

Celebrity News: Blac Chyna Explains Rob Kardashian Drama on 'Good Morning America'



By [Marissa Donovan](#)

The battle continues with this notorious [celebrity break-up](#)! Everyone has been talking about Rob Kardashian leaked explicit content and tweets about his ex Blac Chyna. On July 9th, the cosmetic designer went to set the record straight on *Good Morning America* about her legal actions and her current relationship with Kardashian. Chyna has filed a restraining order against Kardashian and feels extremely disrespected. According to [Abcnews.com](#), Chyna and Kardashian will still have joint custody over their daughter Dream.

The [celebrity news](#) never sleeps when it comes to this drama-full couple. How can you stay on good terms with your ex?

Cupid's Advice:

Messy break-ups can sometimes come with extra baggage. Check out our [relationship advice](#) for how to stay on good terms with your ex:

1. Make an agreement if you have children: Like Blac Chyna and Rob Kardashian, make an agreement about custody and how you both will be raising your children. You may be on bad terms now, but it's best to put your child's future first and not let the emotions from your split control your decision making.

Related Link: [Celebrity News: Blac Chyna's Lawyer 'Considering All Legal Options' Against Rob Kardashian](#)

2. Do not get back together: Although there may be a chance you both want to get back together in the future, you both need to see other people. Old chemistry will most likely still be there, but you both broke up for a reason and should move on. Trying to save a toxic relationship will cause more problems in the long run!

Related Link: [Celebrity News: Blac Chyna Confirms She's 'Single' and 'Happy'](#)

3. Avoid bring up past problems to other people: Oversharing past problems and secrets about your ex with new partners or friends will eventually leak out. Dwelling on the past will not be healthy for you or your ex! Keep your issues with your ex private, unless your ex was abusive towards you, then you have the right to speak out.

What are your thoughts on this celebrity drama? Let us know in the comments!

Celebrity Wedding: Julianne Hough Marries Hockey Star Brooks Laich



By [Marissa Donovan](#)

Julianne Hough is now married! According to [UsMagazine.com](#), The *Safe Haven* star and Brooks Laich tied the knot on July 8th. Last summer, Hough shared on her [personal website](#) a photo

of her engagement ring and her first reaction when Laich proposed! The [celebrity couple](#) has been together for three years and have two dogs together named Lexi and Harley.

This [celebrity wedding](#) came after three years of dating and engagement. What are some ways to know if your relationship is ready for marriage?

Cupid's Advice:

Can you see yourself writing wedding vows soon? If so, then you should consider getting married! Here are some signs you are ready to walk down the aisle with your partner:

1. You both close with each other's family: Your partner's family already considers an in law. The same can be said for your partner about you. If you mutually feel like getting married would be a natural transition in your relationship because of family ties, then you are ready!

Related Link: [Julianne Hough and Hockey Player Boyfriend Brooks Laich Announce Celebrity Engagement](#)

2. You already have a living situation planned: Whether you are already living together or are house hunting together, there's a good chance you and your partner have already thought about the next step in your relationship. Finding a place to call home is a fantastic sign for the next step in your relationship!

Related Link: [Nicholas Sparks' 'Safe Haven' Soon to Be In Theaters!](#)

3. You're determined to get married no matter what: No matter

what the circumstance, you and your partner are eager to be a married couple. If don't care about having the wedding of your dreams then marriage sounds ideal for your future!

Do you think this celebrity couple will have children soon? Let us know what you think in the comments!

Celebrity Break-Up: Taylor Lautner and Billie Lourd Split After 8 Months Together



By [Marissa Donovan](#)

The *Scream Queen* co-stars have called it quits after eight months of dating. Taylor Lautner and Billie Lourd started dating last December and posted many adorable photos together. According to EOnline.com, Lourd's uncle Todd Fisher shared that Lautner acted like a supportive husband while the family grieved over the loss of Lourd's mother Carrie Fisher and her grandmother Debbie Reynolds. Fans recently began questioning their celebrity couple status once Lautner was seen celebrating the Forth of July solo. Lourd has recently deleted photos of their [celebrity relationship](#) on Instagram, while Lautner still has many photos on his account. No comments from the stars have been made addressing why they split.

It sounds like Lourd's family could be sad over this [celebrity break-up](#). How can you share the news to your family about your recent break-up?

Cupid's Advice:

Revealing an update about your current love life to your family can be sometime be uncomfortable, especially when it's a break-up. Here are some tips on how to talk about your recent break-up to your family:

1. Be honest without oversharing: Let them know your side of the story without sugar coating any details. It's always good to be honest with your family because it will make them understand what you are going through! You are allowed to leave some minor details out, because some quirks in your relationship should be between you and your ex.

Related Link: [Celebrity News: Taylor Lautner Says Britney Spears Tried to Set Him Up with Her Sister Jamie Lynn](#)

2. Advise your family on how to respond: Tell them how you would like them to act during this time. Their first reaction might be to be spiteful towards an ex. Advise them to be silent on the issue or optimistic about your future love life. This will set the overall tone on how they will respond to your break-up!

Related Link: [Celebrity News: Taylor Lautner Confirms Taylor Swift Wrote 'Back to December' About Him](#)

3. Ask them not to bring up past memories: Your family may have loved or hated your ex, but let them know right now is not the best time to recall past memories of the relationship. You probably have been overthinking your break-up as is, so having a family member put in their two cents doesn't help the situation. Ask them to not bring up your ex until you are ready to talk about old memories.

Do you think this celebrity couple will get back together or do you think their relationship is officially over? Let us know in the comments!

Celebrity News: Sophie Turner Says Dating Joe Jonas Is 'Like Living in a Fishbowl'





By [Marissa Donovan](#)

Sophie Turner is absolutely sick of having her relationship under a microscope! According to [Marieclaire.co.uk](#), *The Game of Thrones* star shared that she's very happy with her relationship with Joe Jonas, but hates how the mundane moments of their relationship are being photographed. Jonas, who has a dating history of past [celebrity relationships](#), seems to be used to the public attention from fans and paparazzi. Hopefully the couple can work past this issue that comes with being a [celebrity couple](#)!

This [celebrity news](#) has us realizing the unique challenges celebrities face in relationships. What are the most common place challenges “normal” couples face,

and what should you do about them?

Cupid's Advice:

Your relationship can come with problems no matter how long you and your partner have been together. Here are some common problems couples run into while being together and how to fix them:

1. Communicating: One of the easiest relationship problems to solve is also the one that's the hardest to follow through with. Communicating feeling and problems in your relationship is very important and has to be done if you both want to stay together. If you struggle with sharing your concerns while being together, see a couples therapist to help translate emotions that you and your partner are experiencing!

Related Link: [New Celebrity Couple Joe Jonas & Sophie Turner Cozy Up for PDA Packed Date](#)

2. Respecting Boundaries: Like Sophie Turner, boundaries might be your biggest issue with your relationship! Whether it's family members or your partner, sometimes they can cross the line on discussing uncomfortable issues or invade your personal belongings. Although it may feel awkward at first, confront them by addressing how you feel about their behavior and ask them to please stop. If they do not stop the unwanted action, then seek advice from a couple therapist who can personally help you tackle the issue.

Related Link: [Gigi Hadid Says She Rejected Celebrity Boyfriend Joe Jonas When She Was 13](#)

3. Jealousy: This problem is annoying and can sometimes make a person feel ashamed during their relationship. The person who is feeling jealous needs to admit the emotion and discuss their feelings. The other partner can accept and reassure their relationship is fine, or find a minor way to fix the

jealousy problem. For example, if a partner is jealous of a co-worker, explain that it's just a business relationship and avoid an outside relationship with the co-worker. Jealousy comes in many forms, but it can be resolved through communication!

Have you faced one of these relationship problems before? Let our readers know how you solved your problem in the comments!

New Celebrity Couple: Ben Affleck Is Dating 'SNL' Producer Lindsay Shookus





By [Marissa Donovan](#)

[Scarlett Johansson](#) is not the only one dating someone from *Saturday Night Live*! Since getting a [celebrity divorce](#) from [Jennifer Garner](#), Ben Affleck has been dating *SNL* producer Lindsay Shookus. According to [UsMagazine.com](#), the new [celebrity couple](#) spent four nights in London together while Affleck was filming *Justice League*. They were also recently spotted together in Los Angeles on July 6th. Maybe the couple will collaborate for a *SNL* skit in the future!

There's a new celebrity couple in Hollywood three months after Affleck's divorce was finalized. What are some ways to know you're ready to move on after a divorce?

Cupid's Advice:

Divorces can sometimes be messy business. Here are some ways

to know you can find love again soon:

1. You are officially divorced: Making the agreement official will give you a clear state of mind on your new lifestyle. It will also save you from explaining any complicated problems while trying to date! Trying to date while still processing paper work, or moving out belongings can often be uncomfortable for those who have not experienced a divorce. Once you have a clean slate, then dating is never an issue!

Related Link: [Jennifer Garner & Ben Affleck Attend Church After Celebrity Divorce Filing](#)

2. Feelings with your ex are neutral: Hopefully you have moved past the stage of feeling angry and depressed towards your ex. It's also best if you and your ex can agree on not dating again. Being on the same page with your past partner is a good sign you are mentally ready to see other people!

Related Link: [Celebrity Divorce: Ben Affleck Still Living at Family Home with Jennifer Garner](#)

3. You've made positive changes since the split: Growing from your past experience can shape your life choices as a person. The divorce may have caused you to regress or develop bad habits, but it's okay as long as you can identify and change them for the better! If you have become sober like Ben Affleck, or made other positive changes for the sake of a better future, then it's safe to meet someone new.

Do you think Jennifer Garner will be dating soon too? What relationship advice do you have after experience a divorce? Let us know what you think in the comments!

New Celebrity Couple? Rihanna & Hasaan Jameel Have Been 'Hooking Up for a Few Months'



By [Melissa Lee](#)

In celebrity couple news, it has been revealed that [Rihanna](#) has been hooking up with businessman Hasaan Jameel for a few months! The two were photographed for the first time in Ibiza in June, where they seemed to look very into one another. According to [UsMagazine.com](#), the couple was spotted kissing and later getting coffee together on June 26.

Rihanna may be part of a celebrity couple again! What are some ways to know if a new relationship has staying power?

Cupid's Advice:

New loves are always filled with infatuation and fun-filled moments – but the true test comes in deciding whether or not the relationship has staying power. If this situation sounds familiar to you, Cupid has some advice:

1. Do you work well together?: There's a difference between a fun little fling and full fledged relationship. Sometimes, it's better to just keep things casual based on how you two work together. However, if you feel as though you and your new lover work even better as partners, you'll know if you'll be able to make a relationship work.

Related Link: [Relationship Advice: How Your Excitement Drives Your Expectations](#)

2. Think about your future: In a new relationship, it can be hard to think far in advanced about your future, but it's important to consider that factor. If you don't see yourself being with this person even in a few weeks or months, you probably can assume that your relationship won't last that long.

Related Link: [Relationship Advice: Can You Move Too Fast Moving In?](#)

3. Comfort level: Reflect on how this person makes you feel. It's a great sign if you feel completely comfortable around your love. If you have apprehensions or hesitations regarding this new endeavor, that's okay, but it's important to note

whether or not they begin to fade or if they continue to prevent your relationship from growing.

What are your tips for deciding whether or not your relationship has staying power? Leave your thoughts below.

Celebrity News: Blac Chyna's Lawyer 'Considering All Legal Options' Against Rob Kardashian



By [Melissa Lee](#)

After a slew of leaked texts, photos and videos, [Blac Chyna](#)'s lawyer has released a statement claiming that they are "considering all legal options and resources at this time" against ex-fiancee [Rob Kardashian](#). According to [UsMagazine.com](#), Kardashian posted a number of explicit photos and videos, accusing Chyna of cheating and doing drugs. Kardashian's Instagram account eventually was shut down due to NSFW posts, but he continued to take to Twitter to rant. Kardashian and Chyna are parents to a 7-month-old baby girl, Dream.

In celebrity news, things are definitely not smooth sailing with this former couple. What are some ways to keep the drama out of your break-up?

Cupid's Advice:

Kardashian and Chyna have become some of the most dramatic people in Hollywood with their constant public fighting. If you're concerned about keeping drama out of your break-up, Cupid's got some advice:

1. Be civil and respectful: A huge reason behind Kardashian and Chyna's lack of civility is due to their disrespect toward one another. If you want a clean break-up, it's best to be polite and leave things on good terms. Being angry is part of the break-up process, but you don't need to constantly fight in the public eye or let everyone know about your problems.

Related Link: [Celebrity News: Black Chyna Confirms She's 'Single' and 'Happy'](#)

2. Keep it off social media: This former couple is notorious for posting about their issues on social media, so take a cue from them and do the complete opposite! If you feel the need to vent about the break-up, talk to someone you trust. Don't want to talk to anyone? Write it down. Posting about your frustrations and anger is useless and will only create drama, in addition to making the break-up process even harder.

Related Link: [Celebrity Breakovers: Kardashians Breakups That Have Broken Necks & Other Helpful Relationship Advice](#)

3. Don't talk to them: Although these two are co-parents, their communication (or lack thereof) definitely contributes to their problems. If possible, try to avoid talking to your ex. By continuing into a friendship immediately after the break-up, or even just regularly talking to each other, you're not allowing yourself to recover. If anything, you're making room for drama.

What are some of your tips for a drama-free break-up? Leave your thoughts below.

Celebrity News: Scarlett Johansson & Colin Jost Get Cozy in the Hamptons with His Family





By [Marissa Donovan](#)

In celebrity news, sparks have been flying between [Scarlett Johansson](#) and Colin Jost! According to [UsMagazine.com](#), the two were recently seen kissing on Ditch Plains Beach in Montauk, New York, while on a double date with Jost's brother and sister-in-law. The [celebrity couple](#) is not shy about their relationship and have been very flirty since Johansson was a guest host on *Saturday Night Live* back in May. Although Johansson has been rumored to be dating lawyer Kevin Yorn, she seems to be more interested in the humorous *Weekend Update* co-anchor.

In celebrity news, this pair proves that family is super important! What are some ways to make a good impression on your partner's

family?

Cupid's Advice:

First impressions are crucial when it comes to meeting your partner's parents. Check out these tips for how to get on their good side:

1. Bring a gift: Ask your partner what their family is interested in and base your gift purchase around that idea. If their family loves a certain sports team, buy a large popcorn bowl with the team's logo. Small gestures always set the tone for a great first impression.

Related Link: [Celebrity Exes: Scarlett Johansson Attends Event with Romain Dauriac Amid Divorce](#)

2. Take interest and ask appropriate questions: Really get to know your partner's family by listening to stories and taking an interest in items they own. Ask your partner first if there are any family skeletons you should avoid bringing up in conversation. It will save you from awkward silences!

Related Link: [Relationship Advice: What To Do If Your Partner's Family Doesn't Like You](#)

3. Give extra attention to children in the family: Take time out to know the kids at your partner's family gathering. Your partner and their family will appreciate your effort. Having a connection with children will make you family oriented in their eyes!

What are some good first impression tips for meeting a partner's family? Give us your dating advice in the comments!

New Celebrity Couple? Brad Pitt & Sienna Miller 'Spending Some Time Together'



By [Marissa Donovan](#)

Former co-stars [Brad Pitt](#) and Sienna Miller could possibly be dating! According to [UsMagazine.com](#), they seemed interested in each other in April during a cast and crew dinner for *The Lost City of Z*. The two were spotted together again at the Glastonbury Festival with celebrity pal [Bradley Cooper](#) on June 24th. Since Pitt's [celebrity divorce](#) from [Angelina Jolie](#), he has been spending time with his children and casually dating. Maybe these Hollywood actors will someday walk down the red carpet together as a [celebrity couple](#)!

There may be a new celebrity couple in Hollywood! What are some ways to know you're ready to move on from your ex?

Cupid's Advice:

Like Brad Pitt, ending a relationship that has lasted many years can be deviating. Eventually you will be prepared to get back in the dating scene. Here are some ways to know you're ready:

1. You're okay being single: Rushing into a new relationship is never a good idea and it's a sign that you're not over your heartache. Knowing that it's okay to be single is the best mindset to have when casually dating. This will make you feel optimistic instead of hurt when a first date doesn't go well.

Related Link: [Celebrity News: Angelina Jolie & Brad Pitt Are Talking Again](#)

2. There's no fake closure: Sometimes putting on a fake smile after a break-up can be a defense mechanism for the pain you're still experiencing. Having real closure is the sense that you understand and accept that you and your ex partner need to see other people.

Related Link: [Celebrity News: Sienna Miller Says She Stills Cares 'Enormously' for Ex Jude Law](#)

3. You don't check your phone: There used to be an urgency to check your phone while you were in a relationship, but now you put it on silent more often. If you catch yourself enjoying the moment you're in instead of worrying about what your ex partner wants, then you're totally available to see other people!

What do you think of this possible Hollywood couple? Let us know in the comments!

Celebrity News: Blac Chyna Confirms She's 'Single' and 'Happy'



By [Marissa Donovan](#)

According to [UsMagazine.com](#), Blac Chyna posted a photo on her Instagram account sharing that she is single and happy. The model has since deleted the photo, but still seems to be in

high spirits by spending quality time with her children and focusing on her *Lashed* cosmetic line. Although Chyna and Rob Kardashian were spotted in Disneyland on Father's Day, the two seem to be co-parenting their daughter Dream.

In [celebrity news](#), Blac Chyna proves you don't have to be in a relationship to be happy. What are some benefits to the single life?

Cupid's Advice:

Staying single has many benefits that people often forget while being in a relationship. Here are the highlights of why being single is awesome:

1. You can have more nights out with friends: Having a partner can sometime rule out fun with friends due to obligations you've made. Being single allows for more fearless adventures!

Related Link: [Learn How Celebrity Exes Blac Chyna & Rob Kardashian Are Co-Parenting and Working on Themselves](#)

2. You can enjoy time to yourself: Allow this time to go soul searching for what you really want out of life. Being single can also be great for quiet time alone without interruptions. Enjoy discovering a side of yourself by [traveling](#) or learning new activities.

Related Link: [New Celebrity Couple: Rob Kardashian is Dating 'Bad Girls Club' Star Mehgan James](#)

3. You can sleep better: According to a survey by [Amerisleep](#), single people get 7.13 hours of sleep, which is more than those who are engaged or married! Having a good night sleep will increase your mood and make you happier!

What are some other perks in being single? Tell us in the comments!

Celebrity Couple News: Meghan Trainor Celebrates One Year Anniversary with Daryl Sabara



By [Marissa Donovan](#)

Pop singer Meghan Trainor celebrated her first anniversary with boyfriend Daryl Sabara on July 2nd. She uploaded a video on [Instagram](#) in tribute to their special day. According to

Cosmopolitan.com, Trainor shared that her first kiss with the *Spy Kids* actor was in a bowling alley and that he inspires her songwriting. Her new album is said to have a song called "Marry Me." Maybe we can expect to hear [celebrity wedding](#) bells soon?

This [celebrity couple](#) is super cute! What are some special ways to celebrate your first anniversary?

Cupid's Advice:

If your first anniversary is coming up this summer, then you have many options to celebrate your first year together! Here are some [date ideas](#) on what you should do to honor your anniversary:

1. Visit a botanical garden: Surround yourself in a beautiful landscape to commemorate the special occasion. Bring a camera and document the many flowers you'll see! You may get inspired to create your own green oasis as a couple!

Related Link: [Celebrity News: Meghan Trainor Talks Boyfriend Learning Sign Language After Her Vocal Surgery](#)

2. Go on a dinner boat cruise: Relax and enjoy each other's company with stunning ocean views. You can share a meal together and reminisce on all the moments you've share. A dinner boat cruise is a lovely [getaway](#) that both of you will remember for anniversaries to come.

Related Link: [Celebrity Couple News: Meghan Trainor Gushes Over Boyfriend Daryl Sabara](#)

3. Go berry picking: Find your nearest strawberry or blueberry field and go berry picking for the day! Get competitive and see who can pick the most or gather enough berries together

for a celebratory desert. No matter what you chose, this anniversary day will be extra sweet!

Are you excited to hear Meghan Trainor's new music? How would you celebrate a first anniversary? Let us know in the comments!

Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates





By [Marissa Donovan](#)

[The Bachelor](#) star Ben Higgins has finally addressed why he sent Becca Tilley home before the hometown dates happened. According to [UsMagazine.com](#), Higgins recapped the event on his *Almost Famous* podcast from his perspective by expressing that he already knew Lauren Bushnell was very special to him. He also added that he didn't want to upset Tilley's family since he saw what happened to Nick Viall during his second home date. Tilley and Higgins are now friends who joke about her exit from the show.

This [celebrity news](#) has us feeling a little awkward for Becca. What are some benefits to keeping your past relationships in the past?

Cupid's Advice:

Rehashing past fallouts with exes can be uncomfortable! Here

are some benefits for keeping old drama and exes in the past:

1. You can have better relationships: Revisiting old feelings should be used as a learn lesson. Now you know what to expect from that person and you can move on to someone that you can have more compatibility with.

Related Link: [Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell](#)

2. New relationships will be unpredictable: Don't get stuck in the mindset that your new relationships will be the same as the last one. Your new relationship might have similarities to your last one, but the person you are with will give you a different experience on what it means to be in a relationship.

Related Link: [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

3. You will have sense of humor: Like Ben and Becca, you can make jokes out of the pain instead on dwelling on how you felt during the moment. Since the relationship is over, you don't have to worry about getting hurt again by that person and now you can look back and laugh!

Do you think Ben Higgins should have picked Becca Tilley after all? We would love to hear what you think in the comments!

Celebrity Couple Adam Brody & Leighton Meester Joke About

'Seth and Blair Days'



By [Marissa Donovan](#)

Television stars Adam Brody and Leighton Meester find humor in their fans excitement. According to [ETonline.com](#), Meester shared that the concept of their characters coming together in real life doesn't excite them, but are happy *Gossip Girl* and *The O.C.* fans can gush over it. The [celebrity couple](#) had a quiet celebrity wedding in 2014 and now have a celebrity baby daughter named Arlo. Since the shows have ended, the two have moved on to different projects and are also involved in charity work.

This celebrity couple is well-known

due to their time on two hit TV shows. What are some ways your profession can affect your relationship?

Cupid's Advice:

Your relationship with your partner and your profession can sometimes collide. Here are some changes you can expect when your profession and relationship take over your life:

1. People will have expectations of your relationship status:

There's certain expectations your friends and co-workers will have once you are in a relationship. They will expect to see your partner at events or most likely ask about the relationship you have. You and your partner can decide whether or not you would like to keep your relationship private or not.

Related Link: [Celebrity Couple Predictions: Leighton Meester, Sofia Vergara and Taylor Swift](#)

2. Scheduling can become hectic: Finding time between your next [date night](#) and your next project can be tricky! As much as you would like to keep your work and relationship separate, communicating to each other what's happening at work can make scheduling easier.

Related Link: [Celebrity News: Leighton Meester Says She's Never Been Dumped](#)

3. You become an optimist at work: The two parts of your life coming together can actually make for a positive outlook! Getting a bonus can mean that you and your partner can invest in a new home. You could also take the [vacation](#) you've both wanted. Having a relationship can make you motivated to get through a long day as well.

Does this celebrity couple excited you? Are you a fan of *Gossip Girl* or *The O.C.*? Let us know in the comments!

Celebrity Interview: 'The Cycle' Co-Host Aliya-Jasmine Sovani on Work, Life, Love and Balancing It All



By [Noelle Downey](#)

Aliya-Jasmine Sovani is one of the newest voices at NBC with

the talk show she co-hosts, *The Cycle*, now airing digitally to reach a millennial audience. With her show, she strives to make the news more accessible to young people by creating a haven for a well-researched blend of political, pop culture, and sports news that so many viewers wish they could find with just a quick Google search on their phones. And now they can, thanks to *The Cycle*. When she's done at work, the co-host has a life full of love, laughs, fashion, and friends to enjoy. In our recent [celebrity interview](#), Sovani opens about how she manages to have it all, from her dream job to true love.

Aliya-Jasmine Sovani Spills Details on Her New NBC Talk Show *The Cycle* in Celebrity Interview

While *The Cycle* may be hosted by NBC, one of the biggest networks around, Sovani insists that this new digital take on a talk show is bringing something brand new and accessible to younger viewers – and a lot of that has to do with the tone of the show. “Imagine Anderson Cooper doing the six o’clock news and then going home in the evening, and he throws a black v-neck T-shirt and cracks open a beer,” she explains with a laugh. “The way that he would explain his day to Andy Cohen at night over a drink is the way that we try to do the news every day.”

Related Link: [Celebrity News: Anderson Cooper Thanks Boyfriend Ben Maisani at GLADD Awards](#)

Of course, it's not just the tone; it's also the content, which the co-host says is chosen with younger viewers in mind. “We’ll do all the biggest headlines when it comes to world news and politics, but we also cover sports and pop culture,” she says, “so if Kendrick Lamar drops a new album, we’ll talk about that with the same kind of importance.”

In this new digital world, convenience is everything. Sovani believes it was important to make this show as easy to access on-the-go as possible to match the fast-paced life of most modern millennials. “Our show is completely made to watch on your phone, which I think is really cool and forward-thinking,” the co-host shares. “This is new: the idea of traditional news networks pushing out content to a millennial audience using digital and social platforms. Being able to be part of that movement, as a storyteller and as a journalist, is really rad and incredibly fulfilling. Not only am I getting to tell stories that I care about, but I’m able to tell them on a platform that I also use to consume information.”

***The Cycle* Co-Host Dishes on Her Favorite Date Night**

Of course, with a new show and such a busy work schedule, Sovani has to set some serious boundaries to make sure that she can find time to just relax. So what are her secrets for achieving that perfect work-life balance? “I live about three blocks from the ocean. I have a little rescue mutt, and I bring him to the ocean every single morning, and that’s kind of my tranquility,” she says in our celebrity interview. “I also have a rule at home: I don’t have my phone in my bedroom at all. I won’t even use it as an alarm. And I have a ‘no weekends’ policy. So the only time I’ll check my email and my phone on the weekends is on Sunday night at 6 p.m., just to get ready for Monday.”

During these social media and digital fasts, Sovani still has plenty to entertain her: “I just let my weekends be about me and my dog and my boyfriend,” she enthuses. “We really like to go out for brunch, and we spend a lot of our weekends at the ocean. For me, that’s everything.”

Related Link: [Do-It-Yourself Date Night Advice from HGTV Host Monica Pedersen](#)

Sovani isn't just making strides in her professional life; she's also taking big steps in her [celebrity relationship](#). She admits that this is the first time she's ever lived with a boyfriend, so she's concentrating on keeping things fresh and fun. "I think it's very easy to get into a routine where all you guys talk about is work when you get home," she explains, "so we decided to try to go to more comedy shows! Instead of just doing a dinner [date night](#), we decided to start doing 'dinner and comedy' nights. We'll see the show, and then we can go for dinner and talk about it and the world at large."

So is laughter truly the best medicine? For Sovani and her special someone, it certainly is. "I think that it reminds you of why you were intellectually attracted to that person," she reveals. "For both of us, that's what we find really attractive about each other. So that's been a great addition to our relationship."

Aliya-Jasmine Sovani Reveals Her Go-To Fashion Item

Of course, whether in the office or on date night, Sovani is committed to looking fantastic. And there's one item that she just can't live without: "Sheath dresses are my new thing that I love in my 30's," she gushes. "I have these really great leather Oxford booties that I wear with my sleeveless sheath dresses and maybe a blazer thrown on top for work. Then, in the evening, all I have to do is replace those shoes with a cute pump and my briefcase with a nice little Chanel bag. That's been my new date night trick."

Related Link: [Fashion Advice: Choose the Perfect Date Night Dress](#)

With style tips as good as that, Sovani is clearly in-the-know when it comes to trends, and her knowledge of [celebrity news](#) is just as on point. Her favorite bits of celeb gossip right

now are focused on two powerhouse ladies: [Kim Kardashian](#) and Serena Williams. "I read a headline about how Kim is being really open about getting a surrogate to have her next child. I know for many woman, that's been a taboo topic," she says. "So I think it's really interesting that she's being very open with it. It's opening up a dialogue for women who might not be able to have children and who have thought about that."

And it turns out the journalist is also a huge fan of how Williams recently shared her pregnancy photos. "I think that's really incredible because she has this iconic strong female body and all women are pressured into looking certain ways," Sovani explains. "Female athletes especially spend so much time conditioning their bodies, so for her to flip the switch and watch her body transform publically is really brave."

Tune into The Cycle and follow Aliya-Jasmine on Instagram [@AliyaJasmine](#) for more from this up-and-coming millennial news superstar!

Celebrity News: Maci Bookout Reflects on 'Toxic' Relationship with Ryan Edwards in New Memoir





By [Marissa Donovan](#)

Maci Bookout's new memoir *I Wasn't Born Bulletproof...*, looks back on the struggles she had while dating ex Ryan Edwards. Despite their ups and downs, the *Teen Mom OG* star was invested in making it work for the sake of her teen pregnancy. The two continued dating, until they realized splitting up would be best for their son Bentley. Bookout expressed that it was the "most painful breakup" she's had. According to [People.com](#), the [celebrity exes](#) are both currently in long-term relationships with other people.

In [celebrity news](#), this [reality TV](#) star shared her experience in a toxic relationship. What are some ways to know your relationship is toxic?

Cupid's Advice:

Coping through a bad relationship is emotionally draining for you and your partner. Sometimes it's hard to tell you're in one because people normalize unhealthy relationship behavior. Here are some red flags to look out for:

1. Thinking back instead of looking forward: This red flag applies to happy memories and grudges. If you think about the past more often than being excited about the future, then you need to reconsider why you want to continue the relationship.

Related Link: [Maci Bookout & Ryan Edwards in a Parenting Battle](#)

2. Tiptoeing around small conflicts: Ignoring or lying about a problem for the sake of keeping the peace is more harmful than confronting the issue. This behavior always leads to a huge fight, which is something that must occur often if this happens while you're together.

Related Link: [‘Teen Mom 2’ Star Leah Messer Finalizes Celebrity Divorce No. 2](#)

3. There's self-doubt within the relationship: Lacking confidence in yourself because to how your partner treats you can be harmful to your overall health. If you or your partner is developing bad habits or feeling helpless, end your relationship.

Will you be reading Maci Bookout's new book? Let us know in the comments!

New Celebrity Couple? Drake

Brings Rosalyn Gold-Onwude as His Date to NBA Awards 2017



By [Marissa Donovan](#)

Drake celebrated the NBA Awards with sports analyst and long time friend, Rosalyn Gold-Onwude as his date! According to [EOnline.com](#), they've bumped into each other over the years, but each of them have been romantically involved with other people. Back in December 2015, Drake shared a photo on his [Instagram](#) of the two together, with the caption, "When the post game makes you forget about what happened during the actual game." Maybe this sports-loving duo will be the next power couple in Hollywood!

These NBA fans could be a [celebrity couple](#) soon! What date ideas can help you solidify your relationship as a couple?

Cupid's Advice:

Turning a close friendship into a relationship may come naturally depending on what you do for a date. Here are some [date ideas](#) to help you solidify your relationship as a couple:

1. Attend a family barbecue together: Whether it's a large reunion or a small get together, let your soon-to-be partner meet your family members! Letting your family meet the person you care about will obviously show how much the person really means to you. Having this be your date as an official couple will bring you closer together.

Related Link: [Drake References Drunk Texting Ex J Lo in 'More Life' Playlist](#)

2. Go to a work function together: Some of your co-workers may be curious about your love life. Bring your special someone to a work function, such as a retirement party or office birthday party. If you both happen to work together, let your other co-workers know that you are an item!

Related Link: [Celebrity Break-Up: Jennifer Lopez and Drake End Their Whirlwind Romance](#)

3. Return to the place you first met: Go back to the place you first met your crush and have your date there. Share your first impression of them and how much they mean to you now. This date will set the tone for making the relationship more serious.

What date ideas do you have for solidify a relationship? Do

think Drake and Rosalyn Gold-Onwude would be good together?
Leave your thoughts in the comments!

Celebrity News: Check Out Keith Urban's Adorable Anniversary Message to Nicole Kidman



By [Marissa Donovan](#)

On June 25th, Nicole Kidman and Keith Urban celebrated their

11th anniversary as a [celebrity couple](#). The country singer uploaded multiple photos of the two together with a heartfelt caption on his [Instagram](#). *The Beguiled* actress also celebrated by posting a wedding photo on her [Facebook](#) page. According to [UsMagazine.com](#), Kidman confessed on *The Ellen DeGeneres Show* that she had a huge crush on Urban when they first met, but he didn't seem interested in the award-winning star. It's safe to say things have changed since they first met in 2005!

This [celebrity news](#) is too cute! What are some ways to make your anniversary special?

Cupid's Advice:

Whether you are dating or married, it's always fun to celebrate the time you both spent together. Here are some ideas on how you can make your anniversary special:

1. Start a scrapbook of your relationship: Collect photos, tickets, and written descriptions of memories you've shared together and make a scrapbook! Save extra pages to add for your next anniversary.

Related Link: [Movie Review: 'The Beguiled' Brings Back Historic Romance](#)

2. Make a map of where you've been together: Get creative and make a travel map of all the locations you've visited while being together. Put red push pins on the first place you met, restaurants you both visited, activities you both experienced, and where you are now. After you documented every location, put yellow push pins on where you want to go next as a couple!

Related Link: [Keith Urban Serenades Nicole Kidman on Stage for 8th Anniversary](#)

3. Grow a plant together: Whether it's a tree in your front yard or a house plant in your apartment, go green together! You can tend to the plant and hopefully expand your collection for your next anniversary!

What have you done to celebrate an anniversary with your partner? Give our readers ideas in the comments!

Celebrity Interview: Dr. Darcy Sterling Reveals Chad Johnson and Zoe Baron Split



By [Mallory McDonald](#)

Dr. Darcy Sterling, television personality and star of E! Network's hit show *Famously Single* hosted a Season Two viewing party at CRAVEN restaurant in New York City last night. Lori Bizzoco, the founder and executive editor of Cupidspulse.com, got an [exclusive interview](#) with Dr. Darcy onsite. When asked if the work former [Bachelorette](#) contestant Chad Johnson did on the show, led to the success of his relationship with model Zoe Baron, Dr. Darcy shocked us with the news that the [celebrity couple](#) broke up two days ago!

Related Link: [Celebrity Couple News: 'Bachelorette' Villain Chad Johnson Is Dating Zoe Baron](#)

Tune into to E! on Sunday nights at 10/9c to watch Dr. Darcy work with Chad Johnson on *Famously Single*!!

Celebrity News: Rape Charges Against Hilary Duff's Ex Mike Comrie Dropped





By [Marissa Donovan](#)

[Hilary Duff's](#) ex husband and co-parent Mike Comire has been dropped from his rape charges. Back in February, the retired NHL player was under investigation for alleged sexual battery by The Los Angeles Police Department. According to [UsMagazine.com](#), his accuser claimed the sex was consensual, until Comire engaged in an act the woman did not consent to. Duff has not commented about the case, but remains close with Comire.

In this [celebrity news](#), Hilary Duff's ex isn't up against nasty charges anymore. What are some ways to deal with your partner getting in trouble with the law?

Cupid's Advice:

Like Duff, you may find yourself caught in the middle of your partner's allegations. Consider this [relationship advice](#) when your partner is in trouble with the law:

1. Listen to your partner's perspective: Your partner obviously has something to say about his current circumstances. Listen to what he has to say. You are allowed to agree or disagree with his statements, but it is valuable to hear his side of the story.

Related Link: [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

2. Explain to your family: Do not leave close family members in the dark! Let them know what is happening and what procedures you need to take as a family. If you need a babysitter for a court date, let them know. Having extra hands during a time of trouble is necessary.

Related Link: [Celebrity Break-Up: Hilary Duff & Michael Koma Split](#)

3. Be patient: Investigations take time, which can cause anxiety for how this case might impact your future. It is important to be patient and wait for evidence to evaluate the incident. You can decide whether you want to be supportive or leave once the case has been assessed.

How would you deal with your partner's problems with the law? Leave your thoughts in the comments!

Celebrity Baby: Spencer Pratt

Says He'll Teach His Son What He Shouldn't Have Done



By [Marissa Donovan](#)

In [celebrity news](#), Spencer Pratt does not regret the poor choices that he has made, because now he is going to put his personal experience to good use. Heidi Montag and Spencer Pratt will be having their first [celebrity baby](#) in October and are very excited to be parents! The soon-to-be father plans to advise his son not to follow in his footsteps regarding a variety of different things. The [reality TV](#) has a close relationship with his own father and will most likely play a huge role in his own son's life. According to [UsMagazine.com](#), Pratt joked that he will be the "angry soccer dad" during his son's games. Best of luck to these soon-to-be [celebrity](#)

[parents!](#)

This celebrity baby daddy is determined to teach his kid which things *not* to do! What are three valuable lessons you can teach your children?

Cupid's Advice:

Becoming a parent can be exciting and also a life long lesson in itself. Try sharing these lessons to your own children:

1. Be patient with the things you truly want: This lesson may be hard to practice even as a new parent, but it's one lesson your child needs to know. Help them understand that instant gratification does not apply to everything they do. Explain that certain things take time to learn and receive. These lessons will help them appreciate hard work and the concept of waiting.

Related Link: [Celebrity Baby: 'The Hills' Alum Spencer Pratt & Heidi Montag Are Expecting a Baby](#)

2. Rejection and failure is bound to happen: Your child will be in many situations where social interactions or activities seem unfair to them. Whether it's not getting invited to a birthday party or losing a soccer game, it's important to let them know that more opportunities are ahead for them. Keeping your child optimistic during their childhood will give them ambition to reach their goals in life!

Related Link: [Parenting Tips: How To Set a Good Example For Your Child](#)

3. Stay kind to others: Some of those your child comes in

contact with will have different lifestyles or learning abilities. Bad behavior on the playground may be rooted in their differences, so it is crucial to help your child understand and respect the differences in people. One-on-one play dates can allow children to come together naturally. It is one of the easiest lessons to teach your child, but you also have to practice this lesson as a parent!

What is one valuable lesson to teach a child? Leave a life lesson in the comments!

Celebrity Couple News: Kristin Cavallari Says Her Marriage to Jay Cutler 'Isn't Perfect'





By [Marissa Donovan](#)

[Kristin Cavallari](#) understands the hardships that come with marriage. The *Laguna Beach* alum is the mother of three children, and the wife to an NFL quarterback. According to [UsMagazine.com](#), Jay Cutler has recently left his position for the Chicago Bears to pursue NFL commentating. Their family has relocated to Nashville for his new job. It has been a difficult adjustment for the [celebrity parents](#), but the [celebrity couple](#) manages to work out their problems through the techniques they have learned in couples therapy.

This celebrity couple doesn't claim to have it all figured out! What are some ways looking at your relationship realistically can help?

Cupid's Advice:

Sometimes it's hard to communicate your problems as a couple with your partner. Here are some tips for keeping your relationship on the same page:

1. Couples therapy: Like Cavallari and Cutler, try couples therapy and figure out your problems. A therapist can hear what each of your problems are in the relationship in an unbiased way and can help you both find a solution for communicating those problems to each other.

Related Link: [Celebrity News: Find Out What Kristin Cavallari's First Impression of Jay Cutler Was](#)

2. Take a vacation together: Find a way to have a couples' getaway during your busy lives. Have a weekend [getaway](#) in a new city, or take a week off from your responsibilities in a tropical oasis. Spending time together will make it easier to express how you feel without work schedules from keeping you tied down.

Related Link: [Celebrity News: Kristin Cavallari Reveals Her Third Wedding Anniversary Celebration With Jay Cutler](#)

3. Spend time apart: Have alone time away from each other once in awhile. Spend a few days apart to reevaluate your problems as a couple. This time apart does not suggest that you see other people, but it's a time to reflect on how each of you can improve the relationship.

What relationship advice do you have for a couple struggling in their relationship? Leave your thoughts in the comments!

Celebrity News: Ashton Kutcher Recalls First Kiss On Camera with Mila Kunis



By [Melissa Lee](#)

Everyone's favorite co-stars turned married couple [Ashton Kutcher](#) and [Mila Kunis](#) have known each other for 20 years after starring on *That '70s Show* together – and Kutcher recently spilled his thoughts on their first on camera kiss! [UsMagazine.com](#) reported that Kunis was still a minor when the kiss took place, and that Kutcher was concerned that Kunis was uncomfortable due to the 5 year age difference. "She was 14! She was like my little sister. I wanted to make sure she was OK." said Kutcher.

This celebrity news has us taking in the cute-ness! What are some ways to make your first kiss memorable?

Cupid's Advice:

Not everyone can look back at their first kiss and find it as adorable as Kutcher and Kunis', but there are a few ways to make it memorable. Luckily, Cupid has some tips:

1. Take your time: Honestly, there's no reason why there should be a sense of urgency when it comes to having your first kiss. Don't feel like you need to rush into it and don't feel ashamed for taking your time when it comes to this milestone.

Related Link: [Date Idea: Revisit Your Childhood](#)

2. Don't put pressure on the situation: If your main goal is to have your first kiss, the circumstances may become awkward. Try not to put pressure on the situation and understand that it will happen when it's supposed to – there's no need to constantly drop hints, because if they're interested, they will do the same thing.

Related Link: [Date Idea: Spring Into Romance](#)

3. Be open-minded: Don't feel like it needs to be this picture perfect moment. Nine times out of ten, people's first kisses aren't ultra-romantic and everything they've ever dreamt about. It will happen organically and when you're ready. At the end of the day, it's nothing to stress over!

What are some of your tips for having your first kiss? Share your thoughts below.

Celebrity News: 'Bachelor in Paradise' Cast Backs DeMario Jackson After Alleged Misconduct



By [Melissa Lee](#)

In light of the [recent events](#) surrounding the upcoming season of *Bachelor in Paradise*, it has been revealed that the cast is supporting DeMario Jackson, despite alleged misconduct claims. Production was shut down until recently while ABC and Warner Bros. investigated, but [UsMagazine.com](#) reported that there was

no evidence to support the complaint against Jackson. In the meantime, several contestants have unfollowed Corinne Olympios on Instagram, and a source claims that “they are not supporting her.”

This celebrity news just doesn't seem to be dying. What are some ways to keep your character intact after a questionable incident?

Cupid's Advice:

Despite this serious incident, Jackson has claimed that both his character and name have been tainted by the investigation. Check out Cupid's Advice if you're trying to come back from a questionable situation:

1. Clear your name: If possible, it's important to try to clear your name. Depending on the circumstances of the incident, it may be difficult to do this. It's critical for people to understand that there are two sides to every story, so by telling your side, bystanders may begin to perceive the situation in a more forgiving manner.

Related Link: [Celebrity News: Find Out What Corinne Olympios Remembers from Night of 'Bachelor in Paradise' Incident](#)

2. Move forward: If you feel that you've done everything you can regarding the case, the best thing to do is to simply move forward with your life. Continue to live your day-to-day life being the best person you can possibly be. Not only will this help you move on from this incident, but people may take notice and start to forget about the situation as well.

Related Link: [Celebrity News: 'Bachelor in Paradise' Star DeMario Jackson Says He 'Didn't Do What He's Being Accused Of'](#)

3. Focus on positivity: During this time, it's important not to listen to the negativity that may be surrounding you or your name. Try to live a more positive lifestyle that consists of bettering yourself. The fact of the matter is that if you're constantly enveloped in negativity, you will be just as pessimistic as the people that talk about you.

What are some of your tips to keep your character intact? Leave your thoughts below.

Celebrity News: 'Bachelor in Paradise' to Resume Filming After Warner Bros. Finds No Misconduct





By [Marissa Donovan](#)

In [celebrity news](#), ABC's [Bachelor in Paradise](#) will now continue production. Since news was released about allegations of sexual misconduct between Corinne Olympios and DeMario Jackson, Warner Bros. has been watching footage from the night of the incident to find proof to support the claim. The tape does not show evidence supporting the claim and the production company will not be airing the footage. According to [UsMagazine.com](#), the show will apply changes to the [reality TV](#) program's policies for the safety of current and future participants.

This celebrity news has a lot of *Paradise* fans rejoicing! What are some ways to stand up for yourself in your relationship?

Cupid's Advice:

Despite what others may believe, it is always important to let your voice be heard! Here are some ways to stand up for yourself in a relationship:

1. Be firm: If something is upsetting you, let your partner know. Try to speak in a stern voice and make sure you are looking directly at your partner. It is okay to cry, but make sure you can recuperate to express your disappointment in their behavior.

Related Link: [Celebrity News: Find Out What Corinne Olympios Remembers from Night of 'Bachelor in Paradise' Incident](#)

2. Tell your truth: Be clear on what you believe. The more confidence you have with your statement, the more others will believe your side of the story.

Related Link: [Celebrity News: 'Bachelor in Paradise' Star DeMario Jackson Says He 'Didn't Do What He's Being Accused Of'](#)

3. Leave if you continue to be disrespected: Sometimes it is best to just walk away. Explain that their actions have caused you to move forward and spend time alone. They may change their actions to win you back, but make sure you give yourself enough time to consider your options.

Who are you looking forward to seeing on the show? Tell us in the comments below!