big contender for the final rose. Their date went well and I feel like she feels more relaxed and will open up more after her date with Ben

Stay or Go: Another definite stay!

Amanda: Amanda has great chemistry with Ben and he seems really into her. However, we will have to see how Ben reacts to meeting her kids next week to see if she is a contender for the rose.

Stay or Go: Could go either way.

Caila: Caila really didn't have a connection with Ben this week and was kind of ditched by him on the group date.

Stay or Go: I would say if she doesn't step up her game, she is a go.

Next week on *The Bachelor*, Ben will meet the families!

The Bachelor *airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

Celebrity News: Khloe Kardashian Rocks White Jumpsuit at Dinner with Ex French Montana



By Jasmine Igwegbe

I guarantee you there are times where your ex will come running back into the picture. In [celebrity news](#), according to [UsMagazine.com](#), “[Khloe Kardashian](#) slipped her toned body into a sizzling white jumpsuit for dinner with her ex-boyfriend French Montana at The Nice Guy in West Hollywood on Monday, February 8.” Her white jumpsuit was complemented well with her black clutch and Christian Louboutin pumps. Kardashian dated Montana up until the middle of 2015, and it looks like he is

back in the picture for 2016. The [former celebrity couple](#) met up the same day Kardashian and recent boyfriend James Harden split up. Is Montana in the picture again for good, or is it just an innocent reunion?

This celebrity news is pointing to a friendly ex reunion. What are some things to be careful of when you reunite with an ex?

Cupid's Advice:

There is nothing wrong with a friendly reunion with your ex. However, when you reunite with your ex, you should be careful and prevent any disappointments from causing heartbreaks. Cupid has some [dating advice](#) for you:

1. Don't let your ego get to you: There may be a time where you were rejected by your ex and this caused you to have a "never-give-up" attitude on winning them back. Don't try to win them back and prove them wrong! Let your ex go and work on being friends.

Related Link: [Are Khloe Kardashian and French Montana Back Together?](#)

2. Don't think sex is the solution: If you have sex with your ex, it is not necessarily a sign they want to be with you again. Intimacy can definitely play with your emotions, so it's probably best to stay away from it altogether unless you really decide to give your relationship a go again.

Related Link: [Celebrity News: Khloe Kardashian and James Harden Hit Hollywood Club Together](#)

3. Actions speak louder than words: No matter how much your ex

promises you that they won't hurt you again, don't blindly believe them! Your ex's action determines where the friendship stands, not their words.

How else can you be careful when you reunite with your ex? Share your ideas with us below!

Former Celebrity Couple: Khloe Kardashian & James Harden Split



By Myesha Cobb

[Celebrity relationships](#) haven't been easy for Khloe Kardashian. The reality TV star and her basketball star beau James Harden recently split after dating since this past summer. [People.com](#) confirmed the break-up between the former [celebrity couple](#), and it seems like Kardashian can't catch a break. The two started to drift apart right around the time that Khloe's "estranged husband," former NBA player [Lamar Odom](#), was found unconscious in a Las Vegas brothel back in October 2015. Khloe said that Harden had been "very supportive and awesome" of the situation with Lamar. Since the split between Harden and Kardashian, Khloe has signed up on OKCupid, a free online dating site.

This duo is no longer a celebrity couple! What are some ways to move forward after a hurtful break-up?

Cupid's Advice:

In life, we go through things that hurt us, and we need different outlets to release our pain and heal our minds, bodies, and spirits. Try doing something that you find fun or relaxing to get over those post break-up woes! Here are some awesome post split suggestions to get you going:

1. Working out: Going to the gym or running will get the body going and allows it to release all that negative energy that's inside of you. Nothing says, "Get over it and get moving" like going out for a morning run!

Related Link: [Former Celebrity Couple: Kourtney Kardashian Opens Up About Anxiety Post-Split from Scott Disick](#)

2. Pick up a good book: Reading is one way to help heal the soul, especially if it's a book that's based on getting over a break-up and moving on. A good post break up book will never

do you wrong!

Related Link: [Dr. Paul Coleman Talks About Love and Loss in 'Finding Peace When Your Heart Is in Pieces'](#)

3. Get a journal: Documenting everything that you are feeling and venting it all by writing it down is another great way to move forward after a hurtful breakup. It's private, simple, and is a great way for you to get past all of the possible pain that you are feeling.

What are some ways that you got through a hurtful breakup? Share your love advice in the comments below!

Celebrity News: Bahama Drama on 'The Bachelor'





By Emily Hoff

“Come at me bro,” said by who else but Olivia, a contestant on *The Bachelor* season 20. This was the quote of the episode, especially since Ben Higgins and many of the ladies came after Olivia last night. This episode of was so eventful I don’t even know where to start. It definitely could make the front page of [celebrity news](#). From not having a rose ceremony last week and girls starting unnecessary drama this week, this episode did not disappoint, and I felt it was very pivotal to the season.

Celebrity News: Bahama Drama on The Bachelor

So starting from last week, the big celebrity news was that there was no rose ceremony. We thought for sure Ben was going to send Olivia packing, however, we were all sadly mistaken and she got to stay for the episode (sigh) and Jennifer was sent home at the rose ceremony. After the first rose ceremony of the episode, the girls learn they are going to the Bahamas.

The ladies find out that there will be three dates – a one-on-one date, a group, and a two-on-one. Caila gets the one-on-one date and Leah is mad about that because she's never been chosen for one. However, Ben specifically chose Caila because he felt like he needed more one-on-one time with her. At first Ben says he is scared that Caila and him won't click because she is too bubbly, however Caila tells Ben she is scared to be too vulnerable with him because she doesn't want to hurt him (sounds like she needs to take a look at our relationship advice section). But she said that she truly feels like she loves Ben because he understands her. Ben likes that she is a mystery and keeps her around.

Related Link: [Celebrity News: What Happens in Vegas on The Bachelor](#)

On the group date, the ladies play with pigs in the ocean (another very creative date, that Ben came up with). That group date makes Ben uncomfortable because the ladies are starting to cause drama, and have attitudes toward Ben. Leah starts drama after the group date. She tells Ben that he and Lauren B. shouldn't end up together because he doesn't see what goes on in the house. Ben then talks to Lauren B. and she's now scared that she'll get sent home. However, Leah's plan backfires as she is the one who gets sent home. For the two-on-one date Olivia is sent packing, FINALLY! After Olivia thought she could be seen for weeks in our celebrity relationship section, Ben is done with her antics and gives Emily the rose. The episode skips right to the second rose ceremony as Ben cancels the cocktail party, and goes straight to the ceremony, where Lauren is sent home. So, who should stay or go next week?

Lauren B.

She's my personal favorite, but ever since Leah started making up things about her and told Ben, I feel like Ben is going to have that in the back of his mind.

Stay or Go: Sadly probably go.

Emily

Even though Emily and I share the same name, and I'm usually a fan of girls that have the same name as me, I feel like she's a little too sassy for Ben.

Stay or Go: Hopefully she gets the boot soon.

Caila

I think after this week's episode she is in it to win it. Ben apparently likes confusing girls and really liked his date with her!

Stay or Go: This is a big STAY!

Amanda

Even though she was not the star of this episode, she was certainly the start of the previous. I think Ben really connects with her too.

Stay or Go: A definite stay.

Related Link: [Celebrity News:The Bachelor Travels to Mexico](#)

We are so excited to see what's left for the rest of the season!

The Bachelor airs on ABC on Mondays at 8/7c. Check back next week for our recap!

Celebrity Couple News: Jay-Z Sent Beyonce 10,000 Roses Before Super Bowl Halftime Show



By Jasmine Igwegbe

It was no joke when [Jay-Z](#) referenced [Beyonce](#) in a song saying, "Put us together, how they gon stop both of us?" This [celebrity relationship](#) romance has been rising to the top since the early 2000's when it first sparked. In [celebrity couple](#) news, during Super Bowl 50, Jay-Z sent his wife Beyonce 10,000 roses before her half time show, according to [UsMagazine.com](#). Talk about true love!

This celebrity couple is obviously still big on romance. What are some ways to ramp up the romance in your relationship?

Cupid's Advice:

At one point or another, everyone thinks about a way to ramp up the romance in their relationship, but very few take the steps to do it. It may be because you're not of how to go about it! Cupid has some advice for you:

1. Let your partner know how attractive they are to you: Tell them how beautiful, handsome or great they look on any given day. There are times we have doubts that our partner isn't attracted to us. Periodic reassurance is key to a successful romance.

Related Link: [How Do You Make a Woman Feel Most Beautiful?](#)

2. Surprise your spouse: If you're going to the mall to get something for yourself, pick up something for your partner as well and surprise them with it. You can even save it for a day they are feeling blue. Gifts can always turn a frown upside down.

Related Link: [What Your Gifts Say About Your Relationship](#)

3. Extra special loving: When you first see your partner for the day, hug or kiss them a little bit longer than usual. Show them how much you love them with affection. Touching your partner throughout the day can also spark romance in your relationship.

What are some ways to ramp up the romance in a relationship? Share your great ideas with us below.

Former Celebrity Couple Hilary Duff & Mike Comrie Vacation in Hawaii After Divorce



By Jasmine Igwegbe

The best thing any parent can do for their child is to bring them up in a loving environment. In [celebrity news](#), former [celebrity couple Hilary Duff](#) and Mike Comrie secured their [celebrity divorce](#) last week, but takes a trip to Hawaii together one week later for the love of their son, Luca.

According to UsMagazine.com, “The parents will have joint custody of Luca and neither will receive spousal support.” These two are not letting their celebrity divorce come in the way of their family.

This former celebrity couple isn't letting their lack of marriage get in the way of family time. What are some ways to focus on family in the face of divorce?

Cupid's Advice:

A twisted marriage does not need to result to a twisted family. It is important to ensure that your family remains stable even after a divorce. Cupid is here to share some ways with you:

1. Go on outings: Take your family on an outing to the movies, the beach, water parks or even a trip to Hawaii would be exciting. Participate in activities to get the whole family involved. These create family memories that can be cherished years later.

Related Link: [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

2. Communicate on a regular bases: Facing a divorce can keep your family from seeing each other as frequently as before. Keeping in contact with your family during a divorce is crucial. Send emails, webcam each other, schedule phone calls weekly, or share a journal. Stay active in their life even from a distance.

Related Link: [Hilary Duff's Celebrity Ex Mike Comrie Fights](#)

[for Joint Custody of Son Luca](#)

3. Co-parent: Even though you are divorced still be there for your partner to be able to support your family as a strong team. Put any conflicts you have between each other in the past and do what is best for your family. Your family interest becomes your priority after a divorce.

What are some other ways to focus on your family while going through a divorce? Share your ideas with us below.

Celebrity News: Check Out Rebel Wilson's Valentine's Day Message to Justin Bieber





By Marc Malkin via [E! News](#)

New [celebrity couple](#) alert! Okay, maybe not, but Rebel Wilson is going after [Justin Bieber](#) in [latest celebrity news](#). When the two recently met at the opening of [Jennifer Lopez's](#) Las Vegas show, the “Boyfriend” singer promised to hang with the Aussie funny lady. But it never happened. According to [E.Online.com](#), “Perhaps the sparks will fly now with Wilson’s very special Valentine’s Day video message for the Biebs.”

“Happy Valentine’s Day, Justin,” Wilson says in the video, shot at last night’s *How to Be Single* premiere in New York City. “I’ll be thinking about you. Not in like a weird way or anything. Just

like in a fun way.”

Related Link: [Justin Bieber Dating Selena Gomez ‘Full-On Back Together’ Again!](#)

Wilson continued, saying, “You are like the most eligible pop star out there right now and I’ll just put this out there, I am the most eligible female Australian living in America and does international hit feature films right now and who is in the age bracket of 25 to 35,” she said. “So just consider that.”

Wilson ended the vid with a sweet wink of her eye, while cooing, “I think we’re a good match.”

Related Link: [Celebrity Exes Jennifer Lopez and Casper Smart Caught Kissing](#)

So, Justin, if you’re reading this, please give Rebel a call. We think you’re a good match, too.

How to Be Single is in theaters on Feb. 12.

Happy Valentine’s Day, everyone!

What are your thoughts on Rebel’s Valentine’s message? Sound off below.

**Celebrity News: Khloe
Kardashian Reviews ‘The**

Rules' and Shares Her Own Dating Advice



Watch this video on [The Scene](#).

[By Michelle Foti](#)

In the latest [celebrity news](#), reality TV star Khloe Kardashian sat down with [Vanity Fair](#) to review *The Rules*, the book of iconic dating advice, which she gave to little sister Kendall Jenner. As Kardashian turned the last page on her report, a new list of dating and relationship advice emerged from the celebrity, which will allow you to rule the dating scene.

Celebrity News: Khloe Kardashian Shares Rules From First Word to First Date

1. If you want to talk to someone talk to them as much as you want, but make sure your words have substance. Being the social butterfly that she is, the reality TV star rejects rules that you shouldn't talk to a guy first or ask him to dance. And not talking too much is a rule she does not follow! But rambling is a definite do not.

Related Link: [Celebrity Couple News: Rob Kardashian Resurfaces with Beard and Blac Chyna](#)

2. If you start with games, you're going to end with games. Kardashian debunks the classic debate of texting him first and if or how long you should wait to answer his texts. Playing games may not deliver you a 'happily ever after.'

Related Link: [New Celebrity Couple: Kendall Jenner & Harry Styles Reunite at Party](#)

3. The first date sets the tone for the relationship and love. For the celebrity ex of Lamar Odom, the first date is meant to vibe with the energy that emanates when the two of you are together— "lips are movin' movin," not locking! But that doesn't mean the relationship can't develop quickly. "Normally the third date, I'm the type of girl to get engaged or something," Kardashian says.

Related Link: [Celebrity Couple Kylie Jenner & Tyga Go on New Year's Ski Trip](#)

Kardashian speaks out on relationships and love in this celebrity news. "Love is about wanting someone else's happiness maybe almost more than you want your own because that person being happy then makes you happy," she says.

What dating tips have worked best for you? Share your comments below!

Celebrity Interview: 'Grease: Live' Star Yvette Gonzalez-Nacer on Playing Cha Cha and Coping With An Ex



By Emily Hoff

If you were one of the nearly 12.2 million viewers who tuned in to watch *Grease: Live* on Sunday, January 31st, you saw

Yvette Gonzalez-Nacer knock it out of the park when she played Danny Zuko's saucy ex-girlfriend Cha Cha. In our exclusive [celebrity interview](#), she opens up about this fun role, discusses her other current projects (she's got an EP on iTunes!), and shares her best relationship advice and top four commandments for moving on after a break-up.

Celebrity Interview: Yvette Gonzalez-Nacer Talks About Playing Cha Cha in *Grease:Live*

You could say the actress has been prepping for this opportunity since she was a little girl. She loved *Grease* growing up and shares, "I used to go around the house singing 'Hopelessly Devoted to You' at the top of my lungs."

Performing a live show is much different than filming your typical television show or movie. "It was very much like preparing for a Broadway show – except instead of getting to perform for months or years, we only get to do it for one night," the actress explains. "There are a lot of technical aspects that needed to be worked out beforehand. It really was about working out the kinks instead of figuring it out on the day of the show."

Related Link: [Relationship Advice: 5 Ways Our Authentic Self Builds Healthy Relationships](#)

Gonzalez-Nacer, who was originally up for the role of Frenchy, knew Cha Cha wasn't going to be the audience's favorite, but that didn't take away from the fun of playing the bad girl. "I realized pretty early on that confidence was key with playing Cha Cha, and I am really grateful for this experience, because in my search for Cha Cha, I was able to find myself more and tap into what confidence means to me."

She adds, "This has been such an incredible experience, and I

miss everyone already!”

***Grease: Live* Actress Opens Up About Her Personal Life and Shares Relationship Advice**

So does the former star of *The Fresh Beat Band* have a real life Danny Zuko? “I do not. I’m currently single and loving it!” the actress shares. Still, she knows what she wants in a future partner: Her top three qualities are “honesty, integrity, and positivity.”

Unlike her character in *Grease: Live*, she knows a thing or two about gracefully moving on after a break-up. “I think the best thing you can do is to fall in love with your life again. Sometimes, we lose sight of our own life, so it’s great to do the things you did before you were in a relationship and love,” the actress reveals. “Do things that inspire you and focus on what *you* want instead of dwelling on what went wrong.”

Along those same lines, Gonzalez-Nacer shares her top four post-break-up commandments: “Thou shall not cyber-stalk your ex on social media. Thou shall not compare yourself to their new love interest. Thou shall stop all forms of communication with your ex until you have properly healed. Thou shall focus on your life.” She could easily add relationship expert to her already-expansive resume!

Related Link: [Five Ways To Cope With A Relationship Breakdown Just Like The Celebs](#)

Once you’ve moved on after a tough break-up, it’s tempting to try to be friends again, but Gonzalez-Nacer says that’s not always the best idea. “I think it’s important to ask yourself why you want to remain friends and be really honest with yourself,” the single celebrity explains. “What I have found

to be true is that in every instance that I have tried staying friends with an ex, one or both parties end up wanting something more, and it can get messy and confusing.”

Just because *Grease: Live* is over doesn't mean we've seen the last of Gonzalez-Nacer. Her single 'Classy,' under her artist project, Ava Gold, was just featured on ESPN and is now on iTunes. “I'm going to be in the studio finishing up my EP, and I have a new music video coming out next month for one of my songs,” she says.

Keeping us on the edge of our seats, she adds, “I also have some upcoming shows in Los Angeles and a couple really exciting projects that I can't talk about quite yet, but I'll be posting updates on my social media!”

It's no surprise that the talented star has a clear vision of her future. “I see myself happily married, doing great humanitarian work, working with the best, and being considered one of the best in the industry,” she reveals in our celebrity interview. “I could list all the specifics, but in a nutshell, I want to continue striving for greatness, be happy, and do what I love.”

To find out more about Yvette, follow her on Twitter [@avagoldworld](https://twitter.com/avagoldworld).

**Celebrity Interview:
Celebrity Trainers Sebastien**

and Danielle Lagree Talk Famous Clients, Relationships & Love



By [Michelle Foti](#)

At the heart of the fitness revolution stands Sebastien Lagree, Lagree Fitness owner, developer and innovator seeking to push all limitations of fitness as the world knows it. And in the heart of the fitness mogul is the celebrity love story that has brought him his wife, soulmate and business partner, marrying both of their lives into one. In our exclusive [celebrity interview](#) with the famous couple, the pair dishes on celebrity clients and reveals how they balance their relationship and love with their booming careers.

Celebrity Trainer Talks About Celebrity Clients and Gives Relationship Advice

Lagree has had a host of celebrity clients, ranging from Kim Kardashian to Sofia Vergara to the First Lady herself, Michelle Obama. “I have enjoyed working with all my celebrities,” Lagree says. “Some were more personable than others. For example, Sofia Vergara is very cool and she is very funny.” Luckily, the celebrity trainer hasn’t had to deal with any divas! “That would be the worst!” he says.

Celebrity Interview: Famous Couple Talks Relationships and Love

It only took this famous couple five weeks from the moment they met to say “I do” and take on the world as Mr. and Mrs. Lagree. Other developments bearing the Lagree name took a bit more time to come into fruition, but once Lagree crafted the Lagree Fitness Method, a snowball of new innovations soon followed. Lagree’s Supraformer released last month, joins the ranks of the Proformer and Megaformer in the lineup that breeds physical, emotional, spiritual, sexual, mental and tactile awareness, according to Lagree. Entering 2016 it is the same Lagree, bigger plans. Lagree will even be opening his first fitness studio in Los Angeles, California this year as well, with wife Danielle heading the studio operations.

Related Link: [Ivanka Trump: “I Don’t Stress About Being Balanced”](#)

After duty calls, “Call of Duty” it is. In our celebrity interview, Danielle reveals that marriage always comes first in her book. The married couple always tries to fit in a game

of “Call of Duty” after a busy day working. Dinner dates, movies, hiking, traveling and spa days are activities the couple enjoys as well. But when stress relief is on the agenda, the couple dives down deep into the depths of the ocean with creatures that may frighten some. The couple that shark dives together stays together, right? Well, that may not be the only factor that contributes to a healthy relationship and love. Lagree says he and his wife communicate and help each other out a lot.

But for Danielle, the separation of home and work is key. “We both love the work we do,” Danielle says. “Working with your husband is quite different than the husband at home at night. When we get home we try not to talk about anything work related.” Lagree acknowledged that the beginning of relationships are especially difficult because all you want to do is spend time with your significant other. “Hopefully, your partner has the same goals and will want to spend their time the same way you do,” Lagree says.

Related Link: [Arielle Ford Gives Relationship Advice in New Book “Turn Your Mate Into Your Soulmate”](#)

Perhaps fitness can be an area of common interest! “I think that if both partners like to workout, it makes it a lot easier to stay fit and healthy,” Lagree says. “We have a lot of couples coming to the studio and workout together which I think is awesome.” In fact, Lagree has created fitness routines suited for both men and women with the interest of couples in mind. “Getting or staying fit and healthy can be enjoyed together and one does not have to choose between the two,” he added.

Related Link: [Relationship Advice: How Your Relationships And Love Affect Your New Year’s Resolutions](#)

The couple has a lot to look forward to in the year ahead including Lagree’s autobiography, a documentary, the new

workout and the studio. Amidst all of the craziness Danielle says, "You always need to find time to spend with the one you love." Diving with the sharks or staying dry for a nice walk along the sand, it may not matter so much what you do, but who you are doing it with.

You can keep up with Lagree Fitness by visiting their [website](#)!

Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split



[By Mary DeMaio](#)

The final chapter has come to an end for [Hilary Duff](#) and Mike Comrie as husband and wife. According to [UsMagazine.com](#), the former [celebrity couple](#) finalized their [celebrity divorce](#) on January 28, after initially splitting up in January of 2014. These celebrity exes had been married for three years prior to their split and will have joint custody in efforts to create an environment that is healthy for their son Luca.

This celebrity divorce is official. What are some ways to determine whether divorce is the answer?

Cupid's Advice:

It can be hard to hold on, but sometimes even more difficult to let go of the life you built with someone. You shouldn't always assume the grass is greener. Cupid is here to share some ways with you:

1. Go back to what brought you together: Travel to that place in time of when and how you first fell in love. Try to resurrect that special spark in your relationship and see if the feelings are still there.

Related Link: [What Can We Learn From Celebrity Divorces?](#)

2. Don't harbor anger: Constant fighting isn't going to improve the situation. Look below the surface to understand what the root of the problem is and if it can be fixed.

Related Link: [Celebrity Divorce: Yolanda Foster & David Foster Announce Split](#)

3. Seek professional advice: Sometimes speaking in front of a

third party may help you and your partner figure out ways to cope with the issues, providing an objective standpoint to see if anything else can be done.

How do you know if it is time to end your marriage? Share your experience below.

Celebrity News: Fiancée of Buffalo Bills Linebacker Dies of Cancer at 26



By [Jessica DeRubbo](#)

Not all [celebrity news](#) is happy in nature. In fact, some of it is just downright sad ... and this is one of those times. In [latest celebrity news](#), Buffalo Bills player Tony Stewart revealed that his 26-year old fiancée died after battling cancer, according to [People.com](#). In an emotional Instagram post, Stewart paid tribute to Brittany Burns, saying, "Brittany Ann Stewart! Wow BEAUTIFUL is the only way I know you. You have the biggest heart I have ever seen in my entire life and I promise you that it will live on in me, our family and every single soul you have touched."

Even in the world of celebrity news, not everything is cotton candy and rainbows. What are some ways to cope with the death of a partner?

Cupid's Advice:

Dealing with the loss of a loved one is no easy task, and when it's partner, it can be even worse. Cupid has some advice:

1. Allow yourself time for mourning: No one is expecting you to move on immediately as if nothing has happened. Allow yourself that time to grieve for your partner so that it doesn't end up hindering you down the line.

Related Link: [Dr. Paul Coleman Talks About Love and Loss in 'Finding Peace When Your Heart Is in Pieces'](#)

2. Talk out your thoughts and feelings: Take those people who say they want to help up on their offers. Talk about how you're feeling and what you're thinking. Just getting those out of the table can help you start to deal with them.

Related Link: [Julie Andrews' Relationship Advice: How to Survive the Death of a Loved One](#)

3. Find a support system: Your friends and family aren't always fully equipped to function as your support system. Consider reaching out to support groups where those who are there have gone through something similar. Just being able to have someone relate will be very helpful to you.

What are some other ways to cope with the death of your partner? Share your thoughts below.

Celebrity News: 'The Bachelor' Travels To Mexico





By Emily Hoff

It was another dramatic week for reality TV on *The Bachelor* this week. In the latest [celebrity news](#), the ladies have turned into little travelers. Last week [Ben Higgins](#) took them to Las Vegas and this week they went to Mexico! On this episode, Amanda (the cute little single mom) goes on a one-on-one date with Ben. It goes really well and she opens up about how it's hard to date while raising her girls. She also opens up about her past to Ben on this season, which seems to be quite the trend of season 20.

The group date gets dramatic, because a lot of the girls who have caused a lot of drama and will probably make it into our recaps every week, were on this group date. Becca, JoJo, Caila, Emily, Lauren B., Jennifer, Leah and Olivia. In [celebrity news](#), on the group date Ben makes the ladies speak Spanish to him and this makes Jubilee very insecure. Then they had a cook off! Ben also goes on a one-on-one with Lauren H, where she admits she's had rough relationships and love in the past. She was even cheated on by her boyfriend and Ben then gave her a date rose.

We won't know who went home until next week as Olivia caused drama so even though Ben gave her a rose, it could be taken away by Ben next week. Now, who should stay and who should go, especially since we didn't have a final rose ceremony this week. Find out below!

Celebrity News: Who Should Stay and Who Should Go?

Olivia

Stay or Go: She should go and never come back. She causes way too much drama and Ben should not even consider going on any dates with her, as we learned this episode that she is a very evil girl.

Related Link: [Celebrity News: What Happens in Vegas On 'The Bachelor'](#)

Jubilee

Stay or Go: She is way too insecure to be on this show, so I think she needs to deal with her own problems before progressing on the show.

Amanda

Stay or Go: Stay! She's adorable and connected with Ben. The only thing is Ben would become a daddy if he married Amanda so that is something to take into consideration.

Related Link: [Celebrity News: 'The Bachelor' Features Planes, Train \(Wrecks\), and Hot Tubs](#)

Lauren H.

Stay or Go: She could stay or go. There is nothing really special about her so she really needs to stand out to win

Ben's heart.

The Bachelor *airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

Celebrity News: Demi Lovato Takes Birthday Boy Wilmer Valderrama to Wolf Sanctuar



By Abbi Compel

Demi Lovato surprised her celebrity love Wilmer Valderrama with a birthday trip to a wolf sanctuary. According to UsMagazine.com, the [celebrity couple](#) spent the day at a wolf

sanctuary, and they really enjoyed themselves. This [celebrity news](#) is so sweet! The two just recently celebrated their sixth anniversary.

This celebrity news makes us jealous for its unique factor! What are some unique ways to make your partner's birthday special?

Cupid's Advice:

Birthdays can be a very special day to those having them and those around them. It is really nice when you can make your partner's day very special. Cupid has some advice on how to do that:

1. Family dinner: Have a big dinner with their family and friends. It will be nice to be surrounded by the people they love the most. It is always a special birthday with those closest to you.

Related Link: [Celebrity Couple News: Christina Milian Hints She's Hooked Up with Leonardo DiCaprio](#)

2. Weekend away: Take them on a nice weekend getaway, especially if they are celebrating a big birthday. They will appreciate the time away from responsibilities and will enjoy their time with you.

Related Link: [Celebrity News: What Happens in Vegas On 'The Bachelor'](#)

3. Surprise: Surprise them with a gift they have wanted for quite some time now. Give it to them on their birthday and see your partner's face light up.

What do you think are some creative and unique ways to make

your partner's birthday special? Comment below!

New Celebrity Couple Miranda Lambert & Anderson East Spend the Weekend Making Music



By Abbi Compel

There is a new [celebrity couple](#) in town, and they are making beautiful music together. According to [UsMagazine.com](#), Miranda Lambert and Anderson East are spending a lot of time together. Lambert seems very happy in her new [celebrity relationship](#).

They started dating in December. It's good to know she is over her celebrity ex Blake Shelton.

This new celebrity couple is indulging in some serious romance! What are some creative ways to spend a romantic weekend with your partner?

Cupid's Advice:

Sometimes date nights can get old, so it may be time to switch it up. Cupid has some advice on some creative ways to spend a romantic weekend with your partner:

1. Cabin: Plan a nice weekend away. Book a cabin, and go somewhere that has no cell phone service so it is just you and your partner. You will really get to talk to each other and enjoy each others' company.

Related Link: [New Celebrity Couple: Jewel is Dating NFL Player Charlie Whitehurst](#)

2. Home: Plan a nice weekend at home. Go to the grocery store and buy all the supplies you need. Make sure to grab some wine for dinner and some delicious dessert.

Related Link: [New Celebrity Couple: Kaley Cuoco Seems Smitten with New BF Paul Blackthorne](#)

3. Zoo: Enjoy a nice weekend exploring your local zoo or the closest zoo around. It will be nice to get out in the open and to do something new.

What are some other creative ideas for a weekend with your partner? Share your thoughts below.

Celebrity Couple News: Rob Kardashian Resurfaces with Beard and Blac Chyna



By Jasmine Igwegbe

Is Blac Chyna responsible for the rise of Rob Kardashian's glo' season? In [latest celebrity news](#), new [celebrity couple](#) Blac Chyna and Rob Kardashian have been seeing each other for a few weeks now. Since former model Chyna stepped into the picture, there are impressive changes occurring for reality personality Kardashian surrounding his weight problem. According to [UsMagazine.com](#), Kardashian is being spotted out

and about more frequently looking slimmer and bearded. The pair's goal is to "shred a little bit" with the help of Chyna's online personal trainer, Chris Jinna. While these two are in a happy celebrity relationship, Rob's family are not quite on board due to some past drama with Chyna.

This celebrity couple news has been drama-filled this week. What are some ways to support your friend or family member when you don't approve of their relationship?

Cupid's Advice:

There are going to be times when one of your family members brings someone home who you may not approve of or your friend invites their partner out with everyone, but you're just not a fan. Knowing how to handle this sensitive situation is important for a stable relationship between you and your family member or friend. Cupid is here to share some advice:

1. Be polite: You don't have to be best friends or even friends with their partner; just be gracious. Greet them with a simple "hello" or interact with them in a small conversations. Make them feel welcomed.

Related Link: [Is Tyga Feuding with Celebrity Ex Blac Chyna Over Kylie Jenner's Ferrari?](#)

2. Everything is not meant to be said: We understand you have negative feelings toward their partner, but don't drag their name in dirt. This is disrespectful to your friend or family member and can harm your relationship with them. You don't want to annoy them about their partner to the point where they'd rather not speak to you.

Related Link: [Celebrity News: Rob Kardashian Posts Meme Joking He's Having a Baby with Blac Chyna](#)

3. Don't push them away: You don't want to ruin any relationship with a friend or family member because you don't like their partner. Try not to talk about their relationship with them, but also be supportive and listen if they need an ear to vent to. The bottom line is that who they date is their decision, and you can only offer advice. Don't be pushy.

What are some ways you would support your friend or family member if you don't approve of their relationship? Share your ideas below.

Celebrity News: Zayn Malik Says He's 'Good Friends' with Gigi Hadid





By Jasmine Igwegbe

When it comes to problems in relationships, one that may be immensely mind boggling to us all is: why be in a relationship with someone you are ashamed of? In [celebrity news](#), Zayn Malik and supermodel Gigi Hadid have been spotted out together multiple times, and there's been some social media love as well. According to [UsMagazine.com](#), Malik is essentially denied dating Hadid on an interview with *Apple's Music's Beast*, and Hadid confirmed that Malik is "actually single." These two continue to claim each other as just good pals, even though celebrity gossip says they are a [celebrity couple](#).

This celebrity news seems to point toward a denial that the two celebs are dating. What do you do if you are getting signs that your partner

is ashamed of you?

Cupid's Advice:

It's not easy to spot out if your partner is ashamed of you. So, when you notice it, take action to better the situation for yourself and the relationship. Cupid has some advice on what to do if you think your partner is ashamed of you:

1. Talk it out: If your partner is ashamed of you, it's best to talk to your partner about the situation first. See what thoughts are going through their mind to help better your decisions in the relationship.

Related Link: [Celebrity News: Calvin Harris and Zayn Malik Feud Over Taylor Swift on Twitter](#)

2. Focus on yourself: Don't let it get to you! Continue to work on yourself and do what's best for you.

Related Link: [Can You Be Single and Still Have a Soulmate?](#)

3. Become more active: Participate in activities like cycling, snowboarding or even jet skiing. Get involved in what 's going on; keep yourself going.

What are some other ways to deal if you think your partner is ashamed of you? Share your thoughts below.